

# RG Improvement of the effective potential in Finite Temperature Quantum Field Theory

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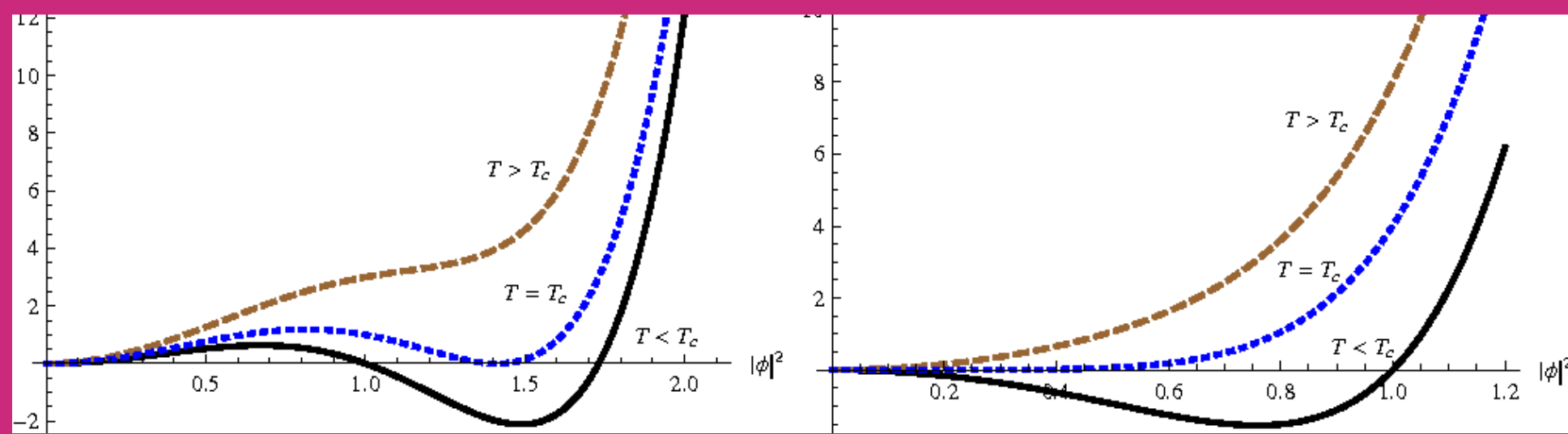
# Outline

- Finite Temperature QFT - why do we care?
- IR Problem of FTQFT; DR and Resummation
- Optimized Partial Dressing - The “*Correct*” way to do resummation
- RG improvement of the scalar potential at  $T = 0$  and  $T \neq 0$
- Results
- Outlook and conclusions

FTQFT

# Cosmological PT

## Electro-weak PT



1st order

2nd order/

Increasing  $m_h$

How does BSM physics modify this picture?  
Electro-weak Baryogenesis?

## Dark Sector PT

Almost any non-minimal DM model could  
have a phase transition  
arXiv: 1407.0688, 1612.00466, 2403.09558,  
1702.02117

If LISA and future GW detectors detect a signal, could  
cosmological PT be responsible?  
What can we learn about dark sectors from such GW  
signal

$$\Omega_{GW} \sim T^{-18}$$

**We need FTQFT framework that is:**

- 1) Theoretically tractable, ie. it is relatively simple to implement new BSM physics into the calculation**
- 2) Stable under theoretical uncertainties (e.g. GW signal strength has strong dependence on the temperature of nucleation of bubbles)**

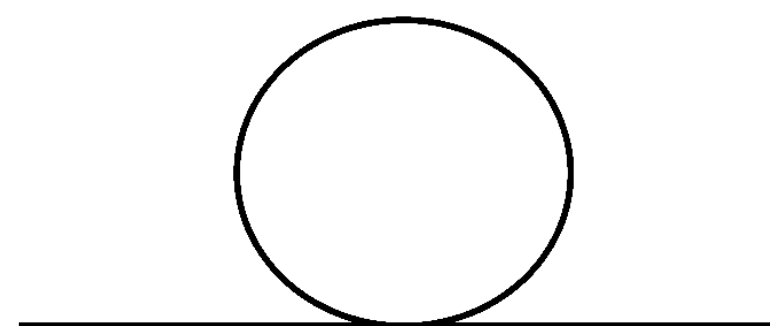
# Breakdown of perturbative expansion in FTQFT

Consider  $\phi^4$  theory:

$$V = \frac{1}{2}\mu^2\phi^2 + \frac{\lambda}{4}\phi^4$$

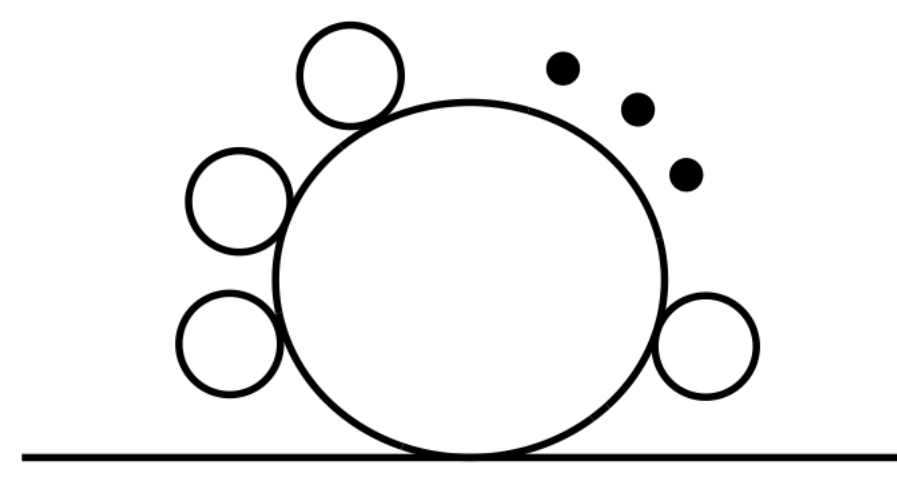
Arx: 9901312

One-loop mass correction:



$$\sim \lambda T^2$$

Diasy diagram:



$$\sim \lambda^{n+1} \frac{T^{2n+1}}{m^{2n-1}} = \lambda^2 \frac{T^3}{m} \left( \lambda \frac{T^2}{m^2} \right)^{2n-1}$$

$$\alpha = \lambda \frac{T^2}{m^2} \ll 1$$

But near  $T_c$ ,  $\alpha \sim 1$ , perturbative expansion breaks down.

**We need to resum diagrams in the order of highest IR importance!!!**

# Computational methods

## Gap Equation

$$M^2 = \text{---} = \text{---} + \text{---} + \text{---}$$

## Full Dressing

$$V_{eff}(m^2) = \text{---} \rightarrow V_{eff}(M^2) = \text{---}$$

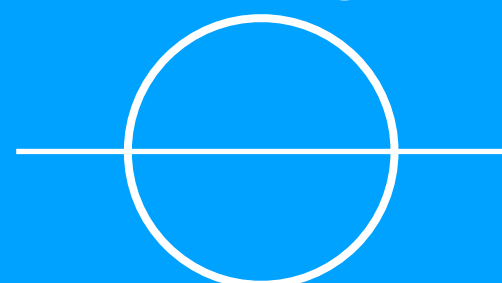
Pros:

Easy to do, resums most of the daisy diagrams and super-daisy diagrams. In principle easily applied to BSM models

Cons:

Its been shown that it miscounts some daisy and super-daisy diagrams

Misses sunset diagrams



arXiv:9204216  
9212235

## Partial Dressing

$$\frac{\partial V_{eff}}{\partial \phi} = \text{---} \rightarrow \frac{\partial V_{eff}}{\partial \phi} \Big|_{m^2 \rightarrow M^2} = \text{---}$$

$$V_{eff} = \int d\phi \text{---}$$

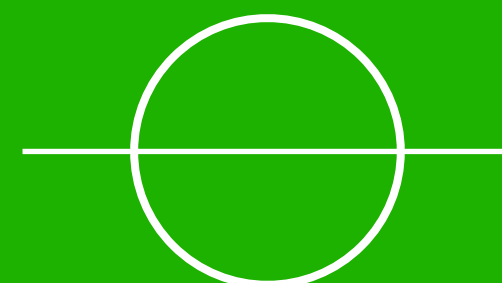
Pros:

Easy to do, resums all of the daisy diagrams and super-daisy diagrams. "Simple" to adapt for any BSM model.

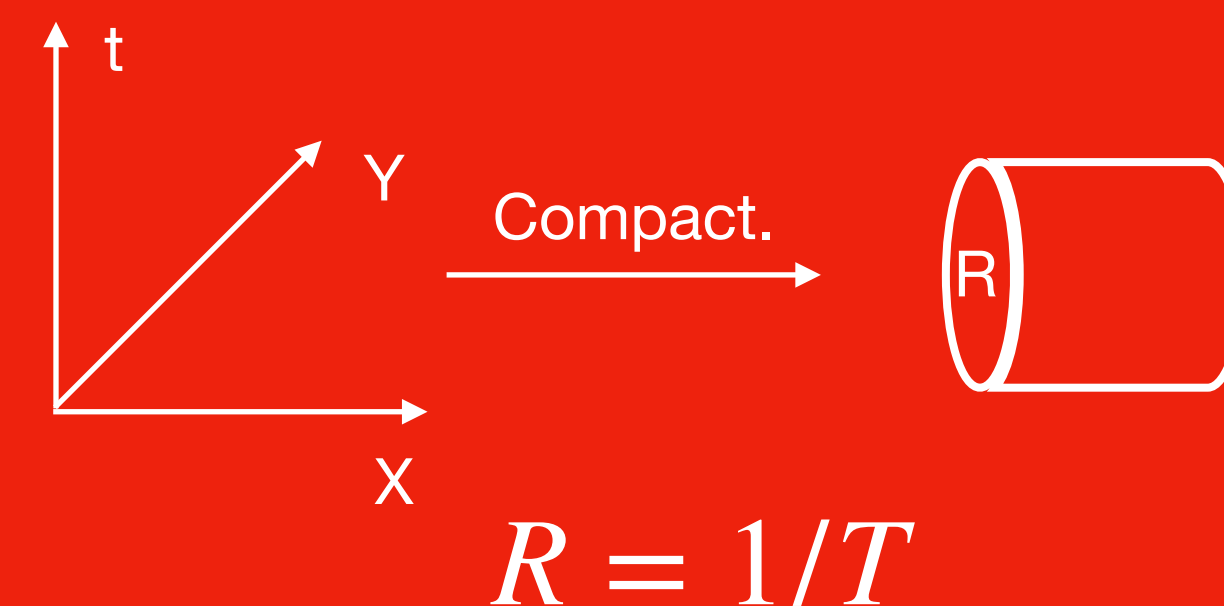
Cons:

Misses sunset diagrams

Arxiv: 9304254



## Dimensional Reduction



Pros:

Theoretically robust EFT.

Cons:

Depends on the hierarchy  $T \gg m$  and on high-T expansion. Many of the BSM models escape this regime. Very technically involved and not easy to extend to different models.

# Optimized Partial Dressing

Based on arX: 2211.08218 and 1612.00466

We present OPD as proposed in above papers:

1) We numerically solve gap equation (we explicitly add sunset diagrams to the potential):

$$V_{OPD} = \text{circle} + \text{circle with horizontal line}$$

$$M^2 = \frac{\partial^2 V_{OPD}}{\partial \phi^2} = \text{line} + \text{double circle} + \text{triple circle} + \text{circle with horizontal line} + \dots$$

2) We plug it in  $V'_{OPD}$  and integrate wrt.  $\phi$  to obtain potential

$$V_{OPD} = \int d\phi V'_{OPD} |_{m^2 \rightarrow M^2} = \int \text{circle with vertical line} + \text{circle with horizontal line} d\phi$$

In the later paper its been shown that this method is comparable with DR in the high-T limit, and therefore demonstrates that OPD is advantageous for BSM models.



# Renormalization group improvement

# Renormalization group improvement in zero temperature QFT

Let us remind ourselves how the RG improvement works in massless  $\phi^4$  theory

$$V = \frac{1}{4!} \lambda \phi^4$$

With  $\bar{\lambda}$  solution of RG equation RG:

$$\bar{\lambda}(\mu) \simeq \lambda(\mu_0) \left( 1 + 3 \frac{\lambda(\mu_0)}{32\pi^2} \log \frac{\mu_R^2}{\mu_0^2} \right)$$

We can see that we can capture large log part of the CW potential by plugging above into the potential and set

$$\mu_R^2 = m^2(\phi) = 3\lambda\phi^2:$$

$$V \sim \lambda\phi^4 + m^4(\phi) \log \left( \frac{m^2(\phi)}{\mu_0^2} \right)$$

**General statement about RG improvement: Putting solutions of one-loop RG equations into  $V_{\text{eff}}$  computed to n-loop fixed order, one should capture behaviour of large logs from n+1-loop fixed order.**

# RG improvement of OPD procedure

- Guided by the lesson from tree level procedure, we can do the same in finite temperature. We have our standard MS-bar RG solutions, we put them into the potential, and then set  $\mu_R^2 \rightarrow M^2(\phi, T) = m^2(\phi) + \delta m^2(\phi, T)$

- It turns out this procedure seemingly greatly reduces the scale dependence of  $V_{OPD}$  (in comparison to arX: 2211.08218 for two real scalar theory):

$$V = -\frac{\mu_1^2}{2}\phi_1^2 + \frac{\mu_2^2}{2}\phi_2^2 + \frac{\lambda_1}{4}\phi_1^4 + \frac{\lambda_2}{4}\phi_2^4 + \frac{\lambda_{12}}{2}\phi_1^2\phi_2^2$$

- In the case of the two fields, we do the replacement for whatever field has a large thermal mass (in our case it will be the field that does not get VEV)

# Results

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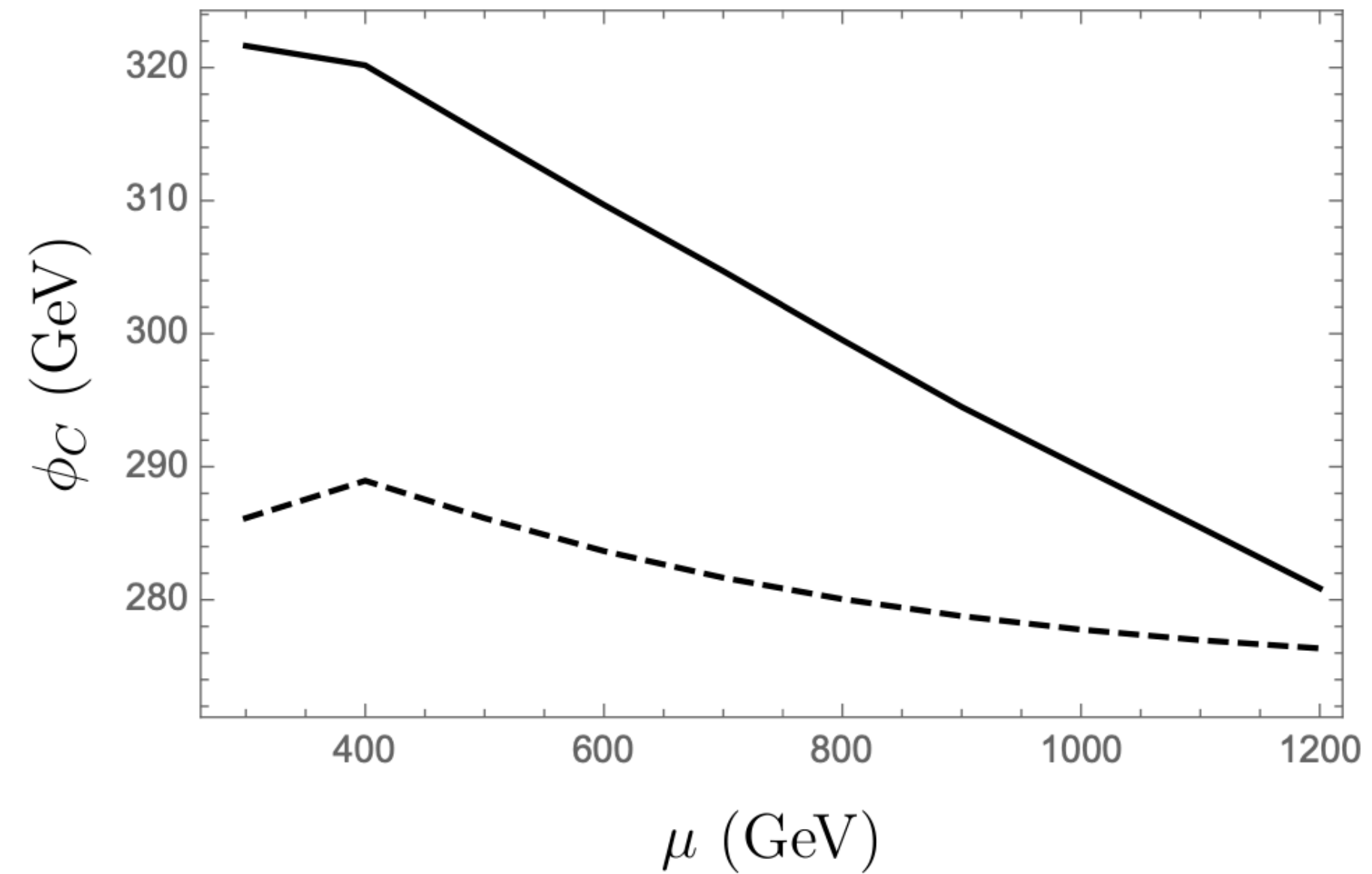
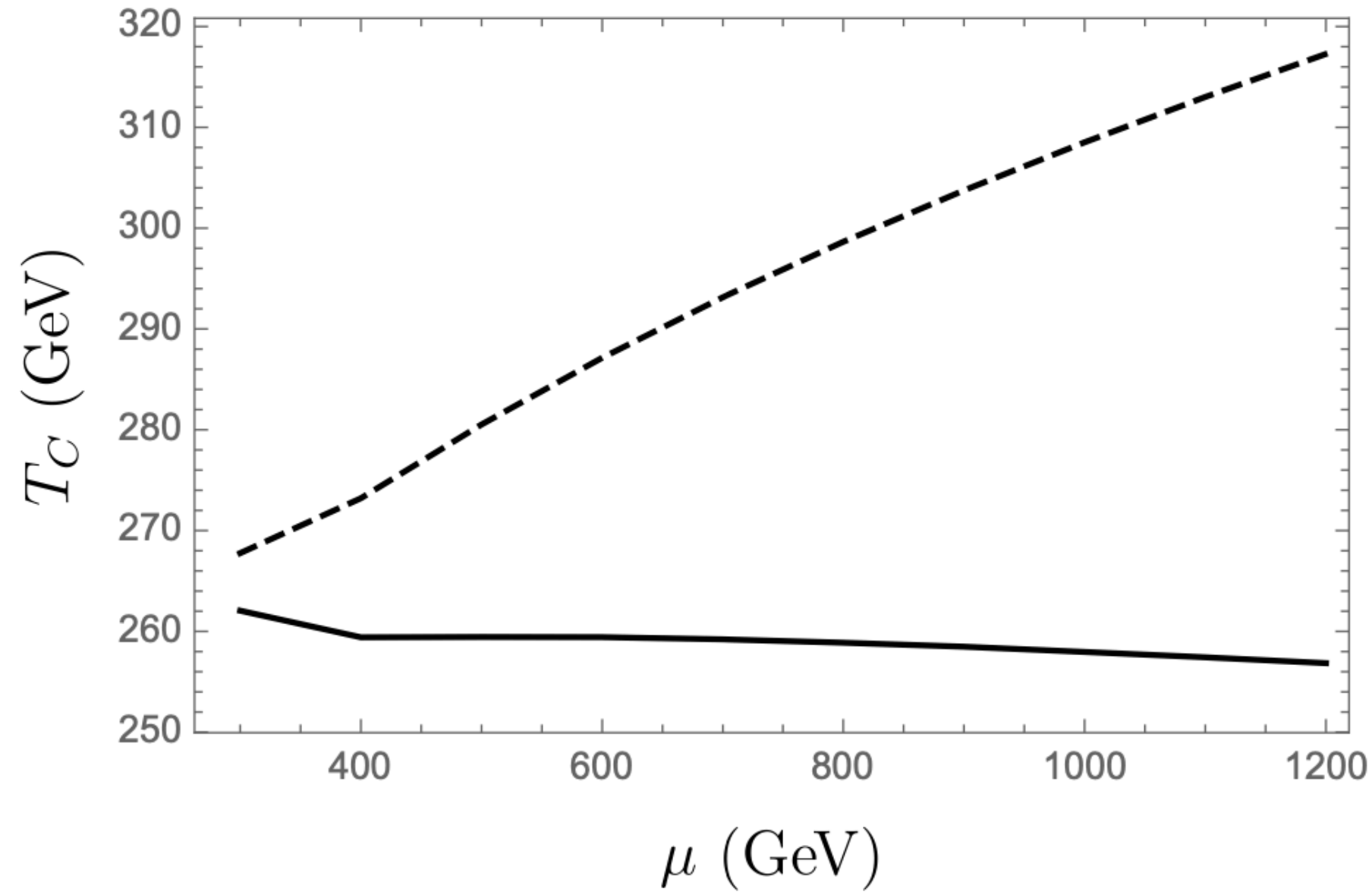
$$M_1^{phys} = 125 \text{ GeV}$$

$$M_2^{phys} = 600 \text{ GeV}$$

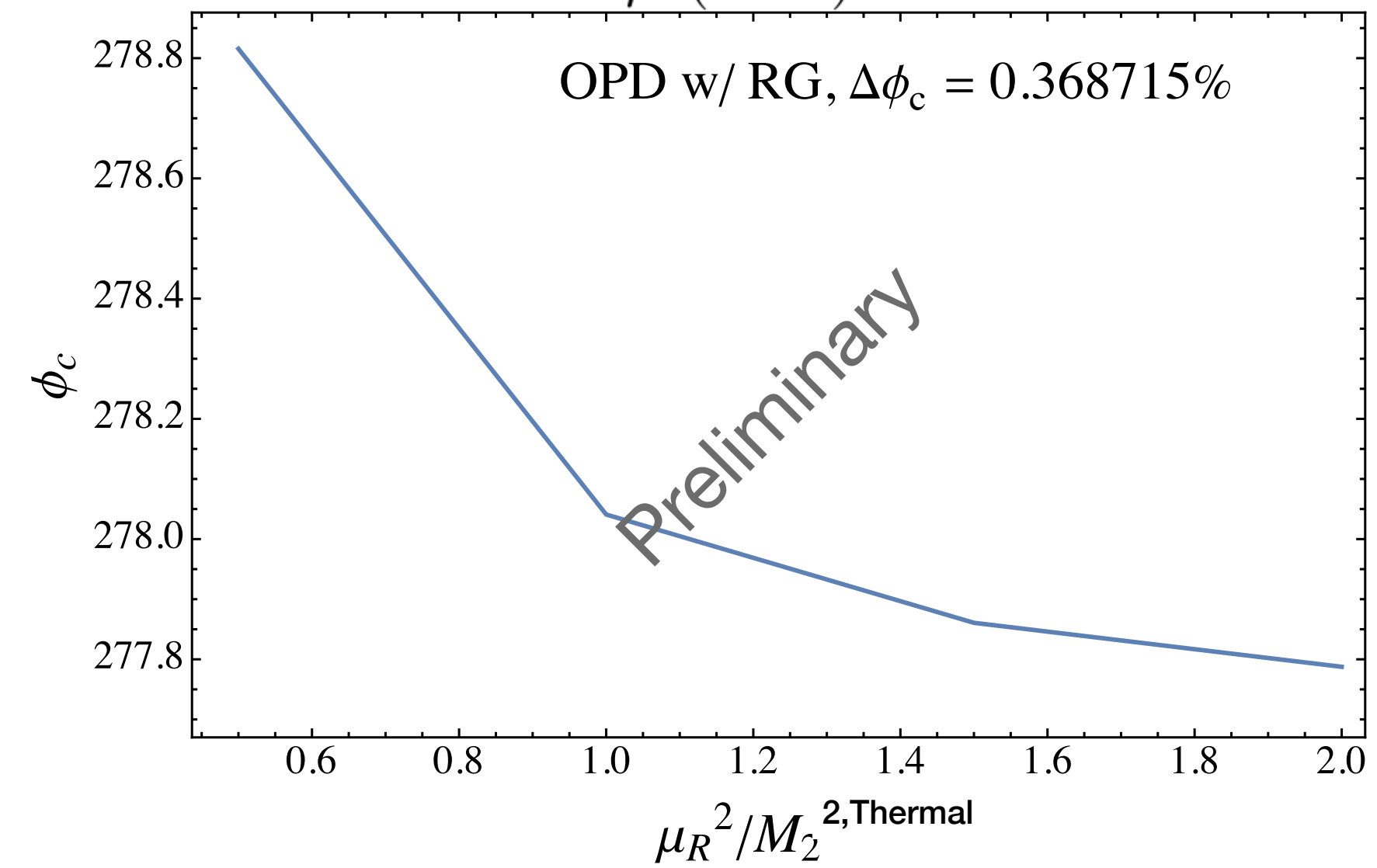
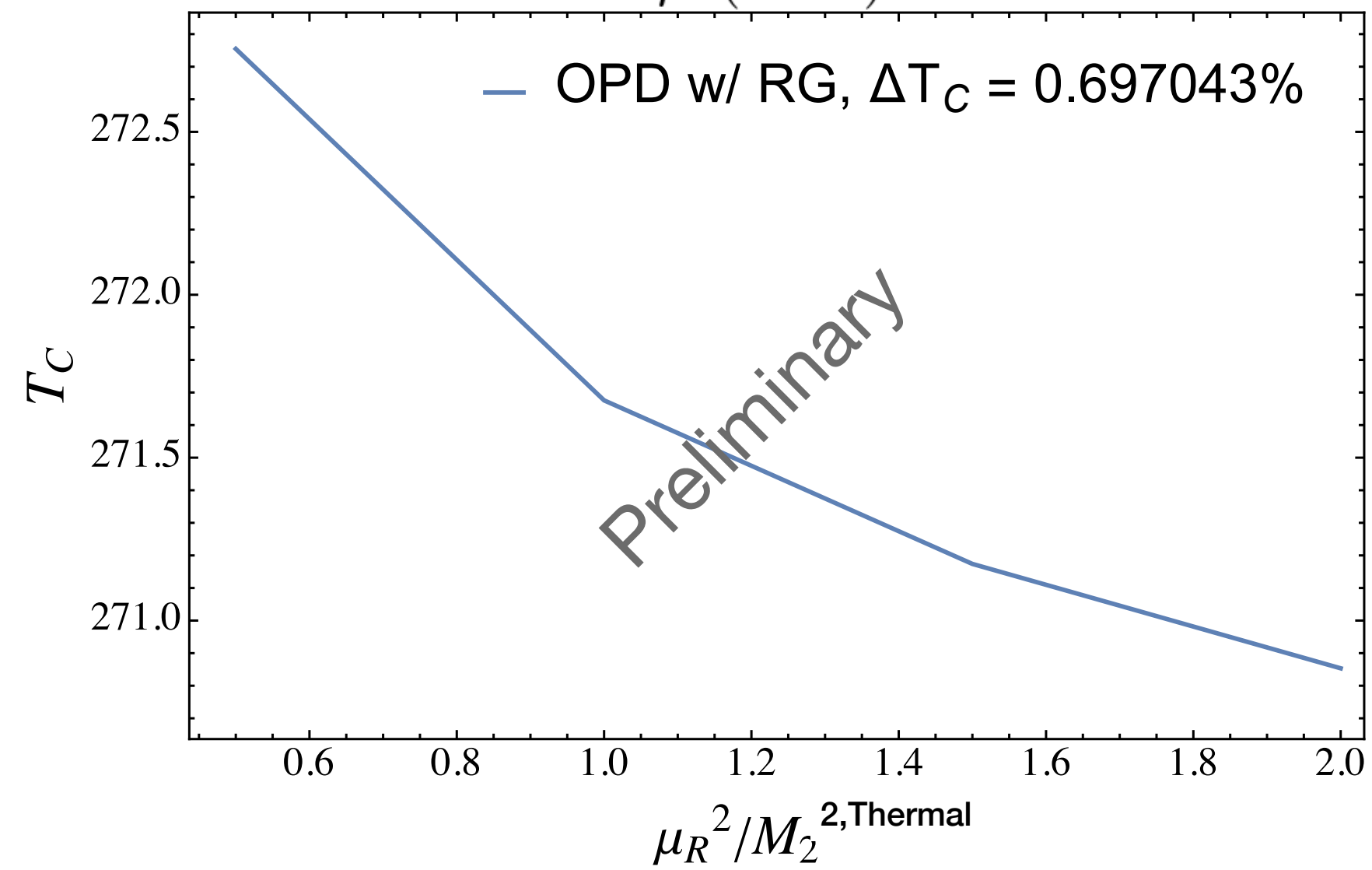
$$\nu = 400 \text{ GeV}$$

$$\lambda_{12}^{phys} = 2.2$$

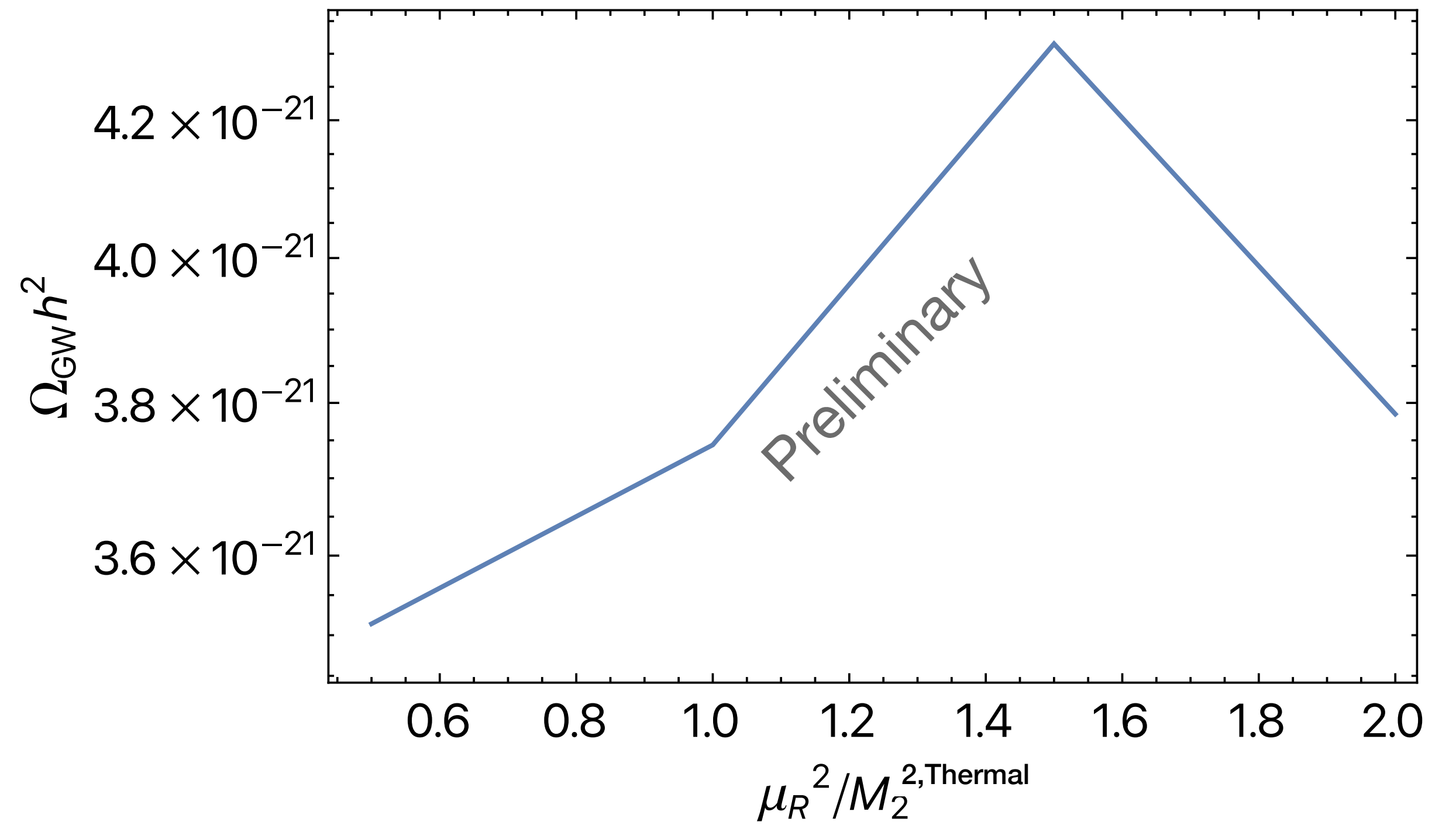
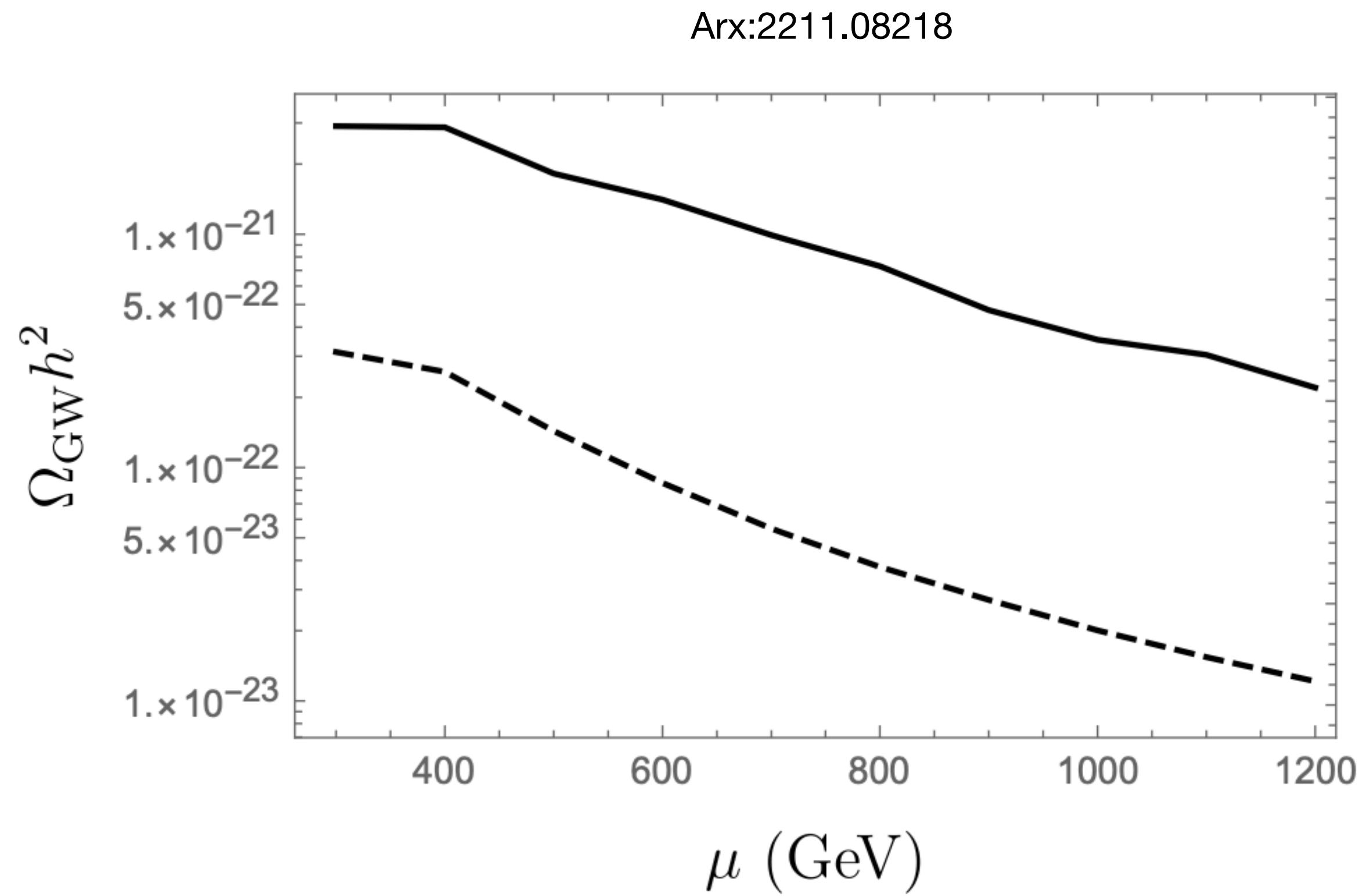
$$\lambda_2^{phys} = 0.2$$



Arx:2211.08218



# Results



# Outlook and conclusions

# Final steps

- We are working on analytically proving that indeed replacement  $\mu_R^2 \rightarrow M^2(\phi, T) = m^2(\phi) + \delta m^2(\phi, T)$  indeed captures all the higher order effects
- Moreover, there is additional ambiguity how exactly one needs to RG improve at finite temperature, as OPD treats  $m^2$  as a parameter, but we only have RGE for Lagrangian parameter  $\mu^2$ .
- Can RG improvement be captured by just gap equation?



# Conclusions

- We presented and demonstrated large reduction in scale dependence of the all observables
- The OPD framework is much more tractable and easier to do than currently developed methods, especially in comparison to DR.
- OPD has been proven to correctly count all the daisy and super-daisy diagrams, in comparison to other methods
- This work hopes to become the standard for doing calculations for any BSM model with phase transitions.

# Thank you!

Questions?

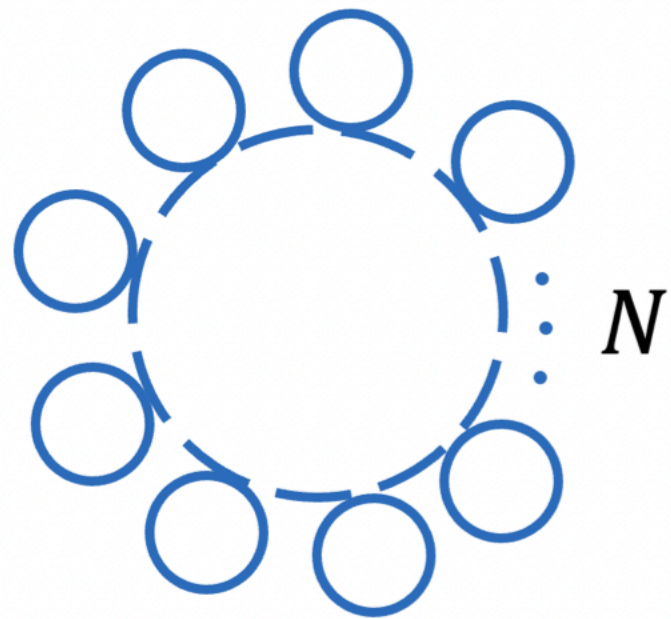
**BACK UP**

# FTQFT and breakdown of perturbative expansion<sup>20</sup>

Taken from arx:2404.12439

$$\text{circle} = \frac{\lambda}{2} \mathcal{I}[m] \equiv \frac{\lambda}{2} T \sum_{\omega_n} \int \frac{d^3 k}{(2\pi)^3} \frac{1}{K^2 + m^2}$$

$$\mathcal{I}[m] = \underbrace{T \int \frac{d^3 k}{(2\pi)^3} \frac{1}{\vec{k}^2 + m^2}}_{\mathcal{I}_{\text{soft}}[m]} + \underbrace{T \sum_{n \neq 0} \int \frac{d^3 k}{(2\pi)^3} \frac{1}{\omega_n^2 + \vec{k}^2 + m^2}}_{\mathcal{I}_{\text{hard}}[m]}$$



$$V_N^{\text{daisy}} \sim \left( T \int \frac{d^3 k}{(2\pi)^3} \frac{1}{(\vec{k}^2 + m^2)^N} \right) \left( \lambda T \sum_{n \neq 0} \int \frac{d^3 k}{(2\pi)^3} \frac{1}{\omega_n^2 + \vec{k}^2 + m^2} \right)^N$$

$$V_N^{\text{daisy}} \sim (m^{3-2N} T) (\lambda^N T^{2N}) = m^3 T \left( \frac{\lambda T^2}{m^2} \right)^N$$

$$\alpha \equiv \frac{V_{N+1}^{\text{daisy}}}{V_N^{\text{daisy}}} = \frac{\lambda T^2}{m^2}$$

But near  $T_c$ ,  $\alpha \sim 1$ , perturbative expansion breaks down.