

Seeded Vacuum Decay

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M. Caneletti, I Moss [hep-th/2408.12229](https://arxiv.org/abs/hep-th/2408.12229)



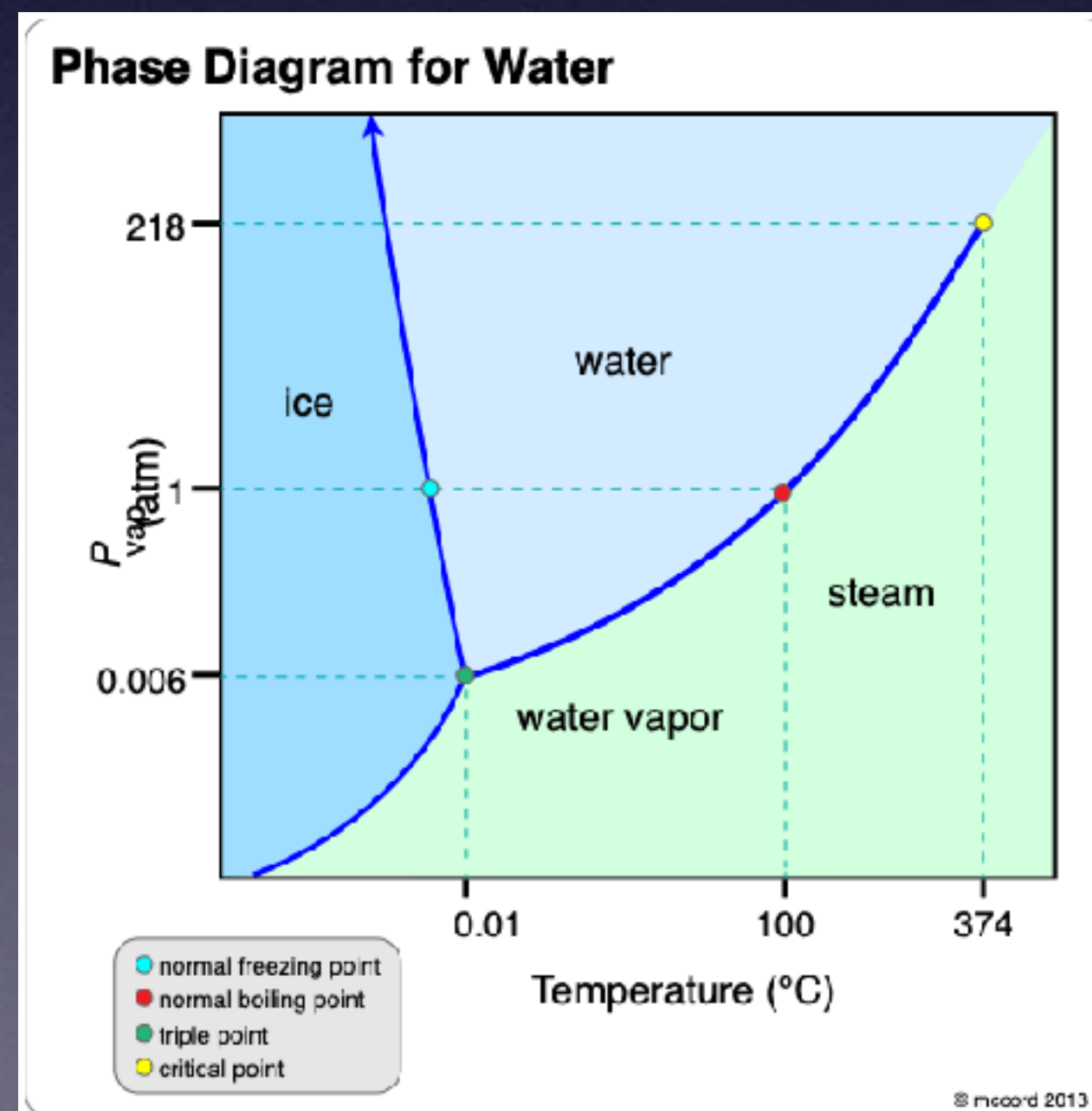
Contents

- Bubble nucleation
- Critical nucleation theory
- Seeded nucleation
- FVD in the laboratory

Bubble nucleation

Cooling into a metastable state

Escape by bubble (or crystal) formation

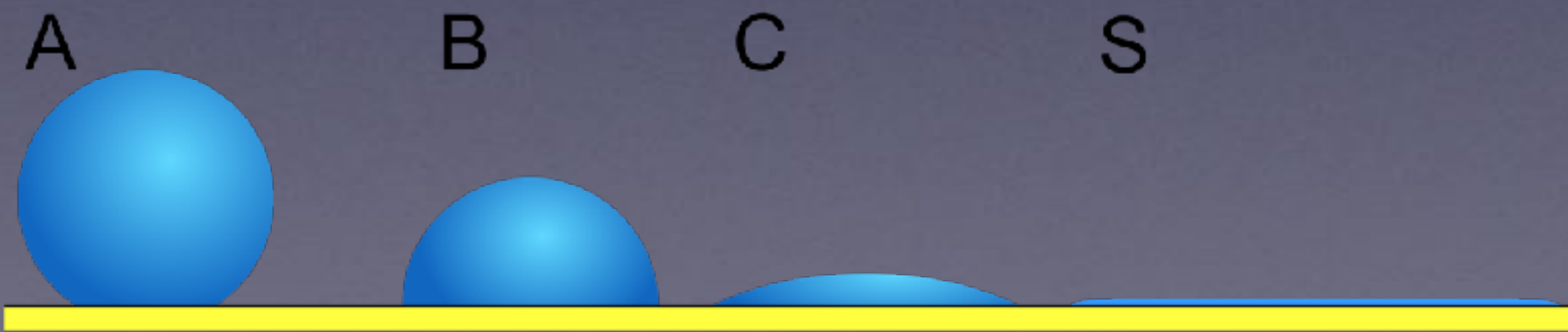
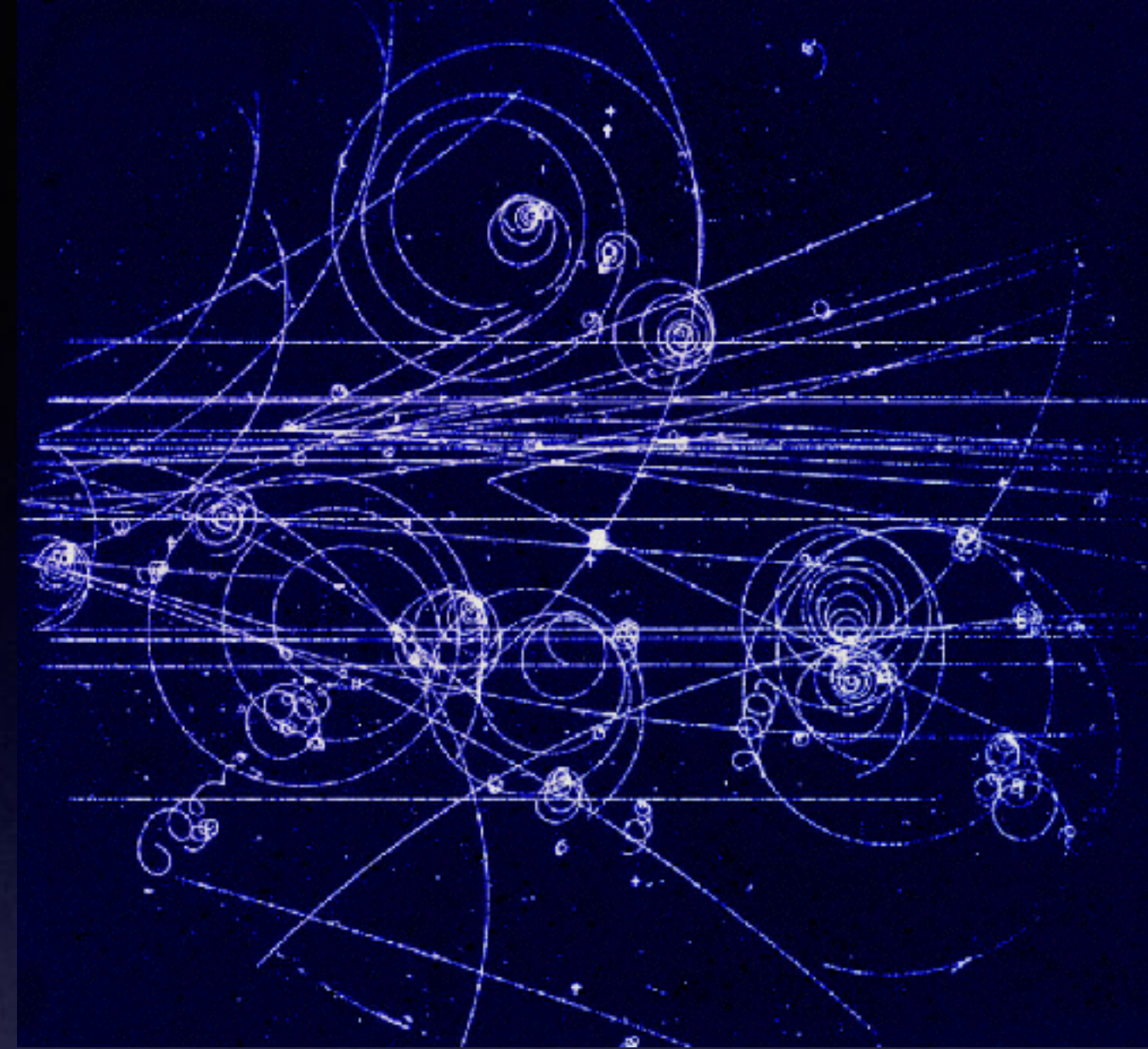


False vacuum decay

Cooling into a metastable vacuum

Escape by bubble formation

Nucleation seeds



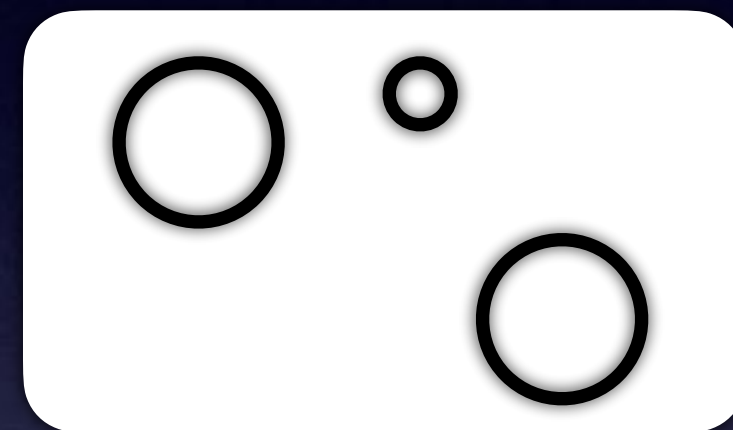
MesserWoland



TheBrockenInaGlory

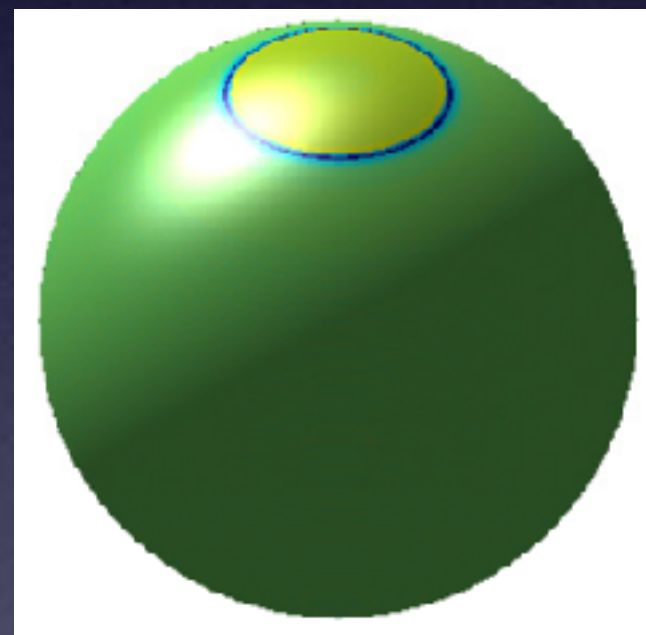
Bubble nucleation in cosmology

gravitational waves

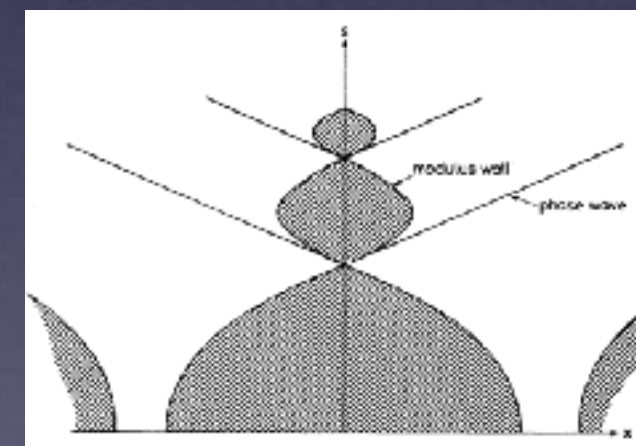


baryogenesis

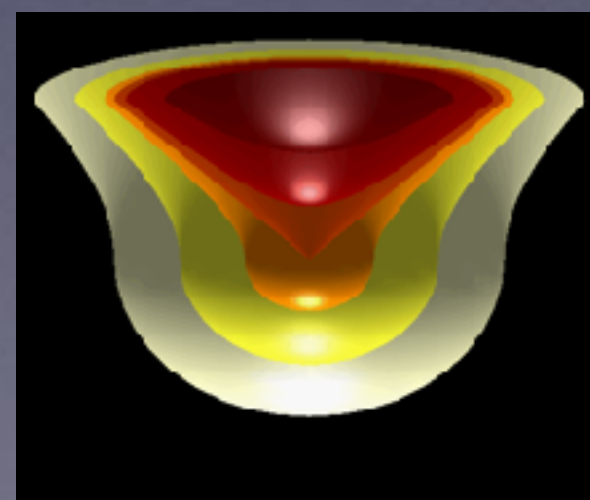
CMB distortions



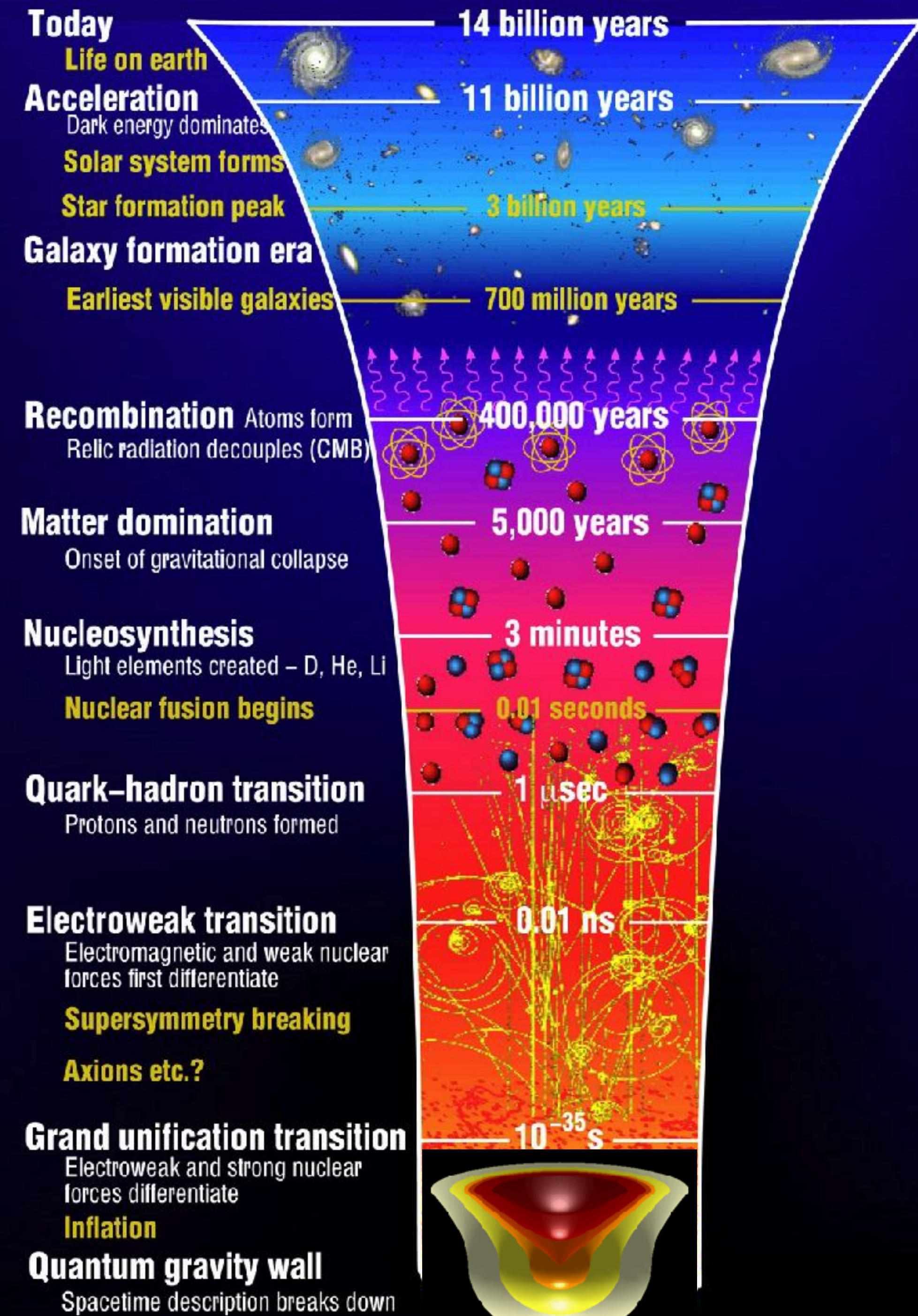
McEwen et al. 1202.2861



black holes

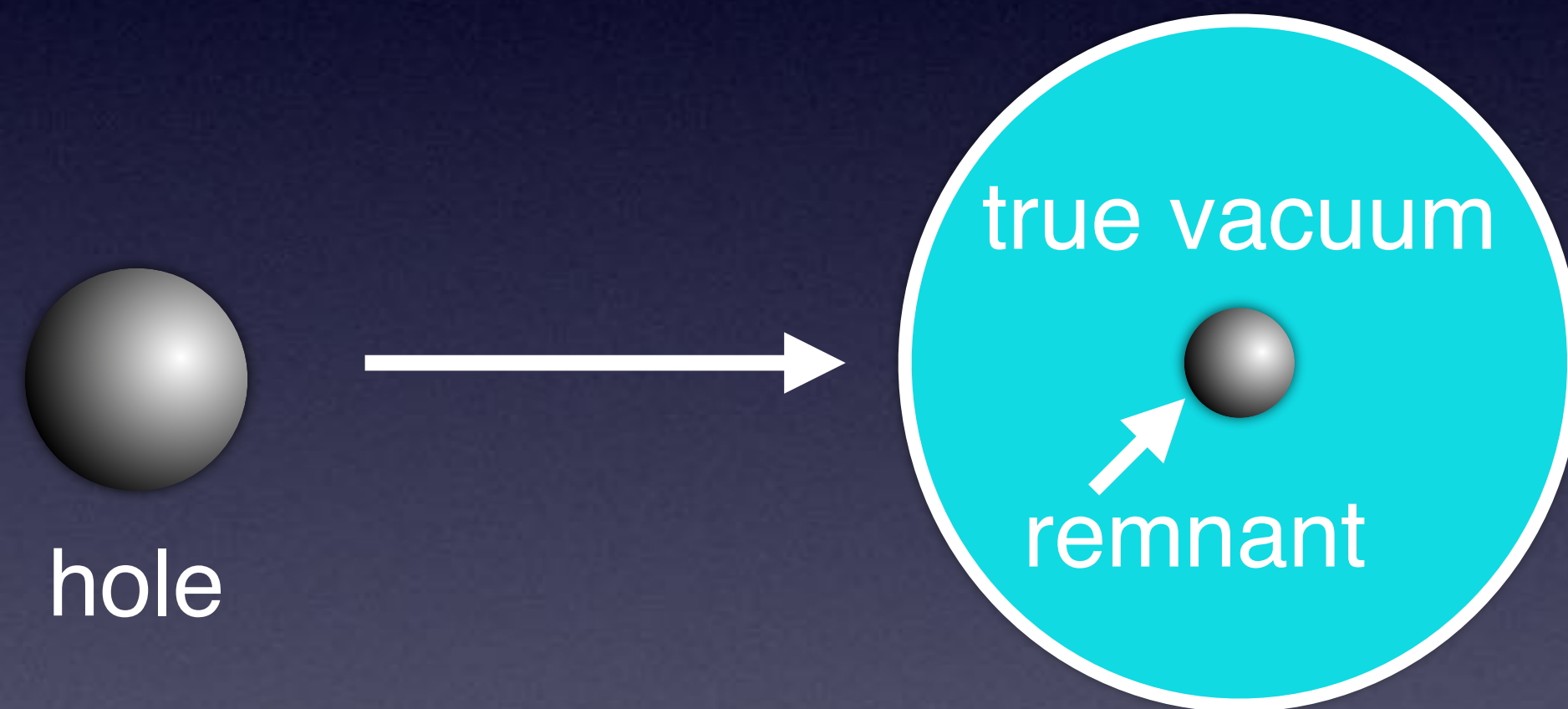


universe from nothing



Seeded vacuum decay

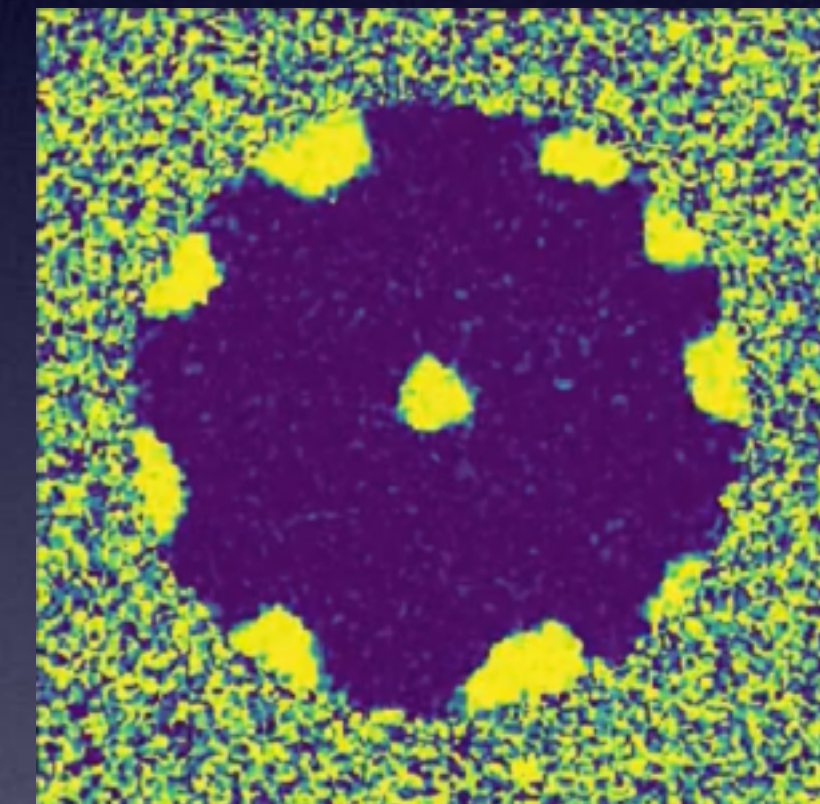
Black holes



Gregory, Moss, Withers 1401.0017

Vortices

BEC in a trap



Vortex in the centre

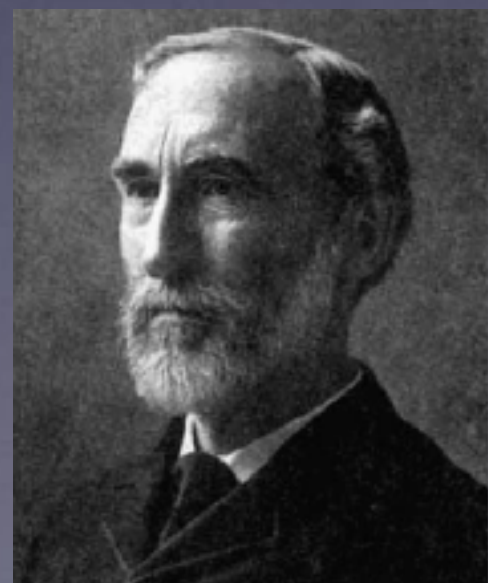
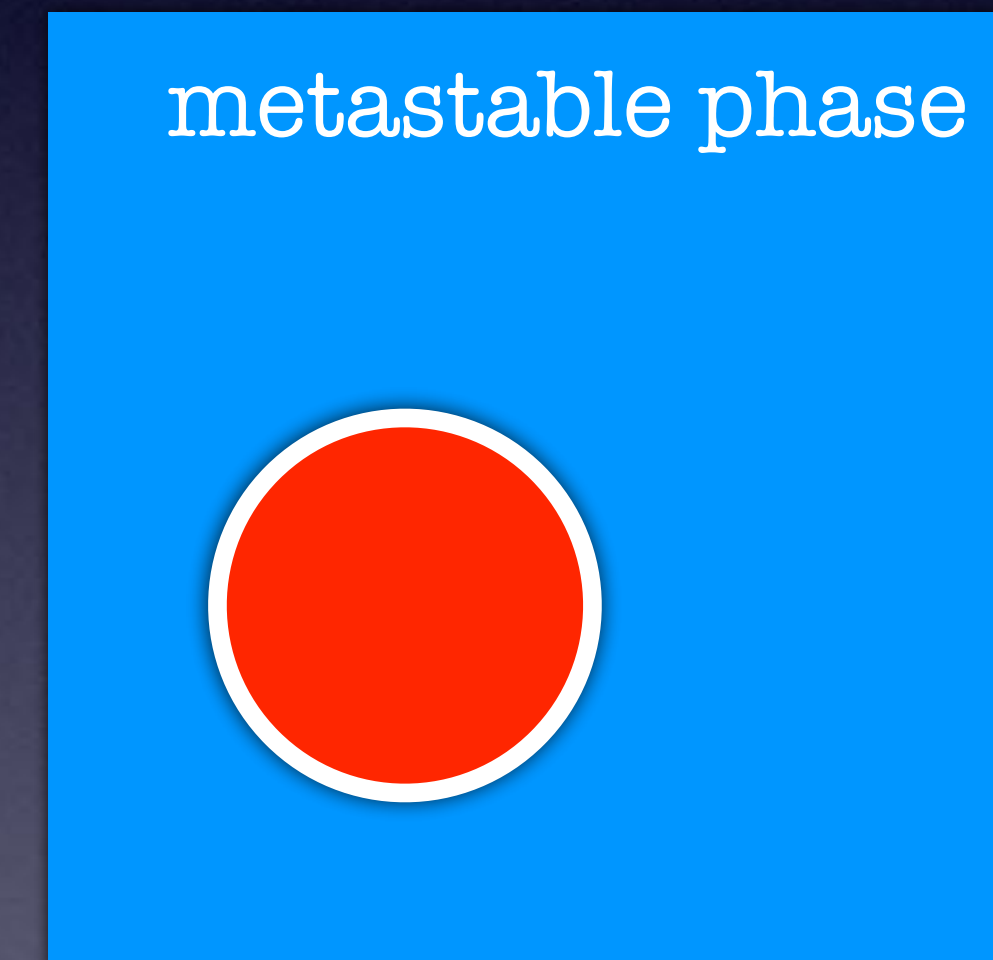
Billam, Michel, Moss, Gregory

Critical Nucleation Theory

Critical bubbles in a thermal metastable state: Josiah Gibbs 1878!

Probability of a bubble fluctuation $\propto e^{\Delta S/k_B}$

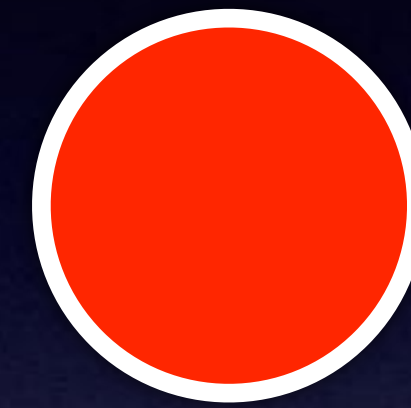
Entropy changes by $\Delta S = -\frac{\Delta E}{T}$



J. W Gibbs, Equilibrium of heterogeneous substances, 1878, p416

Critical Nucleation Theory

$$\Delta E = 4\pi R^2 \sigma - \frac{4}{3}\pi R^3 \epsilon$$



σ surface tension

ϵ energy density lower

Critical case $\frac{d\Delta E}{dR} = 0$ $R_c = \frac{2\sigma}{\epsilon}$

Nucleation rate $\Gamma = \frac{N}{R_c^3} \frac{k_B T}{h} \left(\frac{\Delta E_c}{k_B T} \right)^{1/2} e^{-\Delta E_c / k_B T}$

$\Delta S / k_B$

Lifshitz and Pitaevski, Statistical Physics

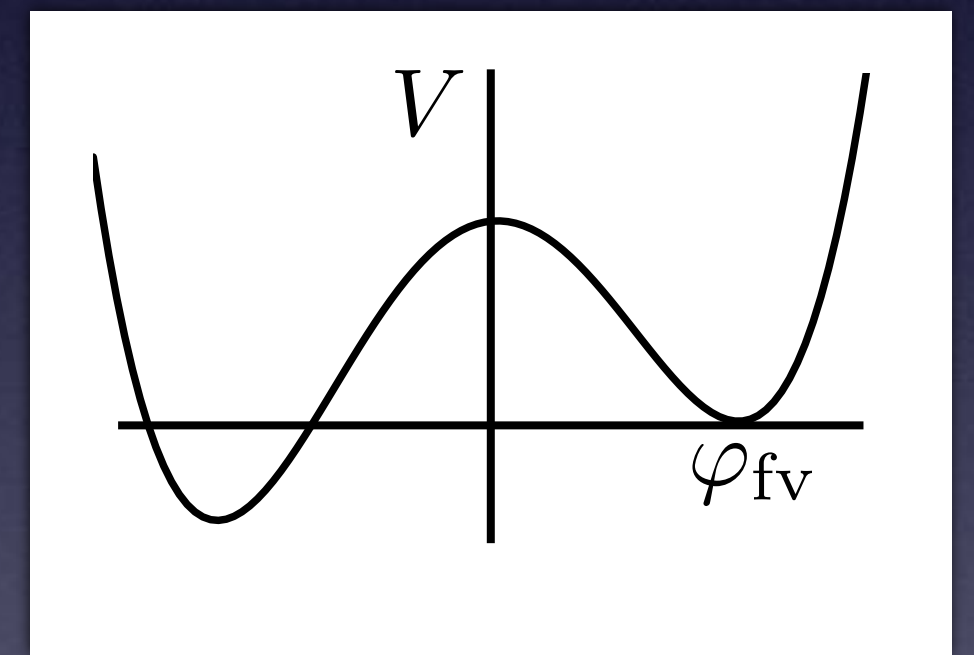
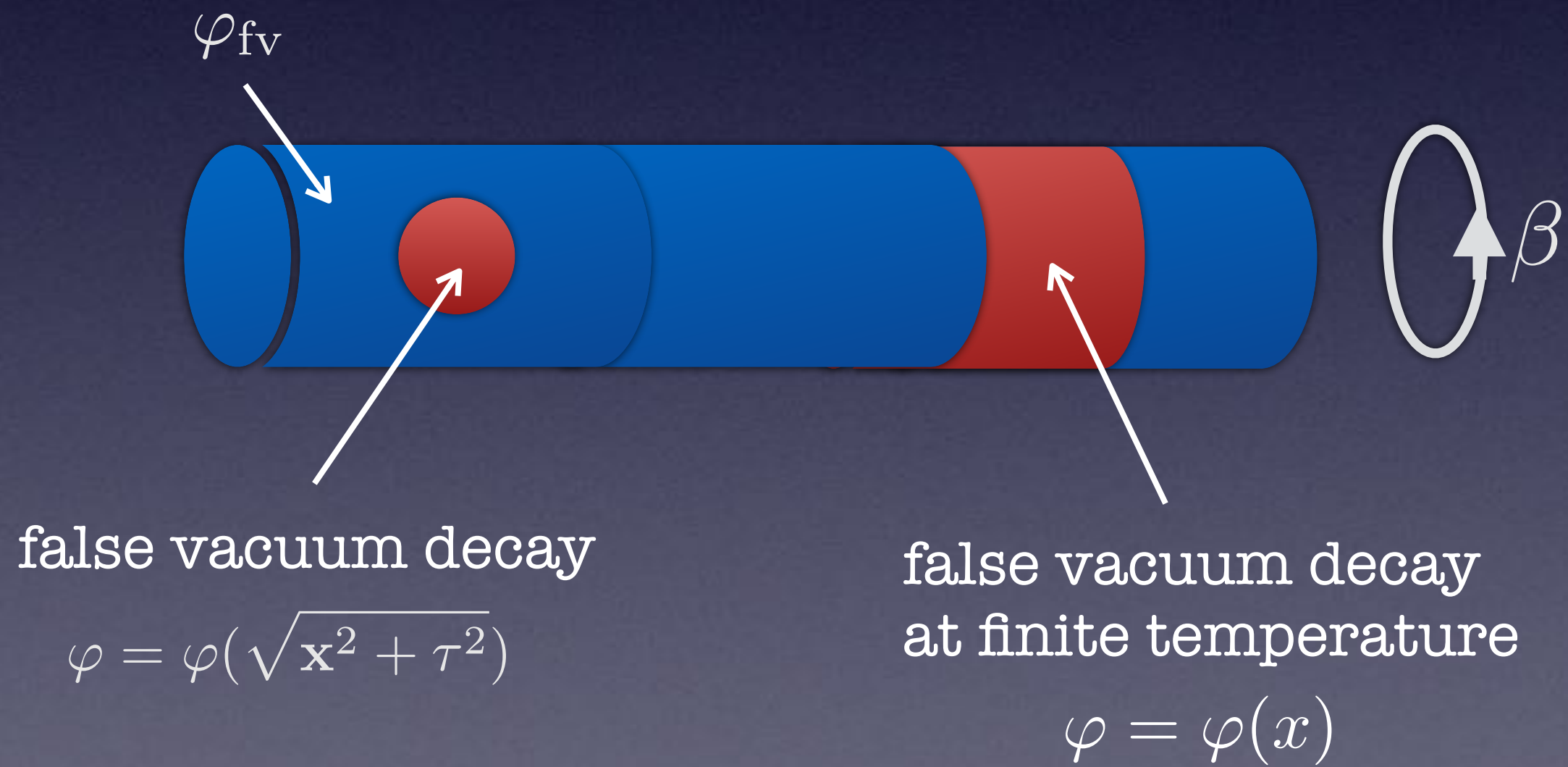
Frenkel, Kinetic Theory of Liquids 1947

False vacuum decay

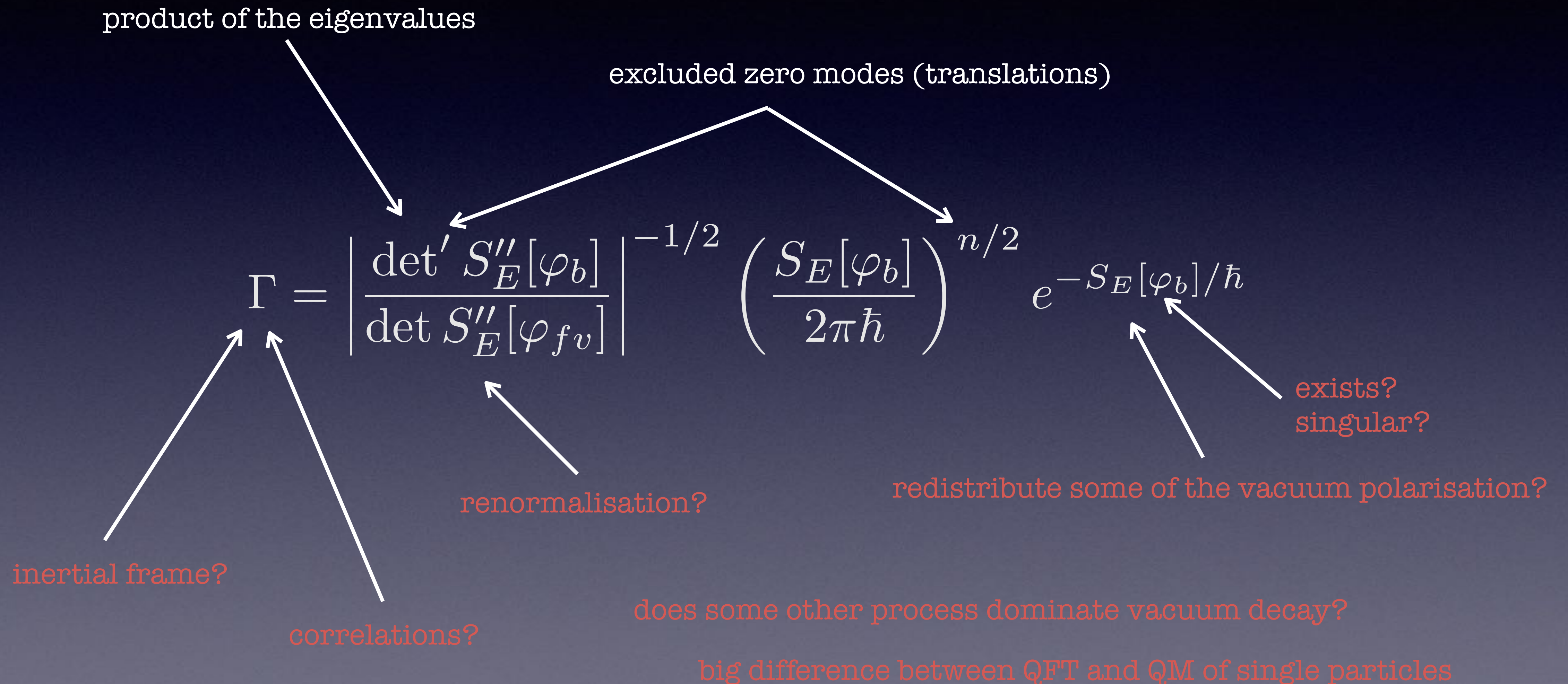
In quantum field theory, replace the bubble by a 'bounce' instanton, a solution to the field equations with **imaginary** time τ .

$$S_E = \int \left\{ \frac{1}{2} \nabla \varphi^2 + V(\varphi) \right\}$$

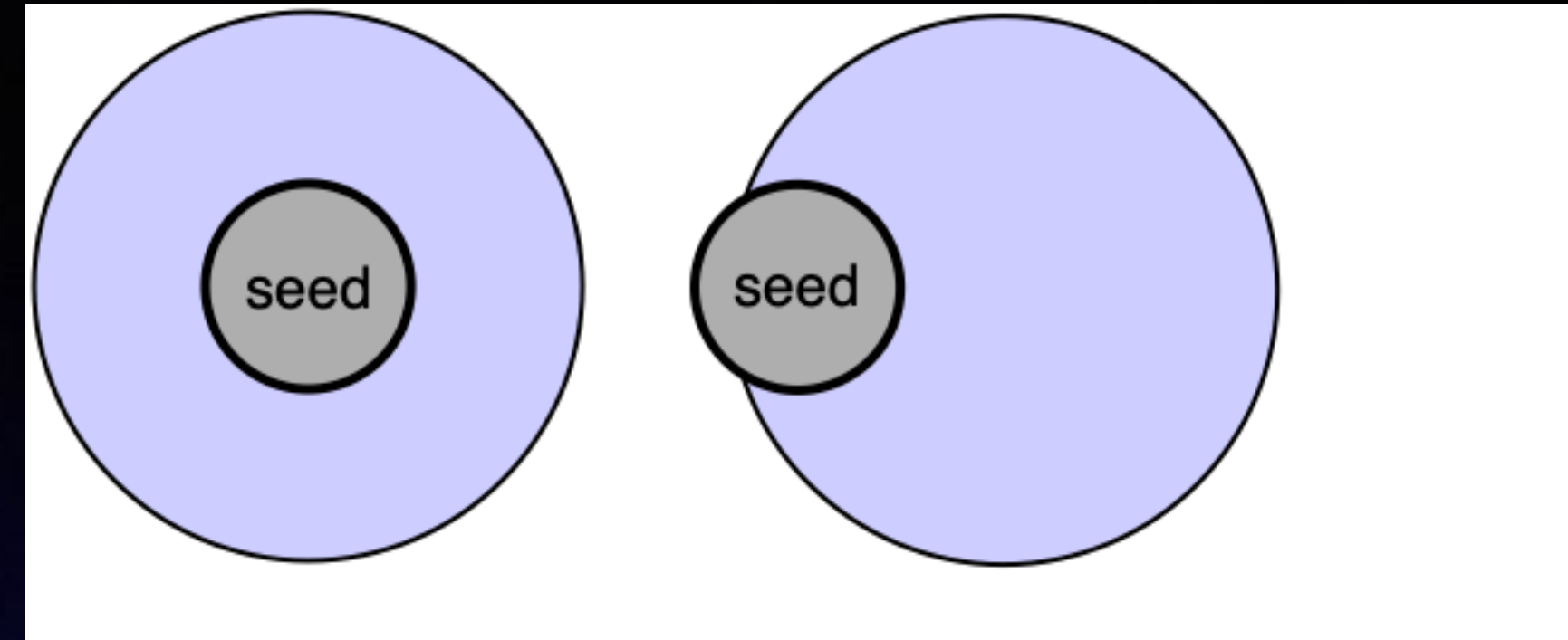
local potential minimum



False vacuum decay rate



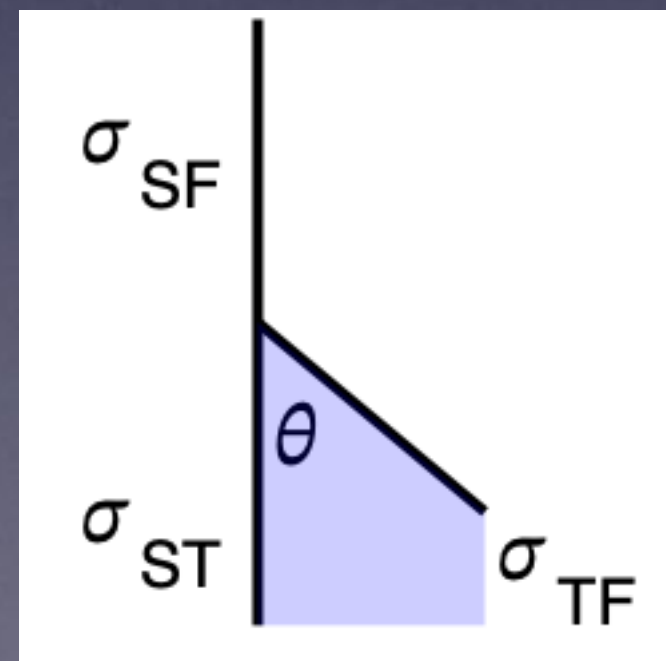
Seeded nucleation



Laplace's relation $\frac{1}{R_1} + \frac{1}{R_2} = \frac{\epsilon}{\sigma_{TF}}$ $R = \frac{2R_1R_2}{R_1 + R_2} = \frac{2\epsilon}{\sigma_{TF}}$

Young's equation

$$\cos \theta = \frac{\sigma_{SF} - \sigma_{ST}}{\sigma_{TF}}$$



σ_{ST} between the seed and the true vacuum phase
 σ_{SF} between the seed and the false vacuum phase
 σ_{TF} between the true and the false vacuum phase

Seeded nucleation rates

$$\Gamma = \frac{N}{R_c^3} \frac{k_B T}{h} \left(\frac{\Delta E_c}{k_B T} \right)^{1/2} e^{-\Delta E_c / k_B T}$$

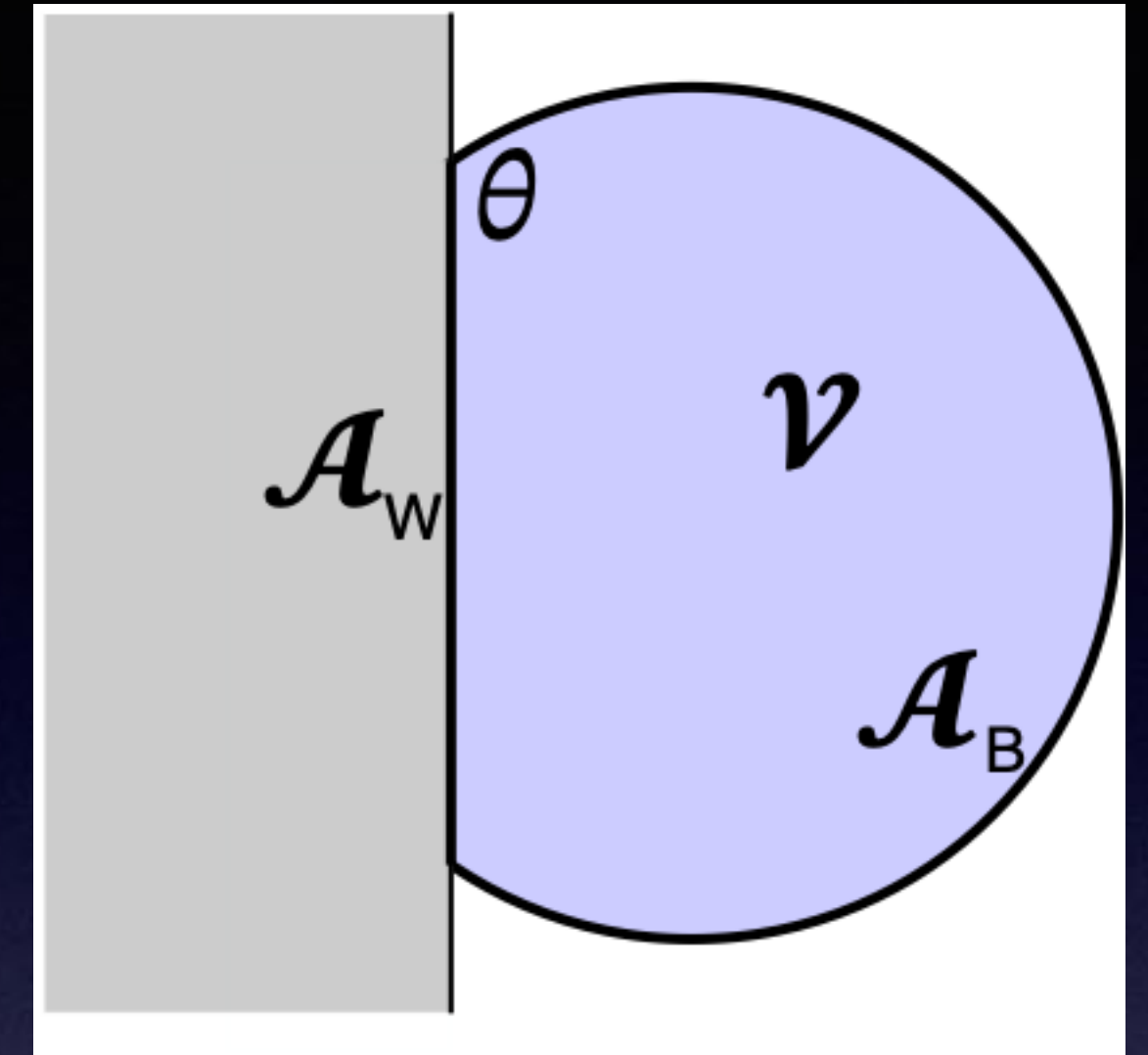
The energy difference between bubble and no bubble is

$$\Delta E = \mathcal{A}_W \sigma_{ST} + \mathcal{A}_B \sigma_{FT} - \mathcal{A}_W \sigma_{SF} - \epsilon \mathcal{V}.$$

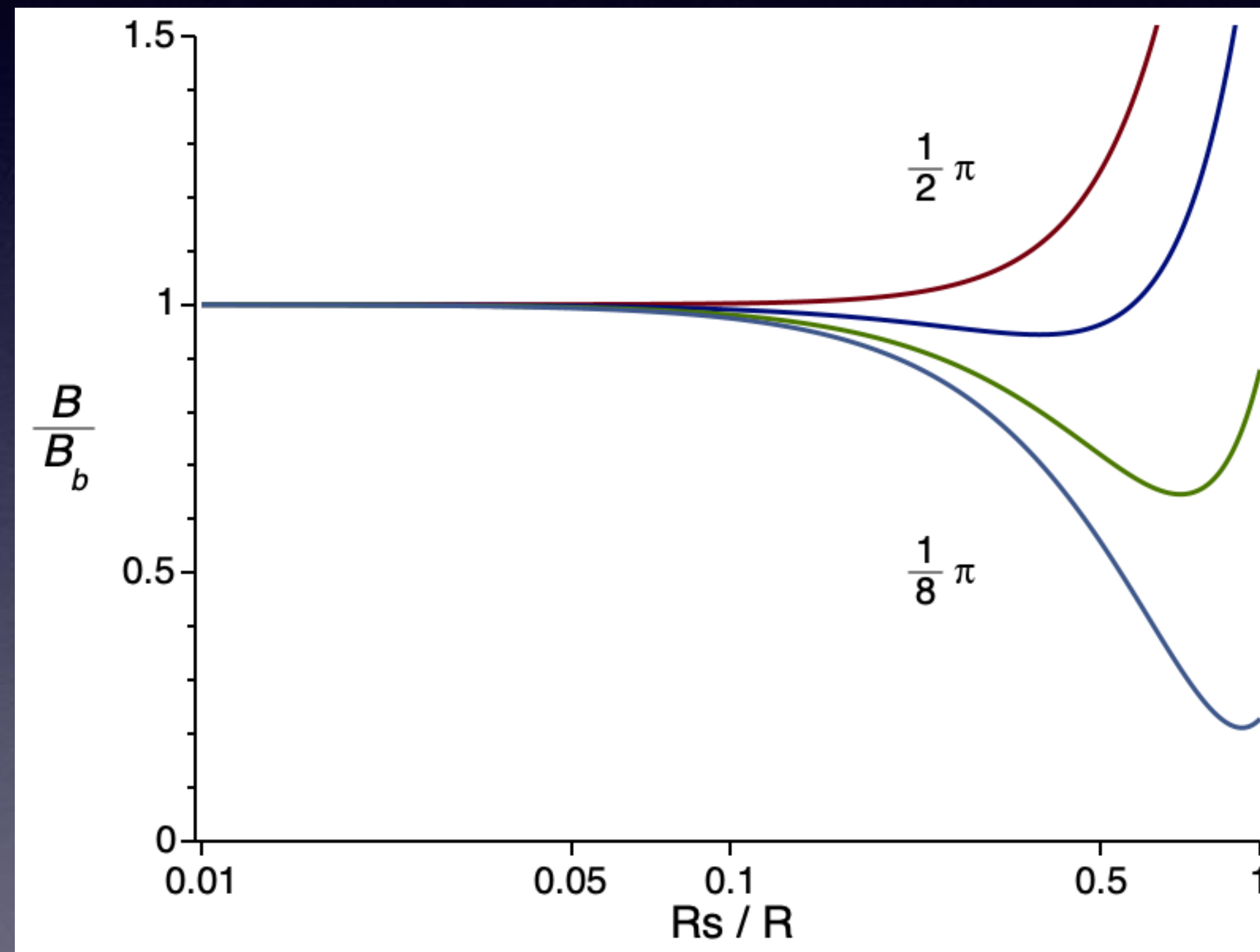
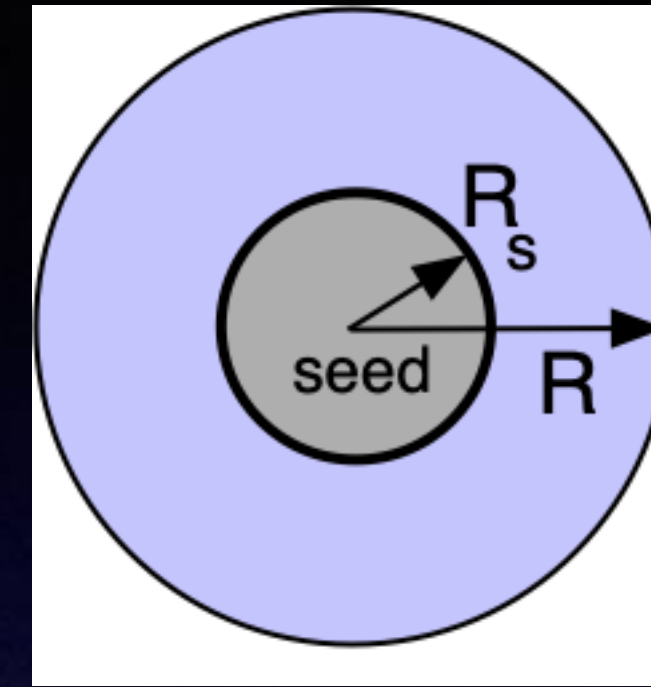
Young's relation implies

$$\Delta E = (\mathcal{A}_B - \mathcal{A}_W \cos \theta) \sigma_{FT} - \epsilon \mathcal{V}$$

$$\cos \theta = \frac{\sigma_{SF} - \sigma_{ST}}{\sigma_{FT}}$$

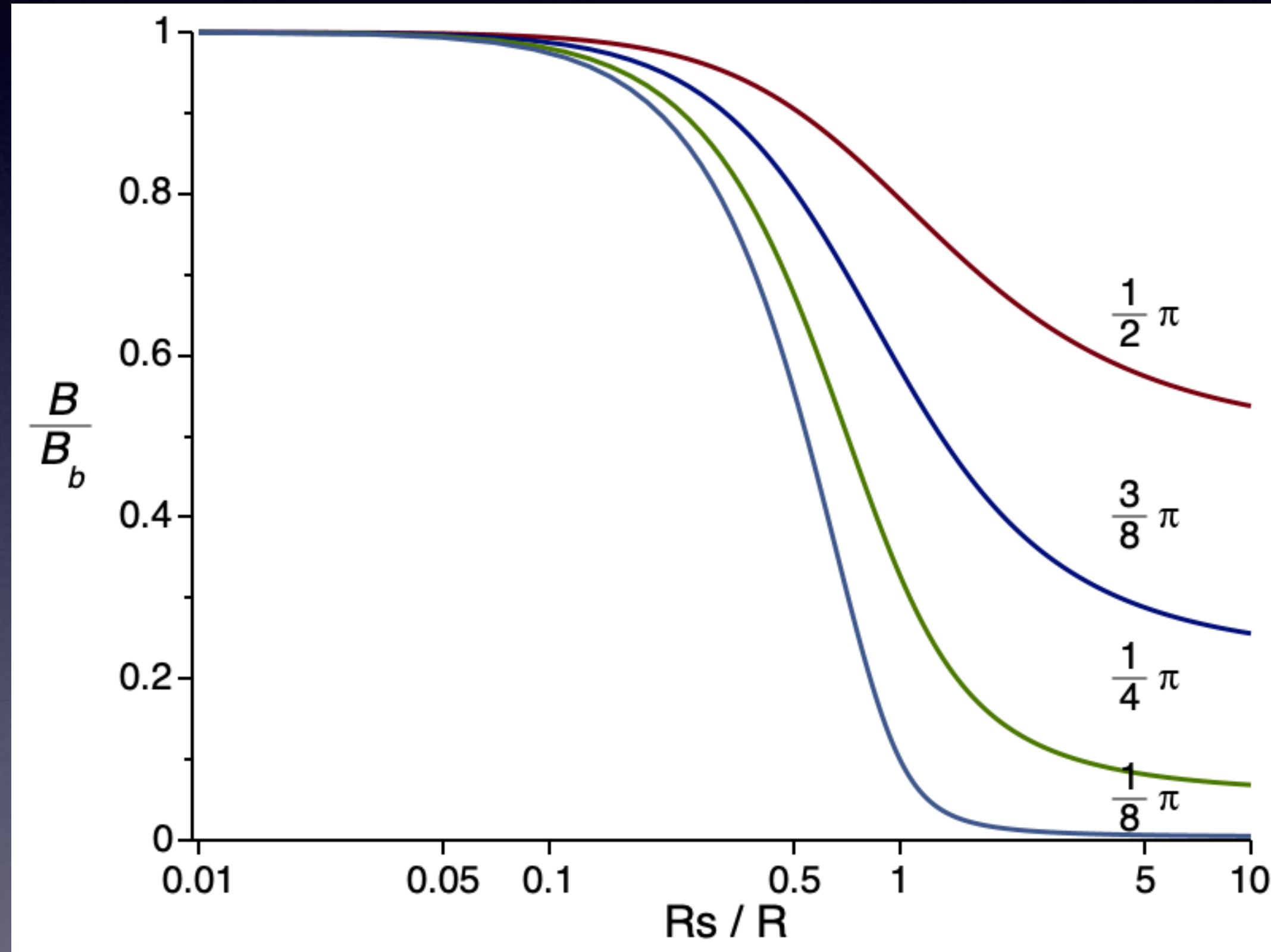
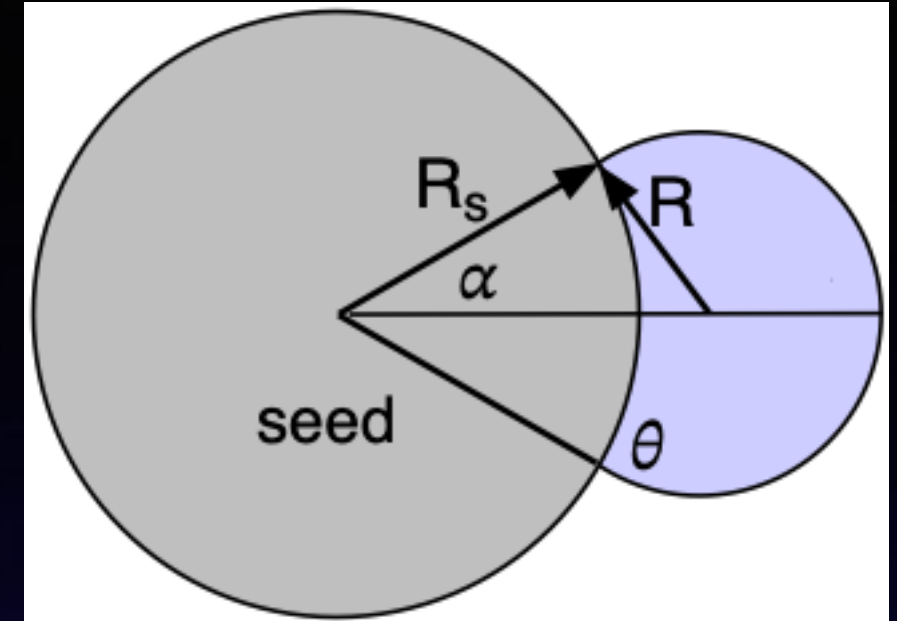


Seeded nucleation rates: interstitial



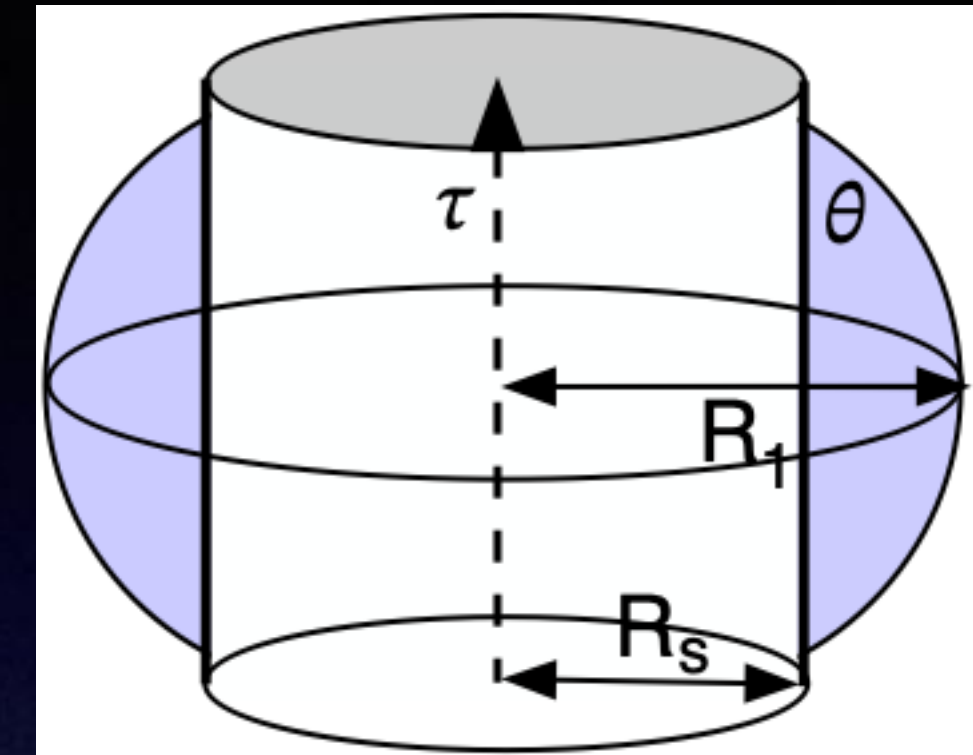
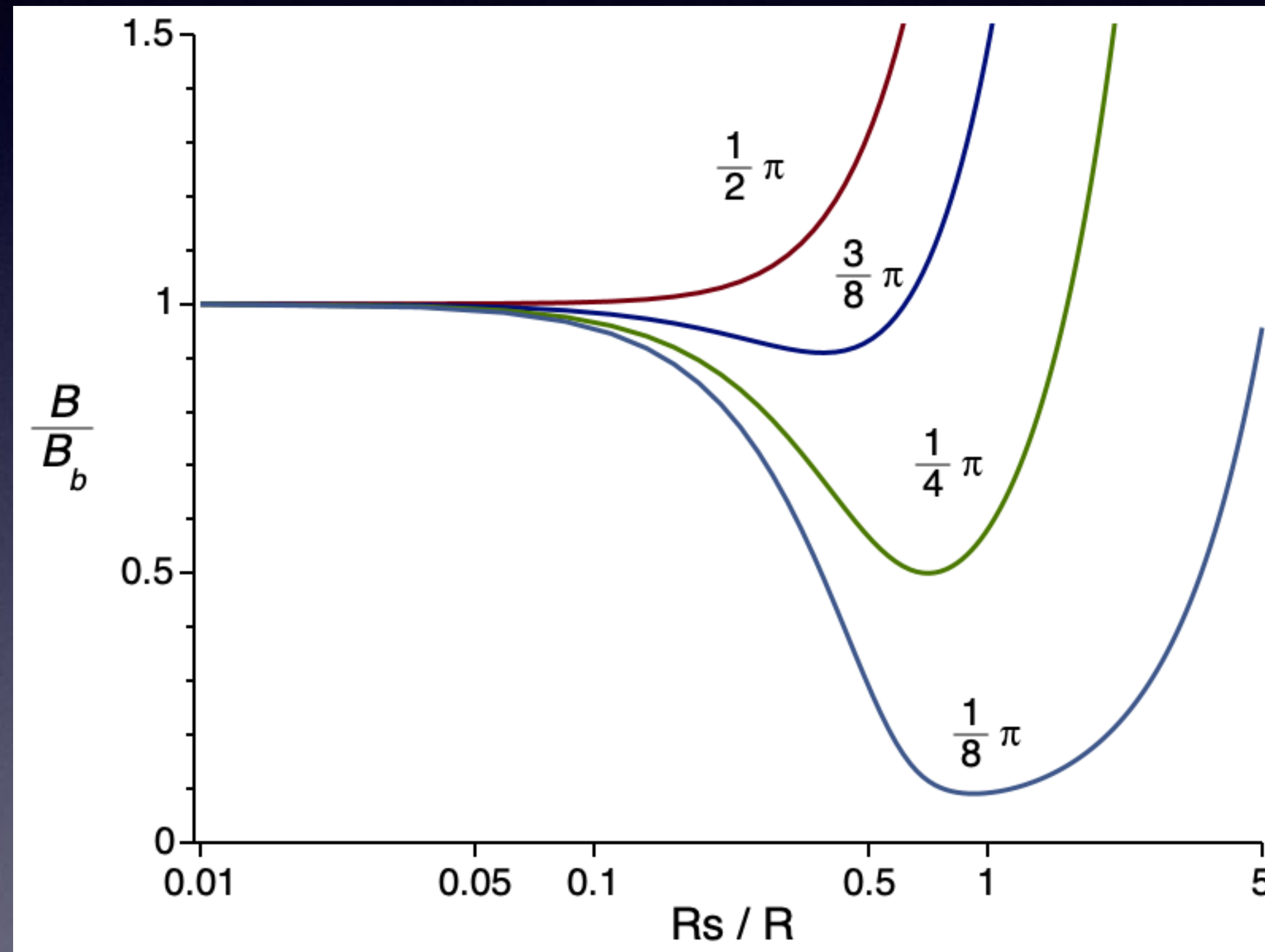
$$B = \Delta E / k_b T$$

Seeded nucleation rates: edge



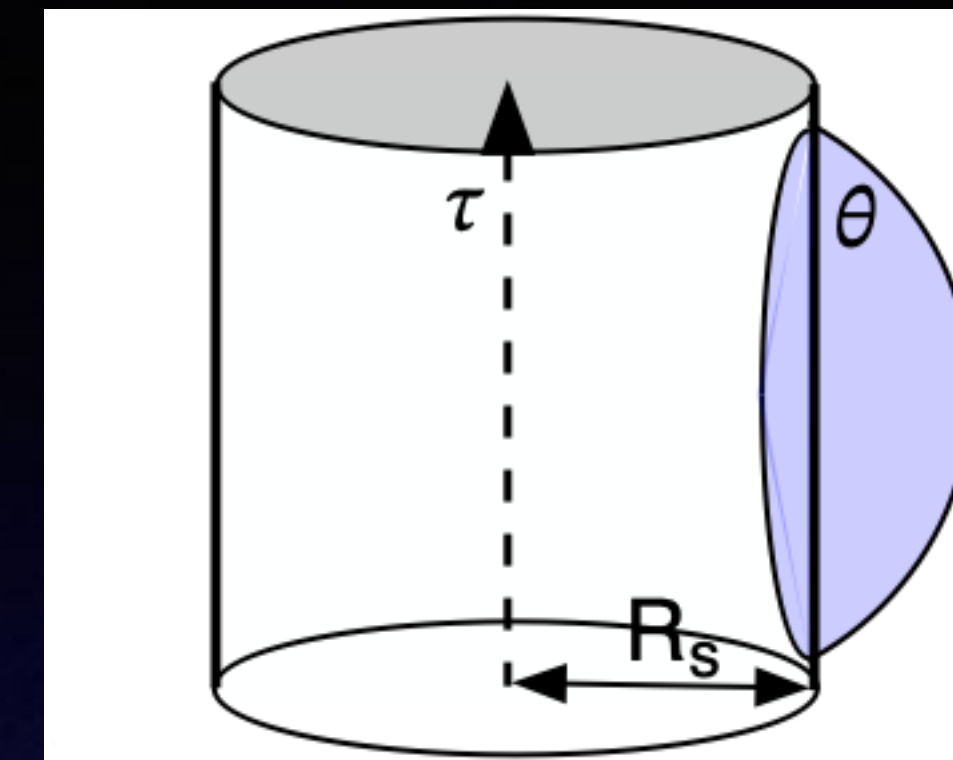
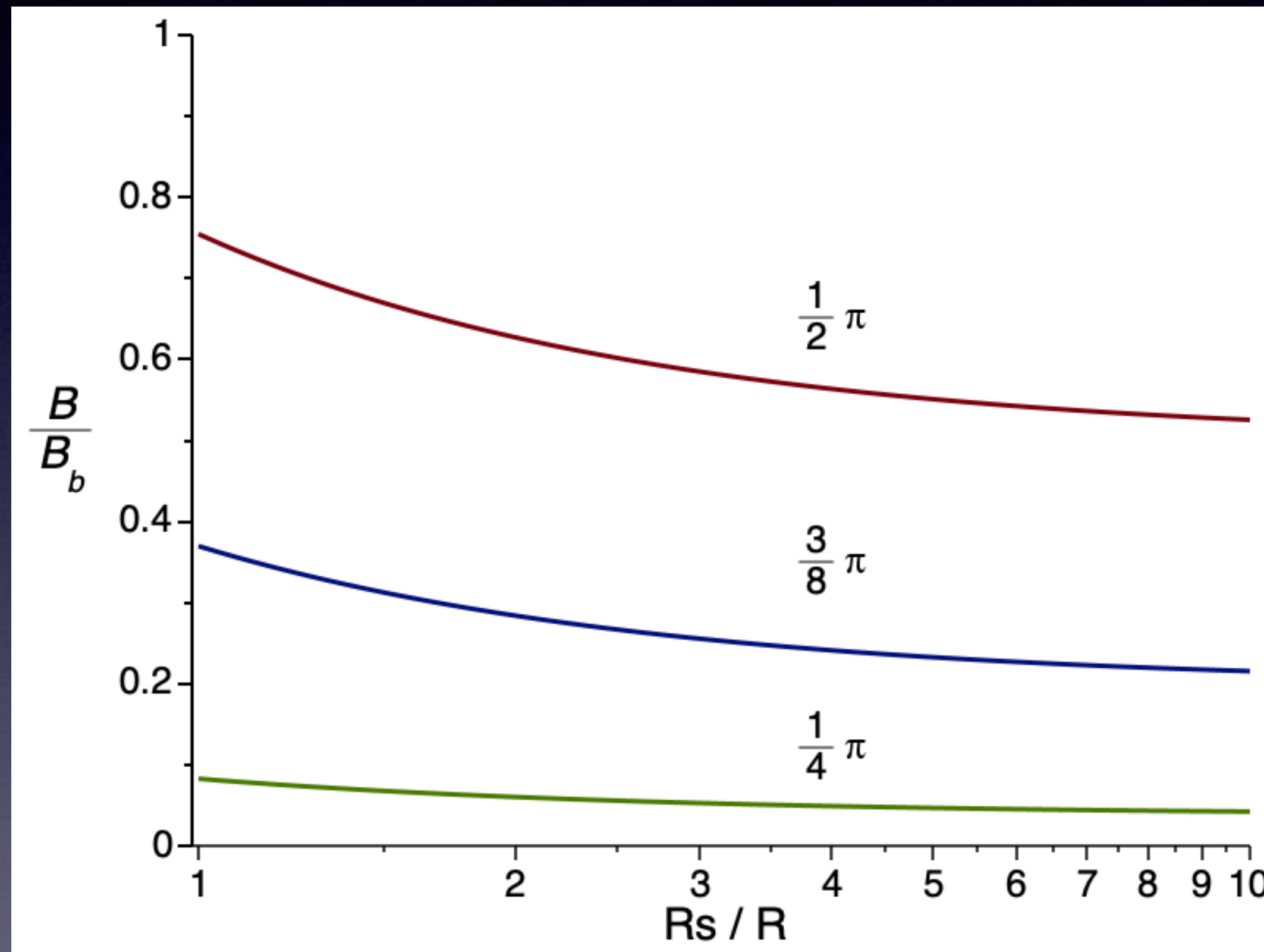
$$B = \Delta E / k_b T$$

False vacuum decay: interstitial

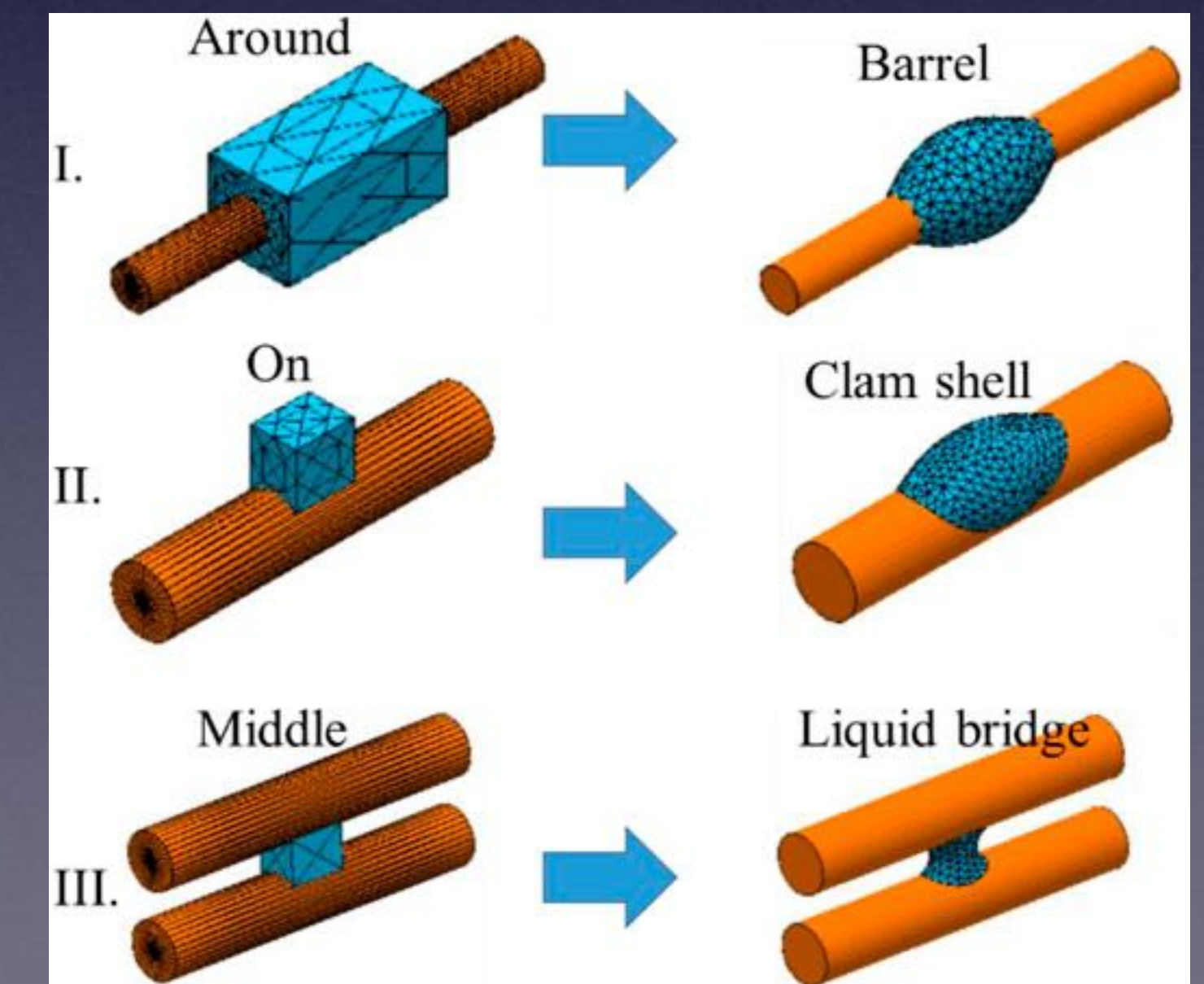


$$B = \Delta S_E / \hbar$$

False vacuum decay: edge

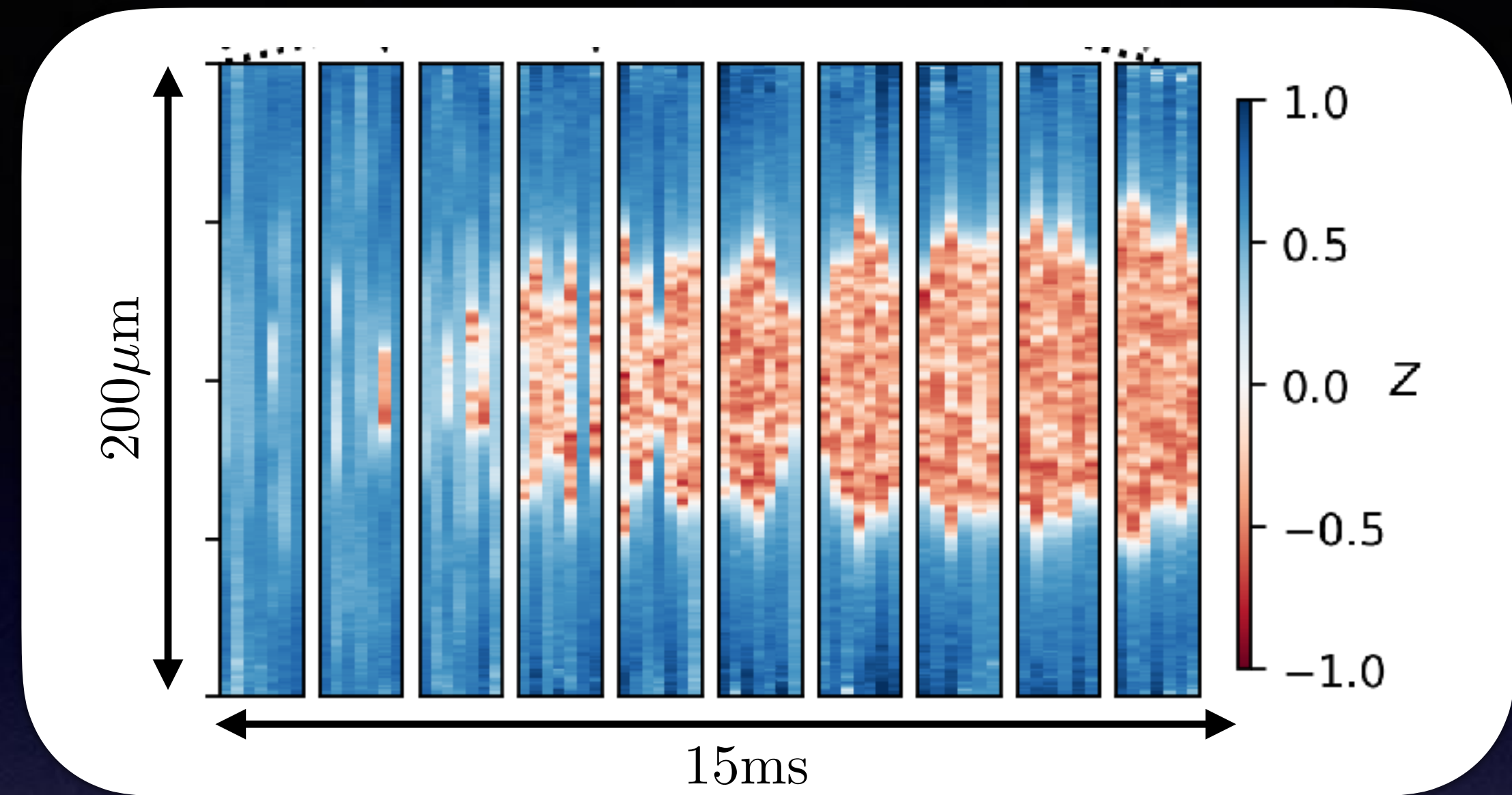


$$B = \Delta S_E / \hbar$$



False Vacuum Decay in the Lab (Trento)

A Zenesini, A Berti, R Cominotti, C Rogora, IG Moss, TP Billam, I Carusotto, G Lamporesi, A Recati, G Ferrari arXiv:2305.05225



Ferromagnetic
bubbles in a two-
component
sodium BEC

time →



t=0



Stable

Unstable

(Bubble nucleates)

Measure width

Nucleation rate fits
theory

False Vacuum Decay in the Lab

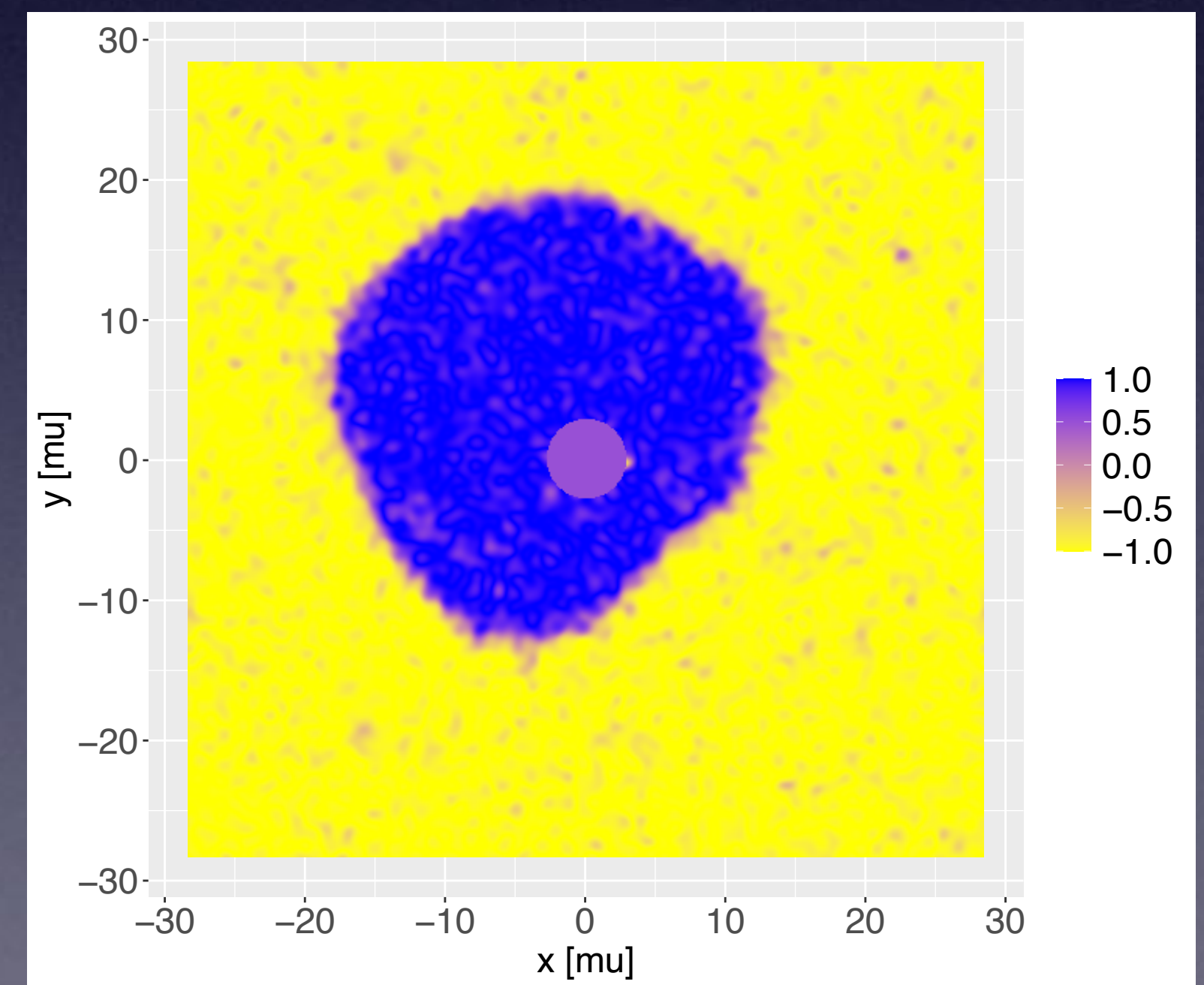
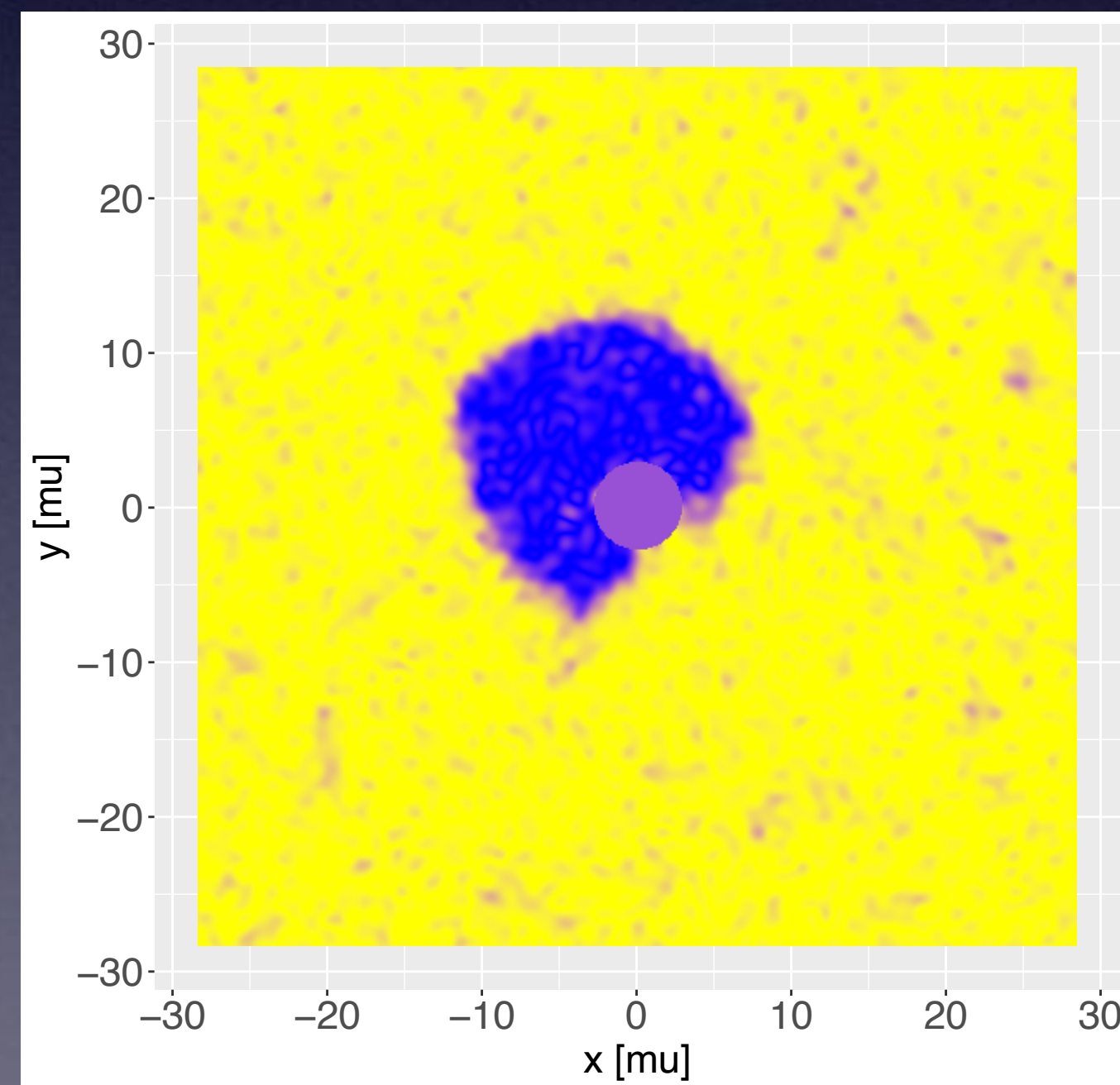
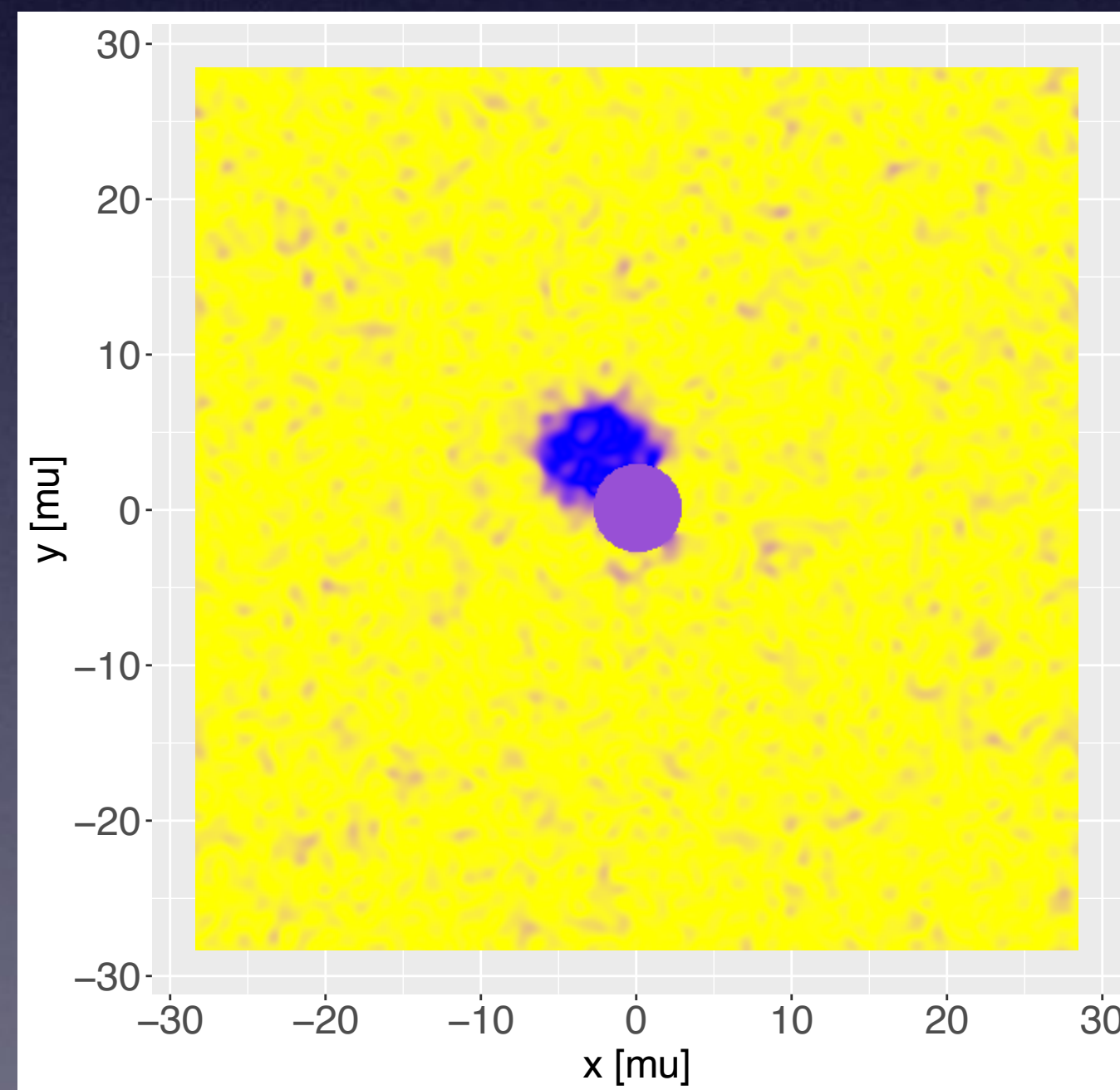
species	$ F, m_F\rangle$ states	effective field	status
sodium 23	$ 1, -1\rangle, 2, -2\rangle$	magnetisation	1D, finite T
potassium 39	$ 1, 0\rangle, 1, -1\rangle$	relative phase	2D under construction
rubidium 87	$ 1, 1\rangle, 1, 0\rangle, 1, -1\rangle$	relative phase	theory only

Seeded False Vacuum Decay simulations: K39 in 2D

Real-time evolution uses the Stochastic Projected Gross Pitaevski equation

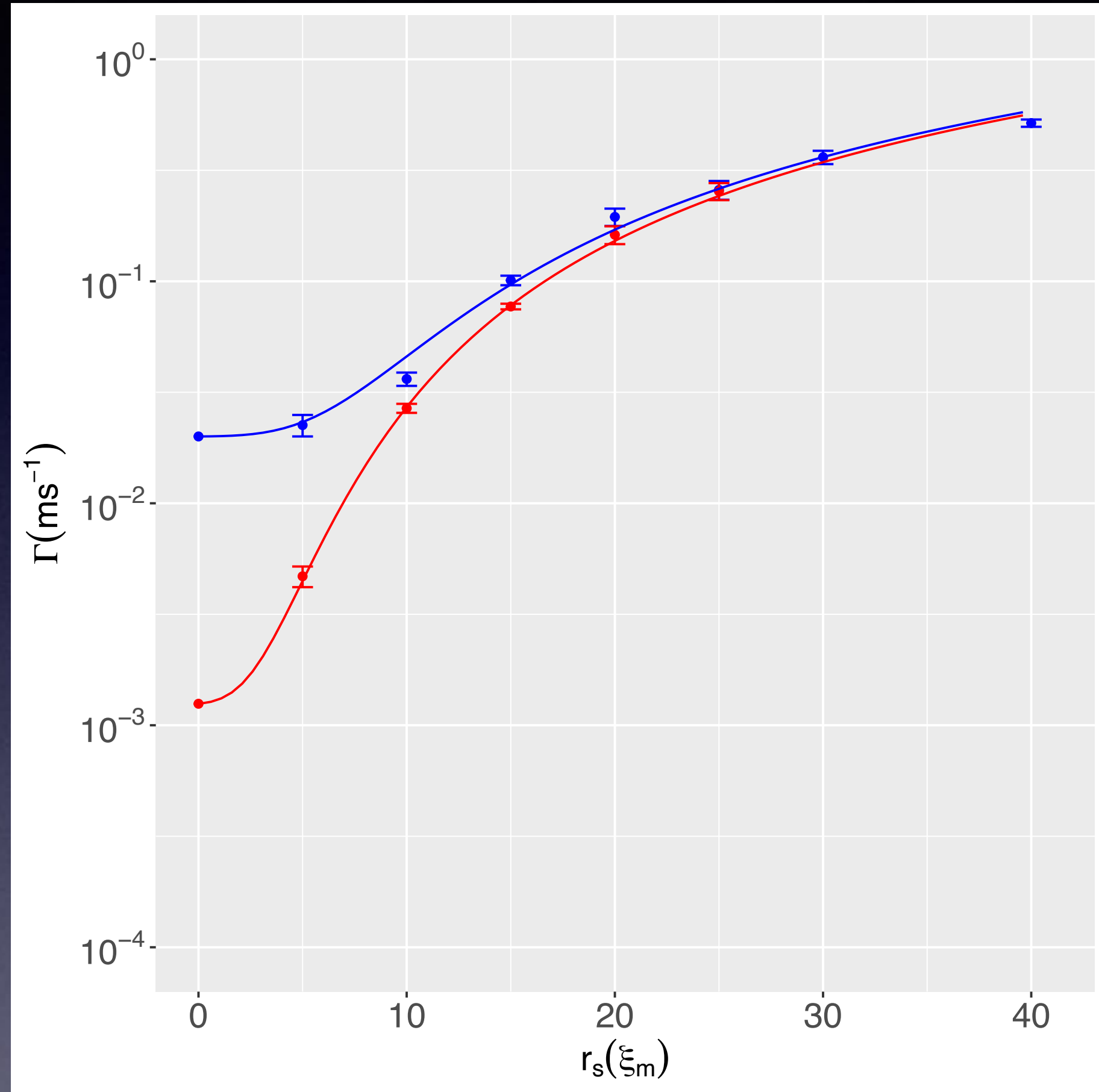
$$i\hbar \frac{\partial \psi_i}{\partial t} = \mathcal{P} \left\{ (1 + i\gamma) \frac{\partial H}{\partial \psi_i} + \eta_i \right\}$$

The components represent two Zeeman levels of the BEC. The relative phase (plotted) undergoes false vacuum decay.



Simulated thermal bubble nucleation around a circular seed for a two dimensional BEC.

Seeded False Vacuum Decay: comparison with theory



Seeded rate: $\Gamma_s = A_s R_s B_s^{1/2} e^{-B_s}$

Where $B_s \equiv B_s(B_b, R_s, R, \theta)$

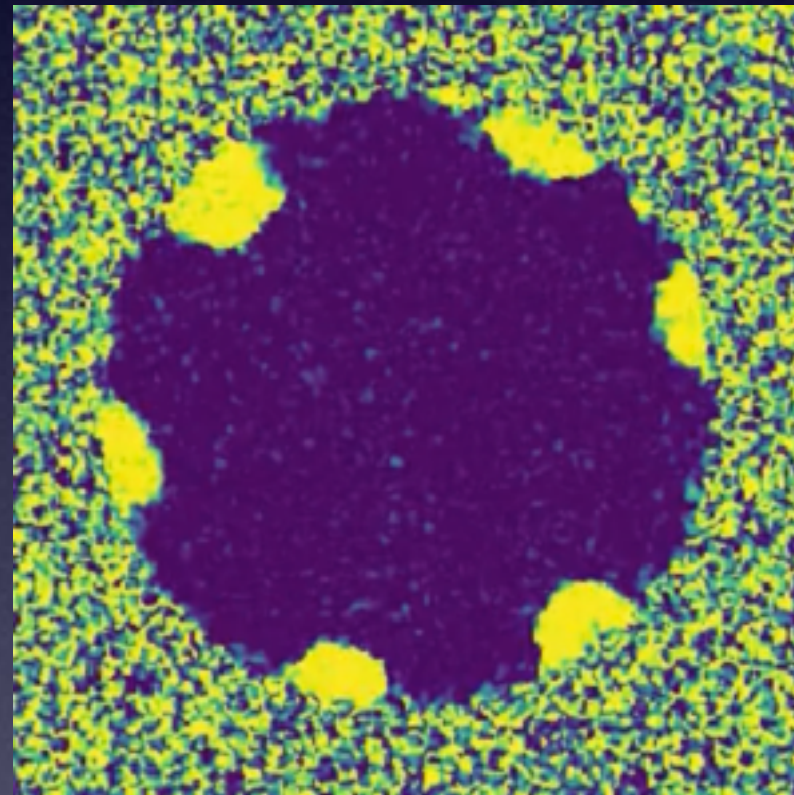
Unseeded rate: $\Gamma_b = A_b L^2 B_b e^{-B_b}$

Total rate: $\Gamma = \Gamma_s + \Gamma_b$

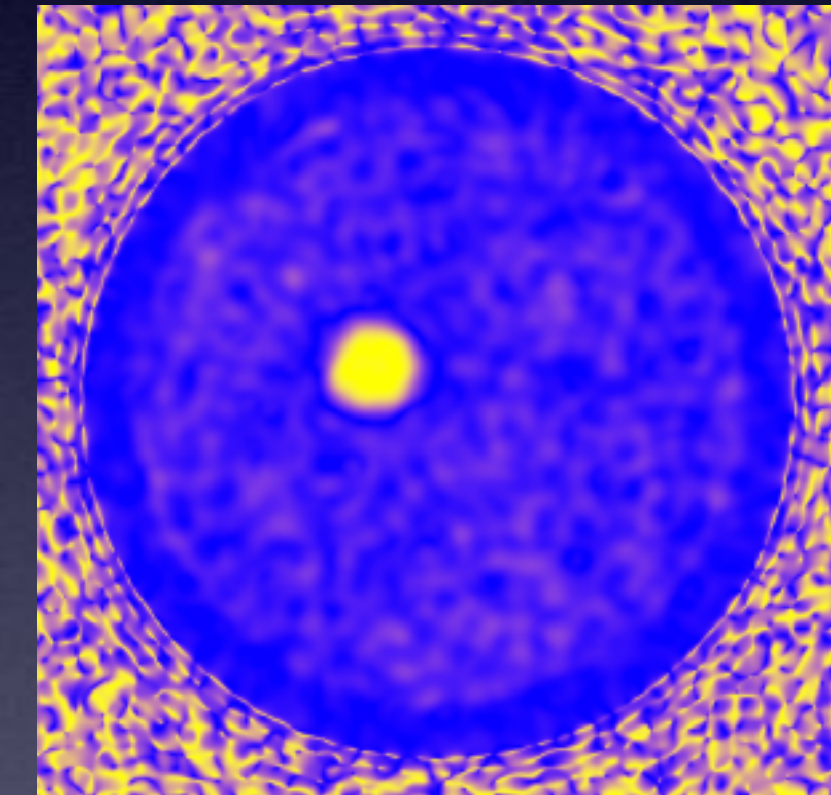
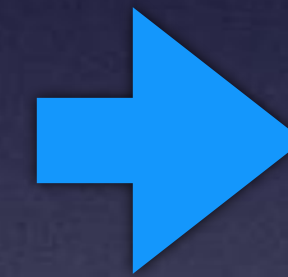
The fit gives $R = 9.2 \xi_m$ ($\xi_m \approx 0.2 \mu\text{m}$)

Bubble nucleation rate plotted as a function of the seed radius. The upper curve is for a periodic box of side $L=400$ and the lower curve $L=200$.

False Vacuum Decay in a trapping potential



hydrophobic coating

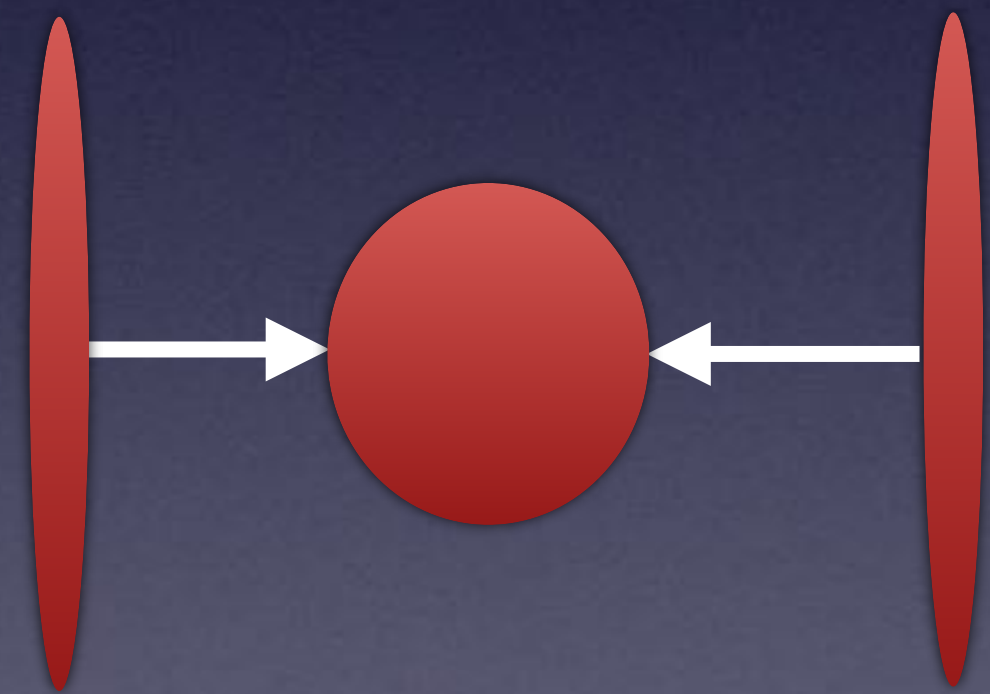


False Vacuum Decay and particle collisions

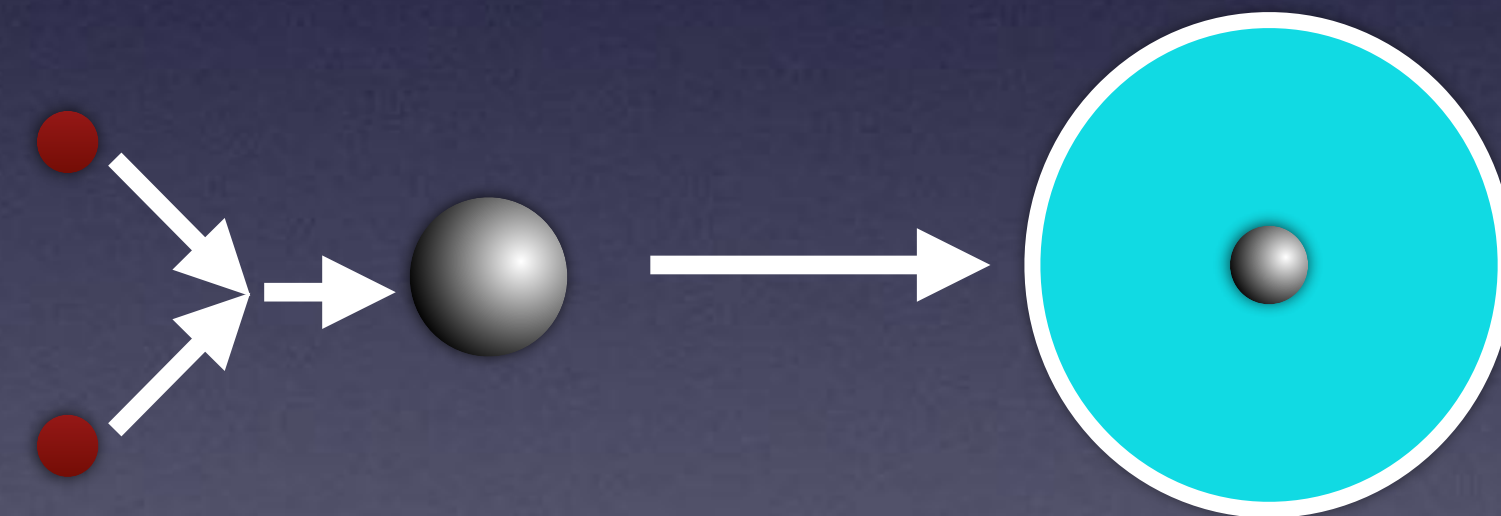
Could particle collisions cause vacuum decay today?

Most results have been 1+1 dimensions - but geometry is important

energy and size



heavy ion collisions



From fantasy to reality?

We have seen the first experimental test of false vacuum decay at finite temperature in a BEC.

False vacuum decay is a non-perturbative quantum field theory phenomenon that may be important in understanding the origin of the universe.

Seeded nucleation may play a role in the early universe and future analogue vacuum decay experiments.

End