Cosmological Probes of Dark Radiation from Neutrino Mixing



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Based on IJA, Aloni, Schöneberg 2404.16822

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Cosmo Probes of DR



Dark Radiation and the Hubble Tension



2 Dark Radiation from Neutrino Mixing





Dark Radiation and the Hubble Tension

Dark Radiation from Neutrino Mixing



Dark Radiation and the Hubble Tension $_{O \bullet O O}$

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Results 000000

ACDM and the Hubble Tension

$\Lambda CDM model$



(from Planck 18 results, Aghanim et al 18)

- 6 free parameters
- Agreement between CMB, BAO, LSS

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Results

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Known tension with some direct measurements of expansion rate H_0 :



(adapted from Di Valentino et al 21)

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Simple Adjustment: Dark Relativistic Species $\Delta N_{\rm eff}$

Adding dark radiation to ACDM has been considered:

$$\Delta N_{\rm eff} \equiv \rho_{\rm DR} / \rho_{\nu,1} \tag{1}$$

- Free streaming radiation constrained heavily by CMB
- Strongly self-interacting (fluid) a bit less, still constrained**
- Known degeneracy with the value of H_0



(IJA + Notari + Rompineve 2404.15220)

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- Known degeneracy with the value of H_0
- ** Note updated constraints with DESI BAO



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Dark Radiation with Mass Threshold (Step)

- Coupled light species, some with a mass m
- Gives rise to a relativistic sector with a step in abundance (Aloni et al 2021)
- Effect of step: high ℓ modes "see" smaller $\Delta N_{\rm eff}$



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Constraint relaxes further

- ΔN_{eff} < 0.4 (95% C.L.)
- $\bullet \ \rightarrow \Delta \textit{N}_{eff} < 0.55$





2 Dark Radiation from Neutrino Mixing



Neutrino Mixing Model

Consider dark radiation that mixes with standard model neutrinos:

- New component: dark fermion ν_d
 - Nonzero, but small ($\mathcal{O}(eV)$) mass m_{ν_d}
 - Nonzero mixing angle θ_0 with SM neutrinos ν
- New component: dark scalar ϕ
 - Massless $m_{\phi} = 0$
 - Strong self-interactions and with ν_d , coupling α_d

Three microphysical parameters: m_{ν_d} , θ_0 , α_d

Background Evolution

- Begin with unpopulated dark sector
- Oscillations from $\nu \rightarrow \nu_d$ decohere because of strong interactions with ϕ , overall rate:

$$\Gamma_{\nu \to \nu_d} \approx P_{\rm osc}(\nu \to \nu_d) \times \Gamma_{\rm DS} \tag{2}$$

(Aloni et al 23)

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- Start to populate DS when $\Gamma/H \sim 1$ until reach thermal equilibrium
- At mass threshold, step occurs AND oscillations/ ν interactions shut off

Dark Radiation and the Hubble Tension

Dark Radiation from Neutrino Mixing

Results

Dynamically Thermalized for wide range of θ_0

• Explains a mechanism for DR production after big bang nucleosvnthesis



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Strong vs. Weak Coupling



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Dark Radiation from Neutrino Mixing

Markov Chain Monte Carlo

Cosmologies are computed with modified Einstein-boltzmann solver CLASS: (Blas + Lesgourgues + Tram 11) MCMC analysis using MontePython (Audren et al 12, Brinckmann + Lesgourgues 18)

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Datasets considered:

Baseline: CMB TT, TE, EE, and lensing from *Planck*, BAO from 6DFGS, BOSS, and WiggleZ, and Supernovae from *Pantheon*+ (Aghanim et al 18 | Beutler et al 11, Ross et al 15, Alam et al 17 | Scolnic et al 22)

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- +SH0ES: SH0ES measurement of instrinsic SNIa mag. (Riess et al 22) (combined consistently with Pantheon)

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Results

Strong Coupling Regime $\alpha_d \geq 1$



(IJA, Aloni, Schöneberg 24)

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Dark Radiation from Neutrino Mixing

Results

Strong Coupling Regime $\alpha_d \geq 1$

• Data constrain thermalization to after CMB



(IJA, Aloni, Schöneberg 24)

Dark Radiation from Neutrino Mixing

Results

Strong Coupling Regime $\alpha_d \geq 1$

- Data constrain thermalization to after CMB
- In constrast with previous studies showing preference for ν interactions (e.g. Kreisch et al 19 | Camarena et al 23 | He et al 23)



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Results

Neutrino Anomalies?



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Results 000000

Weak Coupling Limit and the Hubble Tension



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Summary

- Dark Radiation is known to alleviate Hubble tension, even preferred by new data
- DR with mass threshold can do better
- Production after BBN is attractive feature: thermalization via neutrino interactions
- Late thermalization preferred by data, early allowed with early decoupling (strong coupling)
- Provides unique partial thermalization regime preferred by data (weak coupling)

Hubble	Tension
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Neutrino Mixing

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H_0 Tension



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DESI Constraints on DR and H_0 tension



Lowest tension when DR is fluid, and when produced after BBN \rightarrow justifies a combined fit with SH0ES (IJA + Notari + Rompineve 24)

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Hubble Tension in light of DESI + DR





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Hubble	

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Low m_{ν_d} Limit



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High m_{ν_d} Limit



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Boltzmann Equations

$$\frac{\partial f_{\nu}}{\partial \ln a} - p \frac{\partial f_{\nu}}{\partial p} = -\frac{\langle \Gamma_{\text{ph.}} \rangle}{H} (f_{\nu} - f_{\nu d}) , \qquad (3)$$
$$\frac{\partial f_{\nu d}}{\partial f_{\nu d}} = n \frac{\partial f_{\nu d}}{\partial f_{\nu d}} - \frac{g_{\nu}}{g_{\nu}} \frac{\langle \Gamma_{\text{ph.}} \rangle}{(f_{\nu} - f_{\nu})} (f_{\nu} - f_{\nu}) + C \quad (f_{\nu} - f_{\nu}) = 0$$

$$\frac{\partial v_{\nu d}}{\partial \ln a} - p \frac{\partial v_{\nu d}}{\partial p} = \frac{g_{\nu}}{g_{\nu d}} \frac{\langle v_{\mu l, \gamma}}{H} (f_{\nu} - f_{\nu d}) + C_{\nu_d - \phi} [f_{\nu_d}, f_{\phi}] , \quad (4)$$

$$\frac{\partial f_{\phi}}{\partial \ln a} - p \frac{\partial f_{\phi}}{\partial p} = -\frac{g_{\nu d}}{g_{\phi}} C_{\nu_d - \phi}[f_{\nu_d}, f_{\phi}] + C_{\phi^n}[f_{\phi}] , \qquad (5)$$

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Background Evolution/Thermalization

$$\frac{\partial \ln T_{\nu}}{\partial \ln a} + 1 = -\frac{1}{4} \frac{\langle \Gamma_{\text{ph.}} \rangle}{H} \left[1 - \frac{R_{3,\nu_d}}{R_{3,\nu_d,[T \to T_{\nu}]}} \right] , \qquad (6)$$

$$\frac{\partial \ln T_{\text{DS}}}{\partial \ln a} + \frac{\rho_{\text{DS}} + P_{\text{DS}}}{\rho_{\text{DS}} + R_{0,DS}} = \frac{\rho_{\nu}}{3(\rho_{\text{DS}} + R_{0,DS})} \frac{\langle \Gamma_{\text{ph.}} \rangle}{H} \left[1 - \frac{R_{3,\nu_d}}{R_{3,\nu_d,[T \to T_{\nu}]}} \right]$$

$$(7)$$

$$3R_{n,\xi} \equiv \frac{g_{\xi}}{(2\pi)^3} \int_0^\infty \mathrm{d}^3 p \left[\frac{E^3}{p^2}\right] \left(\frac{p}{E}\right)^n f_{\xi}(E,T) , \qquad (8)$$

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Neutrino Perturbations

Neutrino Mixing

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DS Perturbations

$$\frac{\partial \delta_{\rm DS}}{\partial \tau} + (1 + w_{\rm DS}) \left(\theta_{\rm DS} - 3\dot{\phi}_{CN} \right) + 3\mathcal{H} \left(c_{s,DS}^2 - w_{\rm DS} \right) \delta_{\rm DS} = 4\mathcal{H} \left[\frac{\partial \ln(aT_{\nu})}{\partial \ln a} \frac{\rho_{\nu}}{\rho_{\rm DS}} \right] \delta_{\rm DS} + a \langle \Gamma_{\rm ph.} \rangle \frac{\rho_{\nu}}{\rho_{\rm DS}} \left[\delta_{\nu} - \frac{4\delta_{\rm DS}}{3(1 + w_{R_0,DS})} \right]$$
(12)

$$\frac{\partial \theta_{\rm DS}}{\partial \tau} - k^2 \frac{c_{s,DS}^2}{1 + w_{\rm DS}} \delta_{\rm DS} + \mathcal{H} \left(1 - 3c_{s,DS}^2 \right) \theta_{\rm DS} + k^2 \psi_{CN} = 4\mathcal{H} \left[\frac{\partial \ln(aT_{\nu})}{\partial \ln a} \frac{\rho_{\nu}}{\rho_{\rm DS}} \right] \theta_{\rm DS} + a \langle \Gamma_{\rm ph.} \rangle \left[\frac{4\rho_{\nu}}{3(\rho_{\rm DS} + P_{\rm DS})} \right] (\theta_{\nu} - \theta_{\rm DS})$$
(13)

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Interaction Rate

$$\langle \Gamma_{\rm ph.} \rangle = \frac{\frac{1}{4} \sin^2 2\theta_0 \left(3c_{\Gamma} T_{\nu}^5 G_F^2 + \alpha_d^2 \frac{T_d^2}{T_{\nu}} \right)}{\left(\cos 2\theta_0 + \alpha_d \frac{T_d^2}{m_{\nu d^2}} + 18c_V \frac{G_F^2 T_{\nu}^5}{m_{\nu d}^2} \right)^2 + \sin^2 2\theta_0} \times e^{-m_{\nu d}/T_{\nu}} .$$
(14)

Neutrino Mixing

Results

SDR Dynamics

Strong 3 ν



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Neutrino Mixing

Results 0●000000

SDR Dynamics

Strong 1 ν



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Results 00●00000

SDR Dynamics

Strong Bimodal



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Results 000●0000

SDR Dynamics

Anomaly



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Results 0000●000

SDR Dynamics

Weak 3 ν



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Results 00000●00

SDR Dynamics

Weak 1 ν



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	Hubble Tension Neut	rino Mixing 0000	Results 000000●0	SDR 1 00	Dynamic
Model		Dataset	Best-fit χ^2	$\Delta \chi^2$	
		baseline	4192.1	0	
	ACDIVI	baseline+SH0ES	4102.3	0	
	• <u>1</u>	baseline	4191.5	-0.6	
	$\alpha_d = 1$, narrow prior	baseline+SH0ES	4102.0	-0.3	
	$\alpha_{d} = 1$, 1ν interaction	baseline	4189.3	-1.8	
	$\alpha_d = 1$, broad prior	baseline	4191.2	-0.9	
	$\alpha_{d} = 1$, IDR limit	baseline	4195.2	+3.1	
	$\alpha_{d} = 1$, multimodal	baseline	4193.1	+1.0	
Anomaly		baseline	4191.8	-0.3	
		baseline+SH0ES	4099.7	-2.6	
narrow prior		baseline	4190.5	-1.6	
		baseline+SH0ES	4091.4	-10.9	
		baseline	4190.3	-1.8	
		baseline+SH0ES	4087.6	-14.7	
	1	baseline	4191.3	-0.8	
	1V Interaction	baseline+SH0ES	4093.4	-8.9	
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Hubble Tension	Neutrino Mixing 0000000	Results 0000000●

Model	Dataset	H ₀	$\Omega_m h^2$	ns	$\log_{10}(\theta_0)$	$\log_{10}(\alpha_d)$	$\log_{10}(m_{\nu d}/eV)$
ACDM	baseline	67.84 ± 0.41	0.14232 ± 0.00088	0.9641 ± 0.0037	—	_	_
ACDIVI	+SH0ES	68.81 ± 0.39	0.14059 ± 0.00080	0.9691 ± 0.0037	—	—	—
norrow prior	baseline	67.86 ± 0.41	$0.14246^{+0.00089}_{-0.00092}$	$0.9651^{+0.0040}_{-0.0043}$	< -13	_	Unconstrained
narrow prior	+SH0ES	68.89 ± 0.41	0.14096 ± 0.00098	$0.9722^{+0.0061}_{-0.0056}$	< -13	_	Unconstrained
1ν interaction	baseline	67.90 ± 0.42	0.14254 ± 0.00093	0.9654 ± 0.0043	< -13	_	Unconstrained
broad prior	baseline	67.84 ± 0.41	0.14232 ± 0.00085	0.9641 ± 0.0037	< -11	—	Unconstrained
IDR limit	baseline	69.64 ± 0.44	0.14735 ± 0.00092	0.9559 ± 0.0045	-10.4 ± 1.1	_	$3.01^{+0.64}_{-0.54}$
multimodal	baseline	$69.17^{+0.74}_{-0.89}$	$0.1460^{+0.0019}_{-0.0025}$	0.9566 ± 0.0055	-11.6 ± 1.7	_	> 1.5
Anomaly	baseline	68.15 ± 0.41	0.14293 ± 0.00091	0.9590 ± 0.0059	_	-13.12 ± 0.35	_
Anomaly	+SH0ES	69.14 ± 0.41	0.14146 ± 0.00088	0.9613 ± 0.0074	_	$-13.29^{+0.47}_{-0.44}$	_
norrow prior	baseline	68.19 ± 0.49	0.1434 ± 0.0012	0.9643 ± 0.0062	< -1.2	$-13.3^{+1.2}_{-1.0}$	$0.11^{+0.48}_{-0.59}$
narrow prior	+SH0ES	69.63 ± 0.49	0.1440 ± 0.0015	0.9738 ± 0.0047	< -1.5	$-12.72^{+0.52}_{-0.44}$	$0.60^{+0.14}_{-0.11}$
	baseline	67.90 ± 0.42	0.14244 ± 0.00088	0.9639 ± 0.0038	< -1.3	< -11	Unconstrained
	+SH0ES	70.53 ± 0.41	$0.14653^{+0.00093}_{-0.00095}$	$0.9494^{+0.0050}_{-0.0048}$	< -1.6	-9.84 ± 0.93	1.77 ± 0.13
1. interaction	baseline	68.00 ± 0.46	0.14268 ± 0.00099	0.9633 ± 0.0040	< -2.0	< -9.7	> 0.40
10 interaction	+SH0ES	69.38 ± 0.42	$0.14273^{+0.00100}_{-0.00095}$	0.9619 ± 0.0051	< -1.1	-9.8 ± 1.3	> 0.72

Neutrino Mixing

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SDR Background

$$w(z) \equiv \frac{p(z)}{\rho(z)}, \quad c_s^2(z) \equiv \frac{dp(z)/dz}{d\rho(z)/dz}, \tag{15}$$

$$r_g \equiv \frac{g_*^{z \gg z_t} - g_*^{z \ll z_t}}{g_*^{z \ll z_t}} = \left(\frac{\Delta N_{\text{eff}}^{\text{IR}}}{\Delta N_{\text{eff}}^{\text{UV}}}\right)^3 - 1, \tag{16}$$

$$T_d^{\text{IR,UV}} \simeq 0.5 \left(\frac{2}{g_*^{\text{IR,UV}}}\right)^{\frac{1}{4}} \left(\frac{\Delta N_{\text{eff}}^{\text{IR,UV}}}{0.3}\right)^{\frac{1}{4}} T_{\text{SM}}. \tag{17}$$

Neutrino Mixing

Results 00000000 SDR Dynamics ○●

SDR Perturbations

$$\dot{\delta} = -(1+w)(\theta + \frac{\dot{h}}{2}) - 3\mathcal{H}(c_s^2 - w)\delta \tag{18}$$

$$\dot{\theta} = -\mathcal{H}(1-3w)\theta - \frac{\dot{w}}{1+w}\theta + \frac{c_s^2}{1+w}k^2\delta - k^2\sigma \qquad (19)$$