

# Cosmology III : The Universe as a high energy physics laboratory

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July 27, 2015

- 1 Introduction
- 2 The thermal history of the Universe
  - Nucleosynthesis
  - Neutrinos
  - Phase Transitions
- 3 Inflation
- 4 Conclusions

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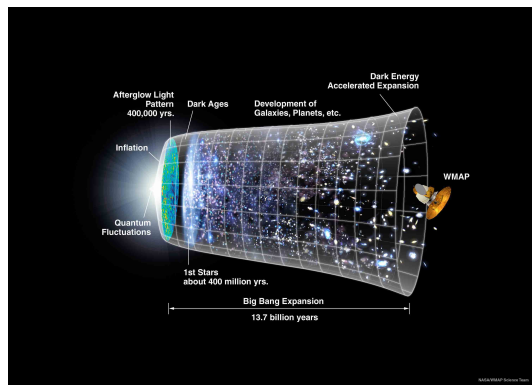
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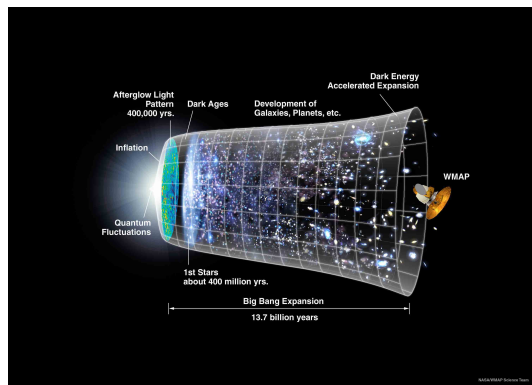
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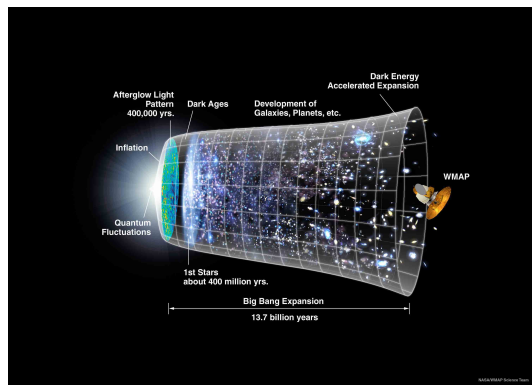
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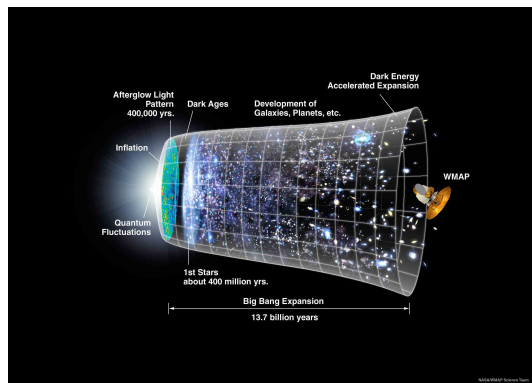
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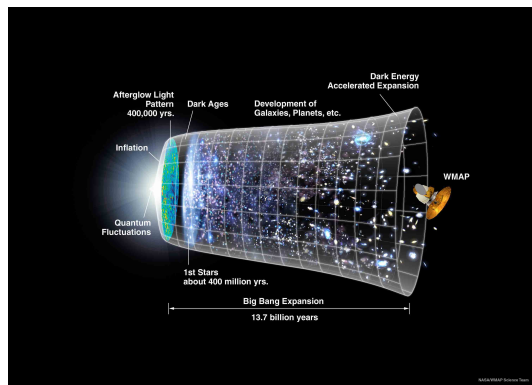
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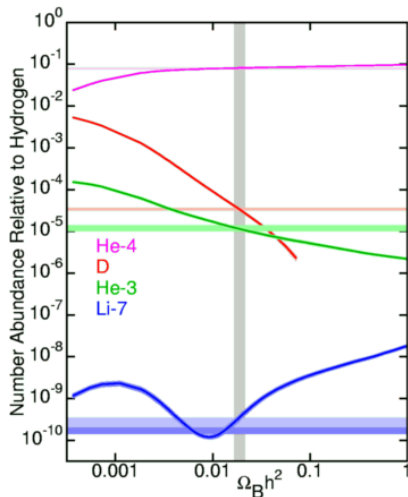
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# Nucleosynthesis

A  $T_{\text{nuc}} \simeq 0.08\text{MeV} \simeq 10^9\text{K}$   
Deuterium ( $p + n$ ) becomes  
stable. At this moment virtu-  
ally all the neutrons present  
in the Universe are 'burned'  
into  $\text{He}^4$ . Only traces of Deu-  
terium, Helium<sup>3</sup> and Lithium<sup>7</sup>  
remain. Their abundance  
depends strongly on the baryon  
density.



- At  $T \simeq 1.4\text{MeV} \simeq 1.6 \times 10^{10}\text{K}$ , weak interactions are no longer sufficiently active to keep the neutrinos in thermal equilibrium with the rest of the matter (baryons, electrons, photons, dark matter) neutrinos decouple.



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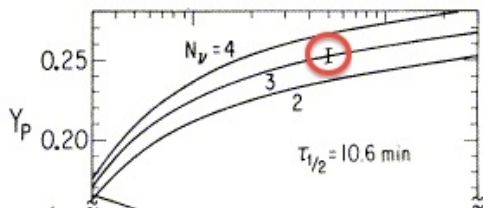
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- Later, at  $T \simeq 0.5\text{MeV}$ , electrons and positrons decay into photons and heat up the photons but not the decoupled neutrinos.
- A **neutrino background** at a 'temperature'  $T_\nu = \left(\frac{4}{11}\right)^{1/3} T_0 \simeq 1.9\text{K}$  should exist in the Universe.

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- A **neutrino background at a 'temperature'**  $T_\nu = \left(\frac{4}{11}\right)^{1/3} T_0 \simeq 1.9\text{K}$  should exist in the Universe.
- But even if these neutrinos have a **density of about 300 particles per  $\text{cm}^3$**  they have not been detected directly so far due to their extremely weak interaction.

# Abundance of relativistic particles

Neutrinos are however 'observed' indirectly by their **gravitational effects**:

- They contribute to the expansion of the Universe (Friedmann eqn) which is relevant for the abundance of Helium-4.  $\Rightarrow N_\nu$  (number of relativistic neutrino species at  $T \simeq 0.1\text{MeV}$ ).

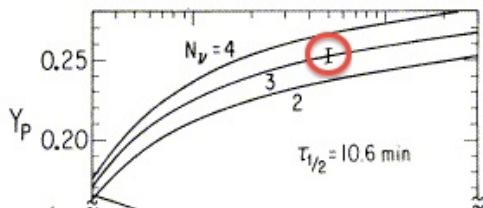


(Sarkar et al. '06)

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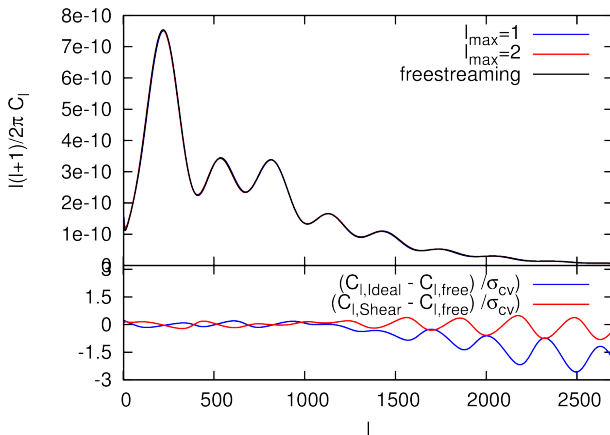
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$$\Rightarrow \boxed{N_\nu \simeq 3 \pm 1}$$

- This limit applies to any species of relativistic particles with thermal abundance at  $T \simeq 0.1\text{MeV}$ .

# Neutrinos in the CMB

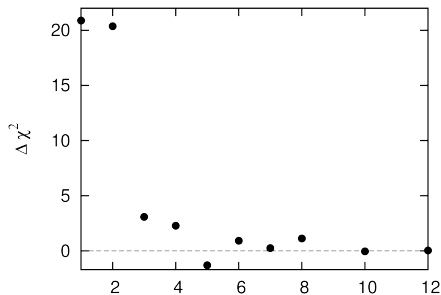
Neutrinos also contribute to the anisotropies of the CMB where one can even measure the consequence of the fact that neutrinos are not a perfect fluid but collisionless particles.



(Sellentin & Durrer, 2015)

# Neutrinos in the CMB

The CMB cannot be fit with neutrino's which are either a perfect fluid or a fluid with anisotropic stress.



(Sellentin & Durrer, 2014)

The probability that the fluid model is described by this data is

$$\exp(\Delta\chi^2/2) \simeq 3.7 \times 10^{-5}$$

times smaller than the probability that the data is described by free streaming neutrinos.

# Neutrino mass

Oscillation experiments request (see course by B. Kayser):  $\sum_{\nu_i} m_{\nu_i} > 0.057\text{eV}$ .  
Oscillation experiments measure mass differences; cosmological observations are mainly sensitive to the sum neutrino masses.

Massive neutrinos contribute to the dark matter density,

$$\Omega_{m\nu} h^2 = \frac{\sum_{\nu_i} m_{\nu_i}}{94\text{eV}}.$$

As they are very light, they cannot form small scale structure: Observations of small scale structure limit neutrinos masses.

$$\sum m_{\nu} < 0.49\text{eV} \quad (95\%)$$

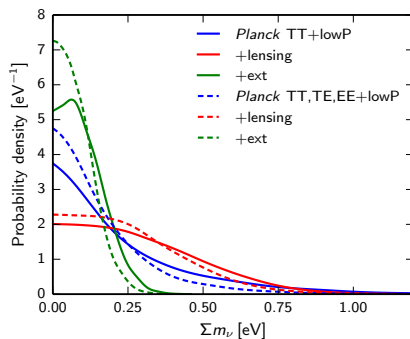
(Planck only)

$$\sum m_{\nu} < 0.194\text{eV} \quad (95\%)$$

(Planck +BAO + SN1a+ $H_0$ )

$$\sum m_{\nu} < 0.15\text{eV} \quad (95\%)$$

(SDSSIII/BOSS (Ly- $\alpha$ )  
+Planck (2013))





## Neutrino number, sterile neutrinos

The number of relativistic degrees of freedom,  $N_{\text{eff}}$  which decouple before  $e^\pm$  annihilation is defined by

$$\rho_{\text{rel}} = \left[ N_{\text{eff}} \frac{7}{8} \left( \frac{4}{11} \right)^{4/3} + 1 \right] \rho_\gamma$$

In the standard model  $N_{\text{eff}} = 3.046$ . The Planck + BAO data requires

$$N_{\text{eff}} = 3.04 \pm 0.18 \quad (68\%)$$

Even with the Planck data alone,  $\Delta N_{\text{eff}} \geq 1$  is excluded at more than  $4\sigma$ .

An additional **sterile neutrino** with  $\Delta N_{\text{eff}} \simeq 0.3$  and mass  $0.5 \text{ eV} \lesssim m_{\nu\text{sterile}} \lesssim 5 \text{ eV}$  can actually reduce the tension of Planck with lensing data (which has a lower  $\sigma_8$ ).

A much heavier,  $\sim \text{keV}$ , sterile neutrino could be **warm dark matter**.

## Phase Transitions: confinement, electroweak transition

During the expansion and cooling of the Universe, its temperature has changed by many orders of magnitude.

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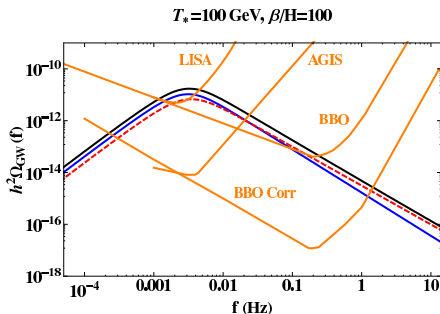
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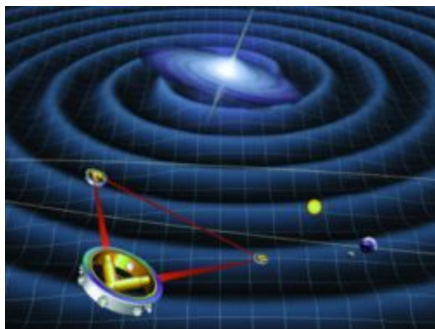
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(Caprini, Durrer & Servant, 2009)

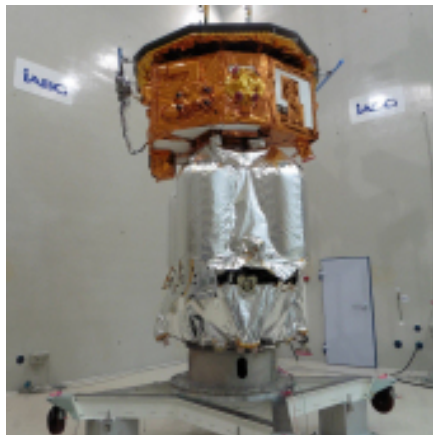




# The satellite eLISA



The eLISA satellite projet (artist's impression). Launch  $>2018$ .



The LISA pathfinder satellite (the real thing). Scheduled for launch later this year.

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With small variations of the standard model particle physics can obtain a 1st order electroweak phase transition which would lead to out of equilibrium processes and allow the generation of a baryon asymmetry.

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But an inflationary phase has also other consequences...

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After this 'Hubble crossing' they are no longer simple vacuum fluctuations but they have a non-vanishing energy density.

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During an inflationary phase, these **quantum fluctuations are excited (enhanced) by the rapid expansion of the Universe** when they become larger than the Hubble scale during inflation.

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**The large scale structure of the Universe has been initiated by quantum fluctuations.**

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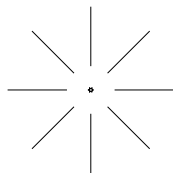
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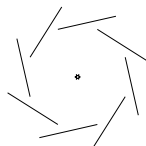
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Density perturbations (scalars) generate only one type of polarisation (E) while gravitational waves (tensor perturbations) generate also a second type (B).



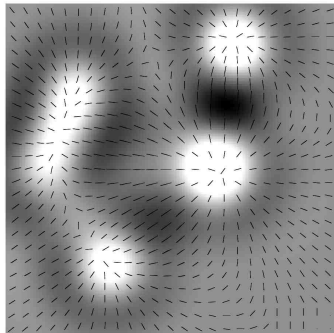
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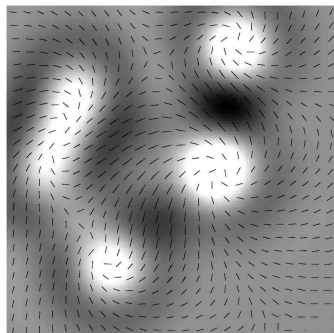
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# Polarisation of the CMB

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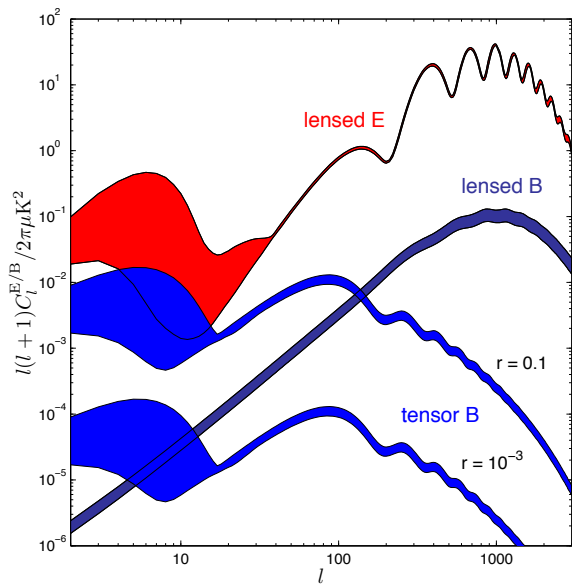


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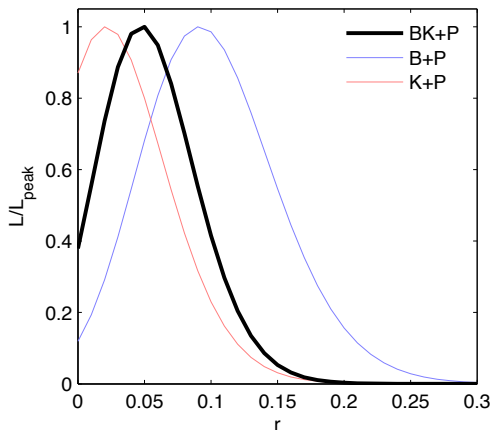
The discovery of B-polarisation is considered the 'holy grail' of inflation. It determines the energy scale of inflation.

# B-polarisation in the CMB from tensors & lensing



Challinor & Lewis (2006)

# Experimental limits



(Bicep-Keck-Planck, 2015)

Limits on the tensor to scalar ratio  $r = A_T/A_S$  from observations.



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- And we would see a quantum effect of the gravitational field,  
⇒ a 'glimpse' of quantum gravity.

# Conclusions

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Cosmology seems to be one of the most promising directions to give us access to the physics at very high energies,  $E \gg 10\text{TeV}$ .