# Quantum Gravity and Predictions for Our Universe

Cumrun Vafa Harvard University

CERN

May 30, 2024

Samuel Velasco/Quanta Magazine



# Based on many papers in string theory literature

### Dark Dimension Scenario based on

M. Montero, I. Valenzuela, C.V. The Dark Dimension and the Swampland arxiv.org/2205.12293

E. Gonzalo, M. Montero, G. Obied, C.V. Dark Dimension Gravitons as Dark Matter <u>arxiv.org/2209.09249</u>

J.Law– Smith, G. Obied, A. Prabhu, C.V. Astrophysical Constraints on Decaying Dark Gravitons <u>arXiv.org/2307.11048</u>

C. Dvorkin, E. Gonzalo, G. Obied, C.V. Dark Dimension and Decaying Dark Matter Gravitons <u>arXiv.org/2311.05318</u>

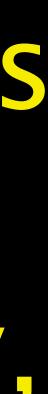
C.V. Swamplandish Unification of the Dark Sector arXiv.org/2402.00981

> N. Gendler, C.V. Axions in the Dark Dimension arXiv.org/2404.15414

String theory is believed to be a fundamental theory of nature leading to a consistent theory of quantum gravity.

Yet, it is believed that we have no concrete predictions based on it. In this talk I would like to present some concrete predictions from string theory, testable by current experiments.







# Hierarchy of Scales Puzzles

Dirac: Why do we have such strange small (large) numbers?

Updated version:

 $\Lambda \sim 10^{-120} M_p^4$  $m_{\nu} \sim 10^{-30} \sim 10^{-10} \,\mathrm{GeV}$ 

 $\tau_{\rm now}^{-1} \sim 10^{-60} \sim 10^{-40} \,{\rm GeV}$  $\Lambda_{\rm QCD} \sim \alpha \Lambda_{\rm weak} \sim 10^{-20} \sim 1 \,{\rm GeV}$ 

A Higgs inst.  $\sim 10^{-10} \sim 10^{10} \, {\rm GeV}$ 

The smallness of the dark energy and the weakness of interactions of the dark matter are prominent features. Any relation between these features?

What is the nature of dark matter? Is it related to dark energy?





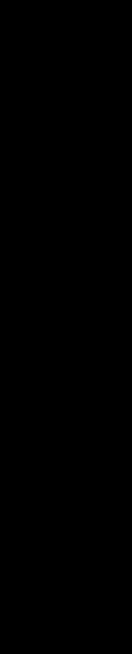
Quantum gravity seems unrelated to these questions. Nevertheless, I will argue in this talk that quantum gravity sheds light on all these questions.







Swampland Program: Summarizes lessons about QG we have learned from string theory. It turns out these general lessons lead to insights into these questions.

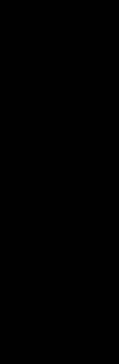


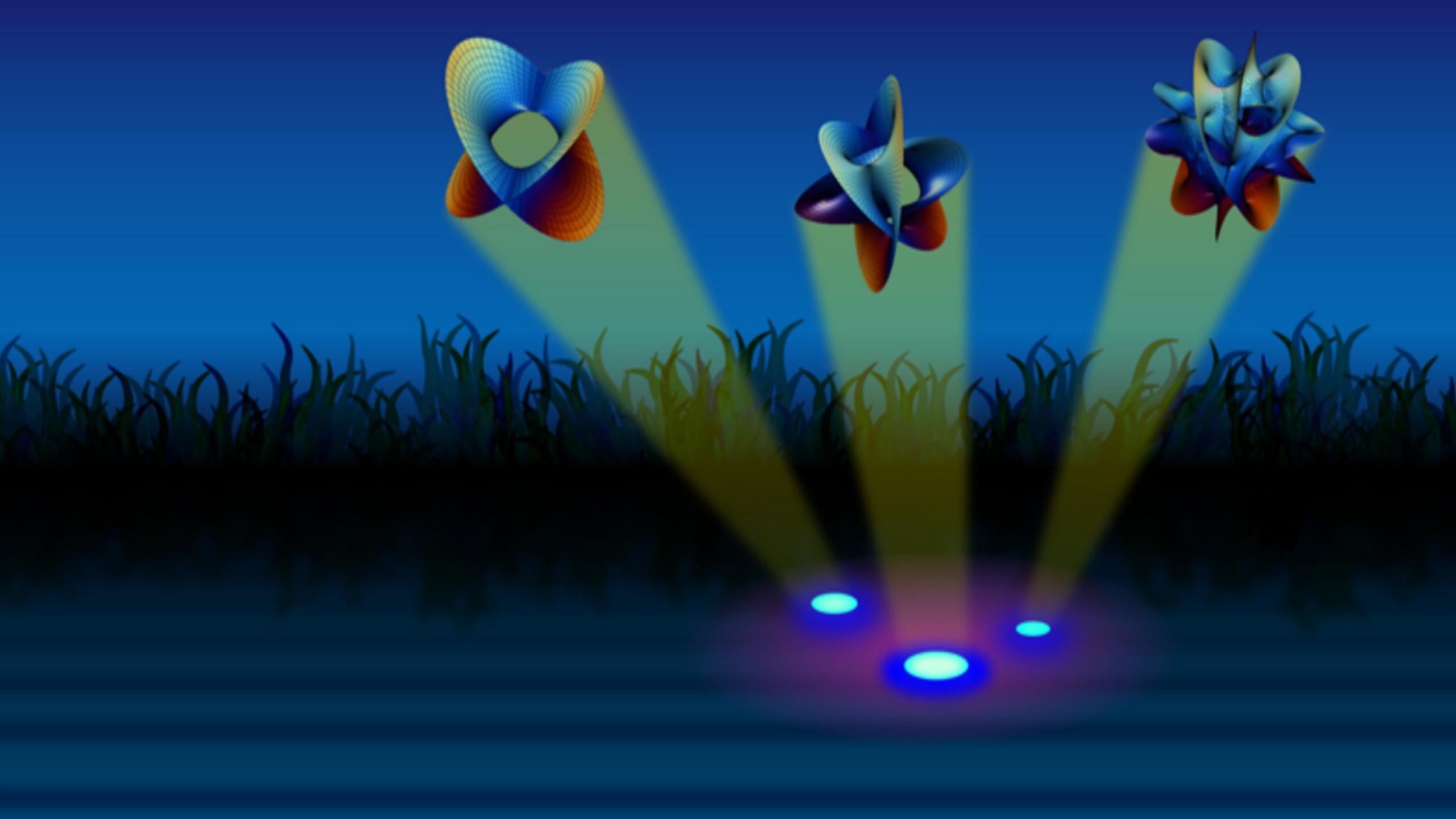


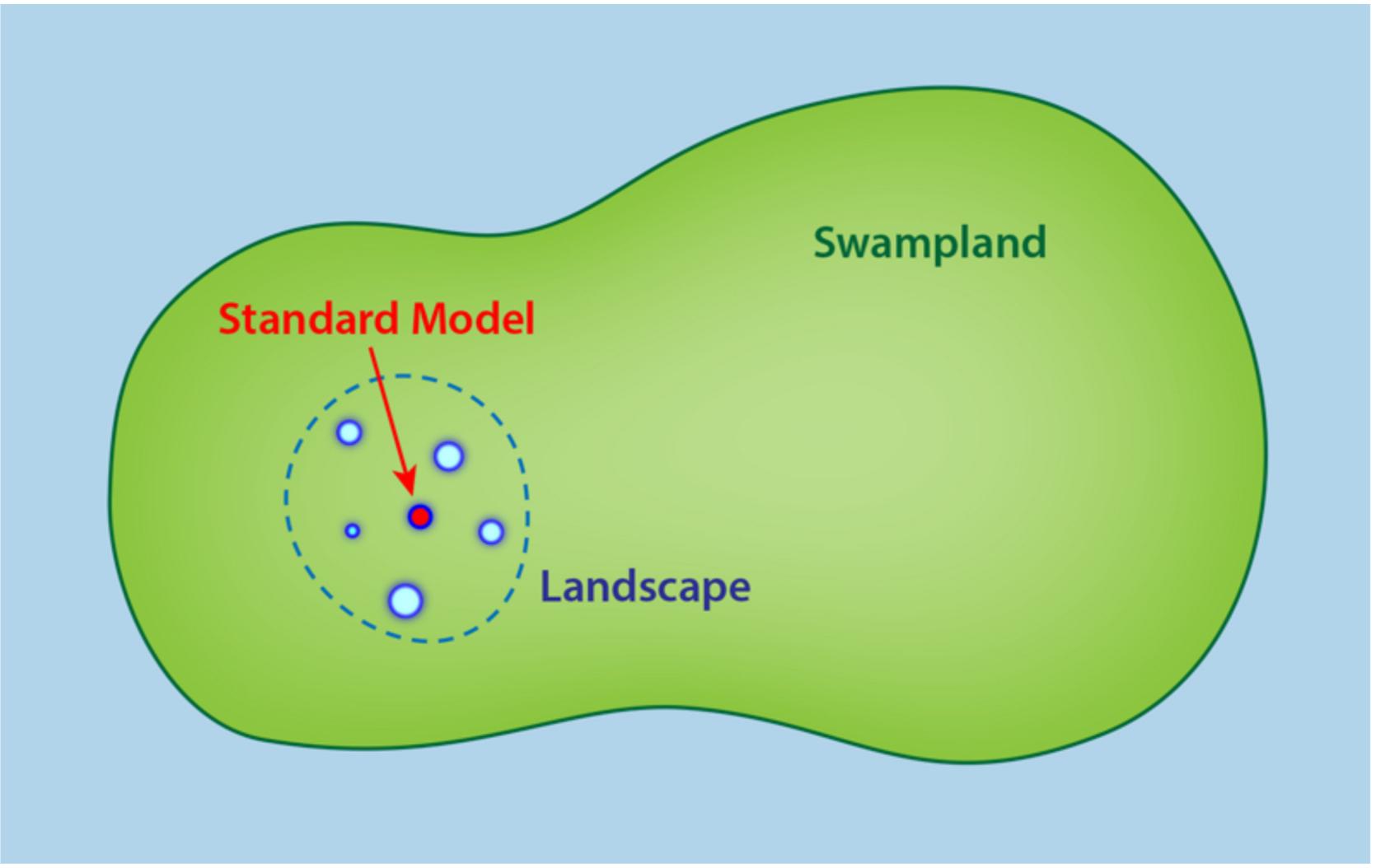
What we have learned from string theory is that quantum gravitational theories are far more restrictive than previously imagined.

Very few effective field theories emerge in the IR limit of UV complete quantum gravitational theories.

These restrictions lead to predictions; Features of effective field theories that emerge from gravity are correlated. One feature can be observed, and using that another feature can be predicted.





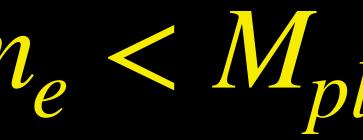


APS/Alan Stonebraker

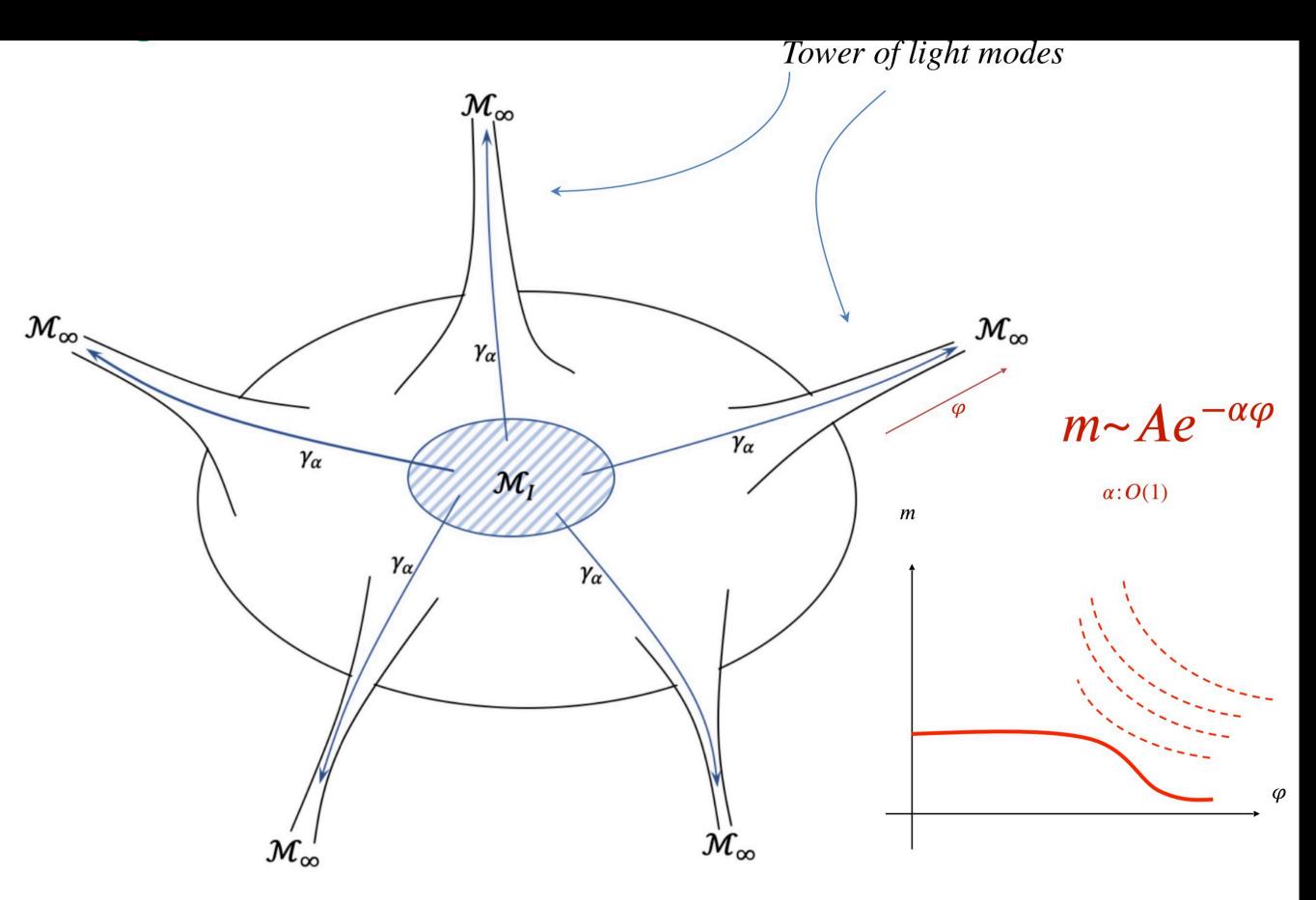
# For example:

Gravity is the weakest force in any quantum theory of gravity, more specifically in our universe we can explain the following feature:  $m_{\nu} < m_e < M_{pl}$ 

For any QG rank of gauge groups are bounded. For example if we consider N=4 supersymmetric theories in 4 dimensions, only gauge groups with rank less than 23 can appear if coupled to gravity. SU(N) for  $N \ge 24$  are in the Swampland.



# Distance/Duality Conjecture [OV, 06]



Moreover the tower of light states is either a tower of light gravitational excited modes  $(d \rightarrow D \text{ KK towers})$ , or light fundamental string states. Strong evidence from string theory ("The Emergent String proposal" [LLW,19]). In that case it is easy to show

 $m \sim \exp(-\alpha \phi);$ 



 $\frac{1}{1-2} \le \alpha \le \sqrt{\frac{D-2}{(D-d)(d-2)}}$ 

In the context of dS/AdS the distance conjecture has a generalization [LPV, 18] where the smallness of cosmological constant leads to the prediction of a tower of light states:  $m \sim |\Lambda|^{\alpha}$ . A lot of evidence for this in the AdS case. For (quasi) dS we expect 1  $\frac{1}{d} \le \alpha \le \frac{1}{2} \quad \text{for } \Lambda > 0$ Upper range Higuchi bound, lower range 1loop vacuum energy.

This in particular means gravity gets modified at the scale of m. Let us apply this to our universe. The only possibility given the observations that Newtonian force law works at least up to  $30\mu m$  (Adelberger et al) is the lower bound  $\alpha = \frac{1}{d} = \frac{1}{4}$  $\lambda m = \Lambda^{\frac{1}{4}} = \Lambda^{\frac{3}{12}}$  $m \sim .01 - .1eV$   $l = m^{-1} \sim 1 - 10\mu m$ 

# KK tower or string tower?

far above eV

Must be a KK tower!

# Cannot be a string tower, effective theory of gravity valid

How many extra mesoscopic dimensions?

The gravity becomes strong at the higher dimensional Planck scale for n extra dimensions:  $\hat{M} = m^{n+2}$ 

(for n extra mesoscopic dimensions)-Only consistent with experiment for n=1 and gives Planck mass of

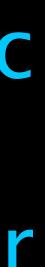
 $\hat{M} \sim (\Lambda^{\frac{1}{4}})^{\frac{1}{3}} = \Lambda^{\frac{1}{12}} \sim 10^{10} GeV$ 

The Dark Dimension: One extra mesoscopic dimension of length 1–10 microns! This leads to a fundamental Planck scale in higher dimension

$$\hat{M} \sim m^{\frac{1}{3}} \sim (\Lambda^{\frac{1}{4}})^{\frac{1}{3}}$$

unlike the Large Extra Dimension scenarios which were motivated by making weak scale the fundamental scale  $\hat{M} \sim TeV$ . This led to  $n \geq 2$  extra dimensions, unlike the Dark dimension.

# $\sim 10^{10} GeV$



# Phenomenological aspects

GUT/Standard model fields: Should be localized in the mesocopic dimension, otherwise we get a large number of copies of SM fields separated by meV-eV mass scale:



. . . . . . . . . . .

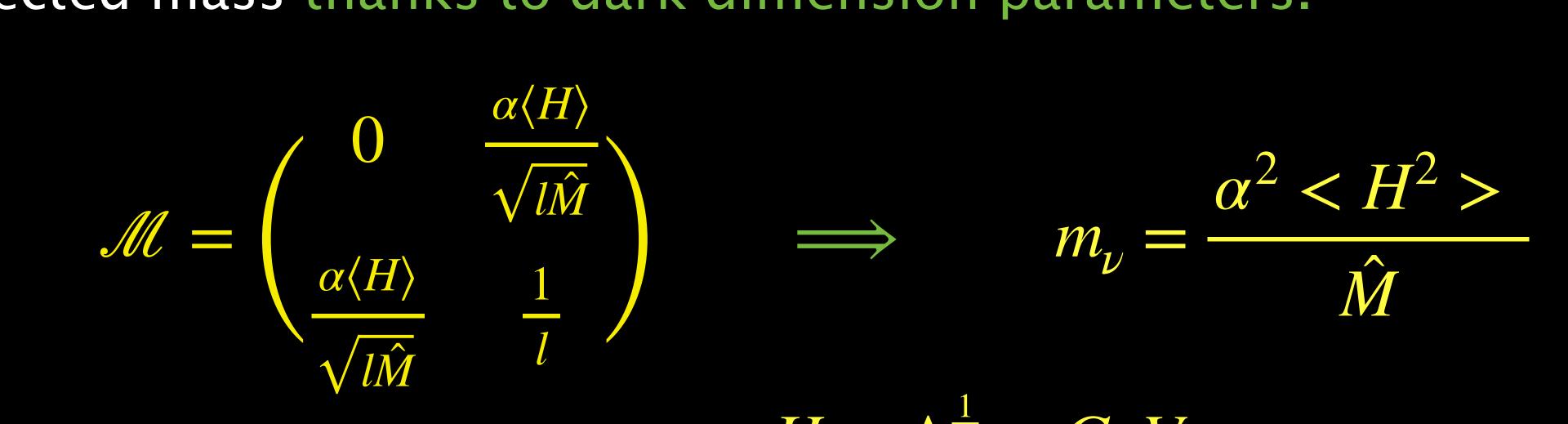


Three potential a physics:

1) Instability in Higgs potential (which has become possible thanks to results from CERN) at  $10^{11}GeV$ ; may be related to higher Planck scale at  $10^{10}GeV$ .

# Three potential applications to particle

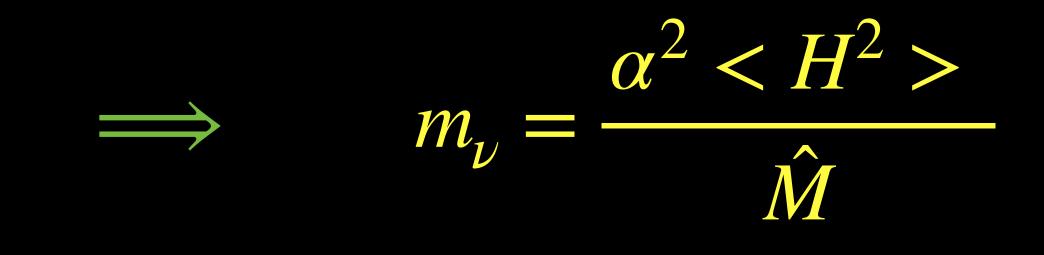
2) Neutrino physics: 5d bulk fermions coupled to  $\nu_L$  on the brane can act as right-handed neutrinos [DDG,ADDM, 98]; the couplings to SM neutrinos give the active neutrinos the expected mass thanks to dark dimension parameters.



We get:







 $\alpha H \sim \Lambda^{\frac{1}{6}} \sim GeV$ 

 $m_{\nu} \sim \frac{(\Lambda^{\frac{1}{6}})^2}{\Lambda^{\frac{1}{12}}} \sim \Lambda^{\frac{1}{4}} \sim 10 \ meV$ 

This suggests fermionic KK tower can act as a tower of sterile neutrino. Higgs vev is compactible with lack of higherarchy between active and sterile neutrino mass scales.

 $m_{\nu} \sim m_{tower} \sim m_{sterile}$ In other words: if a mechanism is found to explain lack of hierarchy in the neutrino sector (active and sterile neutrino having similar masses) leads to electroweak hierarchy  $< \alpha H > \sim \Lambda^{\frac{1}{12}} \sim GeV$ 

Third potential application to particle physics:

3) Axion physics: the axion decay constant must satisfy

 $f_a \leq \widehat{M}_p \sim 10^{10} GeV$ 

Together with experimental bounds leads to

 $f_a \sim 10^{10} GeV \sim \Lambda^{\frac{1}{12}}$ 

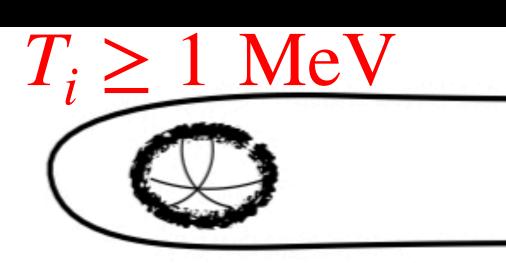
# $m_a \sim \frac{\Lambda_{QCD}^2}{f_a} \sim \frac{\Lambda^{\frac{2}{6}}}{\Lambda^{\frac{1}{12}}} \sim \Lambda^{\frac{3}{12}} \sim 10^{-1} eV \sim m_\nu \sim m_{tower}$

This range of axion mass is exactly in the range which the continuation of the experiments done here at CERN will be sensitive to:

IAXO (International Axion Observatory) whose `baby version' is currently scheduled to being operating in Hamburg in the next 5-10 years is such an experiment.

# COSMOLOGY

We present an applealing cosmological scenario (other ones have been proposed [AAL 22,23]). In order to incorporate cosmology we need to assume we have ended up with:



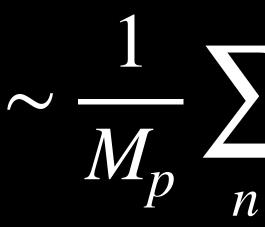
..........



### The interaction of SM brane modes and the bulk graviton is universal:

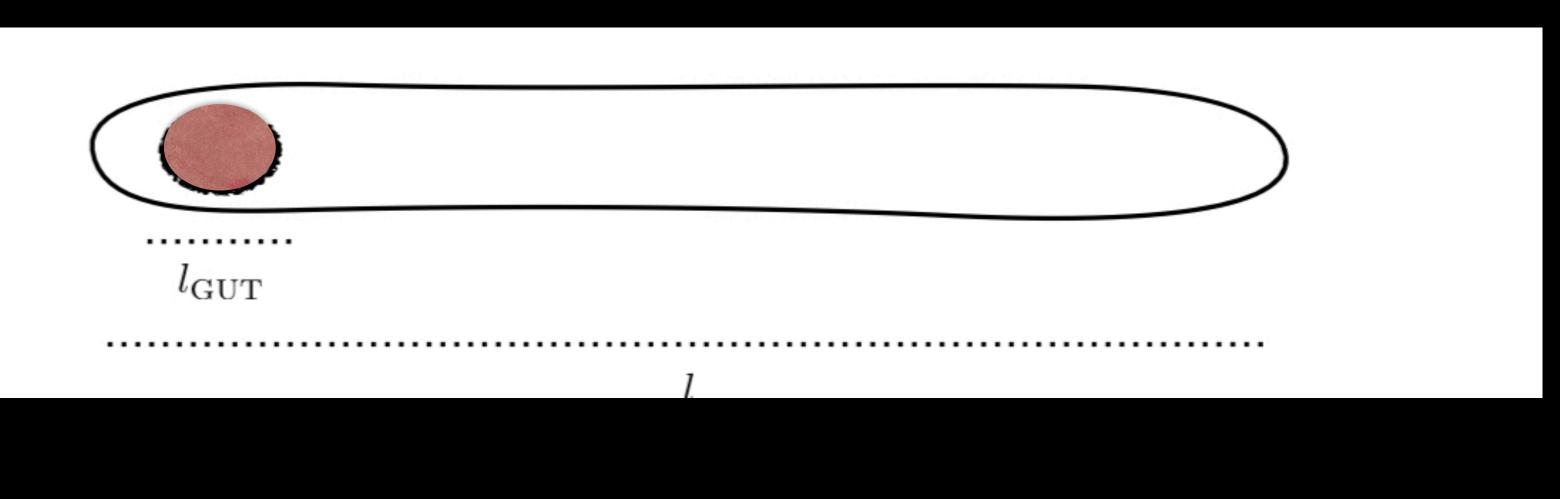
 $\frac{1}{\hat{M}_{p}^{3/2}}\int d^{4}x h_{\mu\nu}(x,z) \Big|_{z=0} T^{\mu\nu}(x)$ 

 $h_{\mu\nu}(x,z) = \sum h_{\mu\nu}^n(x)\phi_n(z)$ 

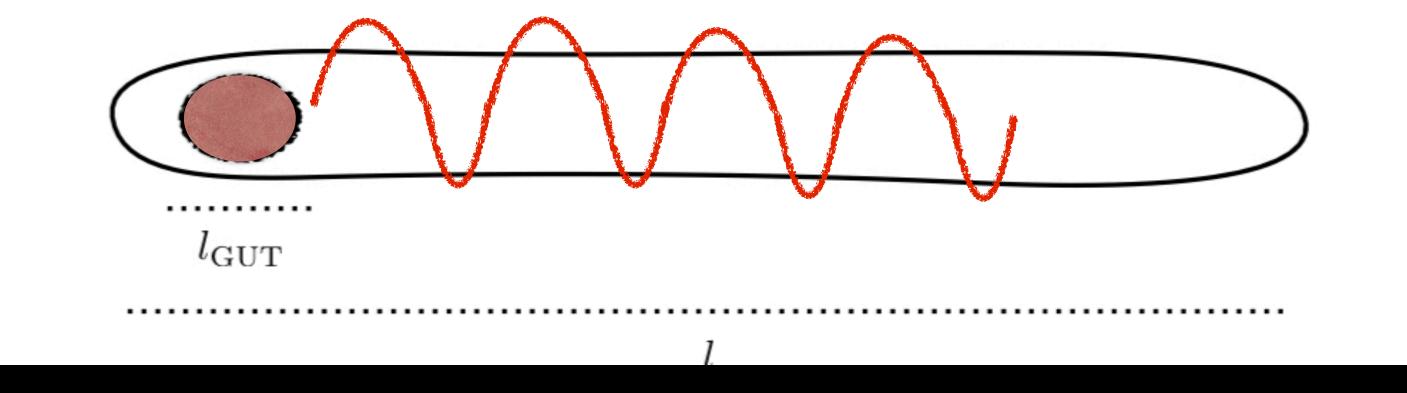


N

 $h_{\mu\nu}^{0} = graviton, \qquad h_{\mu\nu}^{n} \quad n \neq 0 \quad \text{KK gravitons} \\ m_{n} \sim n \cdot m_{KK} \sim \frac{n}{l} \\ \sim \frac{1}{M_{p}} \sum_{n} \int d^{4}x \, h_{\mu\nu}^{n}(x) T^{\mu\nu}(x)$ 



a source and the second and the second and the second second second and the and and a start of the second and a start of the second and the se and the state of the second state of the secon and the second a service a - ----a survey a survey and the survey of the survey and the survey of the survey of the survey of the survey of the and and a second second second second second second second To be a second to be a second to a a contraction of the contraction of the second s and the second second second and the second second second and the second a Contractive Contractive and the second and the second second second and the second and the second a some state the second second and the second second second and an and the second as the second and the second and the second and the second secon and some of the second and a second and the second and the second second second second second second second second Contraction and the second state of the second a Sun and the second and the second state of the second state of the second second second second second second a set of the 



# Dark matter is excitation of graviton in the dark dimension!

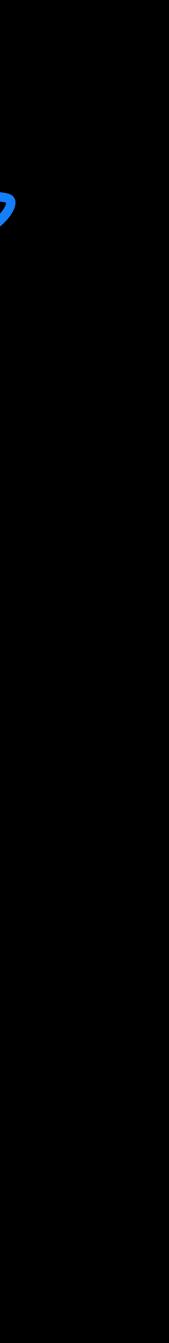


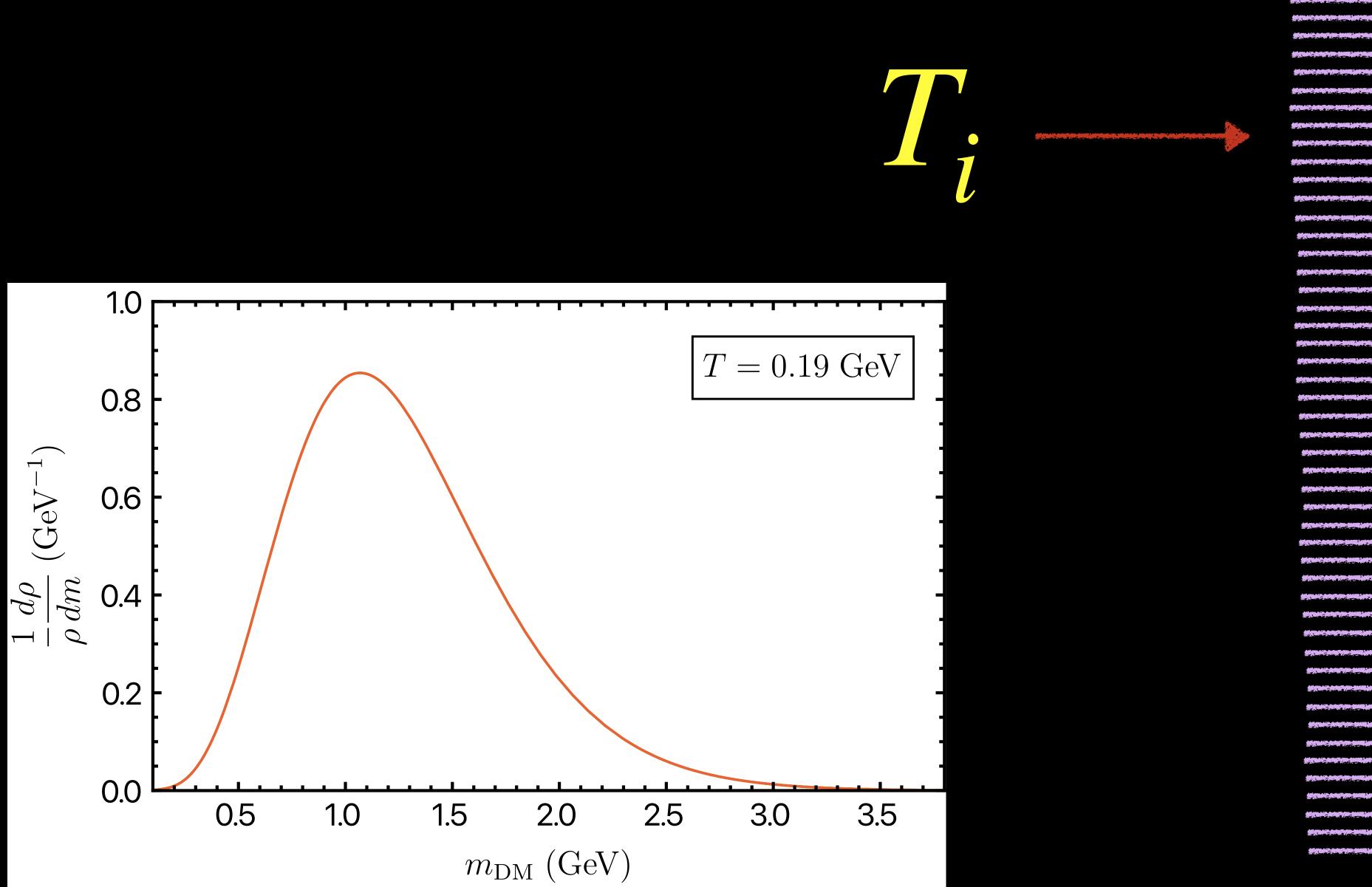
CANADA STANDARD CONTRACTOR STANDARD STANDARD STANDARD The state of the second s

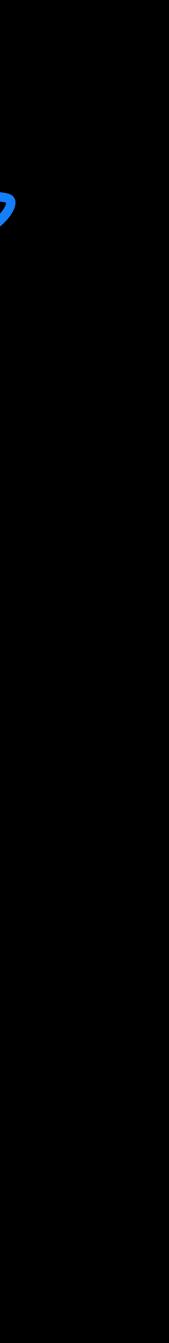
mailine hand a second and the second second

# 

and the second secon and a stand of the Second and a second to be a stand of the second second second second second second second se -----and the second secon and and a second second second second second second second a contraction of the second second and the second a stand To see this is the second second and the second second second To Destroyed the second s and the second and and a second second and the second s and the second and the second second and the second s and the second and the second and the second s -----Contract and the second and the second and the second and the second and and the second and the 





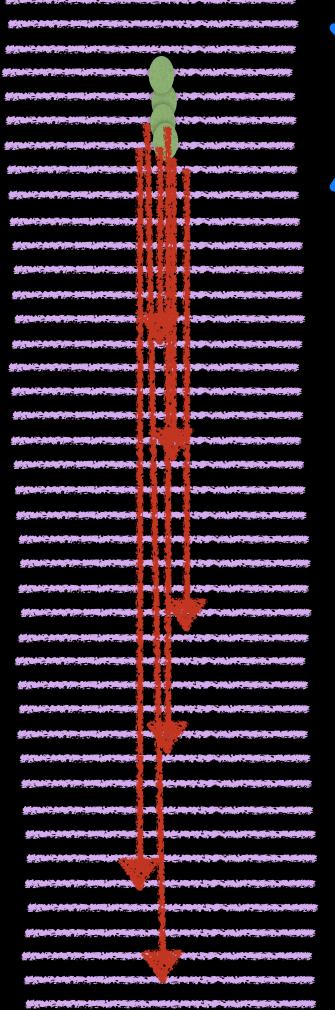


Once produced they lower their mass by decaying mostly to lower KK modes by gravitational interactions (and in the process the total energy density of dark matter does not change appreciably)—A special case of dynamical dark matter scenario [DT,11]

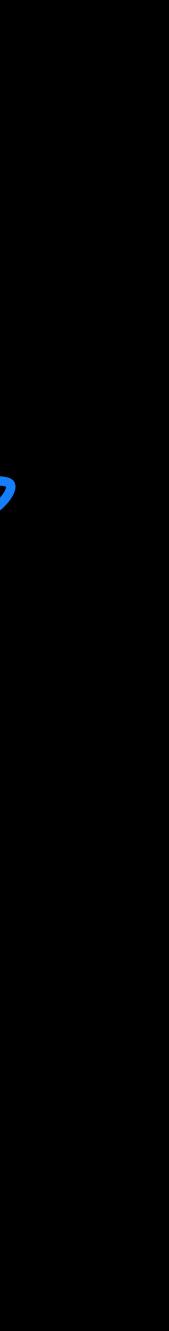
The decay rate is fixed (Up to  $\mathcal{O}(1)$  numbers) by assuming amplitudes are gravitational strength and aparameter  $\delta$  which captures violation of KK quantum number:

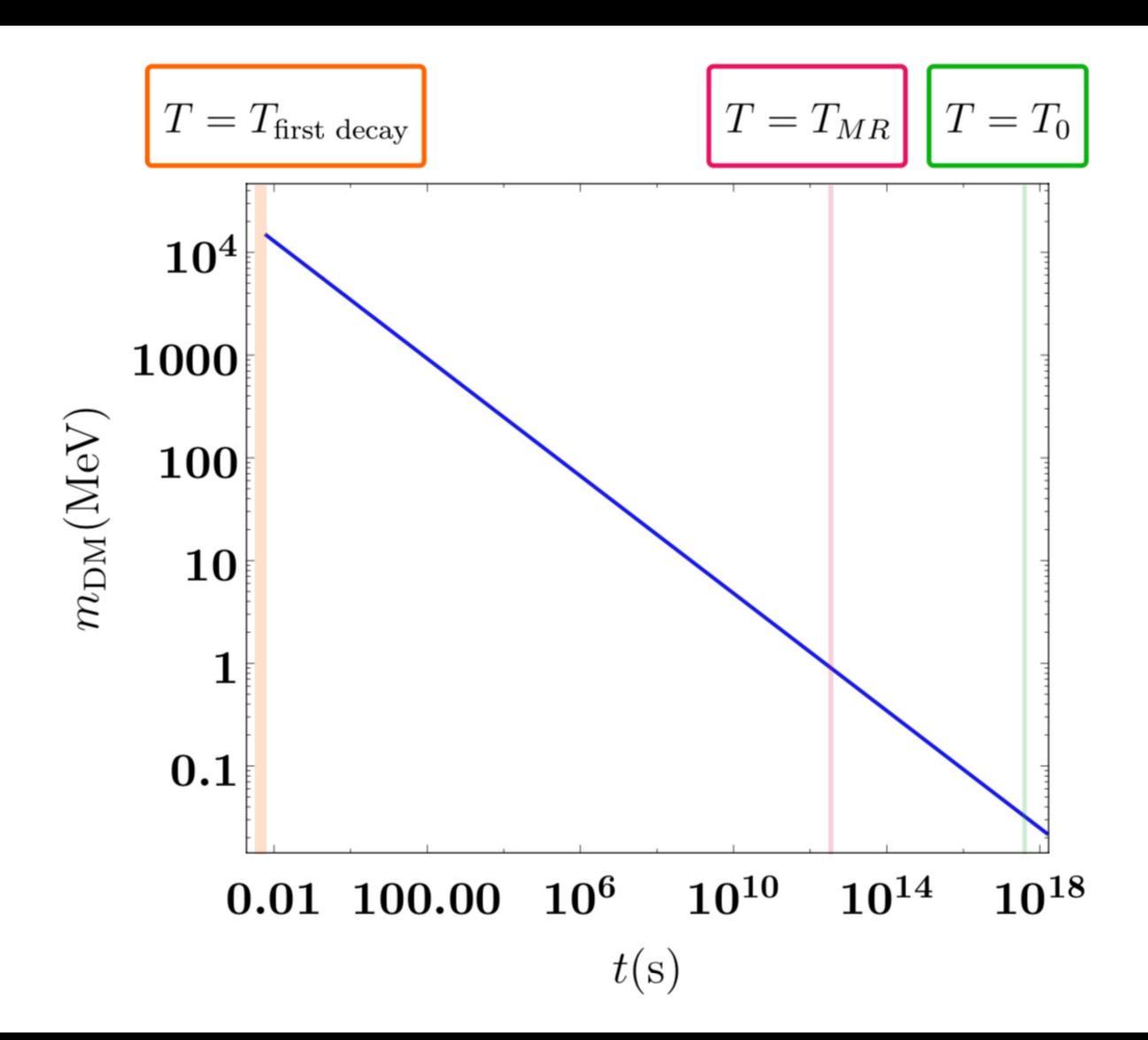
 $m_{DM}(t) \sim m_{DM}(t_0) \left(\frac{t}{t_0}\right)^{-\frac{2}{7}}$ 

 $T_i \sim GeV$ 



- Think in the second and the second s



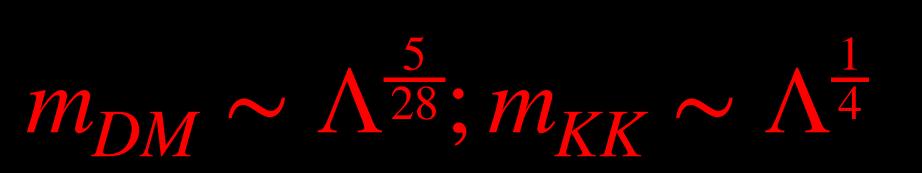


## In our model the dark matter gives a kick velocity which assuming an almost homogenous 5th dimension leads to

Using

we learn

## Could impact structure formation.



# $V \sim \sqrt{\frac{1}{28}} \sim 10^{-\frac{122}{28}} \sim 10^{-4} c$

 $v \sim \sqrt{\delta \cdot \frac{m_{KK}}{m_{DM}}}$  where  $\delta \sim O(1)$ 



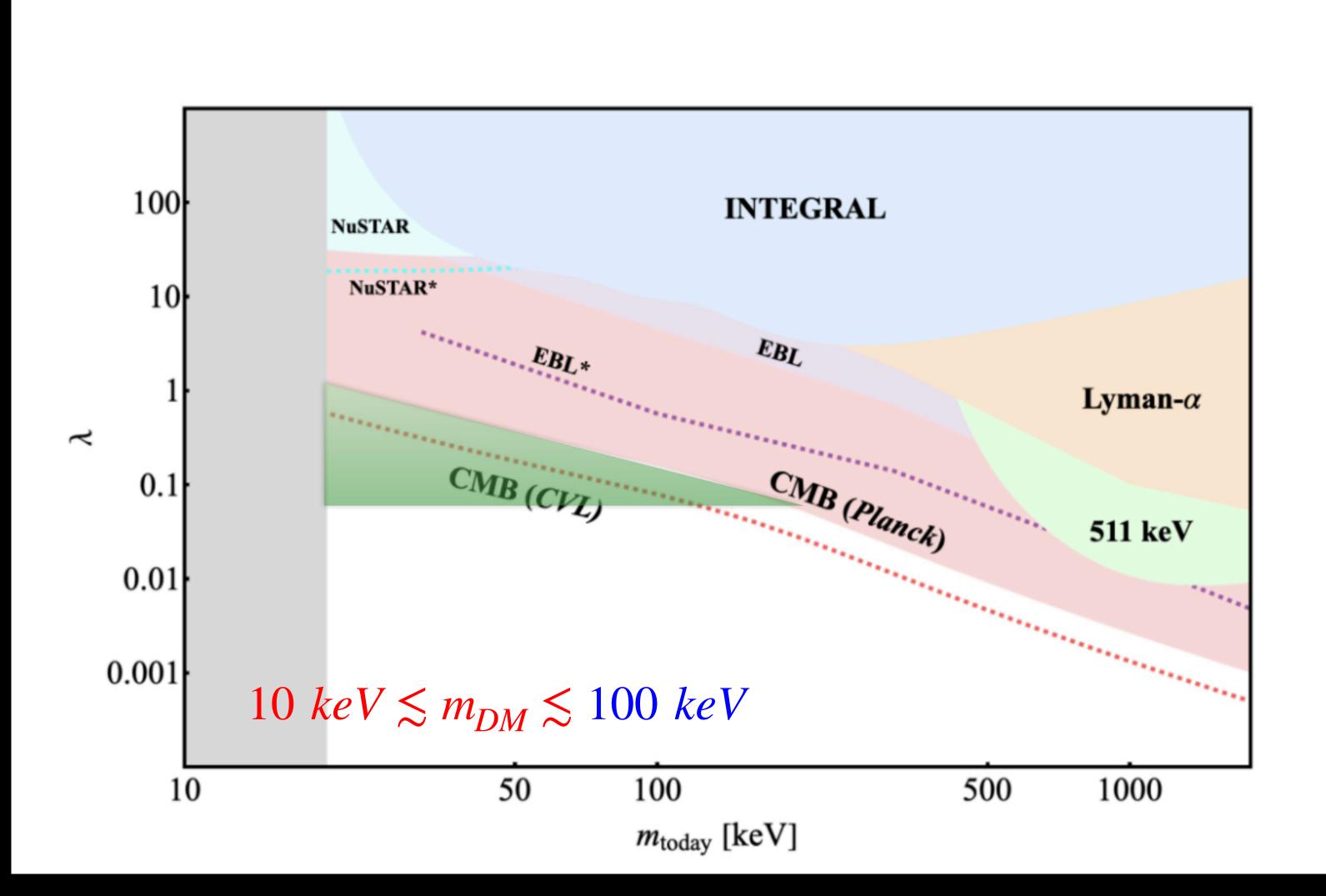


## but decaying DM mass cannot be too large due to



# $l_5 < 30 \mu m \rightarrow m_{KK} > 0.006 \ eV \rightarrow m_{DM} > 20 \ keV$

## Astrophysical bounds (using the work of Slatyer et.al.,...):



# Additional Puzzles of Cosmology

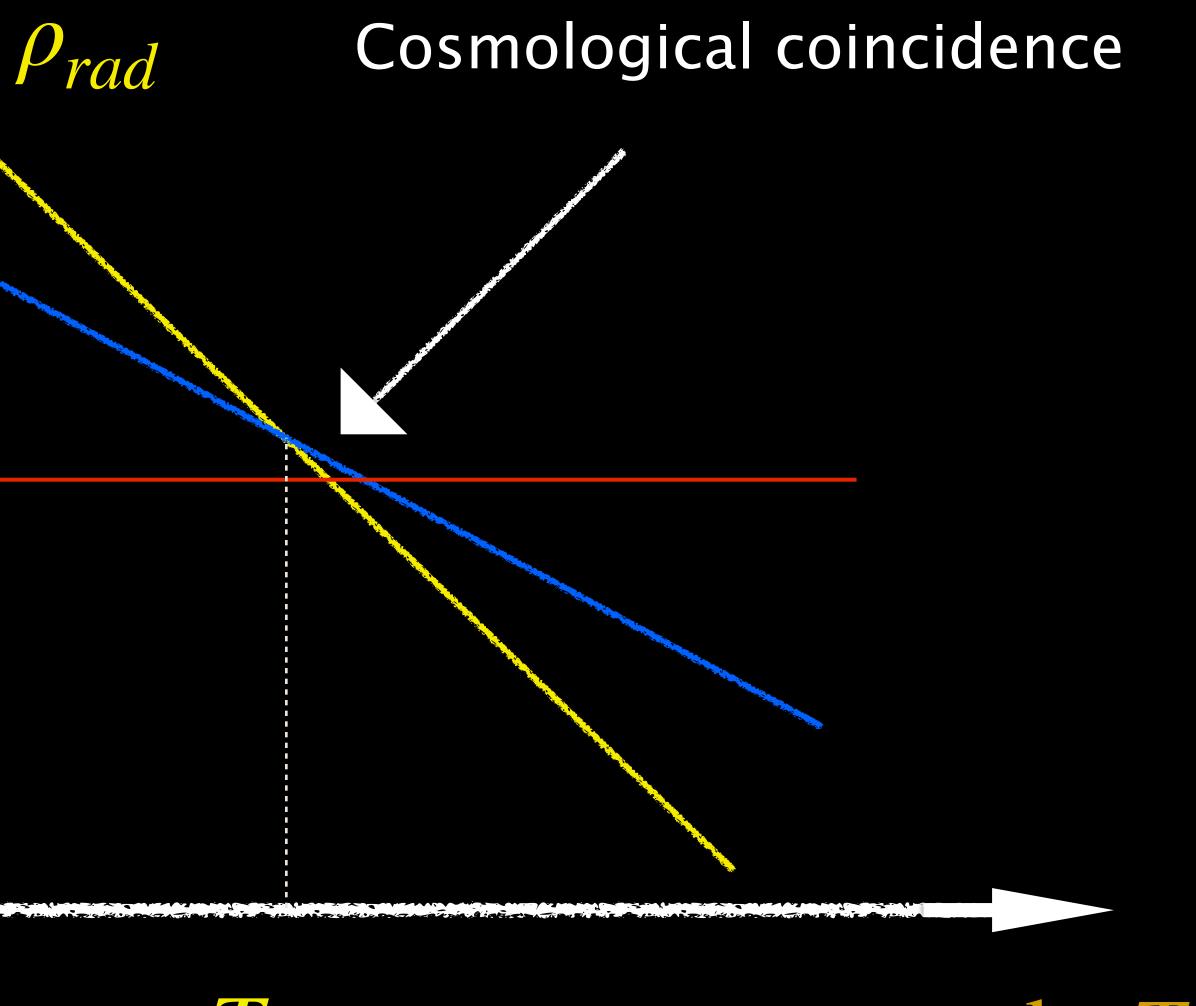


Why do we live now?  $\tau_{now} \sim \sqrt{1}$ 

Is Dark energy stable?

 $\rho_{mat}$ 

 $ho_{\Lambda}$ 

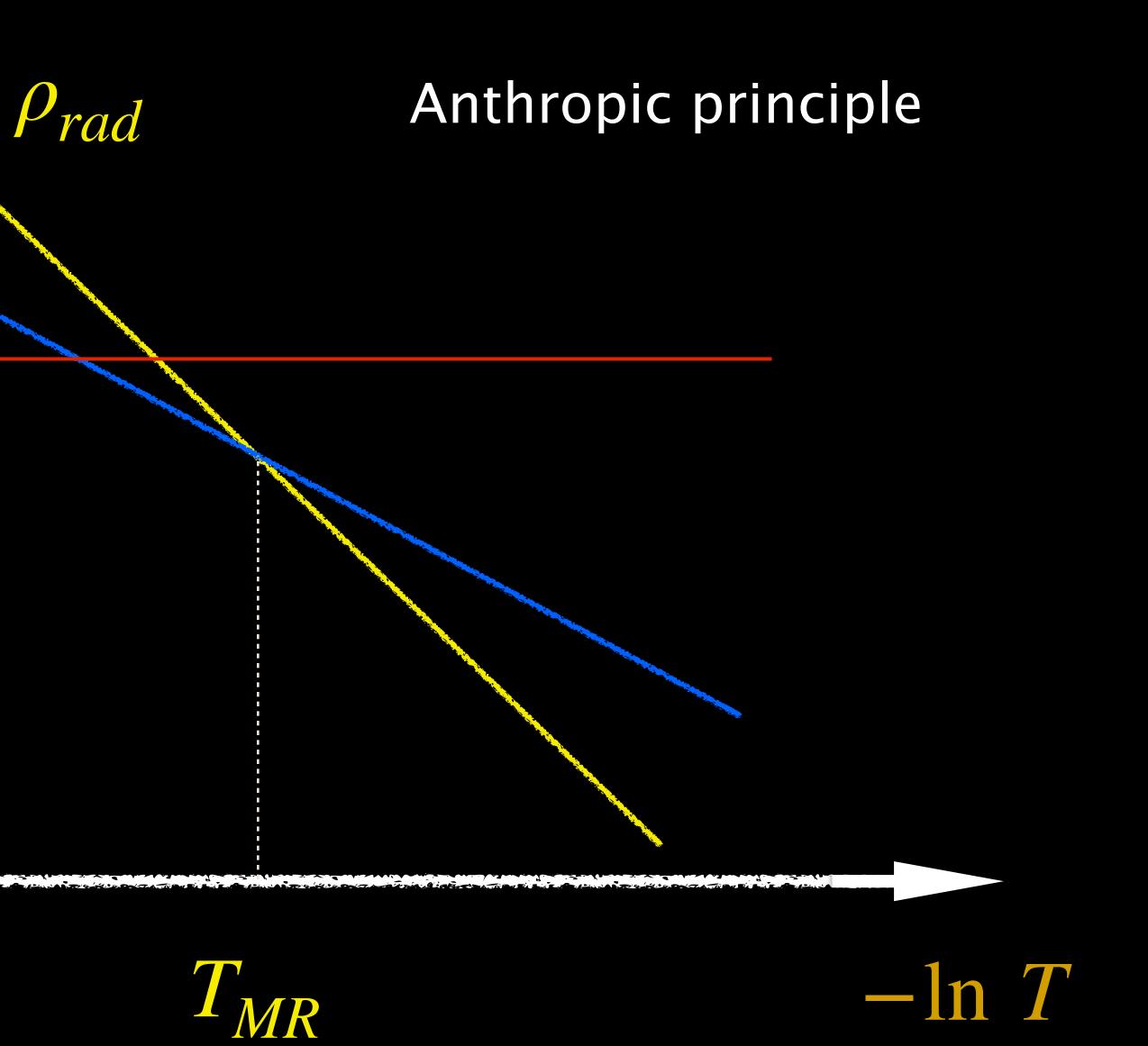




 $-\ln T$ 

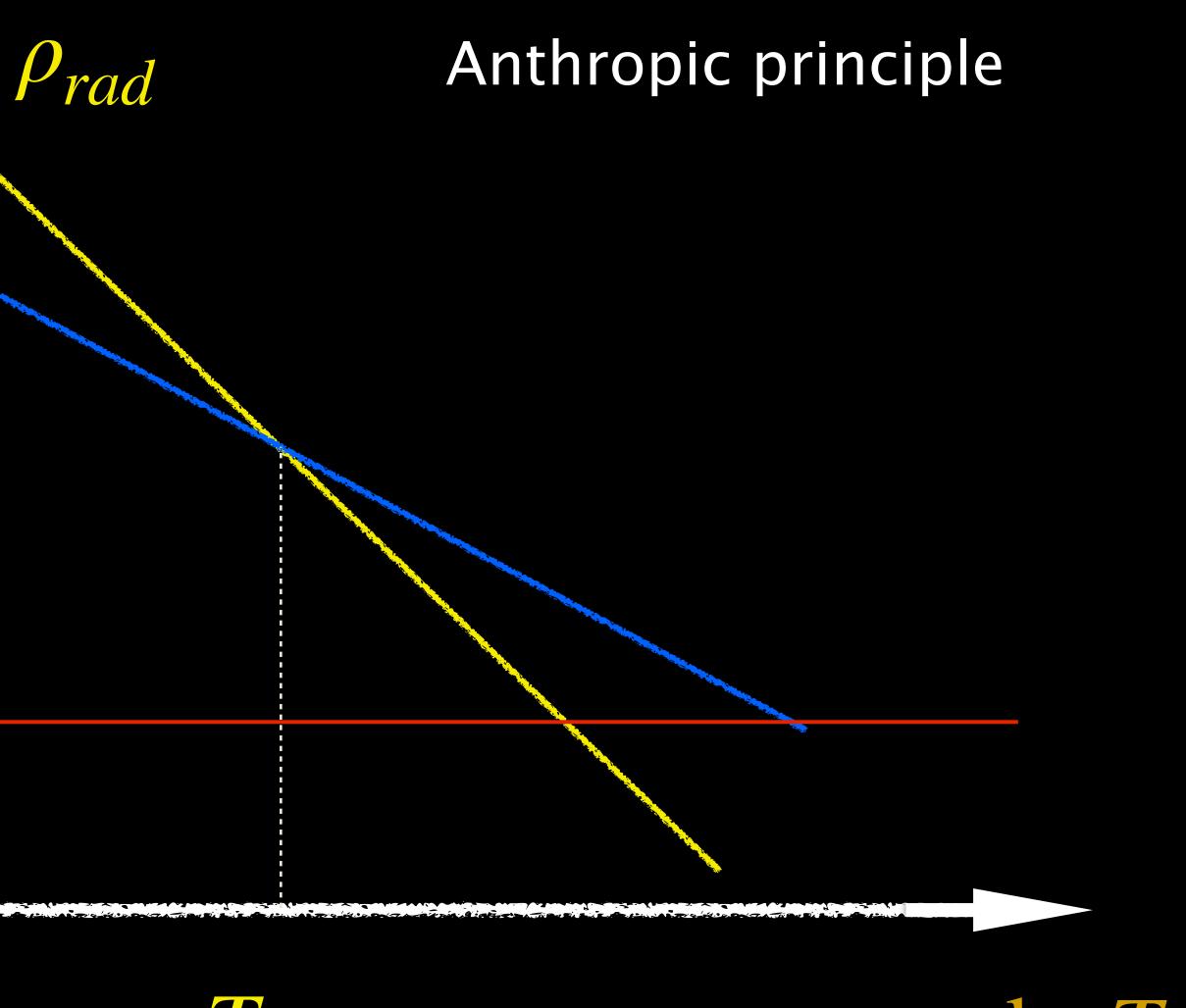
 $\rho_{mat}$ 

 $ho_{\Lambda}$ 



 $\rho_{mat}$ 

 $\rho_{\Lambda}$ 

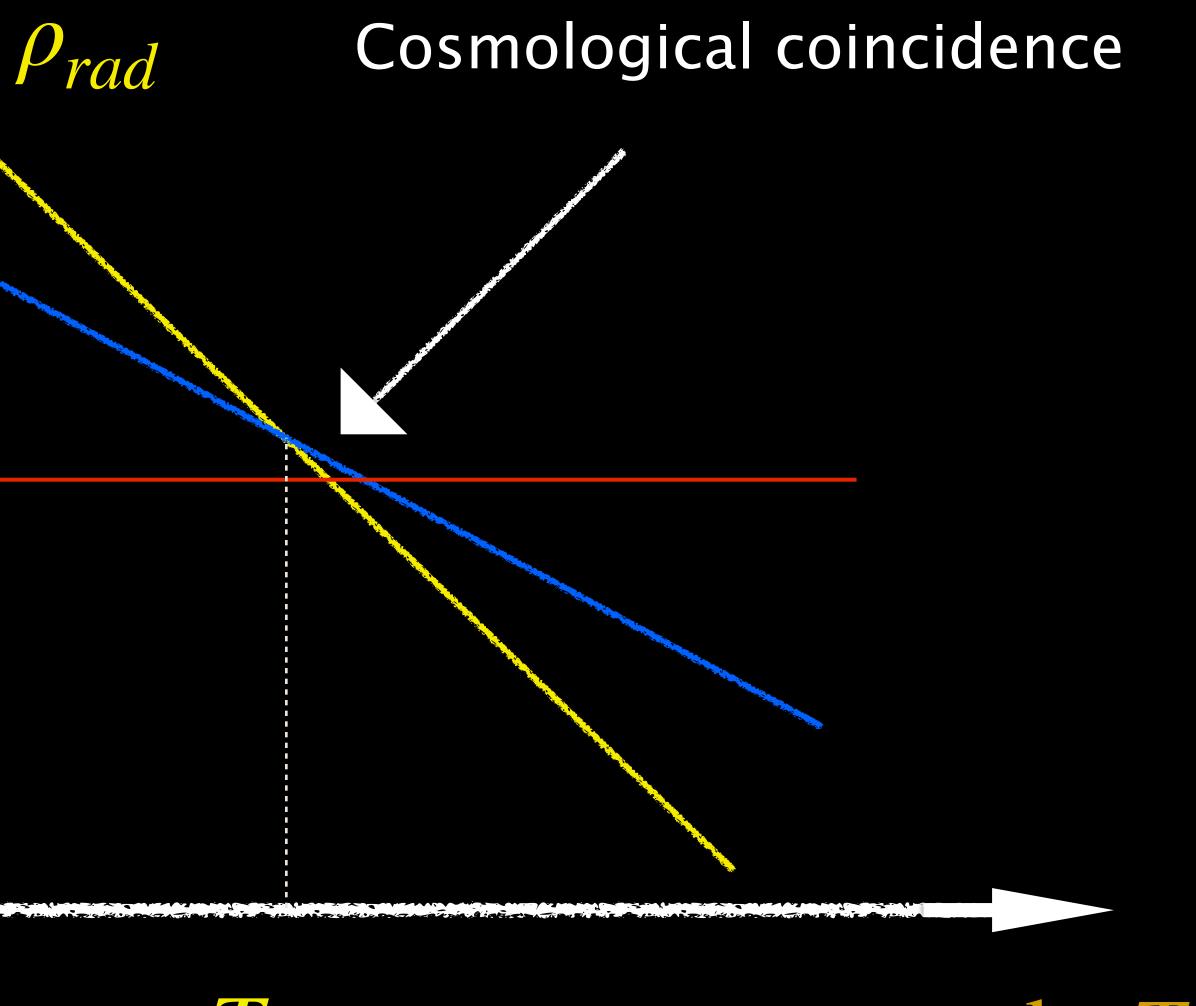




 $-\ln T$ 

 $\rho_{mat}$ 

 $ho_{\Lambda}$ 





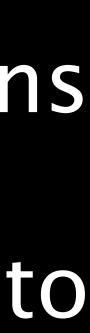
 $-\ln T$ 

## Transplanckian Censorship Conjecture [BV, 19]

cannot exit the horizon of a dS space. become visible, as they are unphysical.

 $ds^{2} = -dt^{2} + a(t)^{2}d\vec{x}^{2}$  $\underbrace{a_{f}}_{-} \cdot l_{pl} < \underbrace{1}_{-}$  $a_i$   $p_i$   $H_f$ 

In an expanding universe subplanckian regions Motivation: Subplanckian modes cannot freeze to



## Evidence:

In all string theory examples  $V \sim \exp(-\alpha \phi); \quad \phi \gg 1, \qquad \alpha \ge \frac{2}{\sqrt{d-2}}$ 

This statement is equivalent to ruling out inflation in asymptotic field region.

And, field regions with  $V \sim V_0$  are bounded

 $\Delta \phi \lesssim \sqrt{(d-2)(d-1)} \ \log(1/V_0)$ 

Both of these coefficients can be shown to follow from TCC!



## 3 Applications of TCC:

## 1) Why Now Problem

 $\tau_{now} \sim \frac{1}{\sqrt{\Lambda}} \sim \frac{1}{H}?$ 

Explanation:  $\exp(\tau_{max} H) \cdot 1 < \frac{1}{H}$ 

2) Dark Energy should evolve in Hubble time! (DESI?)

### Why do we live at an epoch where the dark energy has just taken over, i.e.

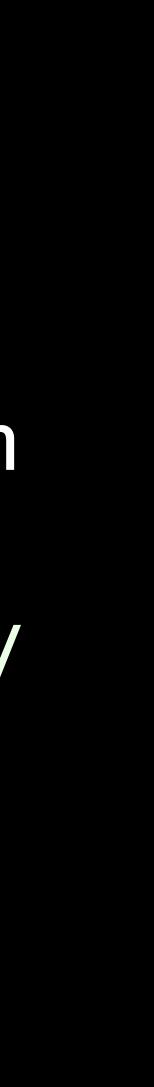
$$\rightarrow \tau_{max} < \frac{1}{H} \log(\frac{1}{H}) \sim 2 \text{ trillion years}$$

$$\tau_{max} \sim \frac{1}{H}$$

## 3) What fixes the initial temperature on the brane? $T_i \leq m_{\phi}$

where  $\phi$  are fields controlling the extra dimension geometry of the SM brane. Existence of dS phase: moduli fields should decay before dS decays (~ Hubble scale [BV19]):  $\Gamma_{decay} \sim \frac{m_{\phi}^3}{M^2} \gtrsim \Lambda^{\frac{1}{2}} \Rightarrow m_{\phi} \gtrsim \Lambda^{\frac{1}{6}} M_p^{\frac{1}{3}}$  suggesting

 $T_i \sim \Lambda^{\frac{1}{6}} M_p^{\frac{1}{3}} \sim GeV$ 



### Dark dimension:

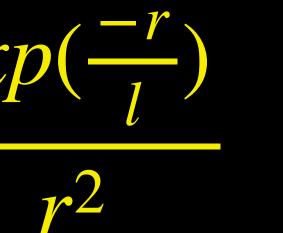
Easily 10

a leading correction of the form

<u>X</u>

## falsifiable (verifiable)! Improving precision measurement of deviation from Newton's law by a factor of

# $\frac{1}{r^2} \rightarrow \frac{1}{r^3} \qquad r \ll 1 \mu m$ If we can test Newton's theory down to a few microns, with

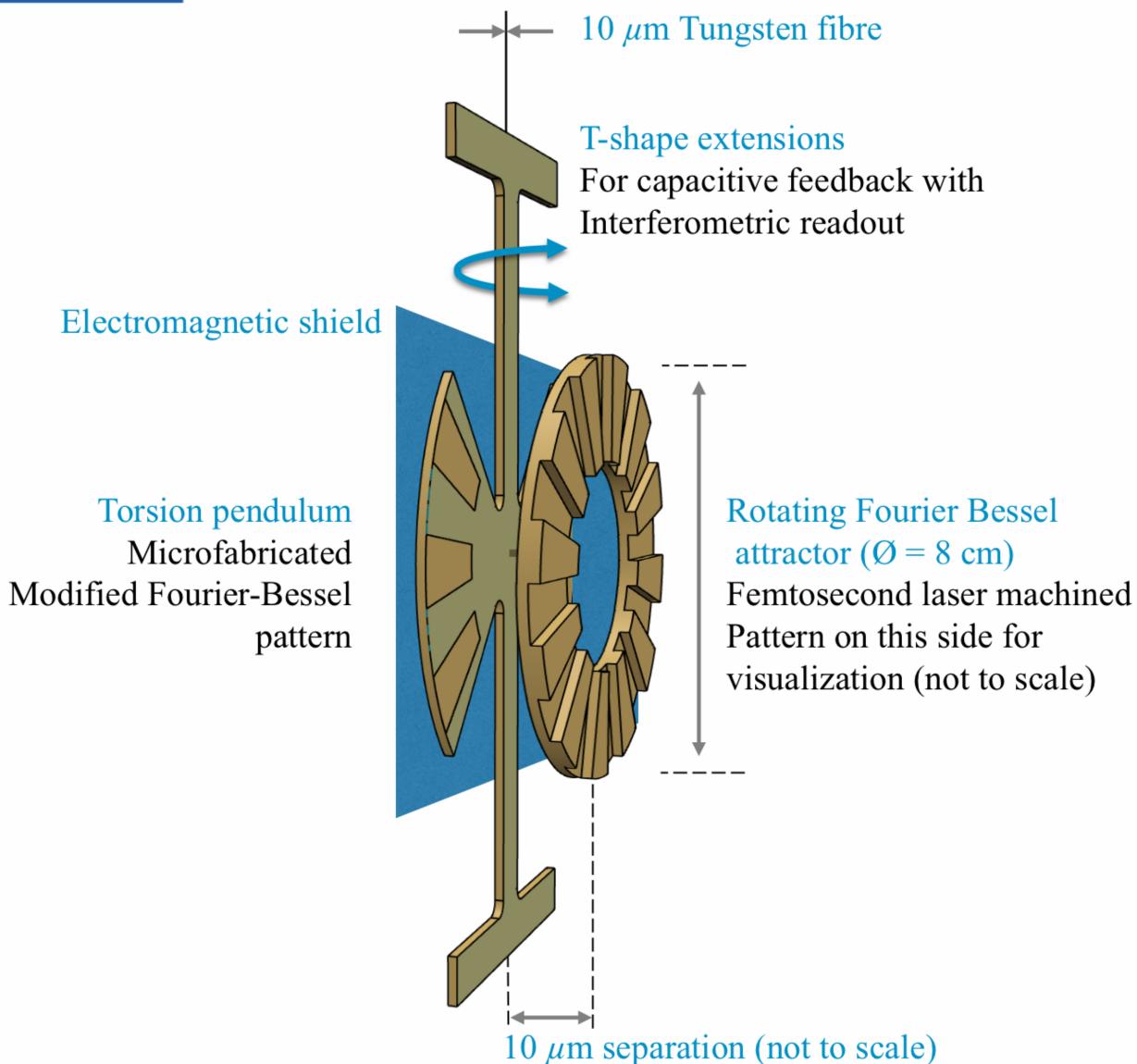


## $\alpha \sim O(1); l \sim 1 - 10 \mu m$

### New ISLE at the Conrad Observatory

AUSTRIAN ACADEMY OF SCIENCES

()ΔΛ





#### *ISLE* core team



**Markus Aspelmeyer** IQOQI Vienna & University of Vienna



**Eric Adelberger** University of Washington



Armin Shayeghi IQOQI Vienna



**Pietro Zito** IQOQI Vienna

Theory support: Cumrun Vafa (Harvard) Microfabrication support: Michael Trupke (IQOQI Vienna) Control system support: Andreas Kugi (TU Vienna)

Postdocs and graduate students tba...

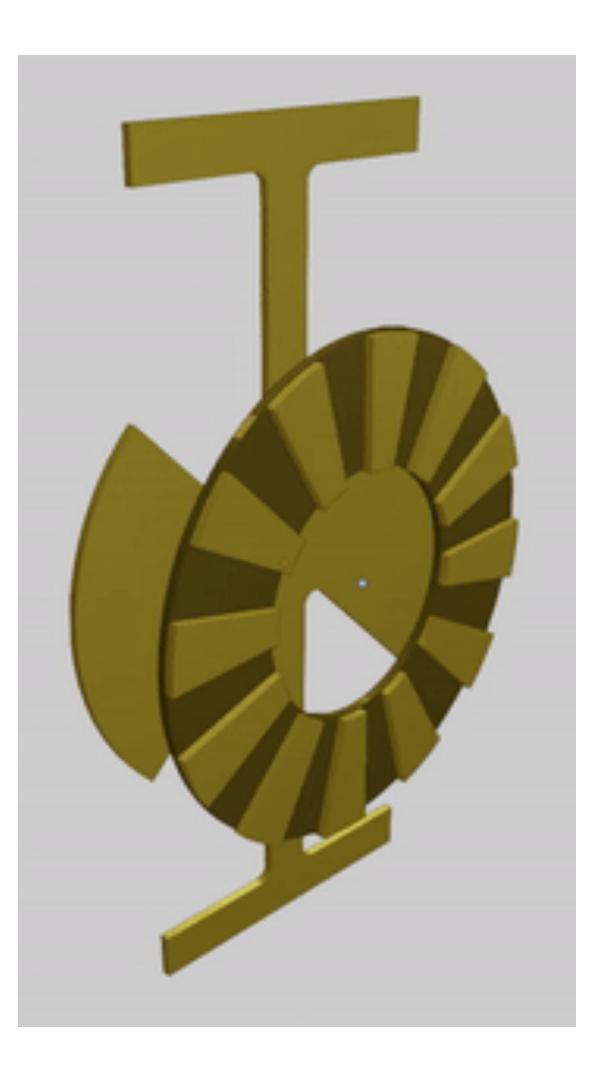




### New ISLE at the Conrad Observatory

ÖAW

AUSTRIAN ACADEMY OF SCIENCES







## Conrad Observatory



### Main challenges for ISLE at separations $\leq 10 \, \mu m$

AUSTRIAN ACADEMY OF SCIENCES

#### Sensitivity to to see ultra-feeble forces Nanoradian precision (meter stick on the moon!)

Understanding all systematic effects (spurious signals)

- Gravity gradients  $\bullet$
- Magnetic impurities
- Electromagnetic shield
- Vibrations, Patch effects, thermal effects

Easier part

Harder part

Can be handled High-purity materials needed Technological challenge

Major challenge!







## Small dark energy + Swampland + observations The Dark Dimension in the micron range Unification of dark sector DM=tower of graviton excitations in the dark dimension No direct detection of DM possible axion mass similar to neutrinos similar to tower mass scale

### Possible Unification of hierarchies (Dirac's dream):

- $\Lambda^{0} \sim M$   $\Lambda^{\frac{1}{12}} \sim M$
- $\Lambda^{\frac{2}{12}} \sim \Lambda$
- $\Lambda^{\overline{12}} \sim m$
- $\Lambda^{\frac{6}{12}} \sim H_{0}$

#### Summary

$$T_p \sim 1$$
  
 $T_p, f_a, \Lambda_{inst.}^{Higgs} \sim 10^{-10}$   
 $QCD, \alpha \Lambda_{Weak}, T_i \sim 10^{-20}$   
 $\mu, m_a, m_{dark}$  tower  $\sim 10^{-30}$   
 $T_0 \sim \tau_{now}^{-1} \sim 10^{-60}$