

FLASH and VHEE and studies at CLEAR facility

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University of Oxford









Cancer is a growing global challenge

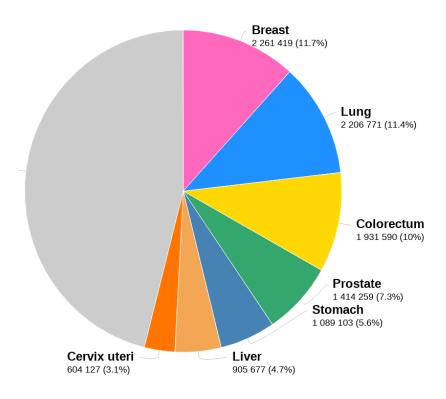
Globally 19.3 million new cases per year diagnosed and 9.96 million deaths in 2020

This will increase to **27.5** million new cases per year and **16.3** million deaths by **2040**

In the UK, one in two people will get cancer in their lifetime

Radiation therapy is considered a key tool for treatment for about 50-60% patients

Yet in UK only around 25% received RT

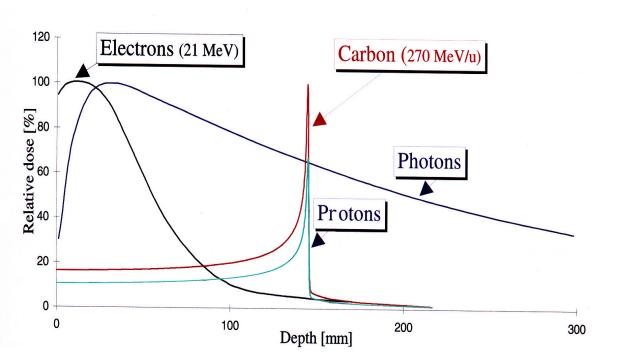


Total: 19 292 789

Data source: GLOBOSCAN 2020

Aims of Radiotherapy:

- Irradiate tumour with sufficient dose to **stop cancer growth**
- Avoid complications and minimise damage to surrounding tissue



Current radiotherapy methods:

- 5-25 MV photons
- 5 25 MeV electrons
- 50 400 MeV/u hadrons

Varian True Beam e- linac



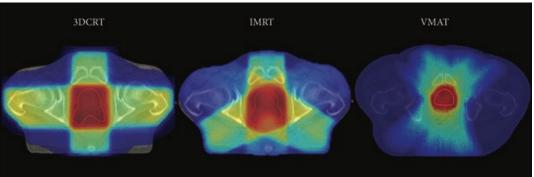
Heidelberg Ion Therapy Centre

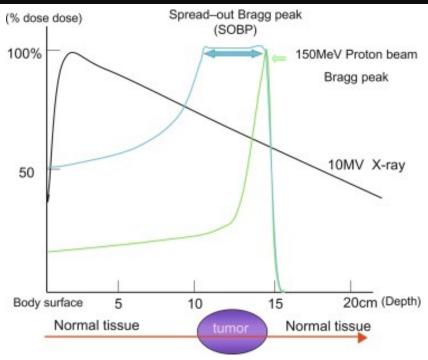


Goal of Radiotherapy

Holy Grail: Deliver as much radiation dose to the tumour whilst minimising the dose to normal healthy tissue

- Better targeting improved imaging
- Improving dose conformality to tumour through
- IMRT (Intensity Modulated Radiation Therapy)
- VMAT (Volumetric-Modulated Arc Therapy)
- MRI-Linac, treat while you image
- Using the Bragg Peak in hadron therapy.
- Fractionation delivering treatment across 20-30 fractions.

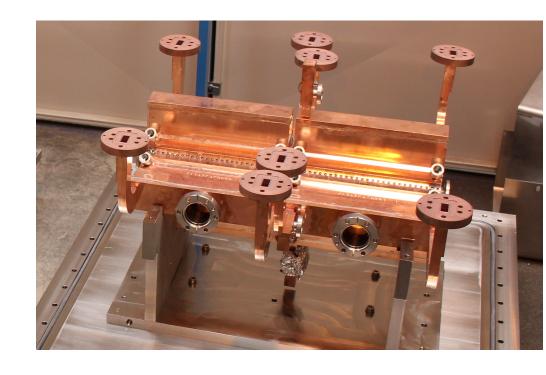




VHEE: New State of the art for RT?

With High-Gradient linac technology and Laser-Wakefield acceleration developments, **Very High Energy Electrons (VHEE)** in the range 50–250 MeV are possible in a clinical setting offering the promise to be a cost-effective option for RT

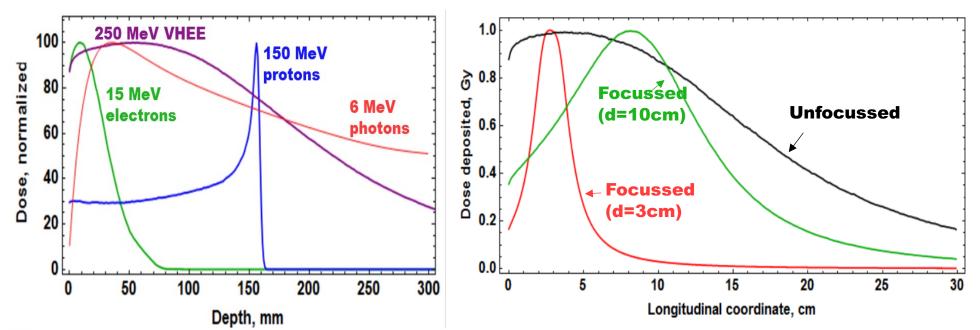
Recently revived interest in using VHEE (50-250 MeV e-) for RT



CLIC RF X-band cavity prototype (12 Ghz, 100 MV/m)

Very High Energy Electron (VHEE)

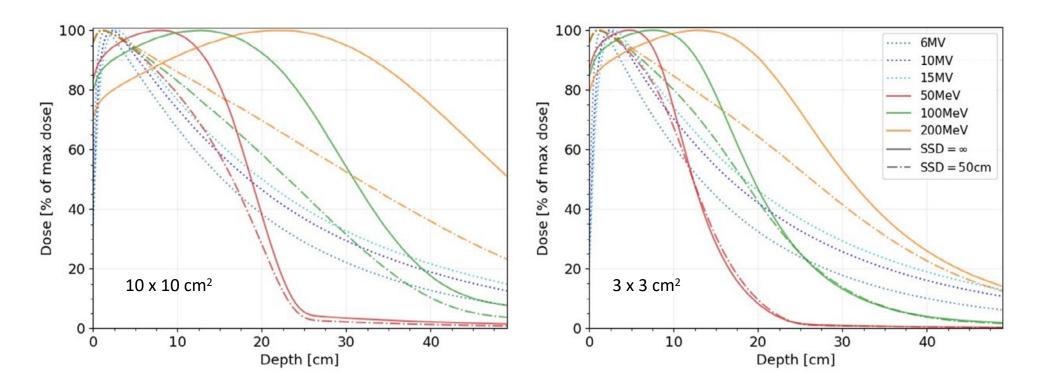
- Their ballistic and dosimetric properties can surpass those of MV photons, which are currently the most commonly used in RT.
- Their position compared to protons need to be further evaluated, but they can be produced at a reduced cost.



Depth Dose curve for various particle beams in water (beam widths r=0.5 cm)

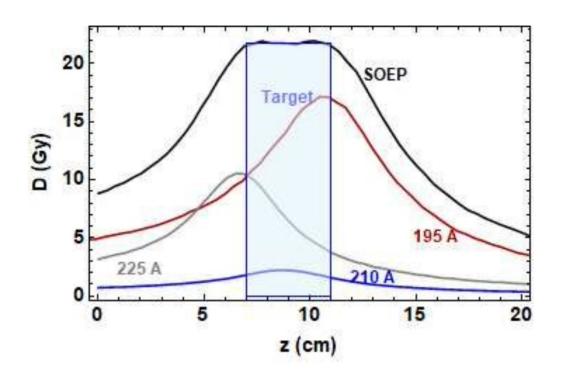
VHEE for Radiotherapy

- Study by Bohlen et al, 2021 assessed the performance of VHEE beams and offered a first estimate of treatment indications
- Beam energies of 100 MeV and above are needed to cover common tumours (5–15 cm in-depth) conformally. Higher energies provide an additional benefit specifically for small and deep-seated lesions due to their reduced lateral penumbrae.



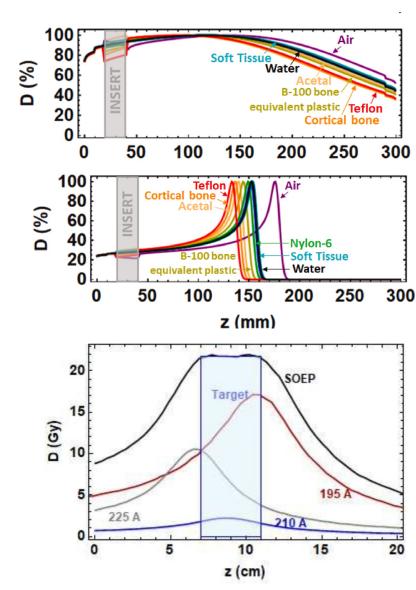
Very High Energy Electron (VHEE) Radiotherapy

- Favourable characteristics compared to clinical electron beams such as :
 - Increased range within the patient
 - Sharper lateral penumbra
 - Relative insensitivity to tissue heterogeneities
- Possibility for pencil beam scanning or strong focussing (to create an 'electron peak')
- Numerous studies show VHEE can provide generally superior treatment plans compared to state-of-the-art photon RT.
- VHEE facilities would be more compact and cost-effective in comparison to proton and ion therapy facilities.



Very High Energy Electron (VHEE) RT: Future?

- VHEE beams offer favourable characteristics compared to clinical electron beams such as
 - Increased range within the patient
 - Sharper lateral penumbra
 - Relative insensitivity to tissue heterogeneities
- VHEE beams allow the possibility for pencil beam scanning or strong focussing (to create an 'electron peak')
- Numerous TPS studies conclude VHEE can provide generally superior dose distributions compared to state-of-the-art intensity modulated photon plans.
- VHEE facilities would be more compact and costeffective in comparison to proton and ion therapy facilities.

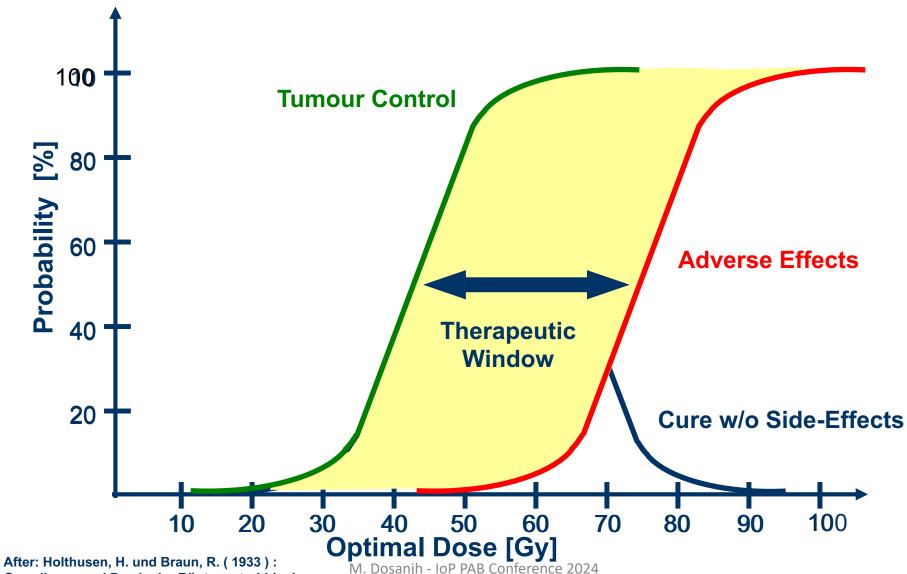


FLASH: a new way of delivering Radiotherapy for treating cancer?





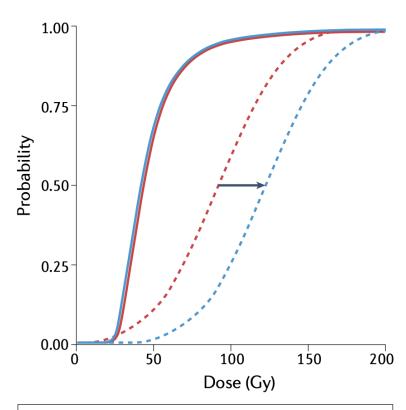
Holthusen-Curve (1933): Dose-Response-Relationship



12.06.24

UHDR RT & FLASH Effect

- Increased differential response between healthy and cancerous tissues when dose delivered at ultrahigh dose rates (UHDR)
 - > 40 Gy/s compared to \sim 0.08 Gy/s.
- Normal tissue sparing can allow for dose escalation to treat radio-resistant tumours.
- Significantly reduces treatment times (< 200 ms for FLASH) and "freezes" organ motion.



NTCP with conventional radiotherapy
TCP with conventional radiotherapy
NTCP with FLASH radiotherapy
TCP with FLASH radiotherapy

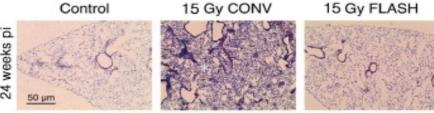
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Glimpse of FLASH THERAPY - 2014

First Proof-of-Concept with low-energy e

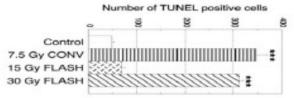
Sci Transl Med 6: 245ra93, 2014

FLASH spared normal lung tissue at doses known to induce fibrosis in mice exposed to conventional dose-rate irradiation (CONV).

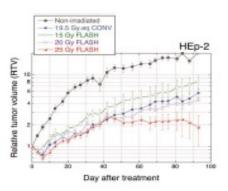


Visualisation of collagen invasion (Masson trichrome staining)
Healthy Fibrosis Healthy

FLASH spared smooth muscle cells in arterioles from radio-induced apoptosis.



- No difference between FLASH and CONV with regard to tumor growth inhibition.
- However, normal tissue sparing by FLASH allowed dose escalation without complications, resulting in complete tumor cure in some xenograft models.





The FLASH Effect – gaining huge momentum





- Apparent sparing of healthy tissue when dose is delivered at ultrahigh dose rates (UHDR) of > 40 Gy/s.
- Healthy tissue sparing observed in virtually all radiation modalities.
 - ✓ Majority of experiments/trials with low energy electrons and shoot-through protons.
- So far, 2 human trials:
 - Skin lymphoma with 6 MeV electrons (CHUV, 2019).
 - Bone metastases with 250 MeV (shoot-through) protons (Cincinnati, 2020). Pain relief and not curative
 - Further trials are ongoing

34 Gy Conv 34 Gy FLASH Control

FLASH mechanism is still not fully understood.

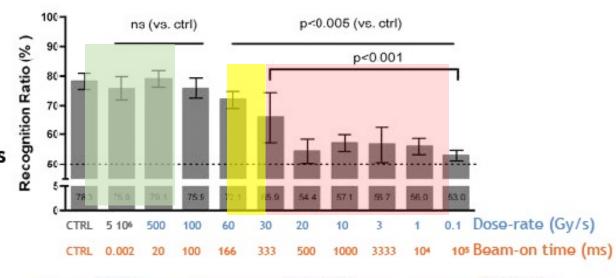
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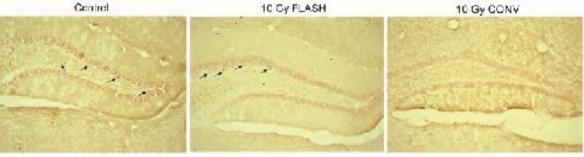
FLASH THERAPY

First Proof-of-Concept with low-energy e

Whole brain irradiatio with 10 Gy in single dose Montay-Gruel et al. Radiother Oncol 124: 365-9, 2017

FLASH preserves
mouse memory
and neurogenesis
in the hippocampus
provided the
beam-on time
does not exceed
100 ms









FLASH THERAPY: Towards a clinical practice (Vozenin et al, CHUV)



Clinical Translation (2019): Treatment of a first patient with FLASH-radiotherapy,

5.6 MeV linac adapted for accelerating electrons in FLASH mode

15 Gy with 10 pulses **in 90 ms**

3.5 cm diameter tumour, multiresistant cutaneous

Appears that instantaneous dose Induces a massive oxygen consumption and a transient protective hypoxia in normal issues



Contents lists available at ScienceDirect

Radiotherapy and Oncology

journal homepage: www.thegreenjournal.com



Original Article

Treatment of a first patient with FLASH-radiotherapy

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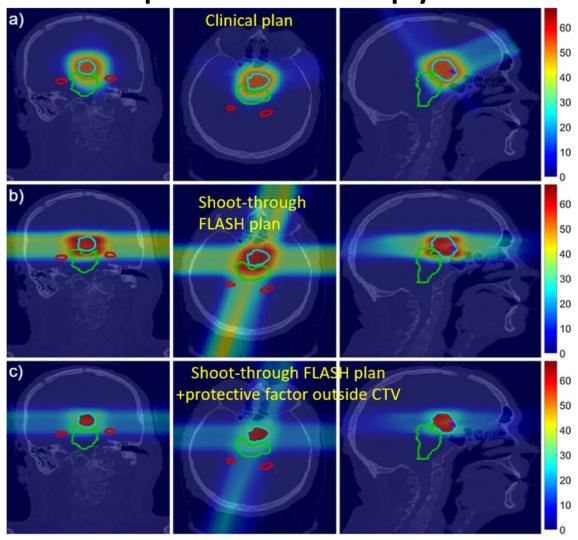
Fig. 1. Temporal evolution of the treated lesion: (a) before treatment; the limits of th PTV are delineated in black; (b) at 3 weeks, at the peak of skin reactions (grade 1 epithelitis NCI-CTCAE v 5.0); (c) at 5 months.

First Patient Treated in FAST-01 FLASH Proton Therapy (November 2020) Transmission-shoot through

FeAsibility Study of FLASH Radiotherapy for the Treatment of Symptomatic Bone Metastases). The clinical trial involves the investigational use of Varian's ProBeam particle accelerator modified to enable radiation therapy delivery at ultra-high dose rates (dose delivered in less than 1 second) and is being conducted at the Cincinnati Children's/UC Health Proton Therapy Center with John C. Breneman M.D.

The study will assess Varian's ProBeam particle accelerator modified to deliver an advanced non-invasive treatment for cancer patients. (Credit: Bokskapet from Pixabay)

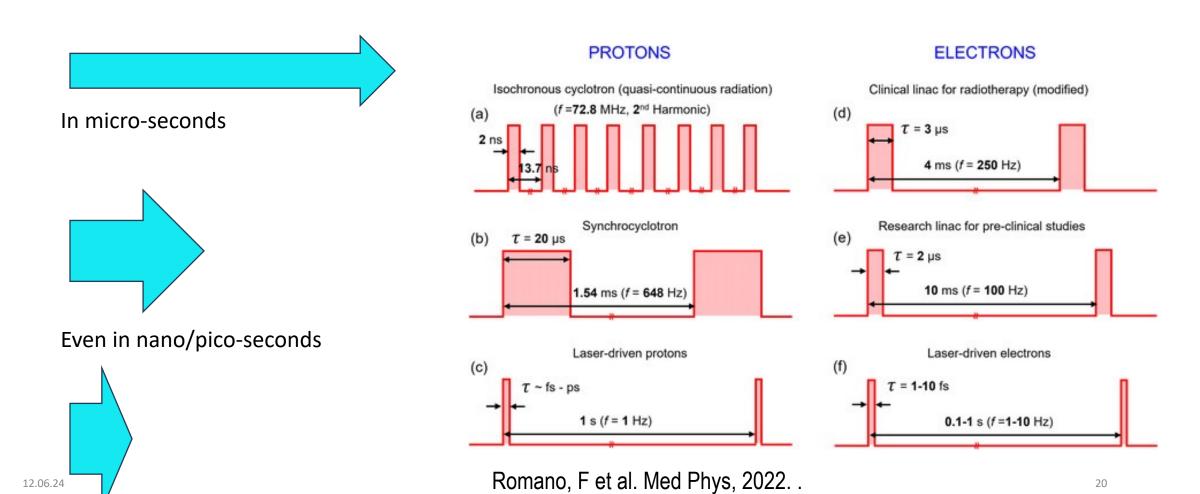
Considerations for shoot-through FLASH proton therapy



Frank Verhaegem etsalih Physa Meda Biok 66, March 2021

Standard RT: Dose is delivered in several minutes

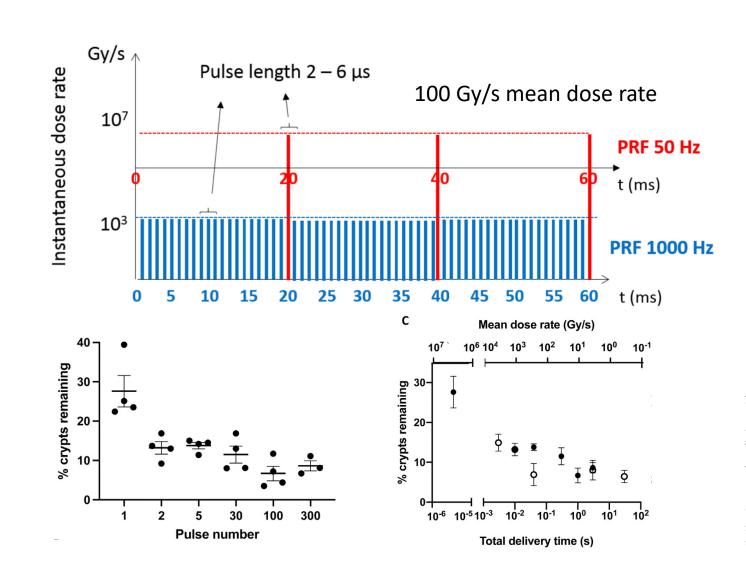
With FLASH, dose is delivered in milliseconds



SAH) Dose Rates Reduces Acute Issue Toxicity in the Mouse Vignati, A. et al. Bear

UHDR RT & FLASH Effect – Dose Rates

- Important parameters:
 - Mean dose rate
 - Total treatment time
 - Dose per pulse
 - Instantaneous dose rate
- Still not decided which parameters FLASH effect depend on.



Technological Challenges of Clinical Translation of FLASH

Dose Delivery

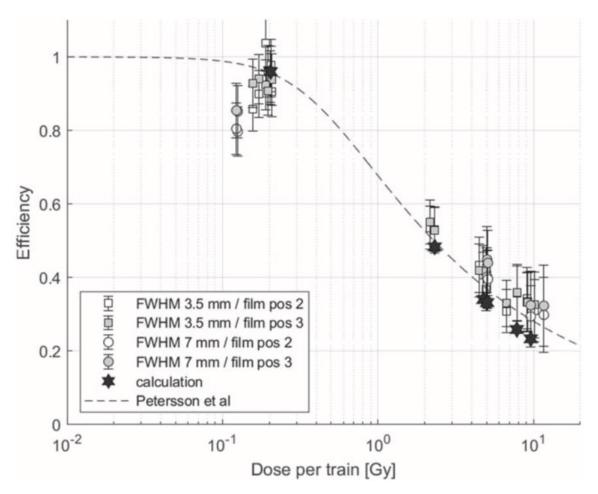
- Large majority of UHDR studies performed with low energy electrons easy to produce.
- Photons 'bottleneck' at target for trying to produce MV photons at UHDR
- Protons and Heavy Ions 'shoot through' since lower energies reduce intensities below FLASH requirements – lose benefit of Bragg Peak.
- VHEE answer to this issue? But need to be able to produce conformal dose distributions in <100 ms

Real-time Dosimetry

• Ionisation chambers saturate in UHDR conditions required for FLASH...

Challenge for Dosimetry of UHDR Beams

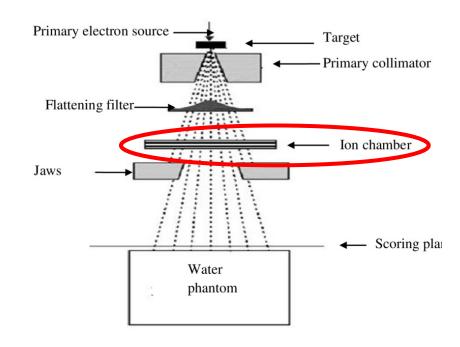
- Ionisation chambers saturate in UHDR conditions required for FLASH.
- Particularly an issue for pulsed radiation modalities i.e. VHEE.
- Correction factors introduce large uncertainties.
- Collection time of transmission ICs too slow for beam interception.
- **Promising alternatives:** ultra-thin ion chambers, solid-state detectors, scintillators, Cherenkov sensors



Poppinga et al. (2021)

UHDR Beam Monitor Wishlist

- 1. A response that covers a large dynamic range up to FLASH dose rates.
- 2. High temporal resolution.
- 3. High spatial resolution.
 - a) Beam profile monitoring could be a necessity given additional uncertainties associated with FLASH – particularly with other novel delivery methods such as PBS and SFRT.
- 4. Minimal perturbation on the beam.
- 5. Large transverse area to cover entire beam.





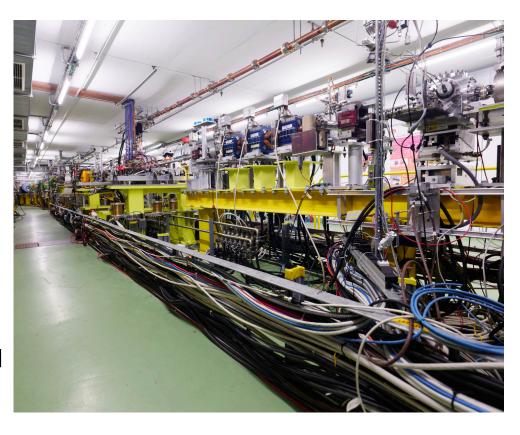
Clinical in-transmission ionisation chamber

CLEAR Facility

<u>CERN Linear Electron Accelerator for Research</u>

- Experimental beamline, as a multi-purpose user facility
- high quality e-beams
- 60 220 MeV electron beam.
- User facility detached from LHC complex
- 10 pC 70 nC / pulse
- 0.833 Hz 10 Hz pulse rep. freq.
- Pulse length 1 ps 50 ns
- Used for accelerator and component R&D, electronics irradiations and medical applications.
- Significant focus on FLASH-UHDR VHEE RT research.
- A new beam line to provide additional test areas for users
- A permanent C-Robot 2.0 installation for dedicated medical studies





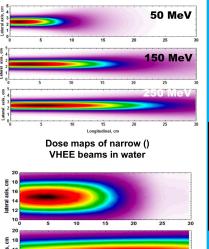
VHEE @ CLEAR - an outline





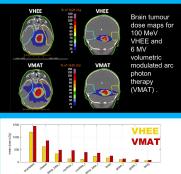
- Rapid advances in compact highgradient (~ 100 MV/m) accelerator technology in recent years
- CLIC
- NLC
- W-band*
- Superior dose deposition properties compared to MV photons
- High dose-reach in tissue
- High dose rate (compared to photons)
- More reliable beam delivery around inhomogeneous media
- Better sparing of surrounding healthy tissue
- Particle steering

*V. Dolgashev, HG2016



Dose maps of wide ()
VHFE beams in water

- Clinical studies by M. Bazalova-Carter et al. (2015) have compared 100 MeV VHEE with conventional (and MV) VMAT (Volumetric Modulated Arc Therapy) photon radiotherapy plans
- Pediatric brain tumour, lung and prostate
- VHEE therapy plan showed a decrease of dose up to 70% in surrounding organs-at-risk (OARs)
 VHEE plan was found to be more conformal
- than VMAT plan



M. Bazalova-Carter et al., «Treatment planning for radiotherapy with very high-energy electron beams and comparison of VHEE and VMAT plans», Medical Physics, vol. 42(5), 2015.

Manchester University: A. Lagzda, R. Jones and other

- Project to characterize VHEE irradiation on radiosensitive films

Activities:

- Experimental verification of dose deposition profiles in water phantoms
- Calibration of operational medical dosimeters nonlinear effects with short pulses
- Demonstration of "Bragg-like peak" deposition with focused beams

Initial interest: Manchester Univ. (A. Langzda, R. Jones)

• Three measurements campaigns (2017-2018)

Further requests from:

Nat. Phys. Lab. UK (A. Subiel et al.)

Two measurement campaigns (end 2018, spring 2019)

Strathclyde University (K. Kokurewicz et al.)

One campaign completed (end 2018)

Oldenburg University and PTW (B. Poppe, D. Poppinga et al.)

• Two campaigns completed (end 2018, September 2019)

CHUV Lausanne (M.C. Vozenin, C. Bailat, R. Moeckli et al.)

Preliminary tests (end 2018, spring 2019)



Relative Insensitivity to Inhomogeneities on Very High Energy Electron Dose Distributions

IPAC 2017 Proceedings . May 19, 2017

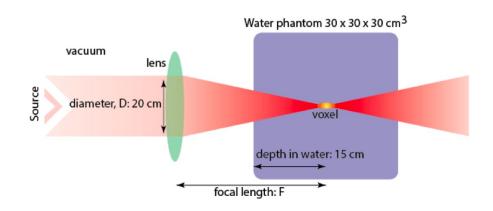
Agnese Lagzda, R.M. Jones, D. Angal-Kalinin, J. Jones, A. Aitkenhead, K. Kirkby, R. MacKay, M van Herk, W. Farabolini, S. Zeeshan

Very-High Energy Electron (VHEE) Studies at CERN's CLEAR User Facility

IPAC 2018 Proceedings • 2018

Agnese Lagzda, R.M. Jones, A. Aitkenhead, K. Kirkby, R. MacKay, M. van Herk, R. Corsini, W. Farabolini

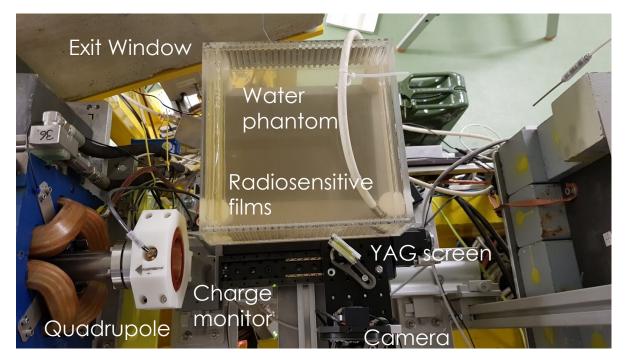
VHEE strong focusing

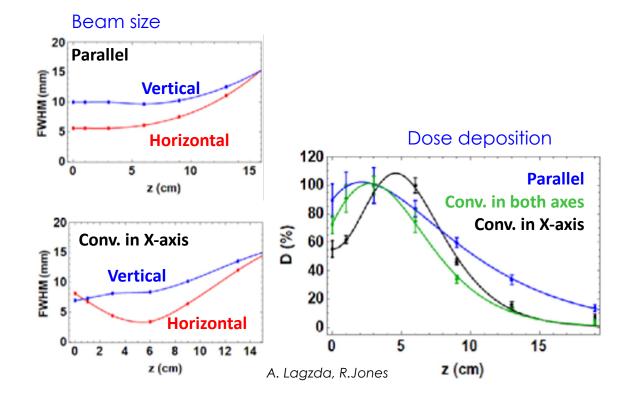


Aim:

Focus the beam on the tumour to minimize the dose on the nearby healthy tissues

- Main activity in October 2019
- Two groups (Strathclyde and Manchester)
 Two full week of testing (plus installation and dismounting)
- Required rearrangement of beamline, with a temporary dump.

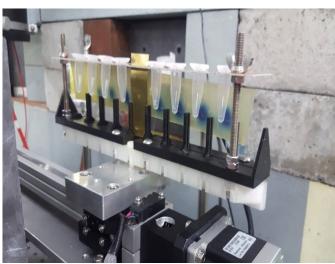




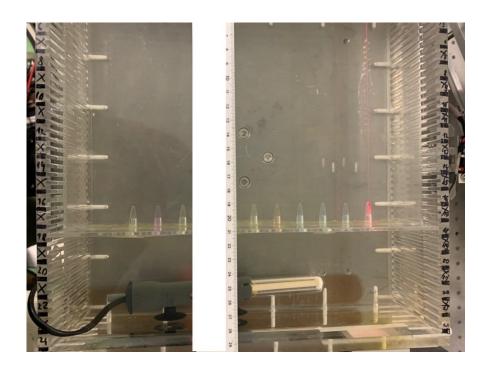
W. Farabolini, E. Senes, K. Kokurevicz

Biological effects of high dose rates





Left: dry plasmid samples on glass microscope slides. Right: wet plasmid samples in Eppendorf tubes. EBT-XD film placed behind samples, Manchester University (K. Small, R. Jones et al.)



Set-up in the water tank. Zebra fish eggs, alanine pellets, gafchromic films, CHUV Lausanne

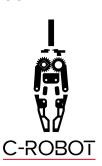
(M.C. Vozenin, C. Bailat, R. Moeckli et al.)

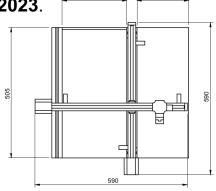
The C-Robot

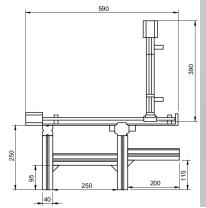


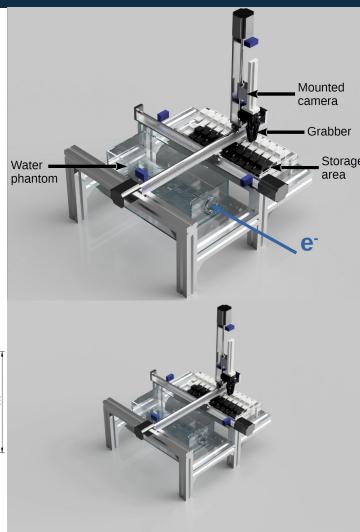
- In order to facilitate the precise control of samples for multiple irradiations, the CLEAR-Robot (C-Robot) was designed and built by members of the CLEAR Operation Team.
- It consists of 3 linear stages, 6 limit switches, a 3D-printed grabber, two water tanks and an Arduino board.
- It has a precision in position in 3 axis of 50 μm.
- It is fully remotely controllable from the CERN Technical Network.
- Thanks to a **mounted camera**, it can also measure the **beam sizes** and **transverse positions** at the longitudinal position of the sample.
- It is an **open-source project**: **pictures**, **3D renders**, **drawings** and all the **codes** for the **Arduino** and the **Graphical User Interface** can be found on:
 - https://pkorysko.web.cern.ch/C-Robot.html
- Used for 100% of Medical Applications in CLEAR in 2023.



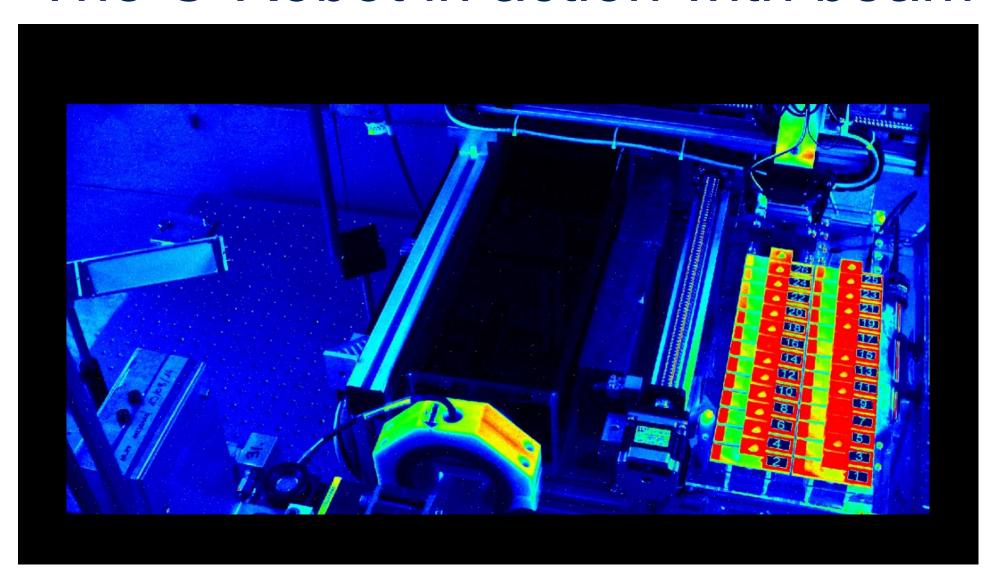








The C-Robot in action with beam









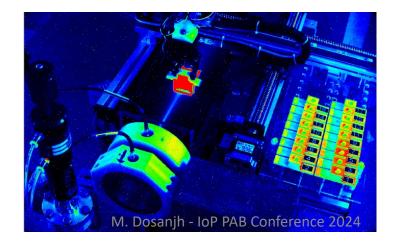
Collaboration with Prof Vozenin's group HUG (prev. CHUV)

VHEE FLASH Radiobiology and Physico-Chemistry Experiments

VHEE FLASH Radiobiology studies investigating mechanisms behind FLASH effect using:

- Chemistry experiments measuring ROS generation in water for FLASH and **CONV**
- Plasmid irradiations to measure DNA damage
- Zebrafish eggs as biodosimeters to measure FLASH sparing effect
- Normal and cancerous cell irradiations







Prof. M. C. Vozenin Head of Radiobiology and Radio-oncology, HUG, Geneva







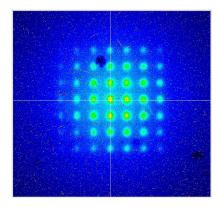
Collaboration with Prof Bazalova-Carter's group Victoria Uni

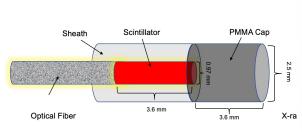
VHEE Spatial Fractionation – Scintillator Dosimetry – Drosophilae Biodosimeters

- VHEE Spatial Fractionation using tungsten GRID collimator. (paper published in Phys. Med. Bio.)
- VHEE UHDR Real-time dosimetry using plastic scintillator-coupled fibres at MedScint[™] CCD spectrometer.

(paper published in IEEE Sensors)

 In vivo radiobiology studies on drosophila melanogaster larvae as biodosimeters to investigate VHEE RBE and FLASH mechanisms/parameter space.





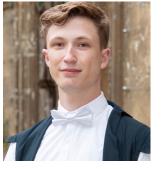




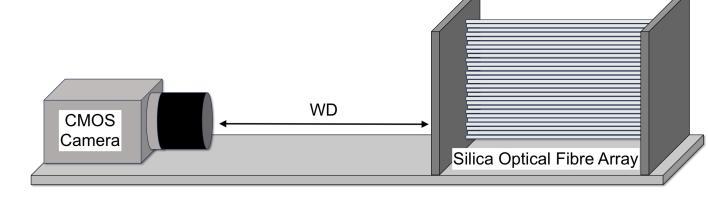
Prof. M. Bazalova-Carter Head of XCITE Lab, UVic, Canada

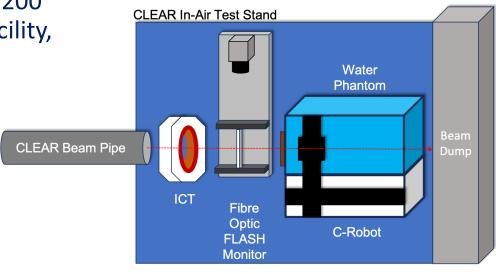
Fibre Optic FLASH Monitor (FOFM)

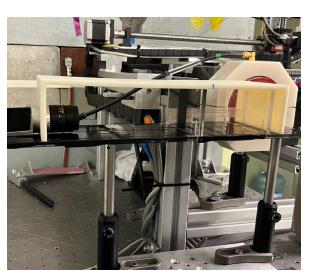
- Novel detector for beam profile and dose monitoring for VHEE at UHDR.
- Array of fused silica fibre Cherenkov sensors (0.4 mm diameter, 10 cm length).
- Entire array readout using CMOS camera.
- Tested and characterised using 160 200
 MeV electron beams the at CLEAR Facility,
 CERN.



J. Bateman JAI Oxford DPhil

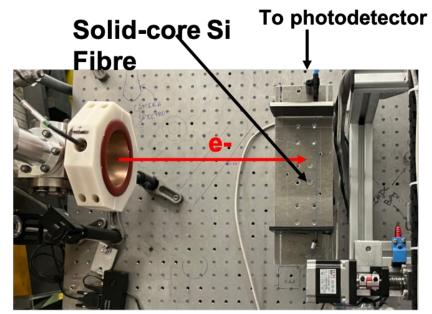






Initial Single Fibre Experiments at CLEAR

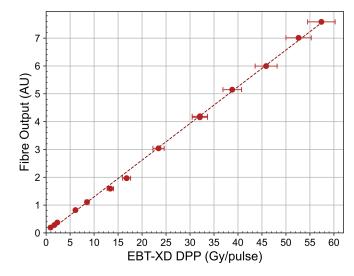
 Initial experiments carried out with single 200 um Thorlabs multi-modal fibre to determine optimal photodetector setup with SiPM, PMT and CCD camera.

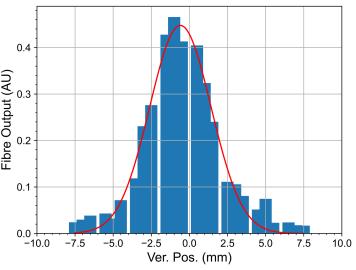




Fibre Optic FLASH Monitor Development

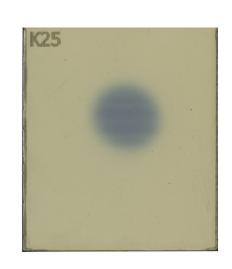
- First prototype (30 cm length fibres) characterisations at CLEAR using VHEE gaussian pencil beam:
 - Dose-per-pulse response linearity measurements (up to 58 Gy/pulse).
 - Profile measurements.
 - Energy and instantaneous dose rate dependence.
- Results published: Bateman, J. J., et al (2024). Development of a novel fibre optic beam profile and dose monitor for very high energy electron radiotherapy at ultrahigh dose rates. Phys. Med. Biol. https://doi.org/10.1088/1361-6560/ad33a0

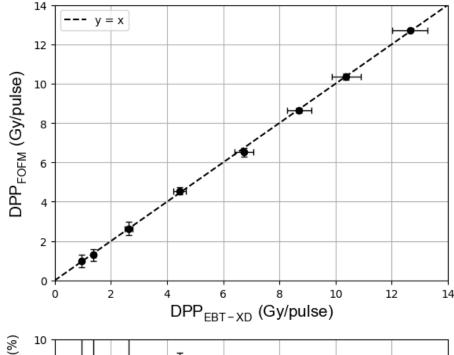


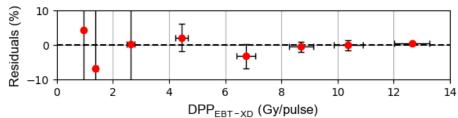


Uniform Beam Dose Monitoring

- Calibration function obtained for FOFM response to dose deposited at reference depth (25 mm).
- Calibrated FOFM measurements compared to EBT-XD dose measurements.
- Able to predict dose measured on EBT-XD films within 5%.







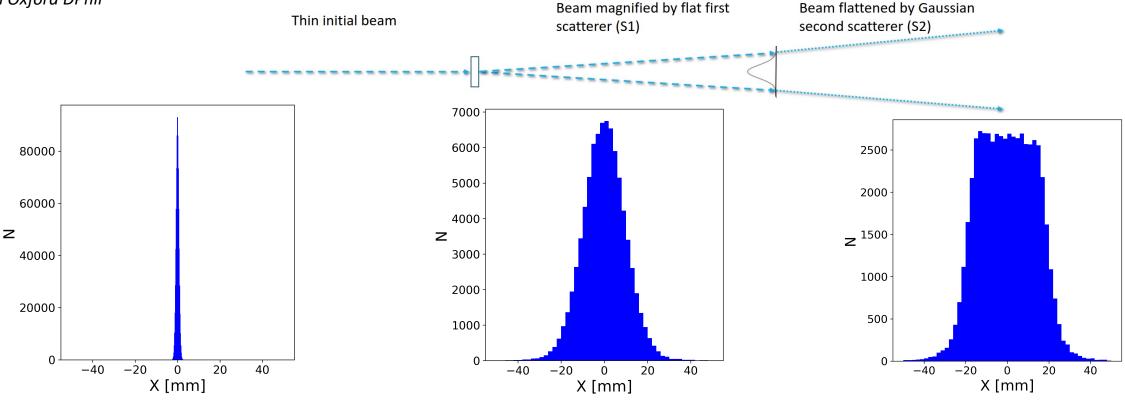


C. Robertson

JAI Oxford DPhil

VHEE Dual-Scattering Systems

- Beam magnification and flattening for conformal VHEE Radiotherapy passive scattering commonly used in other modalities
 - Regained interest due to dose rate independence for FLASH few studies for VHEE



Scattering Foil Design

Initial Beam

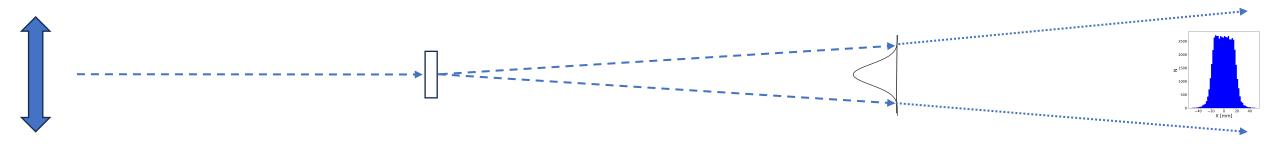
- Energy
- Twiss parameters
- Emittance

Spatial constraints

- Distance between scatterers
- Transverse space available
- Material choice

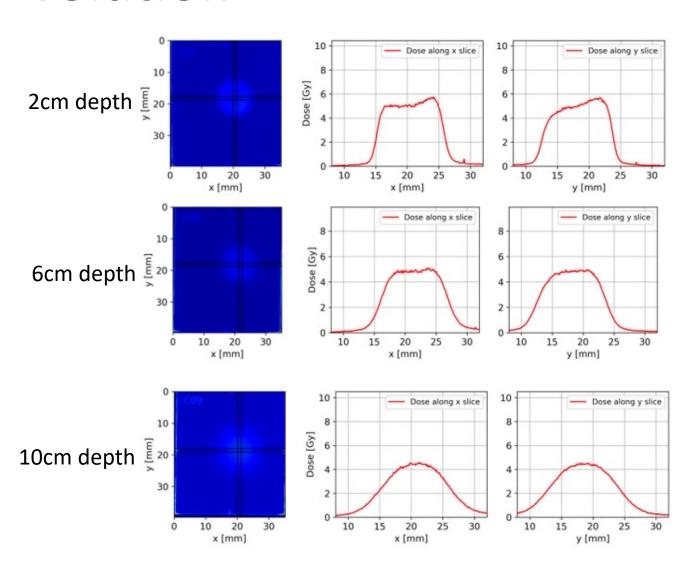
Desired Final Beam

- Radius
- Uniformity
- Transmission after collimation



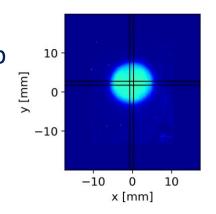
Beam Evolution

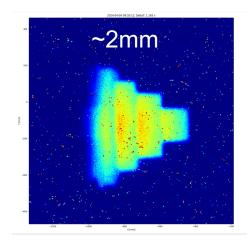
- Uniformity can be retained deep into water phantom
- Asymmetries from initial misalignment reduced
- Initial beam can be modified to change shape

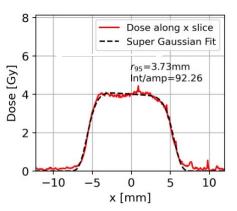


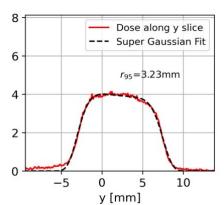
Beam Evolution

- Successful experiments demonstrating magnified, flattened dose distributions at CLEAR
- Permanent in-vacuum CLEAR dualscattering system developed and installed by operators in beamline
- System well characterised and operational with collimator to provide up to 1cm uniform beam profile for sample irradiations and conformal VHEE dose studies – now used as standard for CLEAR radiobiological studies.









VHEE-FLASH Dose Delivery and Dosimetry: Next Steps

Dosimetry & Beam Monitoring

- Fibre Optic FLASH Monitor currently under development has demonstrated a large dynamic range and ability to provide accurate pulse-by-pulse beam profile measurements

 further optimisation needed once realistic clinical parameters for VHEE-FLASH become realised.
- Next steps.... Develop full prototype with two orthogonal arrays

Dose Delivery

- Dual-scattering foil now realised for ~ 1cm uniform VHEE beams at UHDR at CLEAR.
- Next steps... Further studies required on x-ray production and losses for production of larger beams (up to 5-10 cm).

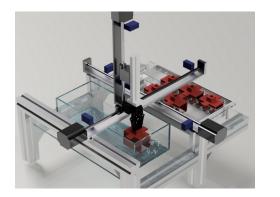
The potential use of very high-energy electron (VHEE) beams (50-250 MeV) for Radio Therapy (RT) recently gained interest, since electrons at these energies can travel deep into the patient.

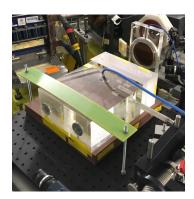
- Potential advantages of VHEE RT:
 - Depth dose profile for electrons better than X-rays
 - Charged particles can be focused and steered (not possible with X-rays)
 - Electron beams rather unsensitive to tissue inhomogeneities
 - Electron accelerators comparatively more compact, simpler and cheaper than proton/ion machines
- This last advantage is now especially true given the recent advances on high-gradient acceleration (e.g. X-band CLIC technology)
- Ultra-high dose rate (above 100 Gy/s) radiation delivery, termed FLASH RT, showed normal tissue sparing capabilities, without compromising tumor control. Electron linacs can relatively easily reach the high beam currents needed for FLASH treatment of large fields.
- More and more existing electron linac facilities are now being intensively used to investigate VHEE/FLASH RT



M. Dosanjh - IoP PAB Conference 2024

VHEE/FLASH RT studies at the CLEAR facility (CERN)



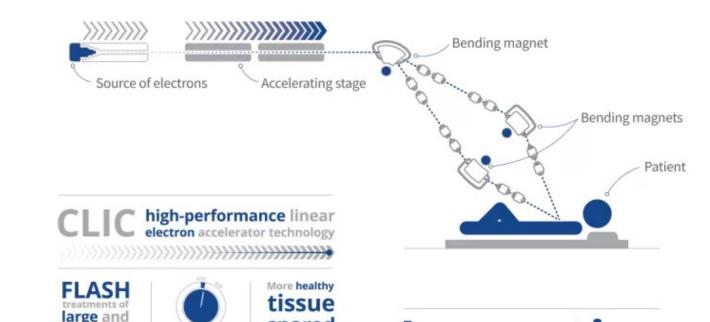


Facility	Applications
ARES	Accel. components, Diagnostics R&D
	Medical: VHEE RT, Electron CT
	Acceleration: ACHIP [29]
CLARA	Accel. components, Diagnostics R&D
	Medical: VHEE RT
	Acceleration: DWA, (P/L)WFA, THz
CLEAR	High gradient acceleration, plasma lens
	Radiation damage, Diagnostics R&D
	Medical: VHEE & FLASH RT
FLUTE	Diagnostics R&D, THz Experiments
	Medical: FLASH RT, Detectors
	Machine Learning
PITZ	Min. beam emittance developments
	THz source development
	Medical: FLASH RT & dosimetry
SPARC_LAB	Acceleration: PWFA, LWFA
	Radiation sources: FEL, THz, betatron

From: D. Angal-Kalinin et al., Electron beam test facilities for novel applications, Proc. IPAC '23 42

Very High Energy Electron (VHEE) Radiotherapy

- CERN and CHUV Hospital collaboration to build the first clinical VHEE machine – DEFT (Deep Electron FLASH Therapy).
- Construction and commissioning scheduled for 2025 and clinical trials planned to start in 2027.
- Other VHEE FLASH facilities planned: Stanford (PHASER) and Sapienza, Rome (SAFEST), add Lumitron/UC Irvine and ongoing developments in UK.





< 200 ms

Full dose

of electrons

than 200 ms

deep-seated



spared

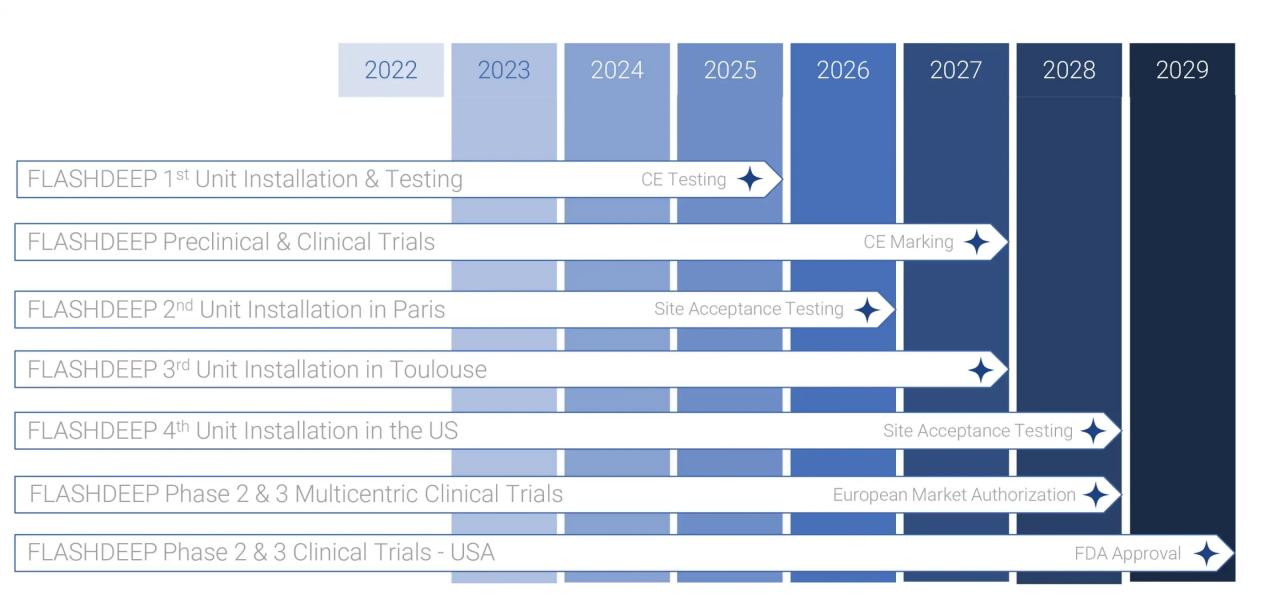


Innovative

Radiation Therapy

with Electrons

12.06.24





What do we need to know before clinical translation

RRP's editorial on FLASH:





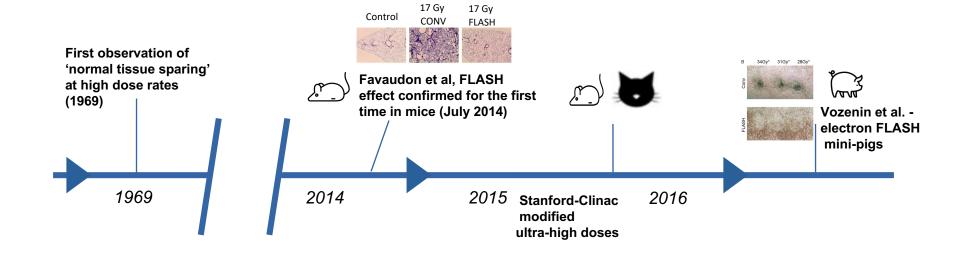
In Press, Journal Pre-proof (?)

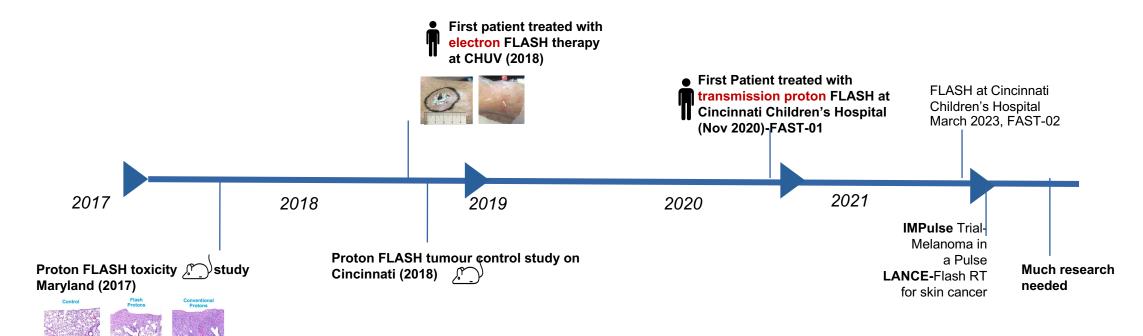
FLASH Radiotherapy: New Technology Plus Biology Required

While FLASH-capable technology is rapidly emerging, radiation oncology needs to remember to be cautious, methodical, and data-driven as we Target Safely. The FLASH effect requires both new technology and preclinical studies to understand its biological basis. Implementation of this intriguing treatment modality requires particular diligence and robust trials that assure the Journal Pre-proof technology performs and especially demonstrates effective tumor cell killing as we move into the transformational domain of exploiting both the extraordinary technology and biology of the radiation beam.

Mazal et al state:

As usual in the field, there are at least three issues limiting the development of these new approaches: (a) the understanding of the mechanisms involved, (b) technical limitations, and (c) the safe implementation of clinical protocols with significant follow-up. (Mazal, et al, doi.org/10.1259/bjr.20190807)





FLASH RT – so many questions remain

The exact mechanisms underlying FLASH and the relative sparing of normal tissue remain unclear. In general, FLASH is considered to be a result of a number of biological, radiochemical and delivery parameters.

It is unclear which of parameters of UHDR RT are required or optimal to produce FLASH effects. In early publications, 40 Gy/s was suggested as a dose-rate threshold. Subsequent studies have demonstrated that the dose, intra-pulse dose rate, and number of pulses play important roles in electron FLASH effects.

Although in vivo animal FLASH studies have been performed with single scattered and collimated beams, clinical particle-beam UHDR treatment delivery used and likely will use pencil beam scanning (PBS) that employs lateral scanning of a series of pencil beams located at various depths to cover the tumour volume.

Many things to consider and do: Dose rate, Energy range, which particle(s) - electrons vs. protons vs. photons vs carbon vs helium, Scanning, Focusing, Dosimetry, Treatment planning tools, New real time-imaging, Tests in vivo, in vitro, Animal studies, Clinical trials

Our recent data from Marie Catherine Vozenin's group with zebra fish embryos suggest that:

the overall time of irradiation does not matter however, the dose delivered in the pulse does matter

Publication under review

Thank you for your attention

Acknowledgement: many thanks to all colleagues and the CLEAR team who provided material used in the talk, specially Joseph Bateman, Cameron Robertson and Marie Catherine Vozenin







