

THERMAL EFFECTS IN FREEZE-IN NEUTRINO DARK MATTER PRODUCTION

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DPF - PHENO 2024, Pittsburgh

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Based on:

A. Abada, G. Arcadi, ML, G. Piazza and S. Rosauero-Alcaraz, **JHEP 11 (2023) 180**

ML, **Phys.Lett.B 846 (2023) 138206**



ALMA MATER STUDIORUM
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Observational problems of the SM

Two seemingly unrelated observations cannot be accounted for in the Standard Model

Neutrinos are massive and leptons mix

$$|U|_{3\sigma}^{\text{w/o SK-atm}} = \begin{pmatrix} 0.801 \rightarrow 0.845 & 0.513 \rightarrow 0.579 & 0.143 \rightarrow 0.156 \\ 0.233 \rightarrow 0.507 & 0.461 \rightarrow 0.694 & 0.631 \rightarrow 0.778 \\ 0.261 \rightarrow 0.526 & 0.471 \rightarrow 0.701 & 0.611 \rightarrow 0.761 \end{pmatrix}$$

NuFIT 5.0 (2020)

I. Esteban, M. C. Gonzalez-Garcia, M. Maltoni, T. Schwetz and A. Zhou, arXiv:2007.14792 [hep-ph]

The Universe has a dark matter component

$$\Omega_m h^2 = 0.1430 \pm 0.0011$$

$$\Omega_c h^2 = 0.1200 \pm 0.0012$$

$$\Omega_b h^2 = 0.02237 \pm 0.00015$$

N. Aghanim *et al.* [Planck Collaboration], arXiv:1807.06209 [astro-ph.CO]

The natural (simple) way

Complete the SM field pattern with **right-handed neutrinos**

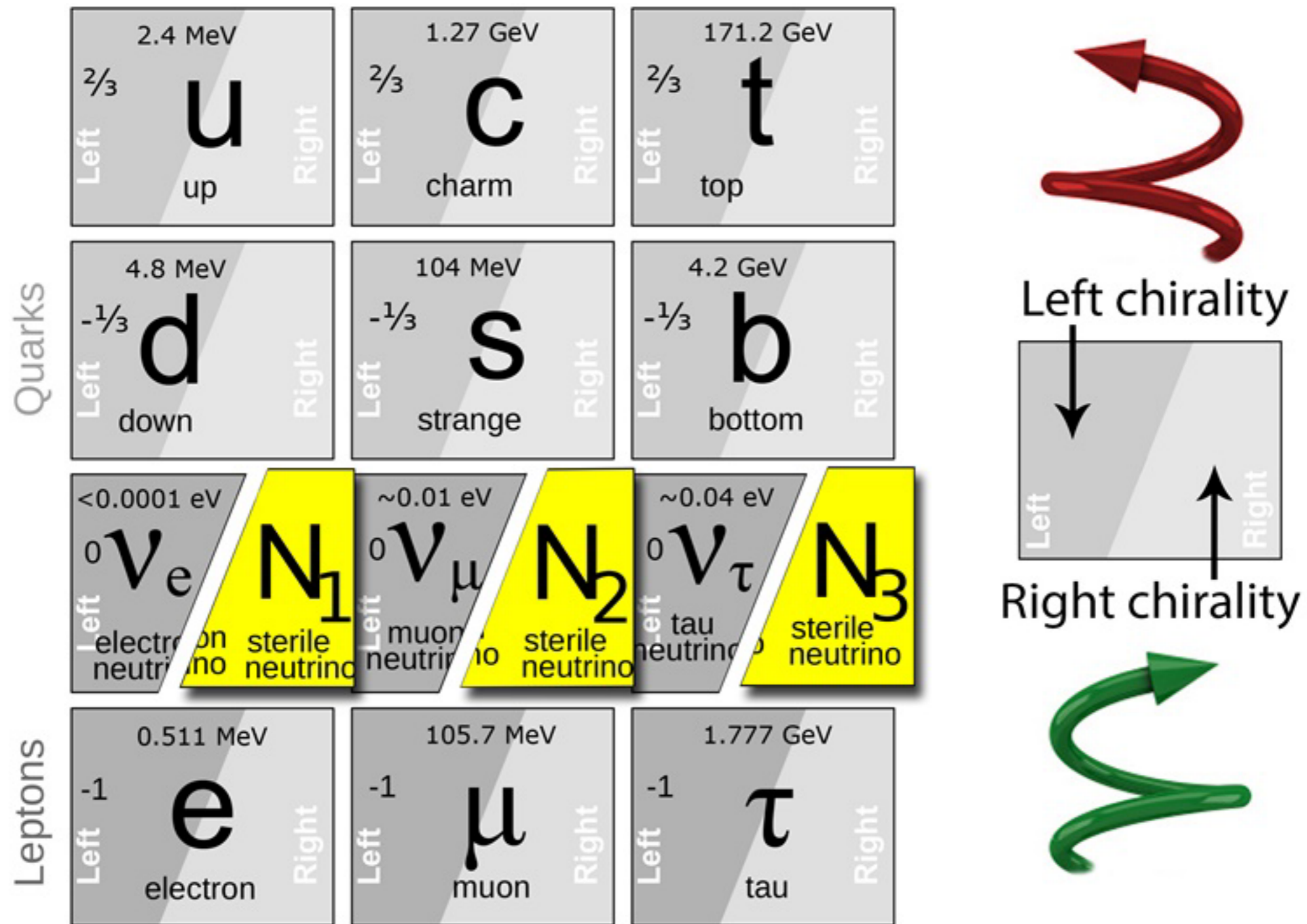


Figure from S. Alekhin *et al.*, arXiv:1504.04855 [hep-ph]

Neutrino masses and dark matter

Type-I seesaw mechanism: SM + gauge singlet fermions N_I

$$\mathcal{L} = \mathcal{L}_{\text{SM}} + i\bar{N}_I \not{\partial} N_I - \left(F_{\alpha I} \bar{\ell}_L^\alpha \tilde{\phi} N_I + \frac{M_{IJ}}{2} \bar{N}_I^c N_J + h.c. \right)$$

After electroweak phase transition $\langle \Phi \rangle = v \simeq 174 \text{ GeV}$

$$m_\nu = -v^2 \frac{F}{M} F^T$$

The new fields N_I can be viable DM candidates:

- No electromagnetic interactions
- Potentially long-lived
- Produced in the early Universe

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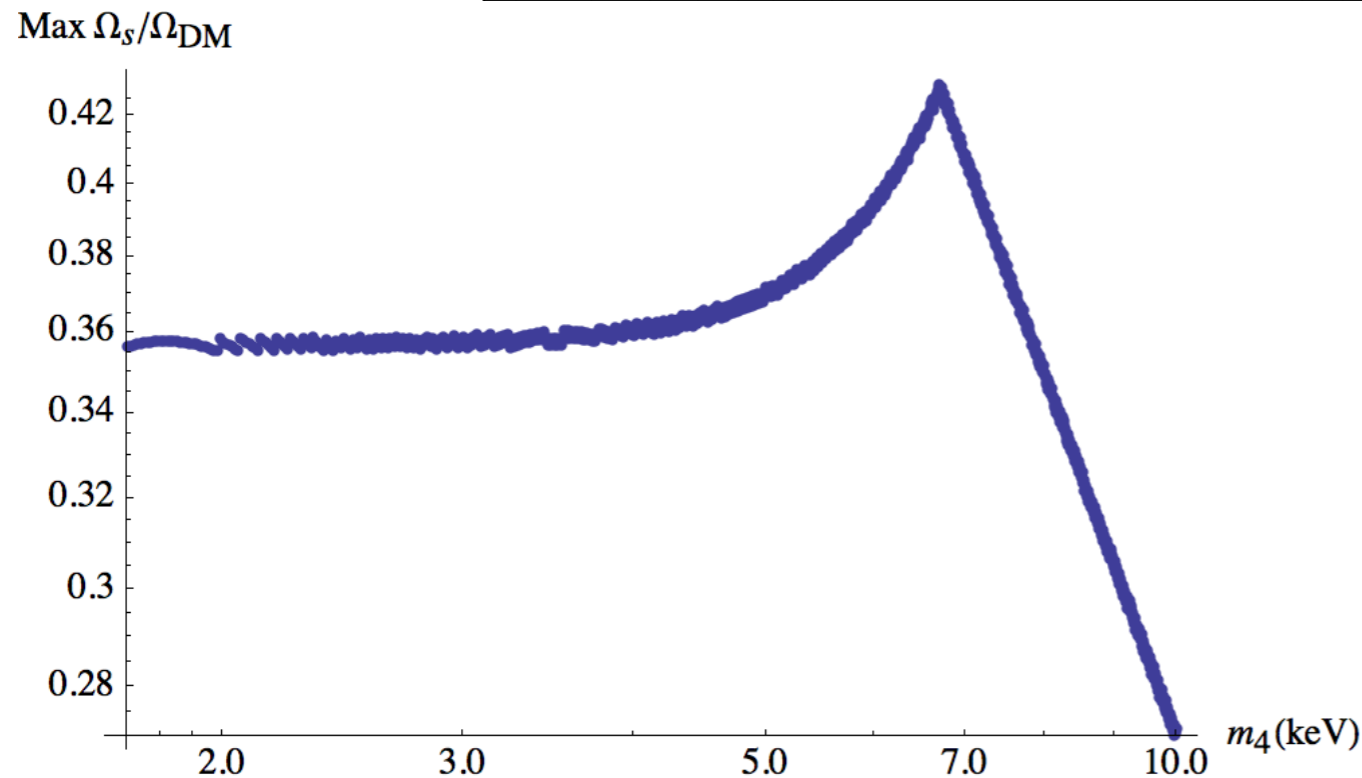
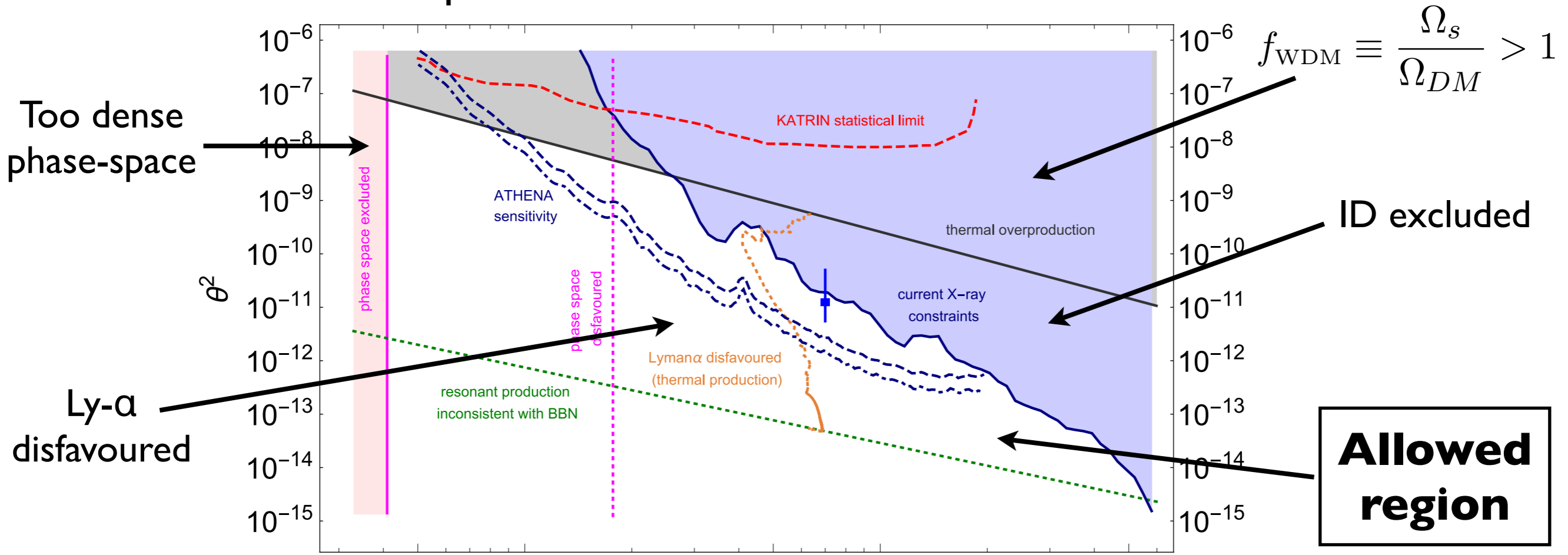
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- **No electromagnetic interactions**
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WDM constraints

DW produced sterile ν are warm dark matter



Sterile ν produced via DW cannot account for the 100% of the observed DM abundance

Figure from
 A. Abada, G. Arcadi and M.L.,
 arXiv:1406.6556 [hep-ph]

Known solution: The ν MSM

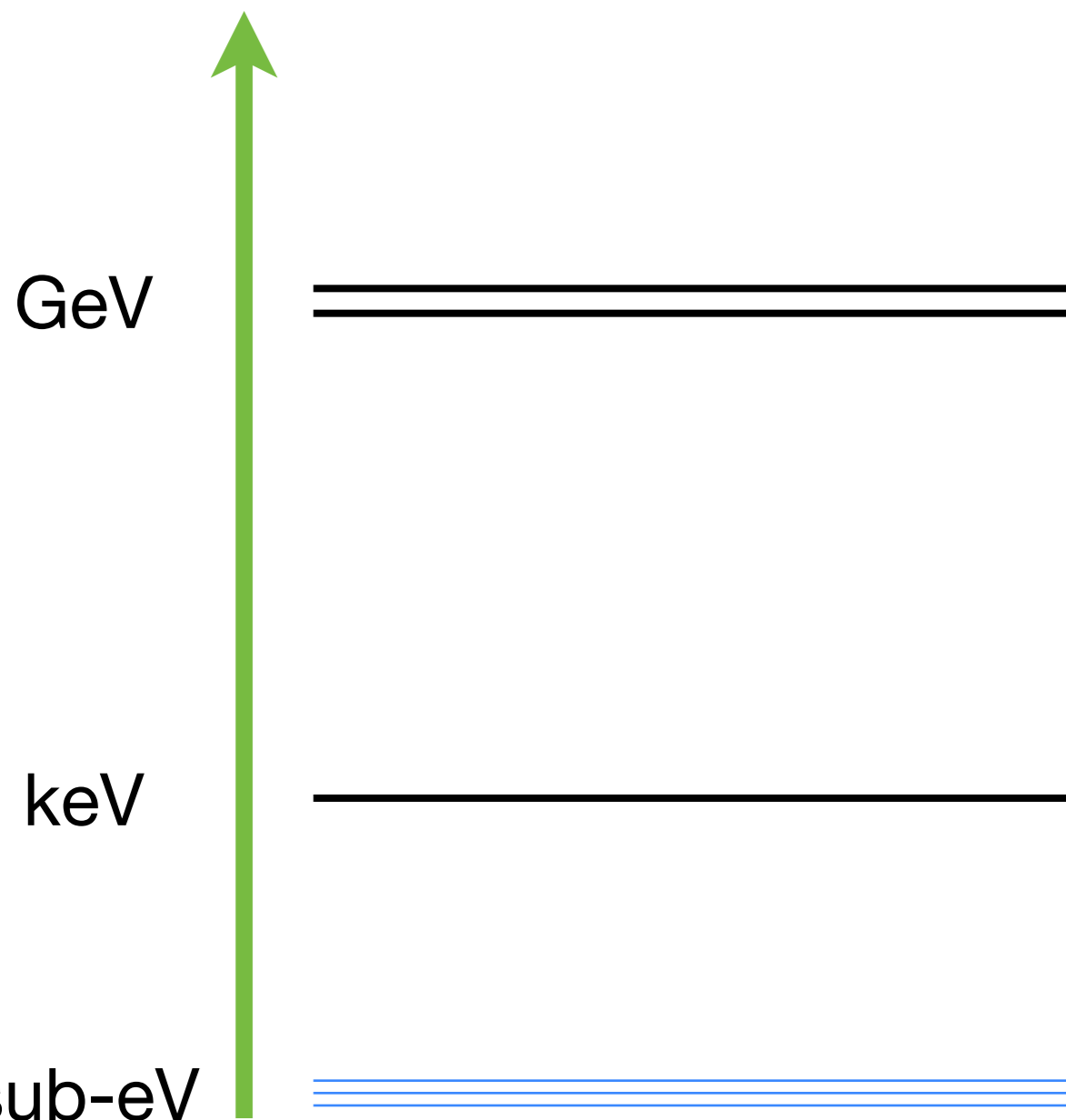
T. Asaka, S. Blanchet and M. Shaposhnikov, hep-ph/0503065

T. Asaka and M. Shaposhnikov, hep-ph/0505013

M. Shaposhnikov and I. Tkachev, hep-ph/0604236

Type-I Seesaw with a phenomenologically motivated mass spectrum

Mass



At the origin of the lepton **asymmetries** of the Universe and of **neutrino masses**

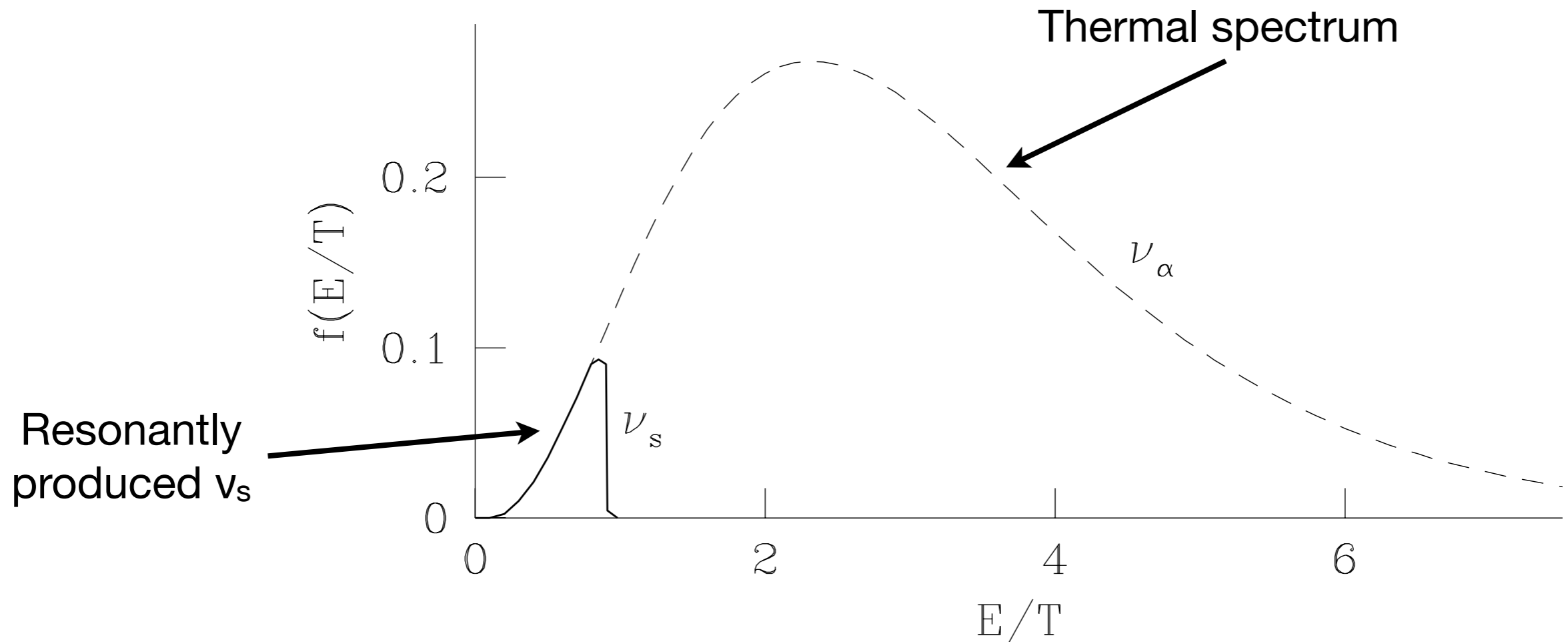
Dark matter candidate
(does not significantly contribute to ν masses)

Active neutrinos

ν MSM dark matter solution

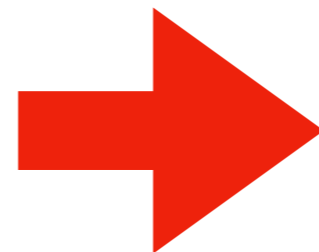
Shi-Fuller mechanism: lepton number-driven resonant MSW conversion of active neutrinos

X. D. Shi and G. M. Fuller, astro-ph/9810076



Required lepton asymmetry

$$\mu_\alpha = \frac{n_\alpha}{s} \gtrsim 8 \cdot 10^{-6}$$

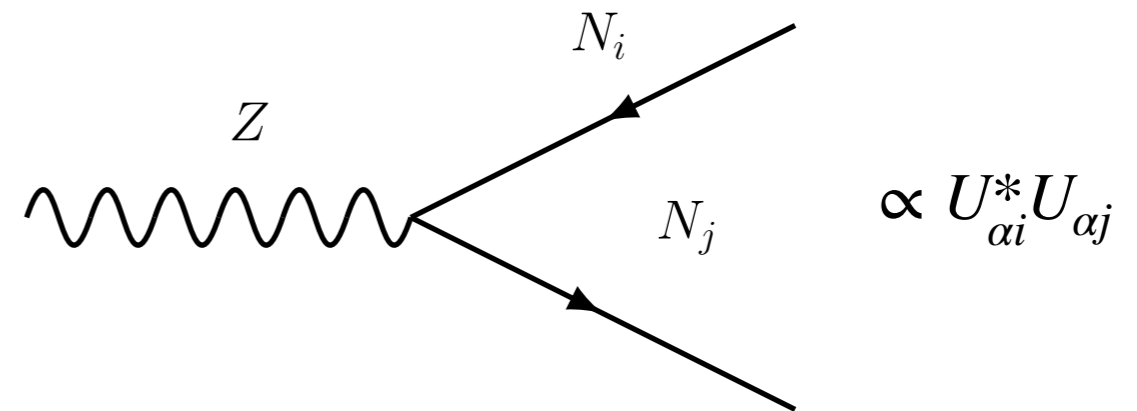
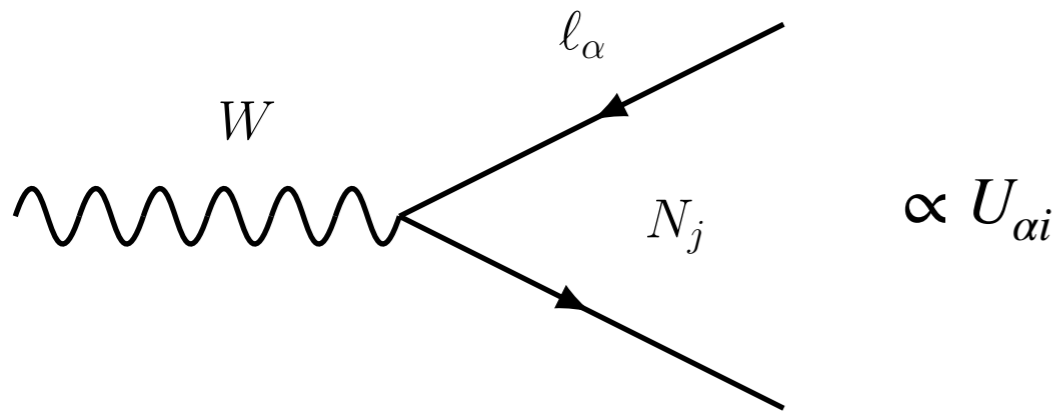


Required mass degeneracy

$$\frac{\delta M}{M} \lesssim 10^{-14}$$

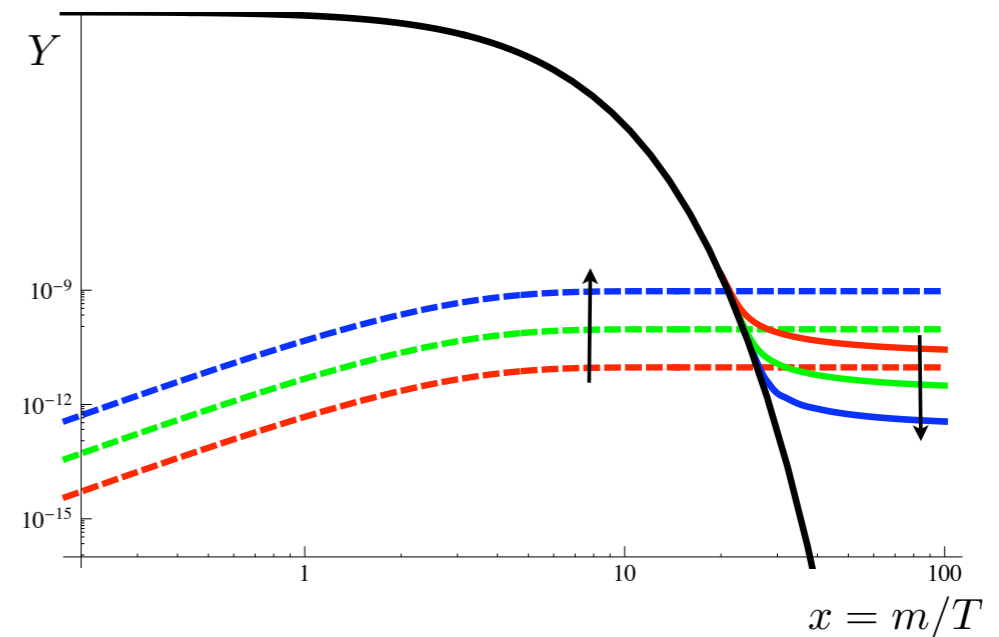
Can we think of other production mechanisms?

In experimental searches, HNL are looked for in W, Z mediated channels



In principle we have the necessary ingredients for successful production of DM

- Parent particle in thermal equilibrium by EW interactions
- DM coupling suppressed by small active-sterile mixing



L. J. Hall, K. Jedamzik, J. March-Russell and S. M. West, arXiv:0911.1120 [hep-ph]

Does it work?

Thermal effects suppress the rate

Simplified scenario - Standard Model with only one leptonic generation: one active neutrino and its charged lepton partner and one SU(2) singlet Dirac sterile neutrino

$$\mathcal{L} = \mathcal{L}_{SM} + \bar{\nu}_s i \not{\partial} \nu_s - \bar{\nu}_\alpha \mathbf{M}_{\alpha\beta} \nu_\beta + \text{h.c.} ; \alpha, \beta = a, s ,$$

L. Lello, D. Boyanovsky and R. D. Pisarski, arXiv:1609.07647 [hep-ph]

$$\mathbf{M} = \begin{pmatrix} 0 & m \\ m & M_s \end{pmatrix}$$

$$\begin{pmatrix} \nu_a \\ \nu_s \end{pmatrix} = U(\theta) \begin{pmatrix} \nu_1 \\ \nu_2 \end{pmatrix} ; \quad U(\theta) = \begin{pmatrix} \cos(\theta) & \sin(\theta) \\ -\sin(\theta) & \cos(\theta) \end{pmatrix}$$

In the seesaw limit: $m \ll M_s$

$$M_1 \simeq -\frac{m^2}{M_s} ; \quad M_2 \simeq M_s ; \quad \sin(2\theta) \simeq 2\theta \simeq \frac{2m}{M_s} \ll 1$$

active ν **DM**

One-generation seesaw

Introducing the flavour doublet $\Psi = \begin{pmatrix} \nu_a \\ \nu_s \end{pmatrix}$

The equations of motion in flavour basis are

$$\left[(\gamma_0 \omega - \vec{\gamma} \cdot \vec{q}) \mathbb{1} - \mathbb{M} + \left(\underset{\substack{\uparrow \\ \text{tadpole}}}{\Sigma^t} + \Sigma(\omega, \vec{q}) \right) \mathbb{L} \right] \tilde{\Psi}(\omega, \vec{q}) = 0$$

Σ are the self-energy corrections, which are diagonal in flavour basis

$$\Sigma \equiv \Sigma \begin{pmatrix} 1 & 0 \\ 0 & 0 \end{pmatrix}$$

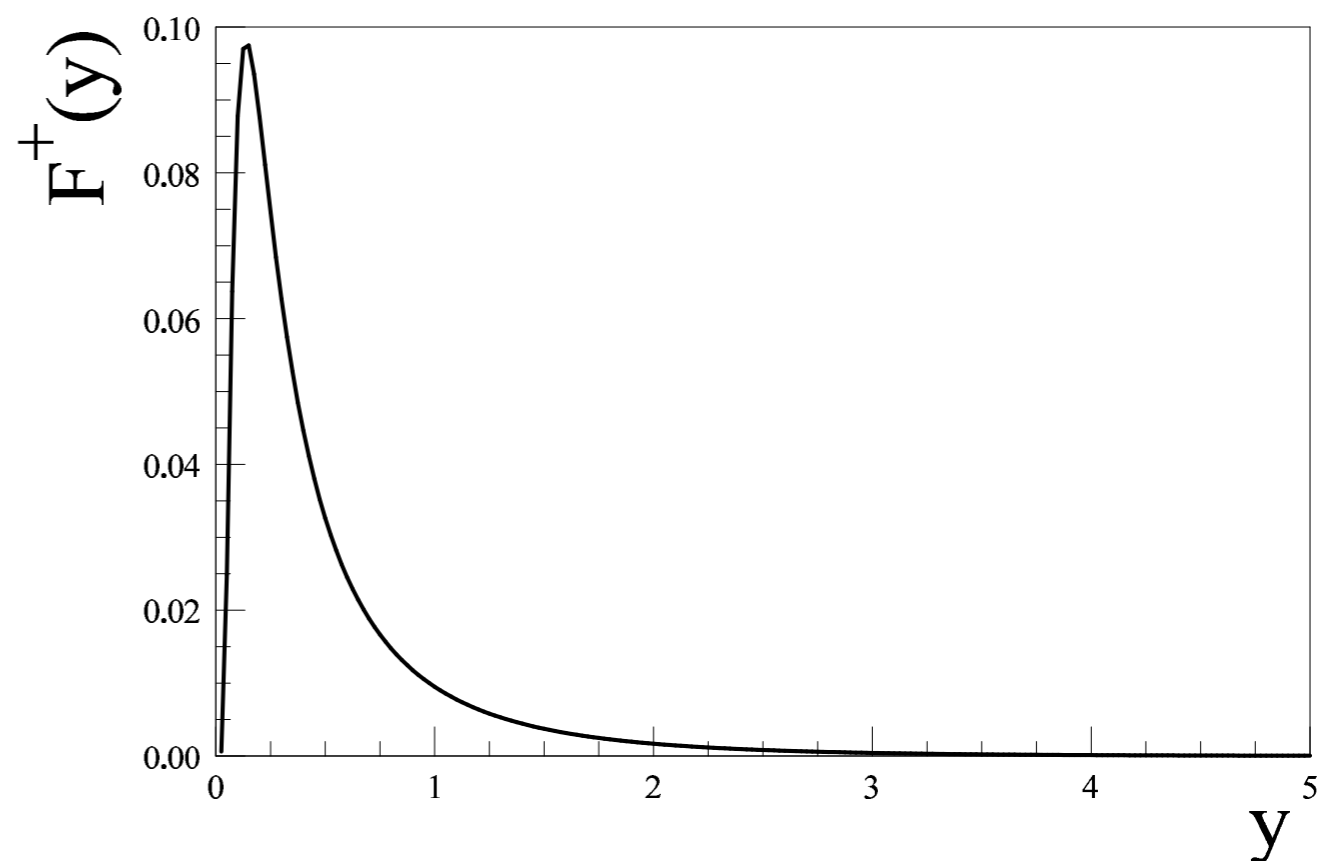
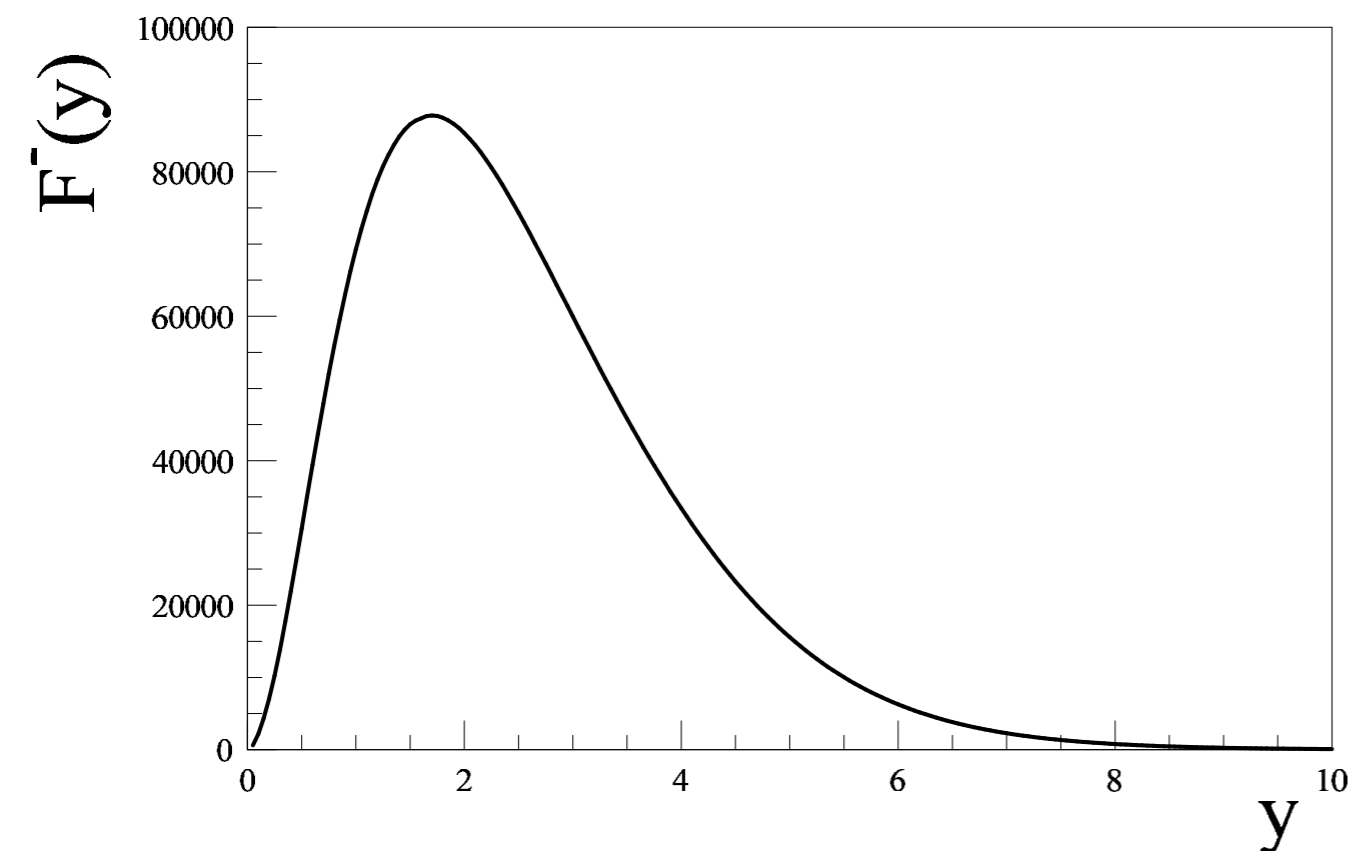
The presence of Σ generally changes the mixing angle with respect to zero temperature

Single generation production rates

By computing the finite-temperature self energy one finally obtains the production rates

$$y = \frac{q}{T} \quad \tau \equiv \frac{M_W}{T}$$

$$n_2^-(y) = \int_1^\infty \frac{dn_2^-(\tau, y)}{d\tau} d\tau = 0.92 \times 10^{16} \theta^2 \left(\frac{M_s}{M_W} \right)^4 F^-(y) \quad n_2^+(y) = 0.92 \times 10^{16} \theta^2 \left(\frac{M_s}{M_W} \right)^2 F^+(y)$$



By integrating these expressions the fraction of DM results

$$\mathcal{F}_2 = 0.97 \left(\frac{\theta^2}{10^{-8}} \right) \left(\frac{M_s}{\text{MeV}} \right)^3 \left[1 + \left(\frac{M_s}{8.35 \text{ MeV}} \right)^2 \right]$$

These masses/mixings result in a too short-living sterile neutrino

L. Lello, D. Boyanovsky and R. D. Pisarski, arXiv:1609.07647 [hep-ph]

End of the story?

Not really! This conclusion was derived in a simple toy model

If we want to explain neutrino masses, more ingredients are necessary

$$\mathcal{L} = \mathcal{L}_{\text{SM}} + i\overline{N}_I \not{\partial} N_I - \left(F_{\alpha I} \overline{\ell}_L^\alpha \tilde{\phi} N_I + \frac{M_{IJ}}{2} \overline{N}_I^c N_J + h.c. \right)$$

- **Include multiple right-handed neutrinos:** at least 3, two to generate neutrino masses and the other as DM candidate
- **Include the Higgs sector!**

Key differences

- **RHN masses and Yukawa couplings relatively unconstrained** (while gauge couplings and boson masses are fixed);
- **RHN have direct couplings with the Higgs** (additional production channels)
- **Neutrinos are Majorana particles**

The model(s)

We consider increasing levels of complexity to single-out the relevant dynamics

**Single flavour + DM
candidate (toy 2×2)**

**Single flavour + 3 RHN
(ISS- 4×4)**

Type-I seesaw

EW



keV



sub-eV



Only production via gauge bosons is relevant (Higgs coupling proportional to mass)

HNL decay can be relevant, mixings constrained to a vanilla scenario

Fully reproduces oscillation data

Scenario	Decay channels
Toy 2×2	$W(Z) \rightarrow \ell_\alpha(n_l) + n_{DM}$
ISS 4×4	$W(Z) \rightarrow \ell_\alpha(n_l) + n_{DM}, H \rightarrow n_l + n_{DM}, n_h \rightarrow H(Z) + n_{DM}$
Type-I seesaw w/o Higgs	$W(Z) \rightarrow \ell_\alpha(n_l) + n_{DM}, n_h \rightarrow Z + n_{DM}$
Type-I seesaw	$W(Z) \rightarrow \ell_\alpha(n_l) + n_{DM}, H \rightarrow n_l + n_{DM}, n_h \rightarrow H(Z) + n_{DM}$

Real-time formalism of thermal QFT

Four types of propagators

$$\left\{ \begin{array}{l} \tilde{D}_{\alpha\beta}^{(++)}(k) = \left[\frac{i}{k^2 - m^2 + i\epsilon} + 2\pi\eta f(|k_0|)\delta(k^2 - m^2) \right] d_{\alpha\beta}, \\ \tilde{D}_{\alpha\beta}^{(--)}(k) = [\tilde{D}^{(++)}(k)]^* d_{\alpha\beta}, \\ \tilde{D}_{\alpha\beta}^{(+-)}(k) = e^{\beta k_0/2} f(k_0) 2\pi\varepsilon(k_0)\delta(k^2 - m^2) d_{\alpha\beta}, \\ \tilde{D}_{\alpha\beta}^{(-+)}(k) = \eta \tilde{D}_{\alpha\beta}^{(+-)}(k), \end{array} \right.$$

$$f(k_0) = \frac{1}{e^{\beta k_0} - \eta} \quad d_{\alpha\beta} = \begin{cases} 1, & \text{for scalars,} \\ \not{k} \pm m\mathbb{1}, & \text{for fermions,} \\ -\eta_{\mu\nu} + \frac{k_\mu k_\nu}{m^2}, & \text{for vector bosons} \end{cases}$$

Some relations exist that can simplify computations

$$\text{Im}\sigma^R = -\cosh\left(\frac{\beta|p_0|}{2}\right) [\Theta(p_0) - \Theta(-p_0)] i\sigma^{(+-)}$$

$$\text{Re}\sigma^R = \frac{1}{\pi} \int_{-\infty}^{\infty} dq_0 \mathcal{P} \left[\frac{\text{Im}\sigma^R(q_0)}{p_0 - q_0} \right]$$

Finite temperature dispersion relations

$$\Sigma(\omega, \vec{q}) = \text{Re}\Sigma(\omega, \vec{q}) + i \text{Im}\Sigma(\omega, \vec{q})$$

“Index of refraction”
in the medium

“Damping rate” of (quasi)
particle excitations

They feature a dispersive representation

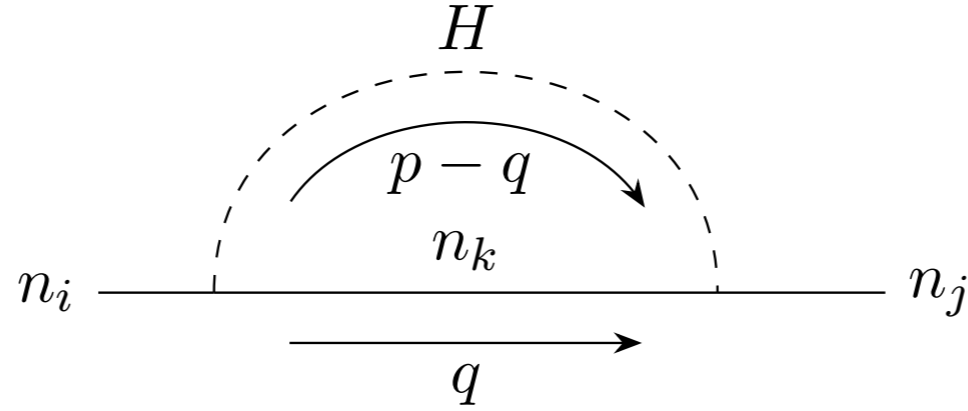
$$\text{Re}\Sigma(\omega, \vec{q}) = \frac{1}{\pi} \int_{-\infty}^{\infty} dq_0 \mathcal{P} \left[\frac{\text{Im}\Sigma(q_0, \vec{q})}{q_0 - \omega} \right]$$

We can generally write

$$\Sigma_{ij} \propto \sum_k \mathcal{A}_{ik} \mathcal{A}_{kj} \sigma_k^R$$

$$\Sigma = \gamma_0 \Sigma^{(0)} - \vec{\gamma} \cdot \hat{p} \Sigma^{(1)} + \Sigma^{(2)}$$

Higgs contribution



$$C_{ij} \equiv \sum_{\alpha=e,\mu,\tau} U_{i\alpha}^\dagger U_{\alpha j}$$

$$\mathcal{L}_{H-\nu} \supset -\frac{H}{v_H} \sum_{i,j} C_{ij} \bar{n}_i (m_i P_L + m_j P_R) n_j = -\frac{H}{2v_H} \sum_{i,j} \bar{n}_i [C_{ij} (m_i P_L + m_j P_R) + C_{ij}^* (m_i P_R + m_j P_L)] n_j$$

$$i\Sigma_{ij}^{(+)} = -\frac{2\pi}{v_H^2} e^{\frac{\beta p_0}{2}} f_F(p_0) \sum_k \int \frac{d^4 q}{(2\pi)^3} [1 + f_B(r_0) - f_F(q_0)] \varepsilon(q_0) \varepsilon(r_0)$$

$$[(\mathcal{A}_{kj}^R \not{q} + \mathcal{A}_{kj}^L m_k) \mathcal{A}_{ik}^L P_L + (\mathcal{A}_{kj}^L \not{q} + \mathcal{A}_{kj}^R m_k) \mathcal{A}_{ik}^R P_R] \delta(q^2 - m_k^2) \delta(r^2 - M_H^2)$$

$$r_\mu \equiv (p - q)_\mu$$

$$\mathcal{A}_{ij}^L \equiv \frac{1}{2} (C_{ij} m_i + C_{ij}^* m_j)$$

$$\mathcal{A}_{ij}^R = (\mathcal{A}_{ij}^L)^*$$

We define $\mathcal{R}(\Sigma_{ij}) + i\mathcal{I}(\Sigma_{ij}) = \text{Re}\Sigma_{ij} + i\text{Im}\Sigma_{ij}$

$$\mathcal{A}_{ik} \mathcal{A}_{kj} \text{Re}\sigma_k^R$$

$$\mathcal{A}_{ik} \mathcal{A}_{kj} \text{Im}\sigma_k^R$$

Higgs-mediated self energy

$$\omega_H^\pm = \sqrt{(p \pm q)^2 + M_H^2}$$

$$I^{(0)} \equiv \frac{1}{p} \int_{-\infty}^{\infty} dq_0 \int_0^{\infty} dq \int_{\omega_H^-}^{\omega_H^+} d\omega_H \frac{qq_0}{(2\pi)^2 4\omega_k} [1 + f_B(r_0) - f_F(q_0)]$$

$$[\delta(q_0 - \omega_k) - \delta(q_0 + \omega_k)] [\delta(r_0 - \omega_H) - \delta(r_0 + \omega_H)],$$

$$I^{(1)} \equiv \frac{1}{p^2} \int_{-\infty}^{\infty} dq_0 \int_0^{\infty} dq \int_{\omega_H^-}^{\omega_H^+} d\omega_H \frac{q}{(2\pi)^2 4\omega_k} (p_0 q_0 - p\tilde{\mu}) [1 + f_B(r_0) - f_F(q_0)]$$

$$[\delta(q_0 - \omega_k) - \delta(q_0 + \omega_k)] [\delta(r_0 - \omega_H) - \delta(r_0 + \omega_H)],$$

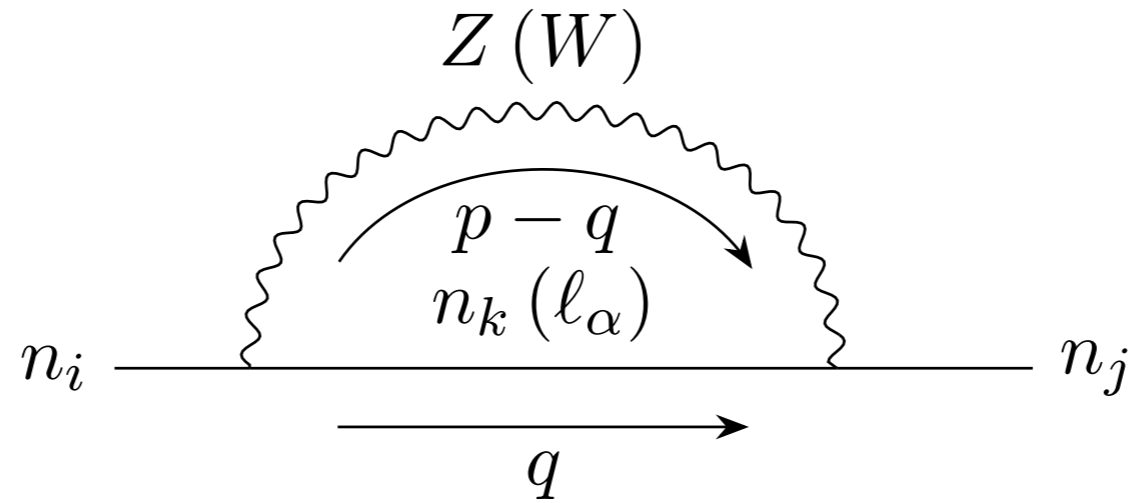
$$I^{(2)} \equiv \frac{1}{p} \int_{-\infty}^{\infty} dq_0 \int_0^{\infty} dq \int_{\omega_H^-}^{\omega_H^+} d\omega_H \frac{q}{(2\pi)^2 4\omega_k} [1 + f_B(r_0) - f_F(q_0)]$$

$$[\delta(q_0 - \omega_k) - \delta(q_0 + \omega_k)] [\delta(r_0 - \omega_H) - \delta(r_0 + \omega_H)],$$

with prefactors

$$\xi_L^{(I)} = \begin{cases} A_{kj}^R \mathcal{A}_{ik}^L q_0, & \text{for } I = 0, \\ -A_{kj}^R \mathcal{A}_{ik}^L \frac{\vec{p} \cdot \vec{q}}{|\vec{p}|}, & \text{for } I = 1, \\ A_{kj}^L \mathcal{A}_{ik}^L, & \text{for } I = 2, \end{cases}$$

Z contribution



$$\mathcal{L}_{Z-\nu} \supset \frac{g}{2c_W} \sum_{i,j} C_{ij} \bar{n}_i \gamma^\mu P_L n_j Z_\mu = \frac{g}{4c_W} \sum_{i,j} \bar{n}_i [C_{ij} \gamma^\mu P_L - C_{ij}^* \gamma^\mu P_R] n_j Z_\mu$$

$$\mathcal{I}(\Sigma_{ij}) = \left(\frac{g}{2c_W} \right)^2 \pi \sum_k \int_{-\infty}^{\infty} dq_0 \int \frac{d^3 q}{(2\pi)^3} \frac{1}{4\omega_k \omega_Z} [1 + f_B(r_0) - f_F(q_0)]$$

$$\frac{1}{4} \gamma^\mu \left\{ (C_{kj} \not{q} - C_{kj}^* m_k) C_{ik} \gamma^\nu P_L + (C_{kj}^* \not{q} - C_{kj} m_k) C_{ik}^* \gamma^\nu P_R \right\} \left(-\eta_{\mu\nu} + \frac{r_\mu r_\nu}{M_Z^2} \right)$$

$$[\delta(q_0 - \omega_k) - \delta(q_0 + \omega_k)] [\delta(r_0 - \omega_Z) - \delta(r_0 + \omega_Z)],$$

Z mediated self-energy

$$I_Z^{(0)} \equiv \frac{1}{p} \int_{-\infty}^{\infty} dq_0 \int_0^{\infty} dq \int_{\omega_Z^-}^{\omega_Z^+} d\omega_Z \frac{q}{(2\pi)^2 4\omega_k} [A_0(p_0)p_0 + B(p_0)q_0] [1 + f_B(r_0) - f_F(q_0)]$$

$$[\delta(q_0 - \omega_k) - \delta(q_0 + \omega_k)] [\delta(r_0 - \omega_Z) - \delta(r_0 + \omega_Z)],$$

$$I_Z^{(1)} \equiv \frac{1}{p^2} \int_{-\infty}^{\infty} dq_0 \int_0^{\infty} dq \int_{\omega_Z^-}^{\omega_Z^+} d\omega_Z \frac{q}{2(2\pi)^2 4\omega_k} [A_1(p_0) + 2p_0 B(p_0)q_0] [1 + f_B(r_0) - f_F(q_0)]$$

$$[\delta(q_0 - \omega_k) - \delta(q_0 + \omega_k)] [\delta(r_0 - \omega_Z) - \delta(r_0 + \omega_Z)],$$

$$I_Z^{(2)} = I^{(2)} (\omega_H \rightarrow \omega_Z).$$

with prefactors

$$\mathcal{P}_L^{(I)} = \begin{cases} \frac{1}{4} C_{ik} C_{kj} [A_0(p_0)p_0 + B(p_0)q_0], & \text{for } I = 0, \\ -\frac{1}{8p} C_{ik} C_{kj} [A_1(p_0) + 2p_0 B(p_0)q_0], & \text{for } I = 1, \\ \frac{3}{2} C_{ik} C_{kj}^* m_k, & \text{for } I = 2. \end{cases}$$

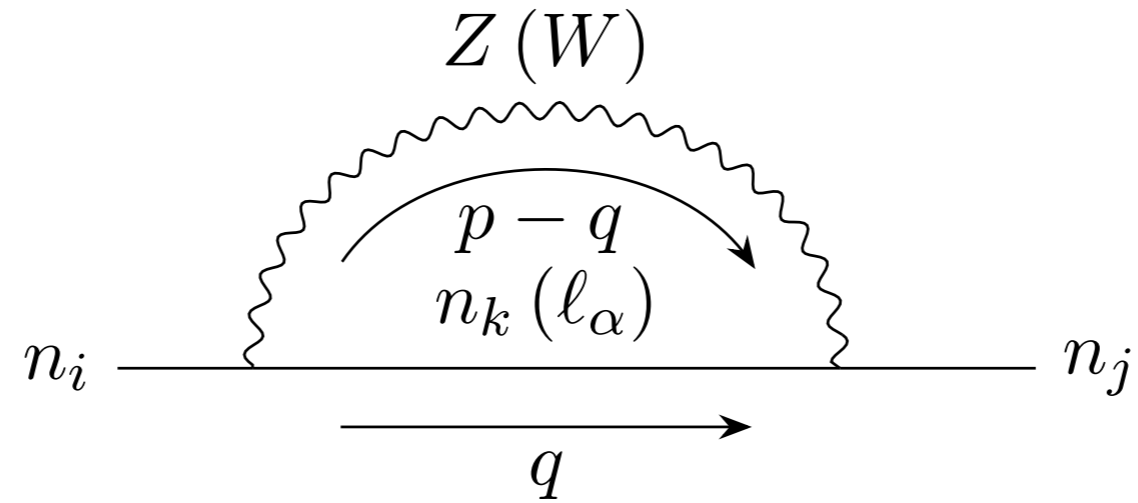
$$A_0(p_0) \equiv \frac{p_0^2 - p^2 - M_Z^2 - m_k^2}{M_Z^2},$$

$$B(p_0) \equiv 1 - A_0(p_0),$$

$$A_1(p_0) \equiv p^2 + M_Z^2 - p_0^2 - m_k^2 + A_0(p_0) [p^2 + m_k^2 - M_Z^2 + p_0^2]$$

For $\mathcal{P}_R^{(I)}$
 $C_{ij} \rightarrow C_{ij}^*$

W contribution



$$\mathcal{L}_{W-\nu} \supset \frac{g}{\sqrt{2}} \sum_{i,\alpha} U_{\alpha i} \bar{l}_\alpha \gamma^\mu P_L n_i W_\mu^- + h.c.$$

Can be derived from Z contribution

$$g/(2c_W) \rightarrow g/\sqrt{2}$$

$$\sum_k C_{ik} C_{kj} \rightarrow 2 \sum_\alpha U_{i\alpha}^\dagger U_{\alpha j} = 2C_{ij}$$

$$M_Z \rightarrow M_W$$

$$\mathcal{P}_R^{(I)} = 0$$

$$m_k \rightarrow m_\ell \sim 0$$

$$\mathcal{P}_L^{(2)} = 0$$

Propagating states in the medium

Once the self-energy correction to the propagator is known

$$\not{Z}(p_0) = \left(\gamma_0 \Sigma_L^{(0)} - \vec{\gamma} \cdot \hat{p} \Sigma_L^{(1)} + \Sigma_L^{(2)} \right) P_L + \left(\gamma_0 \Sigma_R^{(0)} - \vec{\gamma} \cdot \hat{p} \Sigma_R^{(1)} + \Sigma_R^{(2)} \right) P_R$$

we can insert this in the Dirac equation

$$(\not{p} - \mathcal{M} + \not{Z}(p_0)) \tilde{\Psi} = 0$$

and project into helicity eigenstates

$$\tilde{\Psi} = \sum_{h=\pm 1} v^h \otimes \begin{pmatrix} \varphi^h \\ \zeta^h \end{pmatrix}, \quad \vec{\sigma} \cdot \hat{p} v^h = h v^h$$

$$\begin{cases} [p_0 + \Sigma_R^{(0)} - hp - h\Sigma_R^{(1)}] \zeta^h - (\mathcal{M} + \Sigma_L^{(2)}) \varphi^h = 0 \\ [p_0 + \Sigma_L^{(0)} + hp + h\Sigma_L^{(1)}] \varphi^h - (\mathcal{M} + \Sigma_R^{(2)}) \zeta^h = 0 \end{cases} \quad \longrightarrow \quad \zeta^h = [p_0 + \Sigma_R^{(0)} - hp - h\Sigma_R^{(1)}]^{-1} (\mathcal{M} + \Sigma_L^{(2)}) \varphi^h$$

The dispersion relations are given by the zeroes of the inverse propagator

$$\left[p_0^2 - p^2 + (p_0 - hp) (\Sigma_L^{(0)} + h\Sigma_L^{(1)}) - (p_0 - hp) (\mathcal{M} + \Sigma_R^{(2)}) [p_0 + \Sigma_R^{(0)} - hp - h\Sigma_R^{(1)}]^{-1} (\mathcal{M} + \Sigma_L^{(2)}) \right] \varphi^h = 0$$

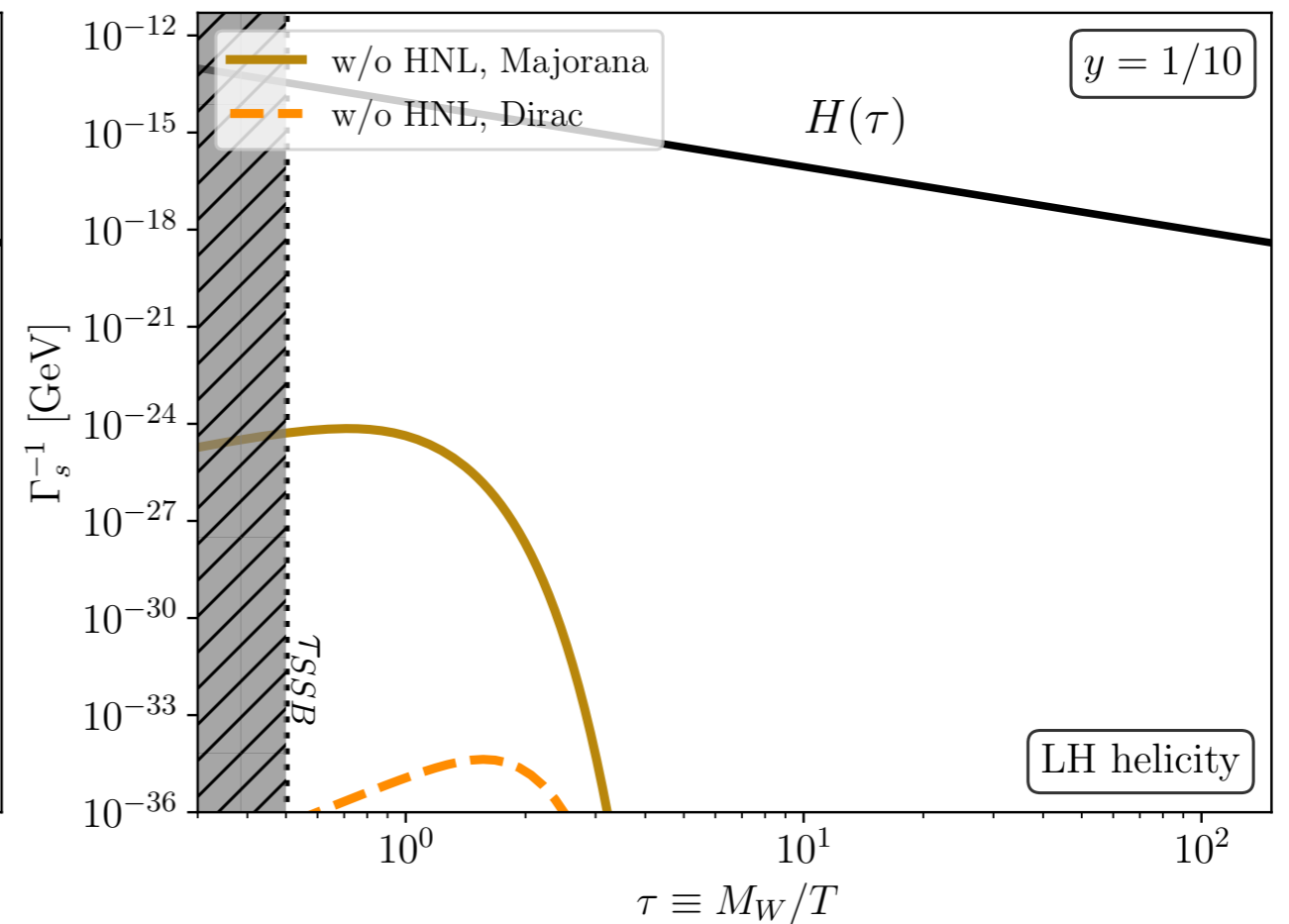
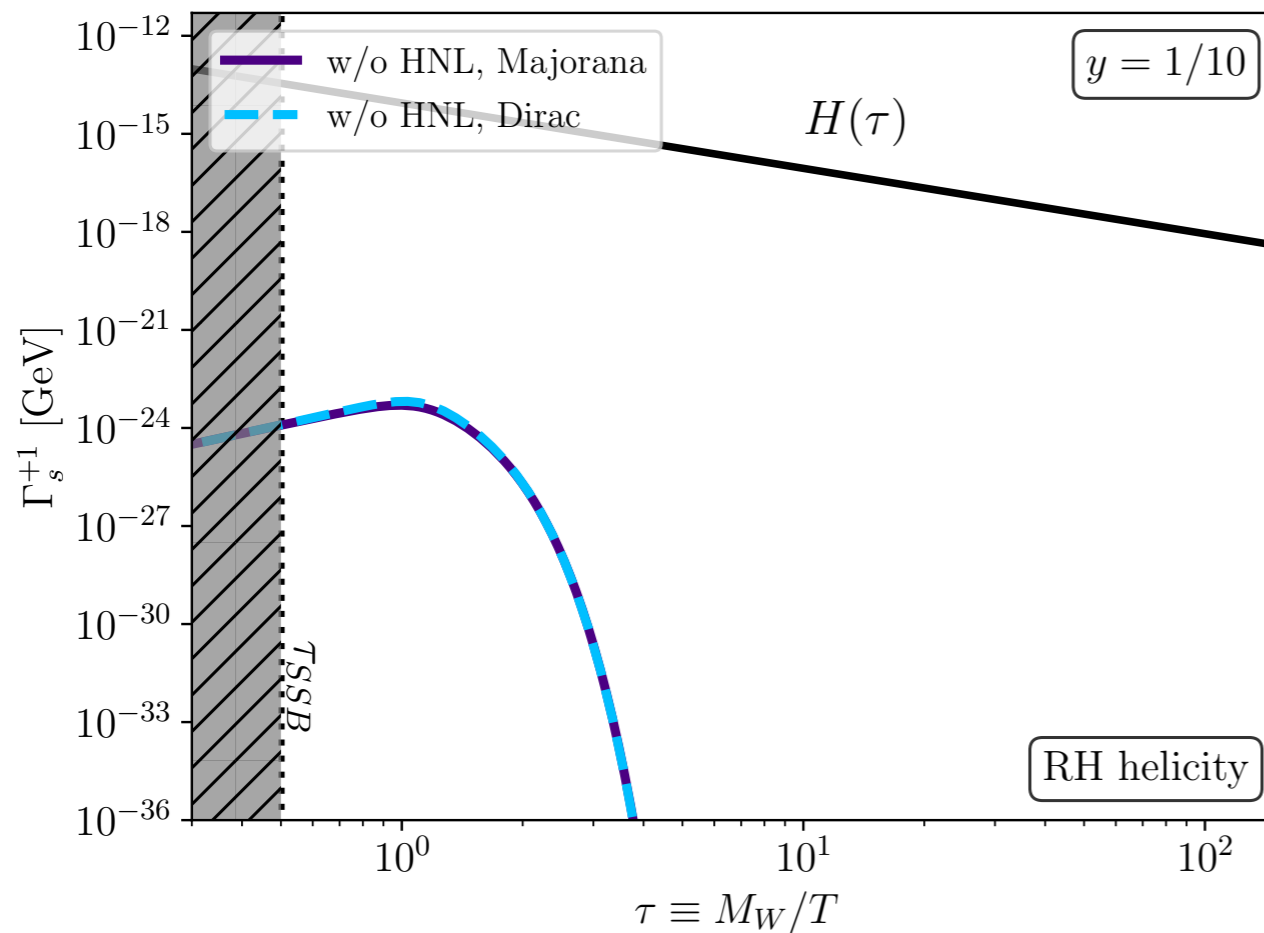
Results: toy 2x2

Single flavour without HNL

$$\Gamma(p_0) = - \left(\frac{\text{Im } \bar{\Pi}_F(p_0)}{p_0} \right)$$

$$y = \frac{p}{T} \quad \tau = \frac{M_W}{T}$$

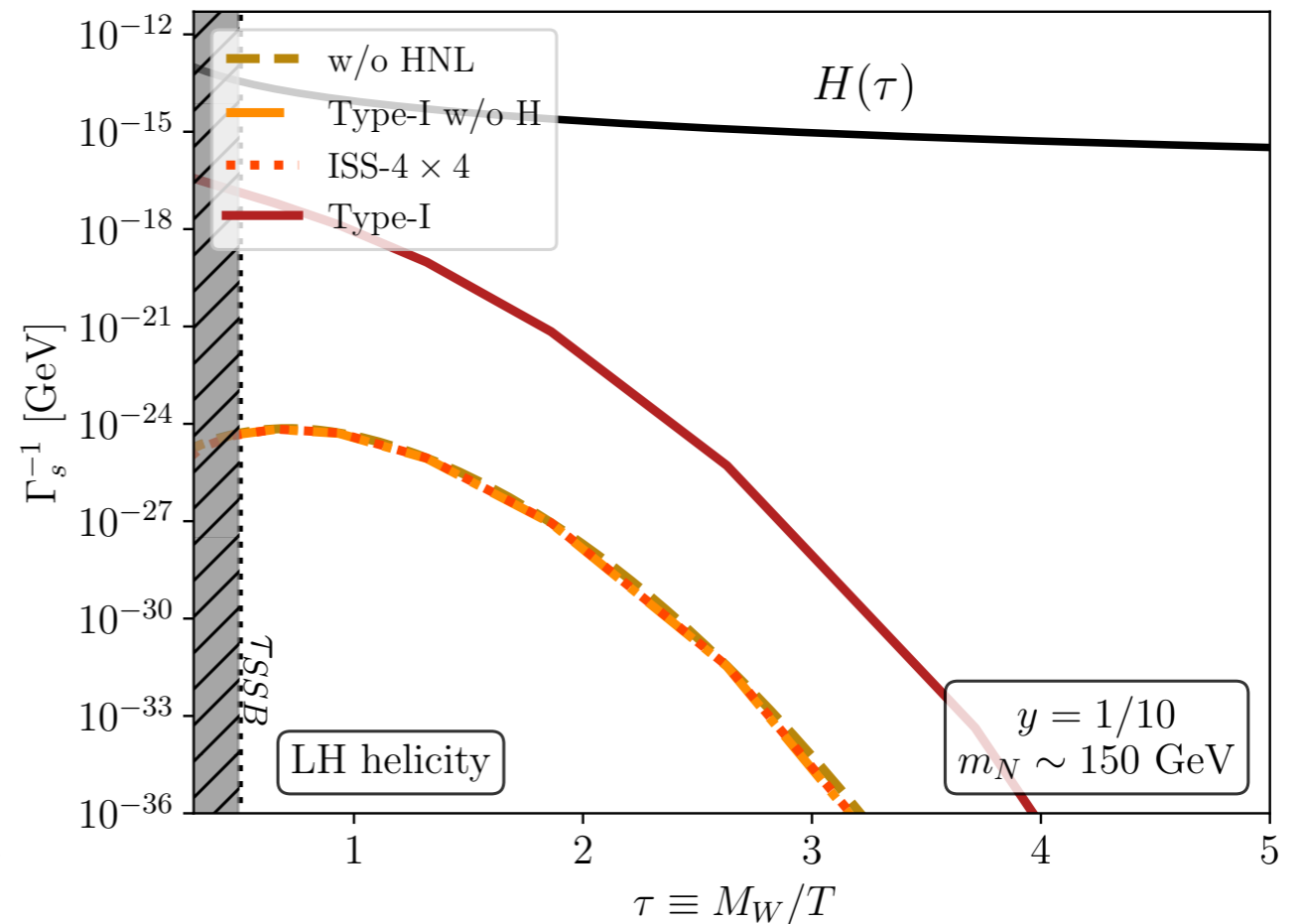
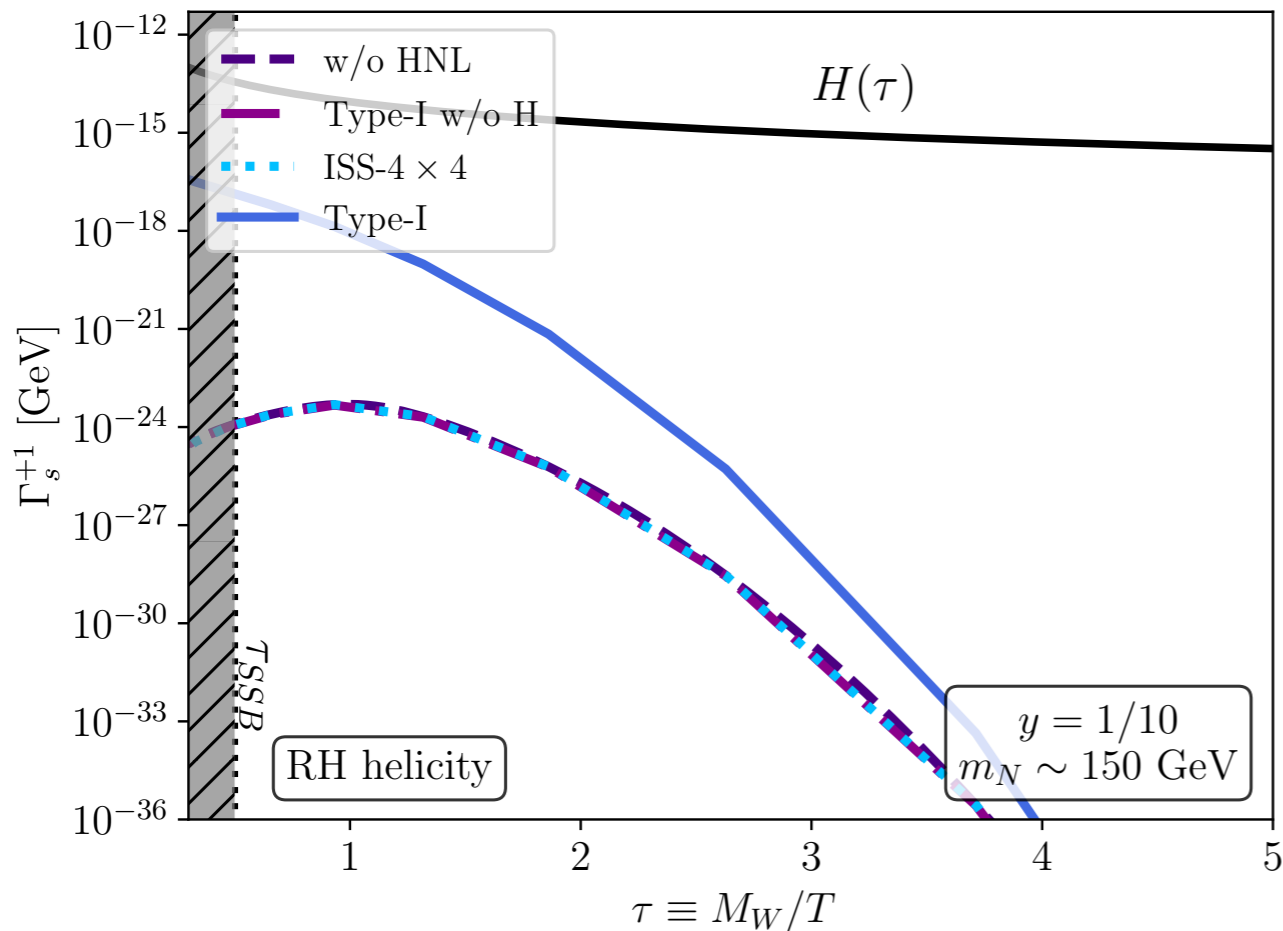
H. A. Weldon, Phys. Rev. D 28 (1983), 2007



$$m_{DM} = 10 \text{ keV and } |\mathcal{U}_{\alpha 4}| \sim 10^{-6}$$

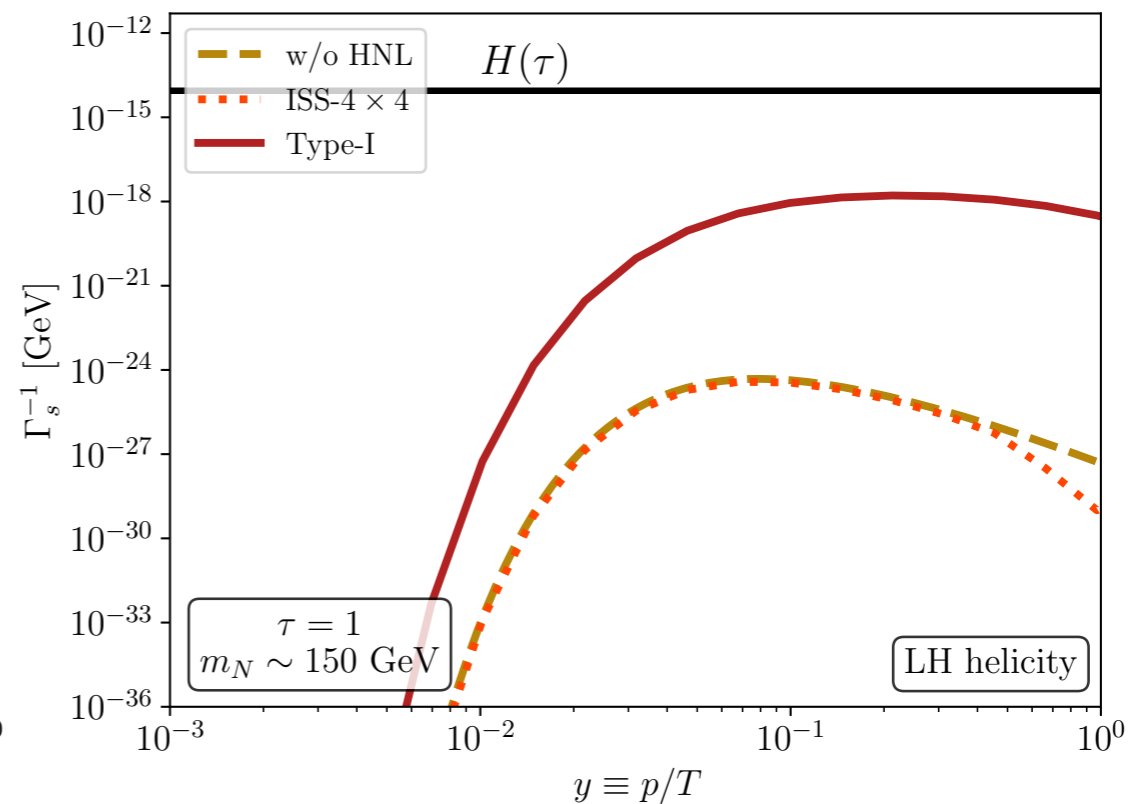
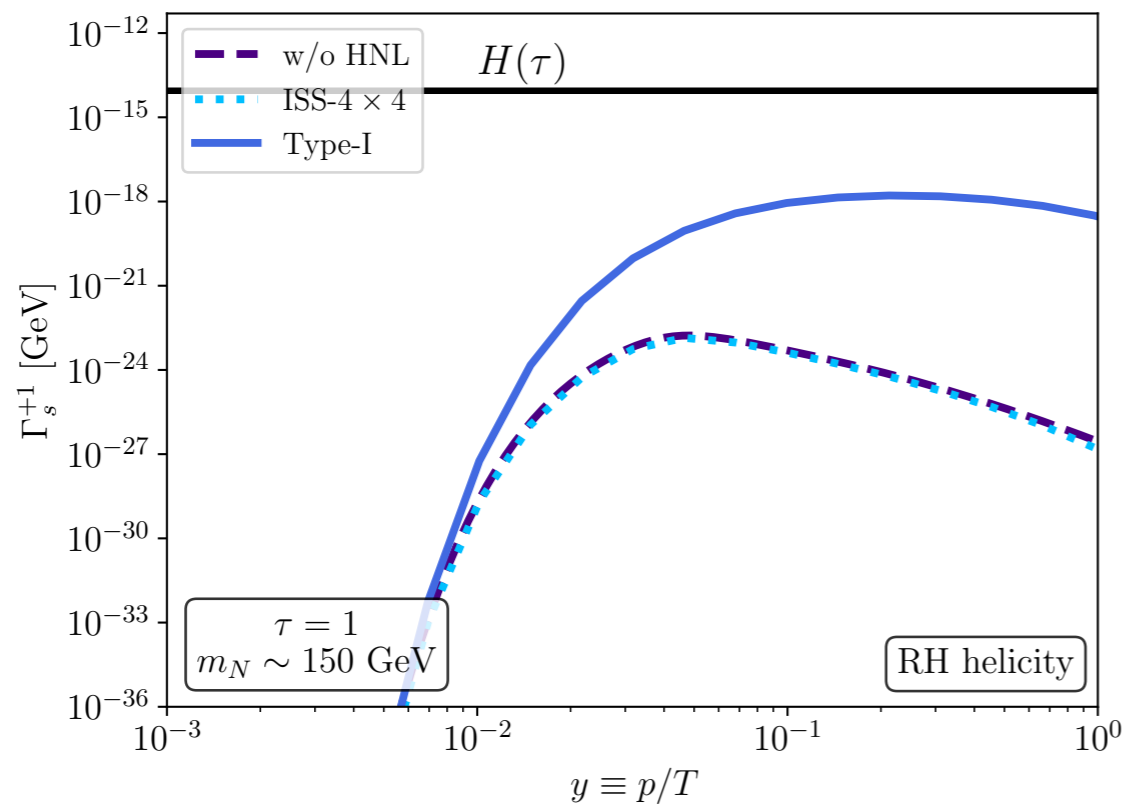
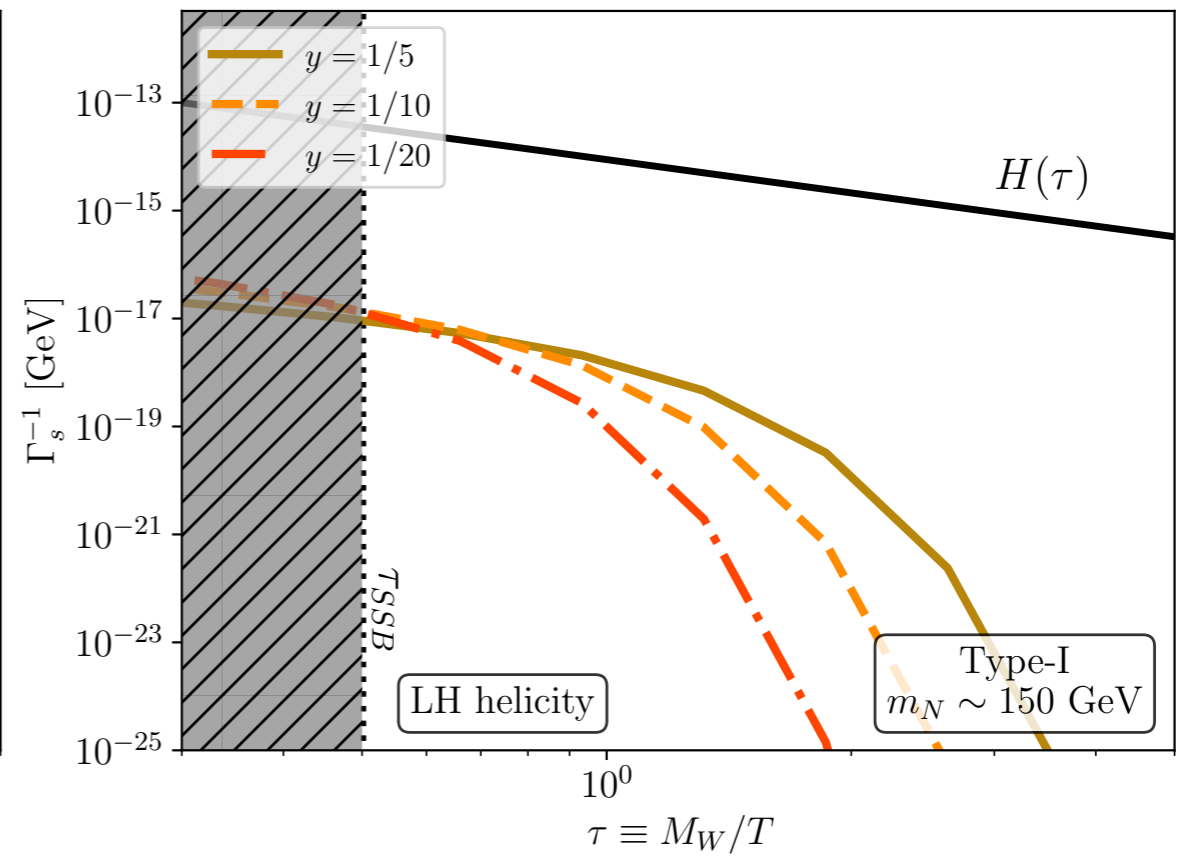
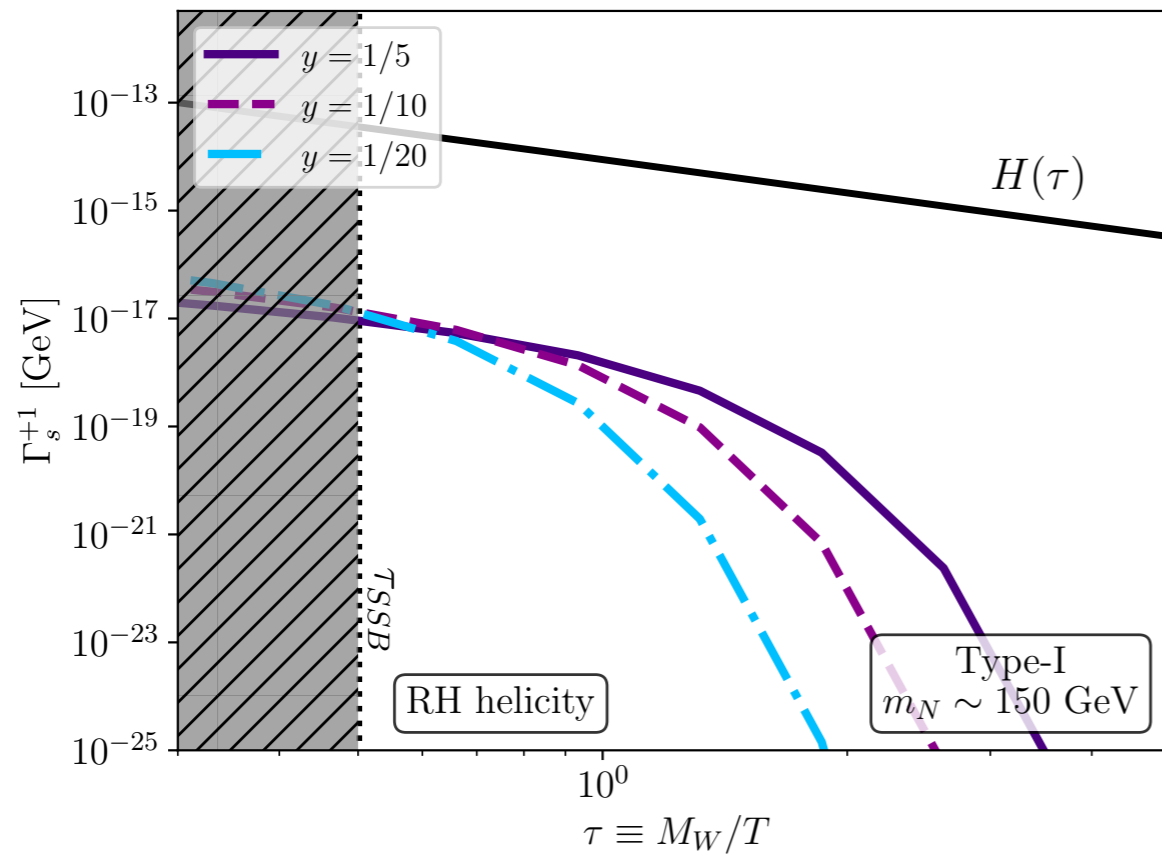
$\Gamma \sim \mathcal{O}(10^{-16})$ GeV is needed to generate the correct DM abundance

Results: 4x4 ISS and Type-I Seesaw



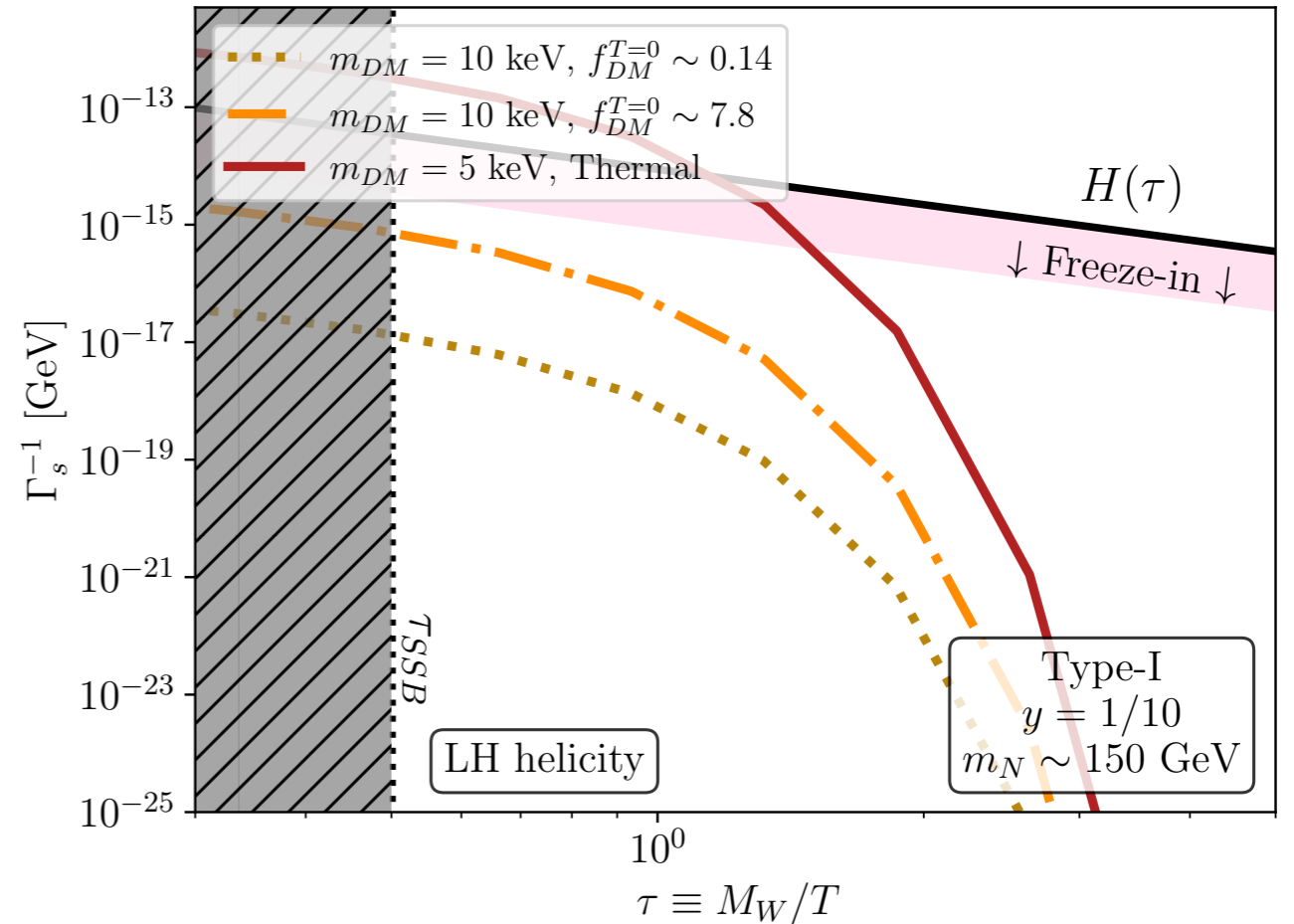
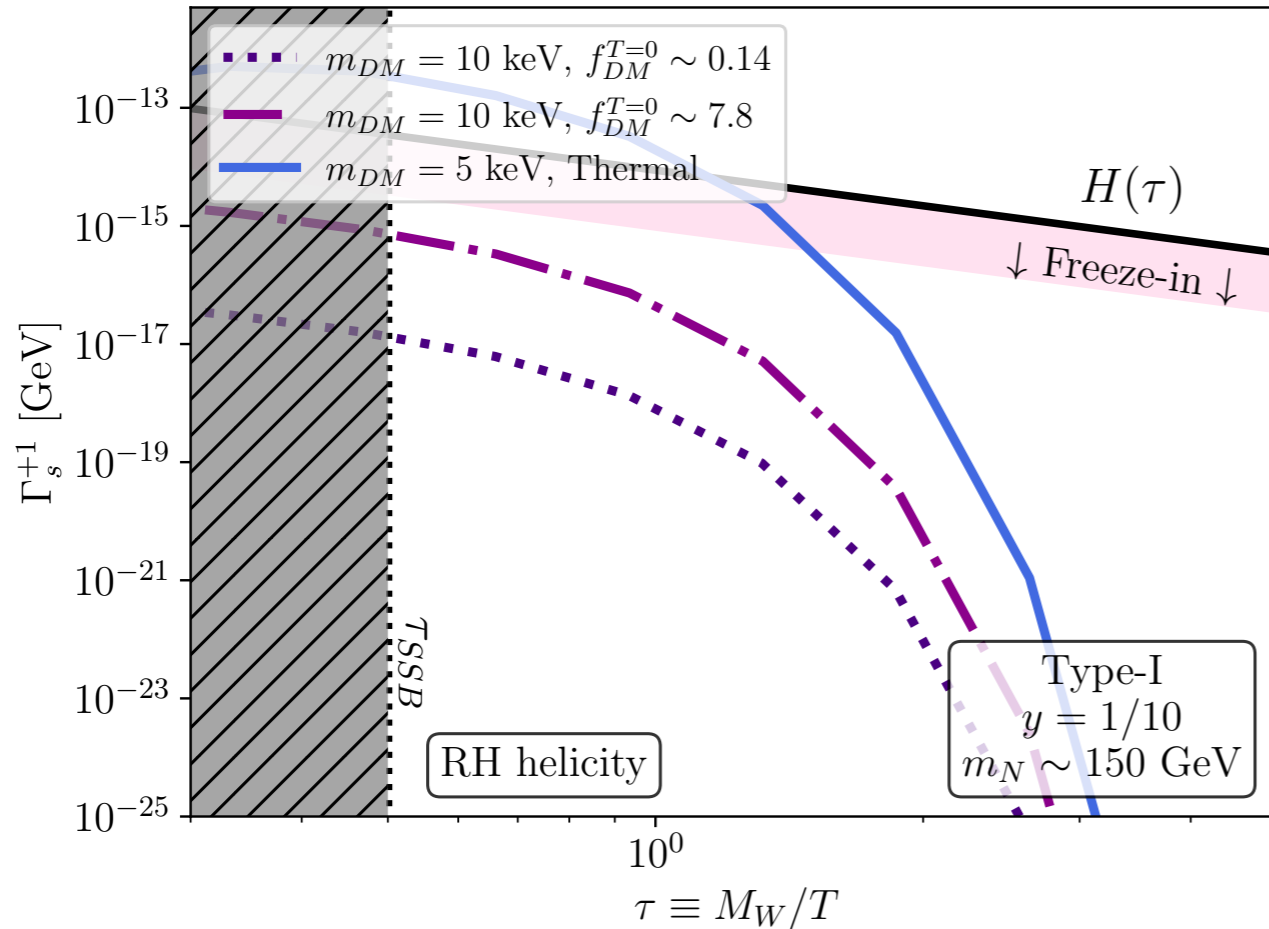
- The 4x4 ISS is not qualitatively different from the 2x2 toy-model;
- Type-I seesaw rates are many orders of magnitude larger;
- If we neglect Higgs contributions in Type-I we recover the same rates as toy models

Temperature and momenta dependence



Type-I realisations

Type-I seesaw rates can go from fully freeze-in regime to thermalised scenarios



	$f_{DM}^{T=0} \sim 0.14$	$f_{DM}^{T=0} \sim 7.8$	Thermal
m_{DM} (keV)	10	10	5
ω_{12}	10^{-7}	10^{-7}	$(0.089 + 2i) \times 10^{-8}$
ω_{13}	0	0	$(71 + 3.7i) \times 10^{-9}$
ω_{23}	$9i$	$10i$	$5.5 \times 10^{-10} + 10.5i$

Numerical integration over T and p is currently challenging, due to the computation of the real part being very demanding

Conclusion

Sterile neutrinos are viable DM candidates, and are motivated by massive neutrinos

Many phenomenological constraints: the only known solution in the minimal framework of SM + HNL is the ν MSM

**Can sterile neutrinos be produced by the decay of heavier particles?
Diagrammatically yes**

However thermal effects make gauge boson production negligible

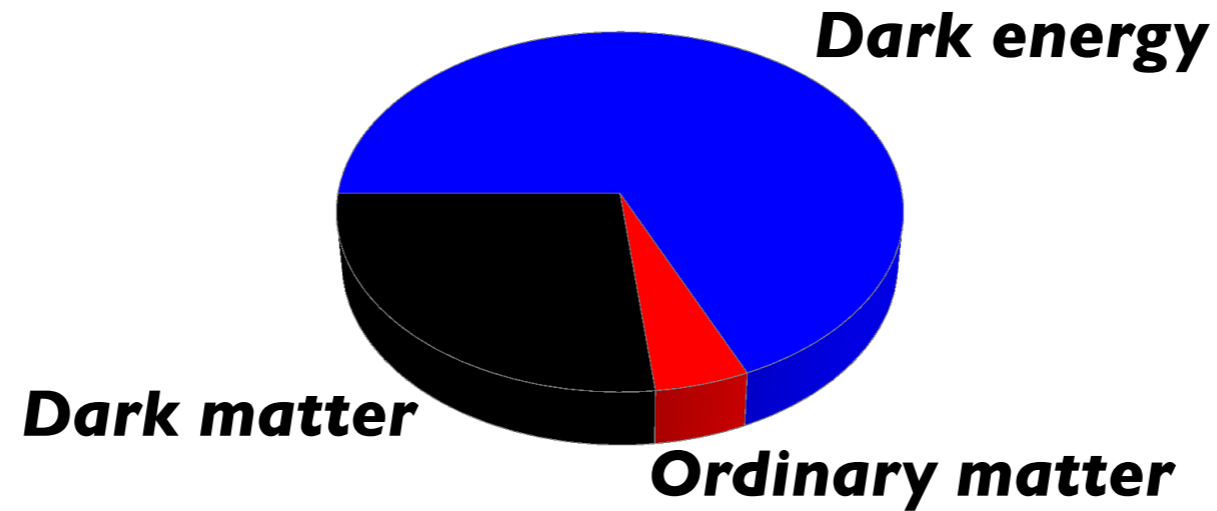
Interestingly, production from HNL decay does not appear to be suppressed!

Need of a realistic full model to accommodate sizeable Yukawas, otherwise neutrinos + DM constraints suppress the production rate

Solutions exist in the zero temperature approximation. Currently working on an effective numerical integration of Boltzmann equations

Backup

Neutrinos as Dark Matter?



$$\Omega_B h^2 = 0.02237 \pm 0.00015$$

$$\Omega_{\text{DM}} h^2 = 0.1200 \pm 0.0012$$

$$h = 0.6736 \pm 0.0054$$

$$\Omega_\Lambda = 0.6847 \pm 0.0073$$

N. Aghanim *et al.* [Planck Collaboration], arXiv:1807.06209 [astro-ph.CO]

Sterile neutrinos can be viable DM candidates: they are produced by oscillations of active ones as long as an active-sterile mixing is present

S. Dodelson and L. M. Widrow, hep-ph/9303287

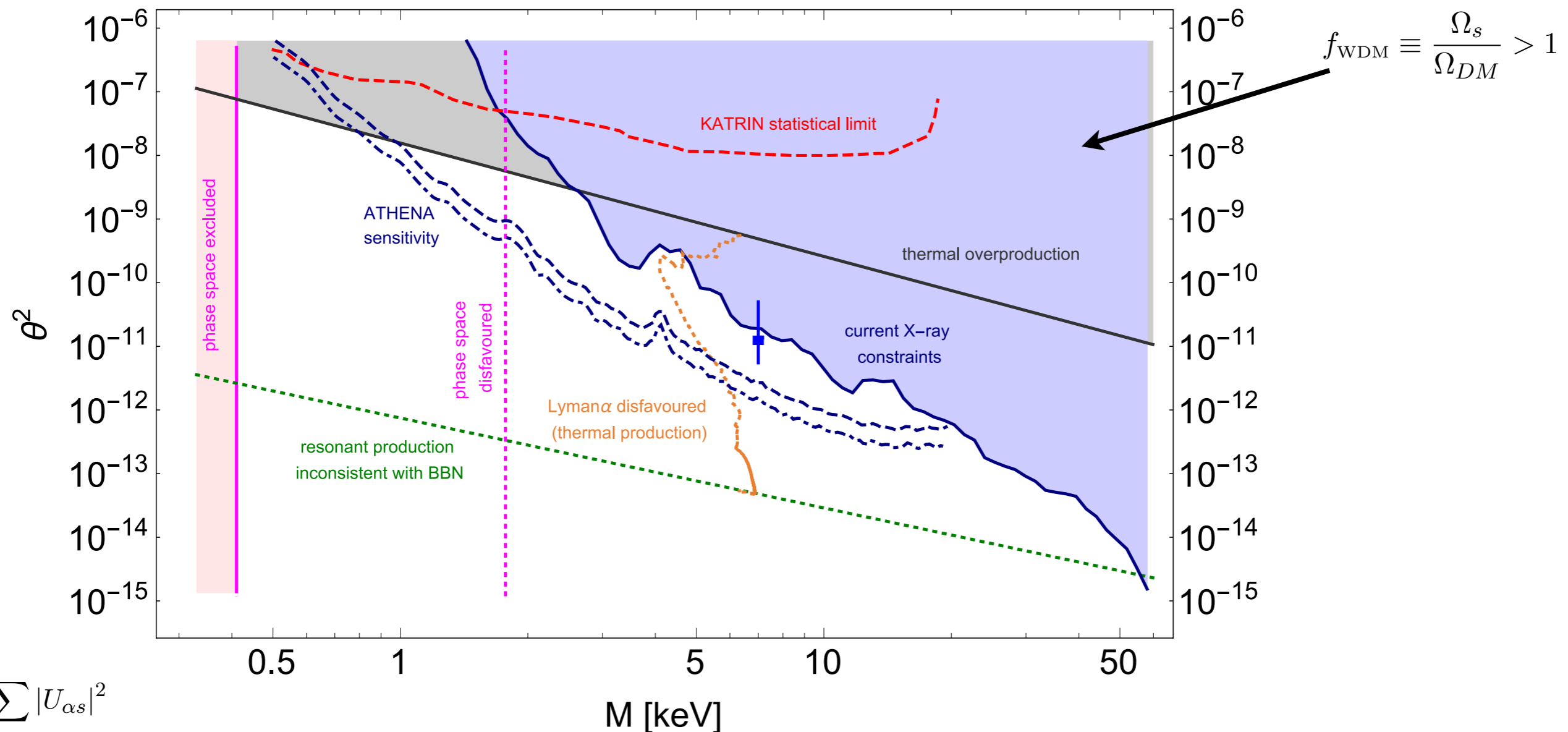
Constraints: abundance

DW: as long as an active-sterile mixing is present, a population of sterile ν is produced by oscillations in the primordial plasma

S. Dodelson and L. M. Widrow, hep-ph/9303287

$$\Omega_s h^2 = 1.1 \cdot 10^7 \sum_{\alpha} C_{\alpha}(m_s) |U_{\alpha s}|^2 \left(\frac{m_s}{\text{keV}} \right)^2, \quad \alpha = e, \mu, \tau$$

T. Asaka, M. Laine and M. Shaposhnikov, hep-ph/0612182



$$\theta^2 = \sum_{\alpha} |U_{\alpha s}|^2$$

Figure from A. Boyarsky, M. Drewes, T. Lasserre, S. Mertens and O. Ruchayskiy, arXiv:1807.07938 [hep-ph]

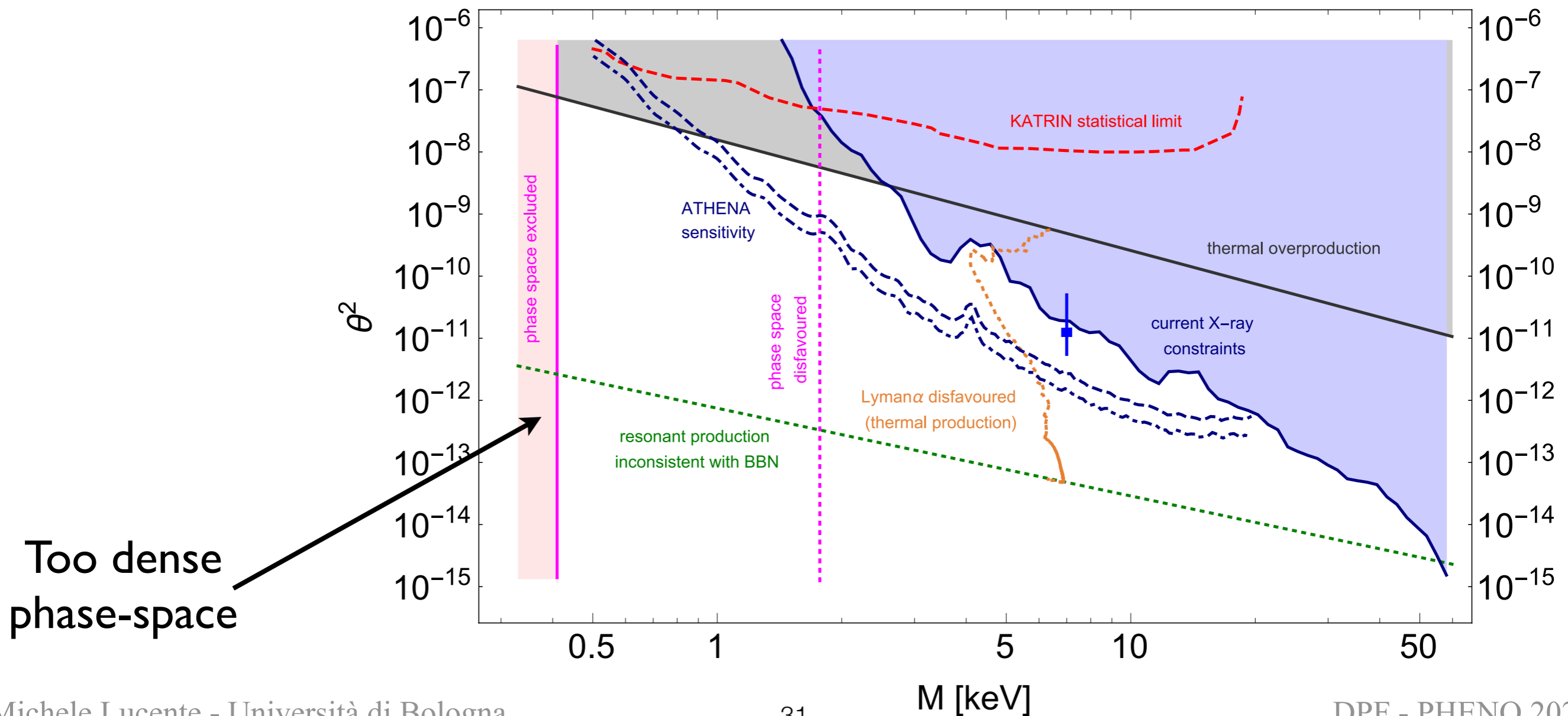
Constraints: phase-space density

For fermionic DM, Pauli exclusion principle impose a maximum on its distribution function (degenerate Fermi gas). Imposing that inferred phase-space density does not excess this bound, it is possible to extract a lower bound on the DM mass

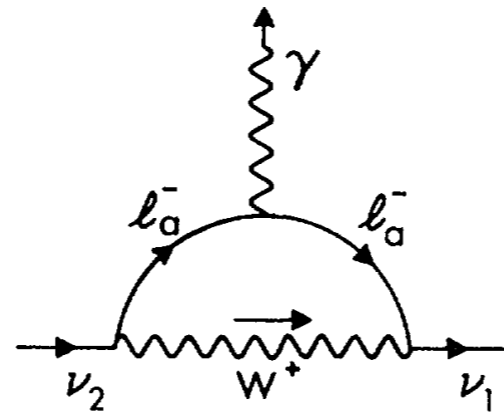
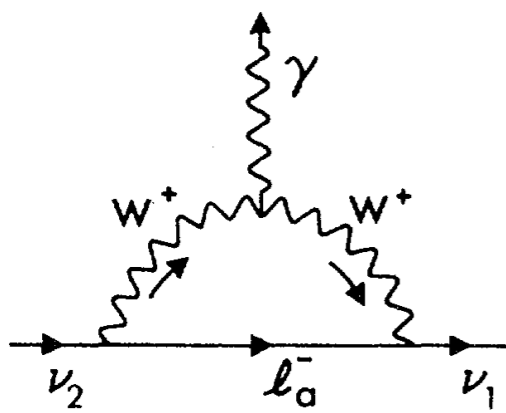
S. Tremaine and J. E. Gunn, Phys. Rev. Lett. 42 (1979) 407

$$f_{max,NRP} = \frac{94 \omega_{DM}}{2 (2\pi\hbar)^3} \frac{m_{NRP}^3}{eV^3} \quad \longrightarrow \quad m_{NRP} > 1.77 \text{ keV} \quad \text{from dSphs observations}$$

A. Boyarsky, O. Ruchayskiy and D. Iakubovskyi, 0808.3902 [hep-ph]



Constraints: stability and indirect detection (ID)

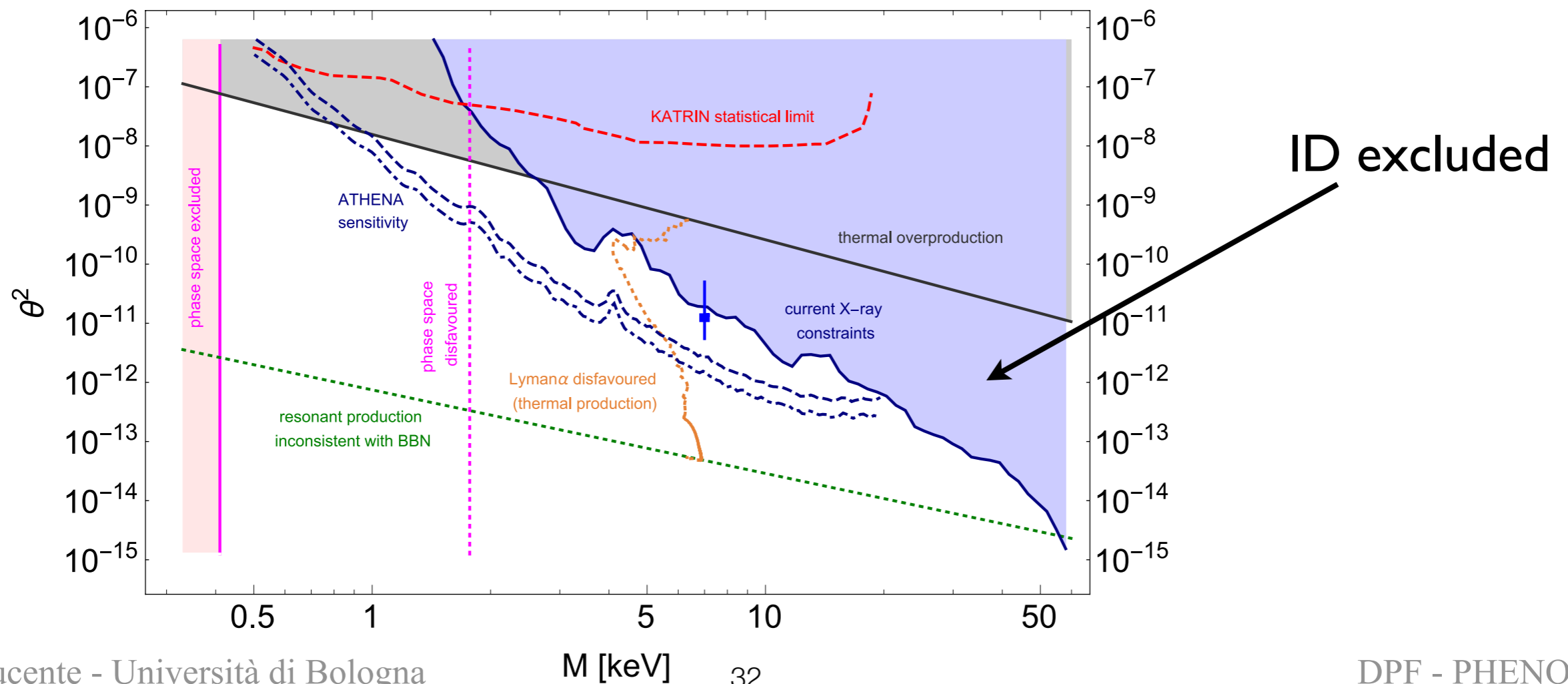


Massive ν can decay radiatively producing monochromatic γ

P. B. Pal and L. Wolfenstein, Phys. Rev. D 25 (1982) 766

Due to the lack of signature (e.g. CHANDRA, XMM)

$$f_{\text{WDM}} \sin^2 2\theta \lesssim 1.5 \times 10^{-4} \left(\frac{m_s}{1\text{keV}} \right)^{-5}$$

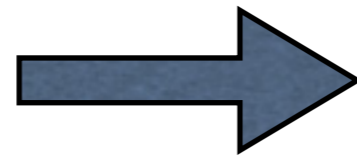


Constraints: Lyman- α

The absorption in the spectra of QSOs by the H (Ly- α : $1s \rightarrow 2p$) in IGM can trace matter distribution at scales: $1-80 h^{-1}$ Mpc

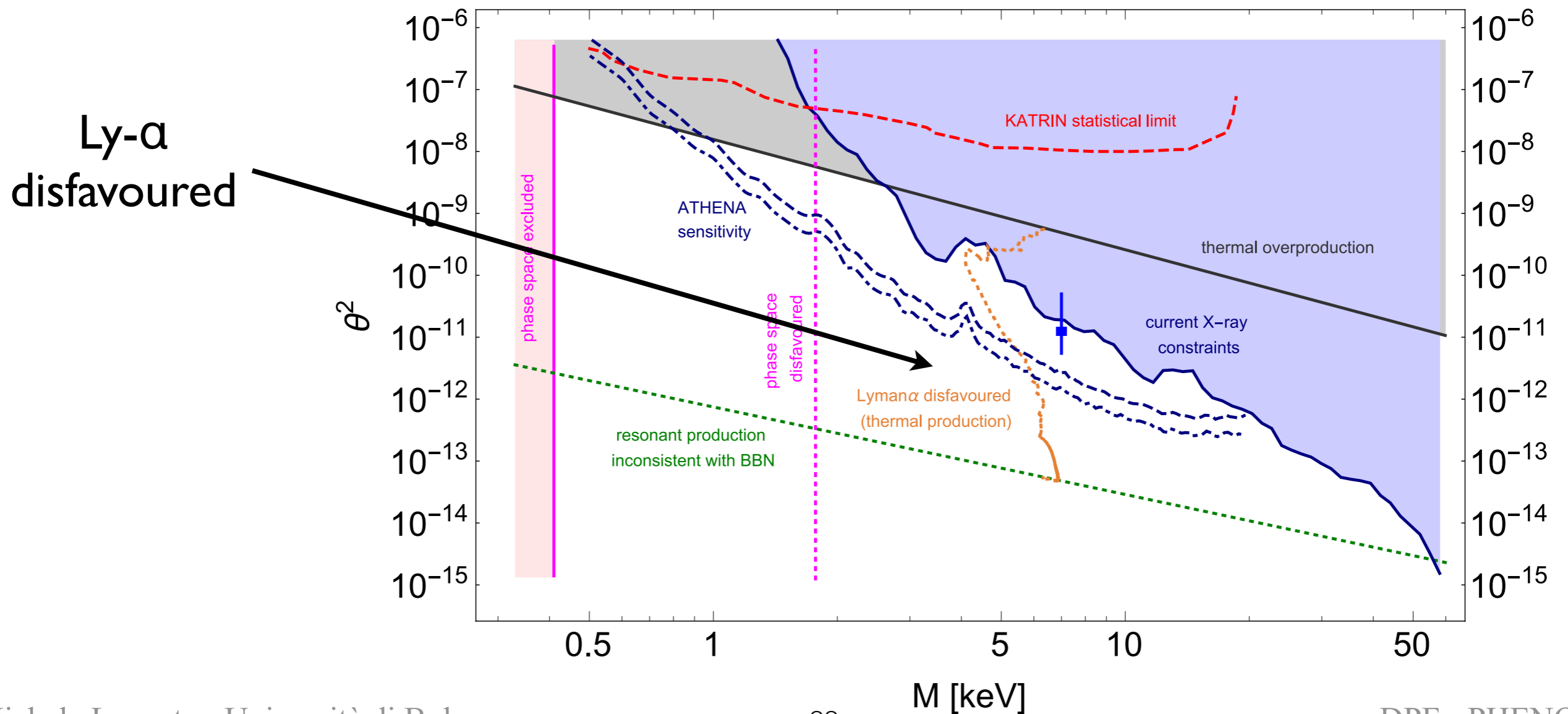
Narayanan, Vijay K.; Spergel, David N.; Davé, Romeel; Ma, Chung-Pei, *Astrophys. J.* 543, 103 (2000)

Ly- α constraints highly model dependent



limits for DW produced sterile ν

J. Baur, N. Palanque-DeLabrouille, C. Yèche, A. Boyarsky, O. Ruchayskiy, E. Armengaud and J. Lesgourgues, arXiv:1706.03118 [astro-ph.CO]



Helicity decomposition

Expand the **chiral** fields in terms of **helicity** eigenstates

$$\Psi_L = \sum_{h=\pm 1} v^h \otimes \Psi_L^h \quad ; \quad \Psi_L^h = \begin{pmatrix} \nu_a^h \\ \nu_s^h \end{pmatrix}_L \quad \Psi_R = \sum_{h=\pm 1} v^h \otimes \Psi_R^h \quad ; \quad \Psi_R^h = \begin{pmatrix} \nu_a^h \\ \nu_s^h \end{pmatrix}_R$$

$$\mathbb{L} = (1 - \gamma^5)/2$$

$$\mathbb{R} = (1 + \gamma^5)/2$$

where v^h are **eigenstates** of the **helicity** operator

$$\hat{h}(\hat{\mathbf{q}}) = \gamma^0 \vec{\gamma} \cdot \hat{\mathbf{q}} \gamma^5 = \vec{\sigma} \cdot \hat{\mathbf{q}} \begin{pmatrix} \mathbb{1} & 0 \\ 0 & \mathbb{1} \end{pmatrix} \quad \vec{\sigma} \cdot \hat{\mathbf{q}} v^h = h v^h \quad ; \quad h = \pm 1$$

The equation of motion are then

$$\left[(\omega^2 - q^2) \mathbb{1} + (\omega - hq) (\mathbb{A} + h\mathbb{B}) - \mathbb{M}^2 \right] \Psi_L^h = 0$$

$$\left[\omega - hq \right] \Psi_R^h = \mathbb{M} \gamma^0 \Psi_L^h$$

with $\Sigma^t + \Sigma(\omega, \vec{q}) = \gamma^0 \mathbb{A}(\omega, \vec{q}) - \vec{\gamma} \cdot \hat{\mathbf{q}} \mathbb{B}(\omega, \vec{q})$

$$\mathbb{A}(\omega, \vec{q}) = \begin{pmatrix} A(\omega, \vec{q}) & 0 \\ 0 & 0 \end{pmatrix} \quad \mathbb{B}(\omega, \vec{q}) = \begin{pmatrix} B(\omega, \vec{q}) & 0 \\ 0 & 0 \end{pmatrix}$$

Propagating states

The dispersion relations for the (quasi) particle states in the medium are given by the complex poles of the propagator (or by the zeroes of the inverse propagator)

$$\left[S_L^h(\omega, q) \right]^{-1} = \left[(\omega^2 - q^2) \mathbb{1} + (\omega - hq) (\mathbb{A} + h\mathbb{B}) - \mathbb{M}^2 \right]$$

To leading order in θ and assuming $M_1 \ll M_2$ the corrections are given by

$$\delta\omega_1^h = - \left(\Delta_1^h(q) + i\gamma_1^h(q) \right) - \frac{\theta^2 \left(\xi + \Delta_1^h(q) - i\gamma_1^h(q) \right)}{\left[\left(1 + \frac{\Delta_1^h(q)}{\xi} \right)^2 + \left(\frac{\gamma_1^h(q)}{\xi} \right)^2 \right]} + \theta^2 \xi \quad \text{active-like}$$

$$\delta\omega_2^h = \frac{\theta^2 \left(\xi + \Delta_2^h(q) - i\gamma_2^h(q) \right)}{\left[\left(1 + \frac{\Delta_2^h(q)}{\xi} \right)^2 + \left(\frac{\gamma_2^h(q)}{\xi} \right)^2 \right]} - \theta^2 \xi \quad \text{sterile-like}$$

$$\omega = \omega_j(q) + \delta\omega_j^h$$

$$\omega_j(q) = \sqrt{q^2 + M_j^2}$$

$$\Delta_j^h(q) + i\gamma_j^h(q) = \frac{\Omega^h(\omega_j, q)}{2q}$$

$$\Omega^h \equiv (\omega - hq) (A(\omega, q) + hB(\omega, q))$$

$$\xi = \frac{M_s^2}{2q}$$

Kinetic equations

From the dispersion relations is it possible to define an “effective” mixing angle in medium

$$\theta_{eff}^h(q) = \frac{\theta}{\left[\left(1 + \frac{\Delta_j^h(q)}{\xi} \right)^2 + \left(\frac{\gamma_j^h(q)}{\xi} \right)^2 \right]^{1/2}}$$

This quantity enters kinetic equation for sterile-like production

$$\frac{dn_2^h(q; t)}{dt} = \Gamma_2^h(q) \left[n_{eq}(q) - n_2^h(q; t) \right] \quad \Gamma_{prod}^h(q) = \Gamma_2^h(q) n_{eq}(q)$$

$$\Gamma_{prod}^-(q) = 2 \left(\theta_{eff}^-(q) \right)^2 \text{Im} \Sigma^-(q) n_{eq}(q)$$

$$\Gamma_{prod}^+(q) = 2 \left(\theta_{eff}^+(q) \right)^2 \left[\frac{M_s}{2q} \right]^2 \text{Im} \Sigma^+(q) n_{eq}(q)$$

Thermal Field Theory in a nutshell

The partition function at finite temperature ($\beta = 1/T$) can be formally expressed as a path integral with imaginary time evolution

$$Z = \int \mathcal{D}\phi \langle \phi | e^{-\beta H} | \phi \rangle = \int \mathcal{D}\phi \exp \left[- \int_0^\beta d\tau \mathcal{L}(\tau) \right]$$

The fields at finite temperature are periodic in the imaginary time component

$$\langle \phi(\mathbf{x}, t) \phi(\mathbf{y}, 0) \rangle_\beta = \frac{1}{Z} \text{Tr} [e^{-\beta H} \phi(\mathbf{x}, t) \phi(\mathbf{y}, 0)] = \frac{1}{Z} \text{Tr} [\phi(\mathbf{x}, t) e^{-\beta H} e^{\beta H} \phi(\mathbf{y}, 0) e^{-\beta H}] = \langle \phi(\mathbf{y}, -i\beta) \phi(\mathbf{x}, t) \rangle_\beta$$

Kubo-Martin-Schwinger (KMS) condition $\phi(\mathbf{x}, 0) = \pm \phi(\mathbf{x}, i\beta)$

R. Kubo, J. Phys. Soc. Jap. 12 (1957), 570-586; P. C. Martin and J. S. Schwinger, Phys. Rev. 115 (1959), 1342-1373

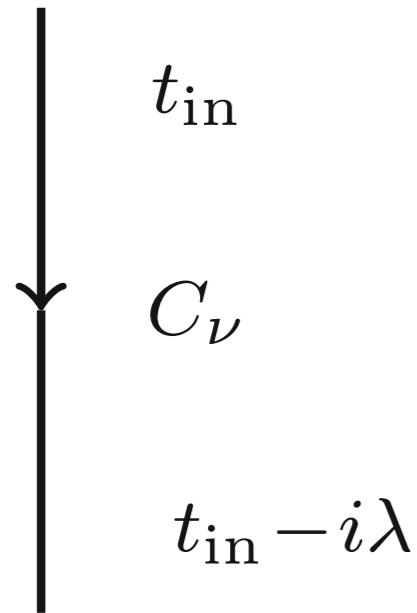
A finite-temperature path-integral formalism can be derived in analogy to the standard QFT treatment: thermal Wick theorem, thermal diagrammatic expansion, thermal propagators, etc...

See e.g. T. Lundberg and R. Pasechnik, arXiv:2007.01224 [hep-th] for a modern review and collection of references

Imaginary vs Real time formalism

It is necessary to specify a contour of time integration in the complex plane

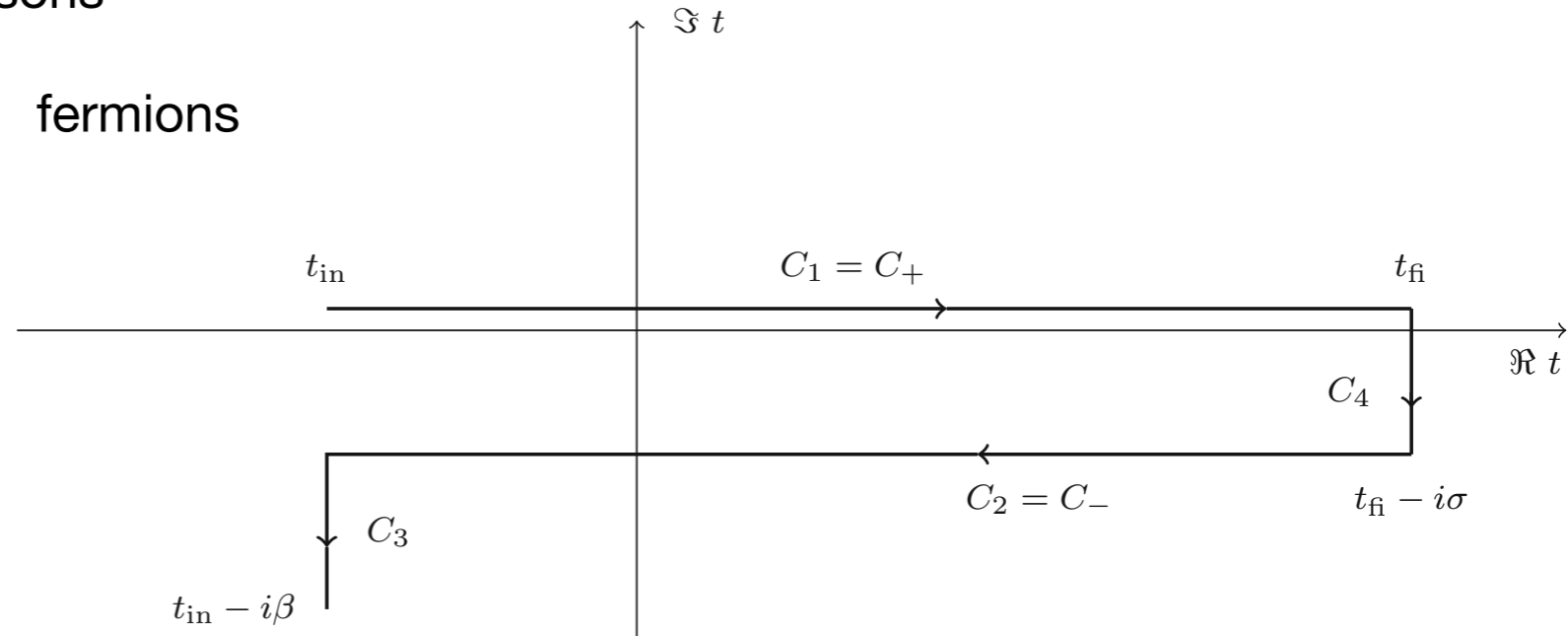
Imaginary time



$$\omega_n = \frac{2\pi n}{\beta} \quad \text{bosons}$$

$$\omega_n = \frac{2\pi(n+1)}{\beta} \quad \text{fermions}$$

Real time



+ Same diagrammatic structure as zero temperature QFT

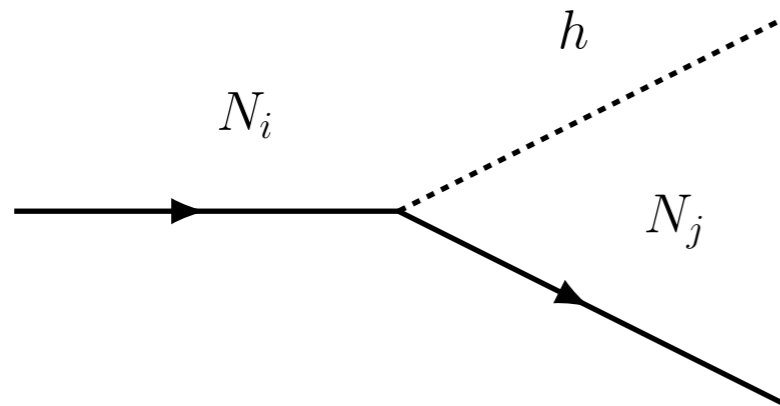
- Need to perform non-trivial sum on Matsubara frequencies ω_n

+ Contribution from vertical paths factorises, no discrete sums are needed

- Propagators are matrices

We make use of the real-time formalism of thermal QFT

Solutions in the zero T approximation



$$\propto \left(\frac{i}{2v} \right) [C_{ji}(M_j P_L + M_i P_R) + C_{ji}^*(M_j P_R + M_i P_L)]$$

$$C_{ij} = \sum_{\alpha} U_{\alpha i}^* U_{\alpha j}$$

This operator is only present after electroweak symmetry breaking ($v \neq 0$)

If $M_i > M_h$ and $M_j \approx \text{keV}$, this decay can produce keV sterile neutrinos (DM) while N_i are in thermal equilibrium

$$\Omega_{\text{DM}} h^2 \simeq \frac{1.07 \times 10^{27}}{g_*^{3/2}} \sum_I g_I \frac{m_s \Gamma(N_I \rightarrow \text{DM} + \text{anything})}{m_I^2} \varepsilon(m_I)$$

A. Abada, G. Arcadi and M.L., arXiv:1406.6556 [hep-ph]

For general freeze-in studies, see e.g. L. J. Hall, K. Jedamzik, J. March-Russell and S. M. West, arXiv:0911.1120 [hep-ph]; X. Chu, T. Hambye and M. H. G. Tytgat, arXiv:1112.0493 [hep-ph]; X. Chu, Y. Mambrini, J. Quevillon and B. Zaldivar, arXiv:1306.4677 [hep-ph]; M. Klasen and C. E. Yaguna, arXiv:1309.2777 [hep-ph]; M. Blennow, E. Fernandez-Martinez and B. Zaldivar, arXiv:1309.7348 [hep-ph]

The ϵ suppression function

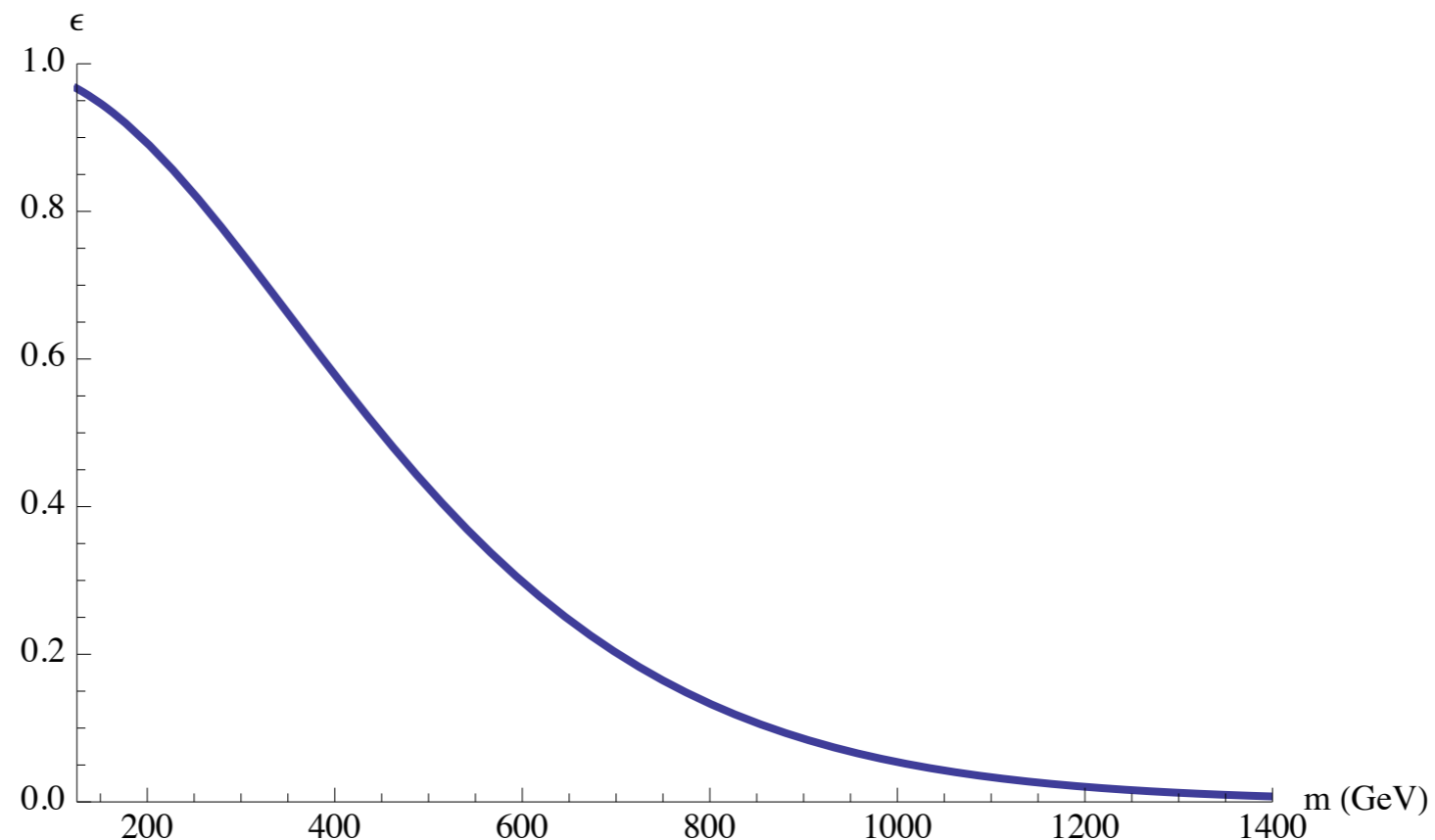
The function ϵ takes into account the fraction of decays taking place **after** electroweak symmetry breaking

$$\epsilon(m_I) = \frac{2}{3\pi} \int_0^\infty f(x_I)^2 x_I^3 K_1(x_I) dx_I, \quad x_I = \frac{m_I}{T}$$

with $f(x_I)$ tracking the evolution of Higgs vev with temperature

M. D'Onofrio, K. Rummukainen and A. Tranberg, arXiv:1404.3565 [hep-ph]

$$\frac{v(T)}{v(T=0)} = \begin{cases} 1 & T < T_{\text{EW}} \\ 8 - \frac{m_I}{20x_I} & T_{\text{EW}} \leq T \leq 160 \text{ GeV} \\ 0 & T > 160 \text{ GeV} \end{cases} \quad T_{\text{EW}} \approx 140 \text{ GeV}$$



Reproducing neutrino data

To conveniently reproduce neutrino oscillation data we employ the Casas-Ibarra parametrisation

J. A. Casas and A. Ibarra, arXiv:hep-ph/0103065 [hep-ph]

$$m_D \equiv vF = -i U_{\text{PMNS}}^* \sqrt{\hat{m}_\nu} R \sqrt{M}$$

Yukawa couplings

Mixing matrix

Light neutrino masses

Heavy neutrino masses

where R is an orthonormal matrix parametrised by 3 complex angles ω_{ij}

$$R = V_{23} V_{13} V_{12}, \quad \text{with} \quad V_{12} = \begin{pmatrix} \cos \omega_{12} & \sin \omega_{12} & 0 \\ -\sin \omega_{12} & \cos \omega_{12} & 0 \\ 0 & 0 & 1 \end{pmatrix},$$

Two dark matter populations

Dodelson-Widrow production

$$\Omega_{\text{DM}}^{\text{DW}} h^2 = 0.11 \cdot 10^5 \frac{M_1}{\text{keV}} \sum_{\alpha} C_{\alpha}(M_1) \left| \left(U_{\text{PMNS}}^* \sqrt{\frac{\hat{m}}{\text{eV}}} R \right)_{\alpha 1} \right|^2$$

$\Omega_{\text{DM}} < 0.12$ sets strong upper bounds on R_{i1}

Freeze-in production

$$\Omega_{\text{DM}}^{\text{FI}} h^2 = 2.16 \cdot 10^{22} \sum_{J=2,3} \left| \left(R^{\dagger} \frac{\hat{m}}{v} R \right)_{1J} \right|^2 g_J \left(1 - \frac{m_h^2}{M_J^2} \right)^2 \varepsilon(M_J),$$

For sub-eV neutrinos $(\hat{m}/v)^2 \lesssim 10^{-23}$ giving the correct abundance for $R \approx 1$

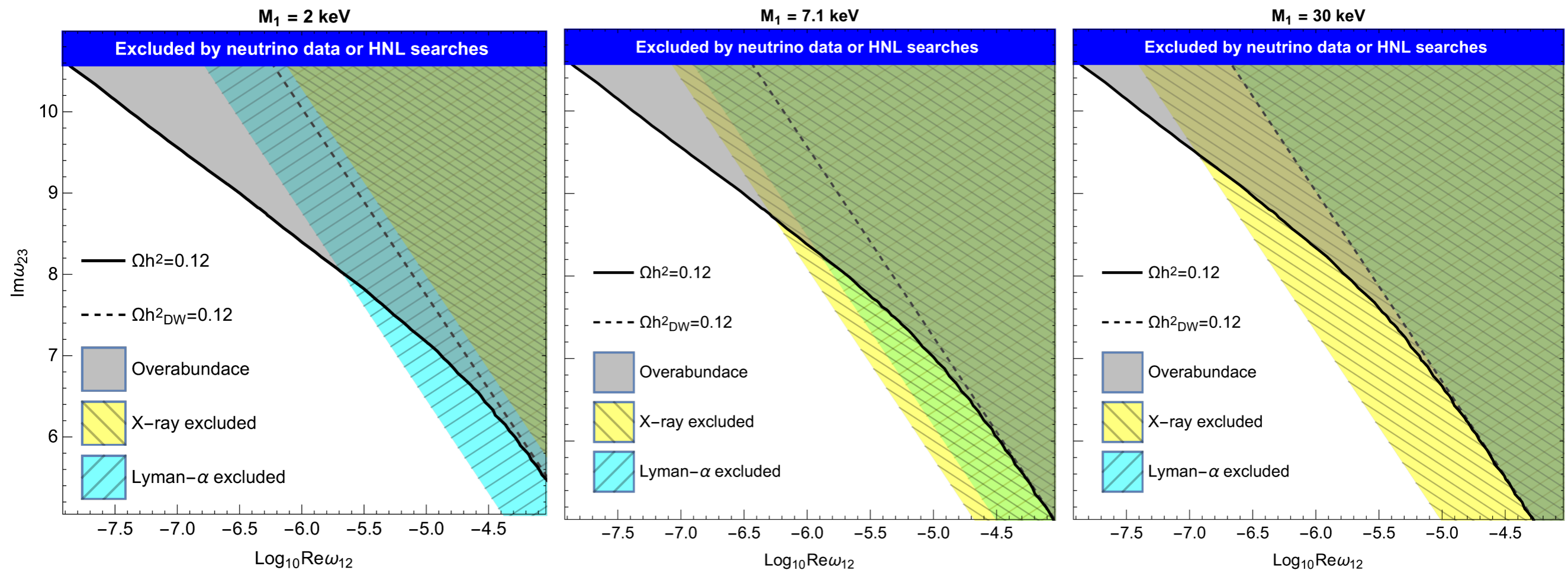
Freeze-in produced DM has a colder spectrum than DW

A. Boyarsky, M. Drewes, T. Lasserre, S. Mertens and O. Ruchayskiy, arXiv:1807.07938 [hep-ph]; A. Abada, G. Arcadi and M. Lucente, arXiv:1406.6556 [hep-ph]; F. Bezrukov and D. Gorbunov, arXiv:1403.4638 [hep-ph]; M. Shaposhnikov and I. Tkachev, arXiv:hep-ph/0604236 [hep-ph]; A. Merle and M. Totzauer, arXiv:1502.01011 [hep-ph]; J. Heeck and D. Teresi, arXiv:1706.09909 [hep-ph]

Example of solutions

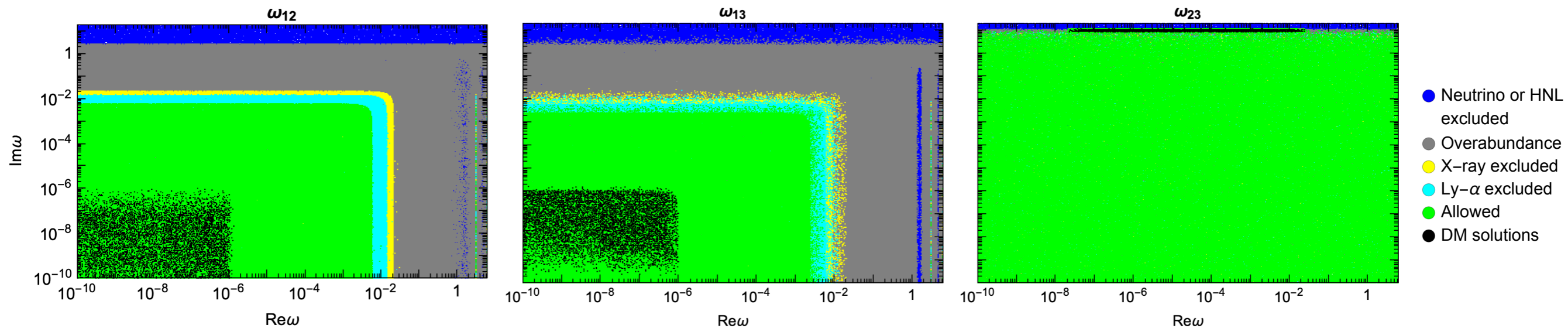
We fix for definitiveness the neutrino oscillation parameters to their best-fit values in the NO case

and $m_1 = 0$, $M_2=M_3=300$ GeV, $\omega_{13}=0$, $\text{Im}\omega_{12}=0$, $\text{Re}\omega_{23}=0$



No solution for $M_1 > 60$ keV ($M_1 > 49$ keV for IO)

General structure of solutions



$$M_1 \approx \text{keV}$$

$$M_{23} > 125 \text{ GeV}$$

Hierarchy of masses

$$|\omega_{1j}| \ll 1$$

$$\text{Im}\omega_{23} \simeq 10$$

Hierarchy in the CI complex angles

Fine-tuned solutions?

Lepton number symmetry

In the limit

$$M_1 \rightarrow 0$$

$$\omega_{1i} \rightarrow 0$$

$$M_2 \rightarrow M_3$$

$$\omega_{23} \rightarrow \pm i\infty$$

the Lagrangian acquires a global lepton number symmetry. The mass spectrum becomes

- 3 massless active neutrinos
- 1 massless decoupled state N_1
- 1 Dirac heavy neutrino (linear combination of N_2 and N_3)

Approximate lepton number symmetry

Because neutrinos have (tiny) masses, the symmetry must be broken at some level. In the scenario:

$$\begin{array}{ll} M_1 \ll M_{2,3} & |\omega_{1i}| \ll 1 \\ M_2 \simeq M_3 & |\text{Im } \omega_{23}| \gg 1 \end{array}$$

the mass spectrum features

- 3 light (massive) active neutrinos
- 1 light sterile neutrino with mass M_1 (e.g. keV)
- 2 heavy Majorana neutrinos with almost degenerate masses forming a pseudo-Dirac pair (e.g. EW scale)

Moreover, the approximate symmetry protects light neutrino masses from large loop corrections even if sizeable Yukawas are present