

(Medical) applications of radioisotopes

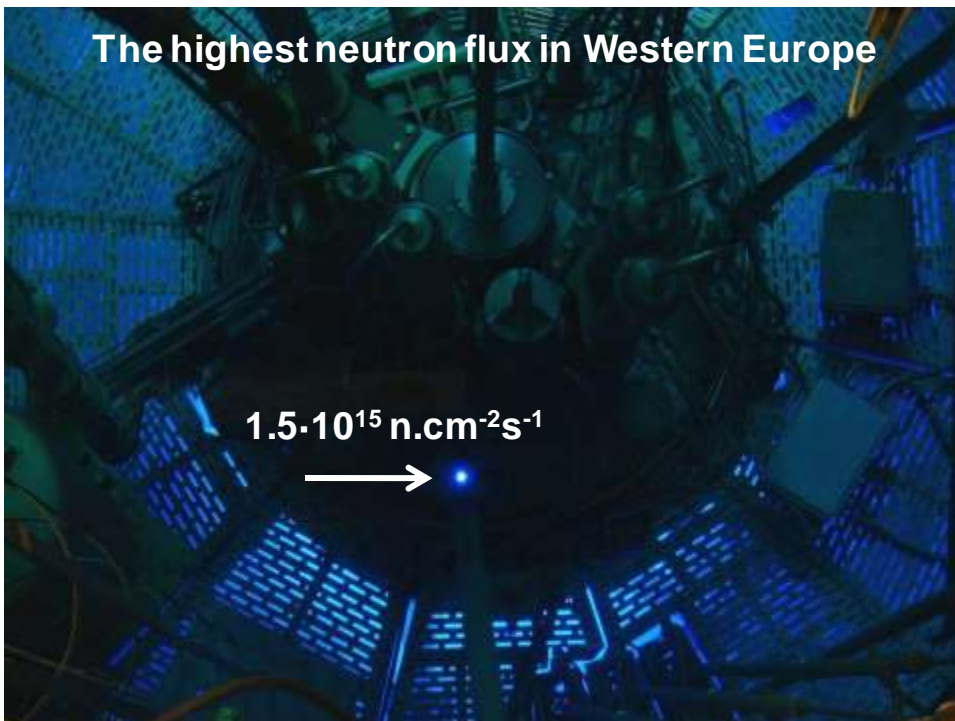
Ulli Köster

Institut Laue-Langevin, Grenoble



CERN Accelerator School

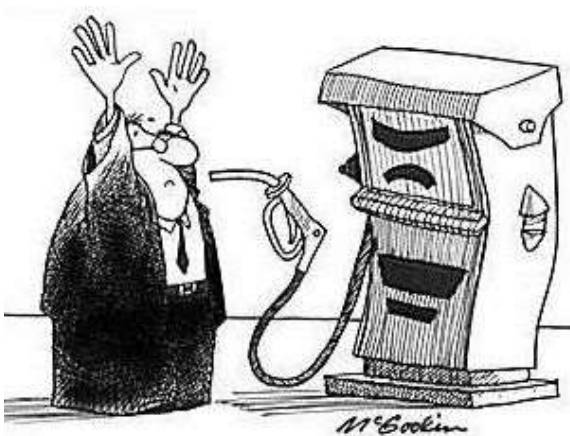
3 June 2015



85th International
Motor Show & accessories
5–15 March 2015, Geneva

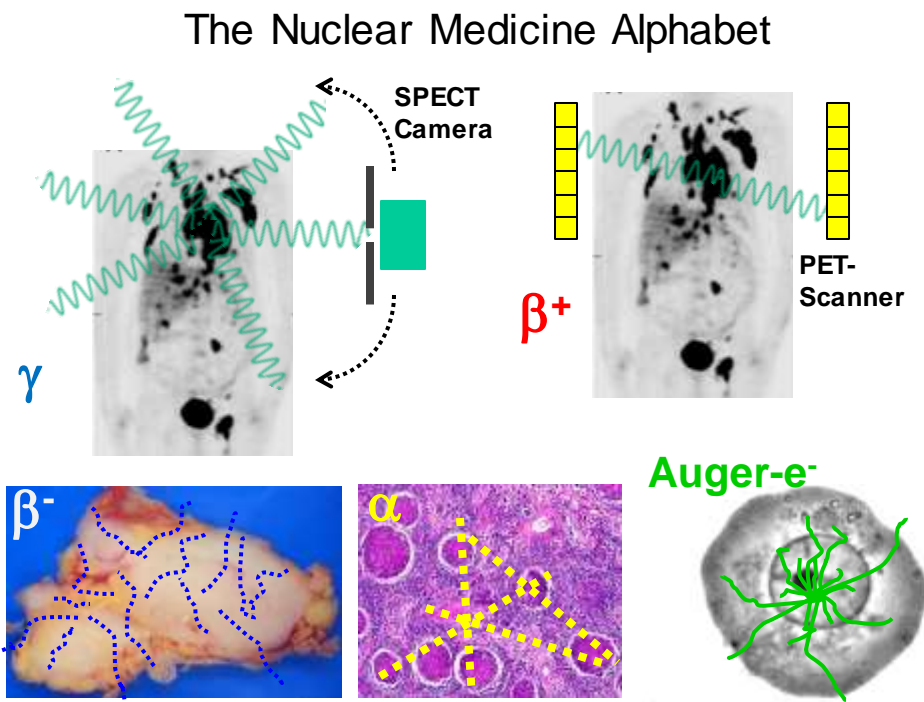


Don't forget the fuel!

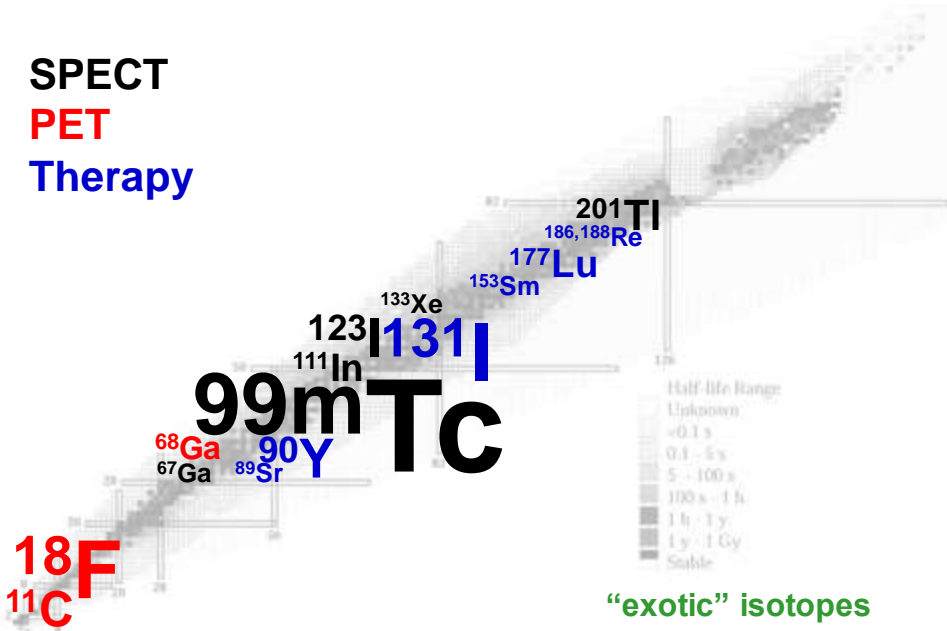


Radioisotopes: the “fuel” for nuclear medicine

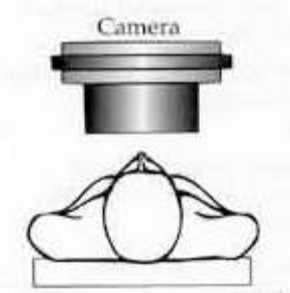
1. What is the optimum fuel for an application ?
2. Are we using the optimum fuel today ?
3. Where does this fuel come from ?



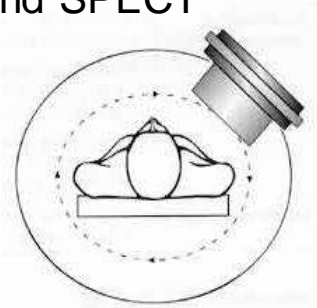
The chart of nuclides – nuclear medicine perspective



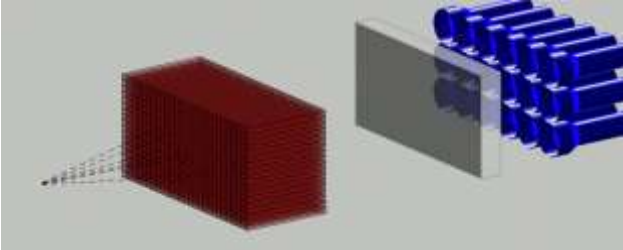
Scintigraphy and SPECT



2D: planar scan
(Gamma camera)

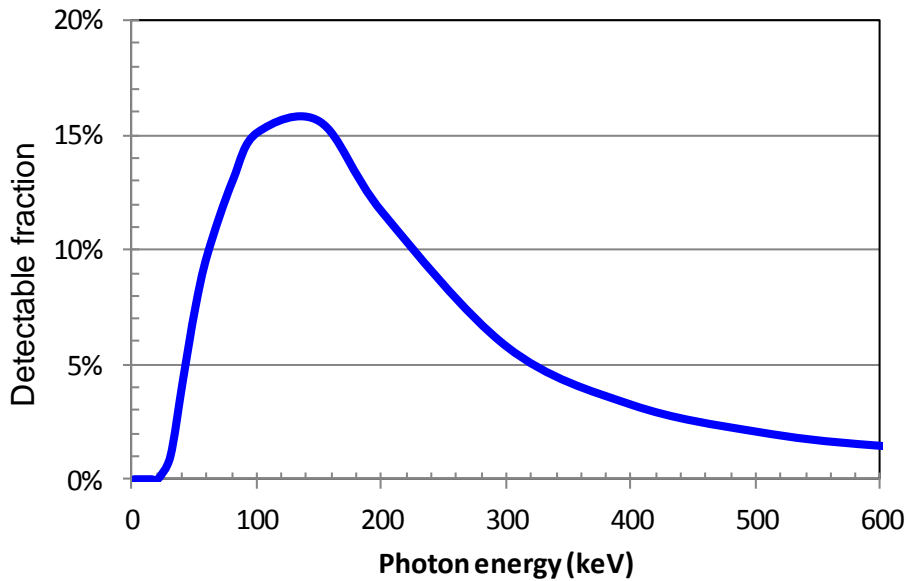


3D: SPECT: Single Photon Emission
Computer Tomography



$E_\gamma > 60\text{ keV}$
 $E_\gamma < 400\text{ keV}$

Ideal gamma ray energy for scintigraphy/SPECT



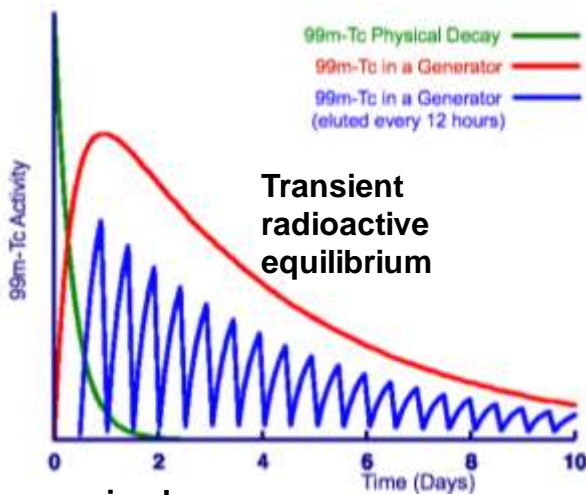
10 cm soft tissue, 0.2 cm aluminium (detector encapsulation), 1 cm NaI

^{99m}Tc: ideal for SPECT and gamma cameras

Ru 98 1.87 $\sigma < 8$	Ru 99 12.76 $\sigma 4$	Ru 100 12.60 $\sigma 5.8$	Ru 101 17.06 $\sigma 5$	Ru 102 31.55 $\sigma 1.2$
Tc 97 92.2 d $4.0 \cdot 10^5$ a $t_{1/2}(97)$ β^-	Tc 98 $4.2 \cdot 10^6$ a $\beta^- 0.4$ $\gamma 745; 652$ $\sigma 0.9 + ?$	Tc 99 6.0 h $2.1 \cdot 10^5$ a $t_{1/2}(99)$ β^- $\gamma (322)$	Tc 100 15.8 s $\beta^- 3.4...$ ϵ $\gamma 540; 591...$	Tc 101 14.2 m $\beta^- 1.3...$ $\gamma 307; 545...$
Mo 96 16.68 $\sigma 0.5$	Mo 97 9.56 $\sigma 2.5$ $\sigma_n, \alpha 4E-7$	Mo 98 24.19 $\sigma 0.14$	Mo 99 66.0 h $\beta^- 1.2...$ $\gamma 740; 182;$ 778... m; g	Mo 100 9.67 $1.15 \cdot 10^{19}$ a $2\beta^-$ $\sigma 0.19$

- IT with 89% 140.5 keV gamma ray, $T_{1/2} = 6$ h
- decays to quasi-stable daughter
- ^{99m}Tc fed in 88% of β^- decays of ⁹⁹Mo, $T_{1/2} = 66$ h
- produces nearly carrier-free product

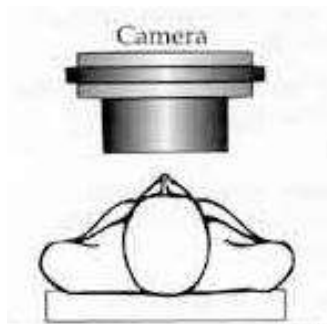
$^{99}\text{Mo}/^{99\text{m}}\text{Tc}$ generator



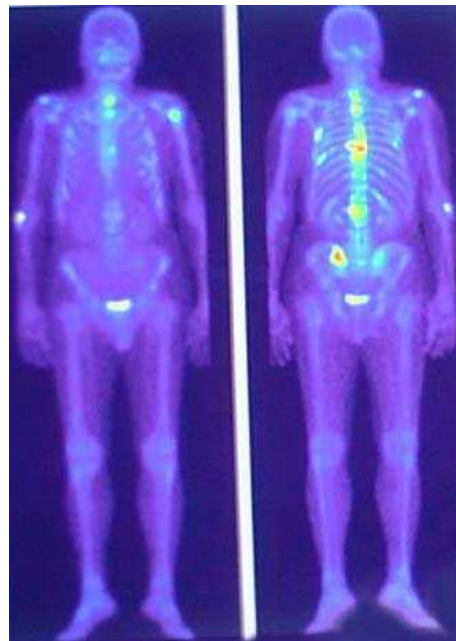
- simple
- reliable
- portable
- self-shielded

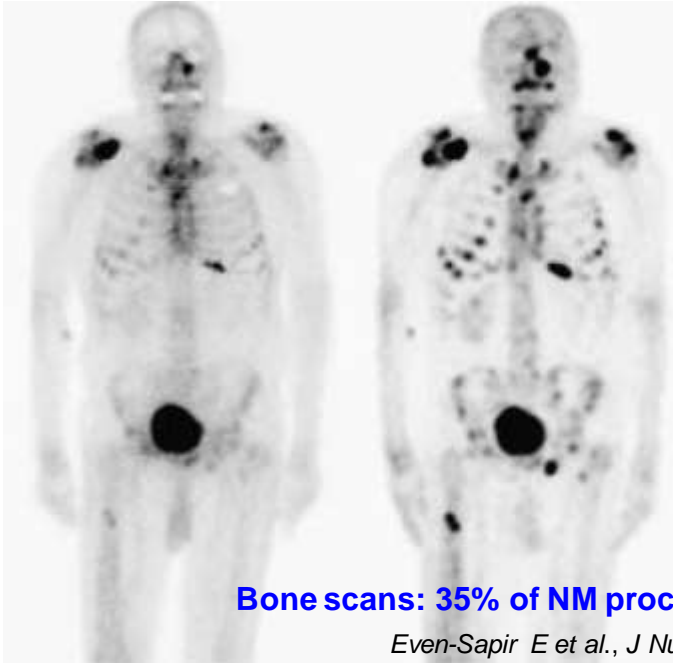


Bone metastases



- planar or SPECT scan for bone metastases
- differentiate between local and generalized disease
- decide on treatment options: surgery or radiation therapy versus systemic therapy





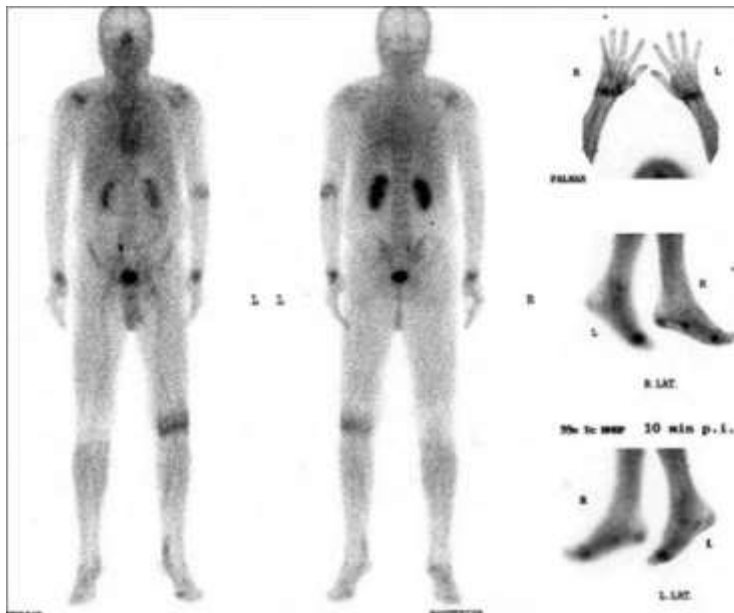
Bone scans: 35% of NM procedures in Europe

Even-Sapir E et al., J Nucl Med 2006; 47: 287.

^{99m}Tc -MDP planar

^{99m}Tc -MDP SPECT

Rheumathoid arthritis



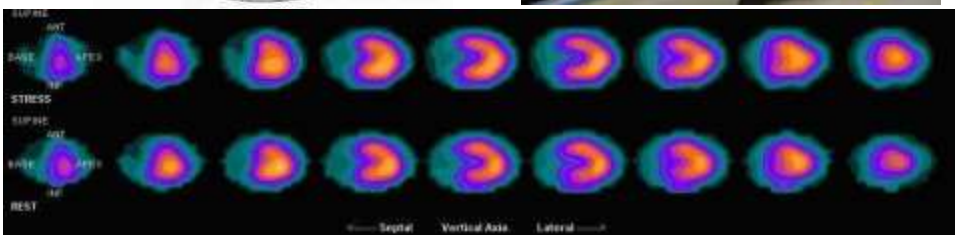
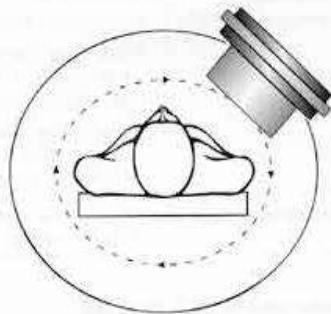
L. Knut, World J Nucl Med. 2015; 14:10.

Veterinary scintigraphy

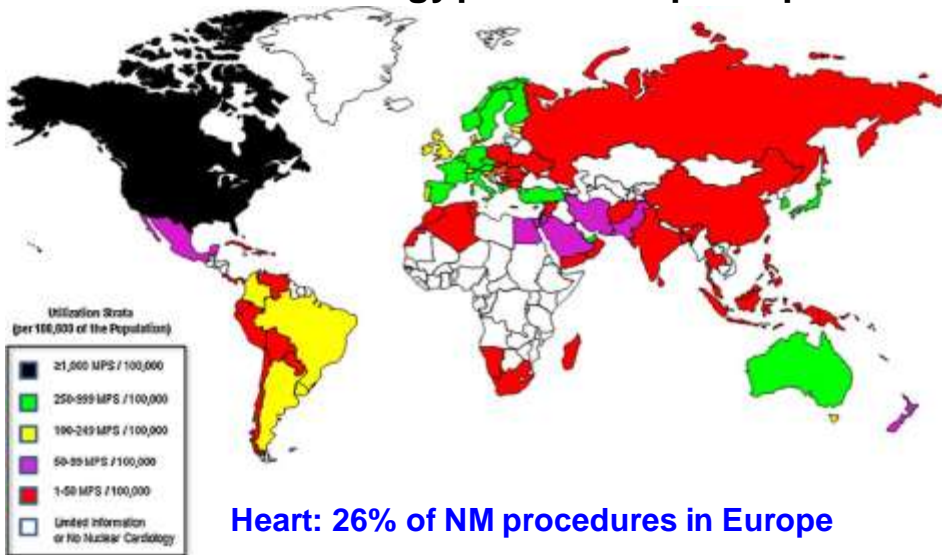


Ischemic heart disease

- diagnose by ECG and cardiac stress test with SPECT
- treatment by medication, angioplasty or bypass surgery



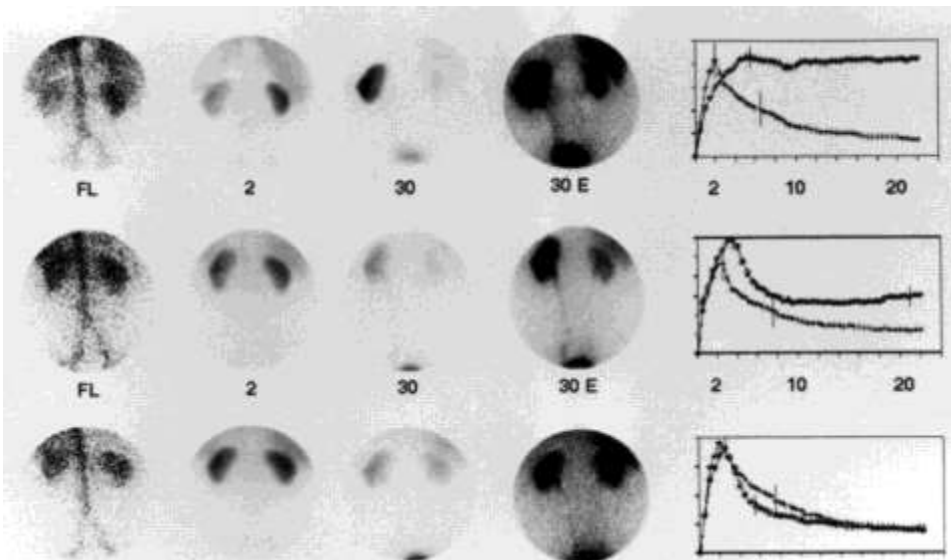
Nuclear cardiology procedures per capita



Heart: 26% of NM procedures in Europe

2007: 8.54M myocardial perfusion SPECT procedures reimbursed in the USA
J.V. Vitola et al., J Nucl Cardiol 2009;16:956.

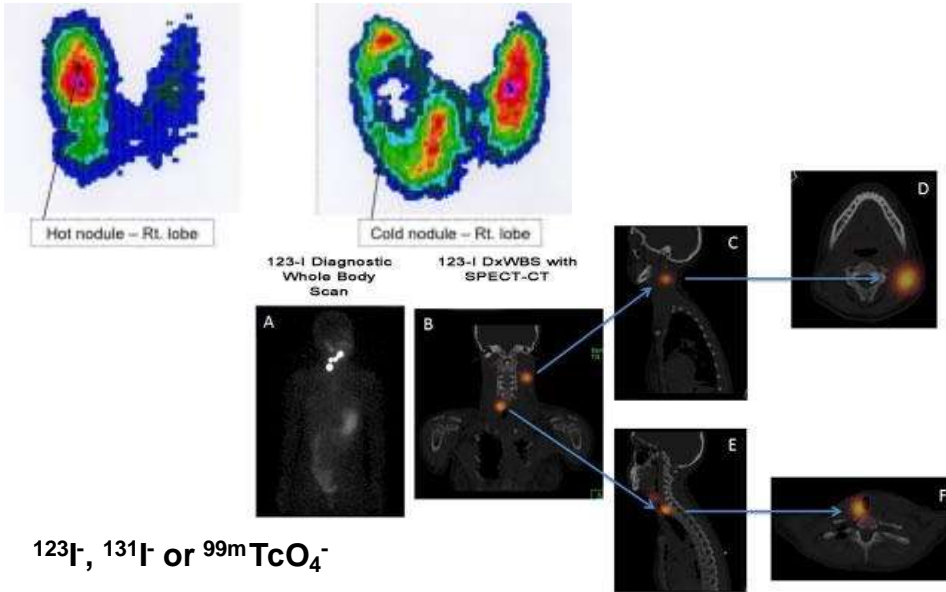
Scintigraphy



G.N. Sfakianakis et al. J Nucl Med 2000;41:1813.

Kidney: 13% of NM procedures in Europe

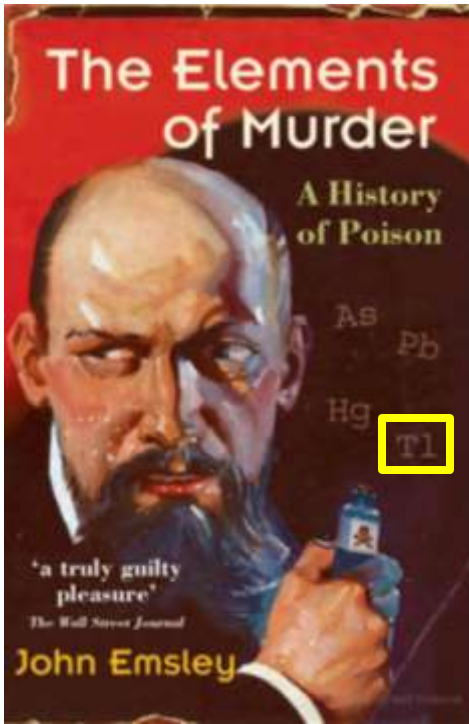
Thyroid scintigraphy



Thyroid: 12% of NM procedures in Europe

SPECT isotopes

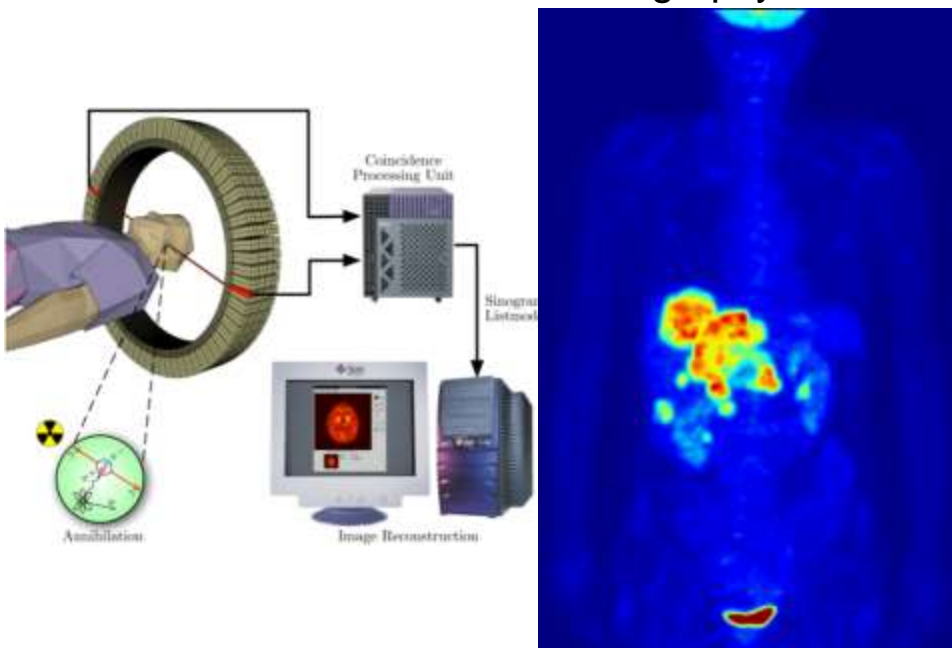
Radio-nuclide	Half-life (h)	E_γ (keV)	I_γ (%)	Decay type
Ga-67	78	93 185	42 21	EC
Kr-81m	0.004	190	64	IT
Tc-99m	6	141	89	IT
In-111	67	171 245	91 94	EC
I-123	13	159	83	EC
Xe-133	126	81	38	β^-
Tl-201	73	70 167	59 10	EC
I-131	192	364	82	β^-
Lu-177	161	113 208	6 10	β^-



Thallium for patients ?

- MBq to GBq activities correspond to ng to μg
- no chemical toxicity at this level
- provided stable isotopes are absent (“carrier-free”) or relatively low abundant (“non-carrier-added”)
- **high specific activity** is frequently a decisive quality criterion for nuclear medicine applications!

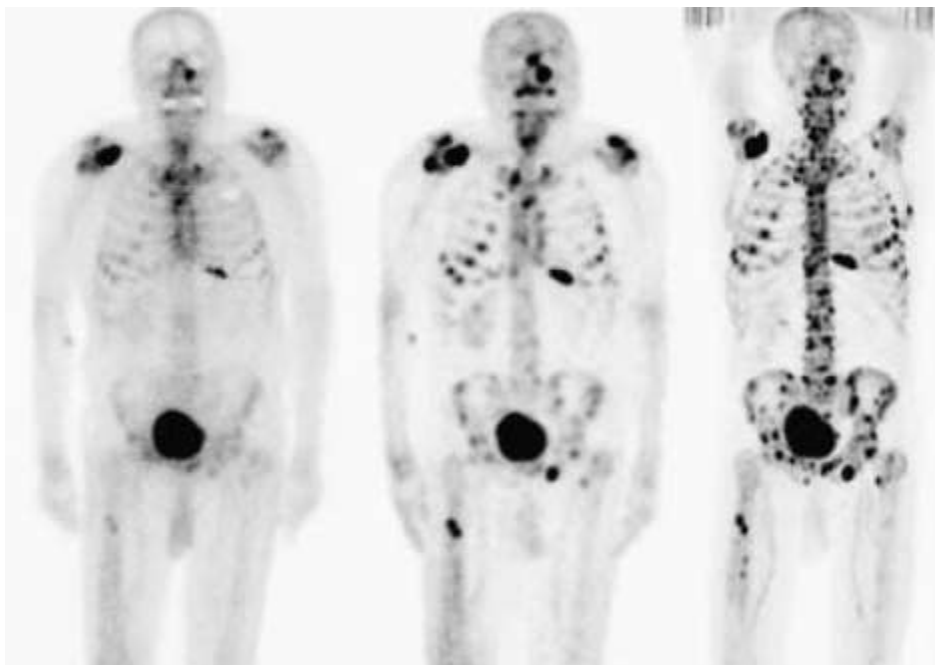
Positron Emission Tomography



PET isotopes

Radio-nuclide	Half-life (h)	Intensity β^+ (%)	E mean (MeV)	Range (mm)
C-11	0.34	99.8	0.39	1.3
N-13	0.17	99.8	0.49	1.8
O-15	0.03	99.9	0.74	3.2
F-18	1.83	96.7	0.25	0.7
Ga-68	1.13	89.1	0.83	3.8
Rb-82	0.02	95.4	3.38	20

¹⁸F-Fluorodeoxyglucose (FDG)

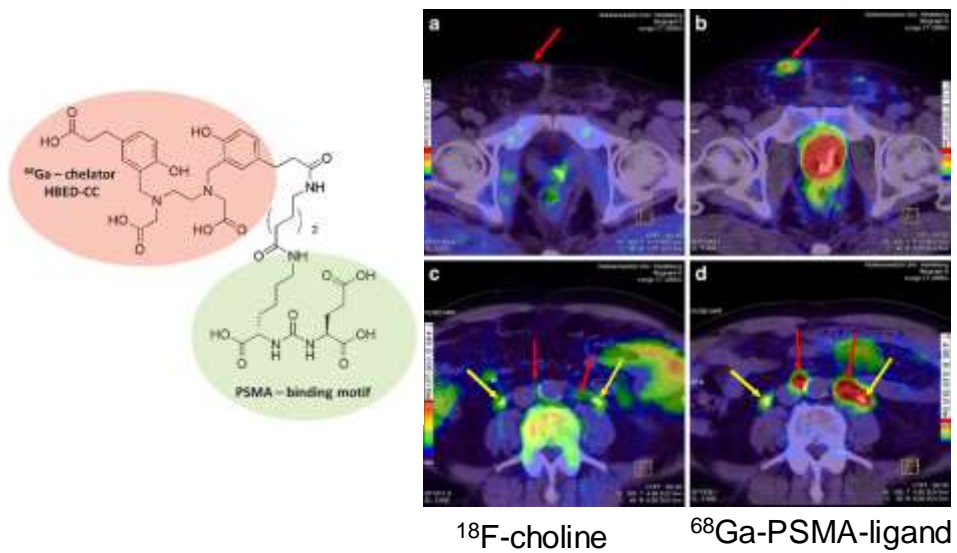


^{99m}Tc-MDP planar

^{99m}Tc-MDP SPECT

¹⁸F- PET

Imaging of prostate cancer lesions



M Eder et al. Bioconjugate Chem 2012, 23:688.

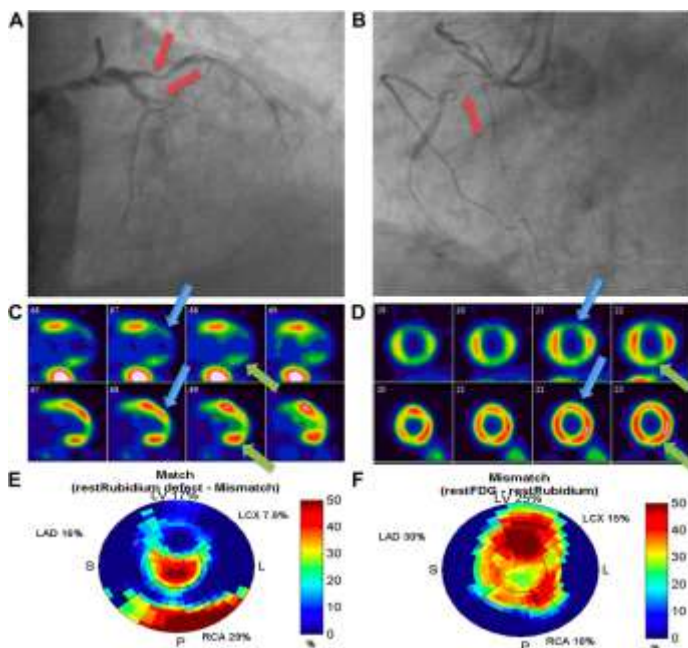
Ali Afshar-Oromieh et al. Eur J Nucl Med Mol Imaging 2014, 41:11.



PET isotopes

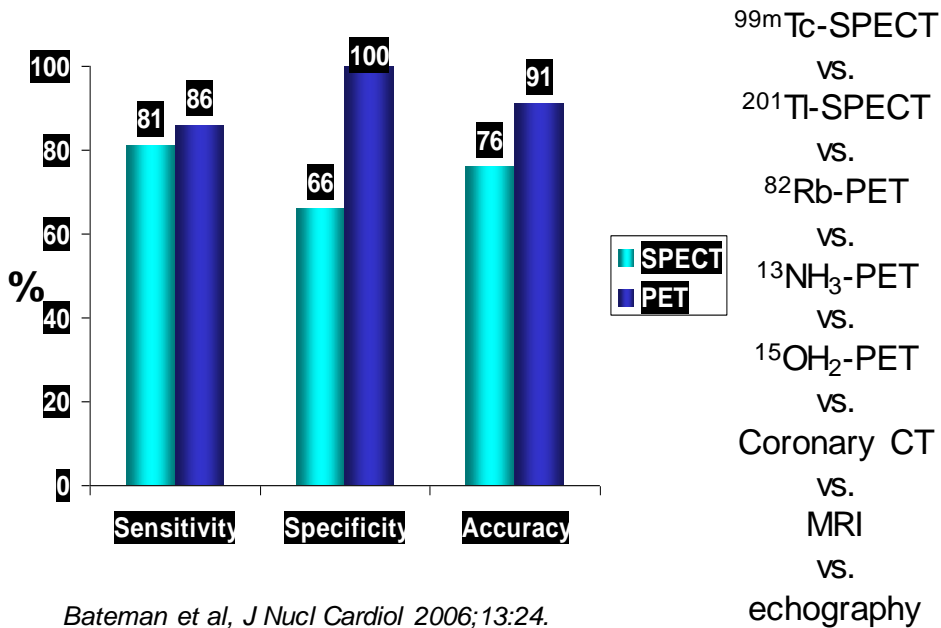
Radio-nuclide	Half-life (h)	Intensity β^+ (%)	E mean (MeV)	Range (mm)
C-11	0.34	99.8	0.39	1.3
N-13	0.17	99.8	0.49	1.8
O-15	0.03	Mother isotope: 271 d	0.74	3.2
F-18	1.83		0.25	0.7
Ga-68	1.13		0.83	3.8
Rb-82	0.02	25 d	3.38	20

Cardiology applications

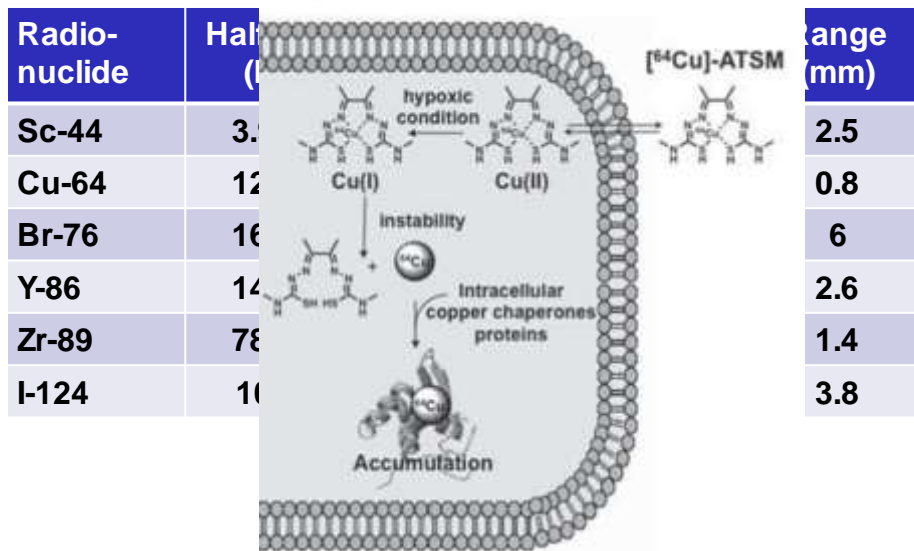


B.A. Mc Ardle,
Can. J. Cardiology
 29 (2013) 399.

Diagnostic Accuracy: PET vs SPECT

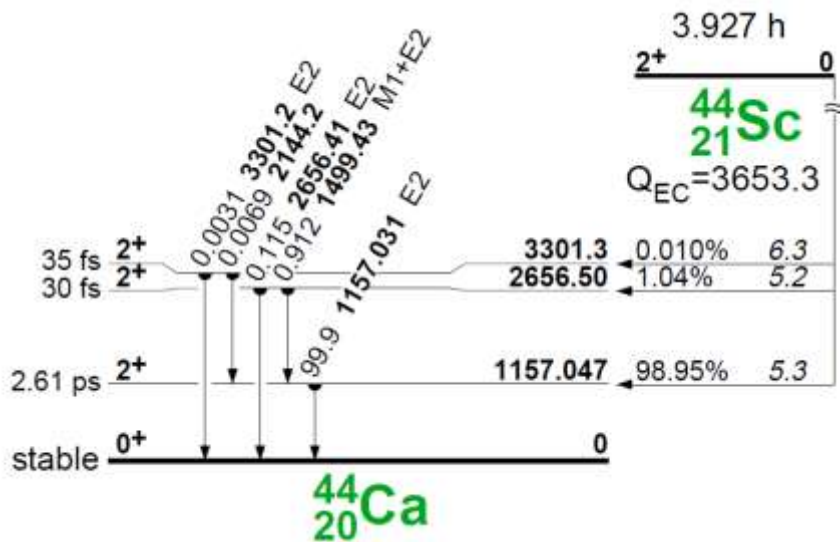


Longer-lived PET isotopes

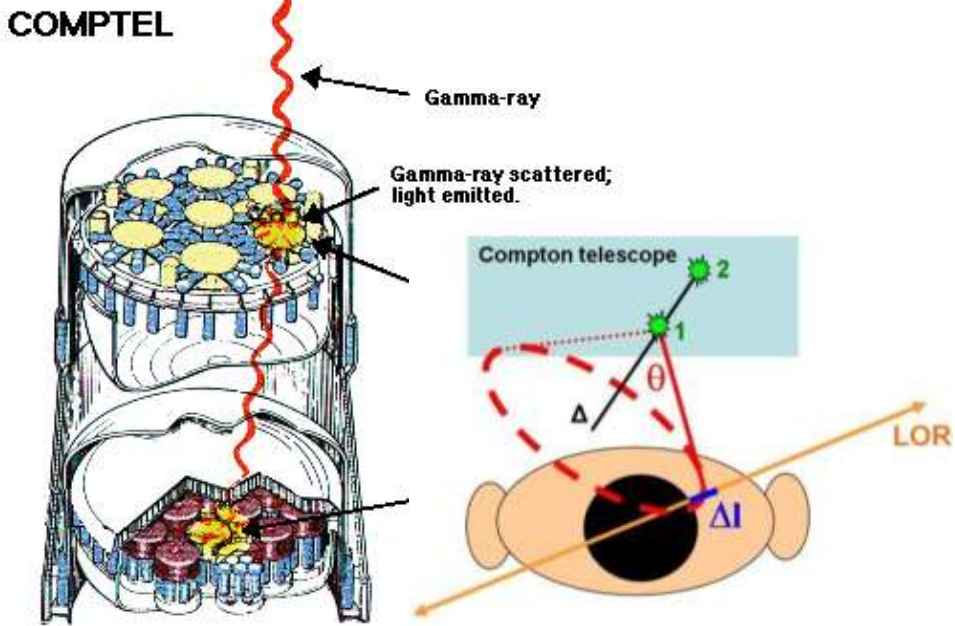


Longer-lived PET isotopes

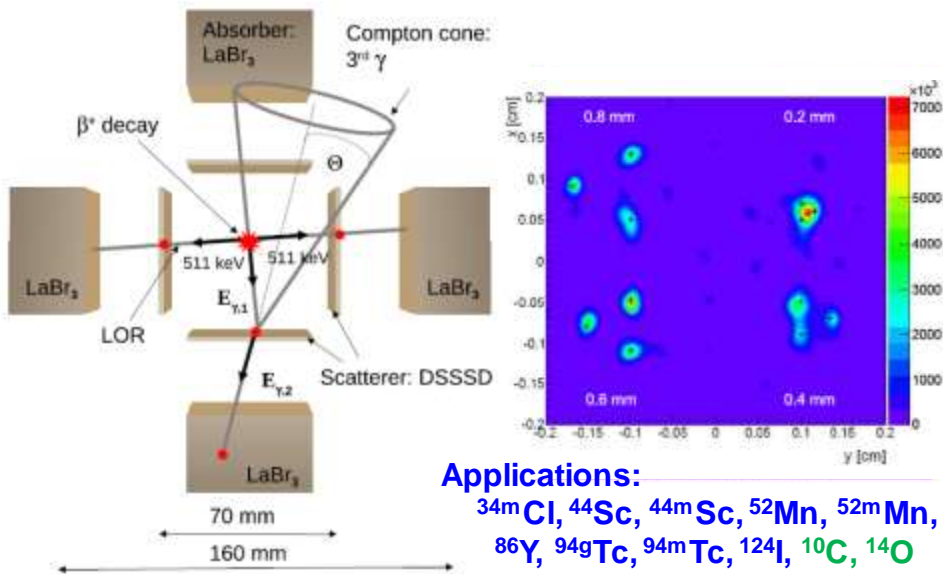
Radio-nuclide	Half-life (h)	Branching ratio β^+ (%)	Branching ratio γ (%)	h_{10} (mSv/h/GBq)
Sc-44	3.97	94.3	101	0.324
Cu-64	12.7	17.6	0.5	0.03
Y-86	14.7	31.9	320	0.515
Zr-89	78.4	22.7	100	0.182
I-124	100.2	22.8	99	0.17
Tb-152	17.5	17	142	



Compton telescope



3-photon-camera: PET-SPECT



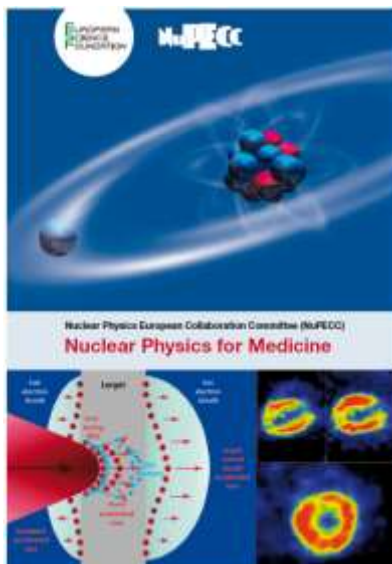
Applications:

^{34m}Cl , ^{44}Sc , ^{44m}Sc , ^{52}Mn , ^{52m}Mn ,
 ^{86}Y , ^{94g}Tc , ^{94m}Tc , ^{124}I , ^{10}C , ^{14}O

C. Lang et al. JINST 2014;9:P01080.

NuPECC: Nuclear Physics for Medicine

Chapter III: Radioisotope Production



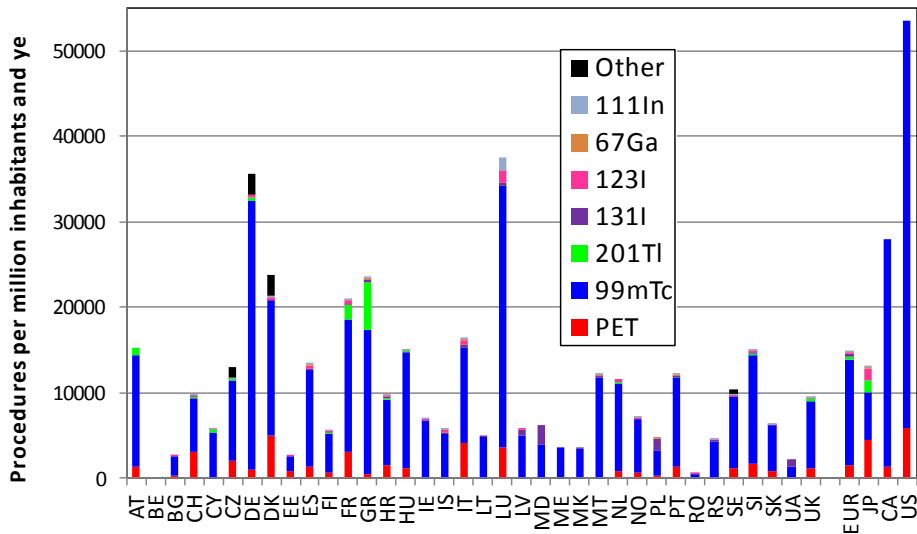
Marie-Claire Cantone, Italy – *convener*
Ferid Haddad, France
Sotirios Harissopoulos, Greece
Mikael Jensen, Denmark
Ari Jokinen, Finland – *NuPECC liaison*
Itzhak Kelson, Israel
Ulli Köster, France – *convener*
Ondrej Lebeda, Czech Republic
Bernard Ponsard, Belgium
Uli Ratzinger, Germany
Thierry Stora, Switzerland
Ferenc Tarkanyi, Hungary
Piet Van Duppen, Belgium – *NuPECC liaison*

<http://www.nupecc.org/npmed/npmed2014.pdf>

Statistics data from DDM2 report and:

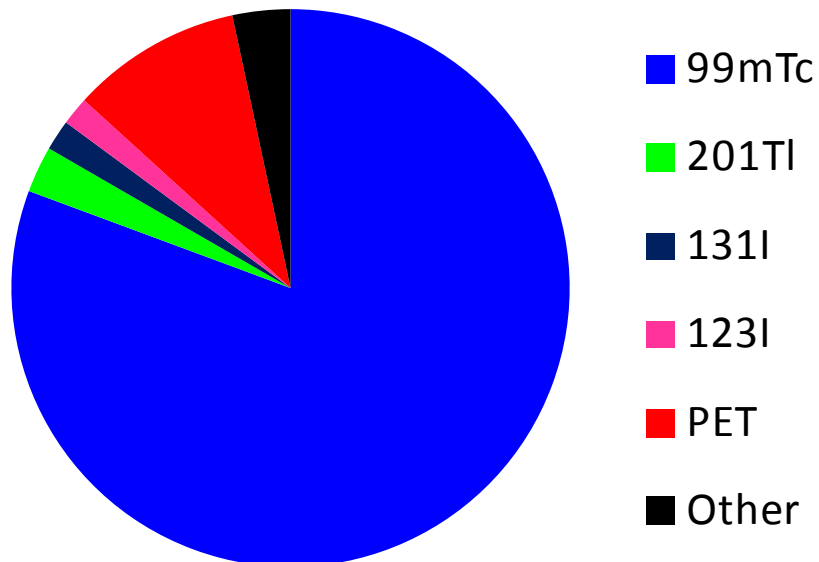
Bernard Aubert (IRSN France)
Ursula Bär (Federal Statistical Office, Germany)
Dieter Cernohorski (Federal Office of Economics and Export Control, Germany)
Panicos Demetriades (Department of Labour Inspection, Cyprus)
Andrejs Dreimanis (State Environmental Service, Latvia)
Marisa España Lopez (H.U. de la Princesa, Madrid)
Cécile Etard (IRSN France)
Karlheinz Haug (Bavarian State Office for Environment)
Jörg Kotzerke (DGN & TU Dresden, Germany)
Leszek Krolicki (Medical Univ. of Poland)
Reto Linder (Federal Office of Public Health, Bern, Switzerland)
Dietmar Noßke (Federal Office for Radiation Protection, Germany)
Sigrid Richter (Bavarian State Office for Environment)
Anthony Samuel (Mater Dei Hospital, Malta)
Elena Shubina (Environmental Board, Estonia)
Damijan Škrk (Slovenian Radiation Protection Administration)
Pedro Teles (IST/ITN Portugal)
Gertrud Vierkant (Federal Statistical Office, Germany)
Stavroula Vogiatzi (Greek Atomic Energy Commission)
the State Institute for Drug Control Czech Republic
the State Institute of Radiation Protection Denmark
the Japan Radioisotope Association
Consejo de Seguridad Nuclear (Spain)

Statistics of radionuclide use in Europe

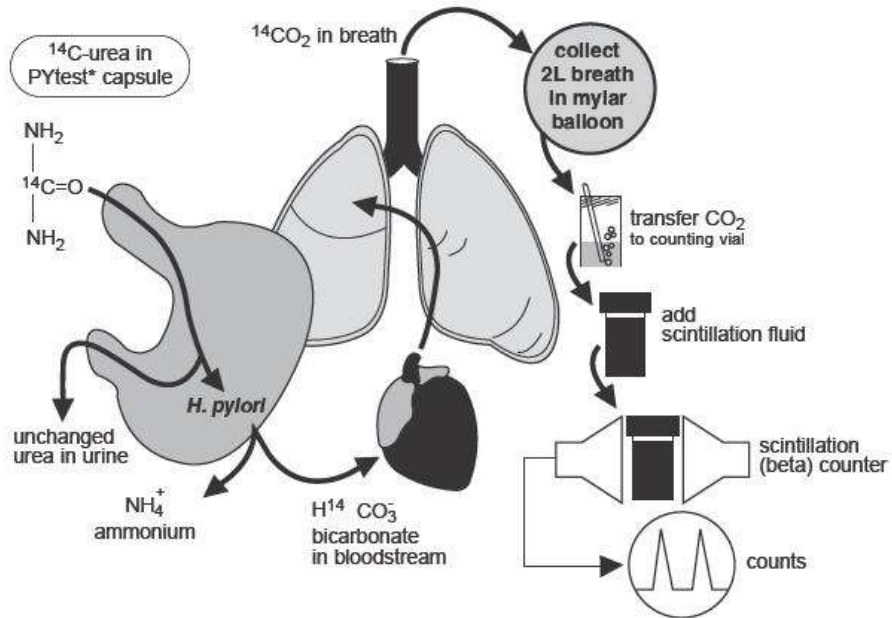


Use of diagnostic isotopes in Europe, USA, Canada and Japan

Cumulative use of diagnostic isotopes in Europe

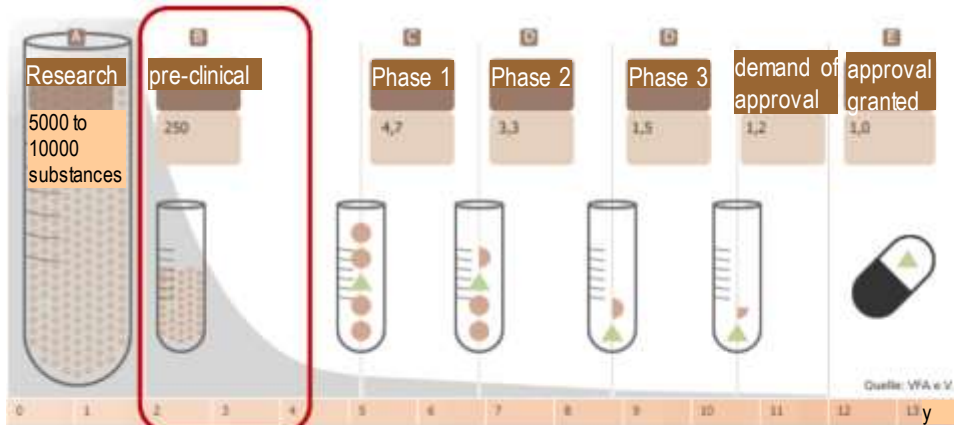


Radiotracer diagnostics without imaging



Molecular imaging without patients?

Development of pharmaceuticals



Screening in vitro tests
animal exp.

tests with humans

toxicity wanted effect comparison
side effects with standard

20-80 healthy volunteers 100-300 patients x00-x000 patients

Pre-clinical studies (1)

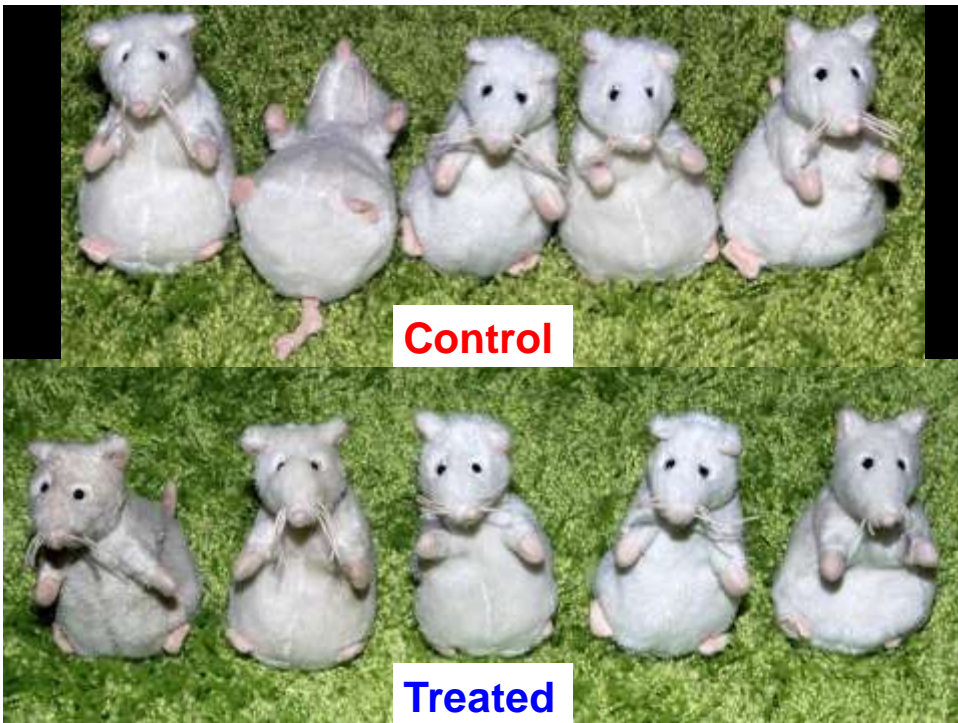


Pre-clinical studies (2)

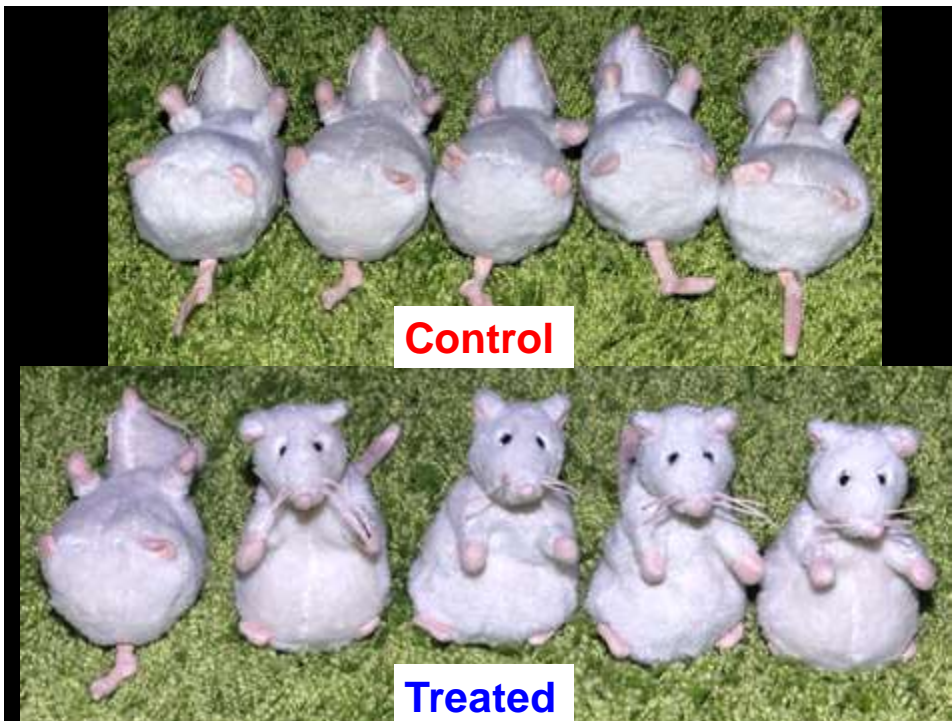


Pre-clinical studies (3)

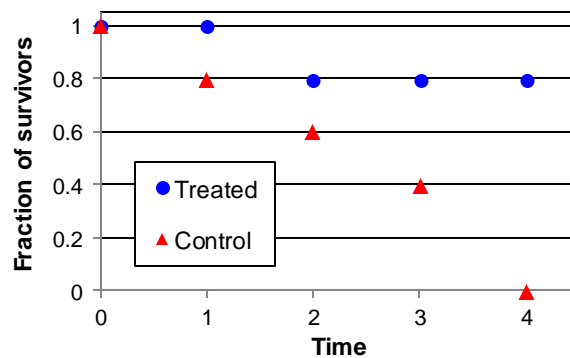








Survival curve



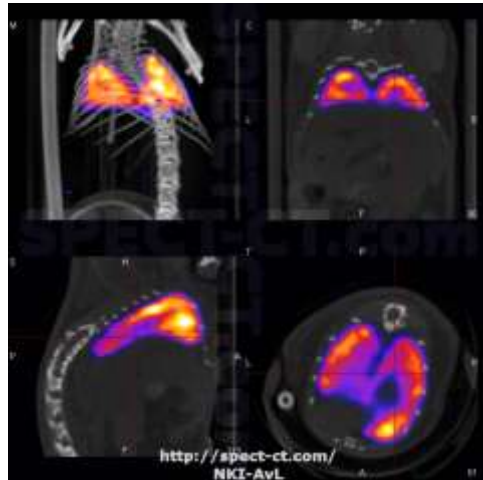
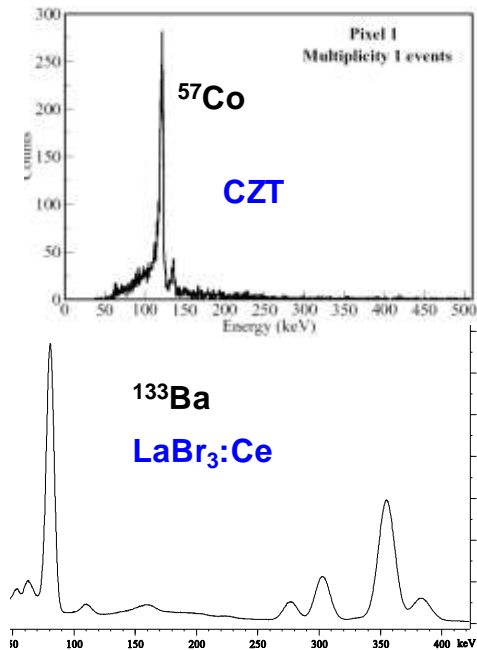
- medium survival time, median survival time, survival benefit
- shows final benefit but not detailed mechanism
- more information from **bio-distribution studies**
- preferentially **on-line with suitable radiotracers** and small animal SPECT or PET



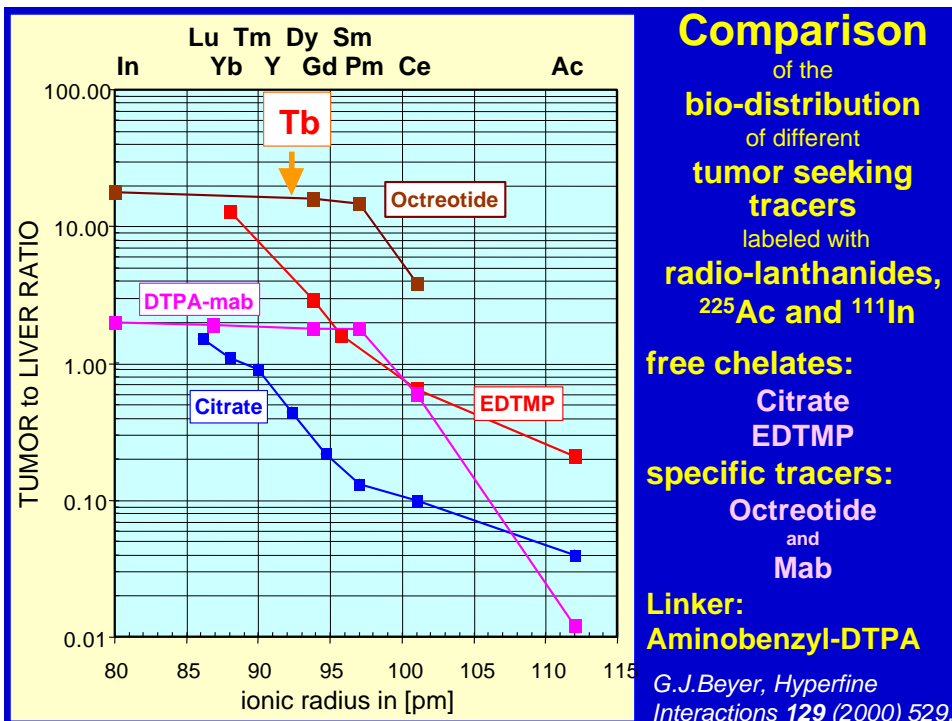
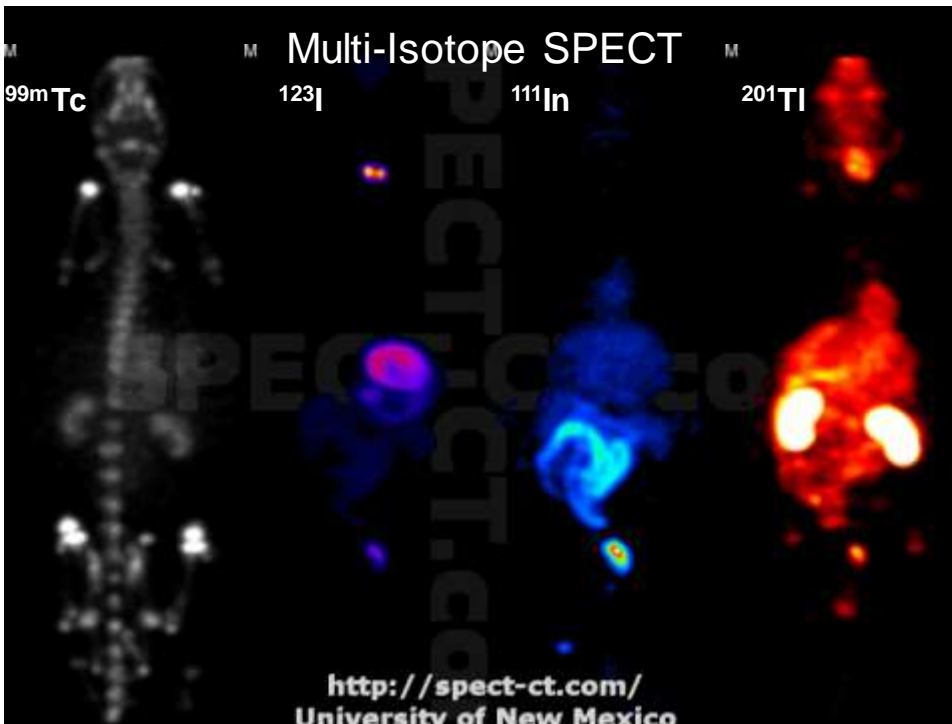
Small animal imaging



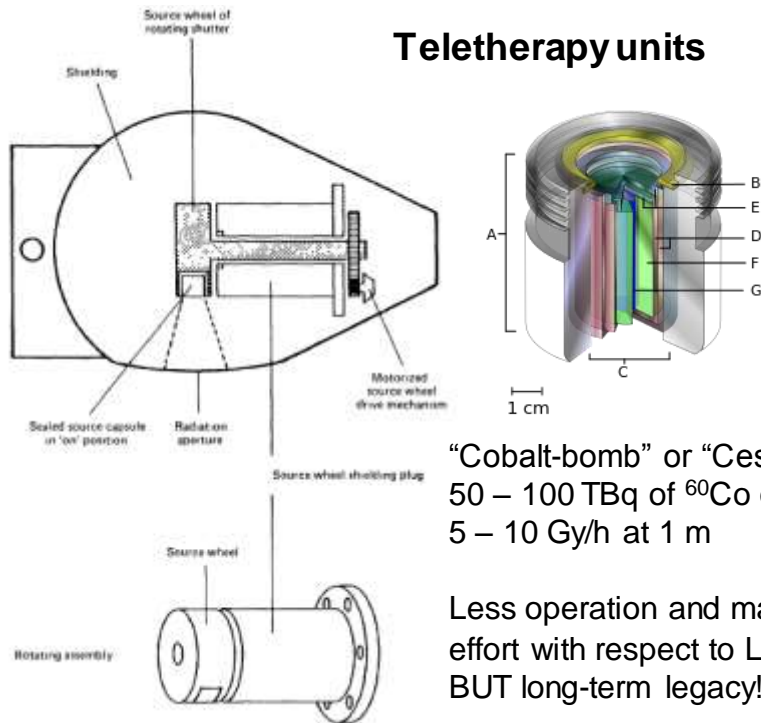
New generation of small animal SPECT



systematic biodistribution studies with different radiotracers become possible with dedicated small animal SPECT



From diagnostics to therapy

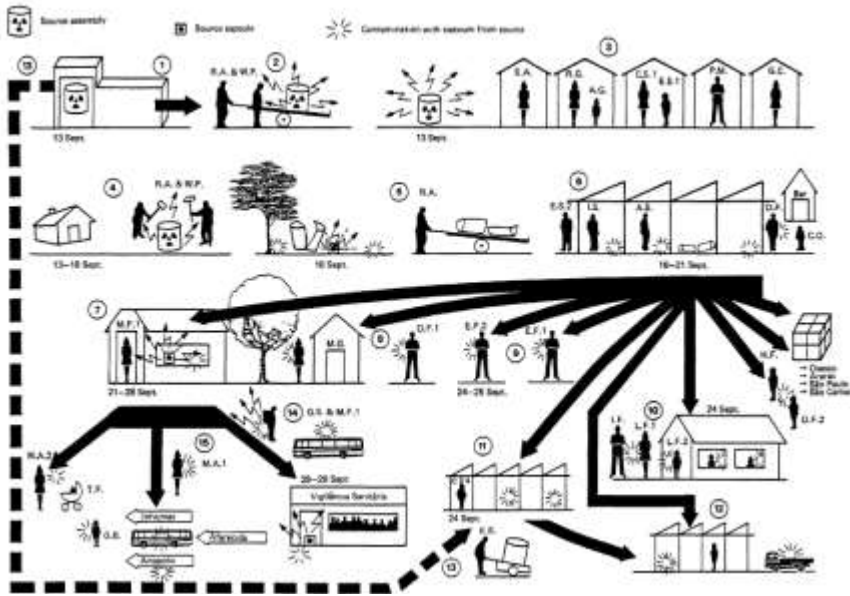


Teletherapy units

“Cobalt-bomb” or “Cesium-bomb”
 50 – 100 TBq of ^{60}Co or ^{137}Cs
 5 – 10 Gy/h at 1 m

Less operation and maintenance effort with respect to LINACs, BUT long-term legacy!

Civilian radiation accidents



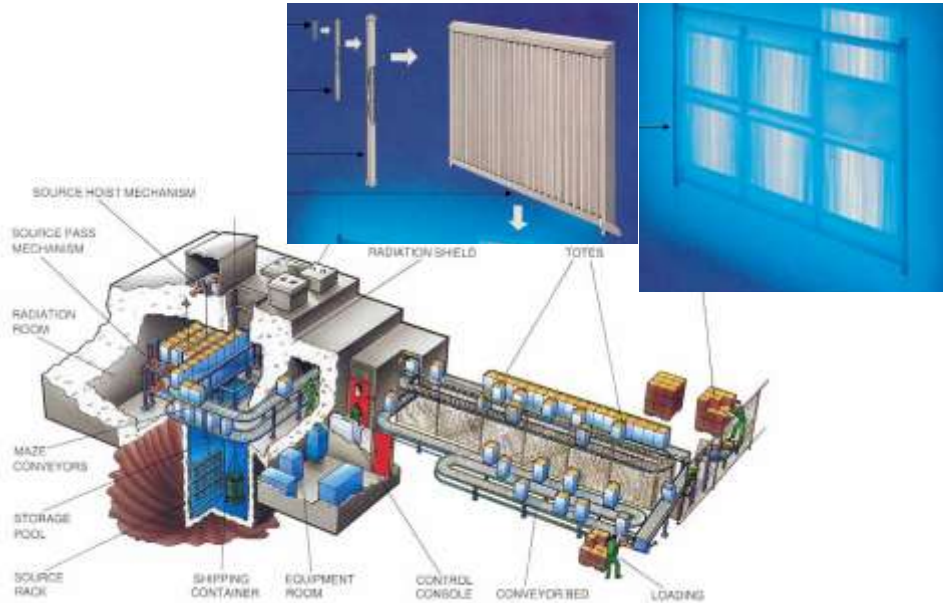
Goiania, Ciudad Juarez, Samut Prakan, etc.



10. A hole is made to remove a radiation hot spot giving a dose rate of $0.5 \text{ Sv} \cdot \text{h}^{-1}$.



Parenthesis: Radiation Sterilization of Medical Devices

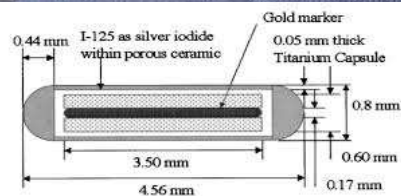


1 MCi = 37 PBq ^{60}Co sterilizes 650 kg/hour at 25 kGy

Brachytherapy

High Dose Rate (HDR) brachytherapy
short-term insertion of ^{60}Co , ^{137}Cs ,
 ^{169}Yb or ^{192}Ir sources

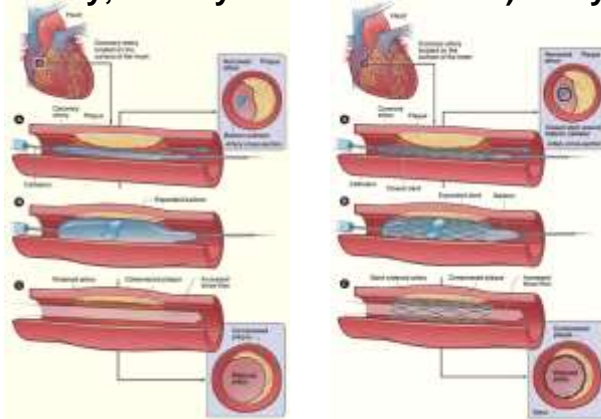
Low Dose Rate (LDR) brachytherapy
long-term insertion of ^{32}P , ^{103}Pd , ^{125}I ,
 ^{131}Cs , etc. sources ("seeds")



Historically also ampoules with ^{226}Ra , ^{222}Rn or ^{210}Po were used for brachytherapy.

Stenosis

- constriction of blood vessels (due to diabetes mellitus, high blood pressure, high cholesterol level, nicotine consumption); 4.5 million patients in Germany
- arteries opened by balloon dilatation (angioplasty), sometimes with placement of stent (mainly coronary artery, usually not in extremities) or bypass operation



Rhenium-PTA

- frequent restenosis within few months due to deposition of vascular smooth muscle cells in intima (NIHA)
- repeated restenosis may lead to amputation of extremity: 60000 amputations/year in Germany (70% due to diabetes)
- alternative: PTA (percutaneous transluminal angioplasty), i.e. irradiation of cells after balloon dilatation prevents restenosis ⇒ ideal isotope ^{188}Re with high concentration



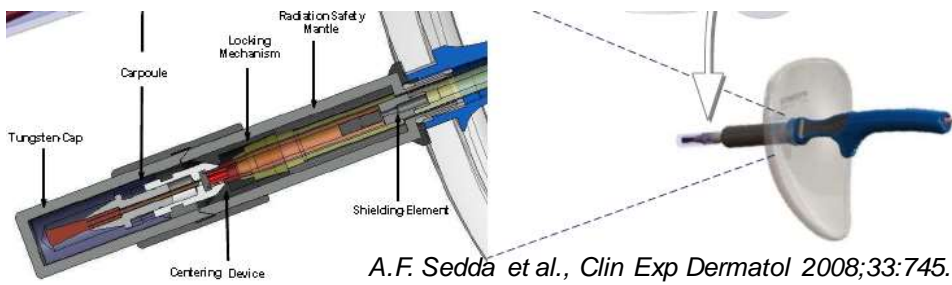
- clinical study in Augsburg: **13% restenosis in 16 months** versus **usually 50-75% in 6 months**

W.A. Wohlgemuth et al., J Cardiovascular Surgery 2010;51:573.

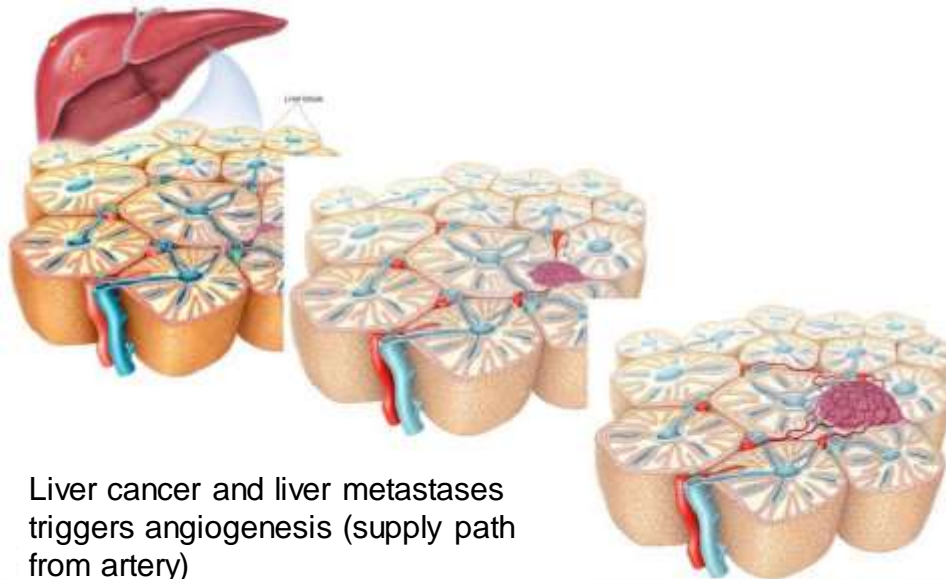
Rhenium skin cancer therapy

non-melanoma skin cancer:

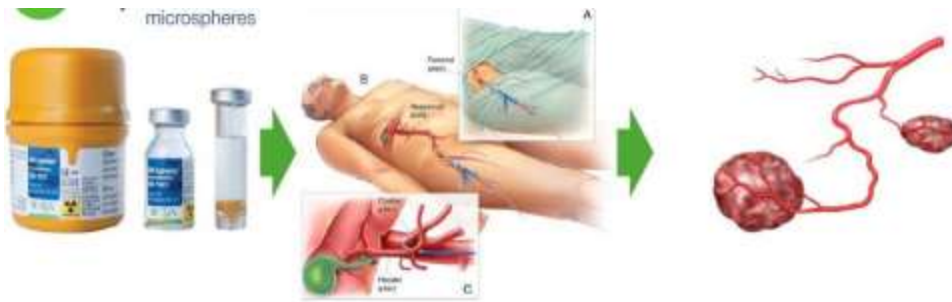
- basal cell carcinoma and squamous cell carcinoma
- in the Alps 20-30% lifetime risk to develop skin cancer



Liver cancer and liver metastases

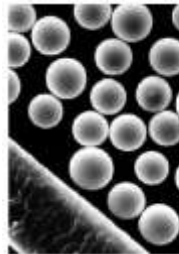


Selective Internal Radiation Therapy (SIRT)



Radioembolization cuts supply lines of cancer while healthy liver remains supplied by port vein

^{90}Y -polymer or ^{90}Y -glass microspheres or ^{188}Re -Lipiodol



Y-90 glass microspheres comparison to human hair (8 μm diameter)

Radiosynovectomy (radiosynoviorthesis)



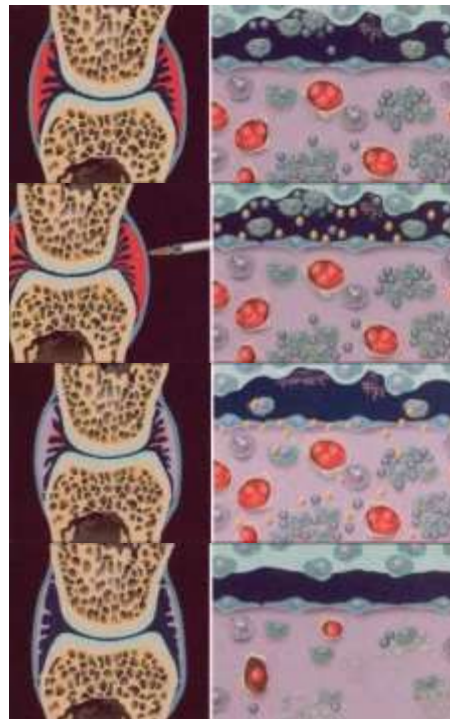
Injection of radionuclide colloids

Knee: ^{90}Y (185 MBq)

Ankle/elbow/shoulder/wrist/hip:

^{186}Re (74-111 MBq)

Finger: ^{169}Er (15-37 MBq)



L. Knut. World J Nucl Med 2015;14:10.

Cancer and efficiency of treatments

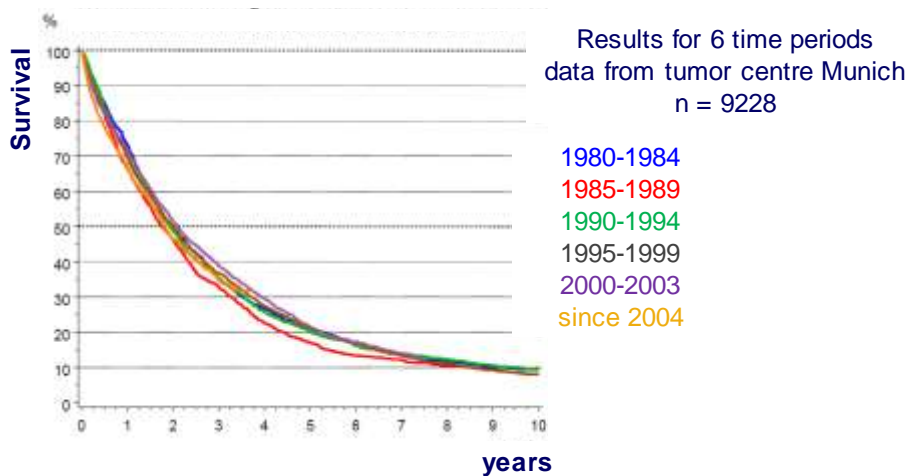
At time of diagnosis	Primary tumor	With metastases	Total
Diagnosed	58%	42%	100%
Cured by:			
Surgery	22%		
Radiation therapy	12%		
Surgery+radiation therapy	6%		
All other treatments and combinations incl. chemotherapy		5%	
Fraction cured	69%	12%	45%

Over **one million deaths per year** from cancer in EU.

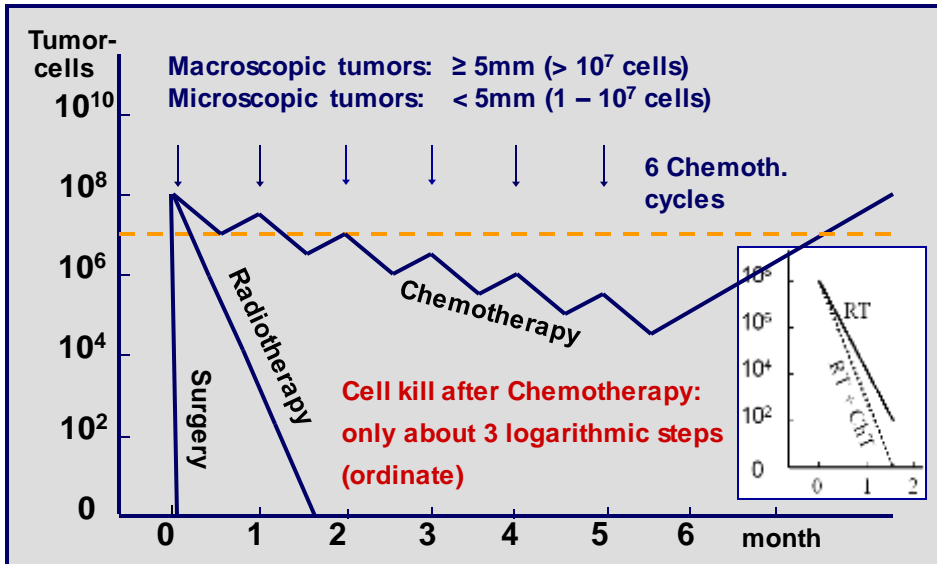
- ⇒ improve early diagnosis
- ⇒ improve systemic treatments

Mammary Carcinoma

Survival time since diagnosis of metastases



Comparison of Therapies



Klinik und Poliklinik für Strahlentherapie und Radiologische Onkologie

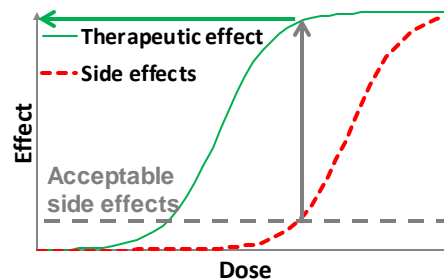
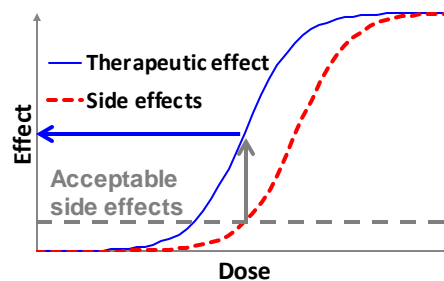
Prof. Molls



Targeted therapies



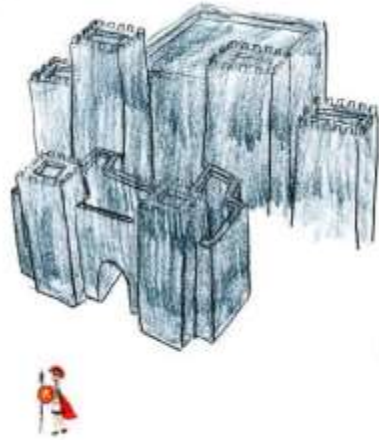
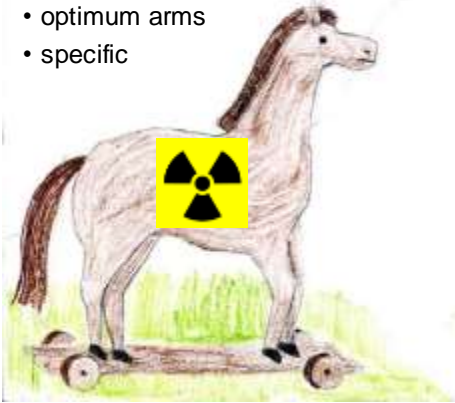
Paracelsus (1493-1541)
 "All things are poison, and nothing is without poison; only the dose permits something not to be poisonous."



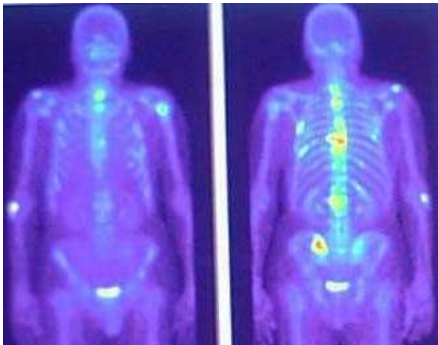
Selective targeting is essential to widen the therapeutic window!

The principle of targeted therapies

- “attractive” vector > high uptake by the target
- transportable
- good in-vivo stability
- warriors “not visible”
- delayed uptake > suitable half-life
- limited space > high specific activity
- optimum arms
- specific



Metabolic targeting



Thyroid cancer

^{123}I for imaging
 ^{131}I for therapy

Bone metastases

1.5 million patients world-wide

$^{99\text{m}}\text{Tc}$ -MDP for SPECT imaging

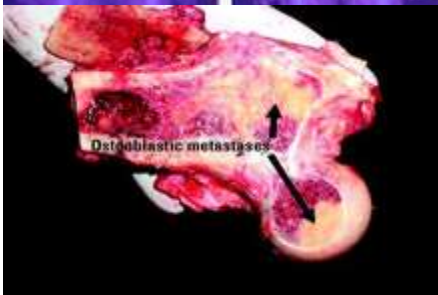
^{18}F for PET imaging

Therapy

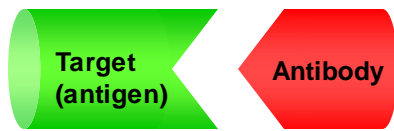
^{153}Sm -EDTMP (Quadramet)

$^{89}\text{Sr}^{2+}$ (Metastron)

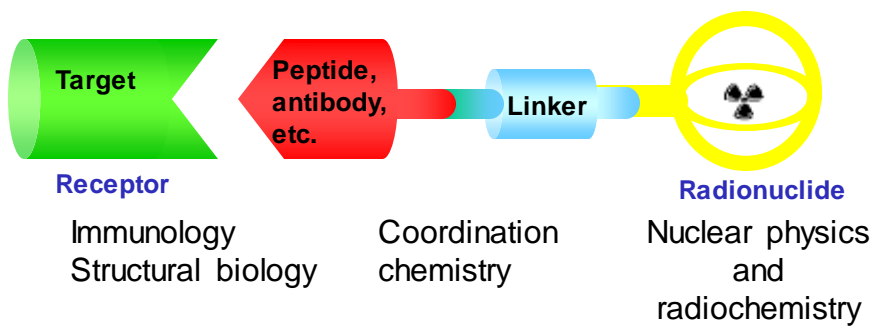
$^{223}\text{Ra}^{2+}$ (Xofigo/Alpharadin)



Immunology approach



Multidisciplinary collaboration to fight cancer



Nuclear medicine and medical physics

What success does PRRT offer?

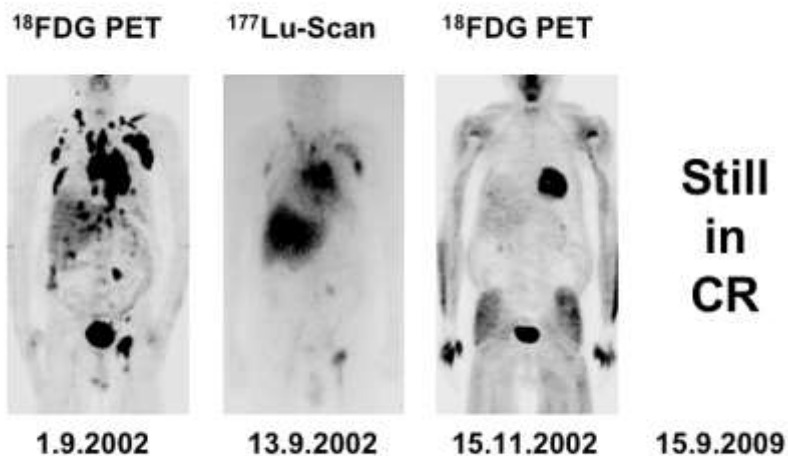
- ✓ CR+ PR + MR in about 50% of patients: YES
- ✓ Reduce symptoms and improve quality of life: YES
- ✓ Increase survival time: YES
- ✓ Safety and tolerability: YES

Roelf Valkema, EANM-2008.



Lymphoma therapy: RITUXIMAB+¹⁷⁷Lu

E.B., 1941 (m): UPN 6



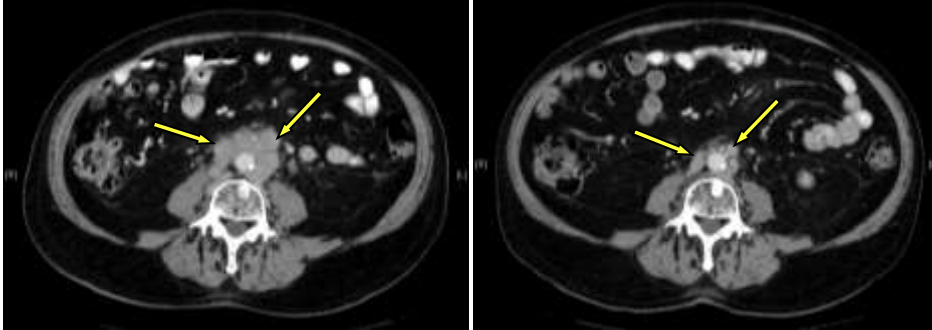
F. Forrer et al., J Nucl Med 2013;54:1045.



University Hospital Basel, CH



Radioimmunotherapy of advanced prostate cancer



8 Oct 2010:
before RIT

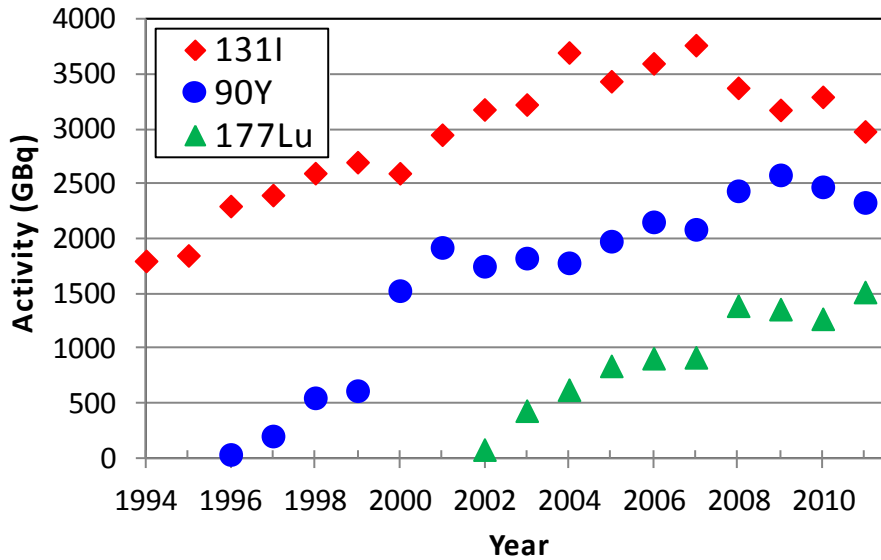
28 Jan 2011:
after RIT with ¹⁷⁷Lu+J591
**Massive reduction of the
size of metastases**

Cornell Univ., ATLAB Pharma Nantes

Radionuclides for targeted radionuclide therapy

Radio-nuclide	Half-life (d)	E mean (keV)	E γ (B.R.) (keV)	Range	
Y-90	2.7	934 β	-	12 mm	Established isotopes
I-131	8.0	182 β	364 (82%)	3 mm	
Lu-177	6.7	134 β	208 (10%) 113 (6%)	2 mm	Emerging isotope

Evolution of use of therapeutic isotopes in Switzerland



The rising star
for therapy



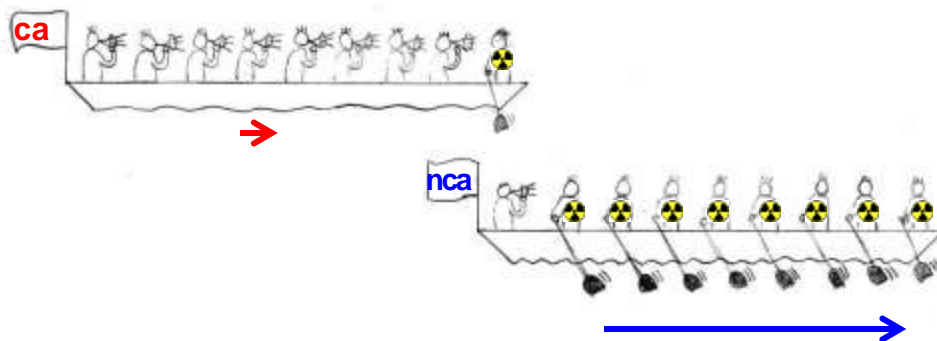


Specific activity

Physical quantity describing the activity per mass (GBq/mg, Ci/mg),

basically the ratio of radioactive atoms to all atoms (including stable ones).

Carrier added vs. non-carrier added



Saturation of selective receptors per cell

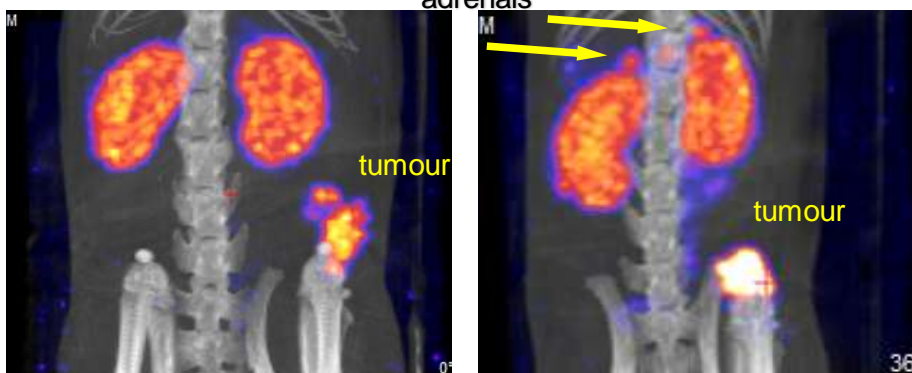


SPECT/CT day 1 p.t. Lu-octreotate

Conv. ^{177}Lu -octreotate, 11 μg

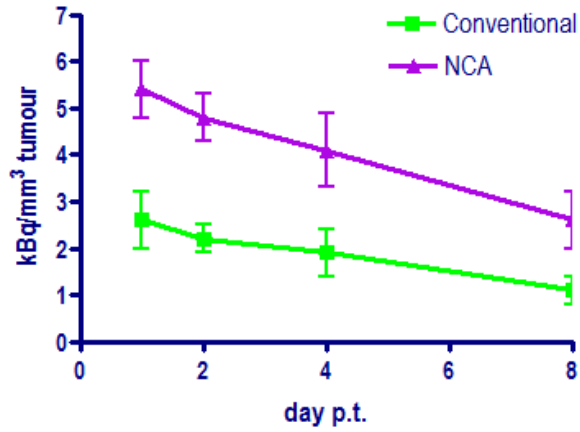
NCA ^{177}Lu -octreotate, 2 μg

adrenals



M. de Jong, ICTR-PHE 2012

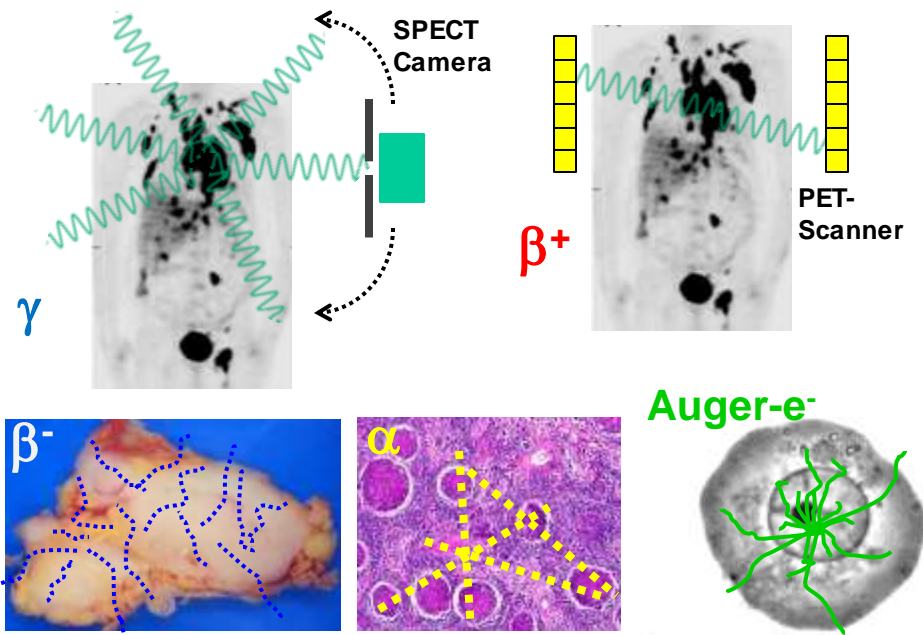
Tumour uptake, based on SPECT quantification



**NCA ^{177}Lu -octreotate: ~2x higher tumour uptake
 → 70 vs. 35 Gy tumour dose**

M. de Jong, ICTR-PHE 2012

The Nuclear Medicine Alphabet



Radio-nuclide	Half-life	Daughters	Half-life	Cumulative α /decay	E_{α} mean (MeV)	Range (μm)
Tb-149	4.1 h			0.17	3.97	25
Pb-212	10.6 h	Bi-212 Po-212	1.01 h 0.3 μs	1	7.74	65
Bi-212	1.01 h	Po-212	0.3 μs	1	7.74	65
Bi-213	0.76 h	Po-213	4 μs	1	8.34	75
At-211	7.2 h	Po-211	0.5 s	1	6.78	55
Ra-223	11.4 d	Rn-219 Po-215 Pb-211 Bi-211	4 s 1.8 ms 0.6 h 130 s	4	6.59	>50
Ra-224	3.66 d	Rn-220 Po-216 Pb-212 Bi-212	56 s 0.15 s 10.6 h 1.01 h	4	6.62	>50
Ac-225	10.0 d	Fr-221 At-217 Bi-213 Po-213	294 s 32 ms 0.76 h 4 μs	4	6.88	>50

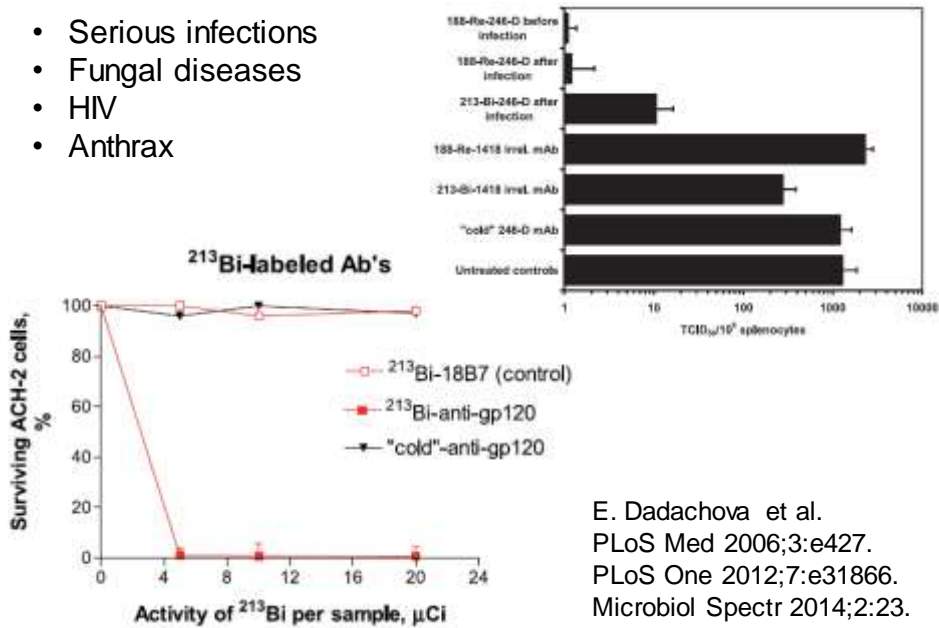
Isotopes for targeted alpha therapy

The table displays isotopes for targeted alpha therapy, including their half-lives and decay characteristics. Key isotopes highlighted in blue boxes are:

- Ac-225 (10.0 d)
- Ra-223 (11.4 d)
- Ra-224 (3.66 d)
- At-211 (7.2 h)
- Bi-213 (0.76 h)
- Bi-212 (1.01 h)

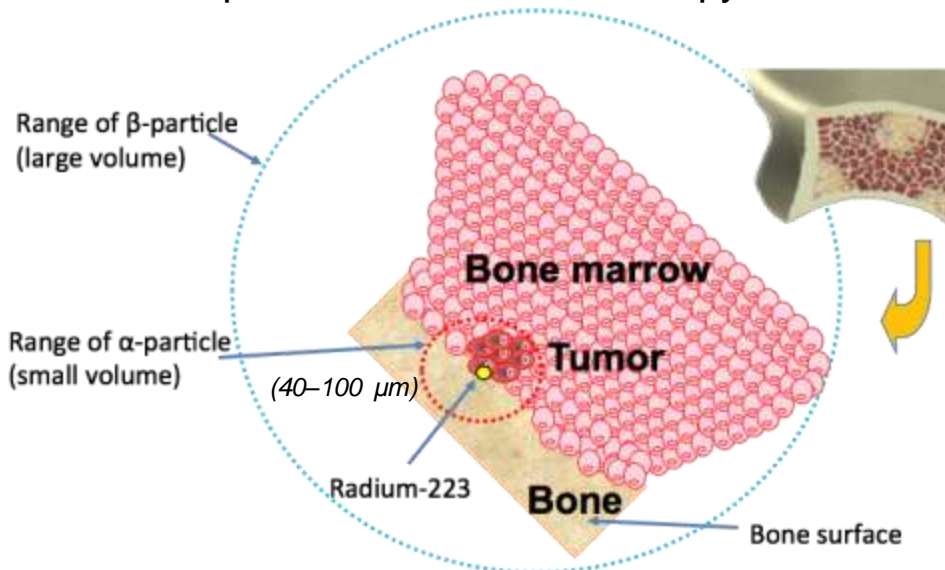
High LET radiation, also for non-oncology applications

- Serious infections
- Fungal diseases
- HIV
- Anthrax

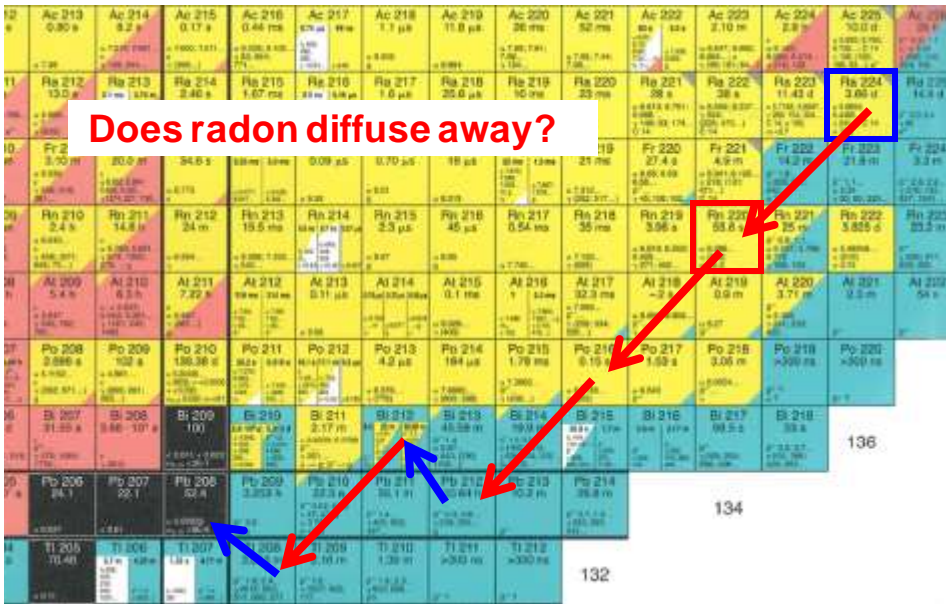


E. Dadachova et al.
 PLoS Med 2006;3:e427.
 PLoS One 2012;7:e31866.
 Microbiol Spectr 2014;2:23.

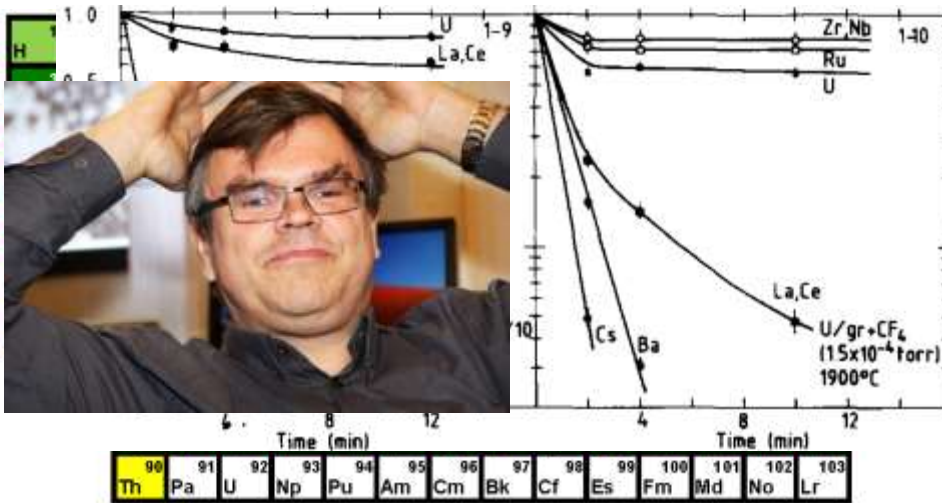
Alpha versus beta for therapy



Isotopes for targeted alpha therapy



Radioisotopes available at ISOLDE-CERN

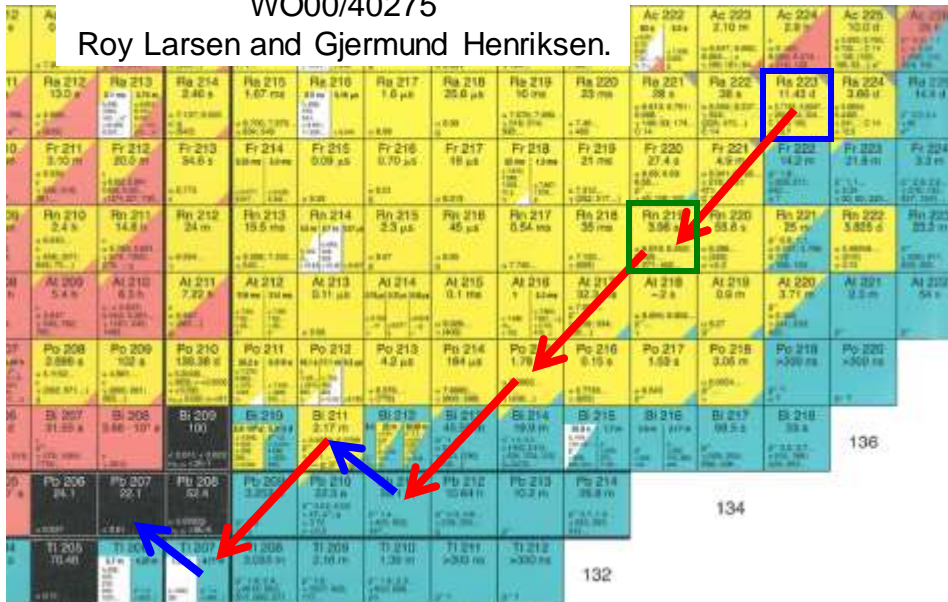


Diffusion and release measurements to develop new beams
 e.g. P. Hoff et al., NIM 221 (1984) 313.

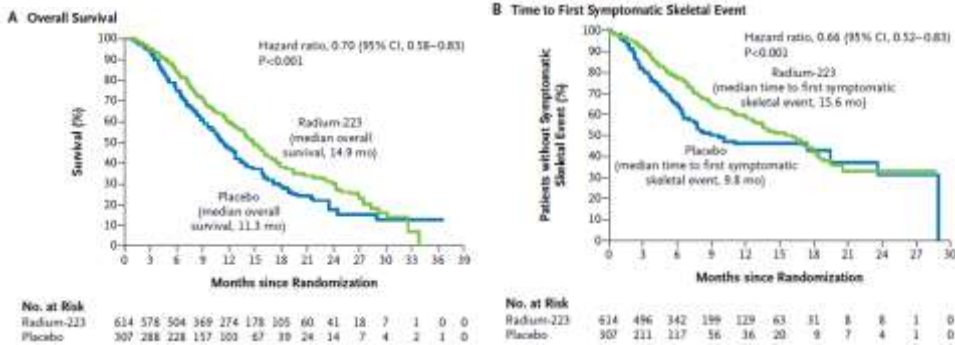
Isotopes for targeted alpha therapy

WO00/40275

Roy Larsen and Gjermund Henriksen.



²²³Ra: Xofigo



C. Parker, S. Nilsson, D. Heinrich, S.I. Helle, J.M. O'Sullivan, S.D. Fossà, A. Chodacki, P. Wiechno, J. Logue, M. Seke, A. Widmark, D.C. Johannessen, P. Hoskin, D. Bottomley, N.D. James, A. Solberg, I. Syndikus, J. Kliment, S. Wedel, S. Boehmer, M. Dall'Oglio, L. Franzén, R. Coleman, N.J. Vogelzang, C.G. O'Bryan-Tear, K. Staudacher, J. Garcia-Vargas, M. Shan, Ø.S. Bruland, and O. Sartor, for the ALSYMPCA Investigators*

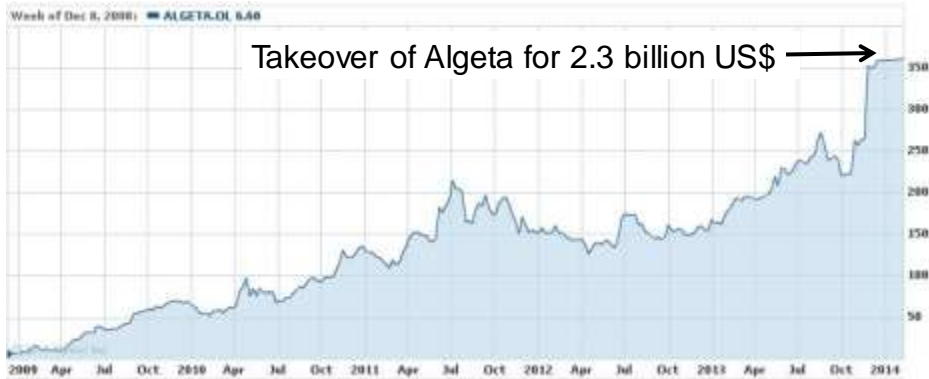


ESTABLISHED IN 1812

JULY 18, 2013

VOL. 369 NO. 3

Prospects of targeted alpha therapies ?

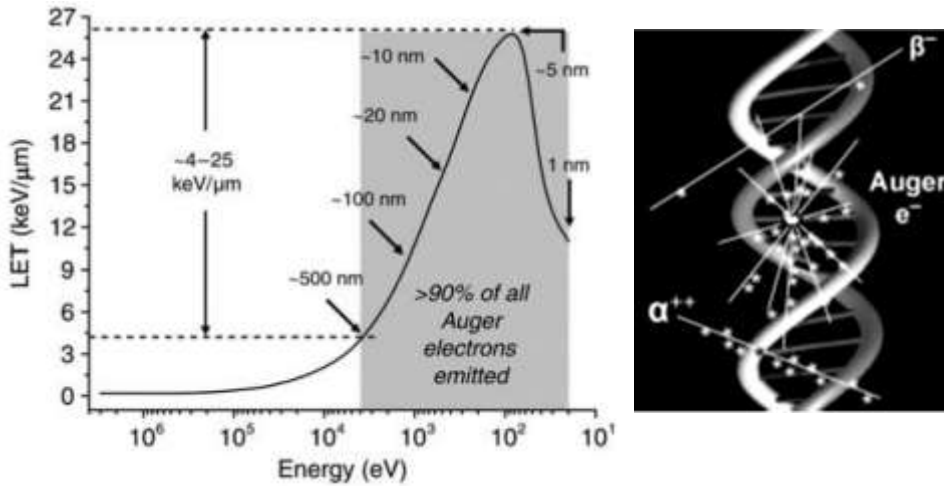


Radionuclides for RIT and PRRT

Radio-nuclide	Half-life	E mean (keV)	E γ (B.R.) (keV)	Range	
Y-90	64 h	934 β	-	12 mm	<div style="display: flex; align-items: center;"> <div style="margin-right: 10px;"> ↑ cross-fire ↓ </div> <div> ↑ Estab- lished isotopes ↑ Emerging isotopes ↑ R&D isotopes: supply- limited! ↓ localized </div> </div>
I-131	8 days	182 β	364 (82%)	3 mm	
Lu-177	7 days	134 β	208 (10%) 113 (6%)	2 mm	
Tb-161	7 days	154 β 5, 17, 40 e ⁻	75 (10%)	2 mm 1-30 μ m	
Tb-149	4.1 h	3967 α	165,..	25 μ m	
Ge-71	11 days	8 e ⁻	-	1.7 μ m	
Er-165	10.3 h	5.3 e ⁻	-	0.6 μ m	

Modern, better targeted bioconjugates require shorter-range radiation \Rightarrow need for **adequate (R&D) radioisotope supply**.

Radiobiological effectiveness of Auger electrons



A.I. Kassis, Rad. Prot. Dosimetry 2011;143:241.

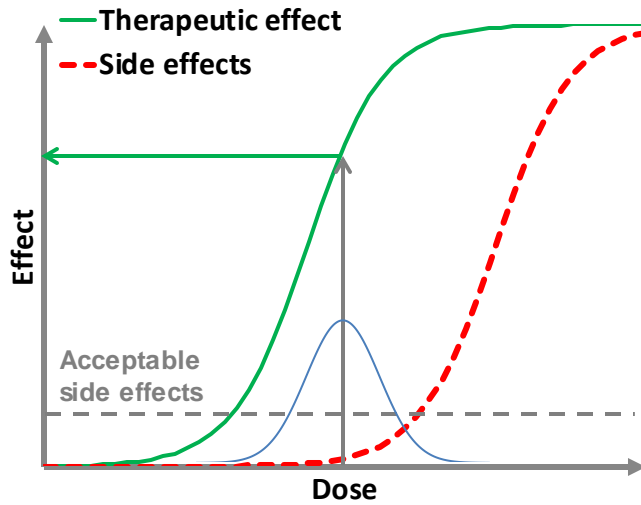
Auger therapy: a long-term project

The **ideal agent for cancer therapy** would consist of **heavy elements capable of emitting radiations of molecular dimensions**, which could be administered to the organism and selectively fixed in the protoplasm of cells one seeks to destroy. While this is perhaps not impossible to achieve, the attempts so far have been unsuccessful.

C. Regaud, A. Lacassagne, Radiophysiologie et Radiotherapie 1927;1:95.

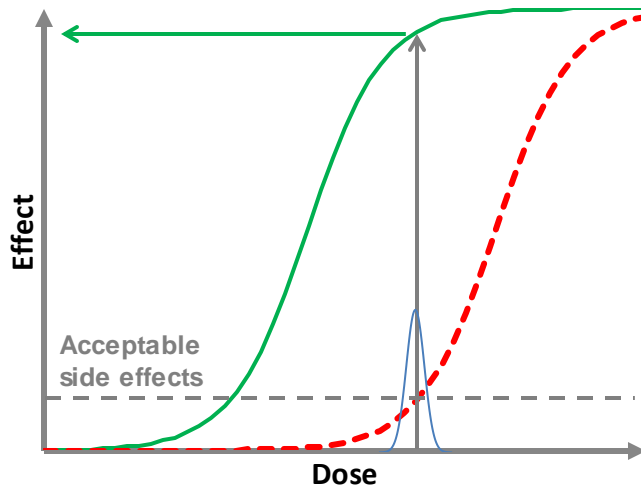


Theranostics



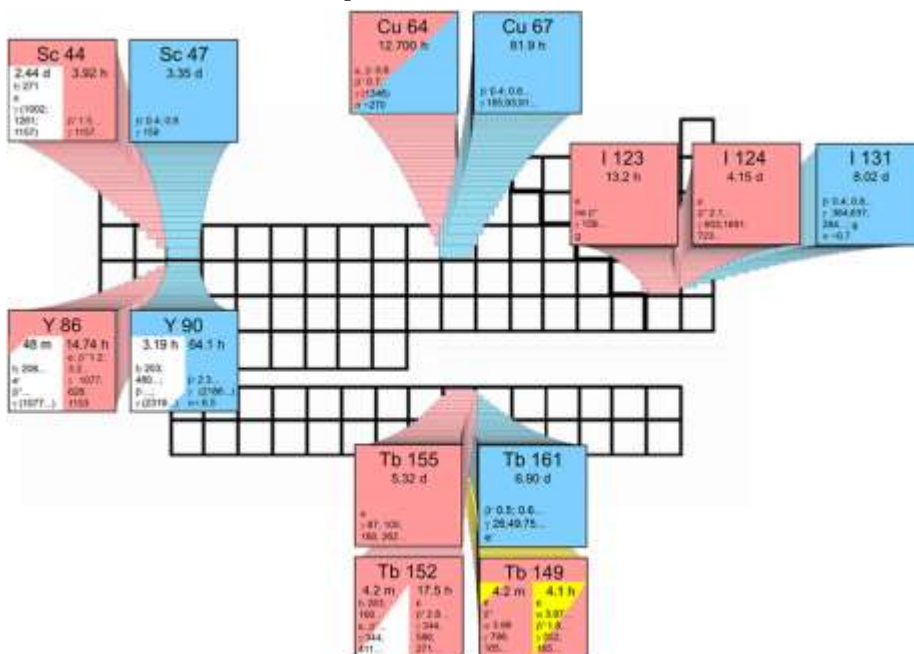
Accurate dosimetry is essential for optimum use of the therapeutic window.

Theranostics



Accurate dosimetry is essential for optimum use of the therapeutic window.

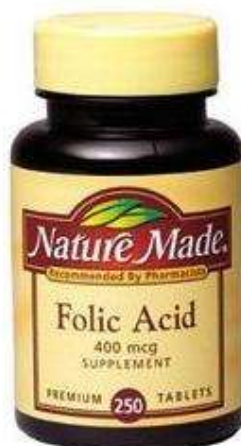
Matched pairs for theranostics



Folate-receptor positive cancers

Frequent overexpression of folate receptor in cancer of:

- ovaries
- cervix uteri
- lung
- kidney
- brain
- colon
- breast
- leukemia



folic acid = vitamine B9

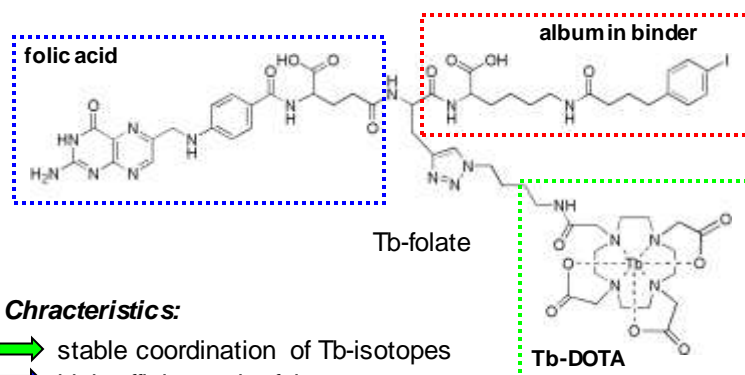
C. Müller, Curr. Pharmaceut. Design 2012;18:1058.

Terbium: a unique element for nuclear medicine



Dy 150 7.2 h β ⁻ α ⁻	Dy 151 17 m β ⁻ α ⁻	Dy 152 2.4 h β ⁻ α ⁻	Dy 153 6.29 h β ⁻ α ⁻	Dy 154 3.0 · 10 ⁶ a β ⁻ α ⁻	Dy 156 10.0 h β ⁻ α ⁻	Dy 156 0.056 β ⁻ α ⁻	Dy 157 8.1 h β ⁻ α ⁻	Dy 158 0.095 β ⁻ α ⁻	Dy 159 144.3 d β ⁻ α ⁻	Dy 160 2.329 β ⁻ α ⁻	Dy 161 18.869 β ⁻ α ⁻	Dy 162 25.475 β ⁻ α ⁻
Tb 149 4.8 a β ⁻ α ⁻	Tb 150 1.6 a β ⁻ α ⁻	Tb 151 3.2 a β ⁻ α ⁻	Tb 152 1.91 a β ⁻ α ⁻	Tb 153 2.34 d β ⁻ α ⁻	Tb 154 81.669 h β ⁻ α ⁻	Tb 155 5.32 d β ⁻ α ⁻	Tb 156 1.91 a β ⁻ α ⁻	Tb 157 99 s β ⁻ α ⁻	Tb 158 164 s β ⁻ α ⁻	Tb 159 100 β ⁻ α ⁻	Tb 160 72.3 d β ⁻ α ⁻	Tb 161 6.90 d β ⁻ α ⁻
Gd 148 74.8 a β ⁻ α ⁻	Gd 149 9.29 d β ⁻ α ⁻	Gd 150 1.8 · 10 ⁷ a β ⁻ α ⁻	Gd 151 100 d β ⁻ α ⁻	Gd 152 0.30 β ⁻ α ⁻	Gd 153 239.47 d β ⁻ α ⁻	Gd 154 3.18 β ⁻ α ⁻	Gd 155 14.80 β ⁻ α ⁻	Gd 156 20.47 β ⁻ α ⁻	Gd 157 15.80 β ⁻ α ⁻	Gd 158 24.04 β ⁻ α ⁻	Gd 159 10.48 h β ⁻ α ⁻	Gd 160 21.80 β ⁻ α ⁻

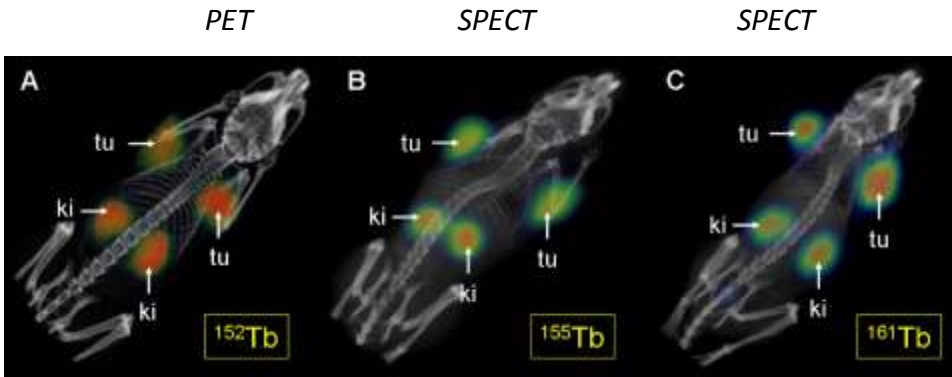
Tumor Targeting Agent for Tb-Coordination Chemical Structure with 3 Functionalities



Characteristics:

- ➡ stable coordination of Tb-isotopes
- ➡ high affinity to the folate receptor
- ➡ prolonged blood circulation time

Theranostics with terbium isotopes



ISOLDE



ISOLDE

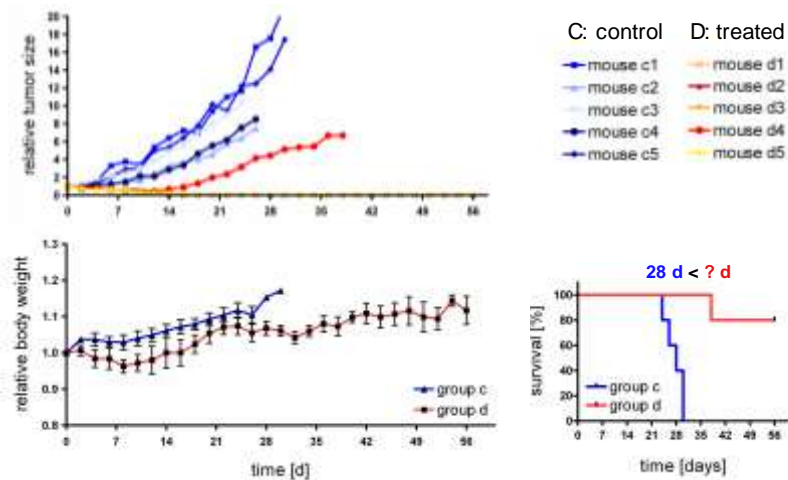
PAUL SCHERRER INSTITUT



NEUTRONS FOR SCIENCE

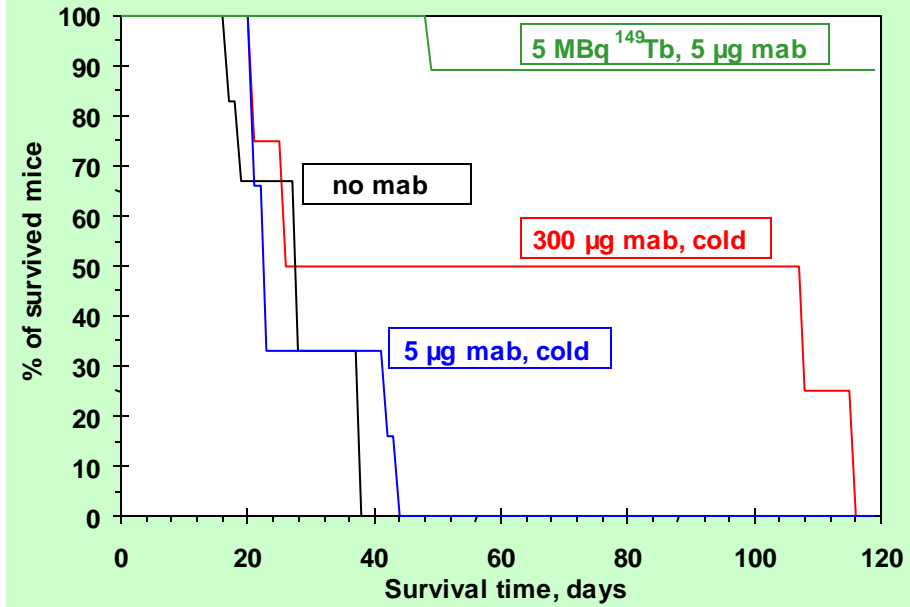
ISS28 Collaboration: C. Müller et al., J. Nucl. Med. 2012;53:1951.

Targeted Beta Radionuclide Therapy KB Tumor-Bearing Mice Treated with ^{161}Tb -Folate



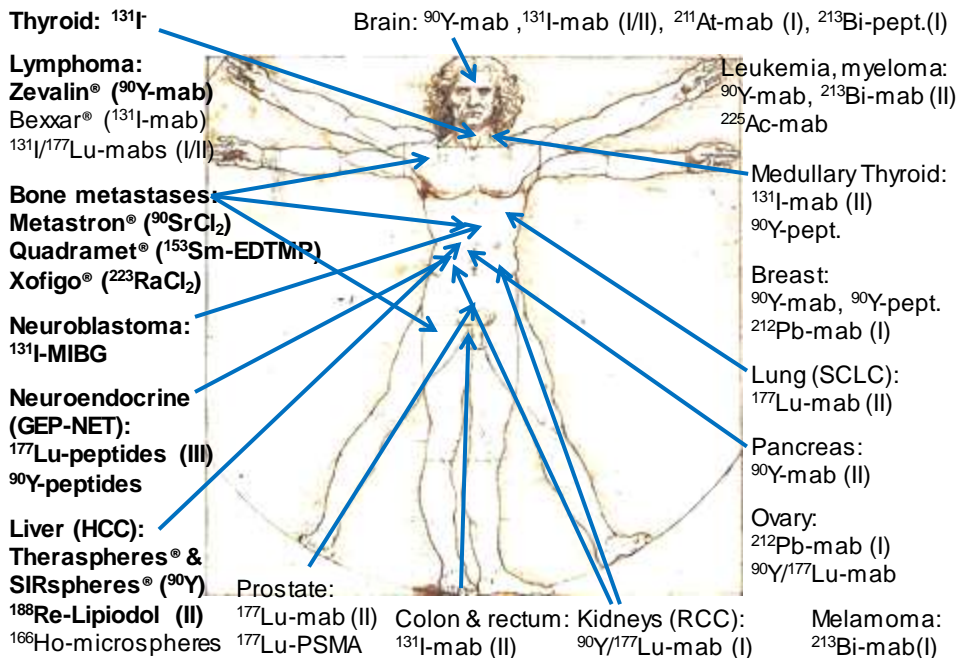
ISS28 Collaboration: C. Müller et al., J. Nucl. Med. 2012;53:1951.

Preclinical study with lymphoma mouse model



G.J. Beyer et al., *Eur J Nucl Med Molec Imaging* 2004;31:547.

Targeted radionuclide therapies in the clinic



Cost effectiveness ?

2010 TARMED prices:

650 mg rituximab	3939 CHF	16x rituximab	63024 CHF
1x Zevalin (⁹⁰ Y-anti-CD20-ibritimumab)	24330 CHF	1x Zevalin is >2.6x cheaper!	

6.2x more expensive?

“A single infusion of ZEVALIN matched roughly 16 infusions of rituximab in terms of achieving the same increase in progression free survival. I leave it up to the audience to draw conclusions about cost effectiveness. Thus, in conclusion, RIT represents the most effective single drug in the treatment of follicular NHL.”


Dr. Anton Hagenbeek, the Academic Medical Center, Amsterdam, NL,
on "Controversies in Follicular Lymphomas"

Which radionuclides will we need for medicine in 2030 ?

BROOKHAVEN NATIONAL LABORATORY
MEMORANDUM

DATE: December 4, 1958

Today 30 million clinical applications per year !

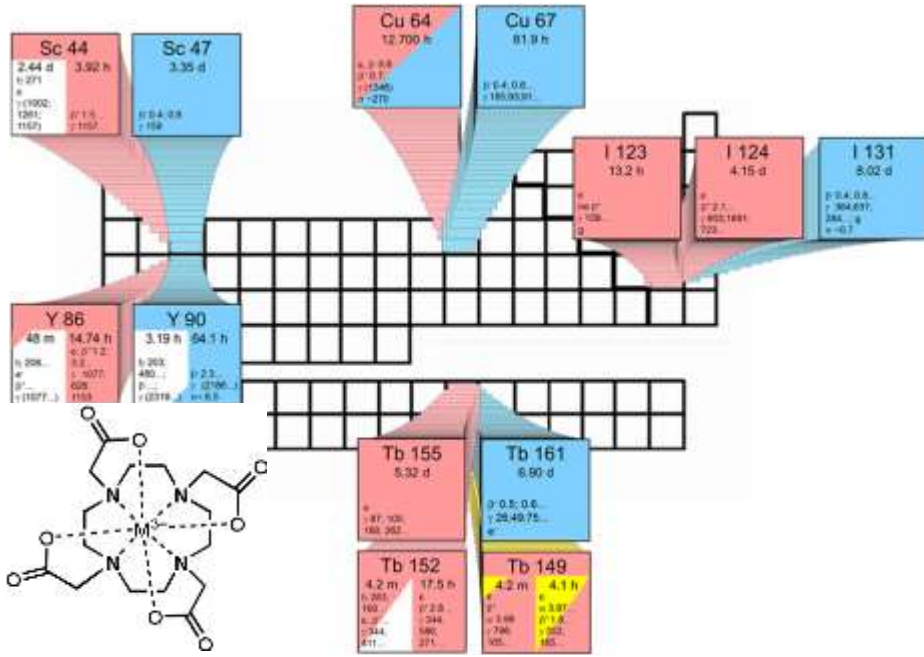
TO: Addressees Below
FROM: Daniel M. Schaeffer, Head 
BNL Patent Office
SUBJECT: P-701 and P-702 - PREPARATION OF
CARRIER-FREE MOLYBDENUM AND OF
TECHNETIUM FROM FISSION PRODUCTS

The New York Patent Group has carefully studied the information available relative to the above-identified item. The AEC does not at present desire to prepare a patent application on this item for the following reason:

"The method of producing carrier-free molybdenum-99 from fission products is disclosed in U. S. Patent Application S.N. 732,108, Green, Powell, Samos & Tucker (BNL Pat No. 58-17). It is noted that molybdenum-99 may be separated from its radioactive daughter, technetium-99, by absorption of a solution of molybdenum-99 on alumina and subsequent elution of its daughter with .1 nitric acid. While this method is probably novel, it appears that the product will probably be used mostly for experimental purposes in the laboratory. On this basis, no further patent action is believed warranted."

...
believe that this attitude is significant. We are not aware of a potential market for technetium-99 great enough to encourage one to undertake the risk of patenting in hopes of successful and rewarding licensing. We would recommend against filing on the Tucker, Greene and Murrenhoff separation process."

Importance of chemical properties



Discontinued radium applications

MÉTHODE THO-RADIA
EMBELLISSANTES PÂTES QUI ÉCLATENT
&
DENTIFRICE THO-RADIA
À BASE DU SEL DE THORIUM
FORMULE de Docteur Alfred CURET
Adoptez ce merveilleux dentifrice à base de thorium, qui agit sur les gencives, adoucit le dentifrice, et assure une action efficace sur la denture. Nettoie, désinfecte, rafraîchit et protège les dents.

Pas de fait soustraire sans de jolies dents

CHEZ LES PHARMACIENS ENCAISSIERS

POUDRE THO-RADIA
EMBELLISSANTES PÂTES QUI ÉCLATENT
À BASE DU THORIUM ET DE RADIUM. FORMULE de Docteur Alfred CURET

Radium SCHORKEPASTE
BURK & BRAUN
COTTBUS

Évitez et combattez la TUBERCULOSE
par la **TUBÉRADINE**
(Antiseptique pulmonaire radioactif)

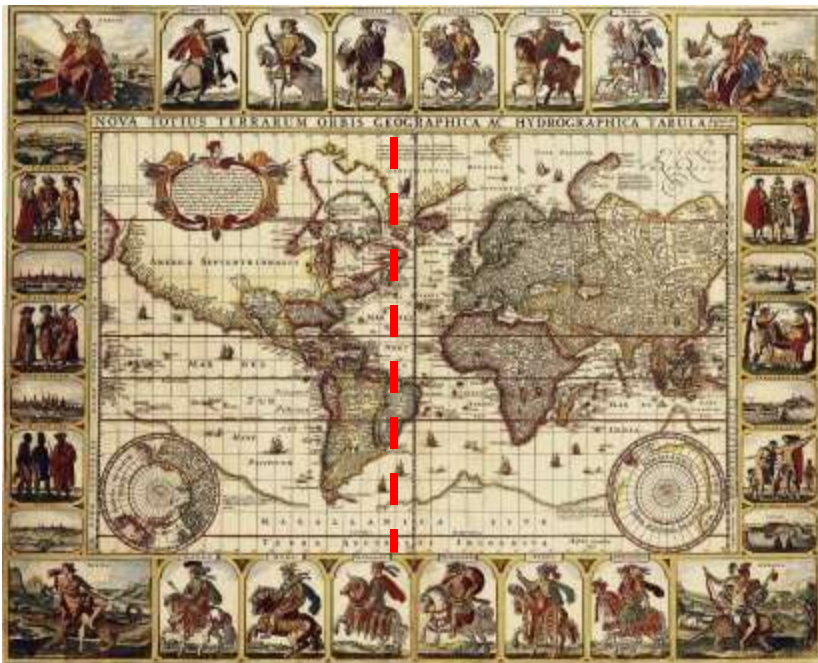
Radiumchemie
L'élément U.S.A.
La solution de thorium est le radium.

GET NEXT TO NUTEX
Ask for them by name
NUTEX
THE NUTEX COMPANY
3 for 50c Des. \$1.50

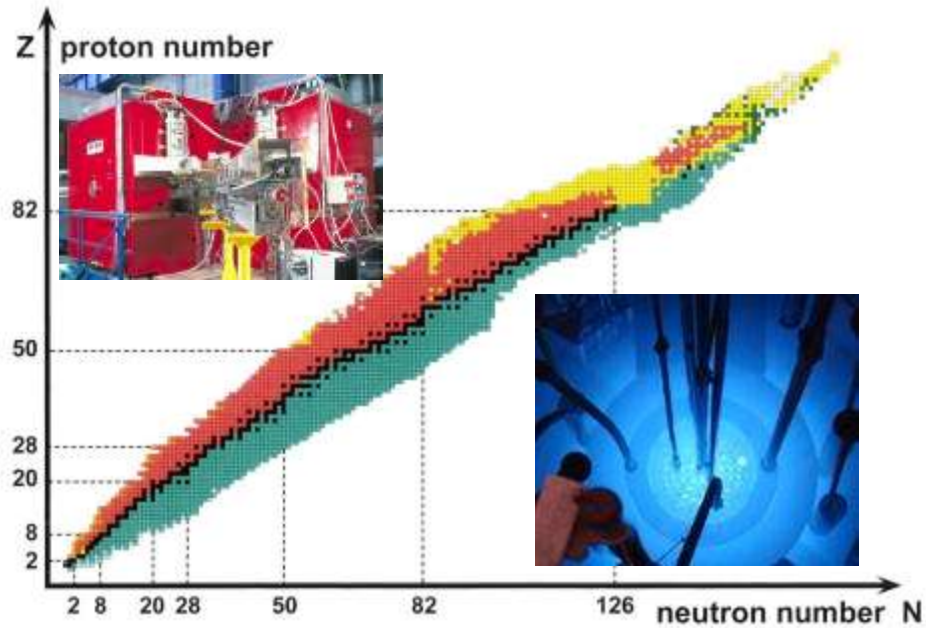
Vous serez belle éternellement et toujours jeune..... Madame.
LA PRETEVE ET COMBIEN PLUS UN
APPAREILS DE BEAUTE
de DOCTEUR MONTIL
R.M. George Dumas F.R.S. (France)
En vente chez les pharmaciens.

Radioisotope Production

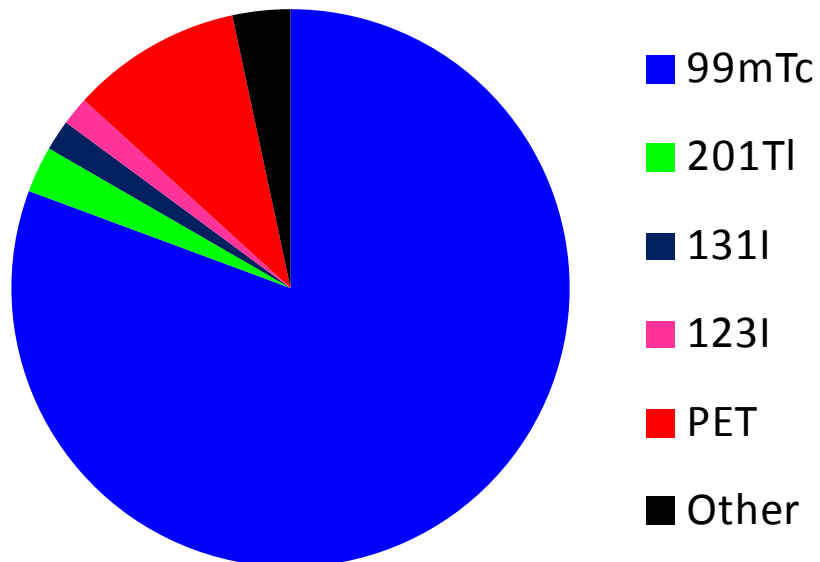
The Tordesillas meridian



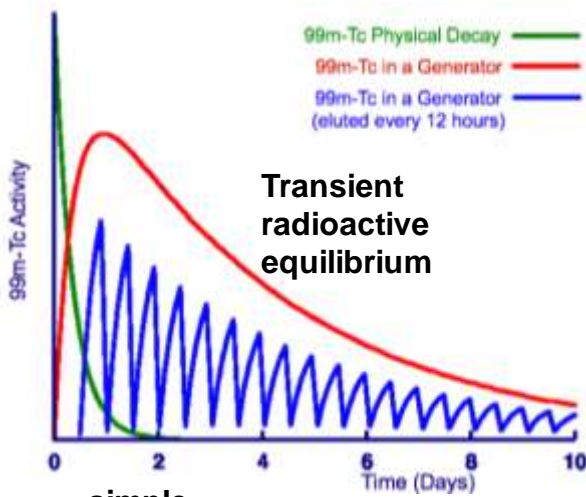
The Tordesillas meridian of radioisotope production



Cumulative use of diagnostic isotopes in Europe



$^{99}\text{Mo}/^{99\text{m}}\text{Tc}$ generator



- simple
- reliable
- portable
- self-shielded

Fission production

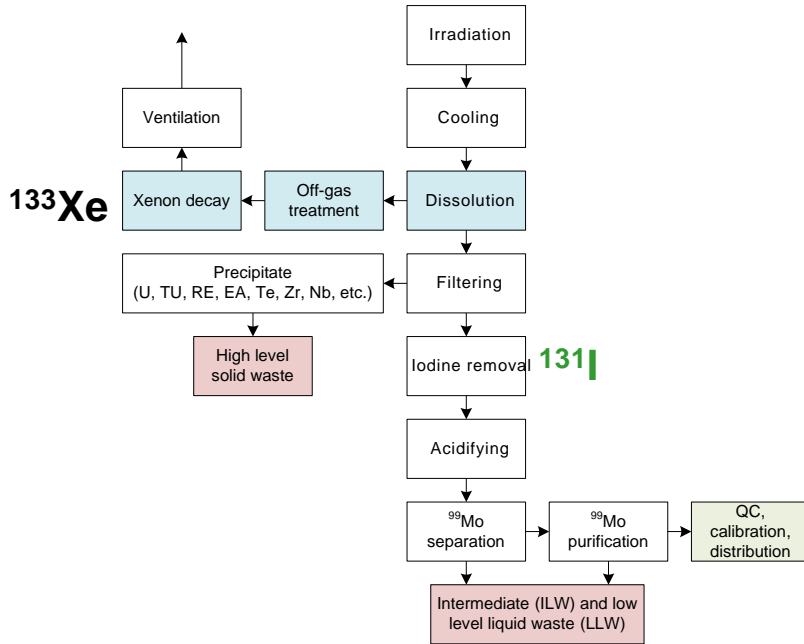
Ru 94 51.8 m	Ru 95 1.65 h	Ru 96 5.54	Ru 97 2.9 d	Ru 98 1.87	Ru 99 12.76	Ru 100 12.60	Ru 101 17.05	Ru 102 31.55	Ru 103 39.35 d
Tc 93 43.5 m	Tc 94 33 m	Tc 95 4.9 h	Tc 96 60 d	Tc 97 38 h	Tc 98 82 m	Tc 99 4.3 h	Tc 100 92.2 d	Tc 101 6.3 h	Tc 102 21.195 a
Mo 92 14.77	Mo 93 4.9 s	Mo 94 3.5 s	Mo 95 15.90	Mo 96 18.68	Mo 97 9.56	Mo 98 24.19	Mo 99 66.0 h	Mo 100 9.67	Mo 101 14.6 m
Nb 91 69.9 s	Nb 92 16.18 d	Nb 93 3.5 s	Nb 94 15.13 a	Nb 95 191	Nb 96 8.23 m	Nb 97 2.115 a	Nb 98 3497 d	Nb 99 15 s	Nb 100 1.3 s
Zr 90 51.45	Zr 91 11.22	Zr 92 17.15	Zr 93 1.5 · 10 ¹⁶ a	Zr 94 77.38	Zr 95 0 d	Zr 96 3.9 · 10 ¹⁶ a	Zr 97 2.80	Zr 98 2.9 h	Zr 99 2.7 s
Y 89 150 s	Y 90 3.19 m	Y 91 64.1 h	Y 92 49.7 m	Y 93 50.0 d	Y 94 3.54 h	Y 95 10.1 h	Y 96 18.7 m	Y 97 10.3 m	Y 98 3.3 s

6.5% 6.0% 5.8% 6.1% 6.3%

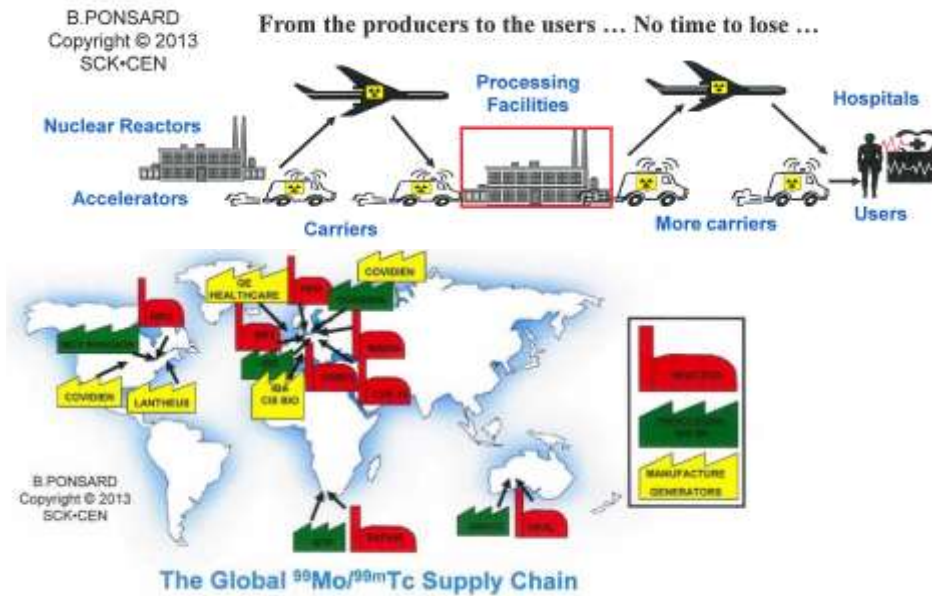
After irradiation, decay and chemical processing:

$^{99}\text{Mo}/^{99\text{m}}\text{Tc}$ generator: $^{99}\text{Mo}/^{99\text{m}}\text{Tc} \approx 10\%$, i.e. 10% of theoretical specific activity 480 kCi/g

Extraction of fission-moly



The traditional supply chain of ⁹⁹Mo/^{99m}Tc



European hospitals cope with Mo-99 supply crisis

Peñen reactor shutdown disrupts nuclear medicine in 20 European countries and U.S. until mid-January
01 December 2008



L'inquiétante pénurie d'isotopes pour l'imagerie
Le 02 septembre 2010 à 00h 00 par A. P.

Engpässe in der Tumormedizin



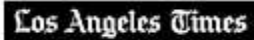
Krebsärzten gehen die Diagnosemittel aus

Isotopes médicaux - Crise mondiale à l'horizon

Aucune solution n'existe pour résoudre le problème d'approvisionnement
Pauline Gravel 23 mai 2009 Santé

We Need to Expand Medical Isotope Production!

Isotope shortage means a healthcare crisis

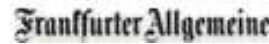


The radioisotope is needed to scan for heart disease and cancer. Two nuclear reactors that produce it have been shut down, severely limiting the supply, and alternatives are scant.

L'OCDE s'inquiète des risques de pénurie d'isotopes médicaux

Isotope shortage to get worse with closing of more reactors

Mangel an medizinisch verwendbaren Isotopen



Mo-99 crisis

Szintigraphien fallen aus, für Februar droht der Notstand

The economy of the aviation industry and of nuclear medicine



19% "Fuel" sourcing
Reactor **0.11%** (0.26€)



5% "Fuel" refinement
Mo processing 0.67% (1.64€)
Generator 0.14% (0.34€)



Transport
Radiopharmacy 3.51% (8.62€)



17% Equipment
(amortization,
maintenance,
leasing, chartering)



31% Personal costs
CH 2009: 760 €
US 2014: 909 €

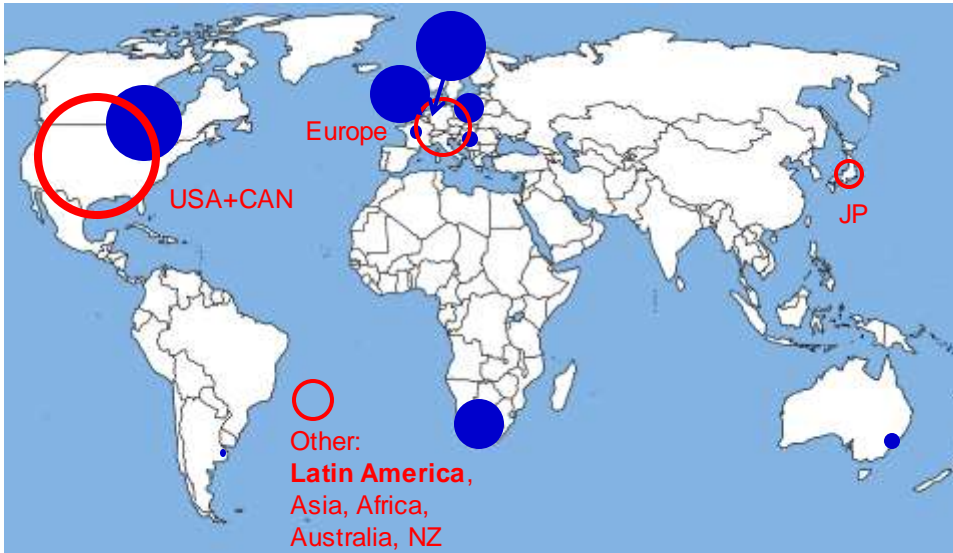


Air France KLM, financial reports 2007-2012

Total 245.61€

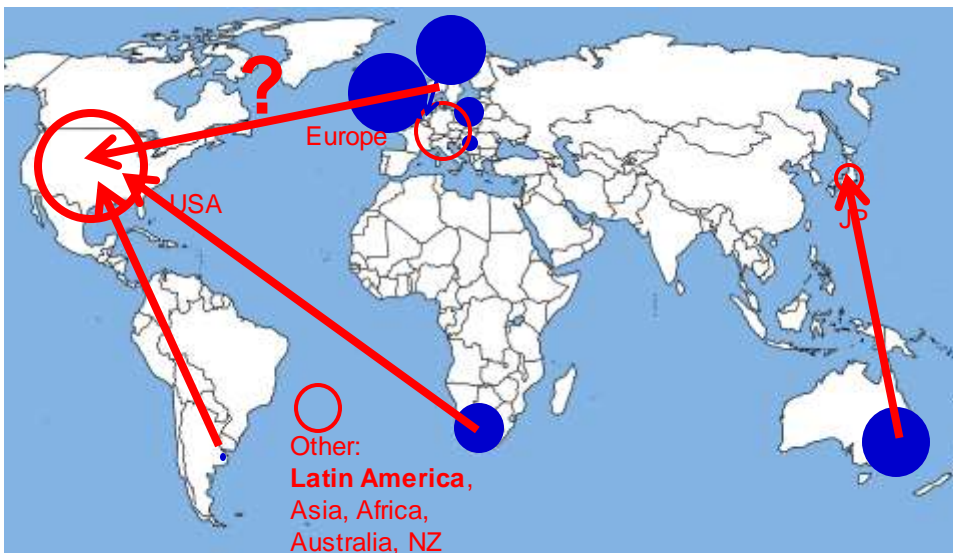
OECD-NEA, 2008

2013: ⁹⁹Mo production capacity and demand



Circle diameter proportional to annual reactor capacity (blue) and demand (red).

2017: ⁹⁹Mo production capacity and demand



Diameter of circles proportional to annual reactor capacity and demand.

New research reactors



All ways lead to Rome; many ways lead to ^{99m}Tc

^{99}Mo production (for generator)

direct ^{99m}Tc production

$^{235}\text{U}(n_{\text{th}},f)$
 $^{238}\text{U}(n_{\text{fast}},f)$
 $^{238}\text{U}(\gamma,f)$
 $^{238}\text{U}(p,f)$

$^{98}\text{Mo}(n,\gamma)$
 $\text{natMo}(n,\gamma)$
 $^{100}\text{Mo}(d,p)$

$^{100}\text{Mo}(\gamma,n)$
 $^{100}\text{Mo}(n,2n)$
 $^{100}\text{Mo}(p,np)$

$^{96}\text{Zr}(\alpha,n)$

$^{102}\text{Ru}(n,\alpha)$

$^{100}\text{Mo}(p,2n)$

$\text{natMo}(\alpha,x)$

$^{98}\text{Mo}(d,n)$

$^{99}\text{Ru}(n,p)$



The rising star for therapy



Production of ^{177}Lu

Ta 175 10.5 h	Ta 176 8.1 h	Ta 177 56.6 h	Ta 178 0.25 m 2.45 h	Ta 179 665 d	Ta 180 0.012	Ta 181 99.988
Hf 174 0.16 $2.0 \cdot 10^{15}$ a	Hf 175 70.0 d	Hf 176 5.26	Hf 177	Hf 178	Hf 179	Hf 180
Lu 173 1.37 a	Lu 174 142 d 3.31 s	Lu 175 97.41	Lu 176 2.59	Lu 177 160.1 d	Lu 178 22.7 m 28.4 m	Lu 179 4.6 h
Yb 172 21.83	Yb 173 16.13	Yb 174 31.83	Yb 175 4.2 d	Yb 176 12 s 12.76	Yb 177 6.5 s 1.9 h	Yb 178 74 m
Tm 171 1.92 a	Tm 172 63.6 h	Tm 173 8.2 h	Tm 174	Tm 175 15.2 m	Tm 176 1.9 m	Tm 177 85 s

Waste problem for hospitals!

R. Henkelmann et al., *Eur. J. Nucl. Med. Mol. Imag.* 36 (2009) S260.

The curse of the K-isomer !



"So it'll pollute the lake. It will also make the fish glow in the dark when we go night-fishing !"

“Clean” production route to ^{177}Lu

Ta 175 10.5 h <small>α 207; 349; 267; 82; 126; 1793...</small>	Ta 176 8.1 h <small>β^+ 1159; 88; 1229</small>	Ta 177 56.6 h <small>β^+ 113; 208...</small>	Ta 178 0.25 m / 2.45 h <small>β^+ 0.3; -85; 1391; 1941; 0</small>	Ta 179 665 d <small>β^+ 99; 0</small>	Ta 180 0.012 <small>β^+ 27; 93; 104; α-560</small>	Ta 181 99.988 <small>α 0.012; +20 $\alpha_{n, \alpha} < 10^{-7}$</small>
Hf 174 0.16 <small>α 2.50 α 600</small>	Hf 175 70.0 d <small>β^+ 343...</small>	Hf 176 5.26 <small>α 23</small>	Hf 177 18.50 <small>β^+ 51 m; 1.1 s; 18.50</small>	Hf 178 4.0 s <small>β^+ 31 a; 4.0 s; 27.28</small>	Hf 179 13.62 <small>β^+ 25 d; 18.7 s; 13.62</small>	Hf 180 35.08 <small>β^+ 5.9 h; 35.08</small>
Lu 173 1.37 a <small>β^+ 272; 79; 101...</small>	Lu 174 142 d / 3.31 a <small>β^+ 142; 3.31 a</small>	Lu 175 97.41 <small>β^+ 16 + 8</small>	Lu 176 2.59 <small>β^+ 3.58 h; 1.5 10^6 a; 1.5... 1.3... 1.307; 319; 133; 113; 0; α 2 + 2130</small>	Lu 177 160.1 d / 6.71 d <small>β^+ 0.2; 0.2... β^+ 0.6... 0.200; 0.200; 0; α 1000</small>	Lu 178 28.4 m <small>β^+ 2.3... 2.3... 0.31; 1341; 1310; 1399...g</small>	Lu 179 4.6 h <small>β^+ 1.4... 1.4... 0.214...</small>
Yb 172 21.83 <small>α 1.3 $\alpha_{n, \alpha} < 1E-6$</small>	Yb 173 16.13 <small>α 16 $\alpha_{n, \alpha} < 1E-6$</small>	Yb 174 31.83 <small>α 63 $\alpha_{n, \alpha} < 0.00002$</small>	Yb 175 4.2 d <small>β^+ 0.5... 0.5... β^+ 396; 283; 114...</small>	Yb 176 12 s / 12.76 <small>β^+ 120; 120; 180; 98...</small>	Yb 177 6.5 s / 1.9 h <small>β^+ 1.4... 1.4... 0.200; 120; 131</small>	Yb 178 74 m <small>β^+ 0.6... 0.6... β^+ 391; 348...</small>

- Free of long-lived isomer
- Non-carrier-added quality
- Requires high-flux reactor and advanced radiochemistry



The history of lutetium separation

1878 Separation of Yb
by Jean-Charles Galissard de Marignac

1907 Separation of Lu from Yb
Georges Urbain
Carl Auer von Welsbach
Charles James

1995- Large-scale separation of Lu
for production of LSO and LYSO crystals
by Mark Andreaco (CTI) and
George Schweitzer (Univ. Tennessee)

2007 Rapid large-scale separation
of n.c.a. ^{177}Lu from irradiated Yb
by ITG Garching



$^{188}\text{W}/^{188}\text{Re}$ generator

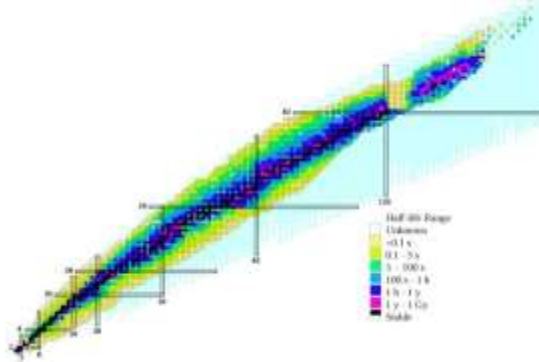
Os 188 13.24 α^- 5 β^+ 5, n^- $<3E-5$	Os 189 6 h 16.15 β^- 100 γ 191	Os 190 9.9 m 26.26 β^- 100 γ 59, 67, 96, 111, 117, 133, 153
Re 187 62.60 α^- $5 \cdot 10^{10}$ d β^- 0.0032 γ 0 γ 5, 72	Re 188 10.5 m 16.96 h β^- 84 γ 100 γ 63	Re 189 24.3 h β^- 1.0... γ 217, 219, 245... α^- m
W 186 28.43 α^- 37	W 187 23.72 h β^- 85, 1.3... γ 568, 480, 72	W 188 69 d β^- 100 γ (231, 227...) α^- 12





Paracelsus (1493-1541)
“Many have said of Alchemy, that it is for the making of gold and silver. For me such is not the aim, but to consider only what virtue and power may lie in medicines.”

(Edwardes)



500 years later:
“Many have said of nuclear physics, that it is for the making of gold and silver (and other elements’) isotopes. For us such is not the only aim, but also to consider what virtue and power may lie in it for medicine.”

Bibliography

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<http://www.nupecc.org/npmed/npmed2014.pdf>

Many reports and guidelines from IAEA Vienna (free download):

- Nuclear Medicine Physics. A Handbook for Teachers and Students, IAEA Vienna 2014, ST/PUB/1617.
- Cyclotron Produced Radionuclides: Principles and Practice, IAEA Vienna 2008, Technical Report 465.
- Cyclotron Produced Radionuclides: Physical Characteristics and Production Methods, IAEA Vienna 2009, Technical Report 468.
- Lectures on Theranostics by Richard Baum:
<https://www.youtube.com/watch?v=Z0TlXH2dVi8>
<https://www.youtube.com/watch?v=S74LNxXOaSww>
- (Free) medical review papers from <http://pubmed.gov>
- Information on on-going clinical trials: <http://clinicaltrials.gov>