

**”My brain and me” campaign**

# **Report of Contributions**

Contribution ID: 1

Type: **not specified**

## **Introduction by Raphael Otzenberger (Head of the Medical Service)**

*Thursday 3 July 2025 12:00 (5 minutes)*

**Presenter:** OTZENBERGER, Raphael (CERN)

Contribution ID: 2

Type: **not specified**

## **What neuroscience tells us about our self-awareness - by HUG**

*Thursday 3 July 2025 12:30 (10 minutes)*

**Presenter:** IANNOTTI, Giannina (HUG)

Contribution ID: 3

Type: **not specified**

## Unlocking the sleeping brain: from functions to dysfunctions - by UNIGE

*Thursday 3 July 2025 12:05 (15 minutes)*

**Presenters:** LACAUX, Celia (UNIGE); MAMMERI, Kevin (UNIGE)

Contribution ID: 4

Type: **not specified**

## **How does thinking more positively change our mind? - by UNIGE**

*Thursday 3 July 2025 12:20 (10 minutes)*

**Presenter:** SHI, Chunyan (UNIGE)

Contribution ID: 5

Type: **not specified**

## **The memory puzzle: sleep, diet, stress and the brain - by FRC**

*Thursday 3 July 2025 13:00 (10 minutes)*

**Presenter:** Prof. DAUMAS, Stéphanie (FRC)

Contribution ID: 6

Type: **not specified**

## **CERN technologies and the brain - by the CERN Knowledge Transfer group**

*Thursday 3 July 2025 12:50 (10 minutes)*

**Presenter:** TOURANAKOU, Mary (CERN)

Contribution ID: 7

Type: **not specified**

## **Staying motivated: what the brain tells us about drive and how to keep it - by HUG**

*Thursday 3 July 2025 12:40 (10 minutes)*

**Presenter:** Dr KIRSCHNER, Matthias (HUG)