

# Things you didn't know you needed

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# Thing #1: Tests

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- Getting into the habit of writing tests for your code can end up saving you a lot of time and frustration.
- Test-driven development (TDD) can help you prepare for edge cases and write better code.
- There are very good options out there for any language you need.
- Tests prevent you from pulling a CrowdStrike.
- Also learn how to use Continuous Integration (CI) systems. GitHub Actions is very good.

# Thing #2: Ergonomic Stuff

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Most of you probably work on your computer most of the day.

You might look something like this when working



Buying some ergonomic stuff can help you have a better posture and avoid future issues.

## Thing #2: Ergonomic Stuff



A bigger monitor can help with eye strain, and maybe even make you more productive.



An ergonomic mouse can help with hand/wrist pain and prevent carpal tunnel syndrome.



An ergonomic keyboard can also help with hand/wrist pain. Also, it will make you feel cooler.

They can get very expensive, but there are many DIY options.



A good chair can prevent back pain and future issues. Doesn't need to be anything fancy, just something decent.

You're not gonna be young forever, so take care of your body and avoid future issues.