

# The role of surgery in paediatric soft tissue sarcomas

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# Soft tissue sarcomas in children

**Rhabdomyosarcoma (RMS)** is the most common soft tissue sarcoma in children 14 years old and younger.

**Non Rhabdomyosarcoma Soft Tissue Sarcomas (NRSTS)** is more common in adolescents and young adults.

In infants NRSTS, such as infantile fibrosarcoma and malignant hemangiopericytoma, constitute a distinctive set of histologies.

In the USA, 850-900 children and adolescents are diagnosed each year / 350 RMS.

# RMS

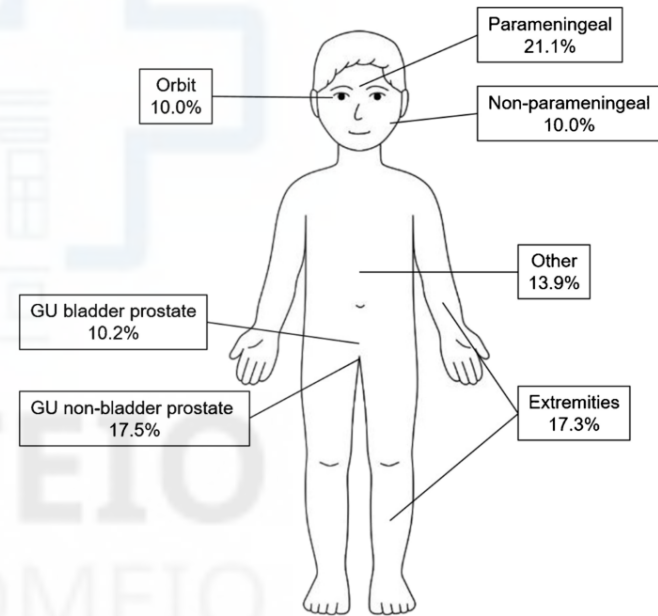
50% of all soft tissue sarcomas in children < 15 years old.

Incidence: 4.6 per million per year (steady over the past 30 years).

Bimodal peak age (2-5, 15-19 years old).

Slightly more common in boys than in girls (3:2).

More common in caucasian children (12:5).



# Etiology

Association with Li-Fraumeni syndrome (germline mutations in p53), Neurofibromatosis (mutations in NF1), Beckwith-Wiedemann syndrome.

Chromosomal translocation, gains, losses

Weak association with congenital anomalies, especially in boys.

Sometimes are seen as second malignant neoplasms after radiation therapy.

## Cytogenetic abnormalities in soft tissue sarcomas

| Diagnosis                       | Cytogenetic abnormality | Genes involved   |
|---------------------------------|-------------------------|--|
| Alveolar RMS                    | t(2;13) or t(1;13)      | FKHR on chromosome 13 and PAX3 (chromosome 2) or PAX7 (chromosome 1)       |
| Infantile fibrosarcoma          | t(12;15)                | TEL (ETV6) on chromosome 12 and NTRK3 (TRKC) on chromosome 15              |
| Dermatofibrosarcoma Protuberans | t(17;22)                | PDGF $\beta$ -chain on chromosome 17 and collagen type Ia on chromosome 22 |
| Synovial sarcoma                | t(X;18)                 | SYT on chromosome 18 and SSX-1 or SSX-2 on the X chromosome                |
| Liposarcoma                     | t(12;16)                | FUS gene on chromosome 16 and CHOP gene on chromosome 12                   |
| Myxoid chondrosarcoma           | t(9;22)                 | EWS on chromosome 22 and TEC gene on chromosome 9                          |
| Alveolar soft part sarcoma      | t(X;17)                 | Unidentified genes, esp. at chromosome band 17q25                          |

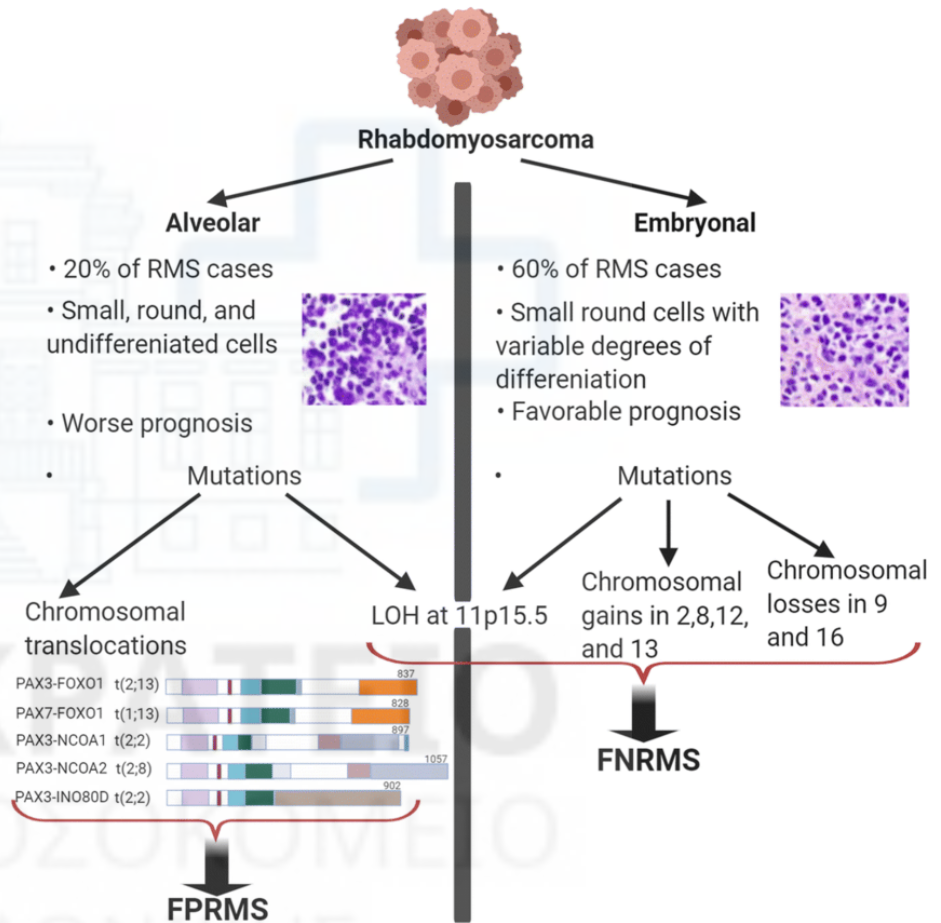
# Histologic subtypes

Embryonal

Alveolar

Spindle cell

Pleiomorphic



# TNM Staging System

| Stage    | Sites                                 | T                                | Size   | N  | M              |
|----------|---------------------------------------|----------------------------------|--------|--|----------------|
| <b>1</b> | Orbit                                 | T <sub>1</sub> or T <sub>2</sub> | a or b | N <sub>0</sub> or N <sub>1</sub> or N <sub>x</sub> | M <sub>0</sub> |
|          | Head and neck                         |                                  |        |  |                |
|          | Genitourinary/not bladder or prostate |                                  |        |  |                |
|          | Biliary tract                         |                                  |        |  |                |
| <b>2</b> | Bladder or prostate                   | T <sub>1</sub> or T <sub>2</sub> | a      | N <sub>0</sub> or N <sub>x</sub>                   | M <sub>0</sub> |
|          | Extremity                             |                                  |        |  |                |
|          | Cranial parameningeal                 |                                  |        |  |                |
|          | Other                                 |                                  |        |  |                |
| <b>3</b> | Bladder or prostate                   | T <sub>1</sub> or T <sub>2</sub> | a      | N <sub>1</sub>                                     | M <sub>0</sub> |
|          | Extremity                             |                                  | b      | N <sub>0</sub> or N <sub>1</sub> or N <sub>x</sub> | M <sub>0</sub> |
|          | Cranial parameningeal                 |                                  |        |  |                |
|          | Other                                 |                                  |        |  |                |
|          | All                                   | T <sub>1</sub> or T <sub>2</sub> | a or b | N <sub>0</sub> or N <sub>1</sub>                   | M <sub>1</sub> |

## Intergroup Rhabdomyosarcoma Study (IRS) Clinical Grouping System

| Group     | Definition  |
|-----------|---|
| Group I   | Localized disease completely resected   |
| Group IIa | Gross total resection with microscopic residual disease   |
| Group IIb | Regionally involved lymph nodes, completely resected with the primary   |
| Group IIc | Regional disease with involved nodes, totally resected with microscopic residual disease or histologic evidence of involvement of the most distant lymph node in the dissection |
| Group III | Incomplete resection  |
| Group IV  | Distant metastases  |



## Risk stratification in rhabdomyosarcoma

| Histology | Clinical group | Stage   | Risk group   |
|-----------|----------------|---------|--------------|
| Embryonal | I, II, III     | 1       | Low          |
| Embryonal | I, II          | 2, 3    | Low          |
| Embryonal | III            | 2, 3    | Intermediate |
| Embryonal | IV             | 4       | High         |
| Alveolar  | I, II, III     | 1, 2, 3 | Intermediate |
| Alveolar  | IV             | 4       | High         |

# The role of surgery in RMS

Because of the importance of clinical grouping in determining treatment and prognosis, implementing surgical principles is crucial.

The basic principle of **radical resection** with tumour-free margins should be followed as long as sacrifice of surrounding normal tissue does not result in unacceptable loss of function or is not feasible.

Open excisional or incisional biopsy / endoscopic biopsy for genitourinary RMS.

# The role of surgery in RMS

If the initial surgical procedure is a biopsy or an “unplanned” excision, the question of **primary re-excision** often arises.

Wide re-excision is the current recommendation in such cases, unless this results in unacceptable loss of function or an unacceptable cosmetic result. Pretreatment re-excision results in a lower clinical group and a more favourable prognosis.

When local radiotherapy is the primary local treatment modality, a residual persistent mass is common and is not associated with patient outcome. For that reason, second-look surgeries are not routinely recommended.

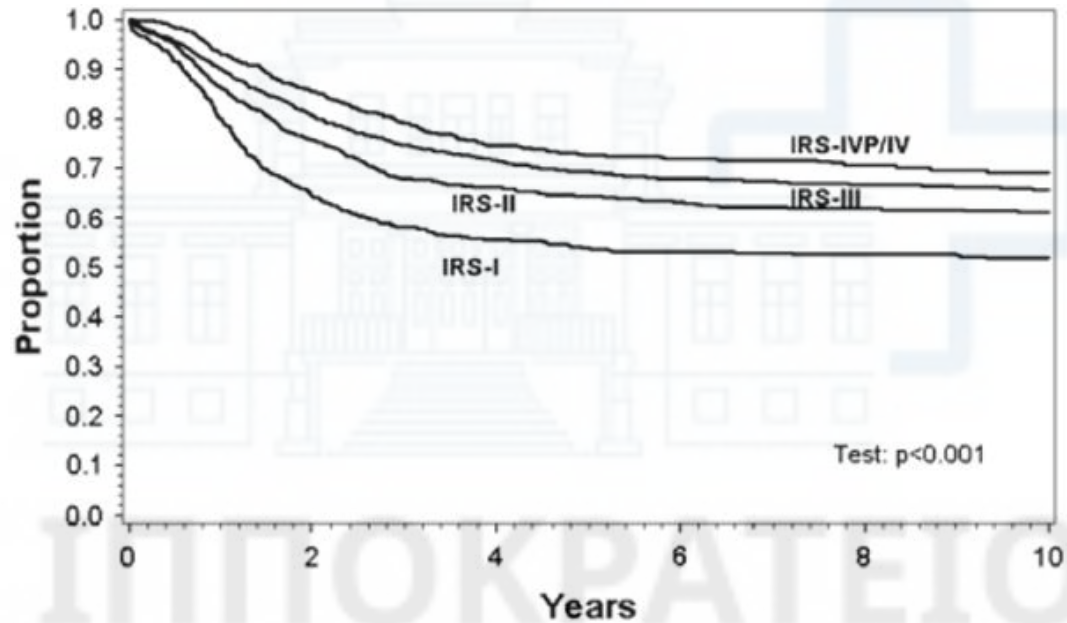
# The role of surgery in RMS

Pathologic confirmation of clinically positive **lymph nodes** is essential, because this has a direct impact on the extent of radiotherapy.

Children's Oncology Group (COG) currently recommends aggressive regional lymph node sampling in RMS of the extremities.

Prophylactic regional node dissection is not recommended. Staging ipsilateral retroperitoneal nerve-sparing template node dissection is required for all boys >10 years of age with paratesticular RMS or patients <10 years old with radiographically positive nodes.

## Survival IRS-I through IRS-IV.



Improvement in survival with successive clinical trials.

# NRSTS

## International Classification of Childhood Cancer

1. the fibrosarcoma category
2. Kaposi's sarcoma
3. "other specified" soft tissue sarcomas (synovial sarcoma, angiosarcoma, hemangiopericytoma, leiomyosarcoma, liposarcoma and extraosseous Ewing's sarcoma)
4. "unspecified" soft tissue sarcomas.

## Histologic subtypes of NRSTS in pediatric patients

| Histology                               | Normal counterpart | Incidence |
|---|--------------------|-----------|
| Fibrosarcoma                            | Fibroblast         | 0.6       |
| Infantile fibrosarcoma                  | Fibroblast         | 0.2       |
| Malignant fibrous histiocytoma          | Fibroblast         | 0.8       |
| Dermatofibrosarcoma protuberans         | Fibroblast         | 1.0       |
| Malignant peripheral nerve sheath tumor | Schwann cell       | 0.6       |
| Kaposi's sarcoma                        | Blood vessels      | 0.1       |
| Liposarcoma                             | Adipocyte          | 0.1       |
| Leiomyosarcoma                          | Smooth muscle      | 0.3       |
| Synovial sarcoma                        | Synovial cells     | 0.7       |
| Hemangiosarcoma                         | Blood vessels      | 0.2       |
| Malignant hemangiopericytoma            | Vessel pericytes   | 0.1       |
| Alveolar soft part sarcoma              |                    | 0.1       |
| Chondrosarcoma                          | Chondrocytes       | 0.1       |

# Risk stratification in NRSTS and treatment proposal according to the Children's Oncology Group (NCT00346164)

| Risk group   | Factors |        |               |                             | Proposed treatment  |
|--------------|---------|--------|---------------|-----------------------------|---|
|              | Grade   | Size   | Stage         | Initial resectability       |   |
| Low          | Low     | Any    | Nonmetastatic | Gross resection             | Observation   |
|              | High    | < 5 cm | Nonmetastatic | Without microscopic margins | Observation   |
|              | High    | < 5 cm | Nonmetastatic | With microscopic margin     | Adjuvant radiation therapy  |
| Intermediate | High    | > 5 cm | Nonmetastatic | Gross resection             | Adjuvant chemotherapy and radiation therapy   |
|              | High    | > 5 cm | Nonmetastatic | Unresected                  | Neoadjuvant chemoradiotherapy, surgery, adjuvant chemotherapy with or without radiation therapy |
| High         | Low     | Any    | Metastatic    | Gross resection             | Observation   |
|              | High    | Any    | Metastatic    | Gross resection             | Adjuvant chemotherapy and radiation therapy   |
|              | High    | Any    | Metastatic    | Unresected                  | Neoadjuvant chemoradiotherapy, surgery, adjuvant chemotherapy with or without radiation therapy |



# The role of surgery in NRSTS

A biopsy is necessary to establish the diagnosis.

**Core Needle Biopsy** : the diagnostic procedure of choice.

In most cases adequate to obtain diagnostic tissue, excellent accuracy, high sensitivity and specificity, low morbidity.

Biopsies should be obtained by a trained surgical oncologist or radiologist and preferably at a multidisciplinary sarcoma treatment center.

The biopsy site should be chosen so that it lies in the field of future resection.

**Open biopsy** is indicated when a diagnosis cannot be provided by a core needle biopsy.

# The role of surgery in NRSTS

**Surgery** remains the cornerstone of treatment for NRSTS.

The goal of surgical excision is complete removal of the mass with a 1-2cm margin of surrounding normal tissue. Closer margins should prompt consideration of re-excision.

ΙΠΠΟΚΡΑΤΕΙΟ  
ΓΕΝΙΚΟ ΝΟΣΟΚΟΜΕΙΟ  
ΘΕΣΣΑΛΟΝΙΚΗΣ

# The role of surgery in NRSTS

When complete tumour resection risks compromising the integrity of distal structures, adjuvant chemotherapy or radiation therapy may be required.

Amputation should be reserved for cases of major artery or nerve involvement, sufficiently extensive bone involvement, or recurrence after previous resection with adjuvant radiation therapy.

## To sum up...

Although surgery for RMS and NRSTS is becoming less mutilating, the surgeon plays a critical role in initial biopsy and staging, primary re-excision and appropriate wide local resection.

Therefore, the surgeon should be an early participant in the multimodal approach to treatment.

**Thank you**



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