



Adiabatic renormalization without infrared distortions in cosmological spacetimes

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Based on:

Ferreiro & FT, *PLB* 840 (2023) [2212.01078]

Ferreiro, Monin & FT, *PRD* 109 (2024) [2311.08986]

Scalar field in curved spacetime

- Scalar field + FLRW background + non-minimal coupling to curvature: $[ds^2 = a^2(\tau)(d\tau^2 - d\vec{x}^2)]$

$$\phi'' + 2\frac{a'}{a}\phi' - \nabla^2\phi + m^2\phi + \xi R(\tau)\phi = 0$$

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Coincident spacetime points:
($x = x'$)

$$\langle \phi^2 \rangle = \int d \log k \Delta_{\phi^2}(k);$$

$$\Delta_{\phi^2}(k) \equiv \frac{k^3 |\chi_k|^2}{2\pi^2 a^2}$$

Power spectrum

Example: de Sitter spacetime

EXAMPLE:

$$\begin{array}{l} \text{de Sitter} \\ a(\tau) = - (H\tau)^{-1} \end{array} + \begin{array}{l} \text{light field} \\ m \ll H \end{array} + \begin{array}{l} \text{Bunch- Davies vacuum} \\ \chi_k \propto \sqrt{\tau} H_{\nu[m]}^{(1)}(-k\tau) \end{array}$$

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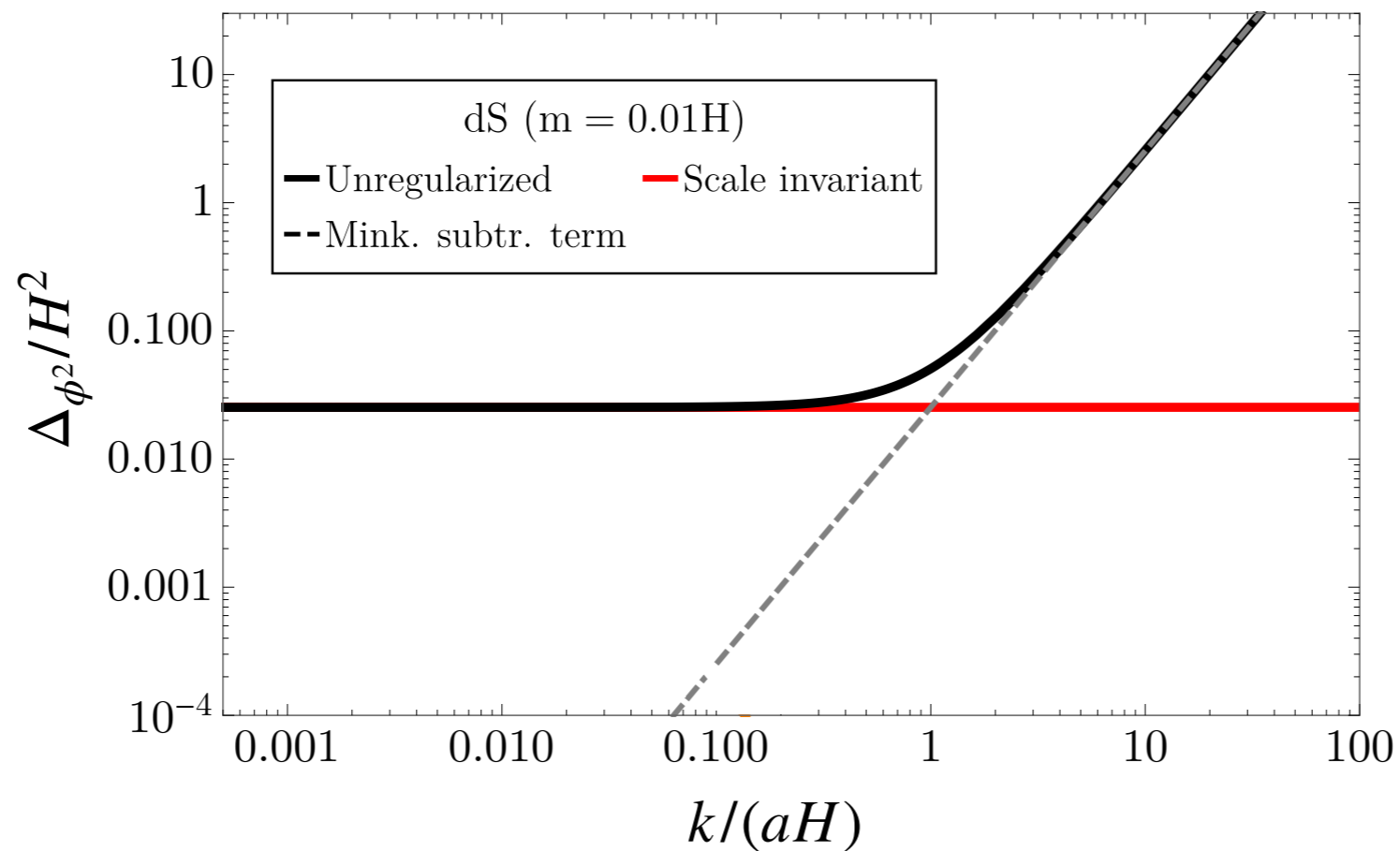
+

light field
 $m \ll H$

+

Bunch- Davies vacuum

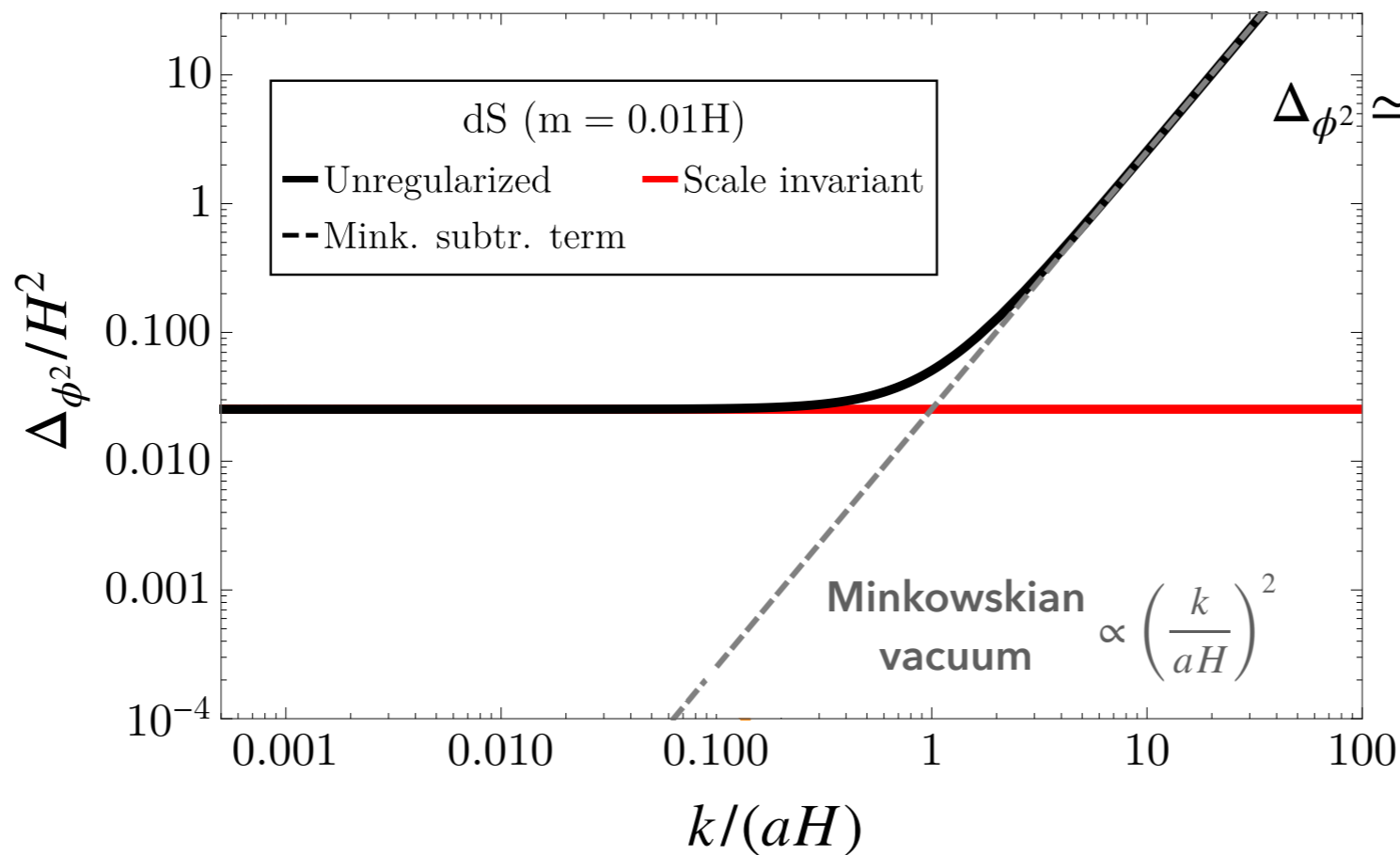
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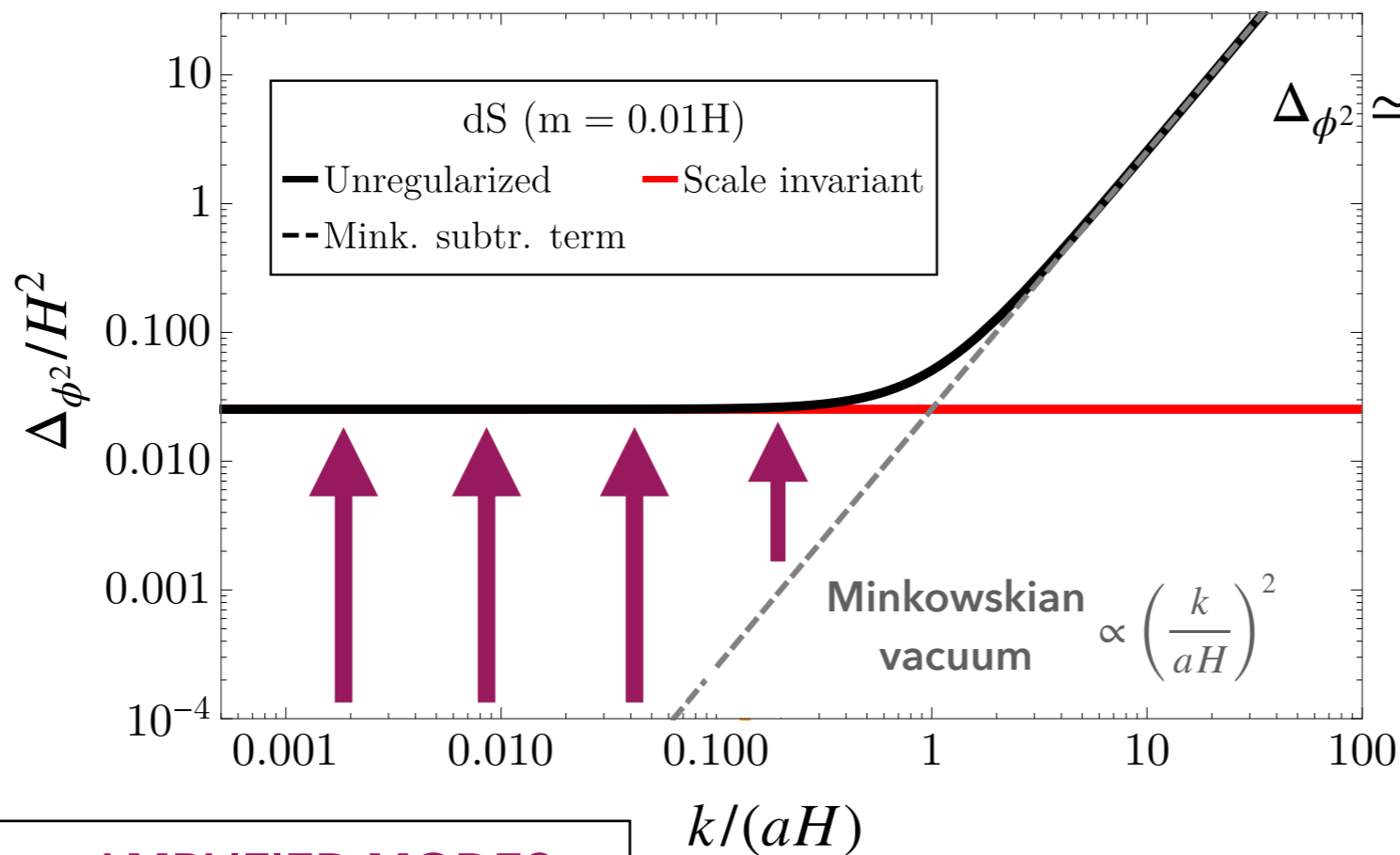
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quasi scale-invariant
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**AMPLIFIED MODES
at super-horizon scales**

$$k \lesssim aH$$

Expectation values

- **TWO-POINT FUNCTION:**
(at coincident spacetime points)

$$\langle \phi^2 \rangle = \frac{1}{(2\pi)^3} \int d^3k \langle \phi_k^2 \rangle; \quad \langle \phi_k^2 \rangle \equiv |h_k|^2$$

$$[h_k \equiv \chi_k/a]$$

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► **STRESS-ENERGY TENSOR:** $\langle T_{\mu\nu} \rangle = -g_{\mu\nu} \langle p \rangle + (\langle p \rangle + \langle \rho \rangle) u_\mu u_\nu$

$$\langle \rho \rangle = \frac{1}{(2\pi)^3} \int d^3k \langle \rho_k \rangle; \quad \langle \rho_k \rangle \equiv \frac{1}{2a^2} \left\{ |h'_k|^2 + (k^2 + m^2 a^2) |h_k|^2 + 6\xi \left(\frac{a^2}{a^2} |h_k|^2 + \frac{a'}{a} (h_k h'_k{}^* + h_k^* h'_k) \right) \right\}$$

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$\langle \phi^2 \rangle$ contains **quadratic** and **logarithmic** UV divergences

$\langle T_{\mu\nu} \rangle$ contains **quartic**, **quadratic** and **logarithmic** UV divergences

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REGULARIZED
POWER SPECTRA

$$:\Delta_{\phi^2}: (k) \equiv \frac{k^3}{2\pi^2} \left(\langle \phi_k^2 \rangle - \mathcal{S}_{\phi^2} \right)$$

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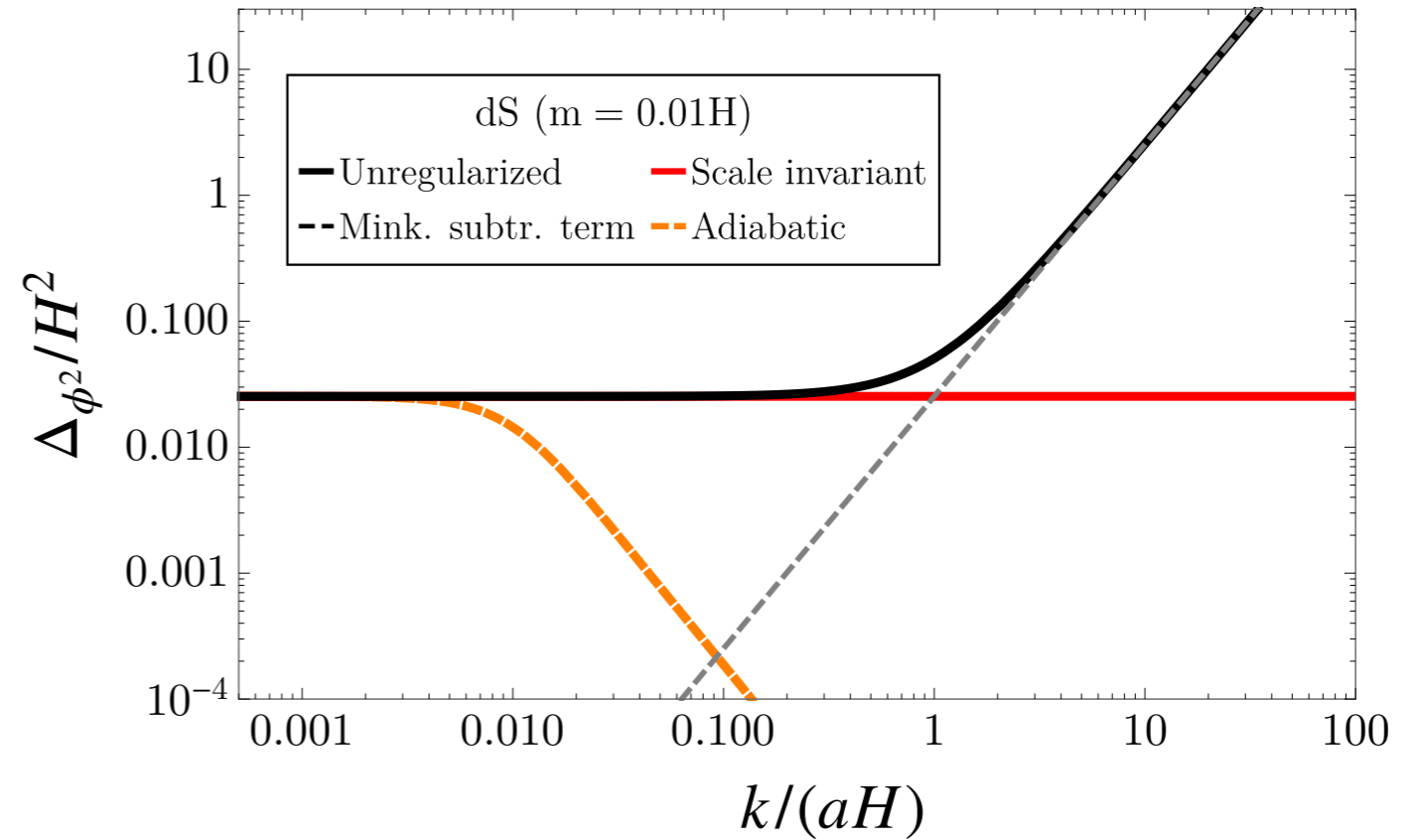
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- Equivalent to deWitt-Schwinger expansion in general curved backgrounds.

[e.g. del Rio & Navarro-Salas (2014)]

Infrared distortions

PROBLEM 1: Standard adiabatic regularization may distort the amplified infrared part of the spectrum



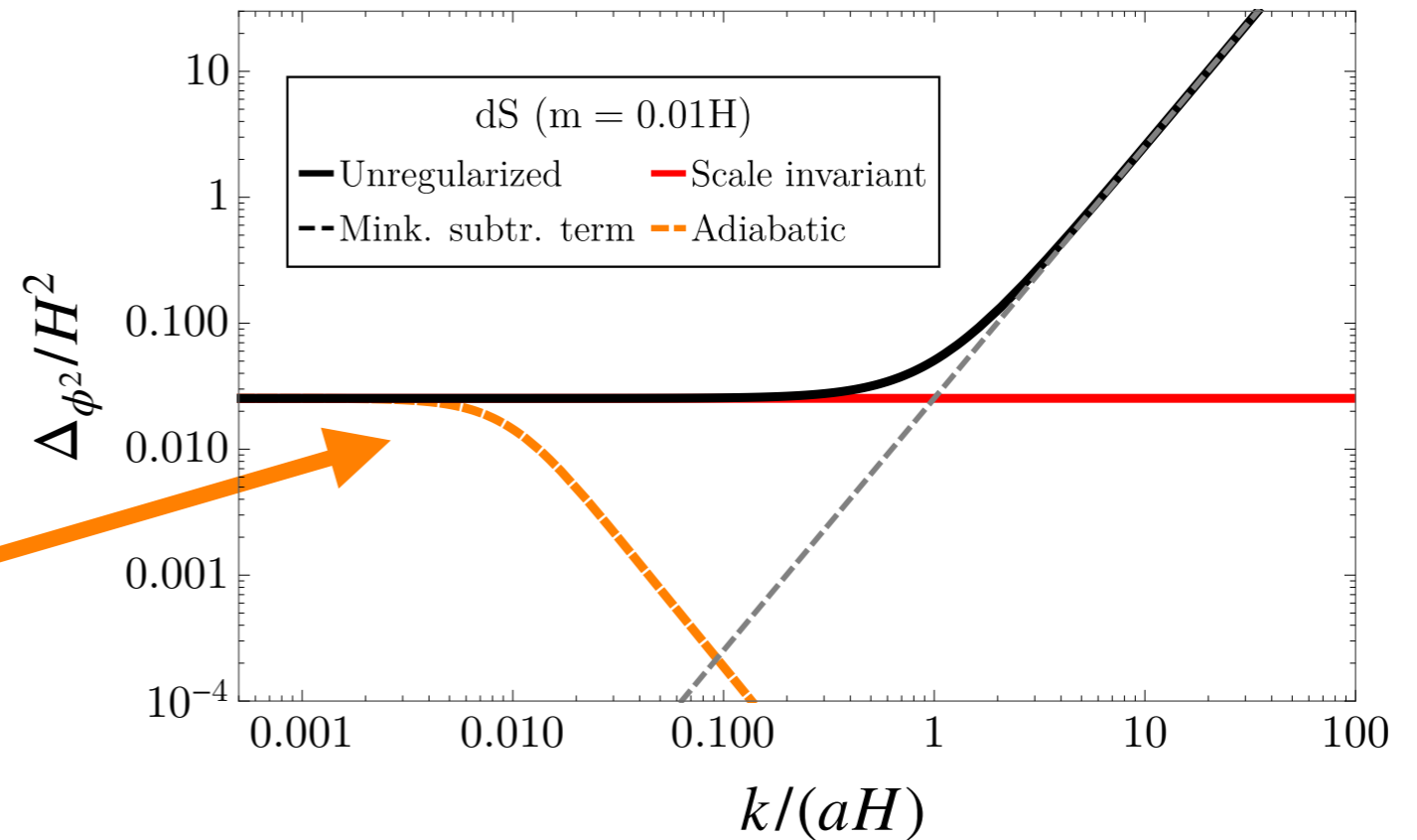
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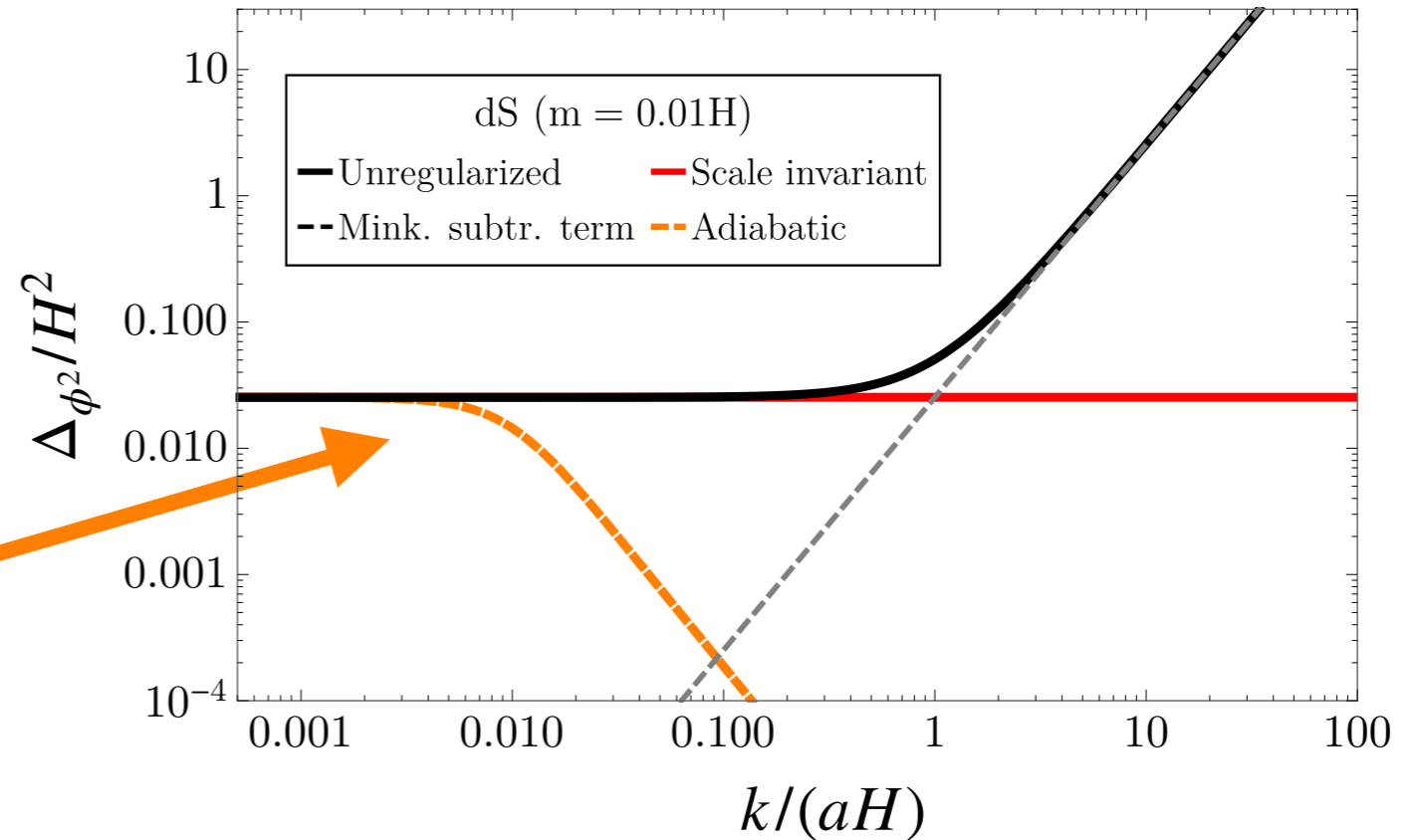
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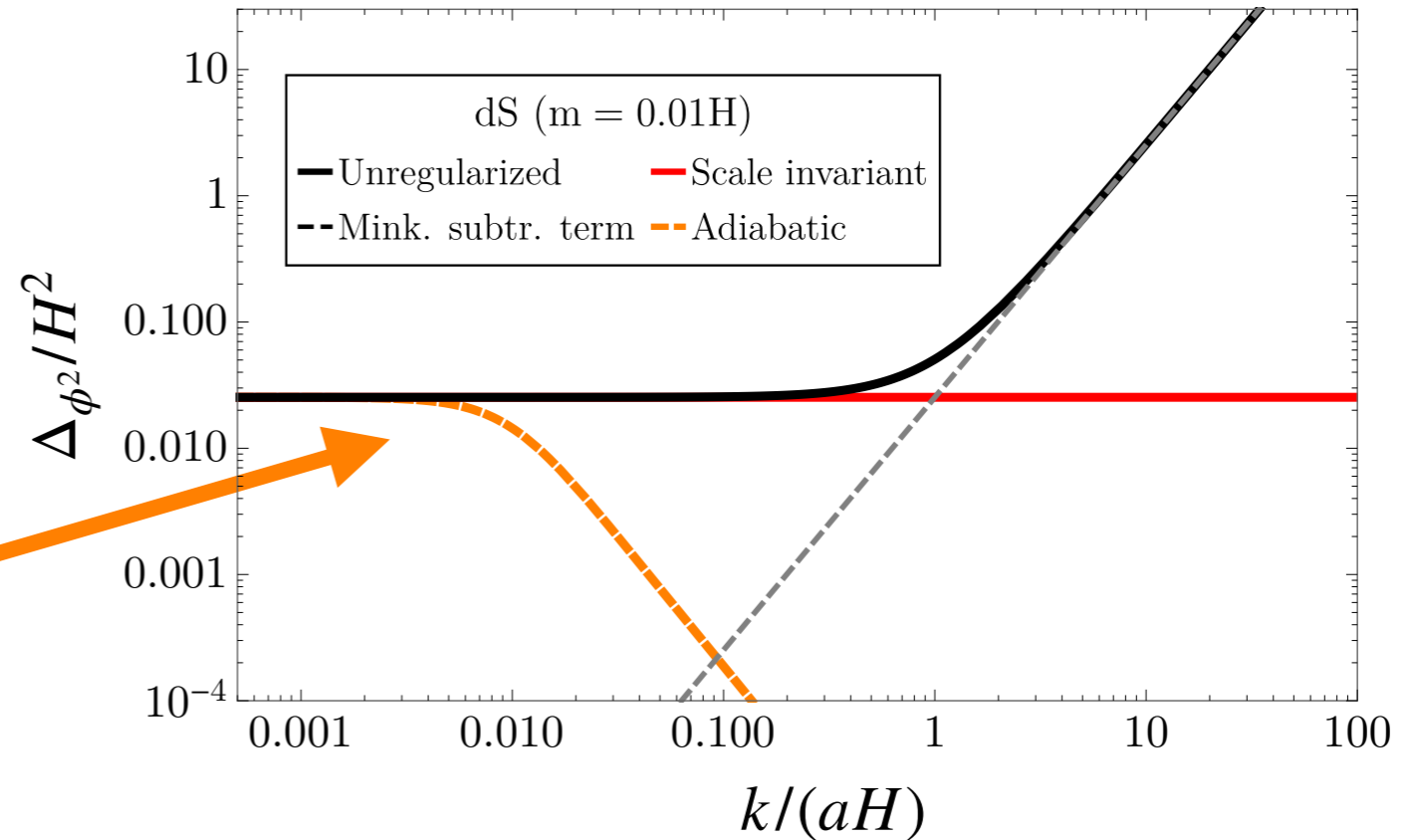
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- Implications?

Agullo, Navarro-Salas, Olmo, Parker (2008,09).

Finelli, Marozzi, Vacca, Venturi (2007)

Durrer, Marozzi, Rinaldi (2009)

Urakawa, Starobinsky (2009)

Bastero-Gil, Berera, Mahajan, Rangarajan (2013)

Markkanen (2015)

Animali, Conzino, Marozzi (2022)

Corba, Sorbo (2022)

Pla, Stefanek (2024)

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- Two different regularization methods compatible with **locality** and **covariance** can differ by a **finite amount of geometrical terms** [Wald 1995]:

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- We develop a new regularization method that solves both problems:

Physical scale adiabatic regularization (PSAR)

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PSAR method for the two-point function

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M : arbitrary mass scale

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- Higher orders are obtained by solving the mode equation iteratively:

$$\chi_k'' + \left(\bar{\omega}^2 - \underbrace{M^2 a^2 + m^2 a^2 + \left(\xi - \frac{1}{6} \right) a^2 R}_{\text{2nd order}} \right) \chi_k = 0$$

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- Subtraction terms are obtained by expanding up to second order:

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in Minkowski spacetime

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$$\mathcal{S}_{\phi^2} \equiv \frac{1}{2a^2\sqrt{k^2 + m^2 a^2}} - \frac{(\xi - \frac{1}{6})R}{4(k^2 + M^2 a^2)^{3/2}}$$

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M : arbitrary mass scale

- The difference between prescriptions can be written as a sum of geometric terms:

$$\underbrace{\langle : \overline{\phi^2(x)} : \rangle}_{\text{PSAR method}} - \underbrace{\langle : \phi^2(x) : \rangle}_{\text{Adiabatic method}} = \frac{\xi - \frac{1}{6}}{16\pi^2} \log\left(\frac{m^2}{M^2}\right)R + \frac{R}{288\pi^2}$$



Example: de Sitter spacetime

Regularized power spectrum with the PSAR method

$$:\Delta_{\phi^2}: = \frac{H^2 x^3}{8\pi} \left(|H_\nu^{(1)}(x)|^2 - \frac{2\pi^{-1}}{\sqrt{m_H^2 + x^2}} - \frac{2\pi^{-1}}{(M_H^2 + x^2)^{\frac{3}{2}}} \right)$$

$$x \equiv k/(aH)$$

$$M_H \equiv \frac{M}{H} \quad m_H \equiv \frac{m}{H}$$

$$\nu \equiv \sqrt{\frac{9}{4} - m_H^2}$$

Example: de Sitter spacetime

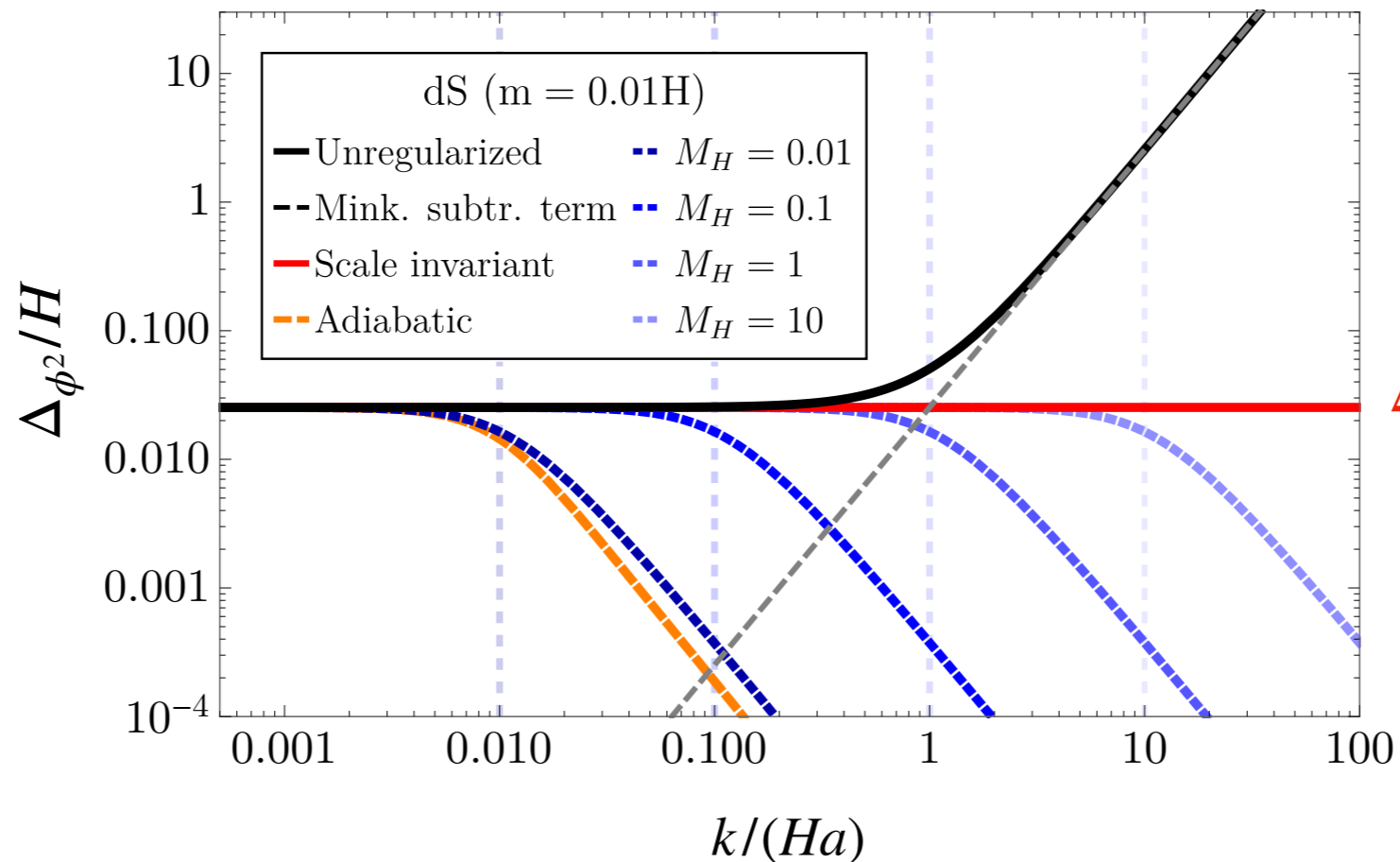
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$$\Delta_{\phi^2}^{(0s)} \simeq \frac{H^2}{4\pi^2}$$

Example: de Sitter spacetime

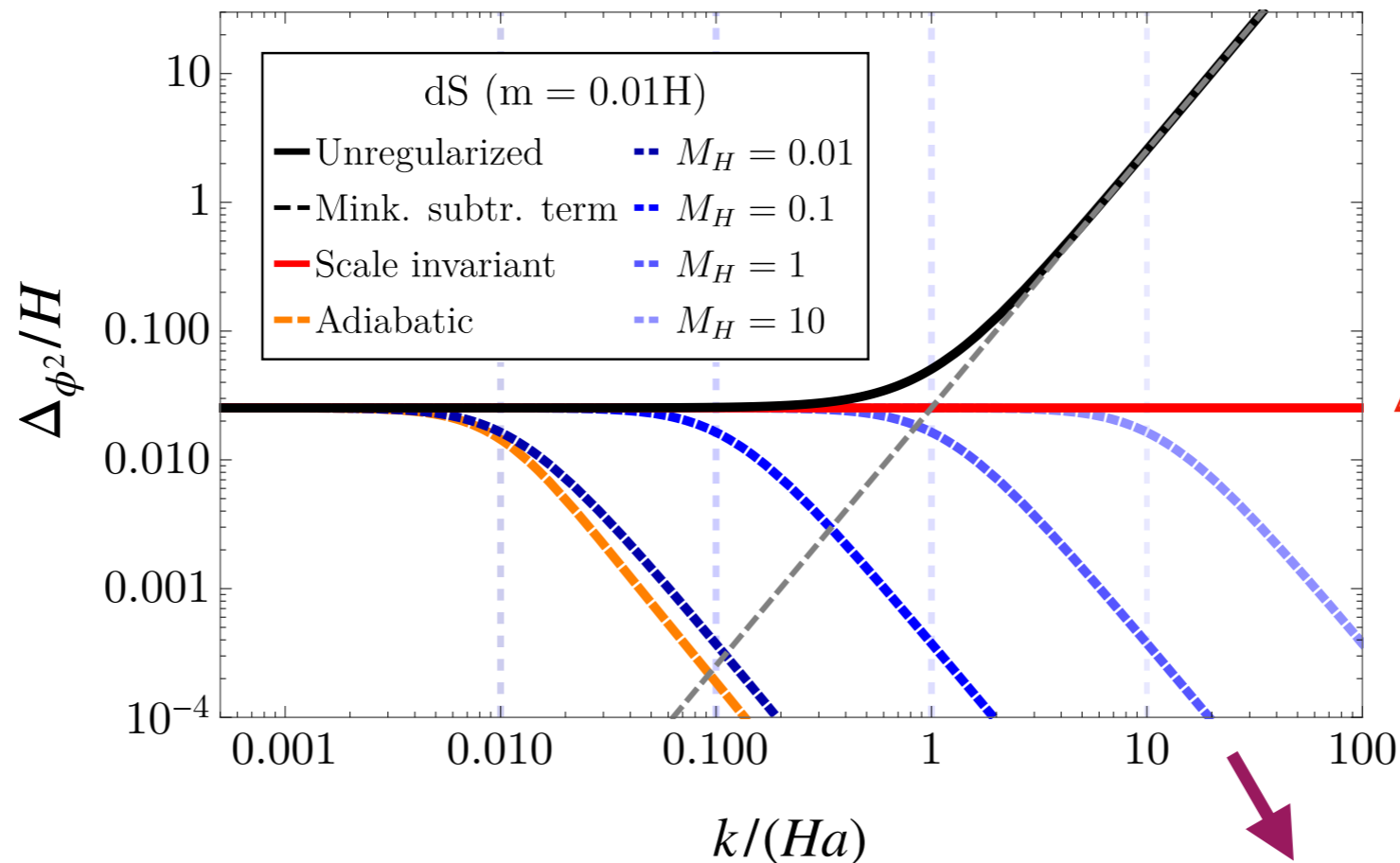
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setting $M = H$ removes the UV tail while preserving the infrared amplified part of the spectrum

PSAR method for the stress-energy tensor

PSAR method for the regularized stress-energy tensor

We expand up to **fourth adiabatic order** and modify the terms so that:

- 1.** $\langle :T_{ab}: \rangle = 0$ in Minkowski spacetime
- 2.** $\nabla^a \langle :T_{ab}: \rangle = 0$ (conserved tensor)
- 3.** No distortions for $k \lesssim k_+$, with k_+ the maximum amplified momentum.

Ferreiro, Monin & F.T, PRD (2024) [2311.08986]

PSAR method for the stress-energy tensor

Subtraction terms depend on two arbitrary mass scales: M_2 and M_4

PSAR method for the stress-energy tensor

Subtraction terms depend on two arbitrary mass scales: M_2 and M_4

► Energy density:

$$\begin{aligned} \mathcal{S}_\rho = & \frac{\omega}{2a^4} + \left(\xi - \frac{1}{6} \right) \left(\frac{9M_2^2 m^2 a^2}{4a^2 \omega_2^5} - \frac{3m^2 a^2}{4a^4 \omega_2^3} - \frac{9M_2^4 a^2}{4a^2 \omega_2^5} - \frac{3M_2^2 a^2}{4a^4 \omega_2^3} - \frac{3a^2}{2a^6 \omega_2} \right) \\ & + \left(\xi - \frac{1}{6} \right)^2 \left(\frac{27M_4^2 a^2 a''}{2a^5 \omega_4^5} + \frac{9a^2 a''}{a^7 \omega_4^3} - \frac{9a^{(3)} a'}{2a^6 \omega_4^3} + \frac{9a''^2}{4a^6 \omega_4^3} \right) \end{aligned} \quad \begin{aligned} \omega & \equiv \sqrt{k^2 + m^2 a^2} \\ \omega_2 & \equiv \sqrt{k^2 + M_2^2 a^2} \\ \omega_4 & \equiv \sqrt{k^2 + M_4^2 a^2} \end{aligned}$$

PSAR method for the stress-energy tensor

Subtraction terms depend on two arbitrary mass scales: M_2 and M_4

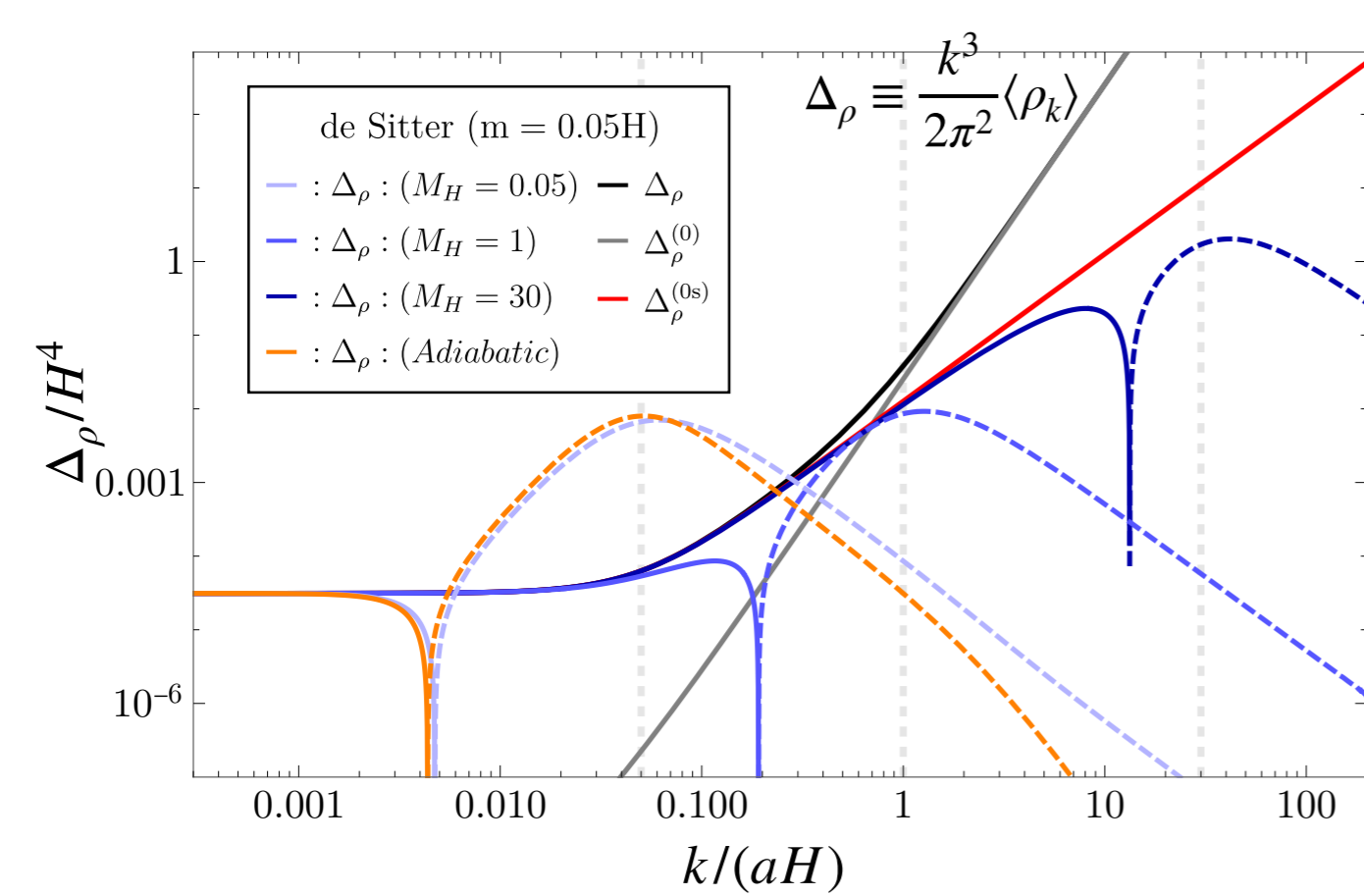
► Energy density:

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► Pressure density:

$$\begin{aligned} \mathcal{S}_p = -\frac{m^2}{6a^2 \omega} + \frac{\omega}{6a^4} + \left(\xi - \frac{1}{6} \right) & \left(\frac{3M_2^4 a''}{2a \omega_2^5} + \frac{M_2^2 a''}{2a^3 \omega_2^3} + \frac{a''}{a^5 \omega_2} - \frac{15M_2^6 a^2}{4\omega_2^7} - \frac{3M_2^2 a^2}{4a^4 \omega_2^3} - \frac{3a^2}{2a^6 \omega_2} \right. \\ & \left. - \frac{3m^2 M_2^2 a''}{2a \omega_2^5} + \frac{m^2 a''}{2a^3 \omega_2^3} + \frac{15m^2 M_2^4 a^2}{4\omega_2^7} - \frac{3m^2 M_2^2 a^2}{2a^2 \omega_2^5} - \frac{m^2 a^2}{4a^4 \omega_2^3} \right) \\ & + \left(\xi - \frac{1}{6} \right)^2 \left(\frac{3a^{(4)}}{2a^5 \omega_4^3} - \frac{27M_4^2 a''^2}{4a^4 \omega_4^5} - \frac{15a''^2}{4a^6 \omega_4^3} - \frac{9M_4^2 a^{(3)} a'}{a^4 \omega_4^5} - \frac{15a^{(3)} a'}{2a^6 \omega_4^3} + \frac{45M_4^4 a^2 a''}{2a^3 \omega_4^7} + \frac{18M_4^2 a^2 a''}{a^5 \omega_4^5} + \frac{12a^2 a''}{a^7 \omega_4^3} \right) \end{aligned}$$

Example: de Sitter spacetime

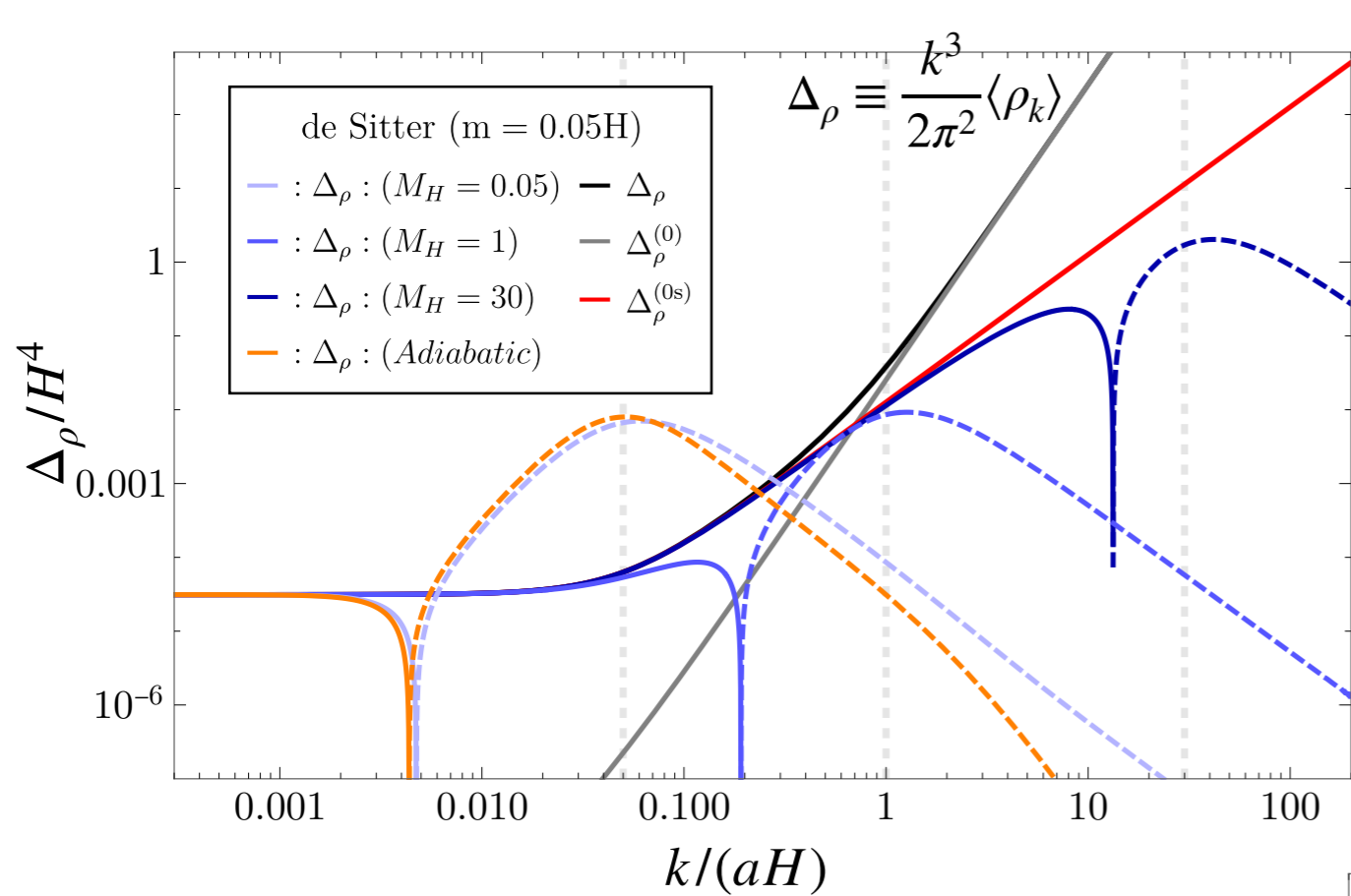


$$\Delta_\rho^{(0s)} \equiv \frac{k^3}{2\pi^2} \left(\langle \rho_k \rangle - \mathcal{S}_\rho^{(0)} \right)$$

← ENERGY DENSITY

$$\Delta_\rho \equiv \frac{k^3}{2\pi^2} \left(\langle \rho_k \rangle - \mathcal{S}_\rho \right)$$

Example: de Sitter spacetime

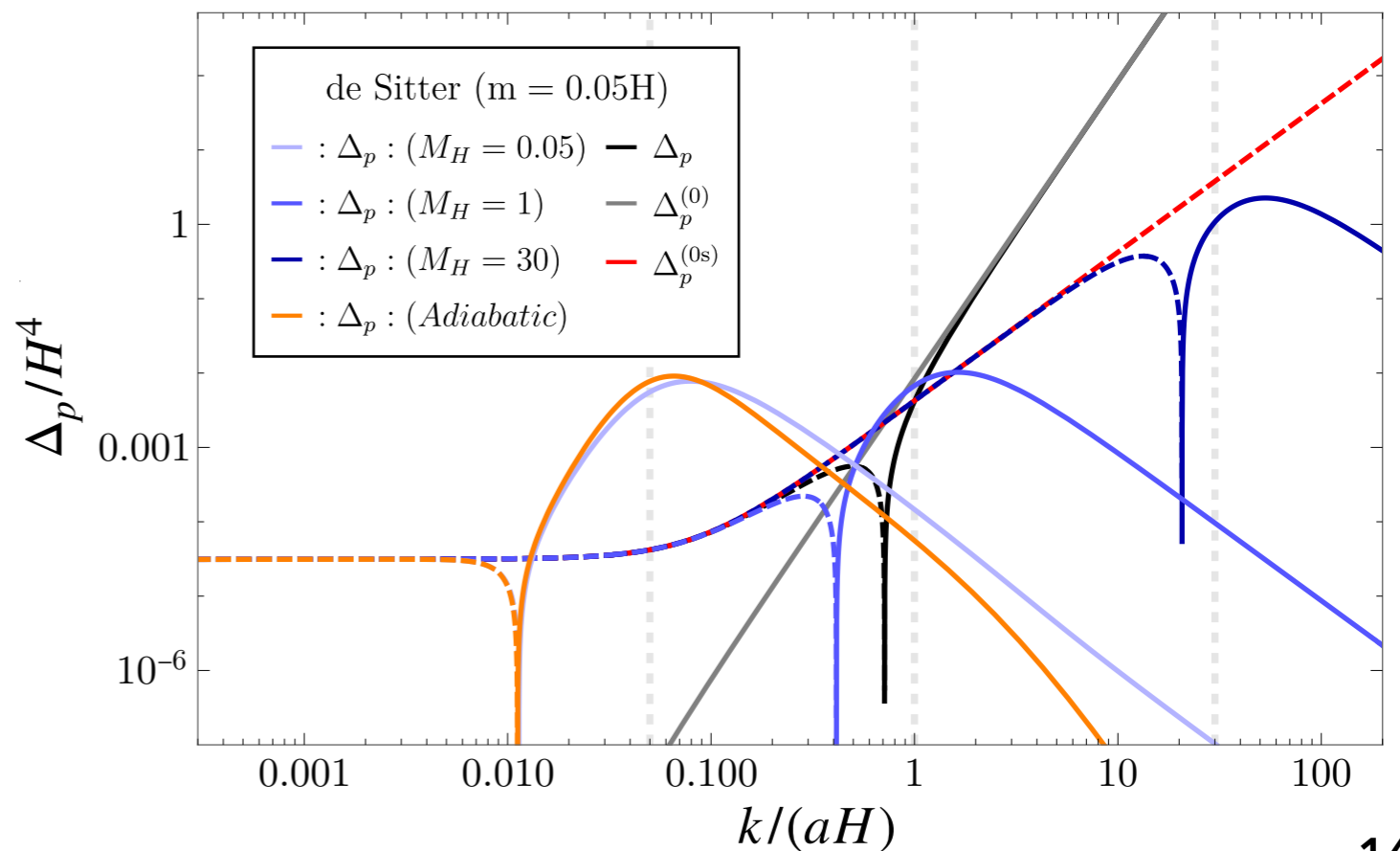


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ENERGY DENSITY

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PRESSURE



Conclusions

- **Other relevant work (see [2311.08986](#) for details!):**
 - Numerical implementation of our regularization method and application to geometric reheating.
 - Interpretation of our proposed subtraction terms as **renormalization of coupling constants** in the Einstein equations.

Conclusions

- **Other relevant work (see [2311.08986](#) for details!):**
 - Numerical implementation of our regularization method and application to geometric reheating.
 - Interpretation of our proposed subtraction terms as **renormalization of coupling constants** in the Einstein equations.

- **Possible extensions:**
 - PSAR method for **fermions?** (see *Landete, Navarro-Salas & F.T. PRD (2014)*)
 - Include interactions to **homogeneous time-dependent fields?** (e.g. preheating, Schwinger effect, etc).

Thank you!

Backup slides

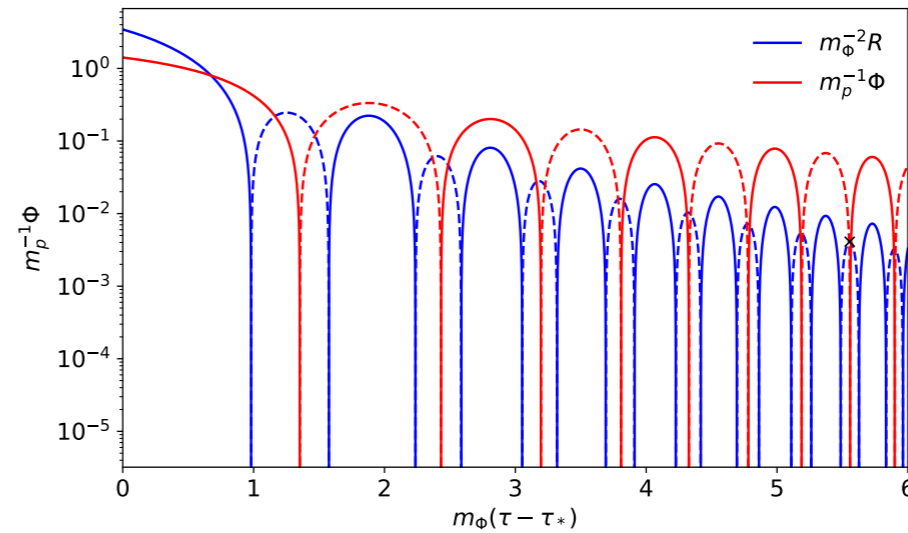
Example: geometric reheating

- The Ricci scalar oscillates after inflation between positive and negative values:

$$V(\Phi) = \frac{1}{2}m_{\Phi}^2\Phi^2$$

Inflaton potential

➔



Example: geometric reheating

