

Constraining neutron star properties with QCD

...or constraining QCD properties with neutron stars

Alexi Kurkela

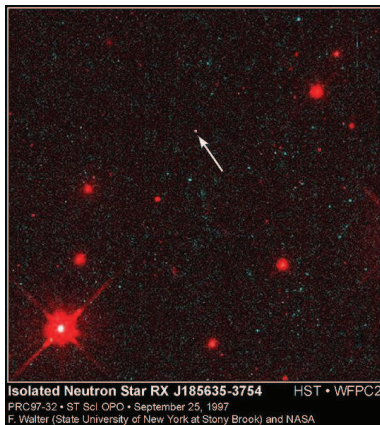
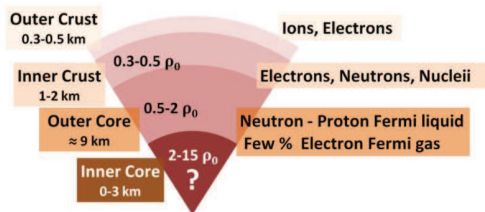
with Eduardo Fraga, Paul Romatschke, Juergen Schaffner-Bielich,
Alexi Vuorinen, and Bin Wu

[0912.1856](#), [1006.4062](#), [1311.5154](#), [1402.6618](#)

21 March 2014, CERN

Compact stars

- Masses $\lesssim 2.0M_{\odot}$
- Radii $\sim 15\text{km}$
- $T \lesssim \text{KeV}$
- $n \lesssim 15\rho_0$ ($\rho_0 = 0.16\text{fm}^{-3}$)



Can we understand these objects from 1st principles = QCD?

Structure

Two competing forces:

- **Gravity** tries to pull the star into a black hole
- Pressure of **strong nuclear force** resists the gravity

Neutron stars in hydrostatic equilibrium: rotation can be included

- **Gravity**: Tolman-Oppenheimer-Volkov (TOV)

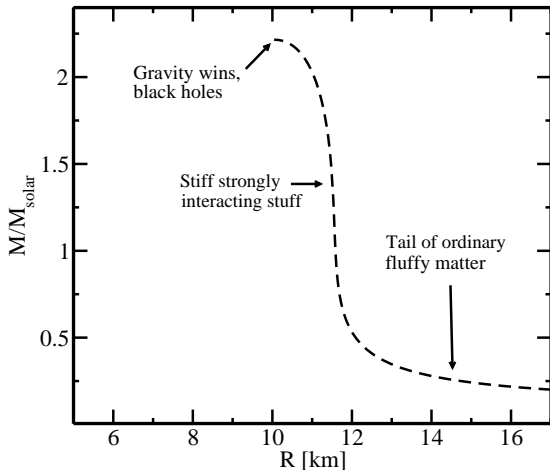
$$\frac{dP}{dr} = -\frac{G\epsilon(r)M(r)}{r^2} \left[1 + \frac{P(r)}{\epsilon(r)} \right] \left[1 + \frac{4\pi r^3 P(r)}{M(r)} \right] \left[1 - \frac{2GM(r)}{r} \right]^{-1}$$
$$\frac{dM}{dr} = 4\pi r^2 \epsilon(r)$$

- **Strong nuclear force**: Equation of state

$$\epsilon(P) \quad (\text{or} \quad P(\mu) \dots)$$

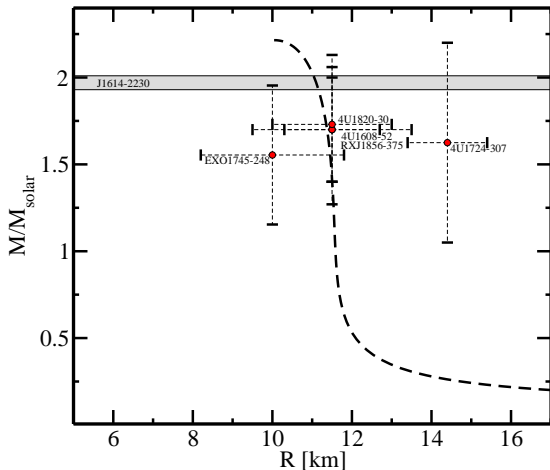
M-R plots: A map from micro to macro

For each EoS, there is a unique M-R relation



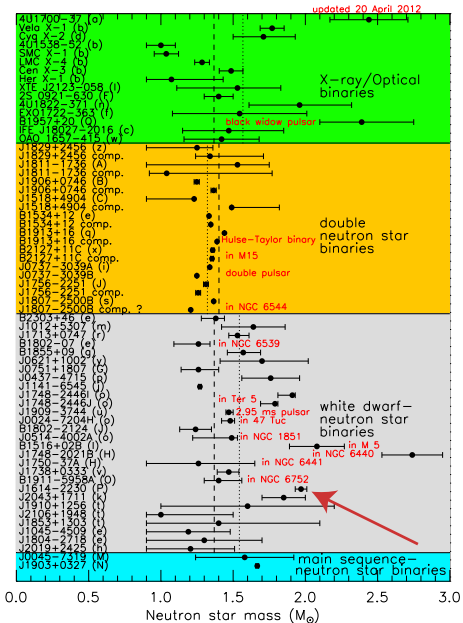
M-R plots: A map from micro to macro

Can be compared to observations!

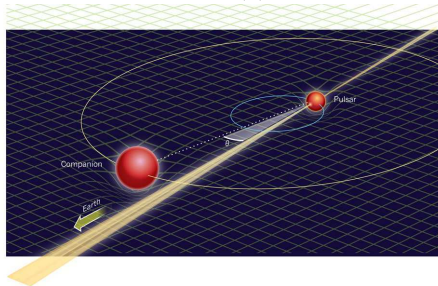
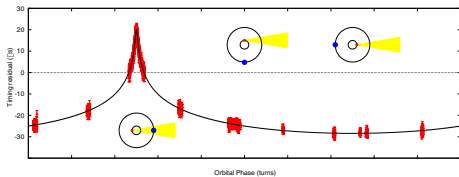


M-R: direct information about EoS. Just M: must be able to support all M_{max}

Mass measurements:



Mass measurements, PSR J1614-2230



Shapiro delay:

- Binary pulsar

period: 3.1508076534271(6)ms
orbital period: 8.6866194196(2)d

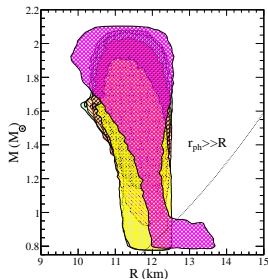
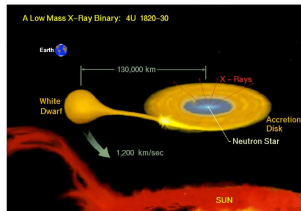
- Nearly edge-on orbits

$\sin i = 0.999894(5)$

- increase in light travel time through the curved space-time near a white dwarf.

$$M_{\max} > \begin{cases} 1.97 \pm 0.04 & \text{J1614-2230} \\ 2.01 \pm 0.04 & \text{J0348+0432} \end{cases}$$

Radius measurements



Steiner et al. *Astrophys.J.* 722 (2010) 33-54

Type I X-ray burst:

- NS accretes matter from a companion
- Ignition of the envelope generates thermonuclear explosion
- During explosion, NS radiate thermally
- Measurement of T and flux F_{∞} gives R

$$A = \frac{F_{\infty}}{\sigma T_{bb}^4} = f_c^{-4} \left(\frac{R}{D} \right)^2 (1-2\beta)^{-1}$$

- Lots of subtleties: PRE, distance, interstellar absorption...

Outline

- Model of neutron stars from nuclear physics
- Approaching neutrons stars from pQCD
- Filling out the missing pieces
- Summary

Idealized EoS of stellar matter

Nuclear matter in ground state:

- $T \ll k_F$: $T=0$ for all practical purposes
- Electrically neutral:

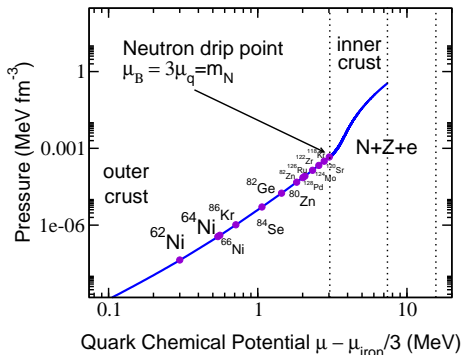
$$n_e = 2/3n_u - n_d/3$$

- Only one ground state: no “chemical composition”:
 - Neutrinos not bound, chemical β -equilibrium: ($d \rightarrow u + e + \bar{\nu}_e$)

$$\mu_B/3 = \mu_s = \mu_d = \mu_u + \mu_e$$

- EoS unique: $P(\mu_B)$

Structure of a neutron star: Crust



Outer crust:

- Lattice of nuclei in electron sea:

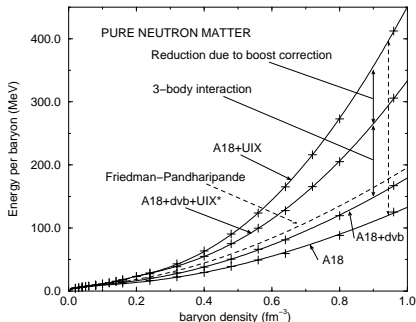
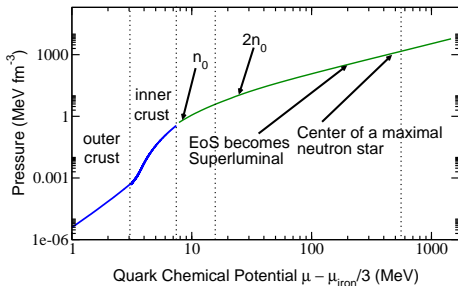
$$P = P_e + \frac{1}{3} W_L n_N$$

- Nuclear ground state at zero P :
 ^{56}Fe with $\mu_{\text{iron}} = 310\text{MeV}$
- As μ increases, more neutron rich elements become favourable

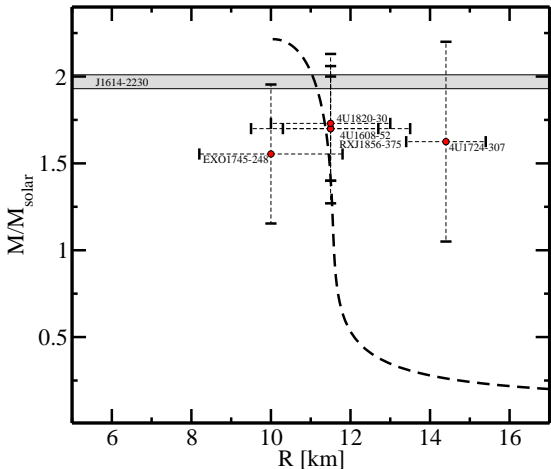
Inner crust:

- Neutron gas + $Z + e$
- NN interactions become important:
 - Typically modelled by phenom. pot. models (AV18)

Extrapolating further: APR

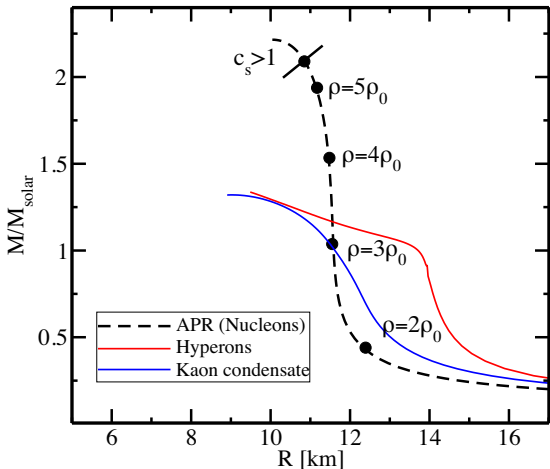


- Try to extrapolate to higher densities by introducing $3N$, boost corrections, etc.
- corrections become large soon: Not weakly interacting neutrons: something more complicated...



Observation:

- APR seems to agree with observations
- Easily accommodates for $M > 2M_{\odot}$



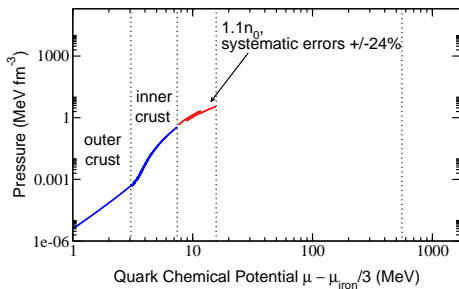
Observation:

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- Easily accommodates for $M > 2M_{\odot}$

Theory:

- Central densities very high
 - At $\rho \sim 3\rho_0$, nucleons occupy total volume.
- APR superluminal at $\rho \sim 5.3\rho_0$
- Inclusion of exotics makes EoS softer

State of the art in nuclear EoS: Chiral EFT at N^3LO



- Based on relativistic Weinberg EFT, includes $3N$, $4N$
- Breakdown scale: $\Lambda_b \sim 500 \text{ MeV} < M_\rho$
- Systematic errors from variation of resolution scale.
- Uncertainties from the low-energy constants dominate
- Errors $\pm 24\%$ at $n = 1.1 n_0$.

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Approaching from the high density side:

We know the theory of strong interactions: QCD

$$\Omega(\mu_u, \mu_d, \mu_s, \mu_c, m_s) = \log \int \mathcal{D}\bar{\psi} \mathcal{D}\psi \mathcal{D}A_\mu e^{-\int d^4x \mathcal{L}_{QCD}}$$
$$\mathcal{L}_{QCD} = \frac{1}{4} F_{\mu\nu}^a F_{\mu\nu}^a + \bar{\psi}_i (\gamma_\mu D_\mu + m_i - \mu_i \gamma_0) \psi_i.$$

But that's one hard integral to evaluate...

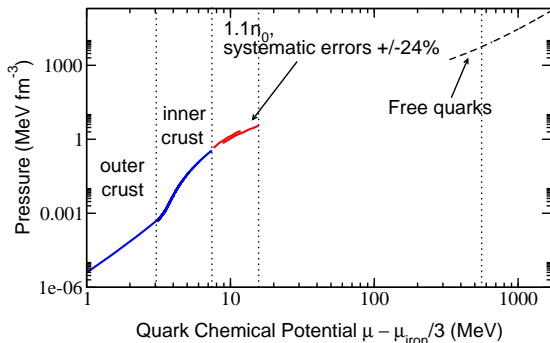
- At $T \neq 0$ and $\mu \lesssim T$: Lattice is the definitive non-perturbative method for QCD thermodynamics.
- At $\mu \gtrsim T$ simulations become unfeasible due to sign problem.
- At (asymptotically) high densities $\alpha_s(\mu) \sim 1/\log(\mu^2)$

At high densities: Degenerate quark gas

First approximation $\alpha_s(\mu_B) = 0$:

- Thermodynamics of **free** massless fermi gas:

$$P_{\text{free}}(\mu_B) = \sum_{\text{d.o.f}} \int \frac{d^3p}{(2\pi)^4} E(p) \theta(\mu_q - E(p)) = \frac{1}{4\pi^2} (\mu_u^4 + \mu_d^4 + \mu_s^4)$$



- Eventually EoS must coincide with free quarks, but when?
- Need to go to higher orders for **errorbars**

Higher order corrections:

$$P(\mu_B) = \int \frac{d^3 p}{(2\pi)^4} E(p) \theta(\mu_q - E(p))$$

NLO:

- Interactions cause corrections to disp. rel.:

$$E^2(p) \sim p^2 + g^2 \mu^2$$

$$P(\mu_B) \sim P_{\text{free}}(1 + c_1 g^2)$$

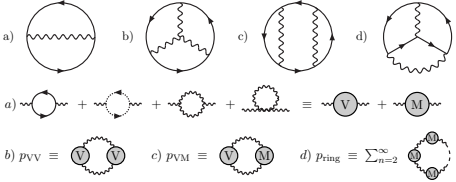
NNLO:

- Corrections to $E^2(p) \sim p^2 + g^2 \mu^2 + g^4 \mu^2$.
- $p \sim g\mu$ contribute at $\int d^3 p p p \sim g^4 \mu^4$.
 - Order-1 mod. to disp. rel. \Rightarrow non.pert.
 - Resummation of ring diagrams. Integral over scales gives a log:

$$P(\mu_B) \sim P_{\text{free}}(1 + c_1 g^2 + c_2 g^4 + c_2' g^4 \log \left[\frac{g\mu}{\mu} \right])$$

Higher order corrections:

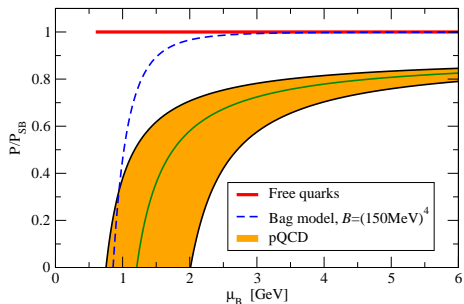
In practice, effective potential through vacuum graphs:



- Finite μ causes a shift in (euclidean) frequencies $p_0 \rightarrow p_0 \pm +i\mu$
- Our strategy: perform p_0 intergrals first to get vacuum feynman diagrams with μ -dependent phase space integrals.
- Automatized integral reduction of vacuum diagrams (FIRE).

$$\begin{aligned}
 \text{Diagram} &\rightarrow \text{Diagram} - 2 \int \frac{d^3\vec{p}}{(2\pi)^3} \frac{\theta(\mu - E(\vec{p}))}{2E(\vec{p})} \text{Diagram} \\
 &+ \int \frac{d^3\vec{p}}{(2\pi)^3} \frac{\theta(\mu - E(\vec{p}))}{2E(\vec{p})} \int \frac{d^3\vec{q}}{(2\pi)^3} \frac{\theta(\mu - E(\vec{q}))}{2E(\vec{q})} \text{Diagram}
 \end{aligned}$$

Reliability on N^2LO pQCD:

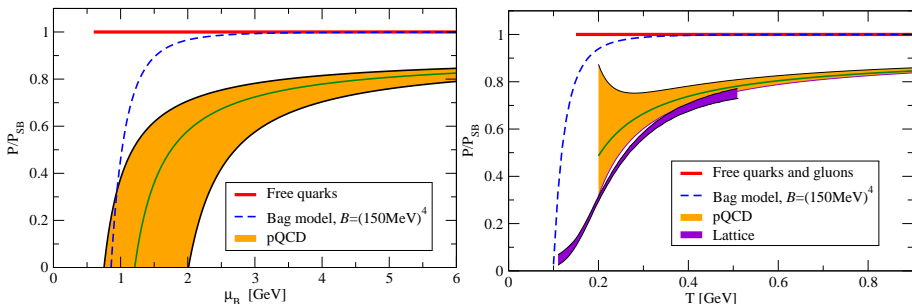


Coefficients depend on renormalization scale $\bar{\Lambda}$

$$P(\mu_B)/P_{\text{free}} \sim 1 + c_1 g^2[\bar{\Lambda}] + c_2[\bar{\Lambda}] g^4[\bar{\Lambda}] + c'_2[\bar{\Lambda}] g^4[\bar{\Lambda}] \log[g]$$

- Uncertainties estimated through scale variation $\bar{\Lambda} = X\mu_q$ with $X = \{1, 2, 4\}$

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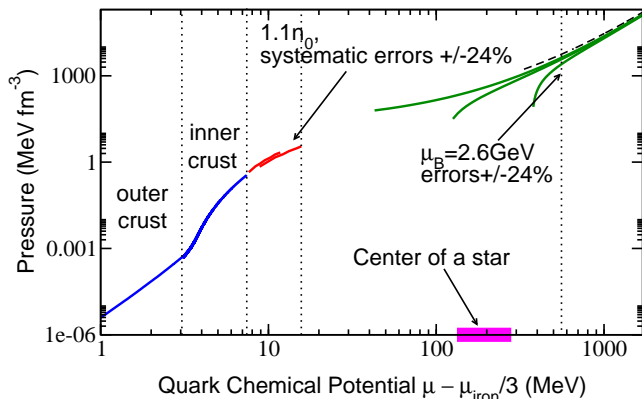


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- Uncertainties estimated through scale variation $\bar{\Lambda} = X\mu_q$ with $X = \{1, 2, 4\}$
- At $T \neq 0$, $\mu_B = 0$, lattice simulations provide nonpert. tool to address the **reliability of uncertainties**.

State of the art in pQCD: N^2LO with m_s



- Relative uncertainty $\pm 24\%$ at $\mu_B = 2.6$ GeV.
- Centers of stars almost “perturbative”

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Interpolating: Polytropic EoS

Strategy:

- Interpolate where EoS not reliably known.

Require:

- Smoothness: $P(\mu_B)$ and $\partial_{\mu_B} P = n(\mu_B)$ continuous
- Thermodynamical consistency: match with nucleonic and pQCD EoS
- Subluminal: $c_s^2 < 1$ everywhere

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Method:

- Piecewise polytropes:

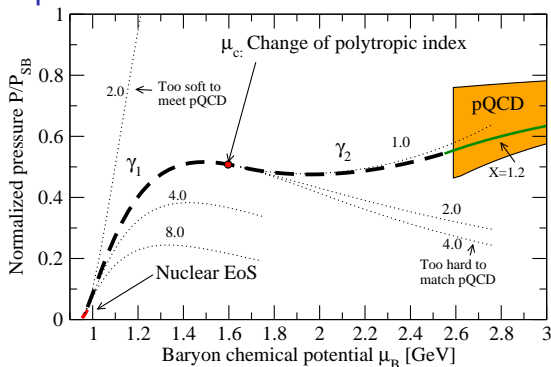
$$P_i(n) = \kappa_i n^{\gamma_i}, \text{ for } \mu_i < \mu_B < \mu_{i+1}$$

- The larger γ , the **stiffer** the EoS is
- For $\gamma > 2$, the EoS becomes superluminal above some μ

γ	EoS
∞	incompressible matter
2	asymptotically $c_s(\mu_B) = 1$
5/3	Non-relativistic degenerate fermi gas
4/3	Ultrarelativistic fermi gas
1	Ideal gas

Example interpolation:

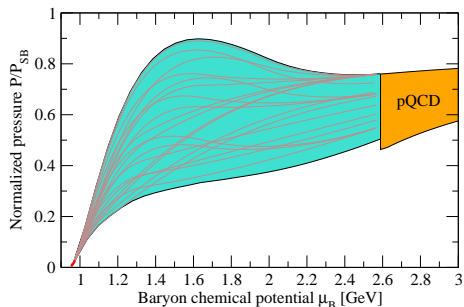
AK et al. 1402.6618



$$P_i(\mu_B) = \kappa_i \left(n_i^{\gamma_i - 1} + \frac{\gamma_i - 1}{\kappa_i \gamma_i} (\mu_B - \mu_{B,i}) \right)^{\frac{\gamma_i}{\gamma_i - 1}},$$

- Need at least two indices for interpolation
- If γ_1 is too small (soft), effective d.o.f becomes larger than QCD
- If γ_2 is too large, pressure too small to match with soft QCD

Complete set of bitropic EoSs, no phase transition

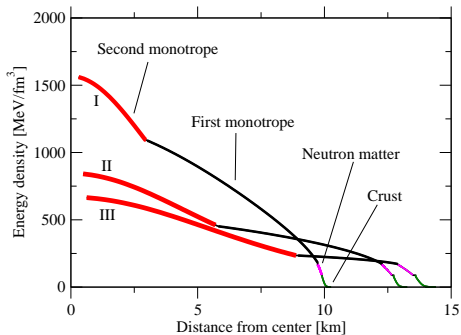


- Solutions for:

- $\mu_c \in [1.08, 2.05]$ GeV
- $\gamma_1 \in [2.23, 9.2]$
- $\gamma_2 \in [1.0, 1.5]$

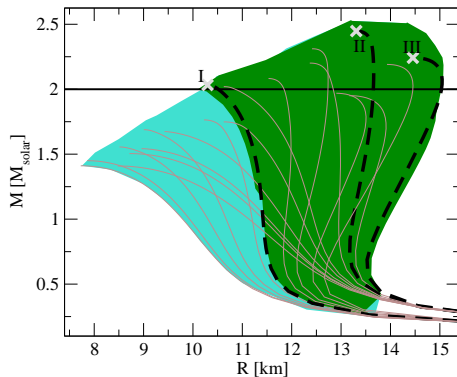
- The softness of pQCD EoS forces γ_2 to be small.
- The first monotrope always stiffer than the second, maximum c_s^2 just below μ_c .

Building stars



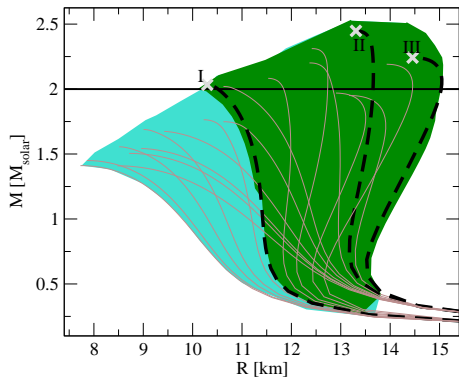
- Nuclear EoS present only as thin crust:
 - Important as a constraint to polytropes, not the EoS itself!
- Softening visible by increase near the center of the star

Constraining neutron star properties using QCD



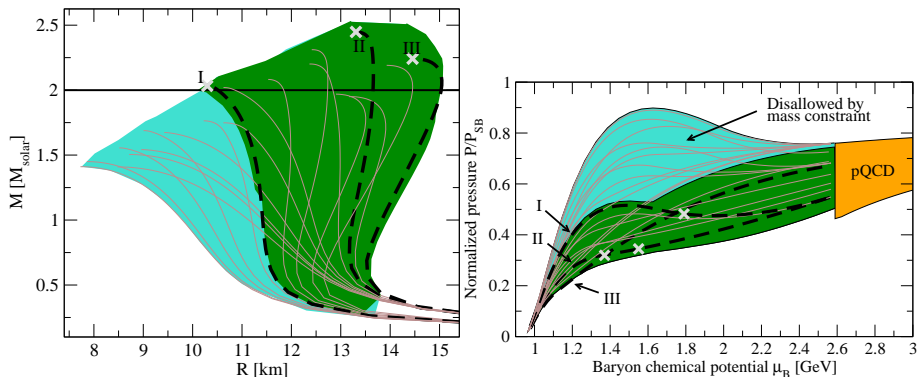
- Maximal masses: $M_{\text{max}} \in [1.4, 2.5]$, Radii $R \in [8, 16]$ km.
- Central $\mu_B \in [1.33, 1.84]$ corresponding to $n \in [3.7, 14.3]n_0$.
- So far consistent with observation

Constraining QCD properties using neutron stars



- EoS can be **constrained** by using $M_{\max} > 2$
- Strong constraint due tension: Need stiff for M_{\max} , soft for pQCD

Constraining QCD properties using neutron stars



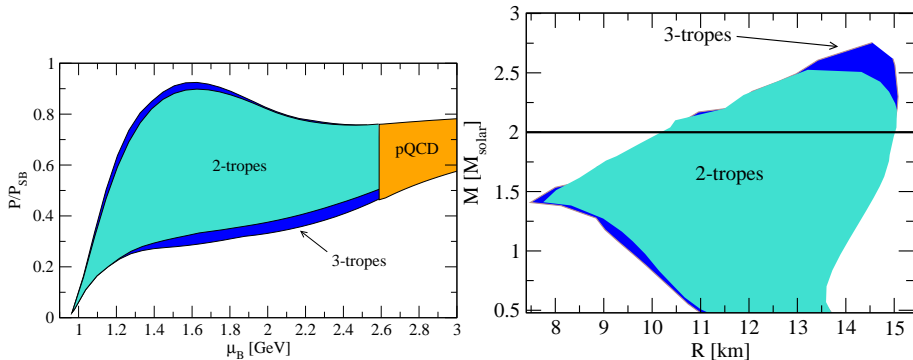
- EoS can be **constrained** by using $M_{\text{max}} > 2$
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Uncertainty reduced to less than $\pm 30\%$ at all densities

but model assumptions...

Robustness of the result:

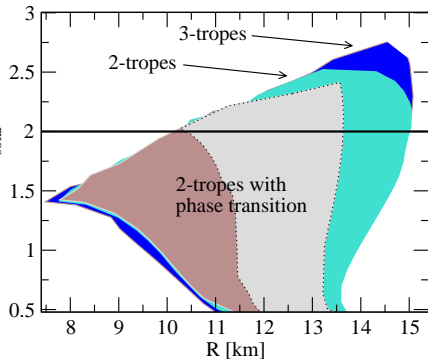
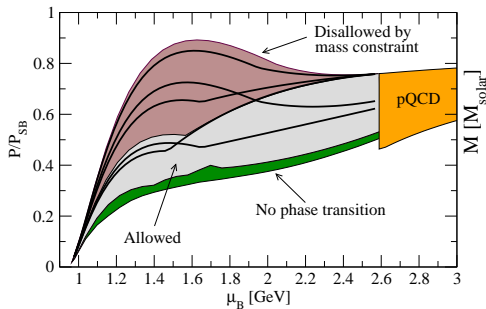
More sophisticated interpolation:



- Adding a third monotrope does not change qualitatively, quantitatively small effect.

Robustness of the result:

Relax smoothness assumption:

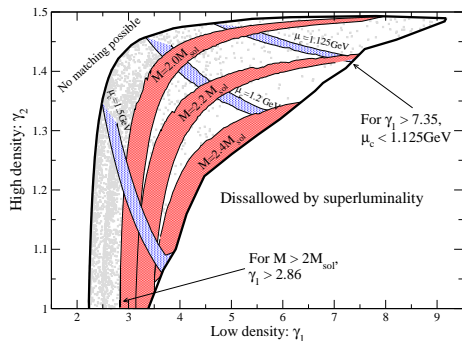


Allow for 1st order phase transition of latent heat of $\Delta Q^{1/4} \in [0, 250] \text{ MeV}$:

- a discontinuity in derivative $\Delta n = \Delta Q/n$ at μ_c
- Requires *even softer* EoS at high densities for Maxwell construction

Constraints on indices

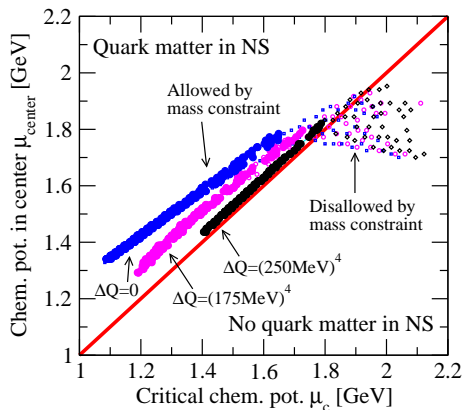
Solving maximum mass and μ_c as functions of γ_i :



- To get high maximal mass, the first monotrope needs to be large enough
 - For $M_{\max} > 2.0$, $\gamma_1 > 2.86$
 - For $M_{\max} > 2.0$, $\gamma_1 > 2.86$
- EoSs with $\gamma > 2$ become eventually superluminal
 - for $\gamma_1 = 7.35$, $\mu_c < 1.125$
 - for $\gamma_1 = 3.65$, $\mu_c < 1.5$

Quark matter in neutron stars?

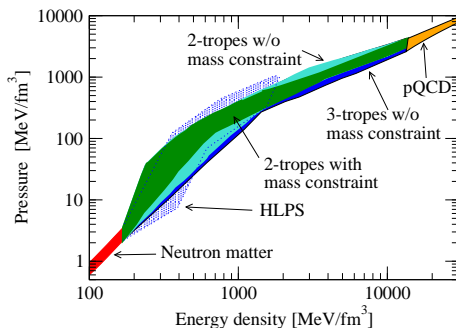
Interpreting the second polytrope as a partonic phase:



Collapse when center becomes soft:

- Maximal central chemical potentials strongly correlated with μ_c
- If clear distinction between phases, no quarks present.
- More likely: smooth transition, large amounts of strongly coupled matter described neither with weakly coupled partonic nor nucleonic d.o.f.s

Effect of imposing pQCD constraint



- HLPS: Tritropes without pQCD constraints but **assumptions** on γ 's

Hebel et al, *Astrophys.J.* 773 (2013) 11

$$\text{HLPS} : 1 < \gamma_1 < 4.5, \quad 0 < \gamma_2 < 8.5, \quad 0.5 < \gamma_3 < 8.5$$

- HLPS's assumption compatible with our **determination**:

$$\text{KFVS} : 2.86 < \gamma_1 < 9.2, \quad 1 < \gamma_2 < 1.5$$

- EoS considerably constrained at high densities

Summary

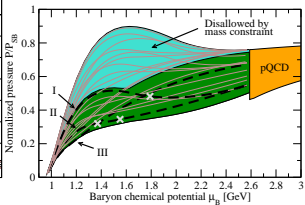
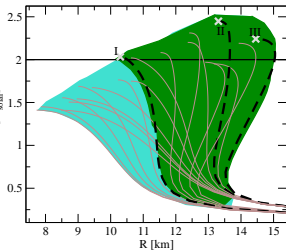
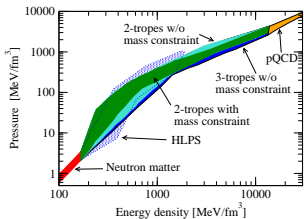
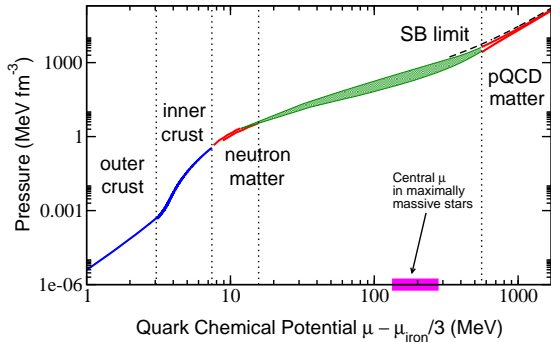
Observation:

- Significant observational advancements neutron stars $M_{\max} > 2M_{\odot}$,
 $M_{\max} \sim 2.4$ possible
- Reliable radial information possible in the near future.

Theory:

- pQCD is relevant near densities at NS cores
- Neutron matter vs. quark matter? Strongly interacting quark matter?
- Tension between M_{\max} and pQCD helpful
- Interpolating is easier than extrapolating:

pQCD constrains the EoS even if there is no “quark matter”



Extra slides

"MIT Bag model"

The vacuum of QCD is not the perturbative one:

- χ SB, confinement, etc.
- The physical vacuum has lower free energy (\sim higher pressure) than the perturbative one

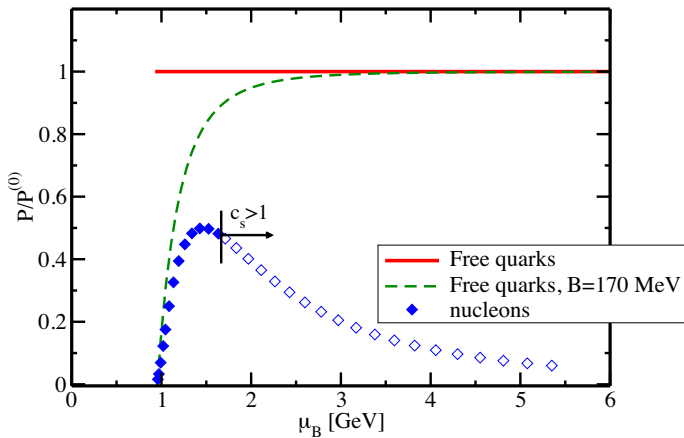
$$P_{\chi\text{SB}}(\mu_B = 0) = B, \quad P_{\text{free}}(\mu_B = 0) = 0$$

- The physical vacuum popularly modelled by introducing B to the perturbative EoS:

$$P_{\text{MIT}}(\mu_B) = P_{\text{free}}(\mu_B) - B$$

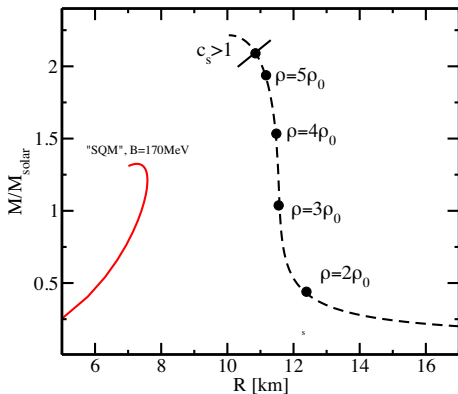
- Bag constant as the simplest *nucleonic* EoS
- Bag model qualitatively describes hadrons, $B^{1/4} \sim 150\text{MeV}$

"MIT Bag model"



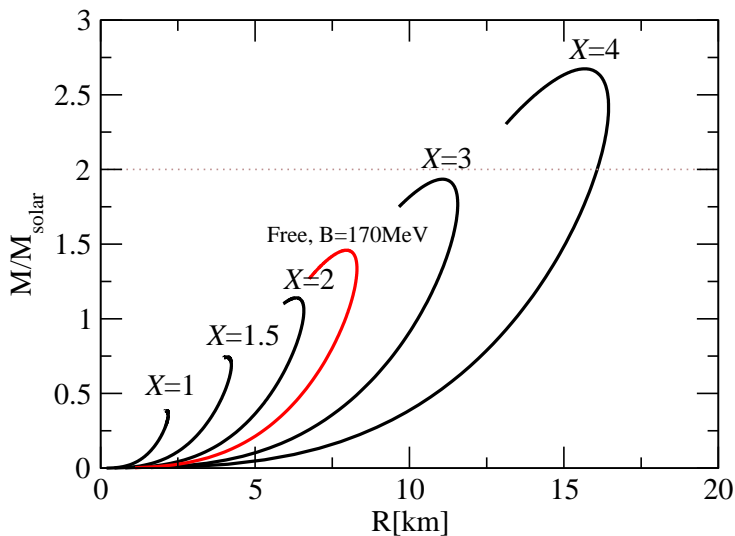
Rudimentary connection with the hadronic EoS's

"MIT Bag model"



Common wisdom: Stars with QM are (too) small.
(Note: No ordinary atmosphere, no tail)

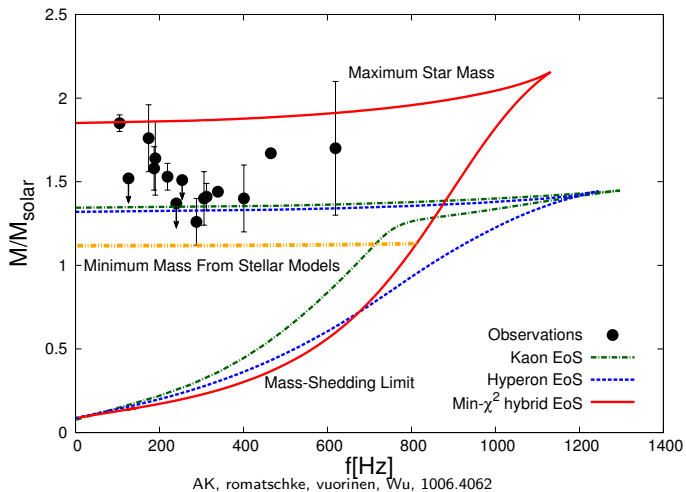
Quark stars from pQCD:



- High sensitivity to scale variation reflects the level of our ignorance
- $M > 2M_{\odot}$ not excluded

Rotating stars:

Upper and lower bounds on masses of rotating stars:



Strange quark matter hypothesis (or $\mu_{pt} < 0.31\text{GeV}$)

If the energy per baryon in quark matter is less than

$$E/A = 3\mu_c = 0.93\text{GeV} \quad {}^{56}\text{Fe}$$

then quark matter is the true ground state \rightarrow Nuclear matter metastable.

- Lifetime:

- Nucleons \rightarrow 2 Flavor quark matter:

- Equilibration through Strong interaction $\rightarrow t_{relax} \sim 1/\Lambda_{QCD}$
- Short-lived. Ruled out by experiment!

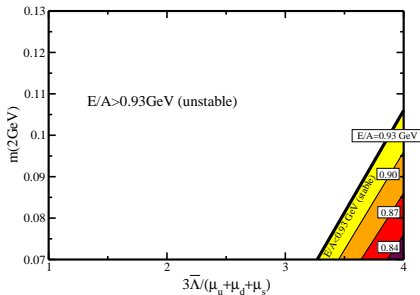
- Nucleons \rightarrow 3 Flavor quark matter:

- Equilibration through Weak Interactions (10^{60} years for $A > 6$)
- Adding d.o.fs increases pressure \rightarrow more likely to be stable
- Experimentally plausible, let's find out what the theory says!

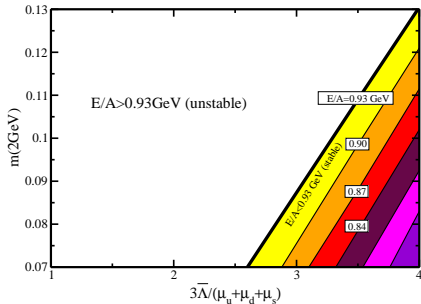
Strategy: Find out if SQM stable in the parameter space $(m_s, B, \bar{\Lambda})$ with

- $n_s > 0$ (quark mass **extremely** important!)
- $\mu_c < 0.31\text{GeV}$

Normal Quark matter, $\Delta=0$, $\Lambda_{\overline{\text{MS}}}=0.378\text{GeV}$

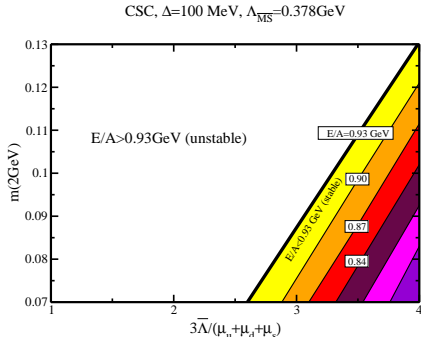
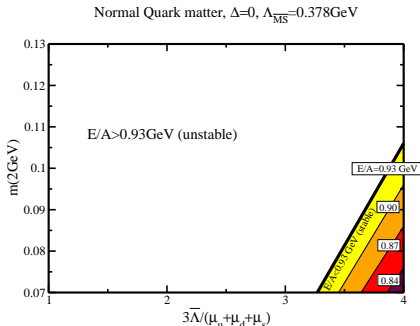


CSC, $\Delta=100\text{ MeV}$, $\Lambda_{\overline{\text{MS}}}=0.378\text{GeV}$



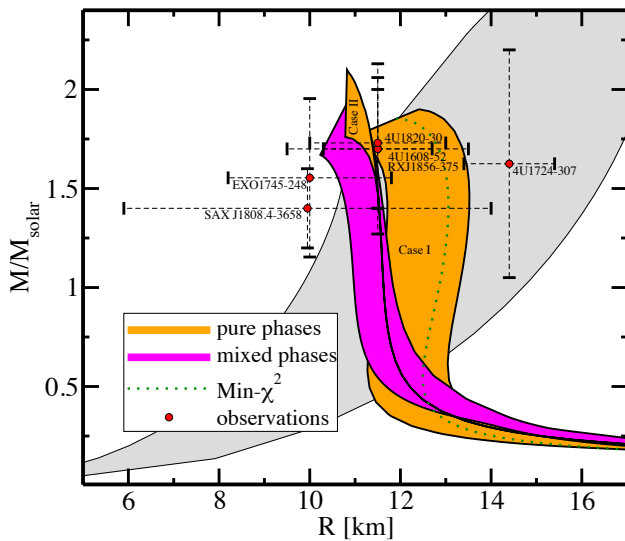
Strategy: Find out if SQM stable in the parameter space $(m_s, B, \bar{\Lambda})$ with

- $n_s > 0$ (quark mass **extremely** important!)
- $\mu_c < 0.31\text{GeV}$

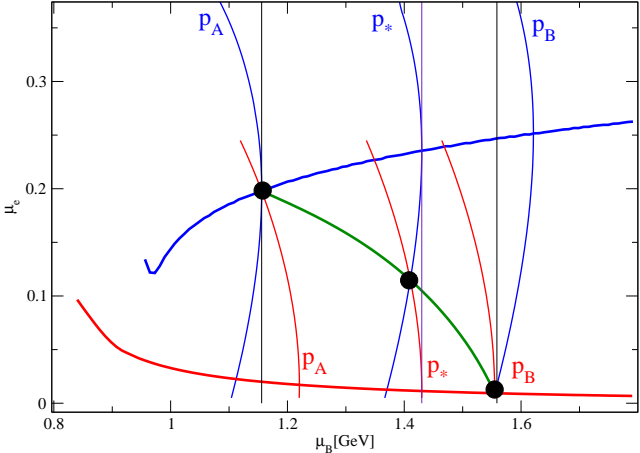


- Parameter space very **hostile** for $(\Delta = 0)$. Including CSC makes SQM more plausible
 → Stable SQM disfavored but not ruled out.

Quarks stars to $\mathcal{O}(a_s^2)$



Glendenning construction:



In the case of two conserved charges (electric and baryonic), there is a possibility of a 2-phase admixture: