

Sterile neutrinos with secret interactions



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“Updated constraints on non-standard neutrino interactions from Planck”

Maria Archidiacono, Steen Hannestad
JCAP 1407 (2014) 046, arXiv:1311.3873

“Cosmology with self-interacting sterile neutrinos and dark matter - A pseudoscalar model”

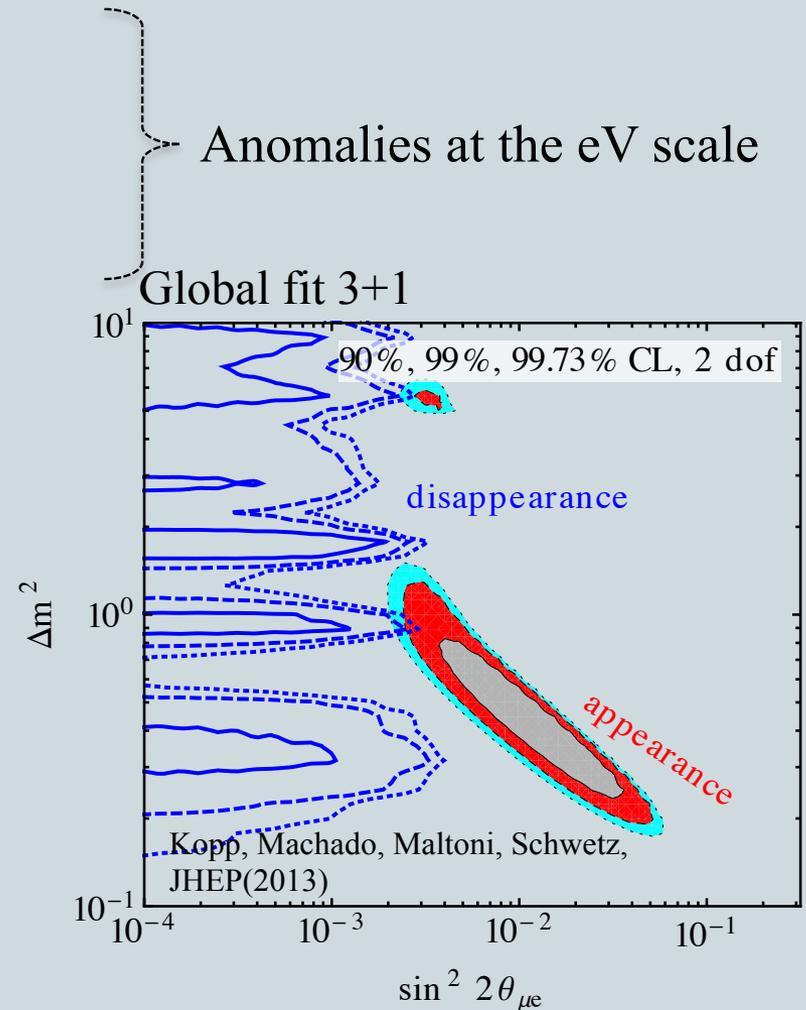
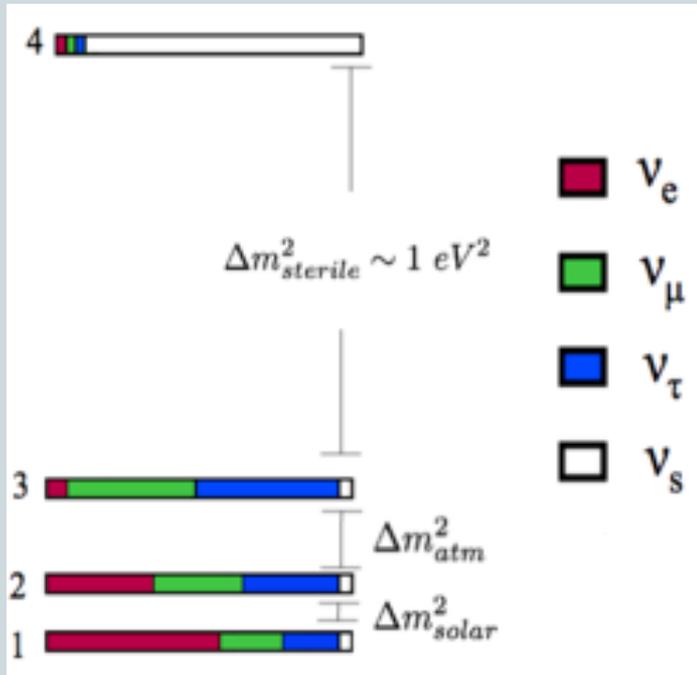
Maria Archidiacono, Steen Hannestad, Rasmus Sloth Hansen, Thomas Tram
Phys.Rev. D91 (2015) 6, 065021, arXiv:1404.5915

“Sterile neutrinos with pseudoscalar self-interactions and cosmology”

Maria Archidiacono, Steen Hannestad, Rasmus Sloth Hansen, Thomas Tram
arXiv:1508.02504

Oscillations

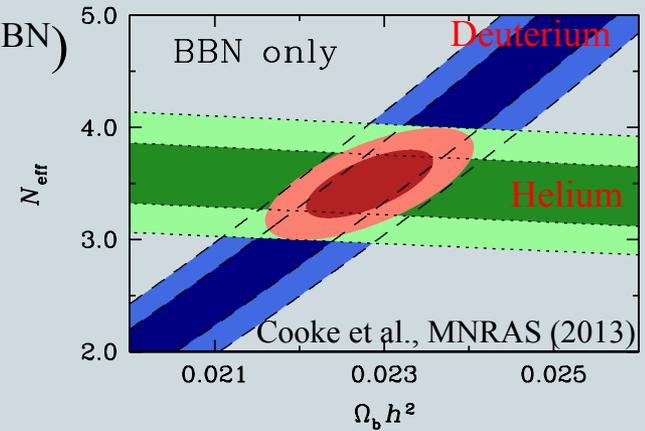
- ✧ Reactor anomaly (ν_e disappearance)
- ✧ Gallium anomaly (ν_e disappearance)
- ✧ LSND ($\nu_\mu \rightarrow \nu_e$ appearance)
- ✧ MiniBooNE ($\nu_\mu \rightarrow \nu_e, \nu_\mu \rightarrow \nu_e$ appearance)



Cosmology



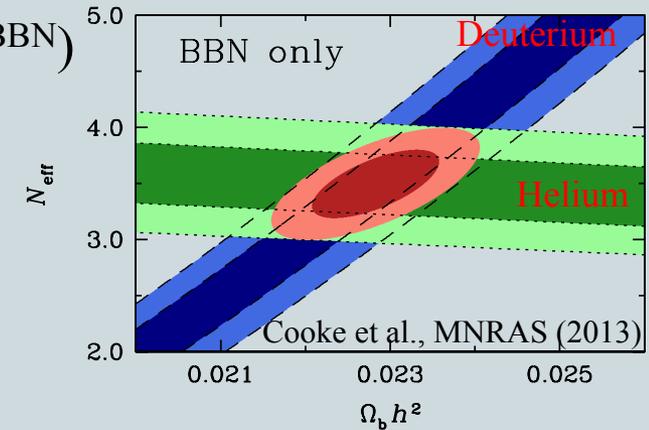
- (Slightly) Too many neutrino species at BBN ($\Delta N_{\text{eff}}^{\text{BBN}}$)



Cosmology



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- Too much HDM energy density at CMB ($m_{\nu,s} \Delta N_{\text{eff}}^{\text{CMB}}$)

$$\Delta N_{\text{eff}}^{\text{CMB}} = n_{\nu,s} / n_{\nu}^{\text{th}} \quad n_{\nu} = \frac{g}{2\pi^2} \int dp p^2 f_{\nu}(p)$$

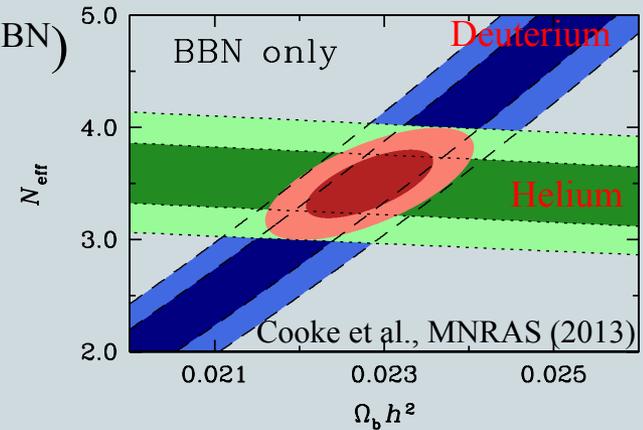
$$m_{\text{eff}}^{\text{sterile}} < 0.38 \text{ eV}$$

(95% c.l.,
Planck2015 + lensing + BAO)

Cosmology



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- Too heavy for large scale structures ($m_{\nu,s}$)

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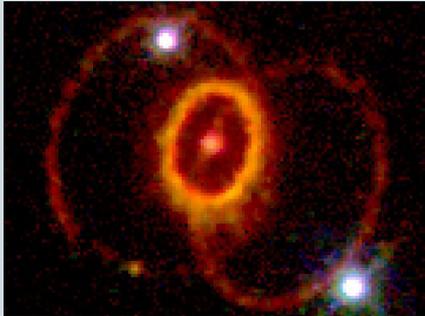
(95% c.l.,
Planck2015 + SDSS-DR7 LRG)
Cuesta, Niro, Verde, (2015)

Pseudoscalar model

The sterile neutrino is coupled to a new light pseudoscalar ($m_\phi \ll 1 \text{ eV}$)

$$L_{NS} \sim g_s \phi \bar{\nu}_s \gamma_5 \nu_s$$

Limits:



SN bounds:

$$\nu_e \nu_e \rightarrow \phi$$

$$g_e \leq 4 \times 10^{-7}$$

Farzan, PRD (2003)

No fifth force limits

$$g_s \leq g_e / \sin^2 \theta_s = 3 \times 10^{-5}$$

Model dependent

$$\sin^2 2\theta_s = 0.05$$

Kopp et al., JHEP (2013)

Giunti et al. (2013)

$0\nu\beta\beta$ decay

Bernatowicz et al. (1992)

Thermal history



- ◆ $T > \text{TeV}$ ϕ particles are thermally produced

- ◆ $T \sim \text{GeV}$ ($g_s \sim 10^{-5}$) ν_s and ϕ in thermal equilibrium

$$\nu_s \nu_s \leftrightarrow \phi\phi \quad \langle \sigma |v| \rangle = \frac{g_s^4}{8\pi T_s^2} \text{ in the relativistic limit}$$

one single tightly-coupled fluid

- ◆ $T > 200\text{MeV}$ the dark sector decouples

$$T_\phi = \left(\frac{g_*(T_\gamma)}{g_*(1\text{TeV})} \right)^{1/3} T_\nu^{SM} = 0.465 T_\nu^{SM}$$

- ◆ $T \sim 10\text{MeV}$ neutrino oscillations become important

Early Universe: Flavour evolution



Density matrix

$$\rho = \frac{1}{2} f_0 \begin{pmatrix} P_a & P_x - iP_y \\ P_x + iP_y & P_s \end{pmatrix}$$

QKEs:

$$\dot{P}_a = V_x P_y + \Gamma_a [2 - P_a], \text{ Repopulation}$$

$$\dot{P}_s = -V_x P_y + \Gamma_s \left[2 \frac{f_{0,s}(T_s, \mu_s)}{f_0} - P_s \right],$$

$$\dot{P}_x = -V_z P_y - D P_x,$$

$$\dot{P}_y = V_z P_x - \frac{1}{2} V_x (P_a - P_s) - D P_y$$

Damping: $D = \frac{1}{2} (\Gamma_a + \Gamma_s)$ Collisions: $\Gamma_a = C G_F^2 p T^4$

Potentials:

$$V_x = \frac{\Delta m_s^2}{2p} \sin 2\theta_s, \text{ Vacuum}$$

$$V_z = -\frac{\Delta m_s^2}{2p} \cos 2\theta_s - \frac{14\pi^2}{45\sqrt{2}} p \frac{G_F}{M_Z^2} T^4 n_a + V_s$$

Background ν

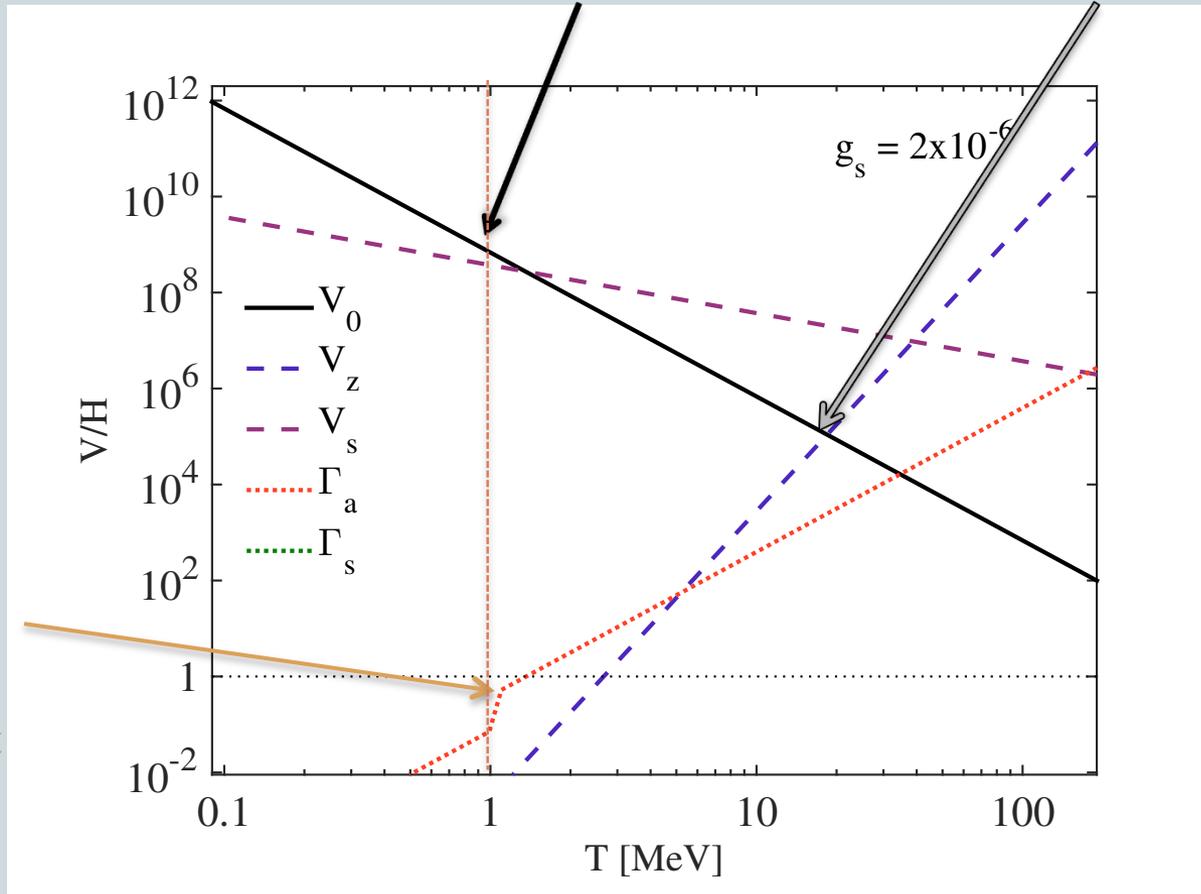
$$V_s(p_s) = \frac{g_s^2}{8\pi^2 p_s} \int p dp (f_\phi + f_s) \sim 10^{-1} g_s^2 T_s$$

$$\Gamma_s = \frac{g_s^4}{4\pi T_s^2} n_s$$

Sterile neutrino production



Resonant production



To prevent sterile neutrino thermalization, we need to suppress the mixing angle in matter, i.e.

$$V_s > \sim \frac{\Delta m_s^2}{2p}$$

prior to standard neutrino decoupling

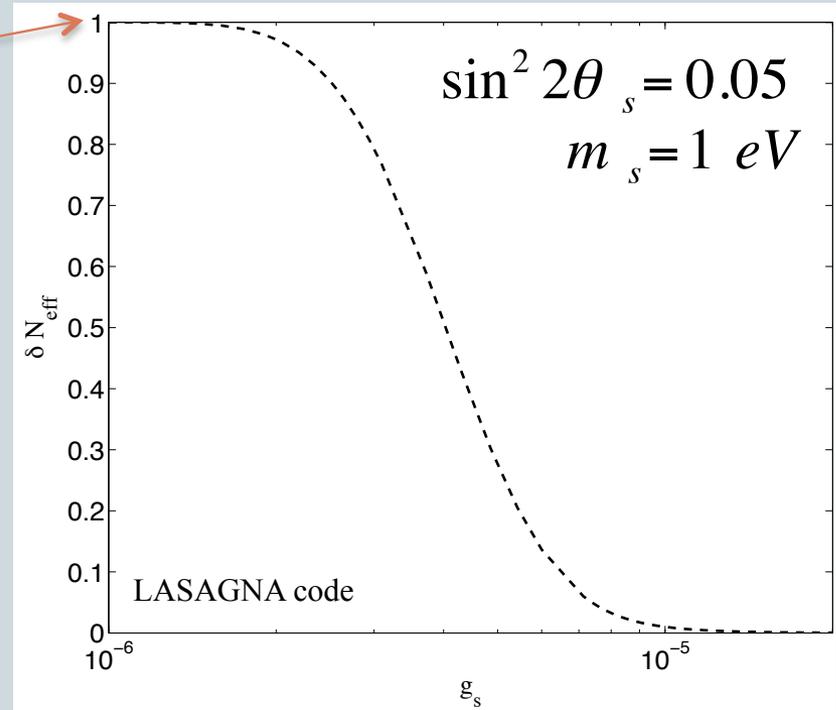
Sterile neutrinos at BBN



MA, Hannestad, Hansen, Tram, PRD (2014)

BBN bounds:
 $\Delta N_{\text{eff}} \leq 1$ (95% c.l.)

When sterile neutrinos are produced, they will create non-thermal distortions in the sterile neutrino distribution, and the sterile neutrino spectrum end up being somewhat non-thermal.

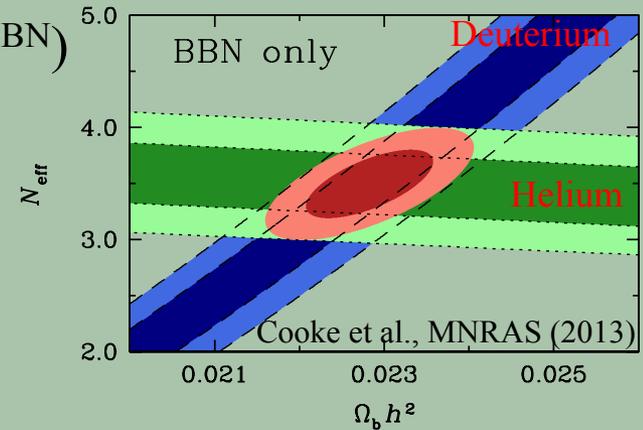


The transition between full thermalization and no thermalization occurs for coupling $10^{-6} < g_s < 10^{-5}$

Cosmology



- ✓ (Slightly) Too many neutrino species at BBN ($\Delta N_{\text{eff}}^{\text{BBN}}$)



- Too much HDM energy density at CMB ($m_{\nu,s} \Delta N_{\text{eff}}^{\text{CMB}}$)

$$\Delta N_{\text{eff}}^{\text{CMB}} = n_{\nu,s} / n_{\nu}^{\text{th}} \quad n_{\nu} = \frac{g}{2\pi^2} \int dp p^2 f_{\nu}(p)$$

$$m_{\text{eff}}^{\text{sterile}} < 0.38 \text{ eV}$$

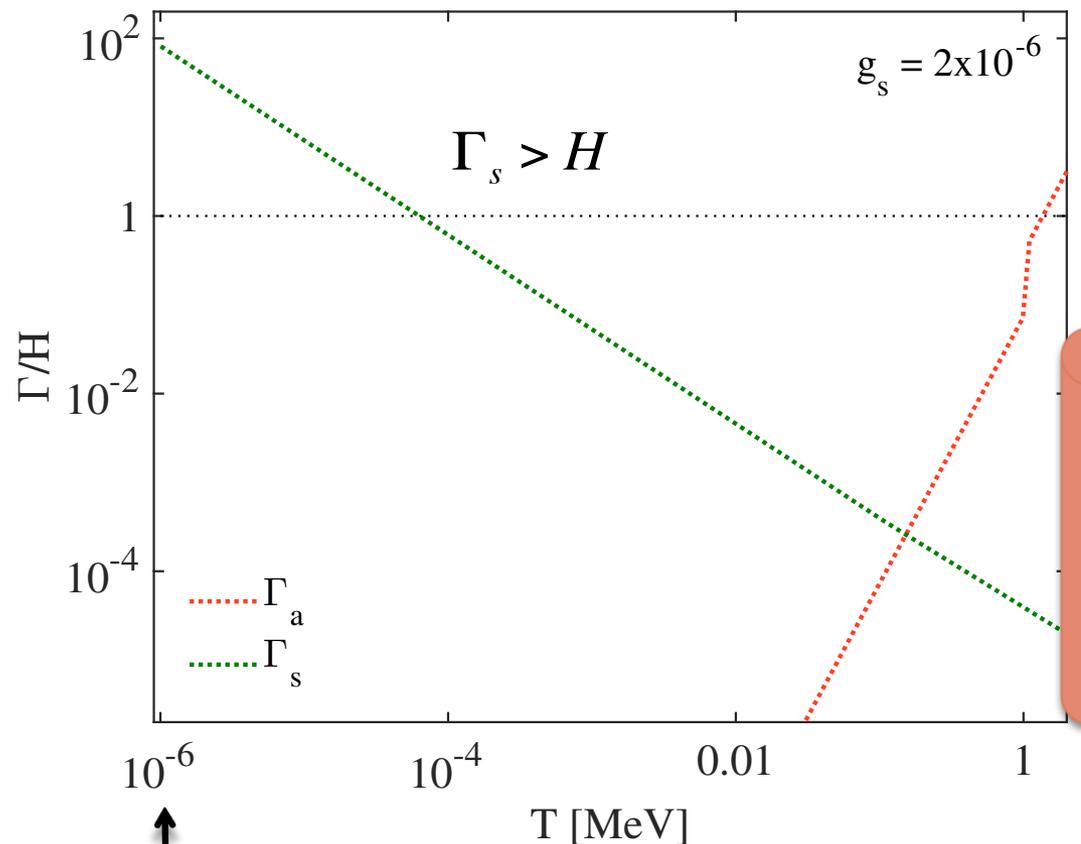
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- Too heavy for large scale structures ($m_{\nu,s}$)

$$\sum m_{\nu} < 0.11 \text{ eV}$$

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Cuesta, Niro, Verde, (2015)

Late time phenomenology (1): $\nu_s - \phi$ interactions



↑
Recombination

$$\Gamma_a = CG_F^2 p T^4 \quad \Gamma_s = \frac{g_s^4}{4\pi T_s^2} n_s$$

The $\nu_s - \phi$ fluid becomes strongly interacting before neutrinos go non-relativistic around recombination

Low energy / late time process

Neutrino perturbations



Expansion in Legendre polynomials of the **collisionless** Boltzmann equation in Fourier space

$$\dot{\Psi}_0 = -k \frac{q}{\varepsilon} \Psi_1 + \frac{1}{6} \dot{h} \frac{d \ln f_0}{d \ln q}$$

$$\dot{\Psi}_1 = k \frac{q}{3\varepsilon} (\Psi_0 - 2\Psi_2)$$

$$\dot{\Psi}_2 = k \frac{q}{5\varepsilon} (2\Psi_1 - 3\Psi_3) - \left(\frac{1}{15} \dot{h} + \frac{2}{5} \dot{\eta} \right) \frac{d \ln f_0}{d \ln q}$$

$$\dot{\Psi}_l = k \frac{q}{(2l+1)\varepsilon} (l\Psi_{l-1} - (l+1)\Psi_{l+1}), \quad l \geq 3$$

$$f(\vec{x}, q, \hat{n}, \tau) = f_0(q) [1 + \Psi(\vec{x}, q, \hat{n}, \tau)]$$

Neutrino perturbations

collisional

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Annihilation processes

Scattering processes

$$\tau = (n \langle \sigma |v| \rangle)^{-1}$$

Relaxation time approximation

Hannestad, JCAP (2005)

Hannestad & Scherrer, PRD (2000)

see

Oldengott, Rampf, Wong, JCAP (2015)

for the exact analytical solution

Neutrino perturbations

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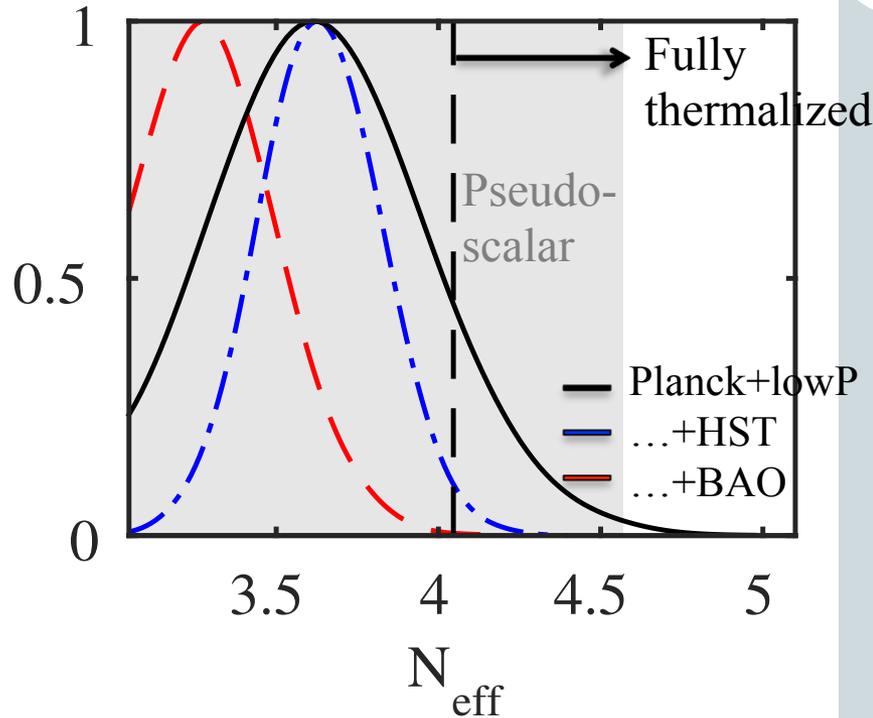
Scattering processes

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Relaxation time

No free streaming
No anisotropic stress

Sterile neutrinos at CMB



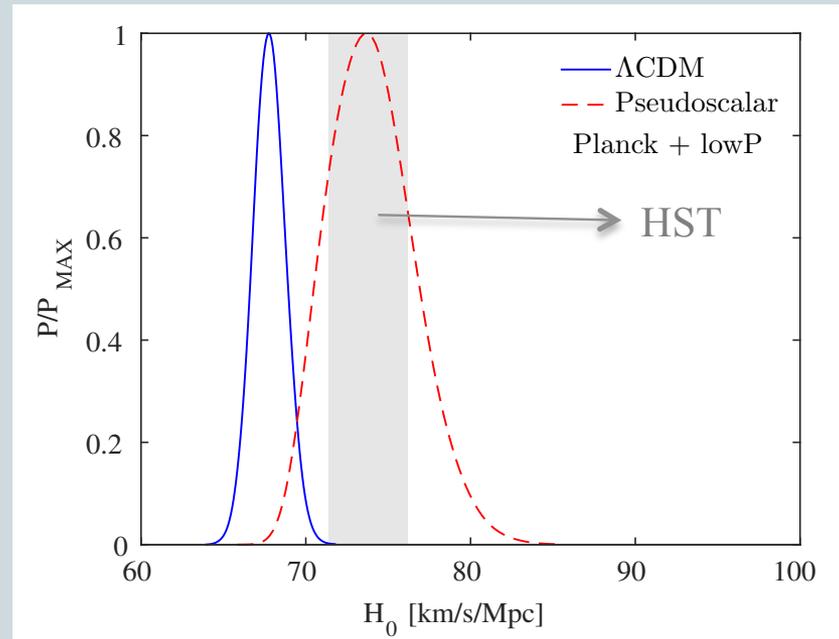
MA, Hannestad, Hansen, Tram (2015)

$\Delta\chi^2$ compatible with the standard Λ CDM model best-fit

Each value of g_s corresponds to one value of N_{eff} .

$$N_{\text{eff}} \sim 3 \rightarrow g_s \geq 10^{-5}$$

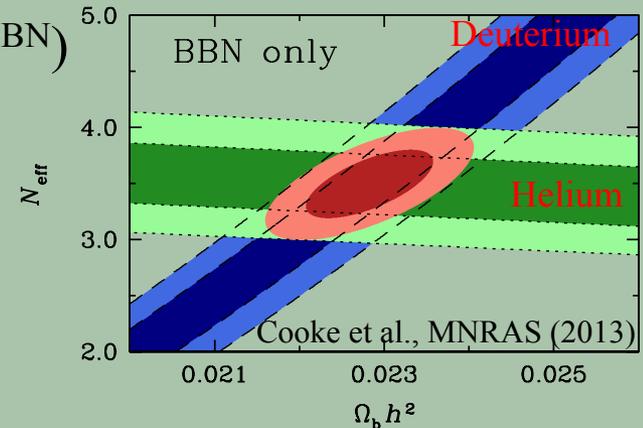
$$N_{\text{eff}} \sim 4 \rightarrow g_s \leq 10^{-6}$$



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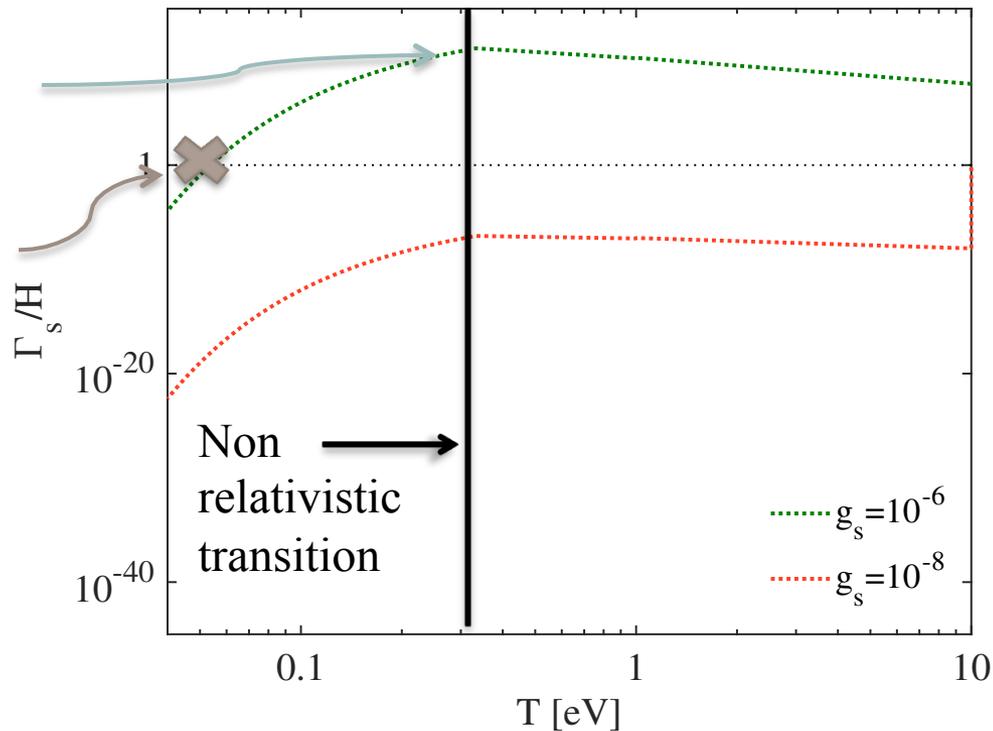
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Late time phenomenology (2): $\nu_s - \phi$ annihilations

As soon as sterile neutrinos go non-relativistic, they start annihilating into pseudoscalars $\nu_s \bar{\nu}_s \rightarrow \phi\phi$

Annihilations

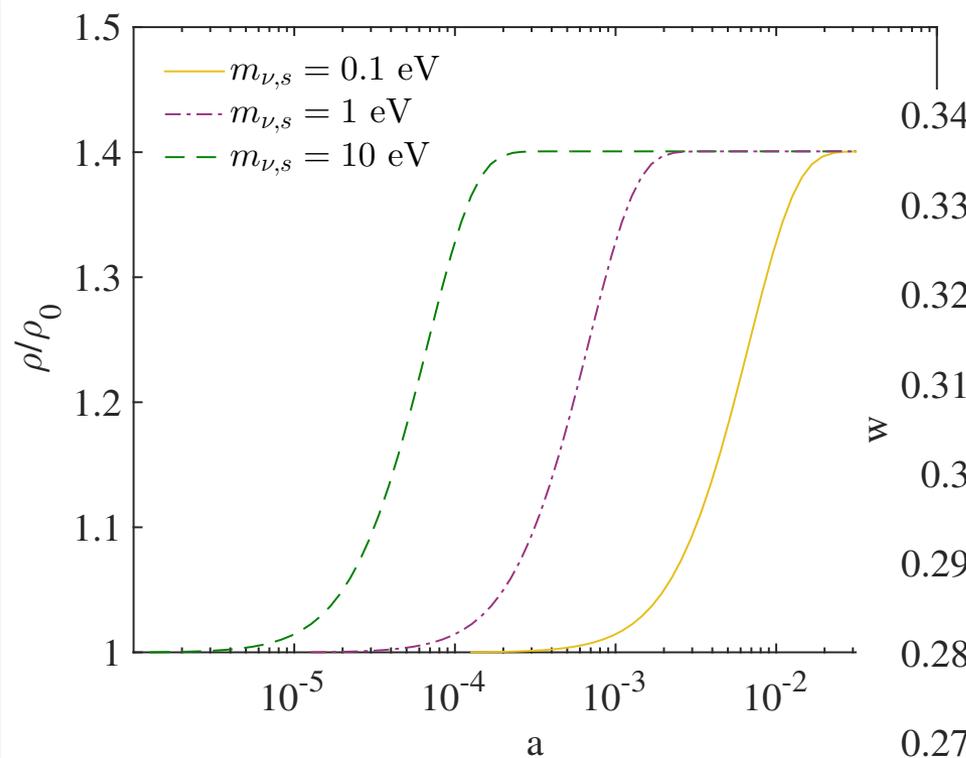
Freez-out



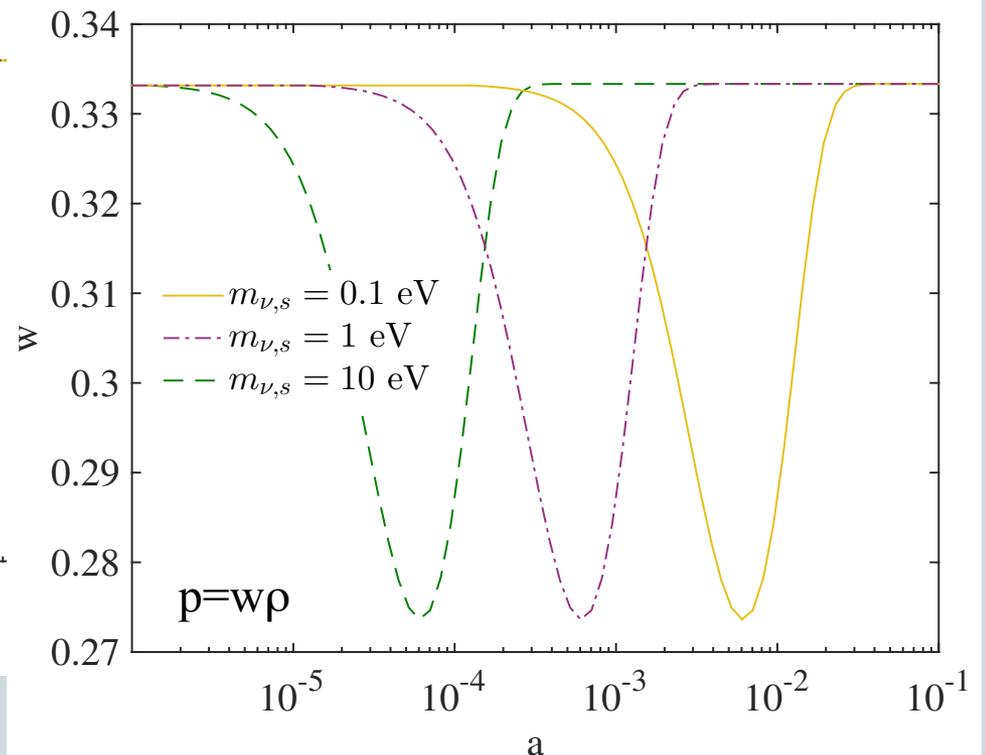
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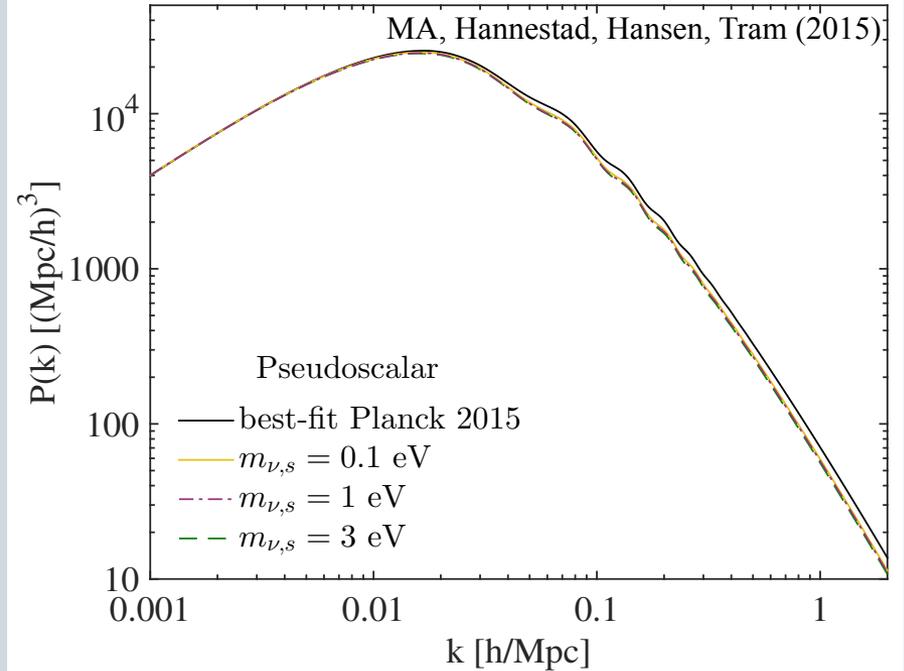
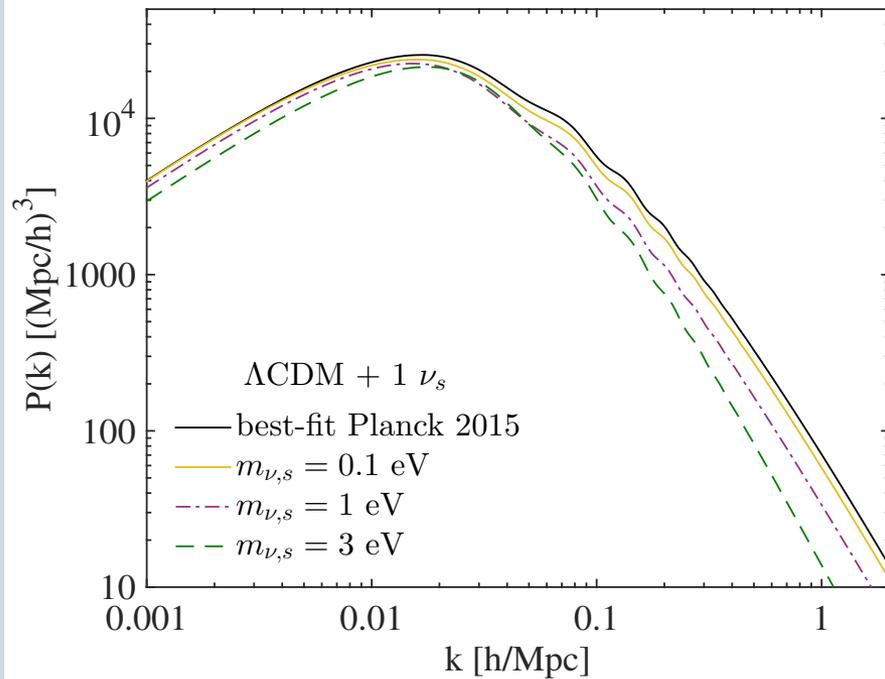
Sterile neutrino annihilations will heat up the scalars



MA, Hannestad, Hansen, Tram (2015)



Sterile neutrino mass and Iss

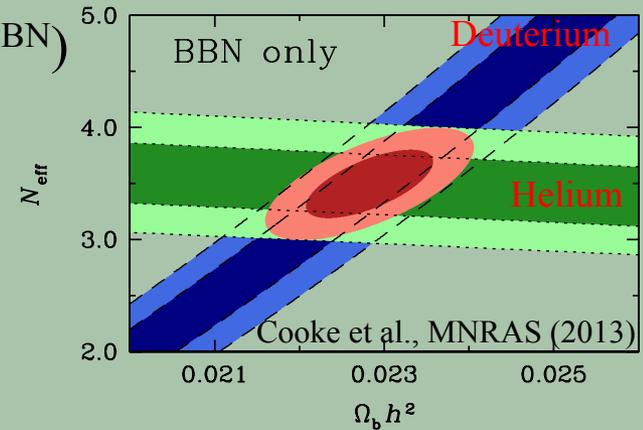


Drawback of the MeV-scale
vector boson Mirizzi et al., PRD (2014)

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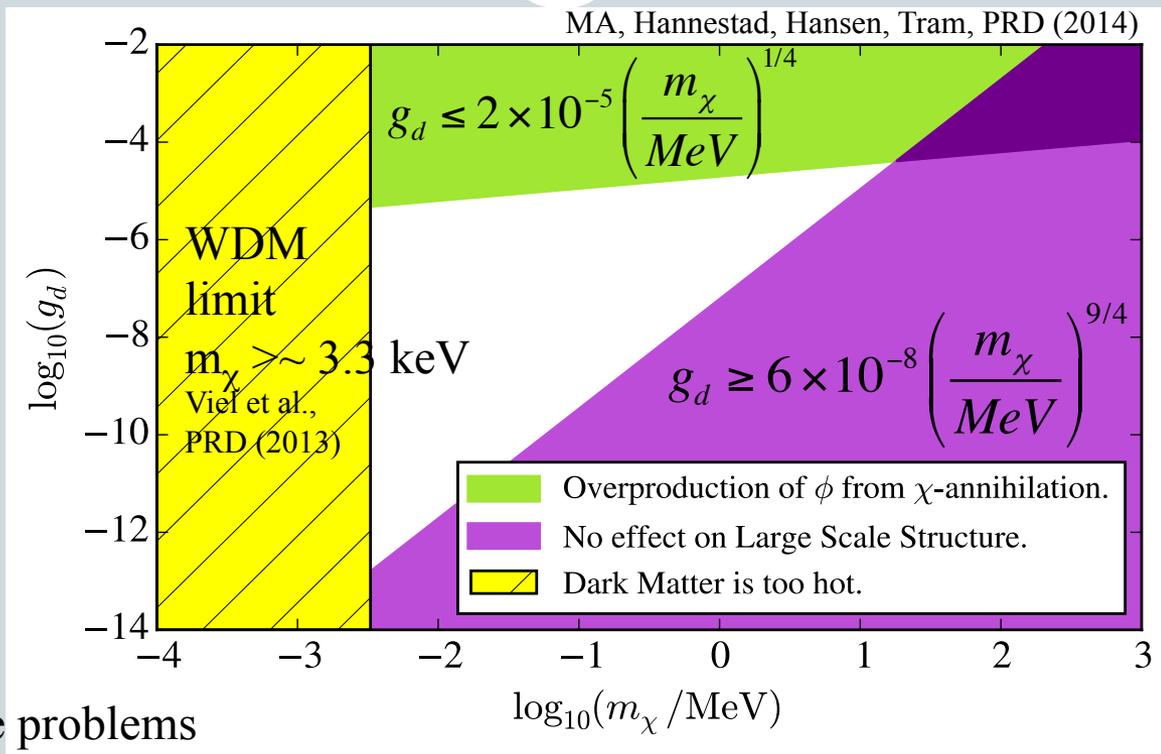
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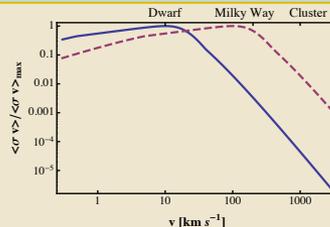
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Coupling to DM



Λ CDM small scale problems

- ✓ “too big to fail” DM – DM
- ✓ “cusp vs core” DM – DM
- ✗ “missing satellites” DM - DR



Loeb & Weiner, PRL (2010)

Chu & Dasgupta, PRL (2014)

Conclusions



- ✓ “Secret” sterile neutrino self-interactions mediated by a light pseudoscalar can accommodate one additional massive sterile state in cosmology without spoiling CMB measurements and, at the same time, evading mass constraints
- ✓ “Secret” interactions might also solve the small scale problems of the cold dark matter paradigm

Backup slides

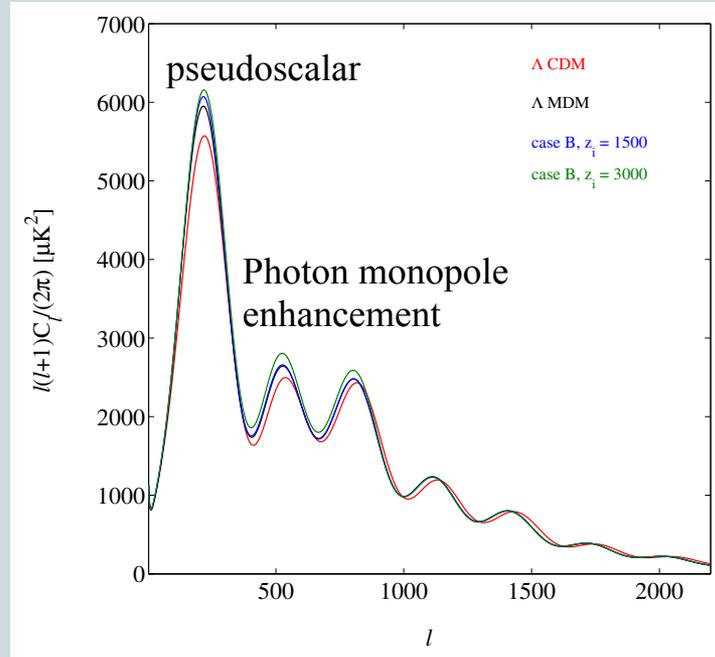
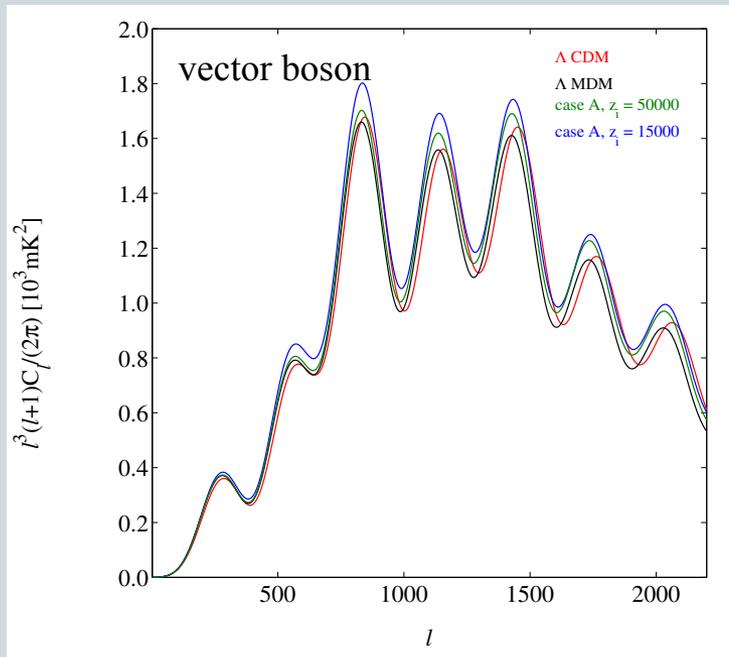


SM neutrino free streaming



Active neutrinos must be free streaming after $z \sim 5000$

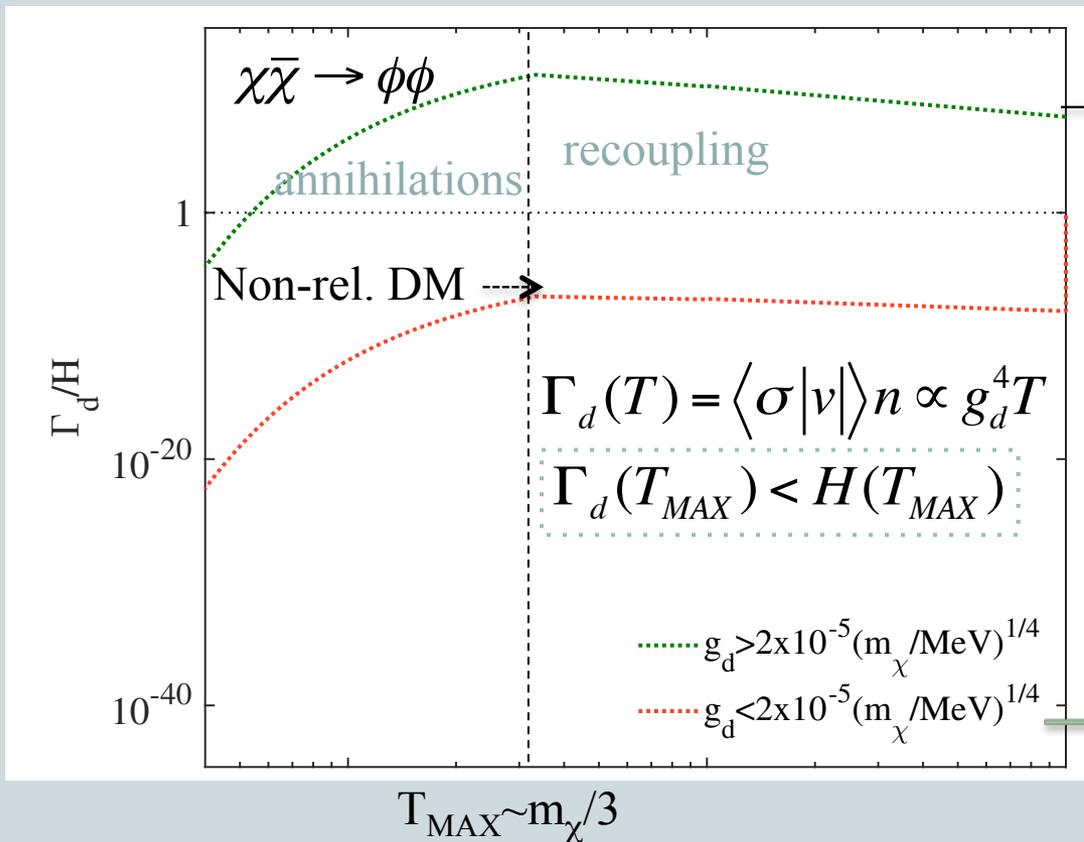
MA, Hannestad, JCAP (2013)



see also Cyr-Racine, Sigurdson, PRD (2013) and Forastieri, Lattanzi, Natoli (2015)

The interaction is confined to the sterile sector
The pseudoscalar coupling is diagonal in mass basis

Coupling to DM: not too strong



$$g_d \leq 2 \times 10^{-5} \left(\frac{m_\chi}{\text{MeV}} \right)^{1/4}$$

No Dark Acoustic Oscillations at CMB
 i.e. no $\chi\phi \rightarrow \chi\phi$
 if $m_\chi \gg m_e$
 and $\alpha_d \ll \alpha$

Coupling to DM: not too weak



Galactic Dynamics:

$$\frac{\tau_{scat}}{\tau_{dyn}} = \frac{2R^2}{3N_\chi \sigma} \left\{ \begin{array}{l} \tau_{dyn} = \frac{2\pi R}{v} \\ \tau_{scat} = \frac{1}{n \langle \sigma |v| \rangle} \\ N_\chi = \frac{M_{gal}}{m_\chi} \end{array} \right.$$

Hard scattering $\sigma \sim 4\pi b^2$ $\frac{1}{2} m_\chi v^2 = \frac{\alpha_d}{m_\chi b^3}$ $\alpha_d = \frac{g_d^2}{4\pi}$

The condition for having observable consequences on galactic dynamics is that the scattering time scale of DM self interactions is less than the age of the Universe.

Milky Way:

$$g_d \geq 6 \times 10^{-8} \left(\frac{m_\chi}{\text{MeV}} \right)^{9/4}$$

It is just a **lower bound**
It requires further
investigation

Sommerfeld enhancement



The effect of Sommerfeld enhancement can be safely neglected for all reasonable values of g_d

