## INVISIBLE DIVERSITY DIMENSIONS

for: ISOLDE Workshop and Users Meeting

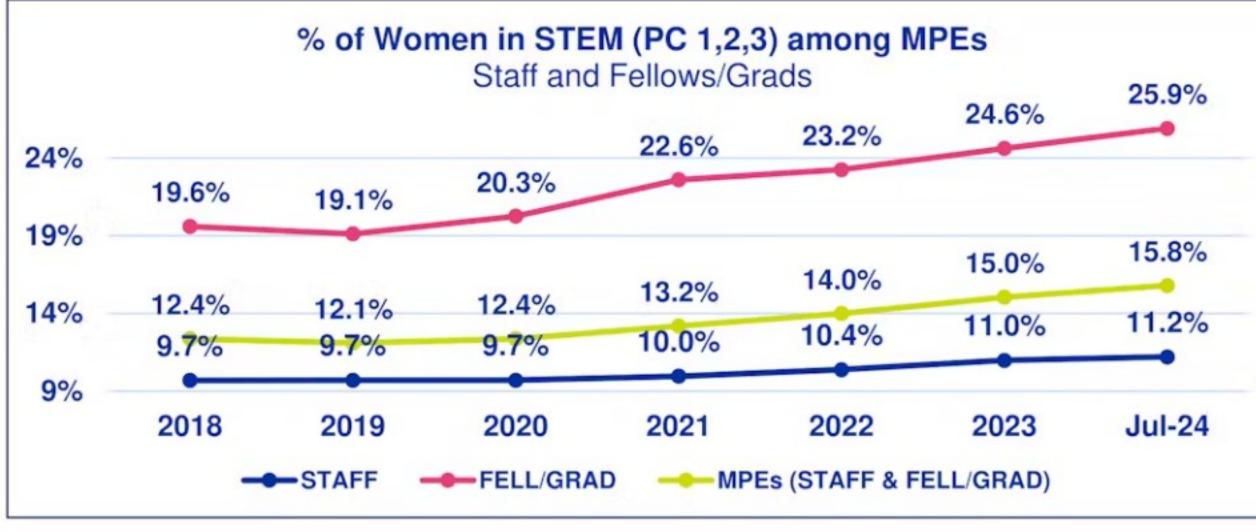
Louise Carvalho

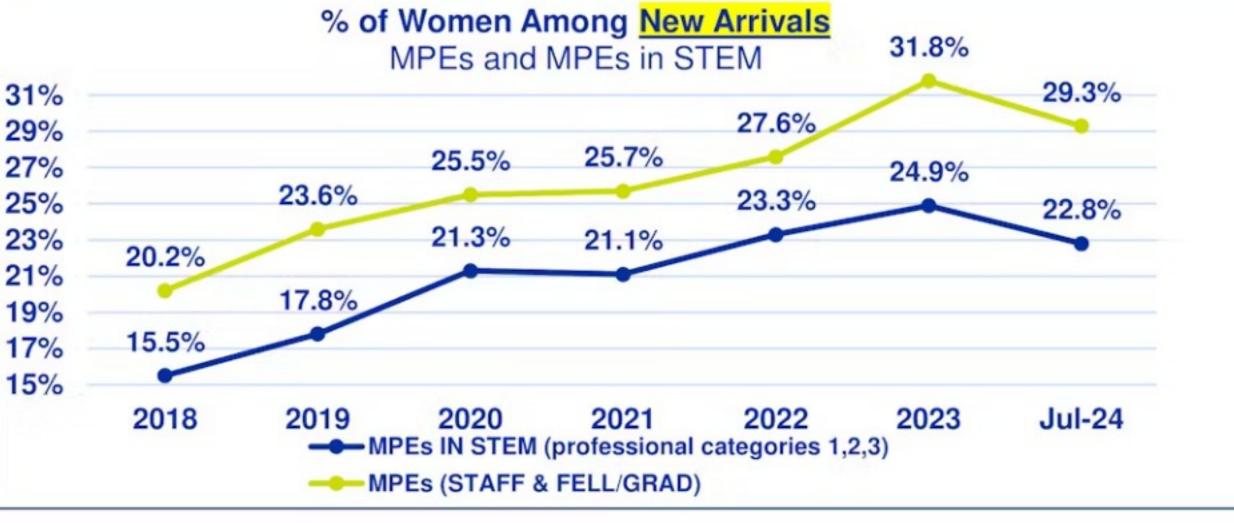
Diversity & Inclusion Programme Leader, CERN

27 Nov 2024









## MENTIMETER: INVISIBLE DIMENSIONS POLL

Go to: www.menti.com

enter code: 2563 9633

- On-line browsing or internet activity requires the IP address of the device in use
- Participation in a Mentimeter (or similar) on-line poll allows the audience to vote directly via the internet browser using a mobile phone or computer, and to view the results in live-time.
- No log-in, or provision of e-mail address is required to participate.
- Participation is deemed as "pseudonymous" (CERN IT Chief Security officer)
- Choose the questions you wish to answer

Info on pseudonymous personal data here: ICO guidance on pseudonymisation



Mentimeter privacy policy here: <a href="https://help.mentimeter.com/en/articles/1937769-terms-of-use-gdpr-and-personal-data-protection-in-mentimeter">https://help.mentimeter.com/en/articles/1937769-terms-of-use-gdpr-and-personal-data-protection-in-mentimeter</a>

## My native language(s) is / are:

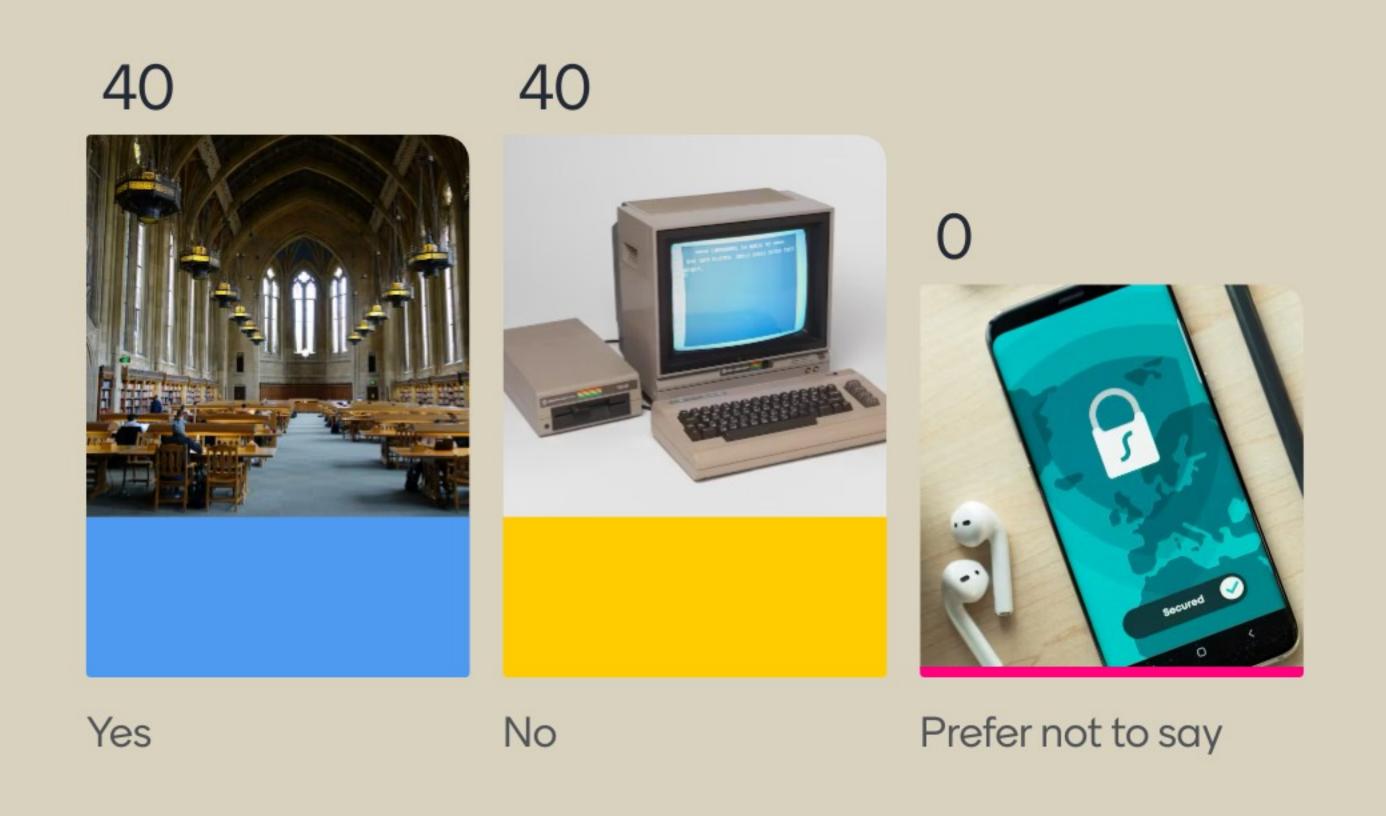
106 responses







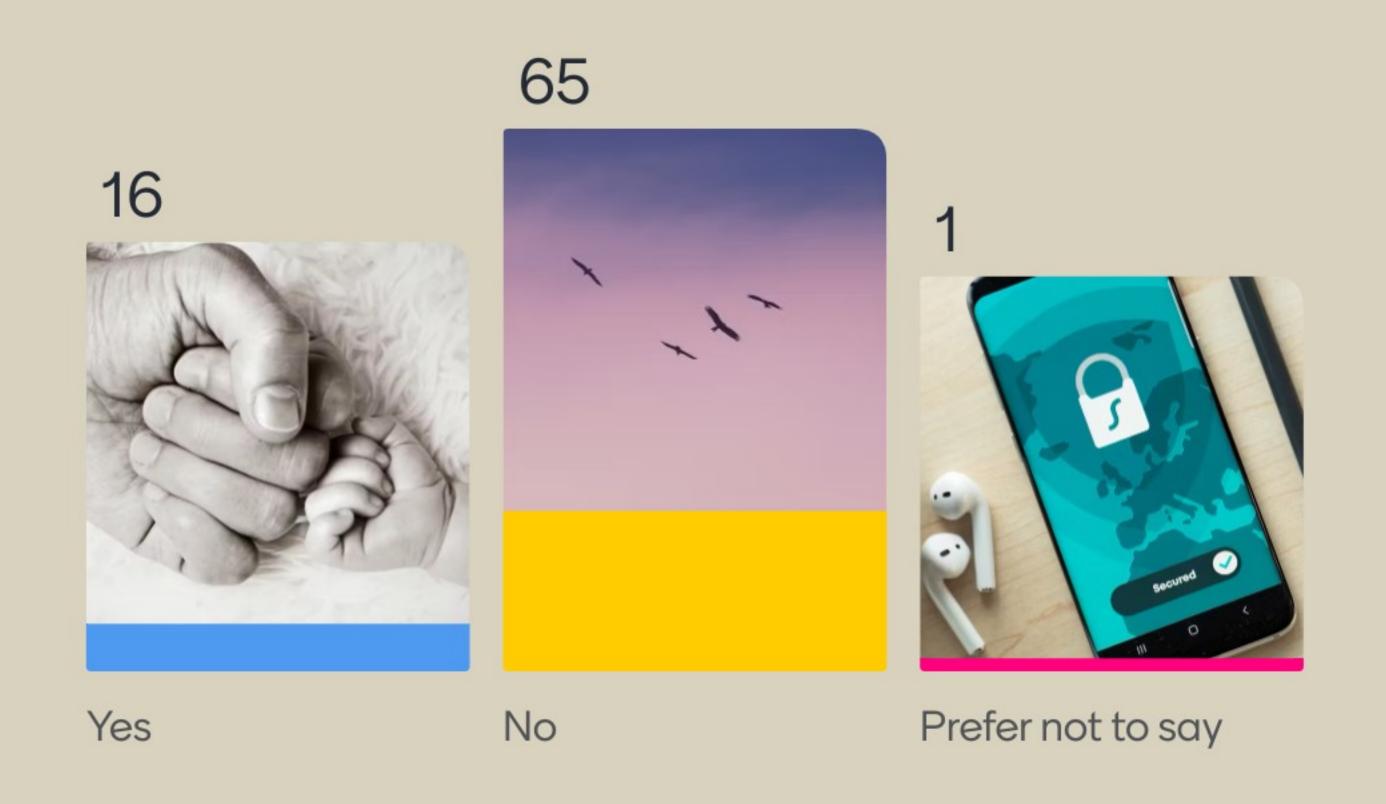
## I am the first generation in my family with an advanced (university) education







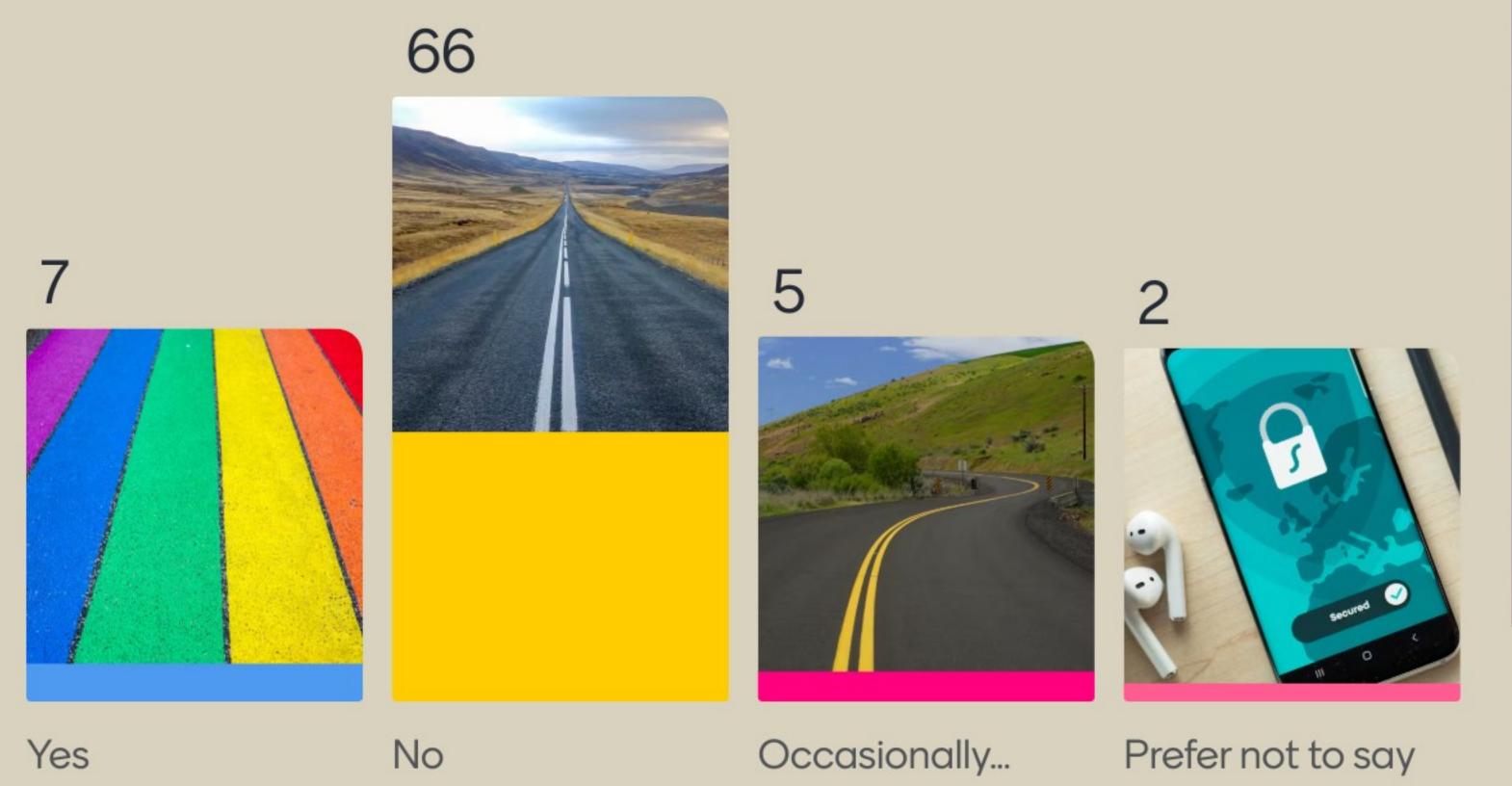
# I am providing (or will provide) financial assistance to my parent(s)

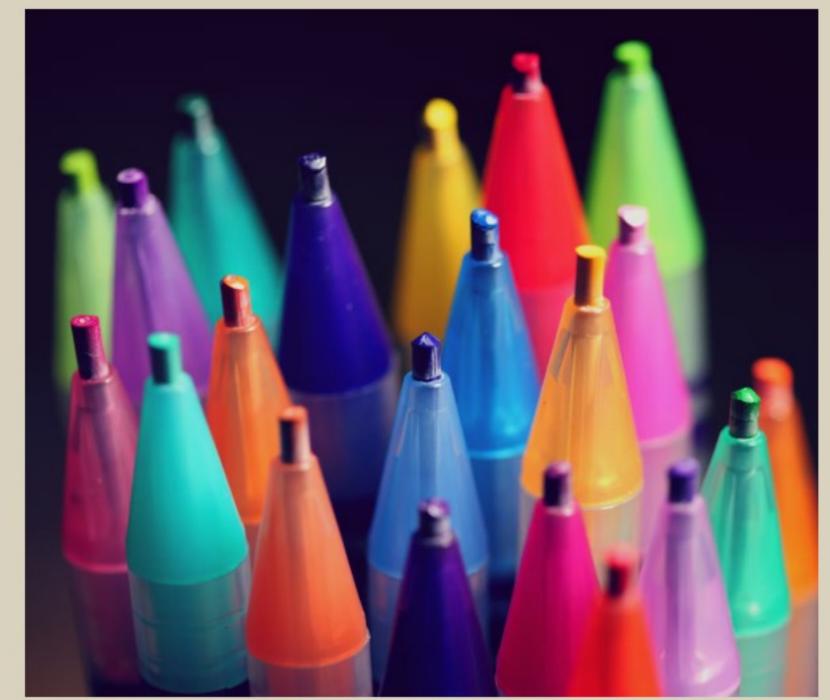






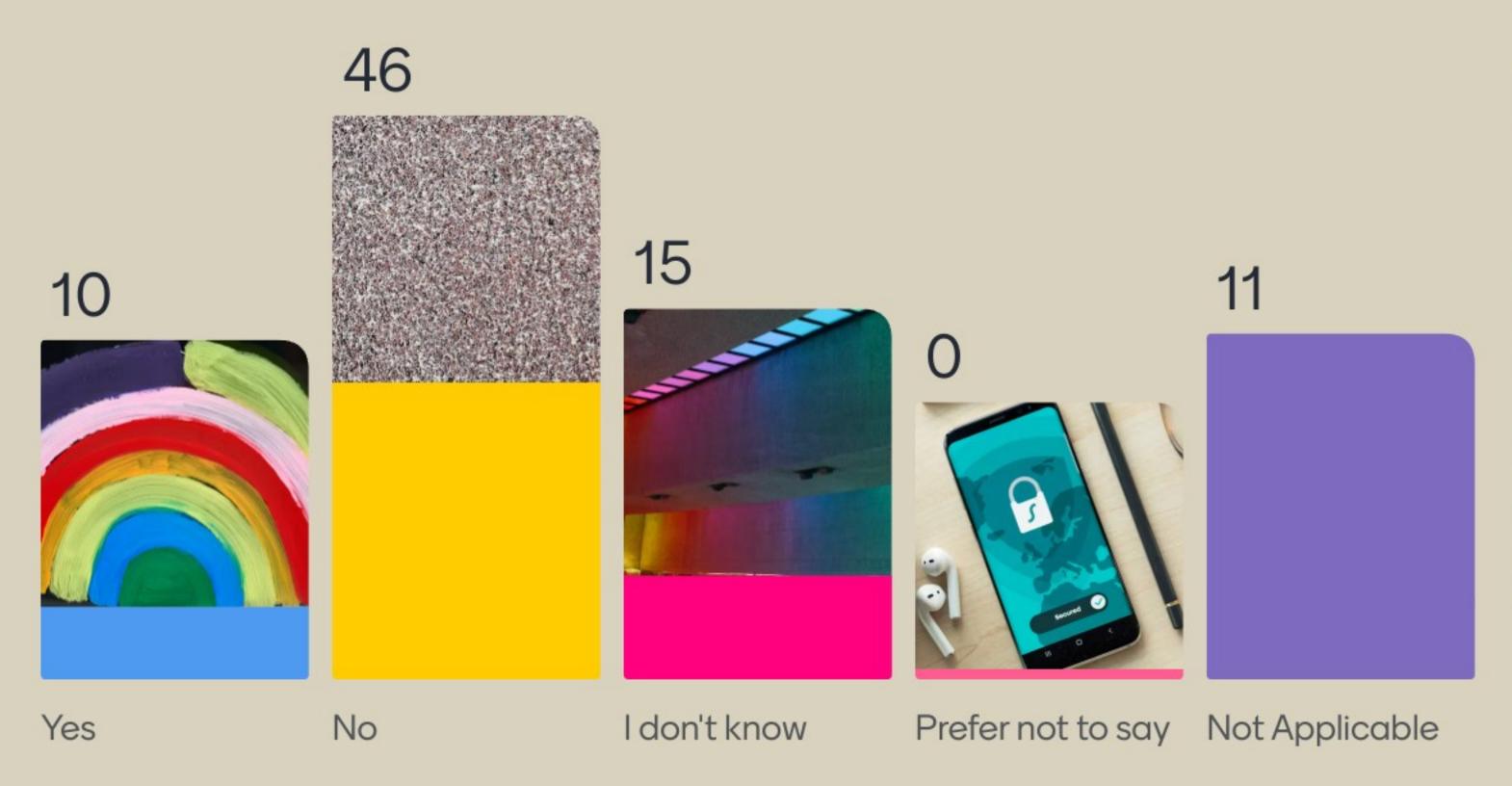
## I identify as LGBTQ+







## My child / sibling identifies as LGBTQ+







## I see myself being a parent as:







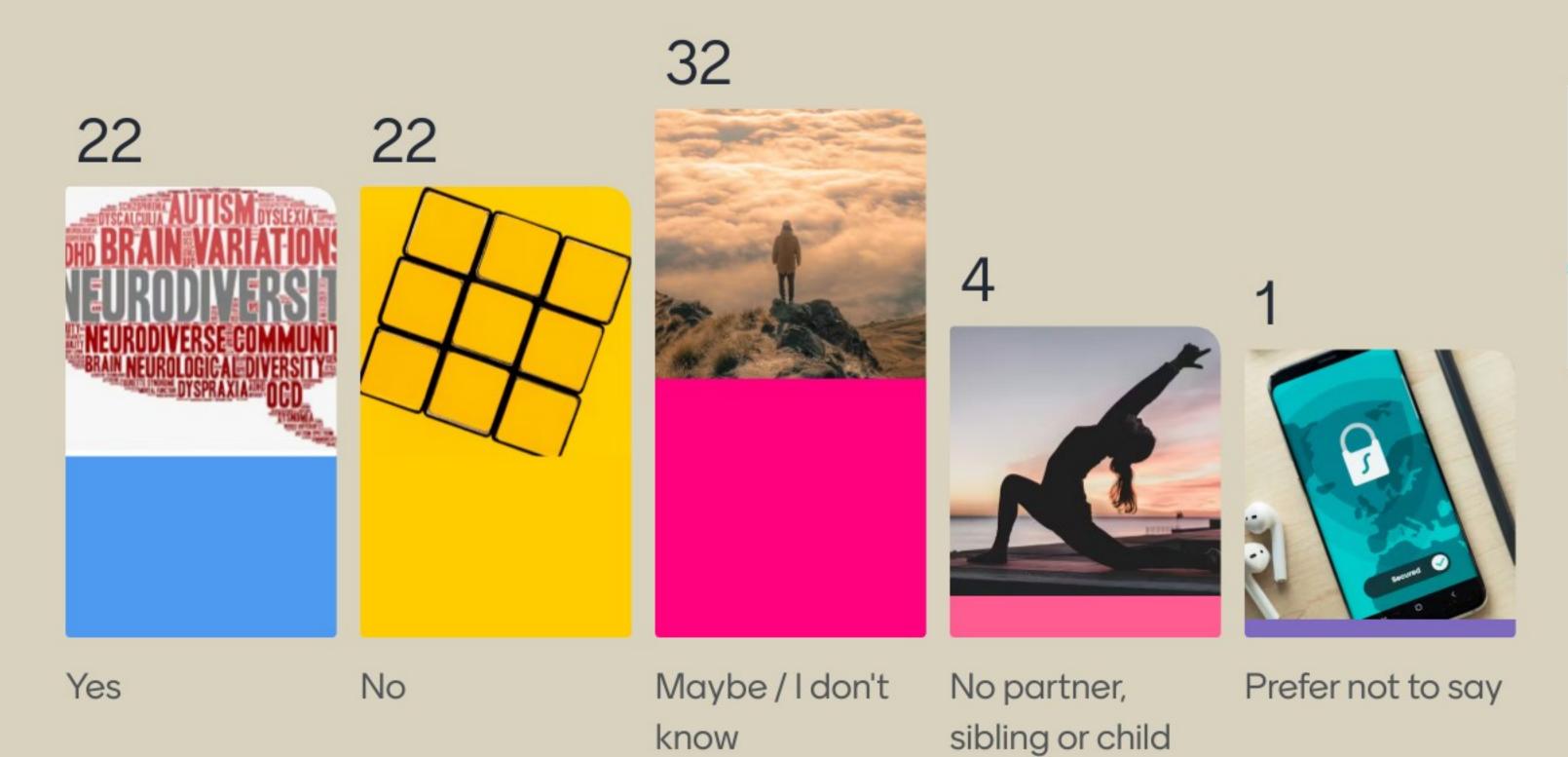
## I have **neurodivergent** cognitive processing (e.g. Autism, ADHD, Dyslexia, Dyspraxia etc)







My spouse / partner, sibling, or child has / have **neurodivergent** cognitive processing (e.g. Autism, ADHD, Dyslexia, Dyspraxia)





## Supporting Neurodiversity at CERN (SNAC)





NEW: library «cocoon chair»

#### Learning

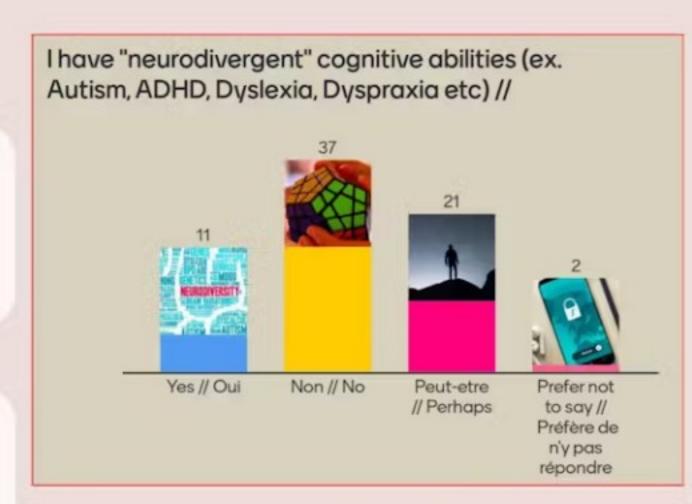
- Intro to Neurodiversity Webinar for CERN personnel: > 200 participants (2023)
- Neurodiversity & Recruitment Workshop (2024)

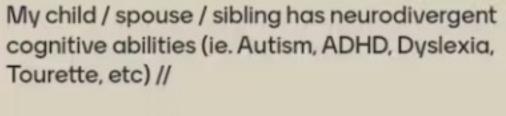
#### Networking

- SNAC Network
- Informal sharing among members

#### Resources

- SNAC Confluence page
- «Inclusion Needs» Document (WIP)
- CERN library



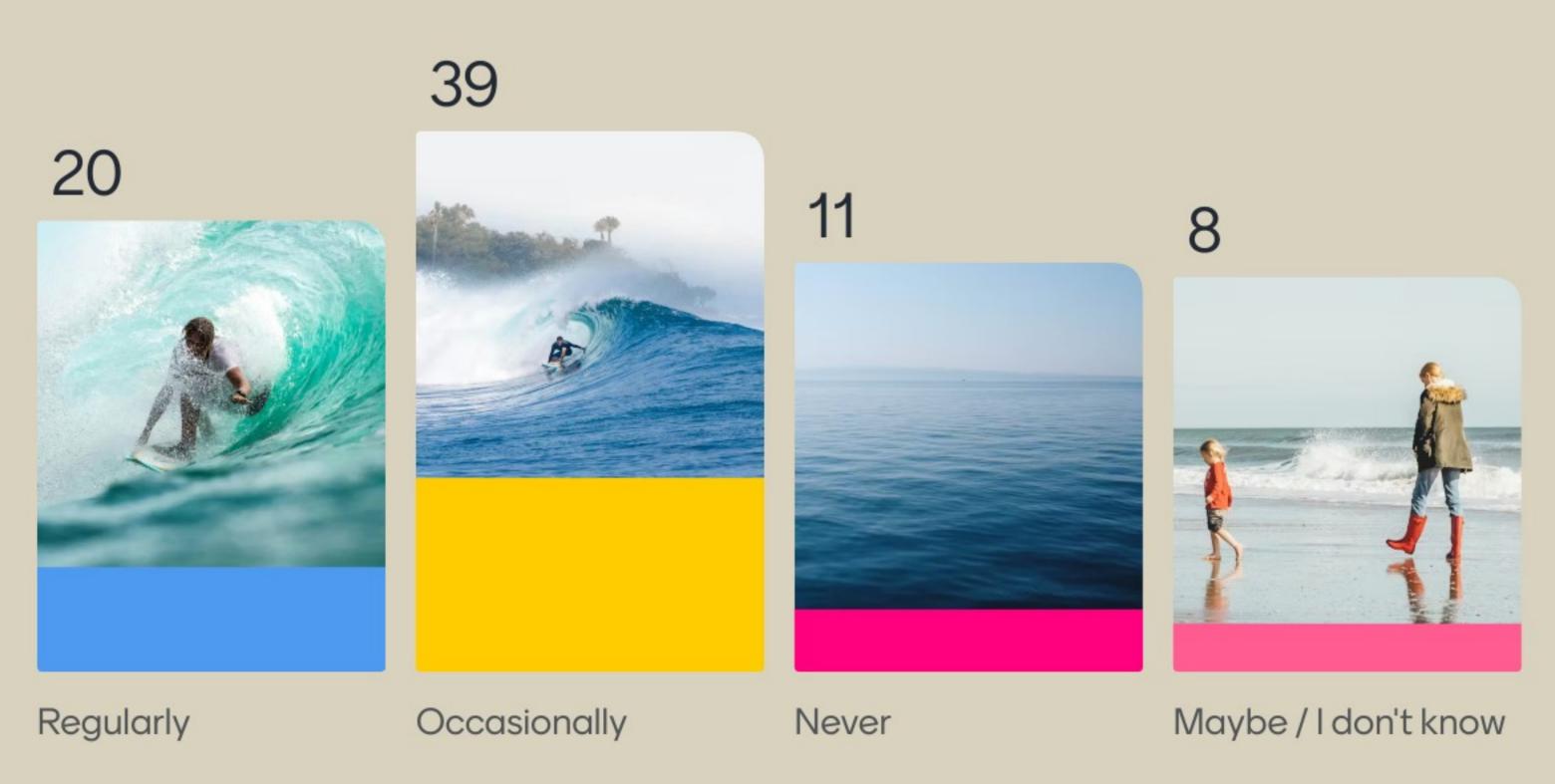




de n'y pas répondre

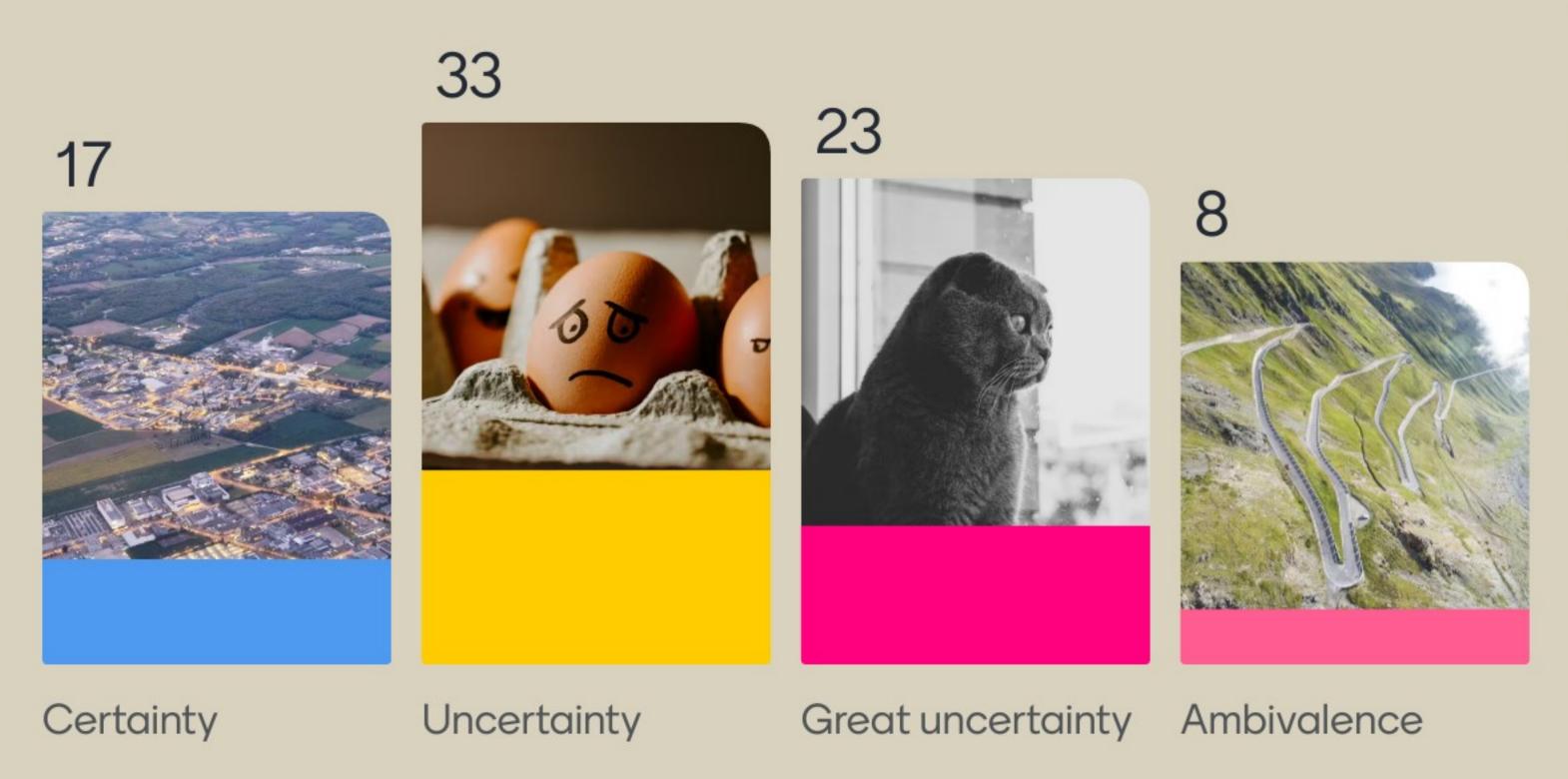
click here for more: SNAC Network - Supporting Neurodiversity at CERN

I experience one or more of the following: Anxiety, Panic Attacks, Migraine, Depression, Hypersensitivity (HSP), difficult Menopause symptoms





## Concerning my **professional future**, I have a sense of:

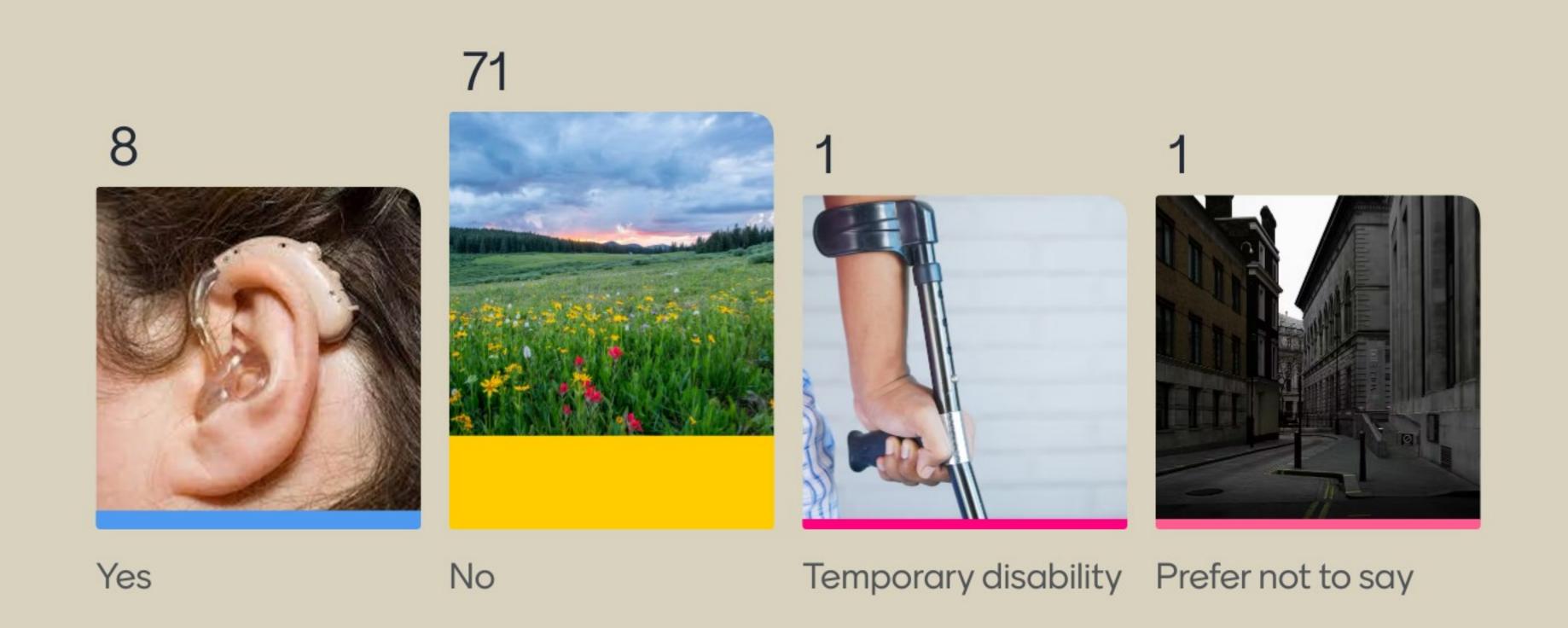






Note: visual impairment = 20/200 even with corrective lenses

I have a **disability or impairment**, *for example*: Physical (*visible, invisible*), Sensory (eg. *hearing, visual*), Eating Disorder



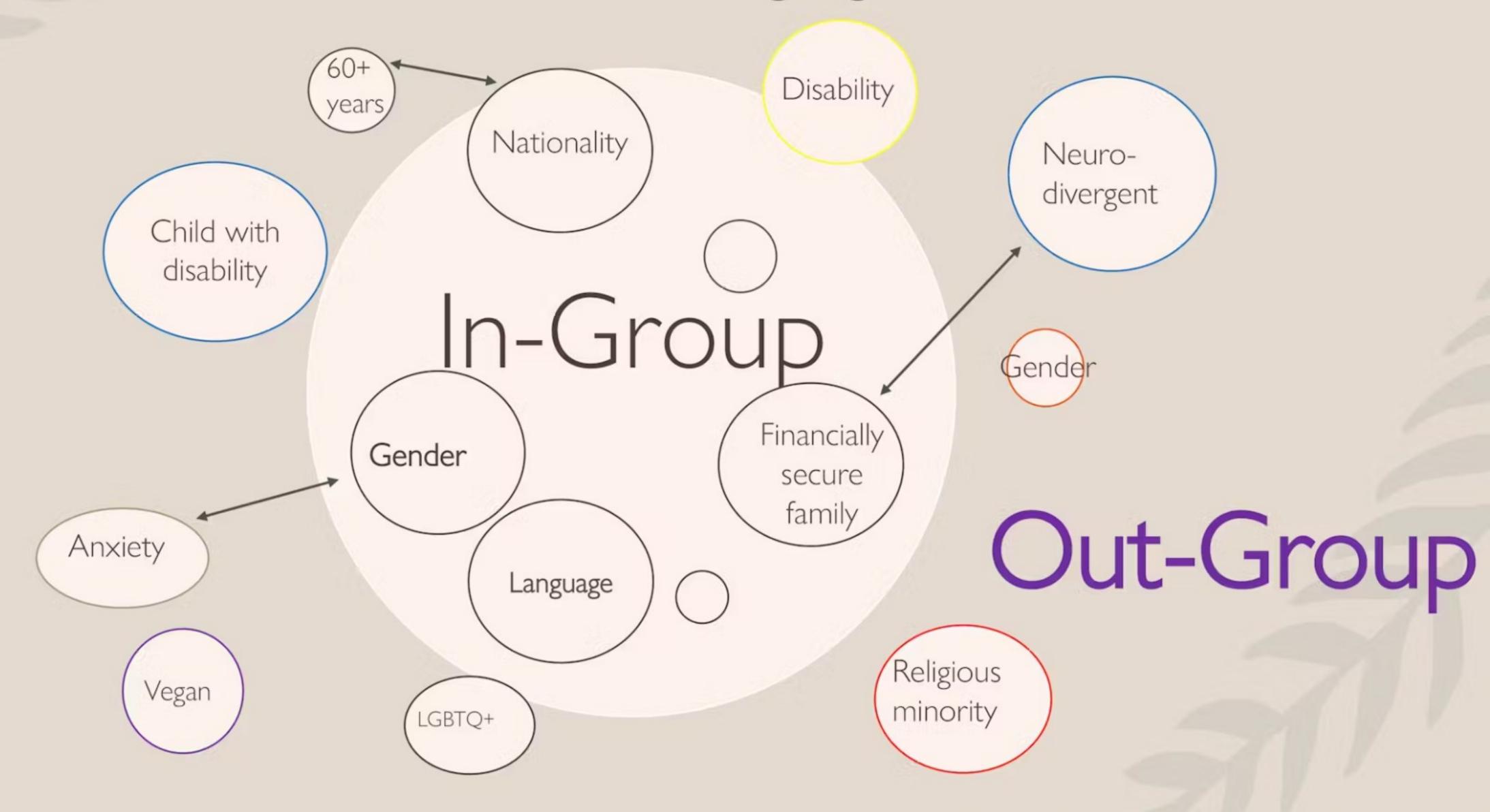


## My dietary practice is:



58

### Inclusion & Belonging



First

generation

educated

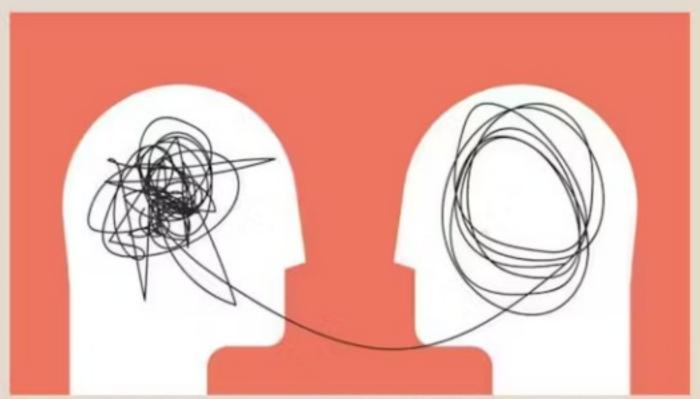
### Inclusion & Belonging

66

Our most effective, readily available, and cost-efficient workplace

accommodation: Empathy

- L. Carvalho



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## Extras

"The best part of having diversity in my team is not having to explain why it is advantageous."

- Deputy Gp Leader

### LGBTQ+ in STEM Day, 18 Nov 2023

"My feeling of security, of visibility, of credibility, has greatly improved; it is evident this is the result of shifting priorities and goodwilled collaboration...with our network and the other members of the D&I Roundtable"

– LGBTQ Network member

		Impressions	Engagements	Comments	Views
Live		461,156	22,541	2,277	257,152
Flag	LinkedIn	6,464	88	4	2,128
	Twitter	74,785	545	87	0
	Facebook	8,377	378	84	0
	Instagram	143,163	7,709	486	240,163
		693,945	31,261	2,938	499,443

10,000 «likes» in first 3 hours





**Gender inclusive** WC facilities // campus map

ID	759150		
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First name	Louise Zelia		
Last name	Carvalho		
Preferred first name	Louise		
Preferred last name			
Pronouns	She / Her		

CERN Phonebook: pronouns

## NEURODIVERSITY at Work What can I do?

### Notice strengths:

- Memory
- Innovative thinking
- Attention to detail
- Entrepreneur mindset
- Creativity
- Visual Reasoning
- Pattern recognition
- Time keeping
- 3D thinking
- Seeing the big picture
- Structured analysis

As a manager

- Offer the person additional time to process information or complete tasks
- Provide flexible working hours and location.

▶15-20% of the global population are neurodivergent

As a

colleague

- Reach out to a colleague whom you see might be struggling
- Invite the colleague's advice about work / encourage their contribution in meetings

Source: Pearn Kandola: «Neurodiversity at Work 2024» report

click & read: What is Neurodivergent Masking & Why do Professionals do it?



#### ADDITIONAL READING

- The neurodiversity edge, by Dunne, Maureen // Neurodiversity at Work, by Theo Smith & Amanda Kirby
- Inclusion revolution, by Auger-Dominguez, Daisy
- Career and family, by Golding, Claudia
- The highly sensitive person, by Aron, Elaine N
- The inclusion nudges guidebook, ed. 2020, by Kepinski, Lisa and Nielsen, Tinna C
- Suis-je hypersensible? by Midal, Fabrice
- The authority gap, by Sieghart, Mary Ann
- An employer's guide to managing professionals on the autism spectrum, by Scheiner, Marcia and Bogden, Joan
- The little data book on gender by World Bank Group, 2019) (e-book, open access
- Neuroscience of prejudice and intergroup relations, by Derks, Belle, and al.
- Performance through diversity and inclusion, by Bernstein, Ruth and al.

