### CAN QCD-ENERGY-SCALE-TURBULENCE SOURCED GRAVITATIONAL WAVES BE DETECTED THROUGH PTAS?

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DPF-PHENO 2024

15 MAY, 2024

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### Credit: NANOGrav



Connection with High Energy Particle Physics – the best laboratory to test the energy scales EVEN near the Planck scale

- The very early universe (inflation)
- Topological defects/strings
- Cosmological phase transitions
  - Bubble nucleation/collisions
  - Sound waves
  - Hydro turbulence
  - MHD turbulence

Garcia Bellido et al. 2020



## EARLY UNIVERSE – GRAVITATIONAL WAVES



$$\Omega_{\rm GW}(t,f) = \frac{1}{\mathcal{E}_{\rm crit}(t)} \frac{\mathrm{d}\mathcal{E}_{\rm GW}}{\mathrm{d} \ln f}$$

#### Credit: CERN Courier, 2021

Sensitivity of current (solid) and future (dashed) gravitational-wave (GW) observatories to stochastic GW backgrounds (expressed in terms of the energy density fraction in the universe today). On the upper x-axis, the temperature in the early universe is given, which is obtained when the peak frequency of a GW signal is equal to the inverse of the expansion rate when GWs are emitted. Some example possible GW spectra from the early universe are also shown (pink, dashed). F. Rompineve/ arXiv:2101.12130/arXiv:2002.0461



Figure 1. Summary of the main Bayesian and optimal-statistic analyses presented in this paper, which establish multiple lines of evidence for the presence of Hellings–Downs correlations in the 15 yr NANOGrav data set. Throughout we refer to the 68.3%, 95.4%, and 99.7% regions of distributions as  $1\sigma/2\sigma/3\sigma$  regions, even in two dimensions. (a) Bayesian "free-spectrum" analysis, showing posteriors (gray violins) of independent variance parameters for a Hellings-Downs-correlated stochastic process at frequencies i/T, with T the total data set time span. The blue represents the posterior median and  $1\sigma/2\sigma$  posterior bands for a power-law model: the dashed black line corresponds to a  $\gamma = 13/3$  (SMBHB-like) power law, plotted with the median posterior amplitude. See Section 3 for more details. (b) Posterior probability distribution of GWB amplitude and spectral exponent in an HD power-law model, showing  $1\sigma/2\sigma/3\sigma$  credible regions. The value  $\gamma_{GWB} = 13/3$  (dashed black line) is included in the 99% credible region. The amplitude is referenced to  $f_{ref} = 1 \text{ yr}^{-1}$  (blue) and 0.1 yr<sup>-1</sup> (orange). The dashed blue and orange curves in the  $\log_{10}A_{GWB}$  subpanel show its marginal posterior density for a  $\gamma = 13/3$  model, with  $f_{ref} = 1 \text{ yr}^{-1}$  and  $f_{ref} = 0.1 \text{ yr}^{-1}$ , respectively. See Section 3 for more details. (c) Angular-separation-binned interpulsar correlations, measured from 2211 distinct pairings in our 67-pulsar array using the frequentist optimal statistic, assuming maximum-a-posteriori pulsar noise parameters and  $\gamma = 13/3$  common-process amplitude from a Bayesian inference analysis. The bin widths are chosen so that each includes approximately the same number of pulsar pairs, and central bin locations avoid zeros of the Hellings-Downs curve. This binned reconstruction accounts for correlations between pulsar pairs (Romano et al. 2021; Allen & Romano 2022). The dashed black line shows the Hellings-Downs correlation pattern, and the binned points are normalized by the amplitude of the  $\gamma = 13/3$  common process to be on the same scale. Note that we do not employ binning of interpulsar correlations in our detection statistics; this panel serves as a visual consistency check only. See Section 4 for more frequentist results. (d) Bayesian reconstruction of normalized interpulsar correlations, modeled as a cubic spline within a variable-exponent power-law model. The violins plot the marginal posterior densities (plus median and 68% credible values) of the correlations at the knots. The knot positions are fixed and are chosen on the basis of features of the Hellings-Downs curve (also shown as a dashed black line for reference): they include the maximum and minimum angular separations, the two zero-crossings of the Hellings-Downs curve, and the position minimum correlation. See Section 3 for more details

# Credit: NANOGrav 2023 $\Omega_{\rm GW}(f) = \frac{2\pi^2}{3H_0^2} f^2 h_c^2(f) = \Omega_{\rm GW}^{\rm yr} \left(\frac{f}{f_{\rm yr}}\right)^{5-\gamma_{\rm CP}}$

# NANOGRAV SIGNAL – POSSIBLE SOURCES

#### Astrophysical:

✓ Super massive black hole binary (SMBHB) (Phinney 2001):  $\gamma$ =13/3

#### Cosmological:

- ✓ Bubbles collisions (Kosowsky et. Al. 1993)
- ✓ Inflation (Vagnozzi 2020)
- ✓ Cosmic strings (Blanco-Pillado et al. 2020)
- ✓ Seed magnetic fields (Neronov et. al. 2020)
- Hydrodynamic and MHD Turbulence (Brandenburg et al. 2021)

### QCD energy scale

$$\frac{a_0}{a_{\star}} = 10^{12} \left(\frac{g_{S,\star}}{15}\right)^{\frac{1}{3}} \left(\frac{T_{\star}}{150 \text{ MeV}}\right)$$

 $f_H \simeq (1.8 \times 10^{-8} \text{Hz}) 10^{12} \left(\frac{g_{\star}}{15}\right)^{\frac{1}{3}} \left(\frac{T_{\star}}{150 \text{ MeV}}\right) \qquad H_{\star}^2 = \frac{8\pi G}{2} \mathcal{E}_{\text{rad},\star}$ 



The NANOGrav 15 yr Data Set: Evidence for a Gravitational-wave Background

 $\mathcal{E}_{\mathrm{rad},\star} = \frac{\pi^2 g_\star}{30} T_\star^4$ 



Clarke, et al. 2021 🥥

 $(c=k_B=\hbar=1)$ 

# QCD PHASE TRANSITIONS – GRAVITATIONAL WAVES





#### **Pioneering works:**

- Winicour 1973
- Hogan 1982, 1986
- Turner & Wilczek 1990
- Kosowsky, Turner, Watkins. 1992

Pulsar Timing Arrays (PTAs) are sensible to gravitational waves generated or present at QCD energy scales

Sazhin, 1978, Detweiler 1979

PHYSICAL REVIEW D

VOLUME 49, NUMBER 6

Gravitational radiation from first-order phase transitions

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We consider the stochastic background of gravity waves produced by first-order cosmological phase transitions from two types of sources: colliding bubbles and hydrodynamic turbulence. First we discuss the fluid mechanics of relativistic spherical combustion. We then numerically collide many bubbles expanding at a velocity v and calculate the resulting spectrum of gravitational radiation in the linearized gravity approximation. Our results are expressed as simple functions of the mean bubble separation, the bubble expansion velocity, the latent heat, and the efficiency of converting latent heat to kinetic energy of the bubble walls. A first-order phase transition is also likely to excite a Kolmogoroff spectrum of turbulence. We estimate the gravity waves produced by such a spectrum of turbulence and find that the characteristic amplitude of the gravity waves produced is comparable to that from bubble collisions. Finally, we apply these results to the electroweak transition. Using the one-loop effective potential for the minimal electroweak model, the characteristic amplitude of the gravity waves from the  $\Omega \sim 10^{-22}$  in gravity waves, far too small for detection. Gravity waves from more strongly first-order phase transition in nominimal models, have better prospects for detection, though probably not by LIGO.



#### NANOGrav 12.5yr data



# NANOGRAV & PHASE TRANSITIONS

PHYSICAL REVIEW LETTERS 127, 251302 (2021)

Editors' Suggestion Featured in Physics

### Searching for Gravitational Waves from Cosmological Phase Transitions with the NANOGrav 12.5-Year Dataset

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(NANOGrav Collaboration)



FIG. 1. In red (blue) the 1- $\sigma$  (68% posterior credible level), and 2- $\sigma$  (95% posterior credible level) contours for the two-dimensional posterior distributions in the ( $T_*, \alpha_*$ ) plane obtained in the BO (SWO). The BO analysis has been performed with the spectral shape computed by using the envelope approximation (left panel), semianalytic results (central panel), and numerical results (right panel). Specifically, we use (a, b, c) = (1, 2.61, 1.5) for the semianalytic results, and (a, b, c) = (0.7, 2.3, 1) for the numerical results.



$v_w$ Bubble wall velocityBubbles [58]Sound waves [59] $\Delta(v_w)$ $[0.48 v_w^3/(1+5.3 v_w^2+5 v_w^4)]$ $0.513 v_w$ $\kappa$ $\kappa_\phi$ $\kappa_{SW}$ $\rho$ 22 $q$ 21 $\mathcal{S}(x)$ $\{(a+b)^c/[bx^{-a/c}+ax^{b/c}]^c\}$ $x^3[7/(4+3x^2)]^{7/2}$ $f_*/\beta$ $[0.35/(1+0.07 v_w+0.69 v_w^4)]$ $(0.536/v_w)$	$T_* [GeV]  \alpha_*  H_*/\beta$	$T_*$ [GeV]Phase transition temperature $\alpha_*$ Phase transition strength $H_*/\beta$ Bubble nucleation rate		TABLE I. Parameters for the gravitational wave spectrum of Eq. (4). The values of the parameters $(a, b, c)$ in the spectral shape of the bubble contribution are reported in Table II.	
C. Hogan, 2006 $ \begin{array}{c} \Delta(v_w) & [0.48 v_w^3 / (1 + 5.3 v_w^2 + 5 v_w^4)] & 0.513 v_w \\ \kappa & \kappa_\phi & \kappa_{SW} \\ p & 2 & 2 \\ q & 2 & 1 \\ S(x) & \{(a + b)^c / [bx^{-a/c} + ax^{b/c}]^c\} & x^3 [7/(4 + 3x^2)]^{7/2} \\ f_* / \beta & [0.35/(1 + 0.07 v_w + 0.69 v_w^4)] & (0.536/v_w) \end{array} $	vw	Bubble wall velocity		Bubbles [58]	Sound waves [59]
	C.	. Hogan, 2006	$ \begin{array}{c} \Delta(v_w) \\ \kappa \\ p \\ q \\ S(x) \\ f_*/\beta \end{array} $	$ \begin{split} [0.48  v_w^3 / (1 + 5.3  v_w^2 + 5 v_w^4)] \\ & \kappa_\phi \\ & 2 \\ & 2 \\ & \{(a+b)^c / [bx^{-a/c} + ax^{b/c}]^c\} \\ & [0.35 / (1 + 0.07  v_w + 0.69 v_w^4)] \end{split} $	$\begin{array}{c} 0.513 v_w \\ \kappa_{\rm SW} \\ 2 \\ 1 \\ x^3 [7/(4+3x^2)]^{7/2} \\ (0.536/v_w) \end{array}$

# **GRAVITATIONAL WAVES – ANISOTROPIC STRESS**

Mon. Not. R. astr. Soc. (1987) 229, 357-370

$$\nabla^2 h_{ij}(\boldsymbol{x},t) - \frac{\partial^2}{\partial t^2} h_{ij}(\boldsymbol{x},t) = -16\pi G S_{ij}(\boldsymbol{x},t)$$

Generation of gravitational waves by the anisotropic phases in the early Universe

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Magnetic fields; Turbulence (hydro & MHD)



Greenwald, 2022

# WHY PRIMORDIAL MAGNETIC FIELDS?

- cosmic seed magnetic fields
  - astrophysical seeds
  - cosmological seeds
- observations
  - Fermi data blazars spectra



E. Fermi *"On the origin of the cosmic radiation",* PRD, 75, 1169 (1949)

F. Hoyle in Proc. *"La structure et l'evolution de 'Universe"* (1958)





Vazza et al. 2018



Borlaff et al. 2021

Durrer 2008



### **OBSERVATIONS: FERMI DATA**



# **RECENT BLAZARS SPECTRA OBSERVATIONS:**



**E. Vovk, et al.** "Constraint on intergalactic magnetic field from Fermi/LAT observations of the "pair echo" of GRB 221009A" Astron.Astrophys. 683 A25 (2024)

Fig. 2. from Vovk et al. 2024: Lower bound on IGMF derived from the GRB 221009A (red line), compared to existing bounds form  $\gamma$ -ray, radio, CMB and UHECR observations and predictions of the cosmological evolution models. The CMB upper bounds are from Planck (Planck Collaboration et al. 2016) and from the analysis of Jedamzik & Saveliev (2019). UHECR upper bound is from Neronov et al. (2021). MAGIC lower bound is from Acciari et al. (2023). Green-shaded area shows the range of predictions for the endpoints of cosmological evolution of primordial magnetic fields. BJ04 is from Banerjee & Jedamzik (2004), HS22 is from Hosking & Schekochihin (2022).

Aharonian, F., et al. (Fermi-LAT, H. E. S. S), "Constraints on the intergalactic magnetic field using Fermi-LAT and H.E.S.S. blazar observations". Astrophys. J. Lett. 950, L16 (2023)

V. A. Acciari et al. [MAGIC Collaboration] "A Lower Bound on Intergalactic Magnetic Fields from Time Variability of 1ES 0229+200 from MAGIC and Fermi/LAT Observations" Astron. Astrophys. 670 A145 (2023)

**S. Archambault et al.** [VERITAS Collaboration], "Search for Magnetically Broadened Cascade Emission From Blazars with VERITAS," Astrophys. J. 835, 288 (2017)

M. Ackermann, et al. [Fermi-LAT Collaboration], "The Search for Spatial Extension in High-latitude Sources Detected by the Fermi Large Area Telescope," Astrophys. J. Suppl. 237, 32 (20)8)

### GRAVITATIONAL WAVES FROM PRIMORDIAL TURBULENCE (AND/OR) MAGNETIC FIELDS

$$\nabla^2 \delta \rho(\mathbf{x}, t) - \frac{1}{c_s^2} \frac{\partial^2}{\partial t^2} \delta \rho(\mathbf{x}, t) = -\frac{\partial^2}{\partial x^i \partial x^j} T^{ij}(\mathbf{x}, t), \quad c_s^2 = \frac{\partial p}{\partial \rho}$$

$$\nabla^2 h_{ij}(\boldsymbol{x},t) - \frac{\partial^2}{\partial t^2} h_{ij}(\boldsymbol{x},t) = -16\pi G S_{ij}(\boldsymbol{x},t), \quad c = 1$$



#### Aero-acoustic approximation:

sound waves generation by turbulence
 gravitational waves generation

Lighthill, 1952; Proudman 1952 Kosowsky, et al, 2002, Dolgov, et al. 2002

#### **Parameters:**

 $\tau_{T}$  turbulence lasting time  $k_{0}$  stirring scale  $M = v_{0}/c$  - Mach number  $R^{3/4} = k_{d}/k_{0}$  - Reynolds number

#### Gogoberidze, et al 2007



FIG. 1. The spectrum of gravitational radiation from turbulence. The three solid lines are for different Mach numbers, with M = 0.01, M = 0.1, and M = 1 from lowest to highest amplitude. Note that these three cases have also been scaled by a factor of  $M^{-3/2}$  for display, since this is how the low-frequency tail scales with M. The dotted lines, which are virtually indistinguishable from the solid lines except for the M = 1 case, show the k = 0 approximation to the gravitational wave source.



$$f = 1.65 \times 10^{-3} \,\mathrm{Hz} \left(\frac{\omega_*}{k_0}\right) \left(\frac{g_*}{100}\right)^{1/6} \left(\frac{\gamma}{0.01}\right)^{-1} \left(\frac{T_*}{100 \,\mathrm{GeV}}\right), \qquad \gamma H_*^{-1} = 2\pi/k_0, \qquad \zeta H_*^{-1} = \tau_T;$$
$$h_c(f) = 1.28 \times 10^{-19} \left(\frac{100 \,\mathrm{GeV}}{T_*}\right) \left(\frac{100}{g_*}\right)^{1/3} \left(\frac{\gamma}{0.01}\right)^{3/2} \left(\frac{\zeta}{0.01}\right)^{1/2} \left[k_0^3 \omega_*(f) H_{ijij}(\omega_*(f), \omega_*(f))\right]^{1/2}$$

### PROBING MAGNETOGENESIS SCENARIOS

- GRAVITATIONAL WAVES
   PROPAGATE ALMOST FREELY AND
   RETAIN THE INFORMATION ABOUT
   THE SOURCE AND PHYSICAL
   PROCESSES
  - FREQUENCY DETERMINES THE SOURCE CHARACTERISTIC LENGTH (TIME) SCALE
  - AMPLITUDES THE SOURCE EFFICIENCY AND ENERGETICS.

$$f_{GW} = 2/l_S \qquad N_b = \frac{H^{-1}}{l_S}$$

- -> helical turbulence
  - Hydrodynamics
     (kinetic)
     turbulence
  - MHD (magnetic dominant)





### **Magnetic helicity**

$$H_B(t) = \int d^3x \mathbf{A} \cdot \nabla \times \mathbf{A},$$

 If the parity in the early universe is violated – relic gravitational waves are polarized.

# WHY NUMERICAL MODELING NEEDED?

### TO ACCOUNT PROPERLY NON-LINEAR PROCESSES (MHD)

- ✓ NOT BE LIMITED BY THE SHORT DURATION OF THE PHASE TRANSITIONS
- ✓ TWO STAGES TURBULENCE DECAY
  - FORCED TURBULENCE
  - FREE DECAY
- ✓ THE SOURCE IS PRESENT TILL
   RECOMBINATION (AFTER THE FIELD IS FROZEN IN)
- ✓ RESULTS STRONGLY INITIAL CONDITIONS DEPENDENT

$$\left(\frac{\partial^2}{\partial t^2} - c^2 \nabla^2\right) h_{ij}^{\rm TT} = \frac{16\pi G}{a^3 c^2} T_{ij}^{\rm TT}, \qquad \text{Grishchuk 1974}$$

$$dt_{phys} = adt$$
  $h_{ij}^{TT} = ah_{ij}^{TT,phys}$ 





FIG. 2: Magnetic and GW energy spectra for run ini2 averaged over late times (t > 1.1), after the GW spectrum have started to fluctuate around a steady state, with  $\Omega_{\rm M}^{\rm max} \approx 0.12$  and  $\Omega_{\rm GW}^{\rm sat} \approx 2 \times 10^{-9}$ .

Roper Pol et al. 2019,

Gogoberidze et al. 2007

### WHY NUMERICAL MODELING NEEDED?

 ✓ IT IS ASSUMED THE STATIONARY TURBULENCE WHILE IN REALITY TURBULENCE DECAYS

 $\mathcal{E}_{\mathrm{M}}(t) = \mathcal{E}_{\mathrm{M}}^{\mathrm{max}} \left(1 + \Delta t/\tau\right)^{-p}$ 

✓ THREE STAGES OF GENERATION





FIG. 1: Evolution of magnetic energy (top) and growth of GW energy density (bottom) for simulations where the driving is turned off at t = 1.1 (black dotted line), or the strength of the driving is reduced linearly in time over the duration  $\tau = 0.2$  (green), 0.5 (blue), 1 (red), or 2 (black). Time is in units of the Hubble time at the moment of source activation.

FIG. 2: Evolution of (a)  $\Omega_{\rm K}$ , (b)  $\epsilon_{\rm K}$ , and (c)  $\Omega_{\rm GW}$  for kinetically driven cases with  $\sigma = 0$  (black), 0.5 (blue), and 1 (red), and of (d)  $\Omega_{\rm M}$ , (e)  $\epsilon_{\rm M}$ , and (f)  $\Omega_{\rm GW}$  for magnetically driven cases with  $\sigma = 0$  (black), 0.3 (blue), and 1 (red).

Kahniashvili et al. 2020

# PRIMORDIAL MAGNETIC FIELDS LIMITS FROM BBN

EXTRA RADIATION LIKE ENERGY DENSITY LESS THAN ~3% OF THE RADIATION ENERGY DENSITY AT BBN

$$rac{
ho_{
m add}}{
ho_{
m rad}} = 0.277 \left(rac{\Delta N_{
m eff}}{0.122}
ight); \quad \Delta N_{eff} = N_{
m eff} - N_{
m eff}^{
u}$$

- THE UPPER BOUND ON THE MAGNETIC (EFFECTIVE) AMPLITUDE ORDER OF MICROGAUSS AT BBN
- > ACCOUNTING FOR THE MAGNETIC FIELD DECAY:
  - THE MAGNETIC ENERGY DENSITY DOES NOT EXCEED THE RADIATION ENERGY DENSITY AT THE MOMENT OF GENERATION
  - ✤ BBN BOUNDS ARE SATISFIED



Figure 9: BBN bounds on the QCD phase transition generated initial field strength marked by horizontal dashed lines. For the non-helical cases, the initial energy density bound is more constraining than the BBN bound. Courtesy: Emma Clarke

Credit: Emma Clarke

### GRAVITATIONAL WAVES FROM PRIMORDIAL TURBULENCE





FIG. 3:  $E_{\rm M}$  (solid) and  $E_{\rm K}$  (dashed) in MHD with fractional helicity and  $\alpha = 2$  (a), as well as full helicity and  $\alpha = -1$  (d), together with compensated spectra (b,e) and the pq diagrams (c,f).



#### Brandenburg & Kahniashvili 2017

Kahniashvili et al. 2022

# **CONCLUSIONS AND TAKE HOME COMMENTS**

- PTA OFFERS AN UNIQUE POSSIBILITY TO RECONSTRUCT THE INITIAL CONDITIONS AROUND QCD SCALE
- DETERMINE GRAVITATIONAL SIGNAL PROPERTIES THAT WILL ALLOW SEPARATION OF ASTROPHYSICAL AND COSMOLOGICAL BACKGROUNDS (ANISOTROPY, POLARIZATION, SPECTRAL SHAPE, NON-GAUSSIANITY...)
- IMPROVE THE MAGNETIC FIELDS OBSERVATIONS IN VOIDS AND FILAMENTS (TESTING MAGNOGENESIS MODELS)
- ADVANCE NUMERICAL SIMULATIONS TECHNIQUE TO MODEL PRIMORDIAL MAGNETIC FIELDS AND TURBULENCE; DETERMINE THE MECHANISMS INSURING THE PRESENCE OF VIABLE MAGNETIC FIELD/TURBULENT SOURCES IN THE EARLY UNIVERSE AND CORRESPONDINGLY CORRECT INITIAL CONDITIONS
- ADVANCE OUR UNDERSTANDING
  - PRIMORDIAL MAGNETOGENESIS
  - ✤ BUBBLE COLLISIONS/NUCLEATION MORE REALISTIC MODELS
  - SOUND WAVES AS A SOURCE FOR TURBULENCE
  - ✤ AXIONS DRIVEN TURBULENCE AND AXION LIKE PARTICLES DRIVEN INFLATIONARY NEW PHYSICS



### THANK YOU!

# QUESTIONS? COMMENTS?

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 $\bigcirc$ 

### **GRAVITATIONAL WAVES POLARIZATION**

$$\mathcal{P}(k) = \frac{\langle h_+^{\star}(\mathbf{k})h_+(\mathbf{k}') - h_-^{\star}(\mathbf{k})h_-(\mathbf{k}')\rangle}{\langle h_+^{\star}(\mathbf{k})h_+(\mathbf{k}') + h_-^{\star}(\mathbf{k})h_-(\mathbf{k}')\rangle} = \frac{\mathcal{H}(k)}{H(k)}.$$

POLARIZATION SPECTRUM
 RETAINS INFORMATION ON
 PARITY VIOLATION AT LARGE
 WAVELENGTHS

O INVERSE CASCADING?



 $\begin{array}{c}
1.0\\
0.8\\
0.6\\
0.4\\
0.2\\
0.0\\
0 & 2 & 4 & 6 & 8 & 10 \\
\end{array}$ 

Ellis et al. 2020

✓ ASSUMING STATIONARY
 KOLMOGOROFF LIKE TURBULENCE
 (HK) OR STATIONARY HELICAL
 KOLMOGOROFF TURBULENCE (HT)



FIG. 3: Degree of circular polarization for (a) kinetically and (b) magnetically forced cases with  $\sigma = 0$  (black) 0.1 (blue), 0.3 (green), 0.5 (orange), and 1 (red). Approximate error bars based on the temporal fluctuations and statistical spread for different random seeds of the forcing are shown as solid black lines for  $\sigma = 0$  and as dotted lines otherwise.

Kahniashvili et al. 2020

Kisslinger and Kahniashvili 2015

## GRAVITATIONAL WAVES FROM PRIMORDIAL TURBULENCE



FIG. 2: Frequency spectra,  $h_0^2 \Omega_{GW}(f)$ , for both the QCDPT i orange, blue, and black, respectively.



FIG. 3: Polarization spectra,  $P_{GW}(f)$ , for the QCDPT Runs orange, blue, and black, respectively.



FIG. 6: Evolution of (a)  $\mathcal{E}_{M}(t)$  and (b)  $\mathcal{E}_{GW}(t)$  for Runs A–D of Table I. Note the rapid decay for Run A with the largest viscosity.

Kahniashvili et al. 2022

 $\mathcal{E}_{\rm GW} = \left(q \frac{\mathcal{E}_{\rm M}}{k_{\rm f}}\right)^n$