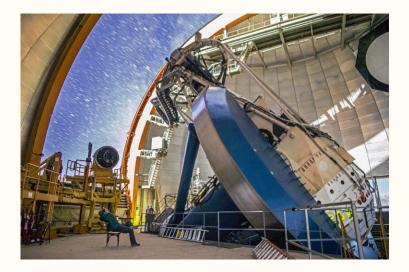
Postbacc Experience

Kira Nolan Dr. Matthew Graham, Caltech, Multi-messenge astronomy

#### Research

- Exercise agency in your work and experience
- Be hyper-organized
- Have confidence in yourself



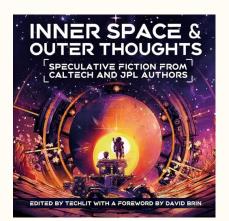
## **Involvement in Organization**

- Organization sectors like communication, education etc.
- Mentorship
- First cohort did a Kaggle challenge



## Community

- You can join clubs / orgs
- Most departments will have outreach programs
- Taking classes might be an option





# **Stepping Stones**

- Great opportunity to find out if and what types of research you enjoy
- More time to network and explore career paths

## **Final Thoughts**

• Postbac is a "choose your own adventure"

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- Give yourself time you don't have to be everything all at once
- Reach out for local and organizational level support

