


**A Phase I / II Pilot Study of Proton Radiotherapy and Hyperthermia
in Primary or Recurrent Unresectable Adult Soft Tissue Sarcoma
(HYPROSAR)
(ClinicalTrials.gov NCT01904565)**

Prof. Niloy Ranjan Datta

Centre for Radiation Oncology KSA-KSB, Kantonsspital Aarau, Switzerland



Phase I / II trial: “HYPROSAR”



HYPROSAR





A Phase I/II study of Concurrent Hyperthermia and Proton Beam Radiotherapy in Primary and Recurrent Unresectable Soft Tissue Sarcoma (HYPROSAR)

Department of Radio-Onkologie, Kantonsspital Aarau, Switzerland,
Uniklinik Balgrist, University Hospital Zurich,
Division of Radiotherapy, Kantonsspital, Zürich, Switzerland,
Paul Scherrer Institut, Villigen, Switzerland

Version 1.1, dated 09.08.2013

This trial is registered with ClinicalTrials.gov, Identifier NCT01904565

Launched: Jan 13, 2014

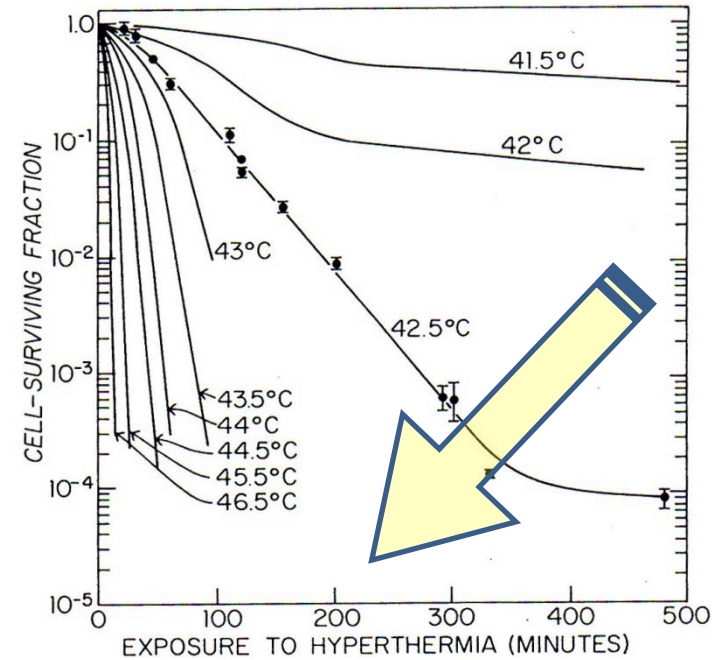
   

- ▶ **The Rationale:**
 - ▶ Hyperthermia
 - ▶ Proton
 - ▶ Hyperthermia and Protons
- ▶ **Trial design and work flow**

Hyperthermia

Cellular Basis of Hyperthermia:

- ◆ Neoplastic cells **intrinsically more heat sensitive**
- ◆ **Hypoxic** and nutritionally deficient cells are heat sensitive
- ◆ Cells at **low pH** are heat sensitive
- ◆ **Radioresistant "S" phase** cells are heat sensitive
- ◆ Heat **inhibits repair of radiation induced DNA SSB**
- ◆ **Thermal synergism** with a number of chemotherapeutic drugs

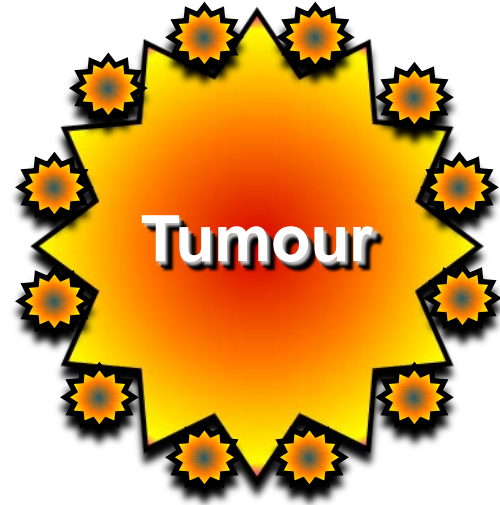


Temperature dependent changes in shape of Cell survival curve

Thermal synergism

Hyperthermia and Radiation

- Well oxygenated
- Normal pH
- Sufficient nutrients
- Cell proliferation



- Hypoxic
- Low pH
- Insufficient nutrients
- No proliferation

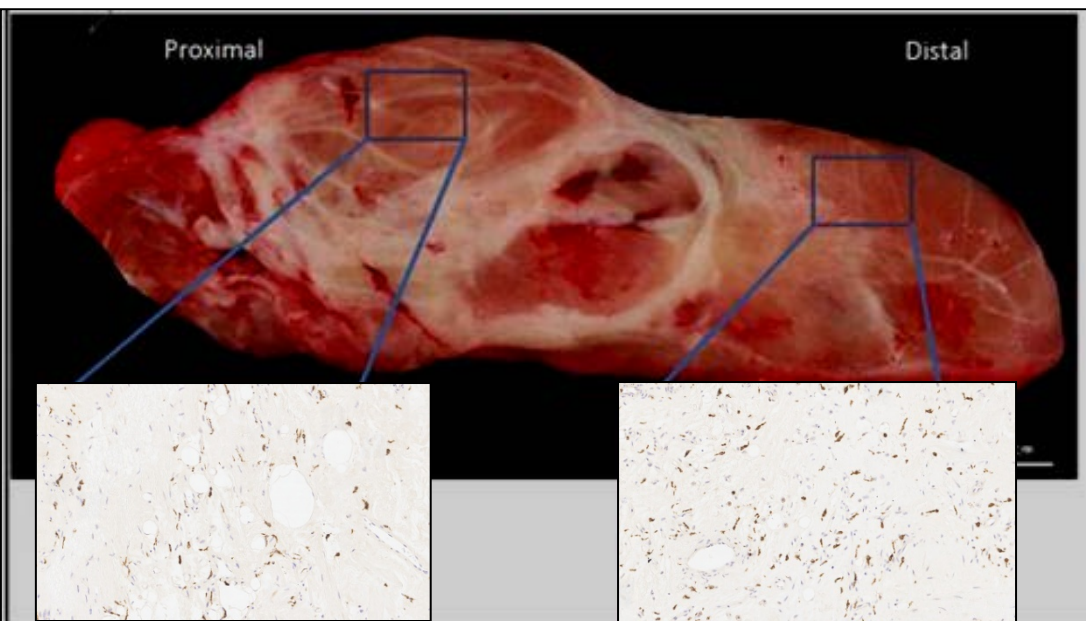
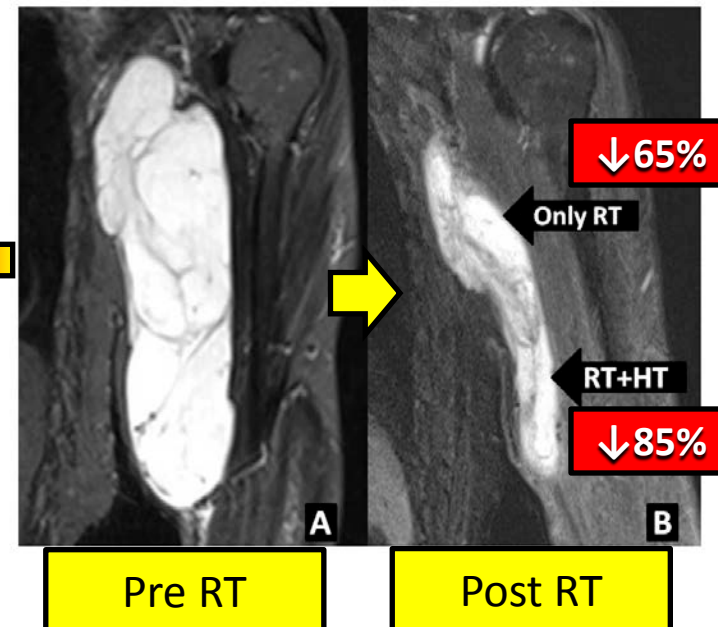
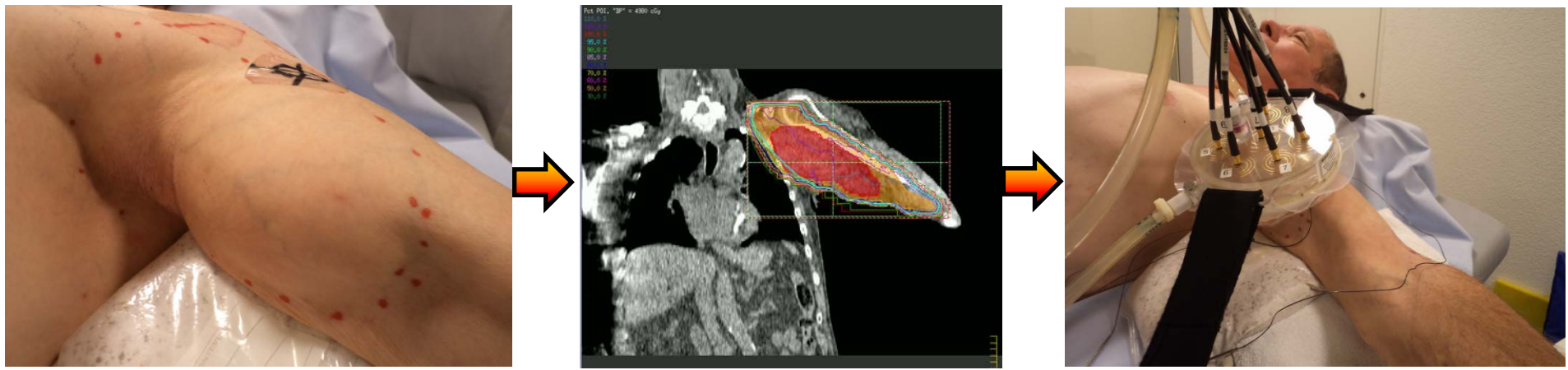
Heat **resistant**
Radiosensitive

Heat **sensitive**
Radioresistant

Hyperthermia
and
Radiotherapy
are **Complementary** to each other

A case illustration:

RT alone (Proximal part); RT+HT (Distal part)



CD 68+ (Macrophages) (↑23%)

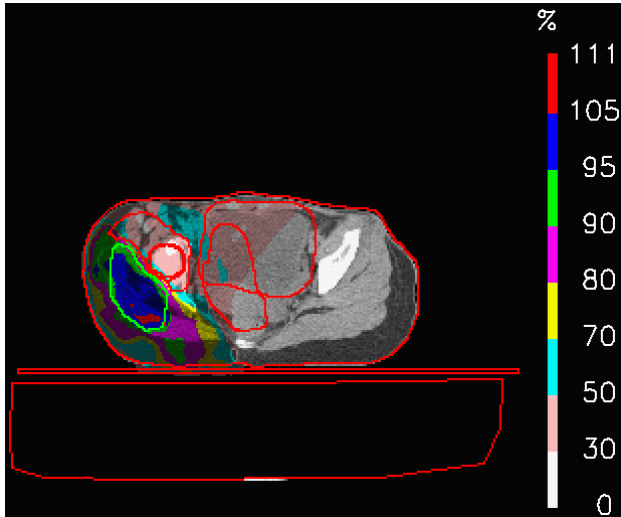
Proton beam therapy

Protons: Physical dose distribution

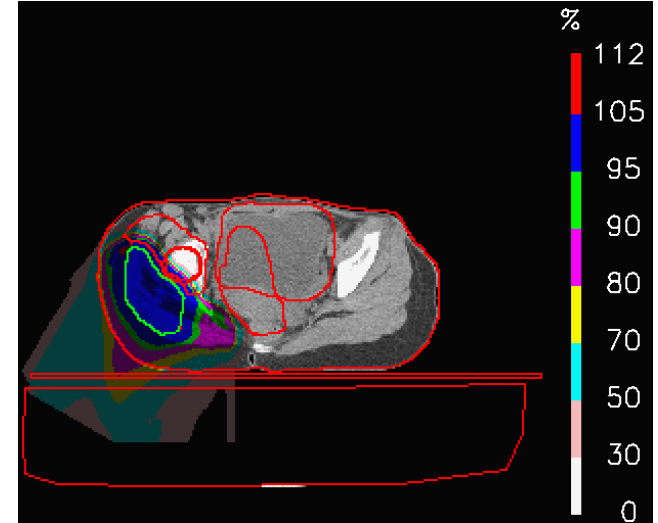


Depth in centimeters

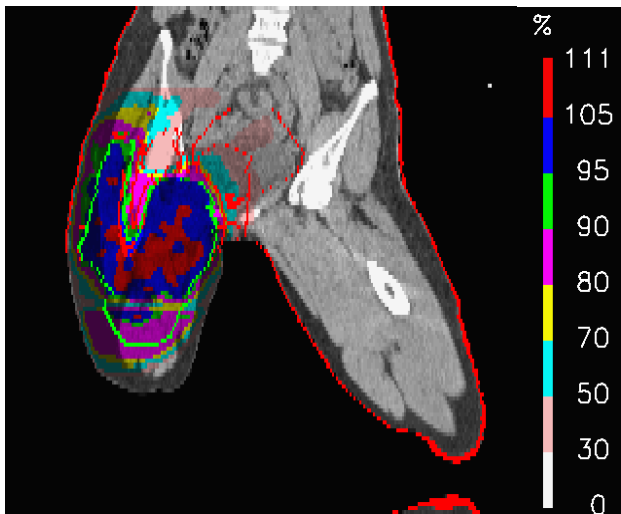
Photon vs. Proton : Dose Profile Comparison



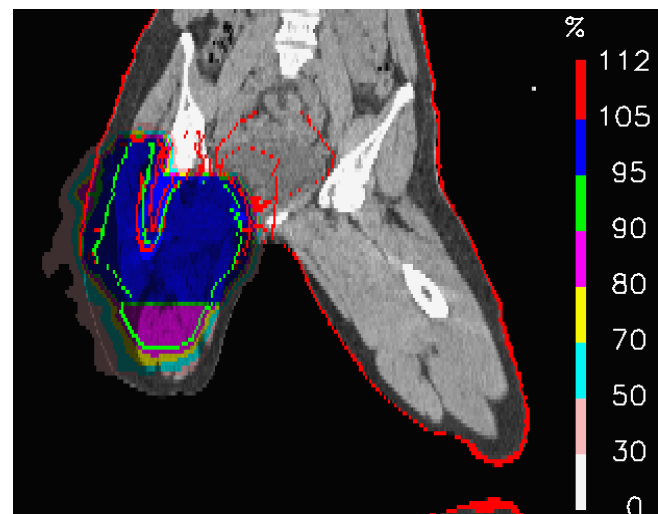
Transaxial



Better tumour coverage, less normal tissue dose with Proton

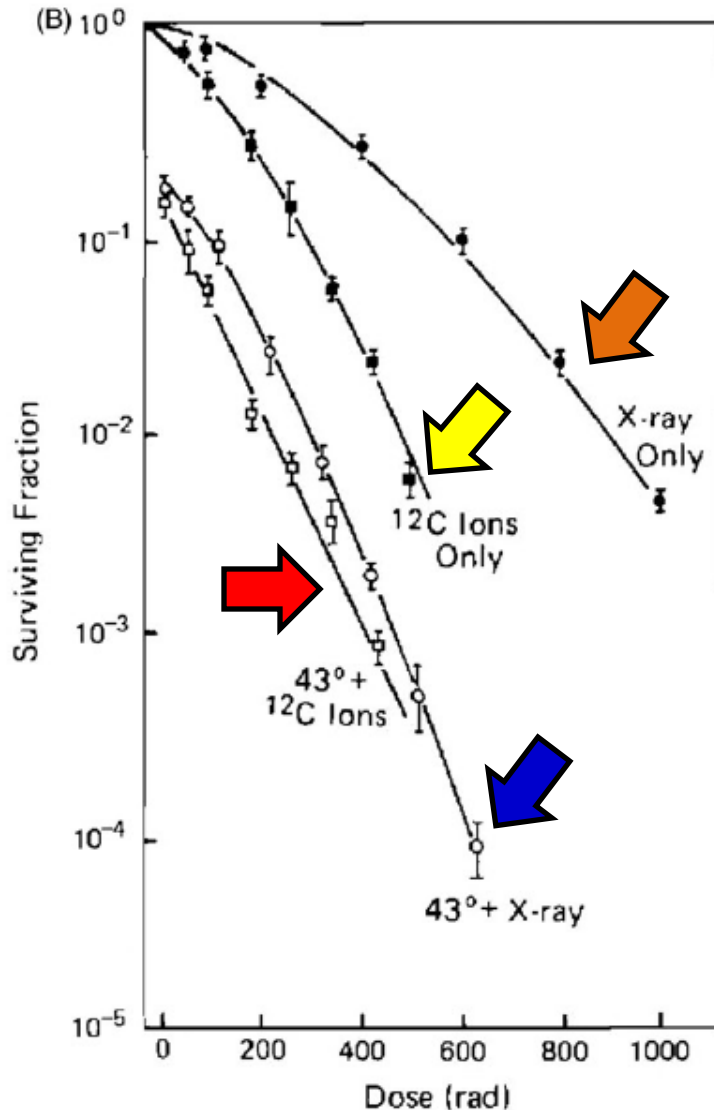


Coronal



Hyperthermia and Proton beam therapy

Hyperthermia and Particle Radiation: Radiobiological Implications



Absence of significant
Heat radiosensitization
with
Carbon ions compared to X rays

Does it indicate **“High LET”**
properties of **Hyperthermia**?

**“Hyperthermia – A poor man’s
High LET radiation”**

Protons and Hyperthermia:

Physical dose & Radiobiological advantage?

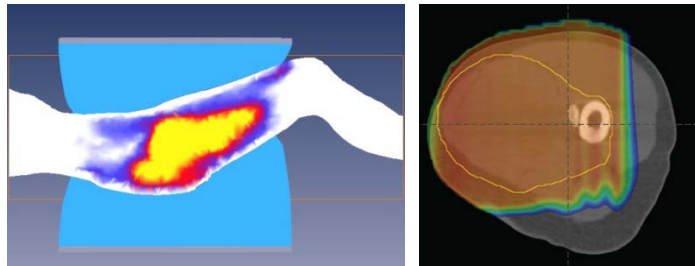
**Could Physical Advantages of Protons
coupled with
High LET properties of Hyperthermia**

Could it mimic "Carbon Ion Therapy"?

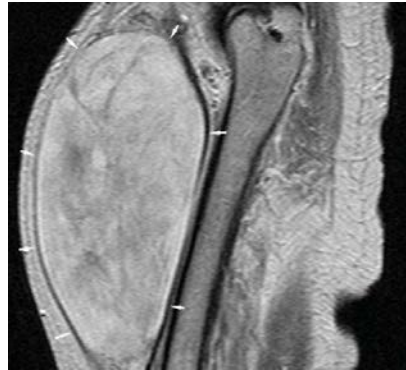
Phase I / II trial: Primary and Secondary Objectives

Primary Objectives

Safety and Efficacy of
Hyperthermia (HT) +
Proton beam RT



1. Acute morbidity
2. Wound complication
3. Local tumour response



Secondary Objectives

Survival outcomes:

- Local disease control at 2 years
- Local disease free survival at 2 yrs

Phase I / II trial: "HYPROSAR"

Major Eligibility Criteria for Recruitment

Inclusion Criteria

- Age \geq 18 years
- ECOG : 0 and 1
- **Primary Unresectable or Recurrent** STS of extremities, trunk, retroperitoneum
- **T2 and G2 or G3 with M0** (Stages IIB & III, AJCC 2010)
- No prior radiotherapy to the site of proposed treatment

Exclusion Criteria

- RMS, Extrasosseous Ewing's, PNET, Desmoids, Dermatofibrosarcoma protuberans, GIST, Kaposi's sarcoma or angiosarcoma of scalp/face/neck
- **Intra-abdominal STS**
- **N+ or M1 stages**
- Metal markers, Clustered markers, Pacemaker

Phase I / II trial: "HYPROSAR"

Schema

Review by the Joint Sarcoma Tumour Board

(Radiologists, Pathologist,
Surgical, Radiation & Medical Oncologist)



Primary Inoperable STS
or **patient refusal** or
medically unfit for surgery

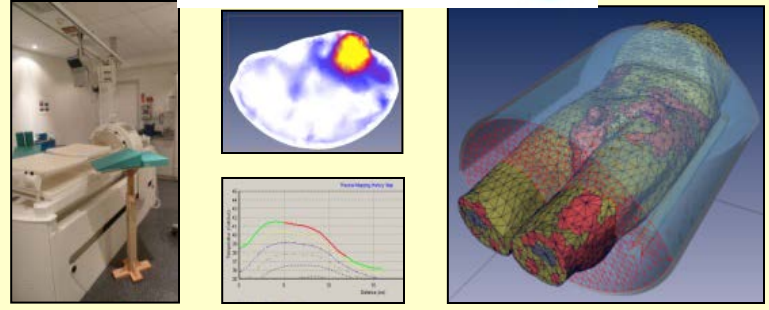
Recurrent Inoperable STS
or **patient refusal** or
medically unfit for re-surgery

Criteria for Inoperability on case by case basis based on
Local tumour infiltration to vital structures and neurovascular bundle



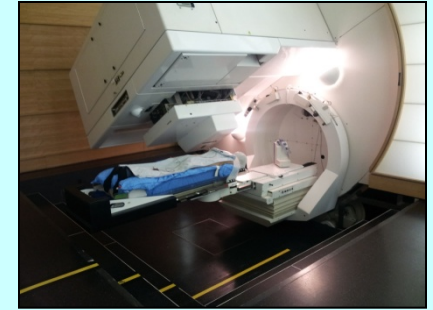
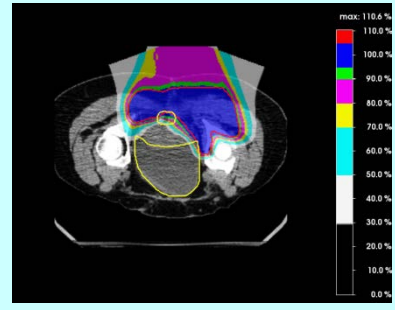
Phase I / II trial: HYPROSAR

Treatment Protocol

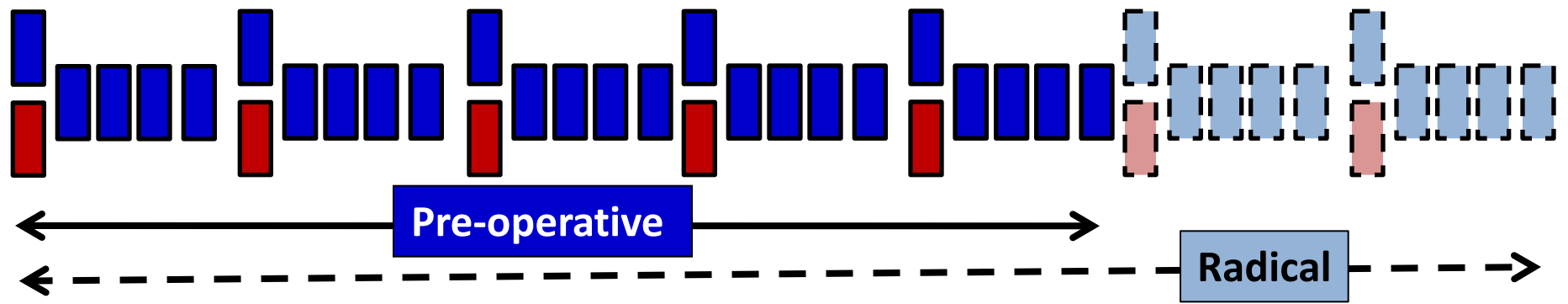


Hyperthermia: 41.5-42.5°C x 60 mins, Superficial or Deep Hyperthermia at KSA after RT

PSI PAUL SCHERRER INSTITUT

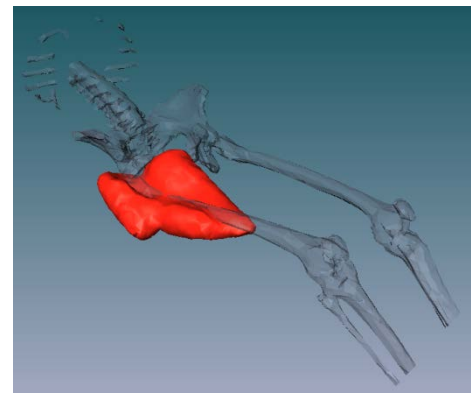
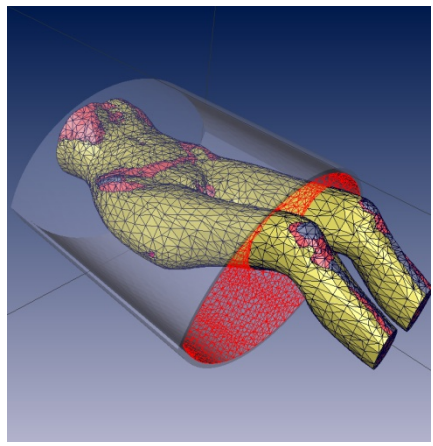
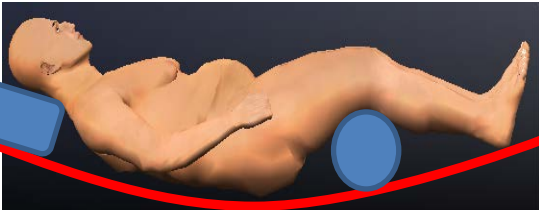


IMPT, 5 days a week,
Pre op: 55 – 60 GyE (RBE);
Radical: 72 – 76 GyE (RBE)[1.8 -2.0 Gy/fr.]

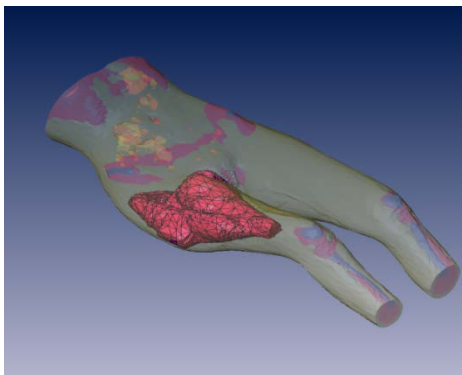


(On the days of both HT treatment at KSA and Proton therapy at PSI
Time interval between HT and RT : 90 mins to 150 mins; RT to precede HT)

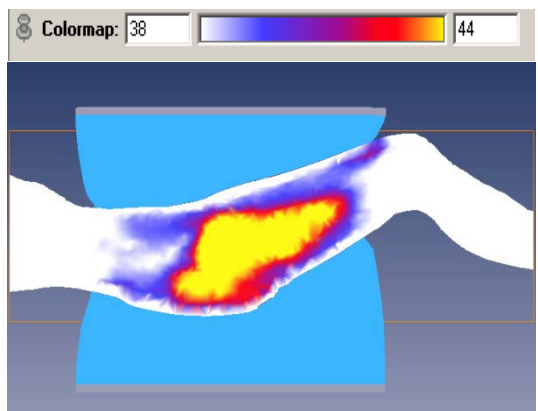
Hyperthermia Planning



Isosurface Temp > 43°C



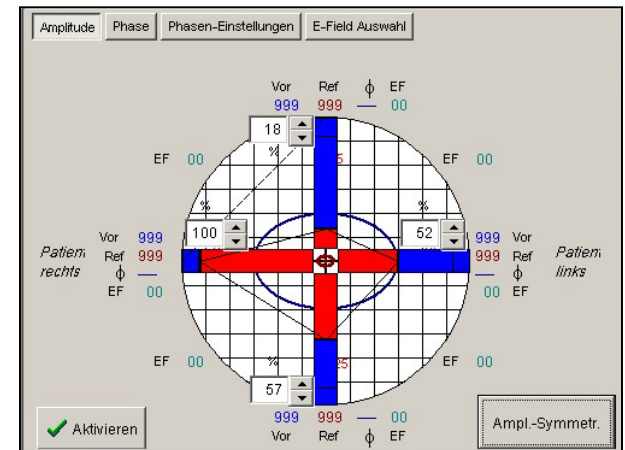
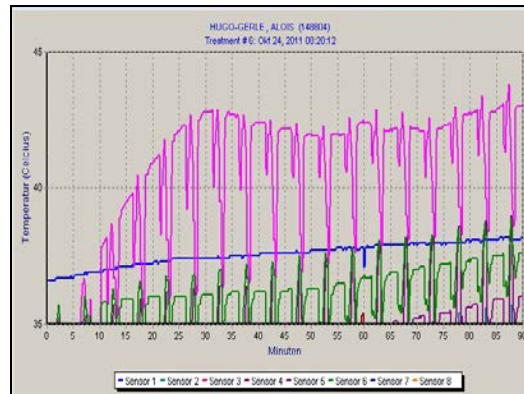
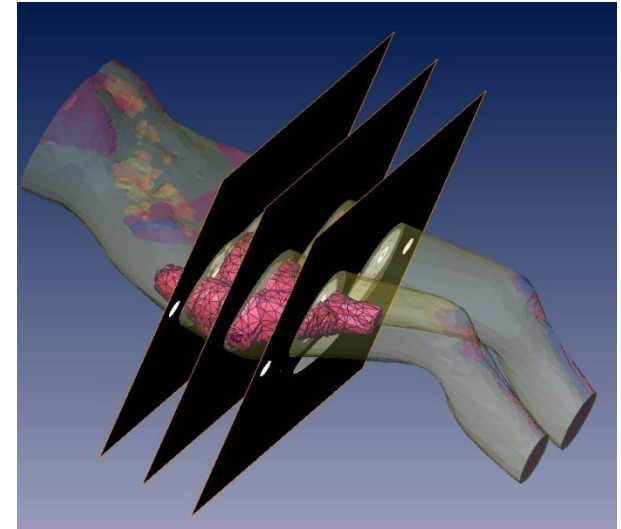
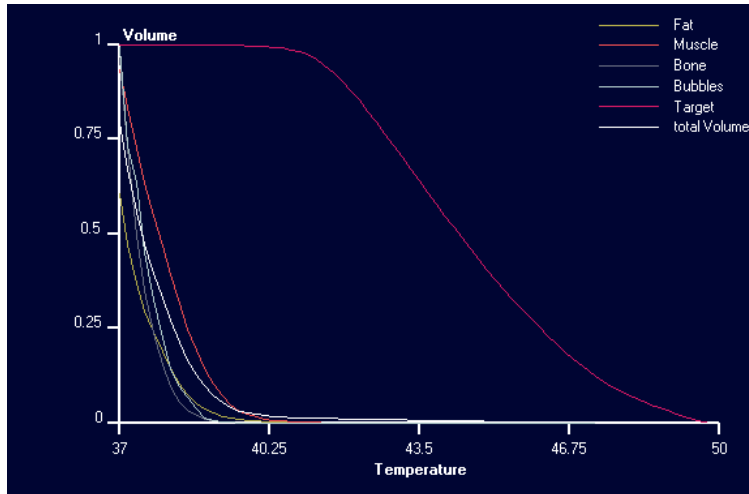
Segmentation and creation of a grid model for tissues



Temperature fieldcut

Hyperthermia Planning & Delivery

Evaluate Thermal DVH



Concurrent temperature monitoring

Amplitude & Phase Steering

Phase I / II trial: "HYPROSAR"

Post treatment Management

Review by Sarcoma Board

Good response ($\downarrow > 30\%$) :

Continue with **Preop RT** and consider for Surgery (attempt R0 resection)

Still considered inoperable:

Continue RT to **Radical Dose**, Patient on follow-up, **review at 3 months**

If **good response**
Consider for surgery

If still considerable
inoperable

To evaluate resected specimen for pathological response & molecular studies

Adjuvant Chemotherapy, Follow up and close monitoring for response and toxicities

Sample size considerations

Sample size consideration

Phase I / II : Proton + Hyperthermia

Phase 2 Study of Preoperative Image-Guided Intensity-Modulated Radiation Therapy to Reduce Wound and Combined Modality Morbidities in Lower Extremity Soft Tissue Sarcoma

Brian O'Sullivan, MD^{1,2}; Anthony M. Griffin, MSc³; Colleen I. Dickie, MSc¹; Michael B. Sharpe, PhD^{1,2}; Peter W. M. Chung, MD^{1,2}; Charles N. Catton, MD^{1,2}; Peter C. Ferguson, MD^{2,3}; Jay S. Wunder, MD^{2,3}; Benjamin M. Deheshi, MD^{2,3}; Lawrence M. White, MD^{2,4}; Rita A. Kandel, MD^{2,5}; David A. Jaffray, PhD^{1,2}; and Robert S. Bell, MD^{2,3}

were deep to fascia. **RESULTS:** Eighteen (30.5%) patients developed WCs. This was not statistically significantly different from the result of the National Cancer Institute of Canada SR2 trial ($P = .2$), however, primary closure technique was possible more often (55 of 59 patients [93.2%] versus 50 of 70 patients [71.4%]; $P = .002$), and secondary operations for WCs were somewhat reduced (6 of 18 patients [33%] versus 13 of 30 patients [43%]; $P = .55$). Moderate edema, skin, subcutaneous, and joint toxicity was present in 6 (11.1%), 1 (1.9%), 5 (9.3%), and 3 (5.6%) patients, respectively, but there were no bone fractures. Four local recurrences (6.8%, none near the flaps) occurred with median follow-up of 49 months. **CONCLUSIONS:** The 30.5% incidence of WCs was numerically lower than the 43% risk derived from the National Cancer Institute of Canada SR2 trial, but did not reach statistical significance. Preoperative IG-IMRT significantly dimin-

(Wound Complications with Image Guided IMRT : 30.5%)

**Improvement from 30% (p0) to 10% (p1); $\alpha = 0.05$, Power = 0.80
Total sample size: 26 (+2)**

(Cancer, 2013; 119: 1878-84)

Proton Beam Thermo- radiotherapy : A Novel Approach

Radiotherapy & Oncology

European Society of Radiotherapy
and Oncology

Editorial

The heat is (still) on – The past and future of hyperthermic radiation oncology

Jens Overgaard*

Department of Experimental Clinical Oncology, Aarhus University Hospital, Aarhus C, Denmark

November 2013

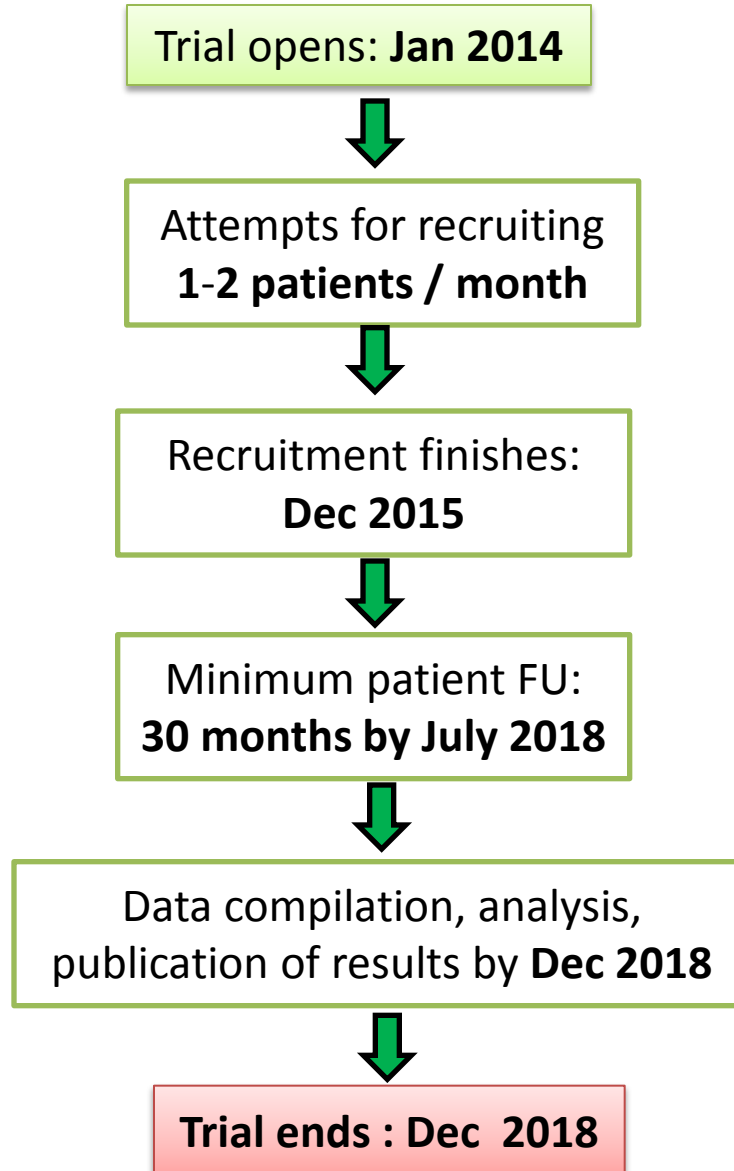
Thus, the heat is still on – and we need to give full credit to the most powerful way of sensitizing ionizing radiation and thus once again focus on this not fully explored opportunity of combining radiotherapy with hyperthermia, but it must be done with an open mind and a cool head.



Gantry 2 at

PAUL SCHERRER INSTITUT
PSI

Time line



HYPROSAR Trial Group



N. R. Datta (PI)
E. Puric
D. Marder
N. Lomax
O. Timm
S. Bodis



D. Weber
T. Lomax
R. Schneider

Sarkomzentrum
ZÜRICH

B. Fuchs



University Hospital
Zurich

G. Studer
B. Bode



Universität
Zürich^{UZH}

B. Seifert (Statistics)



 **ICTR-PHE**  **2014** 

Thank you

(niloyranjan.datta@ksa.ch)