

## FITNESS CLUB AGM 2024

DATE: 03 JUNE 2024

STARTING TIME: 12:30

PLACE: SALLE ANDERSON, 40/S2-A01 (CERN)

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### WELCOME & HOUSEKEEPING

The agenda and the presentation can be found here: <https://indico.cern.ch/event/1420732/>

People present in the room: 19

Proxy votes: 33

**Total: 52**

The Quorum needed (41 people) was reached, therefore the AGM could be held.

Mariane Dissing (MD) shared the agenda.

Voting procedure was agreed on, raising the hand.

It was agreed that MD should be session chair and that Maria Perez Ornedo (MPO) would take minutes.

**VOTE: unanimous FOR, no objections, no abstentions.**

MD confirmed that the club has 411 members in 2024, so 10% of quorum is respected.

Rachel Bray (RB) informed that, according to the CERN Data Privacy members' names (whether in person or those who sent their proxies) can not be shared, it is proposed that the president and the secretary of the meeting are responsible of checking participants are indeed members of the CERN Fitness Club.

**VOTE to agree on this point: unanimous FOR, no objections, no abstentions.**

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### AGM MINUTES 2023

MD asked for comments about the previous year's AGM minutes, there were no comments.

**VOTE approval of the minutes: unanimous FOR, no objections, no abstentions.**

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### PRESIDENT'S ANNUAL REPPORT

MD presented the number of current members compared with previous years. See relevant slide.

- The high number of powerlifters is explained with the fact that some people (many summer students) only subscribe for 1 month.

MD reminded that all the committee members are volunteers. She explained the highlights of 2023 (see relevant slide).

Explanation of the cleaning contract, since the change in CERN Cleaning contractor, the pump room and its showers were not cleaned satisfactorily since Nov 2023. The committee has been in contact with both the cleaning company and the CERN person managing the contract to ensure that the facility is cleaned properly.

[VOTE, approval of President's Report for 2023: unanimous FOR, no objections, no abstentions.](#)

Some time was dedicated to the previous year's complaint from a CERN Fitness Club member. The issue lasted for many months causing much distress for all parties. Some members of the CCC (CERN Clubs Coordinating Committee) were present in the 2023 AGM as observers following an investigation demanded by the Staff Association bureau. The CCC made some unsubstantiated observations/comments in March 2023, for which the Fitness Club requested clarification. In December 2023 the Fitness Club committee and involved parties received the final report from the CCC exonerating the Fitness Club Committee from any wrong doing and the admission that the CCC investigation was poorly handled. The case was finally closed.

MD reiterated that the Fitness Club has always followed procedures governing CERN Clubs to the letter, and has always been transparent in its operations.

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## TREASURER'S ANNUAL REPPORT

As Marzana was sick Rachel presented the Treasurer's report on her behalf.

One of the requirements for all Cern Clubs is to present the annual accounts and to have them approved by a member of the club that's not in the committee. Nathasha Lavy-Upsdale (NLU) kindly volunteered for the role of account auditor 2024 at the 2023 AGM.

During COVID-19 the club suffered a lot economically, but last year saw an increase in members and the club was able to recover well and now we have healthy accounts.

RB explained that the club has a euro account and a chf account.

### **Explanation of the chf account:**

- Bank fees
- New equipment was bought for the HIIT classes. Suggestions for new equipment are welcome
- Charity donation in honour of Andrey Loginov, original powerlifting responsible who sadly passed away in 2016. The Fitness Club donates approx. 600 USD per year in his honour to an orphanage in Laos set-up by a CERN physicist to cover young people's education fees. Due to the difficulties in transferring money to Laos, the fees were returned and sent a second time.
- Atomiade subsidies.. RB is president of ASCERI (association of sports communities of European research organisations) and CERN team captain. Fees and subsidies paid by participants, the Staff Association and CERN Management transit through the CERN Fitness Club accounts.
- Current instructors who receive reimbursement of costs when giving classes. Loris (HIIT), Sebastian (Bootcamp), Jorge (afro Caribbean), Yoyo (pilates). The instructors received a financial compensation for the classes. Cindy replaces Rachel when she is not available, David was an instructor in January 2023, Noelia formerly gave Zumba classes, but her classes were cancelled due to lack of interest . Rachel gives Zumba classes but does not receive any financial compensation for her classes.
- A water fountain was installed in the 216, installation costs and maintenance costs are covered by the CERN Fitness Club .
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## Accounts in euro

- For some people the system automatically puts them in the euro account instead of the chf account
- Some equipment was bought in euros.

No questions for the accounts.

Verification of the accounts by NLU. She was not present at the meeting, but she approved the 2023 accounts and recommended accepting the annual accounts, see signed declaration on relevant slide.

[VOTE, approval of the accounts for 2023: unanimous FOR, no objections, no abstentions](#)

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## ELECTION COMMITTEE MEMBERS

MD presented the current committee members. And thanked all of them for their work.

MD presented the proposal for this year committee. See relevant slides.

Powerlifting responsible Sully will replace Matthew when he leaves CERN in August.

[VOTE, election of the proposed committee: unanimous FOR, no objections, no abstentions](#)

- President: Mariane Dissing
- Treasurer: Rachel Bray
- Secretary: María Pérez Ornedo
- Communication: Helen Dixon-Altaber
- Powerlifting responsible: Misha Borodin and Sully Billingsley
- Fit-boxing responsible: Jacopo Nardulli
- General Fitness responsible: Mariane Dissing
- Pilates responsible: Rachel Bray

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## ACCOUNT AUDITOR 2024

The account auditor shall not be a committee member. Proposed account auditor for 2024: Julia Double

[VOTE, approval of the account auditor: unanimous FOR, no objections, no abstentions](#)

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## STATUTES AND CLUB RULES

### **Presentation of the instructors of 2024.**

See relevant slides. Sully to take over responsibility of the powerlifting section with Misha Borodin.

The committee proposes to put in place a new storage solution in the large cupboard. The company which installed the powerlifting equipment has been contacted, for which they have sent a proposal and quote, we are waiting for the delivery of the racks etc.

A request for new punching bags has been submitted and approved.

## Club rules proposal

At the 2023 AGM, the Committee proposed a clarification of Fitness Club rules. Explanation of the club Vision, see relevant slide.

### Some relevant points of the club rules explained:

- Explanation of recovery of classes, allowed during the subscription period, as the club is run by volunteers, they can't deal with all the individual requests for the extension of the subscription.
- Official communication channel is email. WhatsApp is not an approved CERN interface and as Clubs must adhere to CERN OCs and rules, it cannot be used for club communications.
- No food or alcoholic drinks allowed in the pump room. Many issues in the past.
- Members are expected to return all equipment to its correct storage place.
- Equipment is not to be removed from the pump room.
- Members who do not respect the Club rules will be excluded from the Club (Fitness Club committee decision).

MD reminded members that any comments or suggestions from members (purchasing new equipment, suggestions for improvements are always welcome.

VOTE, approval of the rules: unanimous FOR, no objections, no abstentions

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## Questions

### Question raised by Sully Billingsley (SB), proposal for extension of powerlifting equipment in alley outside 216

- SB asked if equipment can be installed outside i.e. in the alleyway.
- RB explained that the proposal to set up equipment outside has been discussed previously, but more investigation needs to be carried out to ensure safety considerations, especially as the equipment would be accessible to non-members – what implications re possible accidents.
- Helen Dixon-Altaber (HDA) raised the point that evacuation paths must not be blocked.
- SCE must be consulted.
- Proposal to affix squat racks to the wall
- SB proposed to put a disclaimer on the wall – use at your own risk.
- RB proposed installing soft flooring in the proposed area.
- The club got the proposal from a member to try to get some space in the new building in Prevešin → To be studied further.
- Someone proposed to have the equipment inside and the member takes care to take it out and back inside.
- SB had some ideas for the distribution. He will send the proposal

- RB informed members that there was a possibility that CERN wanted to recover the pump room to install a new experiment. This no longer seems to be the case, but if it does happen, CERN will have to provide a replacement room for the Club activities.
- MPO proposed to coordinate efforts for the installation of equipment outside.

### Donation of equipment

- A member asked if it is possible to donate with some equipment for free.
- RB and MD informed that usually the club takes care of buying equipment (to ensure that it is durable and heavy duty enough) and invite him to indicate which equipment he would like to be bought.
- Additionally, if a member buys equipment for the club, the member can request to be reimbursed. n.b.b any equipment purchases must have prior approval from the Fitness Club Committee

### Marko K. (MK) intervention

Marko expressed his appreciation for the Fitness Club and its activities and thanked the committee for their work in running the club.

### Ombretta P. (OP) intervention

OP suggest providing more sanitised wipes to clean mats and equipment. She thanked the committee for resolving the cleaning issues successfully.

### Defibrillator

Suggestion to install a defibrillator in the pump room. RB informed members that currently the closest one is in the CERN hotel

Julia D works in HSE and proposed to investigate.

### Electrical substation

MK informed that the electrical substation is going to be destroyed and the building will become obsolete, that maybe keep an eye if it could be used by clubs.

Rachel wil contact SCE to investigate.

### New classes/ training programs

- Suggestion to prepare posters/programme for powerlifting section beginners.
- Discussions ongoing to create the Powhimlifting classes.
- Sully announced that July the 6<sup>th</sup> the powerlifting section is organising a meet-up.
- A similar such event was organised on Halloween 2023.
- Suggestion to prepare interested members to participate in competitions. SB will create a matter most channel to discuss the topic.
- SB suggested creating a Fitness Club t-shirt, RB reminded members of restrictions related to the CERN graphic charger (i.e not permitted to use the Cern official logo) to be taken into account for the design of the t-shirts.

### Website

MPO informs about the situation regarding the website. Previous versions of SharePoint (with which the CERN Fitness Club site is created) are no longer supported, but need to be migrated. SharePoint 365 no longer supports public pages and the current website will be deleted 30<sup>th</sup> of June.

Rahul Chauhan offered to volunteer and suggested a platform for the website.

Web EOS is a possibility. The Fitness club committee members thanked Rahul for his support.

No more questions.

FINISHING TIME: 13:42