# THE FRONTIERS OF MEDICAL IMAGING

MARIA CARLA GILARDI IBFM CNR, UNIVERSITY OF MILANO BICOCCA, S.RAFFAELE INSTITUTE, MILAN

# MEDICAL IMAGING

TECHNIQUE		YEAR	ENERGY	PHYSICAL PROPERTY	IMAGING
RADIOLOGY	X RAYS IMAGING	1895	X RAYS	ABSORPTION	And the second
ECHOGRAPHY	ULTRASOUND IMAGING	1950	US	REFLECTION TRANSMISSION	
NUCLEAR MEDICINE	RADIOISOTOPE IMAGING	1950	γRAYS	RADIATION EMISSION	

# **COMPUTERIZED TOMOGRAPHY**

TECHNIQUE		YEAR	ENERGY	PHYSICAL PROPERTY	IMAGING	
X RAYS COMPUTERIZED TOMOGRAPHY	СТ	1971	X RAYS	ABSORPTION		MORPHOLOGY
MAGNETIC RESONANCE IMAGING	MRI	1980	RADIO WAVES	MAGNETIC RESONANCE	X	MORPHOLOGY /FUNCTION
POSITRON EMISSION TOMOGRAPHY	PET	1973	γRAYS	RADIATION EMISSION		FUNCTION

# **PHYSICAL PERFORMANCE**

**COVERAGE:** to co.

to collect data from an entire organ in a single scan

**SPATIAL RESOLUTION:** 

to see tiny structures in 3D volumes high spatial resolutions in plane and in z-direction (slice thickness)

**TEMPORAL RESOLUTION:** to perform a scan in a very short time

**CONTRAST RESOLUTION**: to resolve small structures despite the similarity to surrounding tissues high intrinsic contrast, high spatial resolution, high sensitivity and low noise



<b>CT SCANNERS</b>						
GENERATION	<b>I</b> 1972	<b>II</b> 1974	<b>III</b> 1976	<b>IV</b> 1977		
SOURCE-DETECTOR MOTION	TRANSLATION ROTATION	TRANSLATION ROTATION	ROTATION	ROTATION		
DETECTORS NUMBER	1	~ 3-30 ~ 400-500		~ 600-4800		
SCAN (ROTATION) TIME	5 min	~ 10-60 sec	~ sec	~ sec		
SLICE Number	1	1	1	1		
Thickness	13 mm		1 mm	1 mm		
Pixel size	~ 5 x 5 mm		0,5 x 0,5 mm	0,5 x 0,5 mm		
	307. 1A			STEP AND SHOOT		

<b>CT SCANNERS</b>					
GENERATION	<b>I</b> 1972	<b>II</b> 1974	<b>III</b> 1976	<b>IV</b> 1977	
SOURCE-DETECTOR MOTION	TRANSLATION ROTATION	ATION TRANSLATION TION ROTATION ROTATION		ROTATION	
DETECTORS NUMBER	1	~ 3-30	~ 400-500	~ 600-4800	
SCAN (ROTATION) TIME	5 min $\sim$ 10-60 sec $\sim$ sec		$\sim$ sec	~ sec	
SLICE Number	1	1	1	1	
Thickness	13 mm		1 mm	1 mm	
Pixel size	~ 5 x 5 mm		0,5 x 0,5 mm	0,5 x 0,5 mm	
	307. 1A			STEP AND SHOOT	

# **CT SCANNERS**

GENERATION	SPIRAL CT		MULTI SLICE SPIRAL CT		
	1989	1994	1998	2002	2004
DETECTOR MOTION	Continuous v	olume acquisition	Continuous volume acquisition		
ROTATION TIME	1 sec 0,75 sec		0,5 sec	0,4 sec	< 0,4 sec
SPEED	24 sec / 24 cm PITCH=1	100 sec / 130 cm PITCH=1			
SLICES Number	1	1	4	16	64
min Thickness	2 mm	1 mm	1 mm	0,6 mm	< 0,4 mm
				Array Detector	Single Row Detector

# **VOLUMETRIC CT**





< 0,4 sec/ rotation Organ in a sec (17 cm/sec) Whole body < 10 sec

# **TECHNOLOGICAL DEVELOPMENTS**

• SLIP RING TECHNOLOGY continuously rotating gantry

### • X RAYS TUBE

up to 100 KW generator, 80-140 mV, 800 mA peak power, fast heat dissipation

### • ULTRA FAST DETECTORS

e.g. Ceramics

### • COMPUTER and SOFTWARE

reconstruction parallel to scan acquisition processing of thousands of images

# VIRTUAL COLONOGRAPHY CT

VIRTUAL ENDOSCOPY





# CARDIAC CT



### PHASES OF A CARDIAC CYCLE









FUNCTIONAL PARAMETERS

# THE FRONTIERS OF CT IMAGING

INCREASED COVERAGE SPEED

(combining the increased coverage and decreased scan time)

- WHOLE BODY STUDIES IN LESS THAN 10 SEC
- CAPTURING OF MOVING ORGANS
- PHYSIOLOGIC (NOT ONLY MORPHOLOGIC) IMAGING

# MAGNETIC RESONANCE IMAGING (MRI)





# MAGNETIC RESONANCE IMAGING (MRI)

### MORPHOLOGY

<b>T</b> 1	T2	PD

SCAN TIME to cover an entire organ:	~ min
SPATIAL RESOLUTION:	~ mm
CONTRAST RESOLUTION:	very high for soft tissues



# **fMRI BOLD**

Blood Oxygenation Level Dependent



- Oxyhaemoglobin in the arterial blood is diamagnetic
- Deoxyhaemoglobin in the draining veins is strongly PARAMAGNETIC
- Deoxyhaemoglobin can serve as an intrisic paramagnetic contrast agent

# **ACTIVATION STUDIES**











Control condition



Motor stimulation



Visual stimulation



Cognitive stimulation

# **fMRI BOLD ACTIVATION STUDIES**



### **RESTING STATE**



### **ACTIVATED STATE**



Oxygen



### COGNITIVE ACTIVATION VERBAL FLUENCY





### PHONEMIC

SEMANTIC

E. Paulesu et al, Neuroreport, 1997, 8(8):2011-7.



# **DIFFUSION WEIGHTED MRI**

# DW-MRI: measure of the effect of $H_2O$ molecules diffusion on tissues MR signal



T2

weighted image



DIFFUSION weighted image

Acute trombosis of the left carotid artery.

# **DIFFUSION WEIGHTED MRI**

- Diffusion anisotropy resulting from the presence of obstacles limiting the molecular movements in some directions can be detected and tracked
- Anisotropy can be observed in white matter in the brain as a result of its organization in bundles of fibers



1989218

**Restricted Diffusion** 

Free Diffusion

# DIFFUSION IMAGING – FIBER TRACKING



SHFJ - CEA



# POSITRON EMISSION TOMOGRAPHY (PET)

ISOTOPES	T <sub>1/2</sub>	
<sup>11</sup> C	20.4 min	"natural"
$^{13}N$	10.0 min	"natural"
<sup>15</sup> O	2.0 min	"natural"
<sup>18</sup> F	109.8 min	"pseudo-natural"

[18F]FDG [18F]FESP [150]H2O [13N]AMMONIA m-[11C]hydroxyefedrine [11C]FLUMAZENIL [11C]RACLOPRIDE [11C]FE-β-CIT [11C]SCH23390 [11C]CARAZOLOL [11C]MCN5652 [11C]MDL100907 [11C]methylcoline [11C]FLUVOXAMINE [11C]CGP62349 [11C]isovaleroil-L-carnitine [<sup>11</sup>C]PNU167760 [<sup>11</sup>C] BISOPROLOL [<sup>11</sup>C] ICI118551 [<sup>11</sup>C] OLANZAPINE [<sup>11</sup>C] SB235753 [<sup>11</sup>C] E2020 [<sup>11</sup>C] SCH442416 [<sup>11</sup>C] PALMITATE [<sup>11</sup>C] A 84543 [<sup>11</sup>C] VC195 [<sup>11</sup>C] VC193M [<sup>11</sup>C] VC198M [<sup>11</sup>C] WAY100635 [<sup>11</sup>C]RN5 <sup>11</sup>C] VA100 [<sup>11</sup>C] CARFENTANIL [<sup>11</sup>C] ZOFENOPRIL [18F]FLUORO CAPTOPRIL [<sup>11</sup>C] CNR1 [<sup>11</sup>C] PK1113195 [<sup>11</sup>C] F167 [<sup>11</sup>C] PD60 [<sup>11</sup>C] PD78

Glucose metabolism D2 and 5-HT<sub>2</sub> receptor antagonist Cerebral flow. Functional activation studies Mvocardial flow Adrenergic antagonist Benzodiazepine receptor antagonist Dopamine D2 receptor antagonist Dopamine reuptake inhibitor Dopamine D1 receptor antagonist Adrenergic  $\beta 1/\beta 2$  receptor antagonist Serotonin reuptake inhibitor Serotonin 5-HT2A receptor antagonist Prostate Cancer Serotonin reuptake inhibitor GABAB antagonist Cerebral metabolism Serotonin 5-HT<sub>14</sub> receptor antagonist Adrenergic  $\beta$ 1 antagonist Adrenergic  $\beta_2$  receptor antagonista Atypical Antipsychotic Dopamine D4 receptor antagonist Muscarinic M<sub>2</sub> receptor antagonist Adenosine  $A_{2A}$  receptor antagonist Fatty acids metabolism Nicotine  $\alpha_2 \beta_4$  antagonist Peripheral Benzodiazepine Peripheral Benzodiazepine Peripheral Benzodiazepine Serotonin 5-HT1A receptor antagonist Adrenergic  $\alpha$ 1 receptor antagonist Opioid K1 receptor antagonist Opioid µ receptor agonist ACE inhibitor ACE inhibitor  $\alpha$ 1 adrenergic antagonist Peripheral Benzodiazepine

 $\sigma_2$  receptor antagonist dopamine  $D_2$  antagonist

dopamine  $D_3$  antagonist

# RADIOTRACERS PREPARED AT HSR

## **PET – CEREBRAL GLUCOSE METABOLISM**



<sup>18</sup>F-FLUORYDEOXYGLUCOSE (<sup>18</sup>FDG)

# PET FUNCTIONAL RECEPTOR IMAGING



# POSITRON EMISSION TOMOGRAPHY (PET)



# PET COVERAGE AND AXIAL SAMPLING

FIRST GENERATION PET

**CURRENT GENERATION PET** 



1 SLICE - 2 cm

> 40 SLICES – 6 mm Axial FOV: 15 –20 cm











# <sup>18</sup>F-FDG WHOLE BODY PET

- DIAGNOSIS
- **STAGING**
- RE-STAGING AND FOLLOW-UP
- RADIOTHERAPY



### CLINICAL PET IN ITALY TOTAL EXAMS/YEAR

### ESTIMATED PET - PET/CT SCANNER UNITS WW



# **ADVANCES IN PET IMAGING**

RADIOCHEMISTRY

NEW TRACERS PET

INSTRUMENTATION <

NEW SCINTILLATION CRYSTALS

PET/CT

# **TRACERS for TUMOR CHARACTERIZATION**

- Glucose metabolism
- Membrane function
- Proliferation
- Oxygenation

- Apoptosis
- Angiogenesis
- Neuroendocrine tumors

<sup>18</sup>F]FDG <sup>[11</sup>C]Choline [<sup>18</sup>F]FLT <sup>[18</sup>F]FMISO <sup>18</sup>F]FAZA [<sup>64</sup>Cu]ATSM <sup>[18</sup>F]Annexin V <sup>[18</sup>F]NGR-peptide [<sup>1</sup><sup>10</sup>In]Octreotate

# **ADVANCES IN PET IMAGING**

### RADIOCHEMISTRY

### NEW TRACERS PET

INSTRUMENTATION <

NEW SCINTILLATION CRYSTALS

PET/CT

# FUTURE DEVELOPMENTS IN PET



CURRENT DETECTORS: BGO, GSO, LSO



SANDWICH OF DETECTORS NEW DETECTORS with:

- SMALLER SIZE (2-3 mm)
- GOOD ENERGY RESOLUTION
- DEPTH OF INTERACTION INFORMATION



FASTER DETECTORS forHIGH COUNT RATE CAPABILITYTIME OF FLIGHT INFORMATION

# **ADVANCES IN PET IMAGING**

### RADIOCHEMISTRY

### NEW TRACERS PET

INSTRUMENTATION <

NEW SCINTILLATION CRYSTALS

PET/CT





PET



CT



PET/CT

LACK OF ANATOMICAL INFORMATION











### CT PET



# <sup>18</sup>F-FDG PET/CT





# **PET/CT - APPLICATIONS**

### • ANATOMICAL LOCALIZATION OF PET FUNCTIONAL IMAGES

### • PET/CT GUIDED RADIOTHERAPY TREATMENT PLANNING

# **PET/CT BASED RADIOTHERAPY**







PET







### **PET/CT BASED**

### TREATMENT PLAN

### DECREASED TARGET VOLUME PRIMARY TUMOR(T) CHARACTERIZATION



### **INCREASED TARGET VOLUME** LYMPH NODES CHARACTERIZATION





**CT** LYMPH-NODES WITH DIAMETER < 10 mm

### **PET/CT:** PATHOLOGICAL LYMPH-NODAL UPTAKE



### Respiration control during PET/CT



### **RESPIRATORY CURVE**



# MOLECULAR IMAGING

Visual representation, characterization and quantification of biological processes at the cellular and sub cellular level within living organisms.

- multiple imaging capture techniques (Nuclear medicine/PET, MRI, MRS, Optical,...)
- basic cell/molecular biology
- medical physics
- biomathematics
- bioinformatics
- •

# TOWARDS MOLECULAR IMAGING

### ANATOMICAL IMAGING



- Morphology
- Morphometry

### PHYSIOLOGICAL **IMAGING**





- Haemodynamics
- Vascular permeability
- Tissue oxygenation/hypoxia
- CNS activity
- Metabolites
- pH

### **MOLECULAR IMAGING**





- Target-specific contrast agents
- Functional receptor imaging
- PharmacoKinetics

**TARGET STRUCTURE MECHANISM** MACROSCOPIC MICROSCOPIC