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# Slow and strongly supercooled first-order phase transitions

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**PBHs** 

Liu et al. PRD 105 (2022) 2, L021303, Kawana, Kim, Lu, PRD 108 (2023) 10, 103531 Gouttenoire, Volansky, arXiv:2305.04942 Lewicki, Toczek, Vaskonen, arXiv:2402.04158



## Nucleation rate: $\Gamma(t) \propto e^{eta t}$



fast: many small bubbles, large  $\beta/H$ 

**slow:** a few large bubbles, small  $\beta/H$ 

### **Strongly supercooled**







Large fluctuations in the times when *j*th bubble nucleates/reaches volume *V(k)*:

$$p_t \propto \bar{N}_k(t)^{j-1} e^{-\bar{N}_k(t)}$$





$$\begin{cases} \rho_{v,k}(t) = F_k(t)\Delta V\\ \dot{\rho}_{r,k} + 4H\rho_{r,k} = -\dot{\rho}_{v,k} \end{cases}$$

$$\rho_k = \rho_{r,k} + \rho_{v,k}$$

$$\delta = \frac{\rho_k(t_k)}{\bar{\rho}(t_k)} - 1$$



#### **Distribution of density constrast**



- distribution of the fluctuations has negative non-Gaussianity
- small  $\beta/H_0 \implies$  slow transition  $\implies$  large variance of  $\delta$

 $\Gamma(t) \propto e^{\beta t}$ 

#### **Primordial black holes**



#### **GW** spectrum from slow transitions

1. GWs from bubble collisions:

$$k_{\rm peak} \approx k_{\rm max} \,\beta/H_0$$
  
 $\Omega_{\rm PGW} h^2 \propto \left(\frac{\beta}{H_0}\right)^{-2}$ 

2. GWs induced by curvature fluctuations:

$$k_{\rm peak} \approx k_{\rm max}$$

$$\Omega_{\rm SGW} h^2 \propto e^{-\beta/H_0}$$



#### **GW** spectrum from slow transitions



#### **Prospects**



#### **PTA fit**

#### **negative non-Gaussianity** $\Rightarrow$ the fit is not in tension with PBH production



#### Summary



