

Relaxing the Weak Scale:

**A new approach
to the hierarchy problem**

Alex Pomarol, CERN & UAB (Barcelona)

Purpose of my talk:

- Discuss a recently proposed new approach to tackle the Hierarchy Problem in particle physics:

“Relaxation” mechanism [P.W. Graham, D.E. Kaplan, S.Rajendran arXiv:1504.07551](#)

(see also earlier work by Abbott 85, G.Dvali,A.Vilenkin 04,G.Dvali 06)

- ➔ First example of natural solutions in which **No New-Physics required at TeV**

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- Discuss a recently proposed new approach to tackle the Hierarchy Problem in particle physics:

“Relaxation” mechanism P.W. Graham, D.E. Kaplan, S.Rajendran
arXiv:1504.07551

(see also earlier work by Abbott 85, G.Dvali,A.Vilenkin 04,G.Dvali 06)

- ➔ First example of natural solutions
in which **No New-Physics required at TeV**

Plan

- The idea
- Explicit models
- Drawbacks and reasons for improvement
- Experimental consequences

J.R.Espinosa,C.Grojean,G.Panico,A.P.,
O.Pujolàs,G.Servant 15

The idea

Your mind will answer most questions

if you learn to relax...

William S. Burroughs

First, the problem...

the Hierarchy Problem as explained
to condensed-matter physicists

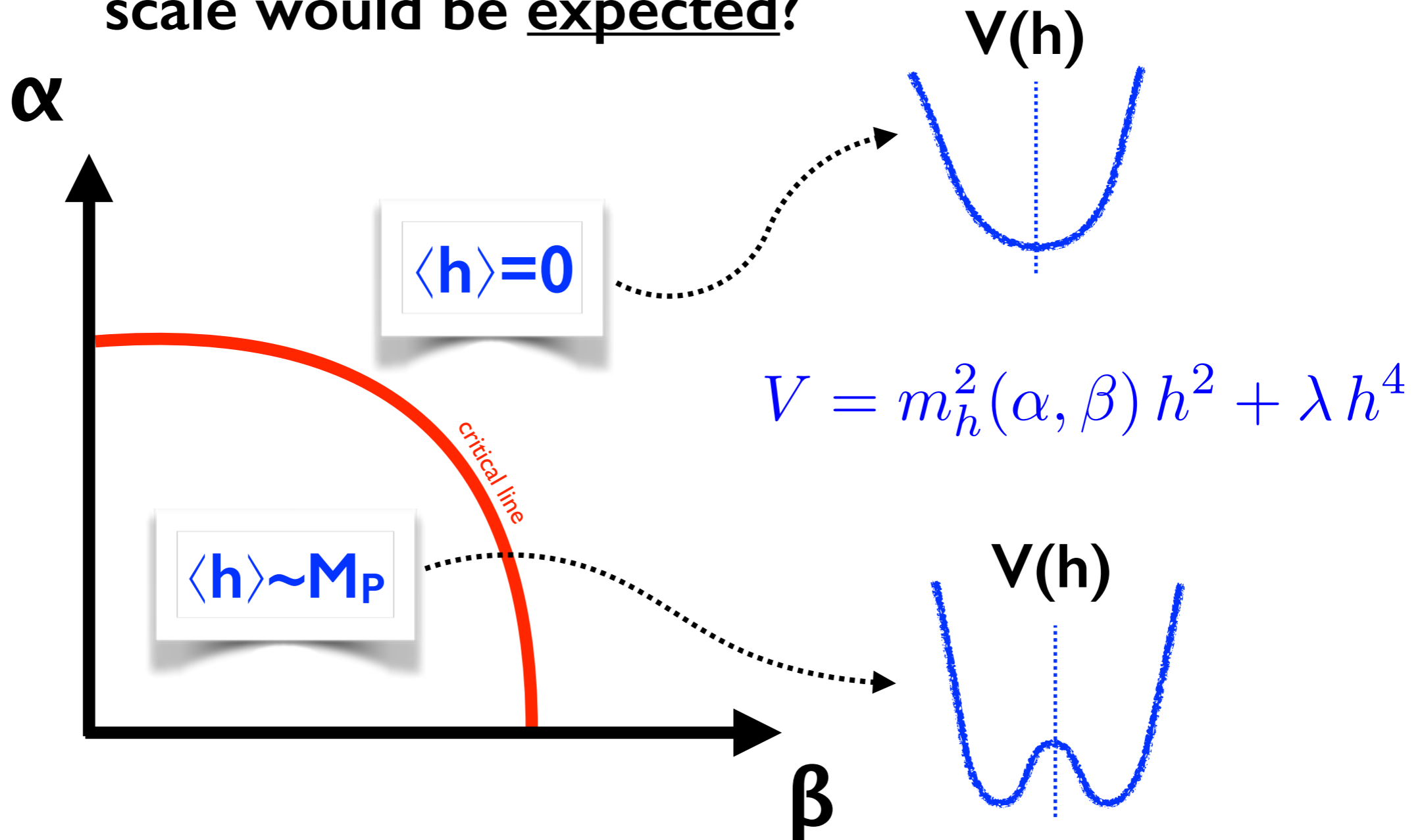
The SM: an EFT below M_P (sets the mass scale)

- **Where the Electroweak Symmetry Breaking (EWSB) scale would be expected?**

$$V = m_h^2(\alpha, \beta) h^2 + \lambda h^4$$

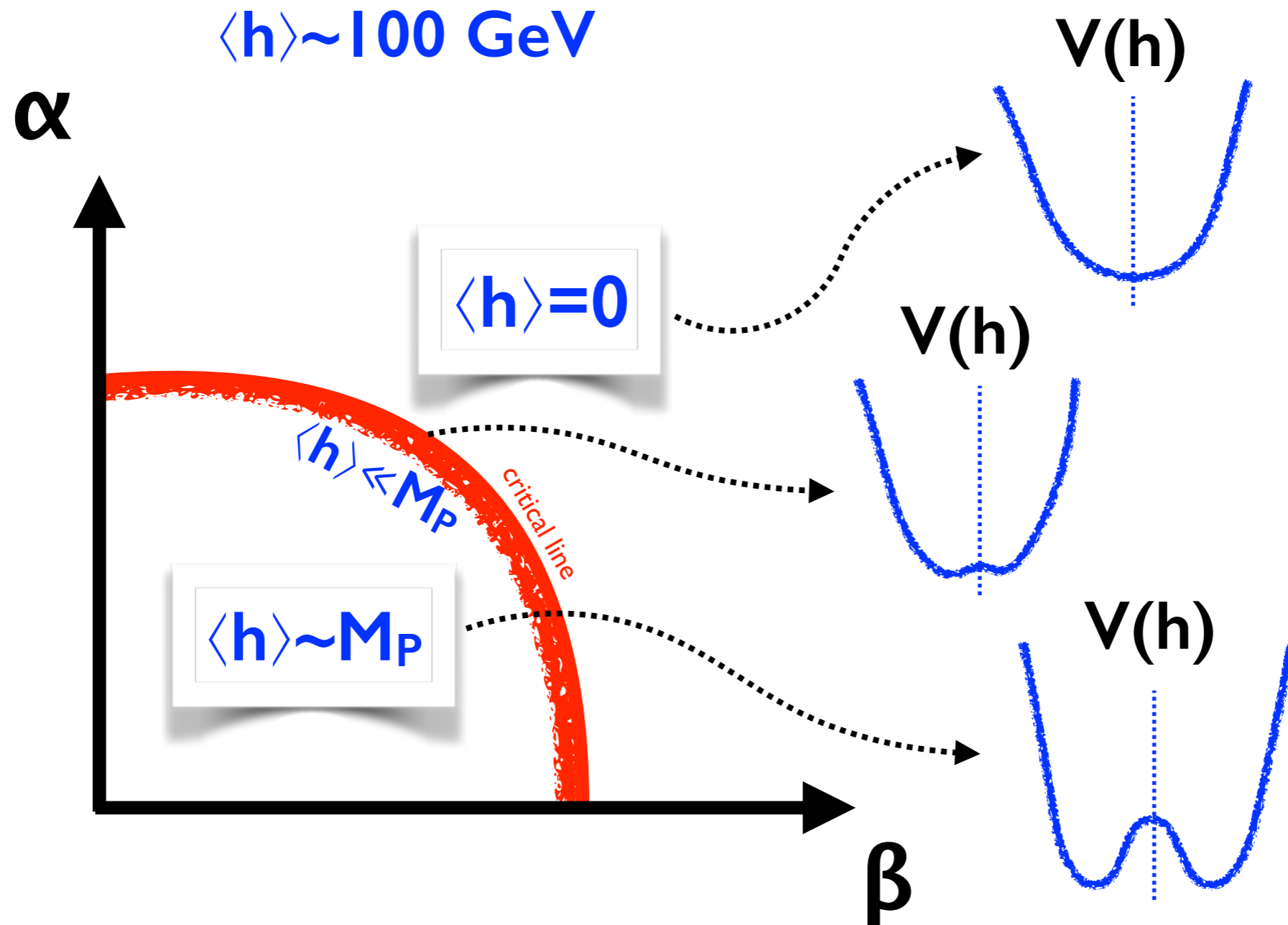
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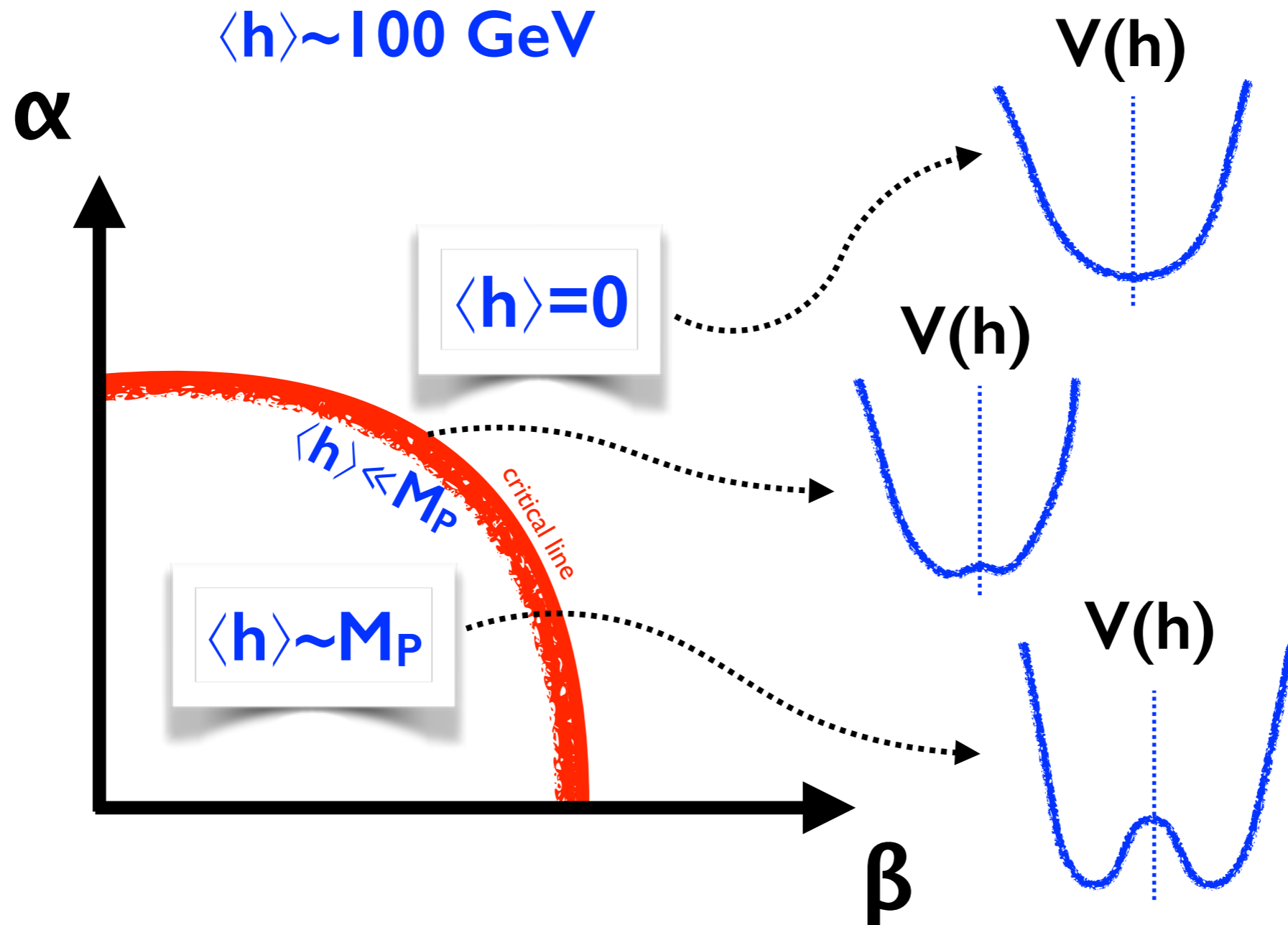
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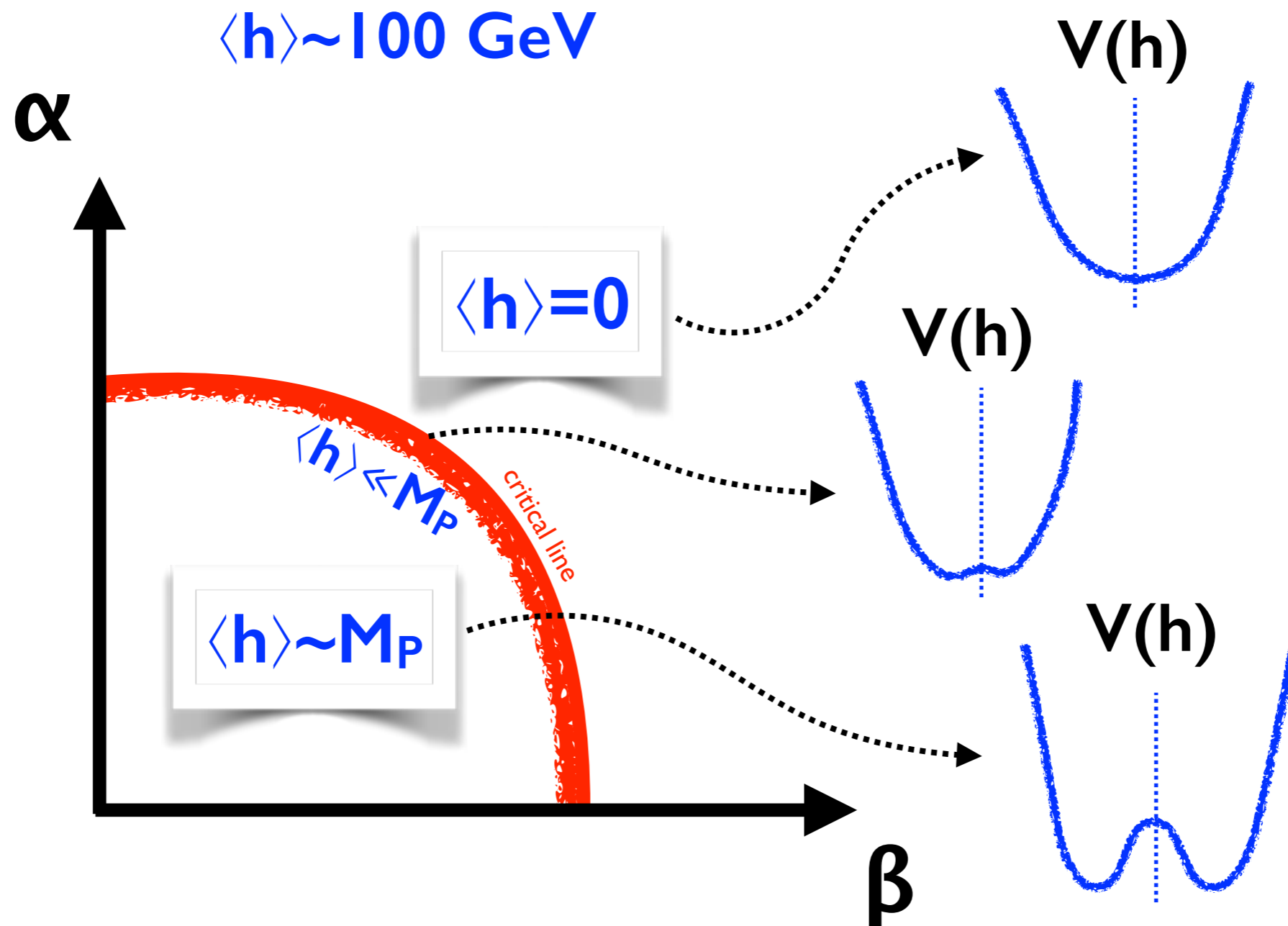
- Where we see in nature the EWSB scale?



expectations \neq reality \Rightarrow Crisis!

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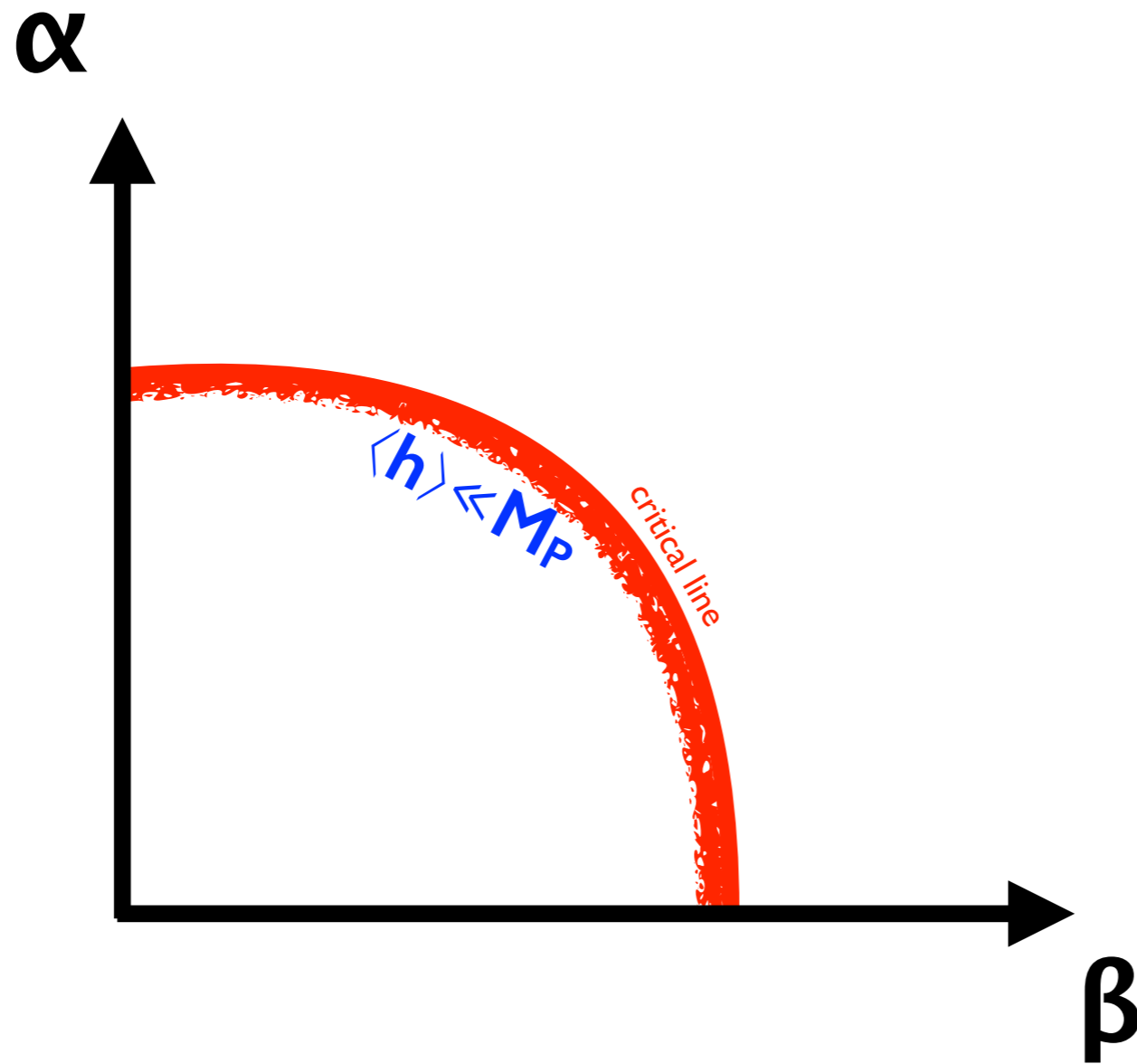
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Hierarchy problem: Why nature is so close to the critical line?

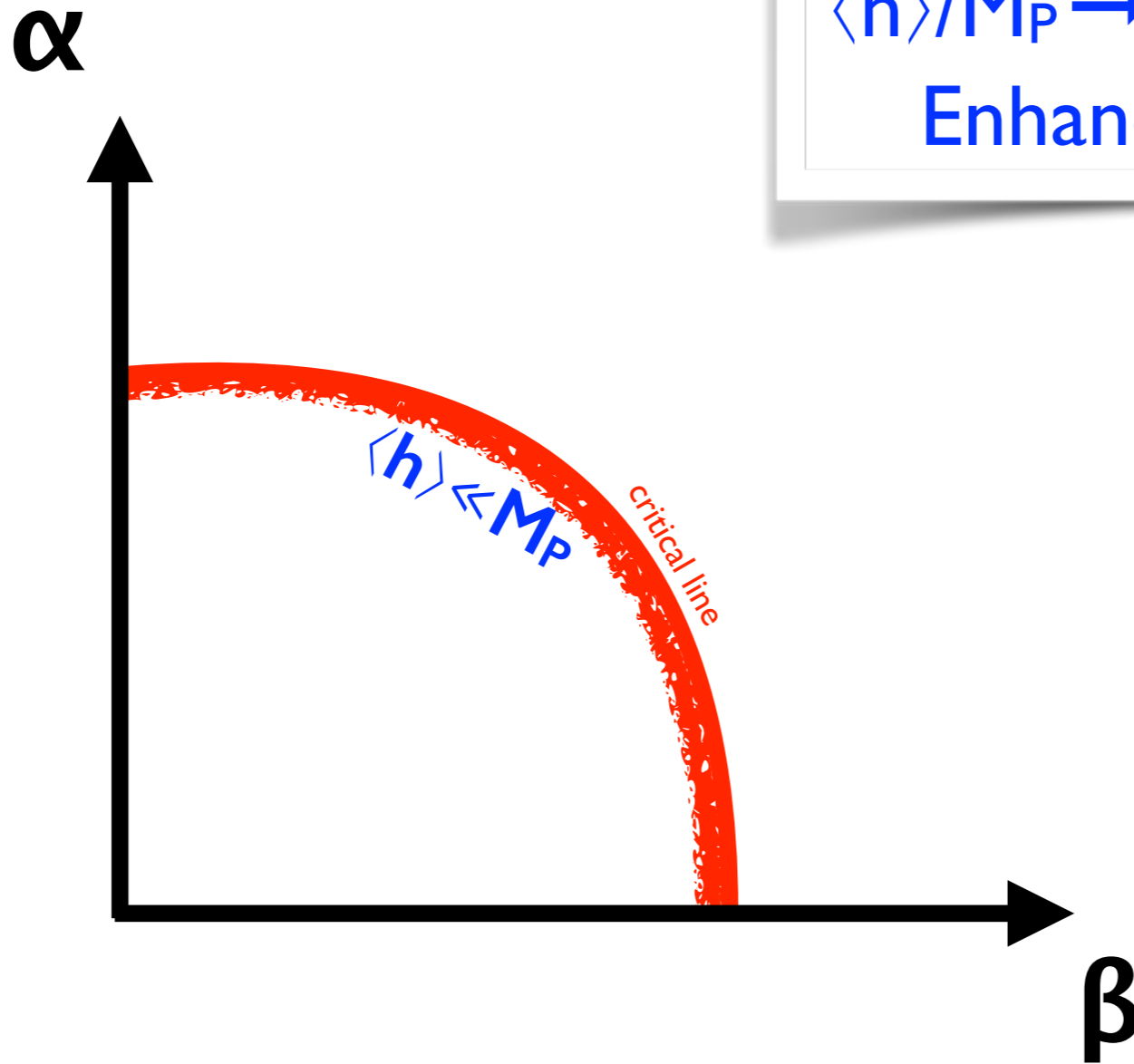
Needs a tuning of parameters to get $\langle h \rangle \ll M_P$

Hierarchy problem: Why nature is so close to the critical line?



Hierarchy problem: Why nature is so close to the critical line?

One solution:
 $\langle h \rangle / M_P \rightarrow 0$ is a special line
Enhanced symmetry?

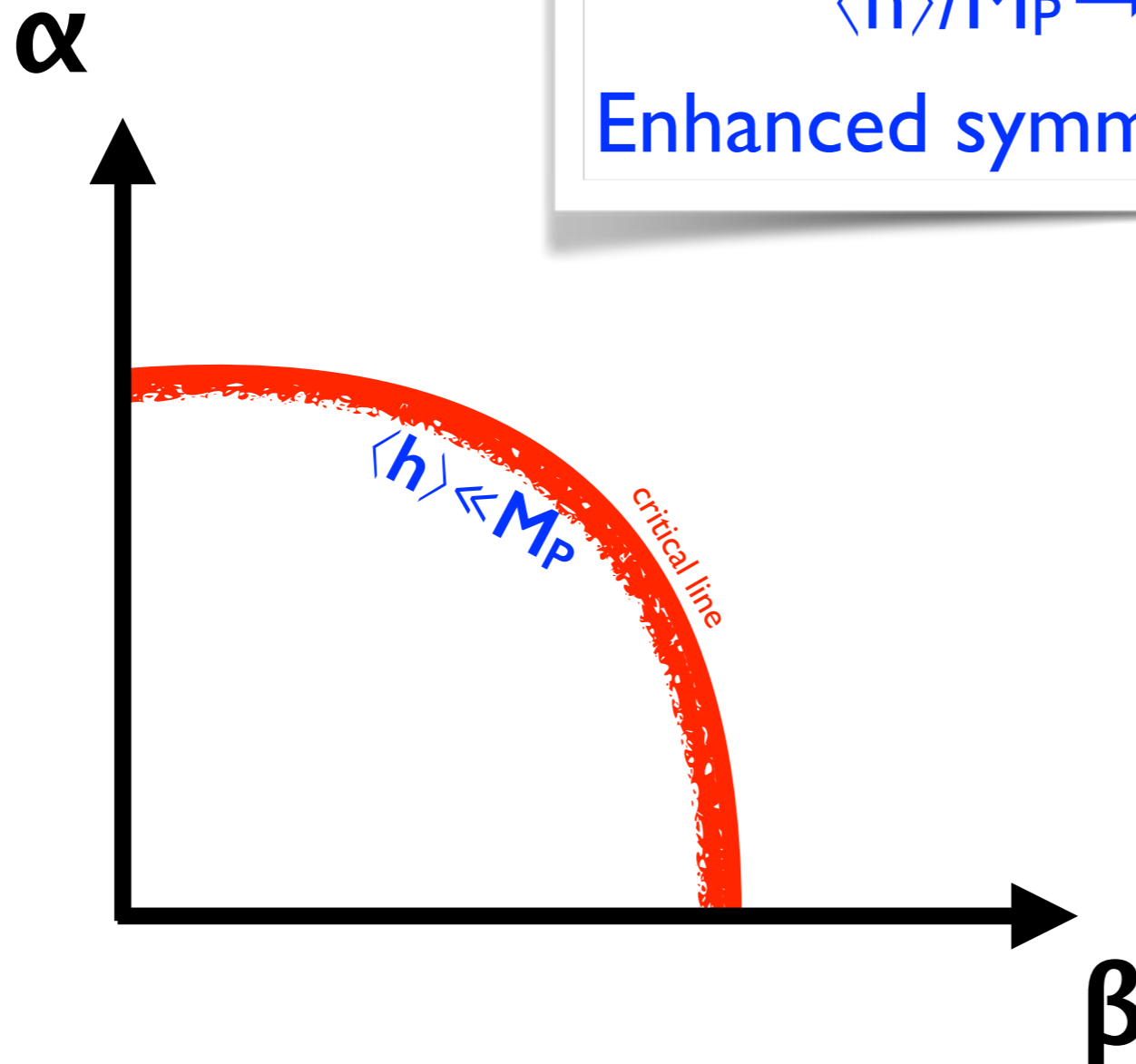


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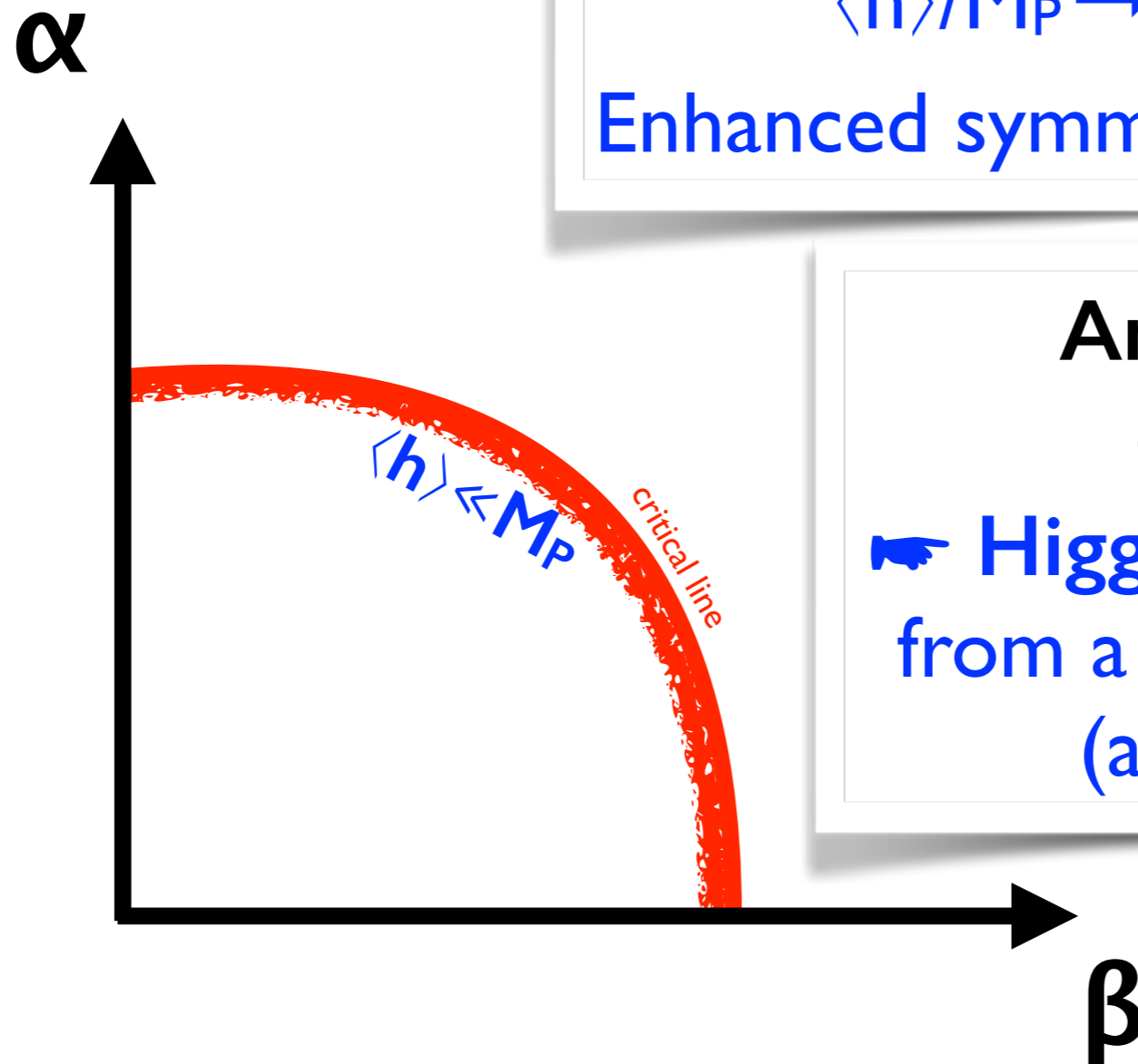
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Enhanced symmetry \rightarrow *Supersymmetry*



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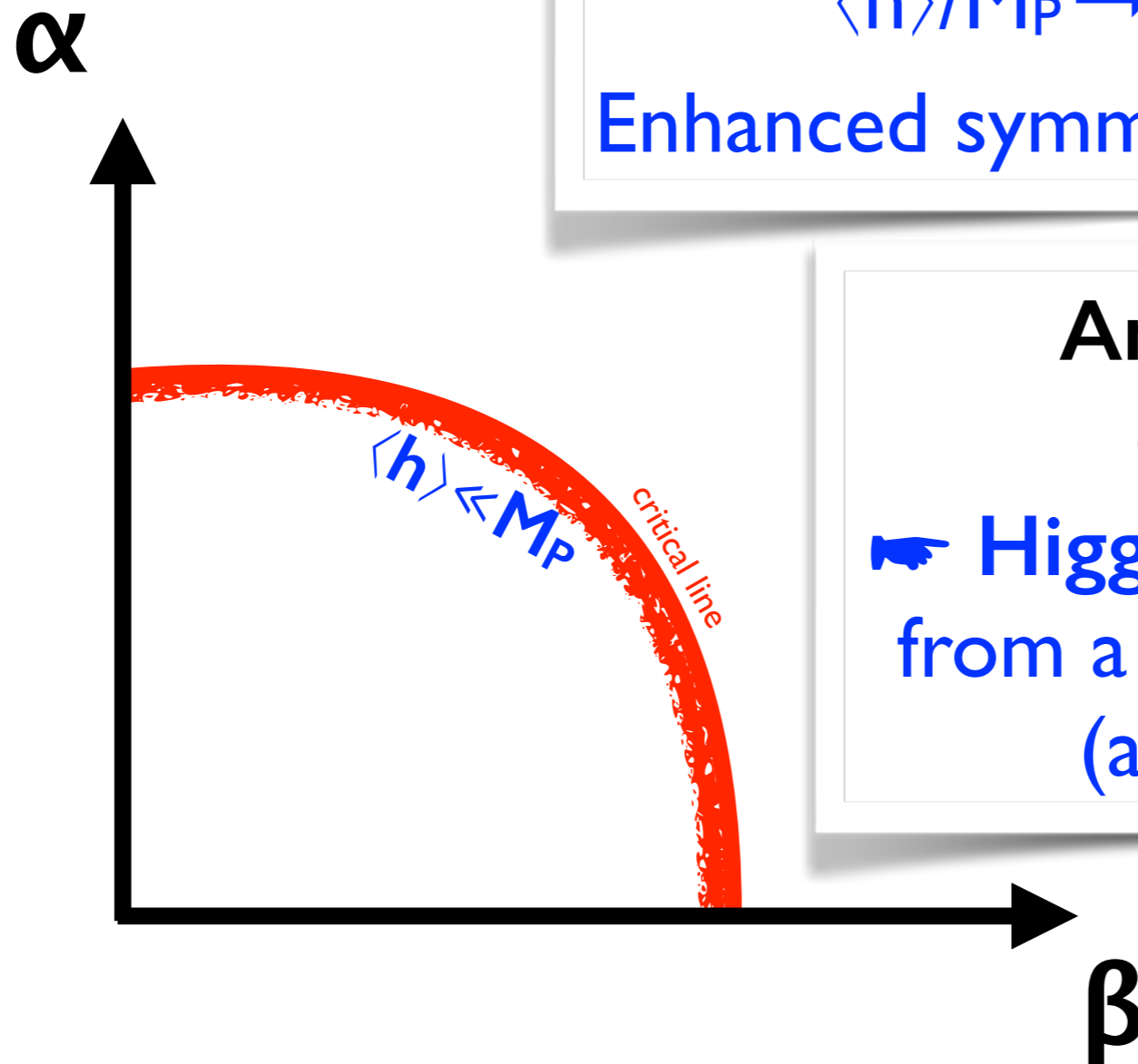
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("dead dogs don't bite")

\rightarrow Higgs as a *composite* state
from a new strong dynamics
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In both cases, TeV new-physics expected!

New-Physics at the TeV

Pros

Hierarchy problem

Cons

No new particles seen,
no new flavor-violations seen,
no deviations on Higgs couplings seen,
no deviations on Z/W couplings seen,
no WIMP detected,
no EDMs seen,

New-Physics at the TeV

Pros

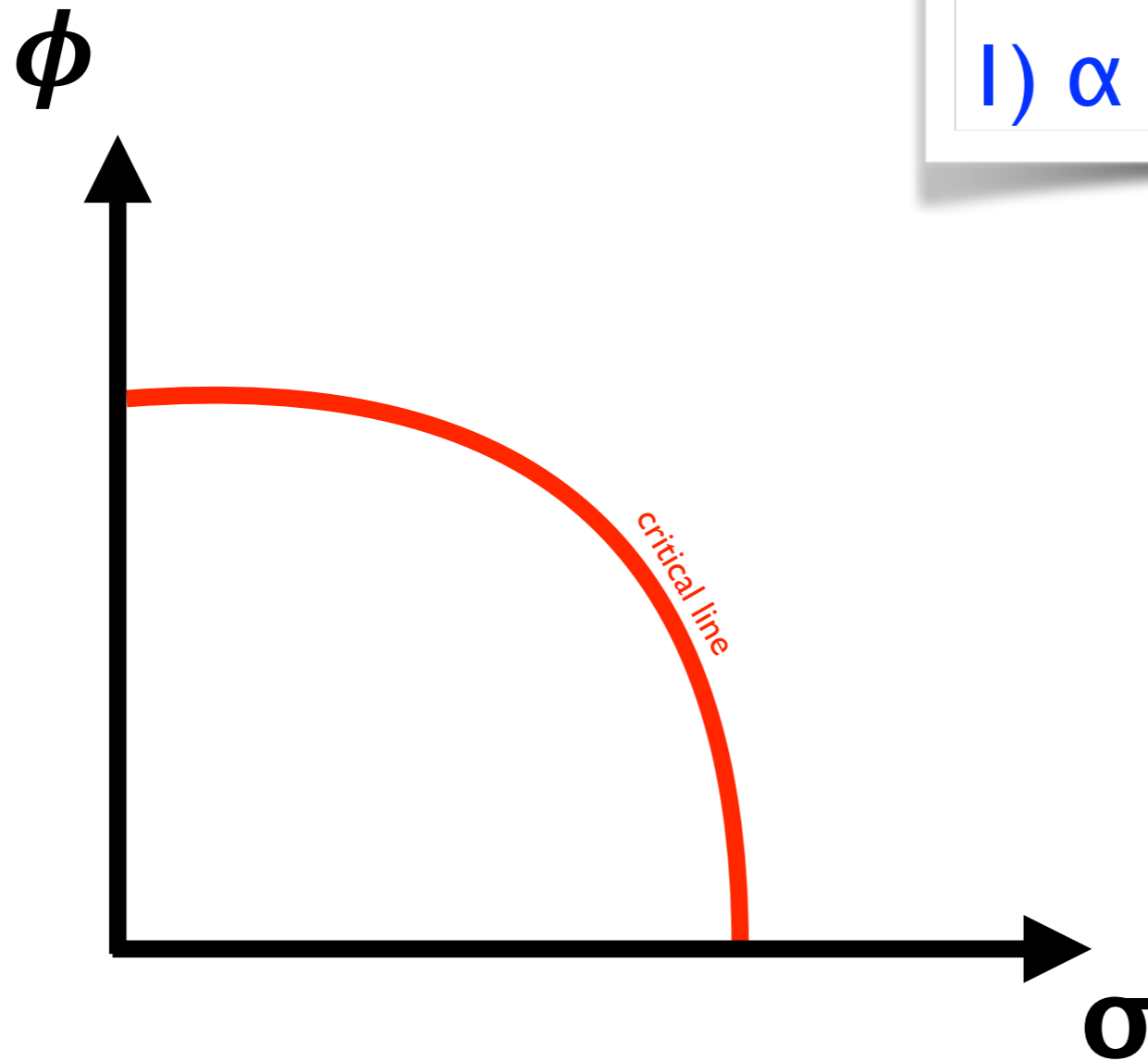
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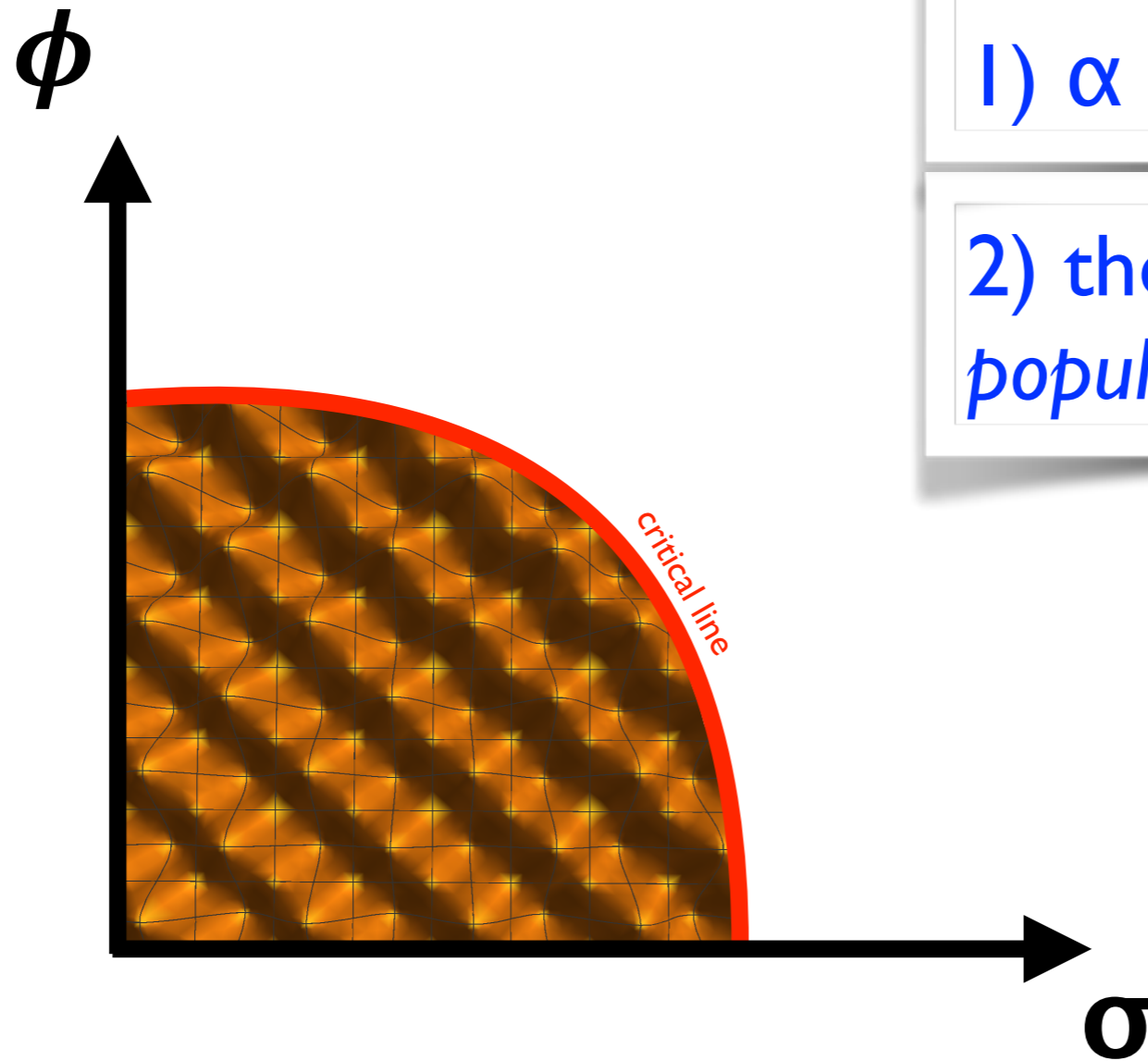
so far, expectations \neq reality \Rightarrow *little crisis!*

Hierarchy problem: Why nature is so close to the critical line?



New 3rd possibility:
I) α & β are fields $\rightarrow \phi$ & σ

Hierarchy problem: Why nature is so close to the critical line?

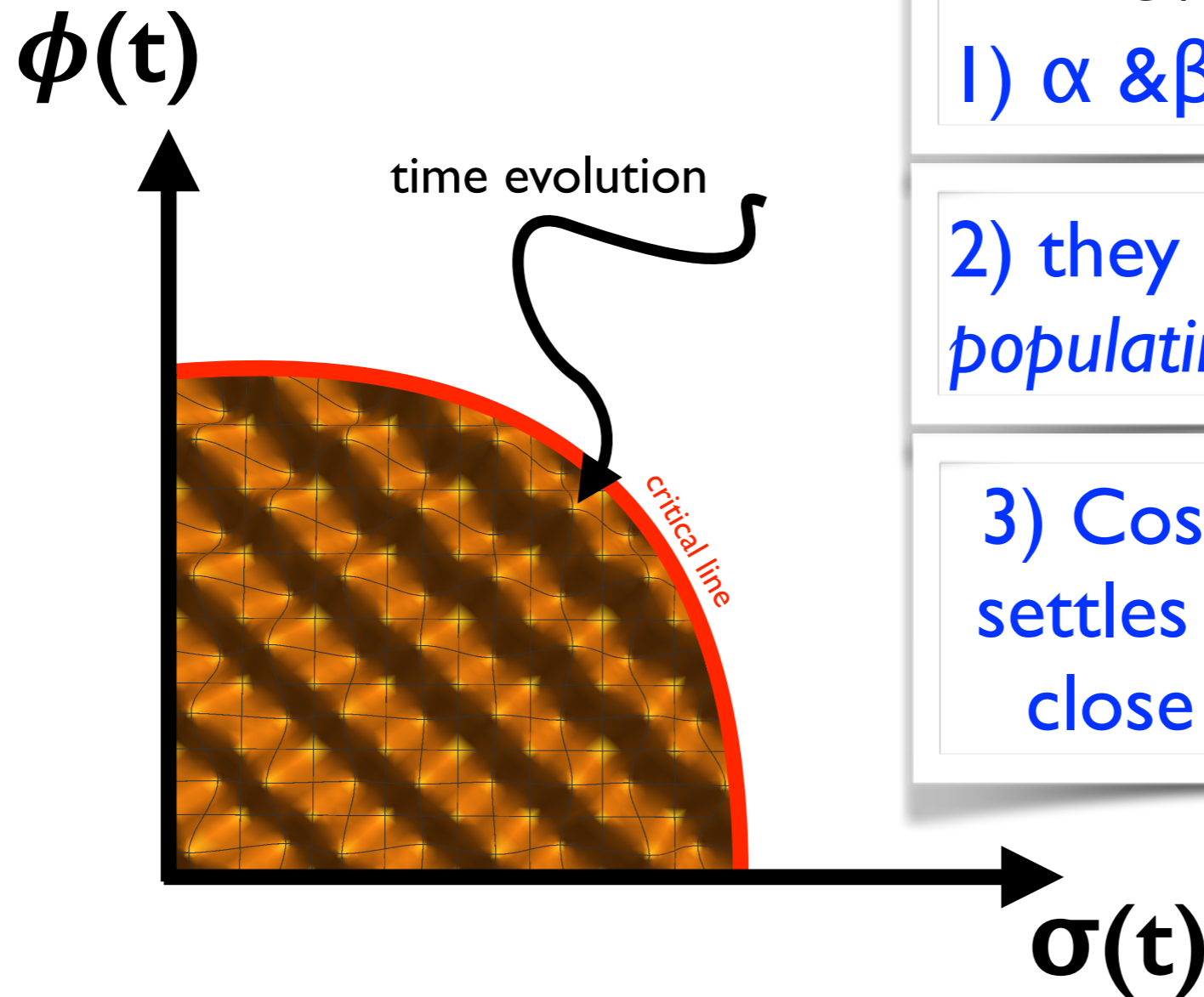


New 3rd possibility:

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2) they have **local** minima
populating the broken phase

Hierarchy problem: Why nature is so close to the critical line?



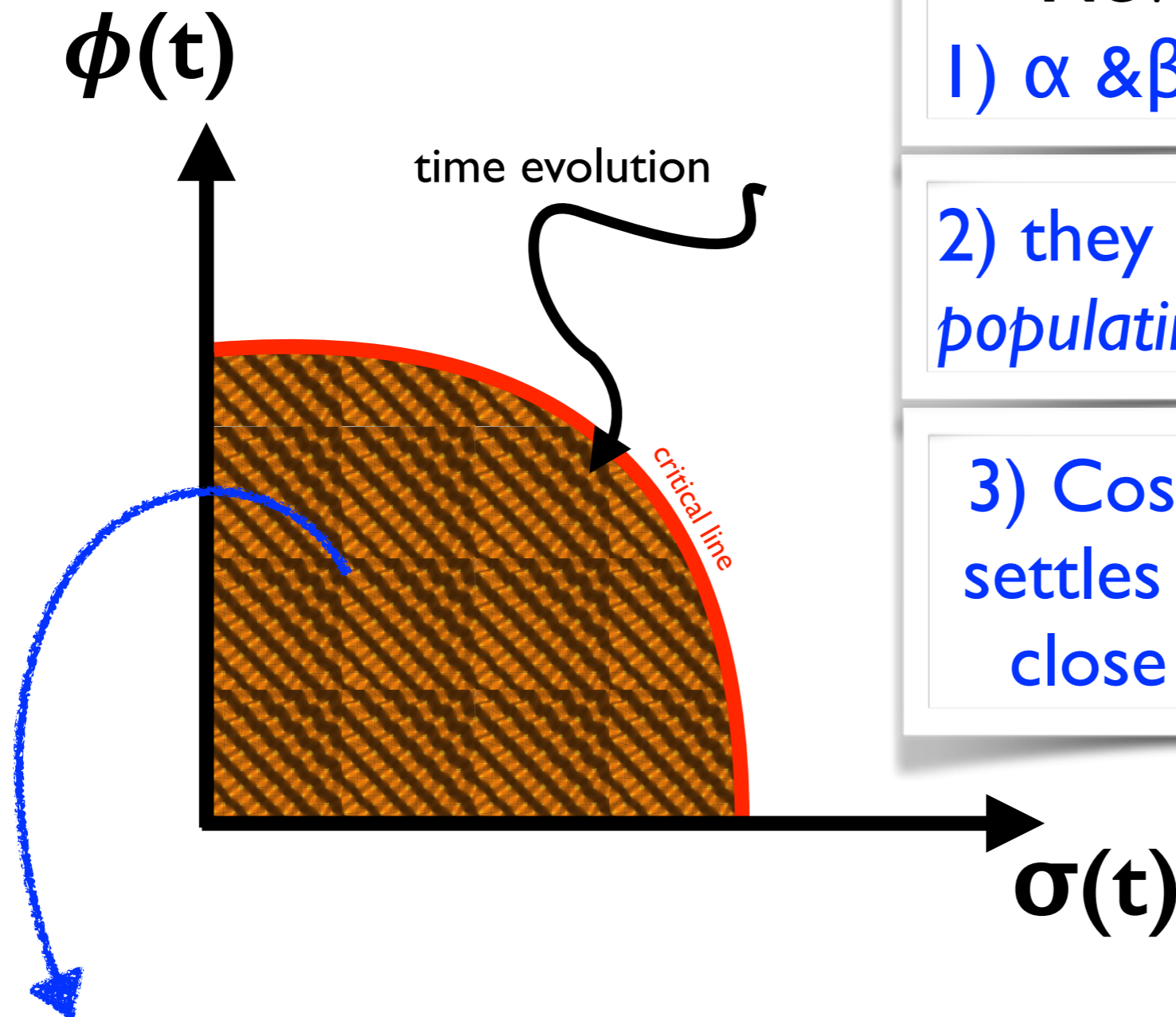
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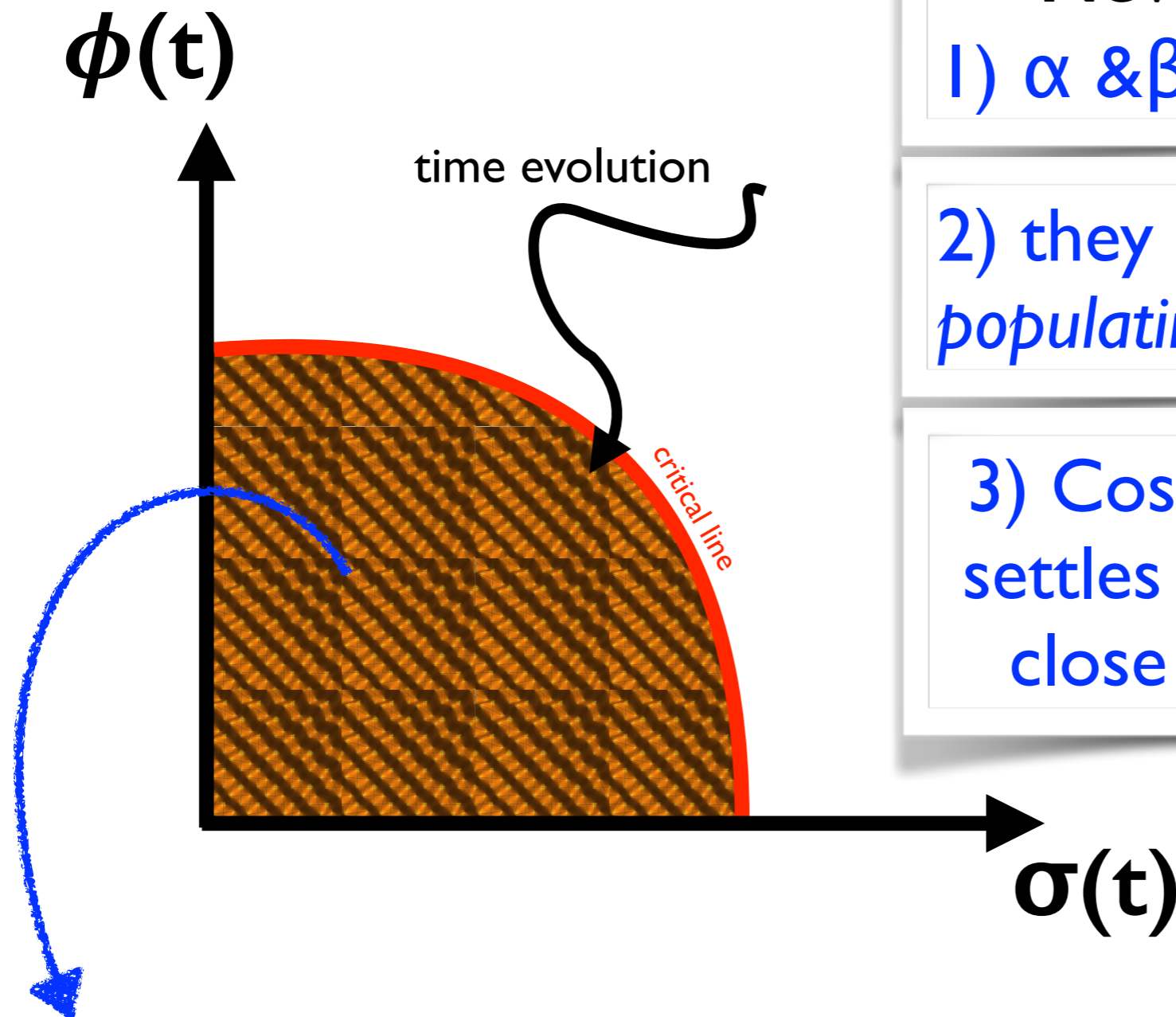
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to solve the hierarchy problem,
there must be $\sim 10^{32}$ local minima!

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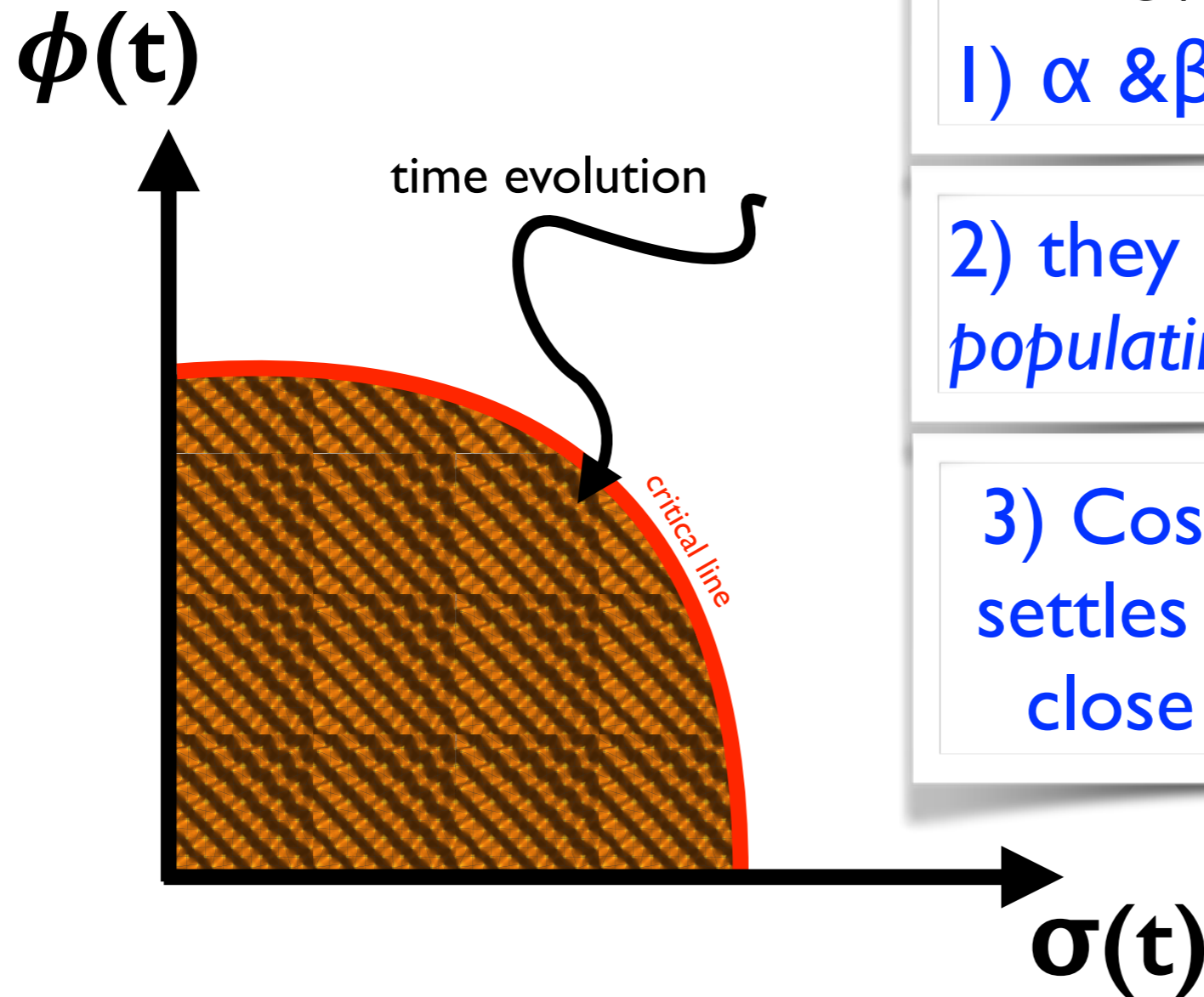
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Reference: 8,874 Summits listed
in the Swiss Alps

Hierarchy problem: Why nature is so close to the critical line?



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The hierarchy problem \rightarrow A historical accident

Explicit Models

*Idealized models have a useful role to play,
as ways to clarify your thinking*

Paul Krugman

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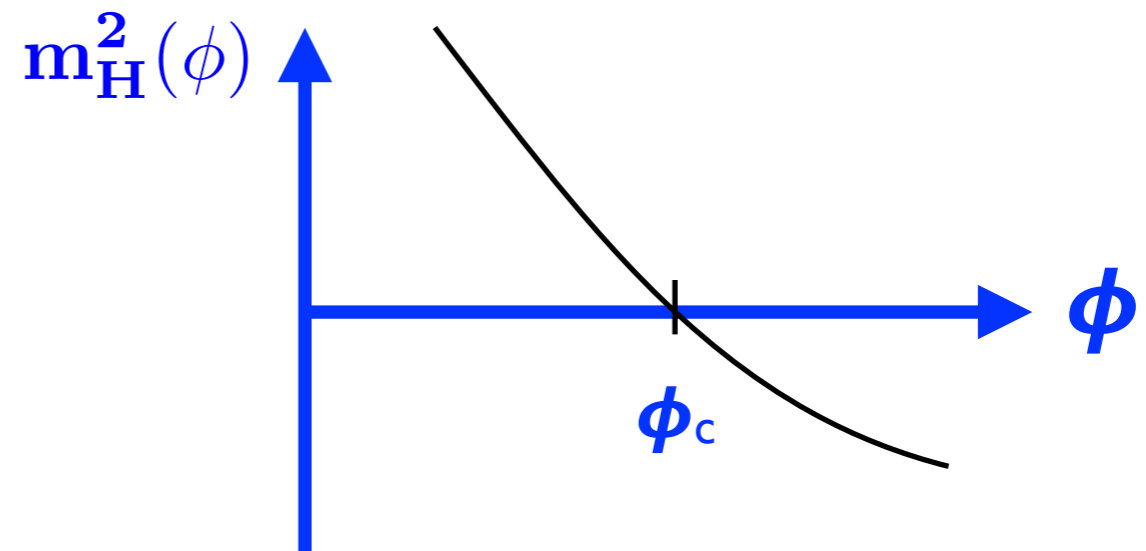
Higgs-mass parameter



Field-dependent Higgs mass

$$m_H^2 |H|^2$$

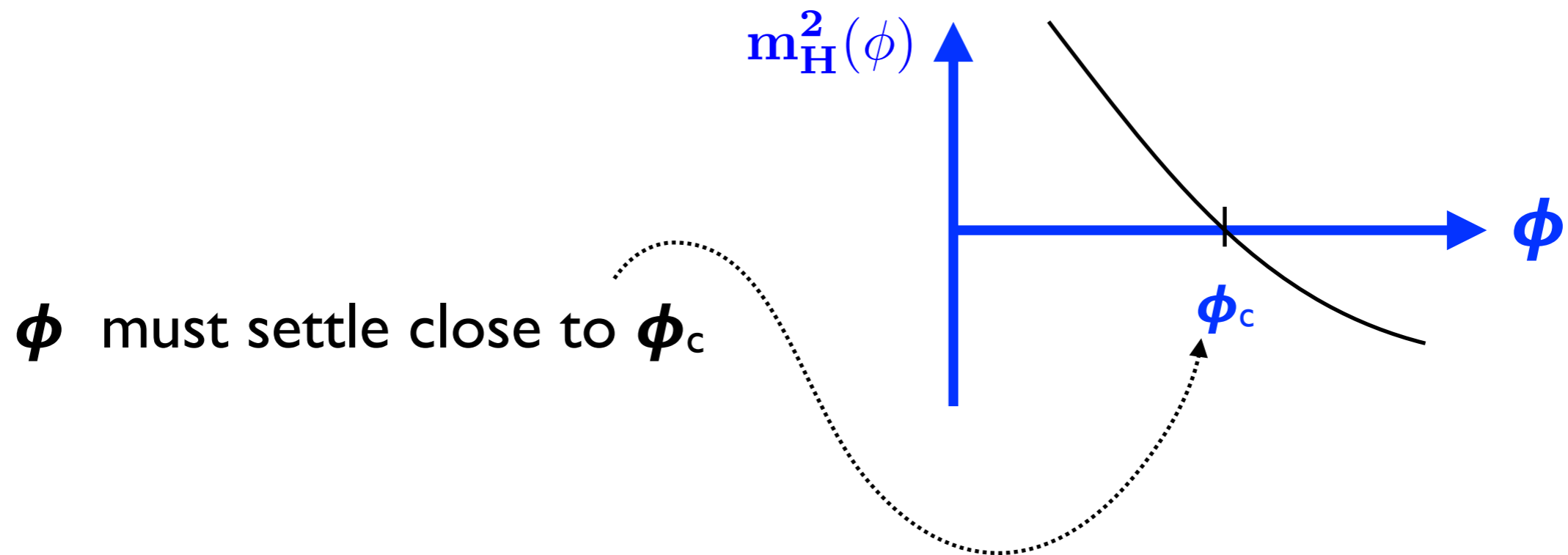
$$m_H^2(\phi) |H|^2$$



Higgs-mass parameter \longrightarrow Field-dependent Higgs mass

$$m_H^2 |H|^2$$

$$m_H^2(\phi) |H|^2$$



e.g.
$$m_H^2(\phi) = \Lambda^2 \left(1 - \frac{g\phi}{\Lambda} \right) \quad \left\{ \begin{array}{l} \Lambda = \text{sets the UV cut-off scale} \\ \text{of the SM (M}_P\text{?)} \\ \phi_c = \Lambda/g \quad (g \ll 1) \end{array} \right.$$

Notice that large field excursions for ϕ needed: $\phi \sim \Lambda/g \gg \Lambda$

Higgs (h) & axion-like (ϕ) potential:

P.W. Graham, D.E. Kaplan, S.Rajendran
arXiv:1504.07551

$$V(\phi, h) = \Lambda^3 g \phi - \frac{1}{2} \Lambda^2 \left(1 - \frac{g\phi}{\Lambda} \right) h^2 + \epsilon \Lambda_c^4 \left(\frac{h}{\Lambda_c} \right)^n \cos(\phi/f)$$

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“Kicking” term

Slope for ϕ to move forward

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ϕ “scans” the Higgs-mass

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$n=1,2,\dots$

**term affording local minima for ϕ
in the broken phase (when $h \neq 0$)**

periodic-function of ϕ as for axion-like states

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Λ : cutoff of the theory

Λ_c : scale that originates the periodic term

Spurions:

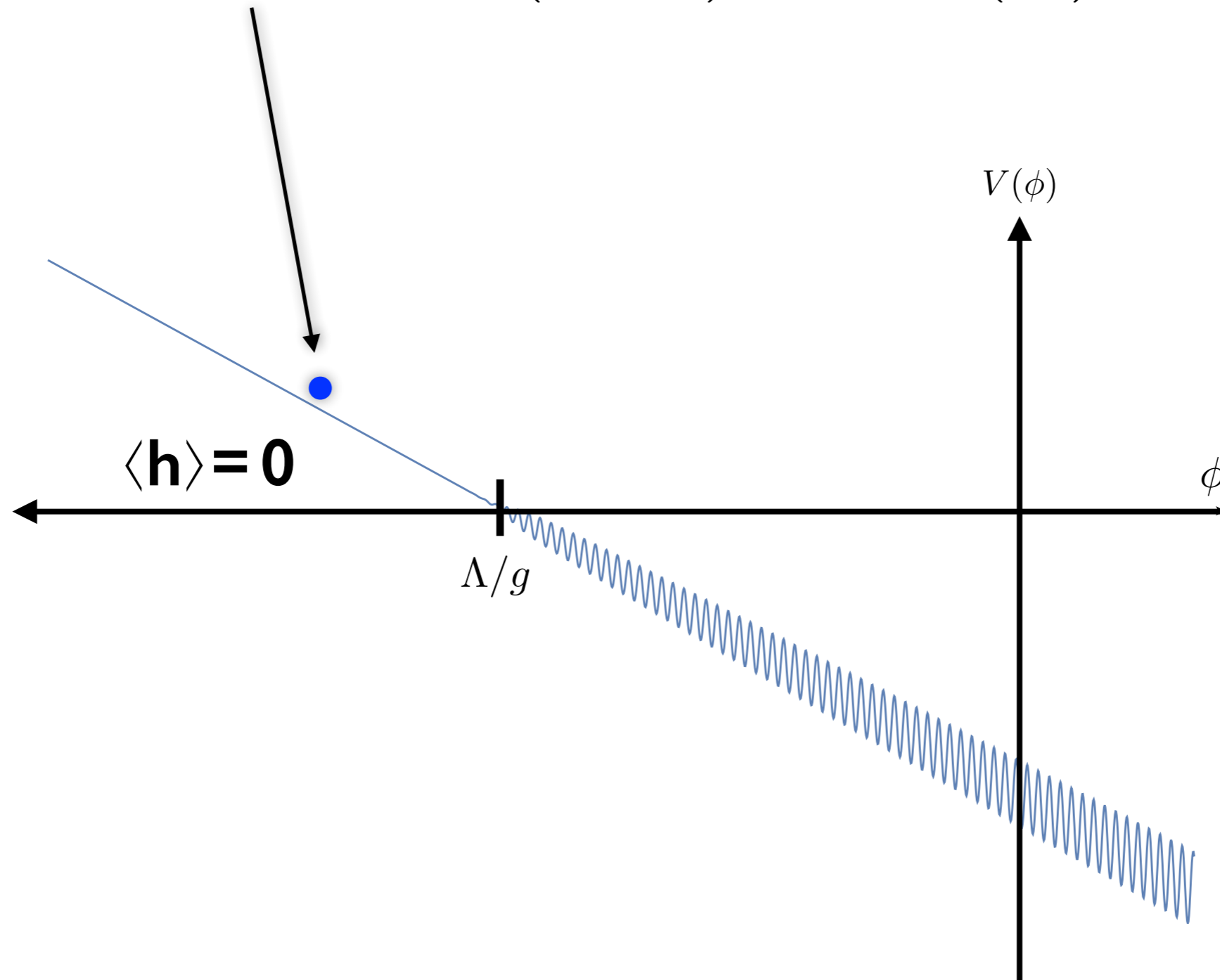
$\epsilon \ll 1$: breaking of shift symmetry, respecting $\phi \rightarrow \phi + 2\pi f$

$g \ll 1$: breaking of shift symmetry $\phi \rightarrow \phi + c$ ($\forall c$)

Potential stable under radiative corrections!

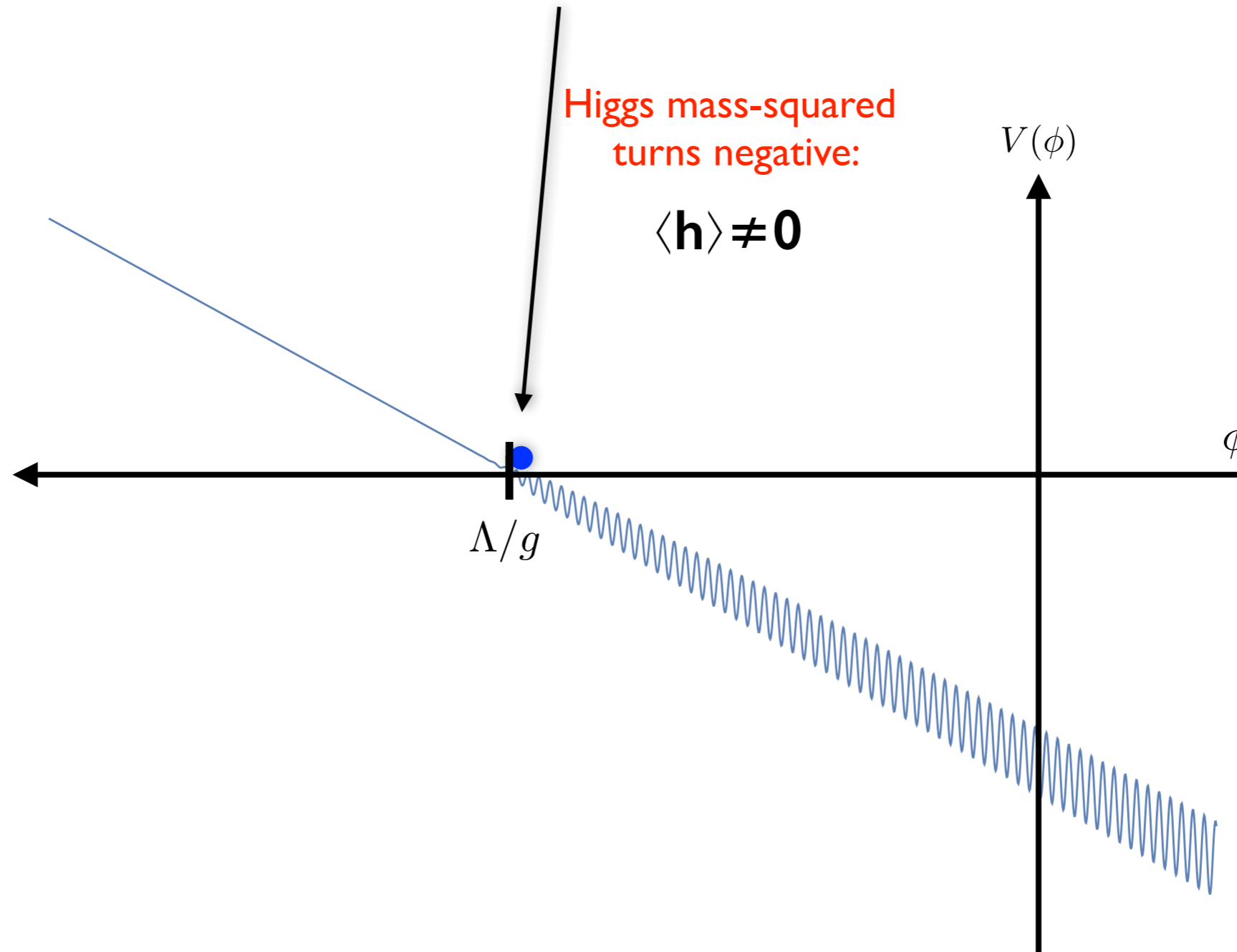
Cosmological evolution:

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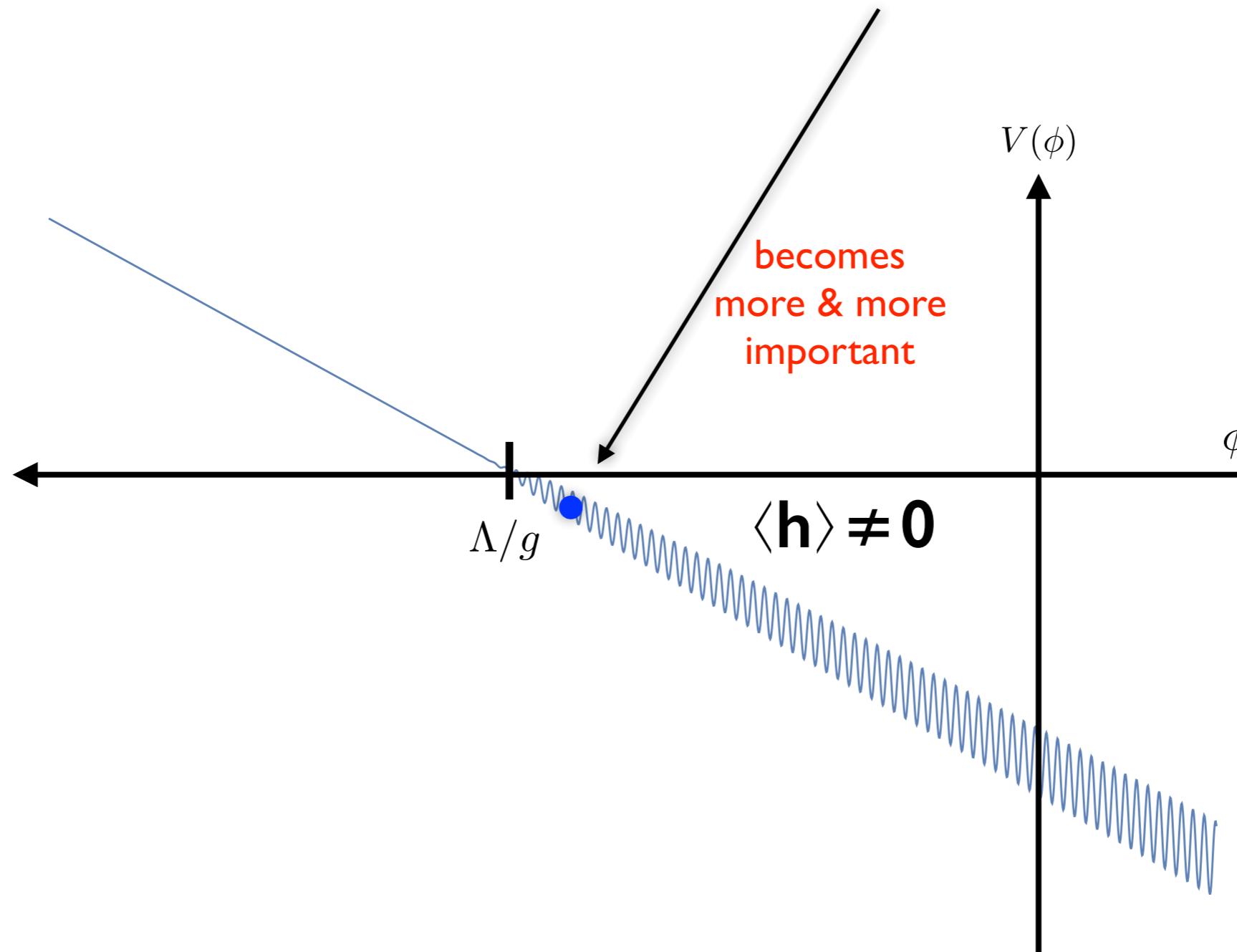
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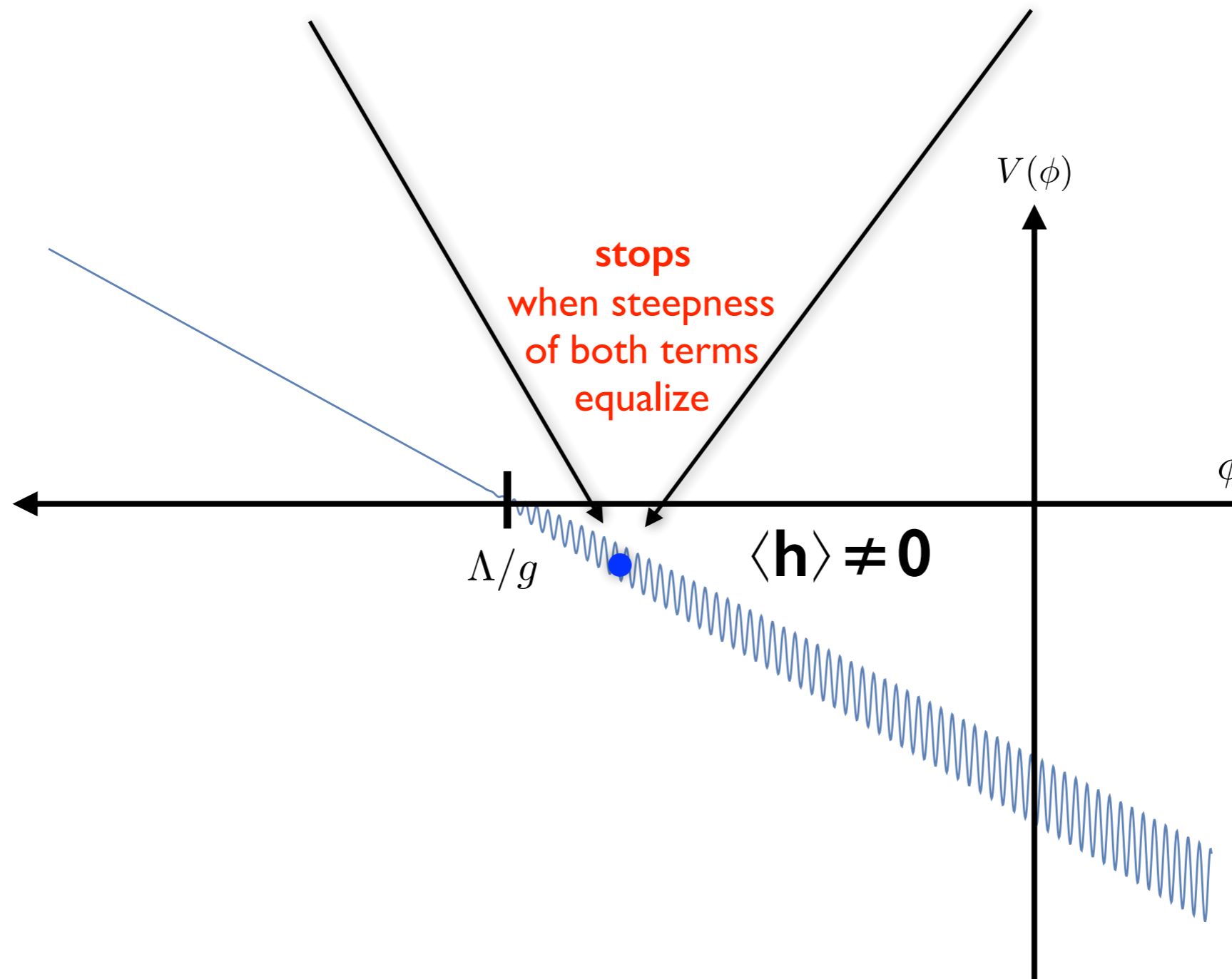
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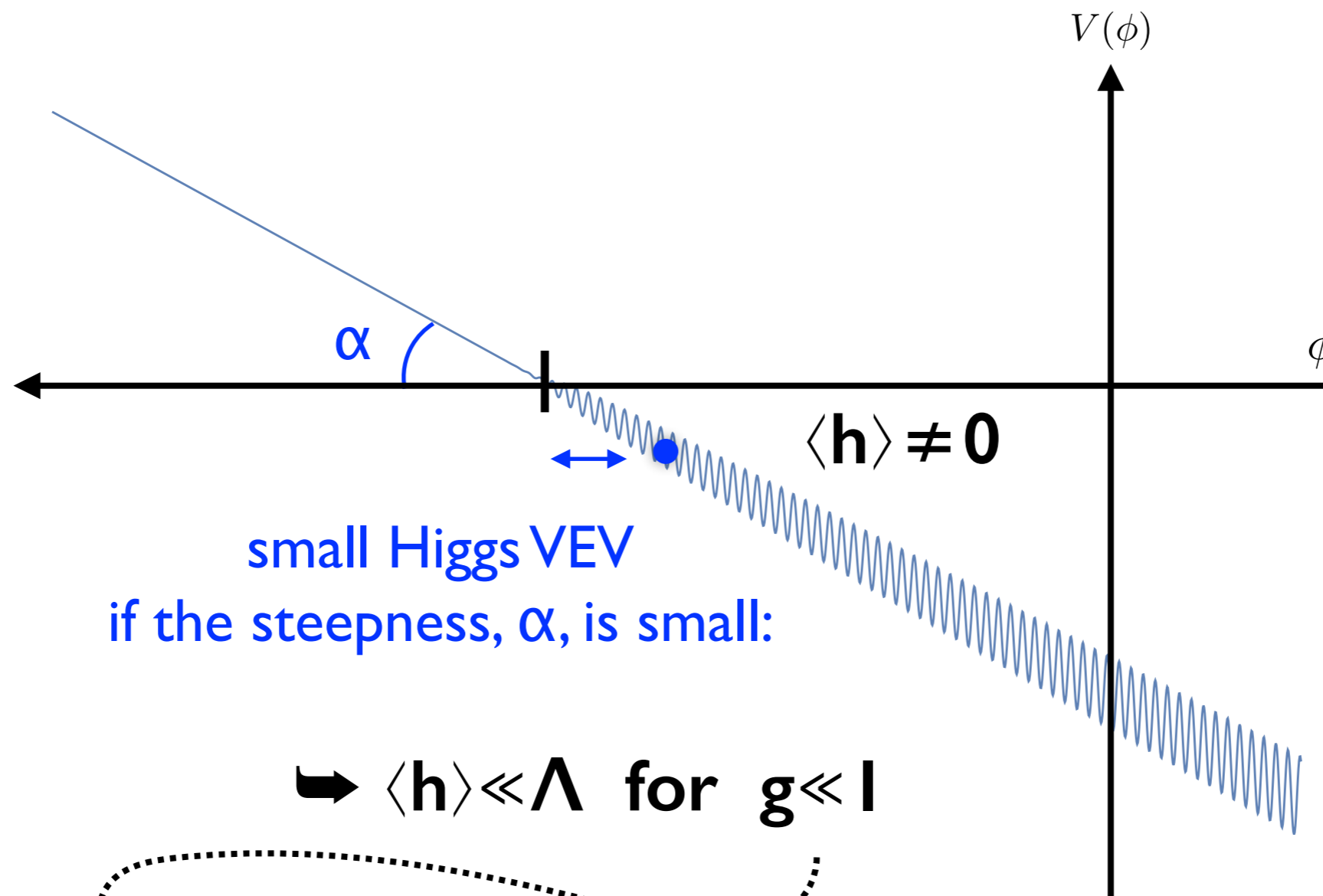
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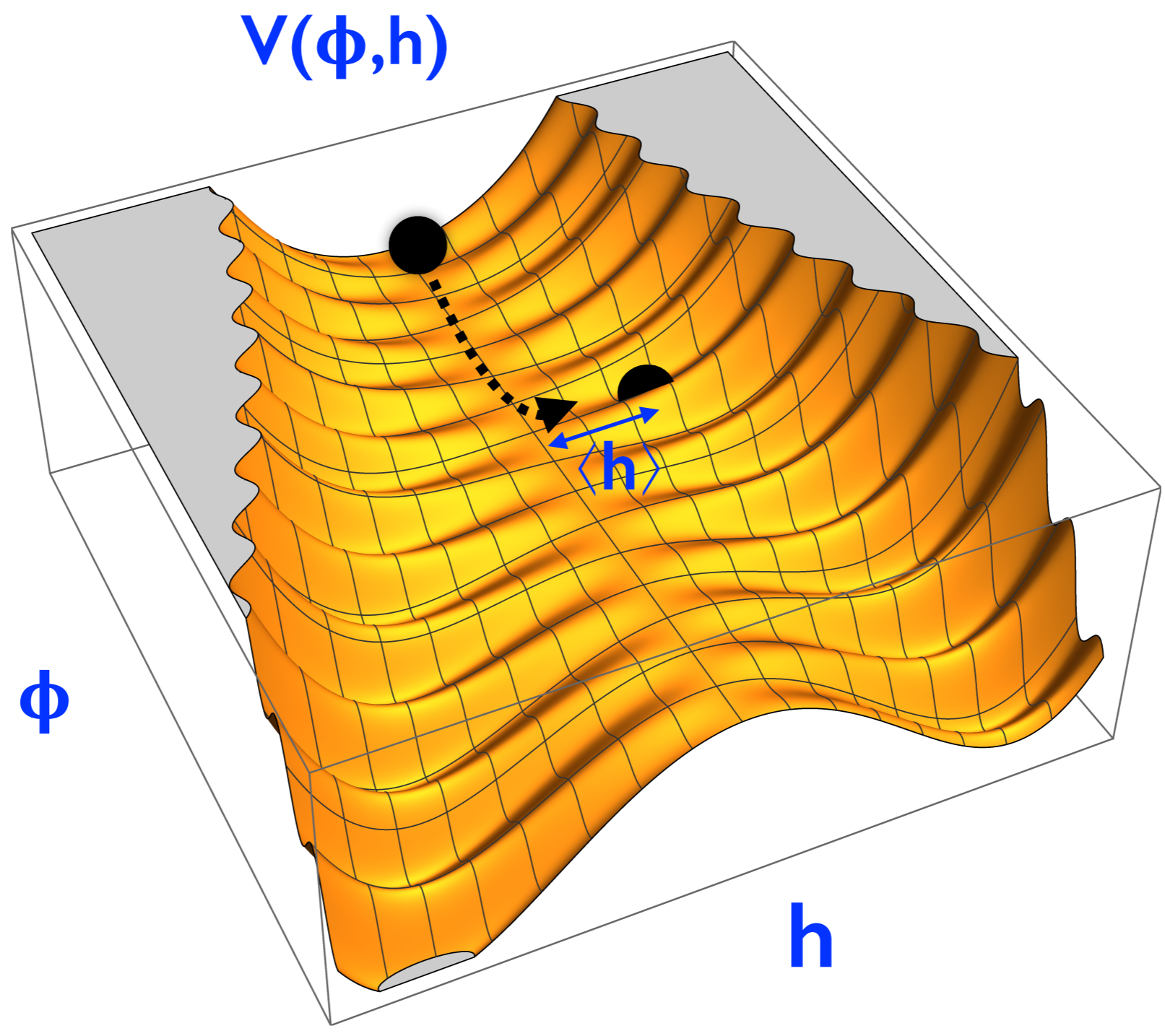
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small Higgs VEV
if the steepness, α , is small:

$$\Rightarrow \langle h \rangle \ll \Lambda \text{ for } g \ll 1$$

technically natural since $g=0$ is a point of enhanced symmetry



Tuning the initial conditions?



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No, if slow rolling due to a friction:
possible in the **inflationary epoch!** (Hubble friction)

can be neglected \rightarrow
$$\ddot{\phi} + 3H_I \dot{\phi} = -\partial_{\phi} V(\phi)$$

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Long period of inflation needed,
in order for ϕ to “scan” large ranges of the Higgs mass

e-folds needed: $N_e \gtrsim \frac{H_I^2}{g^2 \Lambda^2} \sim 10^{40}$

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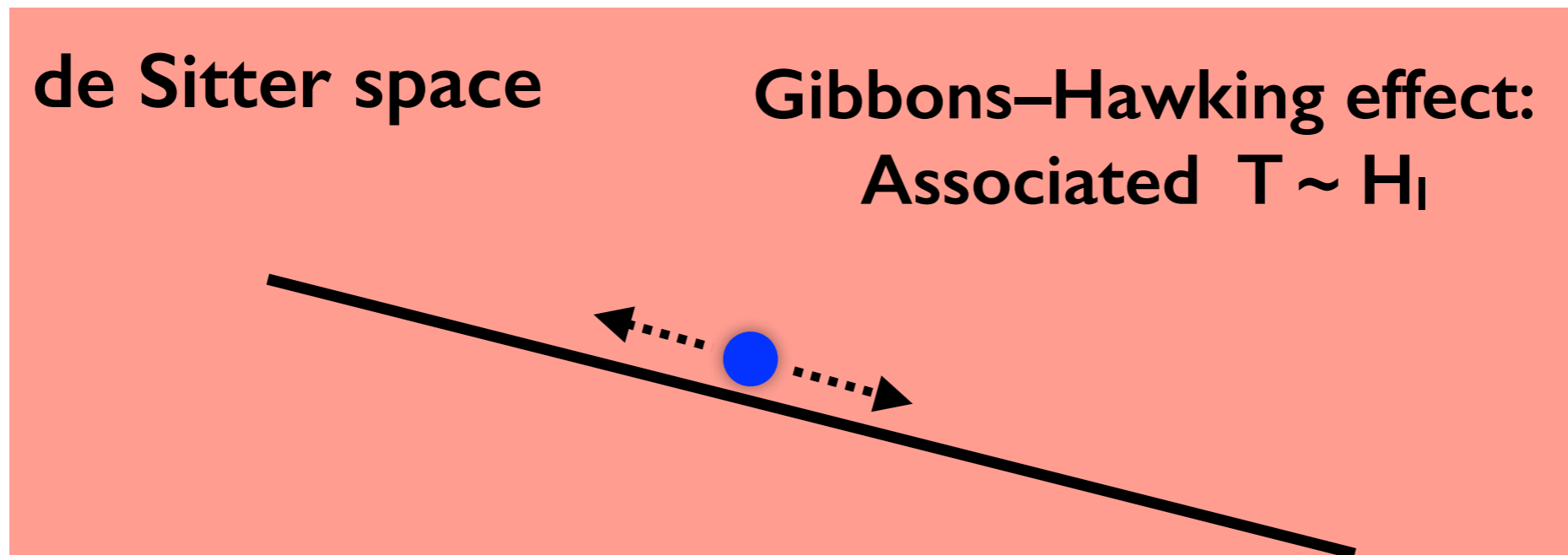
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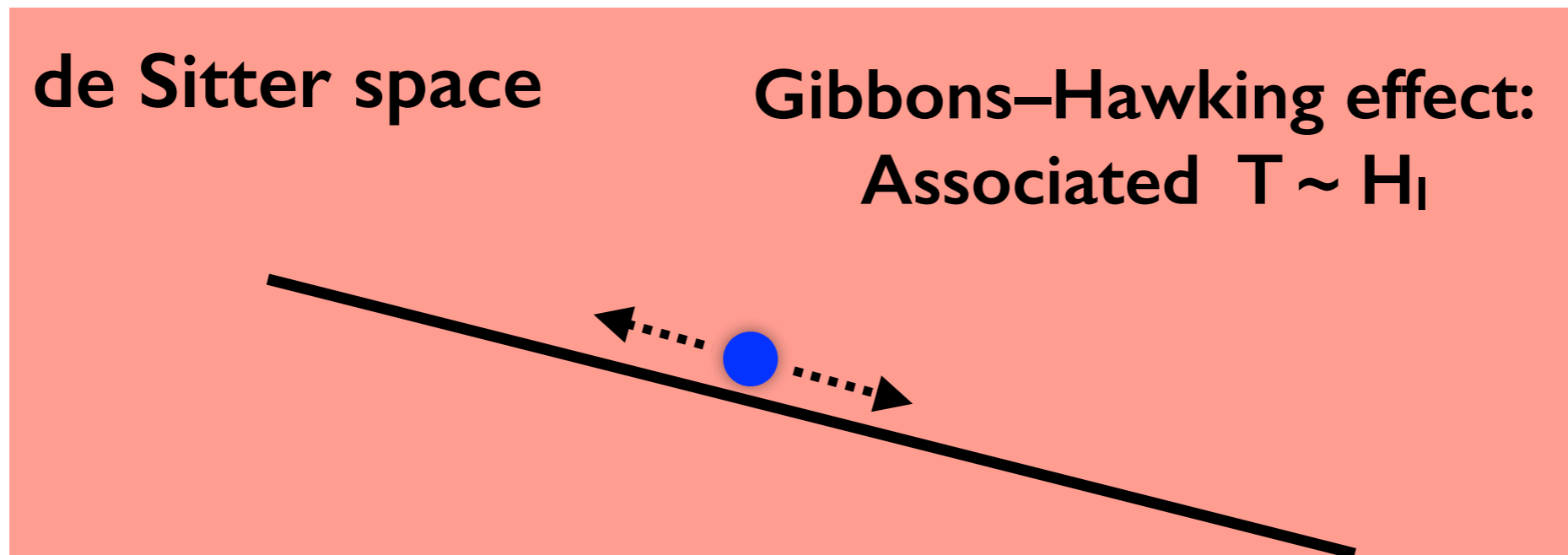
Important limitation:



ϕ must roll-down classically and not *wiggle* by quantum effects:

$$\Delta\phi_{class} \sim g \frac{\Lambda^3}{H_I^2} \gtrsim \Delta\phi_{quant} \sim H_I$$
$$g \gtrsim (H_I/\Lambda)^3$$

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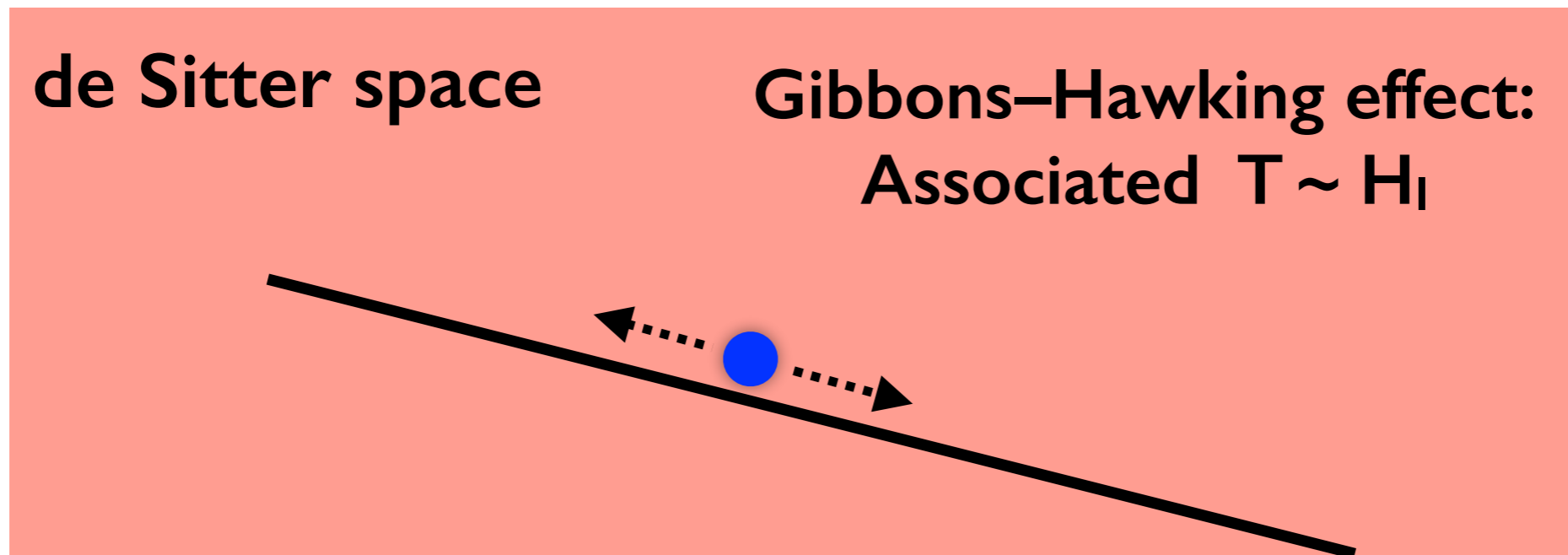
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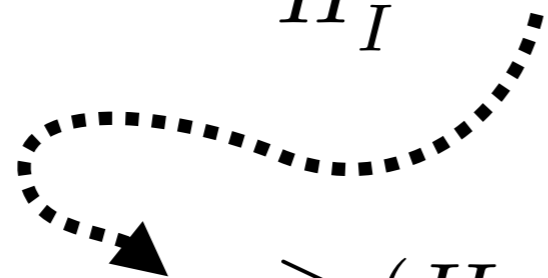
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$$H_I \gtrsim \Lambda^2/M_P$$



$$g \gtrsim (\Lambda/M_P)^3$$

lower bound on g
(i.e. upper bound on Λ)

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Origin of $\epsilon \Lambda_c^4 \left(\frac{h}{\Lambda_c} \right)^n \cos(\phi/f)$ **?**

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$\Lambda_c = \Lambda_{QCD}$

$\epsilon = Y_u$

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But ϕ cannot be the *genuine* QCD-axion
clash with the linear terms for ϕ !

Though consistent QFT as g is very small

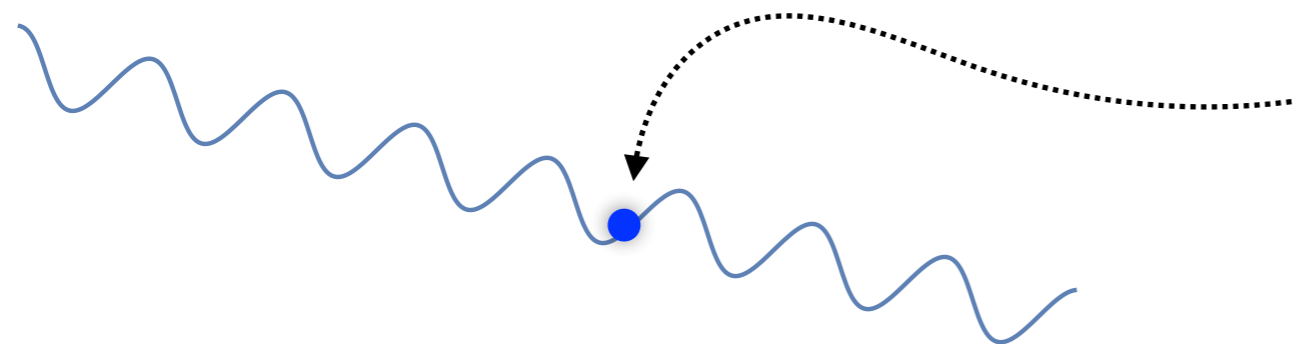
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Consequence: ϕ displaced from the minimum of the cos-term, leading to $\langle \phi \rangle \sim \theta_{QCD} \sim 1$!

It must be arranged such that at the end of inflation, the *tilt* disappears:



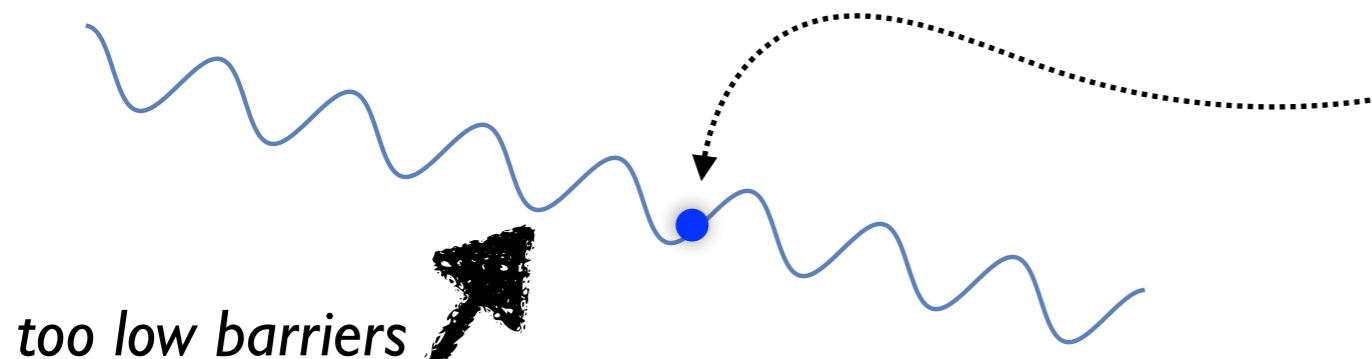
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even if so, one gets: $\Lambda \lesssim 30 \text{ TeV}$ (1000 TeV if the *tilt* changes sign)

Main message of the first explicit model:

QCD-axion + Higgs affords *almost* a “relaxation” mechanism

Main drawbacks:

- Extra $U(1)_{PQ}$ -breaking terms needed (origin?)
- θ -problem strikes back
- Too low Λ , as too low $\Lambda_c \sim \Lambda_{QCD} \sim \text{GeV}$
- Large field excursions (beyond Λ) needed
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Beyond the QCD-axion

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n=2:

$$\epsilon \Lambda_c^2 |H|^2 \cos(\phi/f)$$

SU(2)_L-invariant, no need to rely on QCD

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at the quantum level,
closing H in a loop

$$\epsilon \Lambda_c^4 \cos(\phi/f)$$

this term gives minima for ϕ in the unbroken phase ($h=0$)

Beyond the QCD-axion

Origin of $\epsilon \Lambda_c^4 \left(\frac{h}{\Lambda_c}\right)^n \cos(\phi/f)$

n=2:

$$\epsilon \Lambda_c^2 |H|^2 \cos(\phi/f)$$

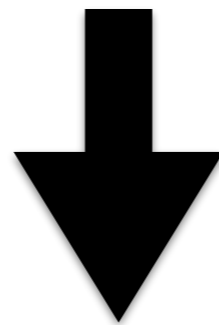
SU(2)_L-invariant, no need to rely on QCD

$\Lambda_c \sim$ some new-strong sector scale
that can be much heavier than Λ_{QCD}

at the quantum level,
closing H in a loop

$$\epsilon \Lambda_c^4 \cos(\phi/f)$$

this term gives minima for ϕ in the unbroken phase ($h=0$)



J.R.Espinosa, C.Grojean, G.Panico, A.P.,
O.Pujolàs, G.Servant 15

Proposal to go further:

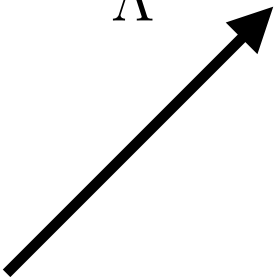
Make the amplitude of the $\cos(\phi/f)$ -term also field dependent

$A \cos(\phi/f)$  **Field-dependent amplitude:**

$$A(\phi, \sigma, H) \equiv \epsilon \Lambda^4 \left(\beta + c_\phi \frac{g\phi}{\Lambda} - c_\sigma \frac{g_\sigma \sigma}{\Lambda} + \frac{|H|^2}{\Lambda^2} \right)$$


new field σ “scanning” the amplitude

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Two “scanners” potential:

$$V(\phi, \sigma, H) = \Lambda^4 \left(\frac{g\phi}{\Lambda} + \frac{g_\sigma \sigma}{\Lambda} \right) + m^2(\phi) |H|^2 + A(\phi, \sigma, H) \cos(\phi/f)$$

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$$A(\phi, \sigma, H) \equiv \boxed{\epsilon} \Lambda^4 \left(\beta + c_\phi \frac{g\phi}{\Lambda} - c_\sigma \frac{g_\sigma \sigma}{\Lambda} + \frac{|H|^2}{\Lambda^2} \right)$$

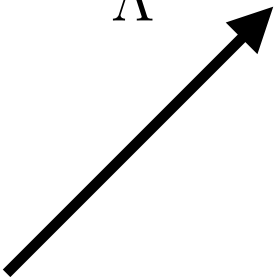
spurions

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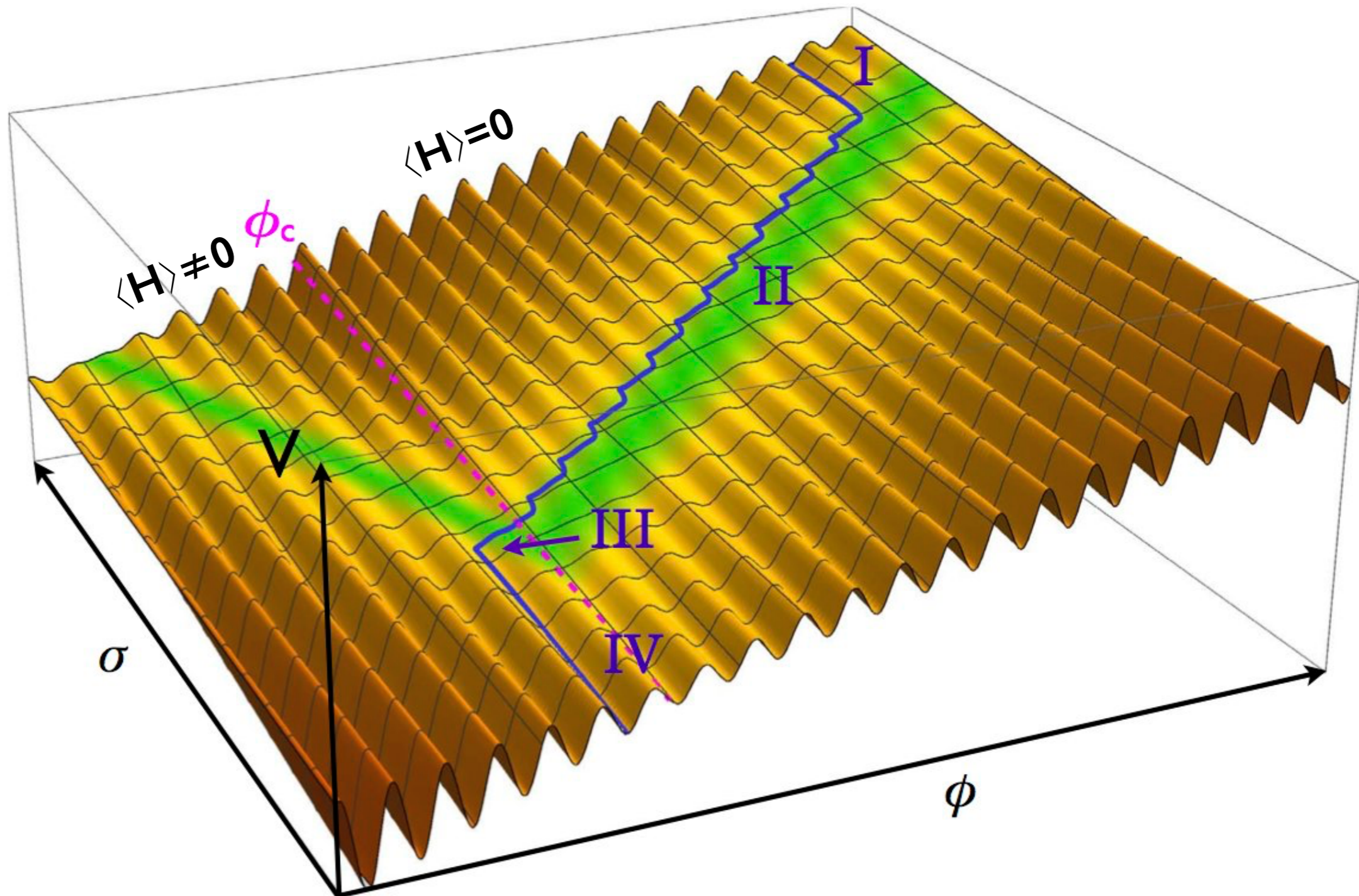
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we'll be taking $\Lambda \sim \Lambda_c$ and try to see how far away can be pushed up

ALPine Cosmology:

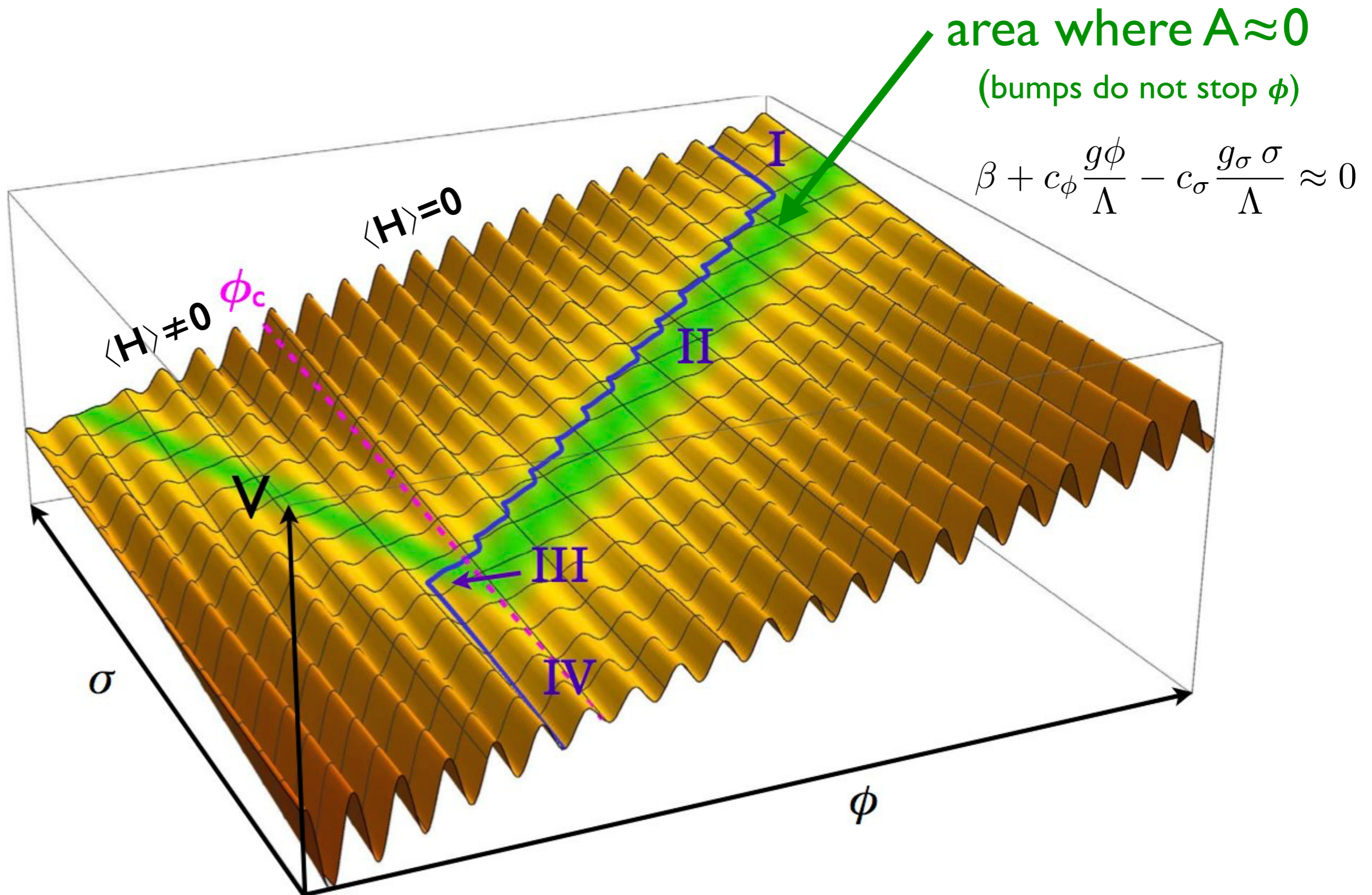
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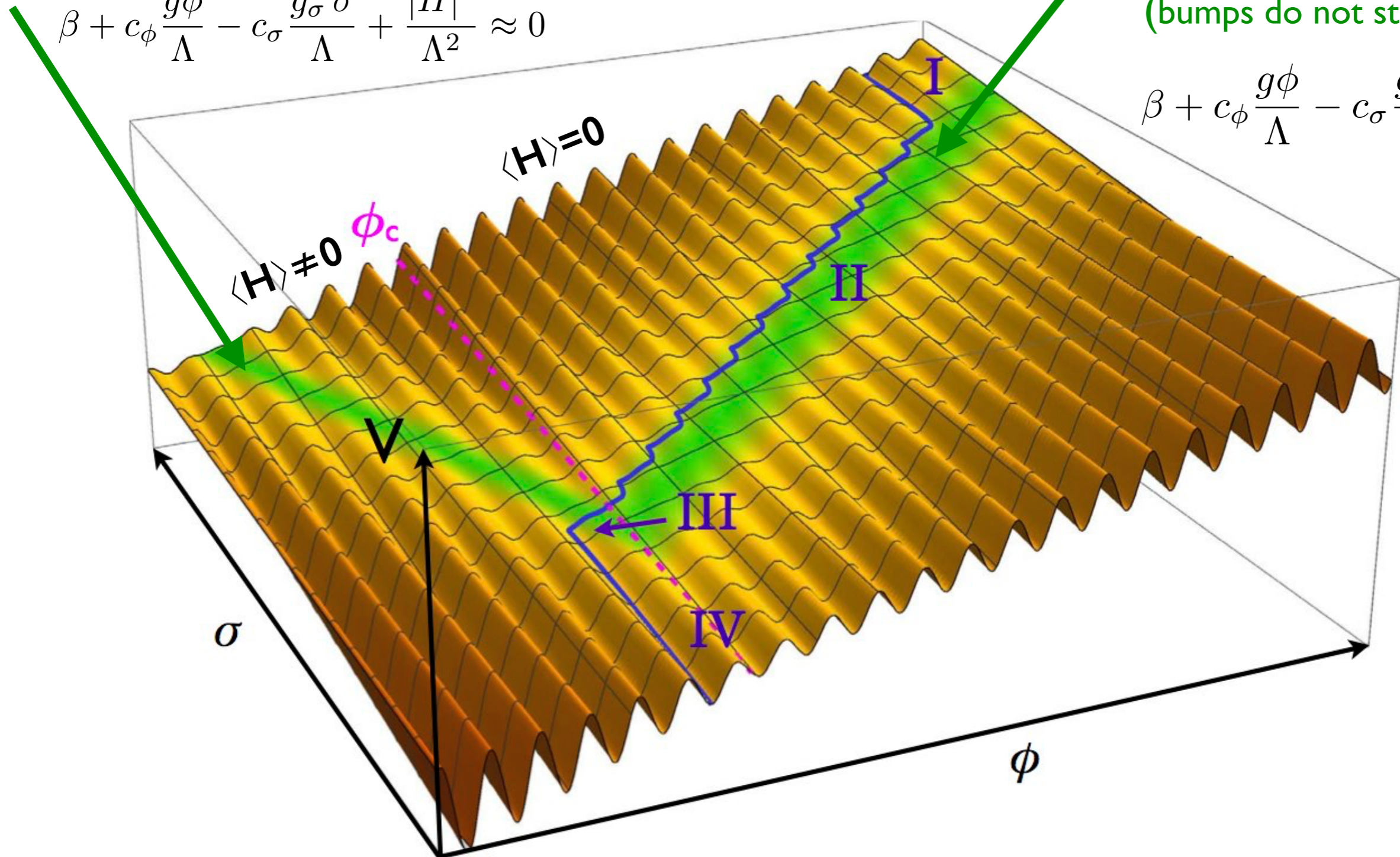
area where $A \approx 0$

$$\beta + c_\phi \frac{g\phi}{\Lambda} - c_\sigma \frac{g_\sigma \sigma}{\Lambda} + \frac{|H|^2}{\Lambda^2} \approx 0$$

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(bumps do not stop ϕ)

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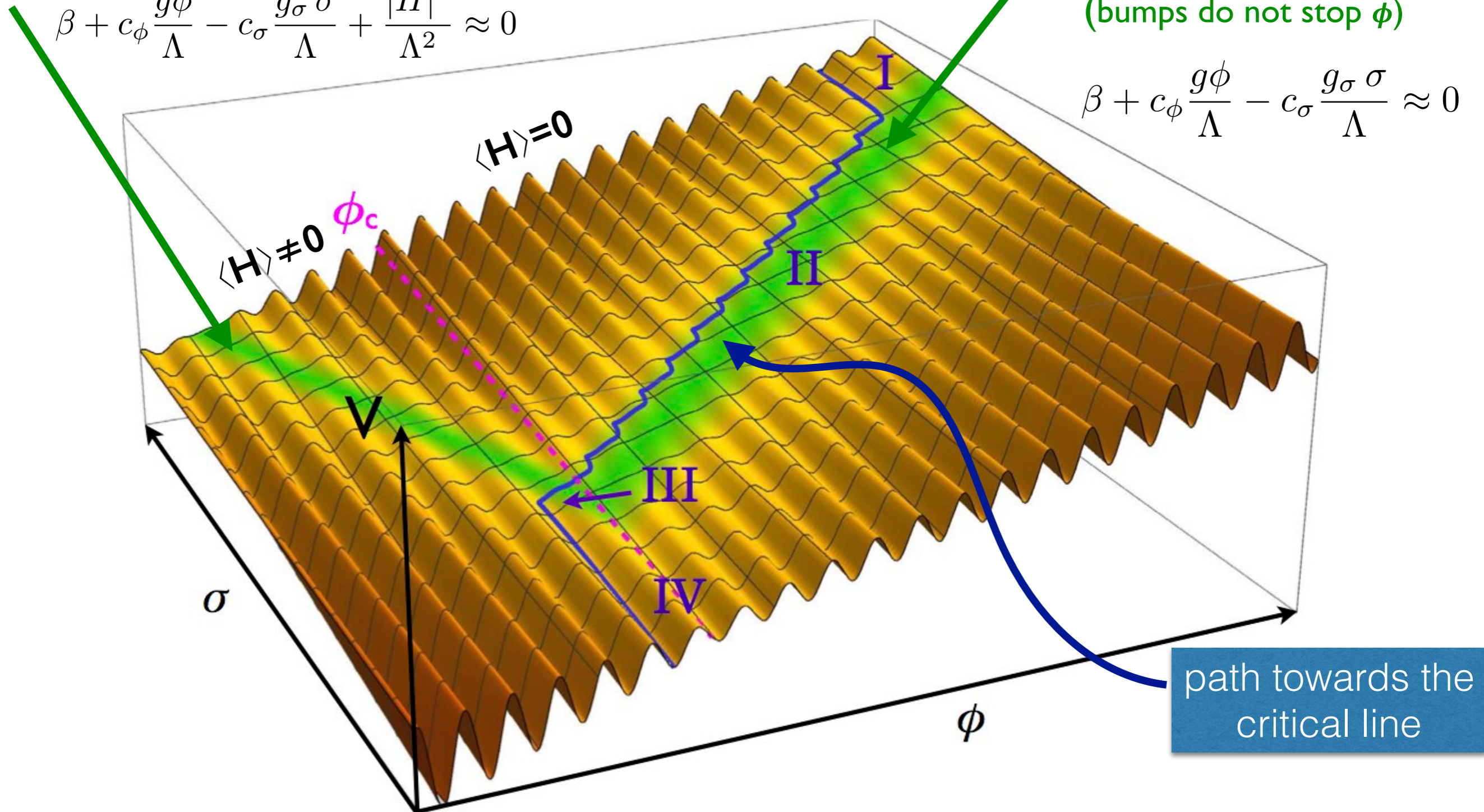
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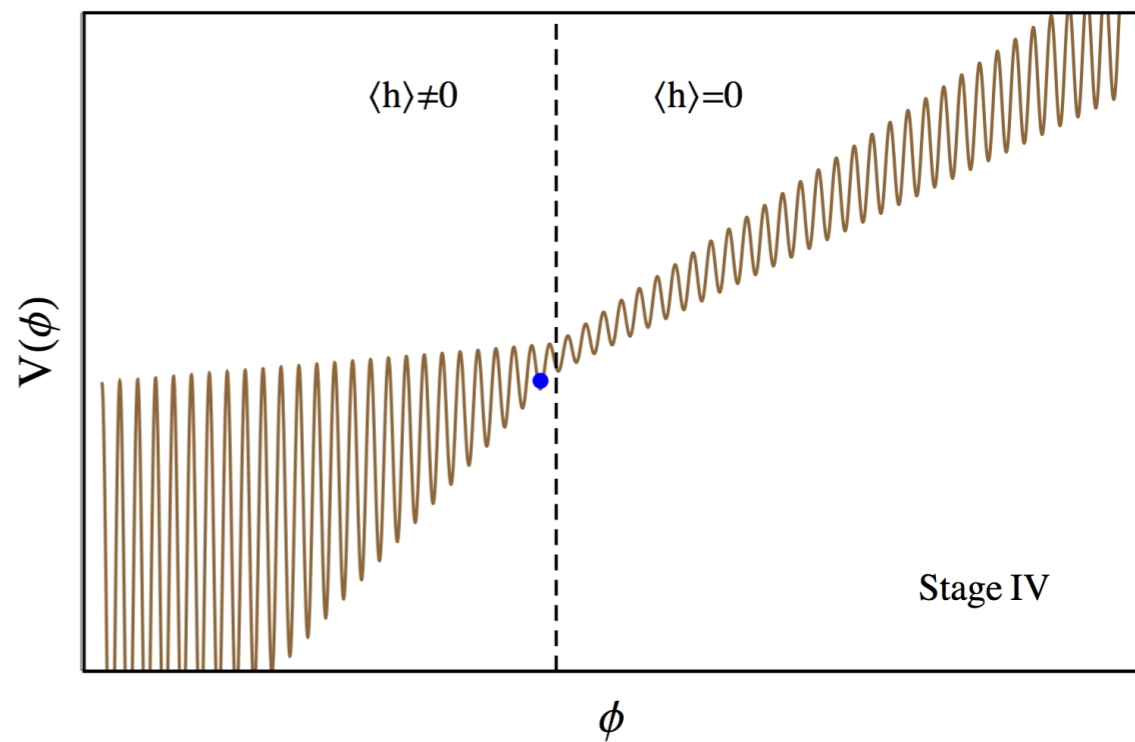
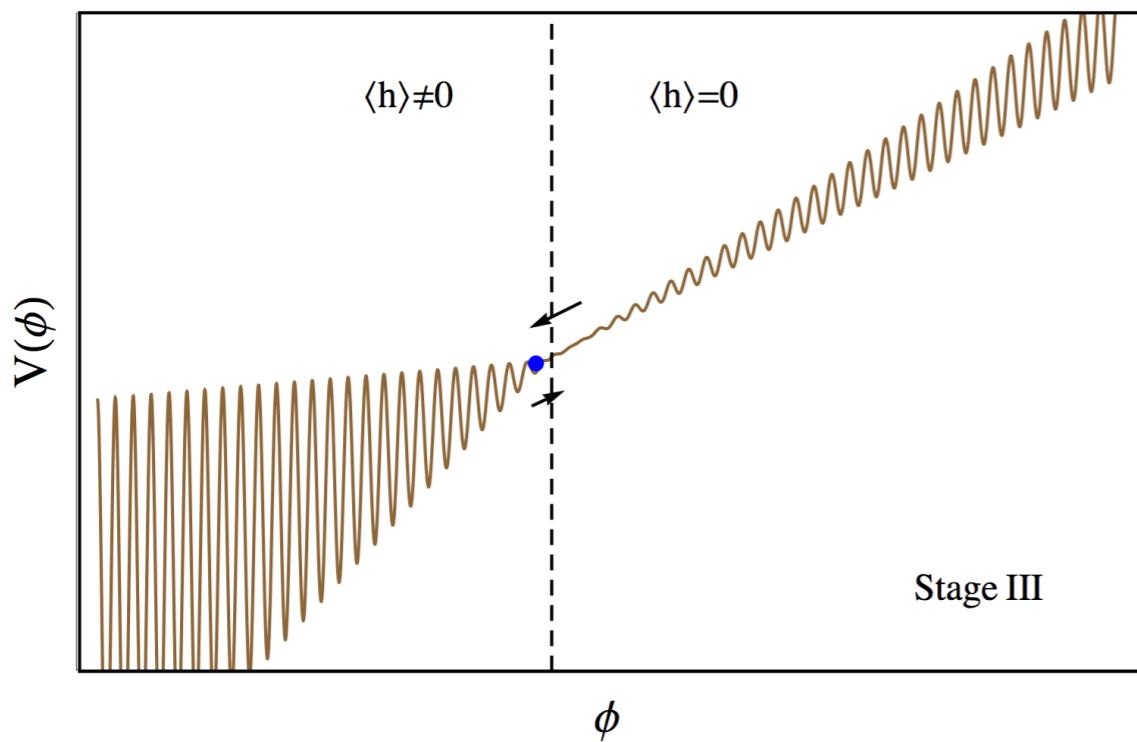
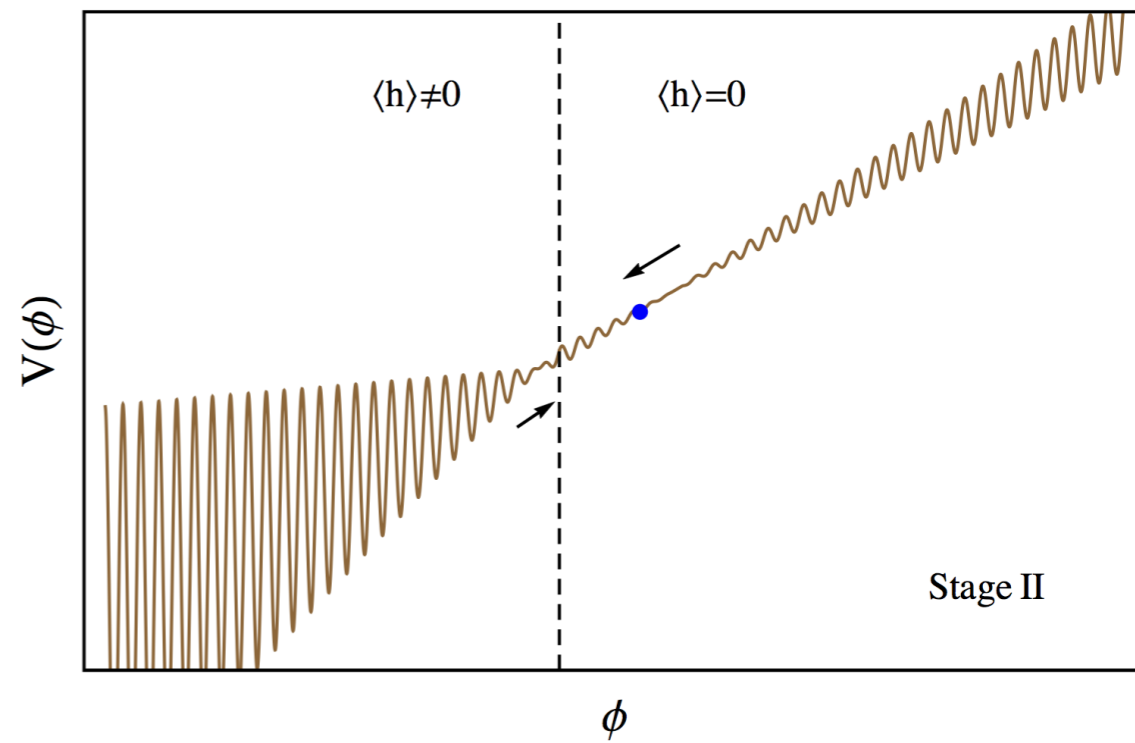
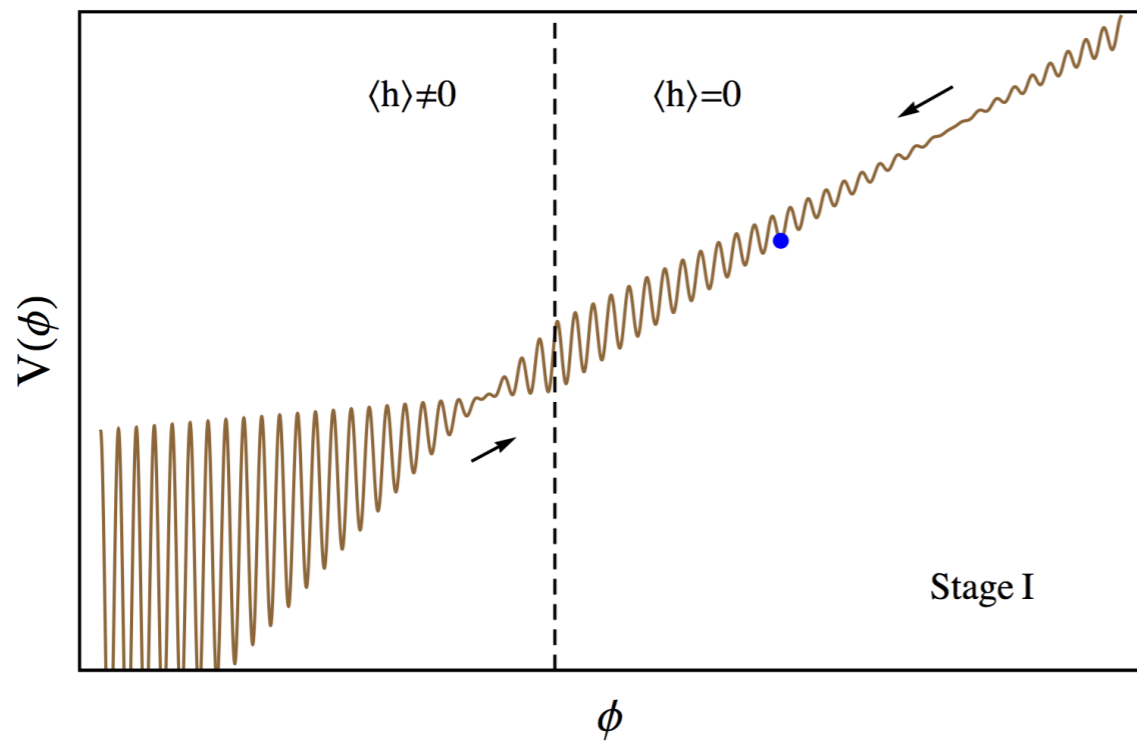
(bumps do not stop ϕ)

$$\beta + c_\phi \frac{g\phi}{\Lambda} - c_\sigma \frac{g_\sigma \sigma}{\Lambda} \approx 0$$



path towards the critical line

Two scanner model: "The Movie"



from J.R. Espinosa

EX SCALE AS COSMOLOGICAL ERRATIC



Okotoks glacial erratic,
Alberta, Canada

Conditions on parameters:

- $\epsilon \lesssim v^2/\Lambda^2$ to avoid to be dominated by terms like $\epsilon^2\Lambda^4\cos^2(\phi/f)$
- $H_I^3 \lesssim g_\sigma\Lambda^3$ to avoid quantum wiggles spoiling classical rolling
- $g_\sigma \lesssim g$ to avoid ϕ not tracking σ
- $\frac{\Lambda^2}{M_P} \lesssim H_I$ to avoid ϕ & σ affect inflation

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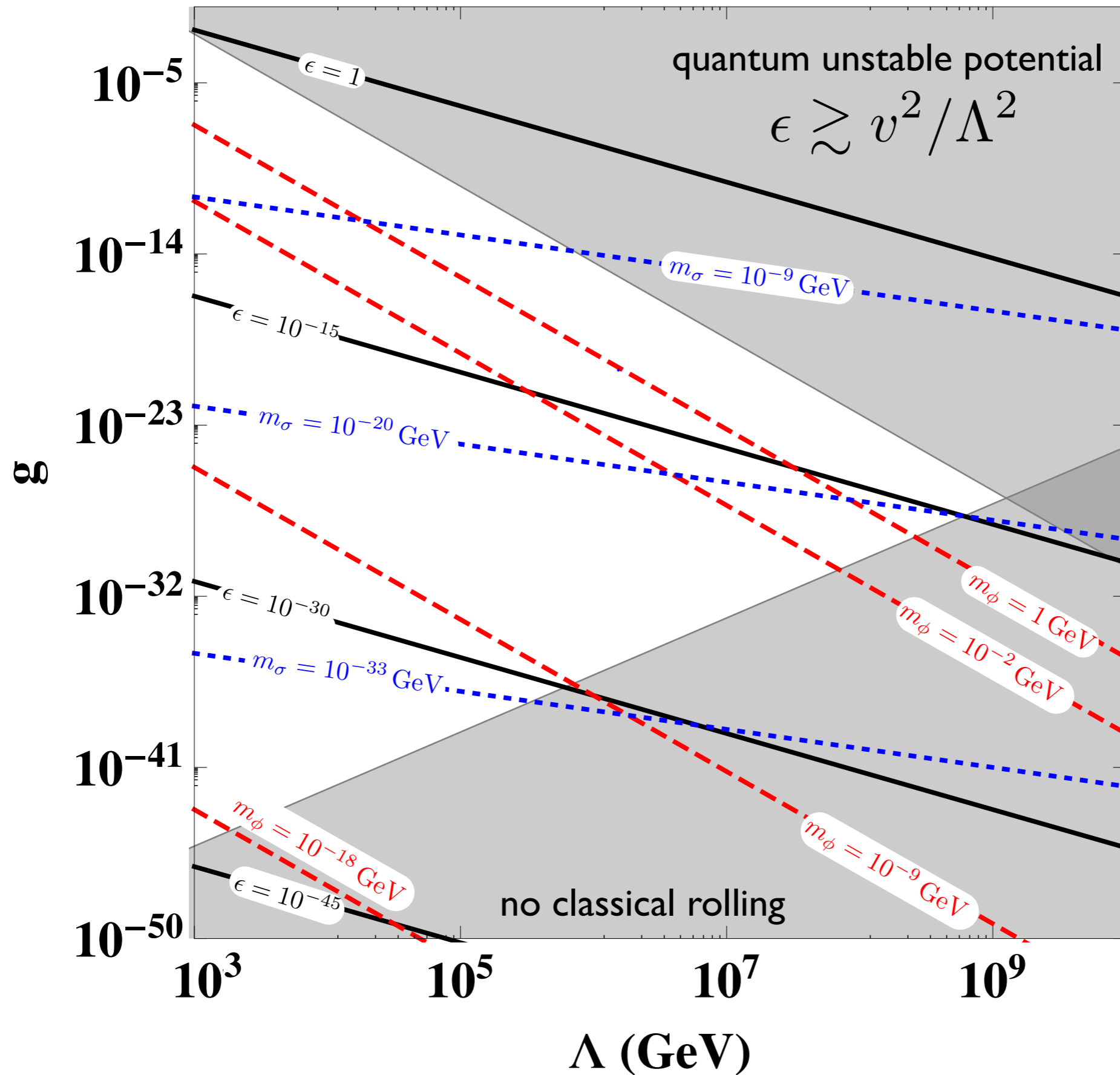
$$\frac{\Lambda^3}{M_P^3} \lesssim g_\sigma \lesssim g \lesssim \frac{v^4}{f\Lambda^3}$$



$$\Lambda \lesssim (v^4 M_P^3)^{1/7} \simeq 2 \times 10^9 \text{ GeV}$$

**not yet fully solving the hierarchy problem
but pushing Λ beyond LHC & future colliders reach !**

Taking $g_\sigma \sim 0.1g$ & $f \sim \Lambda$



Phenomenological consequences

Phenomenological consequences

- Nothing at the LHC to be discovered!
- Only BSM below Λ :

ϕ & σ : Light scalars weakly-coupled to the SM

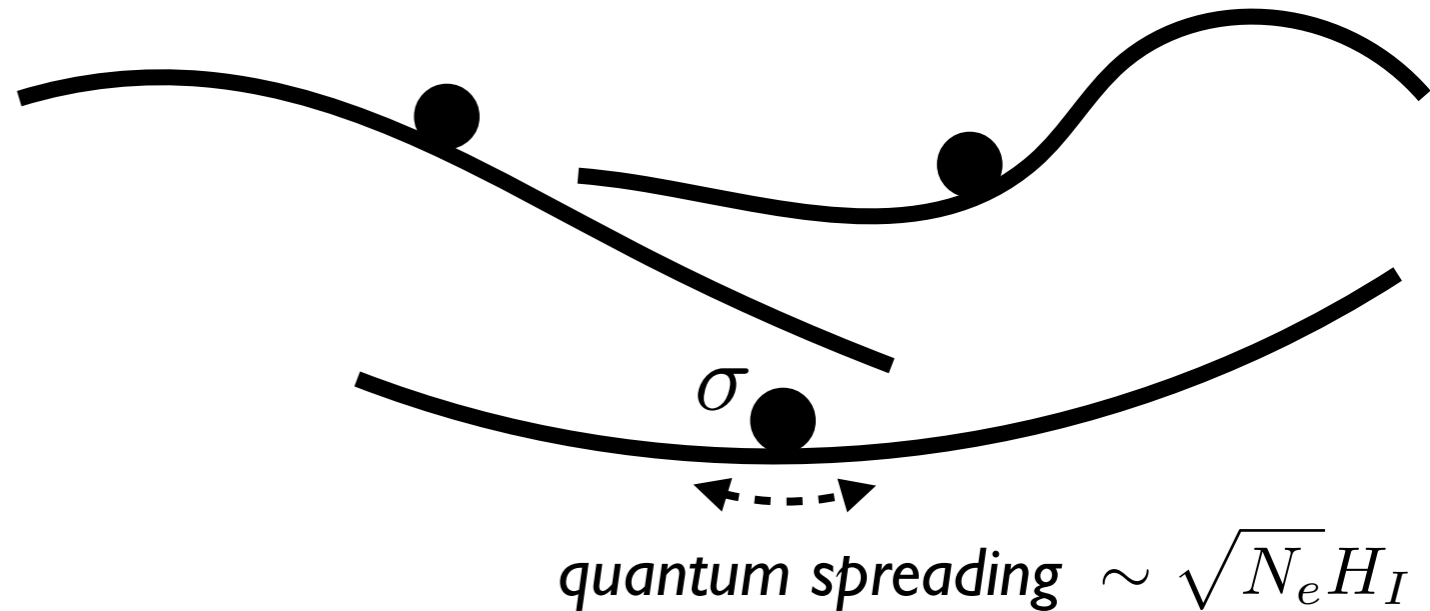
e.g. $m_\phi \sim 10^{-20} - 10^2 \text{ GeV}$

$$m_\sigma \sim 10^{-45} - 10^{-2} \text{ GeV}$$

coupled to the SM through the Higgs:

$$\epsilon |H|^2 \cos \phi/f, \quad g\phi |H|^2$$

Physics of the *Slow-Rollers*



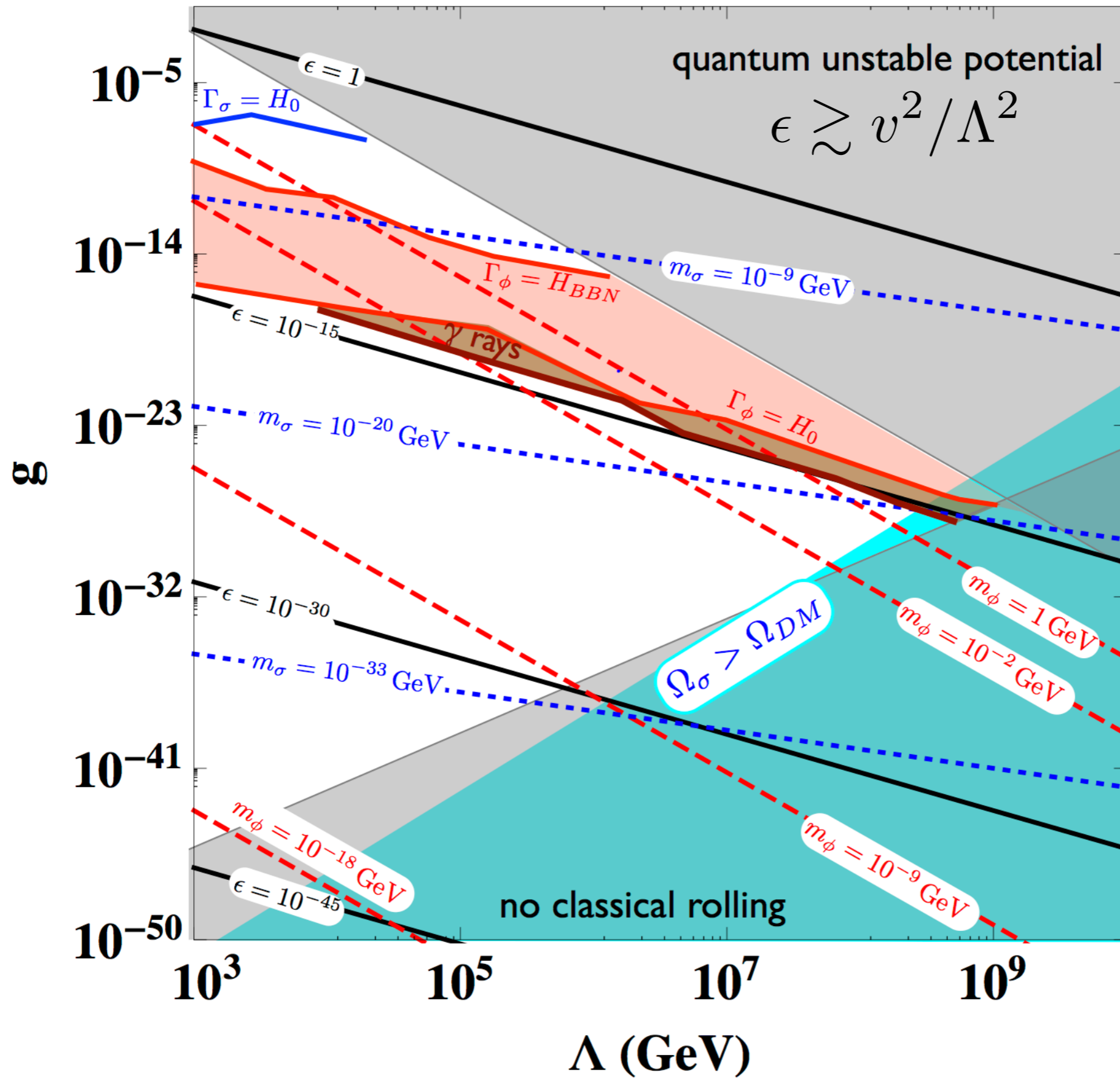
Obvious consequences:

- Epochs of inflation
- Late classical oscillations (Dark Matter)

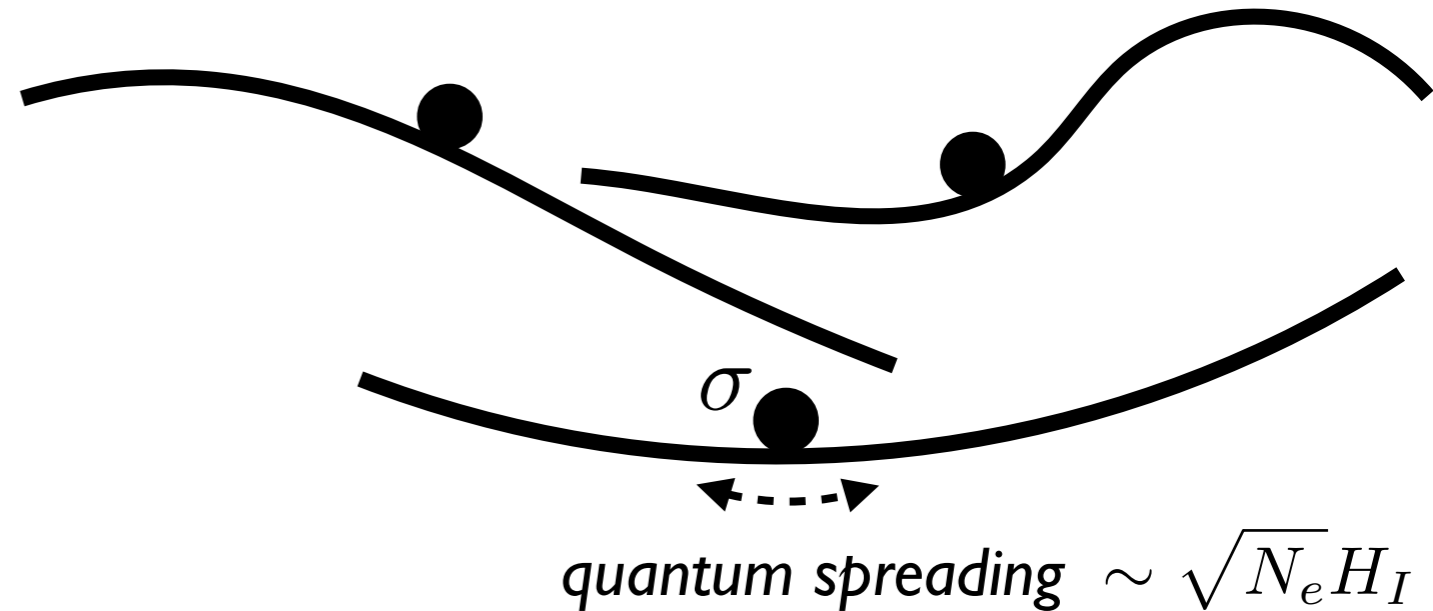
$$\rho_{ini}^\sigma \sim H_I^4$$

$$\rho_\sigma(T) \sim \rho_{ini}^\sigma (T/T_{osc})^3 \rightarrow \Omega_\sigma \gtrsim \left(\frac{10^{-27}}{g_\sigma} \right)^{3/2} \left(\frac{\Lambda}{10^8 \text{ GeV}} \right)^{13/2}$$

Taking $g_\sigma \sim 0.1g$ & $f \sim \Lambda$



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- Oscillations can affect the gravitational potential/waves:

Structure formation: $10^{-32} \text{ eV} \lesssim m_{\sigma} \lesssim 10^{-25.5} \text{ eV}$

[astro-ph/1410.2896](https://arxiv.org/abs/astro-ph/1410.2896)

Pulsar timing: $m_{\sigma} \sim 10^{-24} \text{ eV}$

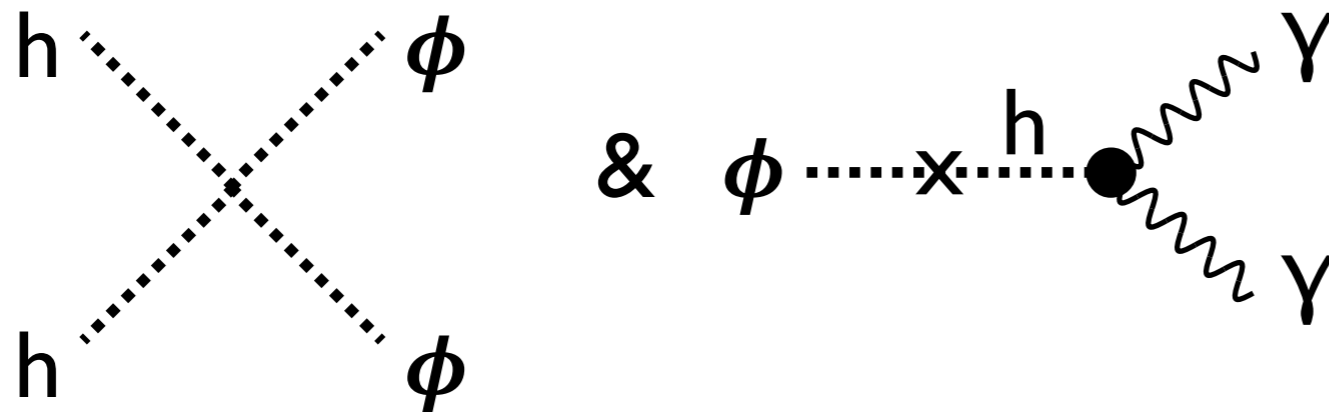
[astro-ph/1309.5888](https://arxiv.org/abs/astro-ph/1309.5888)

Grav. waves from BH+Axion systems: $m_{\sigma} \sim 10^{-11} \text{ eV}$

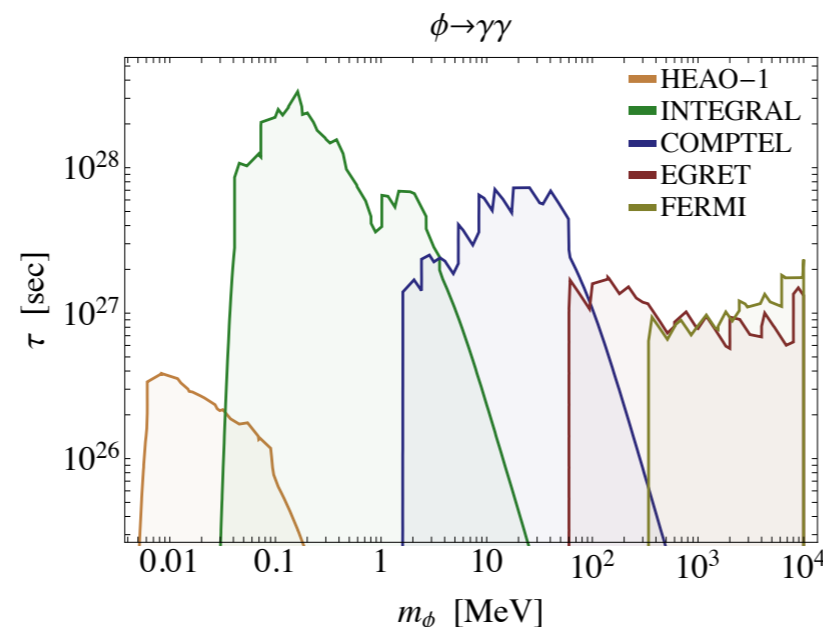
[hep-ph/1411.2263](https://arxiv.org/abs/hep-ph/1411.2263)

Indirect detection:

- Late decays of ϕ , produced in the early universe, can affect Big Bang Nucleosynthesis, CMB or the (extra) galactic diffuse γ -ray background:

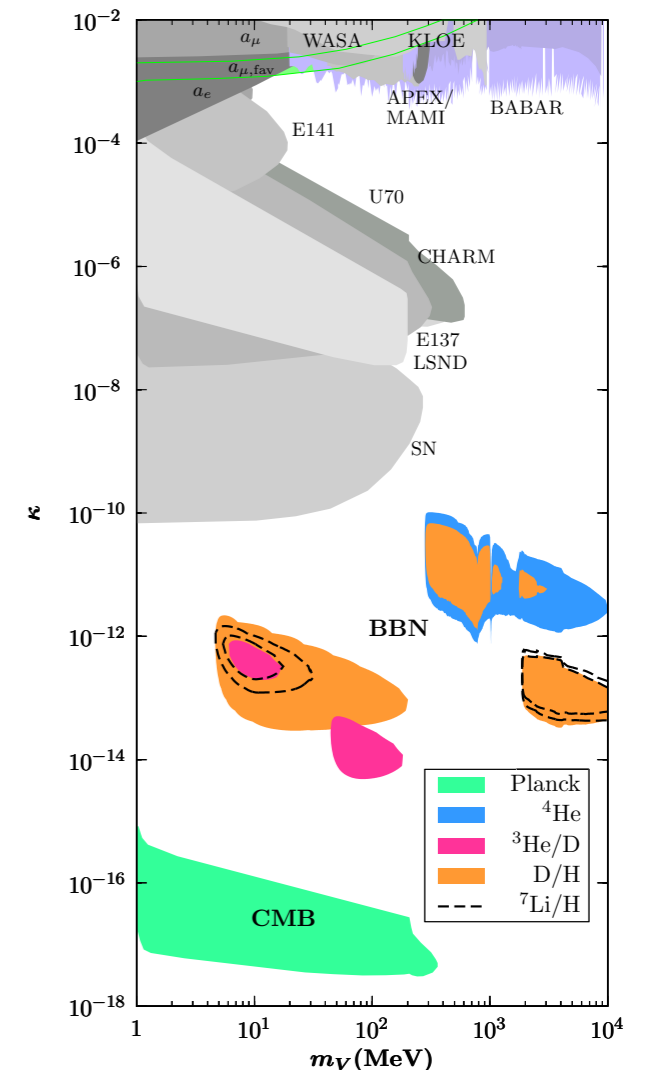


Bounds:



arXiv:1309.4091

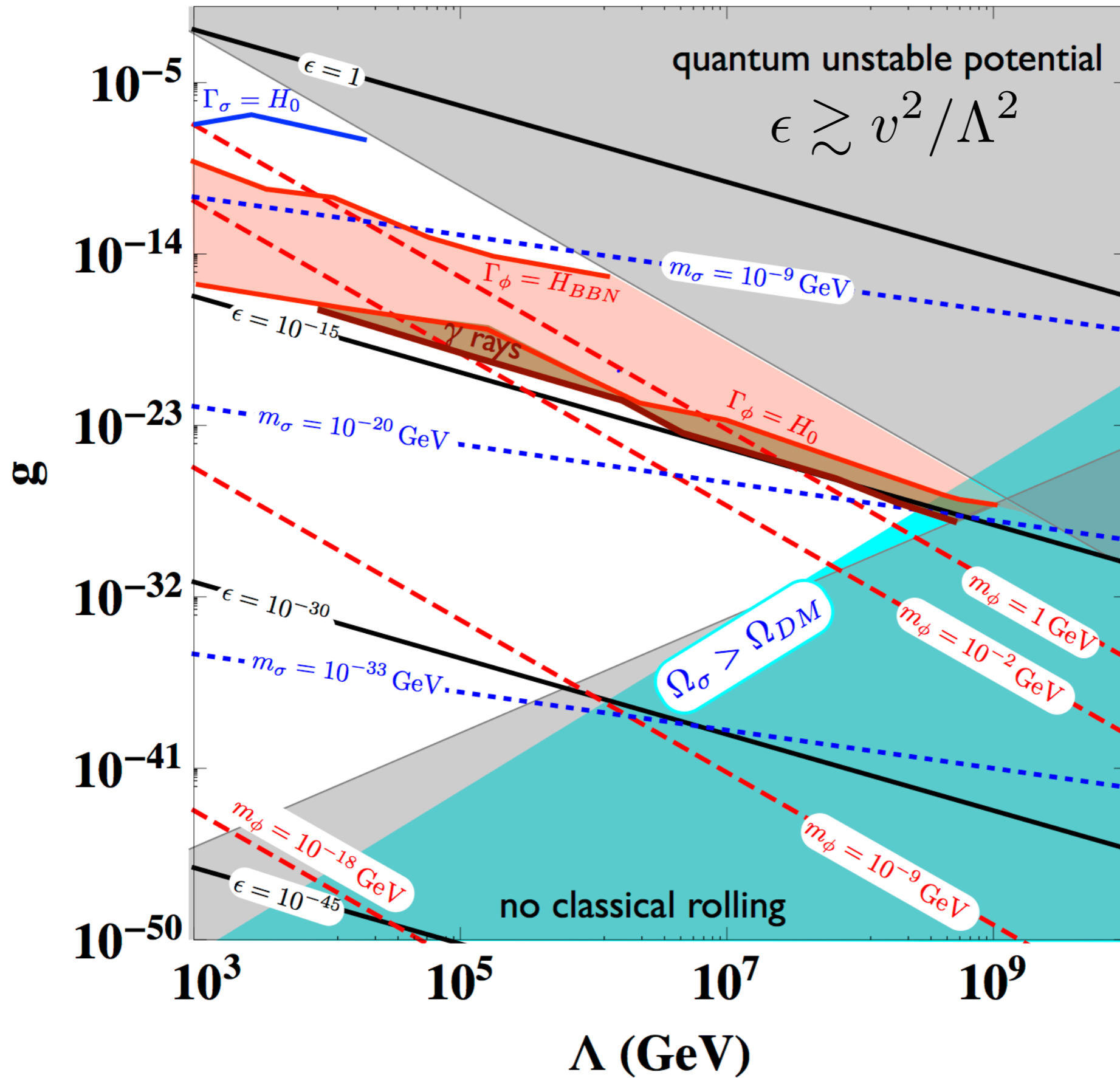
for a vector DM mixing with γ :



arXiv:1407.0993

- Table-top experiments (fifth-force, EPV) ? Hopeless at present!

Taking $g_\sigma \sim 0.1g$ & $f \sim \Lambda$



Main message of the first explicit model:

QCD-axion + Higgs affords *almost* a “relaxation” mechanism

Main drawbacks:

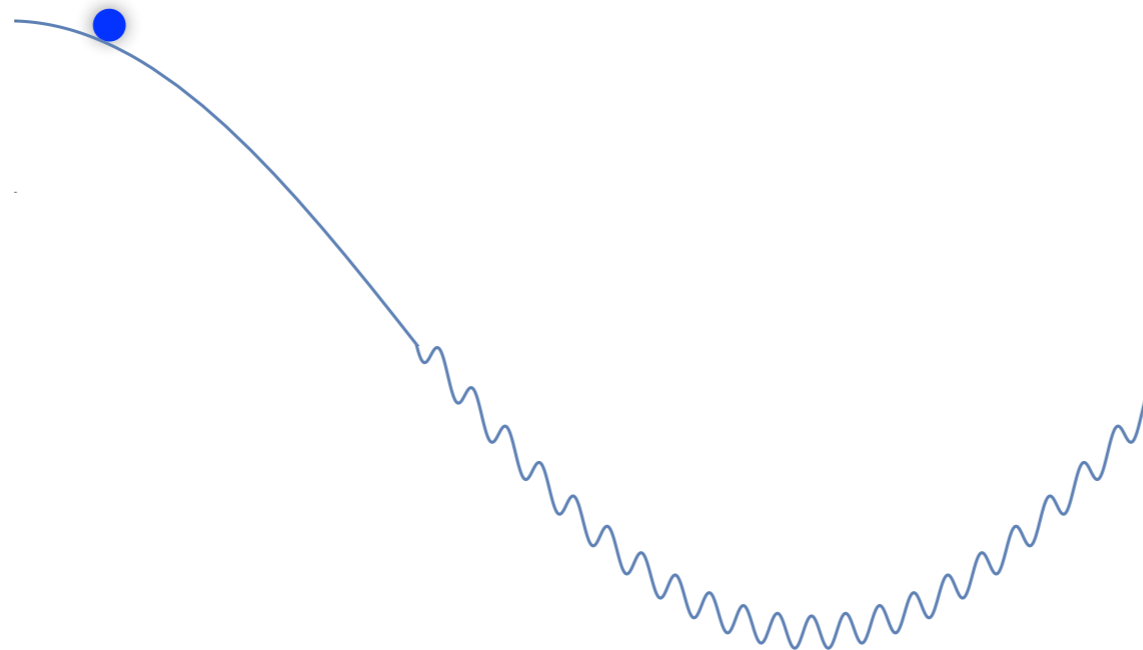
- Extra $U(1)_{PQ}$ terms needed (origin?)
- θ -problem strikes back
- Too low Λ , as too low $\Lambda_c \sim \Lambda_{QCD} \sim \text{GeV}$
- Large field excursions (beyond Λ) needed
- Large number of e-foldings

“Kicking” term *via* mixing with other axions:

Generate two cos-terms with different decay-constants, f and F , with $F \gg f$

$$\cos(\phi/F)$$

$$h^2 \cos(\phi/f)$$



“Kicking” term *via* mixing with other axions:

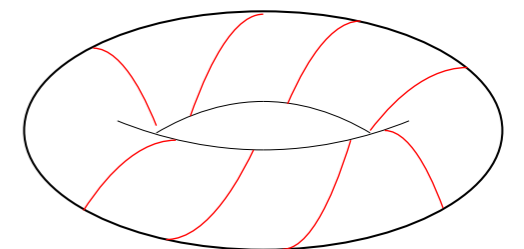
One axion \rightarrow Two axion model:

$$V_0 = -\epsilon f_2^4 \cos\left(\frac{\phi_2}{f_2} + \delta_2\right)$$

$$V_{\text{br}} = -\Lambda_{\text{br}}^4(h) \cos\left(\frac{\phi_1}{f_1} + \delta_1\right)$$

mixing term: $\tilde{V}_0 = -\Lambda^4 \cos\left(\frac{\phi_1}{f_1} + n\frac{\phi_2}{f_2}\right)$

$$\frac{\phi_1}{f_1} + n\frac{\phi_2}{f_2} = 0$$



light axion has an elongated field range
by winding n -times around the torus

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$$\Lambda^4 \gg \epsilon f_2^4 \gg \Lambda_{\text{br}}^4$$

Lighter-axion eff. terms:

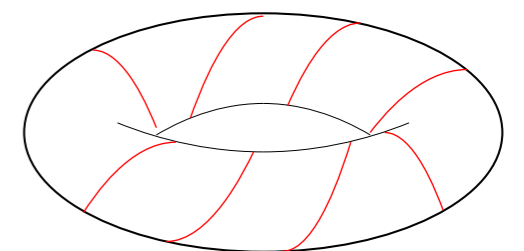
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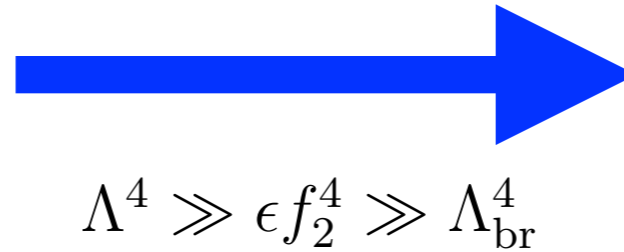
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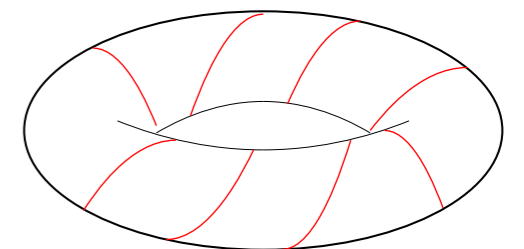
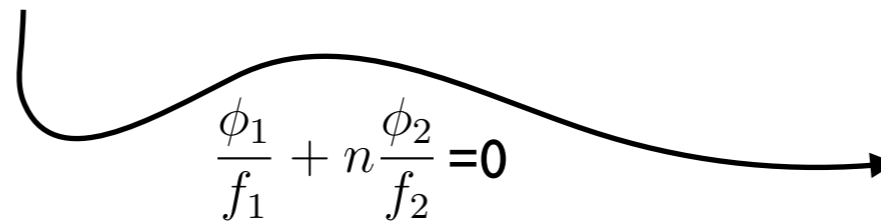
$$-\epsilon f_2^4 \cos\left(\frac{\phi}{f_{\text{eff}}} - \delta_2\right)$$

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$$\Lambda^4 \gg \epsilon f_2^4 \gg \Lambda_{\text{br}}^4$$

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$$f_{\text{eff}} = \sqrt{n^2 f_1^2 + f_2^2} \equiv n f$$



light axion has an elongated field range by winding n -times around the torus

One axion → ... → N-axions: $f_{\text{eff}} \sim n^N f$

Supersymmetric UV completion (at Λ)

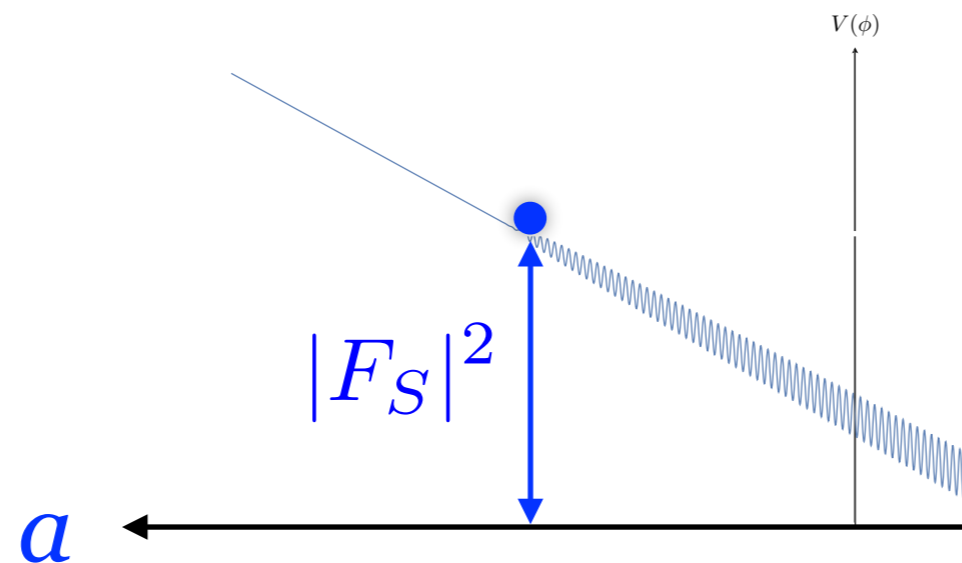
Batell, Giudice, McCullough 15

Fits nicely:

$$S = \frac{s + i a}{\sqrt{2}} + \sqrt{2} \theta \tilde{a} + \theta^2 F$$

axion

$$\text{MSSM} + \int d^2\theta [S W^a W^a + m S^2]$$



For nonzero a ,

supersymmetry is broken,

Higgs mass notice this breaking $\rightarrow m_H(a)$

Conclusions

“Relaxation” mechanism can give a natural explanation for

$$\langle h \rangle \sim 100 \text{ GeV} \ll \Lambda \sim 10^9 \text{ GeV} \quad (\text{not yet } \Lambda \sim M_{\text{P}})$$

based on a cosmological history of the

Higgs & axion-like states

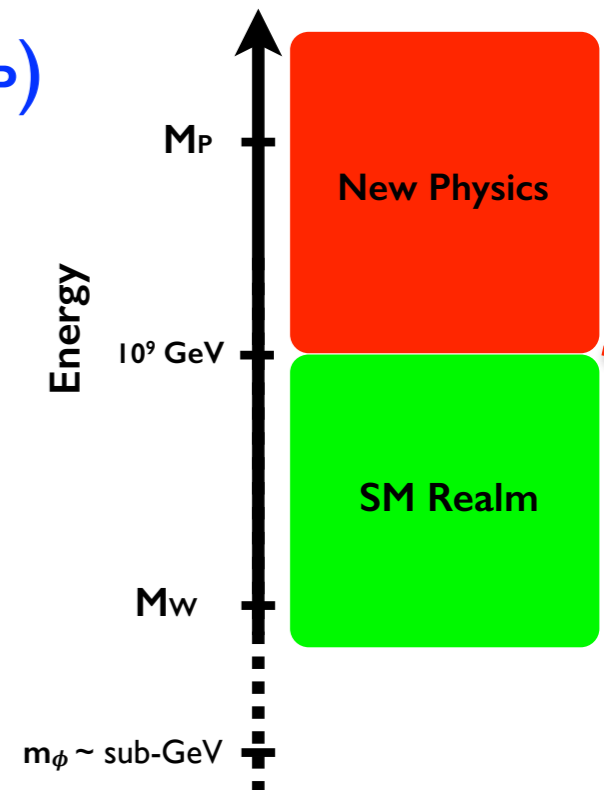
The good: Change of paradigm:

- No big colliders needed!
- The new-physics are weakly-coupled light states

Other type of experiments needed:

- Astro (γ -rays, pulsar timing, ...), CMB, table-top (fifth-force searches, EPV), ...

The bad & ugly: it cannot (yet) fully solve the hierarchy problem, $N_e > 10^{38}$, super-Planckian field excursions, explanation of the smallness of g



RESTRICTED AREA

**MONITORED
BY VIDEO
CAMERA**



UV origin of the periodic term beyond QCD:

Strong sector
a la QCD + Axion-like ϕ
 with a light fermion: N \rightarrow $\frac{\phi}{f} G'_{\mu\nu} \tilde{G}'^{\mu\nu}$

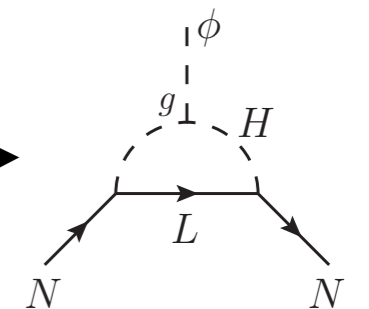
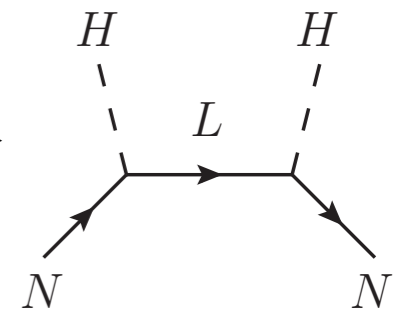
Axion potential:

$$V \simeq \Lambda^3 m_N \cos(\phi/f)$$

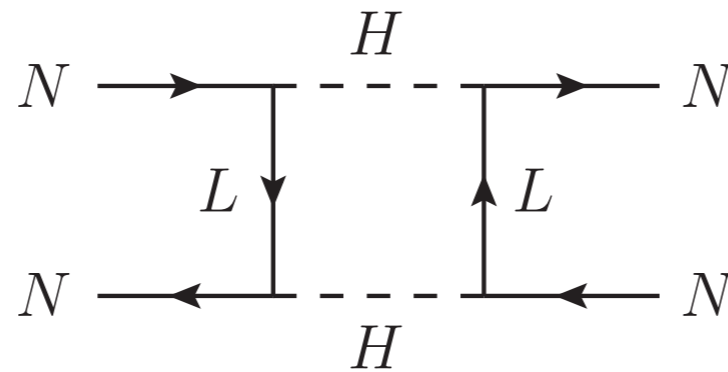
Assuming mass of N given by:

$$m_N \simeq \epsilon \left(\Lambda + g_\sigma \sigma + g\phi - \frac{|H|^2}{\Lambda} \right)$$

from integrating
 a fermion-doublet L



Dangerous terms from



$$(\overline{N} N e^{i\phi/f})^2$$



$$\sim \epsilon^2 \Lambda^4 \cos^2(\phi/f)$$

gives a barrier for ϕ
independent of H !

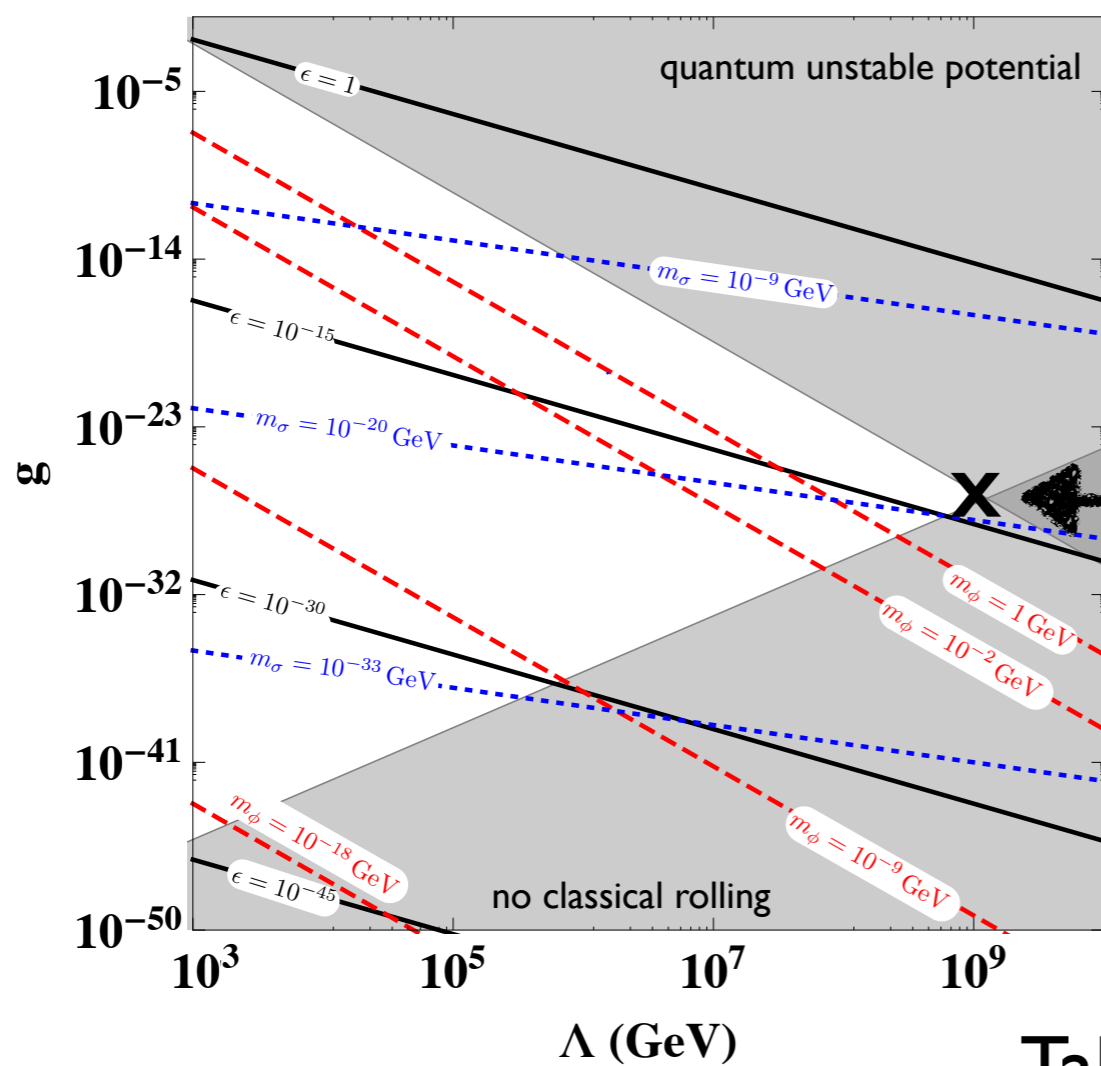
Benchmark values: $\Lambda \sim 10^9 \text{ GeV}$ $\rightarrow m_\phi \sim 100 \text{ GeV}$

$$\theta_{\phi h} \sim 10^{-21}$$

$$\phi\phi hh\text{-coupling} \sim 10^{-14}$$

$$m_\sigma \sim 10^{-18} \text{ GeV}$$

$$\theta_{\sigma h} \sim 10^{-50}$$



Taking $g_\sigma \sim 0.1g$ & $f \sim \Lambda$