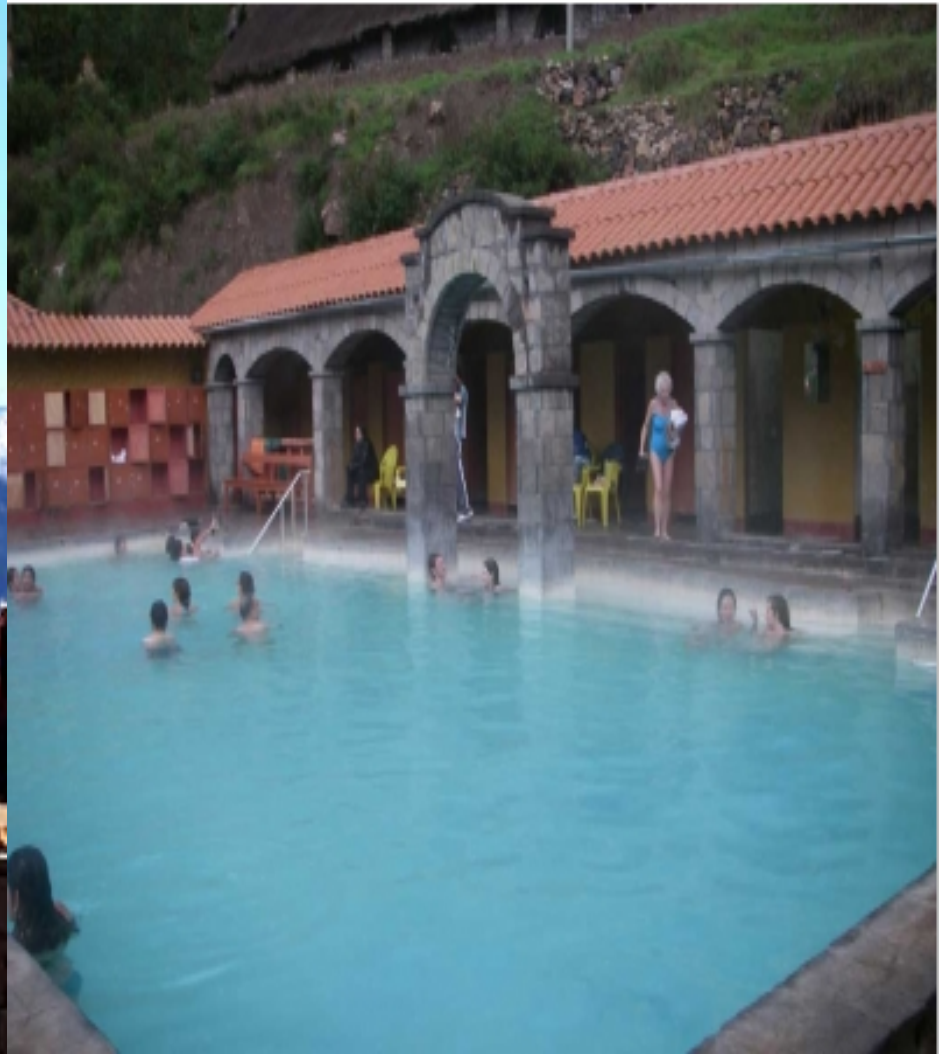


Excursions on Tuesday

Excursions

- Two groups
 - One going to Colca Canyon
 - One going to the beach at Mollendo
- Please check that you know which excursion you are on – see the lists outside the auditorium
 - Both excursions are full
 - Names and passport details already given to the travel agent

Colca Canyon Excursion



Colca Canyon Guided Tour

- The approximate timetable is as follows:
 - 3h30 Departure from the hotel
 - 6h00 Continental breakfast in the town of Chivay
 - After breakfast, proceed to the viewpoint *Cruz del Condor* where we may see condors in flight
 - 12h30 Lunch at a tourist restaurant in Chivay
 - After lunch, visit to the thermal baths at La Calera
 - 18h00 Arrival back at the hotel
- Dinner at the hotel at the usual time (19h30).

Some more details - Colca

- This is a guided tour organised by the Aerotur travel agent.
 - The excursion package includes a continental breakfast and lunch in a tourist restaurant, as well as entrance tickets for the thermal baths.
 - We suggest that you bring some money for incidental expenses (drinks, souvenirs, etc.).
 - The highest altitude on the excursion will be ~4900 m. The bus is equipped with oxygen just in case anybody has problems with altitude sickness.
- More details (in Spanish) are given in the handout, based on information provided by the travel agent.

Important notes - Colca

- In view of the high altitude it will be cold, so please bring warm clothing.
- There will be some walking on the tour, so please wear appropriate shoes or boots (e.g. sports shoes or walking boots).
- Please remember to bring swimsuits and towels for the thermal baths.
 - We are making arrangements to get towels for those who informed us that they did not bring one with them, i.e. those who raised their hands when I asked previously.
- You must bring your passport or ID card corresponding to the information that you provided when you registered for the School on the arrival day, and also your medical insurance certificate.
- Please remember to bring a hat and use high-factor sun cream!

Mollendo Beach Excursion



Free time in Mollendo

- The approximate timetable is as follows:
- 9h00 Departure from the hotel.
11h00 Arrival in Mollendo.
Free time in the town and at the beach.
17h30 Departure from Mollendo.
19h30 Arrival at hotel
- You will have breakfast at the hotel before leaving on the excursion. You will be given a packed lunch by the hotel. You will have dinner when you get back to the hotel.
- The bus driver will show you the pick-up point. Make sure that you know how to find it at the end of the day!
- You will have free time in Mollendo – there is no tour guide – we are just providing the transport and the packed lunch

Important notes - Mollendo

- Please remember to bring swimsuits and towels for the beach
 - We are making arrangements to get towels for those who informed us that they did not bring one with them, i.e. those who raised their hands when I asked previously
- Don't drown! Take care if you go into the ocean – we recommend that you don't get out of your depth in the water.
 - This is the open Pacific Ocean and there may be big waves and/or strong currents
- Please remember to bring a hat and use sun cream!
- You must bring your passport or ID card corresponding to the information that you provided when you registered for the School on the arrival day, and also your medical insurance certificate.
- Make sure that you are at the pick-up point on time. The bus will not wait for you and if you miss it you will have to make your own arrangements to get back to Arequipa (distance 125 km).

Mollendo

