

Local Resources Available for people at CERN:

From the website that we link to from USLUO.org (<http://club-cwc-newcomers.web.cern.ch/club-cwc-newcomers/>) the “health” tab has a long list of resources, including emergency numbers. Also, there is a “Psychological Support, Advice, Coaching” category, with the following info (apologies for the cut-offs):

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[CERN Social Affairs Service](#) provides professional counselling and assistance in many situations for CERN staff and family members. From illnesses to education, divorce, bereavement and financial problems.

The Medical Service now has a psychologist working on the premises. [Please check here for details.](#)

The service can be reached: Building 33, Office 1-038 - Tel: +41 22 767 42 01 - SocialAffairs@CERN.ch

Names and addresses of specialists in Geneva can be found at [AngloInfo](#).

Some recommendations

[Agneta Johannsen](#)

Geneva Counseling Practice (speaks English and German)

Coppet, 15 min from Geneva - +41 22 776 06 35 - info@genevapsychologypractice.ch

[Art Therapy with Eileen Wiley](#)

Explore your creativity in a quiet space using the non-verbal language of art as Eileen guides you in developing a frame of mind through art.
+41 79 555 96 30 - Email: eileen.wiley@hotmail.com.

[Dr. Basile \(Vasileios\) Vareltzis](#)

Family Practice physician, FMH

Addiction Medicine specialist, SSAM (also treats depression and burn out)

Certified Psychodramatist, PDH

25, Rue Jacques-Grosslin, 1227 Carouge, Switzerland - Tel: +41 22 342 6138

[Includera](#)

redefines the field of counselling and coaching. Exploring beyond problem solving and merely helping people adjust to life as it is. A deeper and creative approach, turning points in your life can be better understood and the emerging potential for your own growth and well-being.

Contact: Rani Treichel, Les Hauts St Jean 17, Avenue Perdtemps 17, 1260 Nyon Switzerland - Tel: +41 78 928 80 85

Email: ranit@includera.org

[Mentalfitness](#)

Life Coaching and Counseling services

rue Voltaire 2, Geneva - +41 22 310 52 37

info@mentalfitness.ch

[Johanna Mulvaney](#)

Geneva Counseling

rue du Rhône 69 (5e étage), Geneva - +41 78 805 73 74

Languages: English, French, Swedish

johanna@genevacounselling.com

[Steinmann International](#)

Coaching, Training, Development

Désirée Steinmann

Erlenbach (near Zürich) - +41 43 288 08 12

info@steinmann-international.com

Coaching in English and German, in person and over the phone! This may seem like an unusual approach, but it offers a lot of flexibility and expense.

Taking time for yourself is considered a healthy lifestyle (bien-être). See our section on [spas and spa treatments on our Activities](#) page.

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CERN Psychologist Sigrid Malandain

How to make an appointment: <https://espace.cern.ch/Medical-service/site%20documents/Psychologist.aspx>

Nice article about her here:

<https://cds.cern.ch/journal/CERNBulletin/2010/48/News%20Articles/1309201?ln=en>

Additionally, from Nancy Losinno:

This clinic in Geneva has English-speaking psychological/psychiatric services and even has a 24-hour emergency hotline.

<http://www.cabinetliengme.ch/en/psychiatry>