Dark matter detection with superfluid optomechanics

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with C. Baker, W. Bowen, M. Dolan, M. Goryachev, G. Harris arXiv:2306.09726



Direct detection: current status



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Direct detection: current status



Increased

exposure

(bigger

detectors)

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Sub-GeV direct detection



Dark matter detection with superfluid ⁴He

Upcoming experiments using superfluid helium-4 target: *HeRALD*, *DELight*

Lanou, Maris & Seidel '87 Guo & McKinsey '13 Ito & Seidel '13 Hertel+ '18

Primary signal: quantum evaporation



Figure: Herald Collaboration

Dark matter detection with superfluid ⁴He

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Adsorption onto surface amplifies signal

Lanou, Maris & Seidel '87 Guo & McKinsey '13 Ito & Seidel '13 Hertel+ '18

Dark matter detection with superfluid ⁴He



Ongoing R&D towards lower threshold calorimeters: HeRALD (transition edge sensors) DELight (magnetic micro-calorimeter)

Sub-MeV direct detection: collective excitations



Sub-MeV direct detection: collective excitations



Sub-MeV mass DM interacts directly with *collective excitations* (e.g. phonons)



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Superfluid⁴He collective modes (phonons/rotons)



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Son '02 Nicolis '11

Low-energy phonons in superfluid described by effective field theory

• Nambu-Goldstone bosons of spontaneously broken U(1) particle number

$$\Phi(x) \to \Phi(x) + \alpha$$
 $\langle \Phi(x) \rangle = \mu t$ $\mu = \text{chemical}$

Son '02 Nicolis '11

Low-energy phonons in superfluid described by effective field theory

• Nambu-Goldstone bosons of spontaneously broken U(1) particle number

$$\Phi(x) \to \Phi(x) + \alpha \qquad \qquad \langle \Phi(x) \rangle = \mu t \qquad \qquad \mu = \text{ chemical potential}$$

• VEV breaks internal U(1), Lorentz boosts & time translations

- Preserves linear combination
$$\,H-\mu N\,$$

Most general Lagrangian consistent with shift symmetry:

$$\mathcal{L} = P(X) \qquad \qquad X = \sqrt{\partial^{\mu} \Phi \partial_{\mu} \Phi}$$

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Most general Lagrangian consistent with shift symmetry:

$$\mathcal{L} = P(X) \qquad \qquad X = \sqrt{\partial^{\mu} \Phi \partial_{\mu} \Phi} \quad \xrightarrow{\Phi = \mu t} \mu$$

"local chemical potential"

P(X) is identified as the pressure of the superfluid

$$T^{\mu\nu}\big|_{\Phi=\mu t} = \mu n \delta^{\mu}_0 \delta^{\nu}_0 - \eta^{\mu\nu} P(\mu)$$

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Most general Lagrangian consistent with shift symmetry:

$$\mathcal{L} = P(X) \qquad \qquad X = \sqrt{\partial^{\mu} \Phi \partial_{\mu} \Phi}$$

Nambu-Goldstone phonon: $\Phi(x,t) = \mu t + \sqrt{\frac{\mu c_s^2}{\bar{n}}} \phi(x,t)$

$$\mathcal{L} = \frac{1}{2}\dot{\phi}^2 - \frac{c_s^2}{2}\left(\nabla\phi\right)^2 + \lambda_3 \dot{\phi}\left(\nabla\phi\right)^2 + \mathcal{O}(\phi^4)$$

Sound speed, couplings can be expressed in terms of derivatives of $P(\mu)$

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Dark matter – phonon interactions

Acanfora, Esposito, Pelosa '19

Consider spin-independent DM-nucleon interaction

$$\implies$$
 DM couples to He number density $n = \frac{P'(X)}{X} \partial^0 \Phi$

$$\mathcal{L}_{\rm int} = g_{\chi} n \chi^2$$

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Detecting phonons - cavity optomechanics

Basic idea: optomechanical systems can be single phonon detectors

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Toy model:



$$H = \Omega_m b_m^{\dagger} b_m + \left(\omega_0 + \frac{\partial \omega}{\partial x} x\right) \frac{a^{\dagger} a}{a^{\dagger} a}$$

Optical resonance frequency depends on cavity length

Detecting phonons - cavity optomechanics

H

Basic idea: optomechanical systems can be single phonon detectors

Toy model:



$$= \Omega_m b_m^{\dagger} b_m + \left(\omega_0 + \frac{\partial \omega}{\partial x}x\right) a^{\dagger} a$$
$$= \Omega_m b_m^{\dagger} b_m + \left(\omega_0 + g_0(b_m + b_m^{\dagger})\right) a^{\dagger} a$$
$$\int_{0}^{0} control coupling}$$

superfluid ⁴He filled optical cavity



Figure: Kashkanova+ '16

Mechanical mode: phonons in superfluid

Optomechanical interaction due to change in refractive index

superfluid ⁴He filled optical cavity



Figure: Kashkanova+ '16

$$H_{\rm OM} = -g_0 (a_{\gamma_1}^{\dagger} a_{\gamma_2} b_m^{\dagger} + {\rm h.c.})$$

$$(a_{\gamma_1}^{\dagger} a_{\gamma_2} b_m^{\dagger} + {\rm h.c.})$$
optomechanical photons phonon coupling

Energy-momentum conservation:

$$\Omega_m = \omega_{\gamma_2} - \omega_{\gamma_1} \ll \omega_{\gamma_{1,2}}$$
$$\lambda_m \approx \lambda_{\gamma}/2$$

superfluid ⁴He filled optical cavity



Figure: Kashkanova+ '16

$$H_{\rm OM} = -g_0 (a_{\gamma_1}^{\dagger} a_{\gamma_2} b_m^{\dagger} + \text{h.c.})$$

$$\rightarrow -g_0 \sqrt{N_1} (a_{\gamma_2} b_m^{\dagger} + \text{h.c.})$$

pump laser enhances small g_{0}

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Optomechanical interaction converts ~µeV phonons into detectable ~eV photons

superfluid ⁴He filled optical cavity



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Optomechanical systems have demonstrated µeV phonon counting (e.g. Patil et. al. '22)

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Narrow-band detection

Superfluid optomechanical systems as dark matter detectors:

- ✓ exceptional low-energy sensitivity (~µeV)
- × narrow-band detector (single phonon energy)
- Very low dark matter scattering rate due to restricted phase space



Narrow-band detection & phonon lasing

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Solution: Phonon lasing

- *Stimulated* scattering rate (proportional to phonon occupation number)
- Achieved via optomechanical interaction



Scattering rate

Initial state phonon number density

$$R \propto \frac{\rho_{\chi} \sigma_{\chi n}}{m_{\chi}^3} n_s Q^2 \frac{\Omega_r \Omega_s}{m_{\rm He}^2 c_s^4} \frac{\left(1 + \gamma_G\right)^2}{\left(1 + \gamma_G\right)^2}$$

Acoustic quality factor: $Q=\Omega_m/\Gamma_m$

3-phonon coupling





Scattering rate





Scattering is between specific initial *and final* phonon states:

- I. Scattering is at fixed momentum transfer: $q = \left(\Omega_r \Omega_m\right)/c_s \sim \mathrm{eV}$
- II. Event rate *doesn't* scale with detector volume (resolved mode regime)

Dark matter detector requires optomechanical control of *two* acoustic modes





Phonon lasing Lower-energy phonon mode Ω_s populated via optomechanical interaction







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Stimulated dark matter scattering excites higher energy phonon mode













Detection

Photon detected by single photon detector (SNSPD)





ODIN: Optomechanical Dark-matter INstrument



cavity dimensions ~ 30cm x 0.7mm

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Main detector backgrounds:

- Thermal phonons $(10^{-5} \text{ Hz at T} = 4 \text{mK and } \text{Q} = 10^{10})$
- SNSPD dark counts (~6 $\times 10^{-6}$ Hz)
- Incomplete filtering of pump lasers (especially 532nm, supressed with filter cavities)

Expected background rate ~1 event/day

ODIN: Projected Sensitivity





- Superfluid He is a promising target for light dark matter searches
- Optomechanical detection uses conversion of ~µeV phonons to ~eV photons
- ODIN will be sensitive to ~keV mass dark matter
- Currently exploring improvements to sensitivity signal modulation?
- Potential application to high frequency gravitational waves
- Proposals to also use optomechanical detectors for ultralight DM [Manley+ '19, Manley+ '22, Brady+ '22, Murgui+'22].

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Backup

Optical asymmetry

Optical mode spacing (FSR) can be engineered to select amplification/cooling of acoustic modes:

