

Boost your productivity and reduce stress: agile best practices for students

Tuesday 6 May 2025 15:00 (1 hour)

In this two-part session, students will discover how agile project management best practices can be used to bring clarity, organization, and less stress into their daily lives. The first session, Organize Your Life Like a Pro, introduces simple tools like Kanban boards and prioritization techniques to help students tackle academic and personal tasks effectively. The second session, Staying Flexible –Agility in Everyday Decisions, encourages students to adopt an agile mindset, helping them adapt to unexpected changes with ease and optimize their routines. Together, these sessions provide practical, actionable strategies for managing time, tasks, and goals, empowering students to bring more balance and productivity into their busy lives.

Author: BOUBIR, Reda

Presenter: BOUBIR, Reda