

US-Based Resources for students and profs for student well-being committee meeting

- Note that many links are included in the Grad Resources brochure uploaded to agenda

Crisis hotline from Grad Support 800-GRAD-HLP (800-472-3457) should work via skype, and is available for graduate students at US institutions, including those who are based abroad.

Info from Nancy Losinno:

Here is a good resource on student mental health:

<http://www.activeminds.org/>

MIT has a nice little pdf guide on how faculty can help distressed students. Here it is:

[http://medweb.mit.edu/pdf/faculty\\_brochure.pdf](http://medweb.mit.edu/pdf/faculty_brochure.pdf)

The graduate student hotline has a nice website (which I am sure you know about) but they have some good articles and they do “distance mentoring” as well:

<http://gradresources.org/issues/>