

Acoustically generated gravitational waves at a first order phase transition

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Motivation and context

- GWs are a unique and promising test of high energy physics (advanced LIGO and VIRGO; eLISA scheduled for 2034)
- First order PTs involve bubbles nucleating and growing: bubble collisions produce gravitational waves
- Standard Model EW PT is a crossover, but first order common in extensions (singlet, 2HDM, ...) Andersen, Laine *et al.*, Kozaczuk *et al.*, Kamada and Yamada, Carena *et al.*, Bödeker *et al.*, Damgaard *et al.*
- First order PT around the EW scale *could* give right conditions for baryogenesis (but would then not give a good signal for GWs)
- What physics can we extract from the GW power spectrum at EW scales?





Envelope approximation

Kosowsky, Turner and Watkins; Kamionkowski, Kamionkowsky and Turner

- Thin-walled bubbles, no fluid
- Bubbles expand with velocity $v_{
 m w}$
- Stress-energy tensor $\propto R^3$ on wall
- Overlapping bubbles \rightarrow GWs
- Keep track of solid angle
- Collided portions of bubbles source gravitational waves
- Resulting power spectrum is simple
 - One scale (R_*)
 - Two power laws (k^3, k^{-1})
 - Amplitude
 - \Rightarrow 4 numbers define spectral form



The envelope approximation makes predictions

Espinosa, Konstandin, No and Servant; Huber and Konstandin

4-5 numbers parametrise the transition:

- α , vacuum energy fraction
- $v_{\rm w}$, bubble wall speed
- κ , conversion efficiency to fluid KE
- Transition rate:
 - H_* , Hubble rate at transition
 - β , bubble nucleation rate



From Konstandin and Huber

Energy in GWs ($\Omega_{\rm GW} = \rho_{\rm GW} / \rho_{\rm Tot}$):

$$\Omega_{\rm GW}^{\rm envelope} \approx \frac{0.11 v_{\rm w}^3}{0.42 + v_{\rm w}^2} \left(\frac{H_*}{\beta}\right)^2 \frac{\kappa^2 \alpha^2}{(\alpha + 1)^2}$$

Envelope approximation power laws do not depend on nucleation

Work in progress!



- Re-implemented the method of Huber and Konstandin
- Bubbles nucleated at the same time have same power laws as bubbles nucleated 'properly'
- Can re-weight from equal time nucleation case to unequal time

Our approach: field+fluid system

- Scalar ϕ + ideal fluid u^{μ} (treated using standard SR hydro Wilson and Matthews)
 - Split stress-energy tensor $T^{\mu\nu}$ into field and fluid bits Ignatius, Kajantie, Kurki-Suonio and Laine

$$\partial_{\mu}T^{\mu\nu} = \partial_{\mu}(T^{\mu\nu}_{\text{field}} + T^{\mu\nu}_{\text{fluid}}) = 0$$

• Parameter η sets the scale of friction due to plasma

$$\partial_{\mu}T^{\mu\nu}_{\text{field}} = \eta u^{\mu}\partial_{\mu}\phi\partial^{\nu}\phi \qquad \partial_{\mu}T^{\mu\nu}_{\text{fluid}} = -\eta u^{\mu}\partial_{\mu}\phi\partial^{\nu}\phi$$

• Effective potential $V(\phi, T)$ can be kept simple

$$V(\phi, T) = \frac{1}{2}\gamma(T^2 - T_0^2)\phi^2 - \frac{1}{3}AT\phi^3 + \frac{1}{4}\lambda\phi^4$$

- γ , T_0 , A, λ chosen to match scenario of interest
- Equations of motion (+ continuity equation)

$$\partial_{\mu}\partial^{\mu}\phi + \frac{\partial V(\phi,T)}{\partial\phi} = -\eta u^{\mu}\partial_{\mu}\phi$$
$$\partial_{\mu}\left\{\left[\epsilon + p\right]u^{\mu}u^{\nu} - g^{\mu\nu}\left[p - V(\phi,T)\right]\right\} = \left(\eta u^{\mu}\partial_{\mu}\phi + \frac{\partial V(\phi,T)}{\partial\phi}\right)\partial^{\nu}\phi$$

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Velocity profile development - deflagration [optional movie]



Here, $\eta = 0.2$ (deflagration)

• Metric perturbations evolve as

$$\ddot{h}_{ij} - \nabla^2 h_{ij} = 16\pi G T_{ij}^{\rm TT}$$

equivalently Garcia-Bellido and Figueroa; Easther, Giblin and Lim

$$\ddot{u}_{ij} - \nabla^2 u_{ij} = 16\pi\tau_{ij}$$

and project $h_{ij}(k) = \Lambda_{ij,lm}(k)u_{ij}(k)$ later

• Consider only terms at leading order in the perturbation h_{ij}

$$\tau_{ij}^{\rm f} = W^2(\epsilon + p)V_iV_j \qquad \tau_{ij}^{\phi} = \partial_i\phi\partial_j\phi$$

• Power $\rho_{\rm GW} = T_{00}^{\rm grav}$ per logarithmic interval,

$$\frac{d\rho_{\mathsf{GW}}}{d\ln k} = \frac{1}{32\pi GV} \frac{k^3}{(2\pi)^3} \int d\Omega \ \Lambda_{ij,lm}(\hat{\mathbf{k}}) \dot{u}_{ij}(t,\mathbf{k}) \dot{u}_{lm}^*(t,\mathbf{k})$$

Simulation slice example [optional movie]

Simulations at 1024^3 , deflagration, fluid kinetic energy density, \sim 250 bubbles



How the sources behave over time

- $\overline{U}_{\rm f}$ is the rms fluid velocity; \overline{U}_{ϕ} the analogous field quantity
- Constructed from au_{ii}^{f} and au_{ii}^{ϕ} , they indicate how strong each source is

$$(\bar{\epsilon} + \bar{p})\overline{U}_{\mathrm{f}}^{2} = \frac{1}{V} \int d^{3}x \underbrace{W^{2}(\epsilon + p)}_{(\tau_{ii}^{\mathrm{f}})^{2}} \qquad (\bar{\epsilon} + \bar{p})\overline{U}_{\phi}^{2} = \frac{1}{V} \int d^{3}x \underbrace{(\partial_{i}\phi)^{2}}_{(\tau_{ii}^{\phi})^{2}}$$



So does the envelope approximation really work?

- Compare field+fluid simulation with envelope approximation
- Nucleate 125 bubbles in same locations



- Power laws for fluid source totally different
- Field source OK (overestimated), but will be subdominant anyway

Acoustic waves source linear growth of gravitational waves

• Sourced by T_{ij}^{f} only (T_{ij}^{ϕ} source is small constant shift)



• Source generically scales as $\rho_{\rm GW} \propto t [G\xi_{\rm f}(\bar{\epsilon}+\bar{p})^2 \overline{U}_f^4]$

Velocity power spectra and power laws



- Weak transition: $\alpha_{T_N} = 0.01$, $v_w = 0.44$
- Power law behaviour above peak (approximately k^{-1} here)
- "Ringing" due to simultaneous bubble nucleation, not physically important
- Power is in the longitudinal modes acoustic waves, not turbulence
- If we know $dV^2/d\ln k$, can work out $\dot{\rho}_{\rm GW}/d\ln k$...?

• Sourced by T_{ij}^{f} only



- Approximate k^{-3} power spectrum
- Finite size of box means that we choose not to probe behaviour below peak \boldsymbol{k}

Define the fluid integral scale

$$\xi_{\rm f} = \frac{1}{\langle V^2 \rangle} \int \frac{d^3k}{(2\pi)^3} |k|^{-1} P_V(k)$$

and the analogous quantity ξ_{GW} for the gravitational wave power spectrum.



This length scale is what sets the peak of the fluid power spectrum.

Latest results: 4200^3 using PRACE access

Some results from our latest runs $(4200^3 \text{ lattice}) - \text{also work in progress}!$



- Curves every $1000/T_c$
- Here $v_{\rm w} = 0.68$ (detonation)
- Friction parameter now dimensionless, damping term $\eta \to \eta \phi^2/T$

- New source of GWs: sound waves from colliding bubble droplets
- Rate of GW energy production is **generically** $\rho_{\rm GW} \propto t [G\xi_{\rm f}(\bar{\epsilon}+\bar{p})^2 \overline{U}_f^4]$
- Large enhancement over envelope approximation at EW scale
 → good news for models that do not produce strongly first-order PTs
- Power laws different from envelope approximation
- Functional form of power spectrum still a broken power law
- Currently trying to understand power laws with larger simulations
 18M CPU hours awarded by PRACE
- Building a science case for eLISA Caprini *et al.*

Dynamic range issues

- Most realtime lattice simulations in the early universe have a single [nontrivial] length scale
- Here, many length scales important



• Simulations in arXiv:1504.03291 are with 2400^3 lattice, $\delta x = 2/T_c$ \rightarrow approx 200k CPU hours each (\sim 3M total)

Transverse versus rotational modes – turbulence?



- Most power is in the longitudinal modes acoustic waves, not turbulence
- System is quite linear. Reynolds number is ~ 100 due to discretisation.

GW power spectra – field and fluid sources



- By late times, fluid source dominates at all length scales
- $500/T_c$, $1000/T_c$, $1500/T_c$ ('before', 'during', 'after' collision)
- Fluid source shown by dashed lines, total power solid lines

- Does the acoustic source matter?
 - Sound is damped by (bulk and) shear viscosity Arnold, Dogan and Moore; Arnold, Moore and Yaffe

$$\left(\frac{4}{3}\eta_{\rm s}+\zeta\right)\nabla^2 V^i_{\parallel}+\ldots \Rightarrow \tau_\eta(R)\sim \frac{R^2\epsilon}{\eta_{\rm s}}$$

• Compared to $\tau_{H_*} \sim H_*^{-1}$, on length scales

$$R^2 \gg \frac{1}{H_*} \frac{\eta_{\rm s}}{\epsilon} \sim 10^{-11} \frac{v_{\rm w}}{H_*} \left(\frac{T_{\rm c}}{100 \,{\rm GeV}}\right)$$

the Hubble damping is faster than shear viscosity damping.

- Does the acoustic source enhance GWs?
 - Yes, we have

$$\Omega_{\rm GW} \approx \left(\frac{\kappa\alpha}{\alpha+1}\right)^2 (H_*\tau_{H_*})(H_*\xi_{\rm f}) \Rightarrow \frac{\Omega_{\rm GW}}{\Omega_{GW}^{\rm envelope}} \gtrsim 60 \frac{\beta}{H_*}.$$

extra slide