

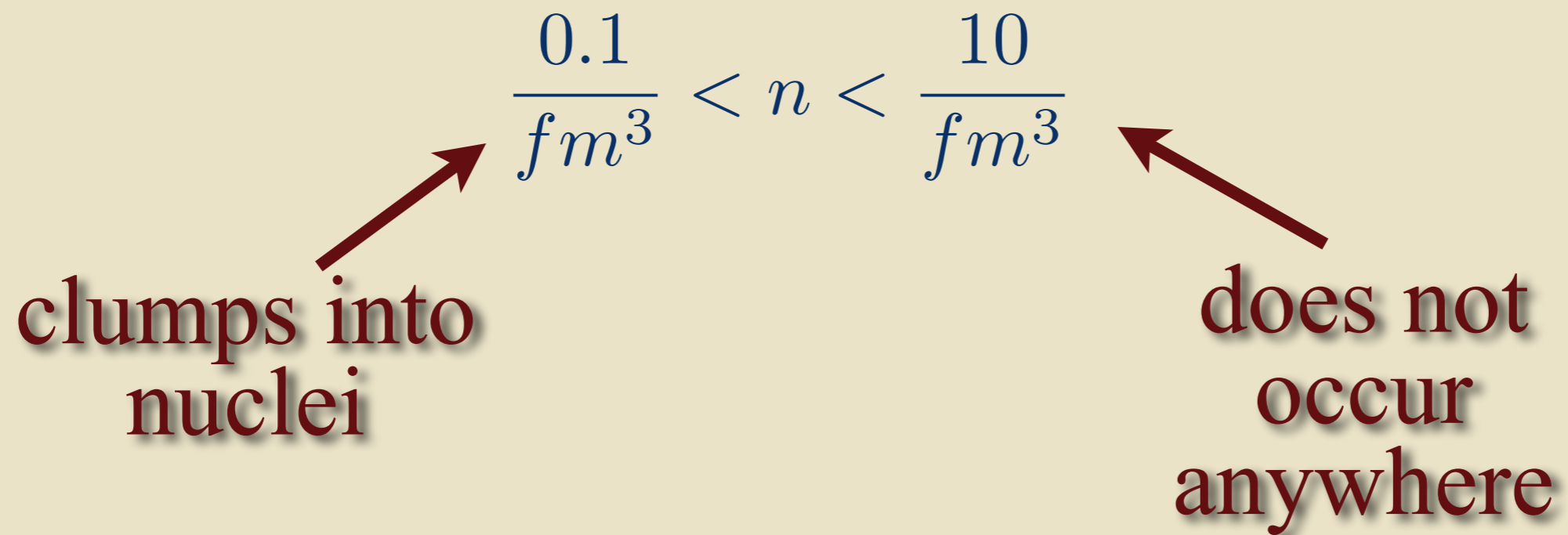
# High Density QCD Matter

Paulo Bedaque  
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Take any macroscopic piece of matter, crush them until nuclei touch.

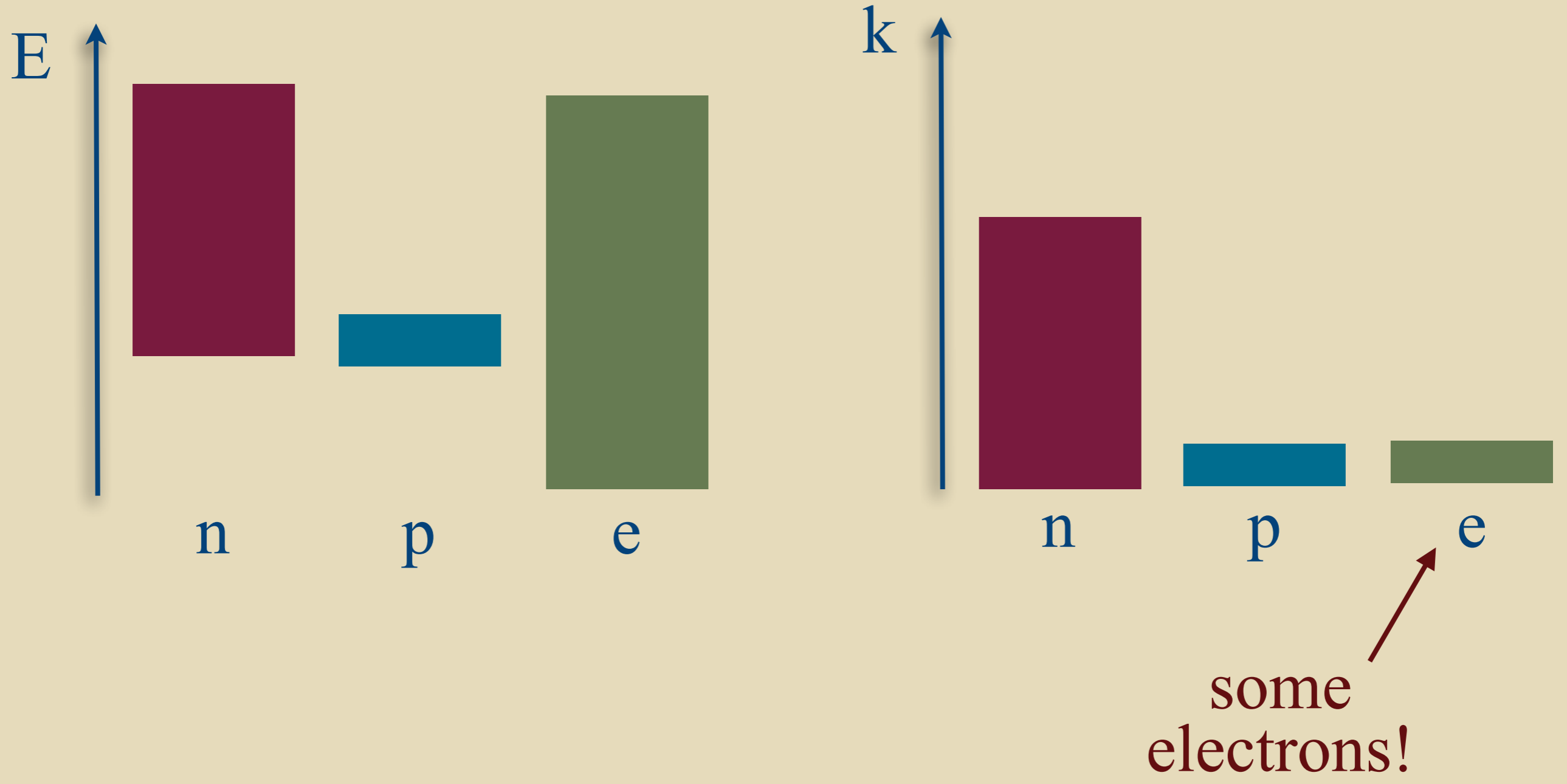
You will get  
dense QCD matter

Cold, baryon number density:

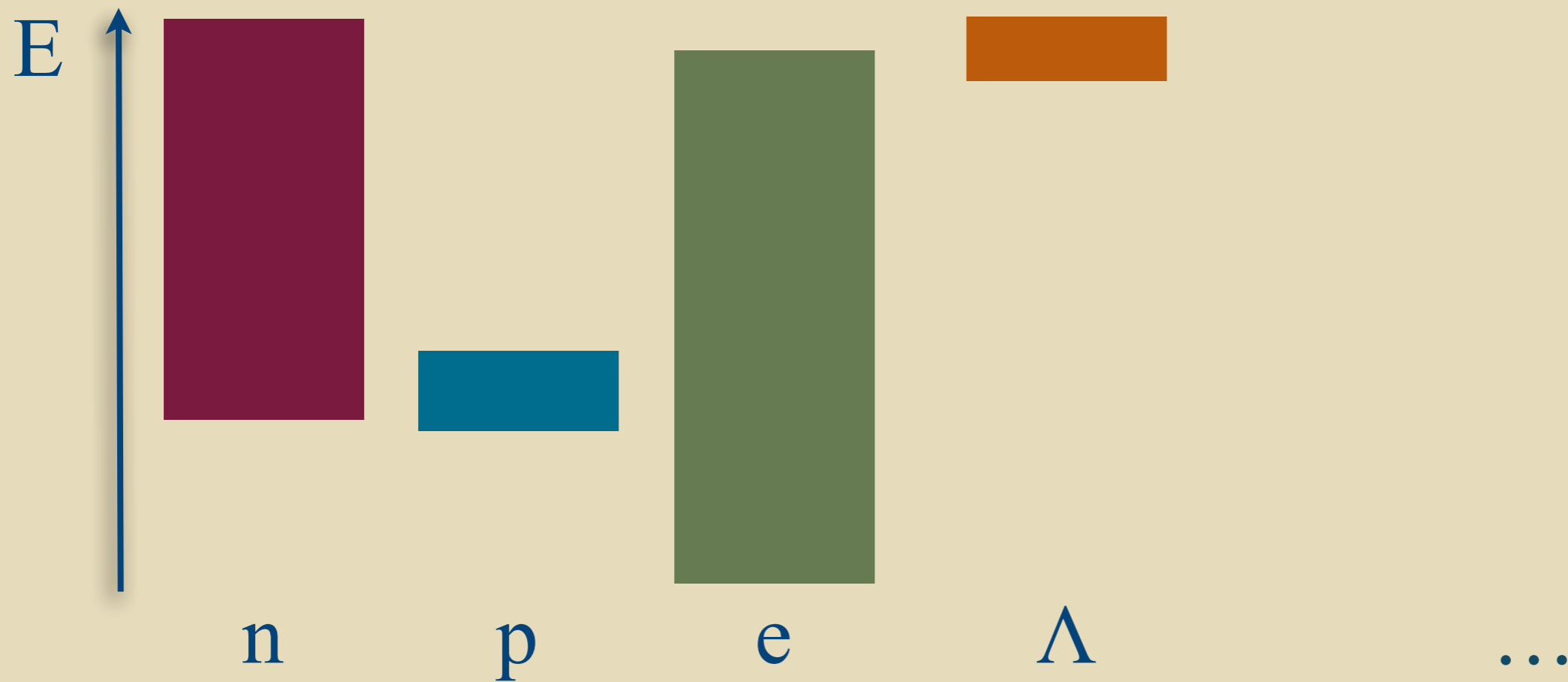


- nuclei
- neutron stars (except crust)

# Dense matter is (mostly) neutron matter or ...

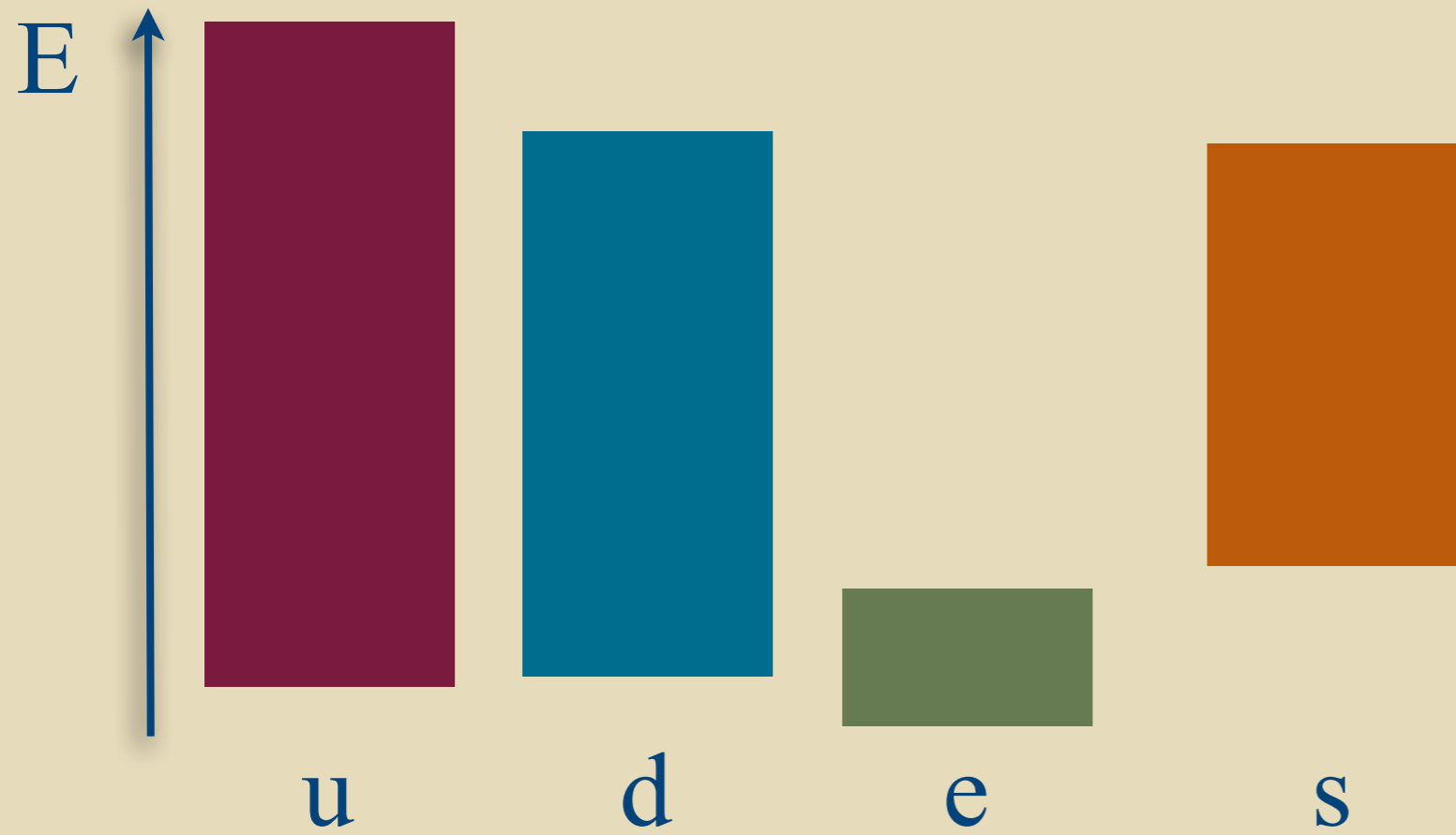


Dense matter is (mostly) neutron matter or ...

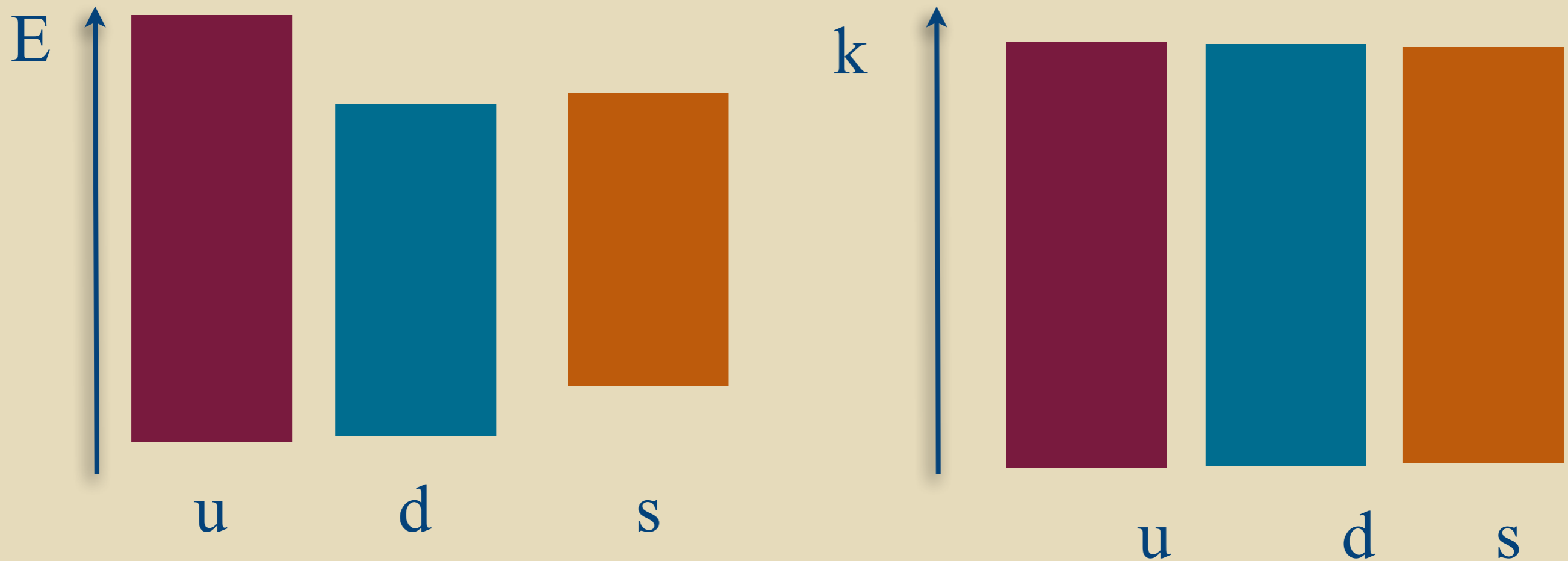


↖  
maybe  
hyperons

... or quark matter



... or quark matter



including pairing (CFL or  $K_0$ -CFL)  
there maybe be no  $e^-$

# Theoretical Methods

- lattice QCD: plagued by sign problem, but complex Langevin progress (?) (Aarts, Seiler, Stamatescu, Sexty, Bongiovanni, ...) and Lefshets thimble (?) (Cristoforetti, Renzo, Scorzato, ...)

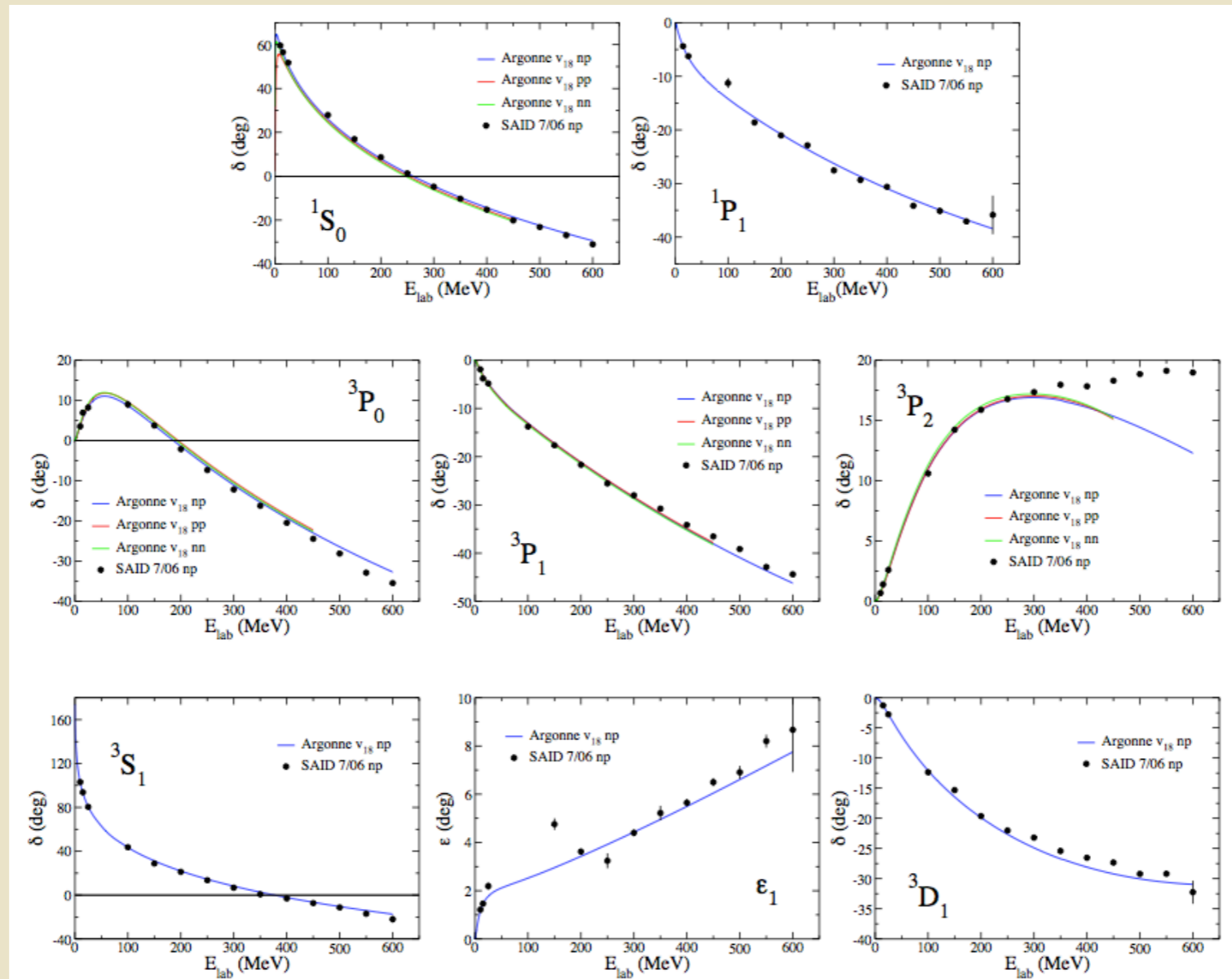
$$Z_{QCD} = \int DA e^{-S_{glue}} \underbrace{\det(\gamma \cdot D + i\mu\gamma^0)}_{\text{complex}}$$

- perturbative QCD:  $\alpha_s^2$ ,  $m_s > 0$  calculation completed (Kurkela, Romatschke, Vuorinen); relatively hard, valid for  $n > 100 n_0$



# • Equation of state from nucleon scattering

Fancy potential (some “theory”+ fitting NN data), in this case, AV18 (Wiringa et al. ‘95)

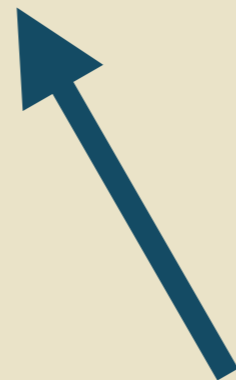


# Equation of state from nucleon scattering

Fancy potential (some “theory”) fitting NN data (in this case, AV18)

+

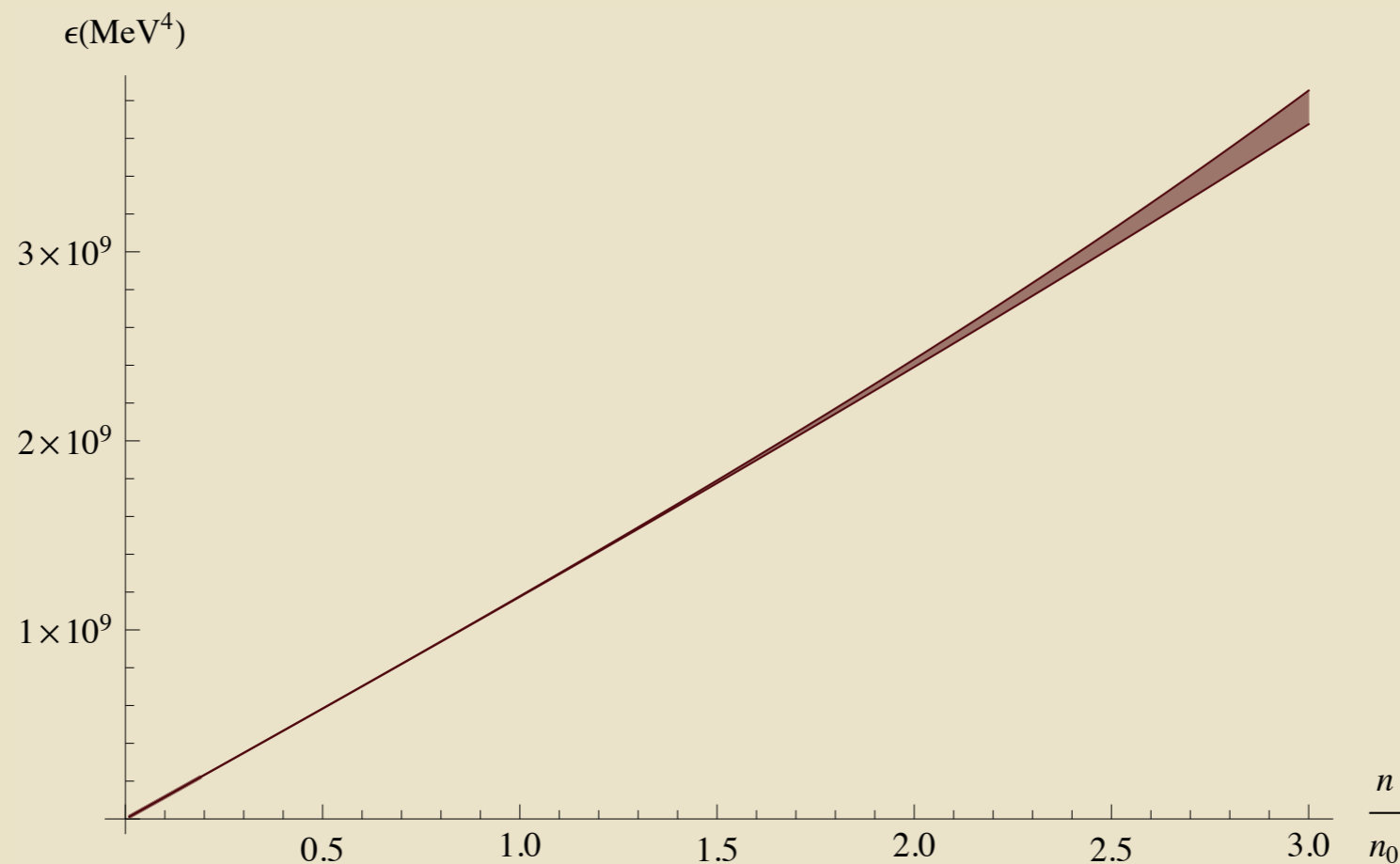
3-body force fitted to small nuclei



A lot of uncertainty here!  
(functional form unknown)

# Equation of state from nucleon scattering

Numerical, Monte Carlo method to solve the Schroedinger eq. (in this case Auxiliary Field Greens Function Monte Carlo Schmidt&Fantoni,'99)

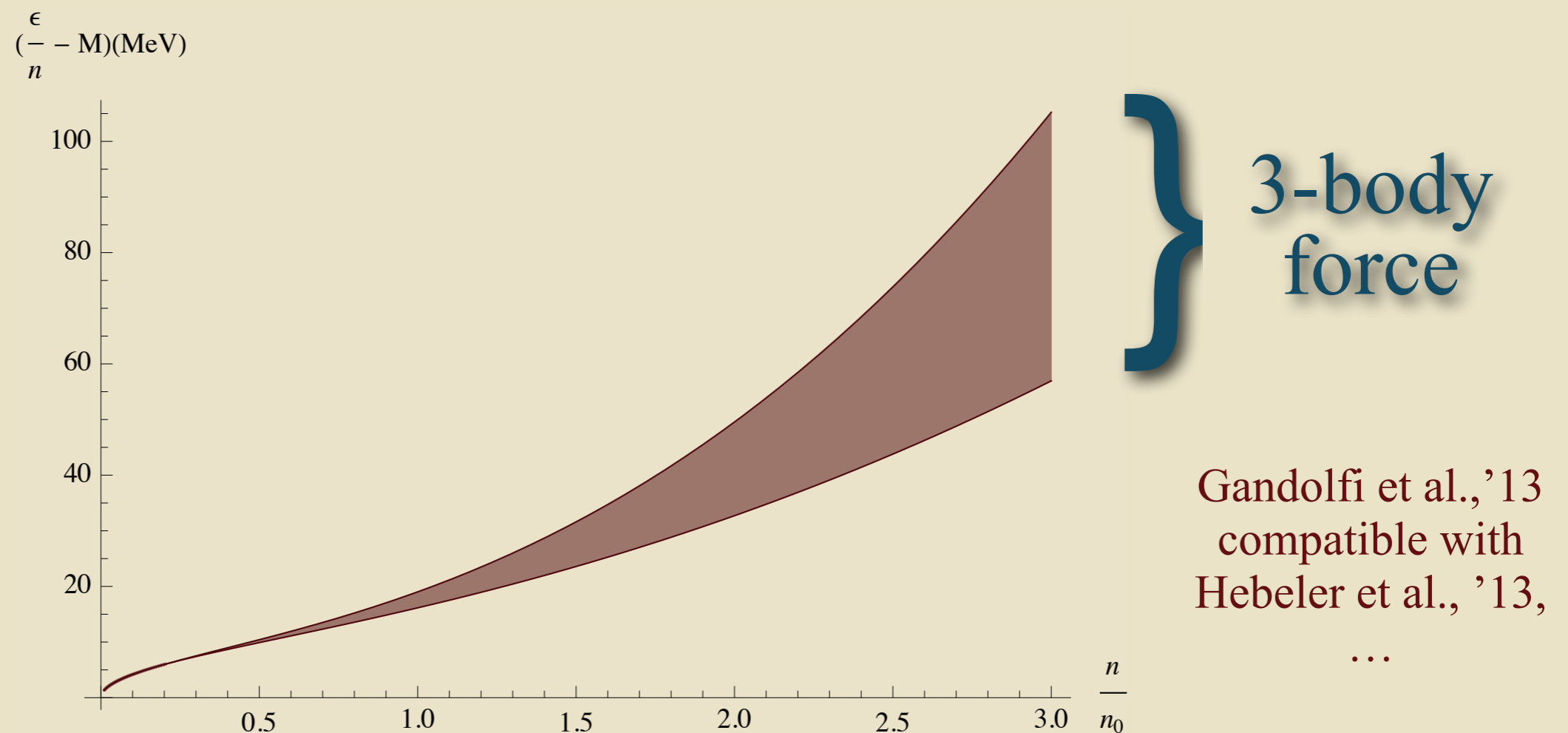


Gandolfi et al., '13  
compatible with  
Hebeler et al., '13,

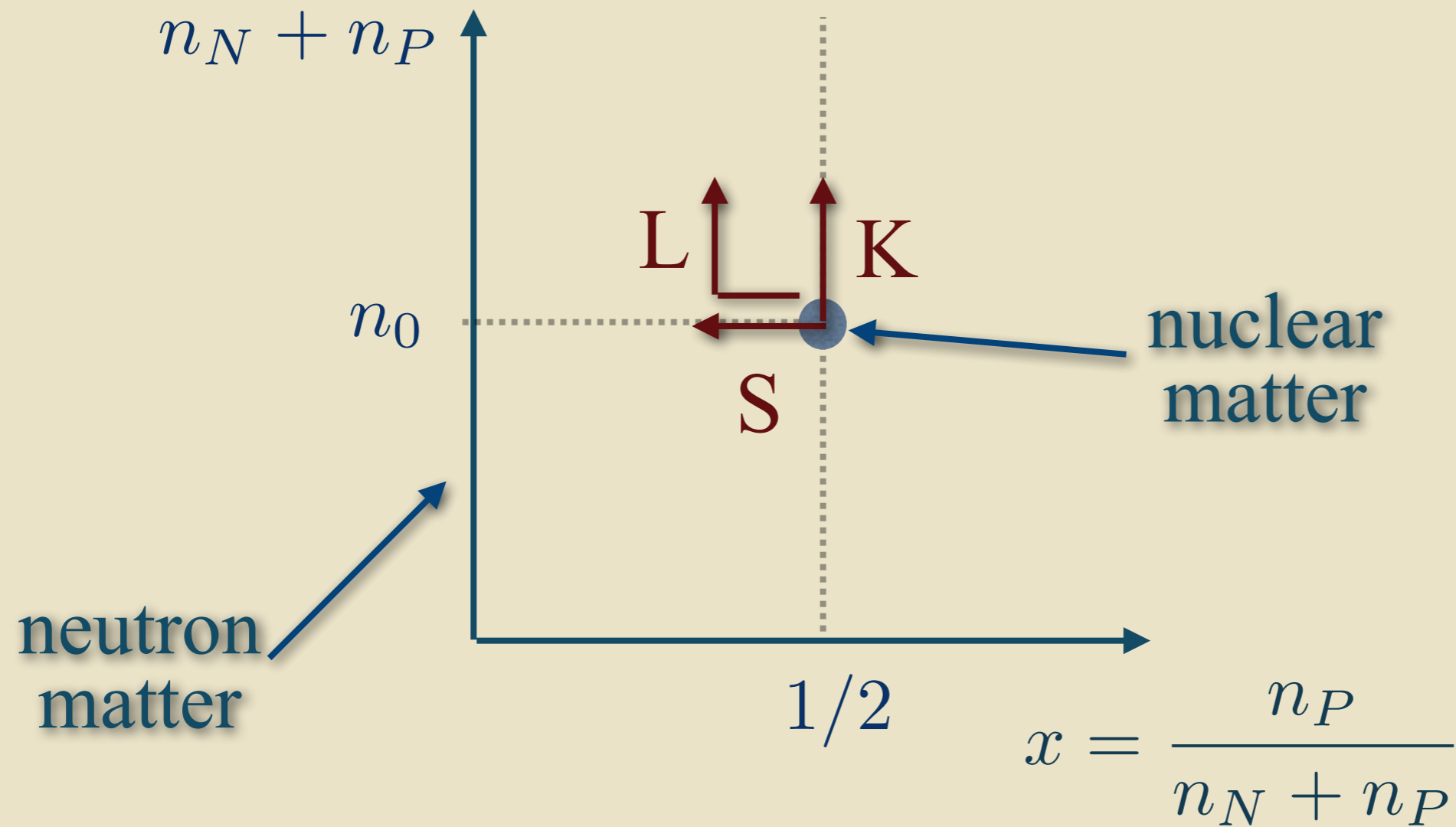
...

# Equation of state from nucleon scattering

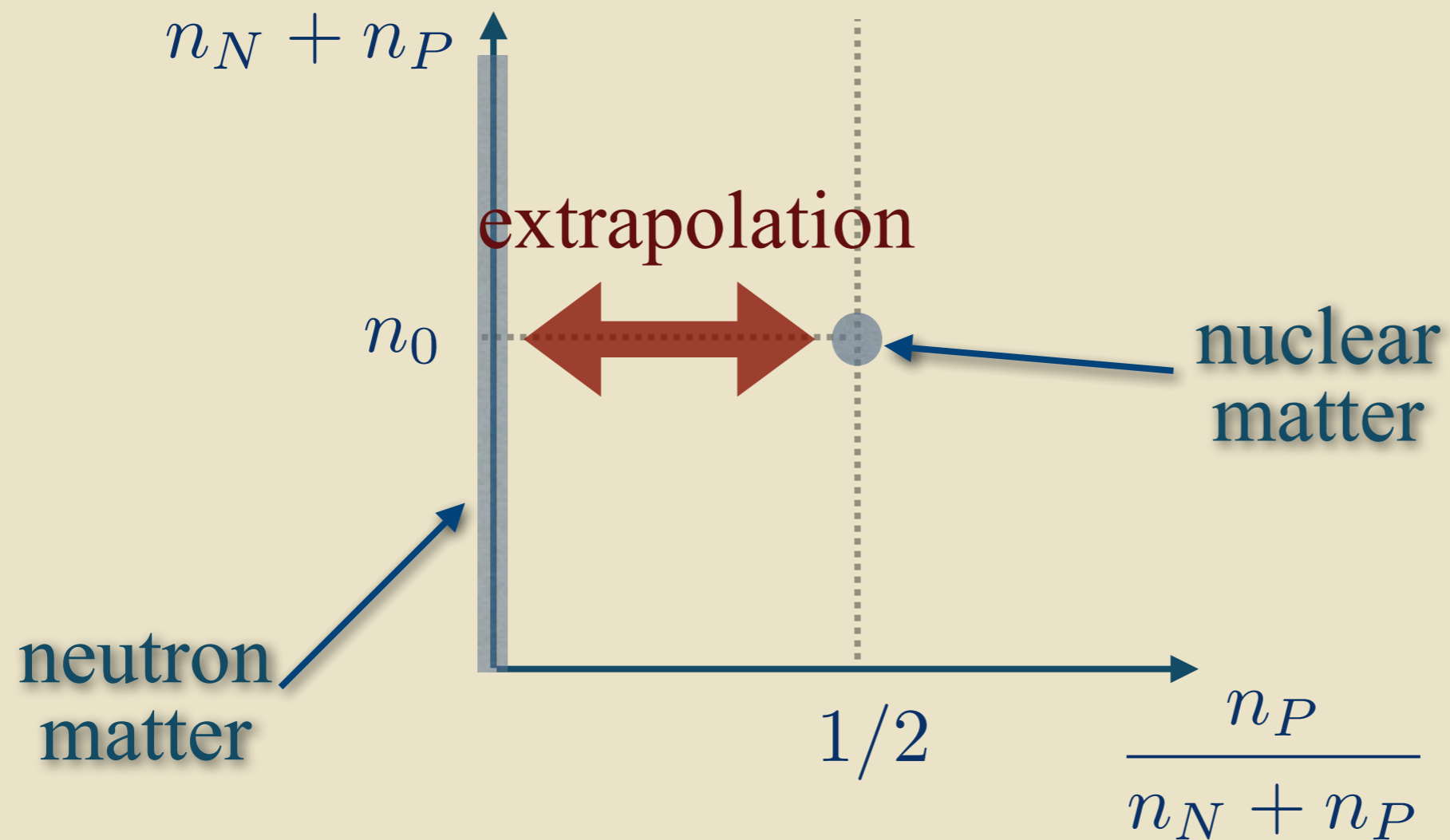
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- Mass formula and extrapolations



- Mass formula and extrapolations



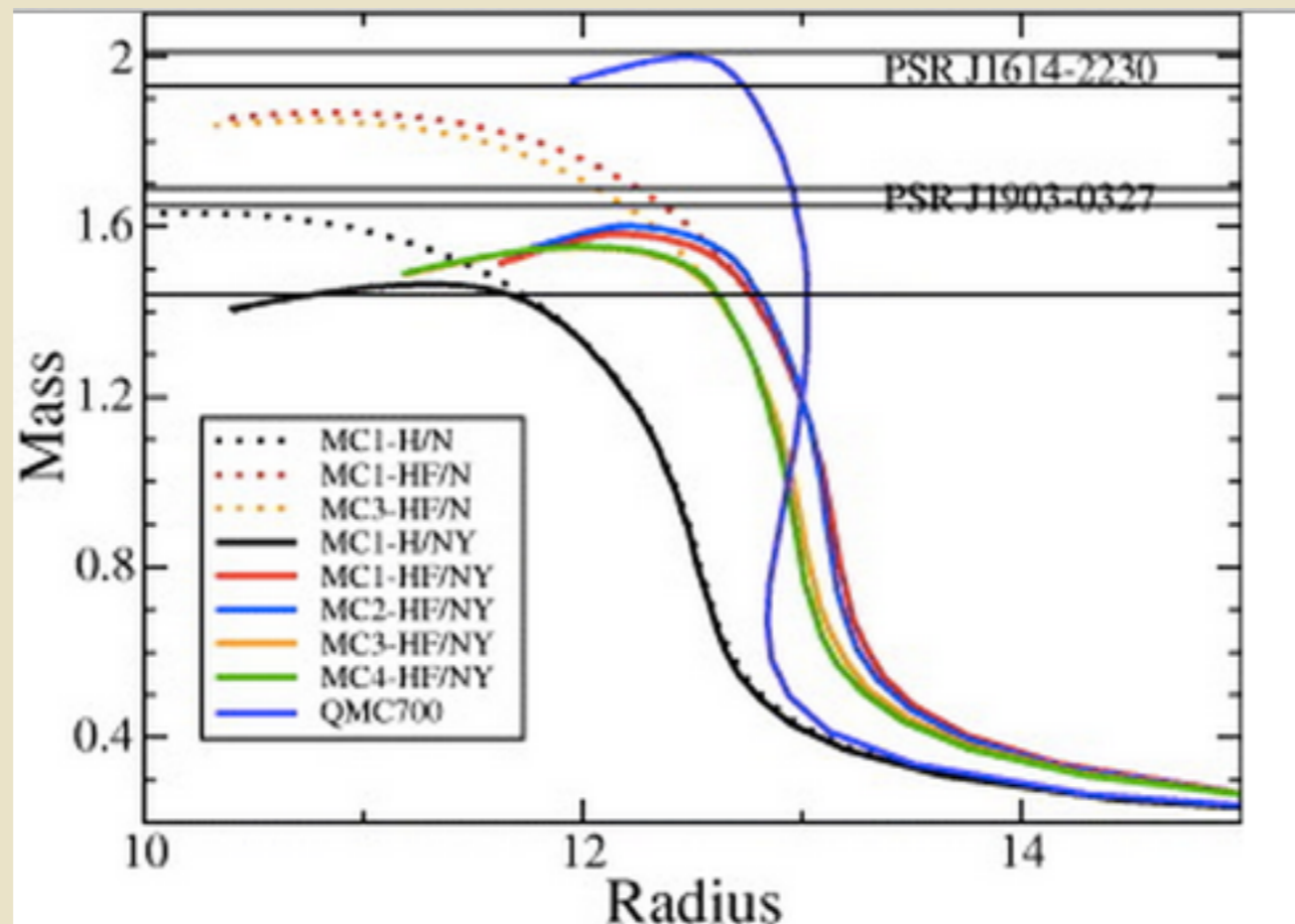
uncertainty due to 3-body force  $\sim$  uncertainty in S,L  
(PREX)

# Neutron Stars

$\epsilon(p)$   
general  
relativity



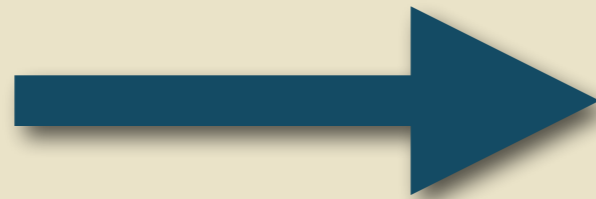
$M \times R$





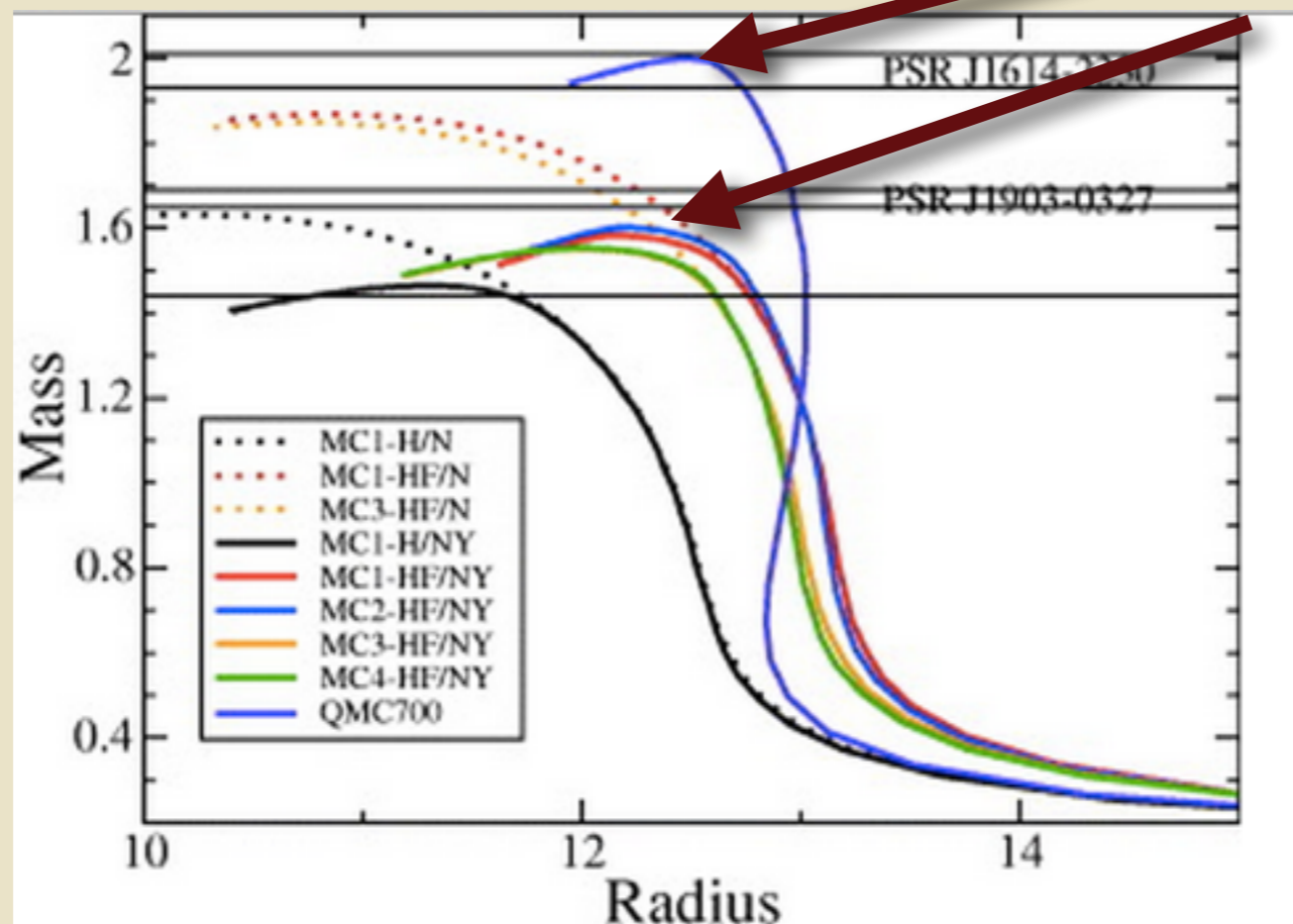
# Neutron Stars

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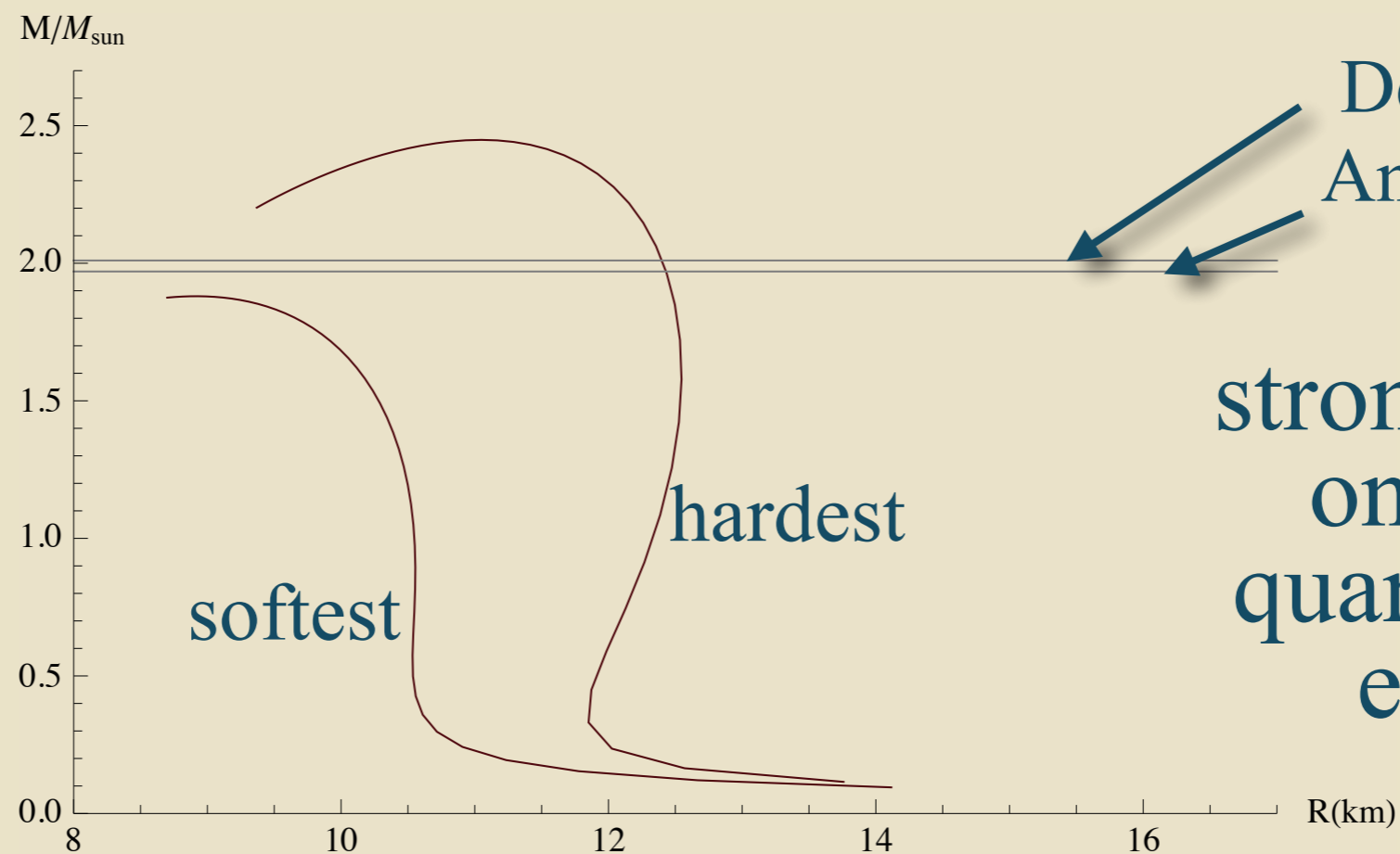
maximum  
mass





# Equation of state from nucleon scattering

Numerical, Monte Carlo method to solve the Schroedinger eq. (in this case Auxiliary Field Greens Function Monte Carlo Schmidt&Fantoni,'99)

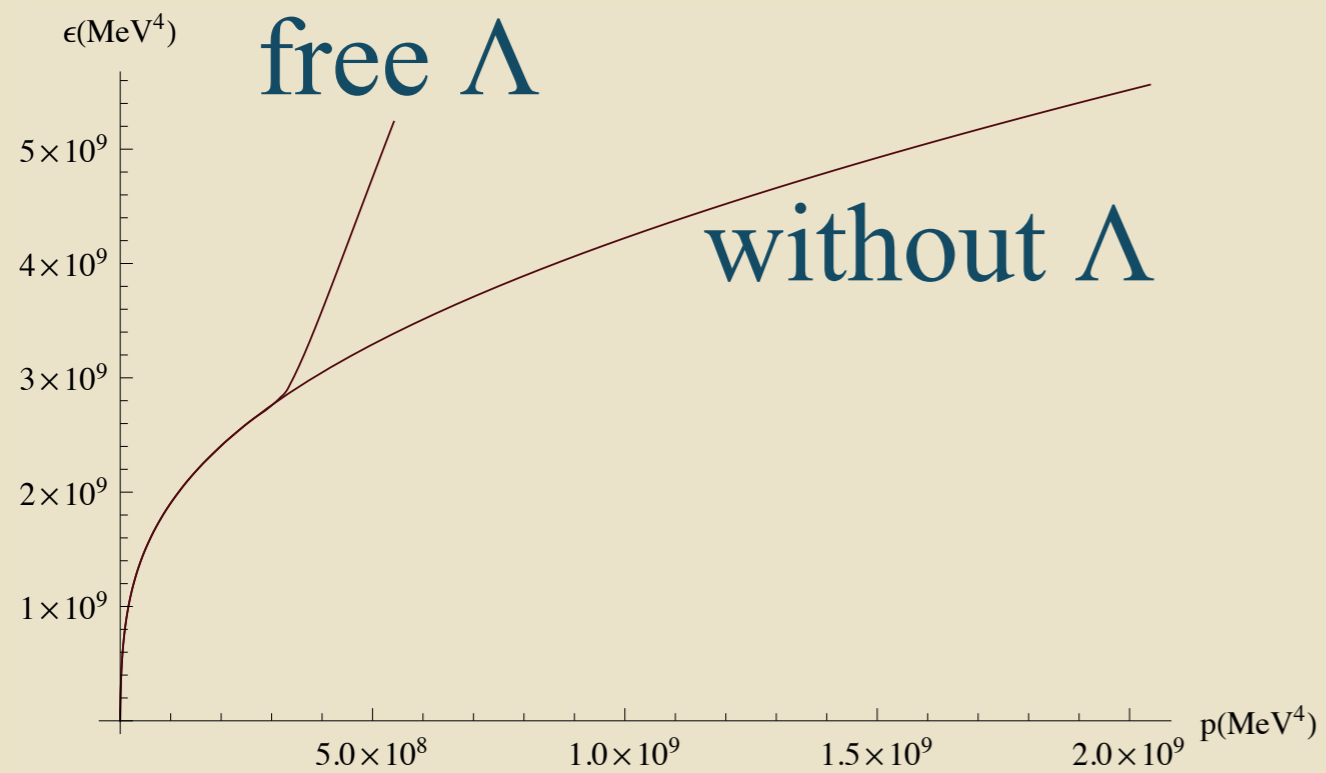


strong constraint  
on e.o.s. but  
quark matter no  
excluded!

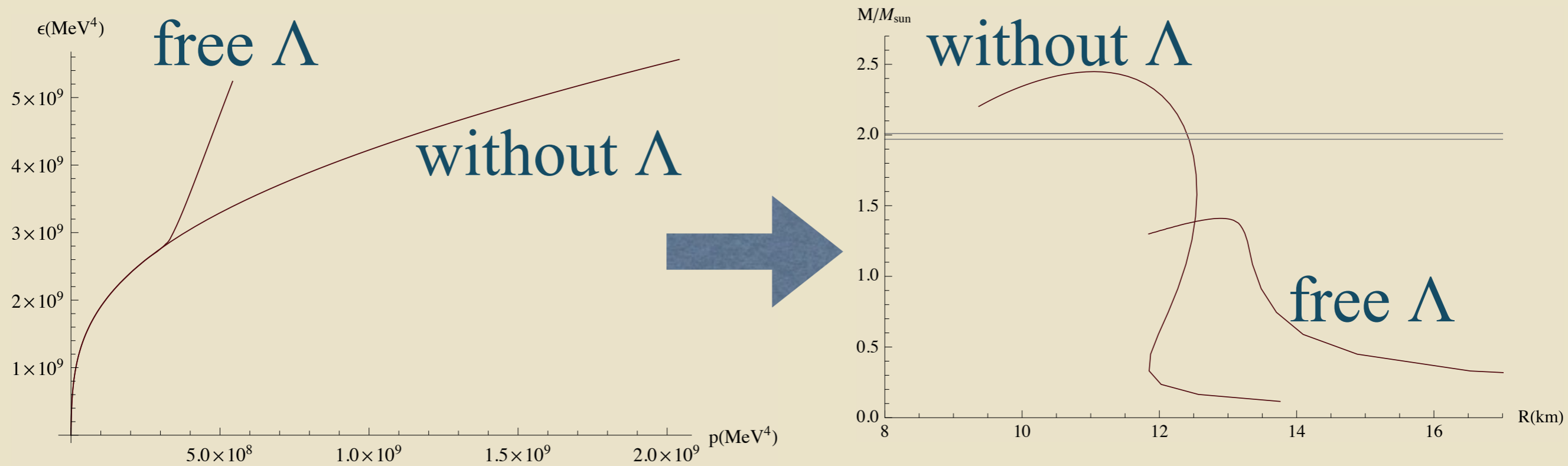
# Hyperons in dense matter



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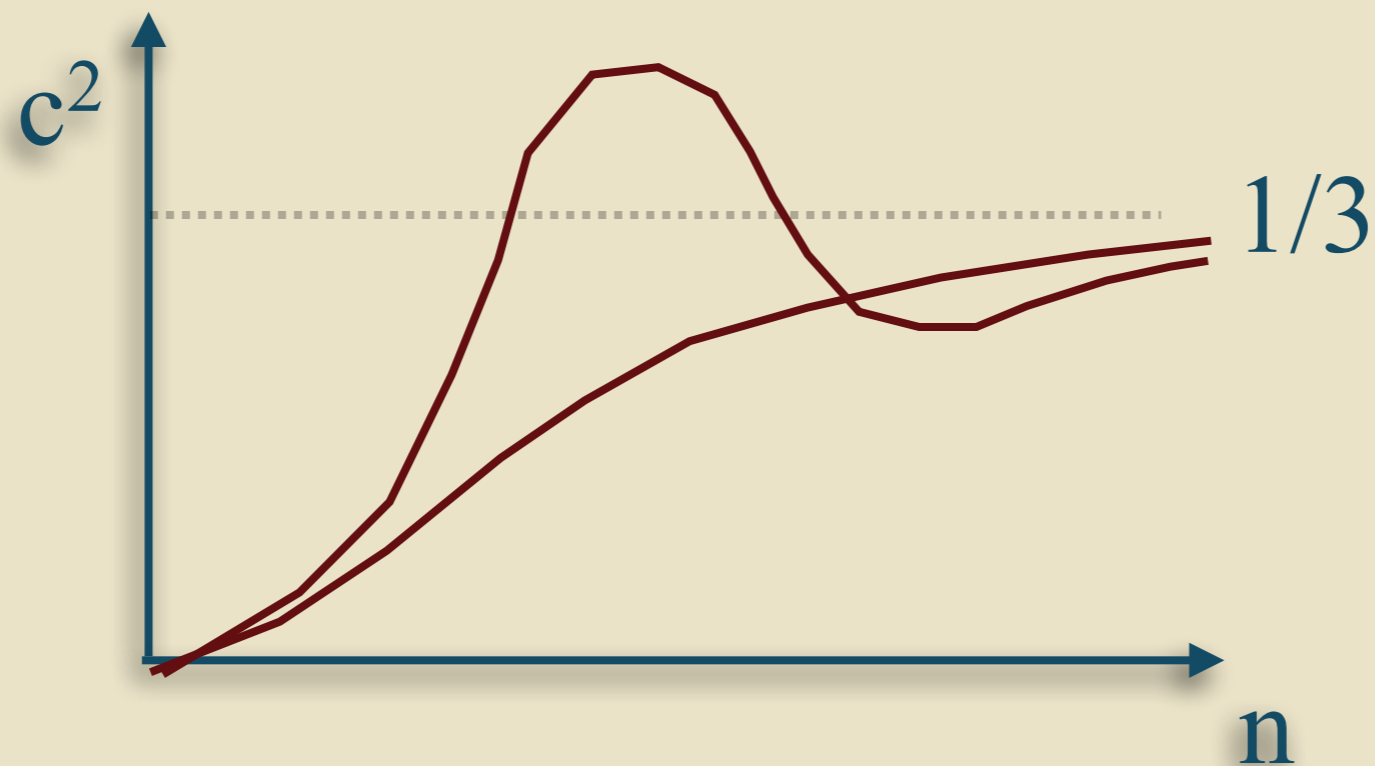


from hyper nuclei:  $\Lambda N$  is *attractive!*  
 $\Lambda NN$  strongly repulsive?

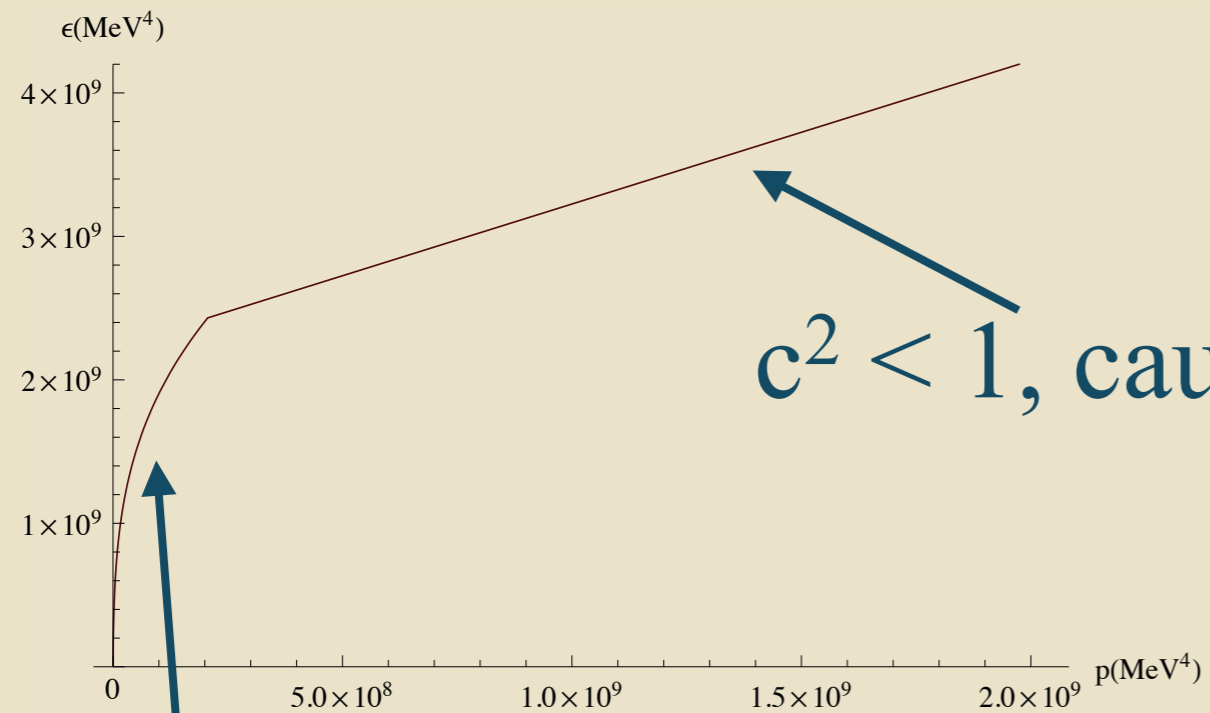
There are such forces that reproduce hypernuclei  
(Lonardonì et al., '14)

# What is the maximum speed of sound ?

speed of sound  $\rightarrow c^2 = \frac{dp}{d\epsilon}$



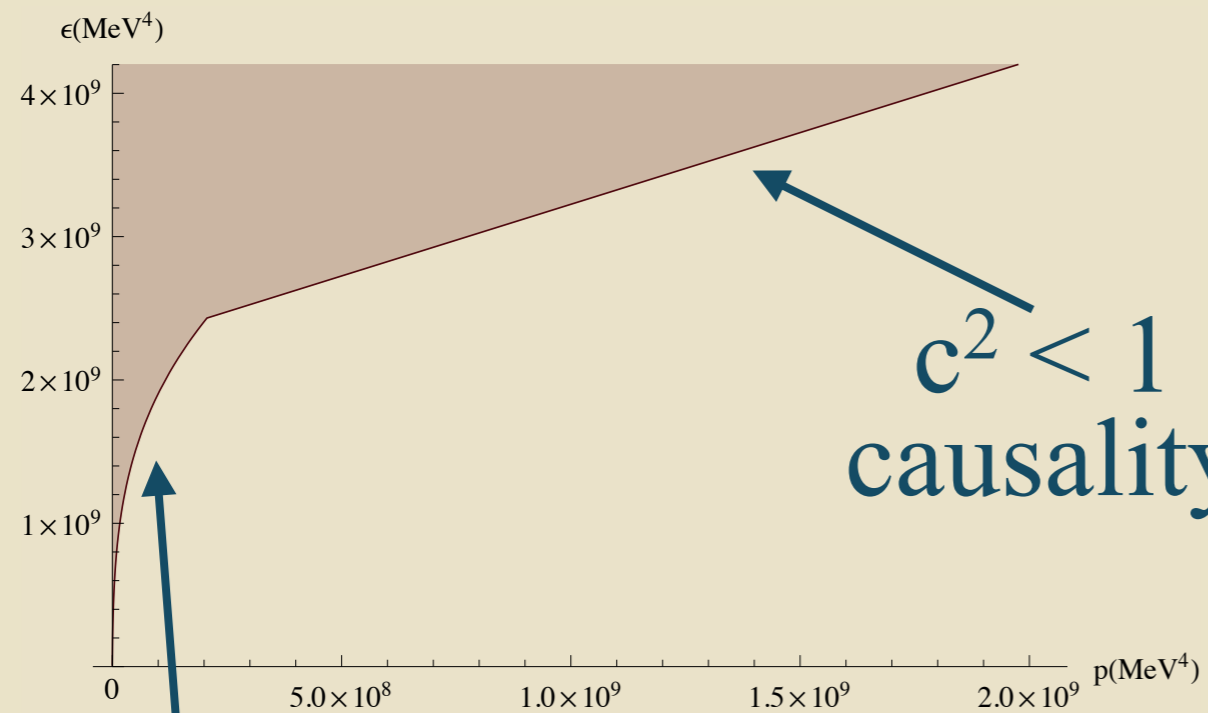
for sure  $c^2 \leq 1$



$c^2 < 1, \text{causality}$

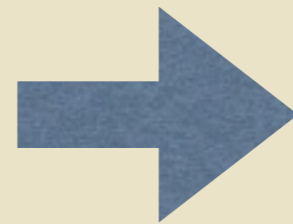
“known” low  
density

for sure  $c^2 \leq 1$



"known" low  
density

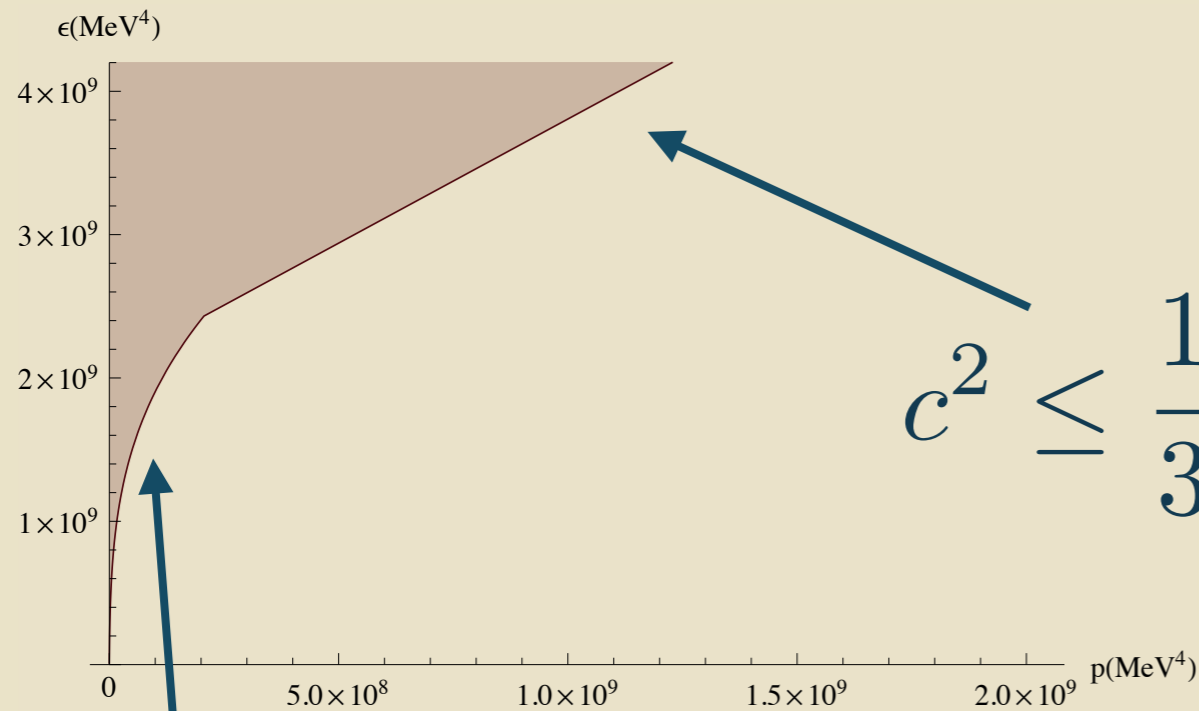
$c^2 < 1$   
causality



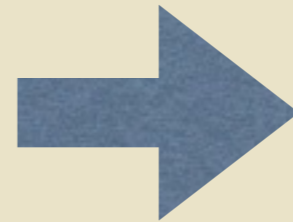
$$M < 3.2 M_{sun}$$

Ruffini bound

$$c^2 \leq \frac{1}{3} ?$$



$$c^2 \leq \frac{1}{3}$$



$$M < 2 M_{sun}$$

(Alford et al., P.B,Steiner, '14)

“known” low  
density

$c^2 < 1/3$  for free Fermi gas,  
weakly coupled gas, several  
holographic models, high T  
QCD, conformal theories, ...



# Beyond the eos: other observables probe more subtle aspects of dense matter

cooling curves

(anti) glitches

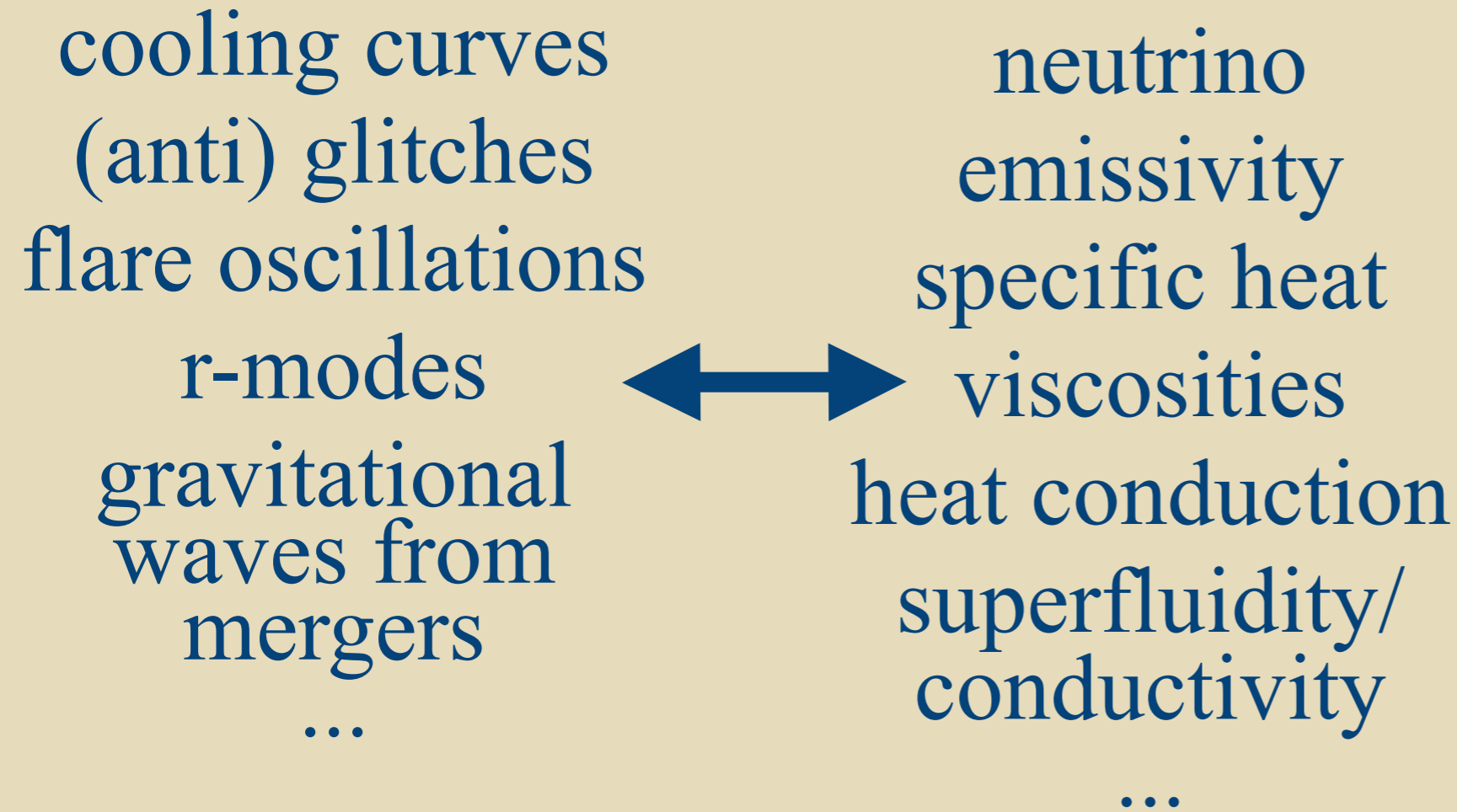
flare oscillations

r-modes

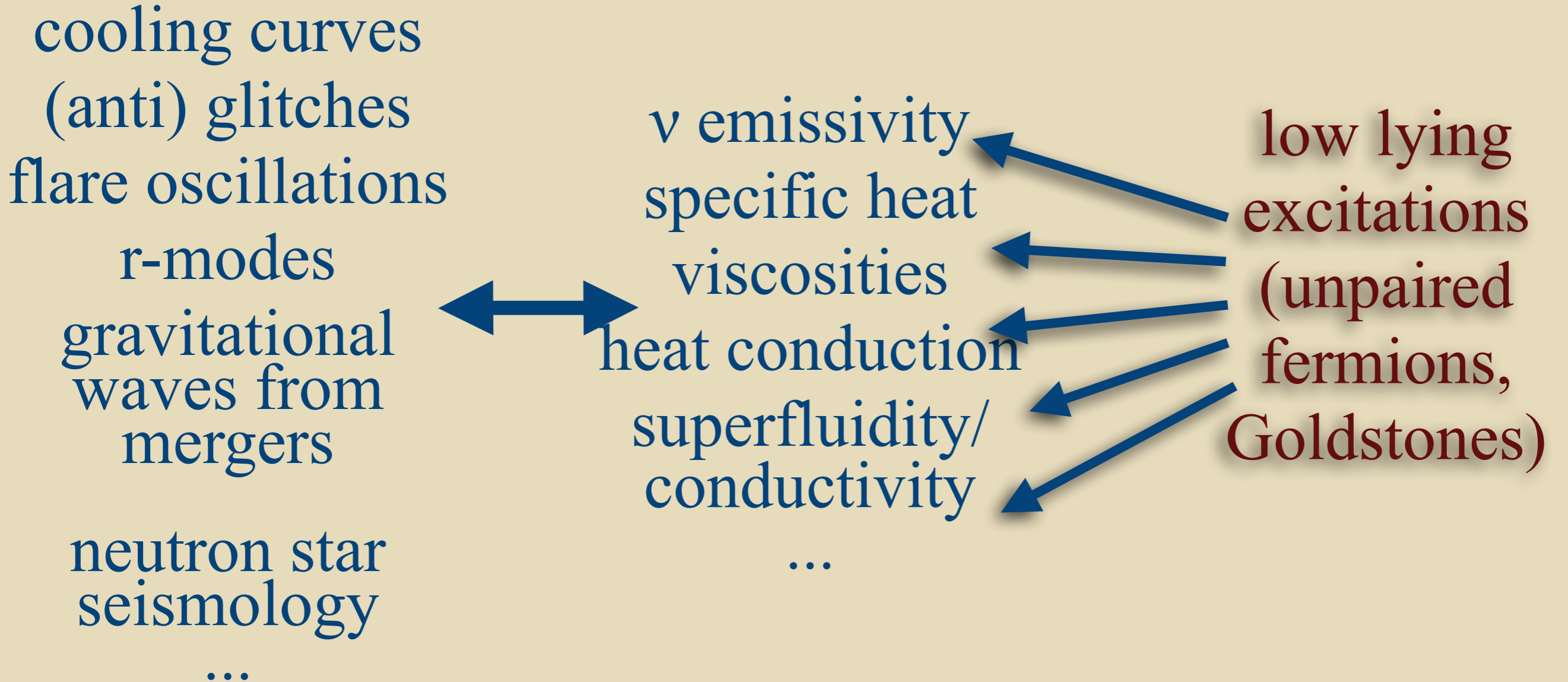
gravitational  
waves from  
mergers

...

# Beyond the eos: other observables probe more subtle aspects of dense matter

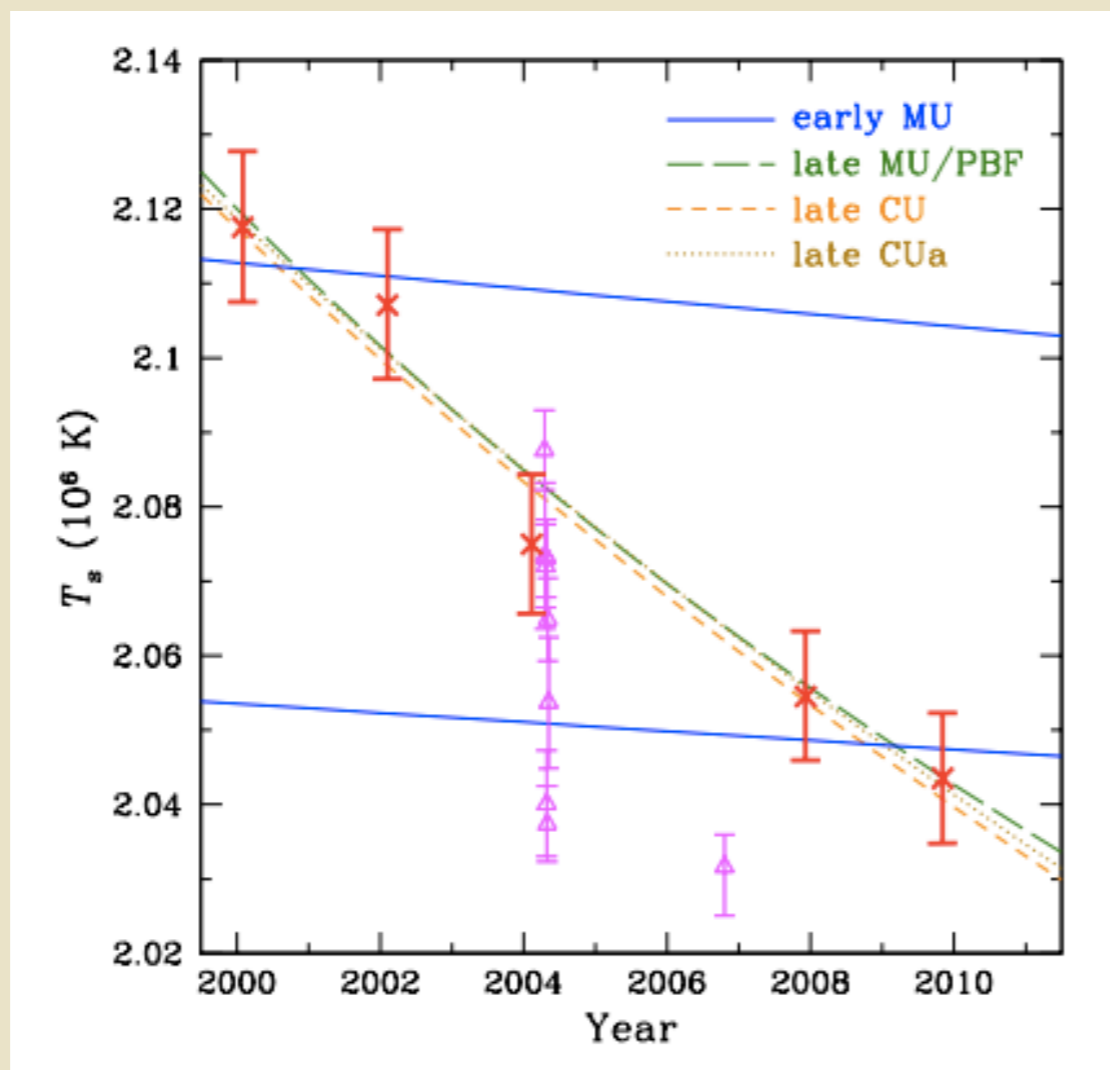


# Beyond the eos: other observables probe more subtle aspects of dense matter



# neutron matter is superfluid

## Cooling of Cassiopeia A:

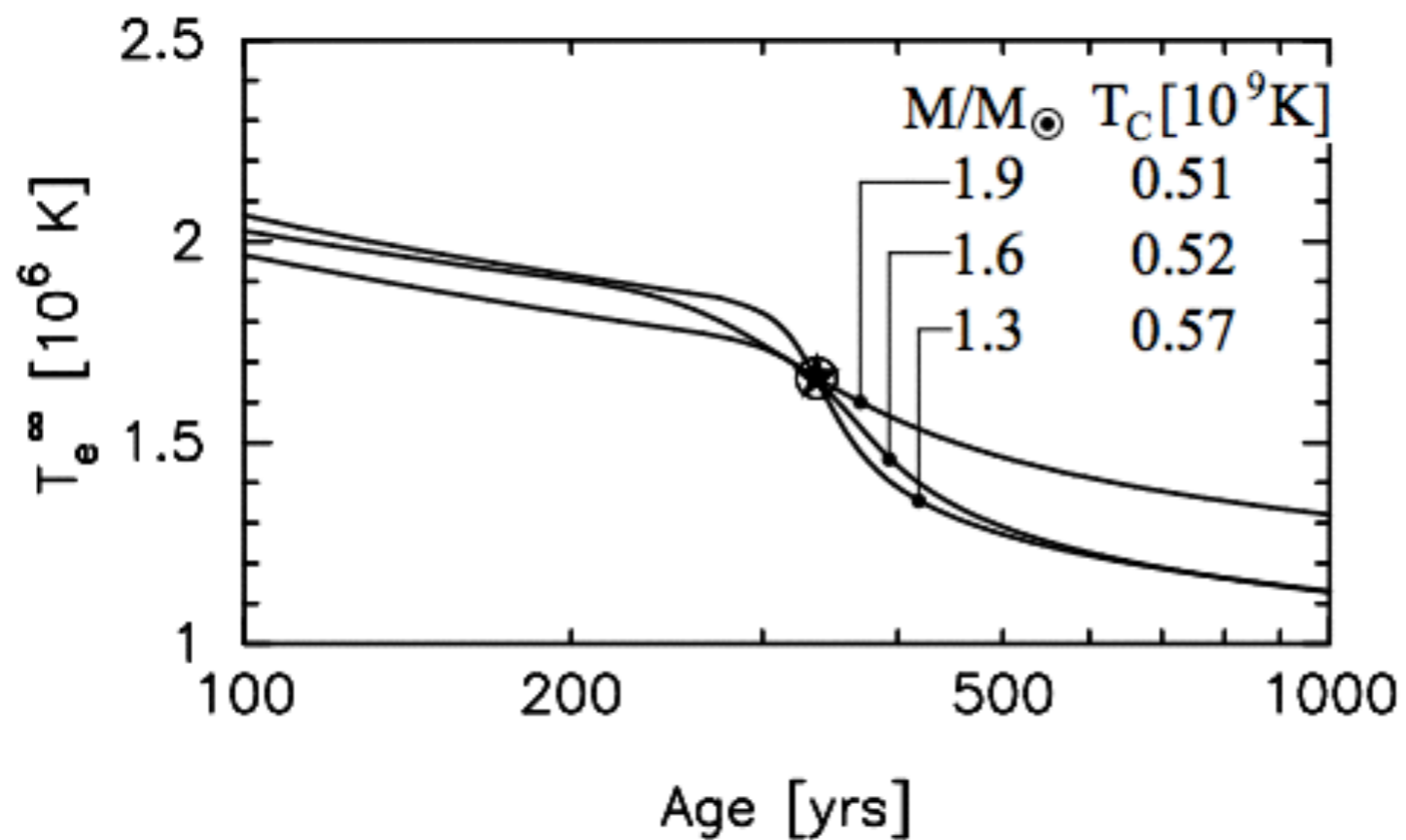


interpreted as the result  
of formation/breaking of  
Cooper pairs (Shternin et  
al., Page et al. , '11)  
but other interpretations  
possible (Blaschke, Sedrakian,...)

Heinke&Ho, 2007

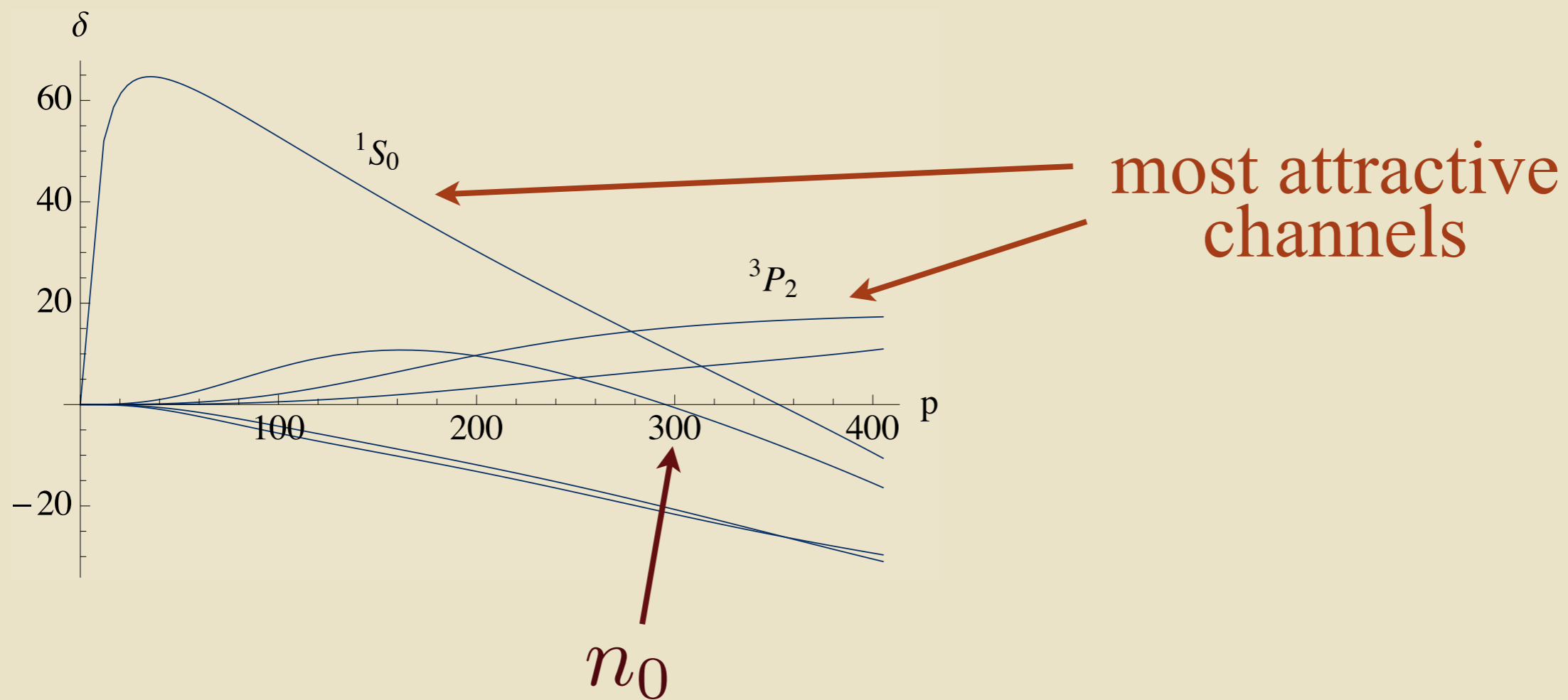
# low temperature fact: neutron matter is superfluid

## Cooling of Cassiopeia A:

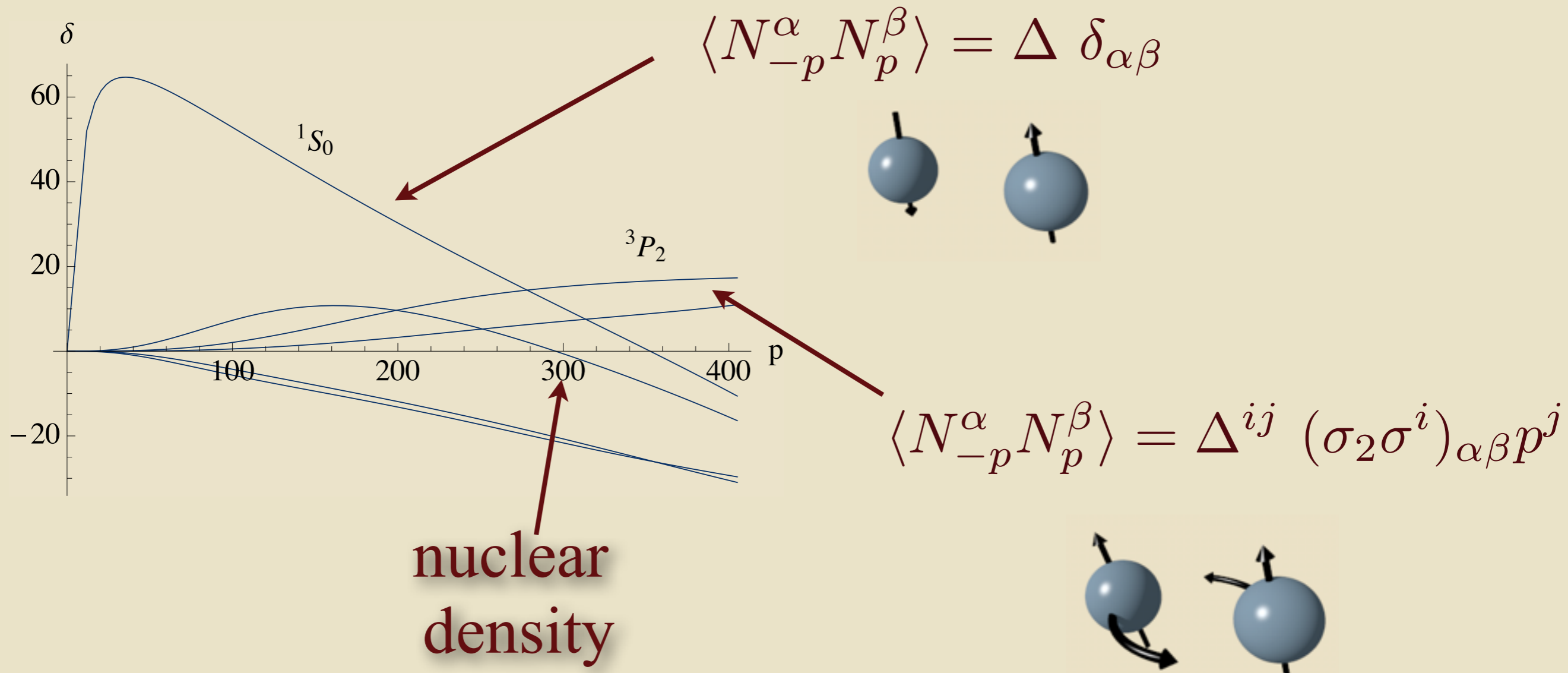


interpreted as the result of formation/breaking of Cooper pairs (Shternin et al., Page et al. , '11) but other interpretations possible (Blaschke, Sedrakian,...)

# What are the attractive forces?



# What are the attractive forces?



# Spontaneous symmetry breaking

$$\langle N^T \sigma_2 N \rangle = e^{i\alpha} \quad U_B(1) \rightarrow \mathbb{Z}_2$$

1 Goldstone boson  
(phonon)

$$\langle N^T \sigma_2 \sigma_i \nabla_j N \rangle = e^{i\alpha} \Delta_{ij} \quad SO(3) \rightarrow U_z(1) \times \mathbb{Z}_2$$

↑  
traceless,  
symmetric tensor

1+2 Goldstone bosons (phonon + "angulons")



soft GBs couple weakly so they have large mean free paths  
but:

$$n_e \sim \mu_e^2 T \ll n_{GB} \sim T^3$$

too many electrons!

The importance of the superfluid phonon in transport in  
neutron matter is being debated (P.B, Reddy, Tolos, Manuel, ...)

In quark matter it is definitely important

## In a nutshell:

- $2 M_{\text{sun}}$  stars put a strong constraint on e.o.s (but quark matter still alive)
- Cas A cooling suggests superfluidity
- $n < 2 n_0$  very constrained by nuclear physics
- at what density quark matter appears ?
- hyperon problem

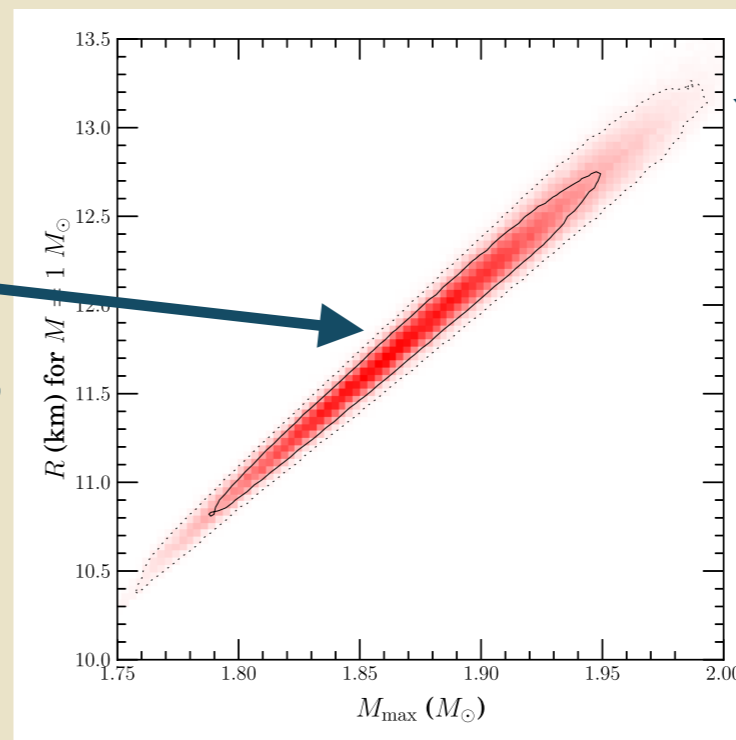
# Speed of sound bound?

speed of sound

$$c^2 = \frac{d\epsilon}{dp} \leq \frac{1}{3} ?$$

for free Fermi gas, weakly coupled gas, several holographic models, high T QCD, conformal theories, ...

Probably not:  
“reasonable models” for  $n < 2n_0$ ,  
 $c^2 = 1/3$  for  $n > 2n_0$



$M = 2M_{\text{sun}}$  nearly excluded  
(Alford et al.,  
P.B, Steiner, '14)