

Non-perturbative determination of the Sphaleron Rate in Quantum Chromo-Dynamics

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CONSEJO SUPERIOR DE INVESTIGACIONES CIENTÍFICAS

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Based on:

- “Sphaleron Rate of $N_f = 2 + 1$ QCD”
CB, F. D’Angelo, M. D’Elia, L. Maio, M. Naviglio
Phys. Rev. Lett. **132** (2024) 5, 051903 [2308.01287]
- “Sphaleron rate from a modified Backus–Gilbert inversion method”
CB, F. D’Angelo, M. D’Elia, L. Maio, M. Naviglio
Phys. Rev. D **108** (2023) 7, 074515 [2305.17120]

$$\mathcal{S}_{\text{QCD}}(\theta) = \frac{1}{2} \int d^4x \text{Tr} [G_{\mu\nu}(x)G^{\mu\nu}(x)] + \int d^4x \sum_{f=1}^{N_f} \bar{\psi}_f(x)(\not{D} + m_f)\psi_f(x) + \theta Q$$

$$Q = \frac{g^2}{32\pi^2} \int d^4x \varepsilon_{\mu\nu\rho\sigma} \text{Tr} [G^{\mu\nu}(x)G^{\rho\sigma}(x)] \in \mathbb{Z}$$

The non-trivial topological structure of $SU(N_c)$ has several intriguing theoretical and phenomenological implications:

- Topological charge breaks $U(1)_A$ via chiral anomaly
 \implies **Witten–Veneziano mechanism** for η' mass
- The θ -term coupling the **topological charge** to the standard QCD action is a source of CP-violation \implies **strong-CP problem**
- Intense theoretical/experimental research activities around strong-CP:
axions, neutron electric dipole moment

This seminar is about a somewhat underdeveloped topic in QCD topology:

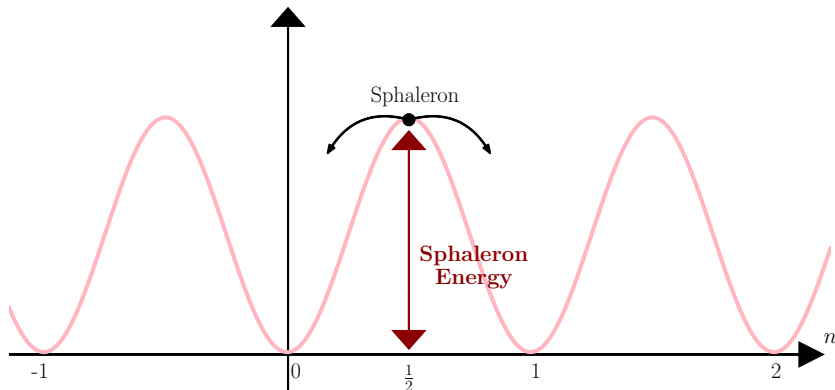
QCD topological sphaleron thermal transitions

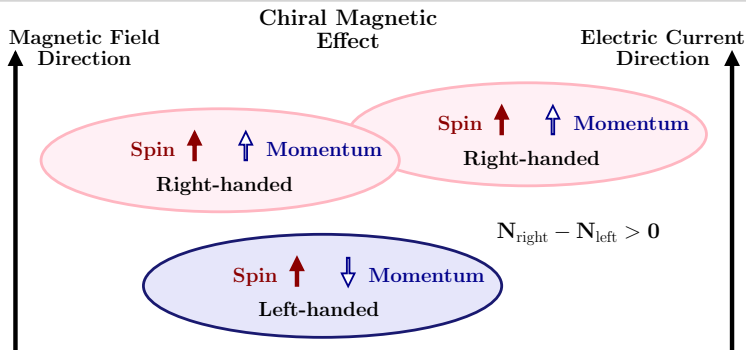
The strong sphaleron rate

Sphaleron rate = rate of **real time** thermal transitions above sphaleron barriers separating topologically-inequivalent QCD vacua

$$\Gamma_{\text{Sphal}} \equiv \lim_{\substack{V \rightarrow \infty \\ t_M \rightarrow \infty}} \frac{1}{V t_M} \left\langle \left[\int_0^{t_M} dt'_M \int_V d^3x q(t'_M, \vec{x}) \right]^2 \right\rangle = \int dt_M d^3x \langle q(t_M, \vec{x}) q(0, \vec{0}) \rangle,$$

$$q(x) = \frac{1}{32\pi^2} \varepsilon_{\mu\nu\rho\sigma} \text{Tr}\{G^{\mu\nu}(x)G^{\rho\sigma}(x)\} \quad Q = \int d^4x q(x) = \Delta n$$





A sphaleron transition creates a local imbalance in the number of chiral quark species (Index theorem): $Q = n_{\text{Left}} - n_{\text{Right}} \equiv n_5$

Even if strong interactions preserve CP, $\langle n_{\text{Left}} - n_{\text{Right}} \rangle = 0$ only at equilibrium $\implies \Gamma_{\text{Sphal}}$ drives the relaxation of $n_{\text{Left}} - n_{\text{Right}}$ and can be interpreted in terms of chiral imbalance creation/annihilation rate: $\frac{d}{dt} \frac{n_5}{V} \simeq -\frac{n_5}{V} \Gamma_{\text{Sphal}}$

When sphaleron transitions create chiral imbalances in the presence of strong magnetic fields (e.g., fireball of heavy-ion collisions)

\longrightarrow **Chiral Magnetic Effect** Fukushima et al., Phys. Rev. D 78 (2008) 074033 [arXiv:0808.3382]

Sphalerons and axions

Recently, a new source of thermal axion production has been recognized

Notari et al., Phys. Rev. Lett. 131 (2023) 1, 011004 [2211.03799]

Axions could have been produced from pion-pion scattering in the hot and dense cosmological medium permeating the primordial Universe

In this context, Γ_{Sphal} enters the Boltzmann equation governing the axion number cosmological evolution, and can be interpreted in terms of **rate of axion creation/annihilation**

$$\frac{df_{\vec{p}}}{dt} = (1 + f_{\vec{p}})\Gamma^{<} - f_{\vec{p}}\Gamma^{>} \quad (f_{\vec{p}} = \text{axion distribution function})$$

$$\Gamma^{>} = e^{E/T}\Gamma^{<} = \frac{\Gamma_{\text{Sphal}}}{2E f_a^2}$$

$\Gamma^{>}/\Gamma^{<} = \text{rate of axion annihilation/creation}$

The sphaleron rate as an inverse problem

Sphaleron transitions stem from purely strongly-coupled **non-perturbative** dynamics.
The approach of Lattice QCD is a natural tool to address its determination.

Γ_{Sphal} is hard to compute on the lattice. Only few attempts limited to quenched theory
Kotov (2018) Altenkort et al. (2021) [arXiv:2012.08279] Mancha & Moore (2022) [arXiv:2210.05507]

Main obstacle: $\Gamma_{\text{Sphal}} \rightarrow$ *real time correlation function*

Lattice QCD \rightarrow **Euclidean correlators.**

In the context of transport properties of a thermal medium, there is a way to make contact with Euclidean field theory Meyer, Eur. Phys. J. A 47 (2011) 86 [arXiv:1104.3708]

$$\Gamma_{\text{Sphal}} = 2T \lim_{\omega \rightarrow 0} \frac{\rho(\omega)}{\omega} \quad (\text{Kubo equation})$$

Here $\rho(\omega)$ is the spectral density of the **Euclidean time correlator** of $q(t, \vec{x})$

$$G_{\text{E}}(t) = - \int_0^\infty \frac{d\omega}{\pi} \rho(\omega) \left[\frac{\cosh\left(\frac{\omega}{2T} - \omega t\right)}{\sinh\left(\frac{\omega}{2T}\right)} \right] \quad G_{\text{E}}(t) \equiv \int d^3x \langle q(t, \vec{x}) q(0, \vec{0}) \rangle$$

Determining Γ_{Sphal} from lattice QCD is equivalent to the problem of determining $G_{\text{E}}(t)$ and inverting the integral relation between $G_{\text{E}}(t)$ and $\rho(\omega) \rightarrow$ **Inverse Problem!**

Inverse problems belong to a very general broad class of mathematical problems which is ubiquitous in Physics (and beyond), vast literature of different possible strategies to find numerical approximate solutions.

Recent Lattice review: Rothkopf EPJ Web Conf. 274, 01004 (2022) [arXiv:2211.10680]

Our strategy:

CB et al., Phys. Rev. D 108 (2023) 7, 074515 [arXiv:2305.17120]

CB et al., Phys. Rev. Lett. 132 (2024) 5, 051903 [arXiv:2308.01287]

Recent Hansen–Lupo–Tantalo modification (HLT) of the model-independent Backus–Gilbert method

Hansen, Lupo, Tantalo, Phys. Rev. D **99** (2019) 094508
[arXiv:1903.06476]

HLT-modified Backus–Gilbert method

We look for a solution for $\rho(\omega)/\omega$ of this form:

$$\frac{\bar{\rho}(\bar{\omega})}{\bar{\omega}} = -\pi \int dt g(\bar{\omega}, t) G_E(t)$$

$$\frac{\Gamma_{\text{Sphal}}}{2T} = \left[\frac{\bar{\rho}(\bar{\omega})}{\bar{\omega}} \right]_{\bar{\omega}=0} = -\pi \int dt g(0, t) G_E(t)$$

Using the relation between $G_E(t)$ and $\rho(\omega)/\omega$

$$G_E(t) = - \int_0^\infty \frac{d\omega}{\pi} \left[\frac{\rho(\omega)}{\omega} \right] \left[\frac{\omega \cosh\left(\frac{\omega}{2T} - \omega t\right)}{\sinh\left(\frac{\omega}{2T}\right)} \right] \equiv - \int_0^\infty \frac{d\omega}{\pi} \frac{\rho(\omega)}{\omega} K(\omega, t),$$

we obtain the following consistency relation:

$$\frac{\bar{\rho}(\bar{\omega})}{\bar{\omega}} = \int_0^\infty d\omega \Delta(\omega, \bar{\omega}) \frac{\rho(\omega)}{\omega}, \quad \text{where} \quad \Delta(\omega, \bar{\omega}) = \int dt g(\bar{\omega}, t) K(\omega, t).$$

The more $\Delta(\omega, \bar{\omega})$ is **peaked** around $\bar{\omega}$ as a function of ω , the better $\bar{\rho}(\bar{\omega})$ will approximate $\rho(\omega)$. **Extreme case:** $\Delta(\omega, \bar{\omega}) = \delta(\omega - \bar{\omega}) \implies \bar{\rho}(\bar{\omega}) = \rho(\bar{\omega})$.

Determination of g coefficients

We determine the unknown g coefficients requiring that $\Delta(\omega, 0)$ is as close as possible to a given **target function**, chosen on the basis of physical reasoning.

Inspired by the relation between $G_E(t)$ and $\rho(\omega)$, we choose:

$$\delta_\sigma(\omega, 0) = \left(\frac{2}{\sigma\pi}\right)^2 \frac{\omega}{\sinh(\omega/\sigma)}, \quad \delta_\sigma(\omega, 0) \xrightarrow{\sigma \rightarrow 0} \delta(\omega),$$

This is a **smearred Dirac delta function**.

The optimal coefficients are determined by minimizing:

$$F[g] = (1 - \lambda)A[g] + \lambda B[g], \quad \lambda \in [0, 1).$$

$$A[g] = \int_0^\infty d\omega [\Delta(\omega, 0) - \delta_\sigma(\omega, 0)]^2 e^{2\omega}, \quad B[g] = \frac{1}{G_E^2(0)} \sum_{t, t'=0}^{1/T} \text{Cov}(t, t') g(0, t)g(0, t').$$

λ is a free parameter to be discussed later.

Crucial point of HLT: smearing width σ is an **input of the method**
Can be changed to check systematic effects on reconstructed spectral density

Role of the parameter λ

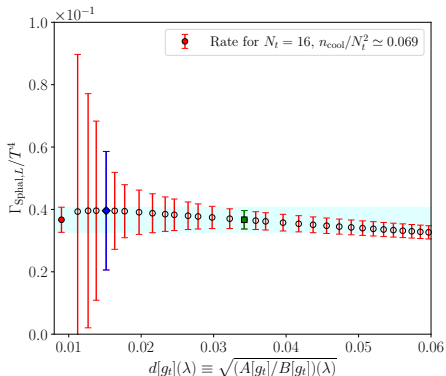
The functional $F[g]$ to be minimized is the sum of two pieces:

$$A[g] = \int_0^\infty d\omega [\Delta(\omega, 0) - \delta_\sigma(\omega, 0)]^2 e^{2\omega},$$

$$B[g] = \frac{1}{G_E^2(0)} \sum_{t, t'=0}^{1/T} \text{Cov}(t, t') g(0, t) g(0, t'),$$

$A[g] \rightarrow$ distance between Δ and δ_σ

$B[g] \rightarrow$ statistical errors on $G_E(t)$.



- $\lambda \rightarrow 0$: $B[g]$ is neglected
 \Rightarrow error on Γ_{Sphal} dominated by **violent statistical fluctuations**
- $\lambda \rightarrow 1$: $A[g]$ is neglected
 \Rightarrow error on Γ_{Sphal} dominated by **systematic effects**, being $\Delta(\omega, 0)$ unconstrained \Rightarrow **we have no control on its shape and width**
- We look for an intermediate regime where statistical error dominates over systematic

Error estimate: statistically-dominated regime when $d^2 \equiv (A/B) \ll 1$.

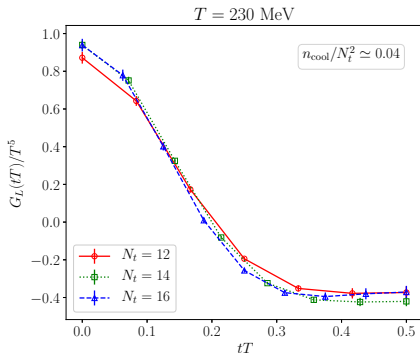
Final error keeps into account observed variations of Γ_{Sphal} .

Lattice determination of the top. charge dens. correlator

$$\frac{G_L(tT)}{T^5} = \frac{N_t^5}{N_s^3} \sum_{n_{\vec{x}}, n_{\vec{y}}} \langle q_L(n_t/N_t, n_{\vec{x}}) q_L(0, n_{\vec{y}}) \rangle$$

q_L = clover discr. computed after smoothing due to UV noise.

Smoothing = kills small-scale fluctuations below **smoothing radius** $r_s \propto \sqrt{\text{smoothing}}$.



In our work we compute $G_L(t)$ after n_{cool} **cooling** steps.

Smoothing radius given by $r_s/a \simeq \sqrt{8n_{\text{cool}}/3} \implies n_{\text{cool}}/N_t^2 \propto (r_s T)^2$.

$t > r_s$: correlator is **negative** because of *reflection positivity* (q is CP-odd)

$t < r_s$: correlator is unphysical and positive (overlapping sources)

$$L_s = aN_s$$

$$T = 1/(aN_t)$$

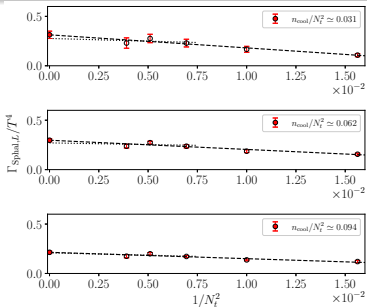
$a \rightarrow 0$ with L_s, T fixed

$$\implies N_s/N_t \text{ fixed}$$

$$a \leftrightarrow 1/N_t.$$

Our strategy: continuum limit $a \rightarrow 0$ of Γ_{Sphal} at fixed $r_s T$ and σ/T

Results in 2+1 QCD - $T = 230 \text{ MeV} \simeq 1.48 T_c$

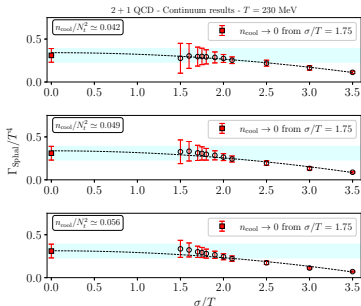
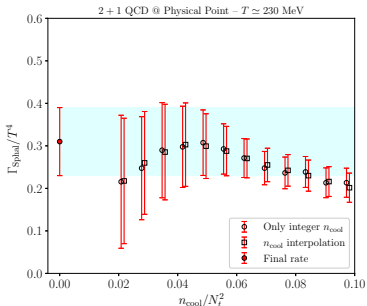


- Continuum limit at fixed $r_s T$ is smooth (lattice artifacts small already for the correlator)

- Γ_{Sphal} exhibits a plateau for small enough values of r_s
- r_s kills short-scale fluctuations, small r_s do not affect large-scale fluctuations

$$(\Gamma_{\text{Sphal}} \propto \lim_{\omega \rightarrow 0} \rho(\omega)/\omega)$$

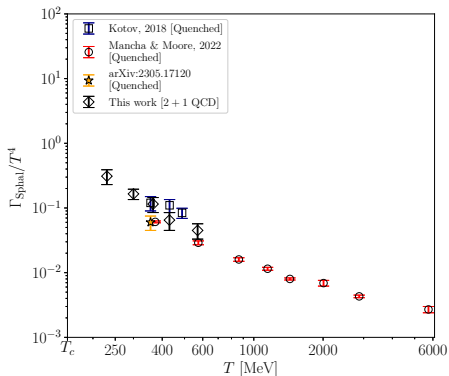
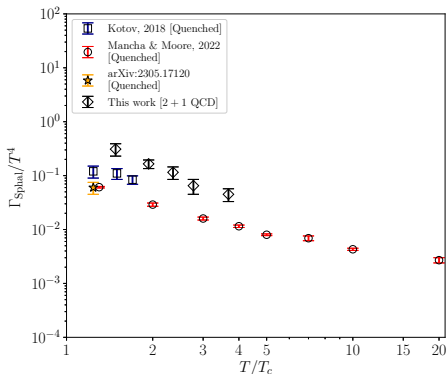
- Also possible systematics due to finite smearing width σ are under control



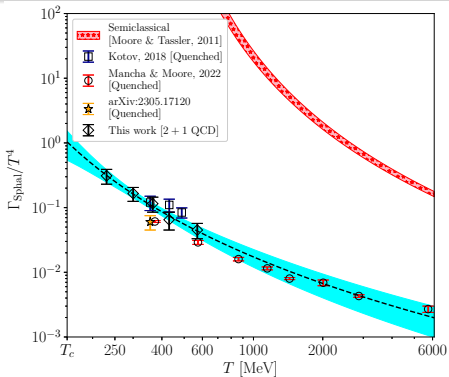
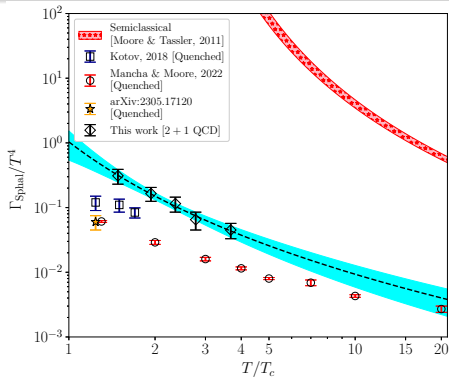
First determination of $\Gamma_{\text{Sphal}}(T)$ in 2+1 QCD

Sphaleron rate of 2+1 QCD at the physical point for $200 \text{ MeV} \lesssim T \lesssim 600 \text{ MeV}$

CB et al., Phys. Rev. Lett. 132 (2024) 5, 051903 [arXiv:2308.01287]



Full QCD rate: slightly larger than quenched results, but same ballpark



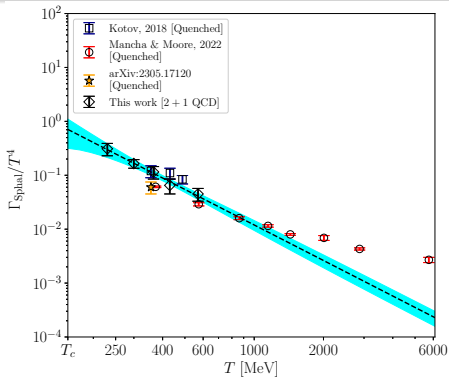
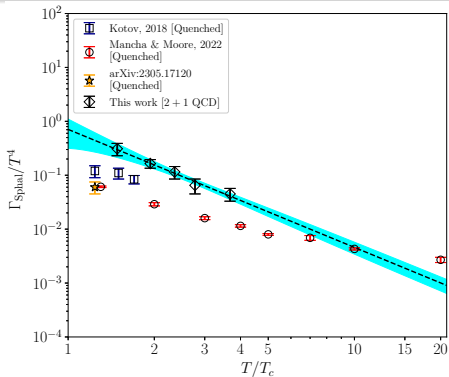
Semiclassical estimate [Moore & Tassler JHEP 02 \(2011\) 105 \[arXiv:1011.1167\]](#)

$$\Gamma_{\text{Sphal}}(T) \propto \alpha_{\text{strong}}^5(T) \quad \alpha_{\text{strong}}^{(1\text{-loop})}(T^2) = \frac{4\pi}{9} \frac{1}{\log(T^2/\Lambda_{\text{QCD}}^2)}$$

Fit to semiclassical-inspired ansatz:

$$\frac{\Gamma_{\text{Sphal}}}{T^4} = \left[\frac{A_1}{\log(T^2/T_c^2) + A_2} \right]^C \quad (\text{Fit Ansatz})$$

Perfectly works for $C = 5$. If C left as free parameter: 5 with 100% error
 \implies larger temperatures are needed to determine the exponent



Other fit functions are possible: $\Gamma_{\text{Sphal}}/T^4 = A(T/T_c)^{-B}$ gives excellent description with $B = 2.19(38) \implies \Gamma_{\text{Sphal}} \sim T^2$

Recent studies of electric conductivity of Quark-Gluon Plasma suggest that $\Gamma_{\text{Sphal}} \sim BT^2$ for intense magnetic fields B .

[Almirante et al. \(2024\) \[arXiv:2406.18504\]](#)

More investigations are needed to clarify the actual temperature dependence of the sphaleron rate.

- Reach larger temperatures at GeV scale.

Not easy because $T \sim 1$ GeV on $N_t \sim 12\text{--}16$ requires $a \sim 0.02\text{--}0.01$ fm

\implies Need better algorithms to mitigate **topological freezing**

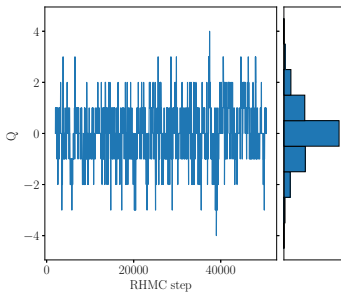
Parallel Tempering on Boundary Conditions
CB et al., JHEP **08** (2024) 236 [arXiv:2404.14151]

[NGT Algorithm Workshop @ CERN 9–11 Dec. 2024]

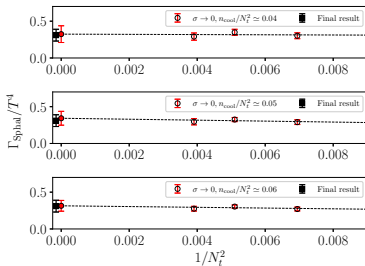
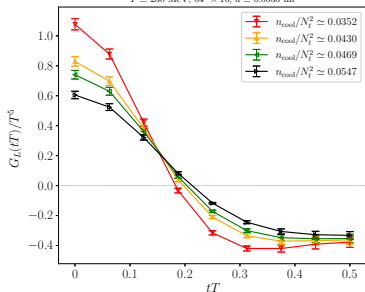
- Momentum-dependence of the sphaleron rate.
Phenomenologically relevant for axion cosmology.

$$\Gamma_{\text{Sphal}}(p) \equiv \int d^4x e^{ip_\mu x^\mu} \langle q(x)q(0) \rangle$$

Back-up slides



$T \simeq 230$ MeV, $64^3 \times 16$, $a \simeq 0.0536$ fm



$T \simeq 230$ MeV, $n_{\text{cool}}/N_t^2 \simeq 0.04$, $64^3 \times 16$, $a \simeq 0.0536$ fm

