

*Uniting physics, biology and medicine for better healthcare*



*Enhancing the ratio between tumor cell killing and normal tissue protection*

Treatment outcome in patients treated with single-dose irradiation (SDRT) for oligometastatic disease

Carlo Greco

# Why is Single Dose IGRT (SDRT) in oligometastases?

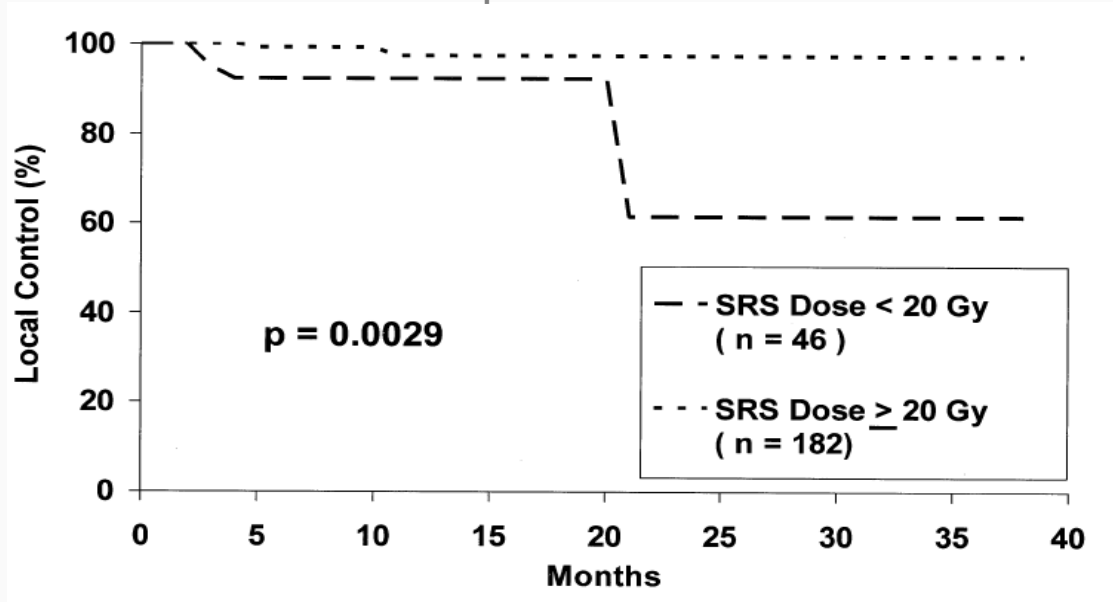
Oligometastatic disease is an ideal model to assess the role of SDRT in tumor ablation.

SDRT is mature to challenge surgery and other emerging ablative modalities as the primary mode of tumor ablation because it is:

- highly effective
- non-invasive
- fast & convenient
- cost-effective

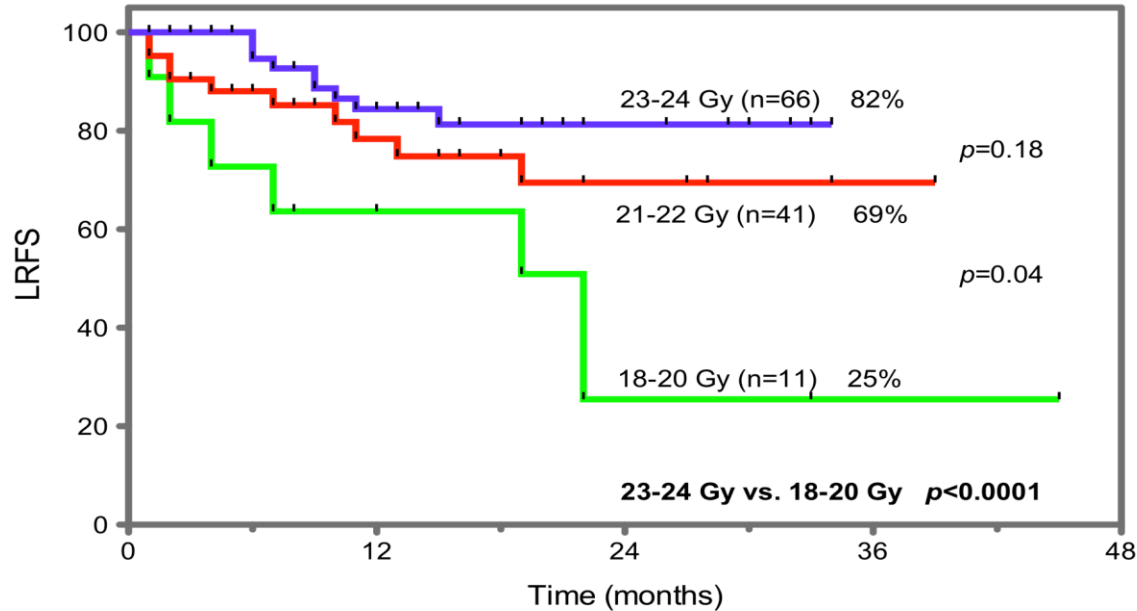
# Brain metastases SRS dose response

468 pts with < 2cm lesions



Shehata, Int. J. Radiation Oncology Biol. Phys., Vol. 59, No. 1, pp. 87–93, 2004

# MSKCC SDRT Dose Escalation Study



High dose vs. Low dose  
(82% vs. 25%) highly significant ( $p < 0.0001$ )

Greco C. *et al.* Int. J. Rad Oncol Biol. Phys, 2011



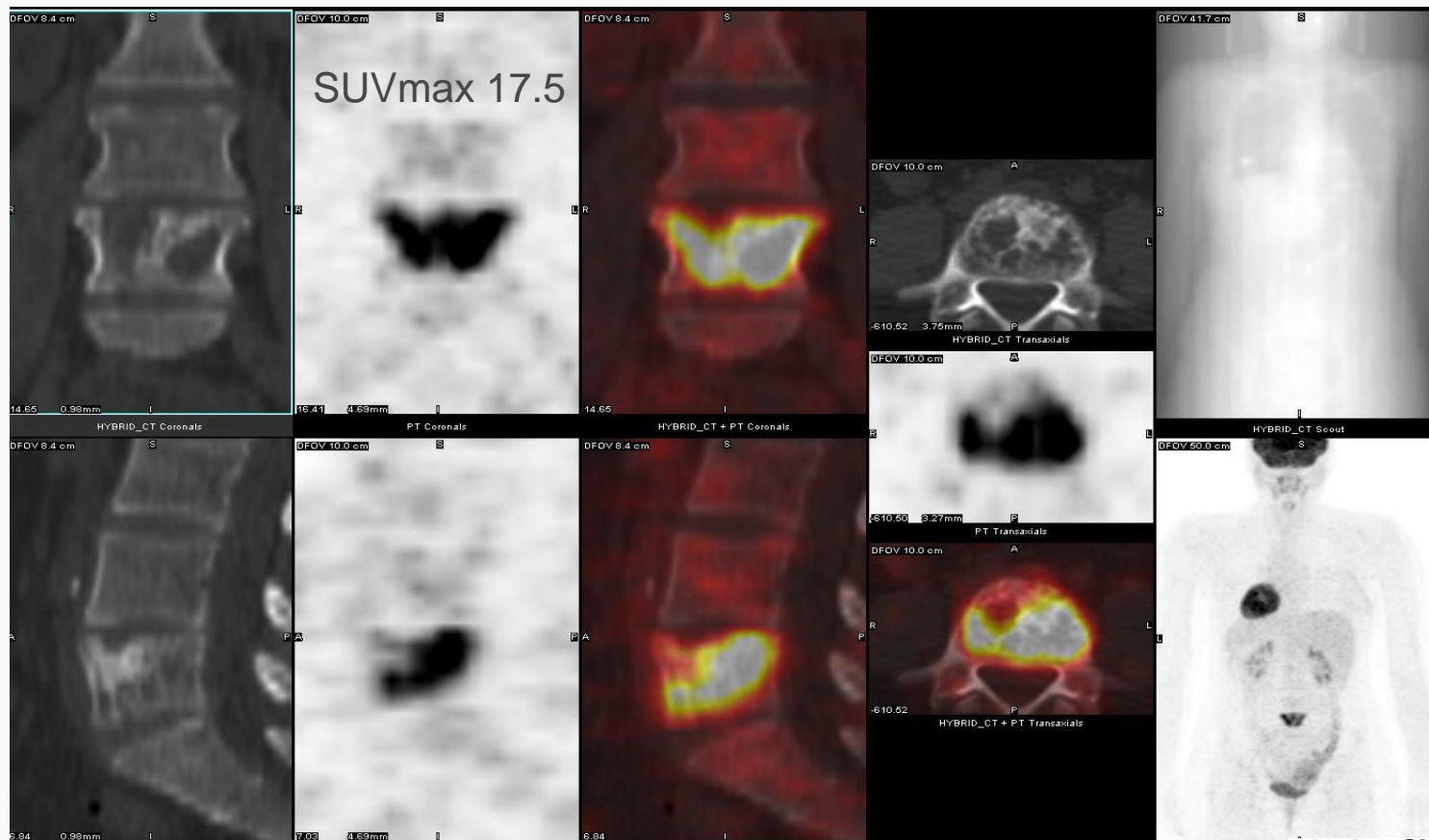
## MSKCC study 10-154

Phase III randomized study to compare efficacy and toxicity  
of SD-IGRT *versus* Hypofractionation

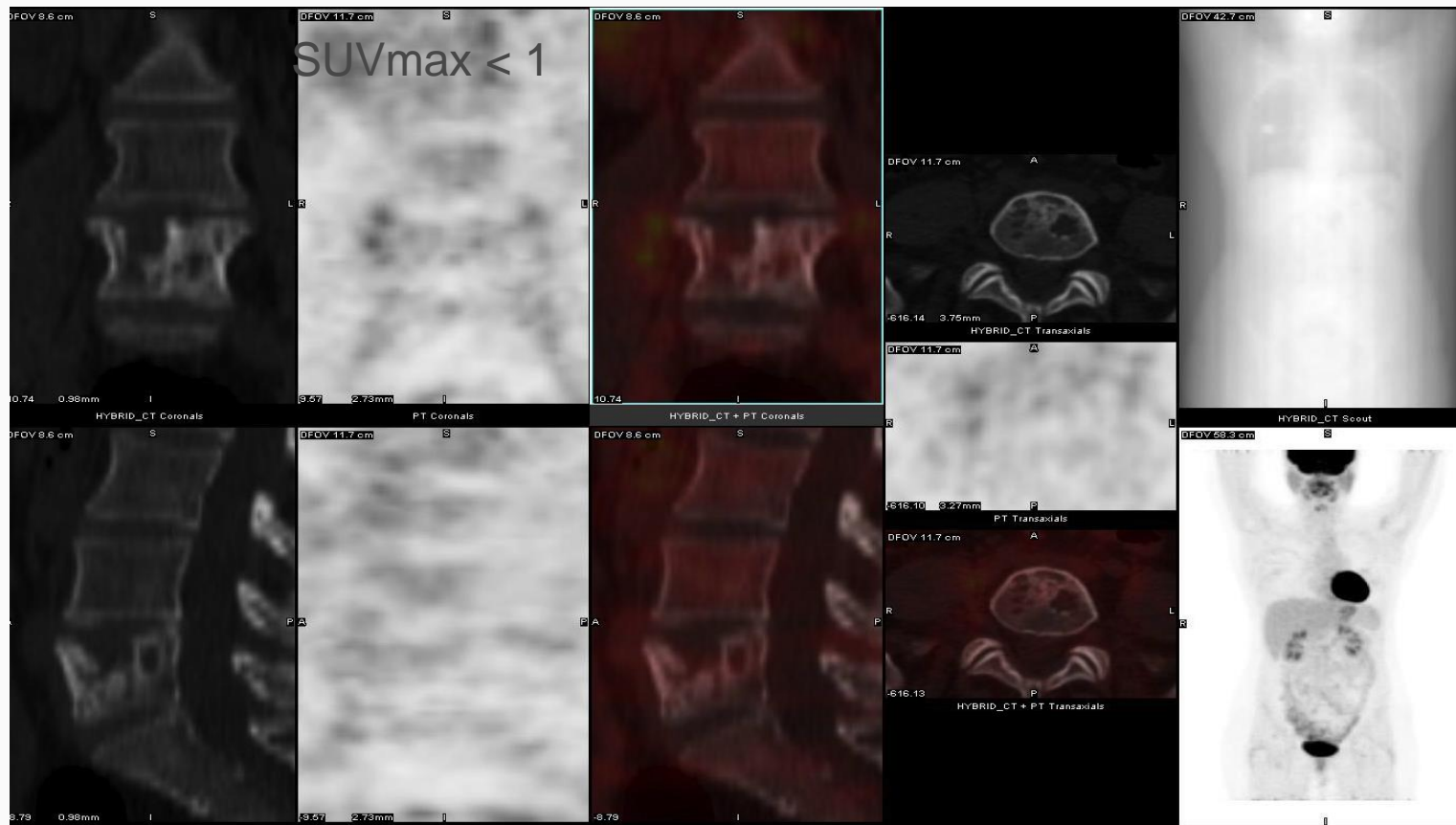
24 Gy SD vs. 27 Gy (9 Gy x 3)

> 220 Patients accrued and over 500 lesions treated

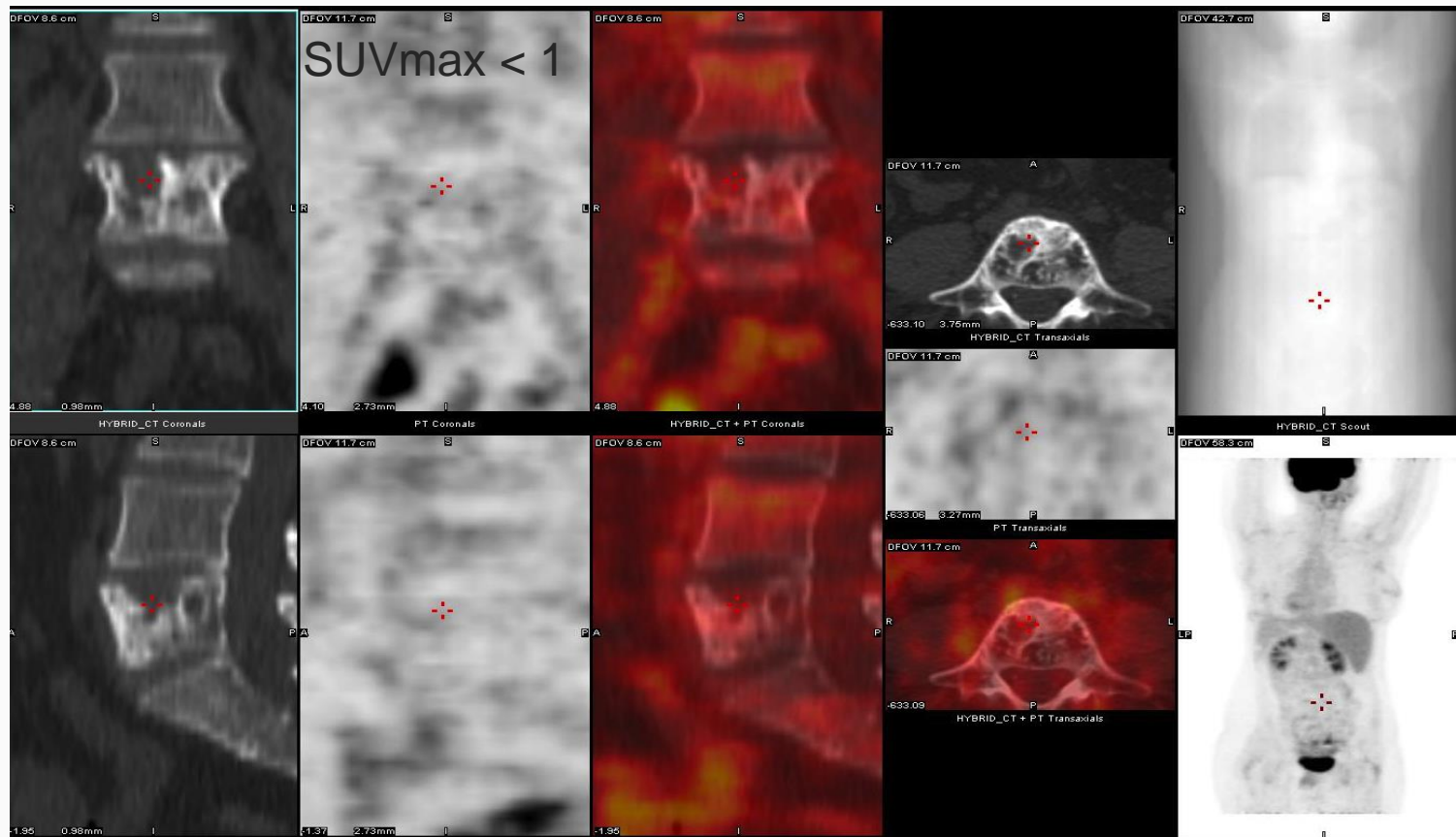
# Baseline PET/CT: solitary L5 lesion from Breast cancer



# 3 Months FU PET/CT: Complete metabolic response



# 36 Months FU PET/CT: Complete metabolic response

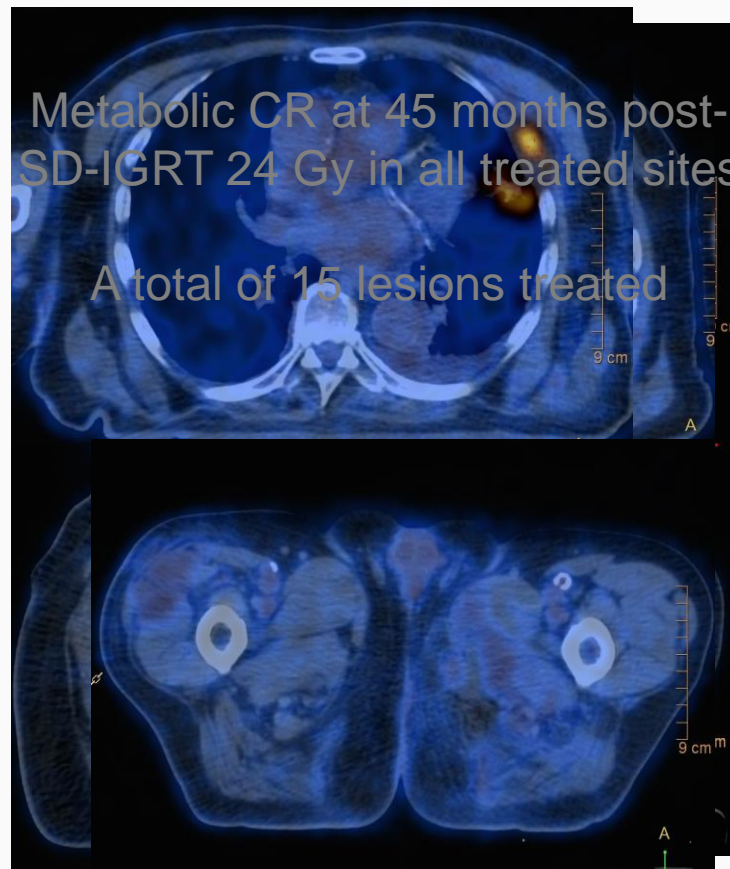
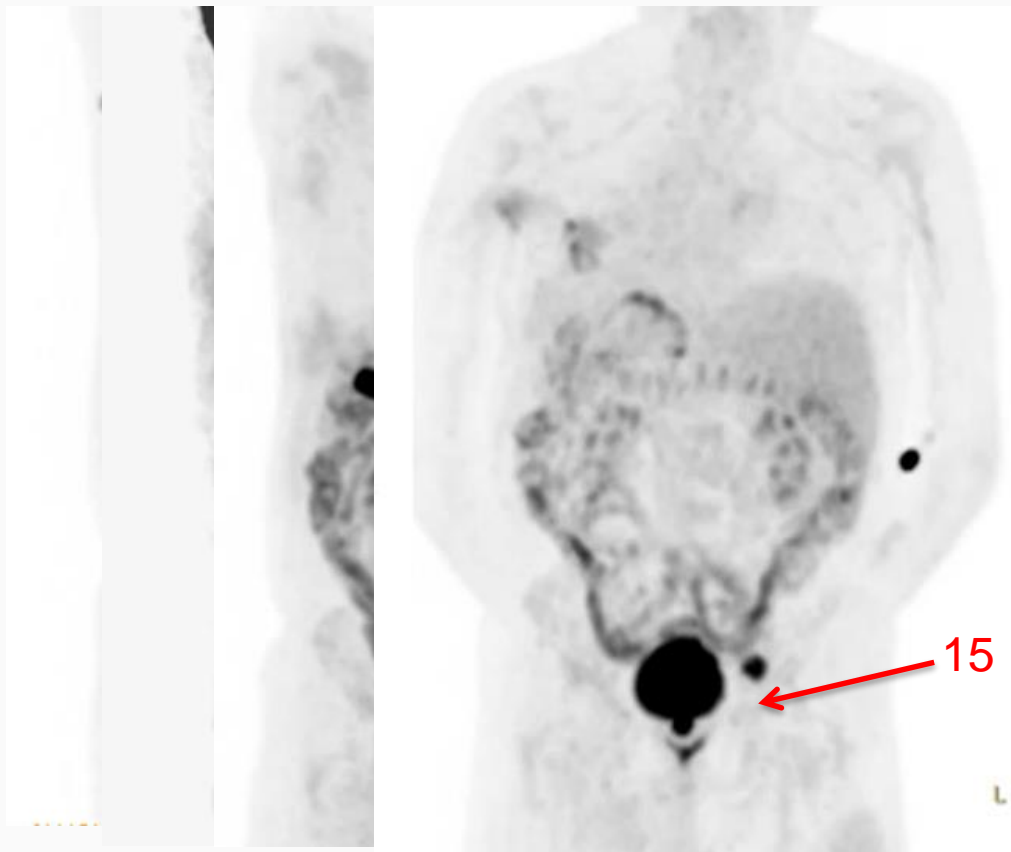




## LRFS following SDRT (24 Gy) vs. Hypo (27 Gy in 3 Fx) CCU preliminary data

- 465 lesions in 202 patients (mean, 2.3 lesions per pt)
- Prescription based on ability to fulfill dose/volume constraints for SDRT
- 76% (355/465) of lesions treated with SDRT 24 Gy
- 24% (110/465) of lesions treated with 27 Gy in 3 fractions (9 Gy x 3)
- PET at baseline, 3 & 6 months and every 6 months post-treatment
- Response consistently assessed by metabolic (PERCIST) criteria

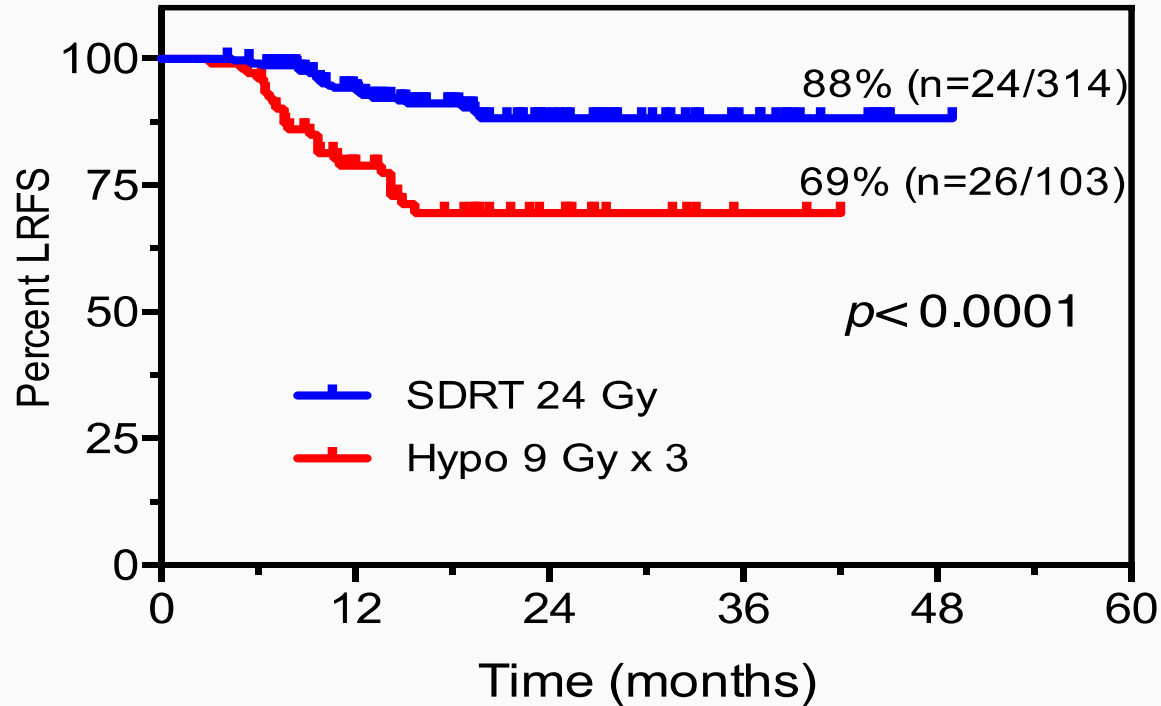
12/2013/20109/20109/2014



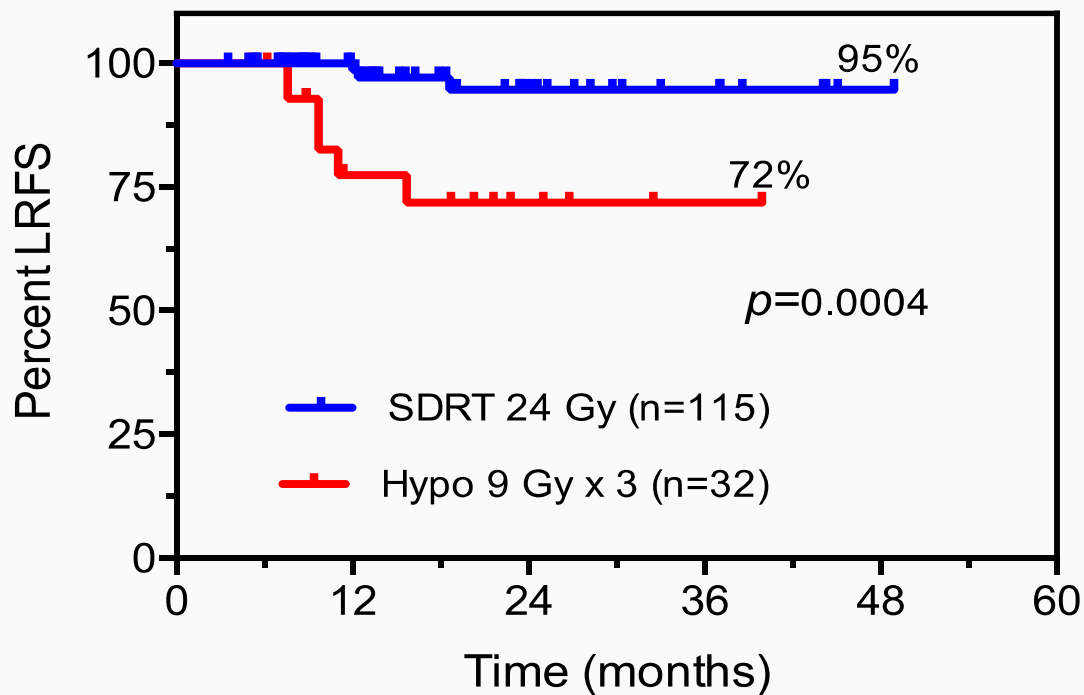
Metabolic CR at 45 months post-SD-IGRT 24 Gy in all treated sites

A total of 15 lesions treated

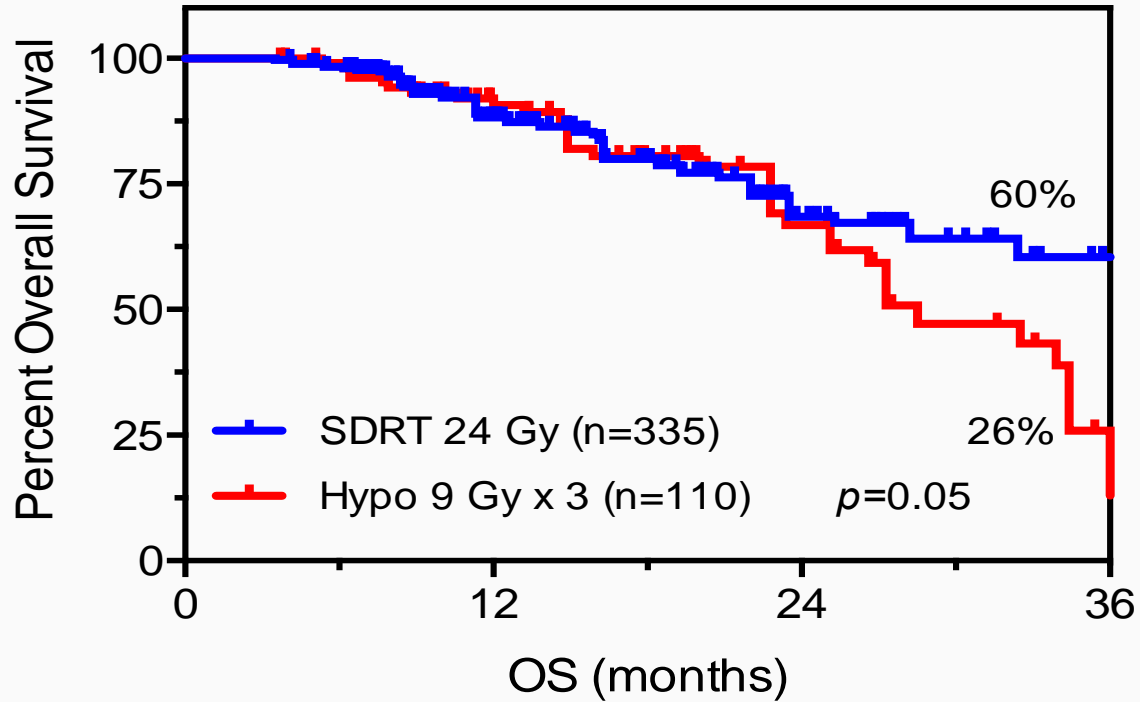
# LRFS SDRT 24 Gy vs. Hypo 9 Gy x 3



## Bone only LRFS SDRT 24 Gy vs. Hypo 9 Gy x 3



## OS SDRT vs. Hypo



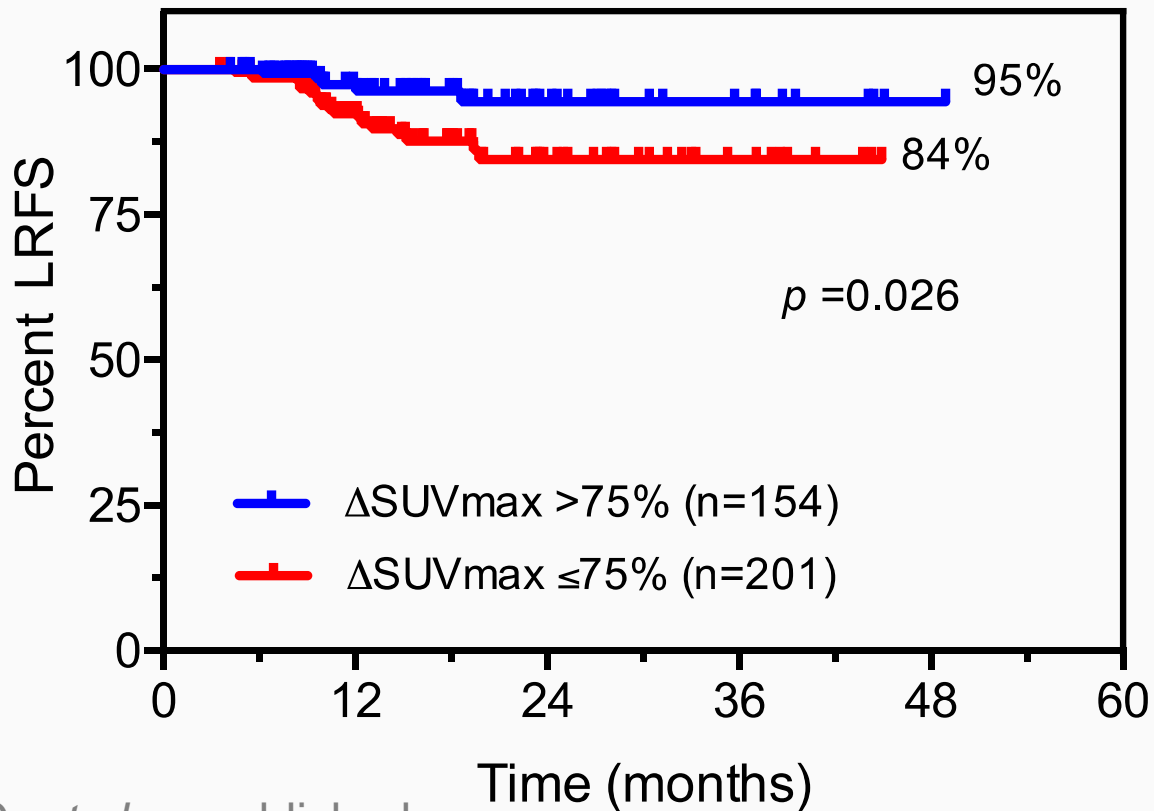
Greco C. *et al.* unpublished data

# The quest for an early predictor of local control post-SDRT

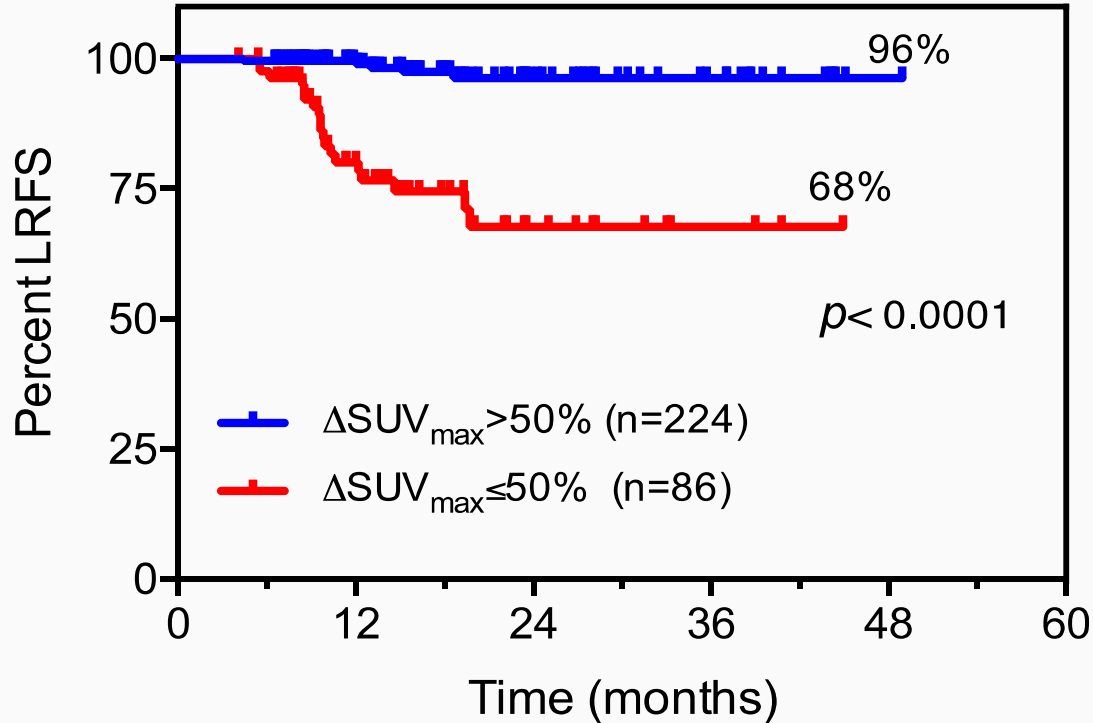
## The role of molecular imaging

Post-treatment changes in FDG-PET  $SUV_{max}$   
as a predictor of response

## $\Delta$ SUVmax at three months post-SDRT



## LRFS based on the 6 months $\Delta\text{SUV}_{\text{max}}$

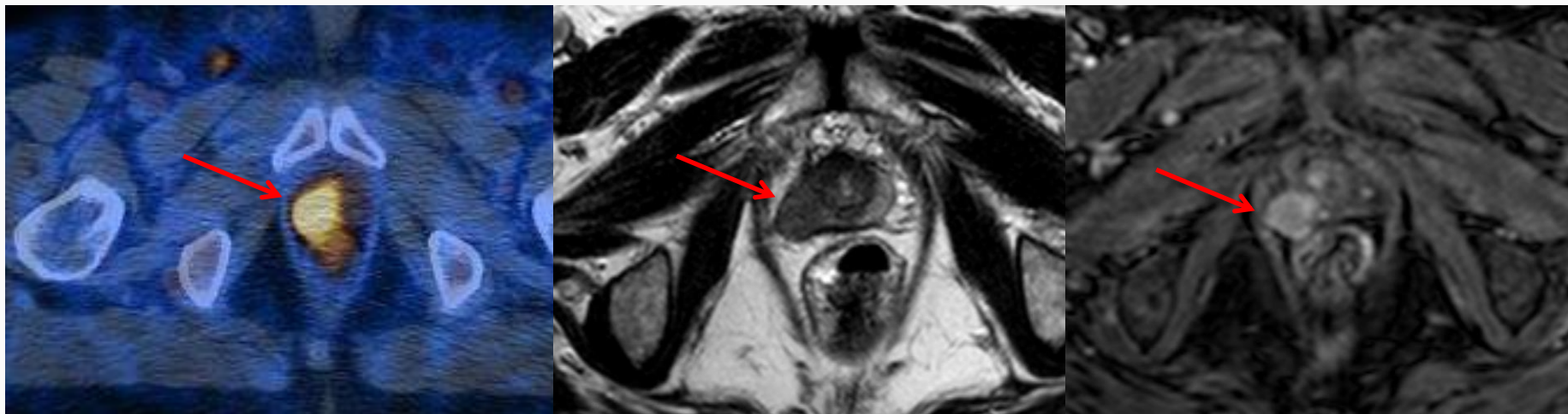




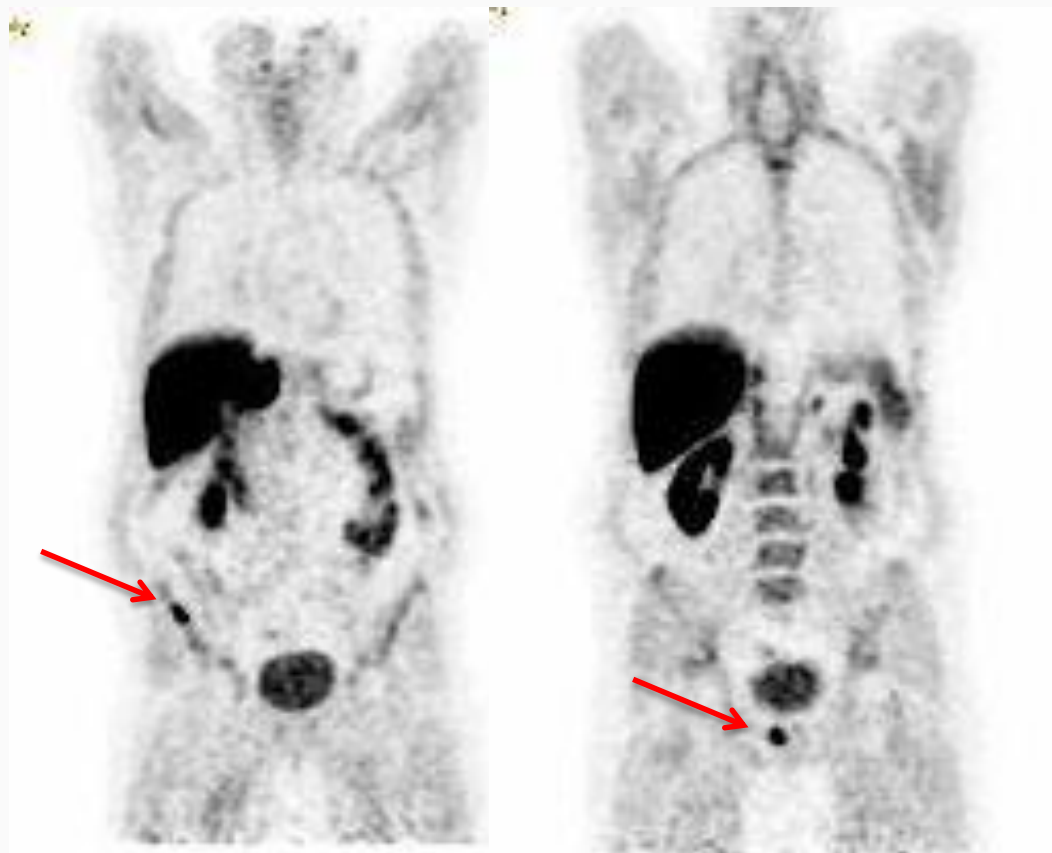
# One size (dose) fits all?

- The exciting clinical outcomes achieved with 24 Gy prescribed to the PTV indicate a saturation of the vascular engagement and producing enhanced tumor stem cell kill even for the most radio-resistant phenotypes
- A quest for custom-tailored dose prescription based on tumor biological information is mandatory to expand the breadth of SD-IGRT applications

## 65 YO castration-resistant oligometastatic prostate cancer

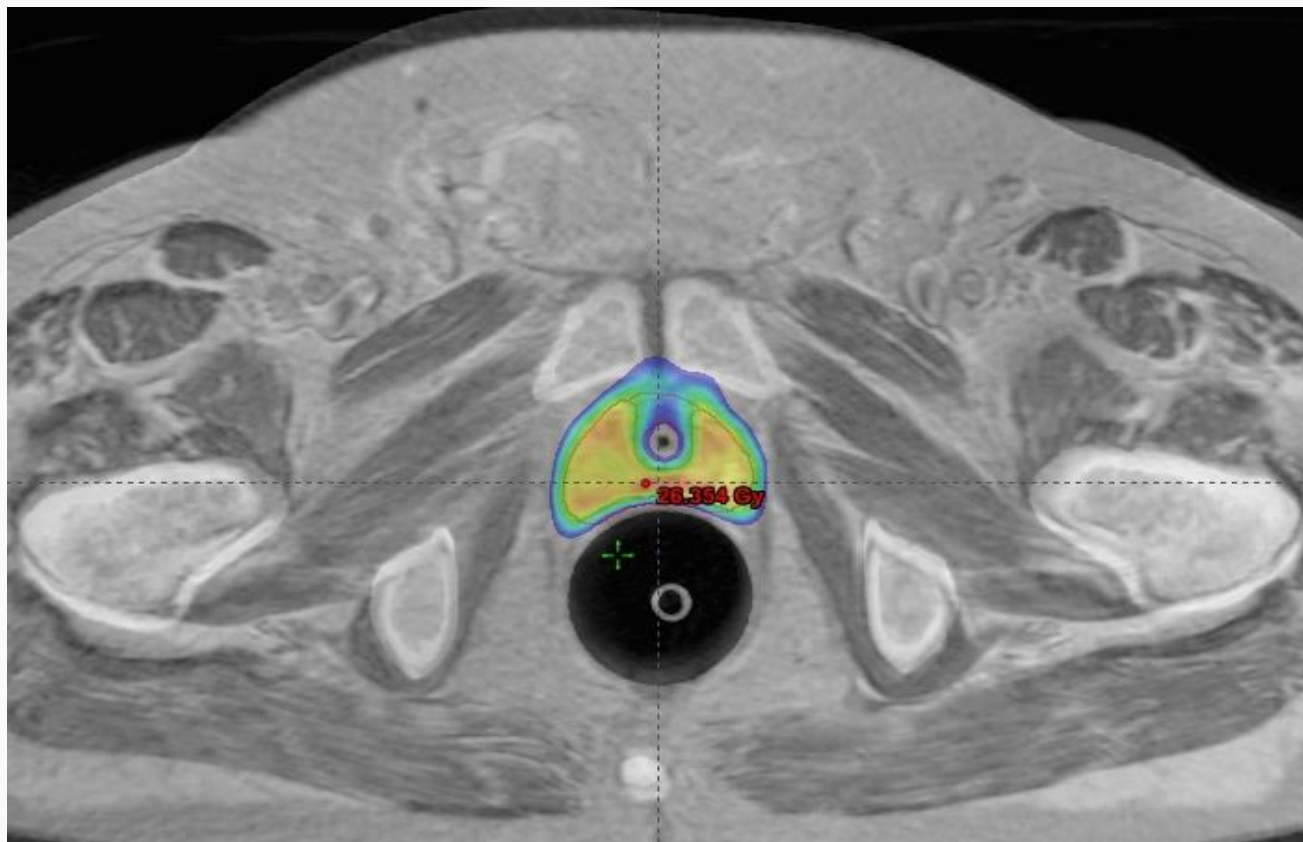


T3 posterior R lobe lesion – initial diagnosis in 2010  
Solitary bone M+ at presentation  
GPS 8 (4+4) iPSA >30 ng/mL  
3 Years of MAB  
PSA rise to 11 ng/mL in 10/2013

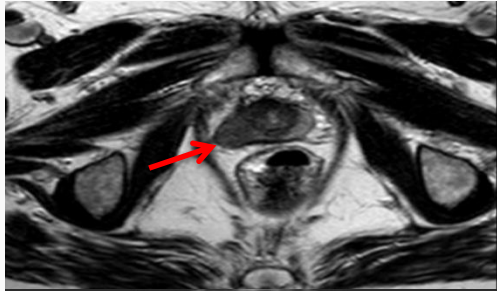


Only 2 active foci of disease: 1 bone  
and a persistent local treatment-naïve prostate lesion

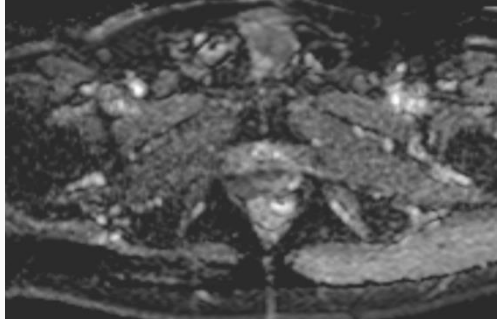
Single dose IGRT to the primary prostate tumor in a Stage IV patient receiving concurrent SD-IGRT to a metastatic bone lesion



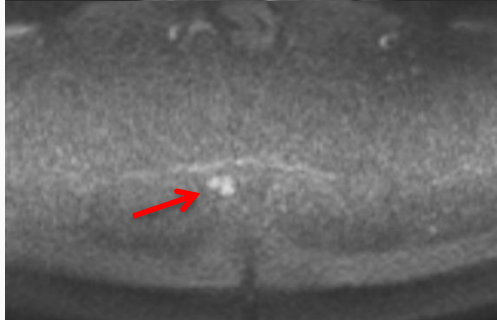
Baseline (iPSA 11)



T2

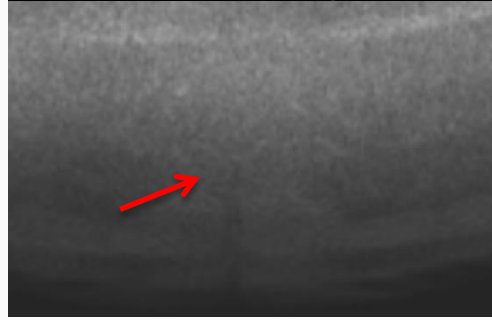
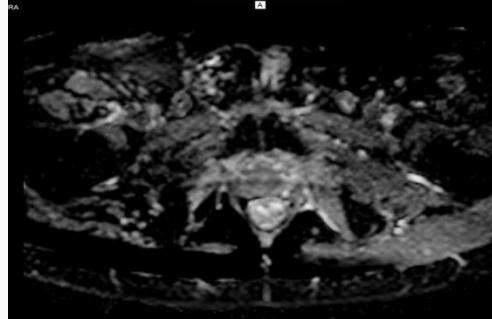
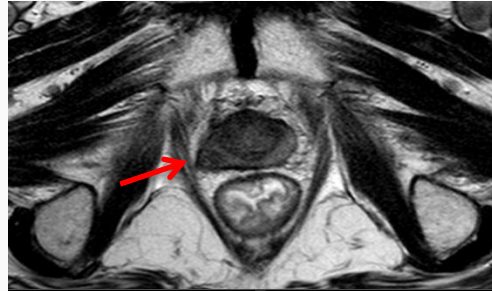


ADC



DWI

3 Mo post treatment (PSA 0.47)



Posterior R lobe  
lobe  
dominant lesion

GPS 8 (4+4)

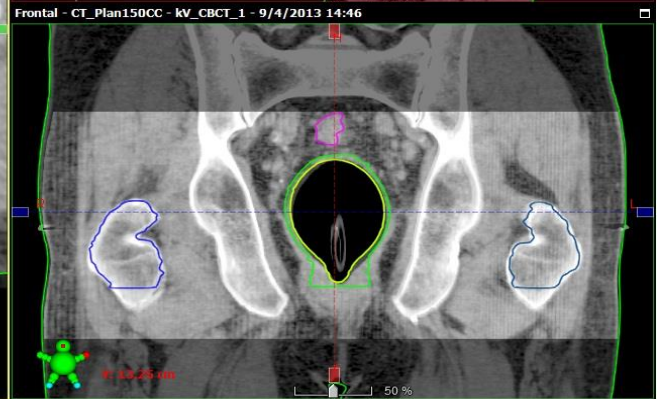
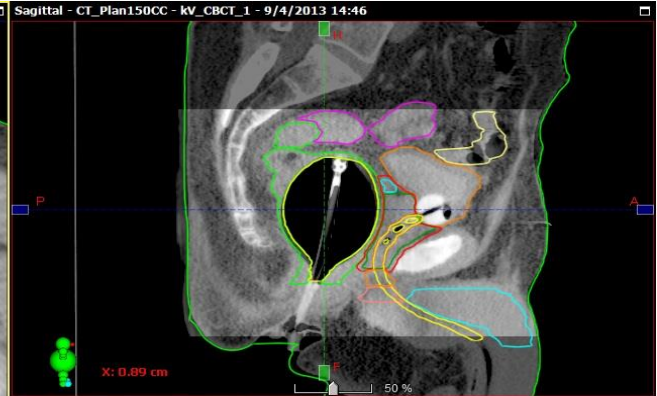
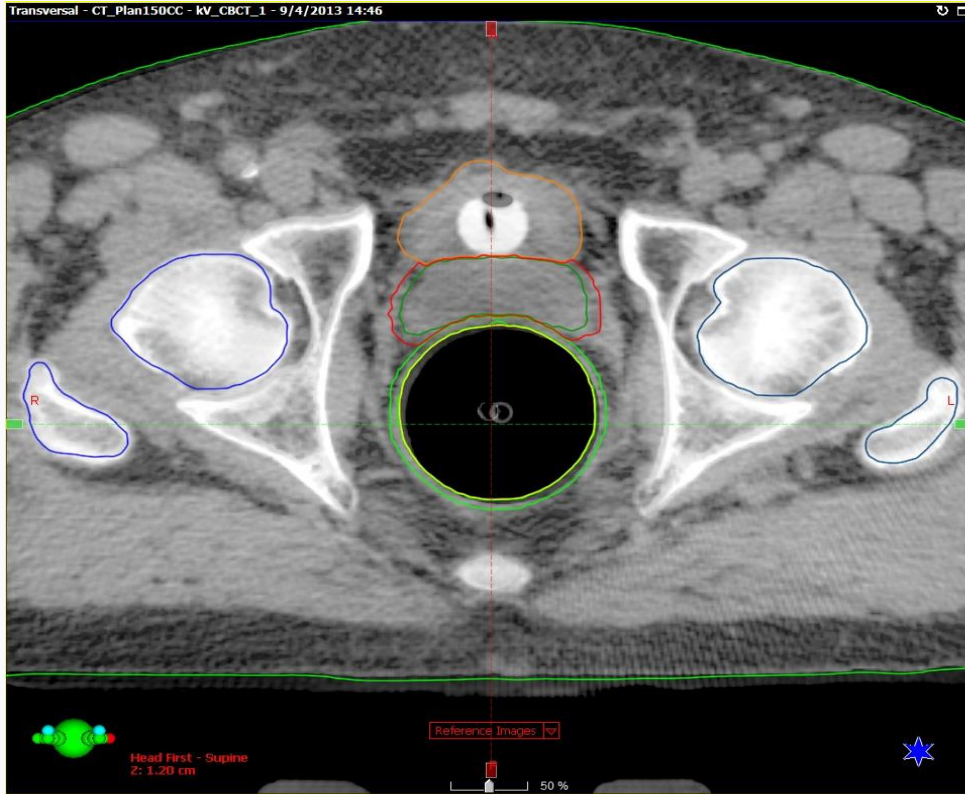
Solitary bone M+ at  
presentation

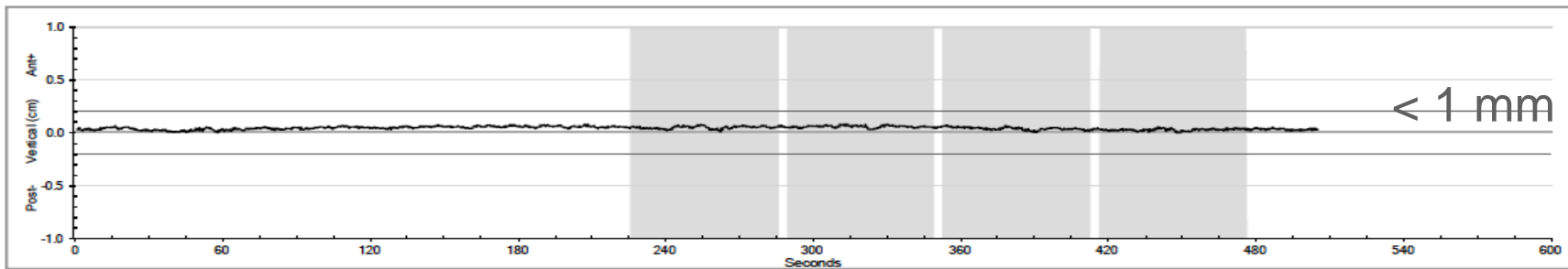
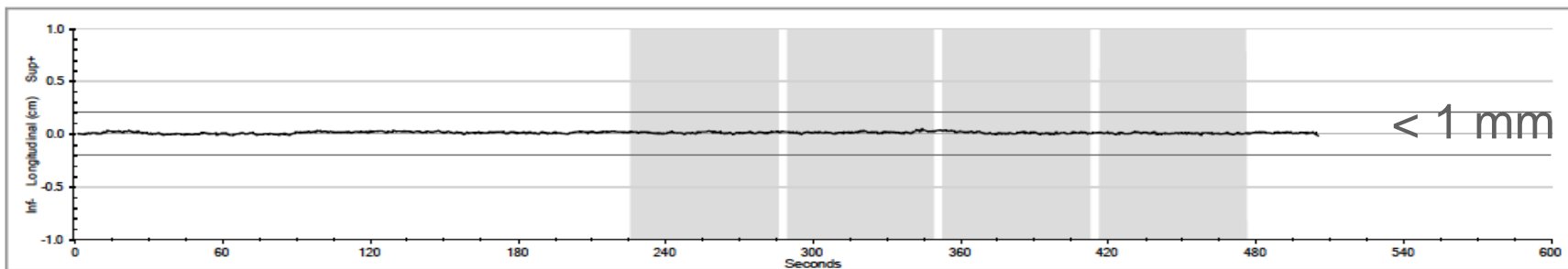
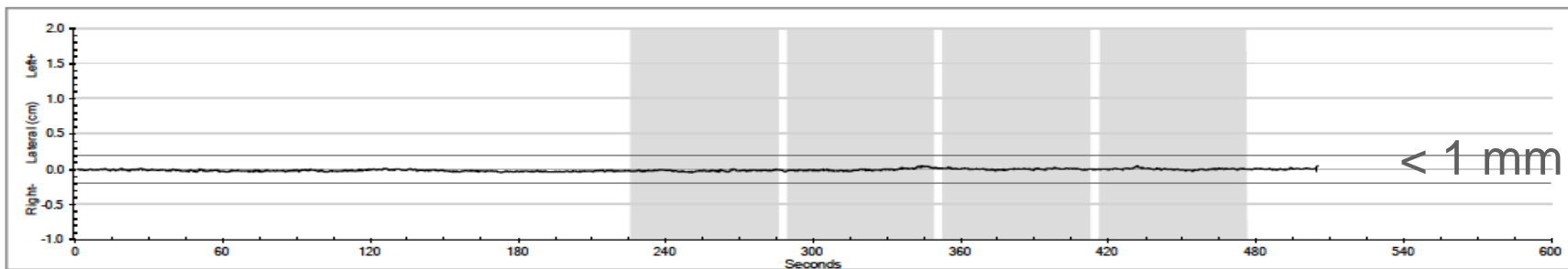
Complete loss  
of hyperintense  
DWI signal at  
3 months



# Urethral-sparing in ultra-high dose IGRT







02:42:08 PM

☐ Radiation Detected



# 24 Gy SDRT for oligometastatic, local treatment-naïve prostate cancer

## CCU initial experience

22 patients treated since July 2013

Median follow-up 21 months (range, 3-31)

Acute GU  $\geq$ G2 5% - No G3

Acute GI  $\geq$ G2 0%

Late GU  $\geq$ G2 5% No G3

Late GI  $\geq$ G2 0%

# PROSINT

Phase II Randomized Study Comparing Ultra-High-Dose Hypofractionated vs. Single-Dose Image-Guided Radiotherapy (IGRT) with Urethral Sparing for Intermediate Risk Prostate Cancer

NCT02570919

