

Medical Applications at CERN

David Watts
TERA Foundation / CERN

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Swedish Teachers Programme

Overview

Part I:

Physics and Medicine: a quick review

Part II:

A brief survey of CERN-related medical projects

Part III:

The rise of hadrontherapy

Part IV:

Perspectives of a PhD student

Part I:

Physics and Medicine: a quick review

Physics and medicine, a century of collaboration

1895: Radioactivity discovered

1910 – 20s: Radiation 'fever'

1922: First successful treatment of laryngeal cancer with radiation

1946: Wilson's proposal to use protons in radiotherapy

1952: Magnetic resonance discovered

1953: First patient treated with 8MeV from electron linac

1954 and 1957: Proton studies at Berkeley and Uppsala

1970s: Magnetic resonance imaging (MRI)

1971: Computer Assisted Tomography (CT)

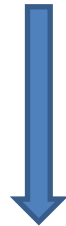
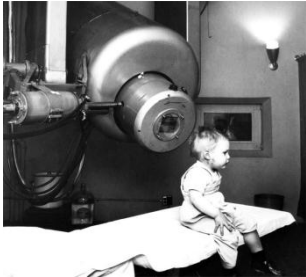
1980s: Positron Emission Tomography (PET)

1990: First hospital-based proton facilities opens

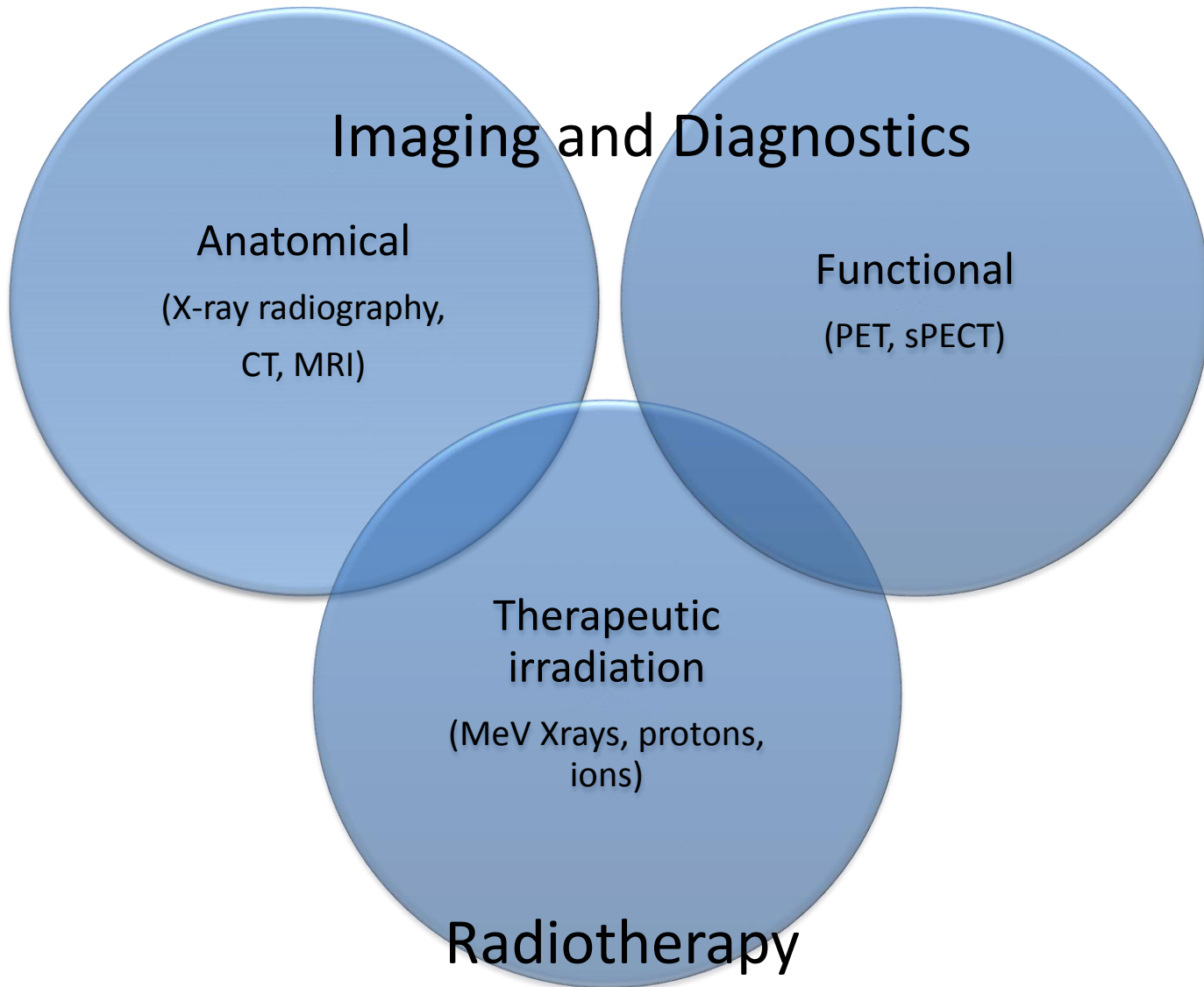
1993: PET/CT combined modality

2000's: Multi-modality imaging, IGRT, hadrontherapy...

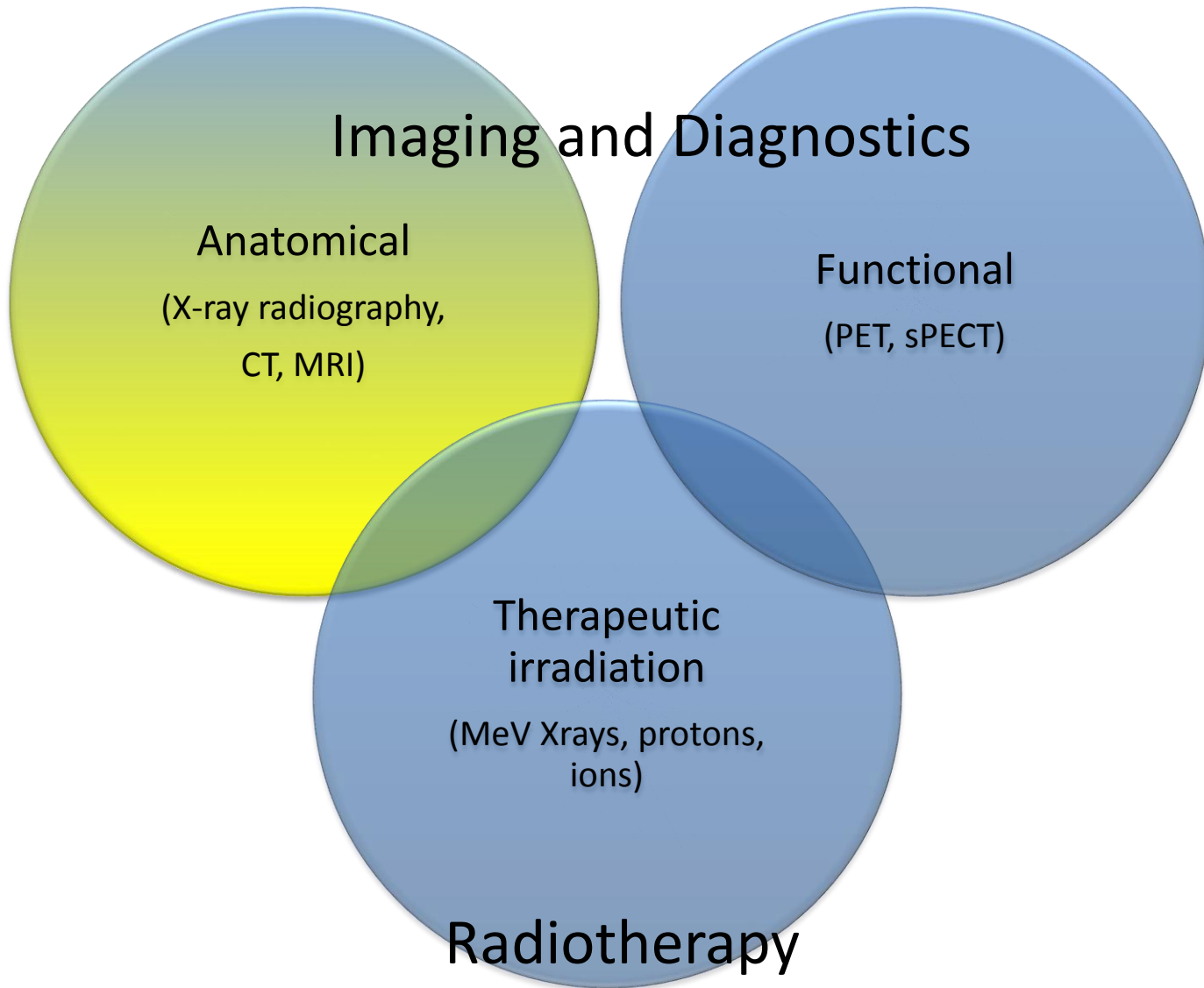
Part I: Physics and Medicine, a quick review



The main spheres of medical physics



The main spheres of medical physics



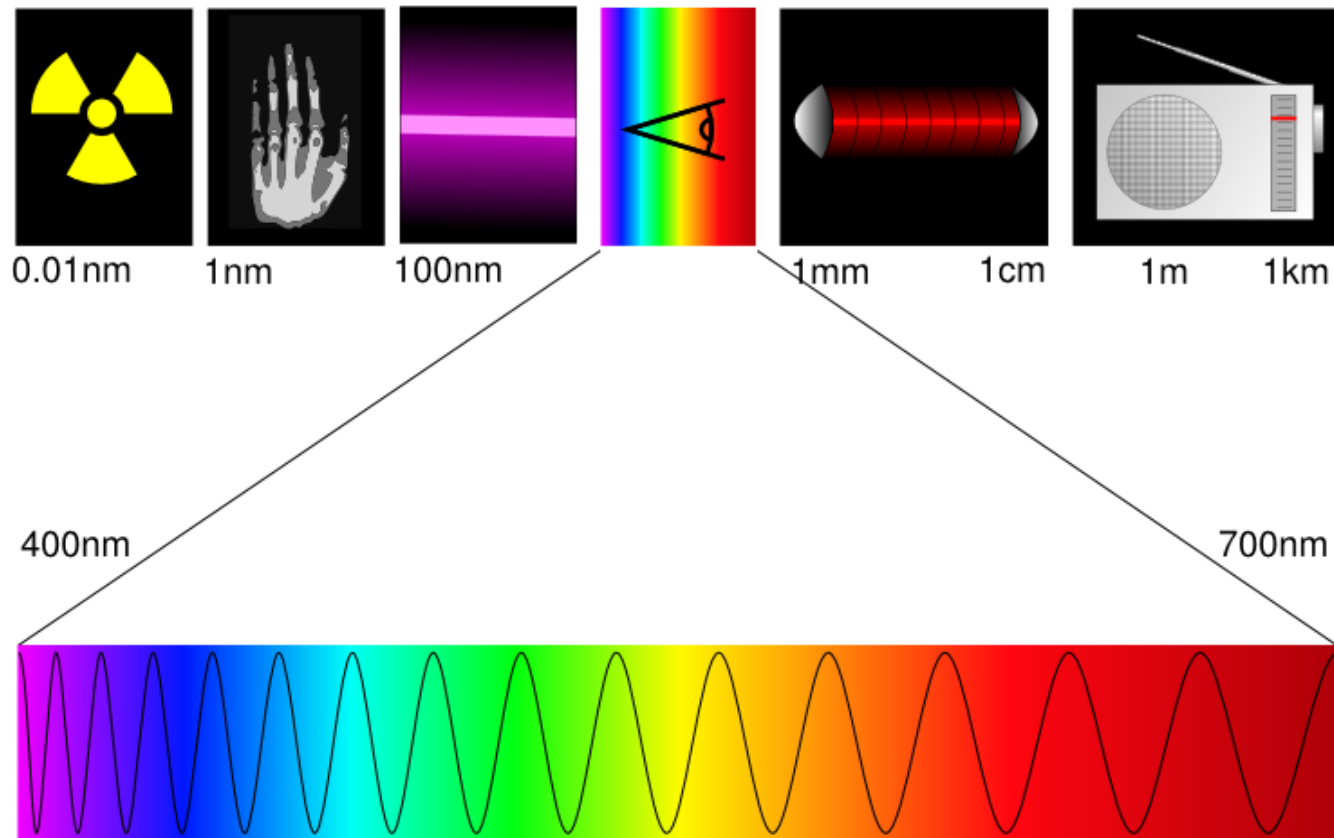
A review of X-ray radiography and CT

What are X-rays and gamma rays?

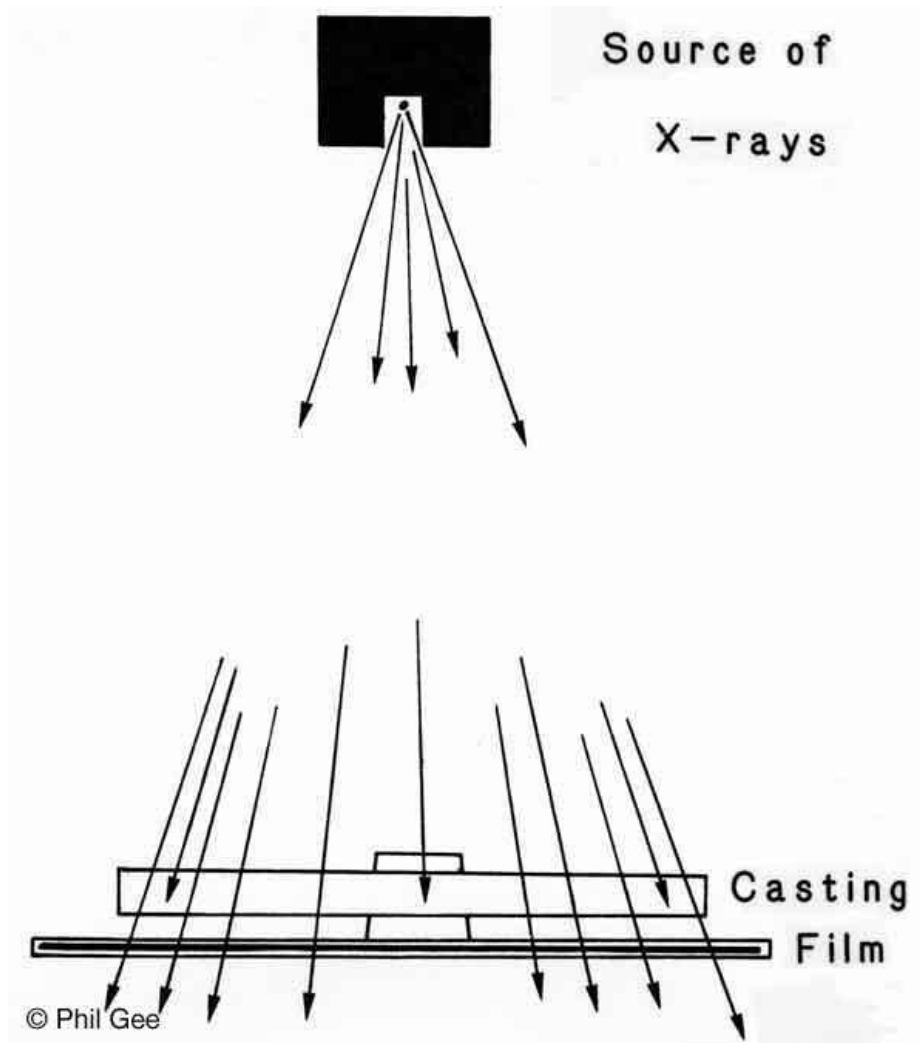


A review of X-ray radiography and CT

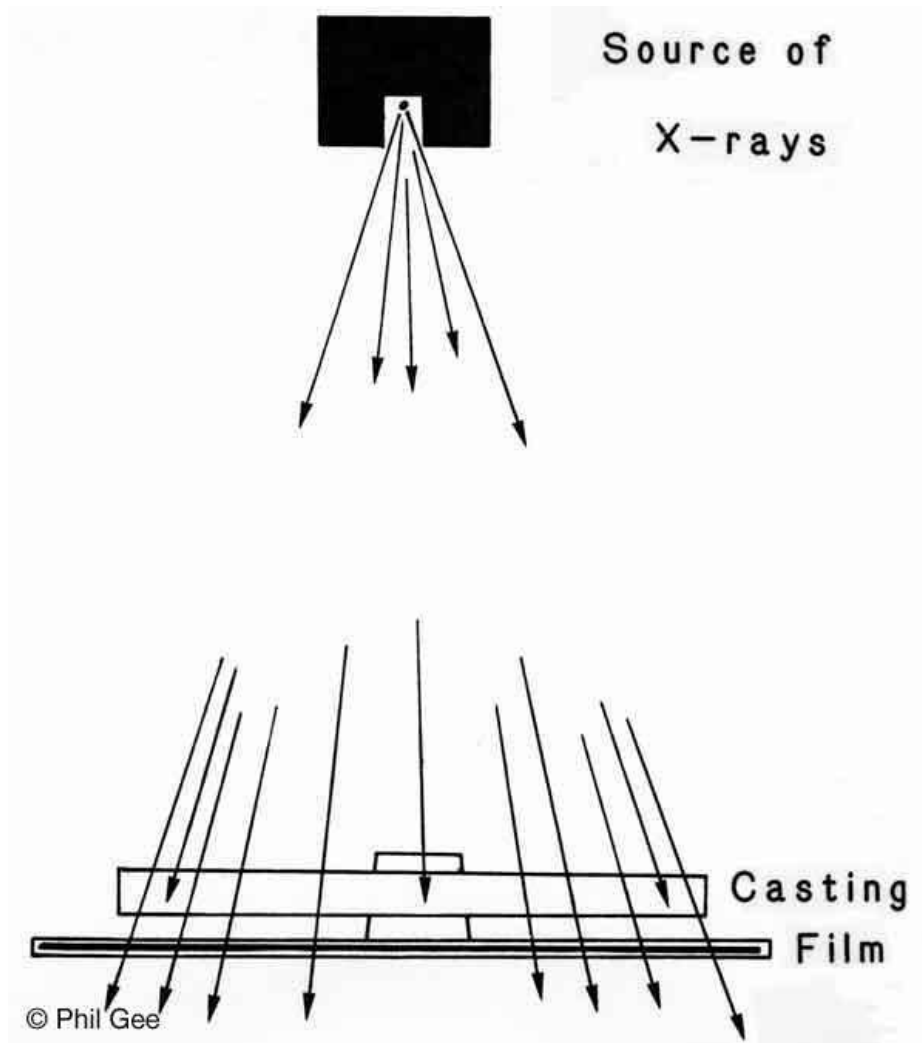
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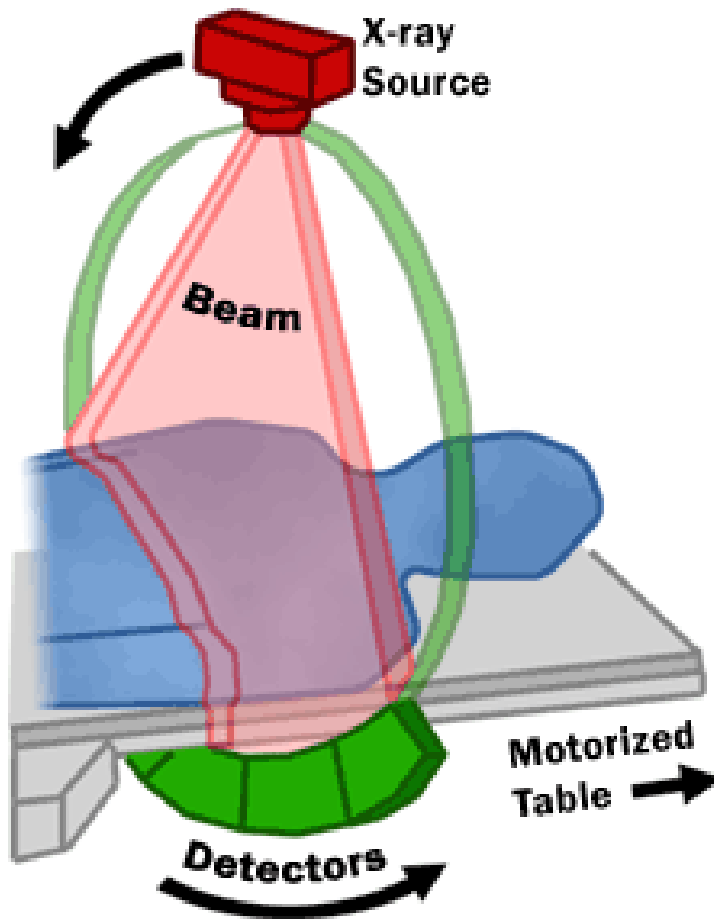
X-ray radiography: 2D imaging



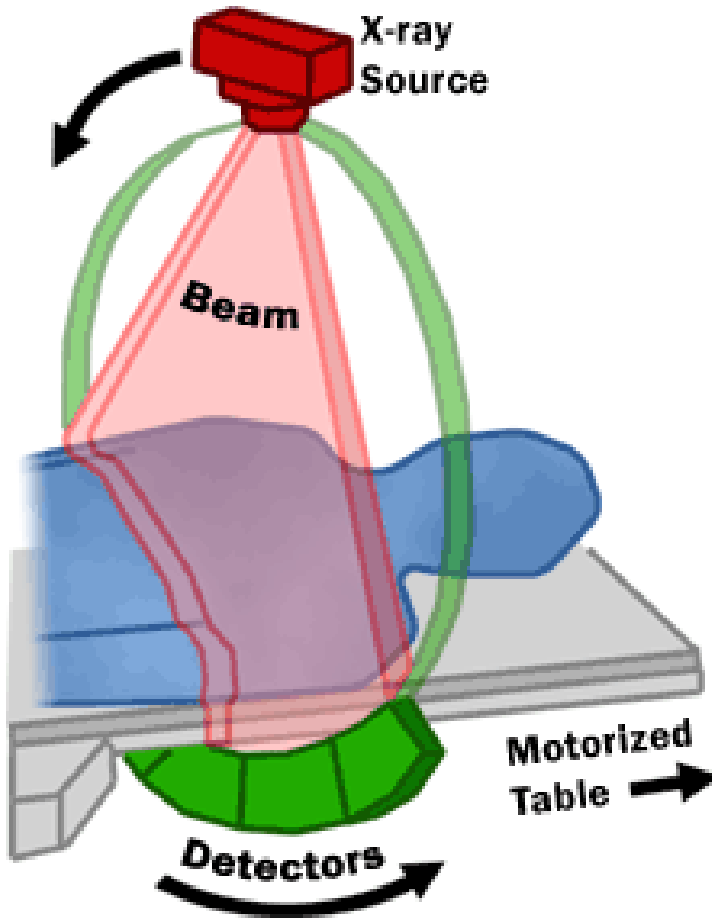
X-ray radiography: 2D imaging



X-ray CT: 3D imaging

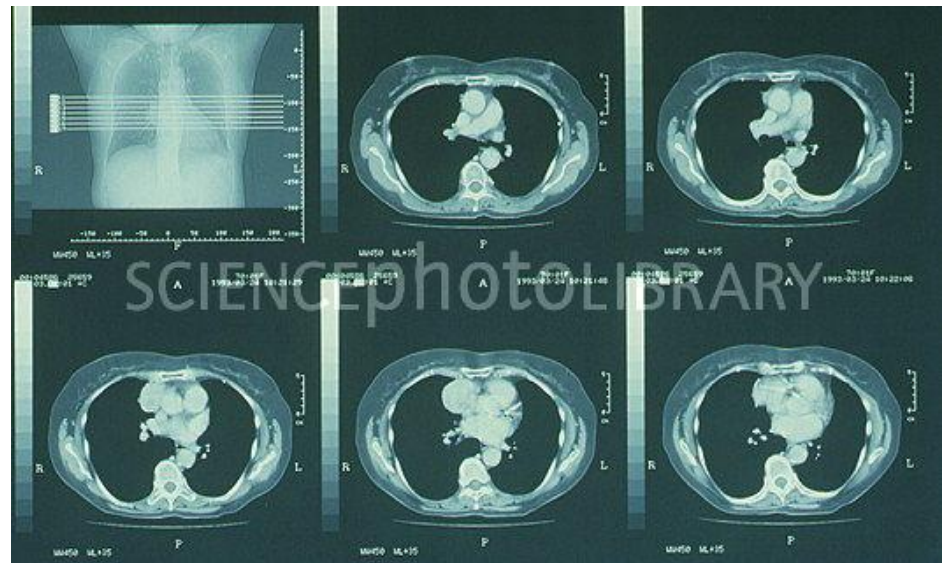


X-ray CT: 3D imaging

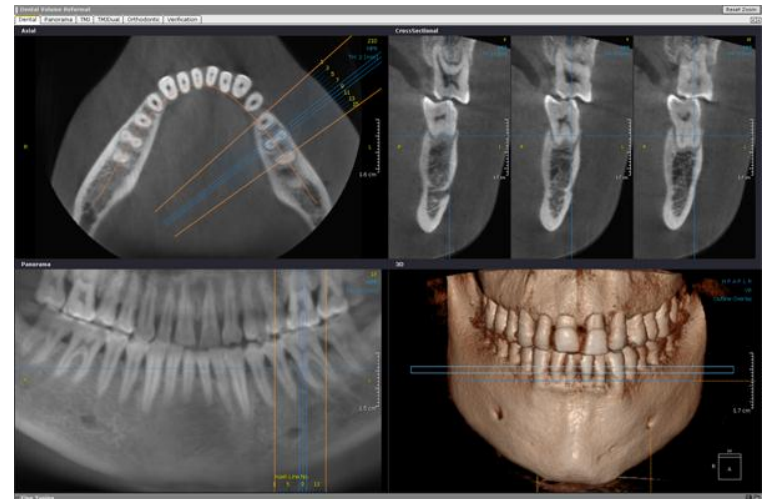
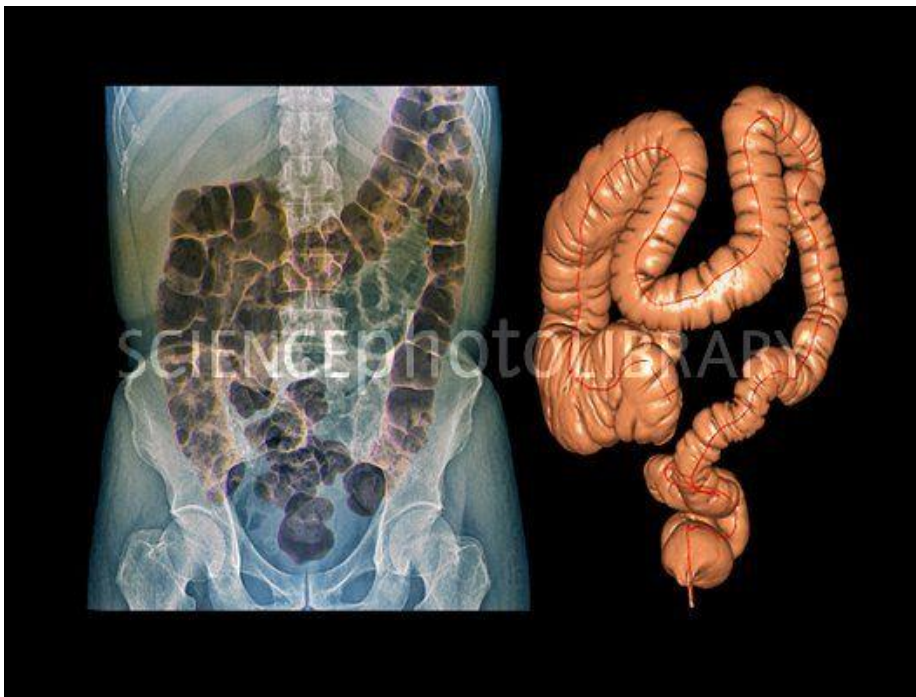


Rotating around one thin slice gives us a 2D image in that plane.

Adding slices gives us a 3D image.



X-ray CT: 3D reconstruction

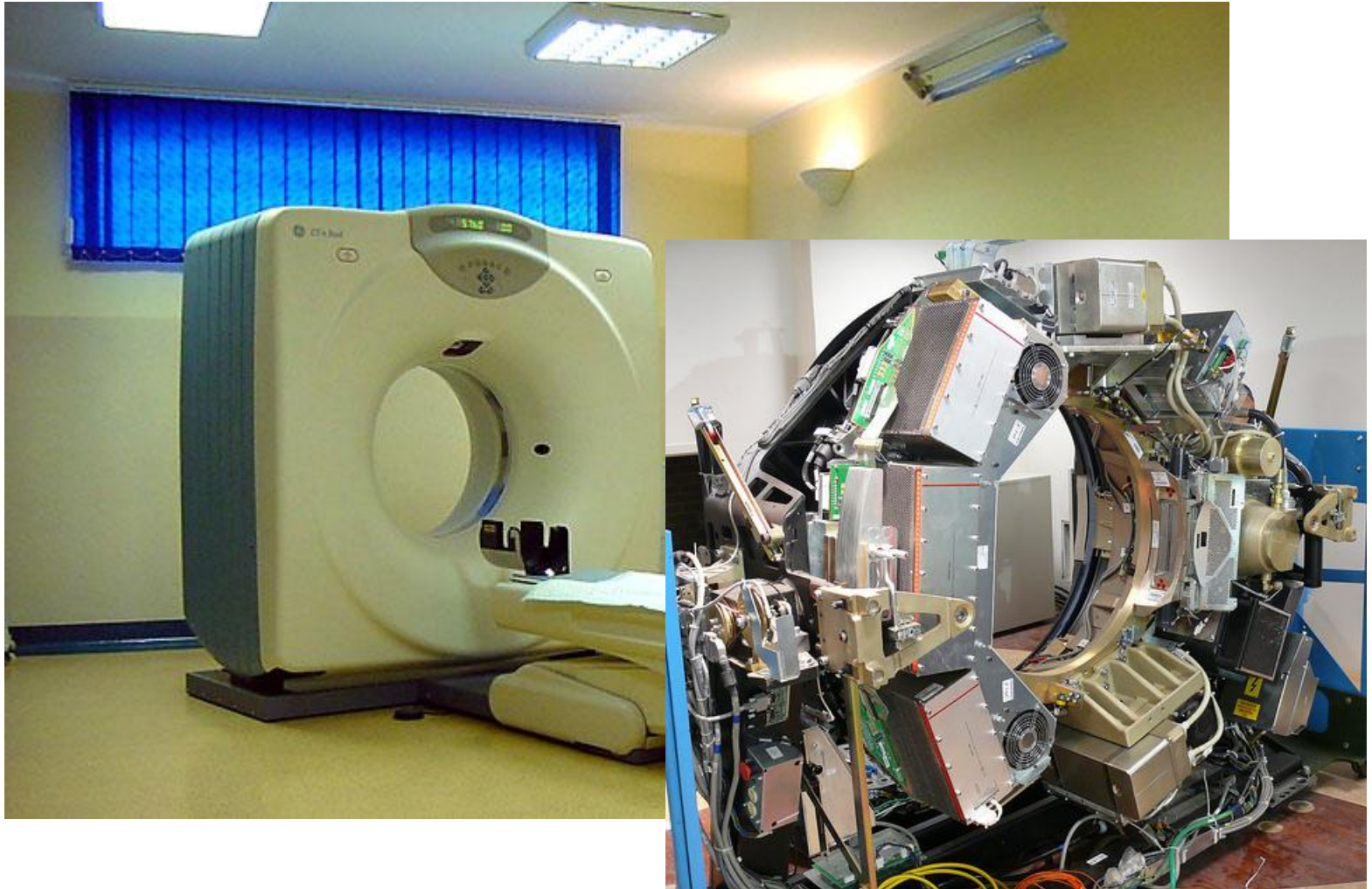


Part I: A review of X-ray radiography and CT



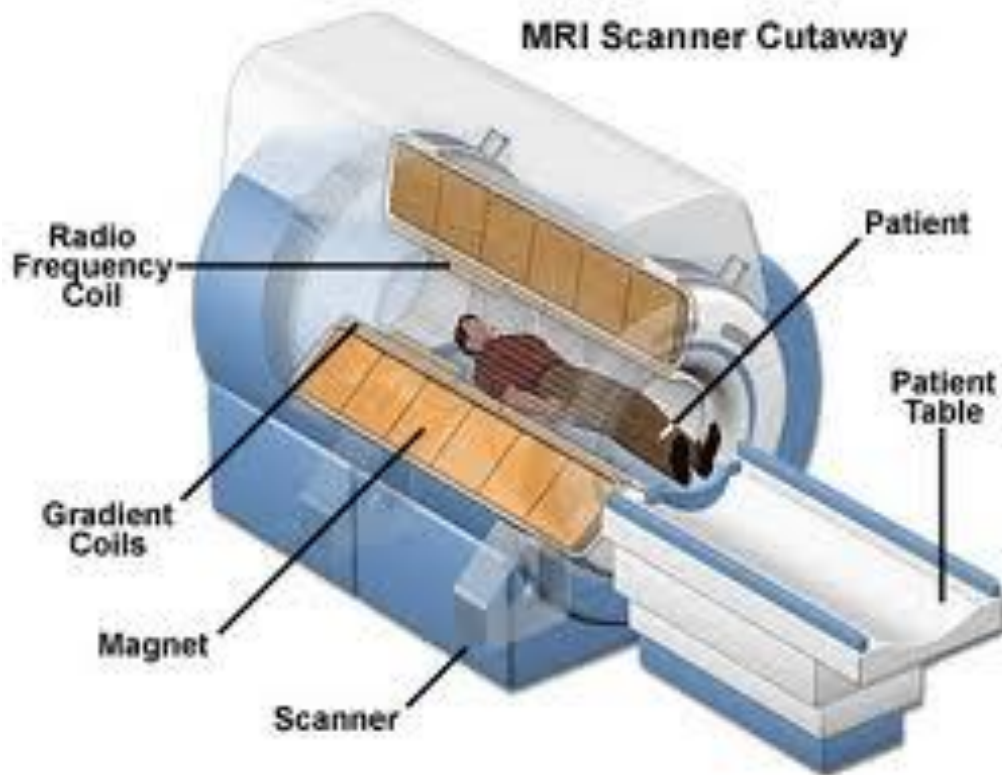
Part I: Physics and Medicine, a quick review

Part I: A review of X-ray radiography and CT



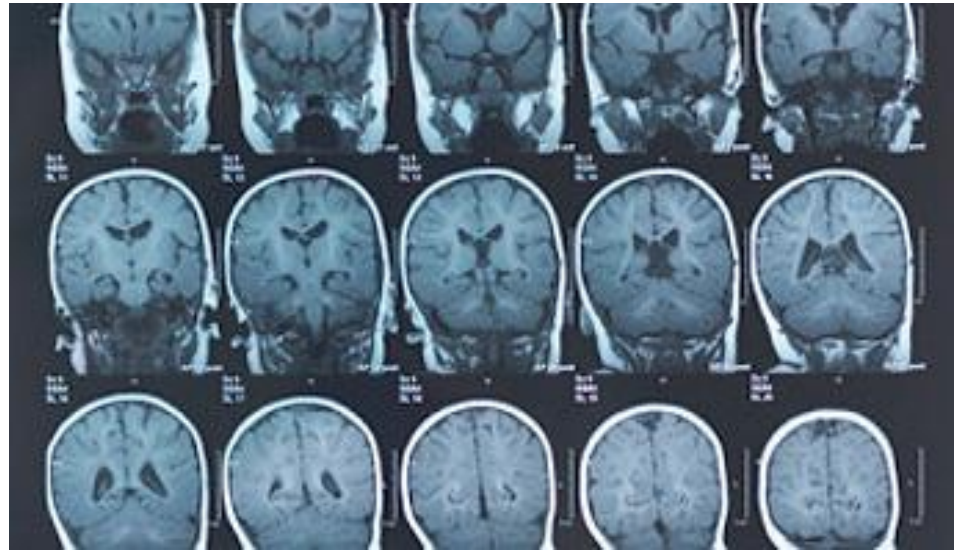
Part I: Physics and Medicine, a quick review

Magnetic Resonance Imaging

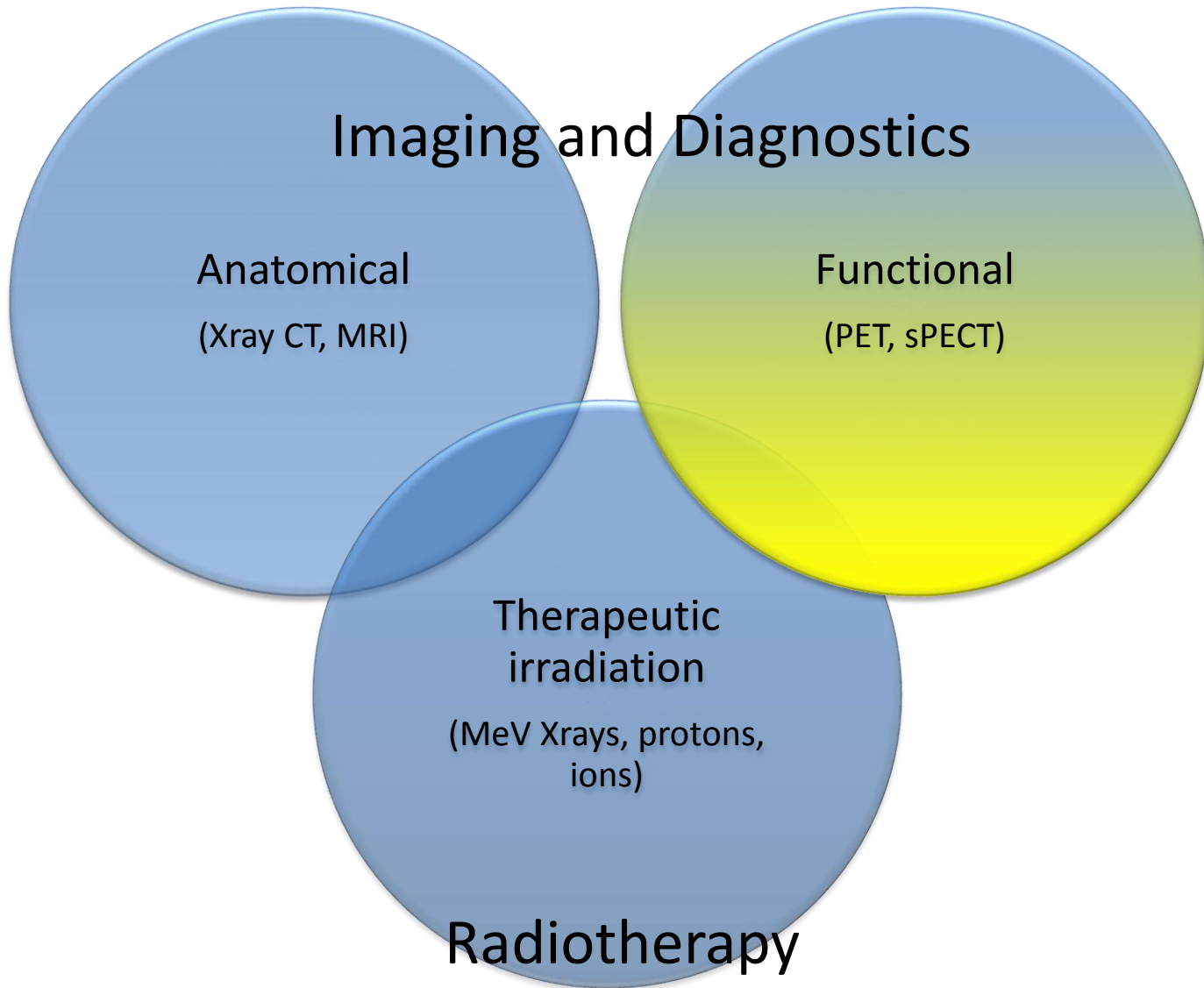


Part I: Physics and Medicine, a quick review

Magnetic Resonance Imaging



The main spheres of medical physics



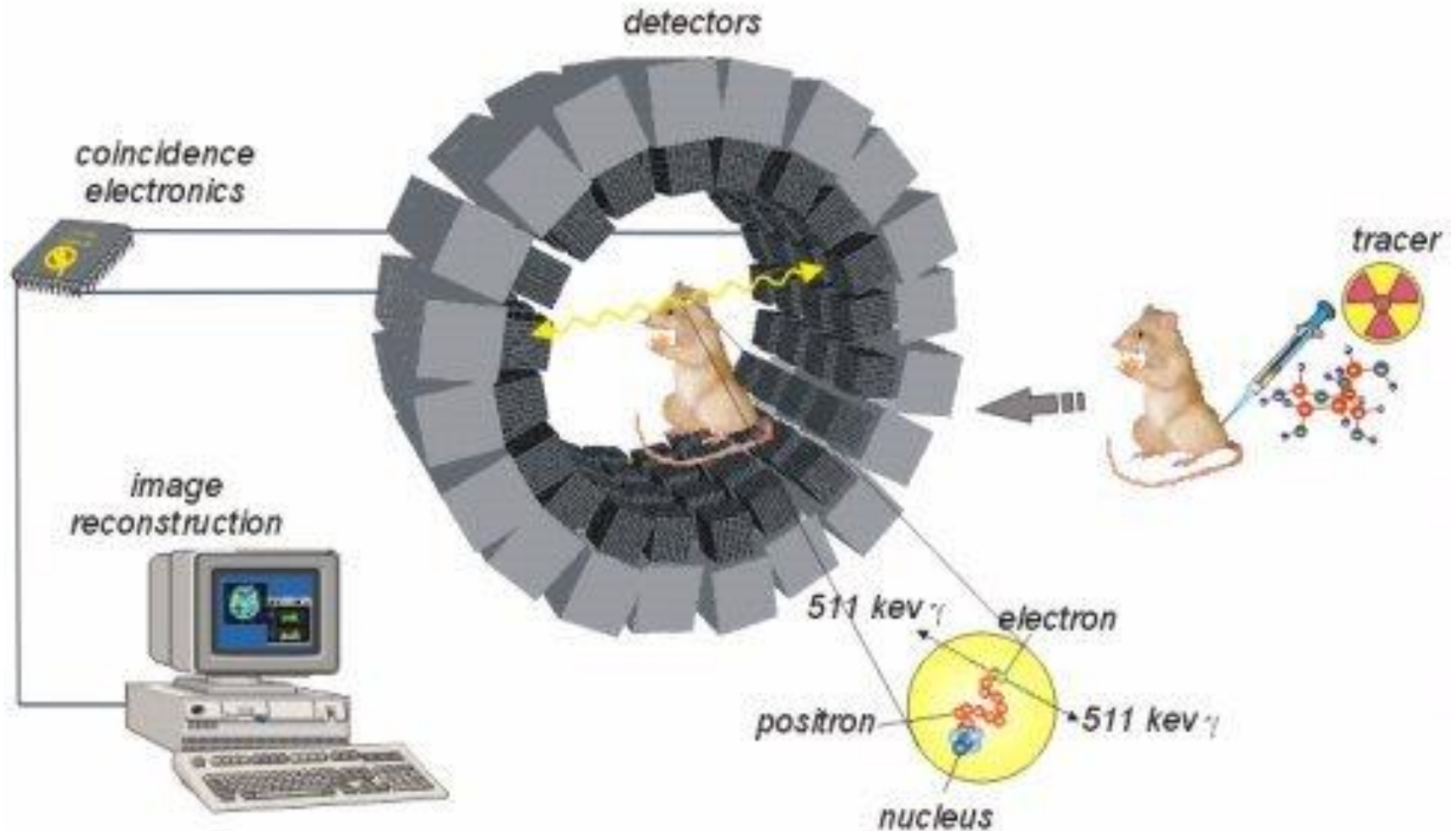
What is PET?

What is PET?



Part I: Physics and Medicine, a quick review

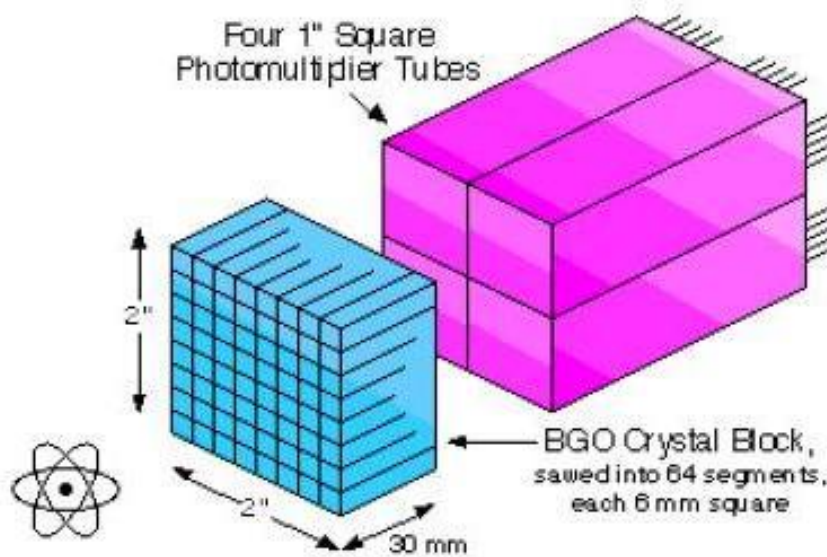
Positron Emission Tomography (PET) - Overview



PET Hardware

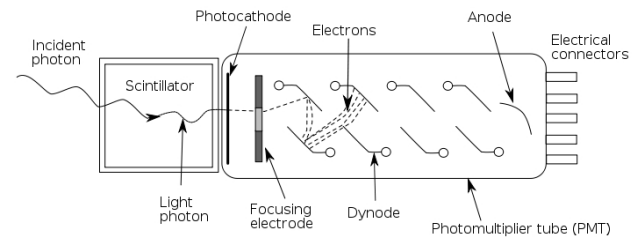
Crystal requirements:

- High density, high Z
- High light yield
- Short decay time



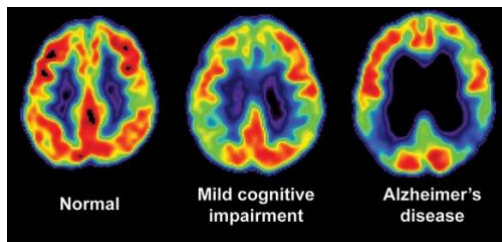
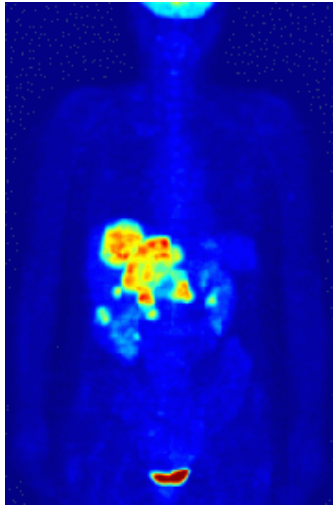
Photosensor requirements:

- High gain
- High QE at emission wavelength
- Fast output



PET Imagery

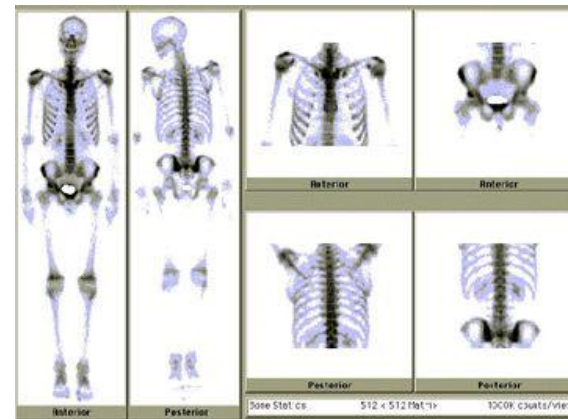
FDG → metabolic activity



Iodine-124 → thyroid imaging

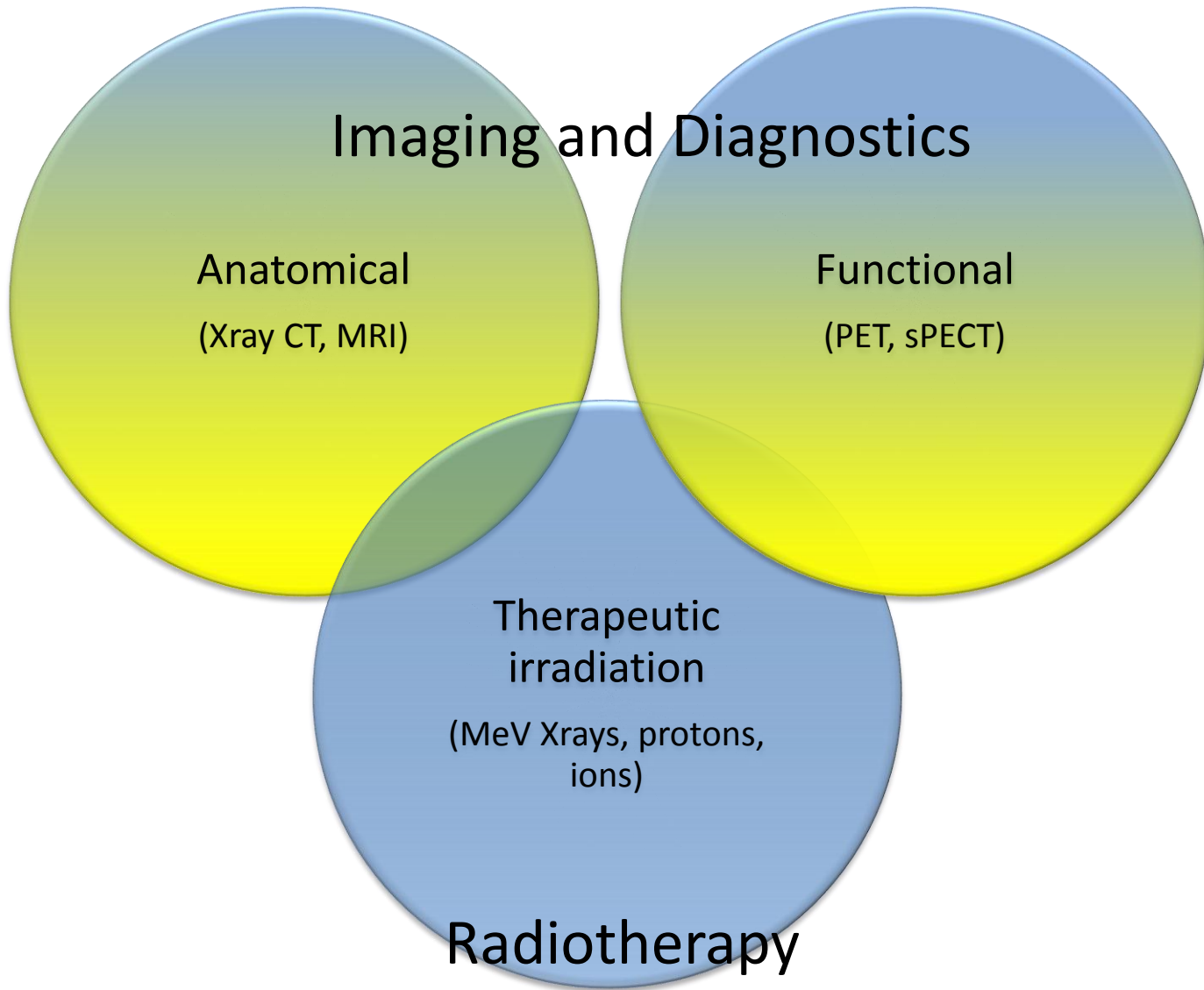


NaF → bone studies

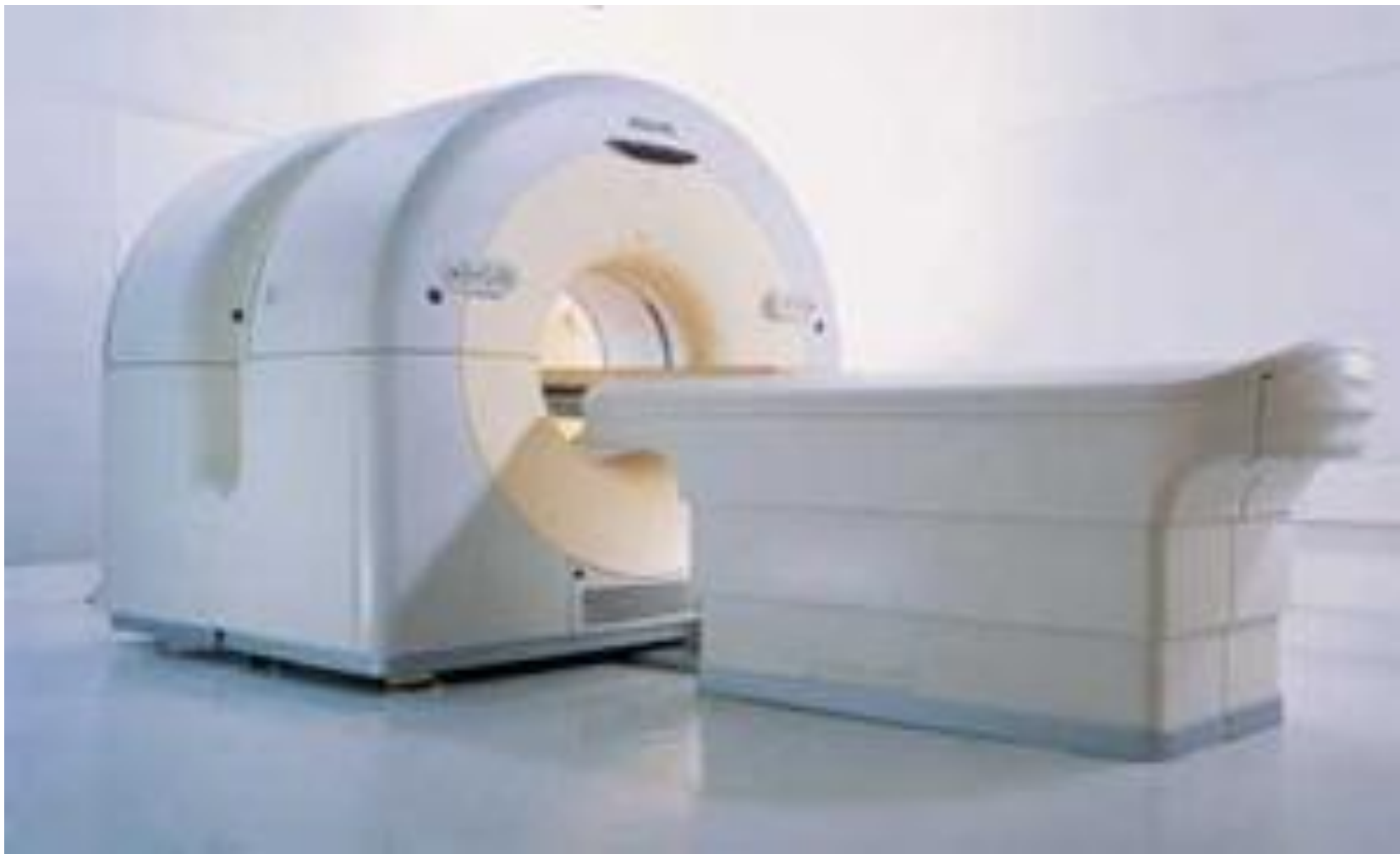


PET is a *functional* imaging modality because the specific uptake of the radiotracer depends on the functioning of the organs under study.

The main spheres of medical physics

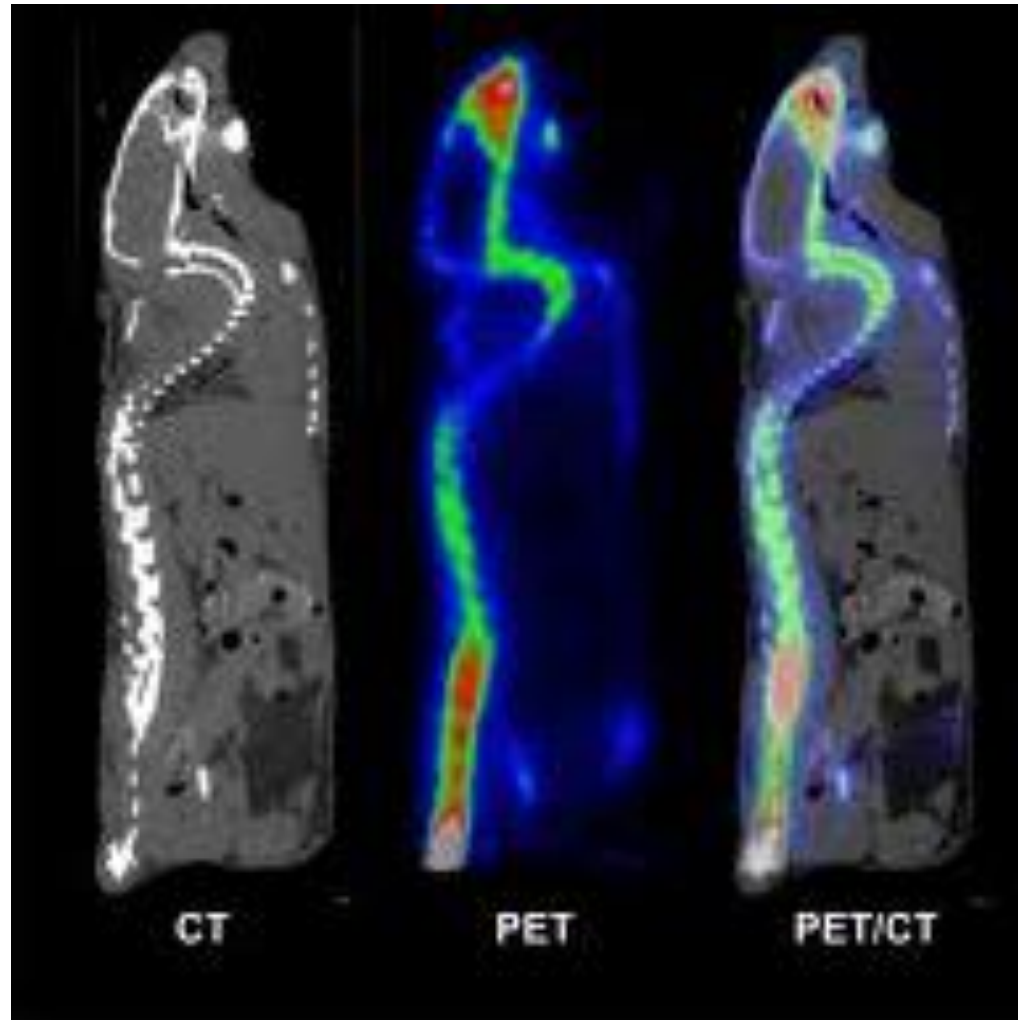


Combining Modalities: PET-CT

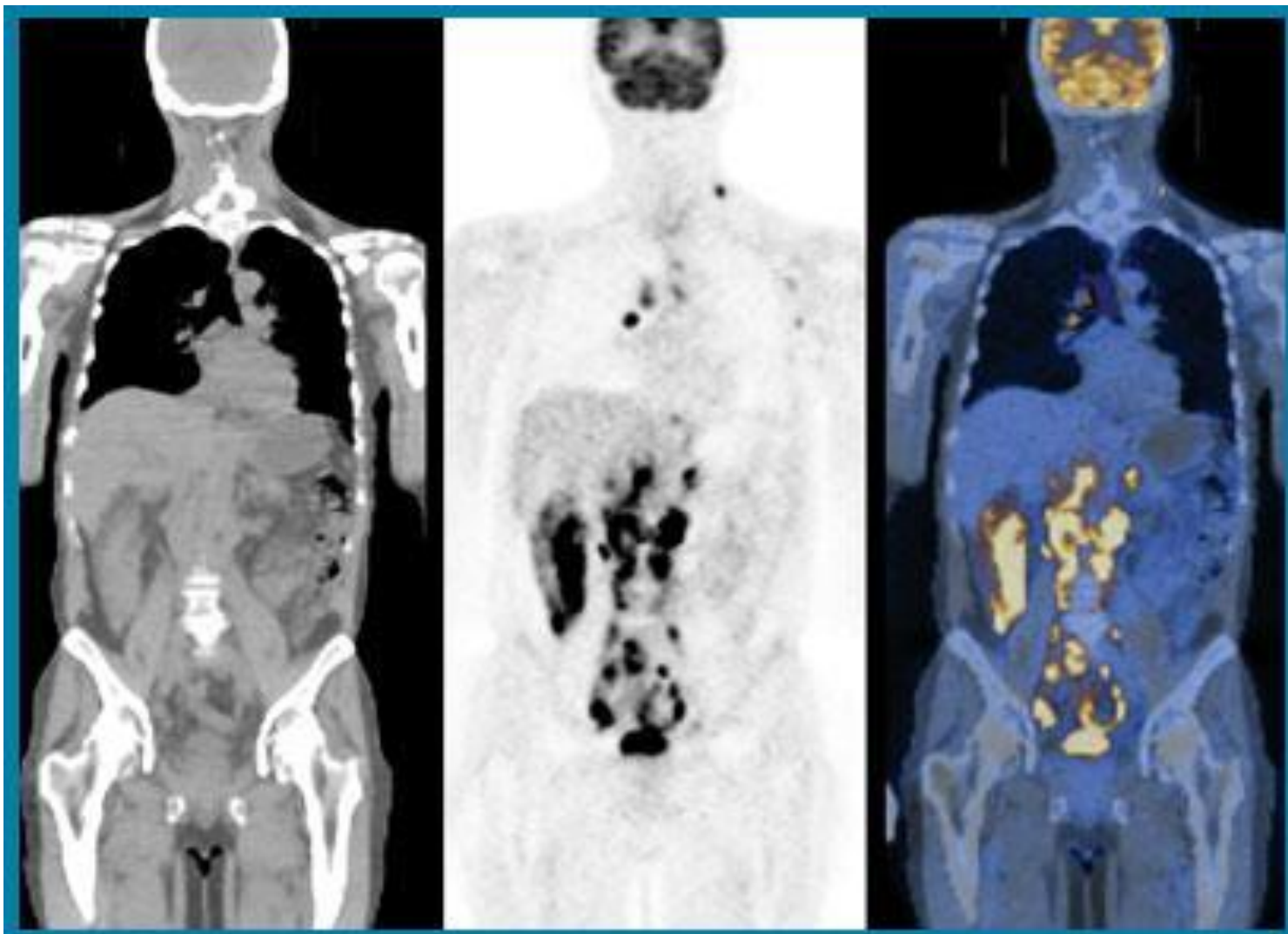


Part I: Physics and Medicine, a quick review

Combining Modalities: PET-CT

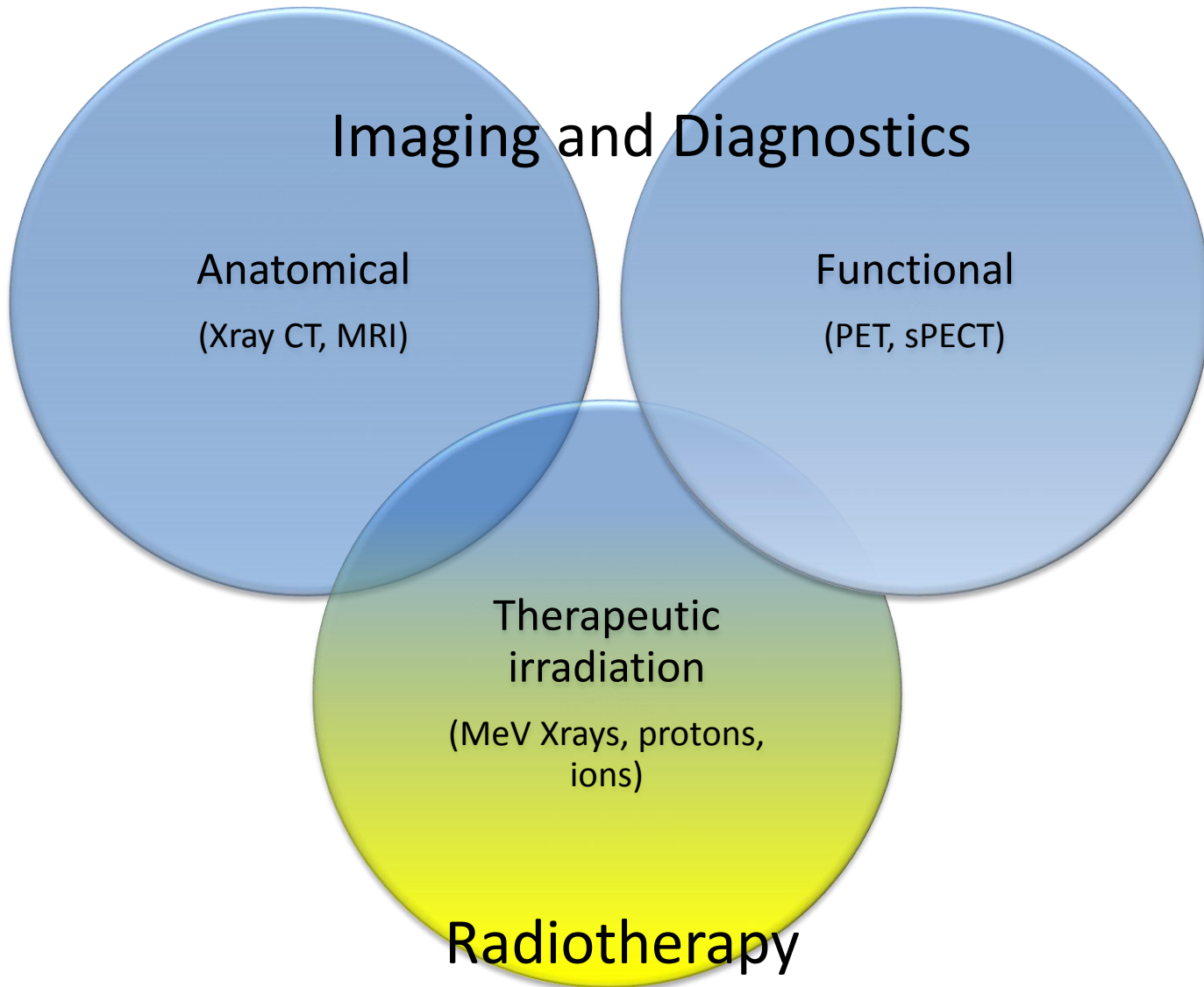


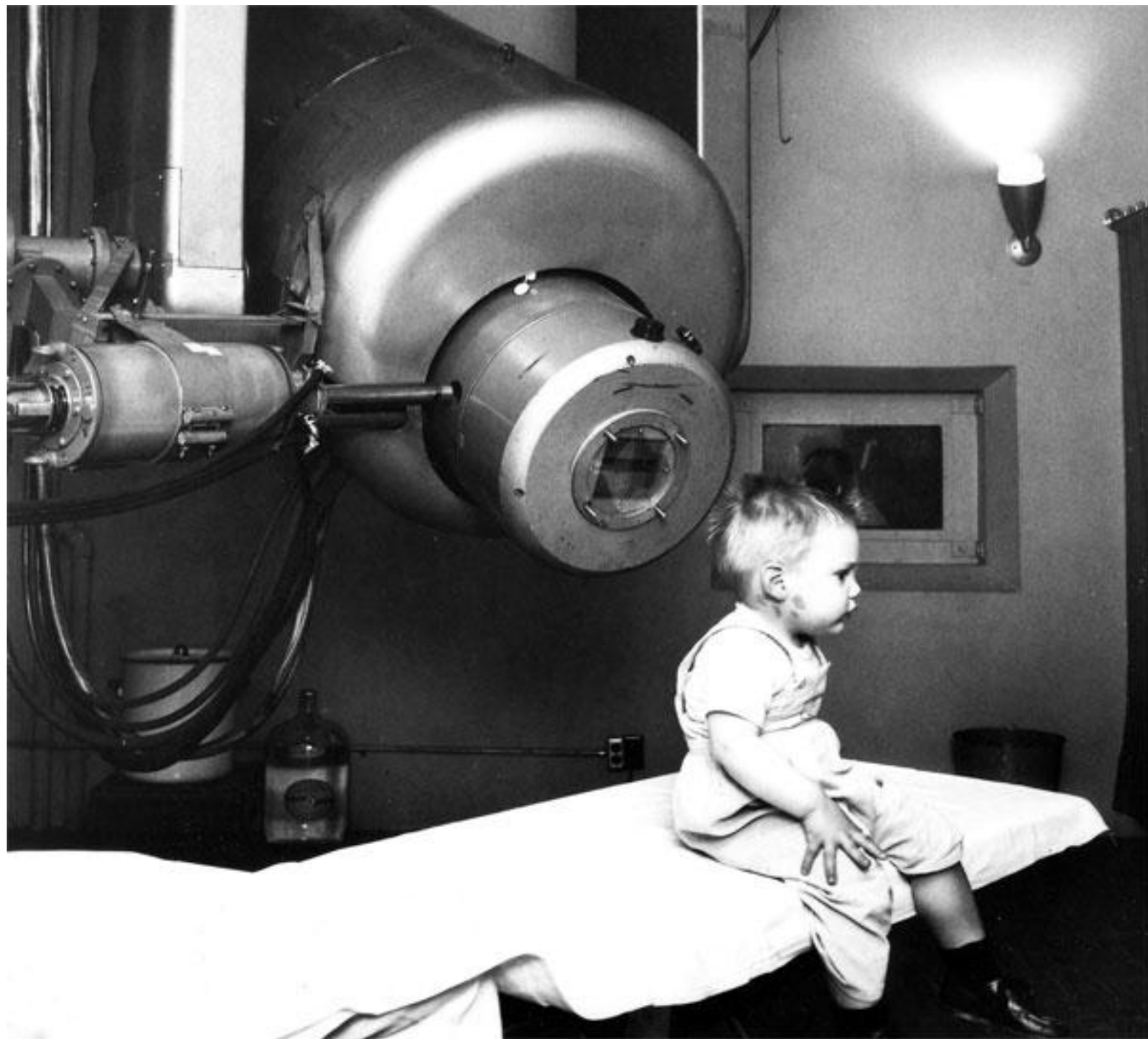
Combining Modalities: PET-CT



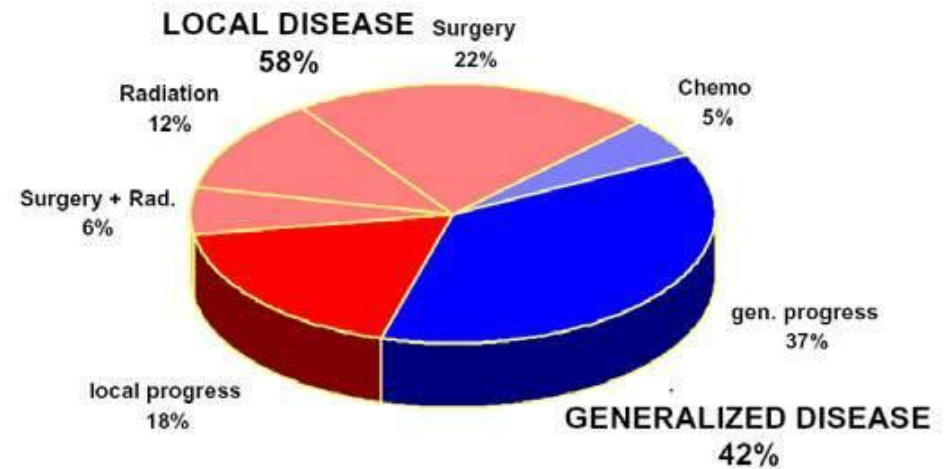
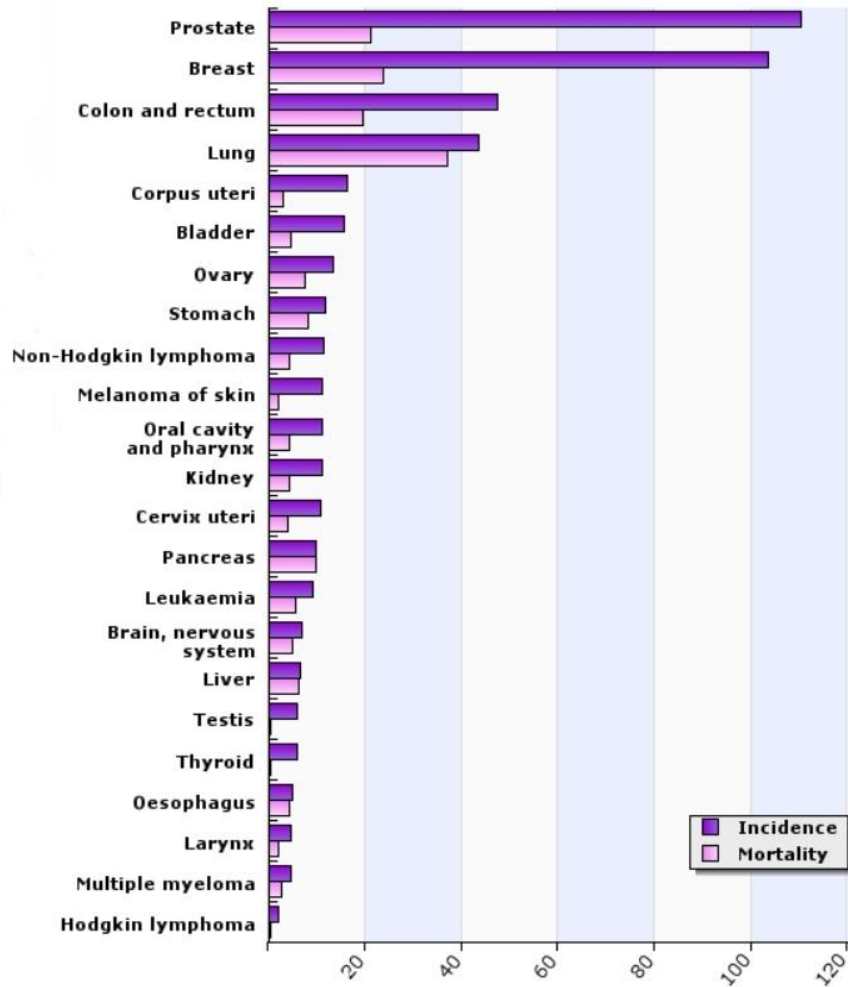
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The main spheres of medical physics

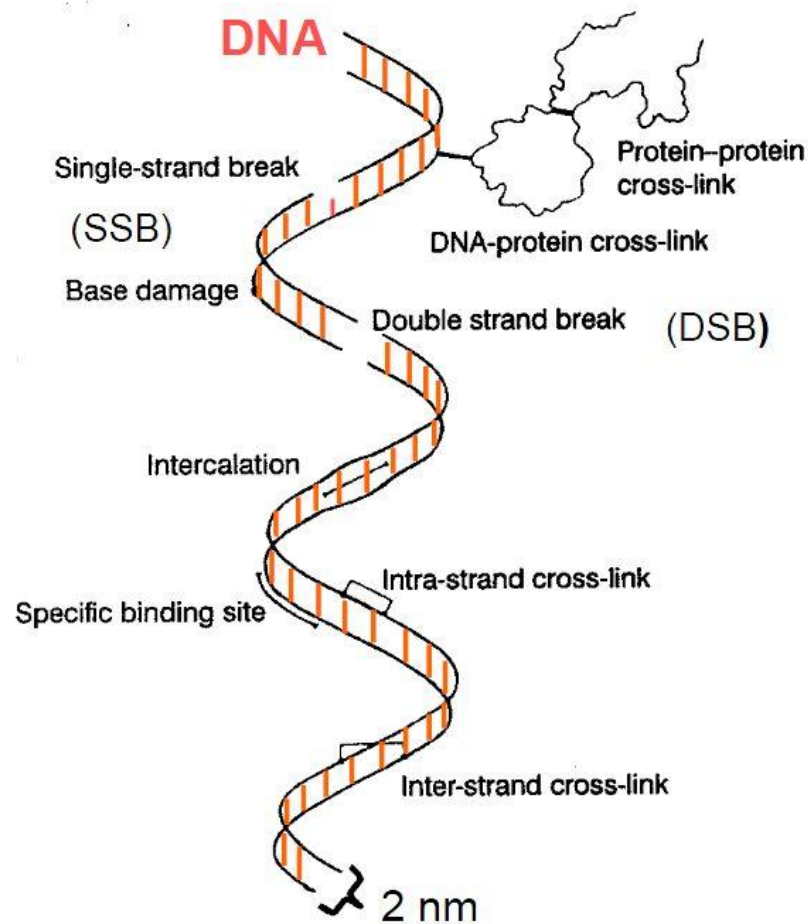




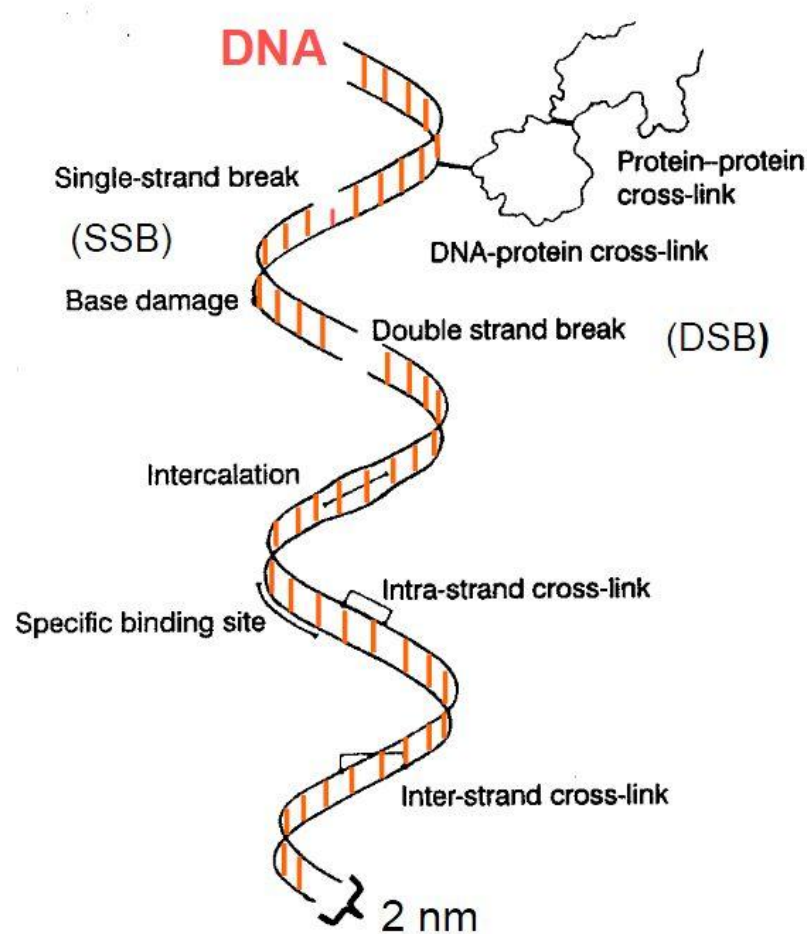
Cancer in today's world



Basic radiobiology: DNA damage



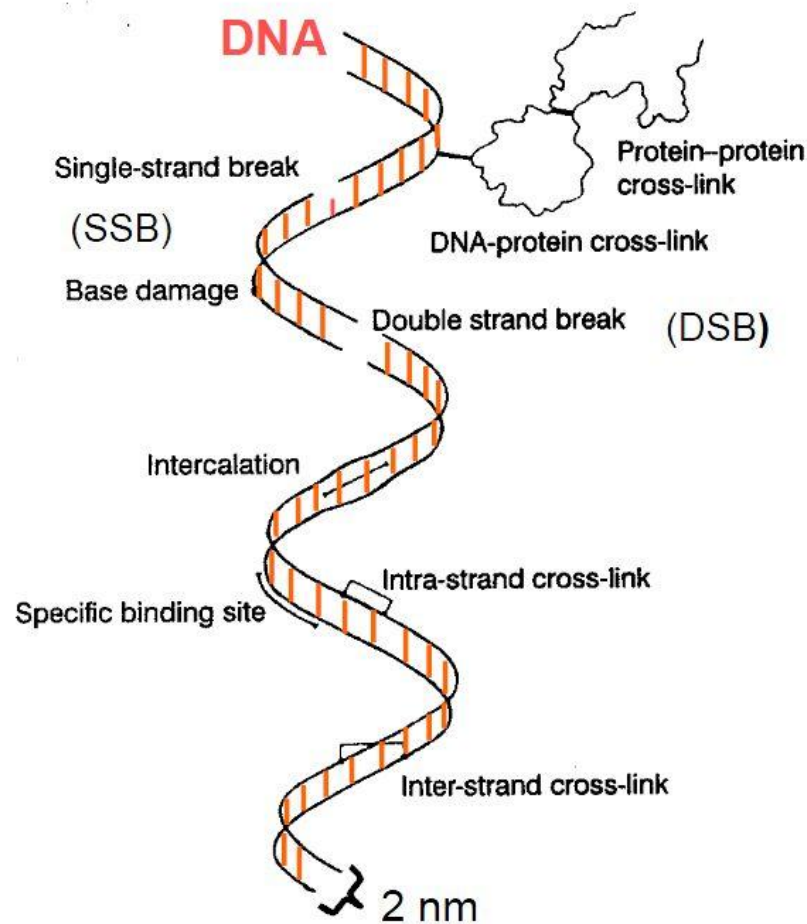
Basic radiobiology: DNA damage



Single strand breaks (SSB)
are 'easily' repaired

Double strand breaks (DSB)
are not!

Basic radiobiology: DNA damage



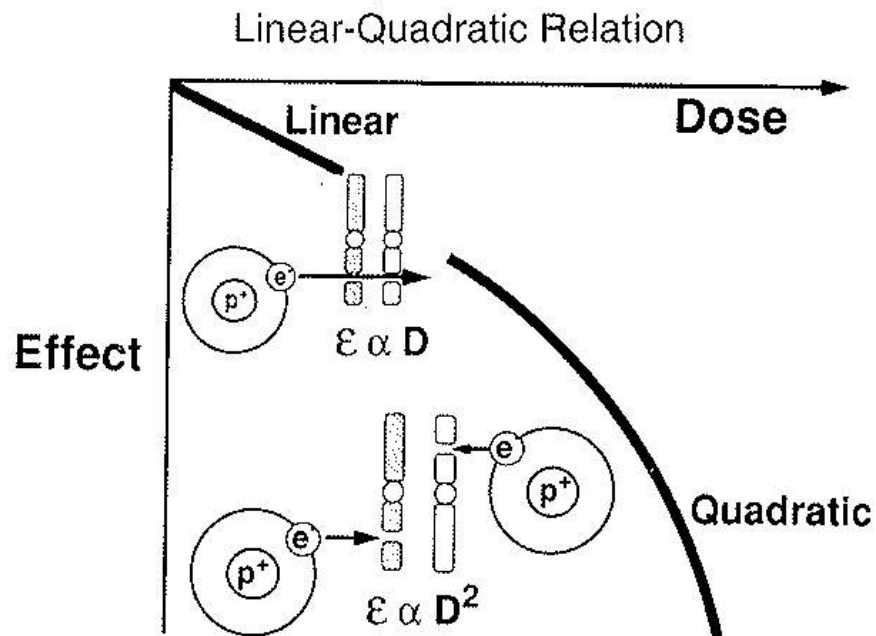
Single strand breaks (SSB)
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Double strand breaks (DSB)
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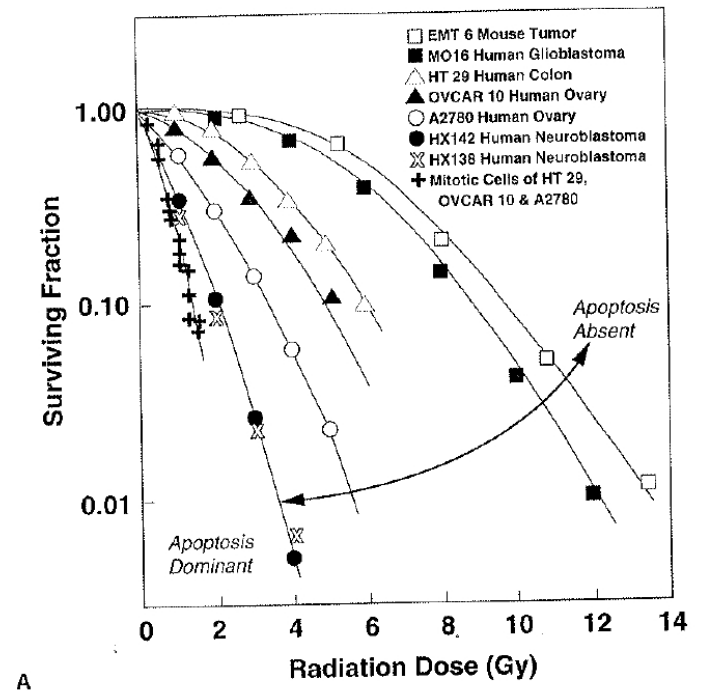
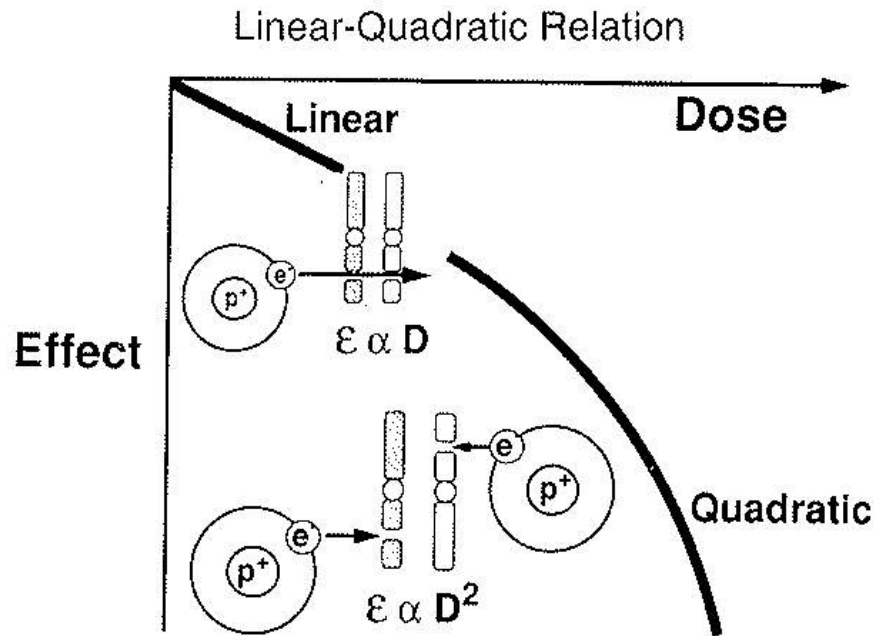


Cell death is directly correlated
to the quality of DSBs

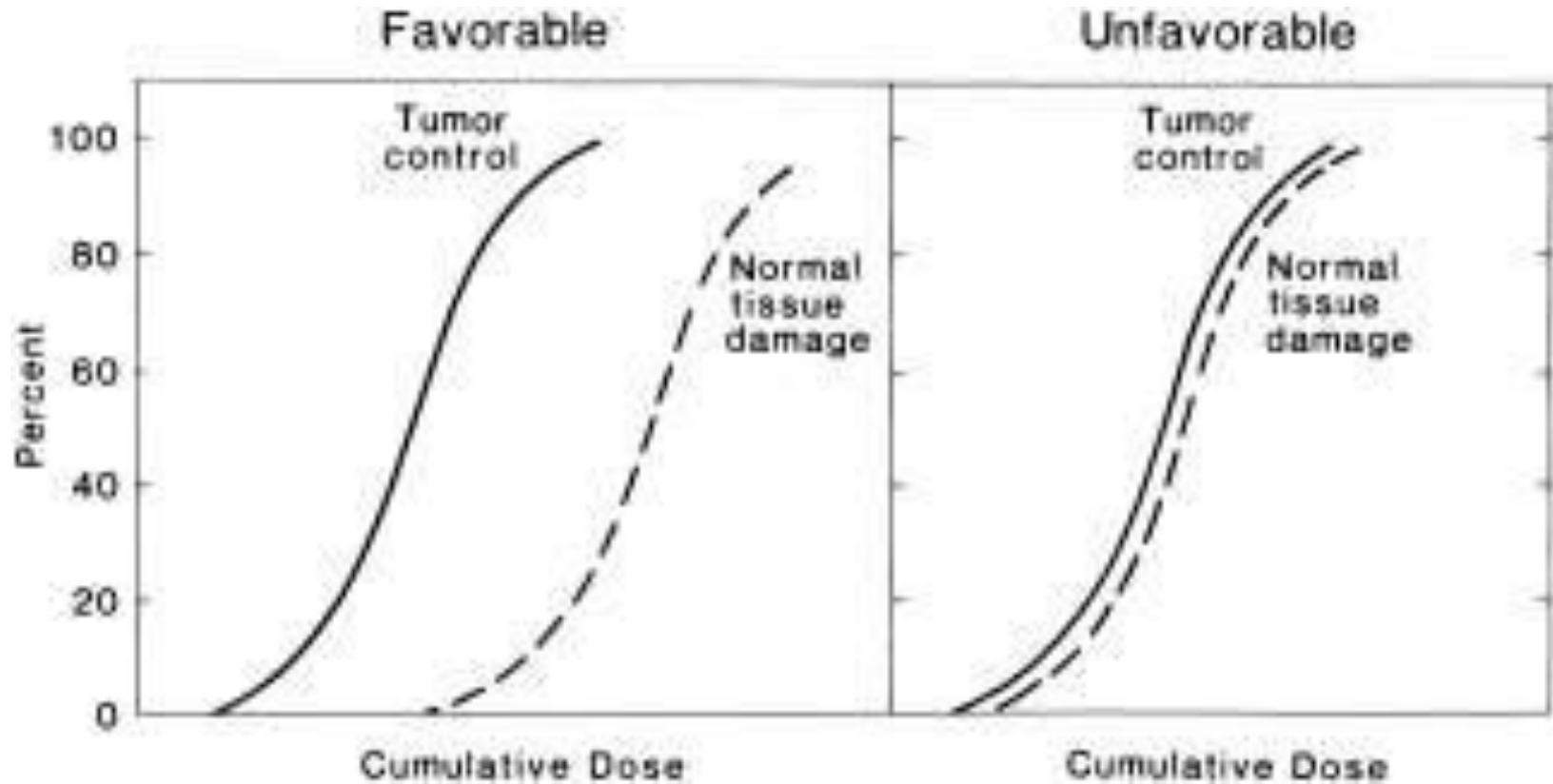
Basic radiobiology: cell survival



Basic radiobiology: cell survival

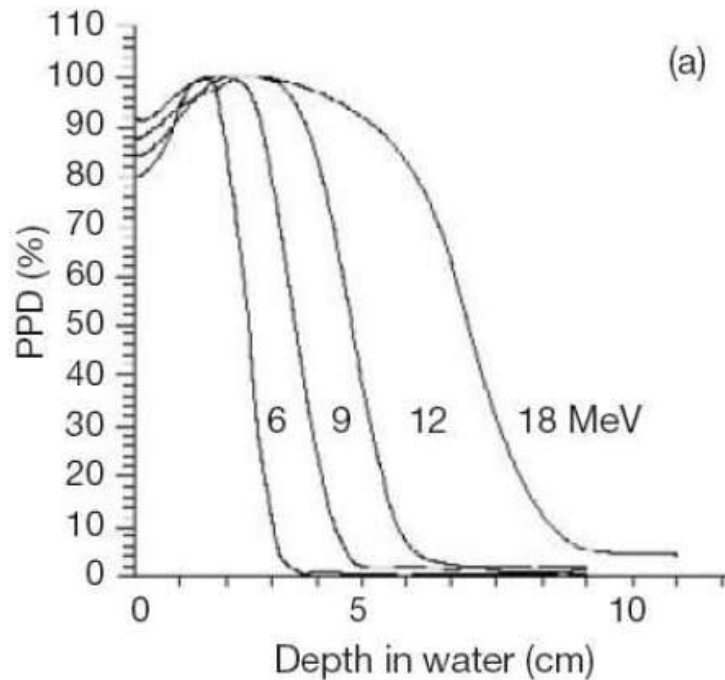


Basic radiobiology: TCP vs NTCP

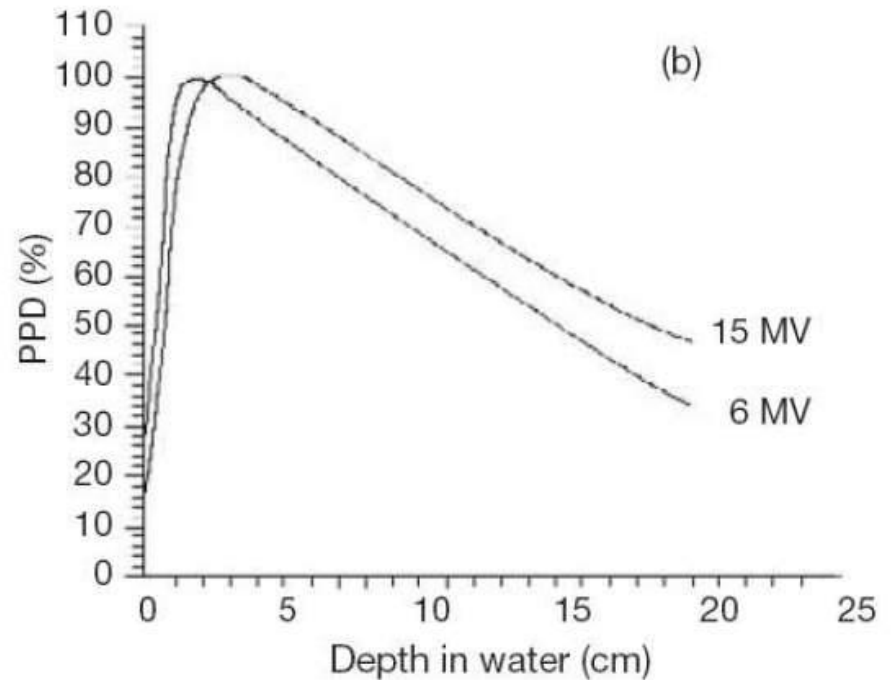


Conventional Radiotherapy: electrons and photons

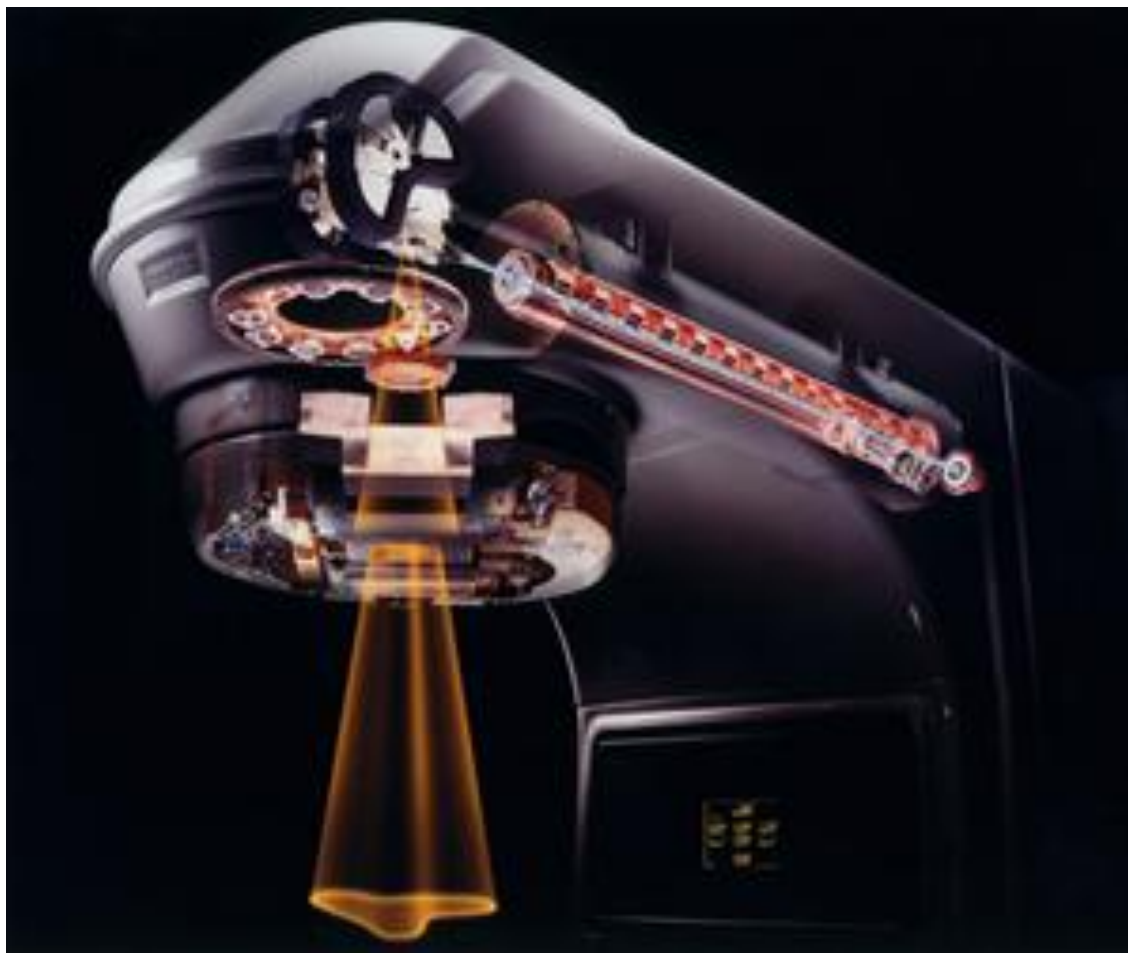
Electrons



Photons (X rays)



Conventional Radiotherapy: electron linacs



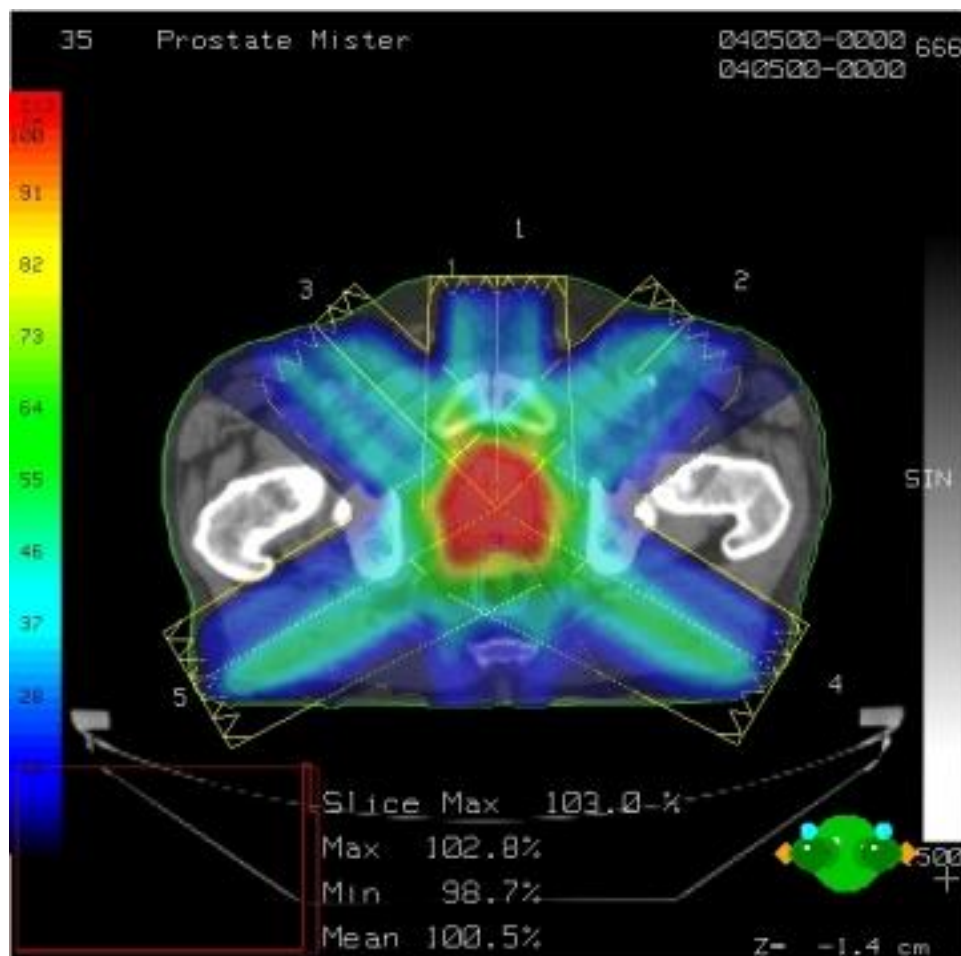
Part I: Physics and Medicine, a quick review

Conventional Radiotherapy: electron linacs



Part I: Physics and Medicine, a quick review

Conventional Radiotherapy: electron linacs



And that's it for the review folks...



Any questions before we move on?

Part II:

A brief survey of CERN-related
medical projects



CERN-related medical projects

Medipix

<http://medipix.web.cern.ch/medipix/>

AX-PET

<https://twiki.cern.ch/twiki/bin/view/AXIALPET/WebHome>

Crystal Clear Collaboration

<http://crystalclear.web.cern.ch/crystalclear/>

→ ClearPET

<http://www.raytest.de/index2.html?/pet/clearPET/clearPET.html>

→ ClearPEM

LEIR proposal as biomedical facility

<http://cdsweb.cern.ch/record/1462262>

PIMMS (Proton-Ion Medical Machine Study)

<http://public.web.cern.ch/public/en/people/Amaldi-en.html>

→ CNAO

<http://www.cnao.it/en/chi-siamo/la-storia-del-centro/>

→ MedAustron

<http://cdsweb.cern.ch/record/1221064>

TERA Foundation

<http://www.tera.it/>

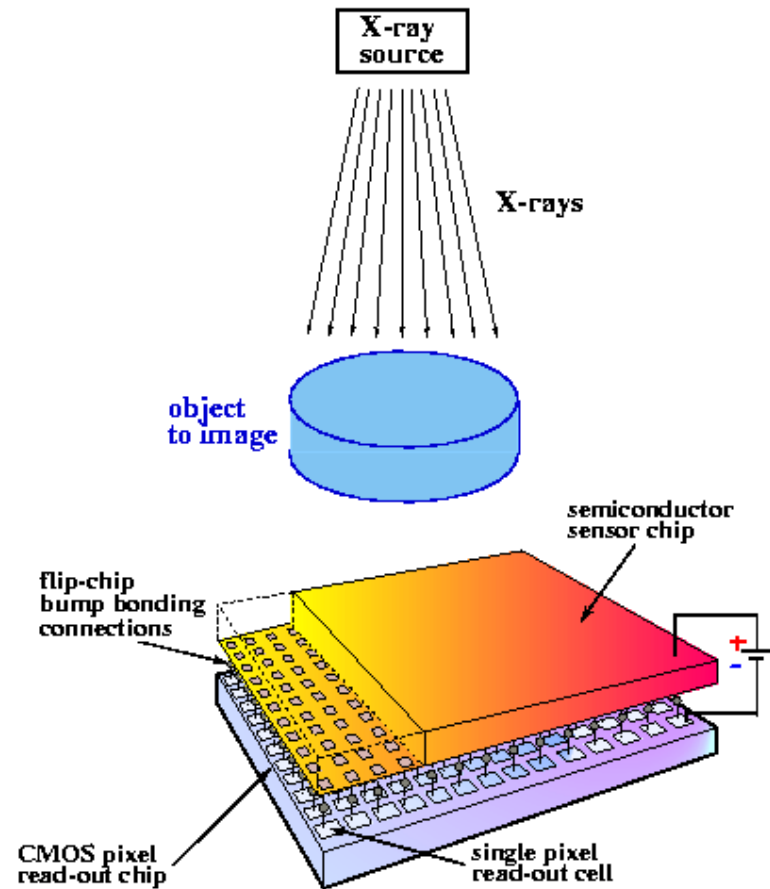
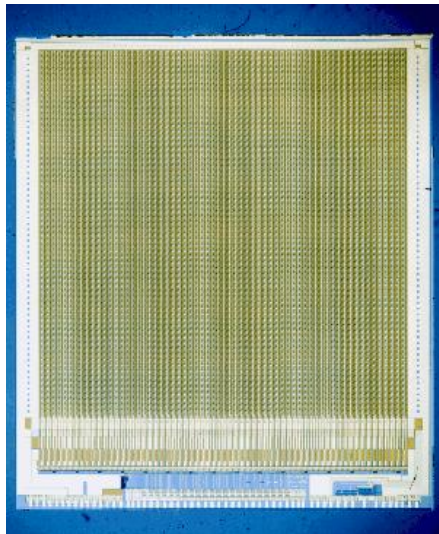
Medipix

Collaboration:

- 21 institutes worldwide
- > 80 members

CMOS pixel readout chip

- 64x64 pixels
- Each pixel 170um square



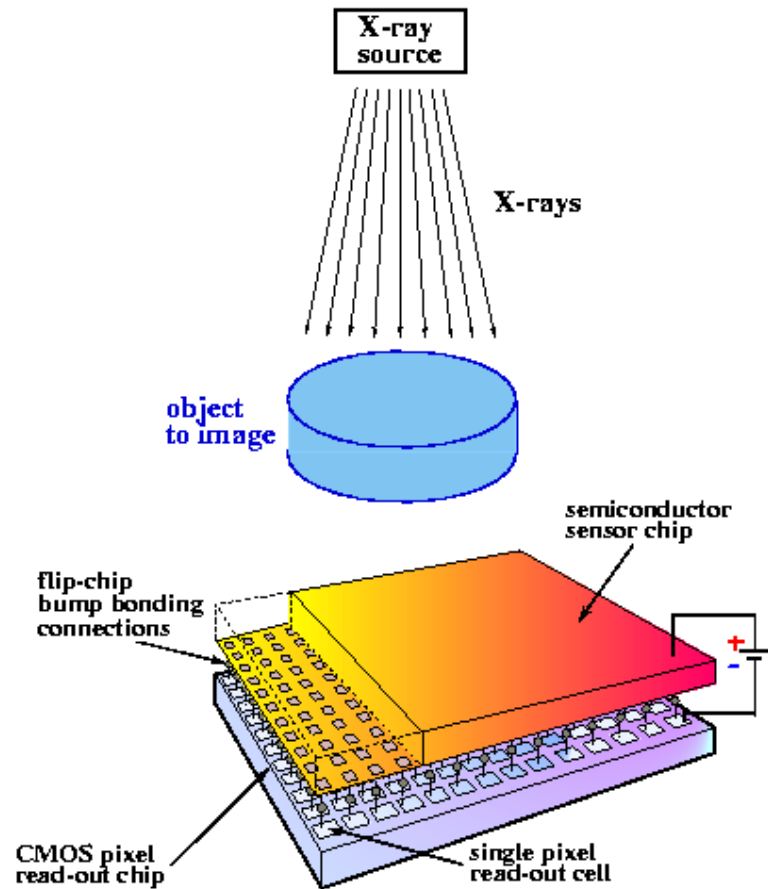
Medipix

Collaboration:

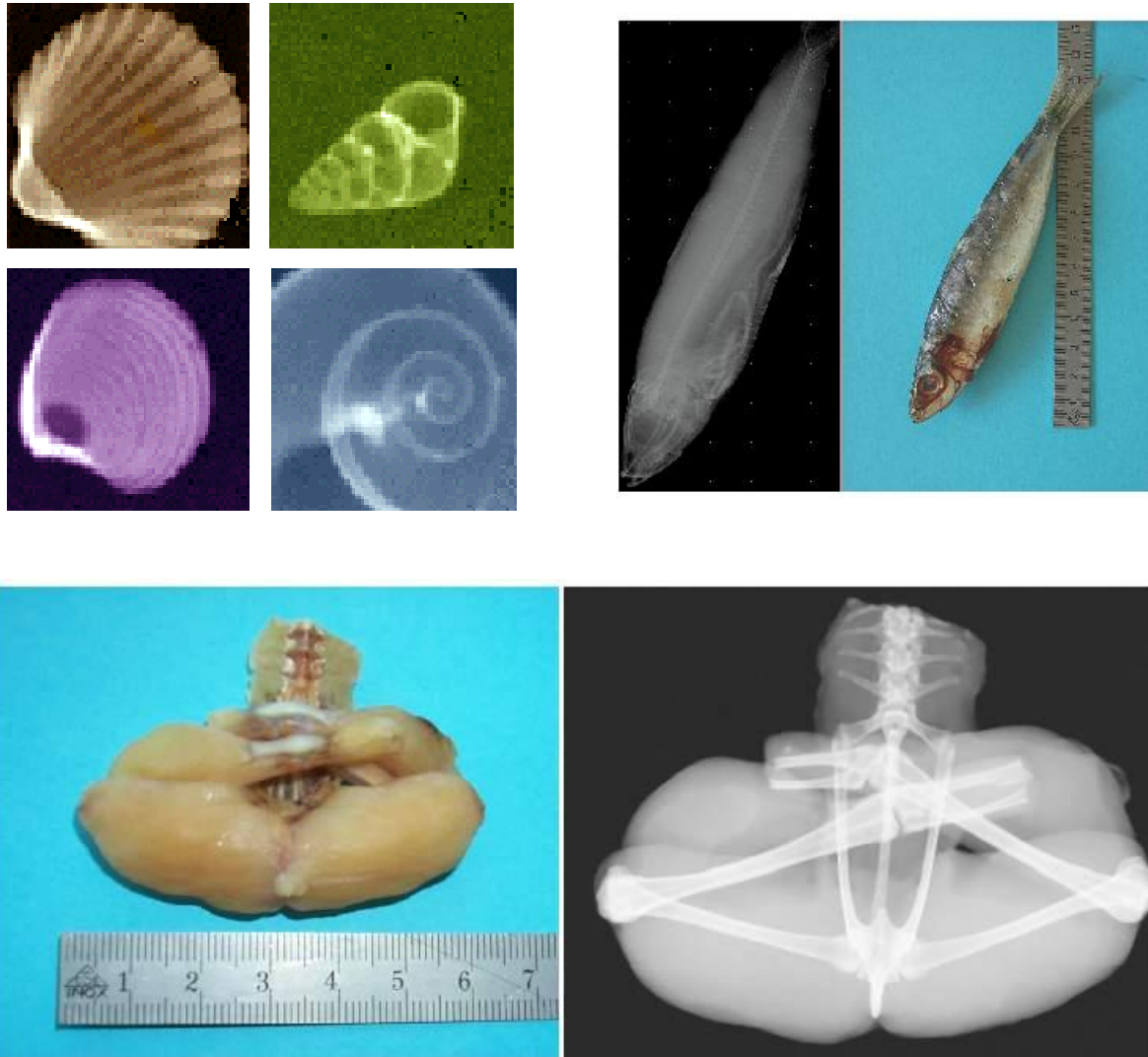
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- 64x64 pixels
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Medipix Images

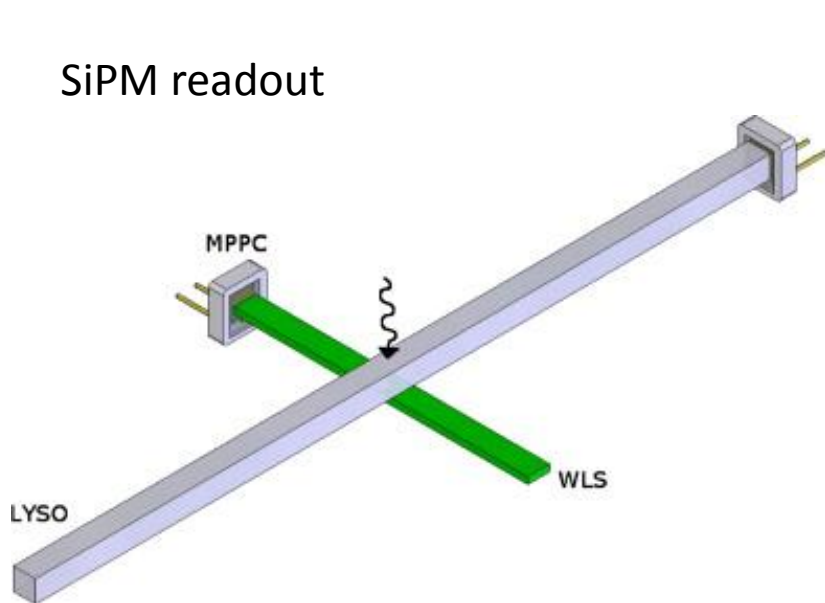


Part II: A brief survey of CERN-related medical projects

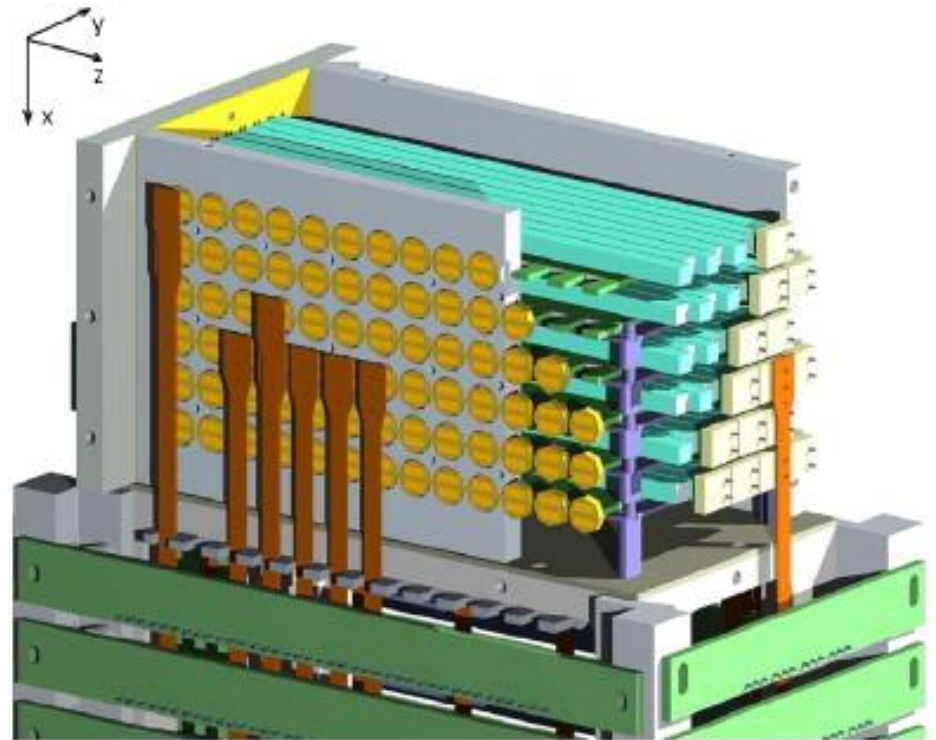
Axial-PET Collaboration

A unique PET geometry involving
crystal and wavelength shifting
bars (WLS)

SiPM readout



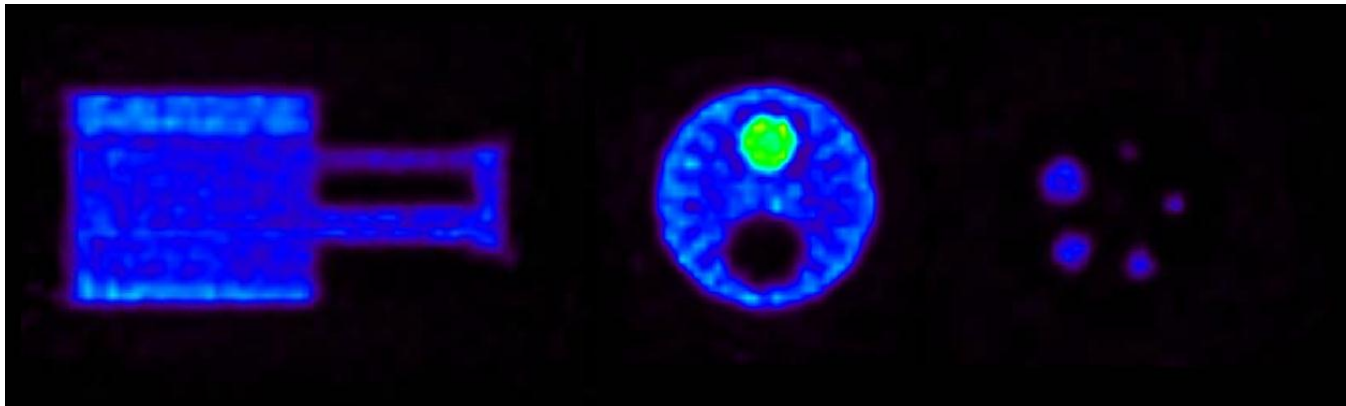
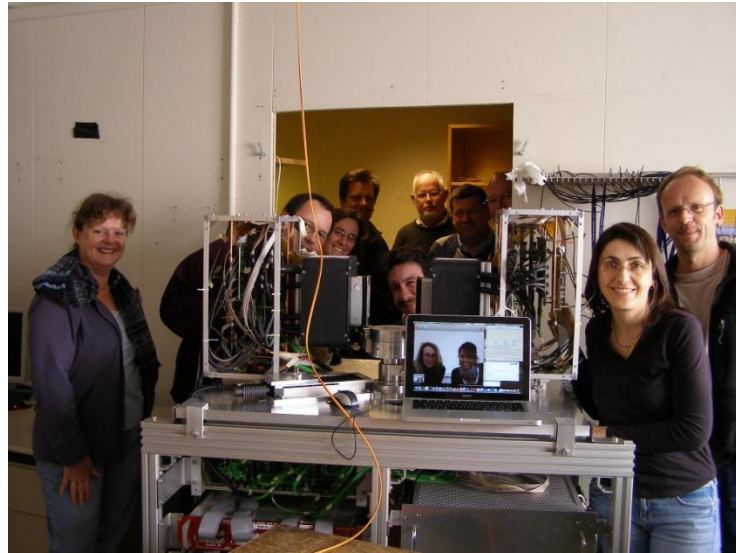
Increased sensitivity and better
spatial resolution



Axial-PET Collaboration

Collaboration:

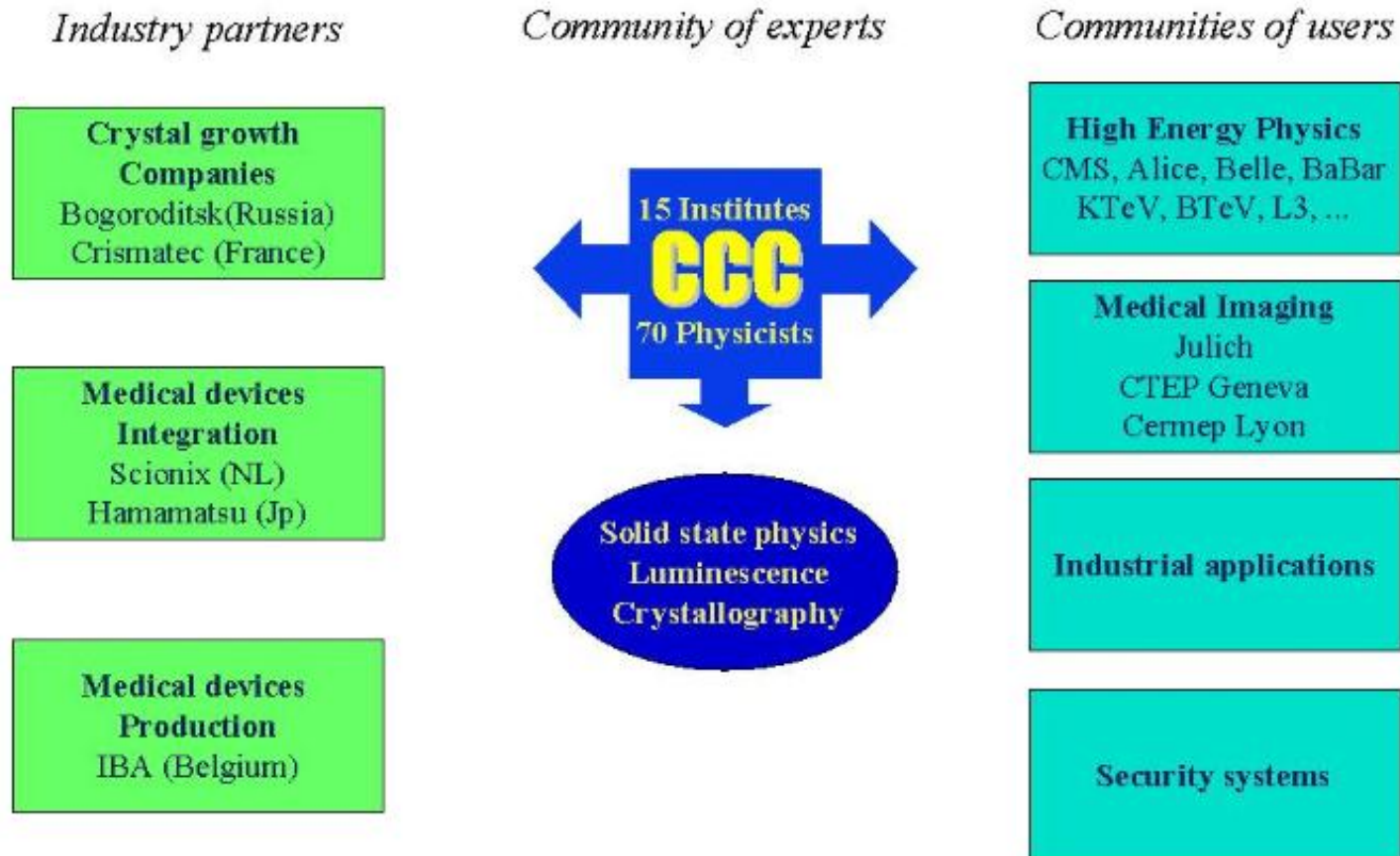
- 9 institutes



The Crystal Clear Collaboration

Collaboration:

- 15 institutes
- > 80 members



The Crystal Clear Collaboration

Requirements for HEP crystal calorimeters

◆ Crystals

- High density ($> 6 \text{ g/cm}^3$)
- Fast emission ($< 100\text{ns}$), visible spectrum
- Moderate to high light yield
- High radiation resistance

Technology transfer



◆ Photodetectors

- Compact
- High quantum efficiency and high gain
- High stability

Technology transfer



◆ Readout electronics

- Fast shaping
- Low noise

Technology transfer



◆ Software

- Handling of high quantity of data

Technology transfer



◆ General design

- Compact integration of a large number of channels ($>> 10^4$)

Technology transfer



Requirements for PET and SPECT scanners

◆ Crystals

- High density ($> 7 \text{ g/cm}^3$)
- Fast emission ($< 100\text{ns}$), visible spectrum
- High light yield
- Moderate radiation resistance

◆ Photodetectors

- Compact
- High quantum efficiency and high gain
- High stability

◆ Readout electronics

- Fast shaping
- Low noise

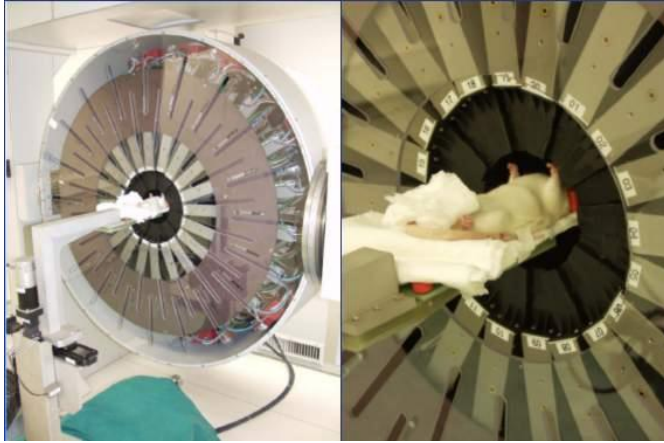
◆ Software

- Handling of high quantity of data

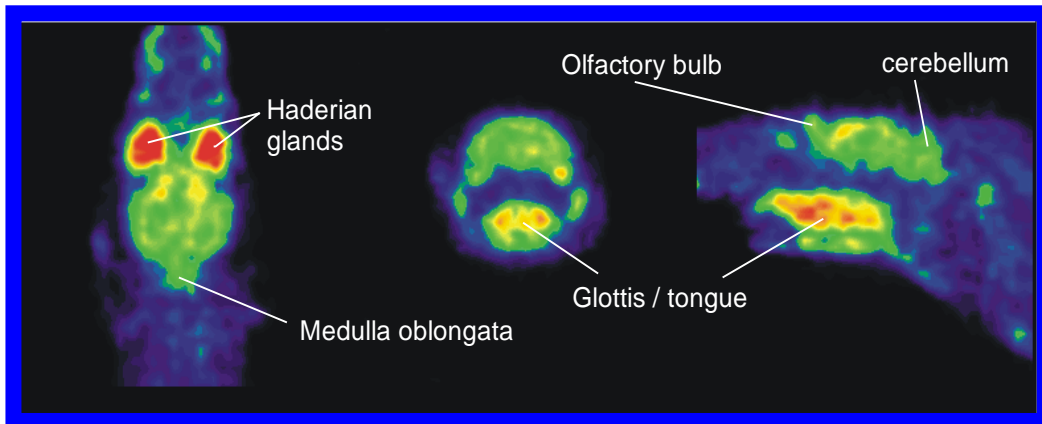
◆ General design

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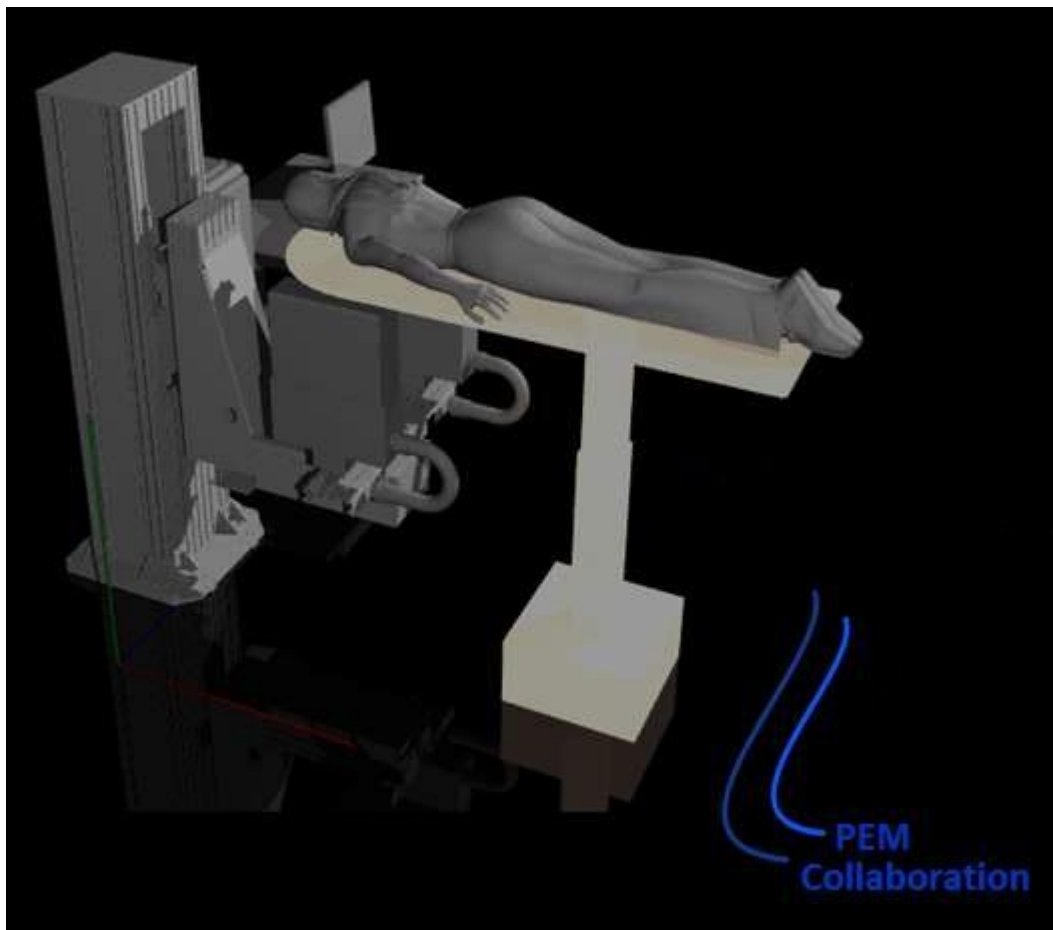
The Crystal Clear Collaboration



Small animal PET for in-vivo drug screening

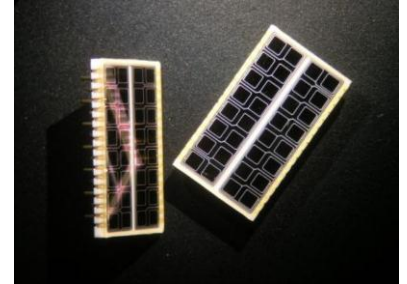
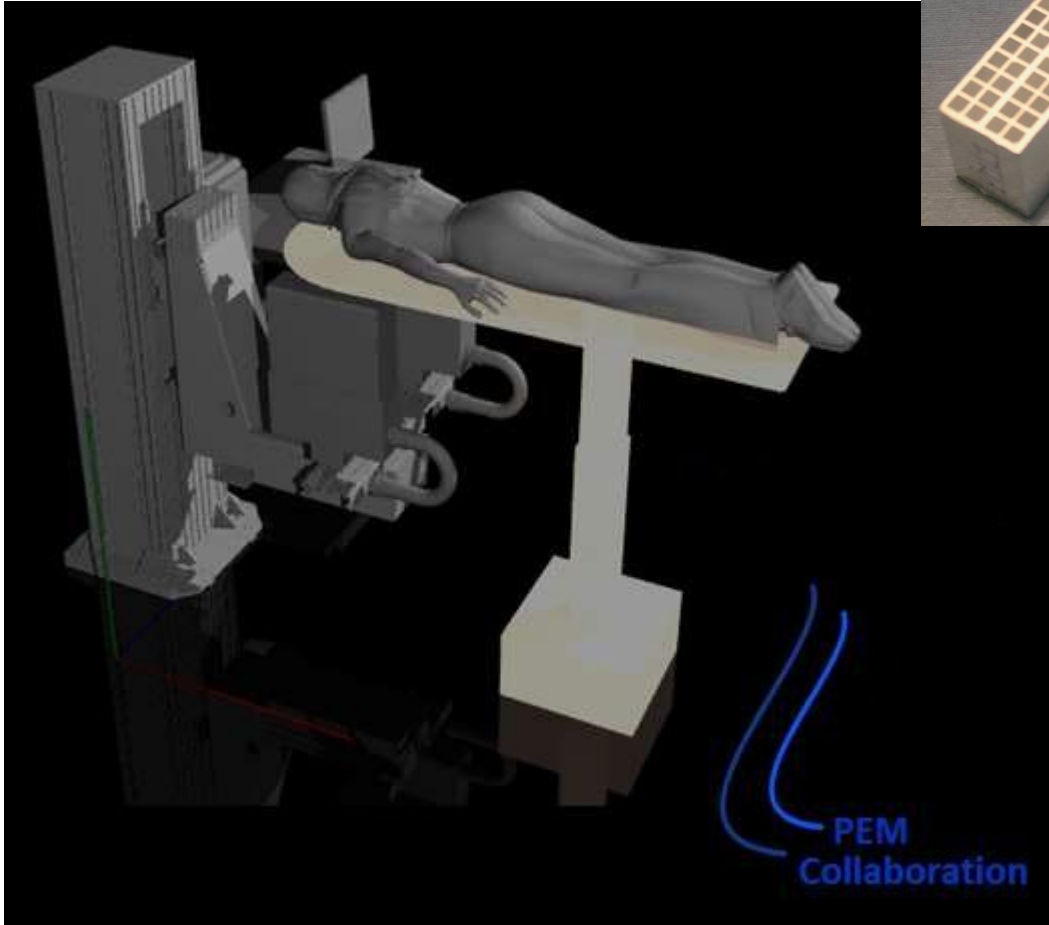


The Crystal Clear Collaboration - ClearPEM



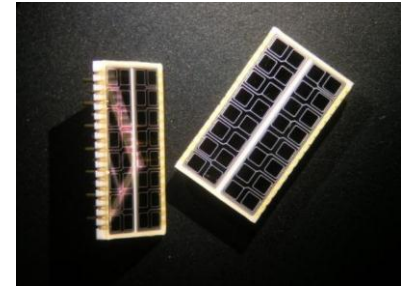
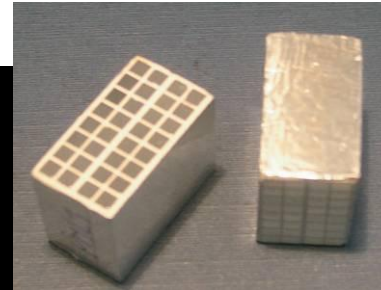
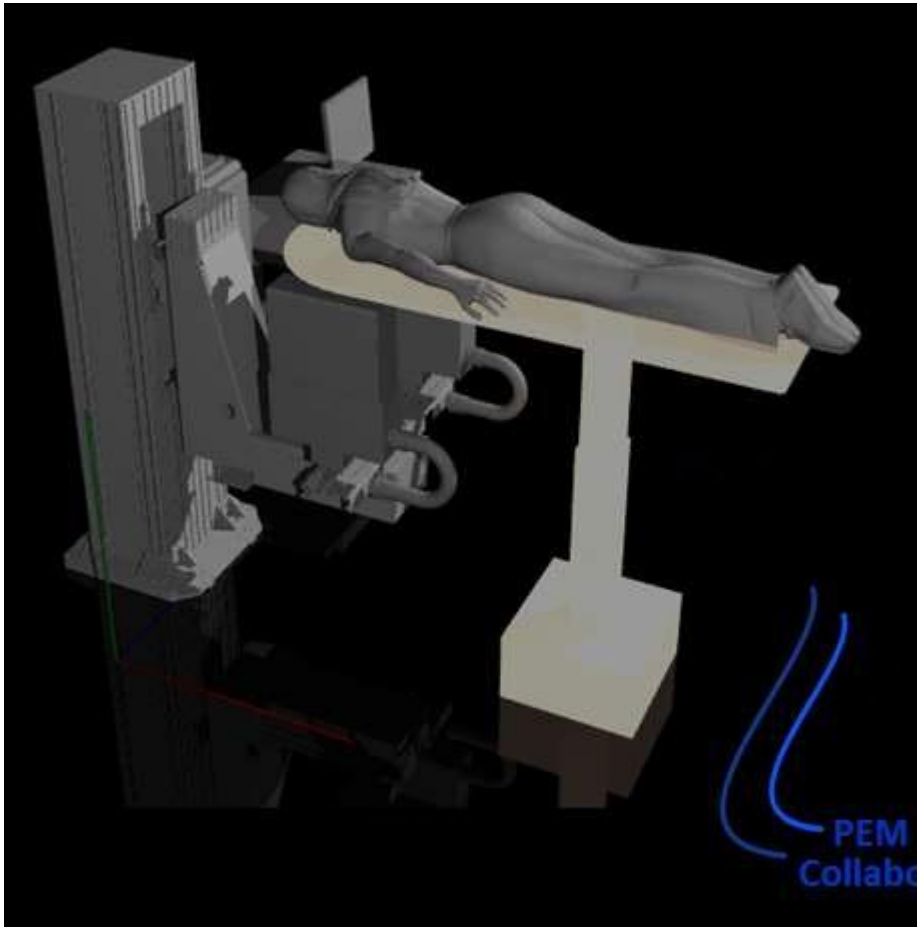
Part II: A brief survey of CERN-related medical projects

The Crystal Clear Collaboration - ClearPEM

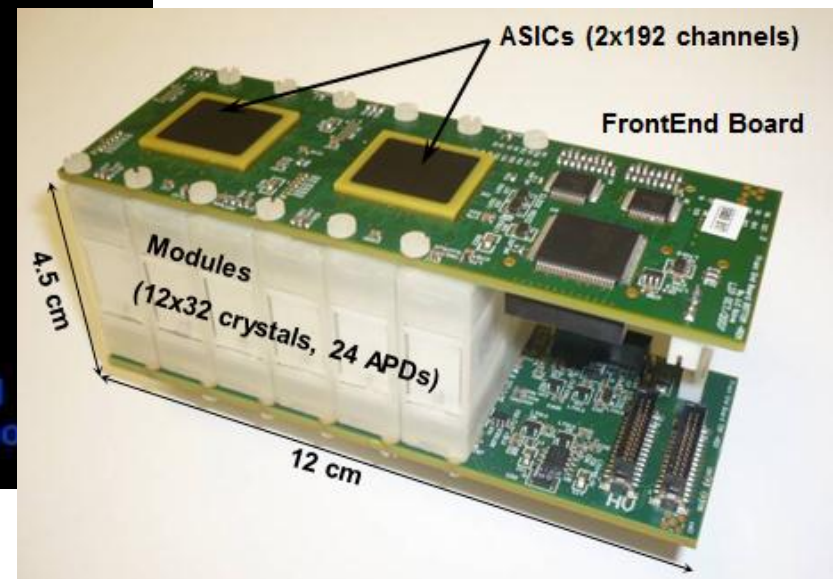


LYSO:Ce scintillator crystals
Avalanche Photo Diodes

The Crystal Clear Collaboration - ClearPEM



LYSO:Ce scintillator crystals
Avalanche Photo Diodes



CERN-related medical projects

Medipix

<http://medipix.web.cern.ch/medipix/>

AX-PET

<https://twiki.cern.ch/twiki/bin/view/AXIALPET/WebHome>

Crystal Clear Collaboration

<http://crystalclear.web.cern.ch/crystalclear/>

→ ClearPET

<http://www.raytest.de/index2.html?/pet/clearPET/clearPET.html>

→ ClearPEM

LEIR proposal as biomedical facility

<http://cdsweb.cern.ch/record/1462262>

PIMMS (Proton-Ion Medical Machine Study)

<http://public.web.cern.ch/public/en/people/Amaldi-en.html>

→ CNAO

<http://www.cnao.it/en/chi-siamo/la-storia-del-centro/>

→ MedAustron

<http://cdsweb.cern.ch/record/1221064>

TERA Foundation

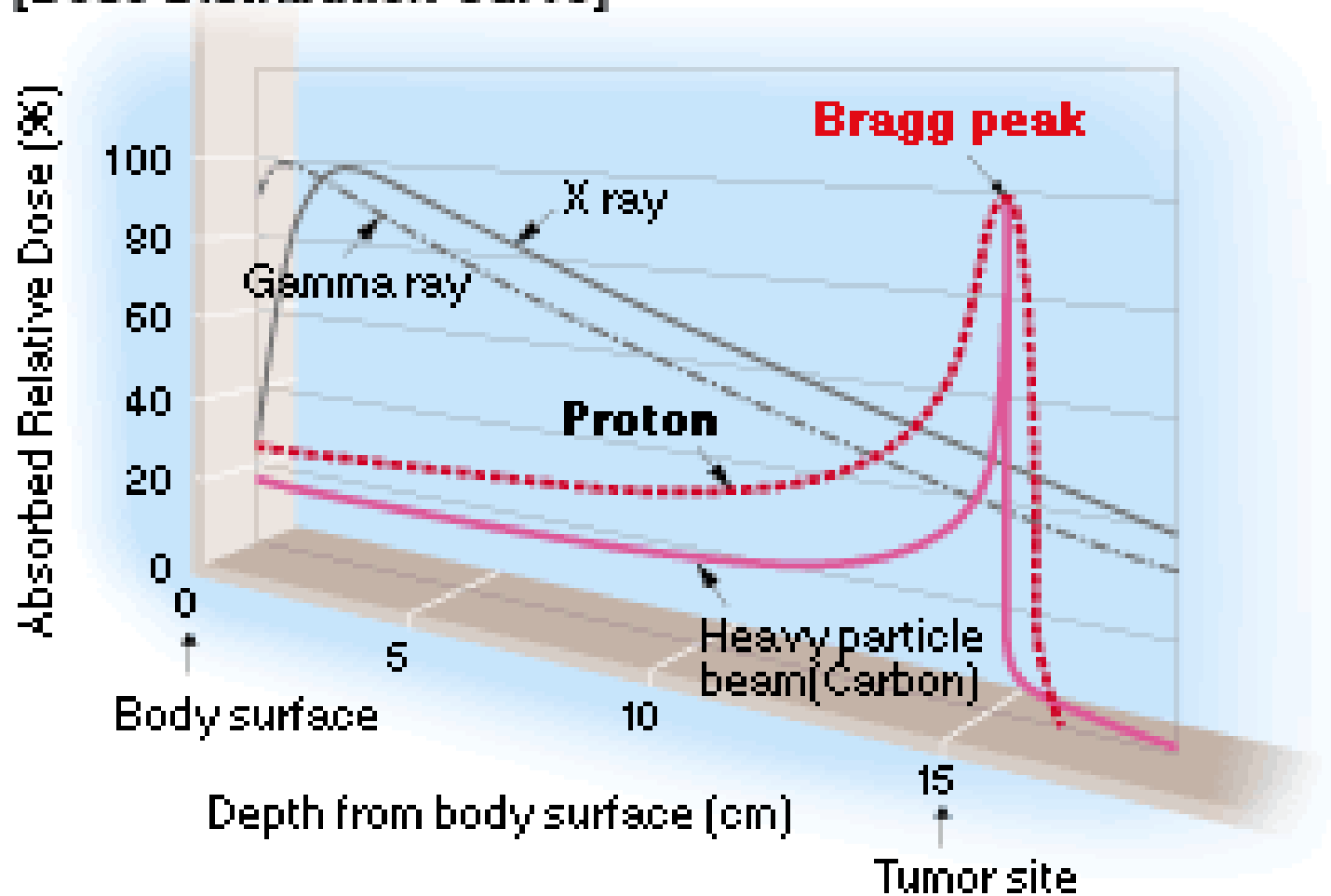
<http://www.tera.it/>

Part III:

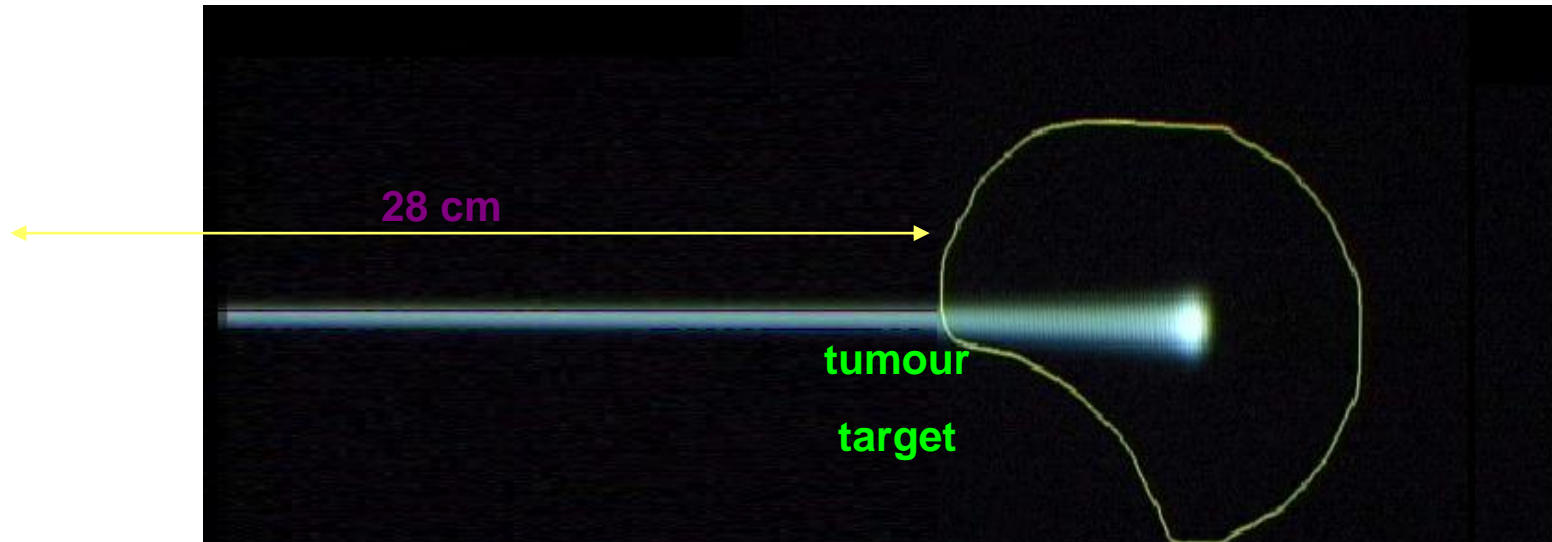
The rise of hadrontherapy

Why use hadrons for therapy?

[Dose Distribution Curve]

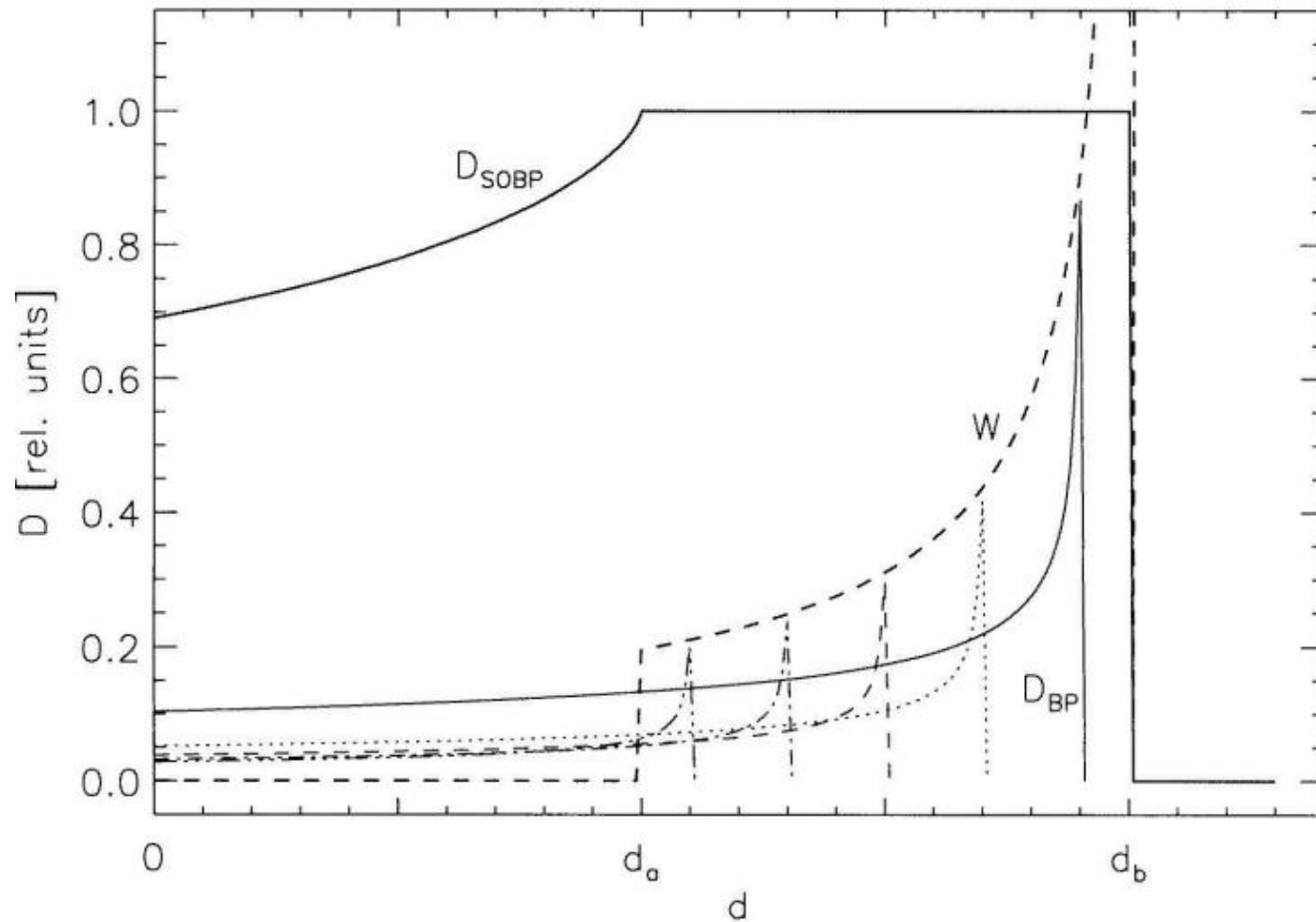


How do you deliver proton and ion beams in practice?

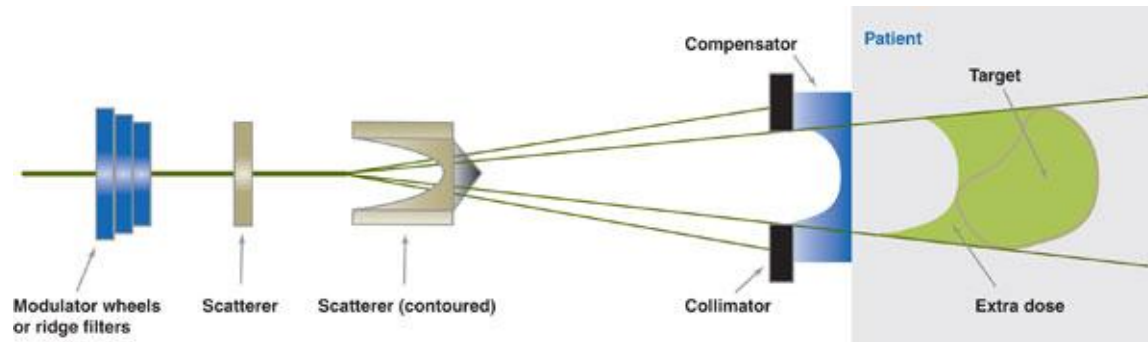


In order to make use of the special properties of ion beams, we must deliver the dose accurately to the target volume.

The Spread-out Bragg Peak (SOBP)

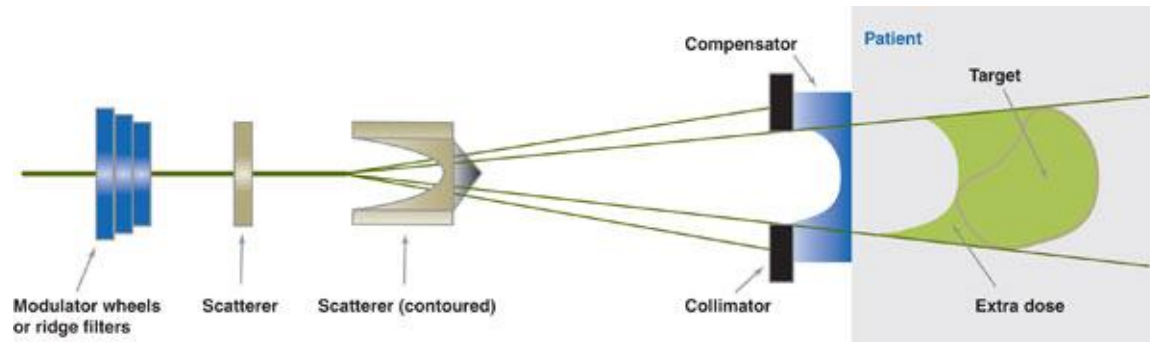


Passive and active beam modulation

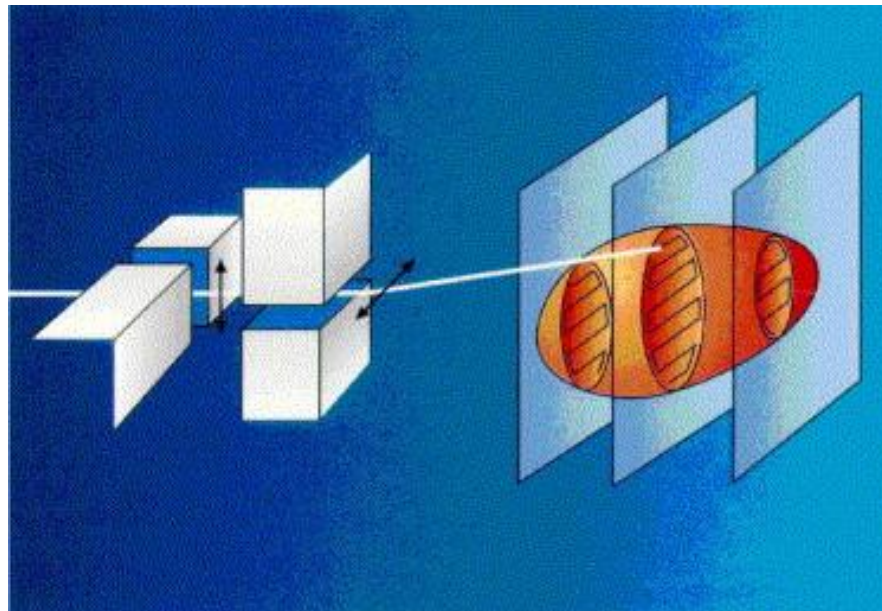


Passive scattering

Passive and active beam modulation

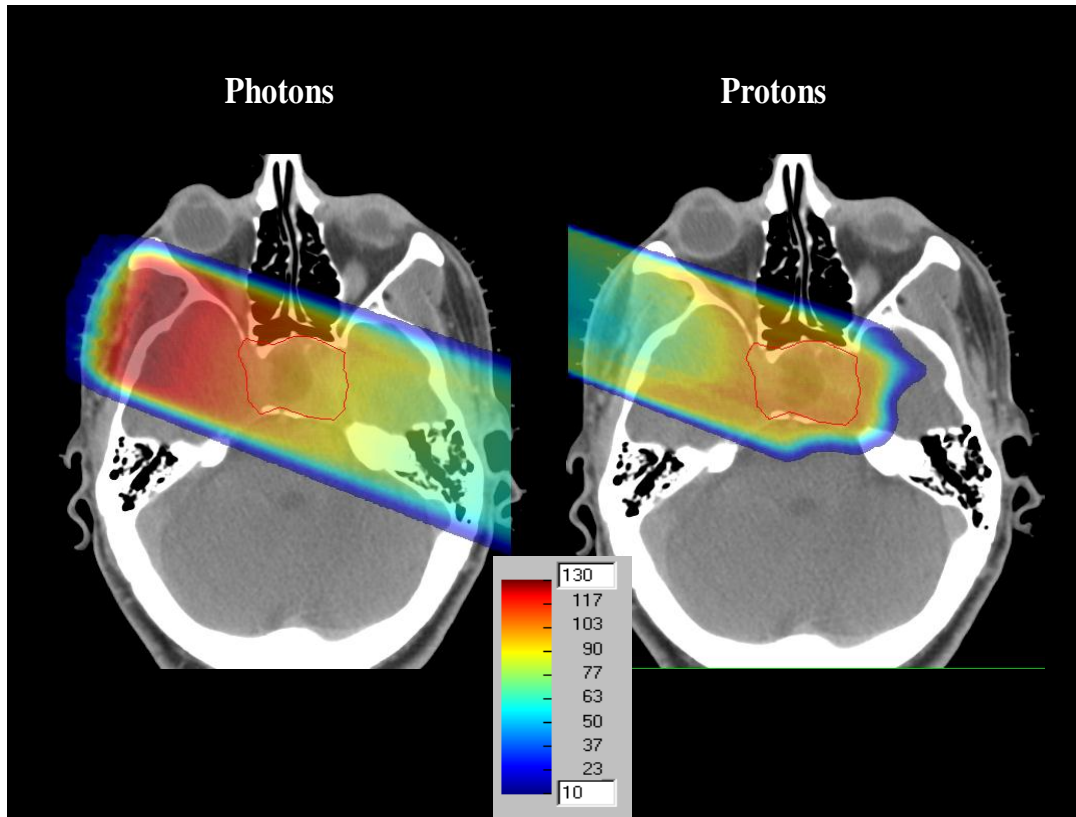


Passive scattering

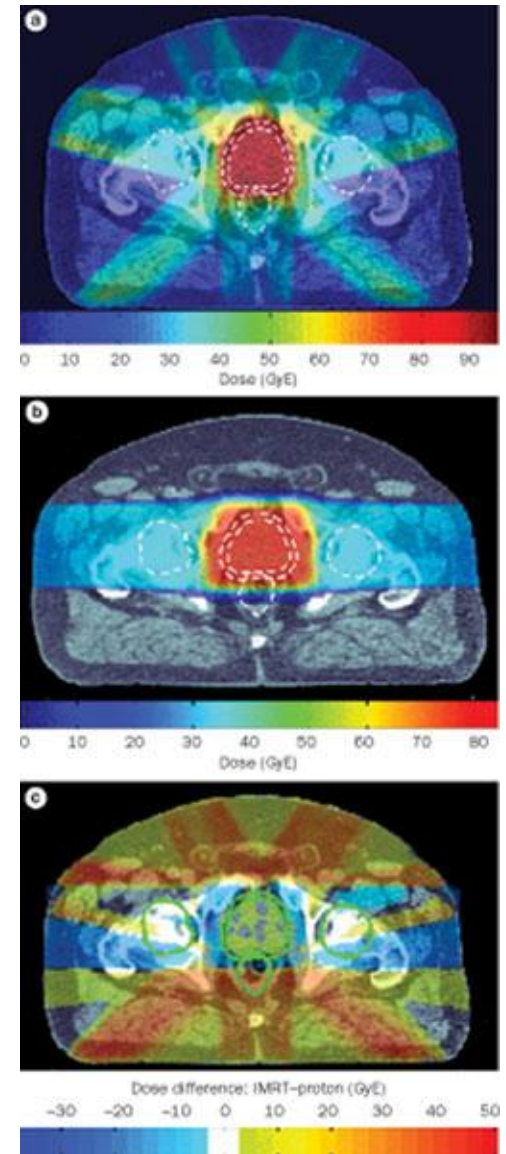


Active scattering

Treatment Planning – X-rays vs protons

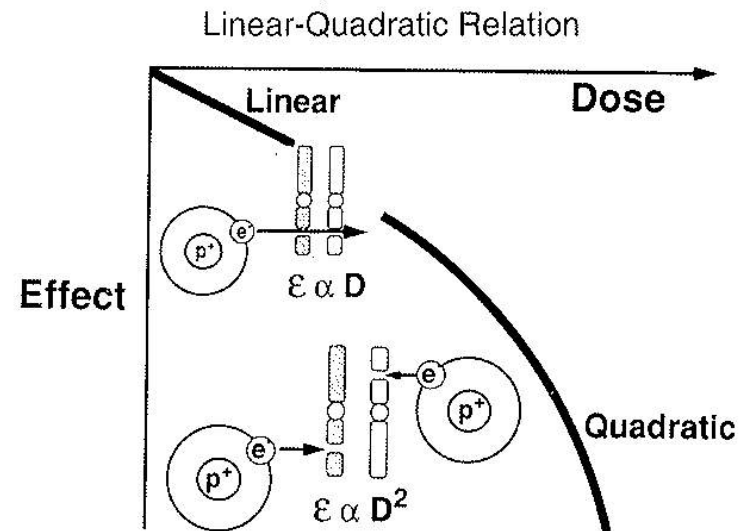
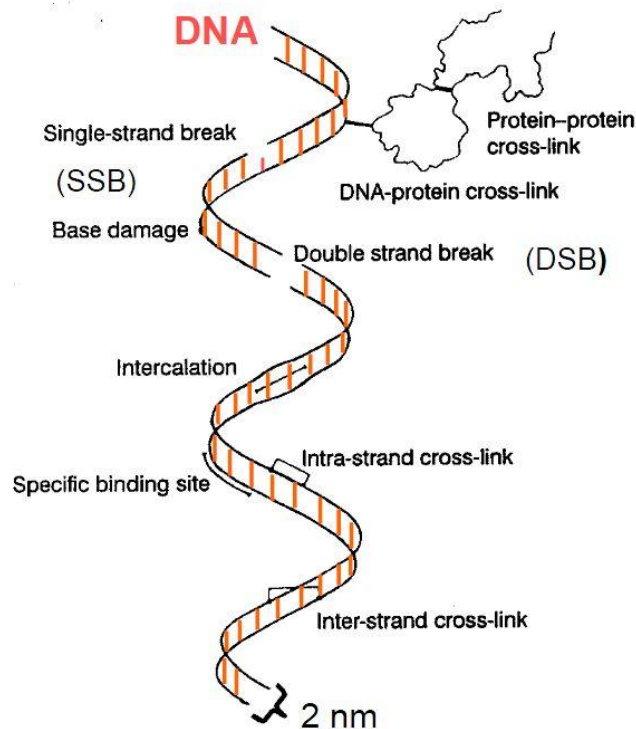


“If proton accelerators were cheap and compact, no radiotherapist would use photons.”

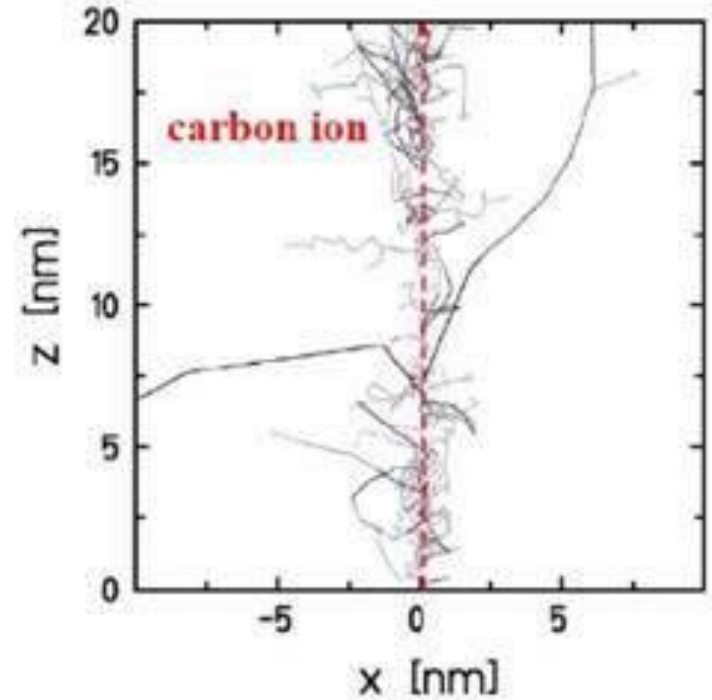
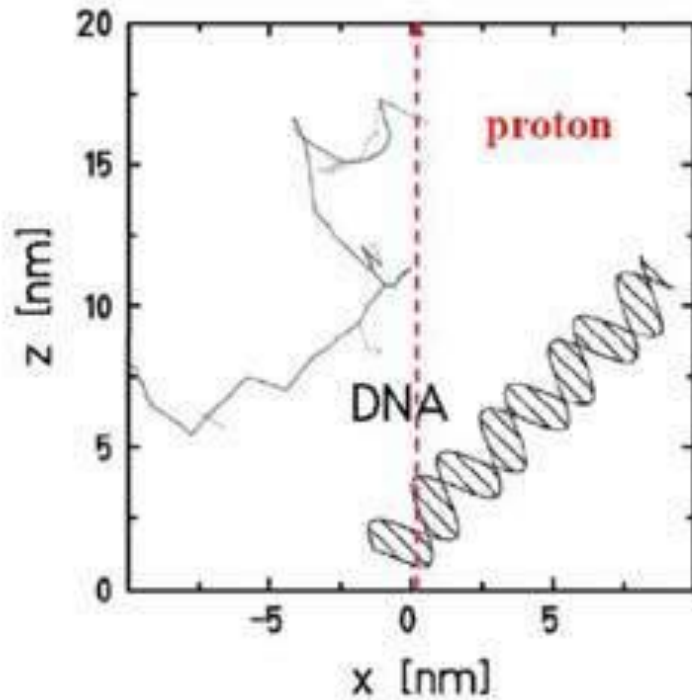


Basic radiobiology: DNA damage

Recall that cell death is a result of DNA damage caused by DSBs

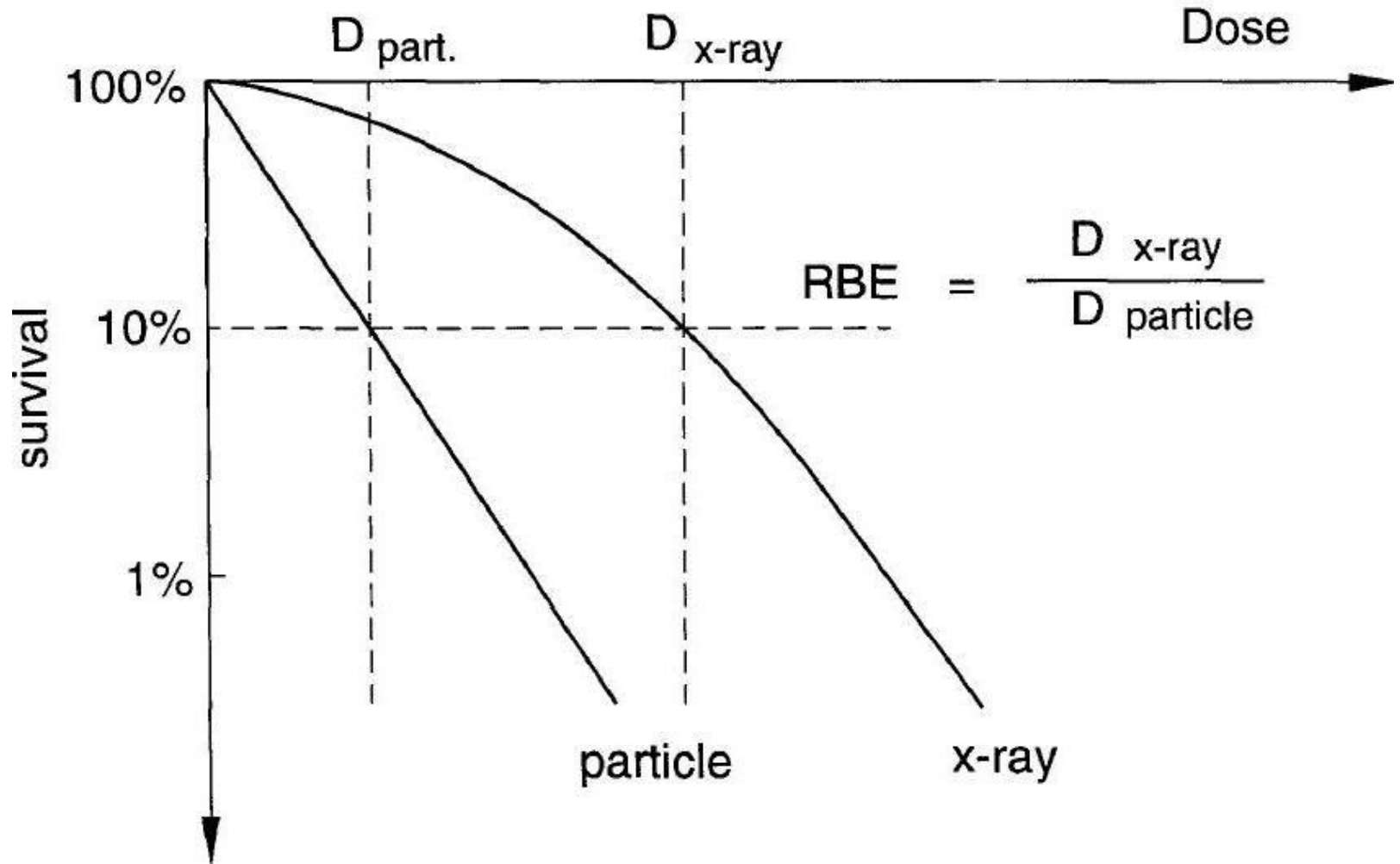


Why use carbon ions?



Higher LET particles have a more devastating effect on cells.

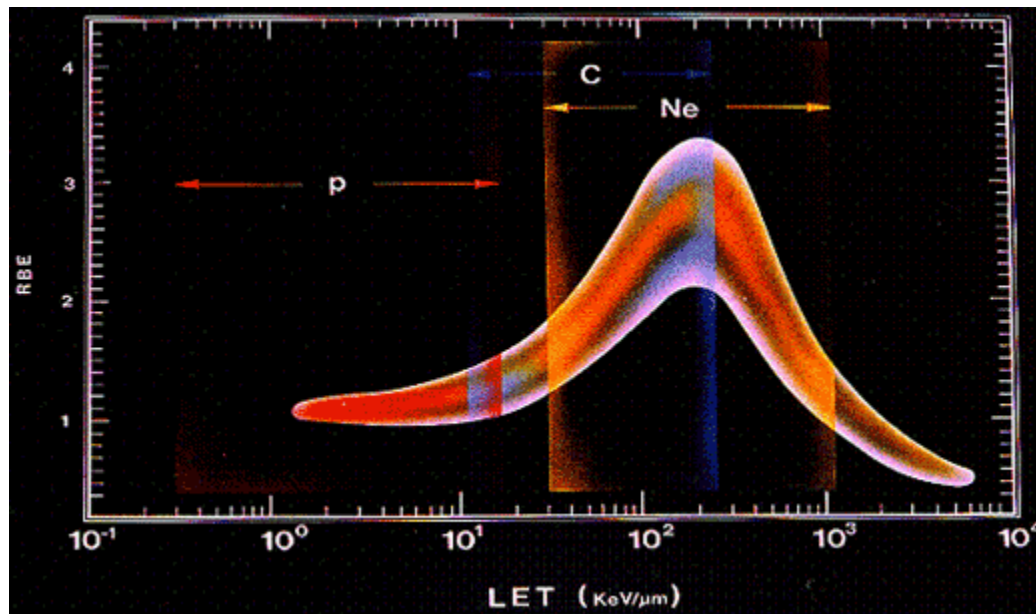
Relative biological effectiveness (RBE)



Relative biological effectiveness (RBE)

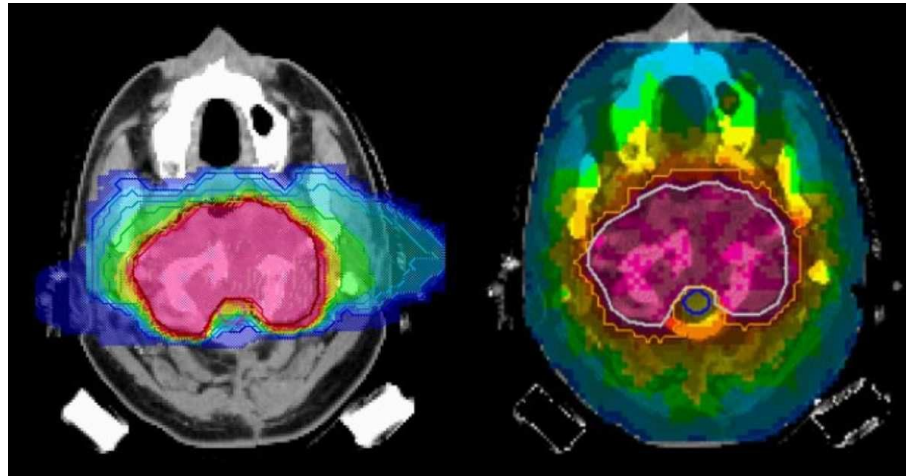
Proton Bragg peak → LET 10 keV/um → RBE 1.2

Carbon ion Bragg peak → LET 200 keV/um → RBE 3.5



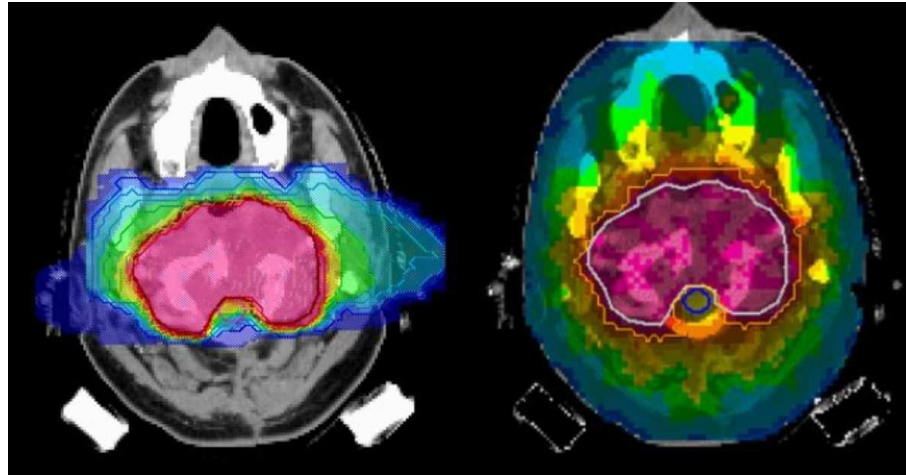
The higher RBE characteristic of carbon ions allows the control of radio-resistant tumours and tumours which are hypoxic.

So why aren't we *only* using carbon ions (or protons)?



“If proton (or carbon) accelerators were cheap and compact, no radiotherapist would use photons.”

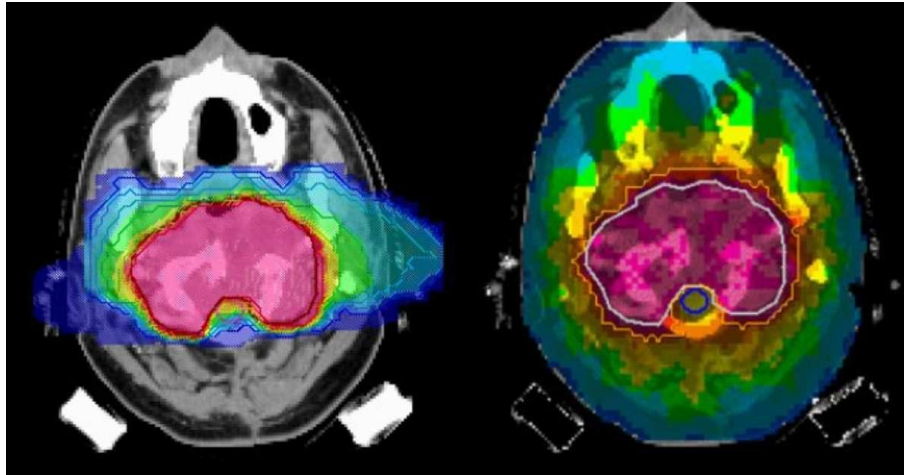
So why aren't we *only* using carbon ions (or protons)?



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So why aren't we *only* using carbon ions (or protons)?



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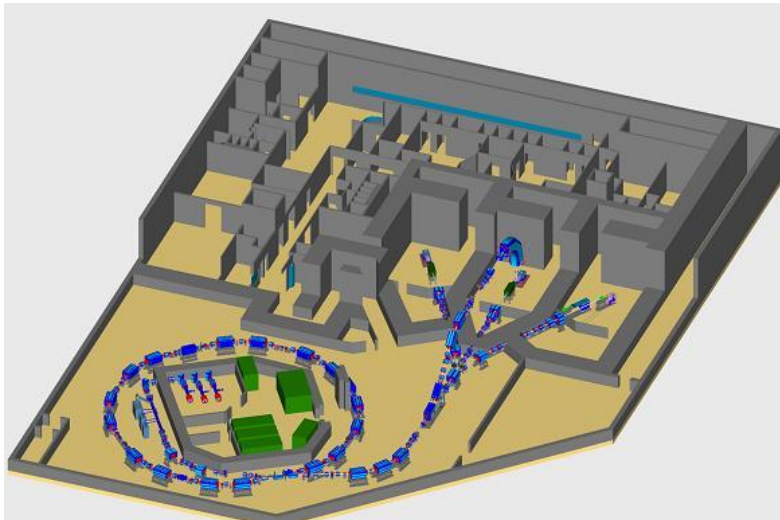


Part III: The rise of hadrontherapy

Knowledge transfer from physics research is critical!



Know-how



Transferable skills:

- Accelerator technology
- Detectors and Instrumentation
- Radioprotection
- Infrastructure
- Informatics

So what about CERN's role in hadrontherapy?

"CERN's role is not to build future machines for medical applications, but to co-ordinate and catalyse feasibility studies for future developments of a cost-effective accelerator facility."

- Steve Myers, CERN's Director for Accelerators and Technology.

So what about CERN?

"CERN's role is not to build future machines for medical applications, but to co-ordinate and catalyse feasibility studies for future developments of a cost-effective accelerator facility."

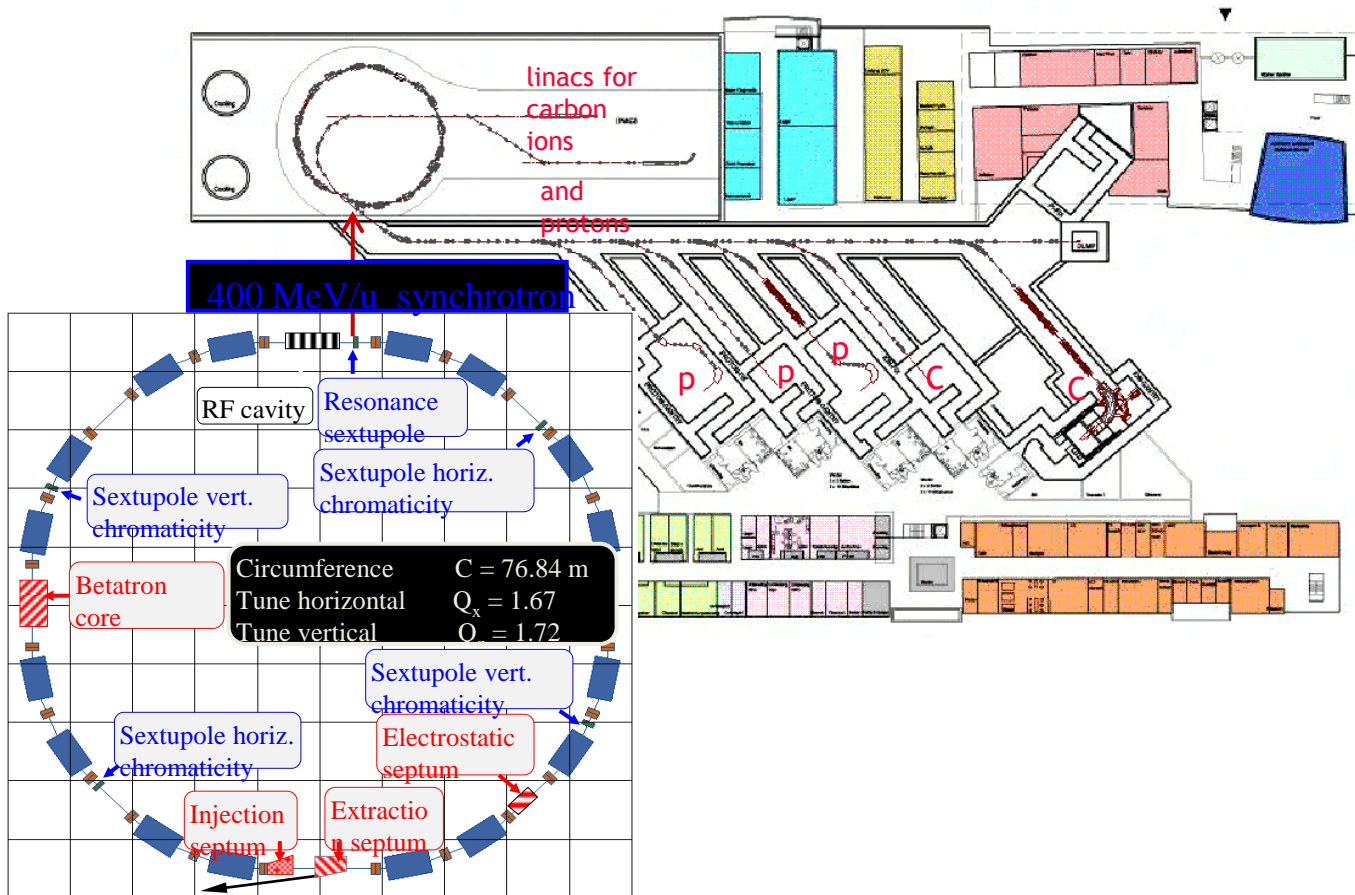
- Steve Myers, CERN's Director for Accelerators and Technology.



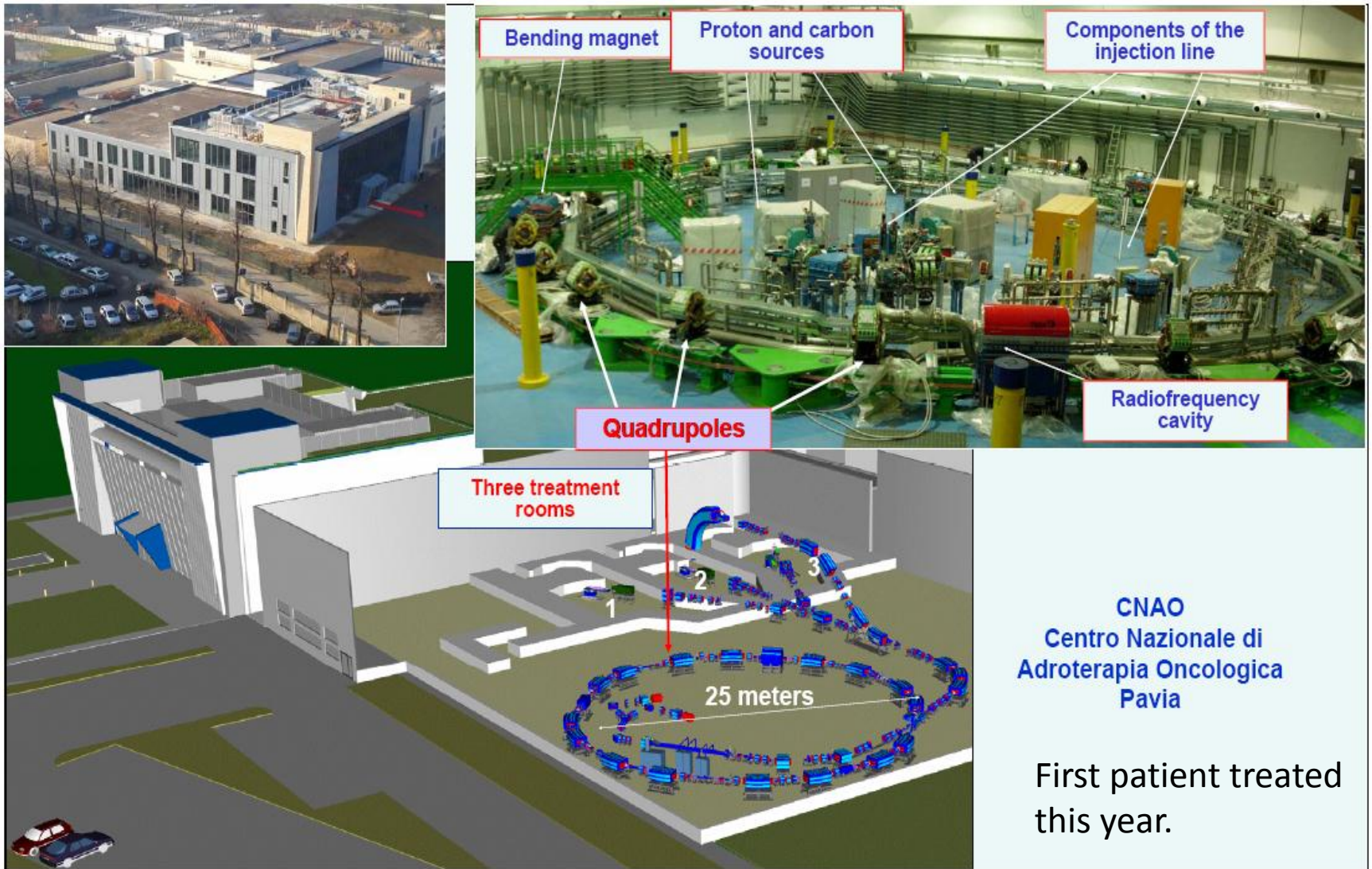
PIMMS Study (Proton Ion Medical Machine Study)

PIMMS Study at CERN from 1996 - 2000

CERN–TERA–MedAustron Collaboration for optimized medical synchrotron (protons and carbon ions)
Project leader: P. Bryant



From PIMMS to CNAO... located in Pavia, Italy

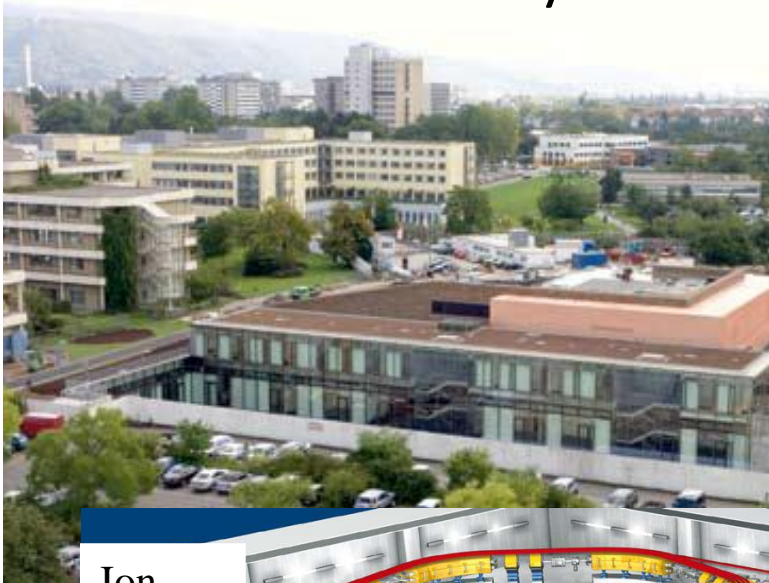


From PIMMS to MedAustron in Wiener Neustadt, Austria

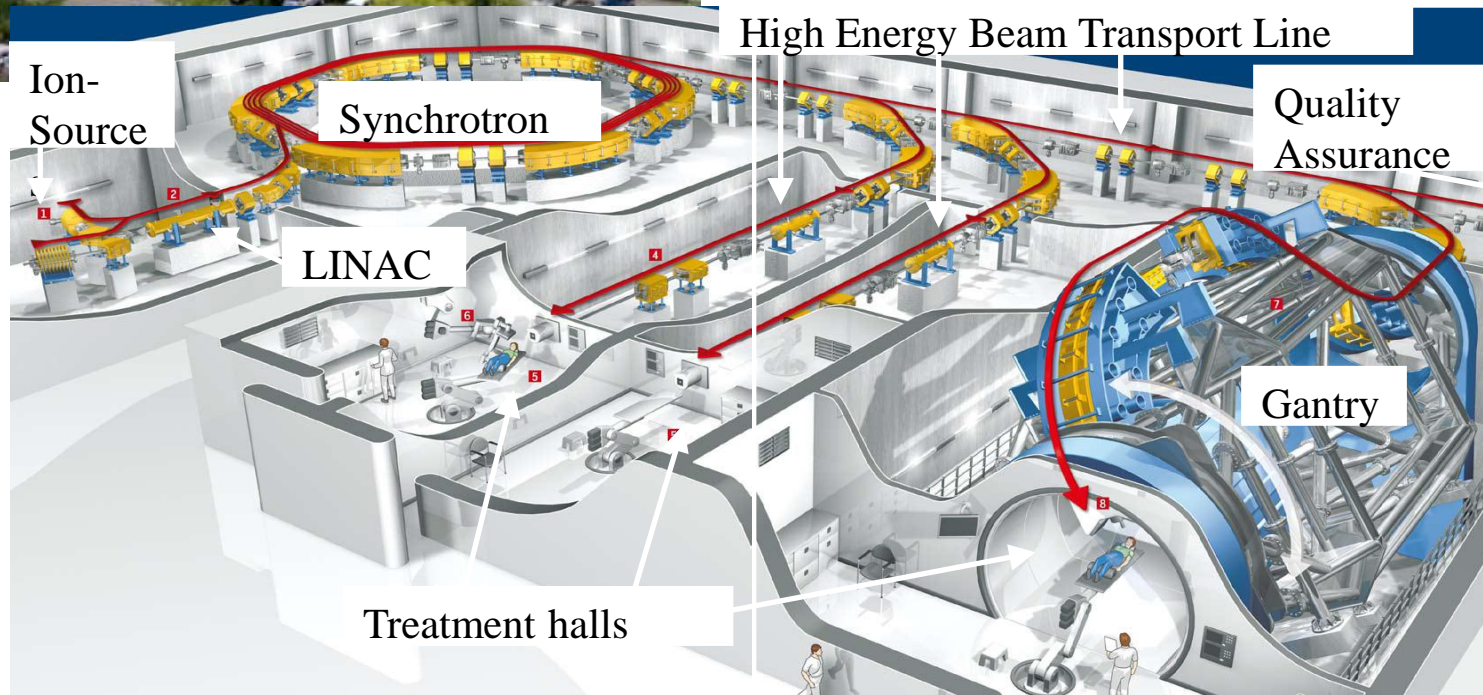


1400 patients to be treated annually.
First patients planned for 2015.

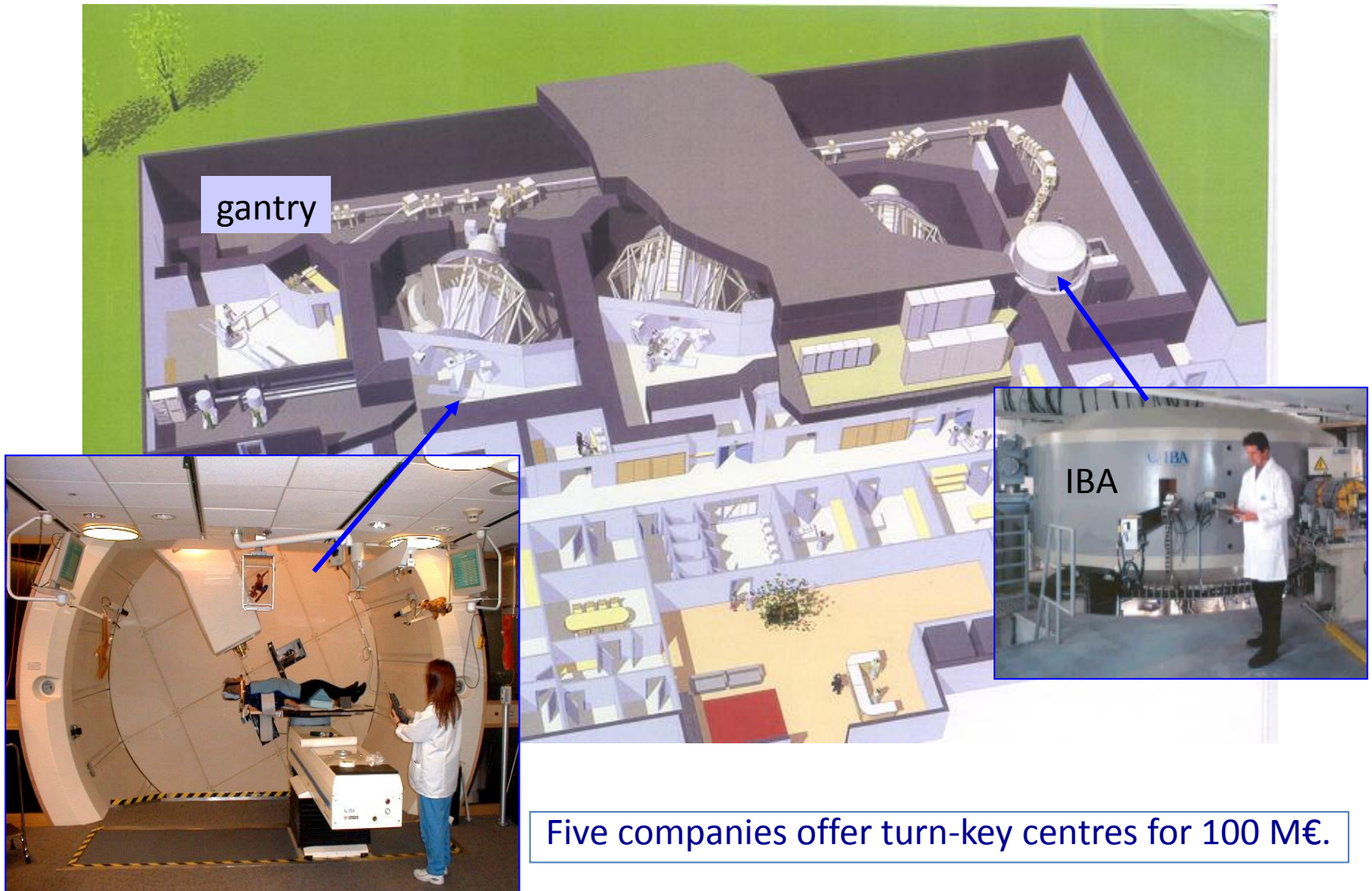
Turn-key hadrontherapy centers: HIT



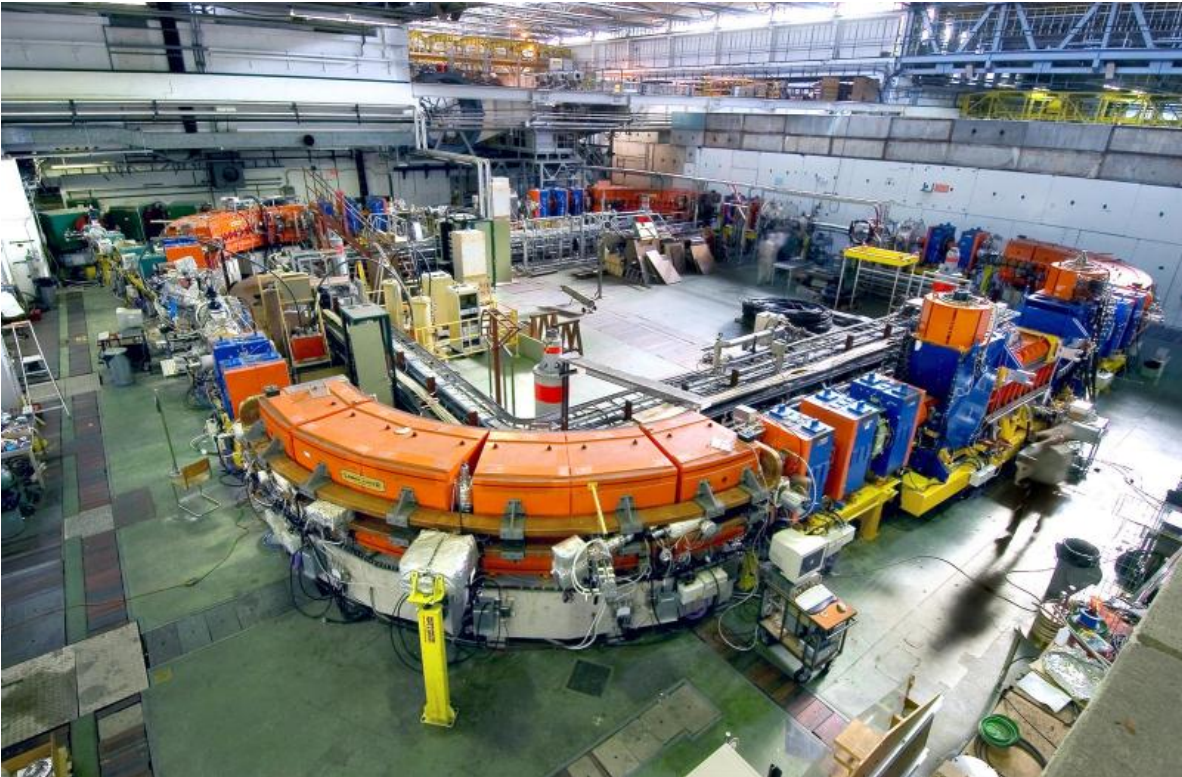
A € 100M project with gantry for beam rotation
Collaboration with GSI and SIEMENS for the
Construction of the facility
First beam extracted in 2007
First patient: October 2008



Turn-key hadrontherapy centers: cyclotron-based by IBA



Proposal to use LEIR as a bio-medical facility



Low Energy Ion Ring
provides ions for LHC
and SPS target
experiments

Time-sharing
between LHC ion runs
medical research

Requires only small
modifications

“Over 200 scientists from 26 countries, mostly from the European Union but also from Australia, Canada, Colombia, India, Mexico, Russia and USA, attended the brainstorming meeting.”

- Manjit Dosanjh

Current status of hadrontherapy in the world today

Per 10 million people:

20,000 patients per year receive conventional radiotherapy



12% (or 2400) would benefit from proton therapy



3% (or 600), having radio-resistant tumours would benefit from carbon ion therapy

Current status of hadrontherapy in the world today

Although historically clinical trials were confined to research centers, there are now 37 clinical centers in operation the world over, 6 of these capable of delivering carbon ions.

Today over 83,000 patients have been treated with protons and over 9200 with carbon.



Hadrontherapy is on the rise!

Now that you understood EVERYTHING about hadrontherapy...



Any questions before we proceed?

Part IV:

A PhD student's perspective

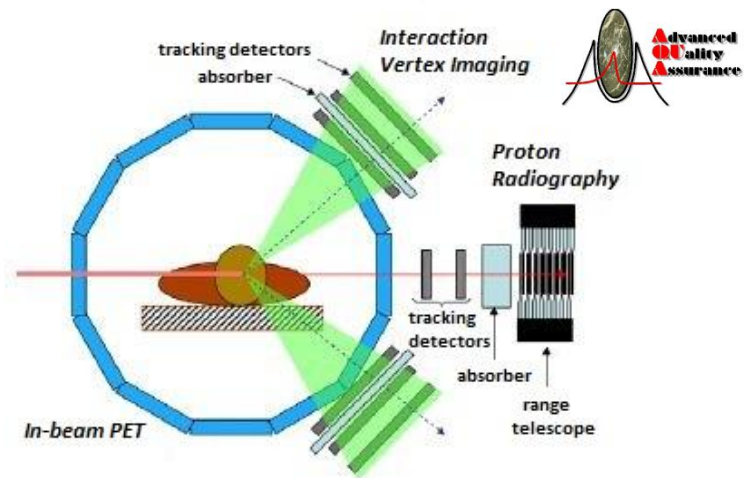
TERA Foundation



Cyc-linac Group



AQUA Group



TERA Foundation

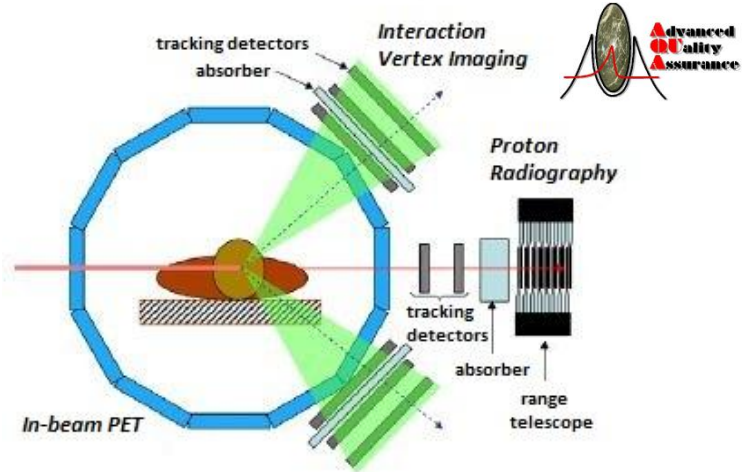


Cyc-linac Group



- PIMMS
- LIBO
- TULIP
- IDRA
- ...

AQUA Group



Projects:

- Proton Radiography
- In-beam PET
- IVI
- ...

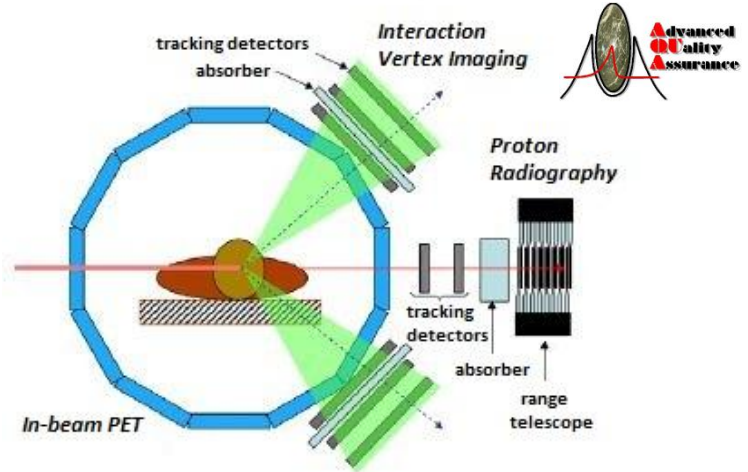
TERA Foundation



Cyc-linac Group



AQUA Group



Collaborations:



- ENLIGHT
- PARTNER
- ENVISION
- ENTERVISION



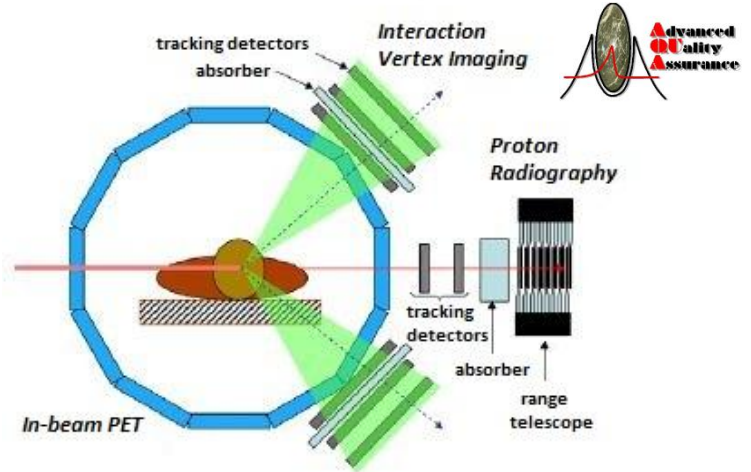
TERA Foundation



Cyc-linac Group

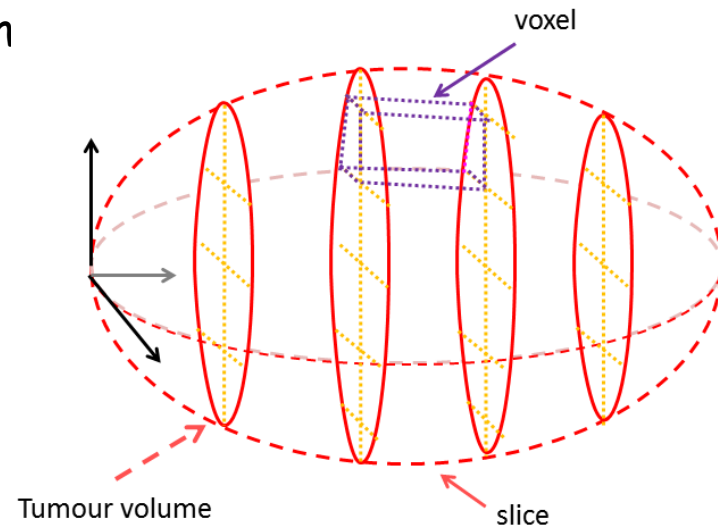


AQUA Group



The hadrontherapy community requires accelerating structures that are compact, have a high reliability, and appropriate beam parameters:

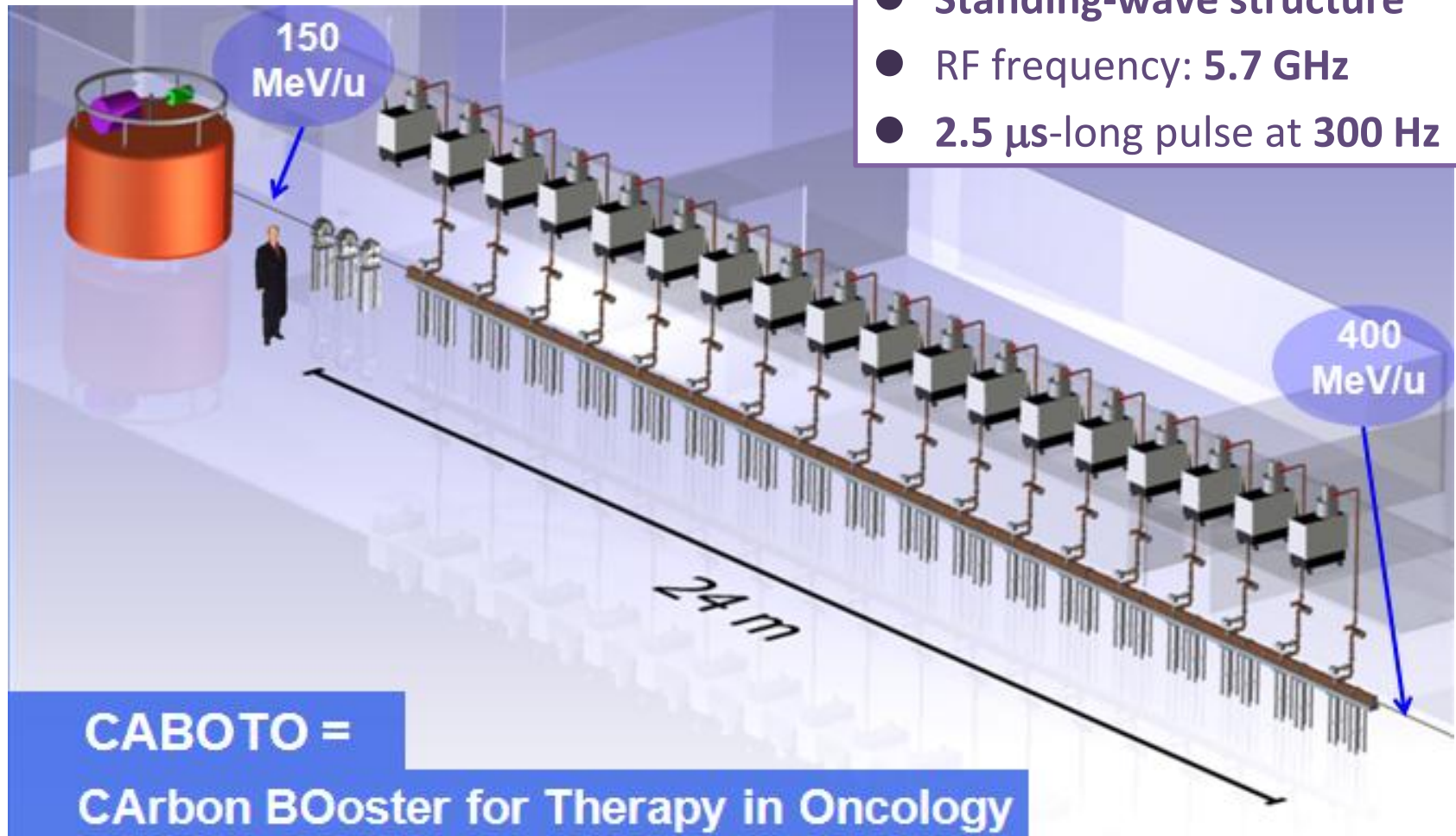
- active energy modulation
- high repetition rate



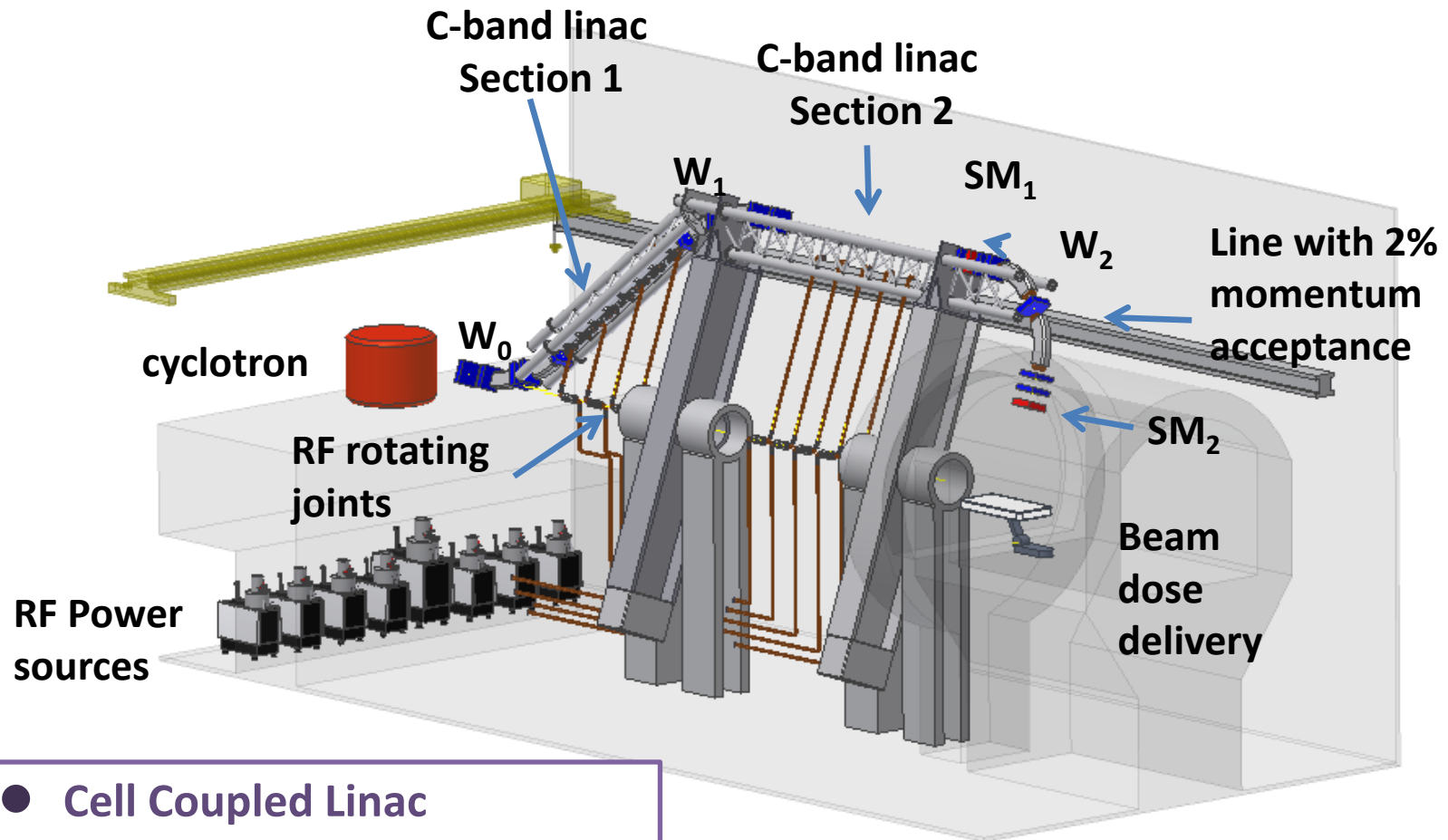
3D spot scanning beam delivery with multipainting

Cyclinac Group - CABOTO

- Cell Coupled Linac
- Standing-wave structure
- RF frequency: 5.7 GHz
- 2.5 μ s-long pulse at 300 Hz



Cyclinac Group – TULIP (Turning Linac for Protontherapy)



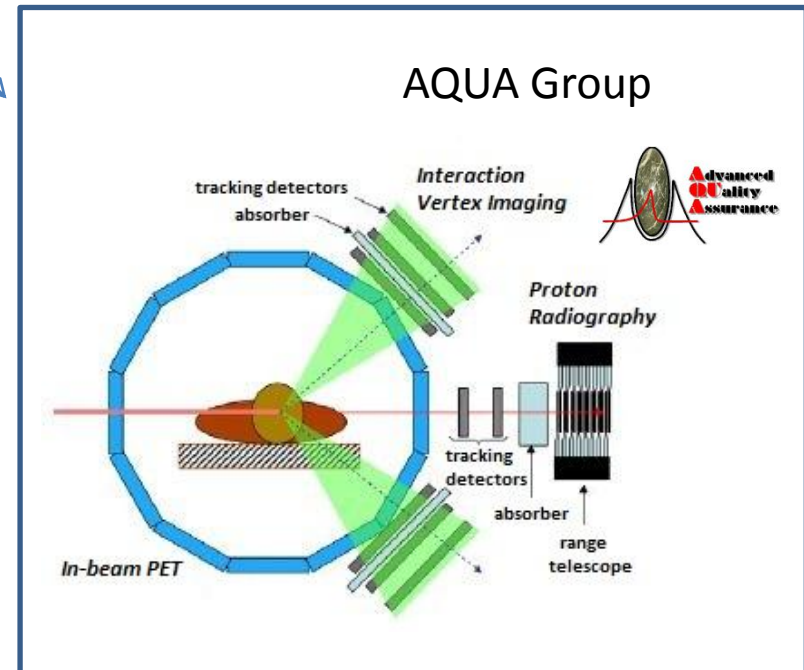
- Cell Coupled Linac
- Standing-wave structure
- RF frequency: **5.7 GHz**
- **2.5 μ s-long pulse at 100 Hz**

TERA Foundation

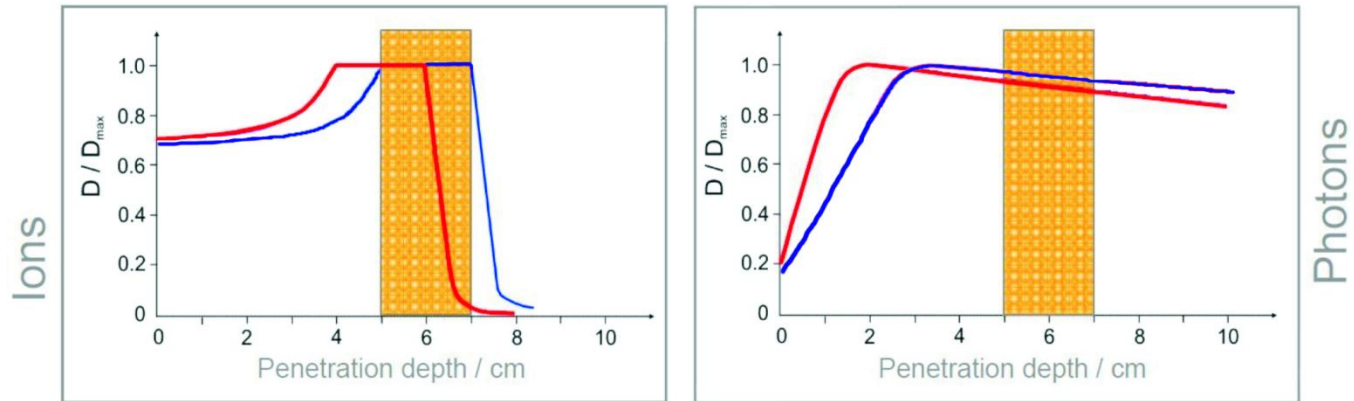
Cyc-linac Group



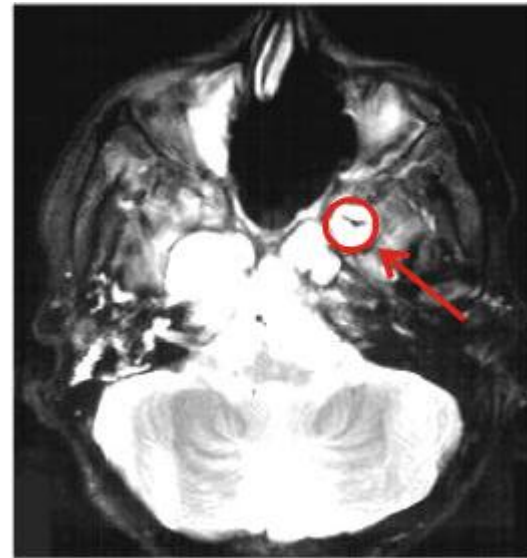
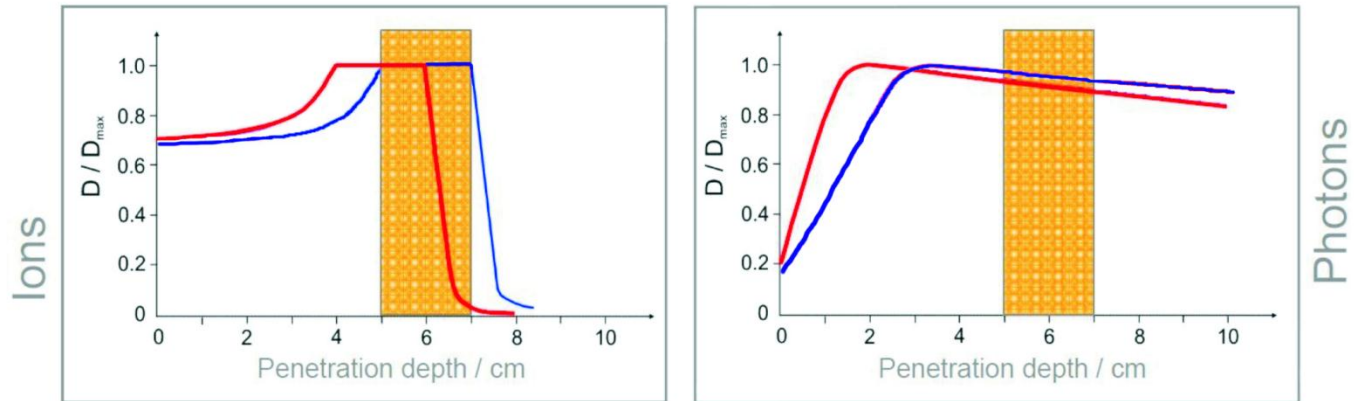
AQUA Group



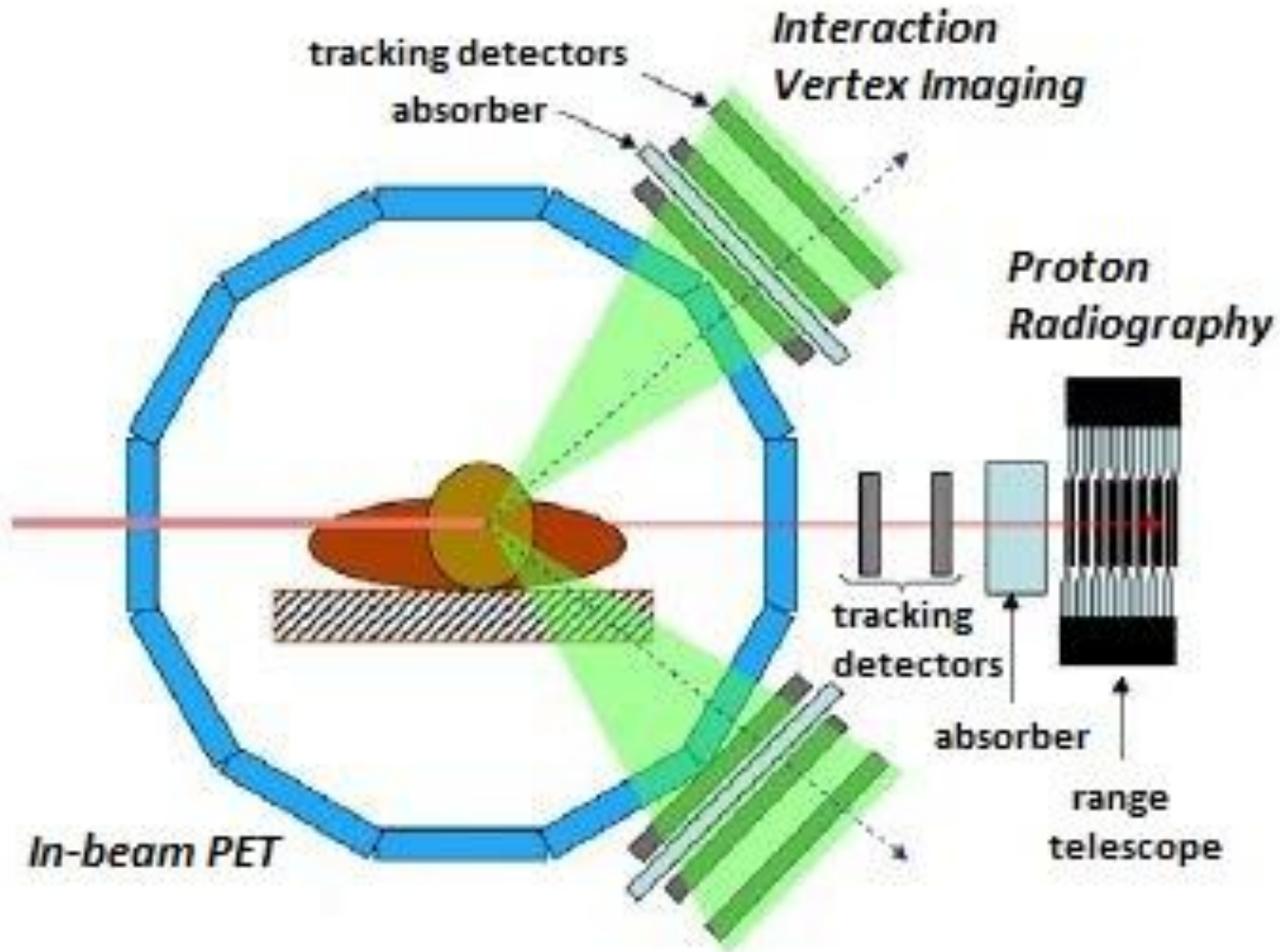
AQUA – Why Quality Assurance?



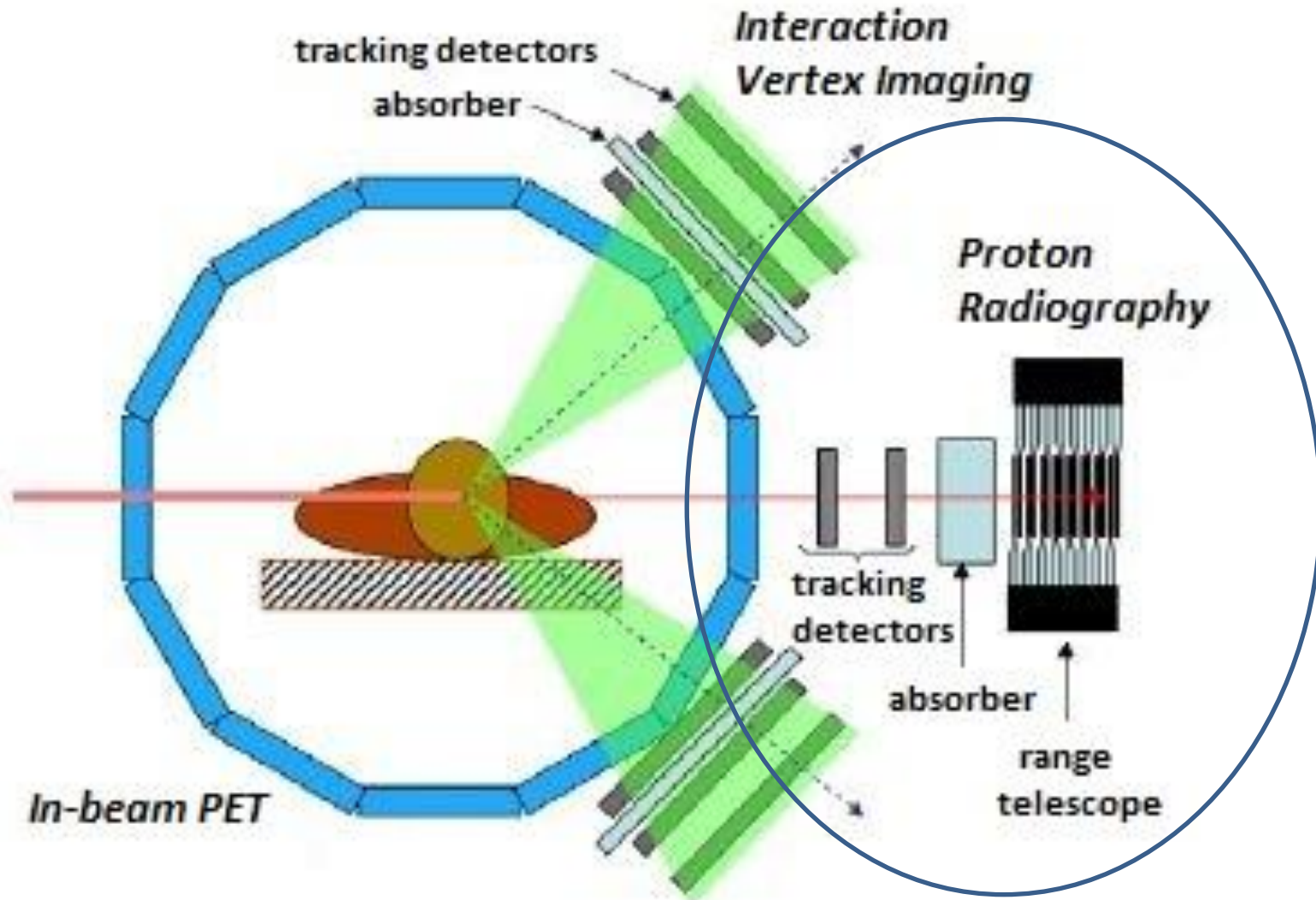
AQUA – Why Quality Assurance?



AQUA Group (Advanced QUality Assurance) for Hadrontherapy

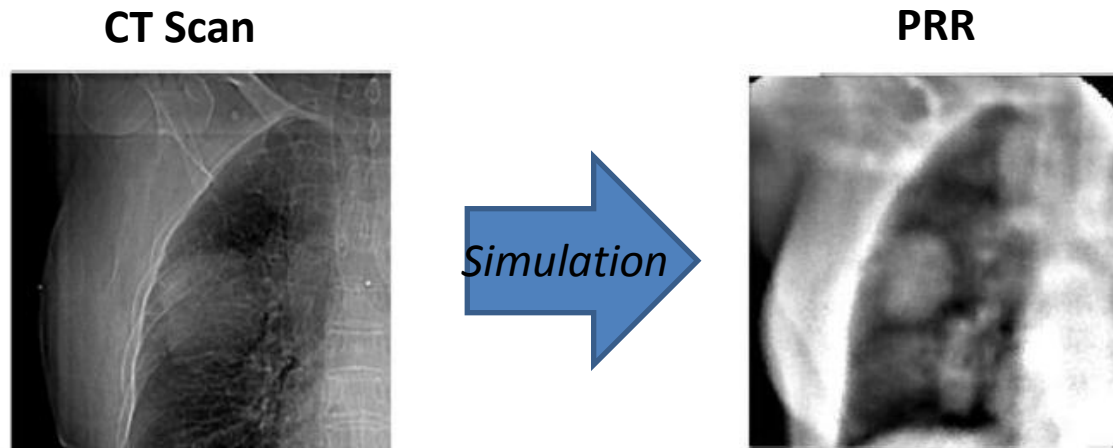


AQUA PRR - Proton Radiography



Purposes of 2D PRR

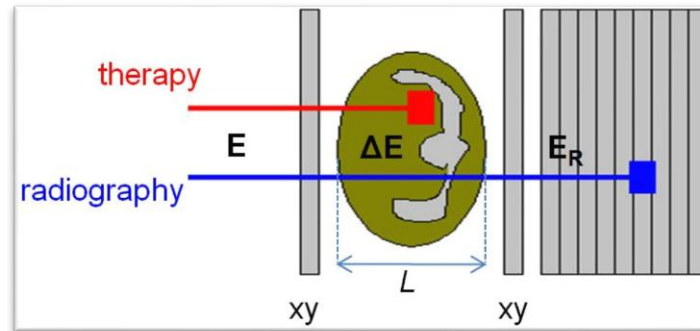
- Optimal patient positioning (low dose radiography)
- Treatment planning verification
- First step towards Proton CT



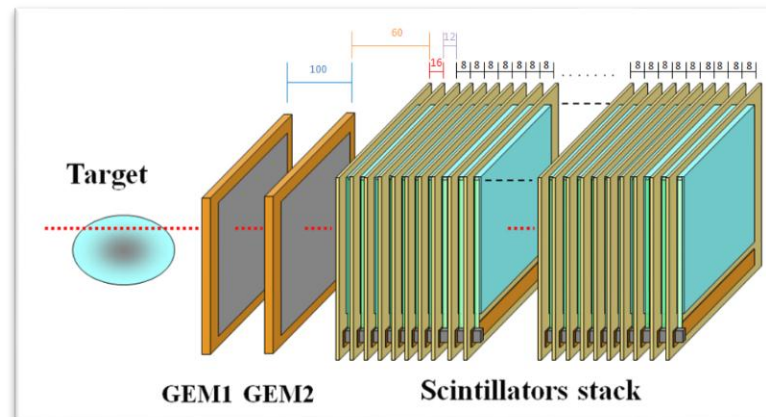
N. Depauw and J. Seco, Phys. Med. Biol. 56 (2011) 2407-2421

Proton Radiography

Principle

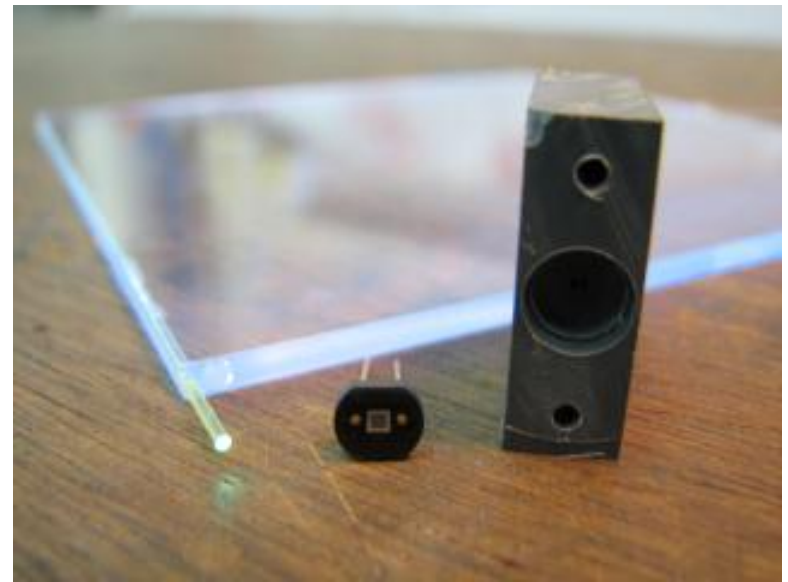
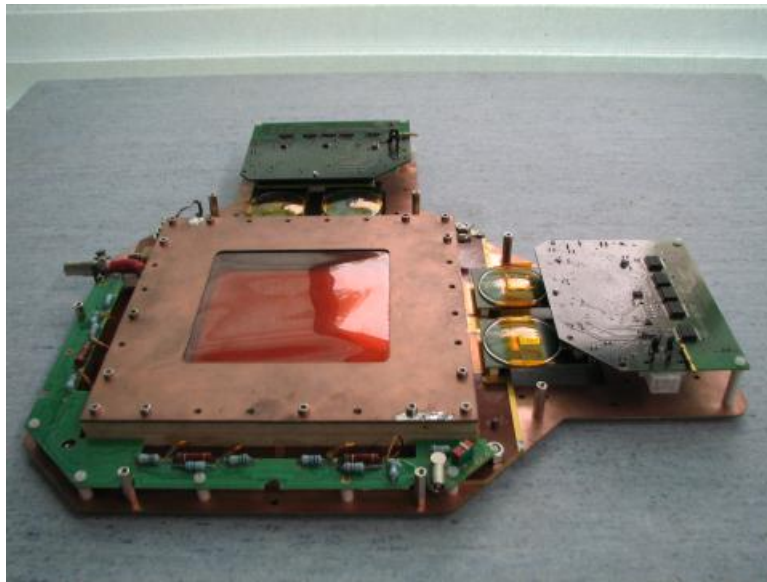


Implementation



The AQUA PRR10

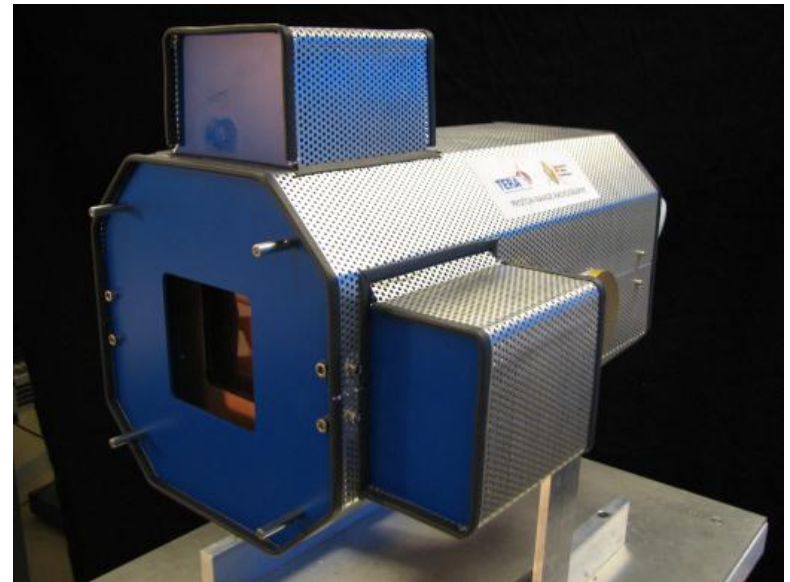
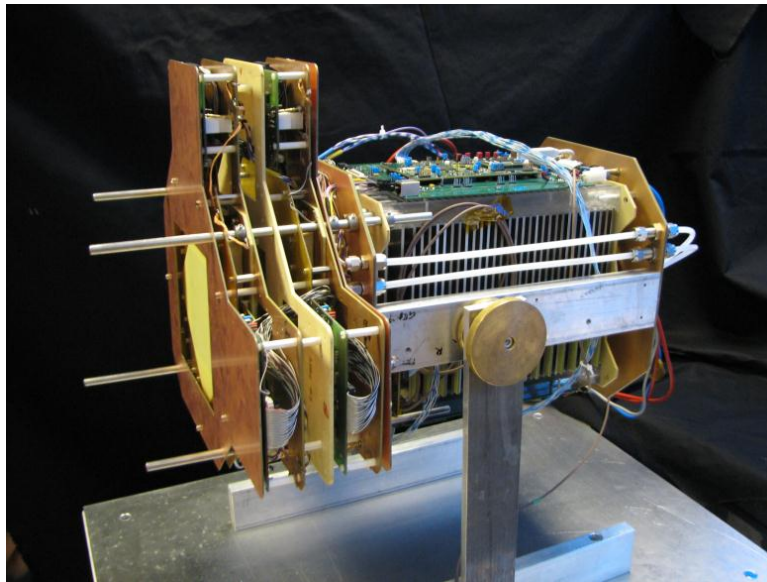
GEM Detectors



Plastic scintillator and SiPM

The AQUA PRR10

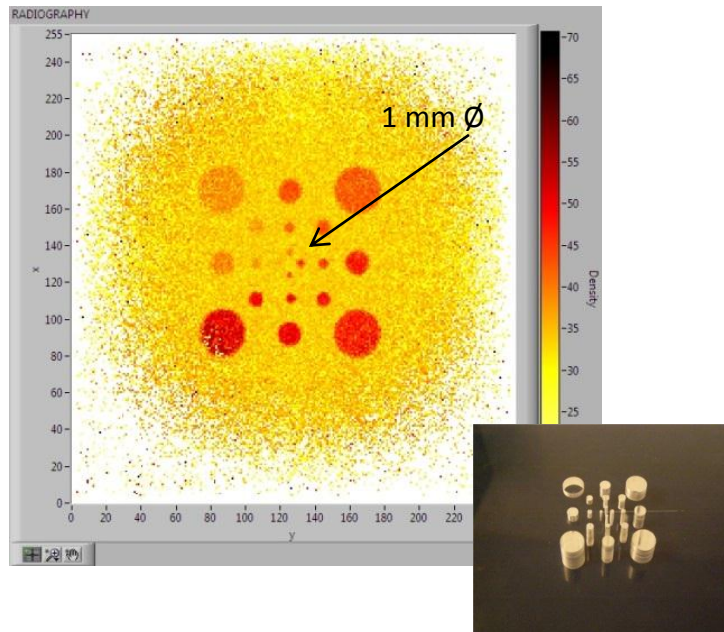
First Proton Range Radiography prototype – PRR10 (2010)



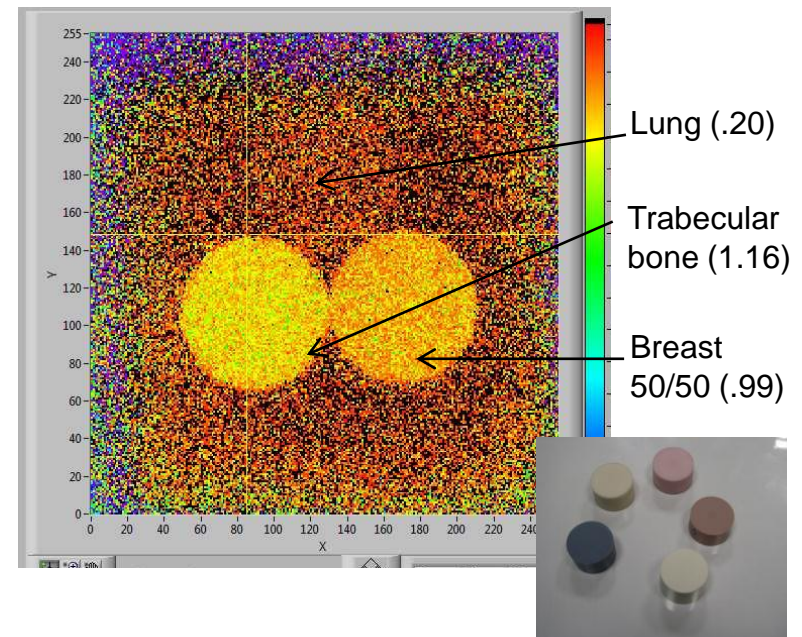
The AQUA PRR10

Quite nice results during beam tests

Paul Scherrer Institute (Villigen, CH)

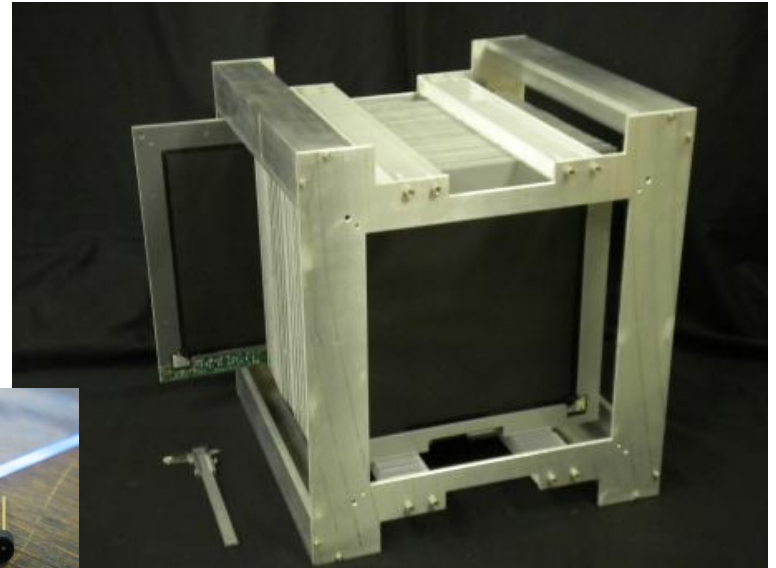
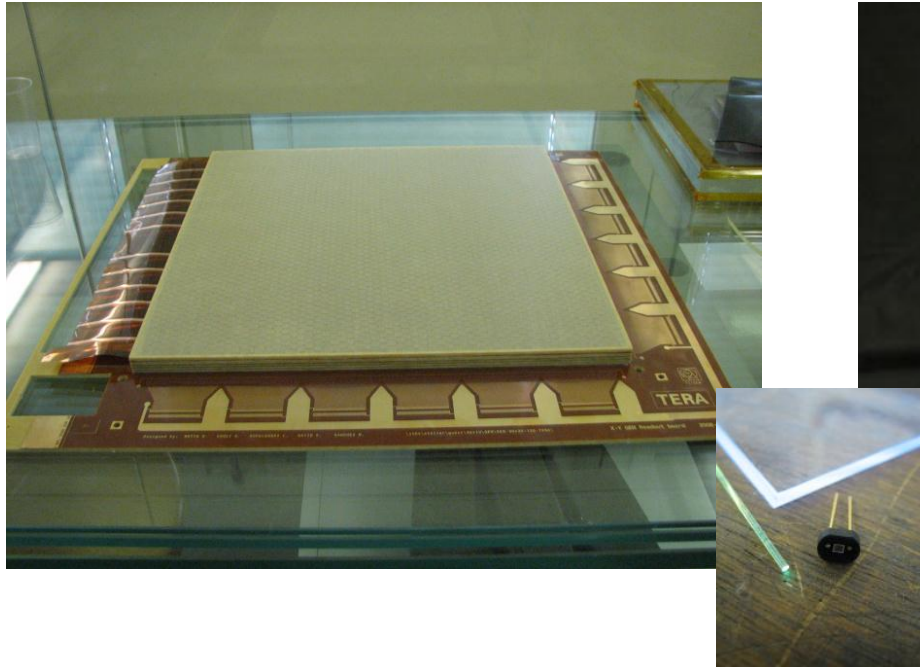


CNAO (Pavia, IT)



The AQUA PRR30

30cm x 30cm GEM detectors



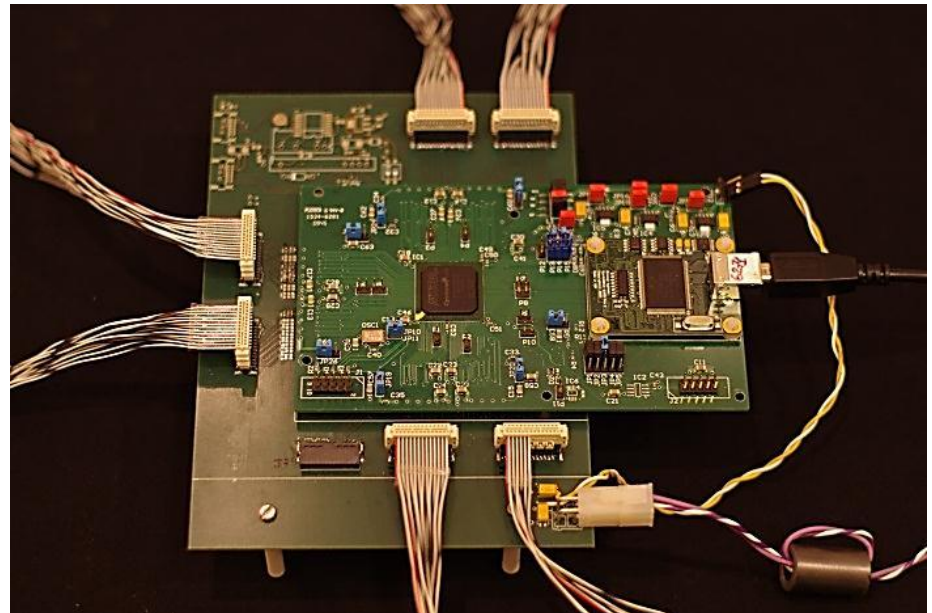
Plastic scintillators and SiPM

The AQUA PRR30

PRR30 requires entirely new electronics!

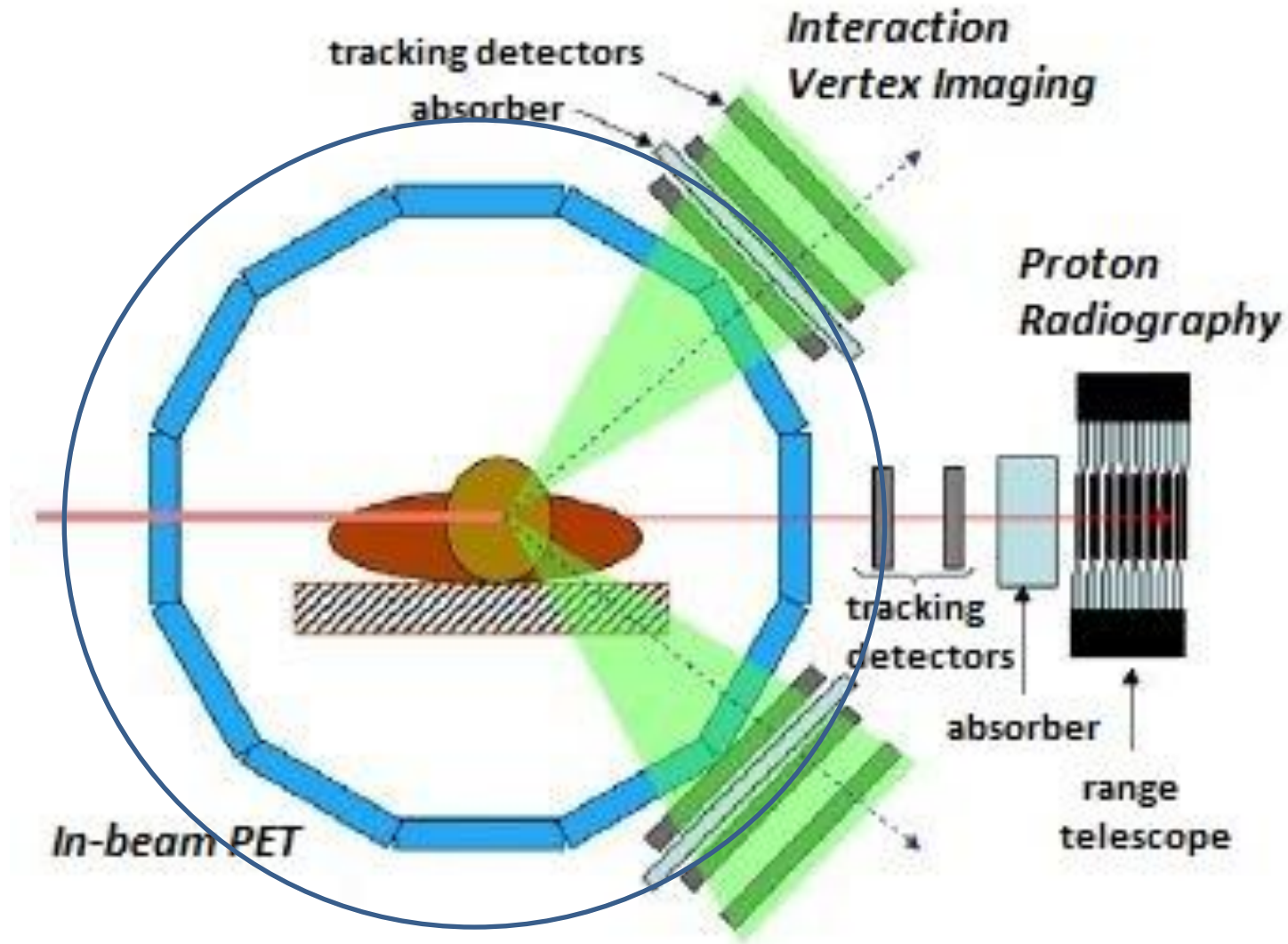


GEMROC front-end readout ASIC

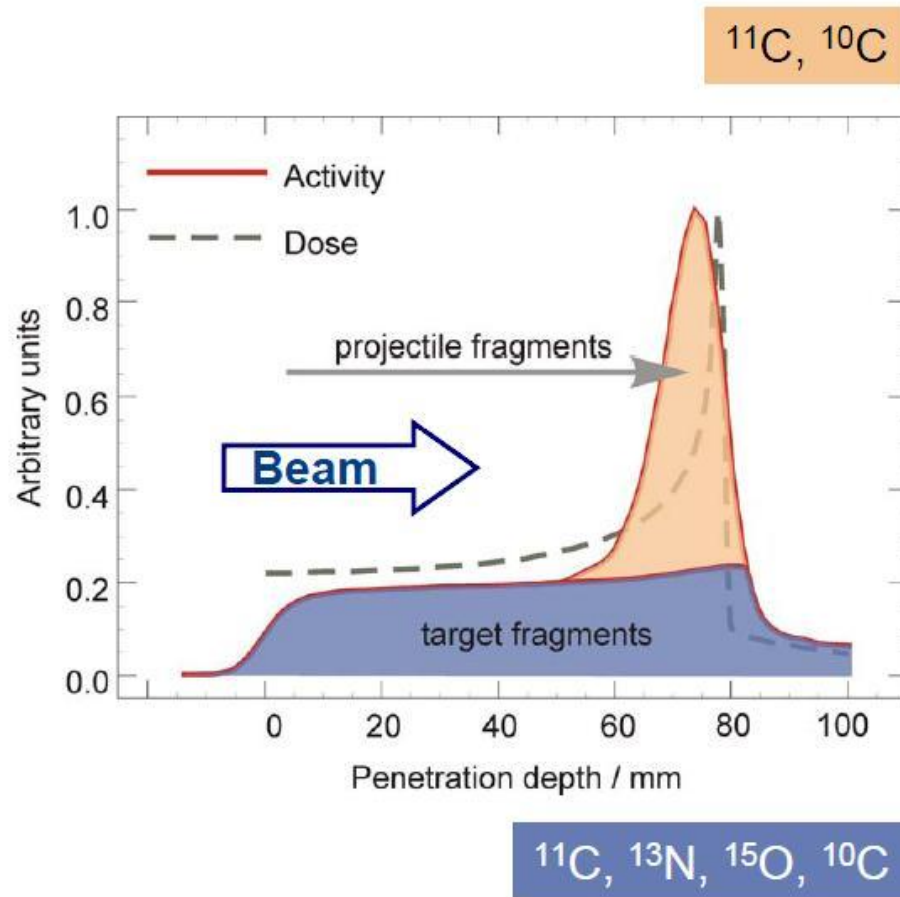


- Capable of reading 1 million samples per second

AQUA – In-beam PET

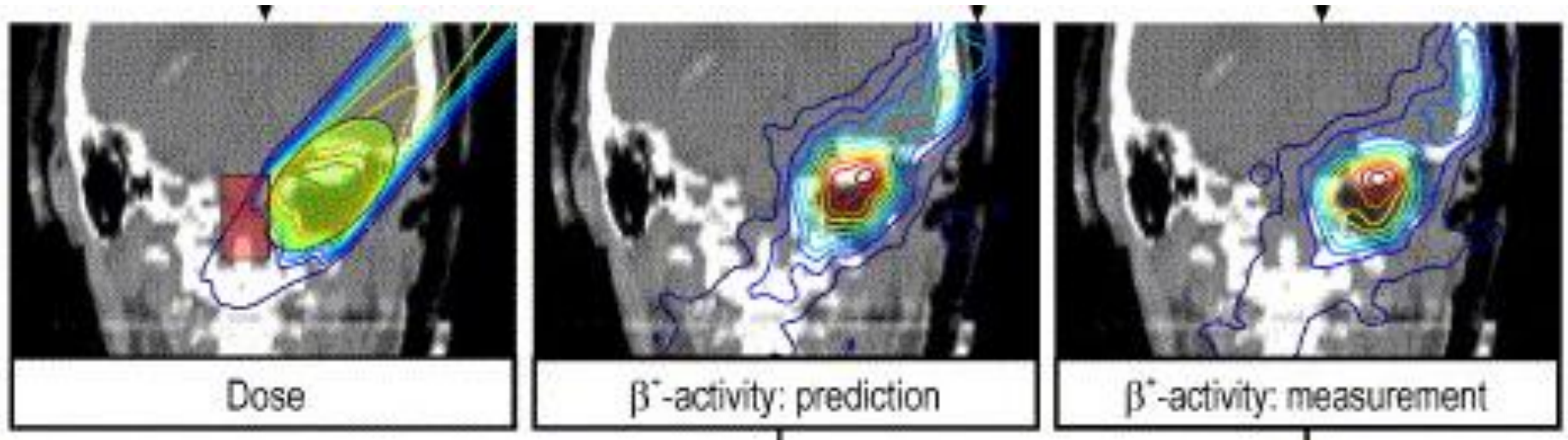


In-beam PET



In-beam PET can provide a *true* measurement of the delivered dose *in-vivo*.

In-beam PET

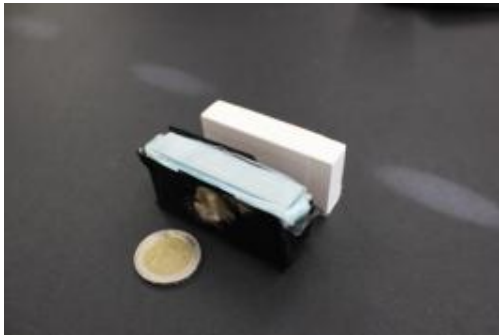
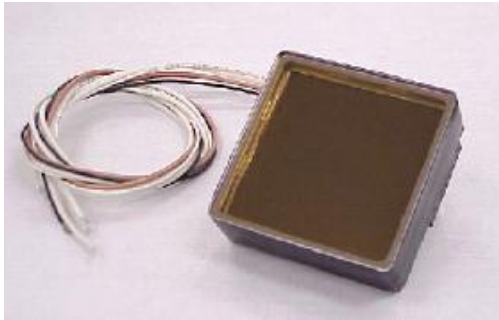


Challenges:

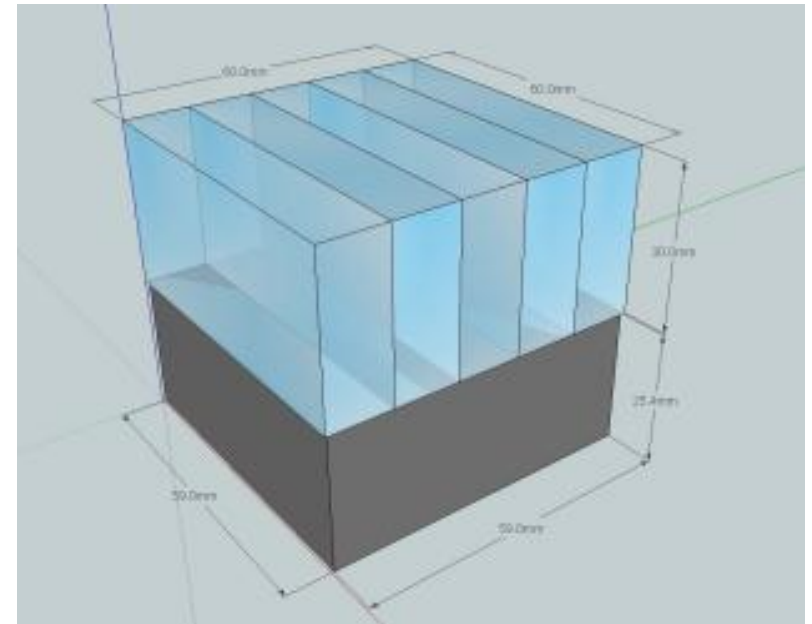
- Very low activity ($100\times <$ in nuclear medicine)
- Biological washout (minute timescale)
- Mechanical constraints of hadrontherapy treatment room
- Background activity during irradiation

AQUA In-beam PET with crystals

Multi-anode Multi-channel plate PMT



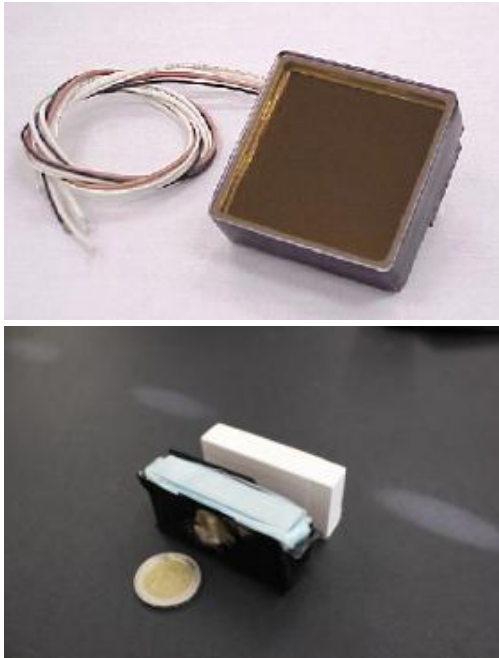
Semi-monolithic LYSO crystals



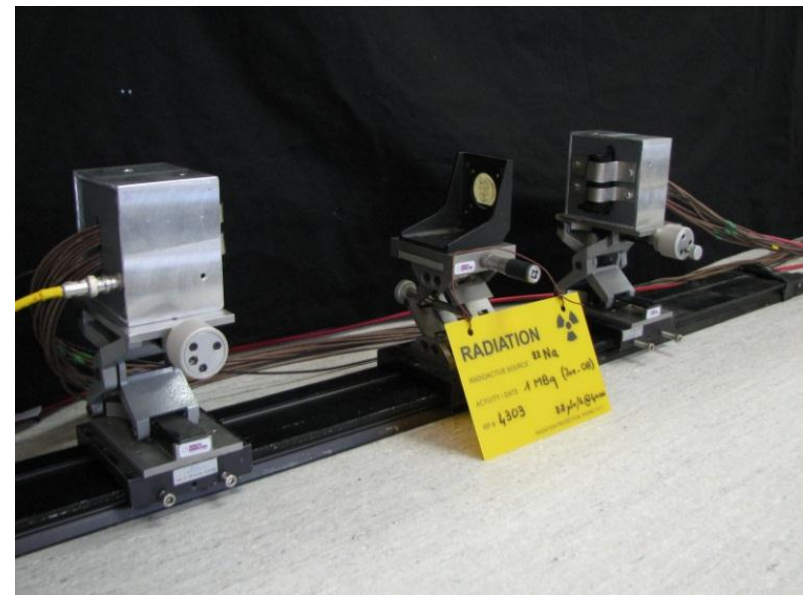
Single PET module design

AQUA In-beam PET with crystals

Multi-anode Multi-channel plate PMT



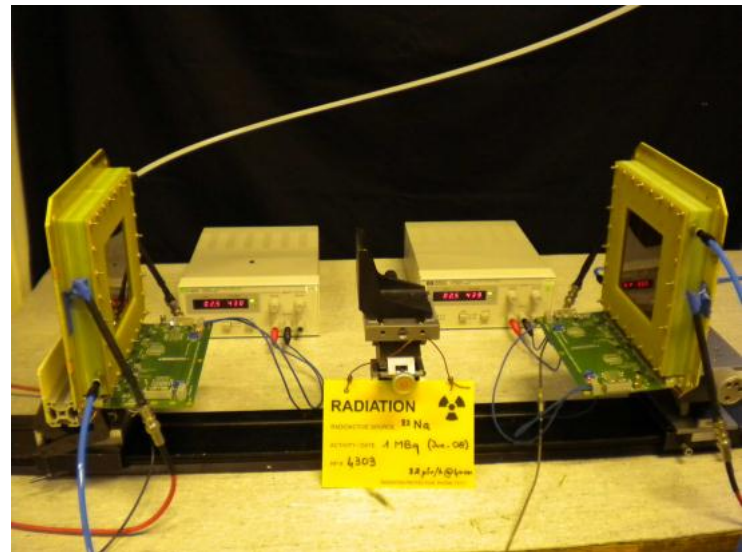
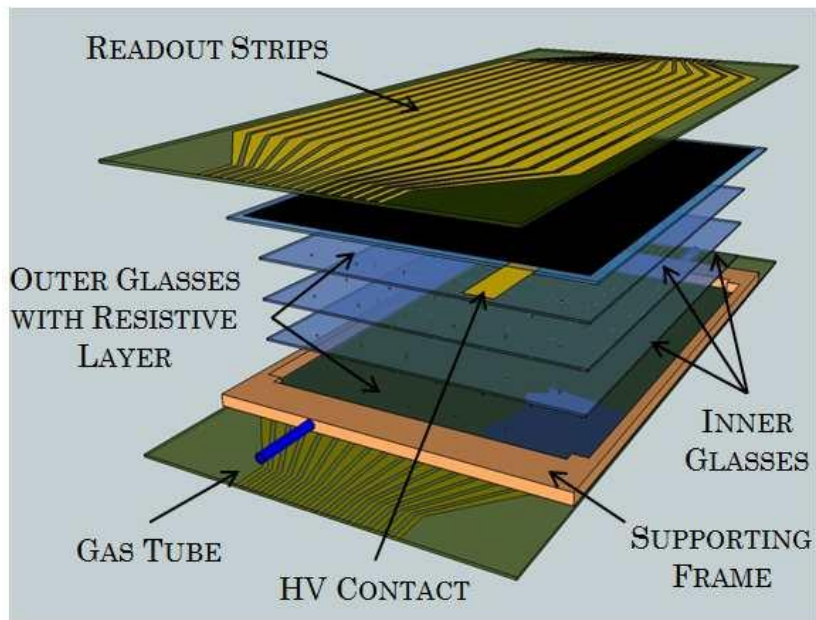
Semi-monolithic LYSO crystals



Coincidence setup with Na-22

AQUA In-beam PET with Resistive Plate Chambers

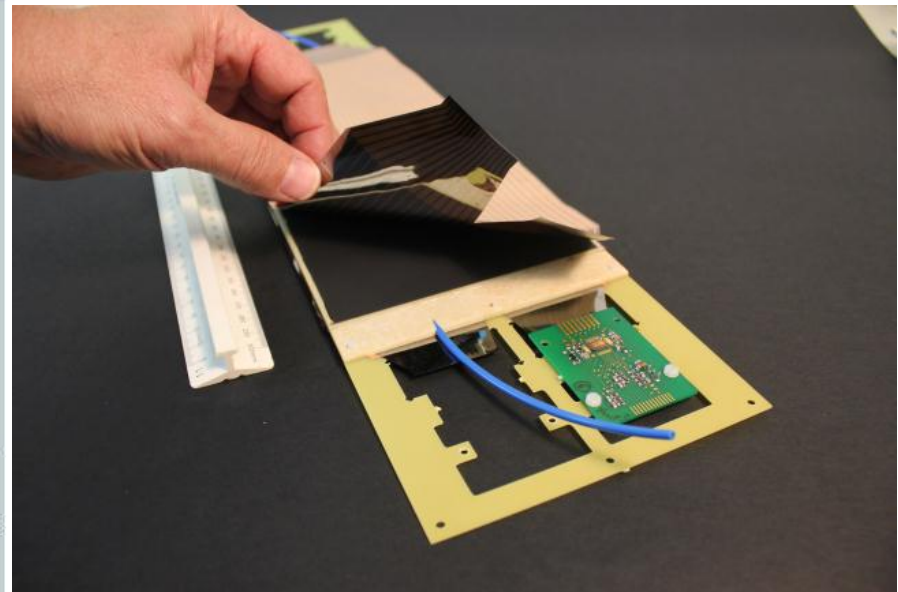
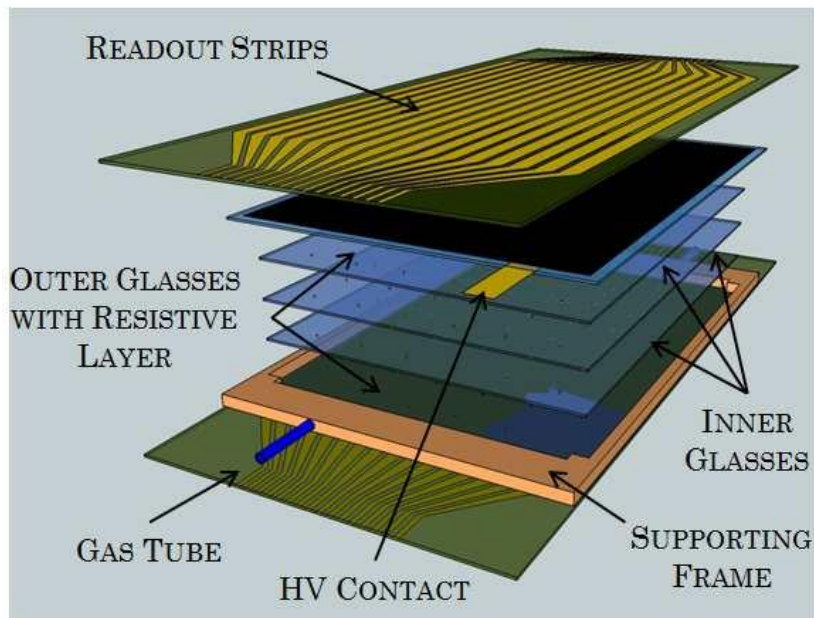
Compact multi-gap design



Lab setup with Na-22 source

AQUA In-beam PET with Resistive Plate Chambers

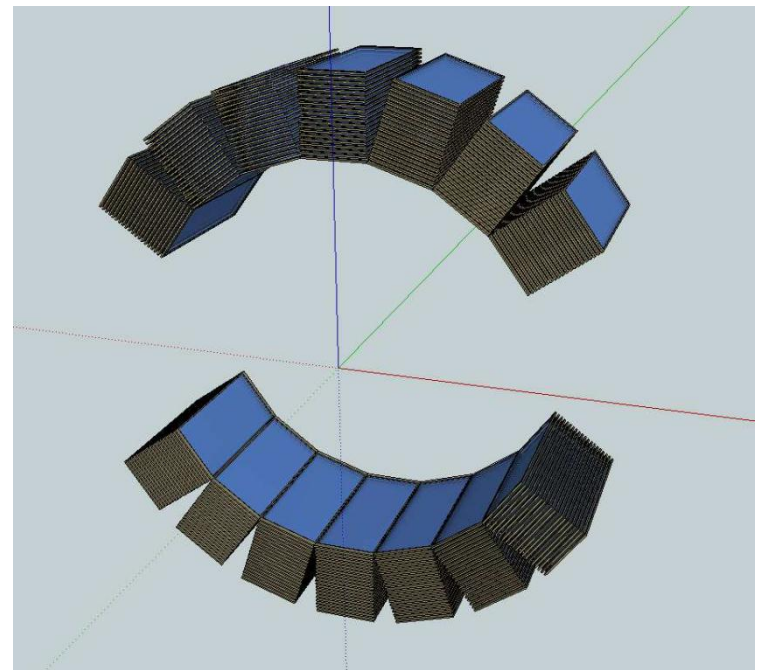
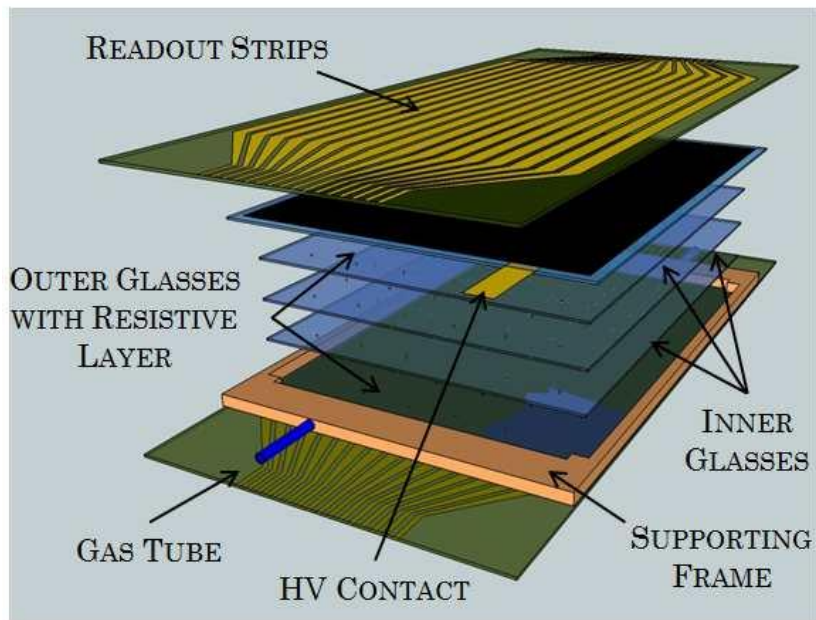
Compact multi-gap design



Actual 30cm x 12 cm module

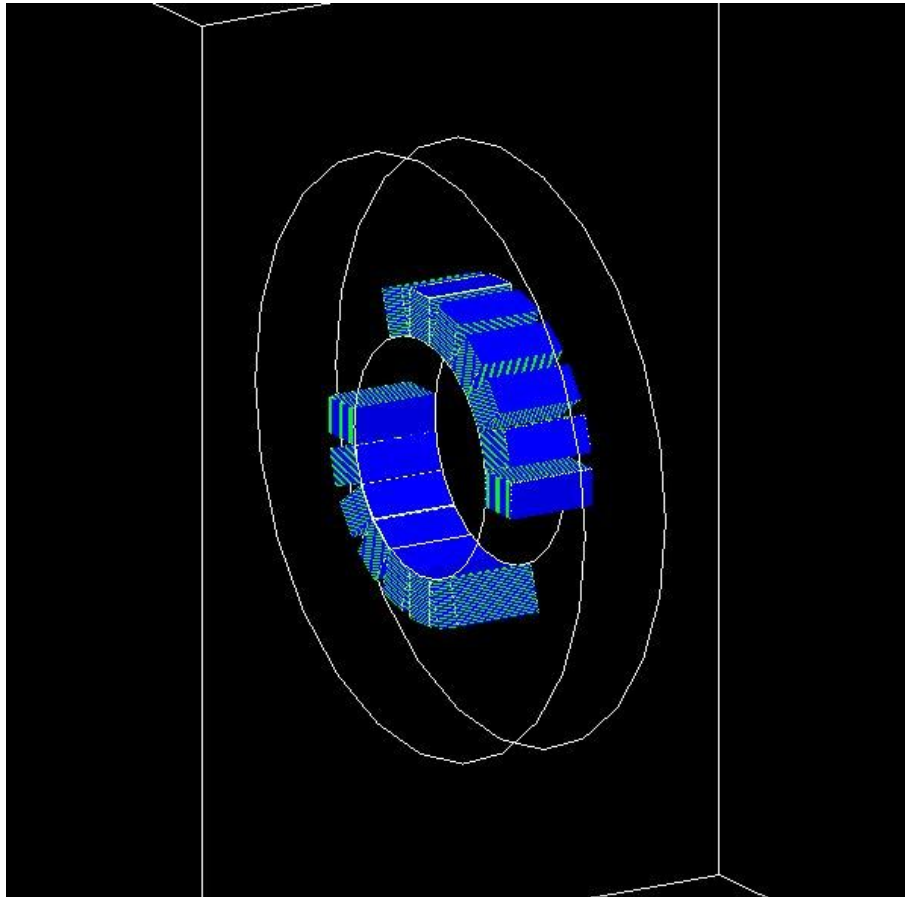
AQUA In-beam PET with Resistive Plate Chambers

Compact multi-gap design

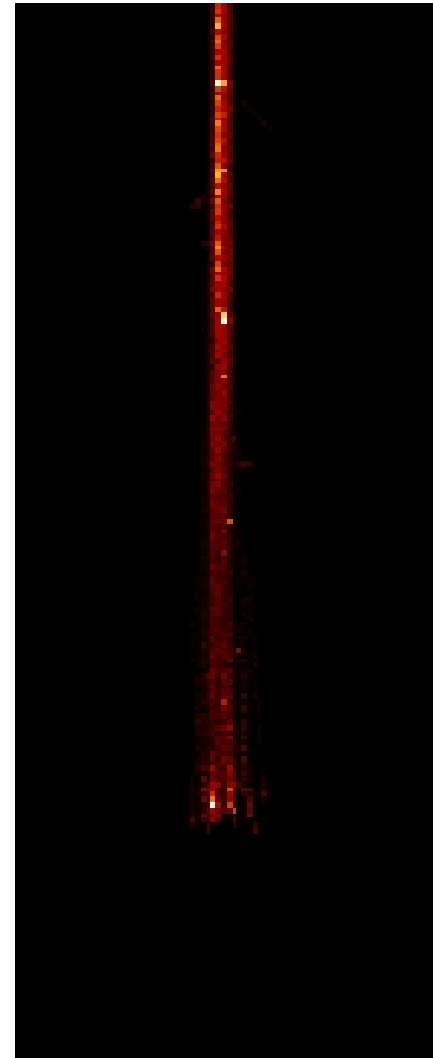


Partial ring scanner for clinical use

In-beam PET Monte-Carlo Simulations



GATE / GEANT4 <http://www.opengatecollaboration.org/>



European Projects



Hadrontherapy networks



Marie Curie Training Programs



Research grants and collaborations

<http://knowledge-transfer.web.cern.ch/life-sciences/projects>

The PARTNER Project



Marie Curie Early Stage Researcher 2009 – 2012

Together with 25 other young researchers
(radiobiologists, physicists, engineers, computer scientists...

Involving 10 institutes and two companies (Siemens and IBA)

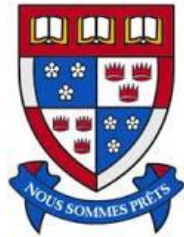
What has PARTNER given me?

- 8 publications
- 16 courses (from radiobiology to leadership training)
- 14 conferences
- Lots of presentations
- Networking (friends included!)

How did I get here?



SIMON FRASER UNIVERSITY

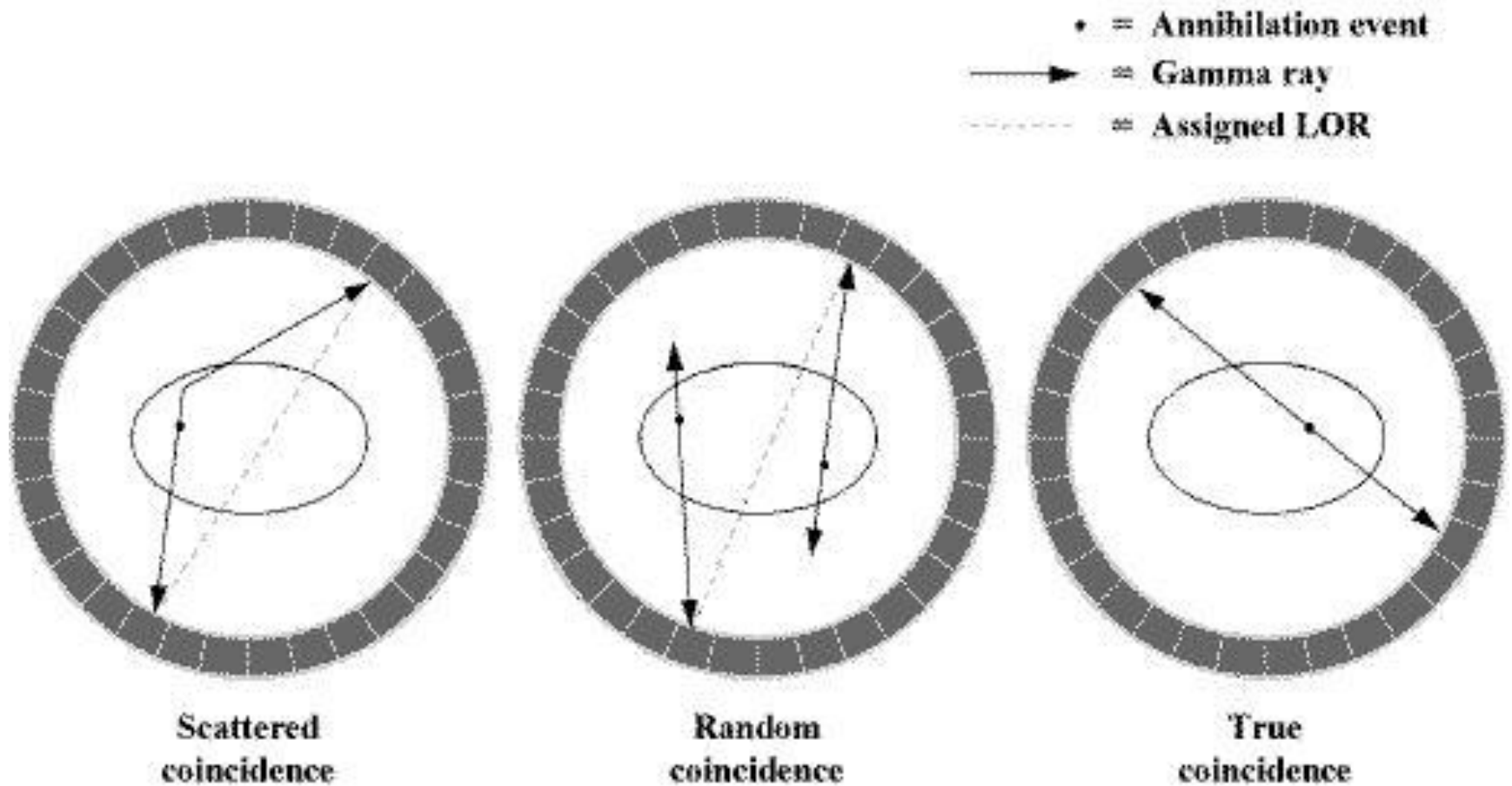


Thank you
for your attention!

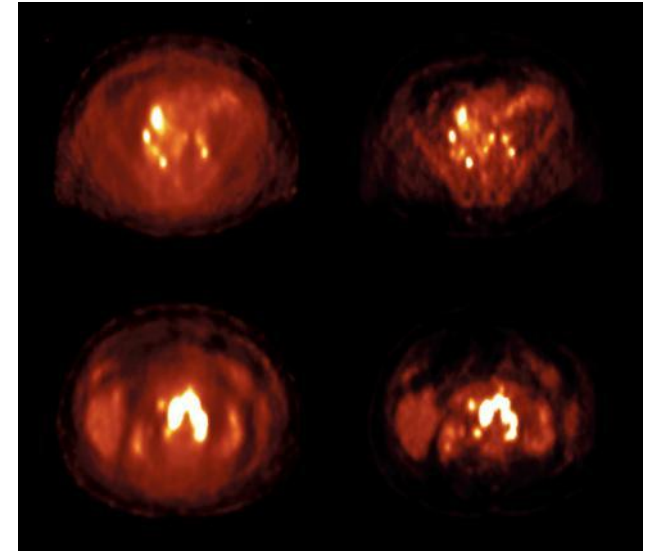
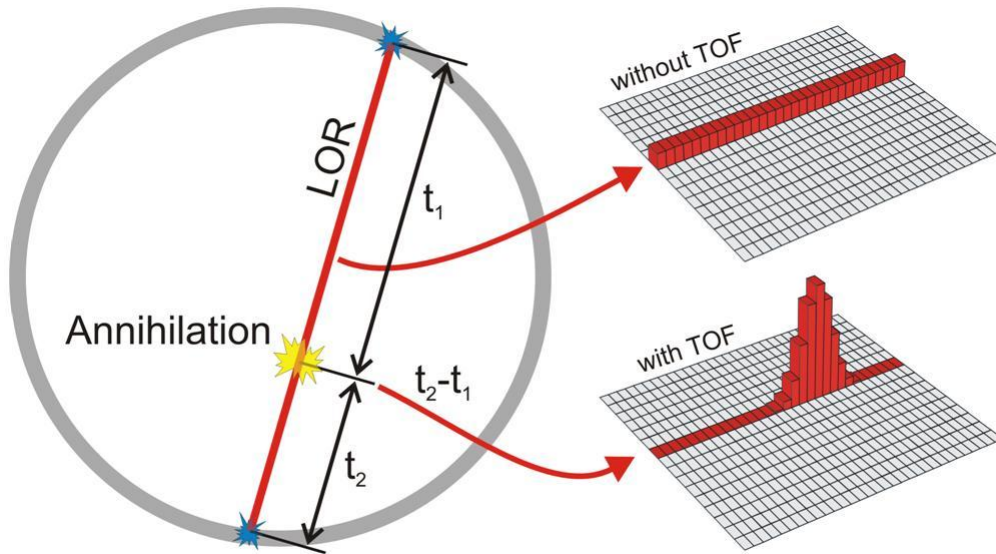
And enjoy the rest of
your visit at CERN!

Extra Slides

Sources of Noise in PET Imaging



State-of-the-art in PET: Time-of Flight



Improvements

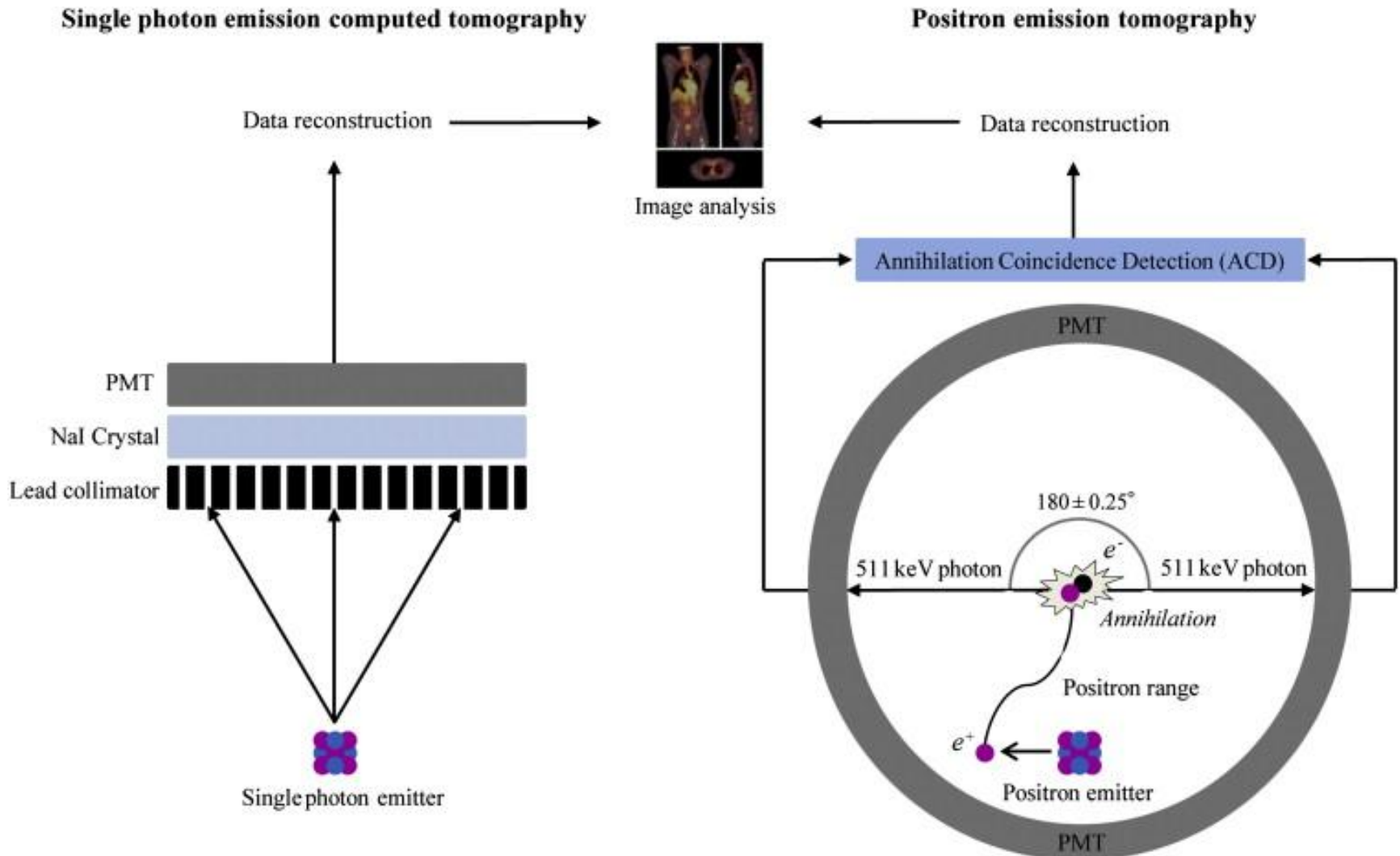
- Better signal-to-noise
- Better contrast
- Lower dose to the patient



Technological requirements

- Crystals with shorter decay times
- $< 1\text{ns}$ time encoding

What is SPECT?



What is SPECT?

