

Experimental Tests of Vacuum Energy

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with**

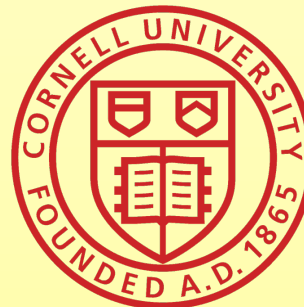
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The Evolution of vacuum energy

- The cosmological constant is **very small** today

$$\Lambda \sim (10^{-3} \text{ eV})^4$$

- Expectation is that **microscopic origin** of cc is **vacuum energy** of quantum field theory
- **Why** is it so **small** vs. $(TeV)^4$, M_{Pl}^4
- If it is so small **why** is it **not** zero?
- Is it **always very small** (ie. is there an adjustment mechanism)?

The Evolution of vacuum energy

- If CC result of microphysics, in traditional picture cc should undergo a **series of jumps** at every phase transition

- Expectation $\Delta\Lambda_i \propto T_{c,i}^4$

- Want CC to **NOT** dominate **AFTER** phase transition (otherwise Universe accelerates **too early**)

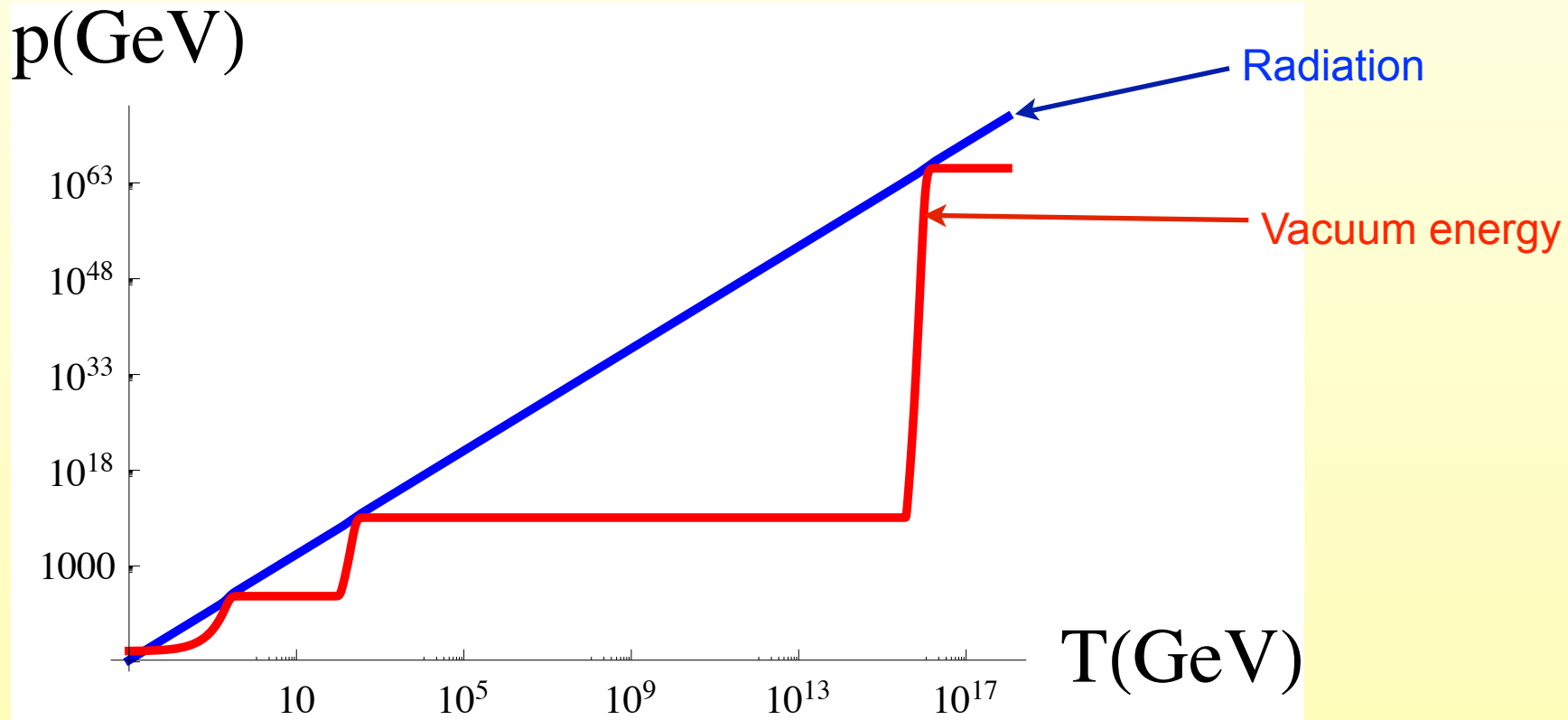
- CC **AFTER PT** should be of order of T_c of **NEXT** phase transition

- eg. before EWPT $\Lambda \sim M_W^4$

The Evolution of vacuum energy

- $\Delta\Lambda \sim M_W^4$ so tuning $\Lambda + \Delta\Lambda \sim \mathcal{O}(\Lambda_{QCD}^4)$
- At one phase transition **Universe** already “**knows**” where the **next** phase transition will be
- At least QCD, EW PT, potentially also SUSY and/or GUT phase transition (if SUSY changes GUT expectations)
- In **previous** history Λ was **much larger** than now, but never dominated previously!

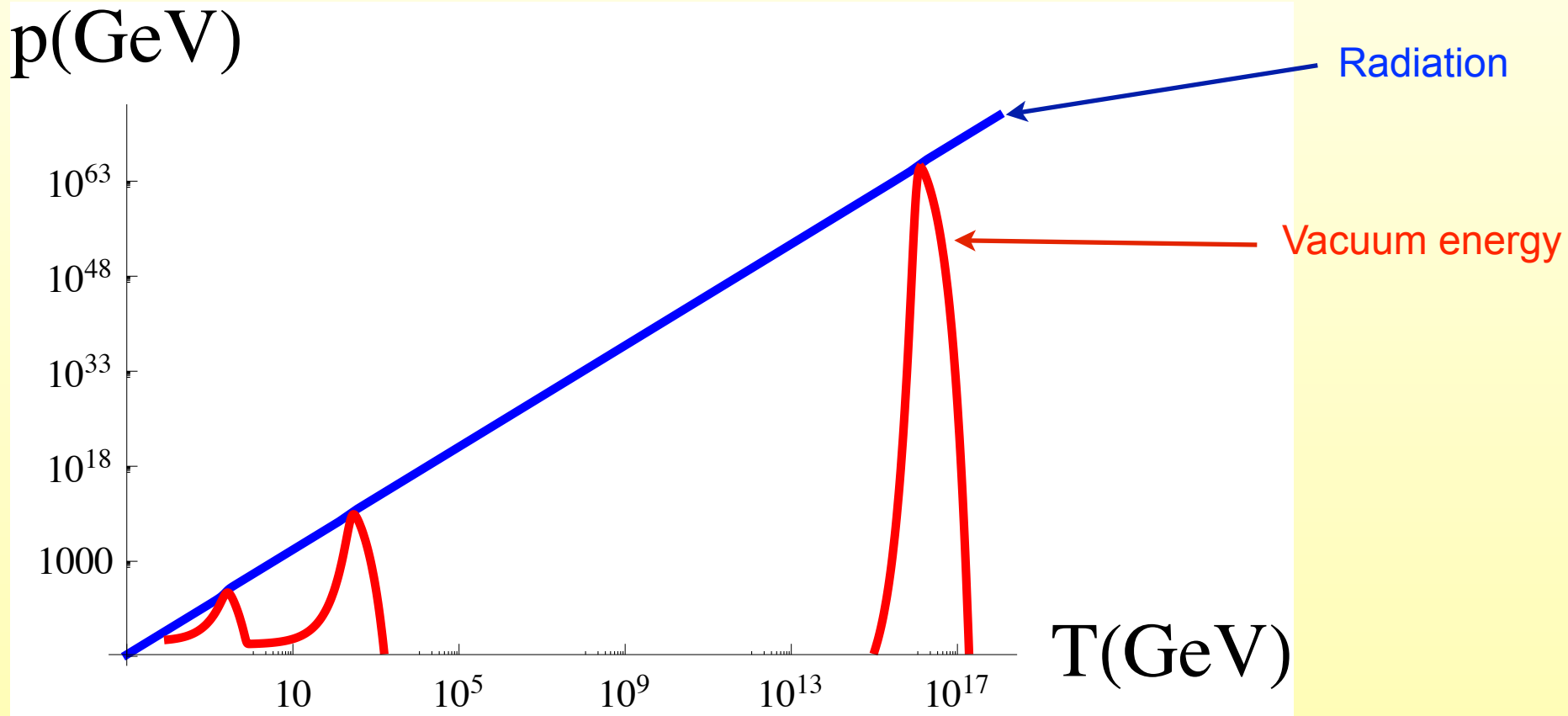
A simple sketch of the evolution of Λ



The Evolution of vacuum energy

- Λ goes through **steps** during phase transitions
- Whenever Λ would start to dominate a **new phase** transition happens
- Λ is **always subleading** even though it was **much bigger** than it currently is - **challenging** to find experimental tests of this picture
- Size of step of order $(T_c^{(i)})^4$
- Amount of tuning given by $(T_c^{(i+1)})^4$

Alternative evolution of Λ : with adjustment



Alternative evolution of Λ : with adjustment

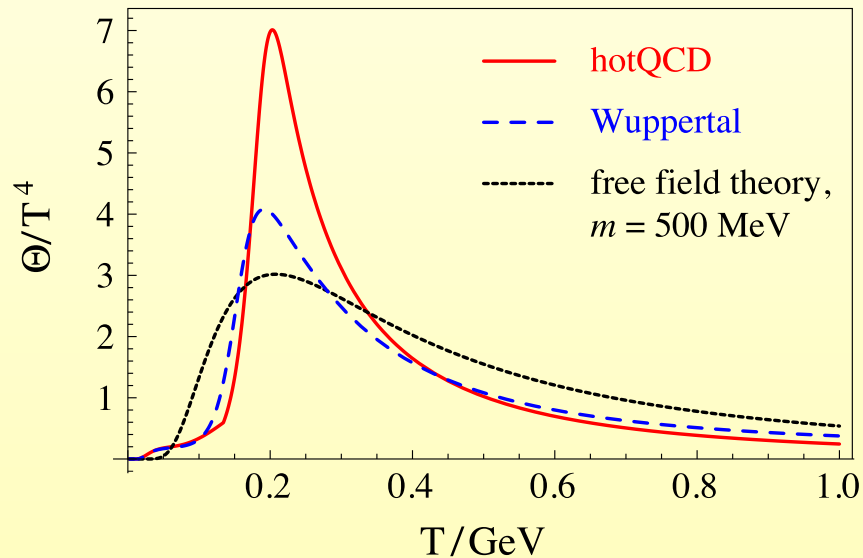
- Λ is always small except around PT's
- When PT starts Λ starts growing
- Adjustment mechanism kicks in and drives Λ small again
- Will have its own timescale Δt_{adj}
- Heights will depend on details of adjustment, PT

Steps or adjustment?

- **Important goal**: to determine experimentally which of these pictures is right one
- If steps: lends **more credence** to anthropic arguments
- If **adjustment** need to find **mechanism**
- Difficulty: Λ **always sub-dominant**
- **Last** of these transitions occurred at Λ_{QCD} :
Above CMB, BBN, etc. **Not much precision results**
from that period

Difficulty of finding effects

Example: QCD PT from **lattice**



(From Caldwell & Gubser 2013)

Deviation from radiation domination only during **short** period **during PT...**

Steps or adjustment?

- Further complication: **neither** EW nor QCD PT **first order** (at least in SM with 125 GeV Higgs) - no gravitational waves produced from bubble collisions...

- **NEED:** System where vacuum energy $\mathcal{O}(1)$
fraction of total energy

↓
Neutron star

Epochs where vacuum energy is comparable
to radiation

↓
Cosmic phase transitions & effects on
primordial gravitational waves

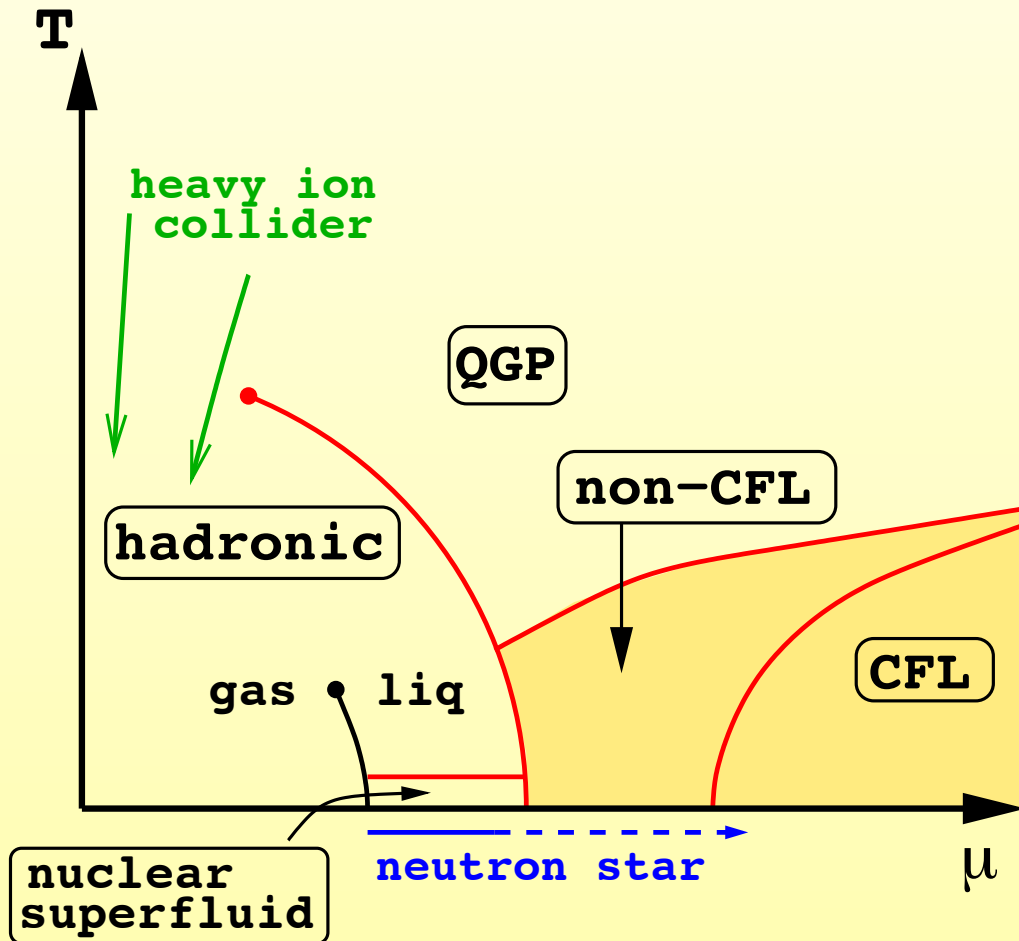
Goal

- Establish **experimentally** that **vacuum energy** of microscopic physics is actually what show up **in Einstein eq** - or there is an adjustment mechanism
- Only care about PT's that actually **change VEVs** of fields
- For **example** recombinations at $z \sim 1100$ is a PT where $e+p \rightarrow H$, with binding energy 13.6 eV
- Decrease of energy density of matter, but **not a change** in vacuum energy - this energy density gets diluted with expansion, while v_e does not

1. Neutron stars for testing vacuum energy

- Need a system which is in different phase of matter
- QCD at large densities probably has those phases: at low T but large chemical potential CFL phase, and non-CFL phase, both with VEVs different from QCD condensates
- Core of neutron star may have this unconventional QCD phase
- If adjustment mechanism at play, expect to cancel effect of additional cc in the core. Will modify the structure and $M(R)$ relation of ns's

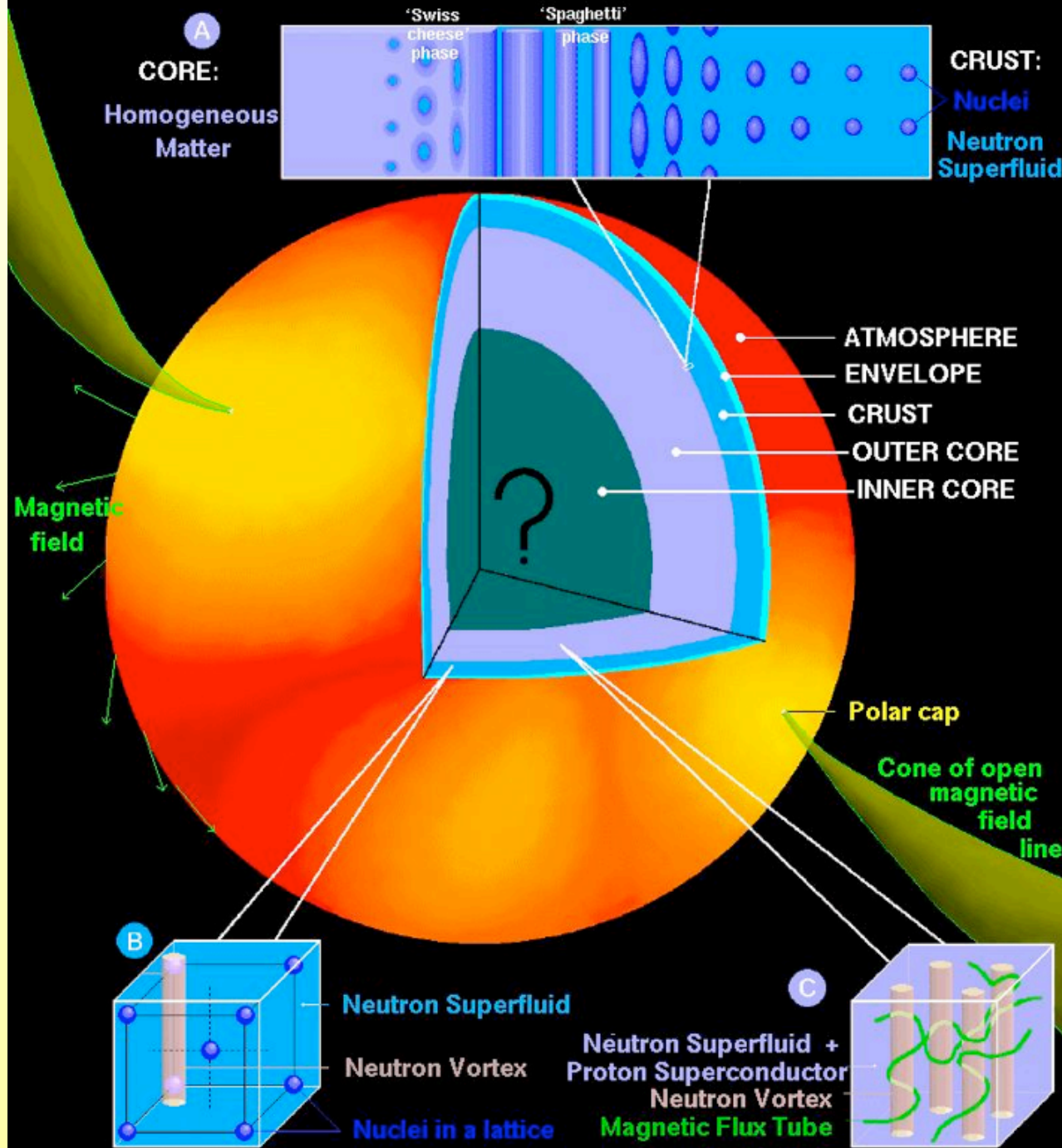
The phases of QCD



From Alford, Schmitt, Rajagopal, Schaefer
2008

Neutron Stars

A NEUTRON STAR: SURFACE and INTERIOR



From Coleman Miller

Toy model for neutron stars

- Will just consider **two phases**, inner and outer core
- **Neglect** crust, envelope, atmosphere...
- Take **simple** polytropic **EOS's** for inner and outer cores
- Match them up at **critical pressure** for phase transition
- Add **vacuum energy** in **inner** core (and compare to case w/o vacuum energy)

Toy model for neutron stars

- At zero temperature, **gravitational pressure** balanced by pressure of fluid. Metric:

$$ds^2 = e^{\nu(r)} dt^2 - (1 - 2GM(r)/r)^{-1} dr^2 - r^2 d\Omega^2$$

- Einstein eq's (aka **Tolman-Oppenheimer-Volkoff eq**):

$$M'(r) = 4\pi r^2 \rho(r),$$

$$p'(r) = -\frac{p(r) + \rho(r)}{r^2 (1 - 2GM(r)/r)} [GM(r) + 4\pi r^3 p(r)],$$

$$\nu'(r) = -\frac{2p'(r)}{p(r) + \rho(r)},$$

Toy model for neutron stars

- **Radius** determined by position of vanishing pressure $p(R)=0$

- Assume **phase transition** happens at p_{crit}

- **Two different EOS's**

$$\begin{aligned} p &= p_{(-)}(\rho), & \rho &= \rho_{(-)}, & p &\geq p_{cr}, & r &\leq r_{cr} \\ p &= p_{(+)}(\rho), & \rho &= \rho_{(+)}, & p &< p_{cr}, & r &\geq r_{cr}. \end{aligned}$$

- **Junction condition:** $\nu'(r), M(r)$ continuous, thus $p(r)$ also cont.

Toy model for neutron stars

- For inner core use **polytropic with cc:**

$$p_{(-)}(\rho) = p_f(\rho) - \Lambda = K_- \rho_f^{\gamma_-} - \Lambda$$

$$\rho_{(-)} = \rho_f + \Lambda$$

- For outer core **just polytropic**

$$p_{(+)}(\rho) = p_f(\rho) = K_+ \rho_f^{\gamma_+}$$

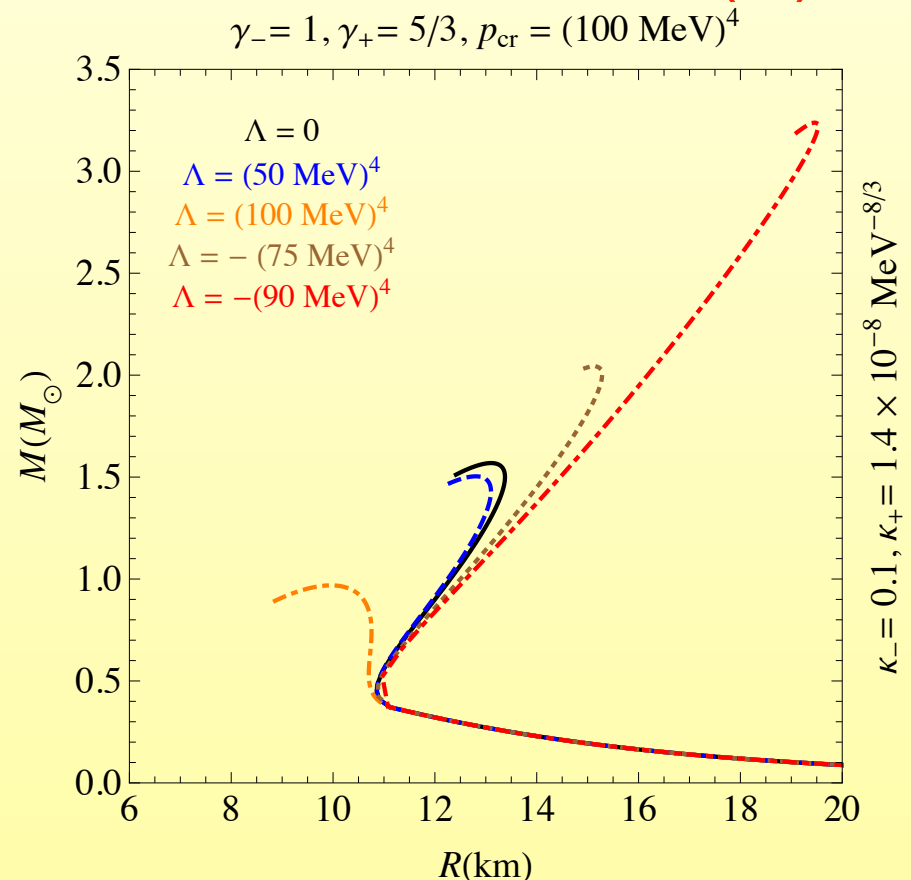
$$\rho_{(+)} = \rho_f .$$

- The value $\gamma_+ = 5/3$ reproduces the small pressure limit of a **Fermi fluid**

- The cc can **not be too large negative:** $\Lambda > -p_{cr}$
Otherwise partial pressure of QCD fluid negative

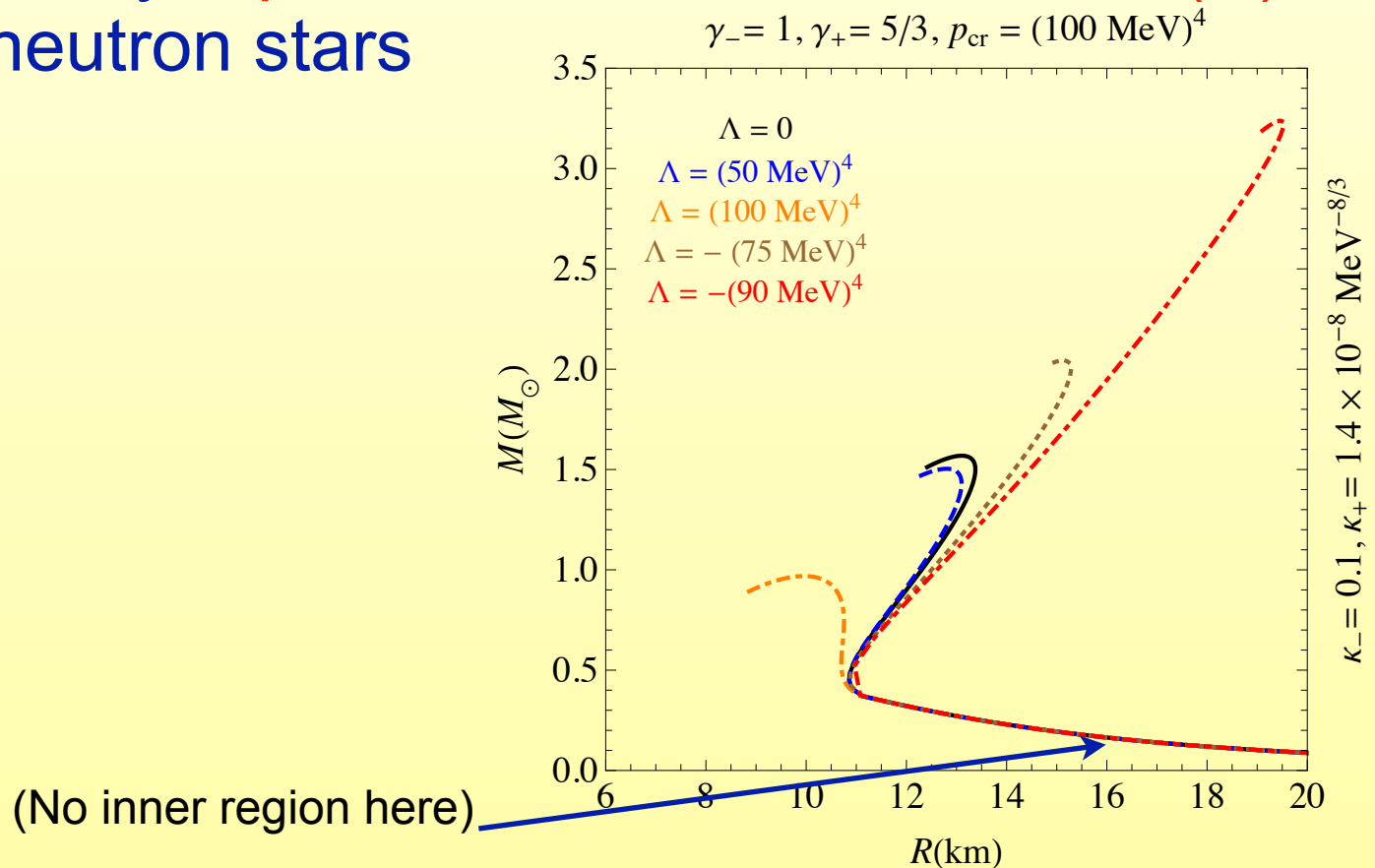
Toy model for neutron stars

- Likely also a thermodynamic **upper bound** to satisfy $dG = 0$ for Gibbs free energy in equilibrium between phases. Will **limit upper value** of Λ to few $\cdot 100$ MeV
- Checked nicely **reproduce** the characteristic **$M(R)$** curves for neutron stars

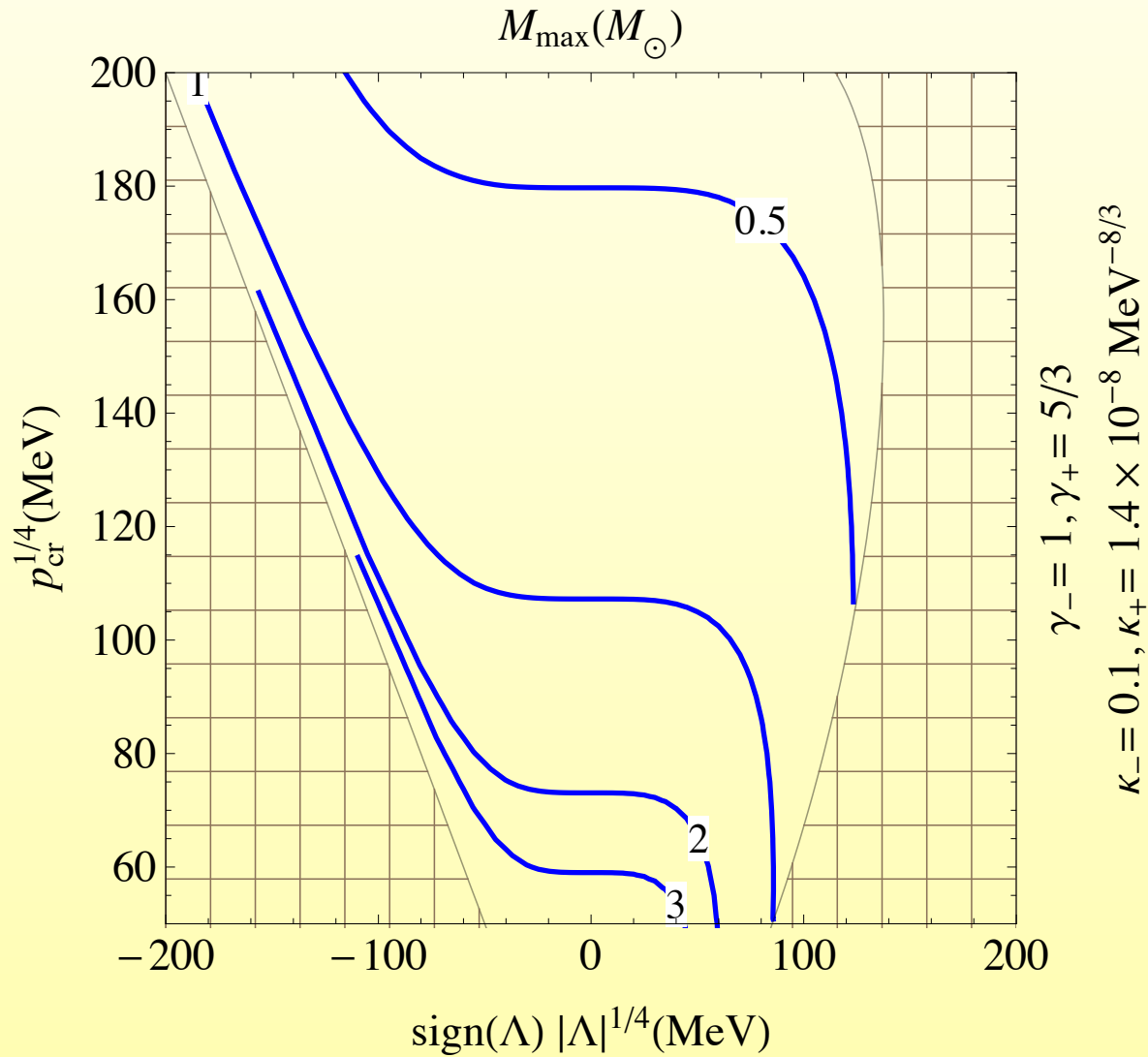


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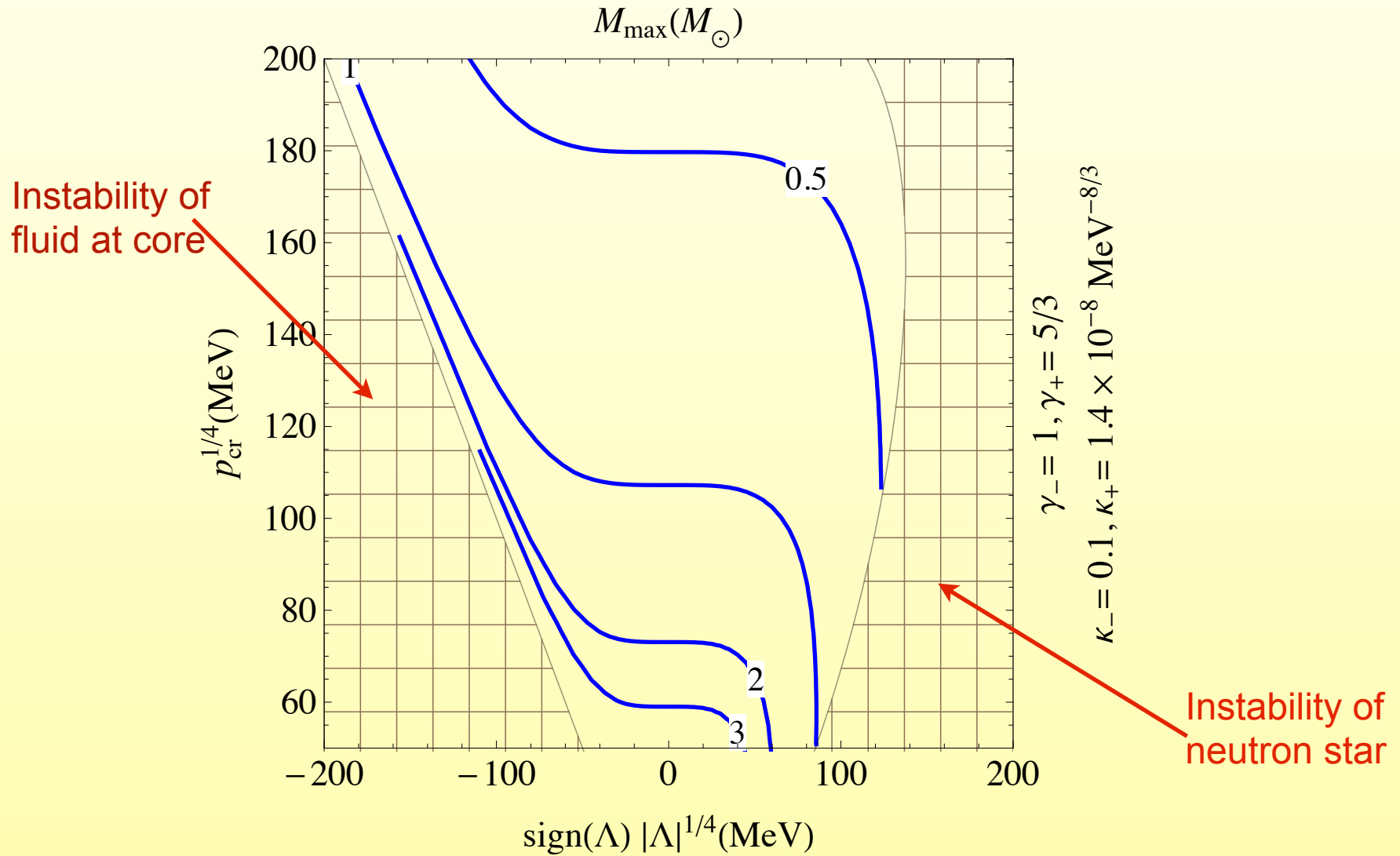


Sensitivities of NS's to vacuum energy



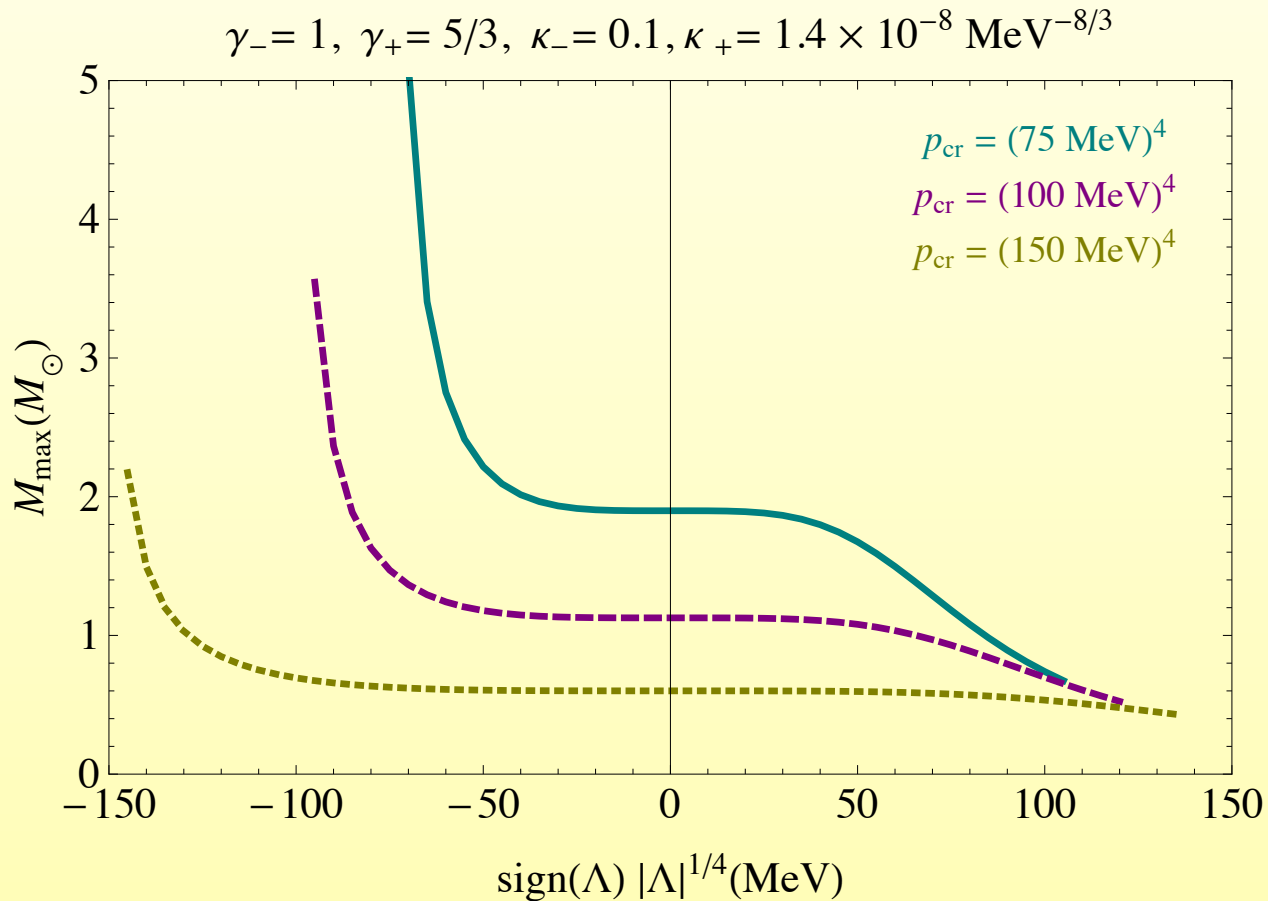
Maximum mass varying Λ and p_{cr}

Sensitivities of NS's to vacuum energy



Maximum mass varying Λ and p_{cr}

Sensitivities of NS's to vacuum energy



Effect on maximal mass by changing Λ for fixed p_{cr}

Sensitivities of NS's to vacuum energy

- Check effect of changing Λ on $M(R)$ curve
- Depending on parameters maximal mass can change significantly
- But depends very strongly on equations of state parameters, critical pressure...
- Status: maximal mass appears to be bigger than $2M_{\odot}$
- For now radius measurements difficult, only few known from X-ray measurements.
- Promising: GW from inspiralling ns binaries - should imprint $M(R)$, EOS on chirp...

2. Effect of PT's on Primordial GW's

- Can we possibly say something about the **actual vacuum energy** of the Universe?
- Need to look for **periods around** phase transitions
- That is **only time** when vacuum energy might be **sizable**
- Especially **QCD PT** might be interesting
- Case study: look at effect of PT's on **primordial gravitational waves**, assuming no GW's produced during PT itself

Propagation of primordial gw's

- **Tensor perturbations** h_{ij} transverse traceless

$$h_i^i = 0, \text{ and } \partial_k h_i^k = 0$$

- **Perturbation of metric in expanding Universe**

$$ds^2 = a(\tau)^2 (d\tau^2 - (\delta_{ij} + h_{ij})dx^i dx^j)$$

- **Usually conformal time τ is used** $a(\tau)d\tau = dt$
where expansion equation

$$a' = a\dot{a} = a^2 H, \quad \frac{a''}{a} = a^2 \left(\frac{\ddot{a}}{a} + \frac{\dot{a}^2}{a^2} \right) = \frac{4\pi G}{3} a^2 T_{\mu}^{\mu}$$

Propagation of primordial gw's

- Einstein equation: $h''_{ij} + 2\mathcal{H}h'_{ij} - \nabla^2 h_{ij} = 0$

- Expand in modes: $h_{ij} = \sum_{\sigma=+,-} \int \frac{d^3k}{(2\pi)^3} \epsilon_{ij}^{(\sigma)} h_k^{(\sigma)}(\tau) e^{ikx}$

- Rescaled modes: $\chi_k \equiv ah_k$

- Satisfy **very simple** equation:

$$\chi_k'' + \left(k^2 - \frac{a''}{a}\right)\chi_k = \chi_k'' + \left[k^2 - \frac{4\pi G}{3}a^2 T_\mu^\mu\right]\chi_k = 0$$

- Exciting: equation depends on **trace of EM tensor!**

- Might think (we did for a while) that VE will have big effect before PT - **NOT** true

Propagation of primordial gw's

$$\chi_k'' + \left(k^2 - \frac{a''}{a}\right)\chi_k = \chi_k'' + \left[k^2 - \frac{4\pi G}{3}a^2 T_\mu^\mu\right]\chi_k = 0$$

• Interpretation: if $k^2 > \frac{a''}{a}$ just free plane wave for χ

• But actual mode is χ/a getting damped by $1/a$

• Interpretation: if $k^2 < \frac{a''}{a}$ then equation $\frac{\chi''}{\chi} = \frac{a''}{a}$

has solution $\chi \propto a$ and actual mode χ/a is frozen

• If mode outside horizon it is frozen. Once it enters horizon it is damped by $1/a$

Propagation of primordial gw's

- What sets the horizon?

- Naively:
$$\frac{a''}{a} = \frac{4\pi G}{3} a^2 T_{\mu}^{\mu}$$

- This horizon is larger than Hubble horizon - suggests can not have any physical effect
- Indeed when entering this “naive horizon” velocity of solution still very large - will keep expanding until reaches actual Hubble horizon
- Real condition: rate of entering actual horizon

Energy density in GW's

- The **physical** quantity:

$$\rho_h(\tau) = \frac{1}{16\pi G a^2(\tau)} \int \frac{d^3k}{(2\pi)^3} |h'_{\sigma,k}|^2$$

- The power spectrum:

$$\Delta_h^2 = \frac{4k^3}{2\pi^2} |h_k|^2, \quad |h_k|^2 = |h_{\sigma,k}|^2.$$

- **Transfer function** \mathcal{T} : $h_k(\tau) \equiv h_k^P \mathcal{T}(\tau, k)$

- h_k^P is the **primordial** amplitude, usually assumed to have constant power

$$(\Delta_h^P)^2 = \frac{4k^3}{2\pi^2} |h_k^P|^2 \simeq \frac{2}{\pi^2} \frac{H_\star^2}{M_P^2}$$

Energy density in GW's

- The **energy density** can then be written in terms of the **transfer function**

$$\rho_h(\tau) = \frac{1}{32\pi G a^2(\tau)} \int d \ln k (\Delta_h^P)^2 \mathcal{T}'^2(\tau, k)$$

- The most **commonly used quantity**: energy density per log scale normalized to critical density

$$\Omega_h(\tau, k) \equiv \frac{\tilde{\rho}_h(\tau, k)}{\rho_c(\tau)}, \quad \tilde{\rho}_h(\tau, k) = \frac{d\rho_h(\tau, k)}{d \ln k}$$

- Most **useful expression**:

$$\Omega_h(\tau, k) = \frac{(\Delta_h^P)^2}{12} \frac{1}{H^2(\tau)} \frac{1}{a^2(\tau)} \mathcal{T}'^2(\tau, k)$$

Energy density in GW's

- Assuming mode deep inside horizon:

$$\mathcal{T}'^2(\tau, k) \simeq k^2 \mathcal{T}^2(\tau, k)$$

- Given our previous discussion, after inflation modes start out **outside** the horizon and are **frozen**

- Mode **enters** at $\tau = \tau_{hc}$ after which energy density gets **diluted as radiation**

$$\mathcal{T}^2(\tau < \tau_{hc}, k) \simeq \frac{a^2(\tau_{hc})}{a^2(\tau)}$$

- **Approximate** expression:

$$\Omega_h(\tau, k) \simeq \frac{(\Delta_h^P)^2}{12} \frac{k^2}{H^2(\tau)} \frac{a^2(\tau_{hc})}{a^4(\tau)}$$

Modes entering during RD

- This is the **most relevant** case for studying PT's, both QCD and EW happen in that epoch
- Condition for **entering**: $(aH)^{-2}(\tau_{hc}) \simeq 1/k^2$
- During **RD** $H^2 \propto 1/a^4$
- Thus $k^2 a^2(\tau_{hc}) \propto \text{const.}$
- **Spectrum** for modes entering during RD **constant!**

Effect of Phase transition

- Depart from pure RD during PT
- Traditional description: changing number of rel. degrees of freedom in equilibrium

$$g_{\star,a} \equiv g_{\star}(\tau > \tau_t) \neq g_{\star}(\tau < \tau_t) \equiv g_{\star,b}$$

- Assuming PT is second order adiabatic (entropy conserved):

$$S = \frac{\rho + p}{T} a^3 = \text{const.}$$

- For radiation

$$\rho + p \propto g_{\star} T^4$$

Effect of Phase transition

- Expansion rate: $a \propto T^{-1} g_*^{-1/3}$

- Hubble: $H^2 \propto \rho \propto \frac{1}{a^4} g_*^{-1/3}$

- Energy density:

$$\Omega_h \propto k^2 a^2(\tau_{hc}) \propto a^4(\tau_{hc}) H_{hc}^2 \propto g_*^{-1/3}$$

- Depends only on # of DOF's

- Expect to see a step in GW density

QCD Phase transition

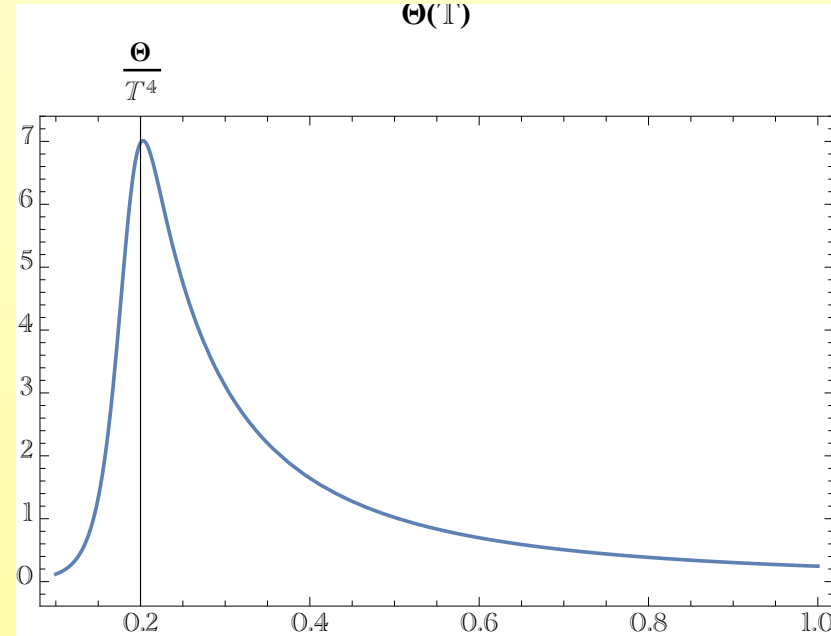
- Numerical evaluation

- Lattice simulations:

$$\Theta = \text{Tr } T = T^4 \left(1 - \frac{1}{(1 + e^{(T-c_1)/c_2})^2} \right) \left(\frac{d_2}{T^2} + \frac{d_4}{T^4} \right)$$

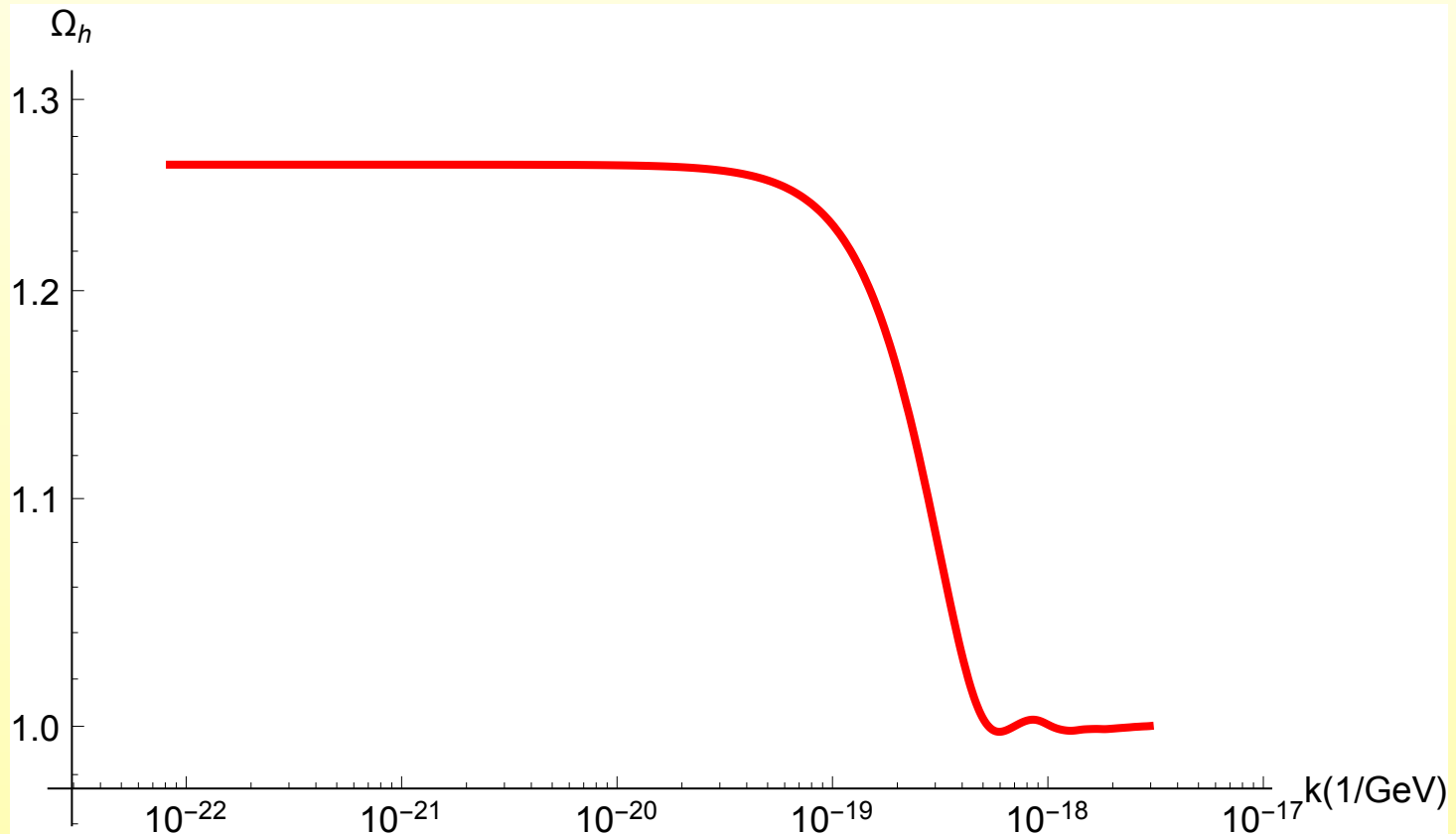
- d_4 is vacuum energy that is changing from $\mathcal{O}(\Lambda_{QCD}^4)$ to almost zero

- Valid between 100 MeV and 1 GeV



QCD Phase transition

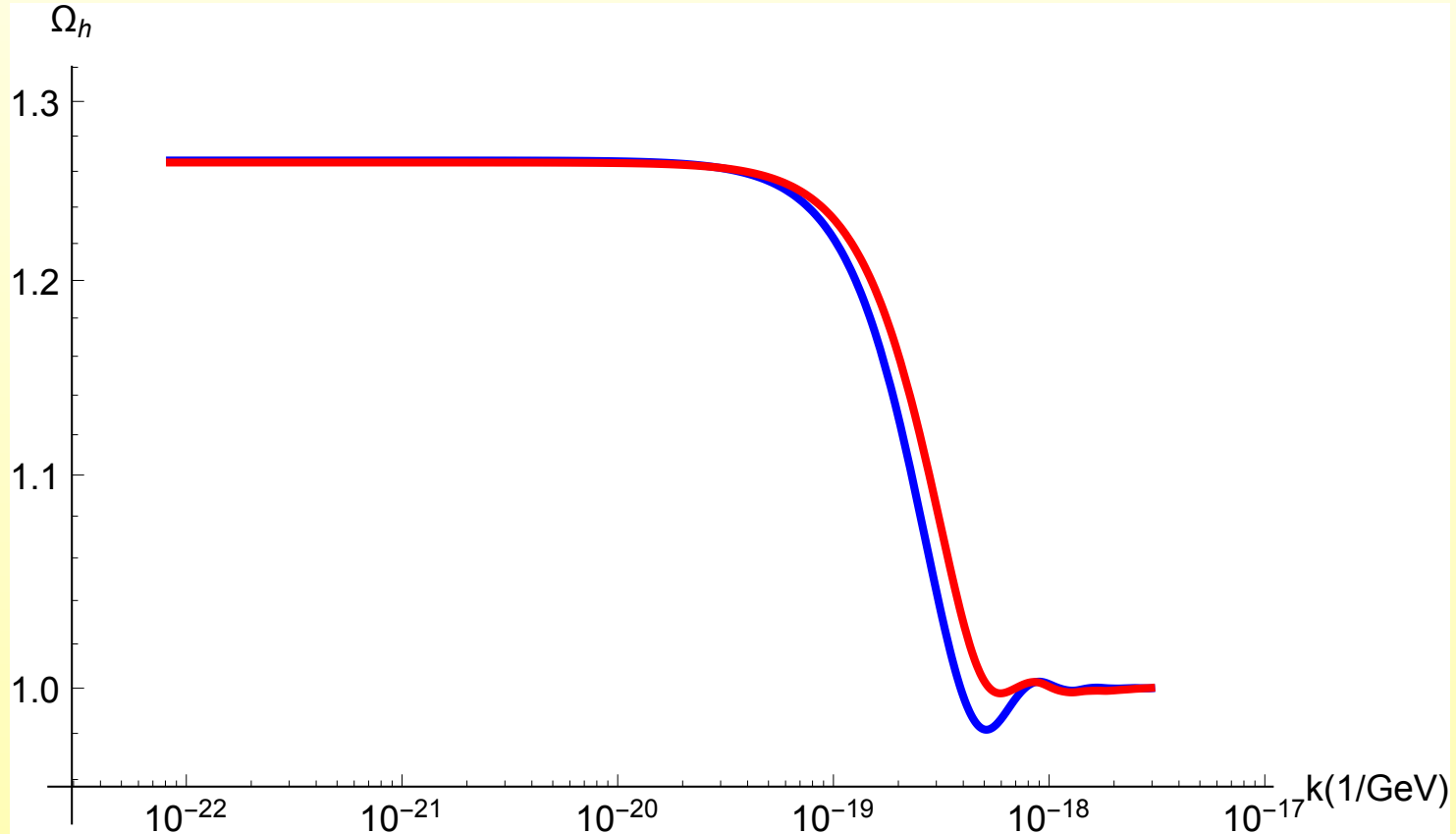
- A typical result:



- Size of step given by change in DOF $60 \rightarrow 20$ under QCD, **HUGE step**

QCD Phase transition

- If **all VE** (ie. change EOS for Θ)



- Almost **no difference**. Effect of VE (vs. changing DOF's) **not** measurable in QCD PT

Condition for strong effect of VE

- Simplified discussion: assume VE jumps at some time τ_t
- Assume (for now) horizon monotonic (no mode re-enters)

- Expansion $a^2 H^2 \propto \rho_\Lambda a^2 + \bar{\rho}_R a^{-2}$

$$a^2 \propto \frac{2\bar{\rho}_R}{(aH)^2} \left(1 + \sqrt{1 - 4 \frac{\rho_\Lambda}{\bar{\rho}_R} \left(\frac{\bar{\rho}_R^2}{(aH)^4} \right)} \right)^{-1}$$

- Modes entering much before & after transition unaffected

$$\Omega_h(\tau > \tau_t, k \gg k_t) \propto g_{\star,b}^{-1/3}$$

$$\Omega_h(\tau > \tau_t, k \ll k_t) \propto g_{\star,a}^{-1/3}$$

Condition for strong effect of VE

- However modes **entering** around **transition** $k_t = (aH)(\tau_t)$
- Enhancement of modes

$$\Omega_h(\tau > \tau_t, k \gtrsim k_t) \propto g_{\star,b}^{-1/3} \left[1 + \xi \left(\frac{k_t}{k} \right)^4 \right]$$

$$\Omega_h(\tau > \tau_t, k'_t \lesssim k \lesssim k_t) \propto g_{\star,b}^{-1/3} \frac{k^2}{k_t^2} (1 + \xi)$$

- **Magnitude of peak** set by ξ the maximal ratio of VE to radiation

$$\rho_{\Lambda,b}/\xi = \bar{\rho}_{R,b}/a^4$$

- However if **step** much **larger than peak**, peak will be **washed out**, case for QCD - VE never becomes comparable to radiation & large change in DOF's

Condition for strong effect of VE

- Even for other (hypothetical) PT's form strongly constrained by basic conditions if adiabatic

- Positive entropy $\rho + p \geq 0 \rightarrow \frac{dp}{dT} \geq 0$

- Positive energy densities $\rho > 0$

- No contracting solutions $\rho_\Lambda \geq 0$

- Apply first condition:

$$\frac{\Delta p_R / \Delta T}{\Delta p_\Lambda / \Delta T} \equiv -\frac{1}{3} \left(T \frac{\Delta g}{\Delta T} + 4g \right) \frac{\Delta T}{T} \frac{1}{g \Delta V / \rho_R} > 1$$

Condition for strong effect of VE

- Two options:

- $\frac{\Delta g}{\Delta T} T \gg 4g \Rightarrow \rho_{\Lambda}/\rho_R < \frac{g_i - g_f}{3g_i}$ **no peak at all**

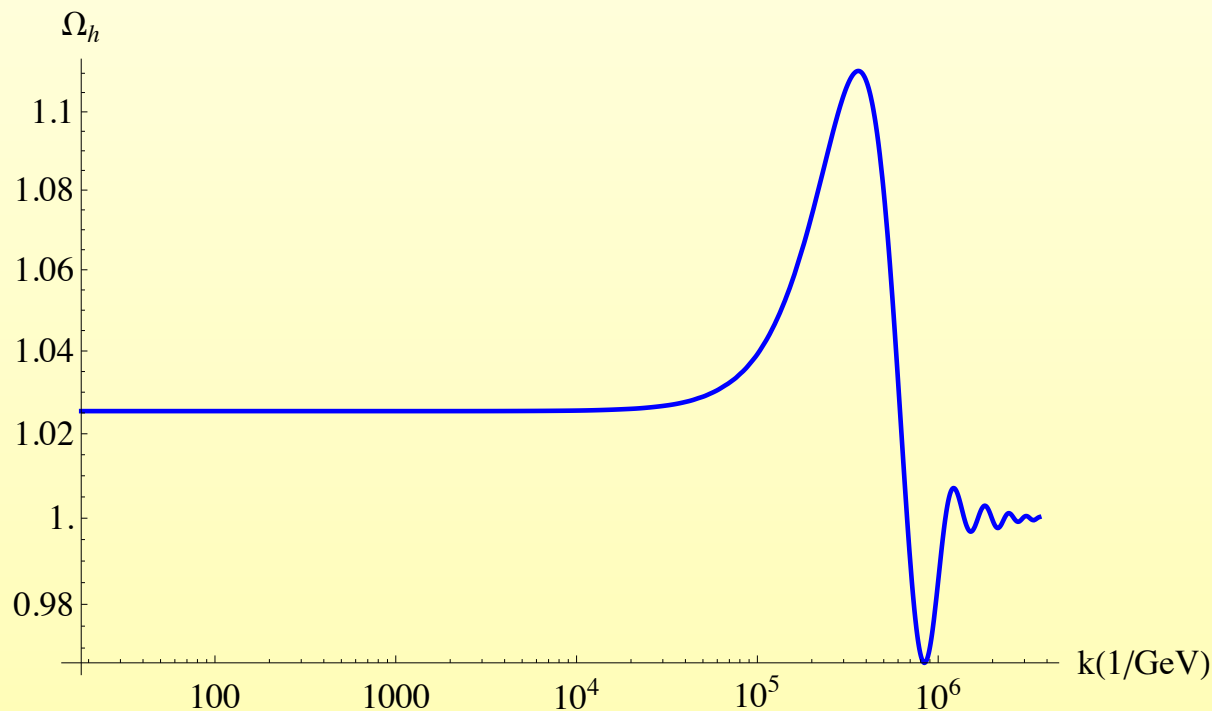
- $\frac{\Delta g}{\Delta T} T \ll 4g \Rightarrow \rho_{\Lambda}/\rho_R < \frac{4}{3} \frac{\Delta T}{T} \gg \frac{1}{3} \frac{\Delta g}{g} \simeq \left(\frac{g_i}{g_f}\right)^{1/3}$ **possibly limited peak**

- Best example we found so far for a peak due to VE:

- Hypothetical **PQ PT** with few scalars, one sets **VEV** other sets **quartic** (and hence critical Temp).

A peak in the GW spectrum

- Best example with peak so far:



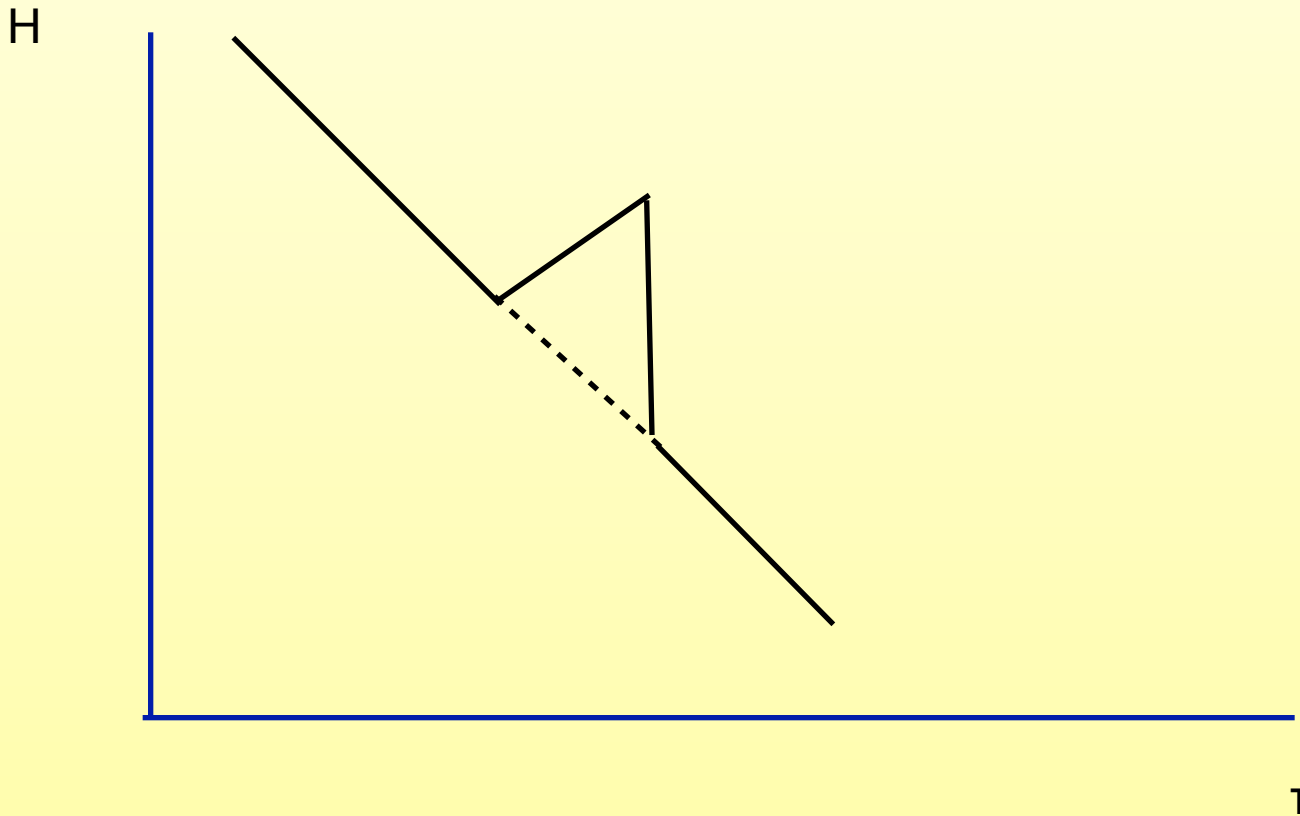
- PQ-like PT at 10^{11} GeV, DOF $119 \rightarrow 108$, Λ as large as possible $> 1/3$ of radiation

Effect of adjustment mechanism

- Depends on the **time scale** for the adjustment
- If **very quick** - might just set VE to zero always. In this case hard to make **any distinction** in QCD & EW
- Other possibility: adjustment **time scale** somewhat **larger** than that of PT
- In this case expect a **period** where **VE dominates** after the PT
- Could have a **short inflation-like** period after PT

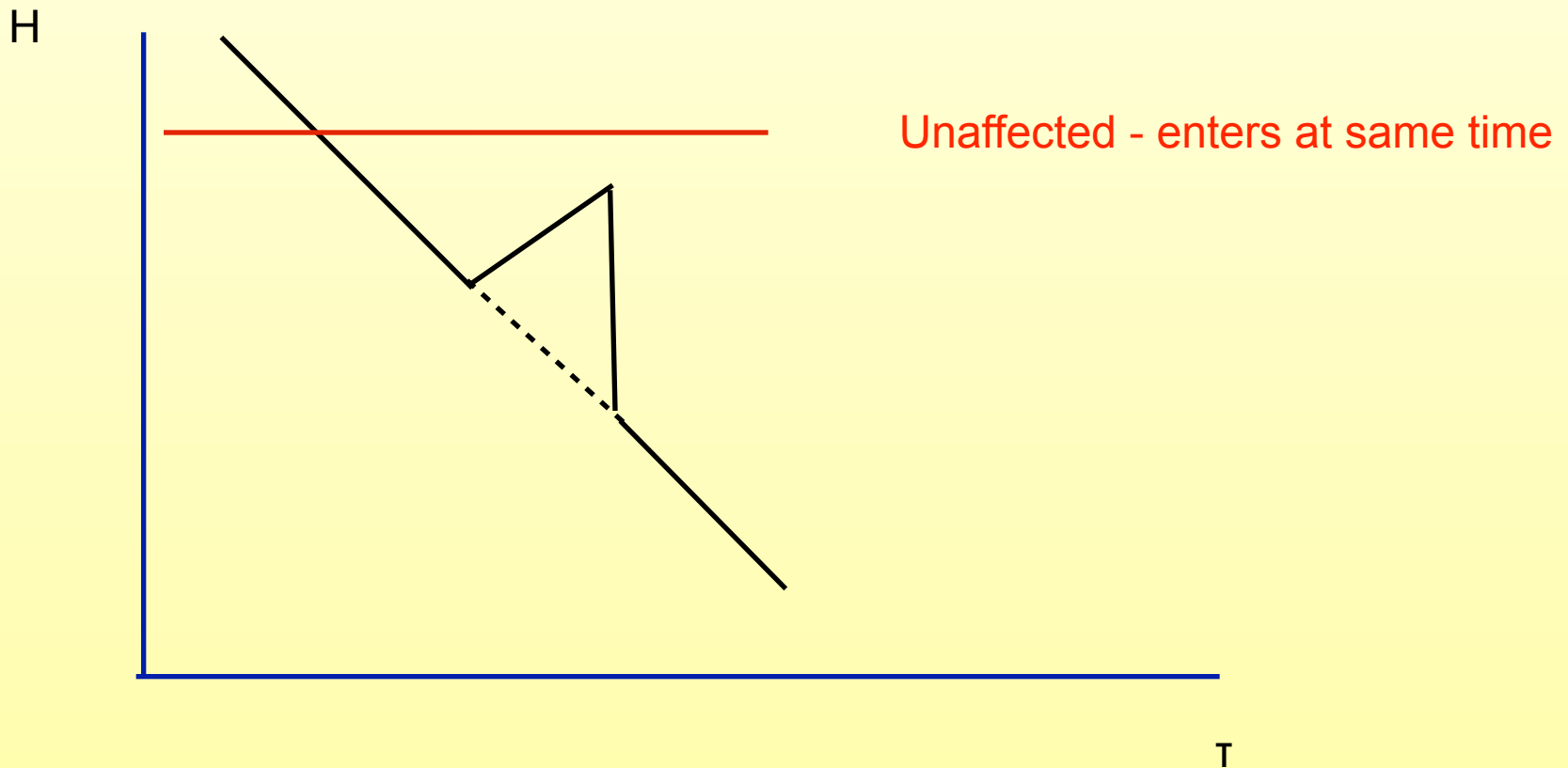
Effect of short inflation

- Some of the modes that entered **will leave** again
- Some modes will only **enter later**



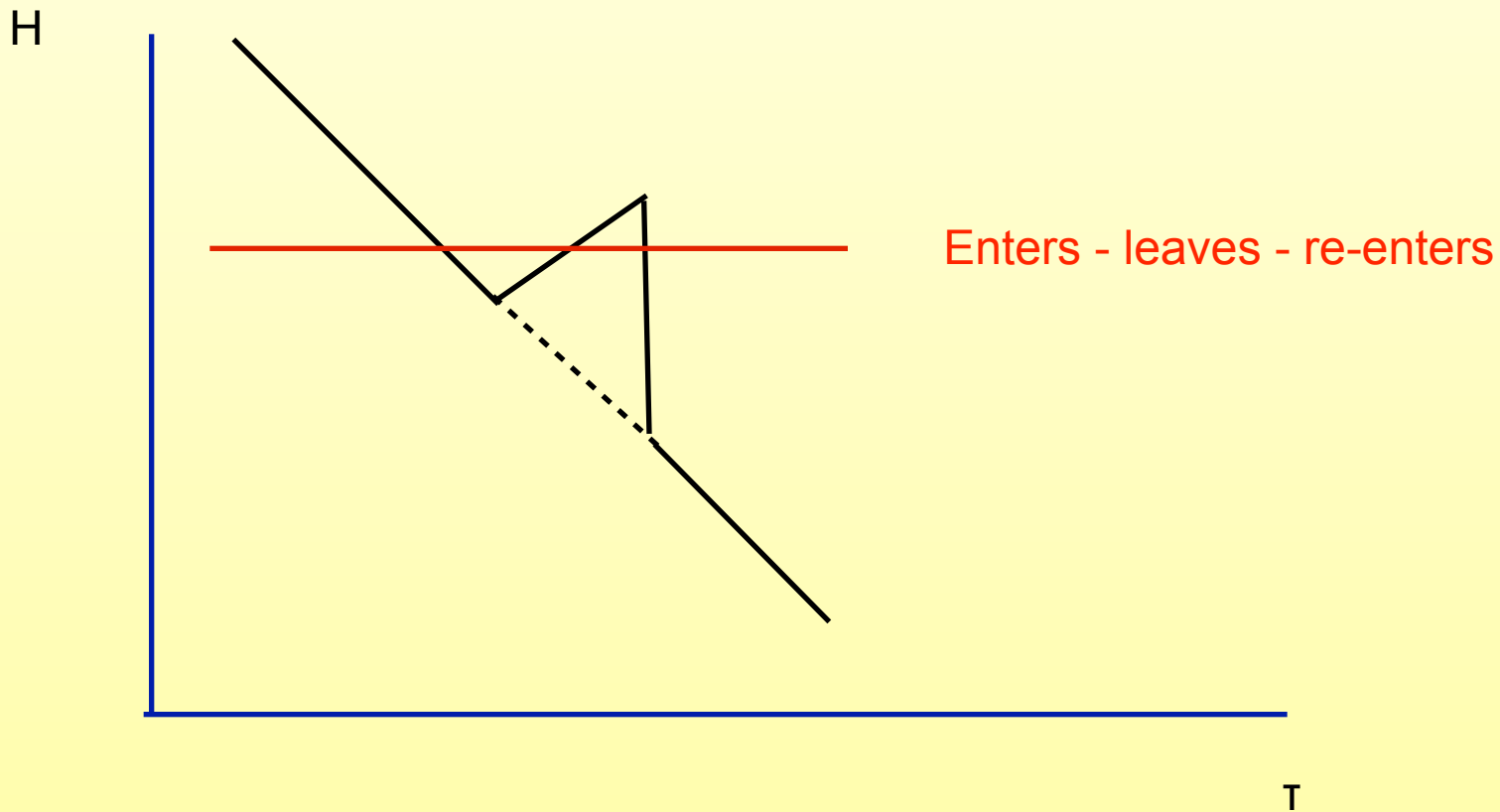
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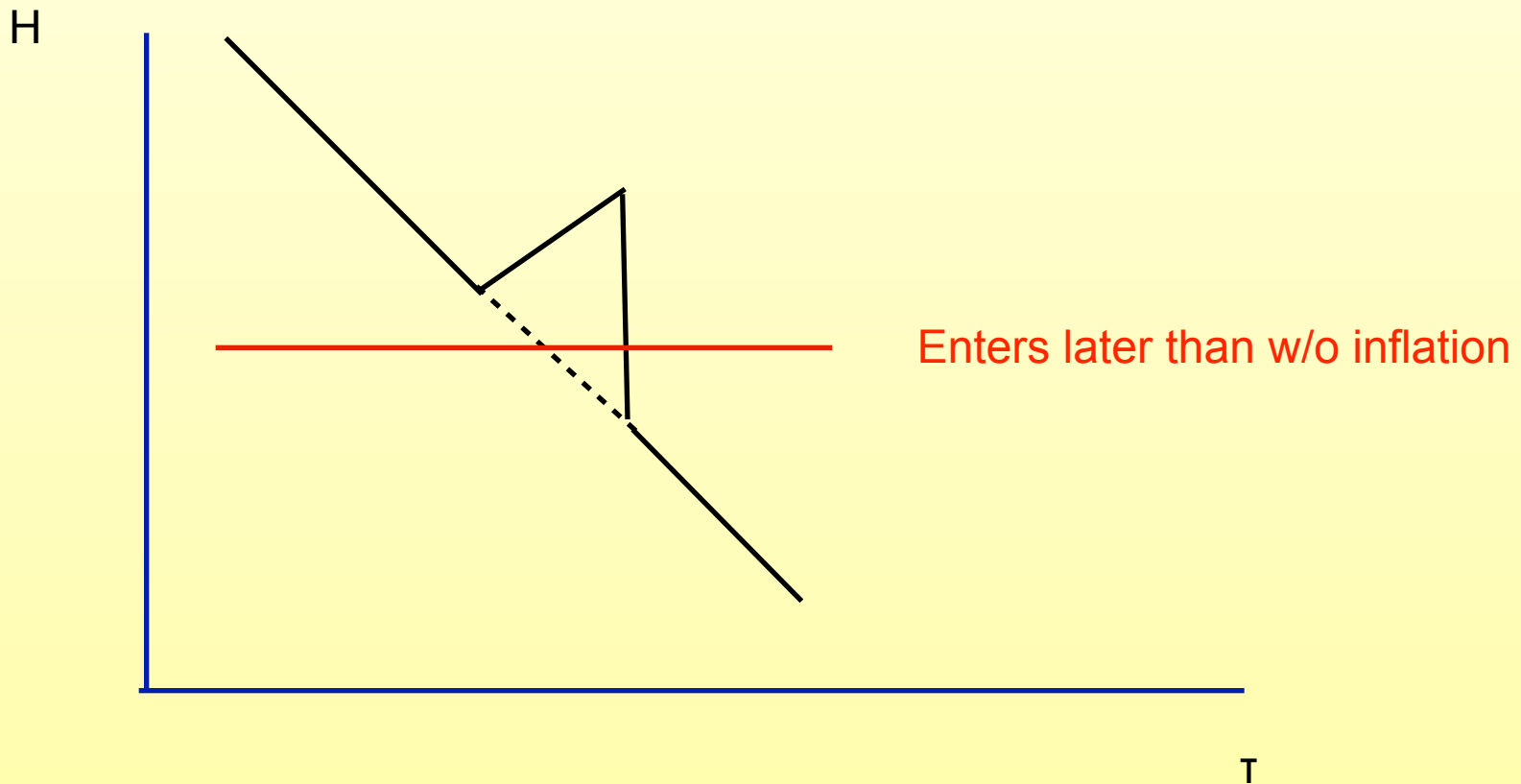
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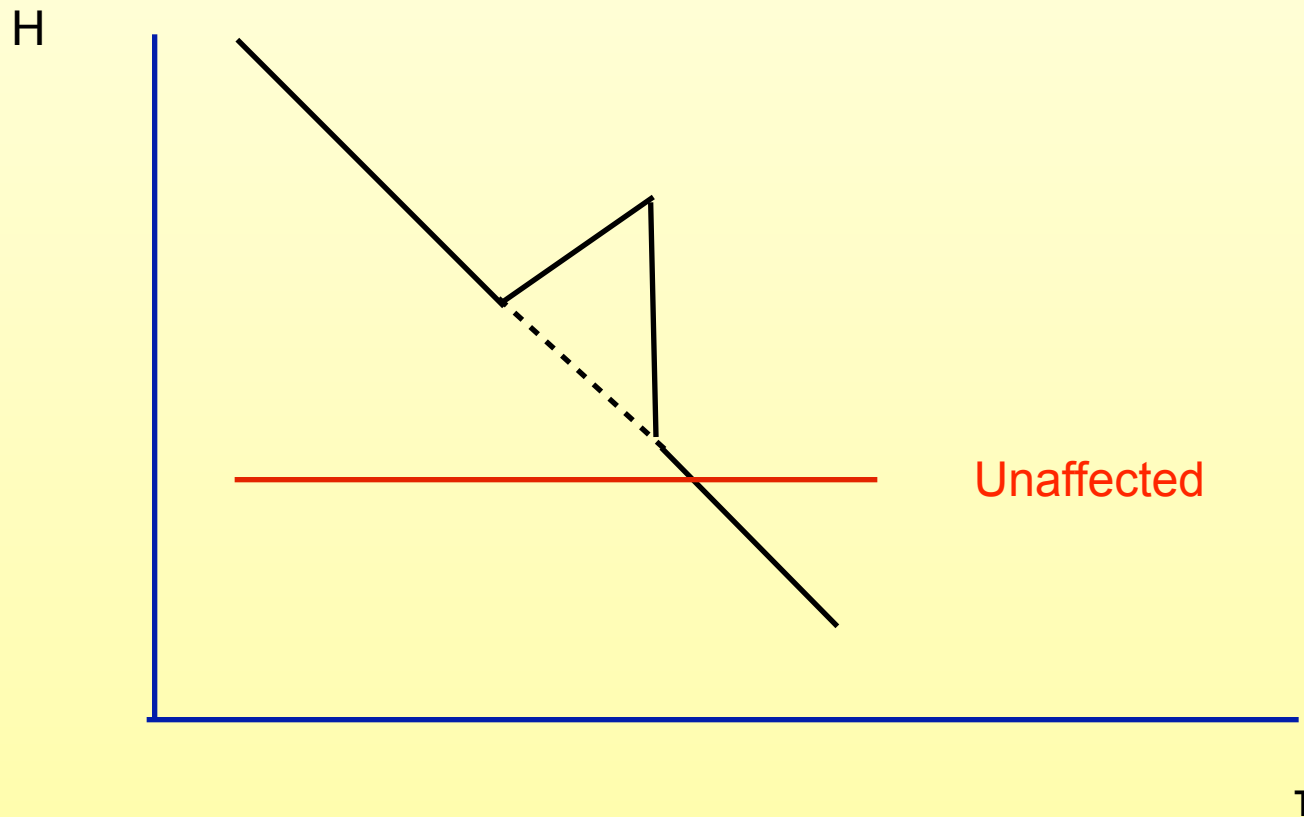
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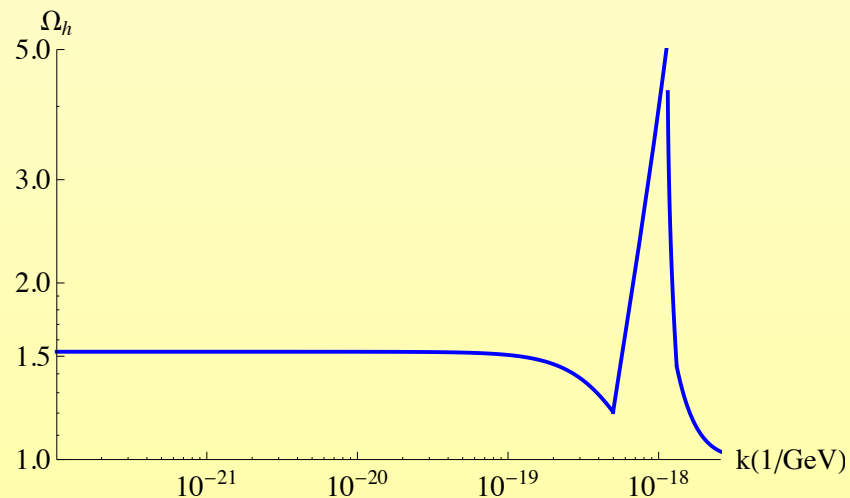
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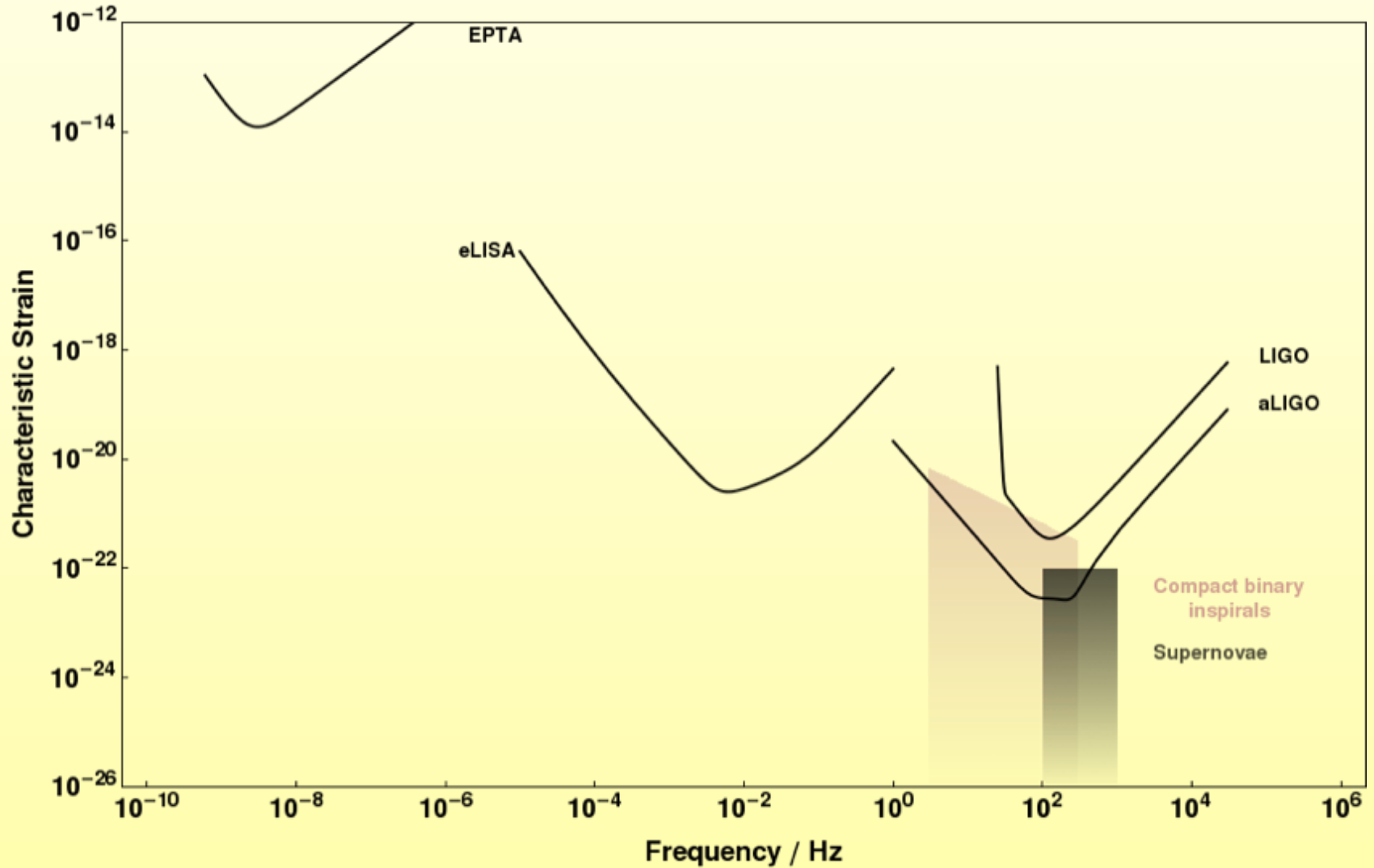


Effect of short inflation

- Affected modes will be **enhanced**
- Expect to see a **peak** which **can be large** depending on the duration of the VE domination
- Very crude sketch for QCD with adjustment (**preliminary!**)



Sensitivity of future experiments



Summary

- An important part of our standard picture of cosmology & particle physics: **VE should change** during PT's
- Never dominates - how could we check **experimentally?**
- Look for systems where **vacuum energy is sizeable** fraction
Neutron stars - should cause measurable deviation in maximal mass of NS's
- Look for **effect** during PT where VE sizable:
Primordial gravitational waves - hard to see VE in standard scenario, possible peaks with adjustment?