

# PARTICLE PHYSICS AND COSMOLOGY

*Jonathan Feng  
UC Irvine*

The 2014 European School  
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Garderen, the Netherlands

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## The 2014 European School of High-Energy Physics

Garderen, the Netherlands 18 June - 1 July 2014

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**Enquiries and Correspondence**  
Kais Roos  
CERN Schools of Physics  
CH-1211 Geneva 23  
Switzerland  
Tel: +41 22 767 2142  
Email: physics.school@cern.ch

Tatyana Donskova  
International Department  
JINR RU-141980 Dubna, Russia  
Tel: +7 49521 63446  
Email: phs@jinr.ru



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# OUTLINE

## LECTURE 1

Essential Cosmology: Contents and History of the Universe

## LECTURE 2

WIMP Dark Matter: Candidates and Methods of Detection

## LECTURE 3

Inflation, Gravitinos, and Hidden Sectors

# INTRODUCTION

- Why should HEP physicists care about cosmology?
  - We want to answer age-old questions about our Universe and our place in it
  - We are in a golden age of cosmology, and cosmology and particle physics have become inextricably intertwined
  - Many of the leading motivations for new particle physics come from cosmology: dark matter, dark energy, inflation, baryon asymmetry
  - Cosmology sets new interesting mass scales and can provide upper bounds on masses
  - Cosmology reaches the hard corners of parameter space (high masses, weak interactions)
  - HEP physicists and cosmologists have a lot to learn from each other
  - These topics capture the imagination of the public

# ESSENTIAL COSMOLOGY

- For the first time in history, we now have a complete *picture* of the Universe
- How did this come about?
- We will first review the standard model of cosmology and some of the key observational evidence leading to it
- Little previous knowledge of cosmology is assumed; focus on heuristic derivations, order-of-magnitude estimates, intuitive arguments, and some aspects that (at present) seem to be most linked to particle physics, and particularly high-energy physics. This is a huge topic, many important topics will be neglected.

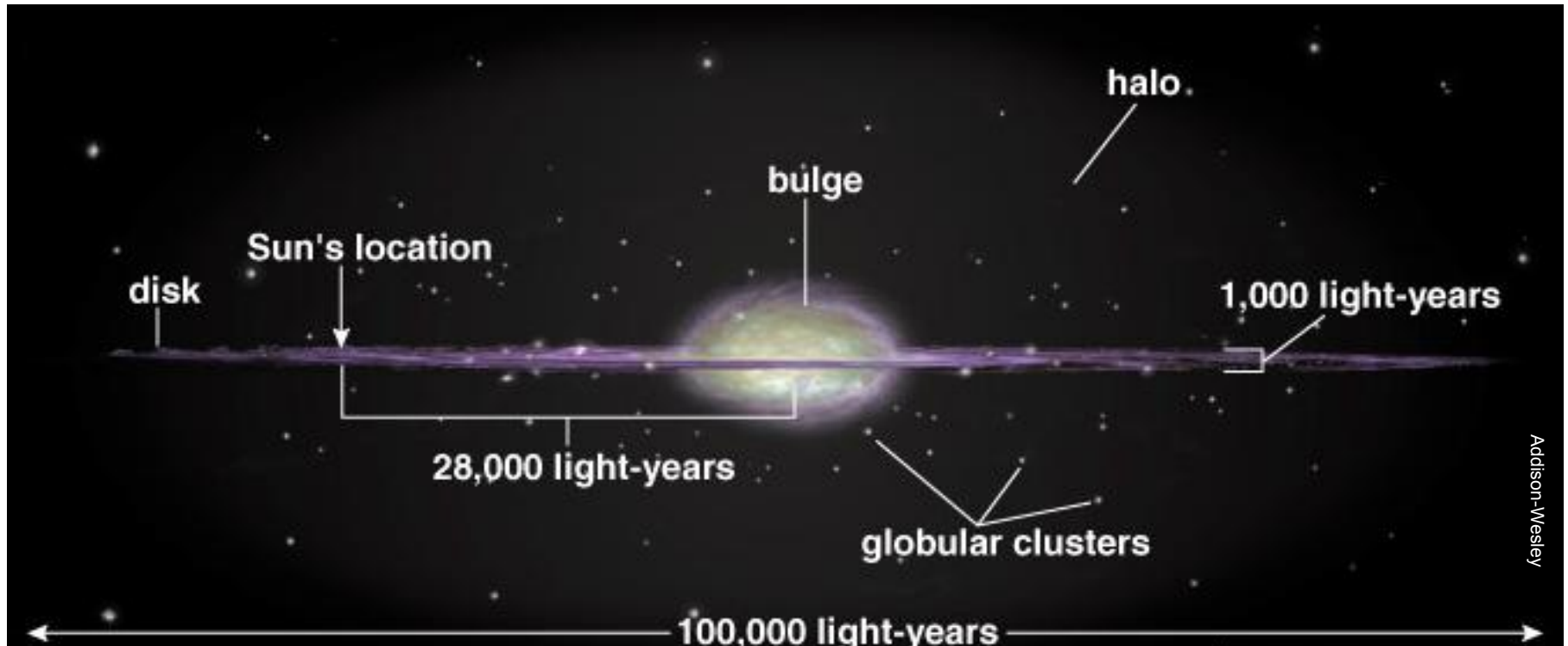
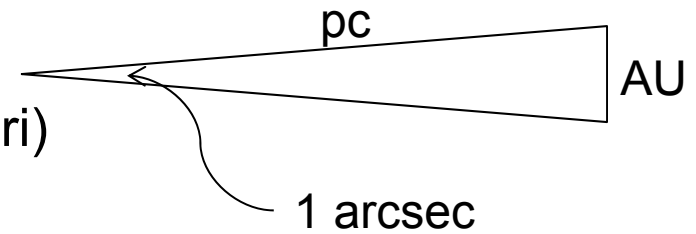
# PARTICLE PHYSICS SCALES

- Natural units:  $h = c = k_B = 1$ 
  - $h = c = 1$  is standard
  - $k_B = 1 \rightarrow 1 \text{ K} = 0.08 \text{ meV}$
- Some useful energy scales
  - $10^{19} \text{ GeV}$ : Planck scale
  - $10^{16} \text{ GeV}$ : GUT scale
  - TeV: weak scale
  - GeV: binding energy of quarks ( $\Lambda_{\text{QCD}}$ )
  - MeV: binding energy of nuclei
  - eV: binding energy of atoms
  - 0.1 meV: CMB temperature now

# ASTROPHYSICS SCALES

- 1 pc = 3.3 ly. Some useful length scales

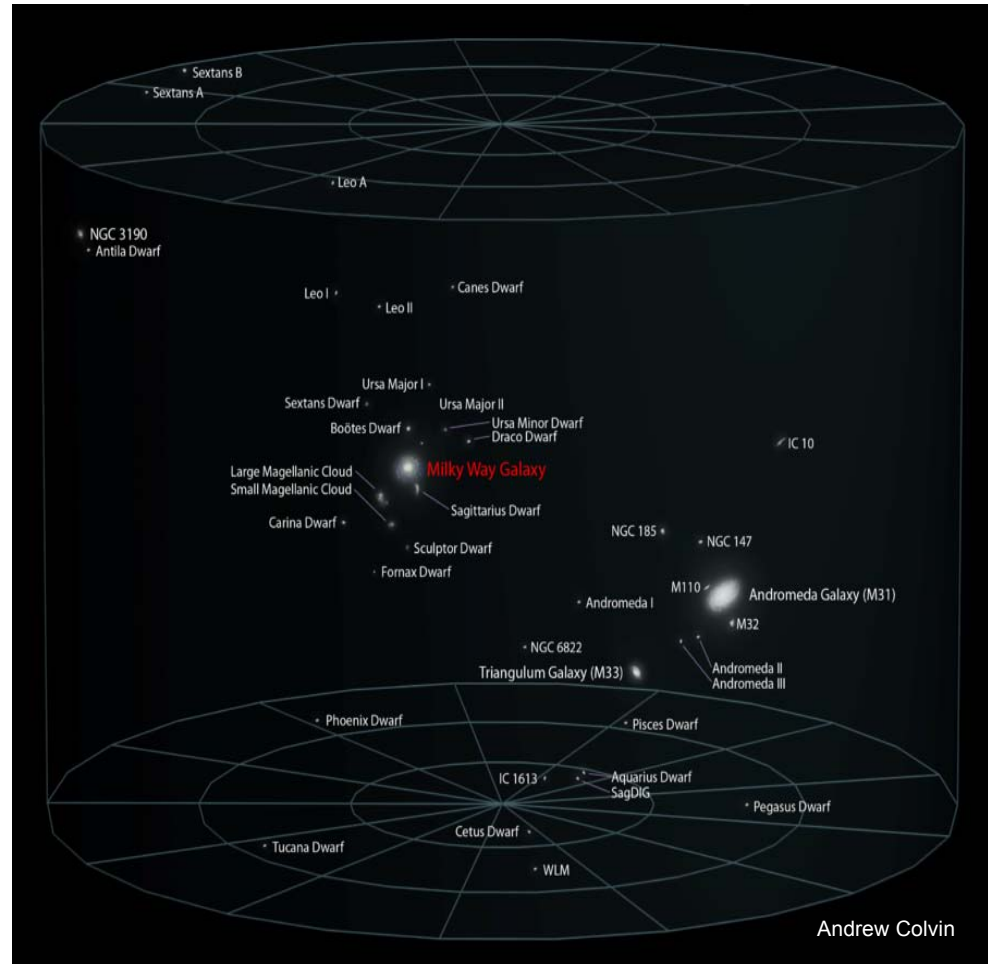
- $10^{-5}$  pc: distance to Sun (AU)
- pc: distance to the next star (Alpha Centauri)
- 10 kpc: distance to Milky Way center



Addison-Wesley

# ASTROPHYSICS SCALES

- Some useful length scales
  - $10^{-5}$  pc: distance to Sun
  - pc: distance to next-nearest star (Alpha Centauri)
  - 10 kpc: distance to Milky Way center
  - 10-100 kpc: distance to nearest dwarf galaxies
  - Mpc: distance to nearest big galaxy (Andromeda)
  - 10 Mpc: size of clusters of galaxies
  - 10 Gpc: size of the observable Universe





# COSMOLOGY BASICS

- The evolution of the Universe is dominated by gravity. We must therefore begin with some basic general relativity.
- Let the spacetime metric  $g_{\mu\nu}$  be a dynamical field. This specifies lengths through

$$ds^2 = g_{\mu\nu}(x) dx^\mu dx^\nu$$

- With a dynamical metric, our theory is specified by the Einstein-Hilbert action

$$S = \int d^4x \sqrt{-g} \left( \frac{R}{16\pi G} + \mathcal{L}_{\text{SM}} \right)$$

where  $g = \det(g_{\mu\nu})$ ,  $G = M_{\text{Pl}}^{-2}$ , and  $R = R(g_{\mu\nu}, \partial g_{\mu\nu}, \partial^2 g_{\mu\nu})$  is the scalar curvature.

- Extremizing this action, we find the equations of motion

$$R_{\mu\nu} - \frac{1}{2} R g_{\mu\nu} = 8\pi G T_{\mu\nu} \quad T_{\mu\nu} \equiv -2 \frac{\delta \mathcal{L}_{\text{SM}}}{\delta g^{\mu\nu}} + g_{\mu\nu} \mathcal{L}_{\text{SM}}$$

These are the Einstein equations, where  $R_{\mu\nu}$  is the Ricci curvature tensor, again a function of the metric, and  $T_{\mu\nu}$  is the stress-energy tensor and contains all the particle physics.



# COSMOLOGY BASICS

- The Einstein equations are complicated to solve, so we make some approximations, based on observations.
- The Universe appears to be homogeneous and isotropic on scales larger than  $\sim 10$  Mpc.
- So we assume a Friedmann-Lemaitre-Robertson-Walker metric

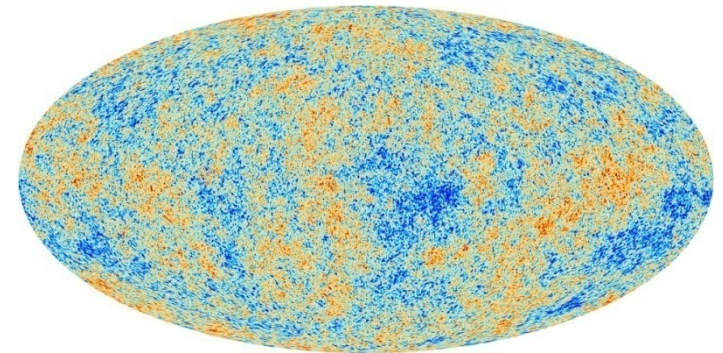
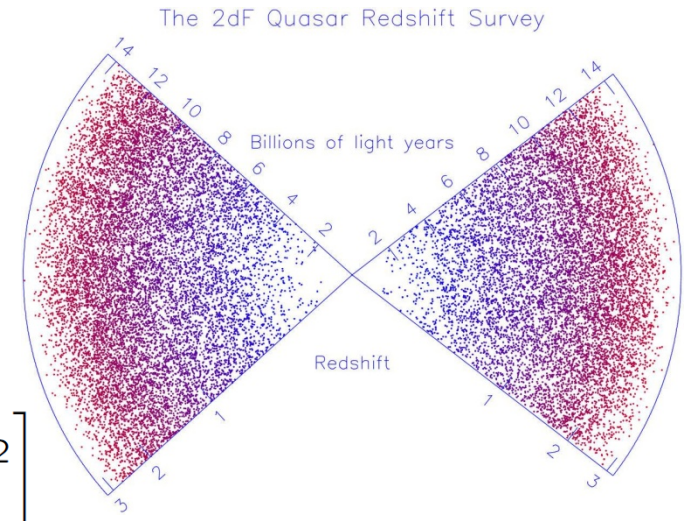
$$ds^2 = dt^2 - a^2(t) \left[ \frac{dr^2}{1 - kr^2} + r^2 d\theta^2 + r^2 \sin^2 \theta d\phi^2 \right]$$

and stress-energy tensor

$$T^\mu{}_\nu = \text{diag} [\rho(t), -p(t), -p(t), -p(t)]$$

Here  $a(t)$  is the scale factor and  $k$  is a constant that specifies the curvature ( $k = 0$  implies a flat Universe);

$\rho$  is energy density and  $p$  is pressure.



# COSMOLOGY BASICS

- With these simplifications, the Einstein equations become quite manageable.

- The Einstein equations imply the Friedmann equation  $\left(\frac{\dot{a}}{a}\right)^2 + \frac{k}{a^2} = \frac{8\pi G}{3}\rho$ .

We define the Hubble parameter  $H \equiv \frac{\dot{a}}{a}$  and the critical density  $\rho_c \equiv \frac{3H^2}{8\pi G}$ .

- We may parameterize various materials by  $w$ , where  $p = w\rho$ . If  $w$  is constant, stress-energy conservation  $T^{\mu\nu}{}_{;\nu} = 0 \rightarrow \rho \sim a^{-3(1+w)}$

- For example, we can consider 3 kinds of contributions to the energy density:

Matter:  $\rho$  is diluted by expansion ( $w = 0$ )    MD :  $\rho \propto a^{-3} \Rightarrow \dot{a}^2 \propto \frac{1}{a} \Rightarrow a \propto t^{2/3}$

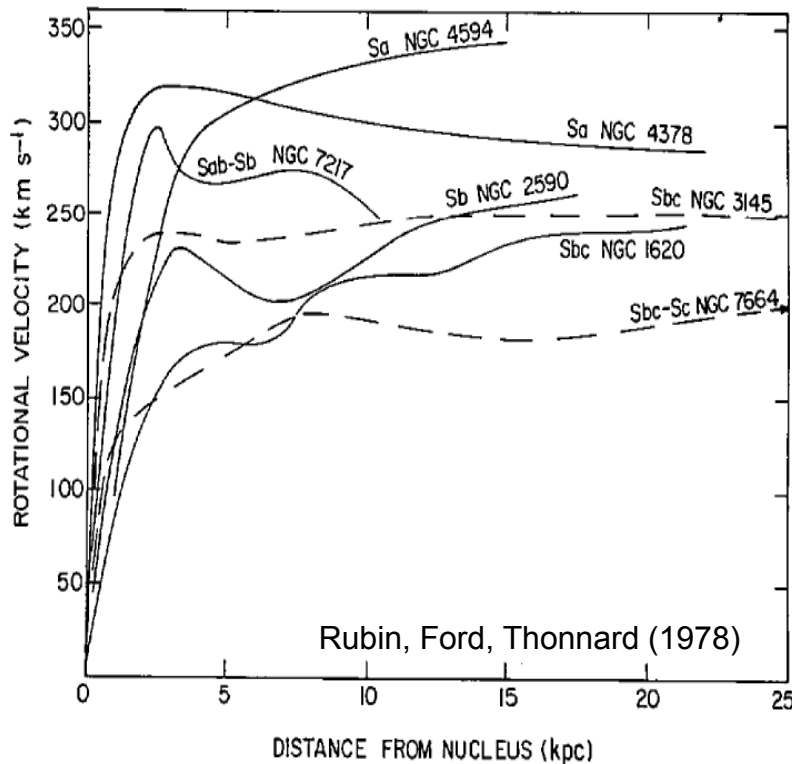
Radiation:  $\rho$  is diluted by expansion and redshifting ( $w = 1/3$ )    RD :  $\rho \propto a^{-4} \Rightarrow \dot{a}^2 \propto \frac{1}{a^2} \Rightarrow a \propto t^{1/2}$

Vacuum energy:  $\rho$  is not diluted ( $w = -1$ )    VD :  $\rho \propto a^0 \Rightarrow \dot{a}^2 \propto a^2 \Rightarrow a \propto e^{ct}$

- What do observations tell us about the contents of the Universe now?

# ROTATION CURVES OF GALAXIES

Rubin, Ford (1970); Bosma (1978)



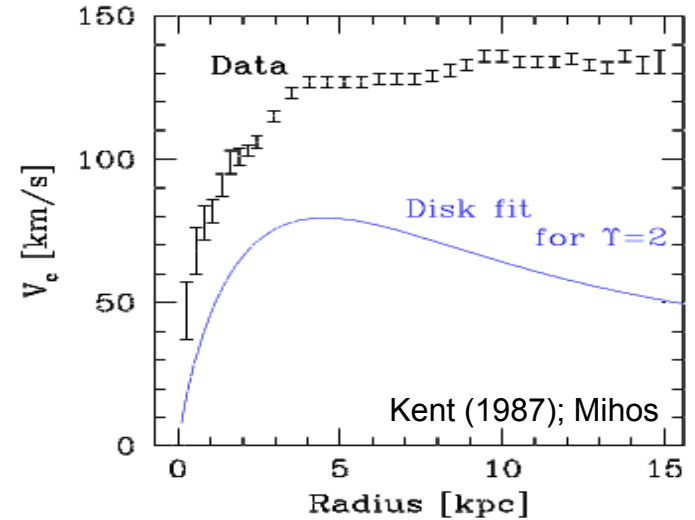
- Rotational velocity  $v_c$  as function of distance from center  $r$ 
  - $v_c \sim O(300) \text{ km/s} \sim O(10^{-3}) c$
  - $r \sim \text{few kpc}$  ( $\text{pc} = 3.26 \text{ ly}$ )
- Expect  $v_c \sim r^{-1/2}$  beyond luminous region

$$\frac{mv_c^2}{r} = G_N \frac{mM}{r^2}$$

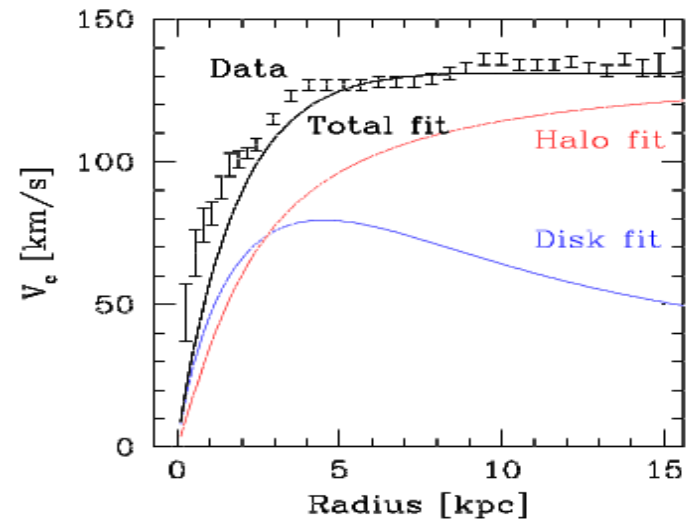
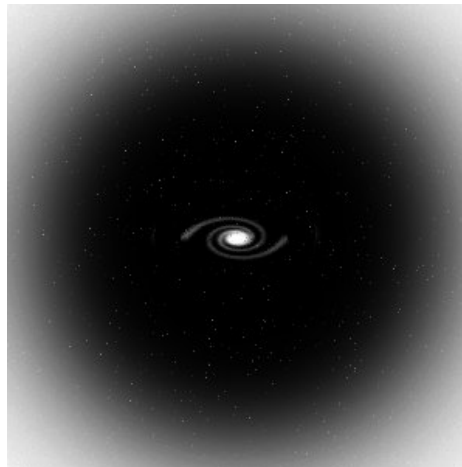
Instead find  $v_c \sim \text{constant}$

- The discrepancy may be resolved by missing mass and is classic (but not the first) evidence for dark matter

# AN EXAMPLE: NGC 2403

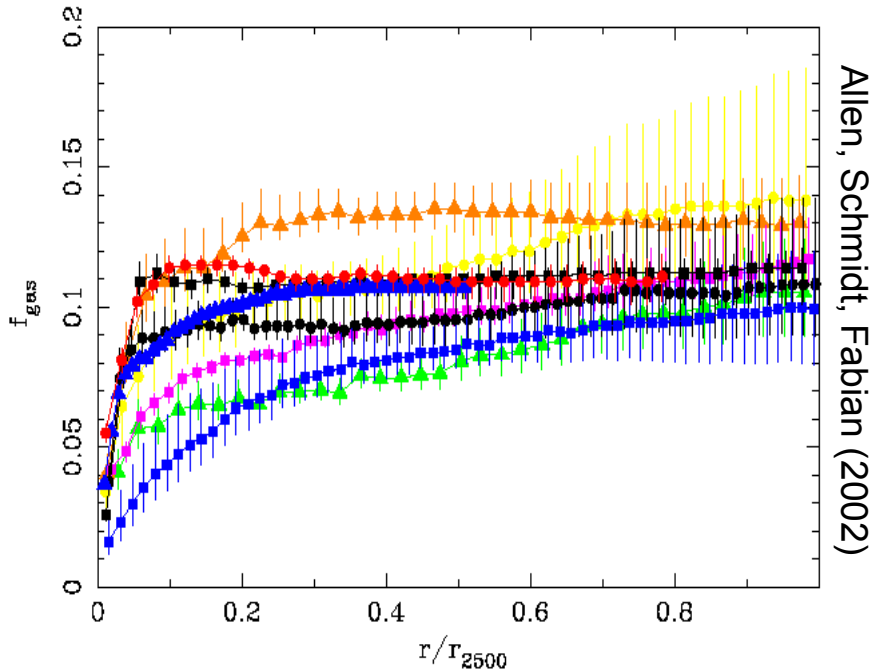


- $v_c$  from HI line
- Fit mass-to-light ratio, halo model; this tells us about  $\rho(r)$



# MISSING MASS IN CLUSTERS OF GALAXIES

Zwicky (1933)



Allen, Schmidt, Fabian (2002)

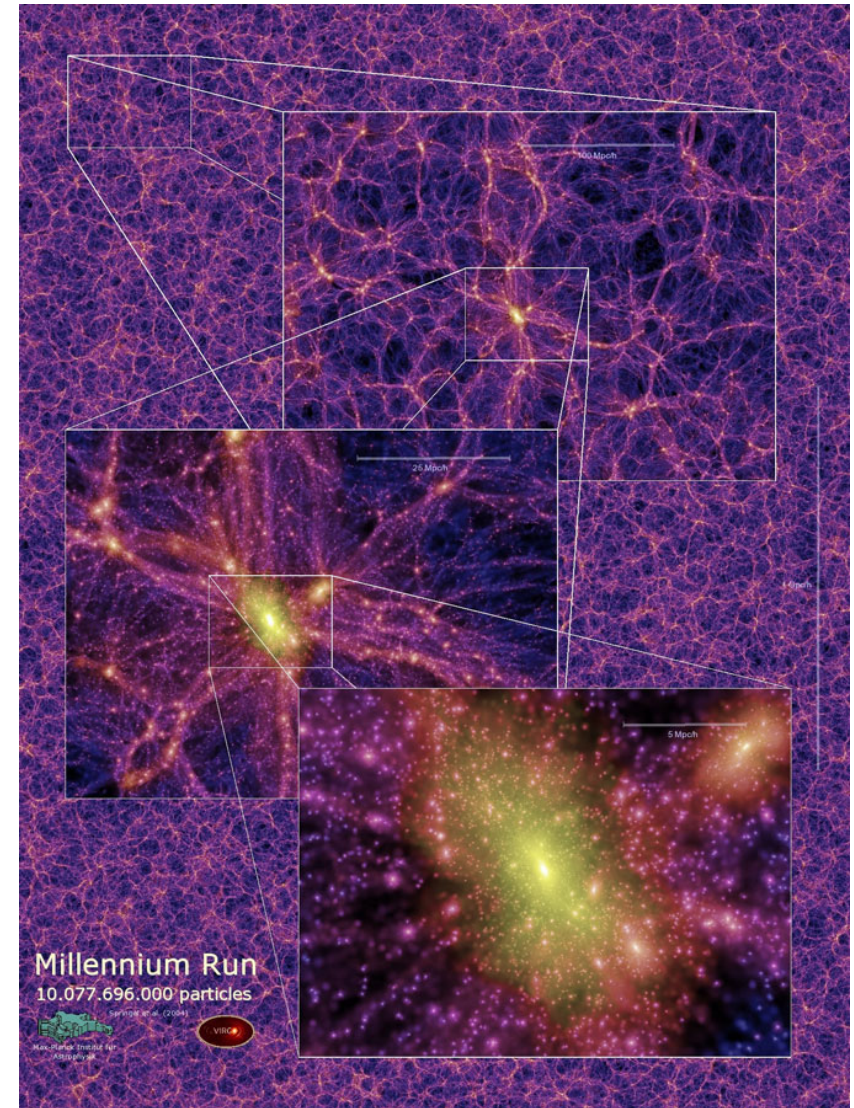
- ~10-1000 galaxies, the largest gravitationally-bound structures
- Intracluster gas mass, total mass constrained by X-rays from bremsstrahlung, lensing, etc.
- Gas mass fraction  $f_{\text{gas}}$  as function of distance from center
  - $f_{\text{gas}} = \rho_B / \rho_M$
  - $r_{2500} \sim \text{Mpc}$

- Extrapolating from clusters to the whole Universe, this constrains  $\Omega_M = \Omega_B \rho_M / \rho_B$ , where  $\Omega = \rho / \rho_c$  is energy density in units of the critical density and  $\Omega_B$  is determined independently

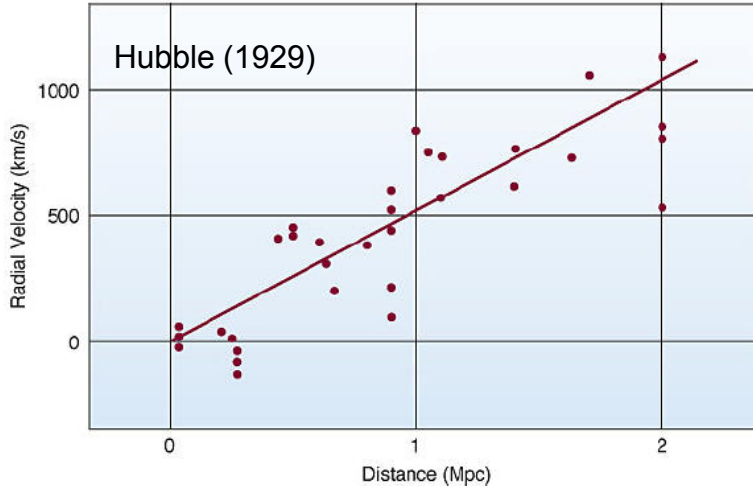


# DARK MATTER DISTRIBUTION

- Many other observations lead to the same conclusions: weak lensing, strong lensing, Bullet Cluster, ...
- Simulations and observations lead to a consistent picture on large scales
- DM clumps, leads to structure formation, every galaxy is surrounded by a dark matter halo
- Local DM properties  
 $\rho \sim 0.2 - 0.5 \text{ GeV/cm}^3$ ,  
overdense by factor of  $\sim 10^5$   
 $v \sim 10^{-3} c$  for many DM candidates,  
independent of mass (virial theorem)



# EXPANSION OF THE UNIVERSE



- Galaxies that are far from us are receding from us, and the recessional velocity is roughly proportional to the distance
- This is Hubble's Law, and the constant of proportionality is Hubble's constant

$$v = H d$$

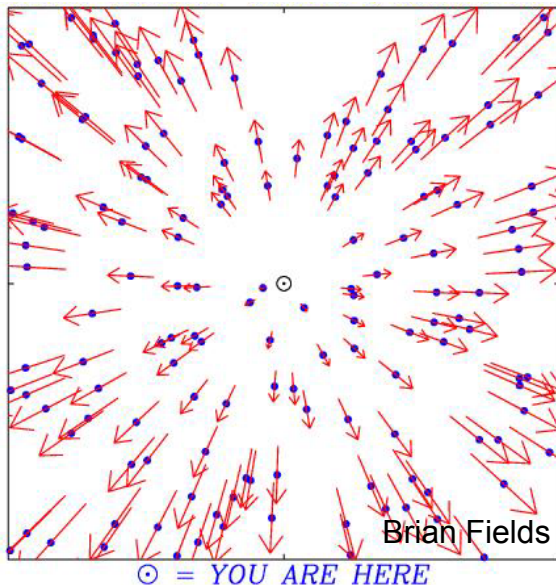
- The current value of the Hubble parameter is

$$H_0 = h \text{ 100 km/s/Mpc}$$

$$h = 0.705 \pm 0.015 \quad (h^2 \approx 1/2)$$

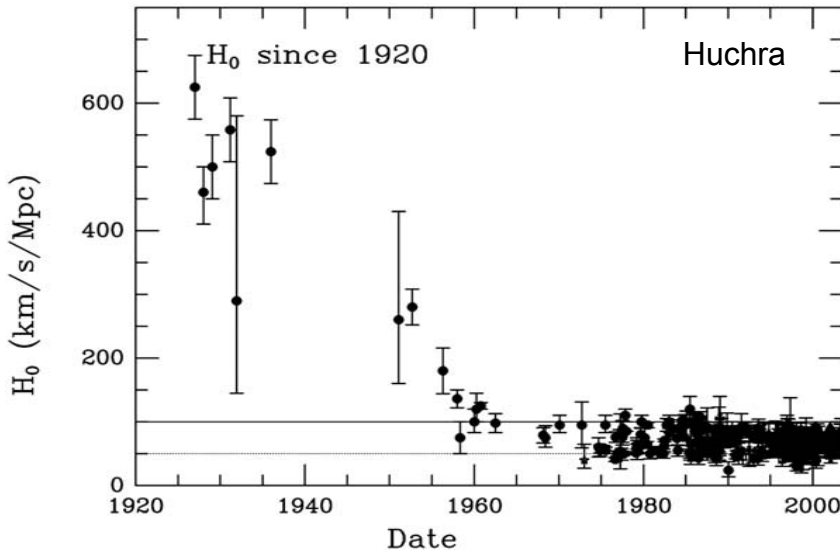
- This means that light from distant galaxies is redshifted

$$\lambda_{\text{obs}} / \lambda_{\text{emit}} = 1 + z$$

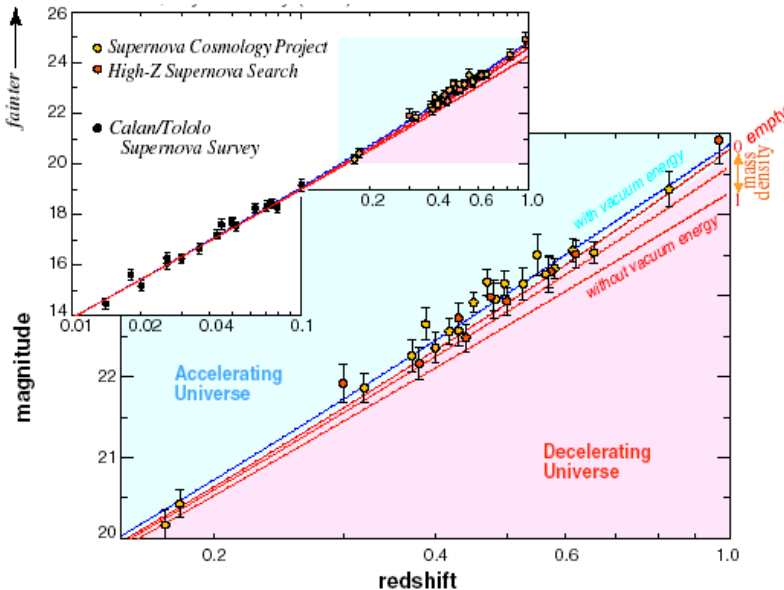




# EXPANSION OF THE UNIVERSE



- The original evidence for the expanding universe has now been extended to far larger distances with Type Ia supernovae
- Note the evolution of the measurement of  $H_0$  -- a lesson in underestimated systematics!
- The universe's expansion is currently accelerating!
- Measurement of this expansion history constrains the acceleration of expansion:

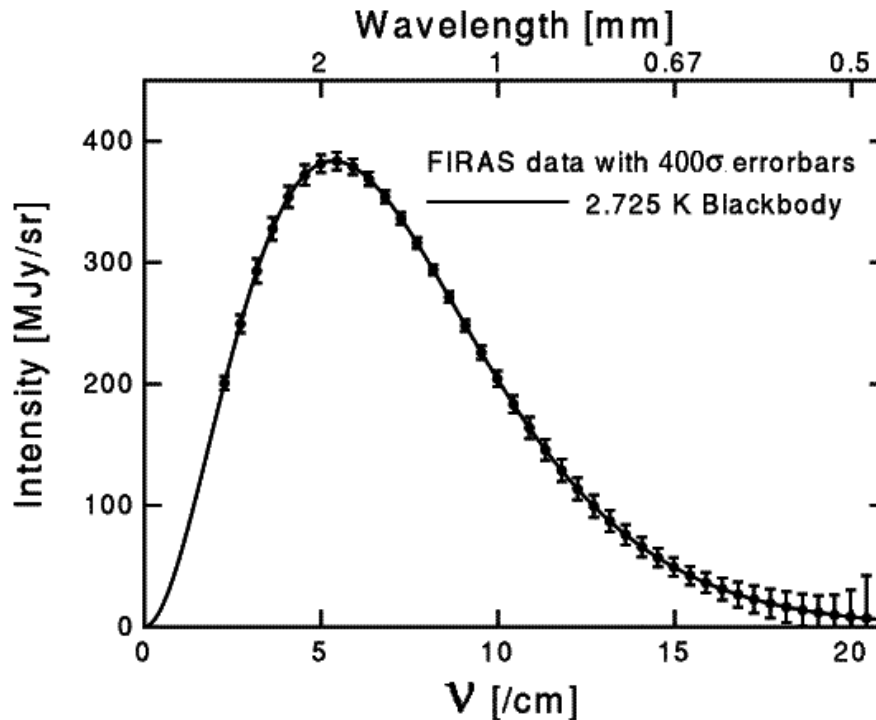


$$\Omega_{\Lambda} - \Omega_M$$

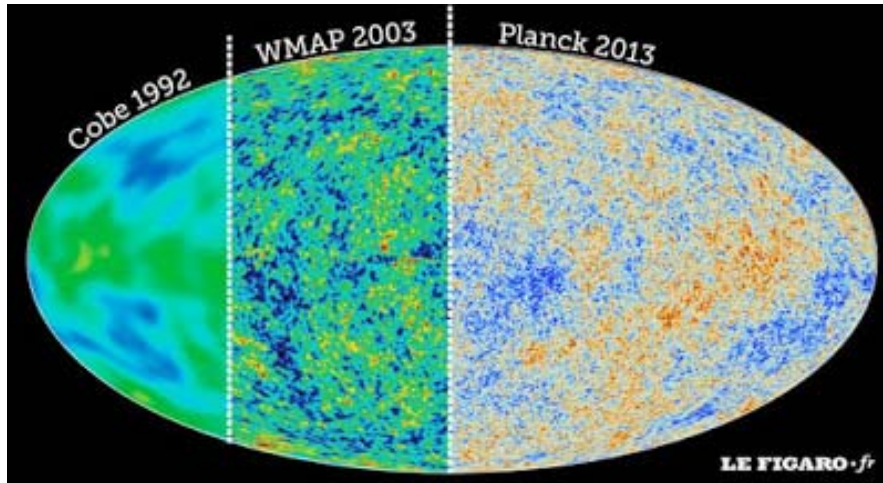
“Attractive matter vs. repulsive dark energy”

# COSMIC MICROWAVE BACKGROUND

- The Universe is filled with an essentially perfect black body spectrum
- The temperature is 2.725 K in all directions, implying the Universe is highly isotropic on large scales



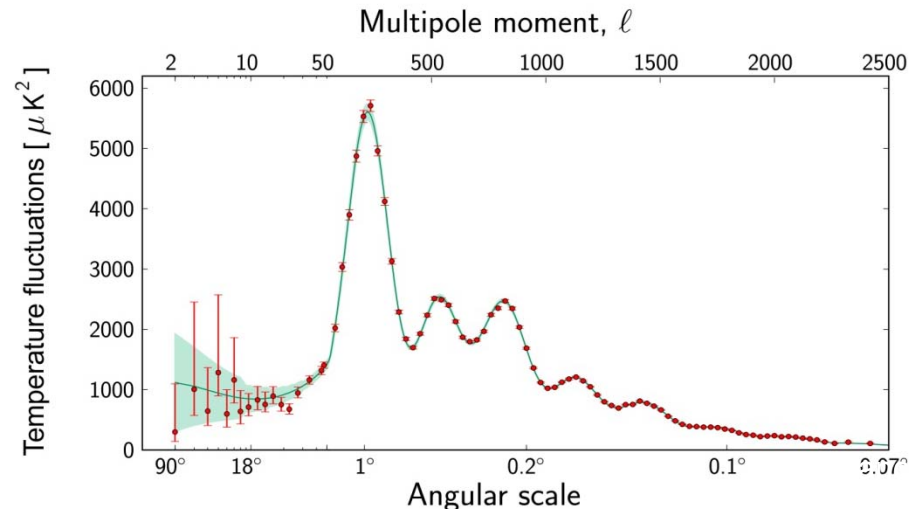
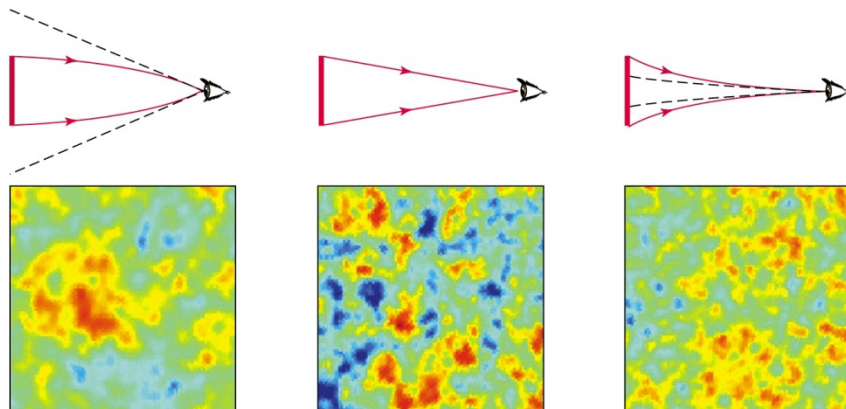
# COSMIC MICROWAVE BACKGROUND



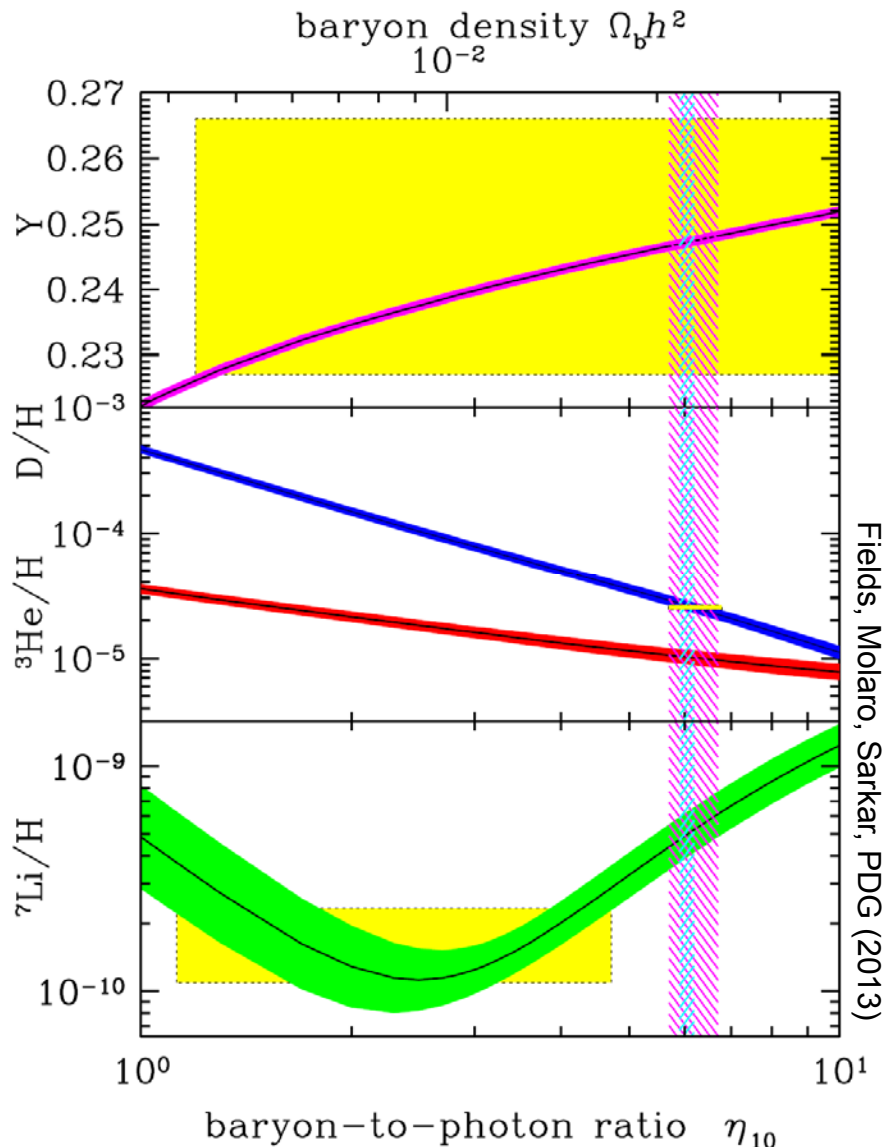
- There is, however, a tiny anisotropy of  $\delta T/T \sim 10^{-5}$
- Dramatic improvements from COBE to WMAP to Planck
- Angular size of the hot and cold spots constrains the geometry:

$$\Omega_{\Lambda} + \Omega_M$$

“total energy density”

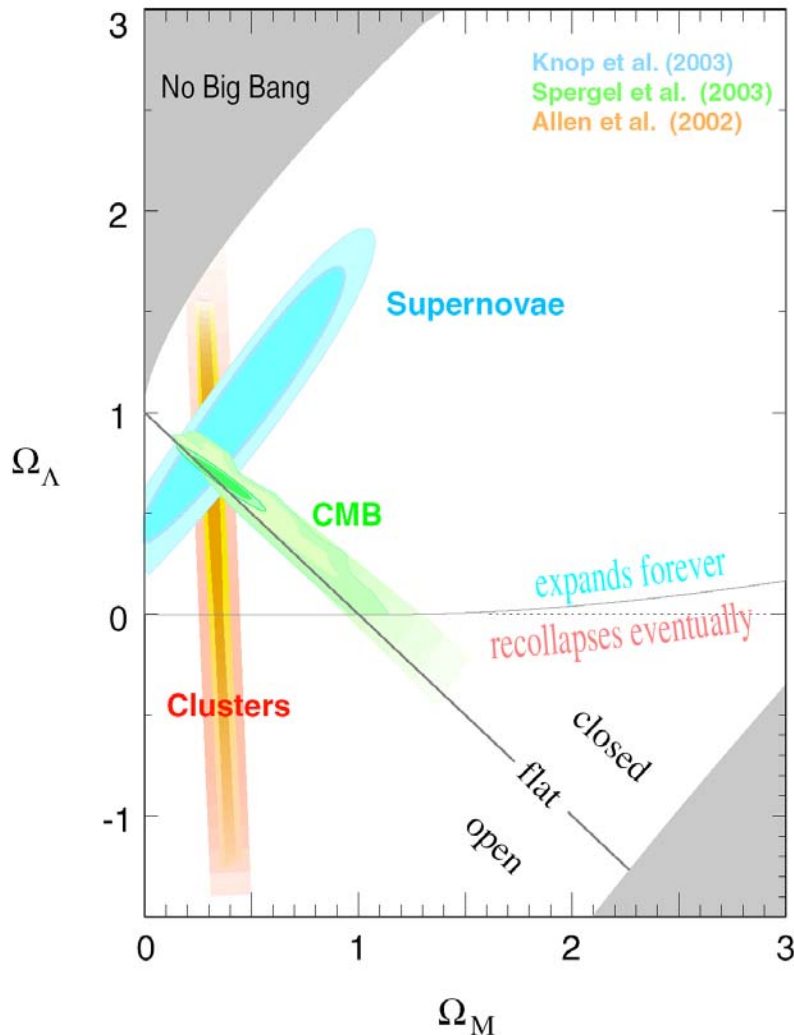


# BIG BANG NUCLEOSYNTHESIS



- At  $T \sim 1$  MeV, around the binding energy of nuclei, the universe cooled enough for light elements to start forming
- The abundance of each light species is a function of a single parameter,  $\eta$ , the baryon-to-photon ratio
- BBN and CMB determinations are consistent (except possibly for Li) for a single choice of  $\eta$  and constrain the density in baryons:  $\Omega_B$

# SYNTHESIS



- Remarkable agreement

Dark Matter:  $23\% \pm 4\%$

Dark Energy:  $73\% \pm 4\%$

Baryons:  $4\% \pm 0.4\%$

[vs:  $0.2\%$  for  $\Sigma m = 0.1 \text{ eV}$ ]

- Remarkable precision

- Remarkable results

# STANDARD COSMOLOGICAL HISTORY

- For many applications, temperature is a better clock than time. We would like to find the time-temperature correspondence.
- For radiation,  $\rho \propto a^{-4}$
- But by dimensional analysis,  $\rho \propto T^4 \Rightarrow T \propto \frac{1}{a}$
- The relations in the matter- and radiation-dominated eras are therefore

$$\text{MD} : T \propto t^{-2/3}$$

$$\text{RD} : T \propto t^{-1/2}$$

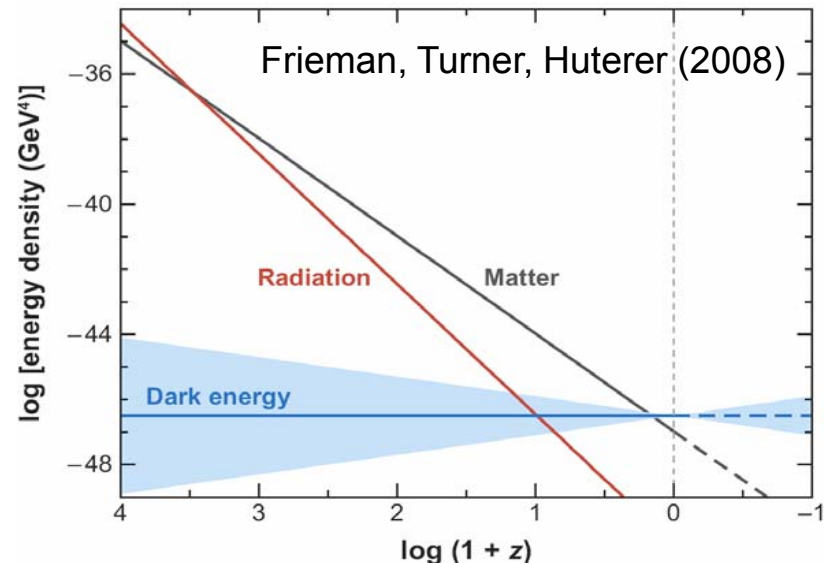
# WHAT DOMINATES WHEN?

- We know  $\Omega_\Lambda \approx 0.73$ ,  $\Omega_M \approx 0.27$ . We can also determine

$$\Omega_{\text{CMB}} \equiv \frac{\rho_{\text{CMB}}}{\rho_c} \sim \frac{T_{\text{CMB}}^4}{\frac{3H^2}{8\pi G}} \sim \frac{(2.7 \text{ K})^4 (14 \text{ Gyr})^2}{(10^{19} \text{ GeV})^2}$$

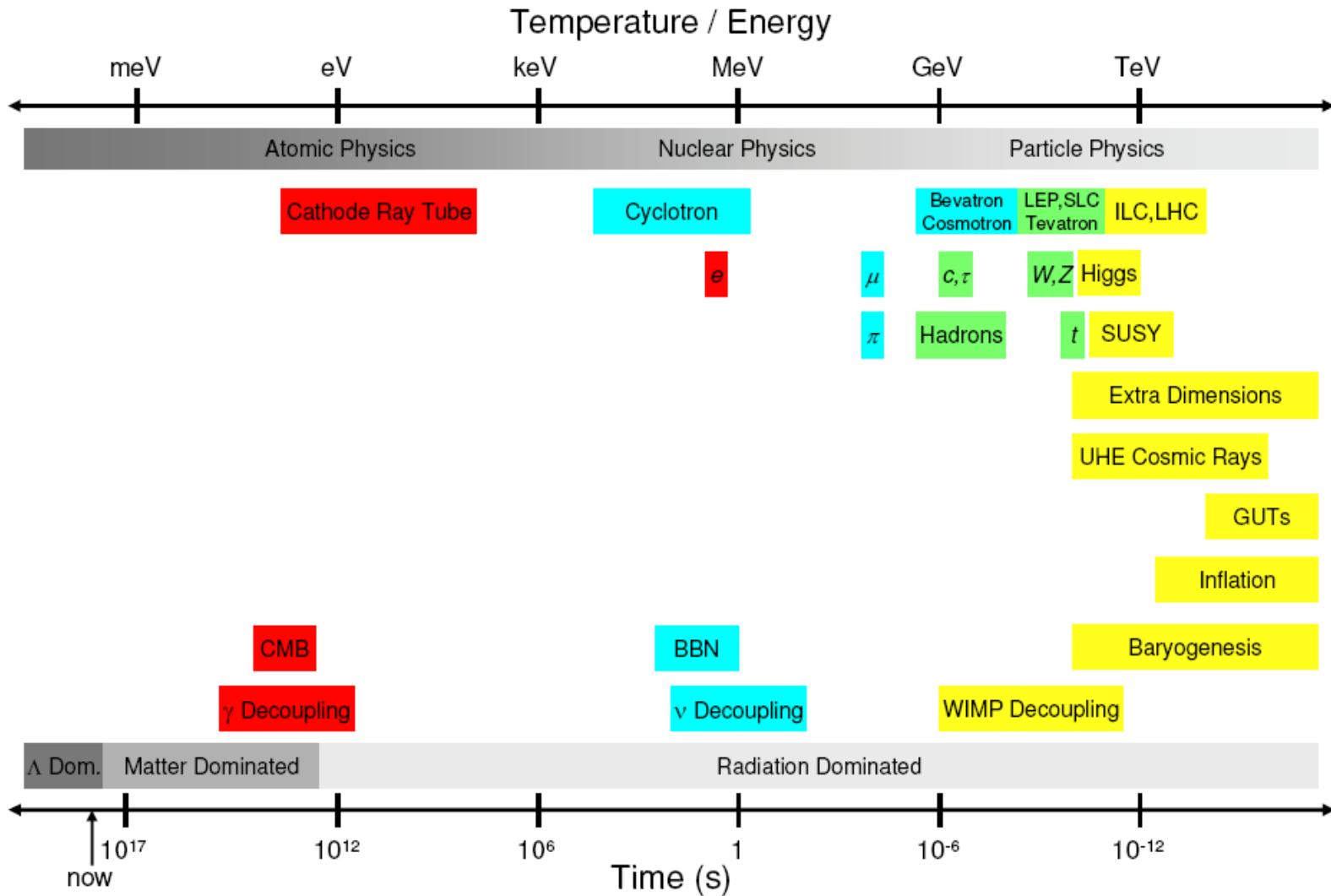
$$\sim \frac{(10^{-4} \text{ eV})^4 (14\pi \times 10^{16} \text{ s})^2}{(10^{-16} \text{ eV s})^2 (10^{28} \text{ eV})^2} \sim 10^{-4}$$

- Matter-radiation equality
  - $T \sim 10^4 T_0 \sim \text{eV}$
  - $t \sim 10^{-6} t_0 \sim 10^{12} \text{ s}$
- Vacuum-matter equality
  - very recent past





# THERMAL HISTORY OF THE UNIVERSE



# DECOUPLING

- Decoupling of particle species is an essential concept for particle cosmology. It is described by the Boltzmann equation

$$\frac{dn}{dt} = -3Hn - \langle \sigma v \rangle [n^2 - n_{\text{eq}}^2]$$

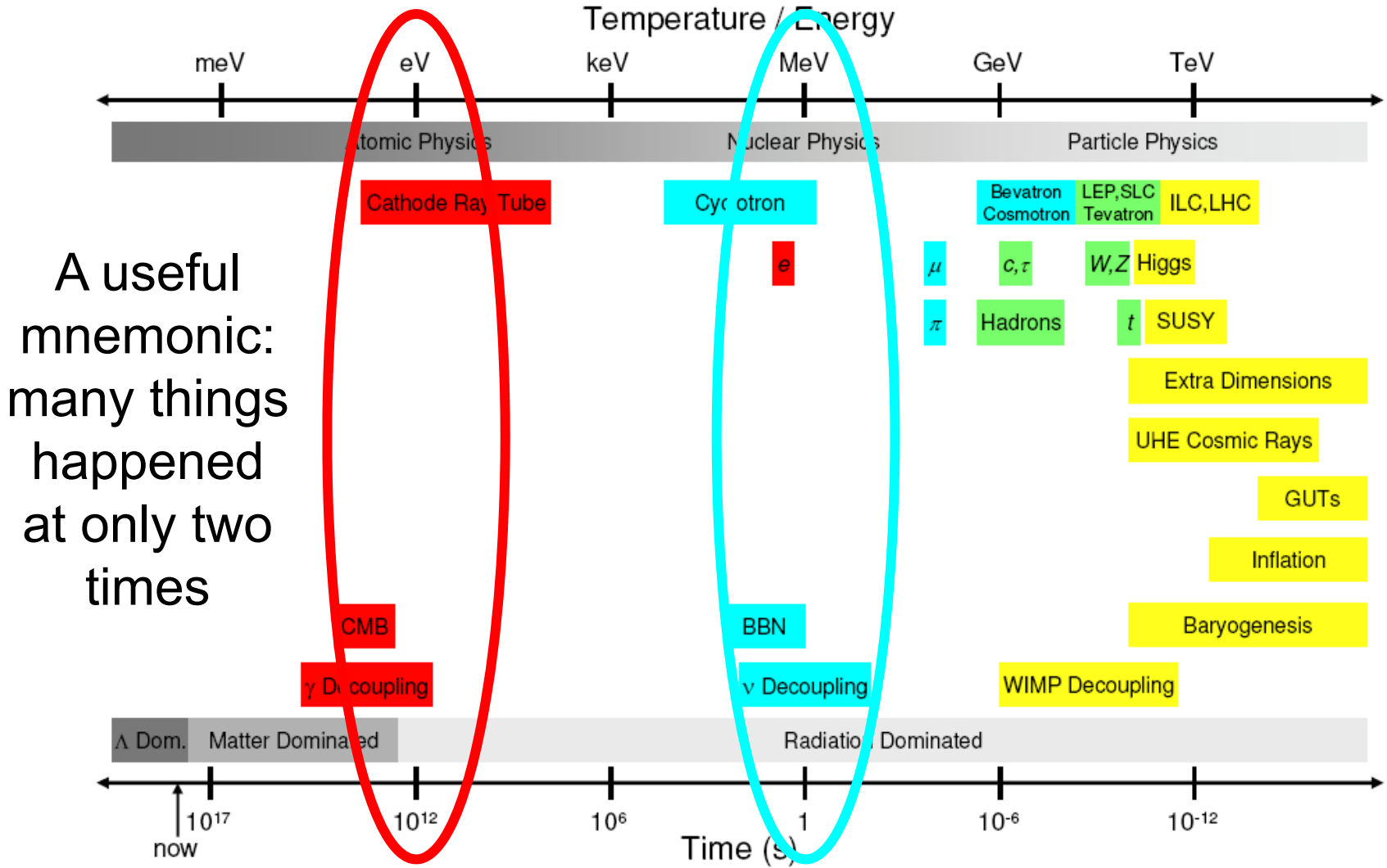
$\uparrow$  Dilution from expansion       $\uparrow$   $XX \rightarrow f\bar{f}$        $f\bar{f} \rightarrow XX$

- Particles decouple (or freeze out) when  $n_{\text{eq}} \langle \sigma v \rangle \sim H$
- An example: neutrino decoupling. By dimensional analysis,

$$n_{\text{eq}} \sim T^3 \quad \langle \sigma v \rangle \sim G_F^2 T^2 \quad H \sim T^2 / M_{\text{Pl}}$$

$$T^3 \sim M_W^4 / M_{\text{Pl}} \Rightarrow T \sim \text{MeV}$$

# THERMAL HISTORY OF THE UNIVERSE



A useful mnemonic: many things happened at only two times

# PROBLEMS

The standard model of cosmology answers many questions, but also highlights many others:

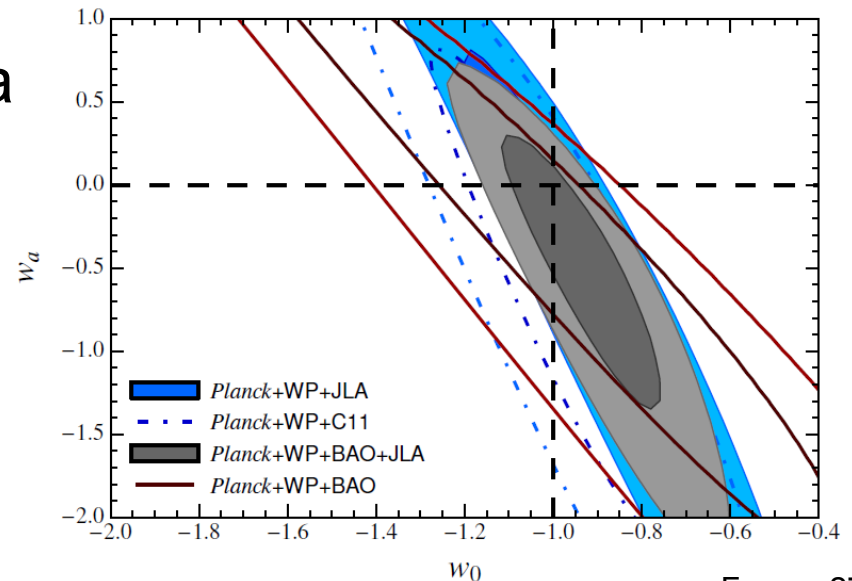
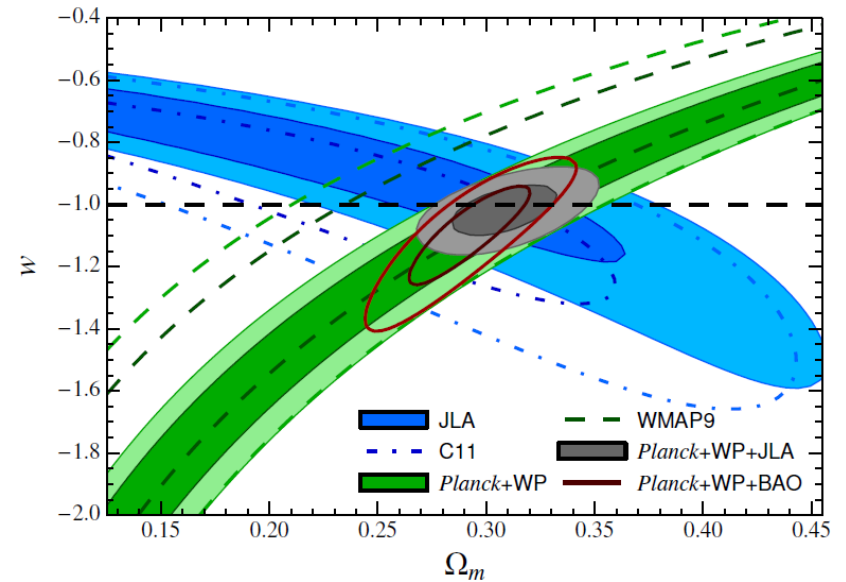
- What is dark matter?
- What is the (small-scale) distribution of dark matter?
- How did structure form?
- What is dark energy?
- Why is the cosmological constant so small?
- Why matter and no anti-matter?
- Why are all energy densities roughly comparable now?
- How did the universe begin?
- ...

Particle physics is required to answer all of these, not least because it is required to understand the hot early Universe

# DARK ENERGY

- The properties of dark energy are now investigated by many methods
  - Supernovae
  - CMB
  - Weak lensing
  - Baryon acoustic oscillations
  - Galaxy cluster abundance
- The results are consistent with a cosmological constant, vacuum energy with  $w = -1$  constant throughout the Universe's history

$$w(z) = w_0 + \frac{w_a}{1+z}$$



# DARK ENERGY

- $\Omega_\Lambda \approx 0.73 \rightarrow \rho_\Lambda \sim (\text{meV})^4$ : tiny, but all fields contribute

- Quantum mechanics:  
 $\pm \frac{1}{2} \hbar \omega, \quad \omega^2 = k^2 + m^2$

- Quantum field theory:  
 $\pm \frac{1}{2} \int^E d^3k \hbar \omega \sim \pm E^4,$

where  $E$  is the energy scale where the theory breaks down

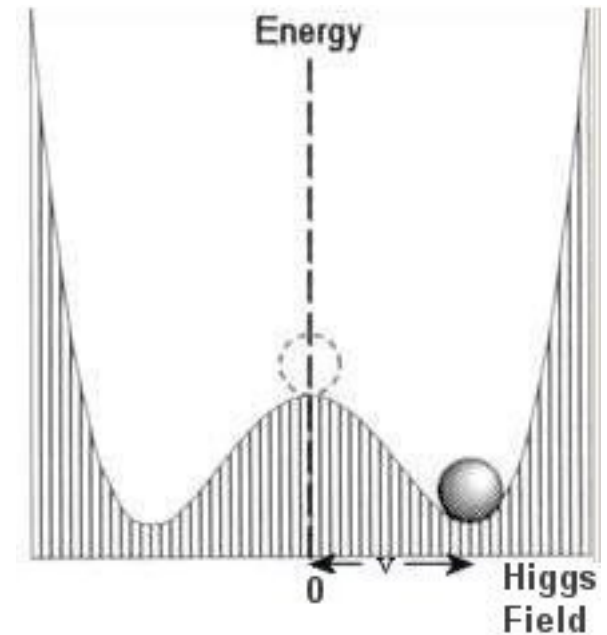
- We expect

$$(M_{\text{Planck}})^4 \sim 10^{120} \rho_\Lambda$$

$$(M_{\text{GUT}})^4 \sim 10^{108} \rho_\Lambda$$

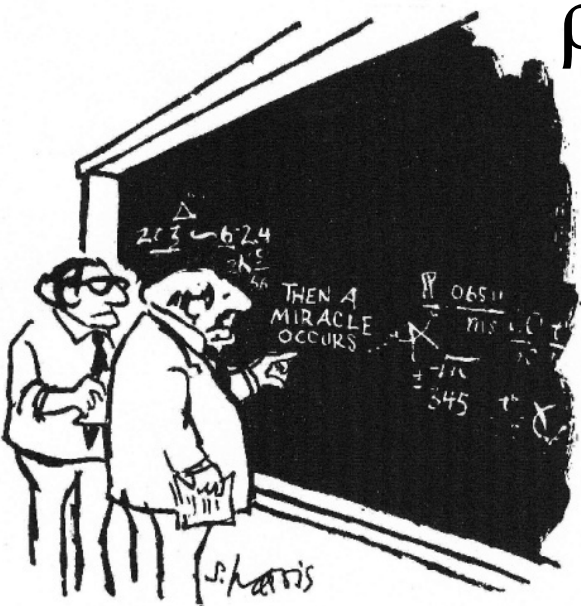
$$(M_{\text{SUSY}})^4 \sim 10^{60} - 10^{90} \rho_\Lambda$$

$$(M_{\text{weak}})^4 \sim 10^{60} \rho_\Lambda$$



# ONE APPROACH

- Small numbers  $\leftrightarrow$  broken symmetry



$$\rho_{\Lambda} \sim M_{\text{Pl}}^4$$

??

$$\rho_{\Lambda} = 0$$

$$\rho_{\Lambda} \sim m_{\nu}^4, (M_W^2/M_{\text{Pl}})^4, \dots$$

"I think you should be more explicit here in step two."



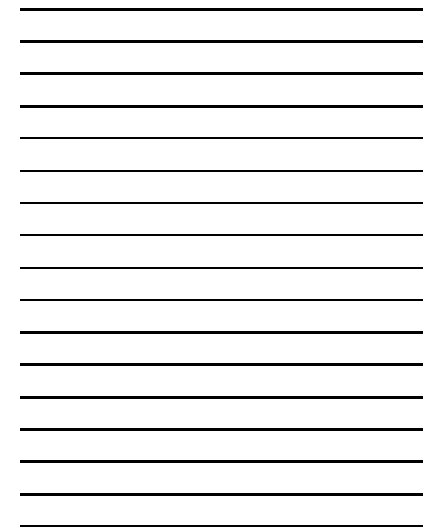
# ANOTHER APPROACH

$$\rho_{\Lambda} \sim M_{\text{Pl}}^4$$

Many densely-spaced vacua (string landscape, eternal inflation, etc.)

Anthropic principle:  
 $-1 < \Omega_{\Lambda} < 100$

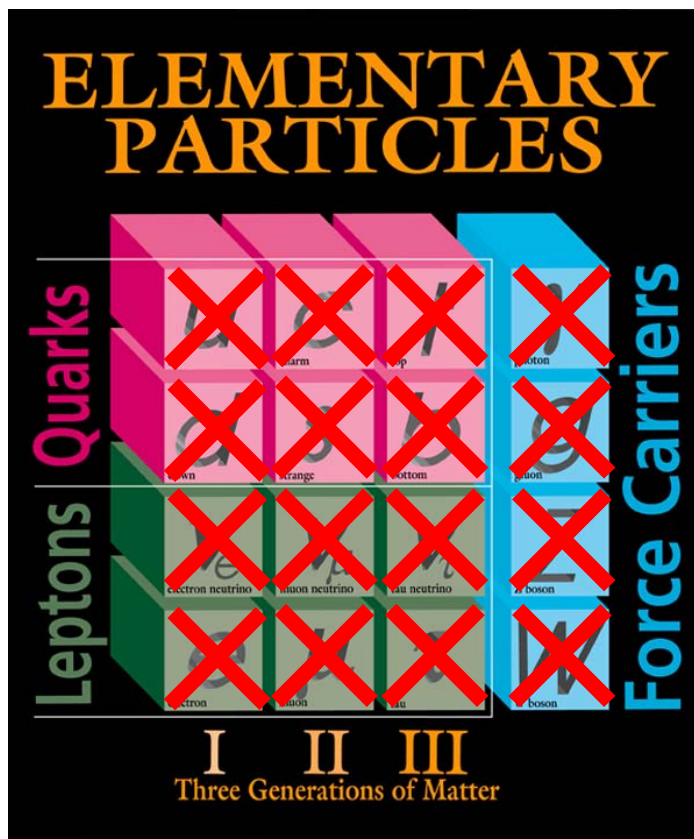
Weinberg (1989)



# DARK ENERGY PROSPECTS

- These approaches are very different. Their only similarity is that the more you think about either one, the more you think the other one must be more promising
- The discrepancy between the expected and measured values of  $\Omega_\Lambda$  is the greatest hierarchy problem in particle physics, not just because it is numerically large, but because we think we understand meV-scale physics
- Ways forward
  - Constrain DE properties, see if it deviates from a cosmological constant or indicates a deviation from GR
  - Make a breakthrough in understanding quantum gravity
  - Learn something unexpected about fundamental scalars

# DARK MATTER



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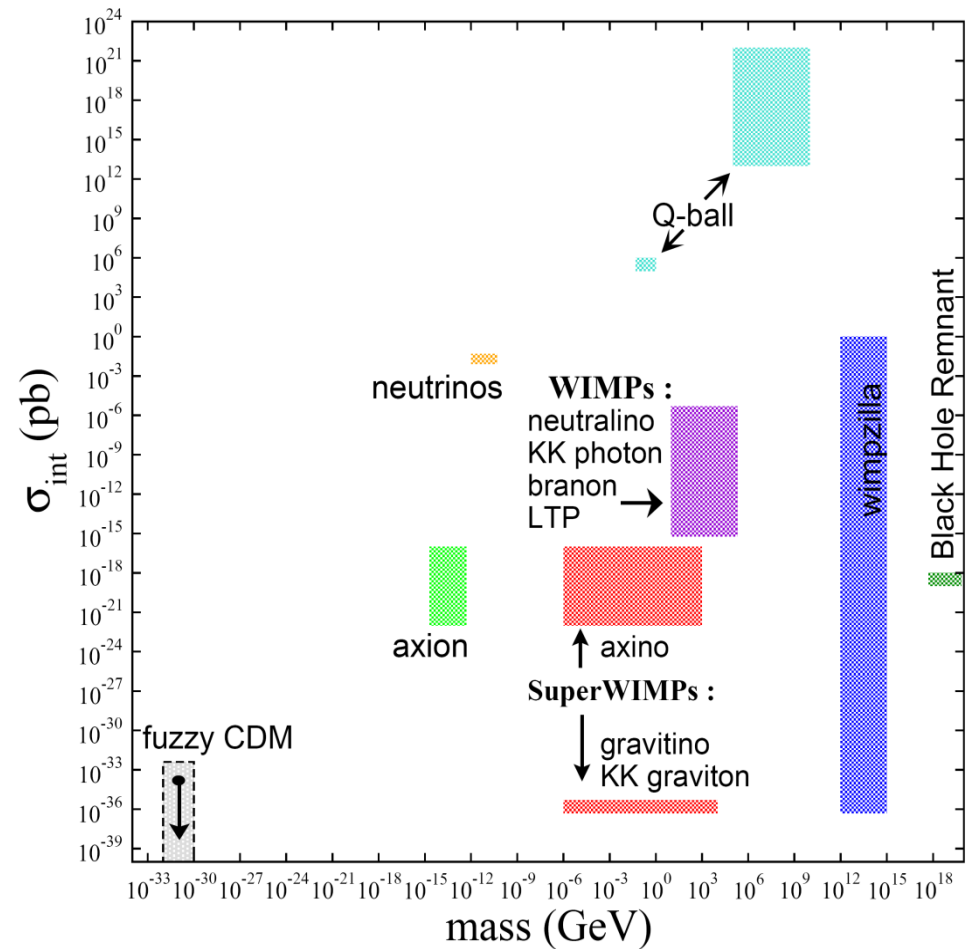
Known DM properties

- Gravitationally interacting
- Not short-lived
- Not hot
- Not baryonic

Unambiguous evidence for new particles

# DARK MATTER CANDIDATES

- There are many
- Masses and interaction strengths span many, many orders of magnitude, but the gauge hierarchy problem especially motivates particles with weak-scale masses



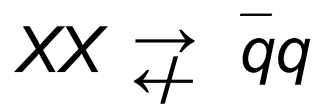
HEPAP/AAAC DMSAG Subpanel (2007)

# FREEZE OUT: QUALITATIVE

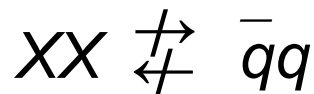
(1) Assume a new heavy particle  $X$  is initially in thermal equilibrium:



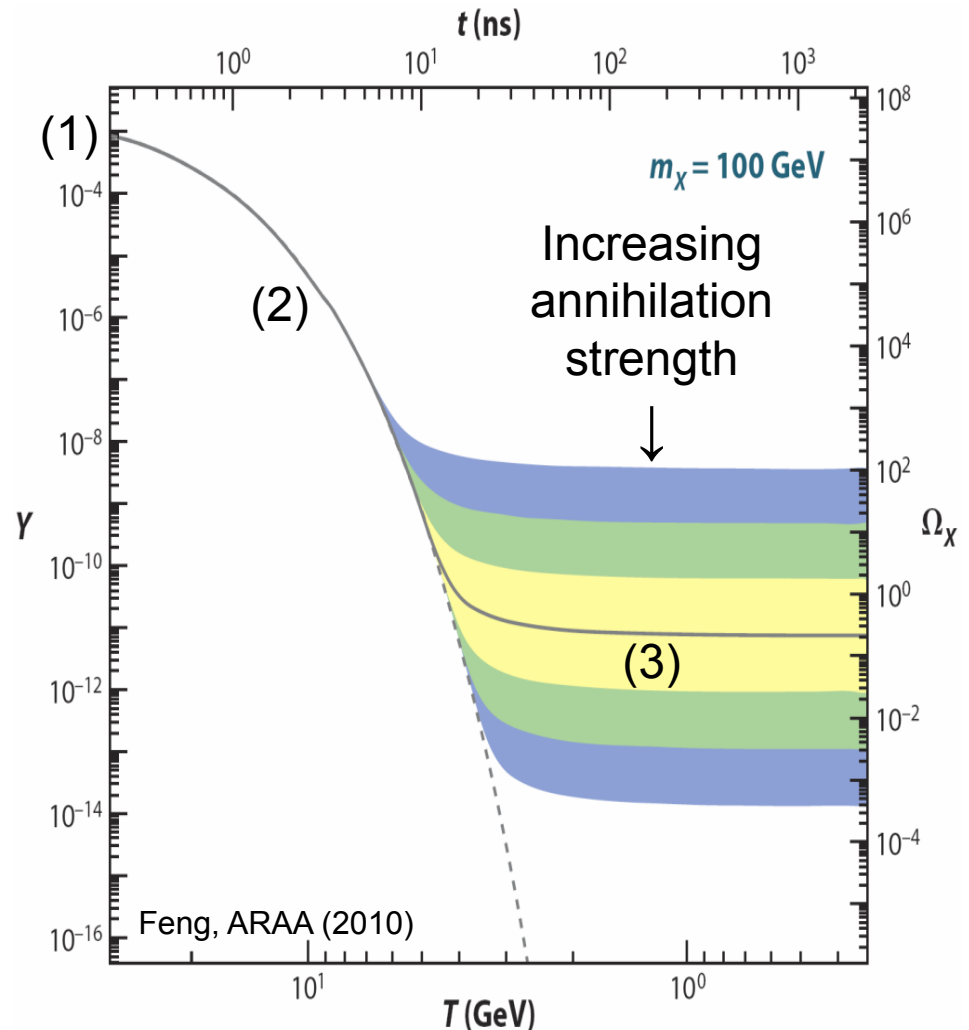
(2) Universe cools:



(3) Universe expands:



Zeldovich et al. (1960s)



# FREEZE OUT: MORE QUANTITATIVE

- The Boltzmann equation:

$$\frac{dn}{dt} = -3Hn - \langle \sigma v \rangle [n^2 - n_{\text{eq}}^2]$$

$\uparrow$  Dilution from expansion

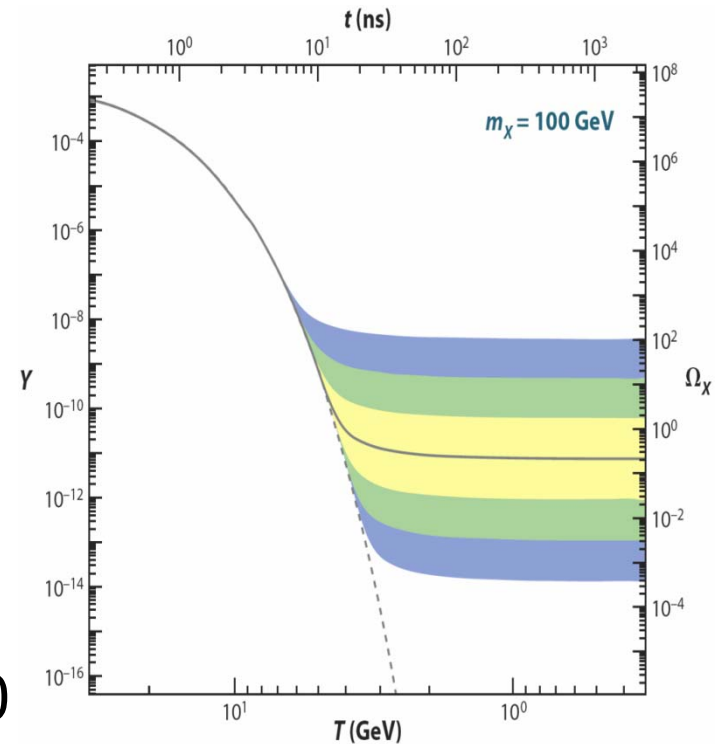
$\uparrow$   $\chi\chi \rightarrow f\bar{f}$        $f\bar{f} \rightarrow \chi\chi$

- $n \approx n_{\text{eq}}$  until interaction rate drops below expansion rate:

$$n_{\text{eq}} \langle \sigma v \rangle \sim H$$

$\uparrow$   $\uparrow$   $\uparrow$   
 $(mT)^{3/2} e^{-m/T}$      $m^{-2}$      $T^2/M_{\text{Pl}}$

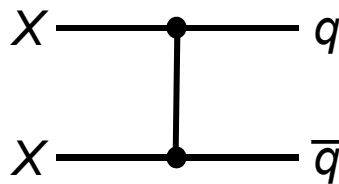
- Might expect freeze out at  $T \sim m$ , but the universe expands *slowly*!  
 First guess:  $m/T \sim \ln(M_{\text{Pl}}/m_W) \sim 40$



# THE WIMP MIRACLE

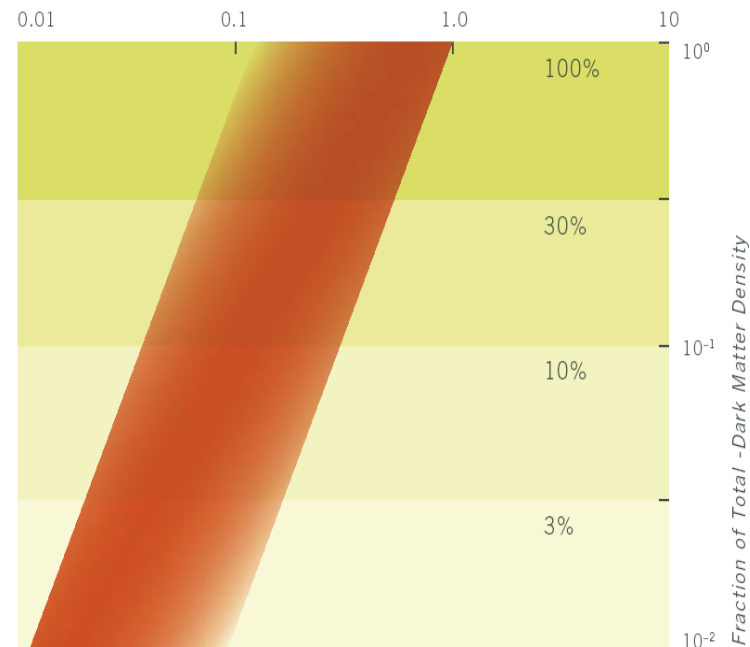
- The relation between  $\Omega_X$  and annihilation strength is wonderfully simple:

$$\Omega_X \propto \frac{1}{\langle \sigma v \rangle} \sim \frac{m_X^2}{g_X^4}$$



- $m_X \sim 100 \text{ GeV}$ ,  $g_X \sim 0.6 \rightarrow \Omega_X \sim 0.1$

Mass of Dark Matter Particle from Supersymmetry (TeV)



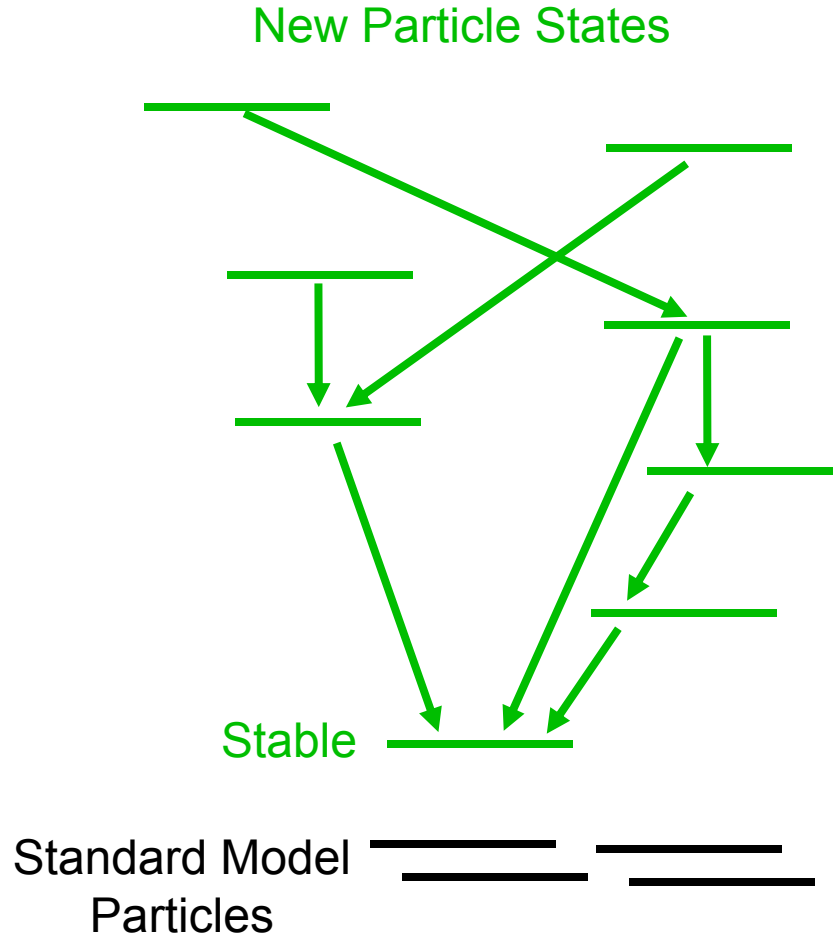
LHC/ILC HEPAP, Matchev et al. (2005)

- Remarkable coincidence: particle physics independently predicts particles with the right density to be dark matter



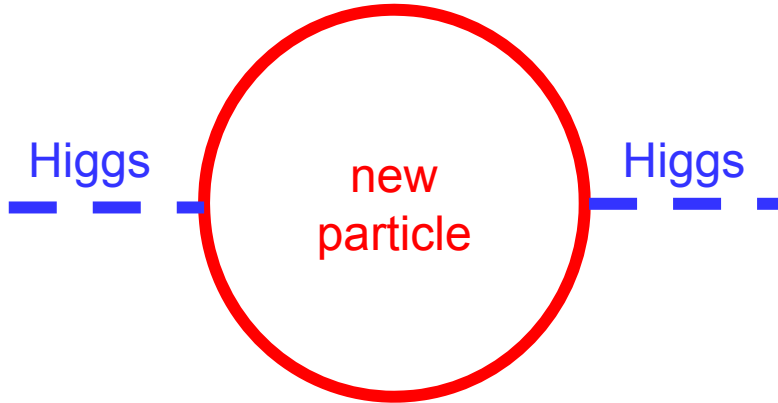
# WIMP STABILITY

- The WIMP Miracle is very well appreciated, and it is a quantitative feature. But its success relies on some less well-advertised qualitative features
- First, the WIMP must be stable
- How natural is this? *A priori*, not very: the only stable particles we know about are very light

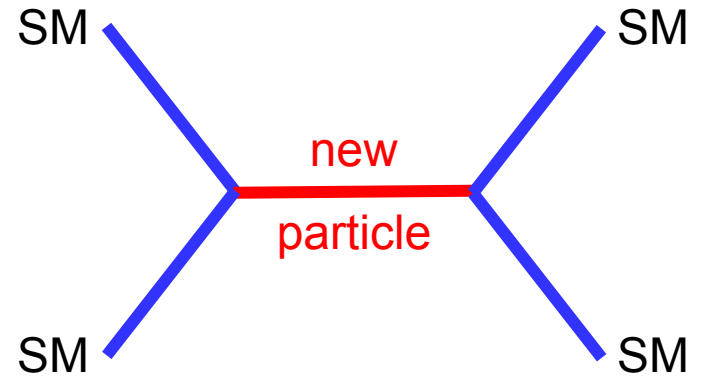


# LEP'S COSMOLOGICAL LEGACY

Gauge Hierarchy requires



Precision EW excludes



In some cases, there are even stronger reasons to exclude these 4-particle interactions (e.g., proton decay in SUSY)

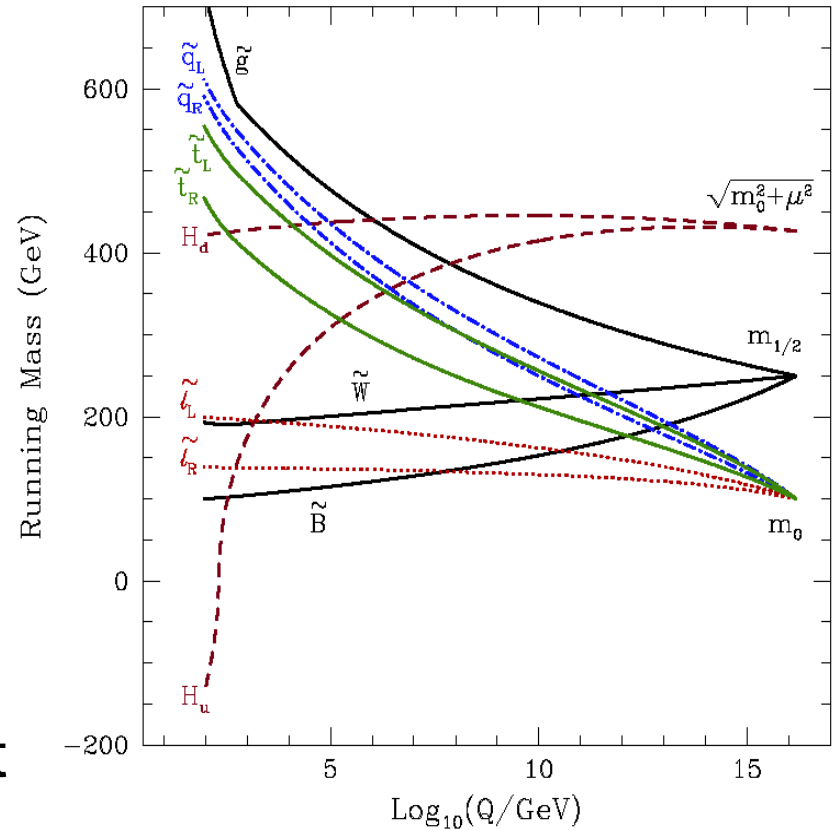
- Simple solution: impose a discrete parity, so all interactions require *pairs* of new particles. This also makes the lightest new particle stable:

LEP constraints  $\leftrightarrow$  Discrete Symmetry  $\leftrightarrow$  Stability

Cheng, Low (2003); Wudka (2003)

# WIMP NEUTRALITY

- WIMPs must also be neutral
- How natural is this? Again, *a priori*, not very: what is the chance that the lightest new particle happens to be neutral?
- In fact, in many cases (SUSY, extra dims, ...), masses are “proportional” to couplings, so neutral particles are the lightest



Bottom line: WIMPs, new particles that are *stable* and *neutral* with  $\Omega \sim 0.1$ , appear in many models of new particle physics

# LECTURE 1 SUMMARY

- The revolution in cosmology has produced remarkable progress
- This progress also highlights puzzles that require particle physics answers
- Cosmology and particle physics both point to the weak scale for new particles
- Next time: what are the opportunities for probing the weak scale with dark matter searches?