

Beyond the Big Bang

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work with I. Bars, P. Steinhardt
M. Smolkin

"Behind it all is surely an idea so simple, so beautiful, that when we grasp it - in a decade, a century or a millenium - we will all say to each other: how could it have been otherwise?"

John Wheeler

all known physics

$$\Psi = \int e^{\frac{i}{\hbar} \int \left(\frac{R}{16\pi G} - \frac{1}{4} F^2 + \bar{\psi} i \not{D} \psi - \lambda \varphi \bar{\psi} \psi + |D\varphi|^2 - V(\varphi) \right)}$$

Schrödinger
Feynman
Einstein
Maxwell-Yang-Mills
Yukawa
Dirac
Kobayashi-Maskawa
Higgs
Euler
Planck
Newton

Vacuum energy accelerates expansion

4×10^{17} sec

First galaxies and stars form

10^{16} sec

First atoms form

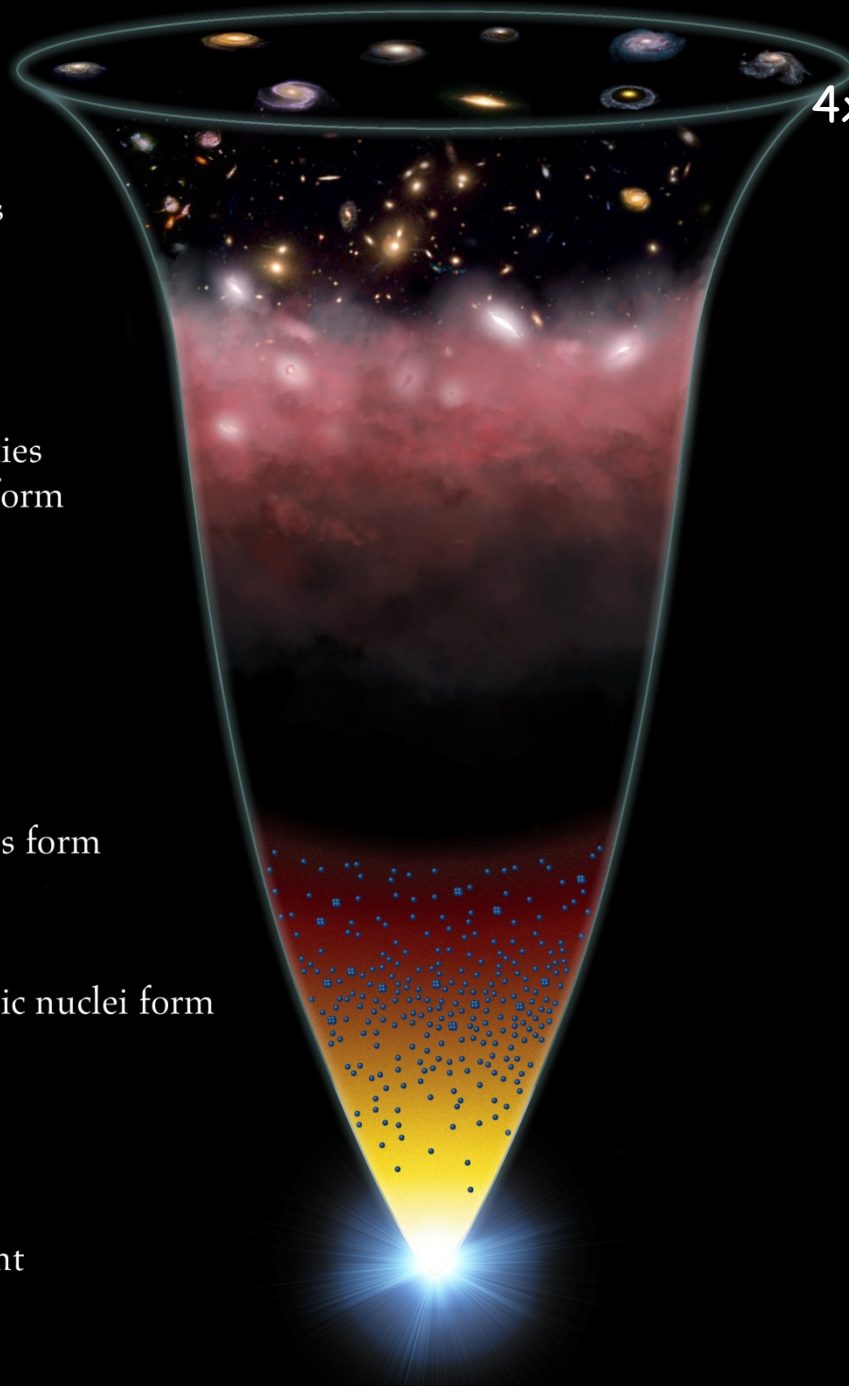
10^{13} sec

First atomic nuclei form

10^2 sec

Ball of light

10^{-43} sec



biggest questions

the singularity

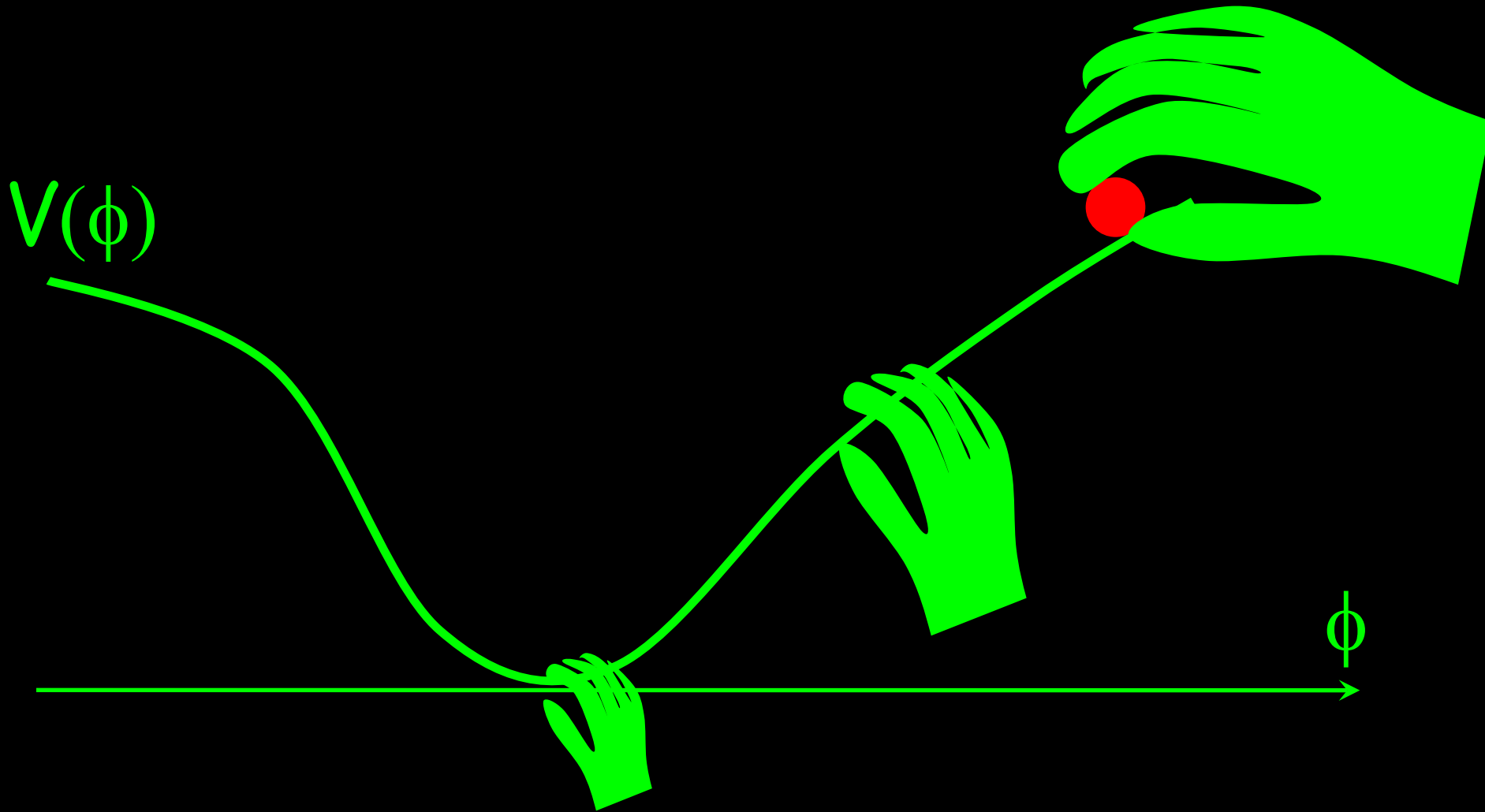
inflation

dark matter

dark energy and the future

inflation

- * initial conditions
- * fine-tuned potentials
- * $\Lambda \sim 10^{-120}$; $V_I \sim 10^{-15}$



Inflation's claim:

"chaotic" initial conditions ->

- * big

- * expanding

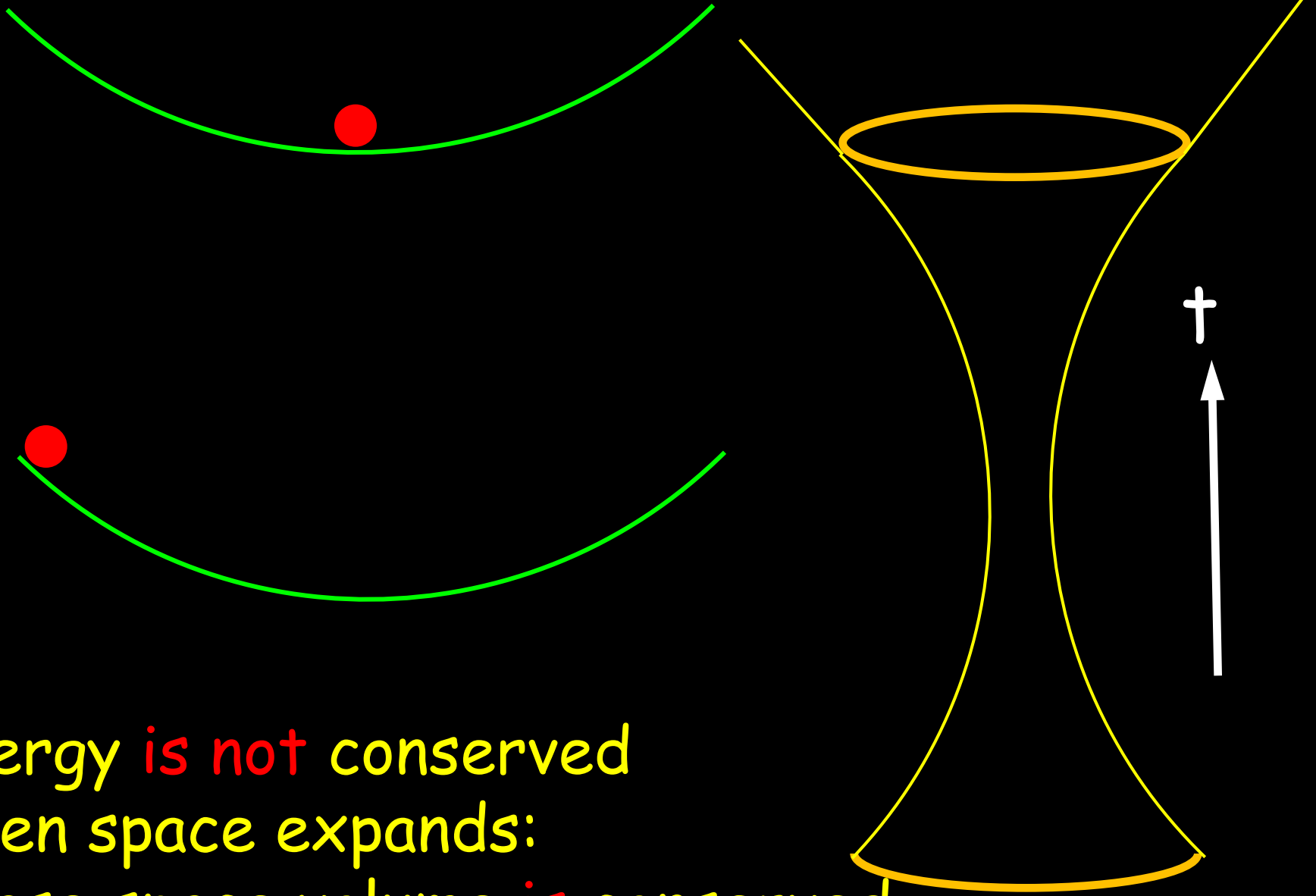
- * flat

- * FRW universe

- * w/ nearly scale-free perts

- * the "ultimate free lunch"

Need a measure on space
of cosmologies



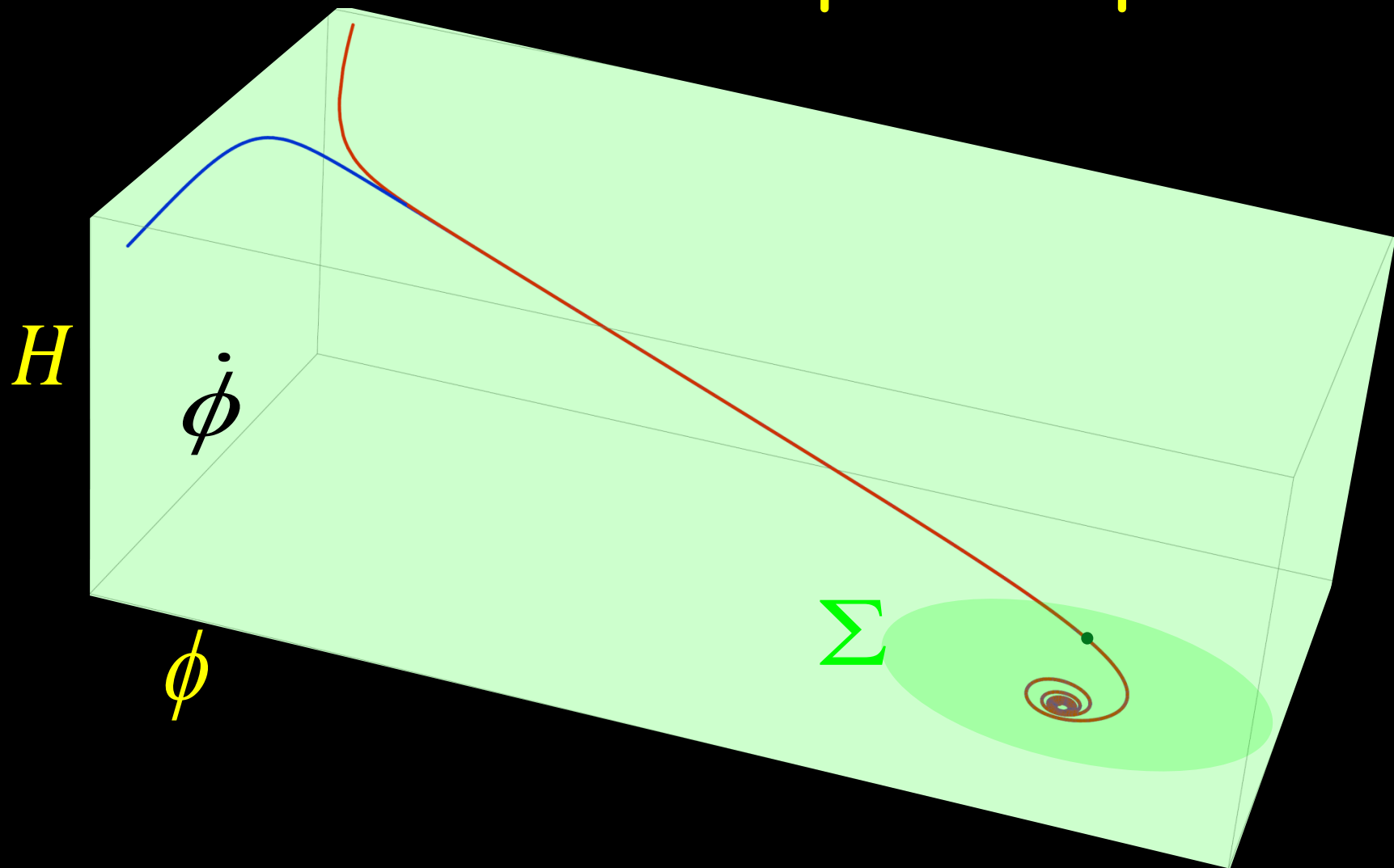
energy **is not** conserved
when space expands:
phase space volume **is** conserved
universe is **not** a "free lunch!"



what is the correct measure, when gravity is included?

Lets be generous to inflation and just **assume** homogeneity+isotropy

Universes = curves in phase space



Hamiltonian, time reversal invariant

$$\mathbb{H}(p_a, a, p_\phi, \phi) = -\frac{p_a^2}{12Ua} + 3Ua + \frac{p_\phi^2}{2Ua^3} + Ua^3V(\phi)$$

Canonical measure

$$\omega_c = dp_a \wedge da + dp_\phi \wedge d\phi$$

$$\int_{\Sigma} \omega_c \Big|_{\mathbb{H}=0}$$

Liouville
Gibbons, Hawking, Stewart
Hawking, Page
Hollands, Wald
Kofman, Linde, Mukhanov
Gibbons, NT
Carroll, Tan

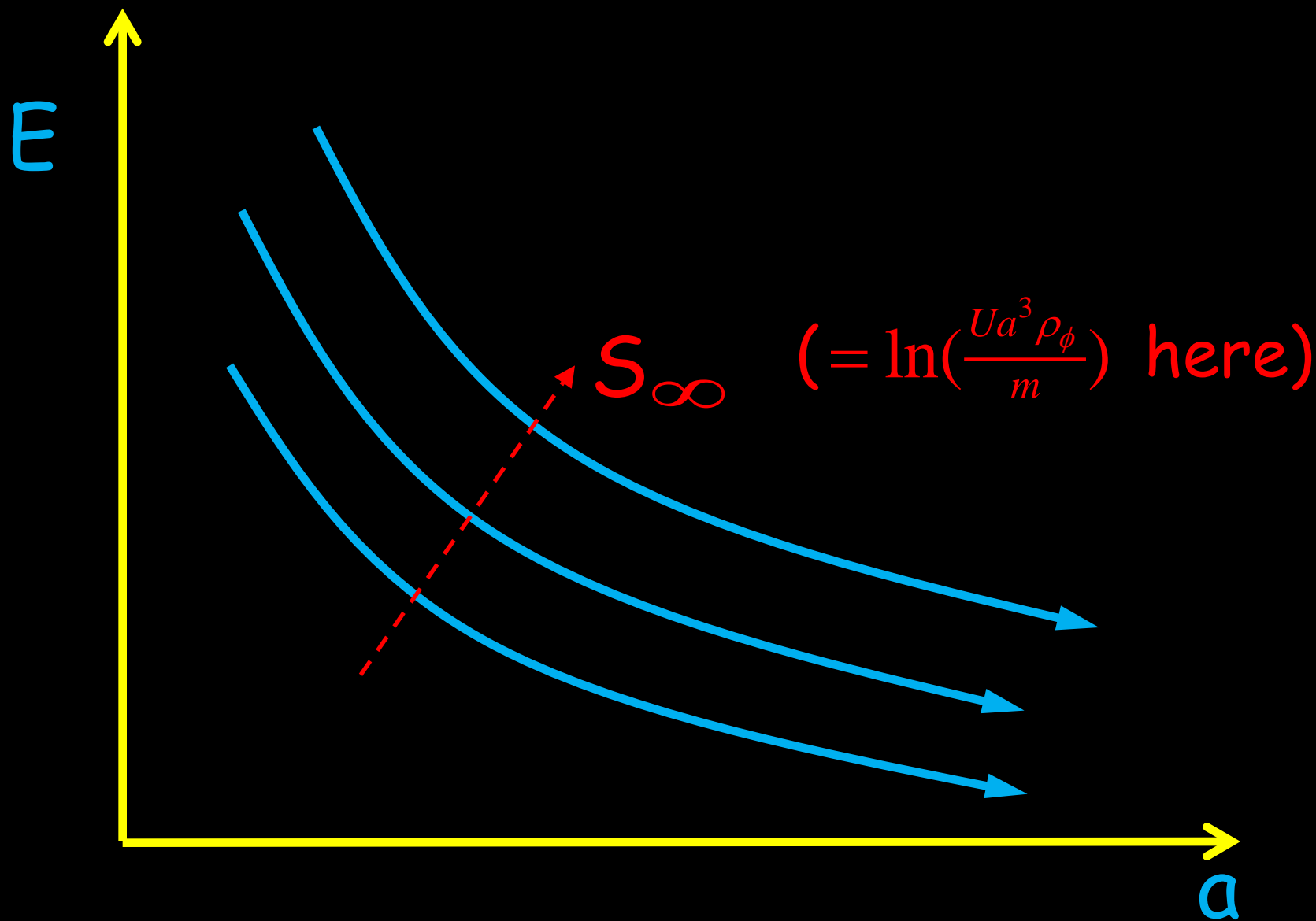
with Σ pierced once by every trajectory

Choose cosmology in which every trajectory ends
an asymptotically flat universe ($k=-1, \Lambda=0$)

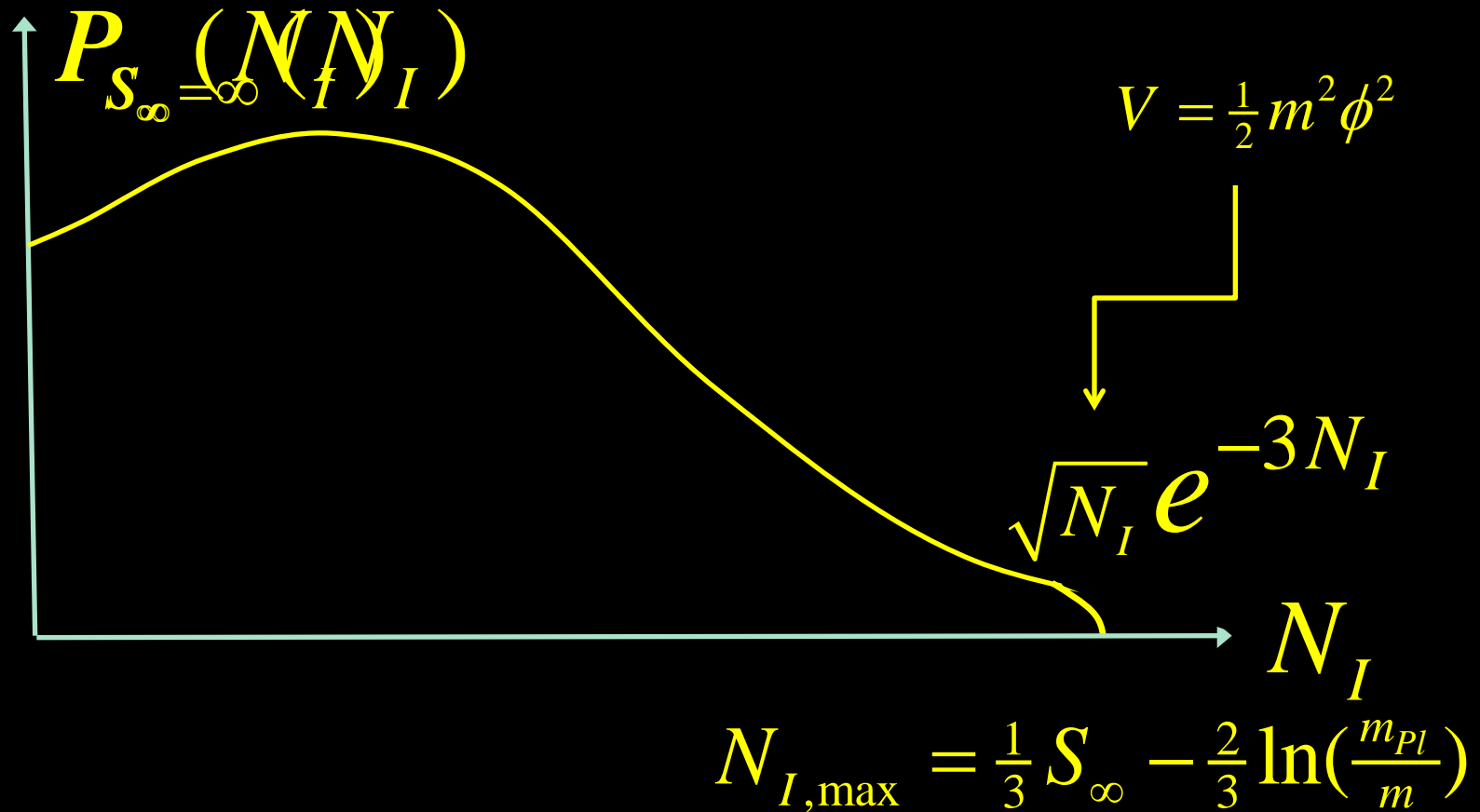
Every trajectory ends on adiabat $S(E_{\text{matter}}, a) = \text{const}$

Natural to label an ensemble of cosmologies by
their asymptotic entropy $S_{\infty} = \ln(\int dpdq_{\text{matter}})$

Meaningful quantity is $P_{S_{\infty}}(N_I)$



Canonical measure for inflation



- * with this canonical measure, slow-roll/'chaotic' inflation **cannot** be considered an explanation for the observed flatness of the cosmos
- * illustrates a problem identified by Penrose long ago: if include inhomogeneities, then expect even smaller probability of inflation:

$$P(V_I) \propto e^{S_{grav}(V_I)} / e^{S_{grav}(\Lambda)} \approx e^{-10^{120}}$$

$$(S_{grav} \propto m_{Pl}^4 / V)$$

It is perfectly OK to view inflation as a phenomenological parameterization, without interpreting it as a fundamental explanation

The problem with claiming it is both is that this may discourage people from seeking better explanations

Note: inflation has many other problems...
(Steinhardt talk yesterday)

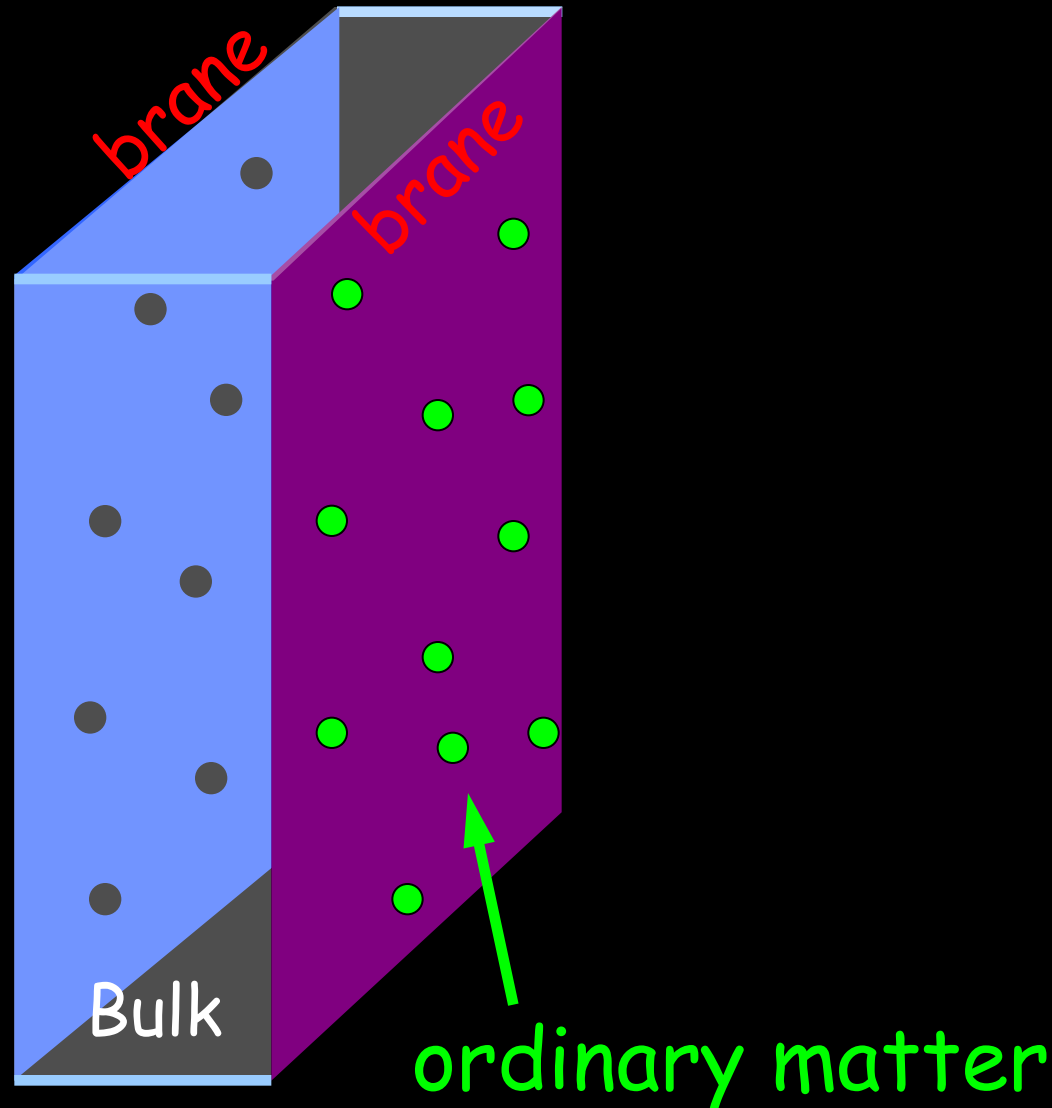
What if the singularity was a bounce?

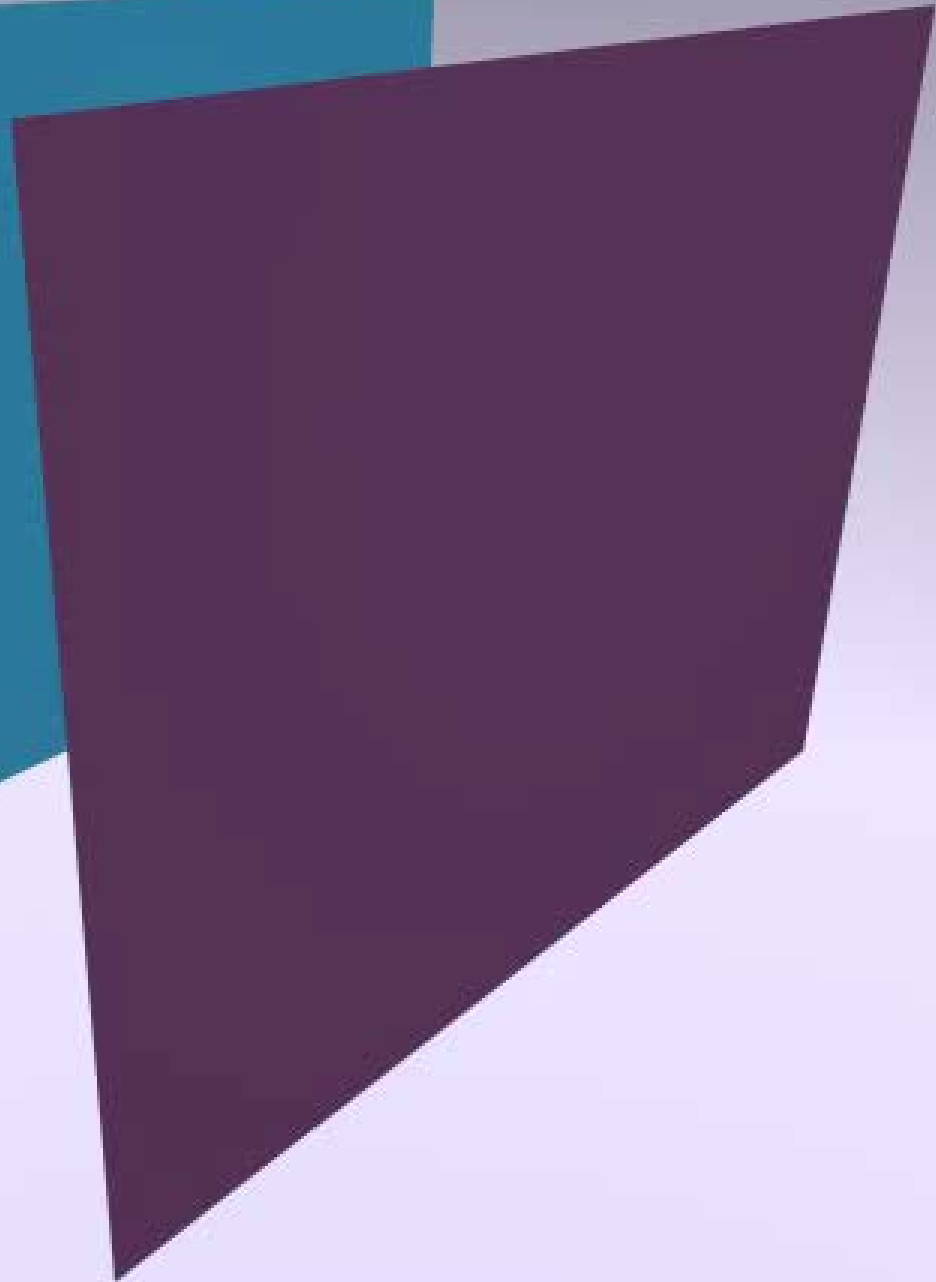
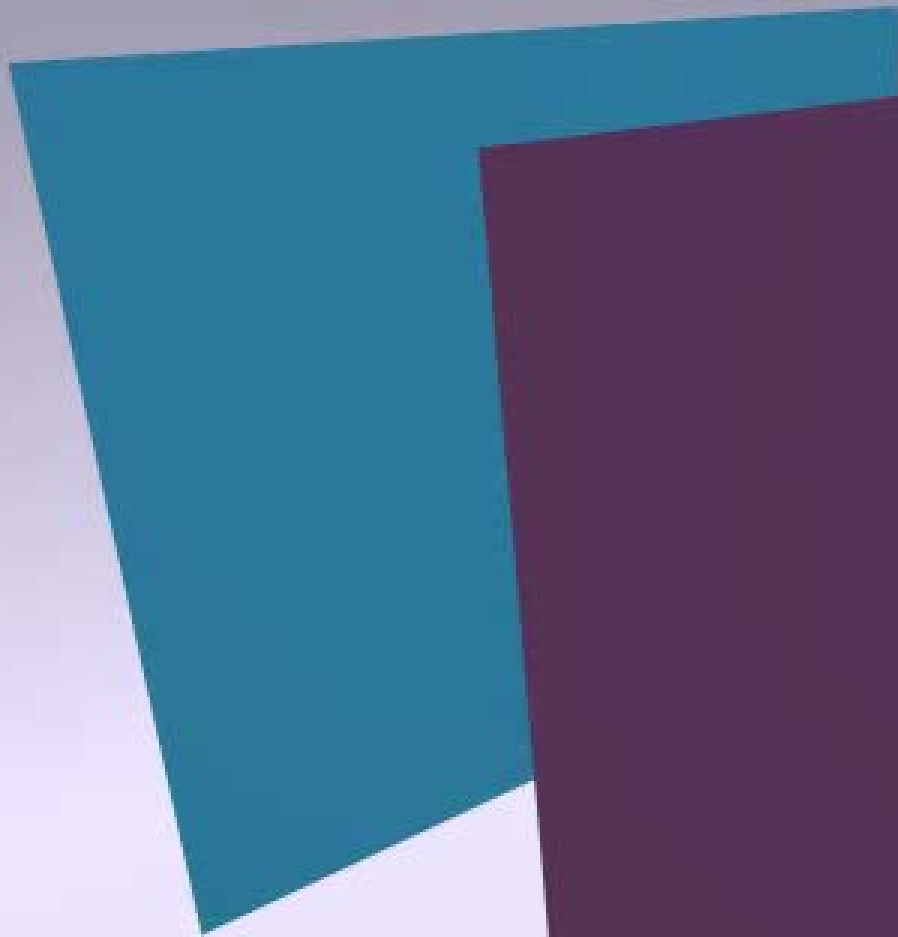
A cyclic scenario becomes feasible, in which inflation is not needed

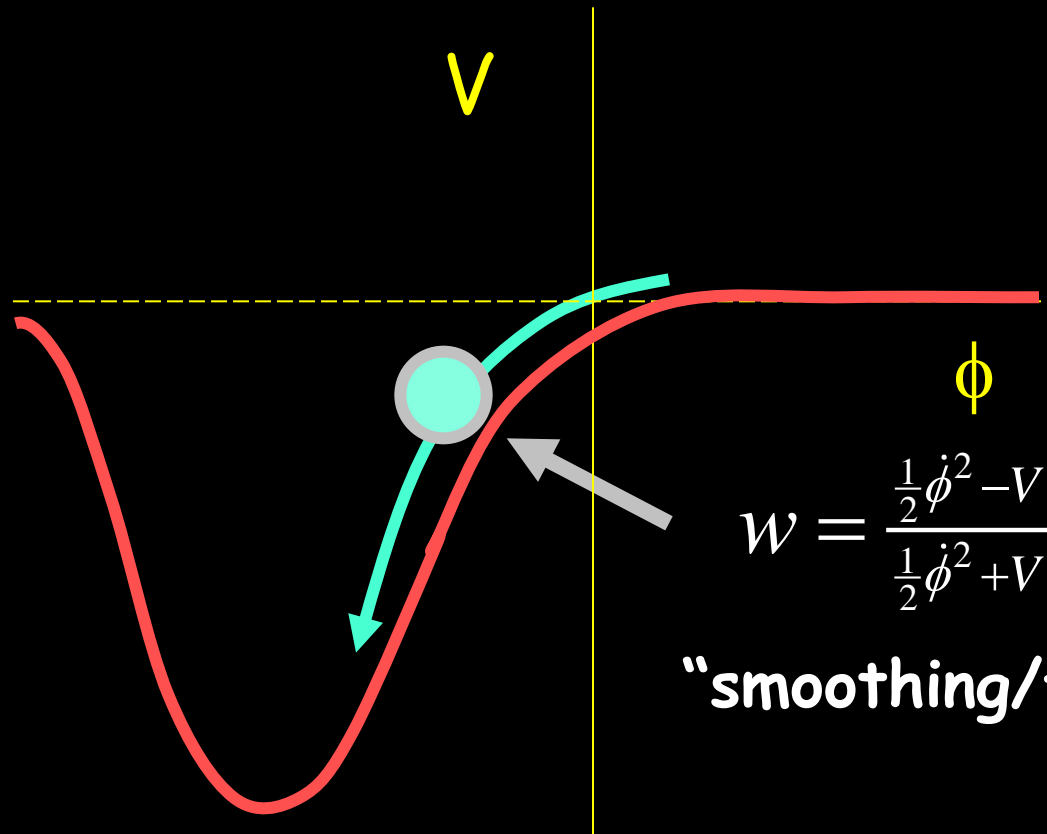
Heterotic M-theory

-> ekpyrotic universe scenario

Horava-Witten
Lukas et al...
Khoury, Ovrut,
Steinhardt, NT
Lehners et al...







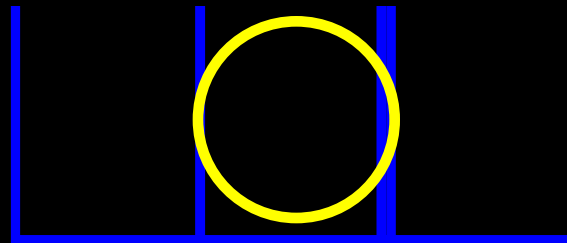
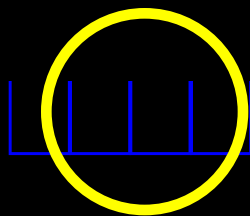
$$w = \frac{\frac{1}{2}\dot{\phi}^2 - V}{\frac{1}{2}\dot{\phi}^2 + V} \approx 1$$

“smoothing/flattening phase”

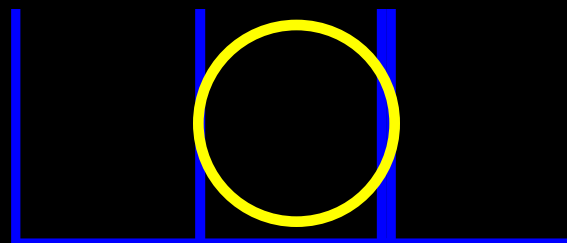
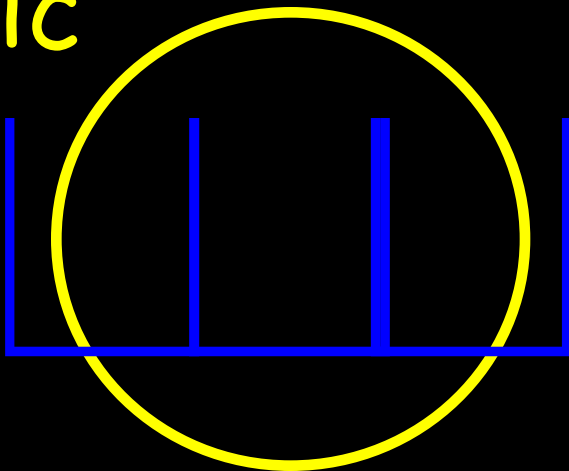
- > scale-invariant perturbations
- > require **negative** potentials

quantum fluctuations \rightarrow perturbations

inflation



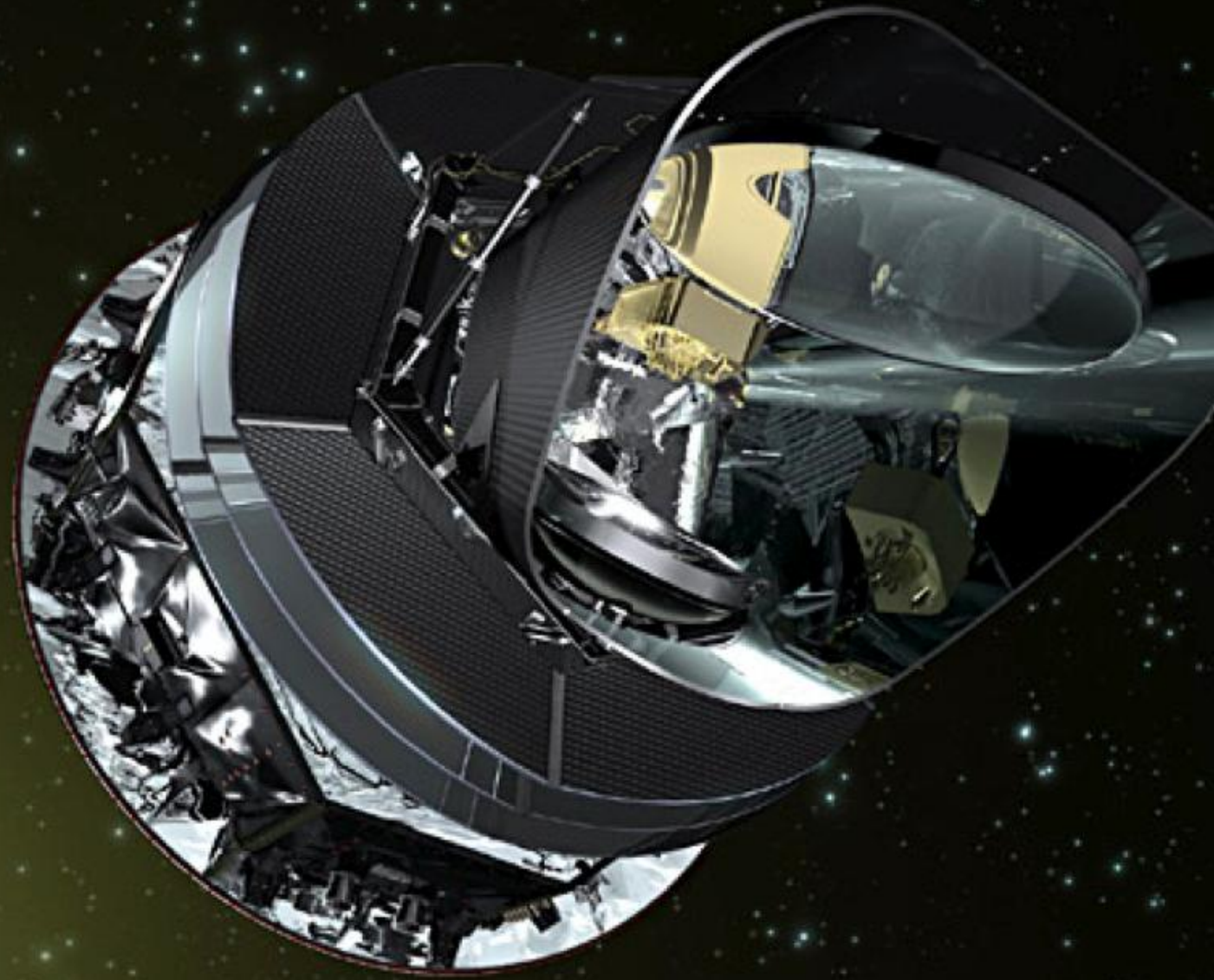
cyclic



both \rightarrow slightly red spectrum

observational test

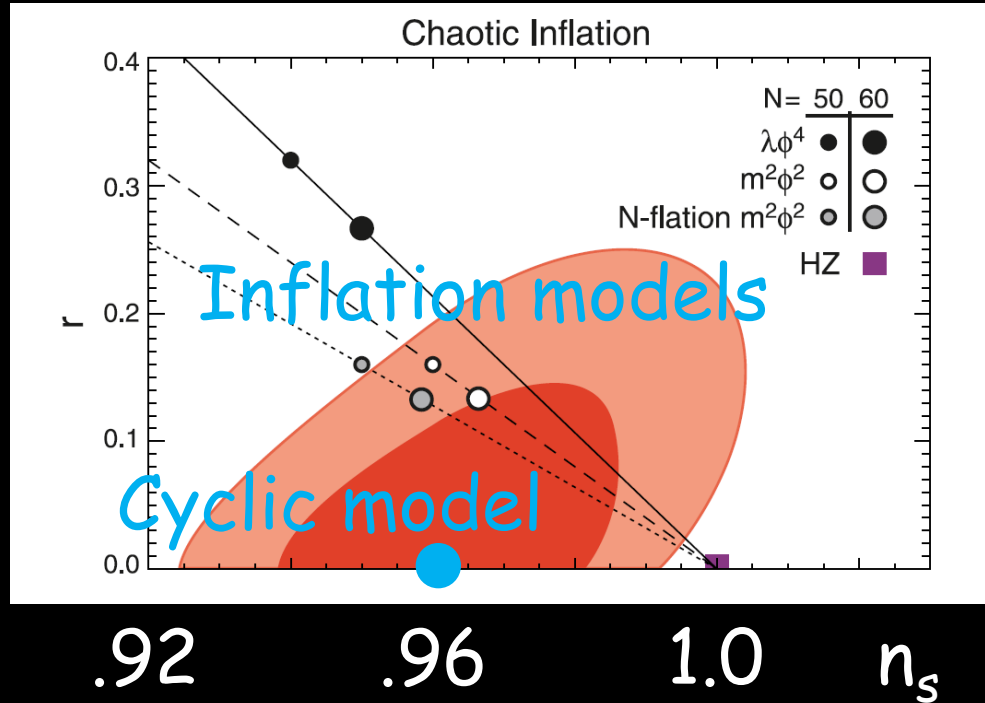
Gravitational Waves



ESA-Planck satellite (data 2013)

limits on grav. waves, n_s , inflation

anisotropy
from grav
waves



WMAP
(2008)

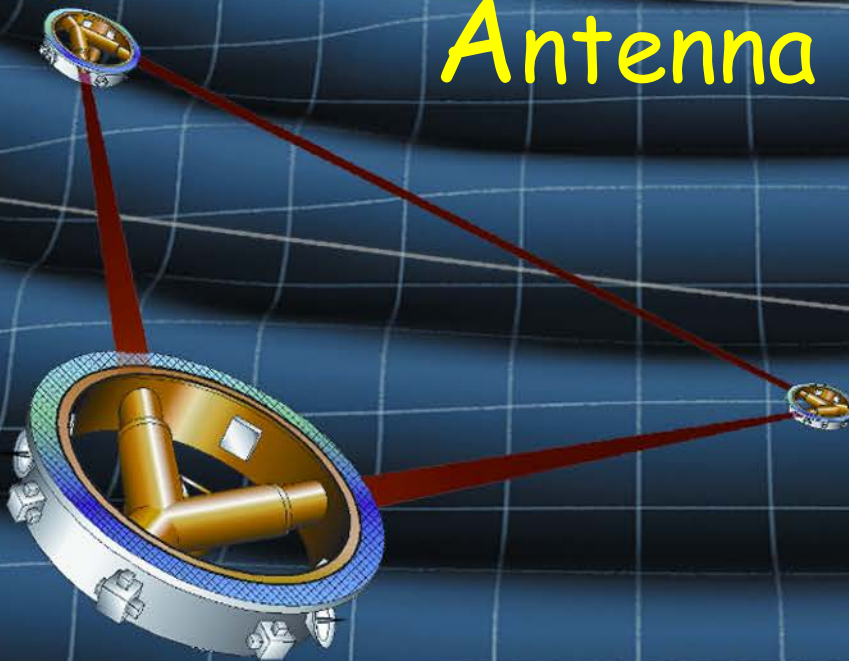
spectral index of density variations

Other tests: nonGaussianity, axions...

Laser Interferometric Space

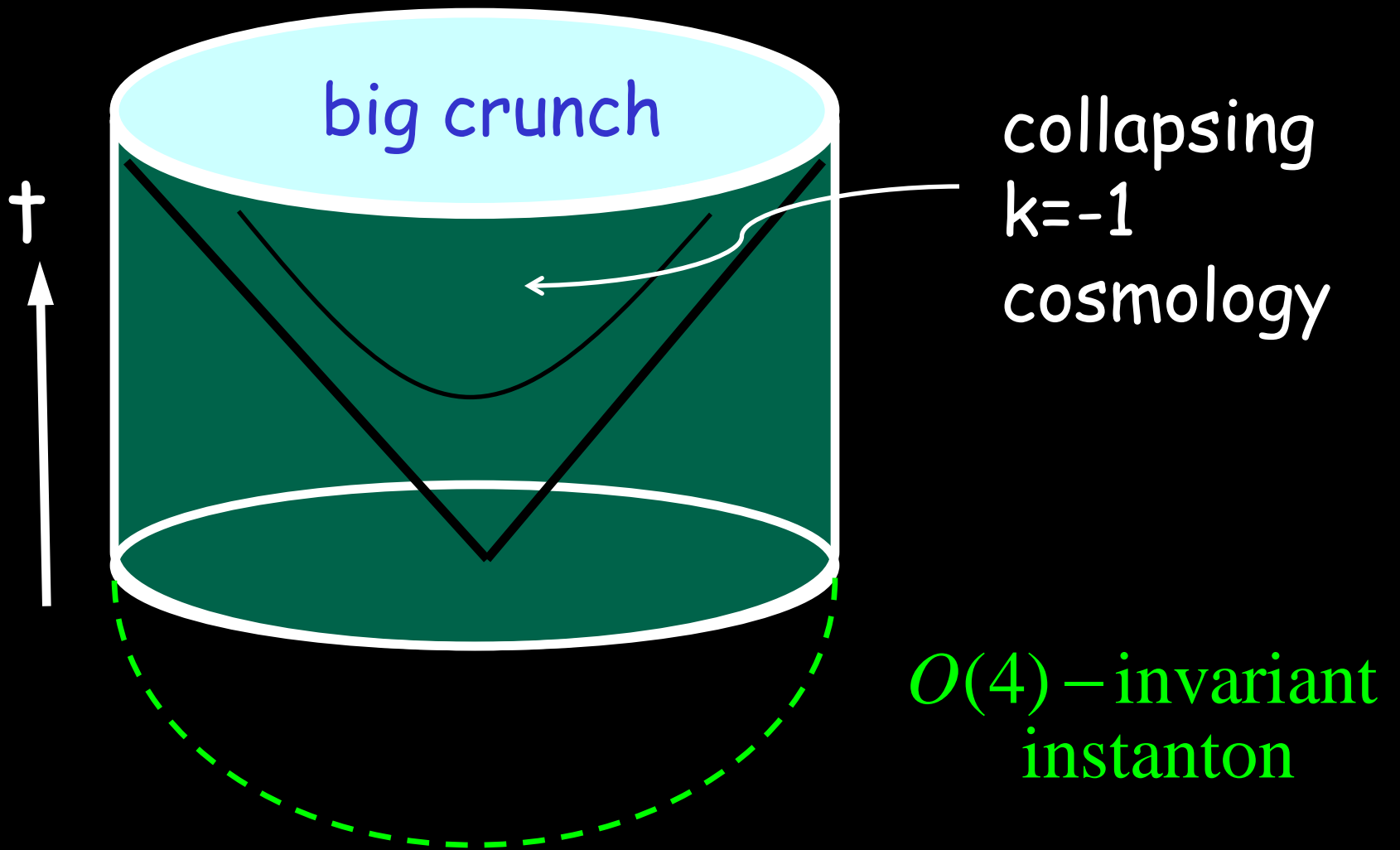
Antenna

(2020?)



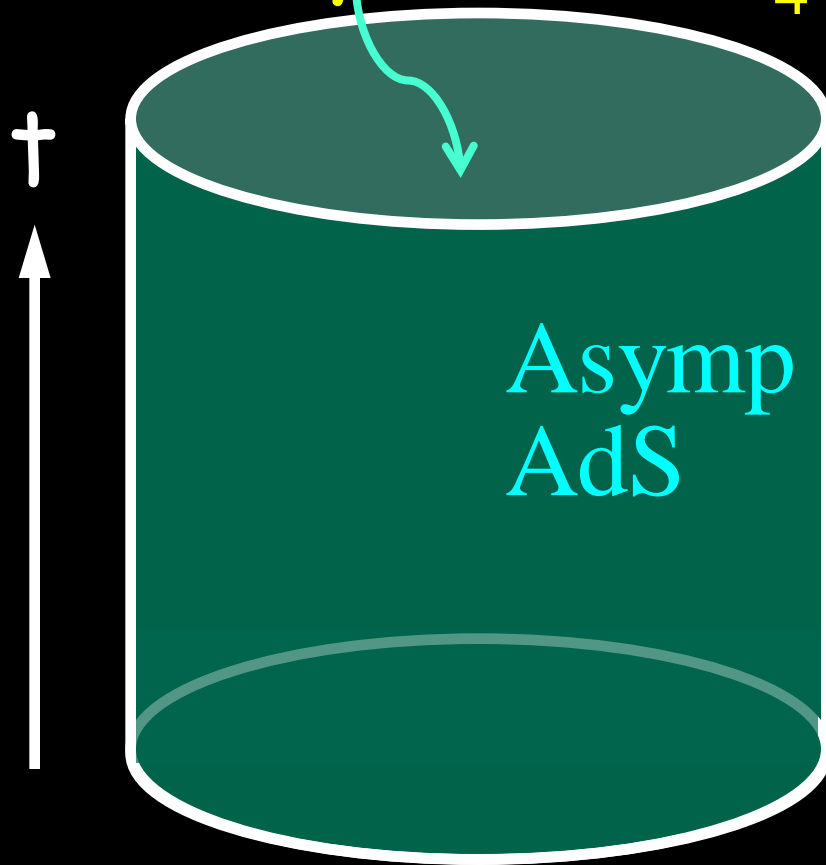
What about the singularity?

holographic cosmology



Hertog+Horowitz

Studying the singularity in M theory on $AdS_4 \times (S^7 / \mathbb{Z}_k)$

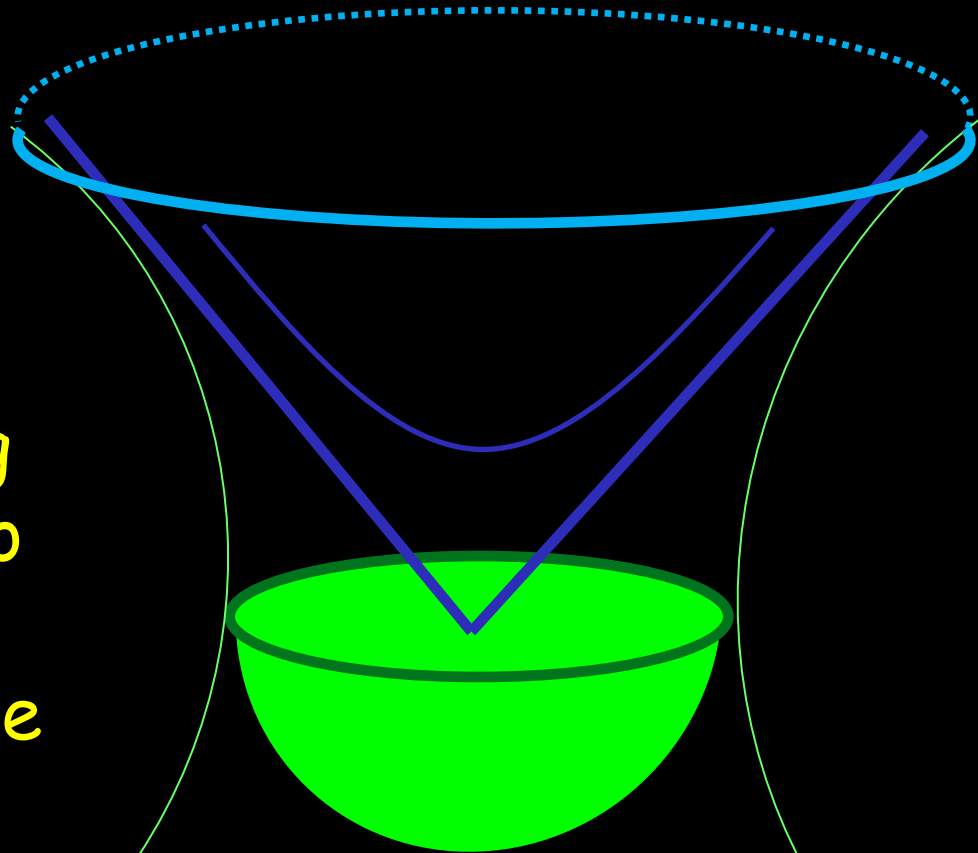


CFT_3 on
 $S^2 \times \mathbb{R}$
Conformal
Invariant

Boundary picture

dS_3

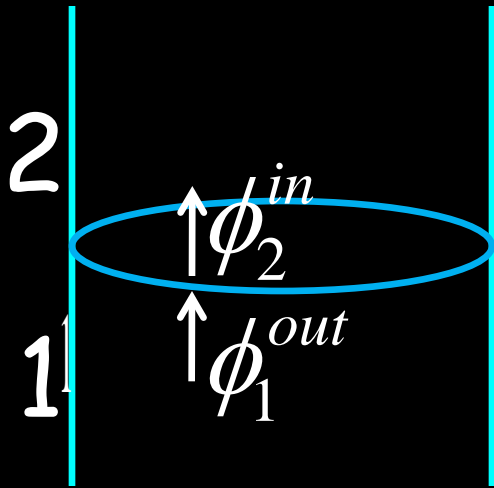
By choosing
boundary to
be dS^3 ,
we avoid the
singularity!



Dual CFT can be studied on dS^3 in large N limit

Crossing the singularity

dS_3 conformal to Einstein cylinder

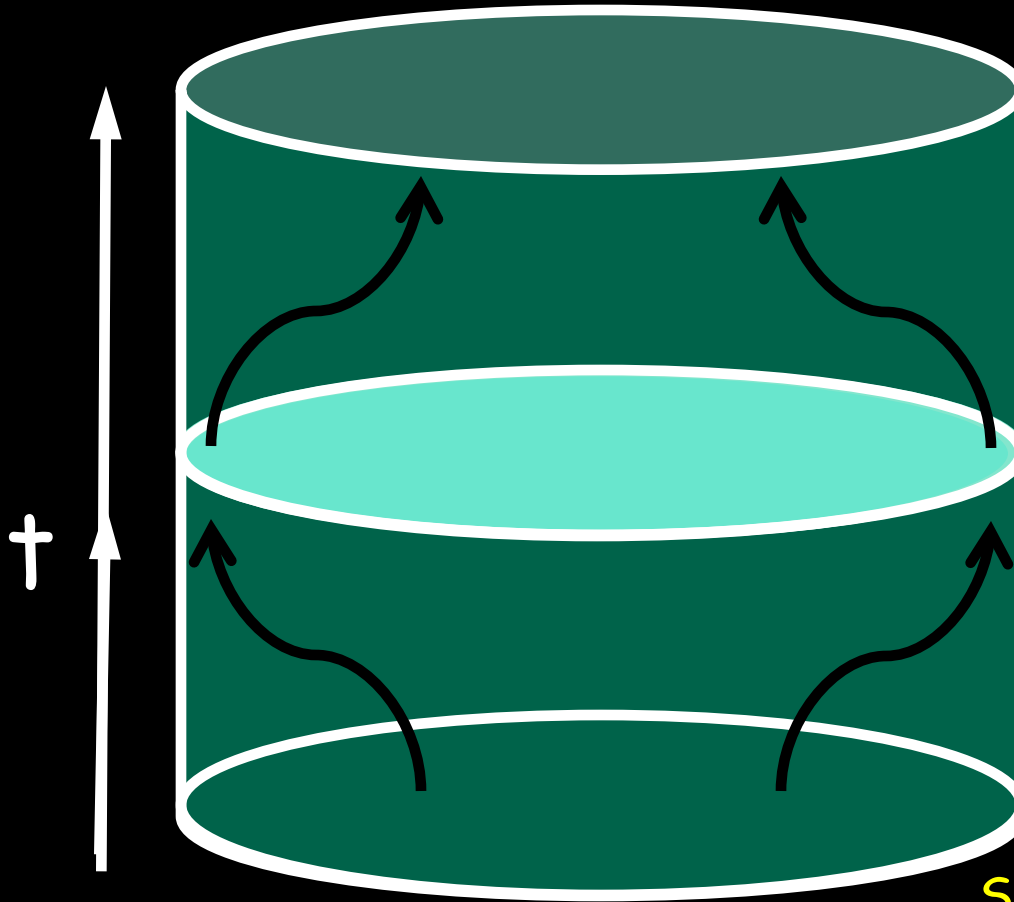


"S matrix": ϕ_1^{out} to ϕ_2^{in}

demand $SO(3,1)$ -invariant
→ unique matching rule

⇒ a perfectly cyclic universe,
with calculable $1/N$ corrections

holographic cosmology



Smolkin, NT 2012
to appear

Above description is only reliable when dual theory is weakly coupled, i.e. when bulk is stringy: not realistic at all.

Can we somehow understand the passage around singularities in the bulk low-energy effective theory directly?

Continuation past singularities

$$S = \int d^4x \sqrt{-g} \left[\frac{1}{2\kappa^2} R(g) - \frac{1}{2} (\partial\sigma)^2 - V(\sigma) \right]$$

Initial conditions:

contracting, perturbed FRW universe w/radiation

Near singularity, KE of scalar σ dominates, removes mixmaster chaos, ensures smooth ultralocal dynamics

V typically becomes dynamically negligible

Einstein eqns reduce ultralocally to:

$$\frac{\dot{a}_E^2}{a_E^4} = \frac{\kappa^2}{3} \left[\frac{\dot{\sigma}^2 + \dot{\alpha}_1^2 + \dot{\alpha}_2^2}{2a_E^2} + \frac{\rho_r}{a_E^4} \right],$$

Anisotropy

Parameterises radiation

$$\ddot{\sigma} + 2\frac{\dot{a}_E}{a_E}\dot{\sigma} = 0; \quad \ddot{\alpha}_i + 2\frac{\dot{a}_E}{a_E}\dot{\alpha}_i = 0$$

following from the effective action:

$$\int d\tau \left\{ \frac{1}{2e} \left[-\frac{6}{\kappa^2} \dot{a}_E^2 + a_E^2 (\dot{\sigma}^2 + \dot{\alpha}_1^2 + \dot{\alpha}_2^2) \right] - e\rho_r \right\}$$

canonical momenta for $\sigma, \alpha_1, \alpha_2$ conserved

"lift" to a Weyl-invariant theory

$$\int d^4x \sqrt{-g} \left[\frac{1}{2} ((\partial\phi)^2 - (\partial s)^2) + \frac{1}{12} (\phi^2 - s^2) R \right]$$

i.e. two conformally coupled scalars w/ opp sign L

- scalar ghost removed by gauge symmetry:

$$g_{\mu\nu} \rightarrow \Omega^2 g_{\mu\nu}, \quad \phi \rightarrow \Omega^{-1} \phi, \quad s \rightarrow \Omega^{-1} s$$

- gravitational trace anomaly cancels

- global $O(1,1)$ symmetry: $\phi'^2 - s'^2 = \phi^2 - s^2$

- the lifted theory allows one to choose gauges which may be less singular than Einstein gauge

Special quantity: Weyl and $O(1,1)$ -invariant:

$$\chi \equiv \frac{\kappa^2}{6} (-g)^{\frac{1}{4}} (\phi^2 - s^2) \quad (a_E^2 = |\chi|)$$

- obeys Friedmann-like equation:

$$\dot{\chi}^2 = \frac{2\kappa^2}{3} (p^2 + 2\rho_r \chi) \quad p \equiv \sqrt{p_\sigma^2 + p_1^2 + p_2^2}$$

- analytic at generic cosmic singularities

Gauges:

1. Einstein gauge $\phi^2 - s^2 = 6\kappa^{-2}$:

2. "Supergravity-like" gauge $\phi = \phi_0 = \text{const}$:

3. " γ -gauge": $\text{Det } g = -1$:

$$\int d\tau \left[-\frac{1}{2} \dot{\phi}_\gamma^2 + \frac{1}{2} \dot{s}_\gamma^2 + \frac{\kappa^2}{12} (\phi_\gamma^2 - s_\gamma^2) (\dot{\alpha}_1^2 + \dot{\alpha}_2^2) \right]$$

-Reln w/
einstein

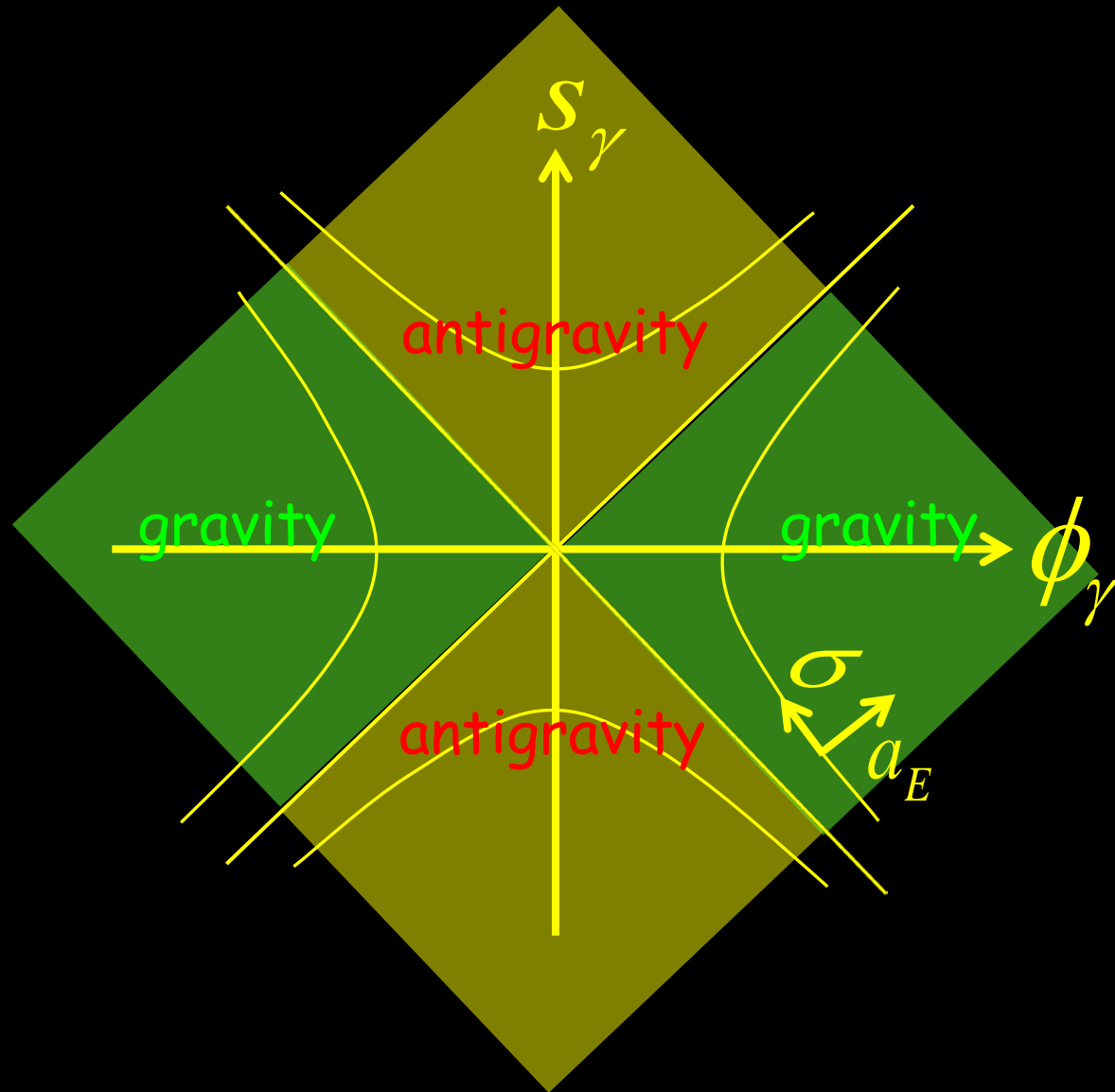
$$a_E^2 = |\chi|, \quad \chi \equiv \frac{\kappa^2}{6} (\phi_\gamma^2 - s_\gamma^2), \quad \sigma = \frac{\sqrt{6}}{2\kappa} \ln \left| \frac{\phi_\gamma + s_\gamma}{\phi_\gamma - s_\gamma} \right|$$

4. "String frame" gauge

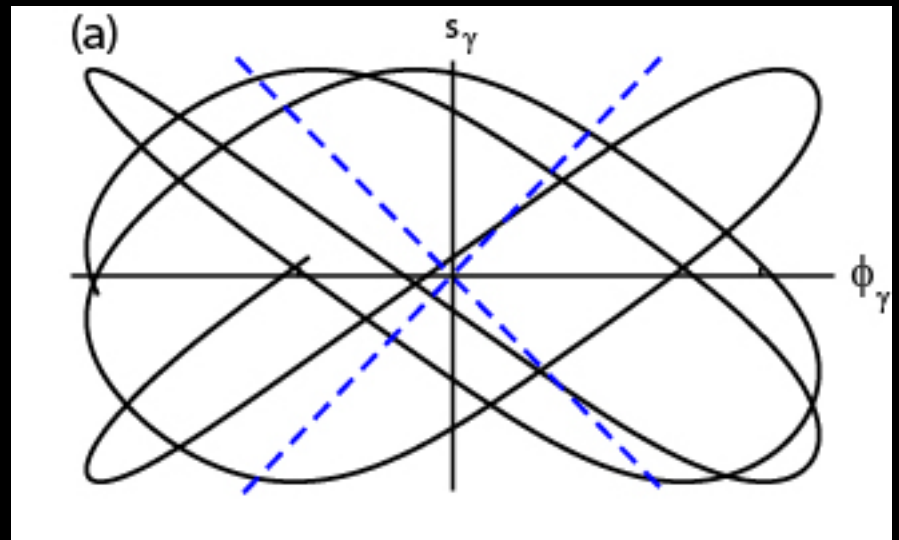
$$\phi - s = (\phi + s)^2; \quad \phi + s = e^{-2\varphi/3}$$
$$g_s = e^\varphi$$

$$d = 10 : \mathcal{S} = \int \sqrt{-g} e^{-2\varphi} (R + 4(\partial\varphi)^2)$$

Weyl- extended superspace

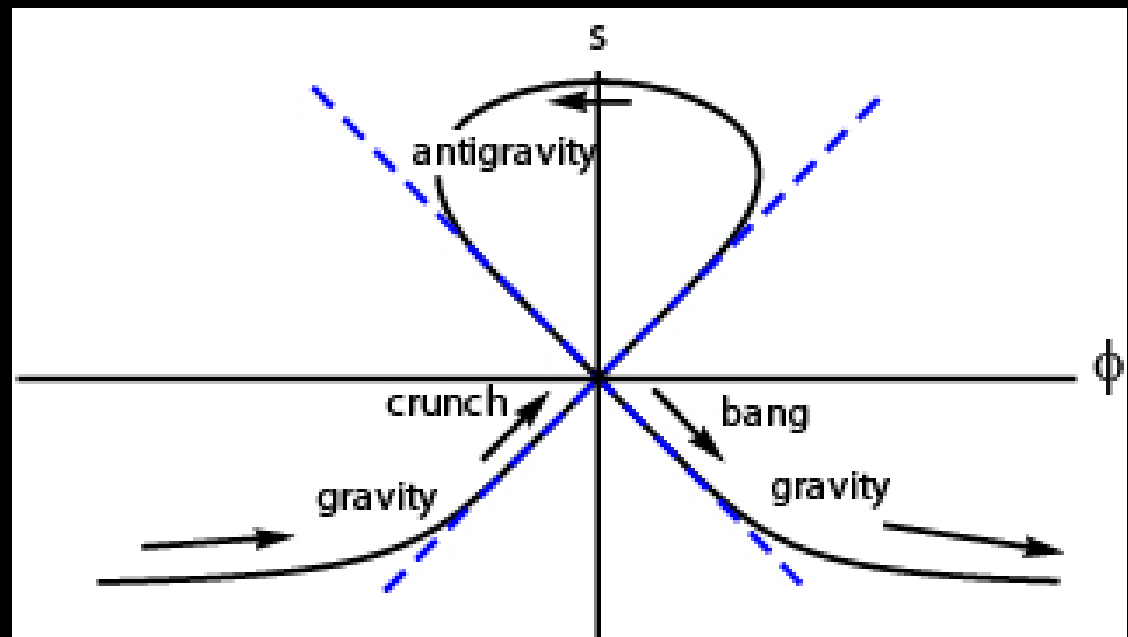


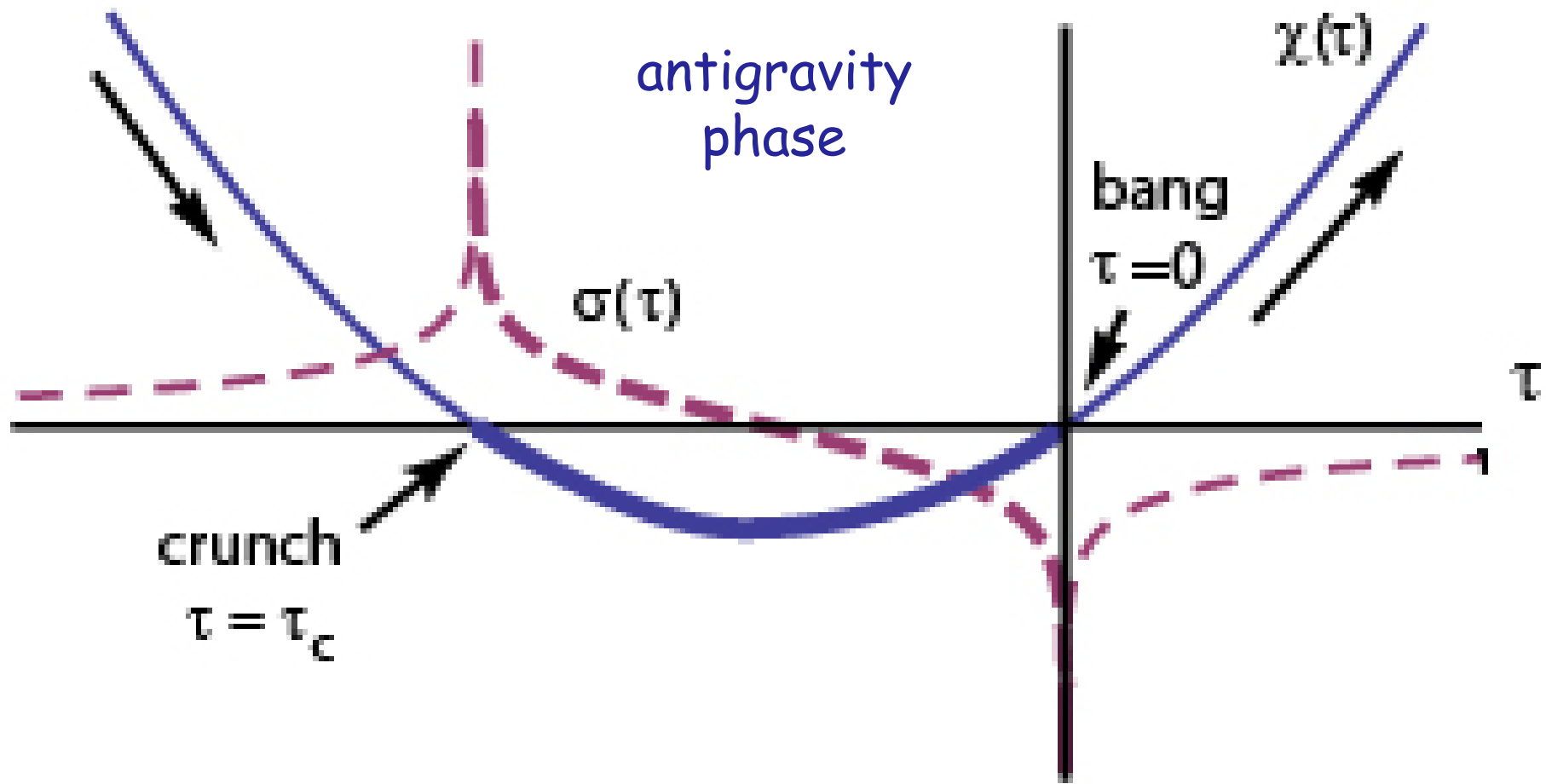
Isotropic case:
 $\alpha_1 = \alpha_2 = 0$



Generic case
w/anisotropy:

Weyl symm
restored at
transition





Uniqueness of solution

Start with flat universe with radiation

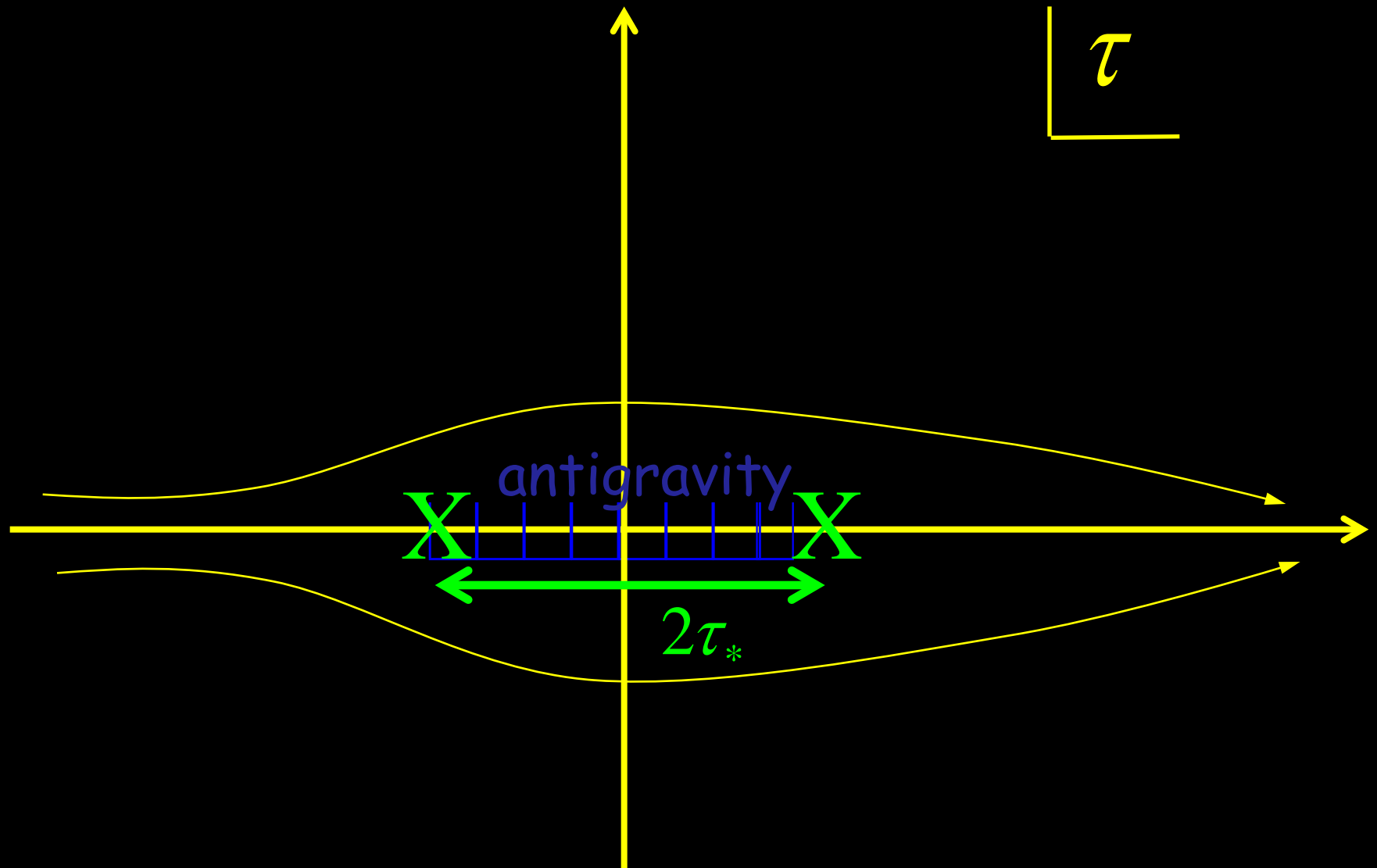
$$ds_E^2 = \tau^2 (-d\tau^2 + d\vec{x}^2); \text{ analytic in } \tau\text{-plane}$$

add scalar kinetic energy

$$ds_E^2 = (\tau^2 - \tau_*^2)(-d\tau^2 + d\vec{x}^2)$$

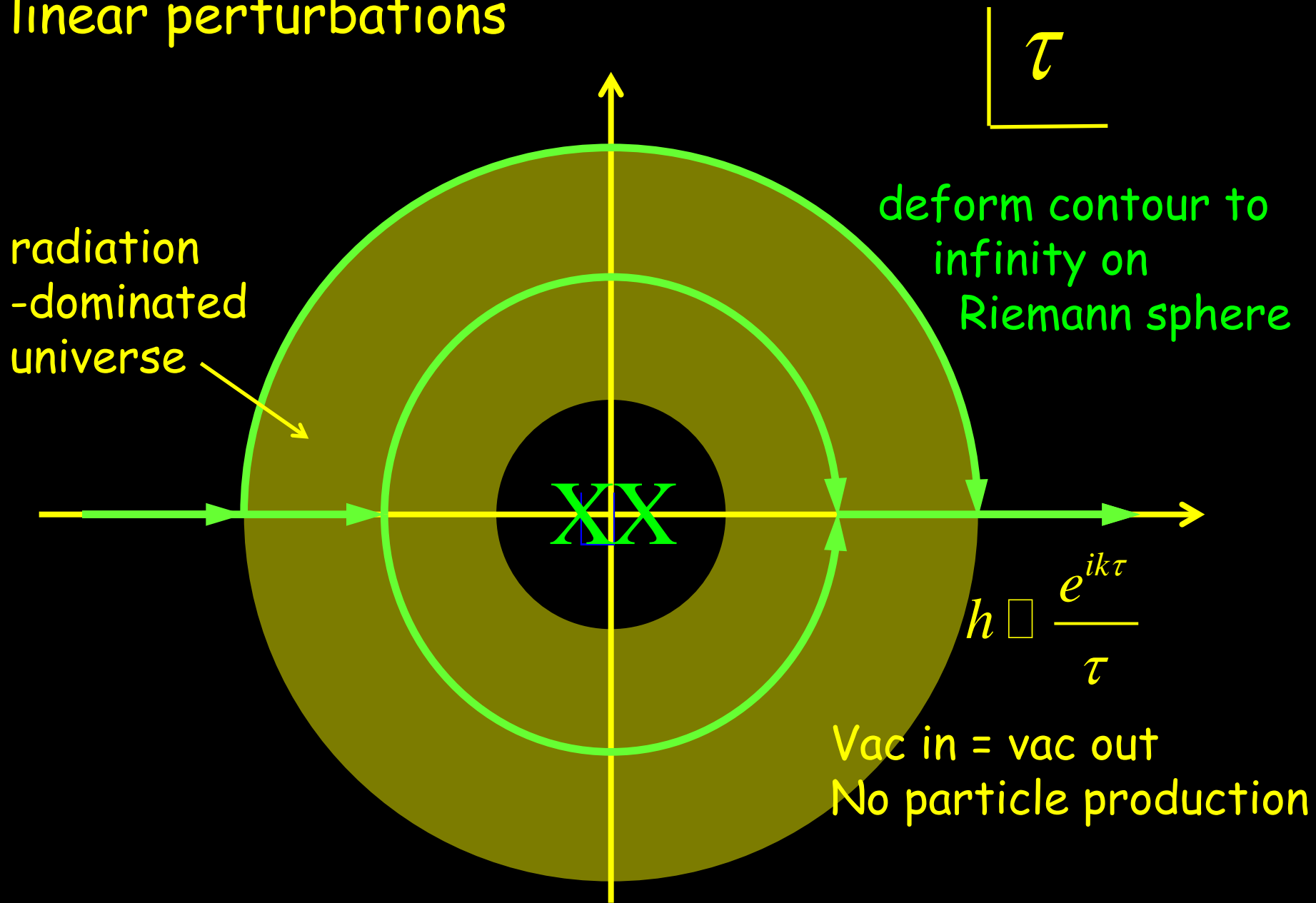
add curvature and anisotropy

unique extension of $\sigma, \alpha_{1,2}$ to complex τ -plane

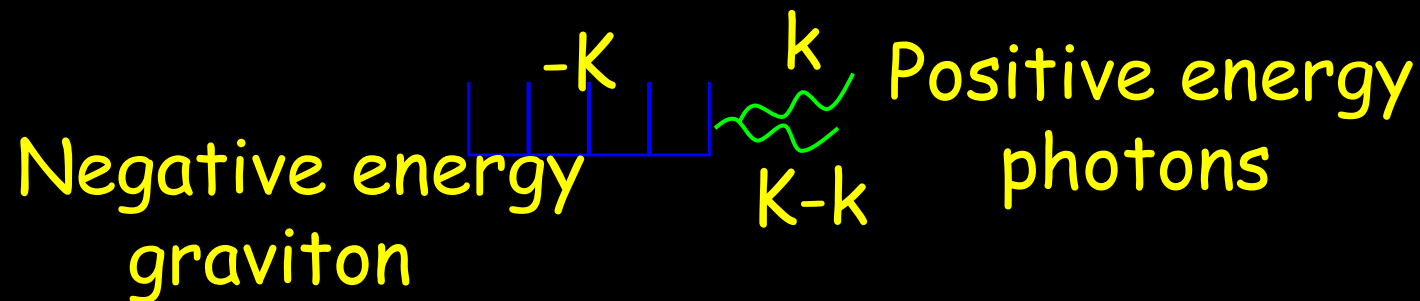


Near singularities, action has asymptotic $O(4,2)$ symmetry: matching its (conserved) generators across singularities also yields this as the unique solution

linear perturbations



Antigravity region \rightarrow unstable?

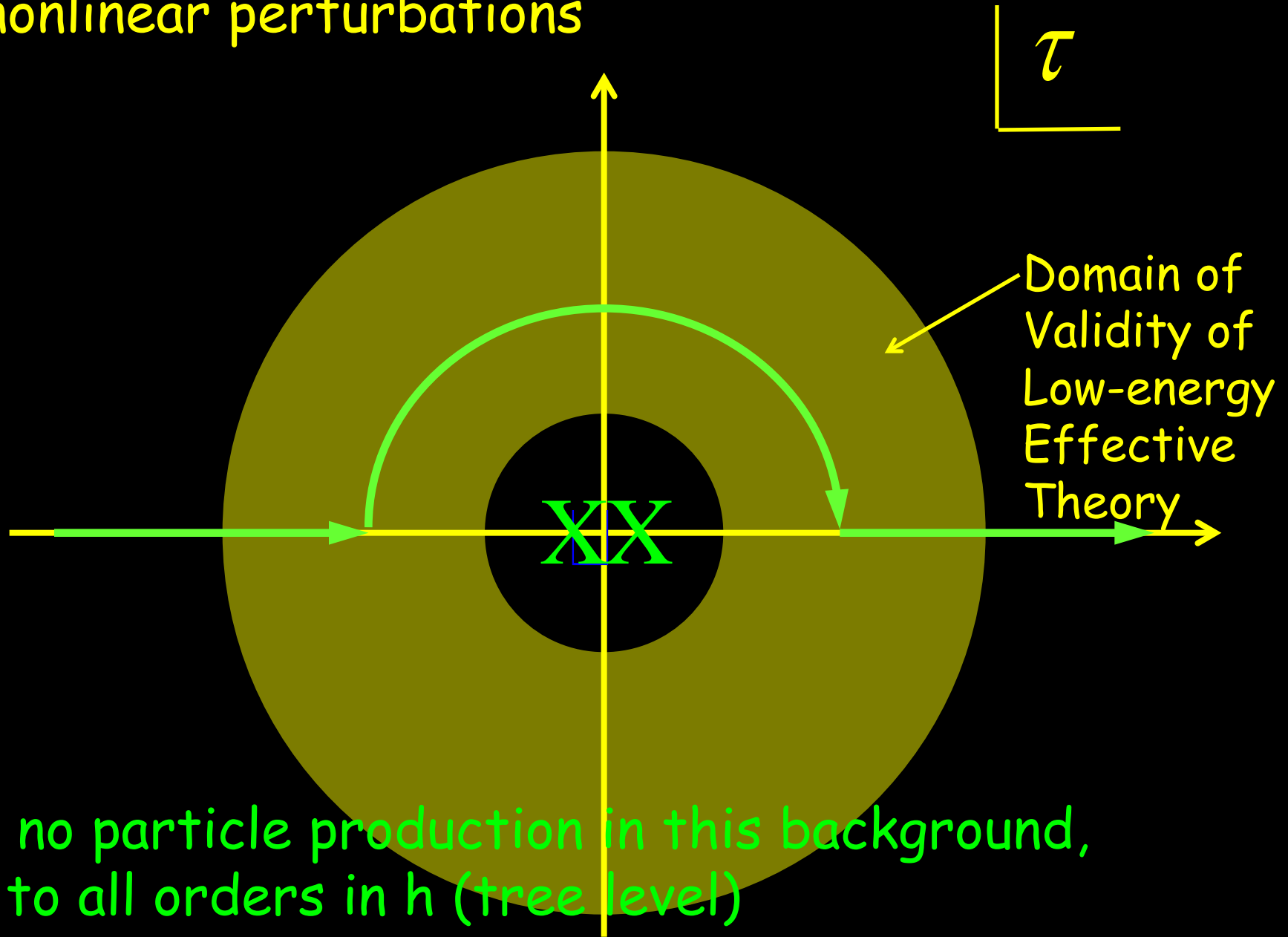


(only consider k -modes for which low-energy effective action is valid)

No: asymptotic states are positive energy,

$$\text{amplitude} \propto \int_{-\infty}^{\infty} \frac{d\tau}{\tau} e^{i(K+k+|K-k|)\tau} = 0 \quad (\text{Jordan})$$

nonlinear perturbations

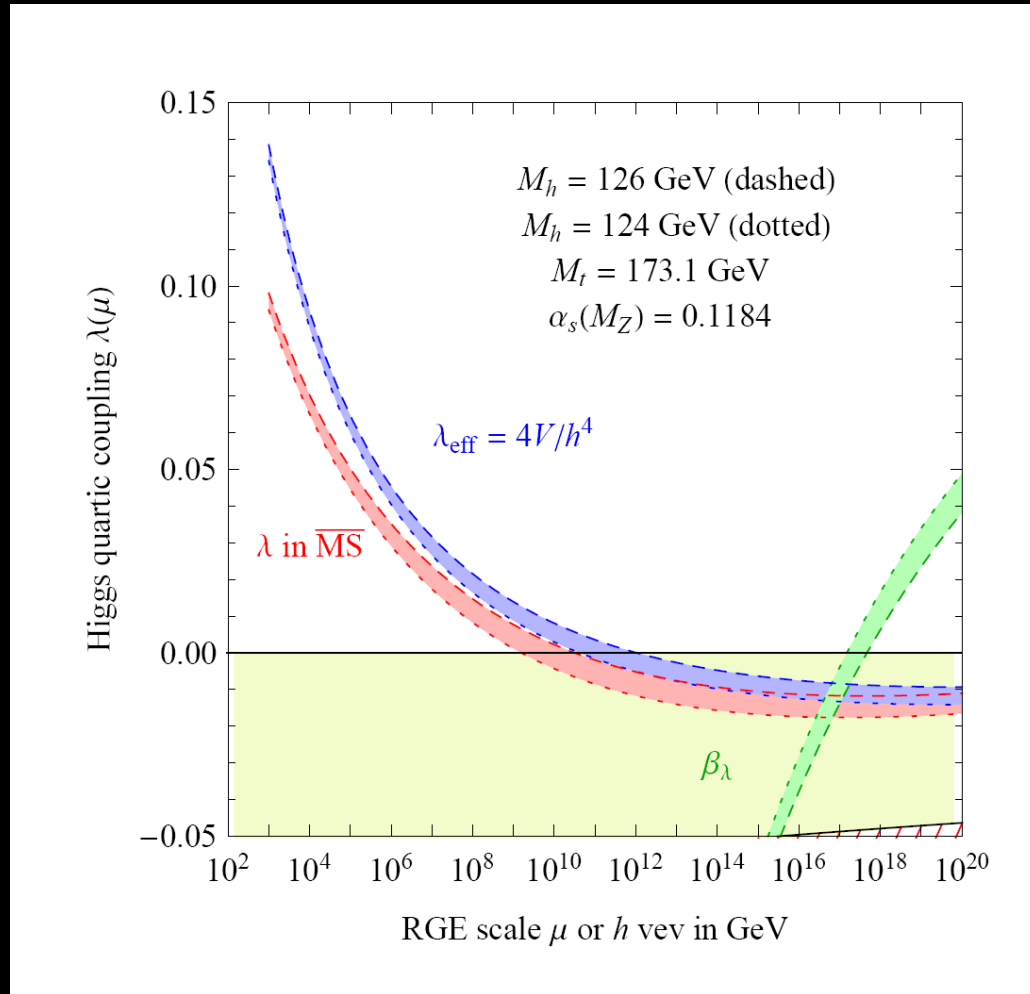


-> no particle production in this background, to all orders in \hbar (tree level)

Conclusions

- * Simple cosmologies (like ours!) seem to possess a natural and unique continuation of classical 4d effective theory 'around' cosmological singularities
- * Surprisingly, it involves a brief antigravity phase, (in the low-energy effective description)
- * Particle production is under control (massive fields \rightarrow finite particle production)
- * Can be used to study cosmological ensembles, to compare inflation and cyclic theories (in progress)

Naive extrapolation of EW Higgs potential is negative at large Higgs vev \rightarrow metastability

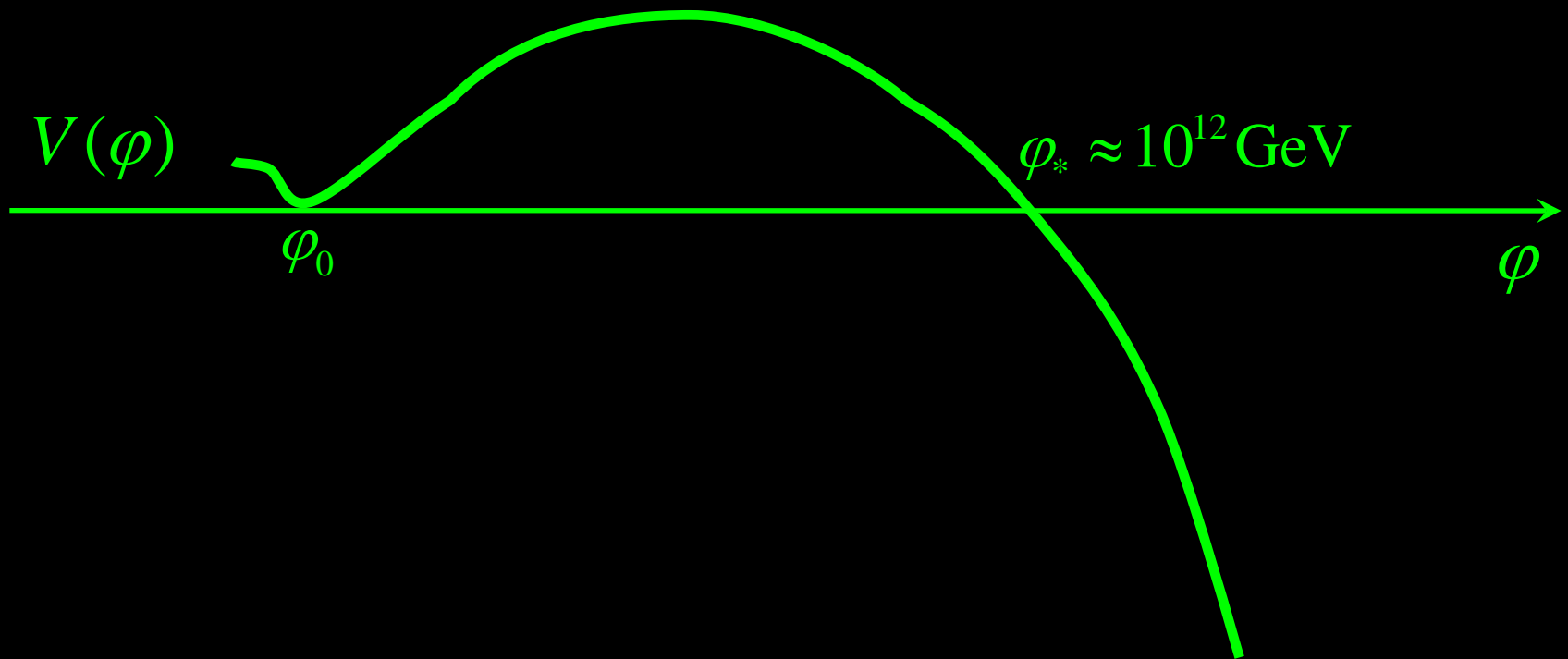


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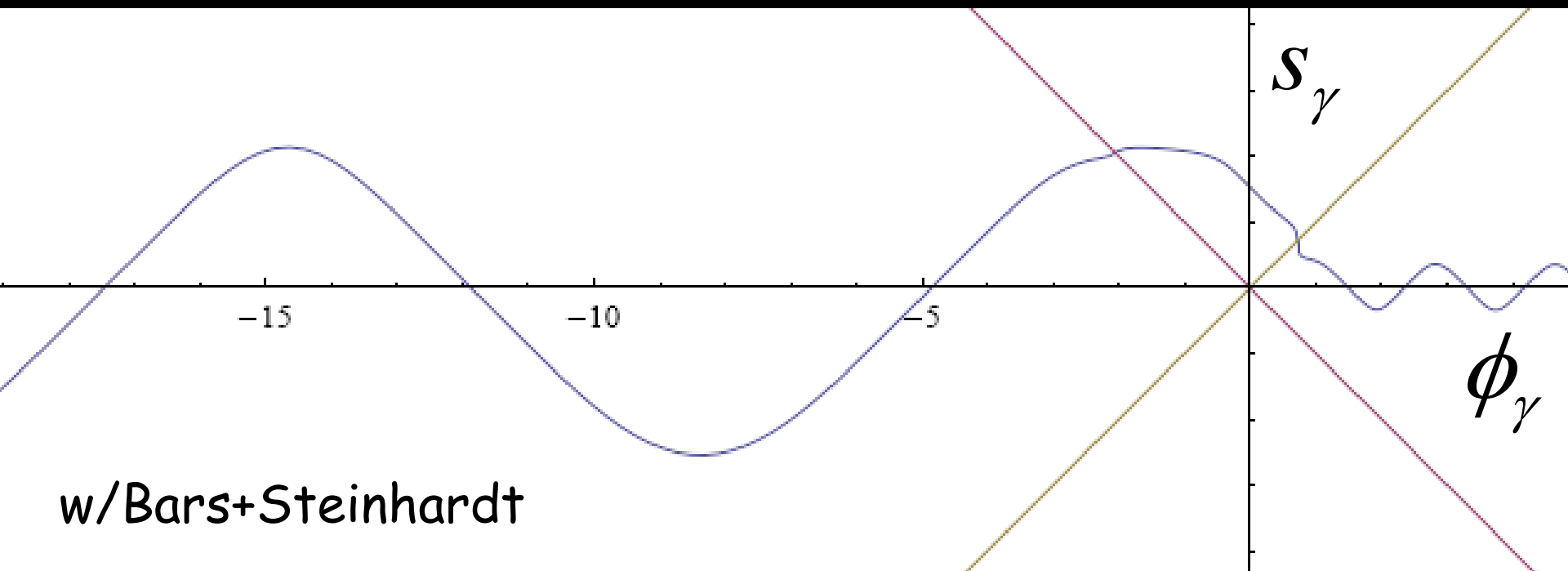
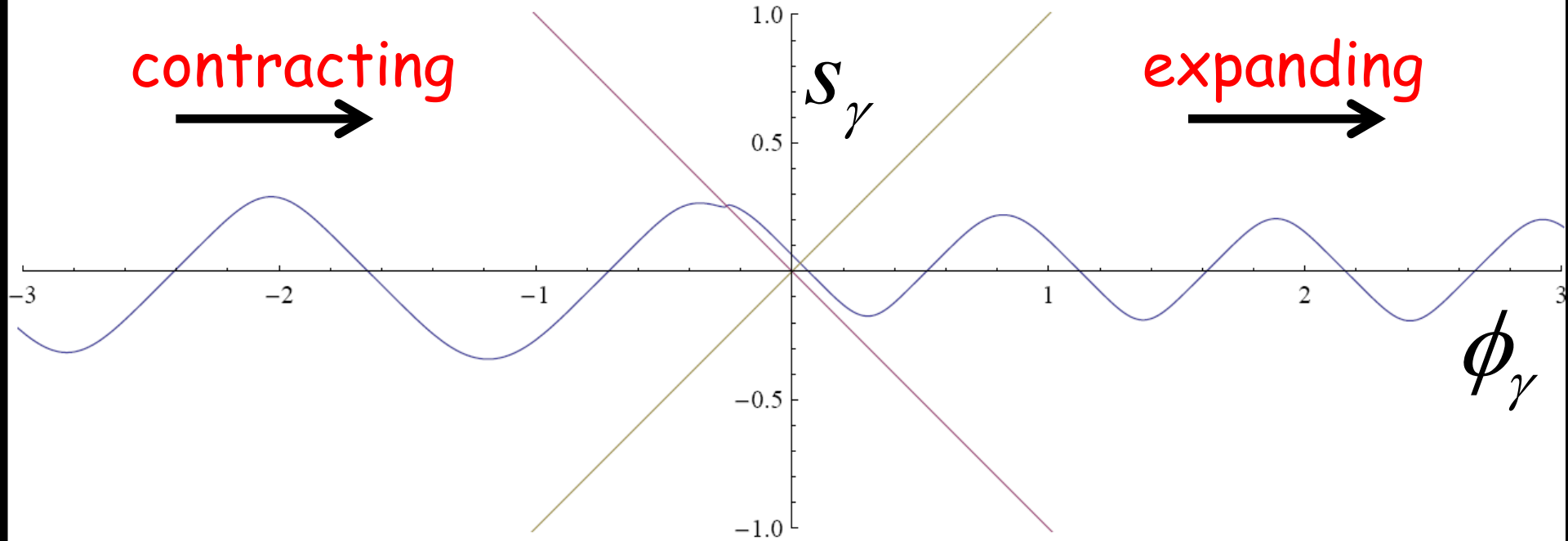
M Sher 1989

Degrassi et al 2012

-> our vacuum is metastable



(cf string landscape)



it **seems** metastability may not
be a problem for cyclic cosmologies

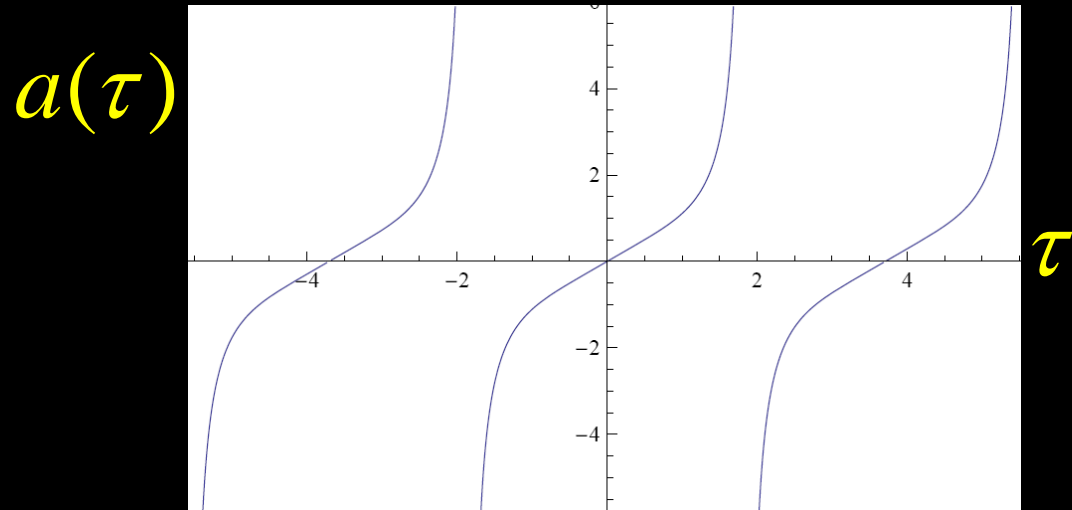
(-> suggests they may be unitary,
as opposed to cosmologies with
"terminal" singularities)

Flat universe with only Λ , radiation

$$ds^2 = a(\tau)^2 (-d\tau^2 + d\vec{x}^2)$$

$$a'^2 = \frac{8\pi G}{3} (\rho_r + \rho_\Lambda a^4)$$

$$\Rightarrow a = -e^{i\pi/4} (\rho_r / \rho_\Lambda)^{1/4} \operatorname{sn}(e^{3i\pi/4} ((\rho_r \rho_\Lambda)^{1/4} \tau, -1)$$



Only singularities
are poles \rightarrow unique
analytic continuation
in complex τ -plane