

# Dark Matter Thermalization in Neutron Stars

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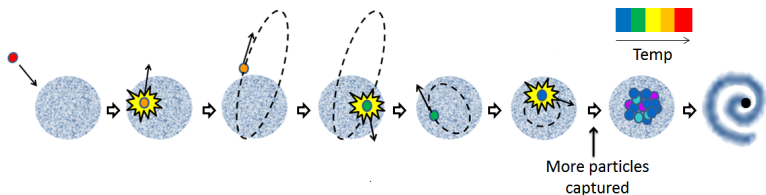
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## Dark Matter (DM)

- know a few things: not too hot,  $\Omega_{DM} \approx 0.26$ , interacts gravitationally and very weakly (if at all) via other forces
- many searches: direct detection, indirect detection, collider

Use neutron stars to further constrain DM:



10 billion year old neutron stars  $\Rightarrow$  DM parameters that allow for this scenario in less than 10 billion years are ruled out

Low energy/momentum exchange collisions contribute most to the DM thermalization time

Previous calculations\* assumed that DM interacts with neutrons and that neutron stars are made up of non-interacting neutrons, and then constrained  $\sigma_{\chi n}(m_\chi)$ .

We expand on these calculations by including

- more rigorous Pauli blocking and kinematics
- electron scattering
- interactions: superfluidity and superconductivity

\*e.g. [hep-ph/1103.5472](#), [astro-ph/1104.0382](#), [hep-ph/1301.6811](#), [hep-ph/1301.0036](#)

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We consider complex scalar DM which couples to regular matter via some heavy, vector boson:

$$\mathcal{L}_{int} = \frac{1}{M^2} \ell_\mu (g_V j_V^\mu + g_A j_A^\mu)$$

$$\ell_\mu = \partial_\mu \chi^\dagger \chi - \chi^\dagger \partial_\mu \chi, \quad j_V^\mu = \bar{\psi} \gamma^\mu \psi, \quad \text{and} \quad j_A^\mu = \bar{\psi} \gamma^\mu \gamma_5 \psi$$

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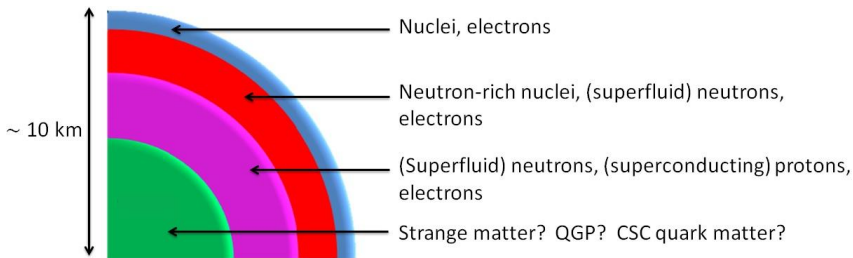
The **thermalization time**  $\tau$  is the average time it takes for an incident DM particle to start having collisions which have an energy transfer less than the temperature ( $\langle q_0 \rangle \lesssim T$ )

$\tau = \text{time for 1}^{\text{st}} \text{ collision} + \text{time for 2}^{\text{nd}} \text{ collision} + \dots$

The time for each DM collision with a (non-interacting) fermion  $i$  is

$$\Gamma^{-1} = \left( 2 \int \frac{d^3 p}{(2\pi)^3} \int \frac{d^3 k'}{(2\pi)^3 2E_{k'}} \int \frac{d^3 p'}{(2\pi)^3 2E_{p'}} (2\pi)^4 \delta^4(p^\mu + k^\mu - p'^\mu - k'^\mu) \times \frac{\langle |\mathcal{M}|^2 \rangle}{2E_p 2E_k} n_F(E_p) (1 - n_F(E_{p'})) (1 + n_B(E_{k'})) \right)^{-1}$$

$\tau \geq 10 \text{ billion years} \Rightarrow \text{maximum DM scattering cross section}$

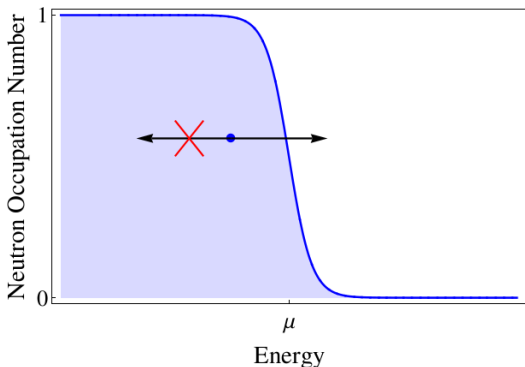


### Three cases:

- 1 degenerate Fermi gas of neutrons
- 2 superfluid neutrons (and electrons and protons)
- 3 color superconducting (CSC) quark matter

# DM thermalization with a degen., Fermi gas of neutrons

- **Pauli Blocking** (decreases the number of neutrons that can interact)

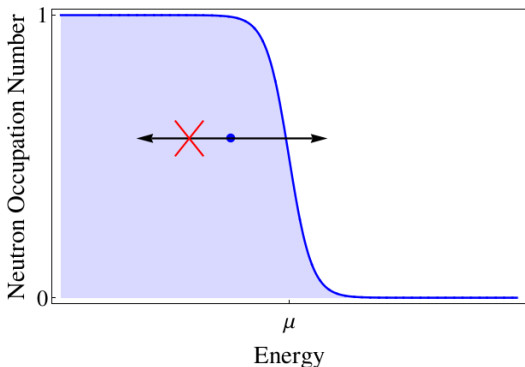


- **Kinematics** (limits the kinds of collisions that occur)
  - e.g. for a low momentum collision,  $q_0 < v_i q$



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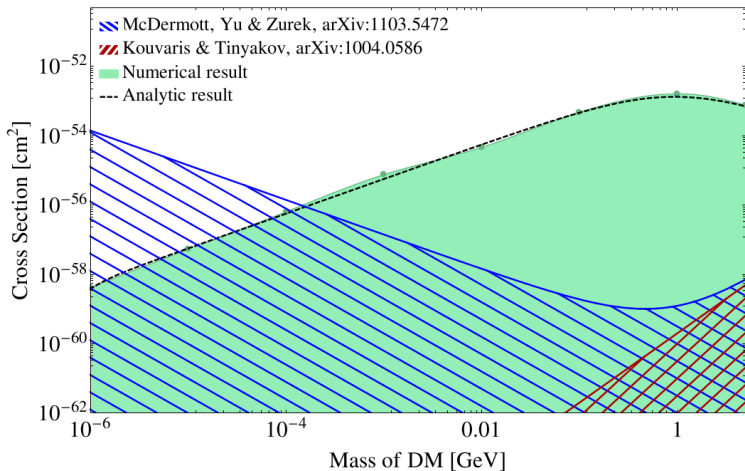
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Previous calculations included an estimate of Pauli blocking and had no kinematical phase space constraints.

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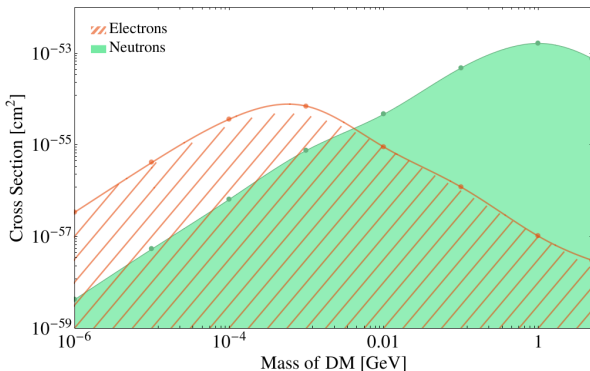


## DM thermalization with superfluid neutrons

- At low T, neutrons form Cooper pairs that condense
  - End result is paired neutrons and a superfluid phonon (GB)
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- Need high energy/momentum to interact with paired neutrons
  - Dominant way for low energy DM to scatter is by radiating phonons
    - Only kinematically allowed when  $v_\chi > c_s \Rightarrow$  **no DM thermalization**

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## Summary of Results

Including rigorous kinematics resulted in DM thermalization times that were quantitatively and qualitatively different from past results.

Previously neglected DM-electron scattering is important—it's the only relevant DM thermalization mechanism when the neutrons form a superfluid and the protons form a superconductor.

Exotic neutron star cores with CSC quark matter give rise to very large thermalization times  $\Rightarrow$  this could prevent black hole formation and if DM is discovered, could explain why neutron stars get so old.