Strong dynamics in Cosmology:

Cosmological Constant problem, Dark Energy, Dark Matter, strong CP problem, neutrino mass, and... gravitational radiowaves!

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Naxos 2024

Strongly coupled Yang Mills dynamics: an outline

- Important physical examples of gauge fields are realised in Nature (QCD and electroweak interactions)
- Non-perturbative QCD phenomena are far from being understood (e.g. quark confinement, mass gap, QCD phase transitions, hot/dense QCD phenomena etc)
- Non-abelian gauge (Yang-Mills) fields are present in most of UV completions of the Standard Model (e.g. GUTs, string/EDs compactifications etc)
- Confining dark Yang-Mills sectors are often considered as a possible source of Dark Matter in the Universe (e.g. dark glueballs)
- Relic abundance of dark glueballs, ubiquitous in string theory, overcloses the Universe for confining sectors with critical temperature above the eV-scale (a big problem for phenomenology!)
- We focus on the case of pure gluons
 - \Rightarrow confinement-deconfinement phase transition

Vacuum in Quantum Physics vs in Cosmology

Vacuum energy



Quantum-topological (chromomagnetic) vacuum in QCD

$$\begin{split} \varepsilon_{vac(top)} &= -\frac{9}{32} \langle 0| : \frac{\alpha_s}{\pi} F^a_{ik}(x) F^{ik}_a(x) : |0\rangle + \frac{1}{4} \left(\langle 0| : m_u \bar{u}u : |0\rangle + \langle 0| : m_d \bar{d}d : |0\rangle + \langle 0| : m_s \bar{s}s : |0\rangle \right) \\ &\simeq -(5 \pm 1) \times 10^9 \text{ MeV}^4. \end{split}$$

Two possible approaches to this problem:

• Let's forget about the "bare" vacuum (DE: "phantom", "quintessence", "ghost"... etc) Zero vacuum density in the Minkowski limit, by (Casimir-like) definition, then (Zhitnitsky et al)

 $\Lambda_{
m cosm}\equiv\epsilon_{
m FLRW}-\epsilon_{
m Mink}$ simply imposing a cancellation of the "bare" vacuum by hands!!

• Let's look closer at the vacuum state — why/how does it become "invisible" to gravity?

An illustration: topological vs collective contributions

non-perturbative QCD vacuum



Effective YM action and gluon vacuum



 $\frac{d\ln|\bar{g}^2|}{d\ln|\mathcal{J}|/\mu_0^4} = \frac{\beta(\bar{g}^2)}{2}$

invariant under

Heterogenous quantum ground state: two-scale vacuum



Cosmological CE attractor

Cosmological CM attractor

Real-time evolution of the gluon condensate

FLRW metric in conformal time:

$$\mathcal{J} = \frac{2}{\sqrt{-g}} \sum_{a} (\mathbf{E}_a \cdot \mathbf{E}_a - \mathbf{B}_a \cdot \mathbf{B}_a) \equiv \frac{2}{\sqrt{-g}} (\mathbf{E}^2 - \mathbf{B}^2) \qquad g \equiv \det(g_{\mu\nu}), \ g_{\mu\nu} = a(\eta)^2 \operatorname{diag}(1, -1, -1, -1) \\ \sqrt{-g} = a^4(\eta), \qquad t = \int a(\eta) d\eta$$

• Basic qualitative features on the non-perturbative YM action are noticed already at one loop

Einstein-YM equations of motion for the effective YM theory:

$$\frac{1}{\varkappa} \left(R^{\nu}_{\mu} - \frac{1}{2} \delta^{\nu}_{\mu} R \right) = \bar{\epsilon} \delta^{\nu}_{\mu} + \frac{b}{32\pi^2} \frac{1}{\sqrt{-g}} \left[\left(-\mathcal{F}^a_{\mu\lambda} \mathcal{F}^{\nu\lambda}_a \right) + \frac{1}{4} \delta^{\nu}_{\mu} \mathcal{F}^a_{\sigma\lambda} \mathcal{F}^{\alpha\beta}_a \right] + \frac{1}{4} \delta^{\nu}_{\mu} \mathcal{F}^a_{\sigma\lambda} \mathcal{F}^{\alpha\beta}_a \right], \qquad \left(\frac{\delta^{ab}}{\sqrt{-g}} \overrightarrow{\partial}_{\nu} \sqrt{-g} - f^{abc} \mathcal{A}^c_{\nu} \right) \left(\frac{\mathcal{F}^{\mu\nu}_b}{\sqrt{-g}} \ln \frac{e|\mathcal{F}^a_{\alpha\beta} \mathcal{F}^{\alpha\beta}_a|}{\sqrt{-g} \lambda^4} \right) = 0$$

temporal (Hamilton)
gauge
$$A_0^a = 0$$
 $e_i^a A_k^a \equiv A_{ik}$ $e_i^a e_k^a = \delta_{ik}$ $e_i^a e_i^b = \delta_{ab}$

$$A_{ik}(t, \vec{x}) = \delta_{ik}U(t) + \widetilde{A}_{ik}(t, \vec{x})$$

-1

. . .

The resulting equations:

$$\frac{6}{\varkappa}\frac{a''}{a^3} = 4\bar{\epsilon} + T^{\mu,\mathrm{U}}_{\mu}, \qquad T^{\mu,\mathrm{U}}_{\mu} = \frac{3b}{16\pi^2 a^4} \Big[(U')^2 - \frac{1}{4}U^4 \Big], \qquad \frac{\partial}{\partial\eta} \Big(U'\ln\frac{6e\big|(U')^2 - \frac{1}{4}U^4\big|}{a^4\lambda^4} \Big) + \frac{1}{2}U^3\ln\frac{6e\big|(U')^2 - \frac{1}{4}U^4\big|}{a^4\lambda^4} = 0$$





QCD "time crystal"

• The emergence of spikes localised in time at a characteristic QCD time lapse $\Delta t \simeq \Lambda_{\rm QCD}^{-1}$ and extended in 3-space dimensions reveals the presence of an order state of space-like soliton/domain wall solutions (chronons)



- A time-ordered classical solution spontaneously breaking time translational invariance down to a discrete time shift symmetry T_n : t → t + nΛ⁻¹_{QCD} is known as the "time crystal" first discovered by Wilczek in the context of superconductors and superfluids in F. Wilczek, Phys. Rev. Lett. 109, 160401 (2012)
- The kink (anti-kink) profile localised in time corresponds to a space-like domain wall

$$U(\eta) \simeq \frac{v}{\sqrt{2}} \tanh^{-1} \left[\frac{v}{\sqrt{2}} (\eta - \eta_0) \right] \qquad v \simeq \Lambda_{\text{QCD}}$$

• As the T-invariance is broken, a massless moduli field $\eta_0(x, y, z)$ localised on the domain wall world sheet x, y, z arises and corresponds to a Nambu-Goldstone boson

Gravitational radio-waves from QCD relaxati



PTAs should be able to probe QCD relaxation through detection of primordial GW radio waves

Breaking of Mirror symmetry and Cosmological Constant



Pasechnik, R.; Beylin, V.; Vereshkov, G. Dark Energy from graviton-mediated interactions in the QCD vacuum. *JCAP* **2013**, *06*, 011, [arXiv:gr-qc/1302.6456].

Ya. Zeldovich (1967):

 $\Lambda \sim Gm^6$

A. Sakharov (1967):

extra terms describing an effect of graviton exchanges between *identical particles* (bosons occupying the same quantum state) should appear in the right hand side of Einstein equations (averaged over quantum ensemble)





Quasiclassical gravity

Zeldovich-Sakharov scenario can be realized in the following consistent way:

Action

$$S = \int Ld^{4}x, \quad L = -\frac{1}{2\varkappa}\sqrt{-\hat{g}}\hat{g}^{ik}\hat{R}_{ik} + L\left(\hat{g}^{ik}, \chi_{A}\right)$$
Metric operator \hat{g}^{ik}
Quantum graviton field Φ_{i}^{k}
Independent variations over classical and quantum fields:

$$\delta \int Ld^{4}x = -\frac{1}{2}\int d^{4}x\left(\sqrt{-g}\delta g^{ik}\hat{G}_{ik}\right)_{\Phi_{i}^{k}=\text{const}}$$

$$= -\frac{1}{2}\int d^{4}x\left(\sqrt{-g}\delta q^{ik}\hat{G}_{ik}\right)_{g^{ik}=\text{const}}$$
Heisenberg state vector containing info about initial states of all fields exists!
Averaging over initial states
e.o.m. for macroscopic geometry

$$\hat{G}_{i}^{k} = \frac{1}{2}\left(\delta_{l}^{k}\delta_{i}^{m} + g^{km}g_{il}\right)\left(\frac{\hat{g}}{g}\right)^{1/2}\hat{E}_{m}^{l} = 0,$$

$$\hat{E}_{m}^{l} = \frac{1}{\varkappa}\left(\hat{g}^{lp}\hat{R}_{pm} - \frac{1}{2}\delta_{m}^{l}\hat{g}^{pq}\hat{R}_{pq}\right) - \hat{g}^{lp}\hat{T}_{pm}\left(\hat{g}^{ik}, \chi_{A}\right)$$

Λ-term calculation

We start from the Einstein equations for macroscopic geometry:

$$\frac{1}{\varkappa} \left(R_i^k - \frac{1}{2} \delta_i^k R \right) = \langle 0 | \hat{T}_i^k | 0 \rangle \qquad \hat{T}_i^k = \hat{T}_{i(G)}^k + \frac{1}{2} \left(\delta_l^k \delta_i^m + g^{km} g_{il} \right) \left(\frac{\hat{g}}{g} \right)^{1/2} \hat{g}^{lp} \hat{T}_{pm} \left(\hat{g}^{ik}, \chi_A \right)$$
Trace:
$$R + 4 \varkappa \Lambda = 0 \qquad \Lambda = -\frac{b_{eff}}{32} \langle 0 | \frac{\alpha_s}{\pi} \left(\frac{\hat{g}}{g} \right)^{1/2} \hat{g}^{il} \hat{g}^{km} \hat{F}_{ik}^a \hat{F}_{lm}^a | 0 \rangle + \frac{1}{4} \langle 0 | \hat{T}_{(G)} | 0 \rangle$$
Stress tensor in Riemann space
is found from YM eqs:
$$\left(\delta^{ab} \frac{\partial}{\partial x^k} - g_s f^{abc} \hat{A}_k^c \right) \sqrt{-\hat{g}} \hat{g}^{il} \hat{g}^{km} \hat{F}_{lm}^b = 0$$
 $\hat{F}_{ik}^a = F_{ik}^a + \frac{1}{2} \psi F_{ik}^a - \psi_i^l F_{lk}^a - \psi_k^l F_{il}^a + O(\alpha_s G)$

induce interactions of YM field with metric fluctuations

Equation for gravitons turns into:

$$\psi_{i,l}^{k,l} - \psi_{i,l}^{l,k} - \psi_{l,i}^{k,l} + \delta_i^k \psi_{l,m}^{m,l} = \frac{\varkappa b_{eff} \alpha_s}{\pi} \left(-F_{il}^a F_a^{kl} + \frac{1}{4} \delta_i^k F_{ml}^a F_a^{ml} \right) \ln \frac{L_g^{-1}}{\Lambda_{QCD}}$$

After exact cancellation of unperturbed part of EMT tensor we get:

$$\Lambda = -\frac{b_{eff}}{16} \ln \frac{L_g^{-1}}{e\Lambda_{QCD}} \langle 0|\frac{\alpha_s}{\pi} F_{il}^a F_a^{kl} \left(\psi_k^i - \frac{1}{4}\delta_k^i\psi\right) |0\rangle$$

linear in graviton field!

Λ-term calculation

Fock gauge:
$$\psi_{i;k}^{k} = 0$$

Exact solution of graviton equation:

Metric fluctuations are induced by QCD vacuum fluctuations!

$$\psi_{i}^{k}(x) = \varkappa b_{eff} \ln \frac{L_{g}^{-1}}{\Lambda_{QCD}} \int d^{4}x' \mathcal{G}(x-x') \times \left(\frac{\alpha_{s}}{\pi} F_{il}^{a}(x') F_{a}^{kl}(x') - \delta_{i}^{k} \frac{\alpha_{s}}{4\pi} F_{ml}^{a}(x') F_{a}^{ml}(x')\right)$$

Green function: $\mathcal{G}_{,l}^{,l} = -\delta(x-x')$

After explicit calculation of averages, we get

$$\begin{split} \Lambda &= -\pi G \langle 0| : \frac{\alpha_s}{\pi} F^a_{ik} F^{ik}_a : |0\rangle^2 \times \left(\frac{b_{eff}}{8}\right)^2 \ln \frac{L_g^{-1}}{e\Lambda_{QCD}} \ln \frac{L_g^{-1}}{\Lambda_{QCD}} \int d^4 y \mathcal{G}(y) D^2(y) = \\ &= (1 \pm 0.5) \times 10^{-29} \Delta \text{ MeV}^4. \end{split}$$

where

$$\Delta = -\frac{1}{L_g^2} \int d^4 y \mathcal{G}(y) D^2(y)$$

must be established in a dynamical theory of NPT QCD vacuum!

It is expected to be generated by chiral symmetry breaking

$$\langle 0 | \frac{\alpha_s}{\pi} F_{ik}^a(x) F_a^{ik}(x') | 0 \rangle = \langle 0 | : \frac{\alpha_s}{\pi} F_{ik}^a(0) F_a^{ik}(0) : | 0 \rangle D(x - x'),$$

$$D(x - x') = D_{top}(x - x') - D_h(x - x'),$$

$$D(0) = 0.$$
In terms of known NPT QCD parameters
$$1/L_{top} \sim 1/L_h \sim 1/L_g,$$

$$|1/L_{top} - 1/L_h| \sim m_u + m_d + m_s$$

$$\Delta = k \cdot \frac{(m_u + m_d + m_s)^2 L_g^2}{(2\pi)^4} \sim 3 \cdot 10^{-6}$$

Observable Λ-term from QCD?



Including temperature: CM field as a glueball

Carenza, RP, Salinas, Wang, Phys. Rev. Lett. 129 (2022) no.26, 26

Polyakov loop operator charged under the center of SU(N):

$$\ell(x) = \frac{1}{N} \operatorname{Tr}[\mathbf{L}] \equiv \frac{1}{N} \operatorname{Tr}\left[\mathcal{P} \exp\left[i g \int_{0}^{1/T} A_{0}(\tau, \mathbf{x}) d\tau\right]\right]$$
$$\ell \to z\ell \qquad z \in \mathbb{Z}_{N} \qquad N \ge 2$$

Polyakov loop VEV is an order parameter of confinement phase transition:





$$\mathcal{L} = \frac{c}{2} \frac{\partial_{\mu} \mathcal{H} \partial^{\mu} \mathcal{H}}{\mathcal{H}^{3/2}} - V[\mathcal{H}, \ell]$$
$$[\mathcal{H}, \ell] = \frac{\mathcal{H}}{2} \ln \left[\frac{\mathcal{H}}{\Lambda^4}\right] + T^4 \mathcal{V}[\ell] + \mathcal{H} \mathcal{P}[\ell] + V_T[\mathcal{H}]$$
$$c = \frac{1}{2\sqrt{e}} \left(\frac{\Lambda}{m_{\rm gb}}\right)^2$$

PLM well captures essential thermodynamical observables predicted by lattice simulations

Thermal evolution of the glueball-gluon system

Carenza, RP, Salinas, Wang, Phys. Rev. Lett. 129 (2022) no.26, 26

 Introducing canonically normalised field the effective Lagrangian reads:

$$\mathcal{L} = \frac{1}{2} \partial_{\mu} \phi \partial^{\mu} \phi - V[\phi, \ell],$$

$$V[\phi, \ell] = \frac{\phi^4}{2^8 c^2} \left[2 \ln \left(\frac{\phi}{\Lambda} \right) - 4 \ln 2 - \ln c \right] + \frac{\phi^4}{2^8 c^2} \mathcal{P}[\ell] + T^4 \mathcal{V}[\ell],$$

$$\mathcal{P}[\ell] = c_1 |\ell|^2,$$

$$\mathcal{V}[\ell] = -\frac{b_2(T)}{2} |\ell|^2 + b_4 |\ell|^4 - b_3 (\ell^3 + (\ell^*)^3),$$

$$b_2(T) = \sum_{i=0}^4 a_i \left(\frac{T_c}{T} \right)^i,$$

 Integrating out the Polyakov loop in the high-T phase provides

 $V[\phi, T] = V[\phi, \ell(\phi, T)]$

matching the size of discontinuity to lattice:

M. D'Elia, A. Di Giacomo and E. Meggiolaro, Gauge invariant field strength correlators in pure Yang-Mills and full QCD at finite temperature, Phys. Rev. D 67 (2003) 114504 [hep-lat/0205018].

$$\mathcal{H} = 2^{-8}c^{-2}\phi^4$$

0 / A

• Fits to lattice results for observables provide:

a_0	a_1	a_2	a_3	a_4	b_3	b_4
3.72	-5.73	8.49	-9.29	0.27	2.40	4.53

Huang, Reichert, Sannino and Wang, PRD 104 (2021) 035005



Cosmological evolution of the glueball field

- Since quantum effects are embedded into the effective Lagrangian, the evolution can be treated as if it were classical
- The glueball field is considered homogeneous and evolves in expanding FLRW Universe, with the Klein-Gordon e.o.m.

$$\ddot{\phi} + 3H\dot{\phi} + \partial_{\phi}V[\phi, T] = 0$$

- If there are no interactions with the SM, the dark sector is colder than the SM thermal bath, with the visible-to-dark sector temperature ratio ξ_T
- Time variable is found in terms of the photon temperature:

$$t = \frac{1}{2} \sqrt{\frac{45}{4\pi^3 g_{*,\rho}(T_{\gamma})}} \frac{m_P}{T_{\gamma}^2} \qquad T_{\gamma} = \xi_T T$$

• E.o.m. in terms of the dark sector temperature:

$$\frac{4\pi^3 g_{*,\rho}}{45m_P^2} \xi_T^4 T^6 \frac{d^2\phi}{dT^2} + \frac{2\pi^3}{45m_P^2} \frac{dg_{*,\rho}}{dT} \xi_T^4 T^6 \frac{d\phi}{dT} + \partial_\phi V[\phi, T] = 0, \qquad g_{*,\rho} = 100$$

encodes non-perturbative dynamics of the glueball field!

Cosmological evolution of the glueball field

- After the phase transition, we assume that the energy stored in the glueball fields gives rise to the Dark Matter relic density (no further decays implied)
- Due to the interaction term, dark glueballs are formed from dark gluons populating the Universe in the deconfined regime
- Higher-order non-linear interaction terms among glueballs are important for large amplitudes of glueball field oscillations around the minimum (particularly relevant for phase transition)



In early times in deconfined regime, for different initial conditions the field evolution is dominated by Hubble friction (slow evolution)

Oscillations have long time to decay regardless of the initial condition (field follows the minimum)

> FOPT washes out any dependence on initial conditions

Glueball relic density

Carenza, RP, Salinas, Wang, Phys. Rev. Lett. 129 (2022) no.26, 26

- In the confined phase, due to large oscillations, annihilation of n glueballs into m<n glueballs is possible due to (n+m)-interaction term
- As the glueball number density decreases, only 3->2 processes remain efficient and determine the relic abundance when $\Gamma_{3\rightarrow 2} < H$
- The evolution of the glueball field is that of a dumped harmonic oscillator in a non-linear potential, with oscillations about the minimum $\phi_{\min} \approx 0.28\Lambda$
- Energy stored in those oscillations gives rise to the relic DM abundance:

$$\Omega h^{2} = \rho / \rho_{c} \qquad \rho_{c} = 1.05 \times 10^{4} \,\mathrm{eV \, cm^{-3}}$$
$$\rho = \frac{2\pi^{3}}{45} g_{*,\rho}(T) \frac{T^{6}}{M^{2}} \left(\frac{d\phi}{dT}\right)^{2} + V[\phi] \sim T^{3}$$

after decoupling of 3->2 transitions, the density scales as that of Cold Dark Matter

Below freeze-out temperature, the relic abundance

$$0.12\zeta_T^{-3}\frac{\Lambda}{137.9\,\mathrm{eV}} \lesssim \Omega h^2 \lesssim 0.12\zeta_T^{-3}\frac{\Lambda}{82.7\,\mathrm{eV}}$$

 $\Lambda \lesssim 0.1 M$ $1.035 < c_1 < 1.415$

Comparison with early studies

• We confirm the existence of the glueball overabundance problem for high-scale confinement previously found in the literature due to the linear scaling

$$\Omega h^2 \sim \Lambda$$

• Our prediction is an order of magnitude smaller than the existing glueball abundance results in the literature

$$\Omega h^2 \sim 0.12 \zeta_T^{-3} \Lambda / 5.45 \, \mathrm{eV}$$
E. D. Carlson, M. E. Machacek and L. J. Hall,
Self-interacting dark matter, Astrophys. J. 398 (1992)
43.
Two main differences
the energy density of dark gluons for
temperatures right above the critical
one strongly deviates (reduced by a
factor ~ 50) from that of an ideal
gas, in agreement with lattice results
Gueballs do not redshift as CDM
immediately after the phase
transition but dilute slower than
dust, going through a phase with
equation of state
 $-1 \leq p/\rho \leq 0$

- Thermal corrections to the glueball potential are expected to increase the glueball relic density by up to 80%, due to displacing the high-temperature minimum of a ~10% farther from the low-temperature minimum (in progress)
- Contribution of dark gluons to the effective number of relativistic species, is constrained to be

 $\Delta N_{
m eff}~<~0.35$ $\zeta_T\gtrsim 2$ is enough to avoid this constraint

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Concluding remarks

- Local loss of continuous time-translational invariance leads to "time crystal"-type configurations in the QCD vacuum
- Nielsen-Olsen proof of instability of CE condensate on a rigid Minkowski in NOT in contradiction with our picture: we consider YM evolution on a dynamical (FLRW) spacetime while equilibrium is achieved only asymptotically.
- A possible decay of CE condensate into an anisotropic vacuum after a cosmological relaxation time would be exponentially suppressed and is practically never realised
- Even starting from an initial non-zero energy-density, the evolution of localised 3-space "pockets" of the CE and CM condensates trigger a mutual screening, flowing towards a zero-energy density attractor and accompanying by a formation of the domain walls corresponding to an asymptotic restoration of the Z2 (Mirror) symmetry and effectively protecting the "false" CE vacua pockets from further decay
- The vacua cancellation mechanism seems to naturally marry the existing confinement pictures related to a formation of a network of t'Hooft monopoles or chromovortices. In this approach, the scalar kink profile may correspond the J-invariant whose change may be related to the presence of monopole or vortex solutions localise inside the space-time domain walls. This implies the existence of space-time solitonic objects of a new type.

Concluding remarks

- Breaking of the Mirror symmetry by gravitational interactions induces non-vanishing leading order contribution to the QCD ground state energy compatible with the observed cosmological constant value that must be taken into account in any model of DE
- Pressure oscillations during the QCD relaxation epoch trigger multi-peaked primordial gravitational wave spectrum in the radio-frequency range that can be potentially probed by the SKA telescope
- We developed a new approach based upon the well-established thermal EFT and the existing lattice results to calculate the glueball CDM relic density incorporating confinement effects and non-perturbative self-interactions
- Cold neutrino pairs can be produced during the QCD transition and condense into axions through a possible four-fermion neutrino interaction and a coupling to the QCD anomaly enabling neutrino mass gap and Dark Matter generation