

Lectures on Particle Cosmology

Pre-SUSY School 2016

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Physics

Lancaster
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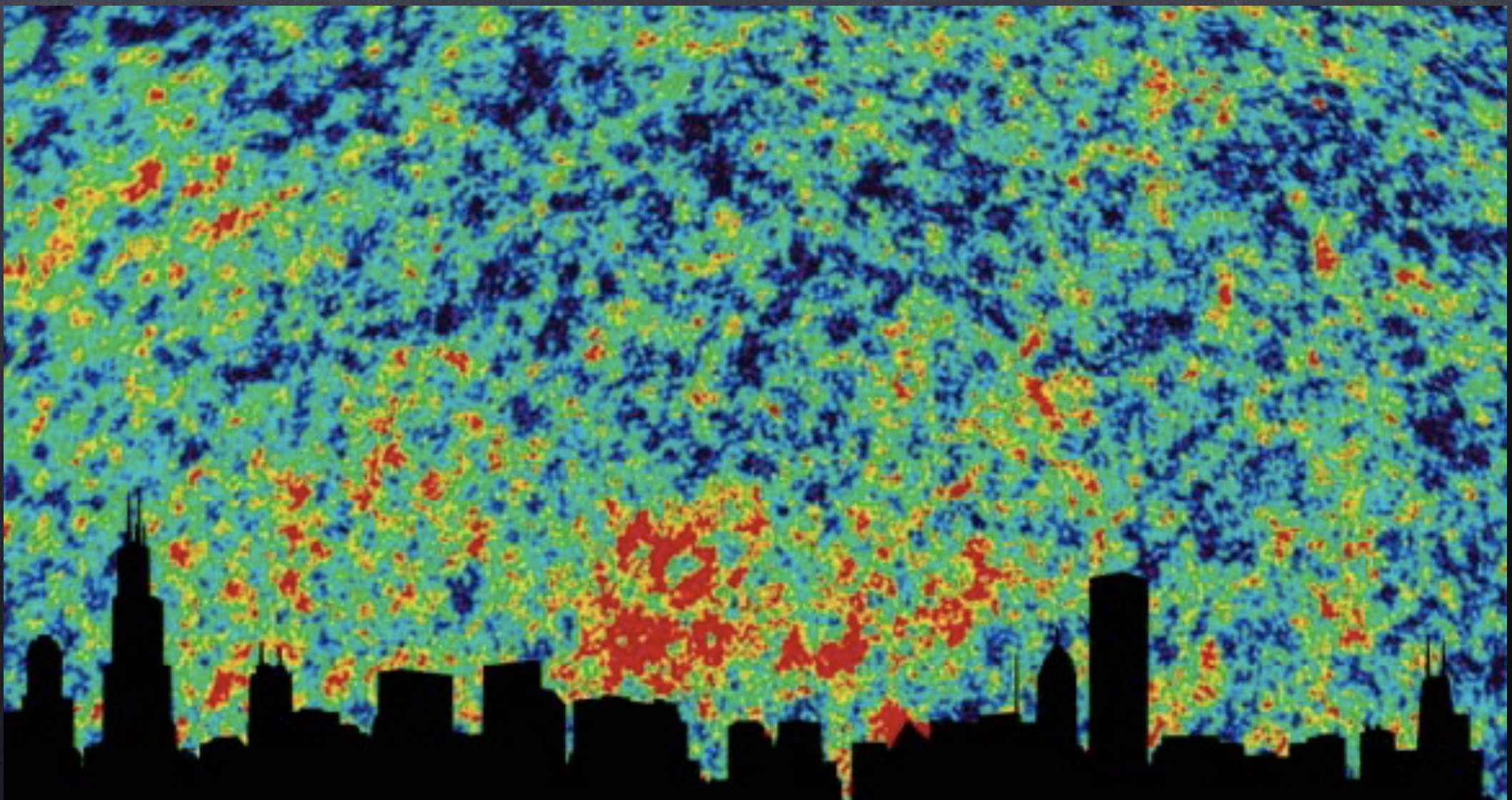


Kapteyn
Institute

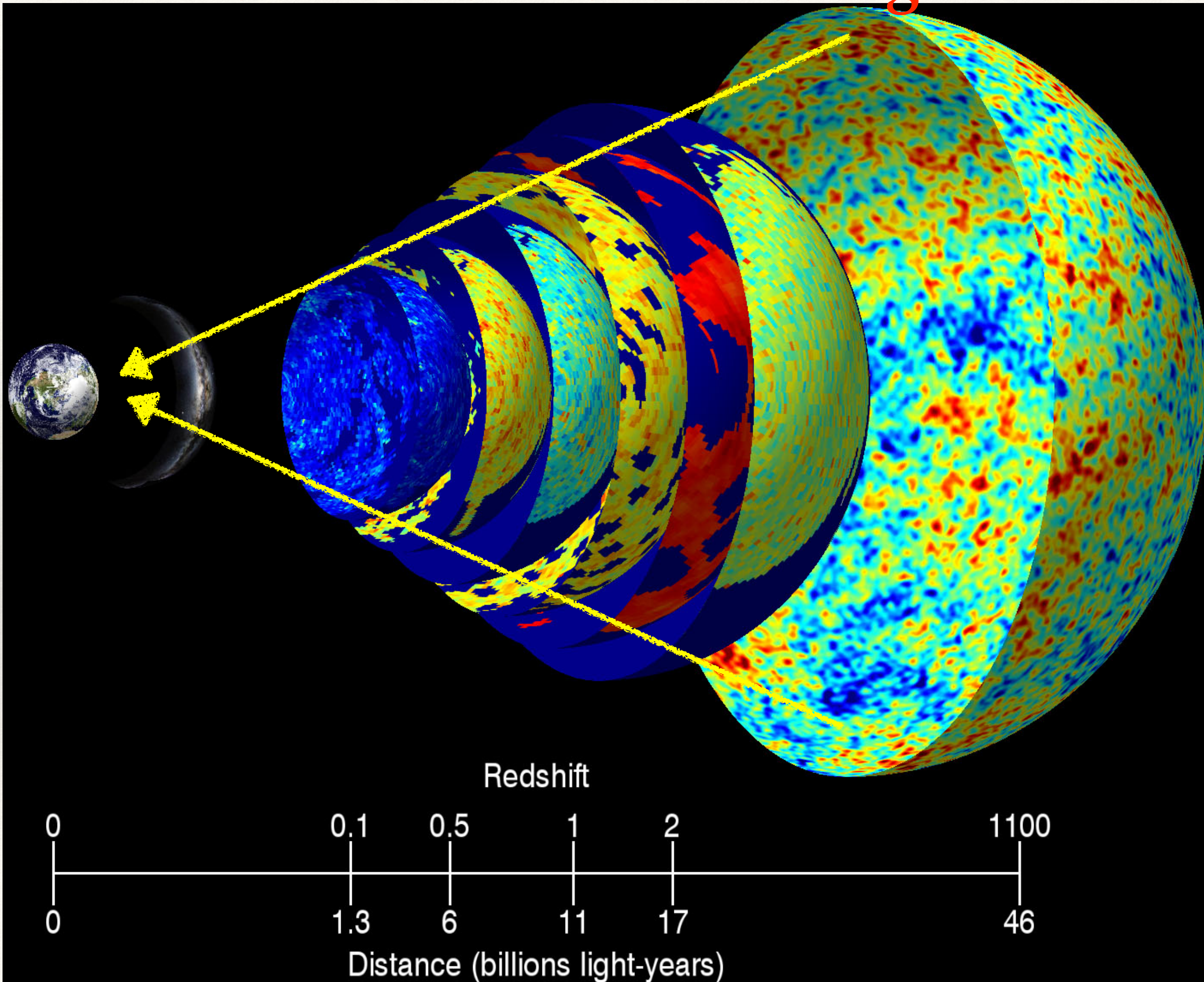
RuG

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Department of Astronomy

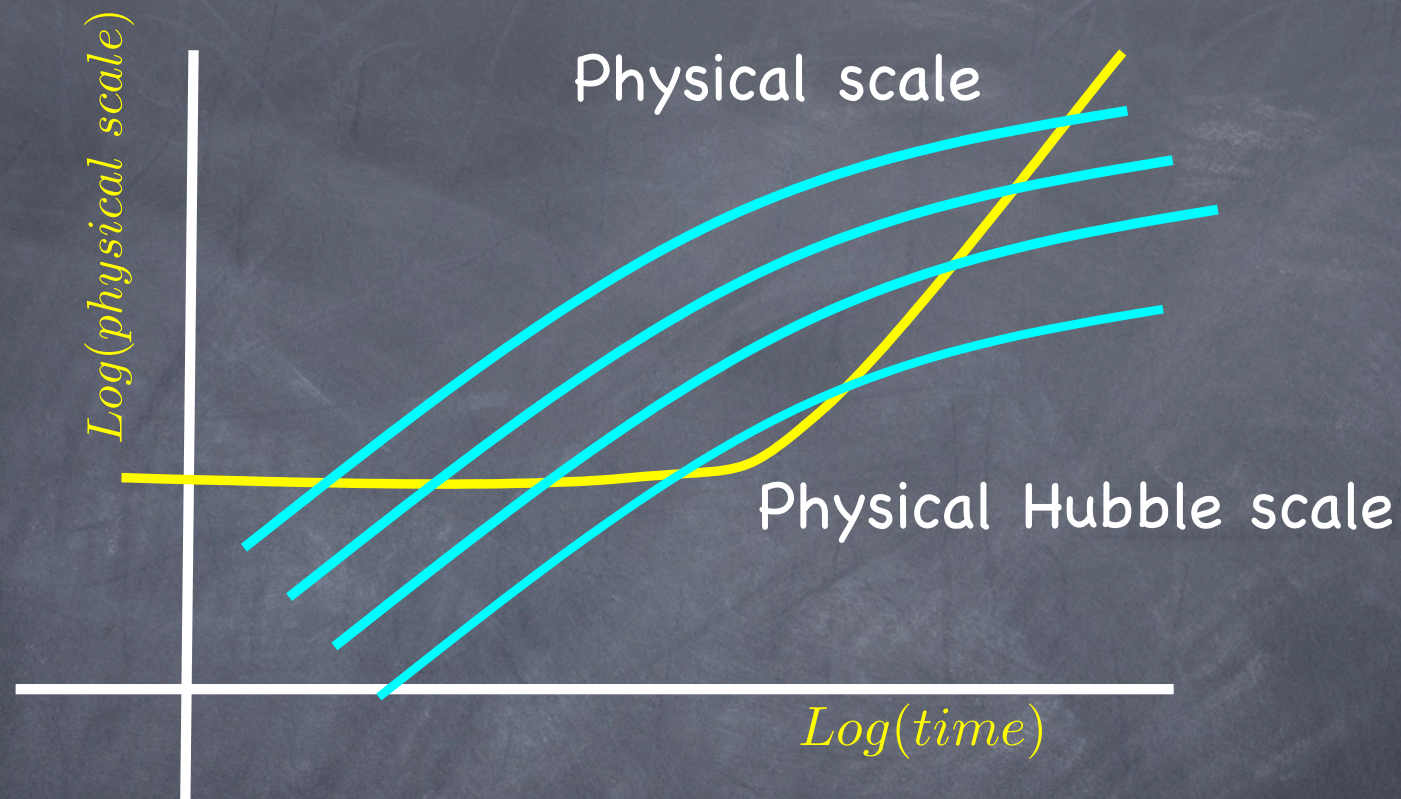
Quantum Aspects During Inflation



Surface of last scattering

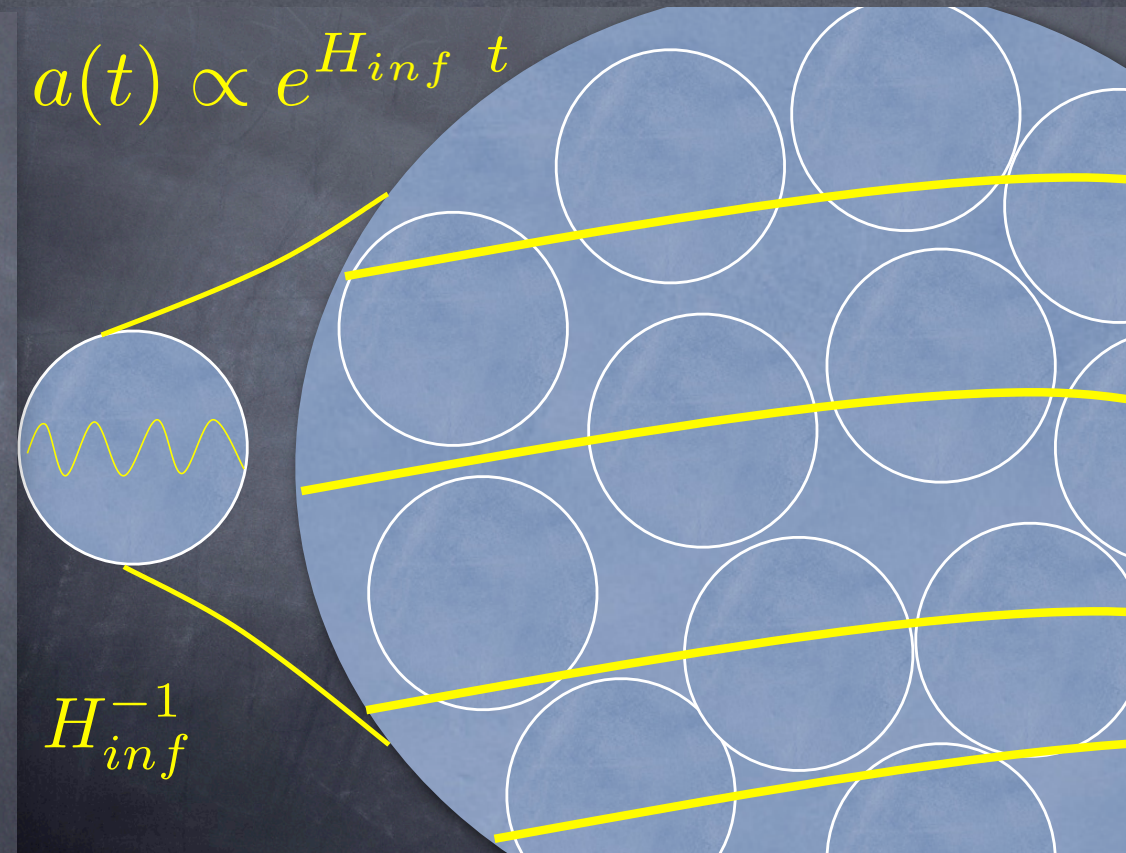


Quantum Predictions of Inflation



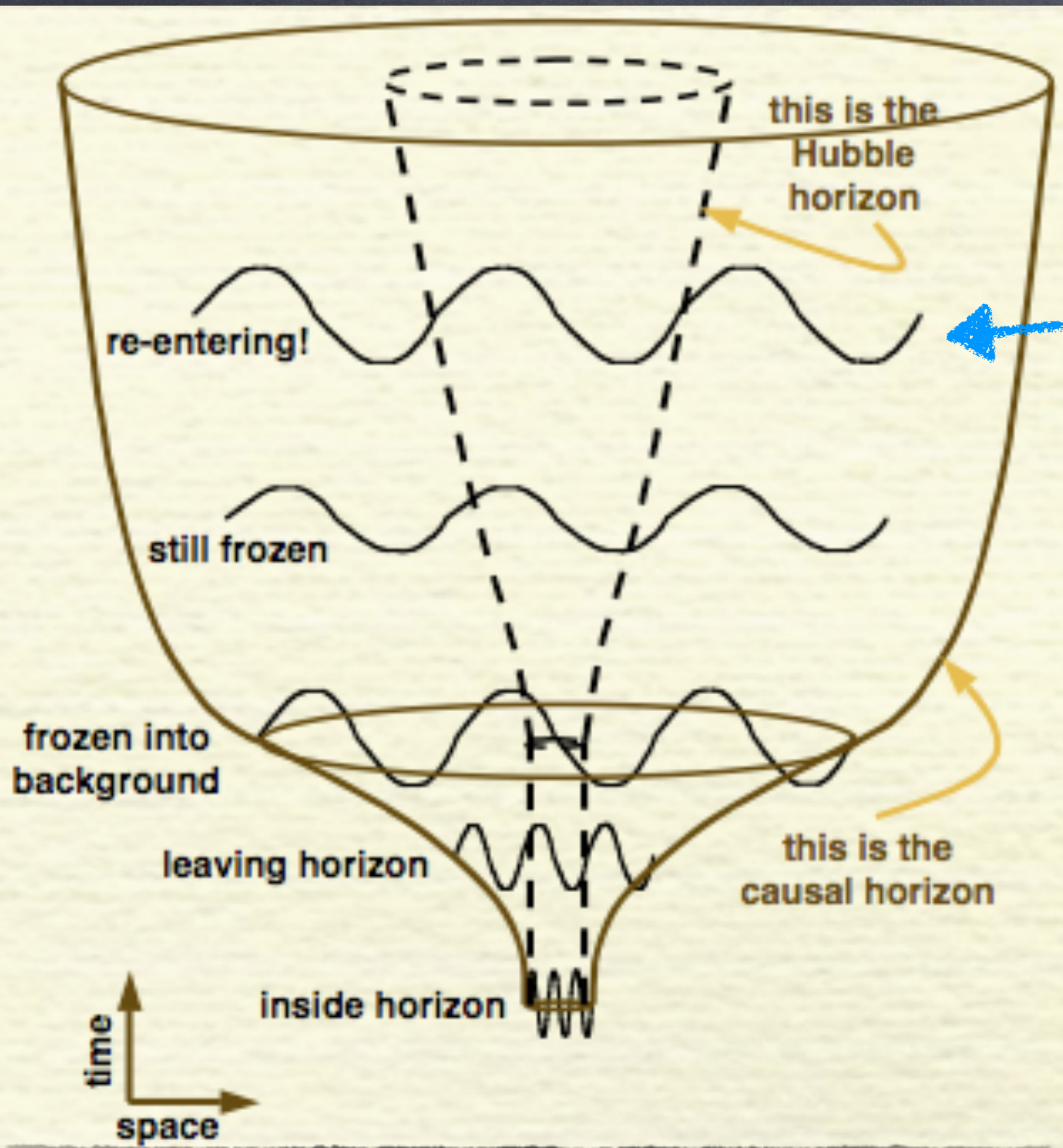
Inflation smoothes out everything,
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Perturbations leave the Hubble Radius
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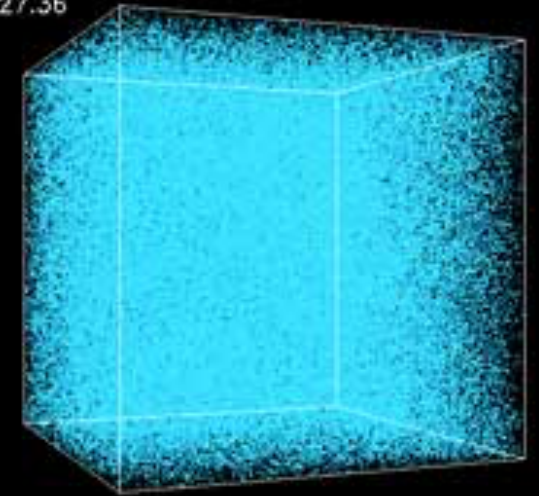


$$\langle \delta\phi(\vec{x}, t) \delta\phi(\vec{x}', t) \rangle_{vac} \sim [\text{Length}(t)]^{-2} \sim \frac{1}{|\Delta\vec{x}(t)|^2} \sim H^2$$

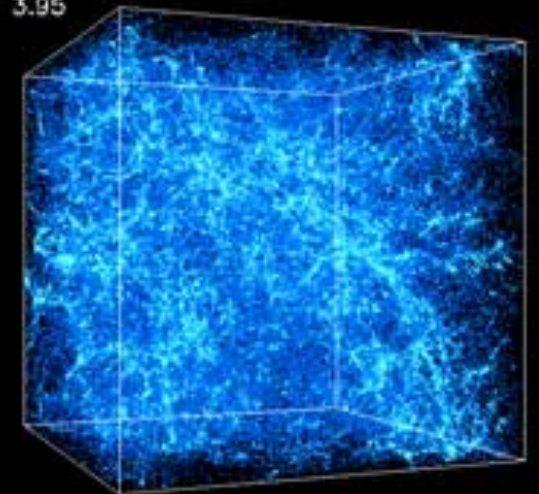
Quantum Predictions of Inflation



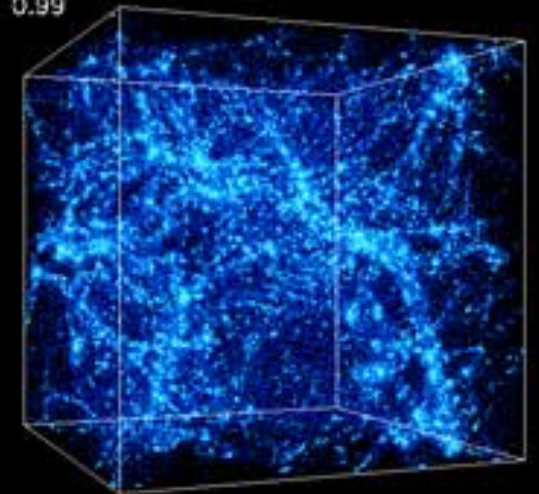
$Z=27.36$



$Z= 3.95$

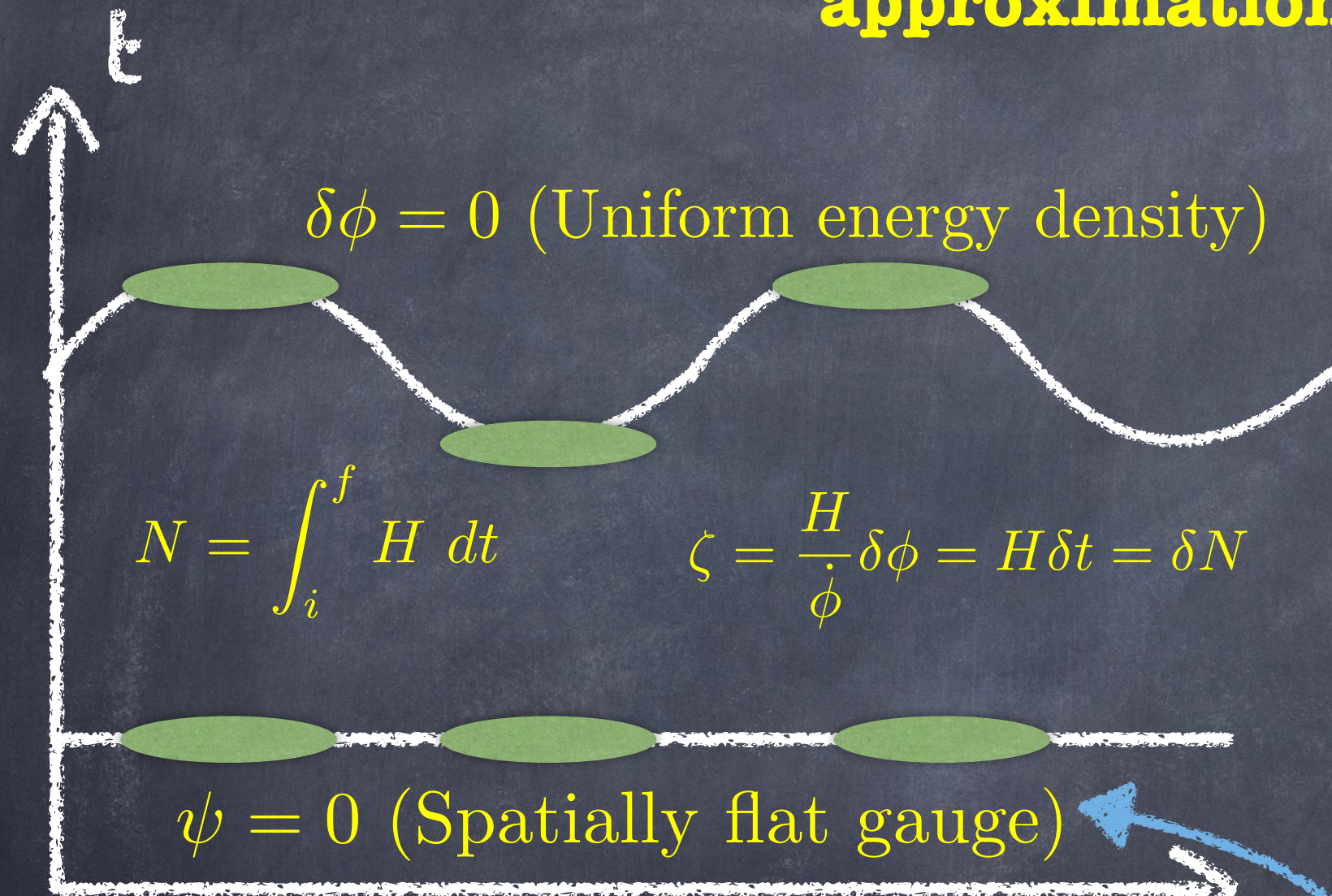


$Z= 0.99$



Quantum Predictions of Inflation

Separate Universe : Long wavelength approximation

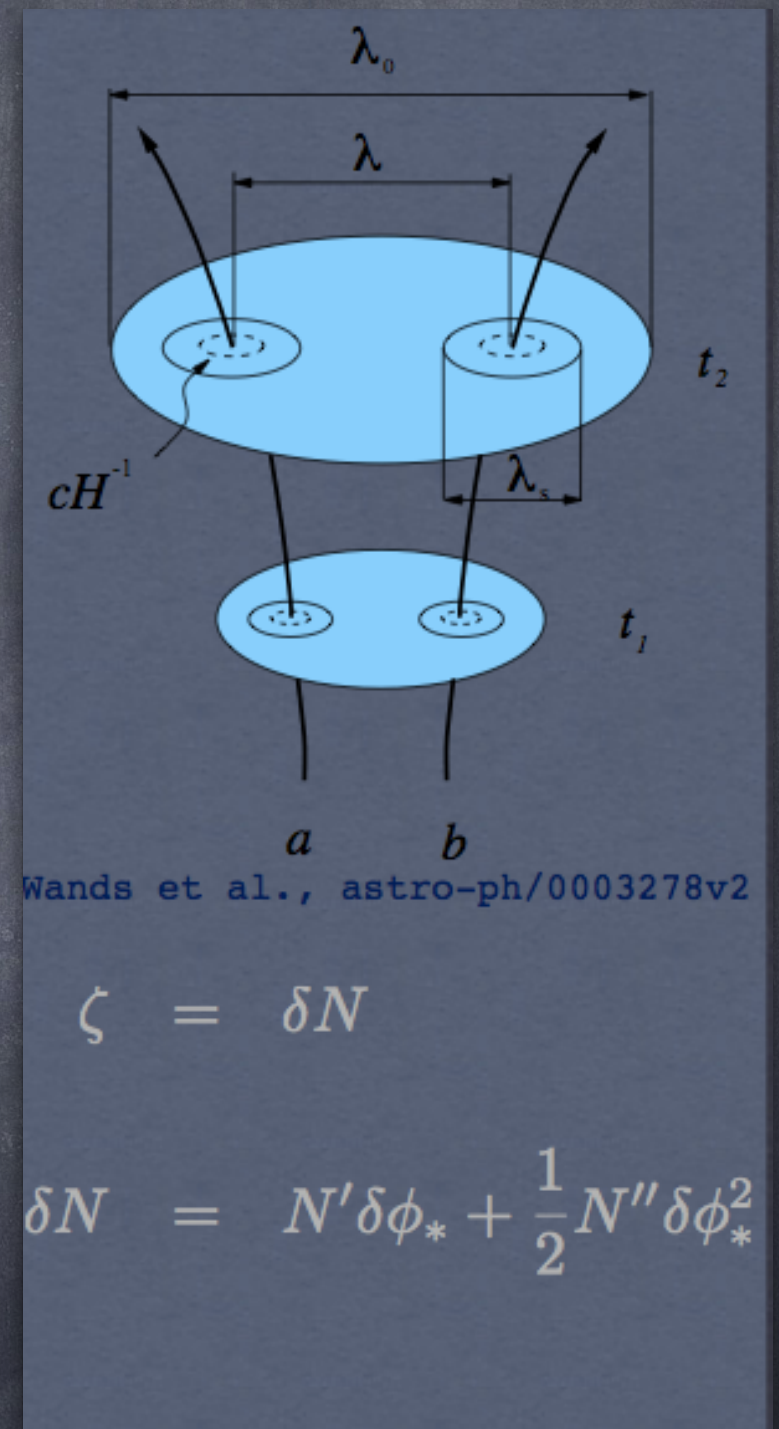


$$g_{\mu\nu}(x) = g_{\mu\nu}^b(t) + \delta g_{\mu\nu}(x); \quad \Phi(x) = \phi(t) + \varphi(x)$$

$$\mathcal{R} \equiv \psi + \frac{H}{\dot{\phi}} \varphi$$

Comoving Gauge

Constant Curvature gauge



$$\zeta = \delta N$$

$$\delta N = N' \delta\phi_* + \frac{1}{2} N'' \delta\phi_*^2$$

Mukhanov, Feldman Brandenberger
Review (1992)

Quantum Perturbations

Constant Curvature Gauge :

$\psi = 0$ (Spatially flat gauge)

$$\zeta = -\frac{H}{\dot{\phi}}\varphi \equiv -\frac{H}{\dot{\phi}}\delta\phi \equiv -H\delta t(x)$$

$$\mathcal{P}_\zeta(k) \equiv \frac{k^3}{2\pi^2} \langle \zeta \zeta \rangle = \left(\frac{H}{\dot{\phi}} \right)^2 \frac{k^3}{2\pi^2} \langle \delta\phi \delta\phi \rangle \equiv \left(\frac{H}{\dot{\phi}} \right)^2 \mathcal{P}_{\delta\phi}(k)$$

Power Spectrum

$$\ddot{\delta\phi}_{\mathbf{k}} + 3H\dot{\delta\phi}_{\mathbf{k}} + \left(V''(\phi) + \frac{\mathbf{k}^2}{a^2} \right) \delta\phi_{\mathbf{k}} = 0,$$

$$d\tau \equiv \frac{dt}{a},$$

$$\psi \equiv a\delta\phi,$$

$$\delta\phi_{\mathbf{k}} \equiv \int \frac{d^3\mathbf{x}}{(2\pi)^{\frac{3}{2}}} \delta\phi(\mathbf{x}) e^{-i\mathbf{k}\cdot\mathbf{x}}. \quad \int_{\tau}^0 d\tau = \int_t^{t_e} \frac{dt}{a} = \int_a^{a_e} \frac{da}{a^2 H} \simeq \frac{1}{H} \int_a^{a_e} \frac{da}{a^2} \approx \frac{1}{aH}.$$

Bunch-Davis Vacuum (Quantum Initial Condition)

$$\psi''_{\mathbf{k}} + \left(\mathbf{k}^2 - \frac{2}{\tau^2} \right) \psi_{\mathbf{k}} = 0$$

$$\hat{\psi}_{\mathbf{k}} \propto \frac{e^{-ik\tau}}{\sqrt{2k}}. \quad t \rightarrow 0 \text{ or } \tau \rightarrow -\infty$$

$$P_{\delta\phi}(k) = \frac{H^2}{2k^3} \left(1 + \frac{k^2}{a^2 H^2} \right)$$

Quantum Predictions of Inflation

Scalar Perturbations

Compute the Power spectrum at : $k = aH$

$$P_{\zeta} = \frac{H^4}{\dot{\phi}^2} \frac{1}{k^3}$$

Scale Dependence (Spectral Tilt) :

$$P_{\zeta} \sim \frac{1}{k^3} \left(\frac{k}{k_0} \right)^{n_s - 1}$$

$$n_s - 1 = \frac{d \ln(k^3 P_k)}{d \ln k} = \left. \frac{d \ln \left(H^4 / \dot{\phi}^2 \right)}{d \ln k} \right|_{k \sim aH}$$

$$n_s - 1 = -6\epsilon + 2\eta$$

Note : $d \ln k = d \ln(aH) = dN \sim H dt$

Gravitational Waves

$$P_{grav}(k) = \frac{2}{M_{Pl}^2} \left(\frac{H}{2\pi} \right)^2 \bigg|_{k=aH} \quad r \equiv \frac{P_{grav}}{P_{\zeta}} = 16\epsilon, \quad n_t = \frac{d \ln P_{grav}(k)}{d \ln k} \sim -2\epsilon$$

Summary of all relevant expressions

Slow Roll parameters

$$\varepsilon_V = \frac{M_P^2}{2} \left(\frac{V'}{V} \right)^2; \quad \eta_V = M_P^2 \left(\frac{V''}{V} \right)$$

$$\xi_V^2 = M_P^4 \left(\frac{V'V'''}{V^2} \right); \quad \sigma_V^3 = M_P^6 \left(\frac{V'^2 V''''}{V^3} \right)$$

Scalar & Tensor Amplitudes

$$\mathcal{P}_s(k) = \frac{1}{8\pi^2} \frac{H^2}{\varepsilon_V} \Big|_{k=aH} \quad \mathcal{P}_s(k_*) = A_s \quad k_* = 0.05 \text{ Mpc}^{-1}$$

$$= A_s \left(\frac{k}{k_*} \right)^{n_s - 1 + \frac{1}{2} \frac{dn_s}{d \ln k} \ln(k/k_*) + \frac{1}{6} \frac{d^2 n_s}{d \ln k^2} (\ln(k/k_*))^2 + \dots}$$

$$\mathcal{P}_t(k) = \frac{2H^2}{\pi^2} \Big|_{k=aH}$$

$$= A_t \left(\frac{k}{k_*} \right)^{n_t + \frac{1}{2} \frac{dn_t}{d \ln k} \ln(k/k_*) + \dots},$$

$$r(k = k_*) = \frac{\mathcal{P}_t(k_*)}{\mathcal{P}_s(k_*)}.$$

Observables in terms of Slow Roll

$$A_s \approx \frac{V}{24\pi^2 M_{\text{pl}}^4 \varepsilon_V},$$

$$n_s - 1 \approx 2\eta_V - 6\varepsilon_V,$$

$$\frac{dn_s}{d \ln k} \approx 16\varepsilon_V \eta_V - 24\varepsilon_V^2 - 2\xi_V^2,$$

$$\frac{d^2 n_s}{d \ln k^2} \approx -192\varepsilon_V^3 + 192\varepsilon_V^2 \eta_V - 32\varepsilon_V \eta_V^2$$

$$- 24\varepsilon_V \xi_V^2 + 2\eta_V \xi_V^2 + 2\sigma_V^3,$$

$$A_t \approx \frac{2V}{3\pi^2 M_{\text{pl}}^4},$$

$$n_t \approx -2\varepsilon_V,$$

$$\frac{dn_t}{d \ln k} \approx 4\varepsilon_V \eta_V - 8\varepsilon_V^2.$$

Scalar-Tensor Ratio

$$r = 16\varepsilon_V \frac{[1 - (\mathcal{C}_E + 1)\varepsilon_V]^2}{[1 - (3\mathcal{C}_E + 1)\varepsilon_V + \mathcal{C}_E \eta_V]^2}$$

$$\simeq 16\varepsilon_V,$$

$$\mathcal{C}_E = 4(\ln 2 + \gamma_E) - 5 \quad \gamma_E = 0.5772$$

An Example: Consistency Relationship

$$r \equiv \frac{P_{grav}}{P_\zeta} = 16\epsilon, \quad n_t = \frac{d \ln P_{grav}(k)}{d \ln k} \sim -2\epsilon$$

Assumptions: Matter & Gravity both Quantum

$$p_k'' + \left(k^2 - \frac{a''}{a}\right) p_k = 0 \quad p_k(\tau) = -\alpha_k \sqrt{\frac{2}{k\pi}} e^{-ik\tau} + \beta_k \sqrt{\frac{2}{k\pi}} e^{ik\tau}$$

$$|\alpha_k|^2 - |\beta_k|^2 = \frac{\pi}{4} \quad p_k(\tau) \rightarrow \frac{1}{\sqrt{2k}} e^{-ik\tau} \quad \text{for } k\tau \rightarrow -\infty$$

$$\alpha_k = -\frac{\sqrt{\pi}}{2}, \quad \beta_k = 0, \quad \mathcal{P}_T^{\text{quantum}} = \frac{16H^2}{\pi M_p^2}$$

Bunch-Davis vacuum

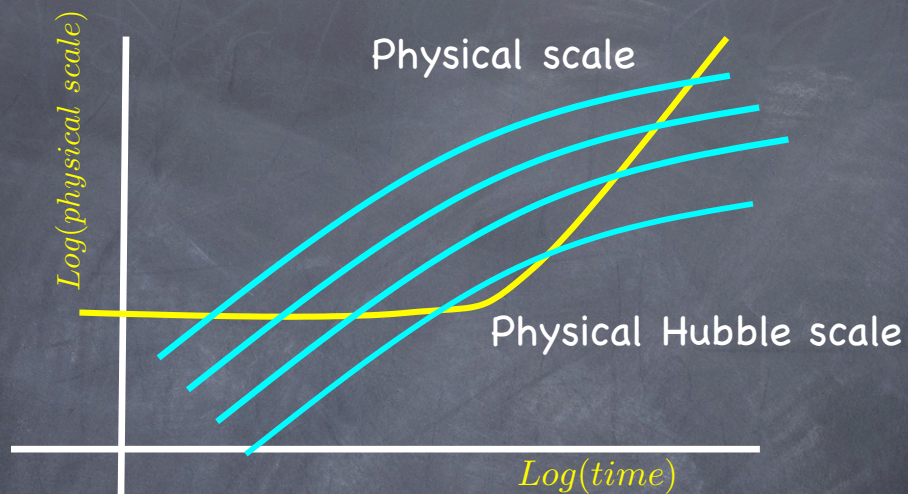
Assuming Gravity is Classical

$$\alpha_{\mathbf{k},\lambda} = -\beta_{-\mathbf{k},\lambda}^*$$

$$\mathcal{P}_T^{\text{classical}} = \frac{64 |\alpha_{\mathbf{k},\lambda} + \beta_{\mathbf{k},\lambda}|^2 H^2}{M_p^2 \pi^2}$$

Evolution of the Perturbations

Number of e-foldings of Inflation



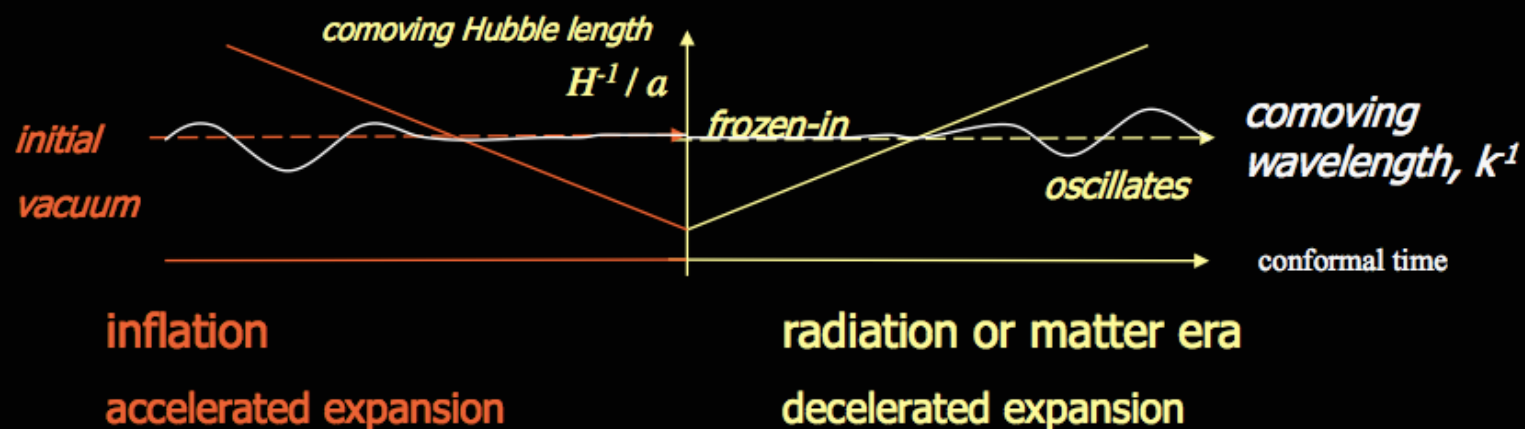
Inflation smoothes out everything,
but the Quantum Fluctuations

Perturbations leave the Hubble Radius
during inflation & then re-enter Hubble
radius at later epochs

$$\delta\ddot{\phi} + 3H\delta\dot{\phi} + (k/a)^2\delta\phi = 0$$

Characteristic timescales for waves, comoving wavemode k

- small-scales $k > aH$ under-damped oscillator
- large-scales $k < aH$ over-damped oscillator



$$\ddot{a} = \frac{d}{dt}(aH) > 0$$

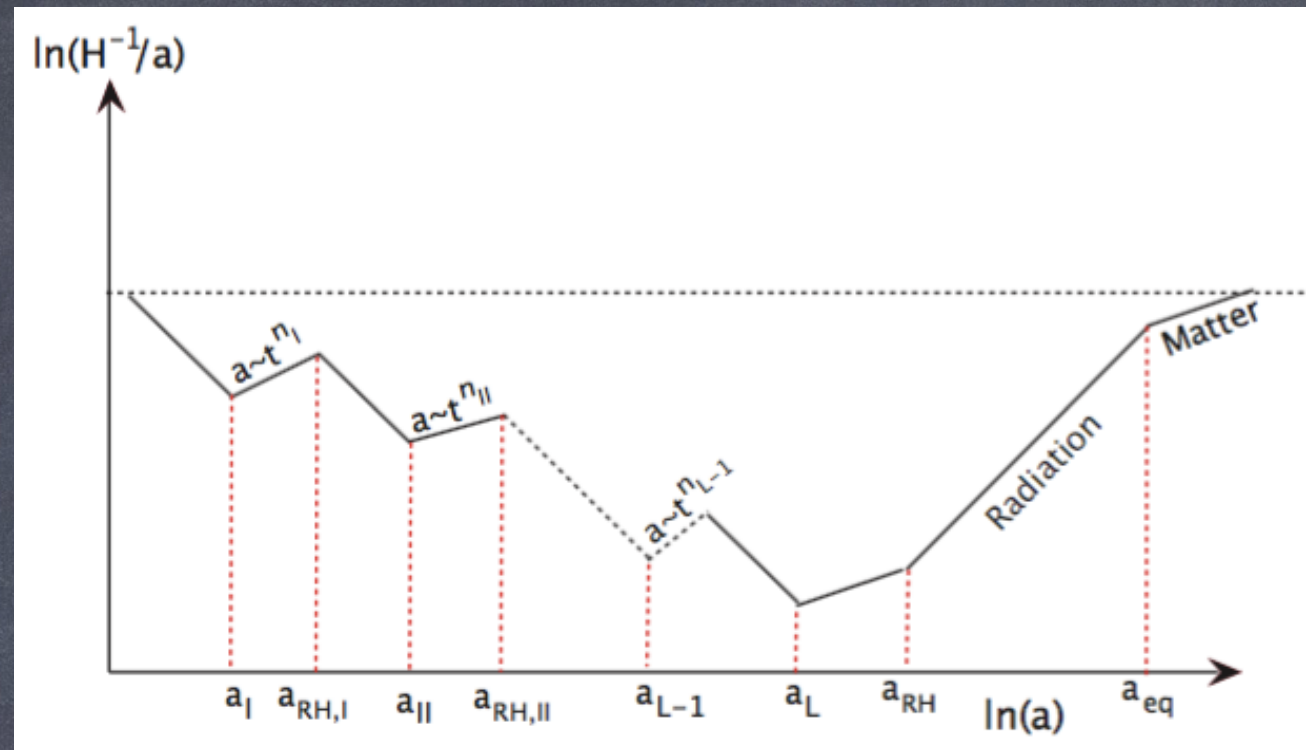
$$\ddot{a} = \frac{d}{dt}(aH) < 0$$

$$N(k) = 62 - \ln \frac{k = a_k H_k}{a_0 H_0} - \ln \frac{10^{16} \text{ GeV}}{V_k^{1/4}} + \ln \frac{V_k^{1/4}}{V_{end}^{1/4}} - \frac{1}{3} \ln \frac{V_{end}^{1/4}}{\rho_{rh}^{1/4}}$$

50 – 60 e – foldings are required, depending on thermal history

Lowest e – foldings will be 25 for successful BBN

Number of e-foldings of Inflation

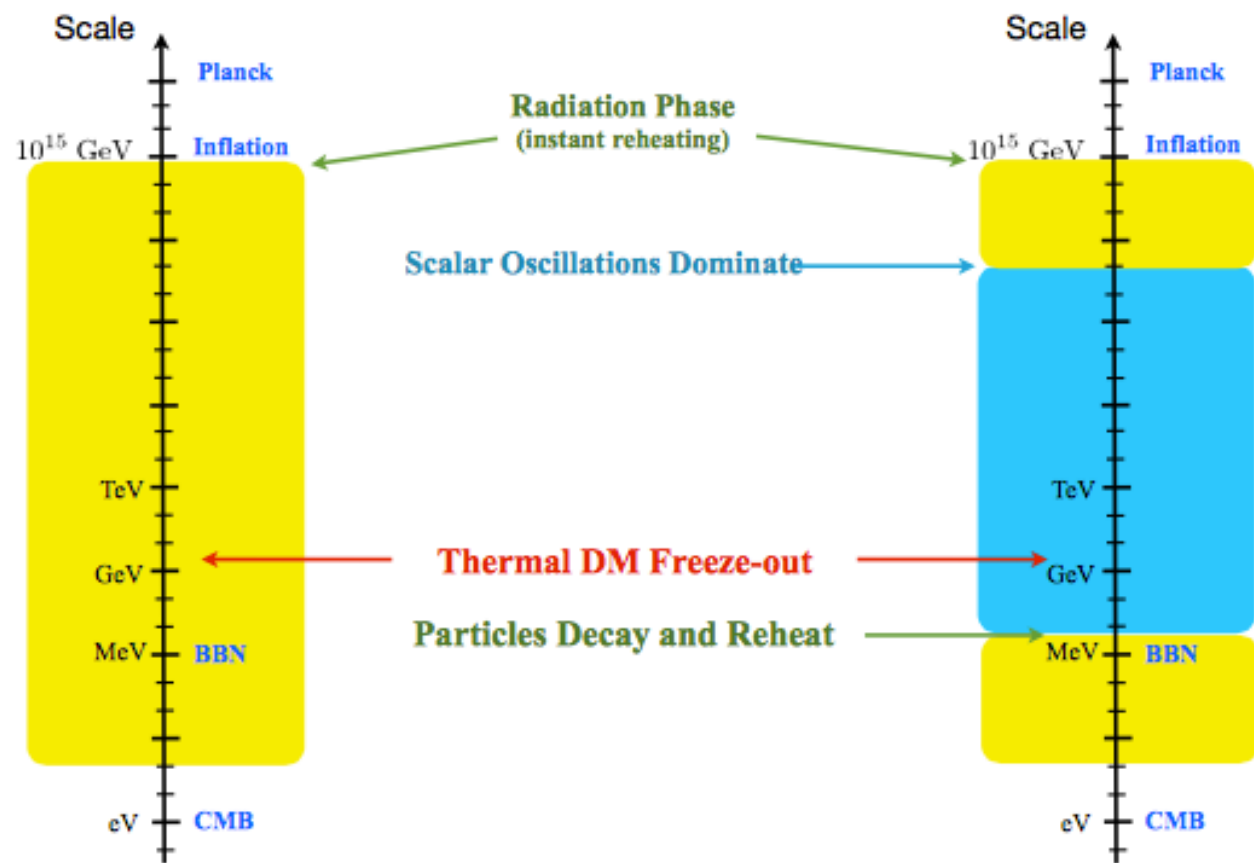


$$\begin{aligned} \frac{k}{a_0 H_0} &= \frac{a_k H_k}{a_0 H_0} = \left(\frac{a_k}{a_I} \right) \left(\frac{a_I}{a_{RH,I}} \right) \left(\frac{a_{RH,I}}{a_{II}} \right) \left(\frac{a_{II}}{a_{RH,II}} \right) \dots \left(\frac{a_{RH,L-1}}{a_L} \right) \left(\frac{a_L}{a_{RH}} \right) \left(\frac{a_{RH}}{a_{eq}} \right) \left(\frac{H_k}{H_{eq}} \right) \left(\frac{a_{eq} H_{eq}}{a_0 H_0} \right) \\ &= e^{-N_I(k)} \left(\frac{a_I}{a_{RH,I}} \right) e^{-N_{II}} \left(\frac{a_{II}}{a_{RH,II}} \right) \dots e^{-N_L} \left(\frac{\rho_L}{\rho_{RH}} \right)^{-1/3} \left(\frac{\rho_{RH,II}}{\rho_{eq}} \right)^{-1/4} \left(\frac{H_k}{H_{eq}} \right) \left(\frac{a_{eq} H_{eq}}{a_0 H_0} \right) \end{aligned}$$

Since during the period between i and $i+1$ phases of inflation, the Universe expands as $a \sim t_i^{n_i}$. Hence during these periods, $\ln(1/(aH)) \sim (1 - n_i)/n_i \ln(a)$, and therefore

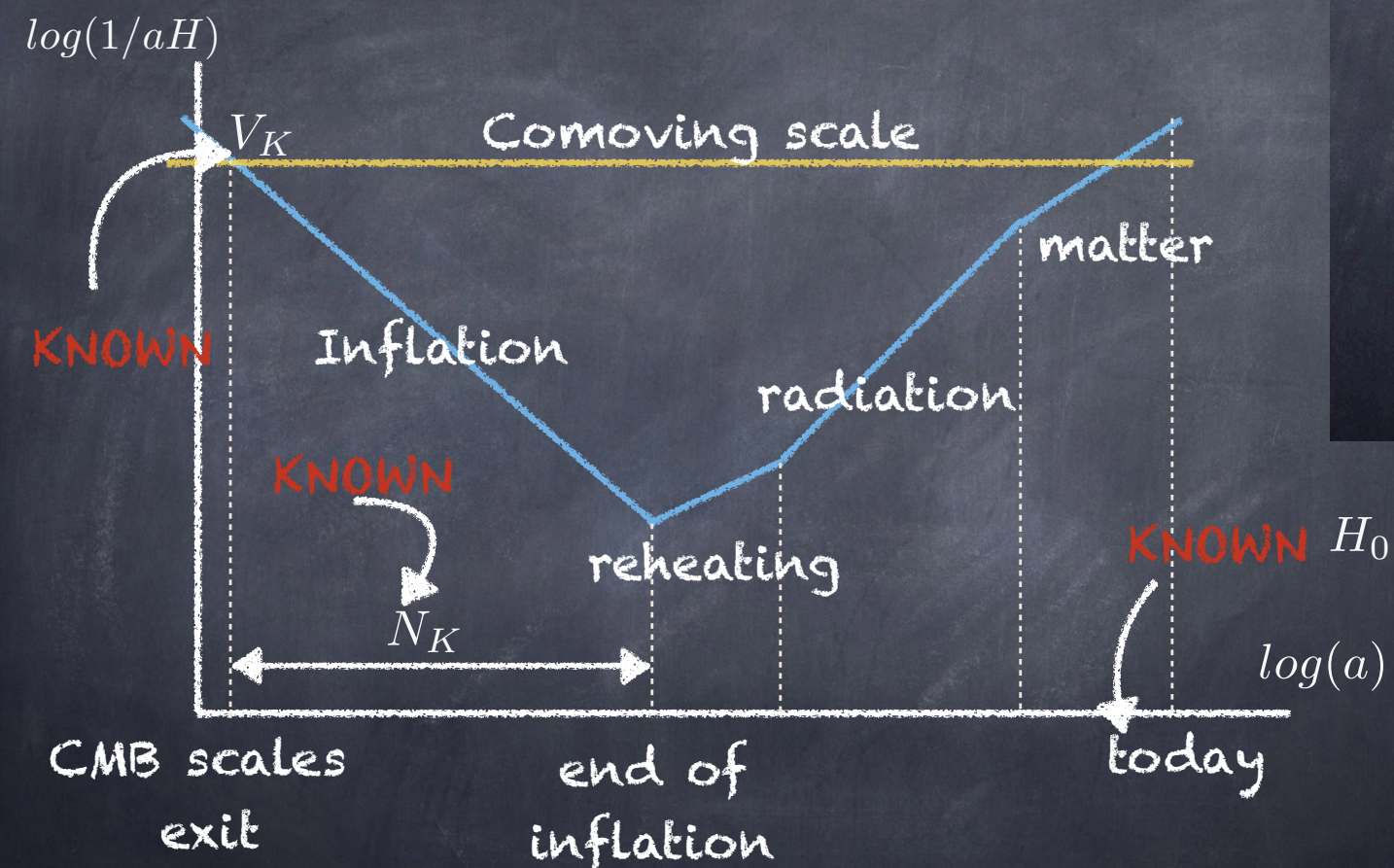
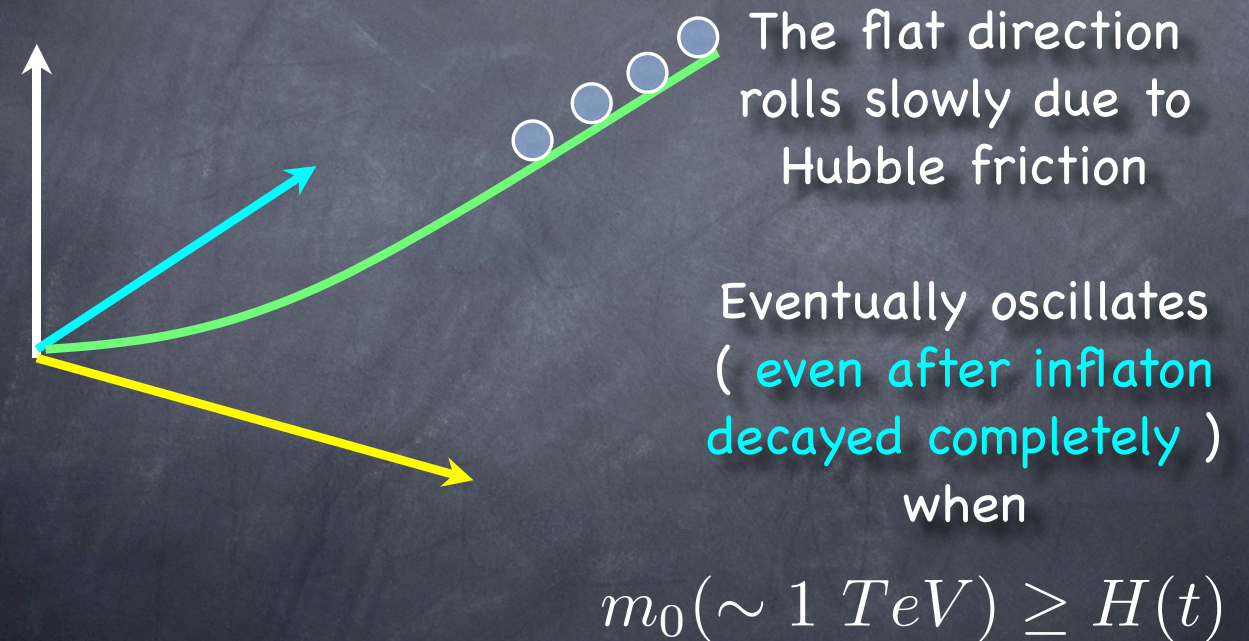
$$\begin{aligned} N_I(k) + \sum_{i=2}^L N_i &= -\ln \left(\frac{k}{a_0 H_0} \right) + \frac{1}{3} \ln \left(\frac{\rho_{RH,L}}{\rho_L} \right) + \frac{1}{4} \ln \left(\frac{\rho_{eq}}{\rho_{RH,L}} \right) \\ &\quad + \ln \left(\sqrt{\frac{8\pi V_k}{3m_{Pl}^2}} \frac{1}{H_{eq}} \right) + \ln(219 \Omega_0 h) + \sum_{i=1}^{L-1} \frac{n_i}{2} \ln \left(\frac{V_{i+1}}{V_i} \right) \end{aligned}$$

Thermal History



Moduli Domination after Inflation

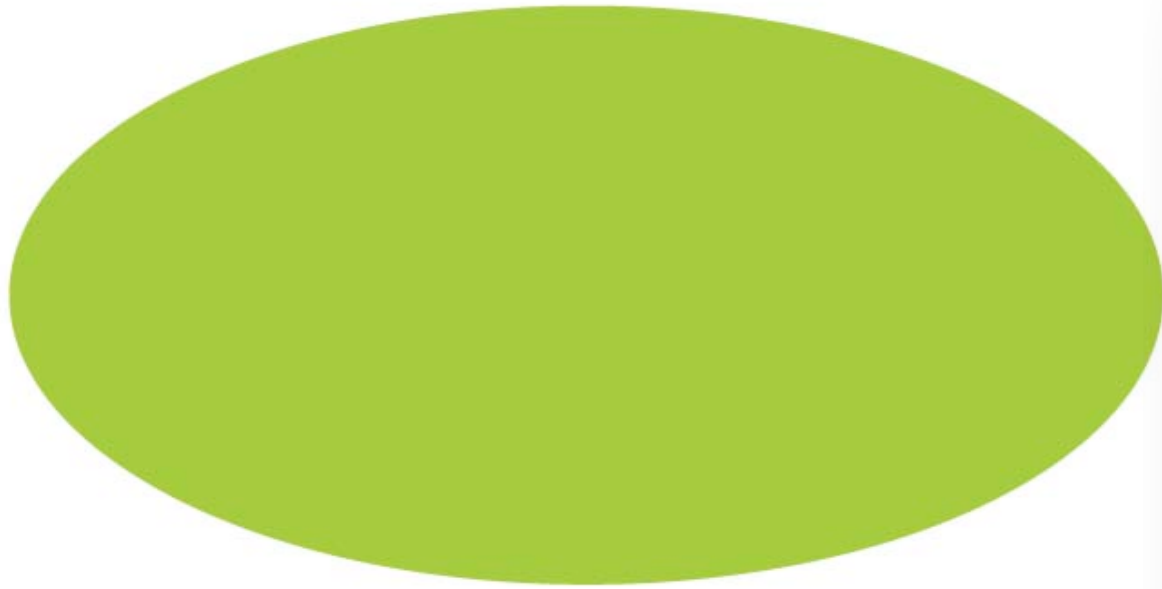
What happens after inflation ?



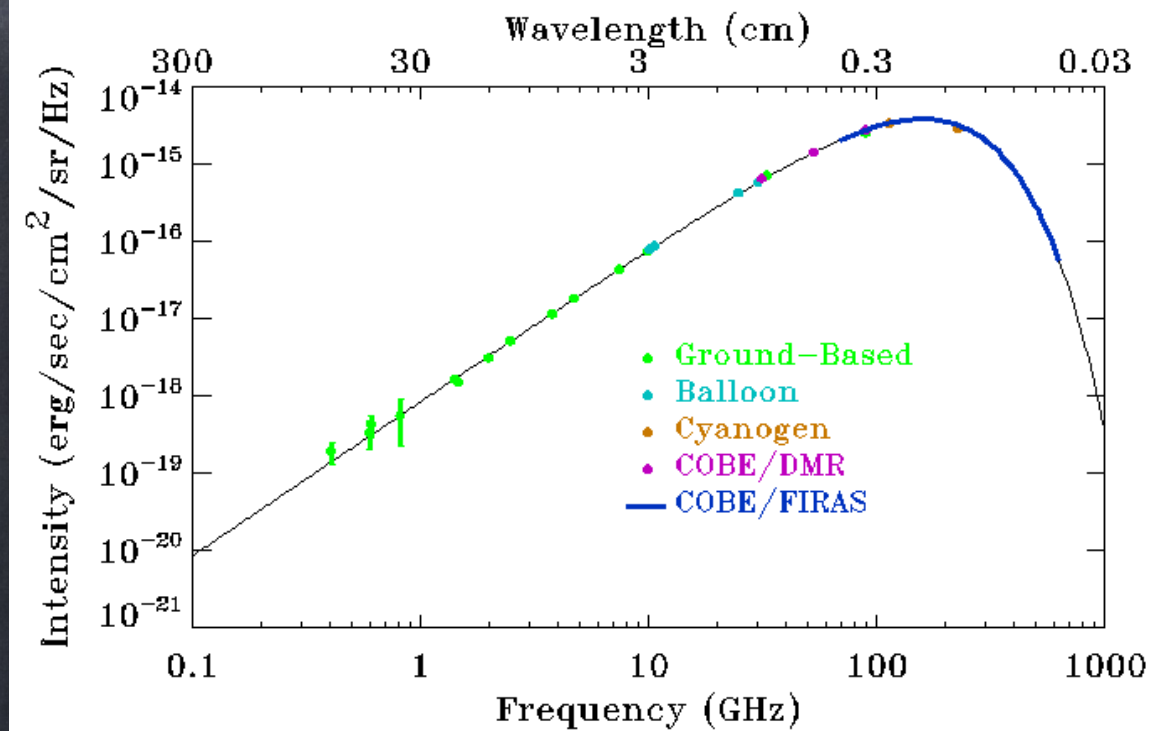
observations

What Observations are telling us?

ISOTROPY OF THE COSMIC MICROWAVE BACKGROUND

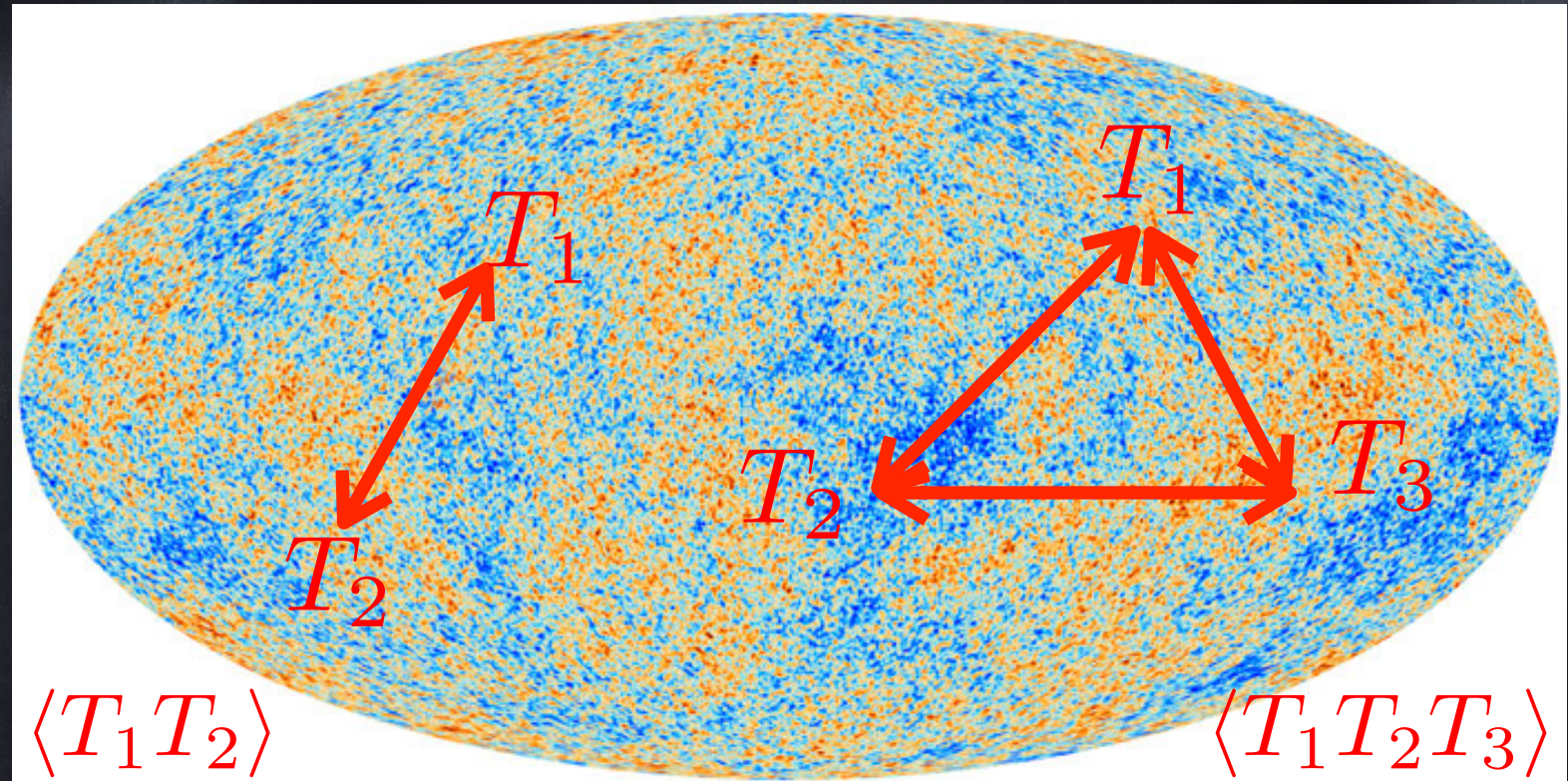


MAP990004

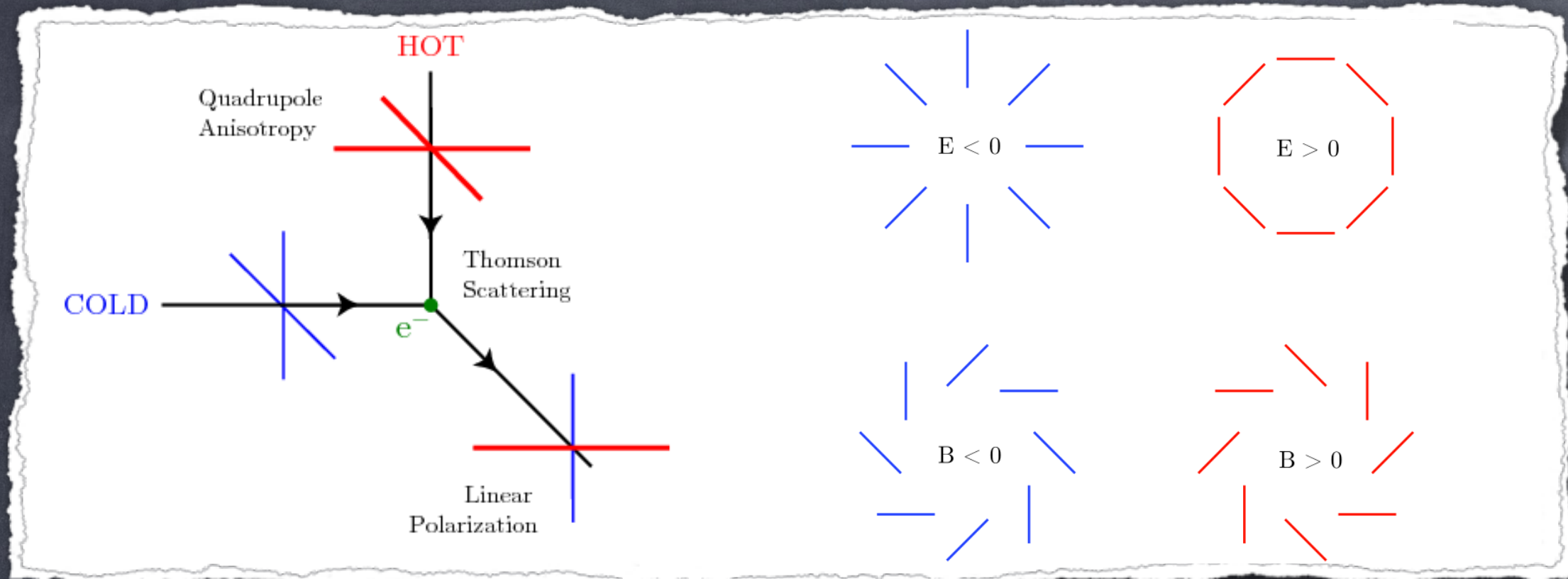


$$\frac{\Delta T}{T} = 4.6 \times 10^{-5}$$

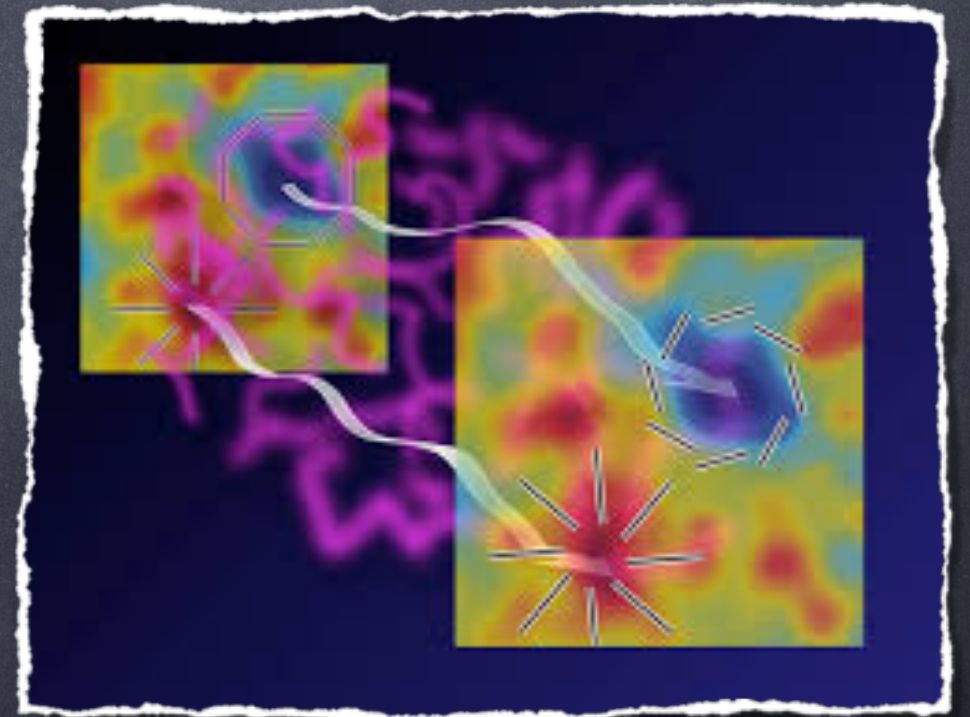
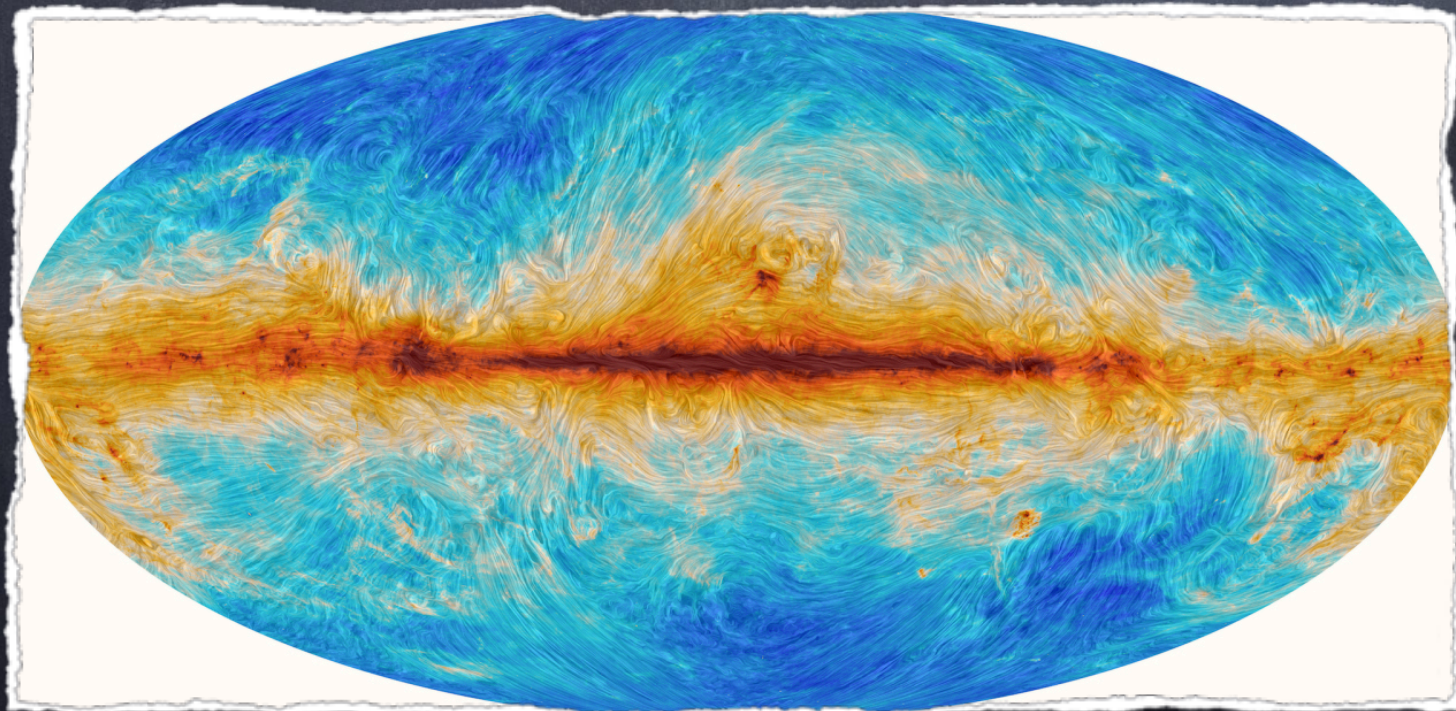
**Perturbations
are Gaussian**



E-mode & B-mode Polarisations

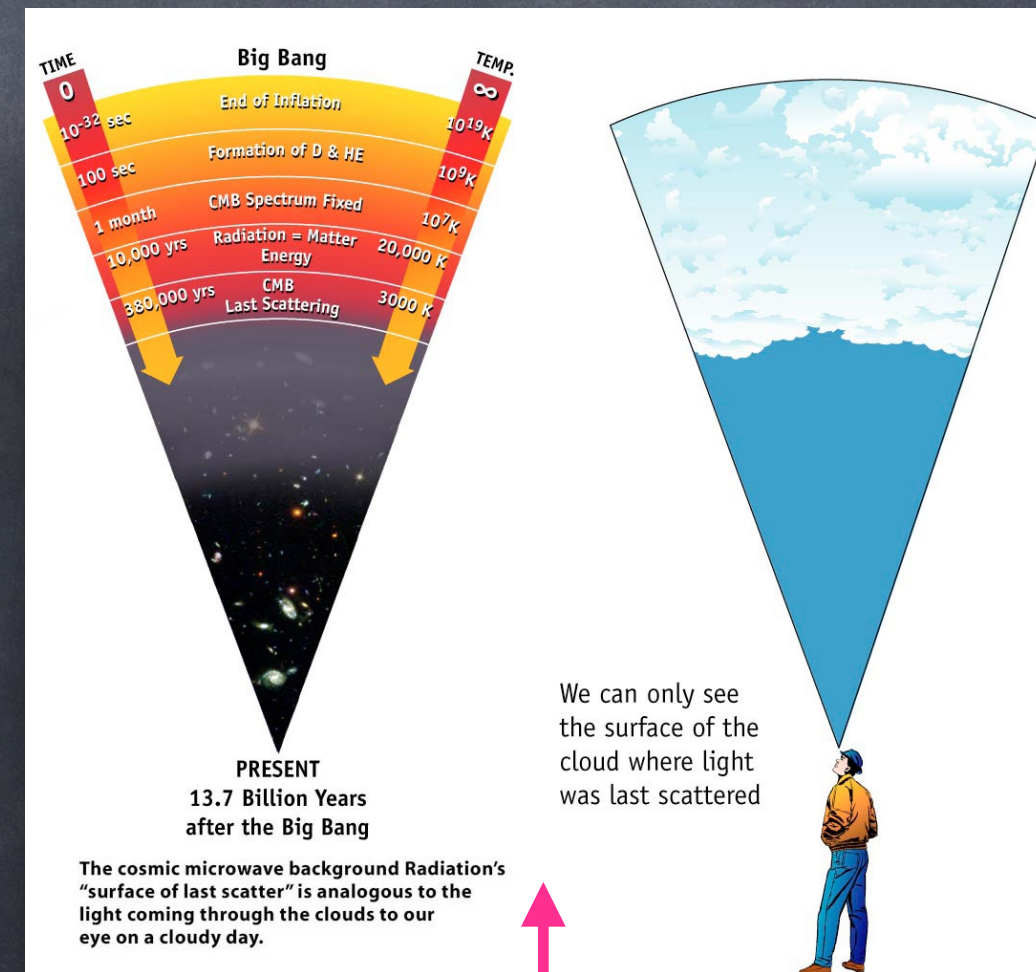
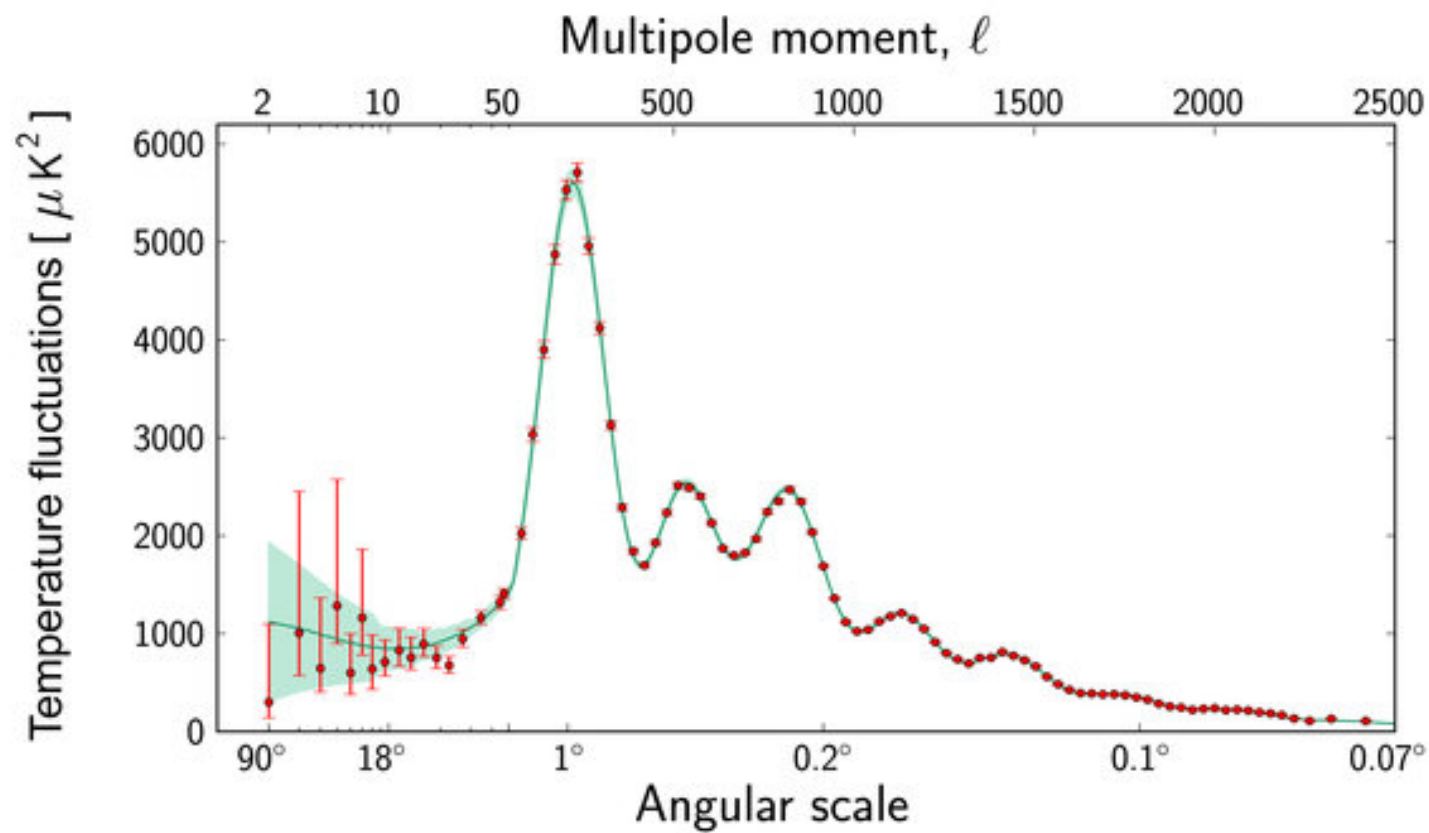


A pure **E mode** turns into **B mode** if we turn all polarisation vector by 45 degrees



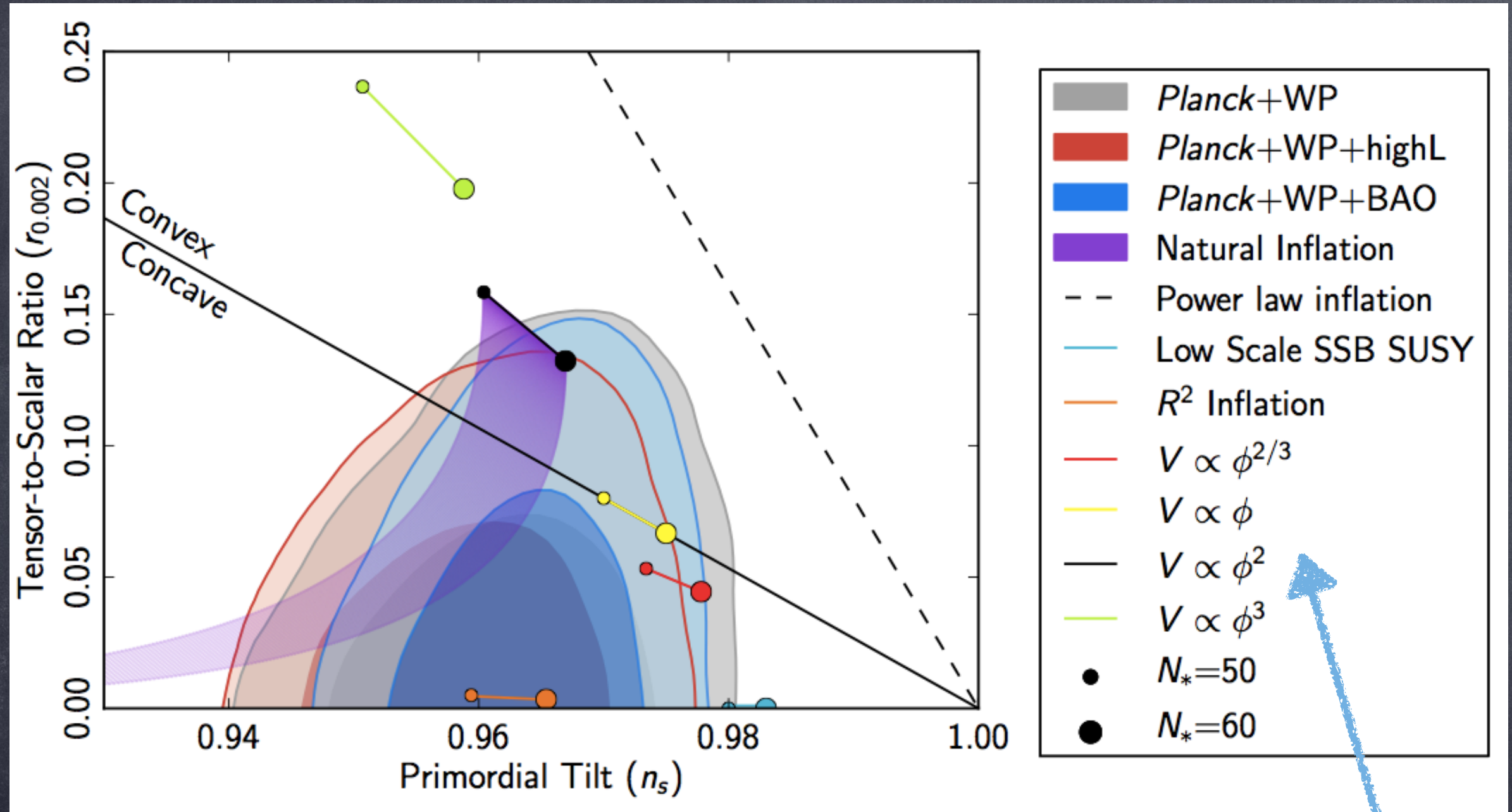
No primordial B-modes detected so far

Angular Power Spectrum



- (1) Baryon density
- (2) Dark Matter density
- (3) Dark Energy density
- (4) Amplitude 4.6×10^{-5}
- (5) Tilt: $n_s = 0.96$
- (6) Reionization Optical depth

Summary Plot for Theorists from Planck



$$n_s = 0.959 \pm 0.007 \quad r_{0.02} < 0.11 \quad (95\% \text{ CL})$$

$$\frac{dn_s}{d \ln k} = -0.015 \pm 0.009$$

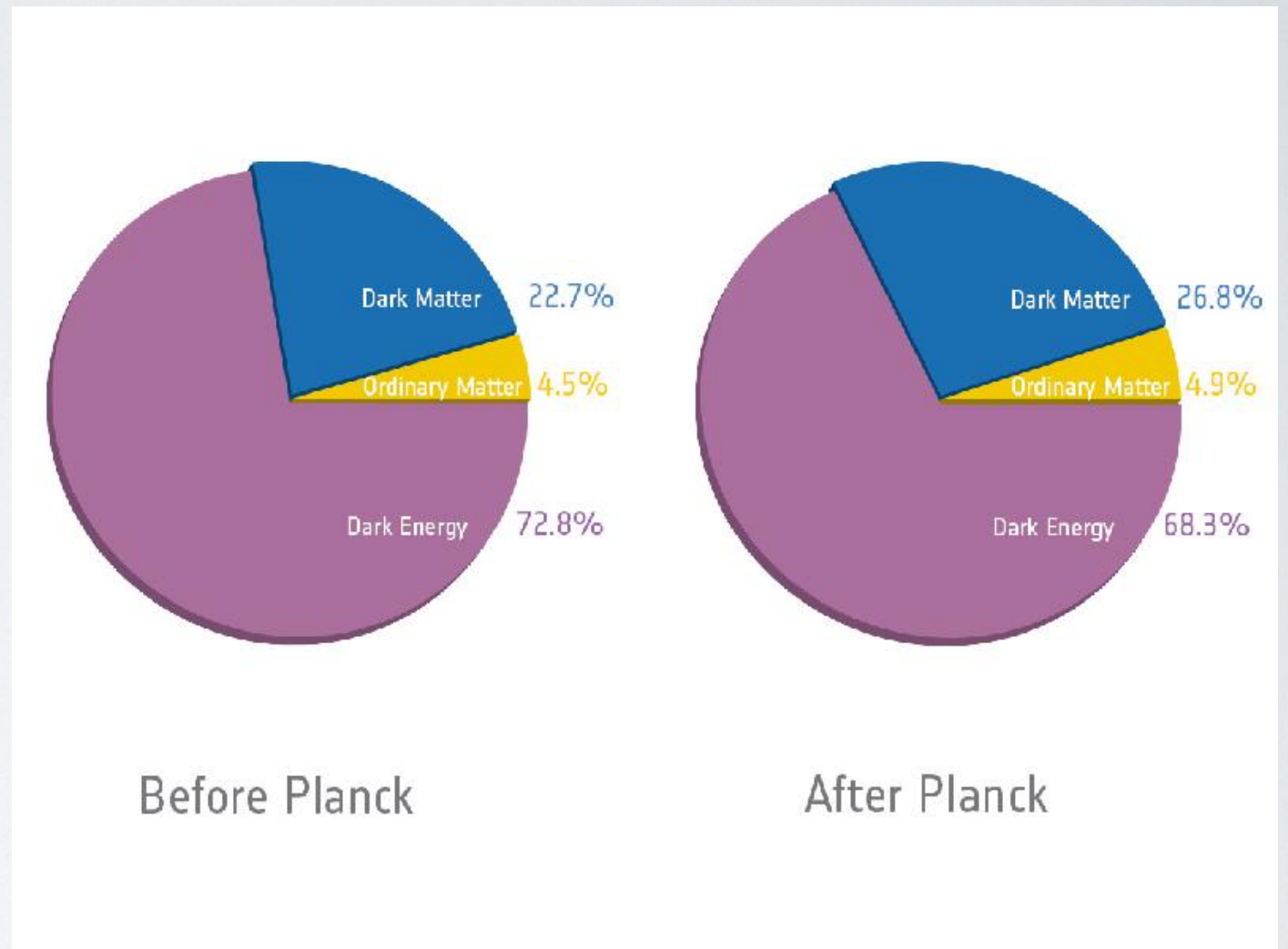
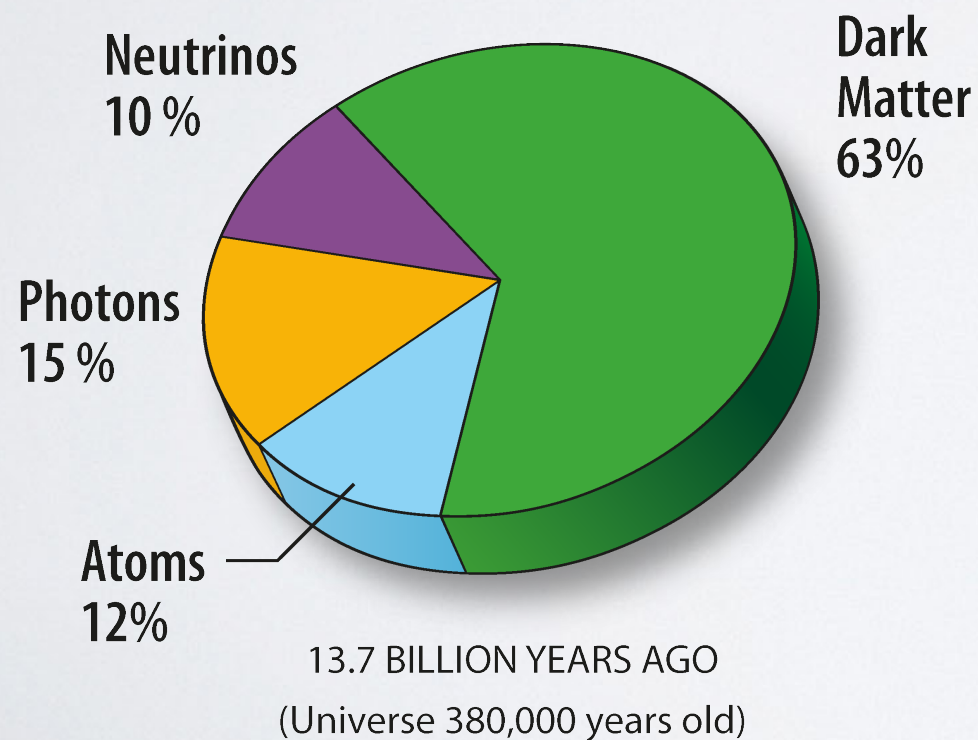
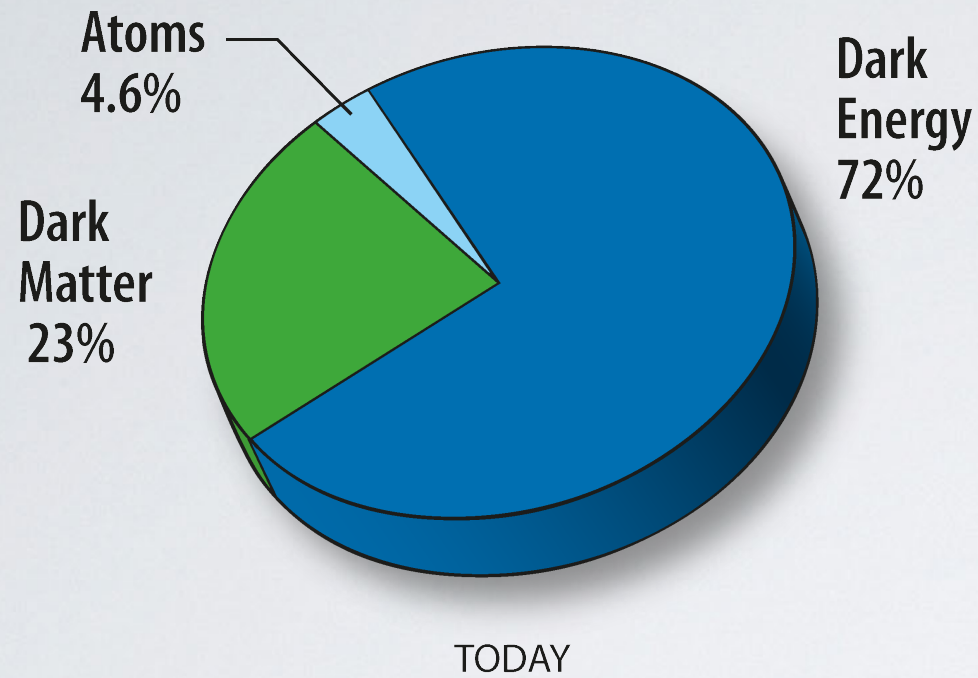
Bench mark points –
No real physics

6 Model Parameters

Parameter	<i>Planck</i> (CMB+lensing)		<i>Planck</i> +WP+highL+BAO	
	Best fit	68 % limits	Best fit	68 % limits
$\Omega_b h^2$	0.022242	0.02217 ± 0.00033	0.022161	0.02214 ± 0.00024
$\Omega_c h^2$	0.11805	0.1186 ± 0.0031	0.11889	0.1187 ± 0.0017
$100\theta_{\text{MC}}$	1.04150	1.04141 ± 0.00067	1.04148	1.04147 ± 0.00056
τ	0.0949	0.089 ± 0.032	0.0952	0.092 ± 0.013
n_s	0.9675	0.9635 ± 0.0094	0.9611	0.9608 ± 0.0054
$\ln(10^{10} A_s)$	3.098	3.085 ± 0.057	3.0973	3.091 ± 0.025

$$P_s \sim 3 \times 10^{-10} \left(\frac{k}{k_0} \right)^{n_s - 1} \quad k_0 = 0.04 \text{ Mpc}^{-1}$$

Energy Budget



Curvature of the Universe

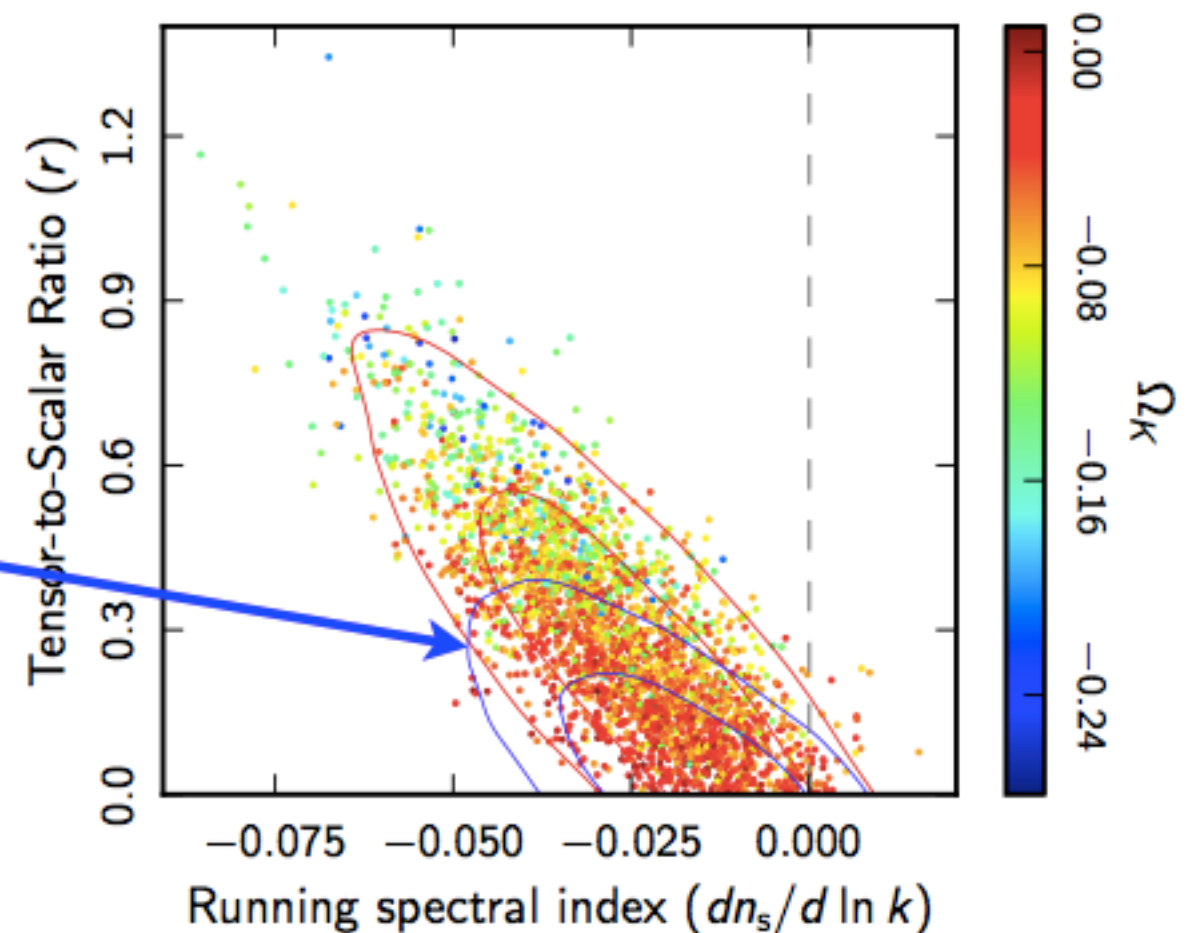
Simplest inflationary models predict $|\Omega_K| < 10^{-5}$

Open inflation (e.g. bubble nucleation, landscape) can predict larger **negative** spatial curvature, $O(10^{-4})$;

positive curvature (closed universe) much harder to get in inflationary paradigm.

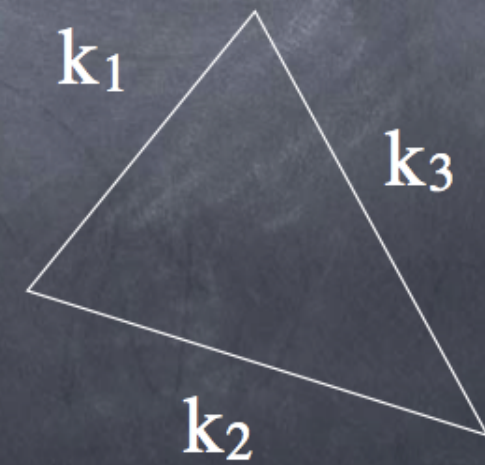
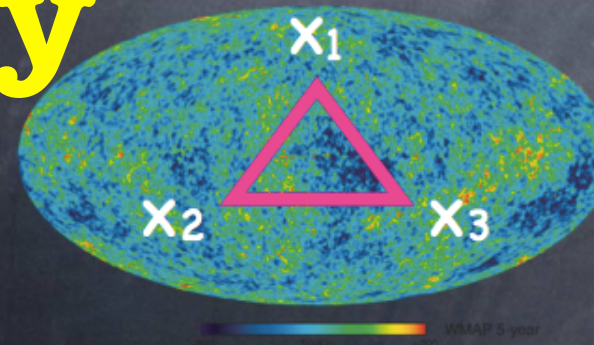
$$\Omega_K = -0.0004 \pm 0.0036$$

(Planck+WP+BAO)



Non-Gaussianity

$$\Phi(x) = \Phi_G(x) - f_{NL} \Phi_G(x)^2$$



Slow-roll single-field inflation: $f_{NL} < 1$

Some interesting inflation models predict much higher f_{NL}

WMAP9: $f_{NL} = 37 \pm 20$

Nonlinear effects cause additional non-Gaussianity in the CMB: coupling between weak gravitational lensing and ISW from evolving gravitational potential

- This effect was clearly detected by Planck

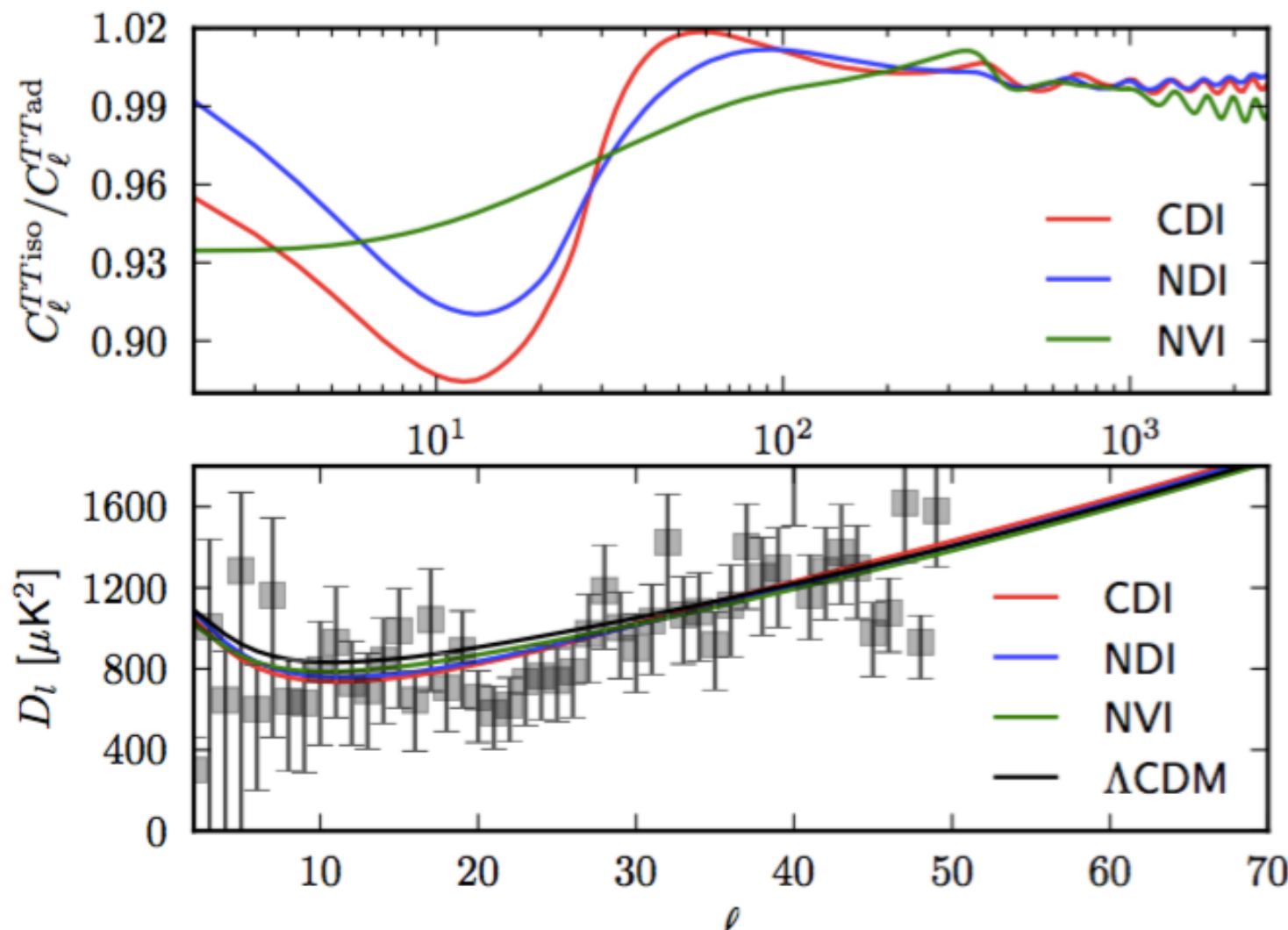
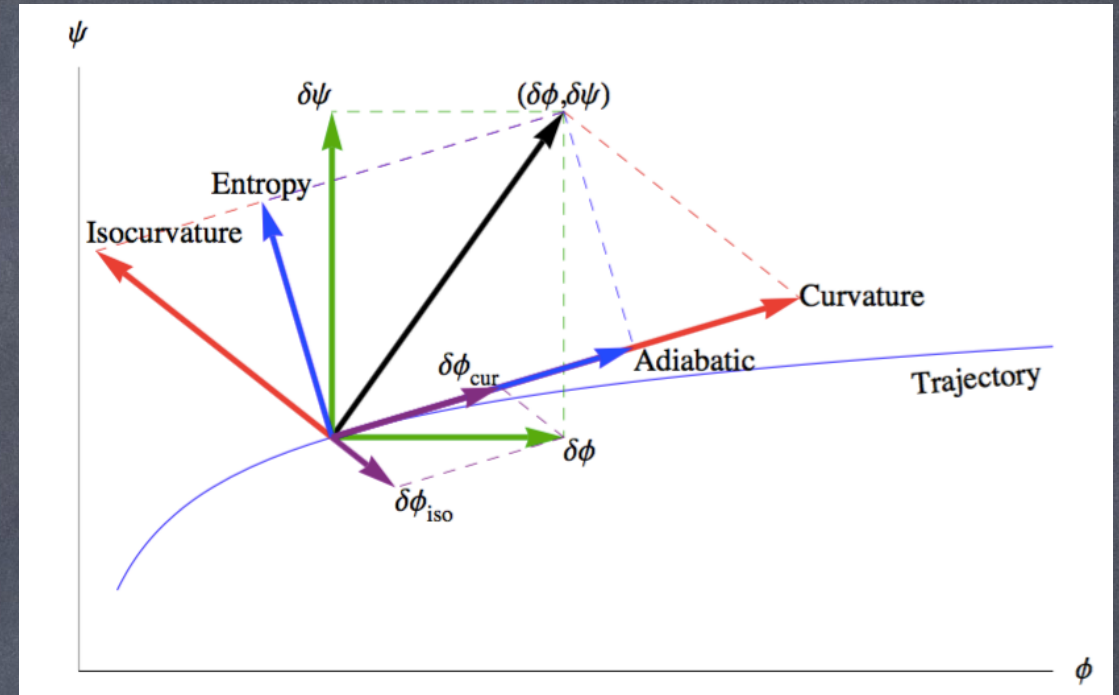
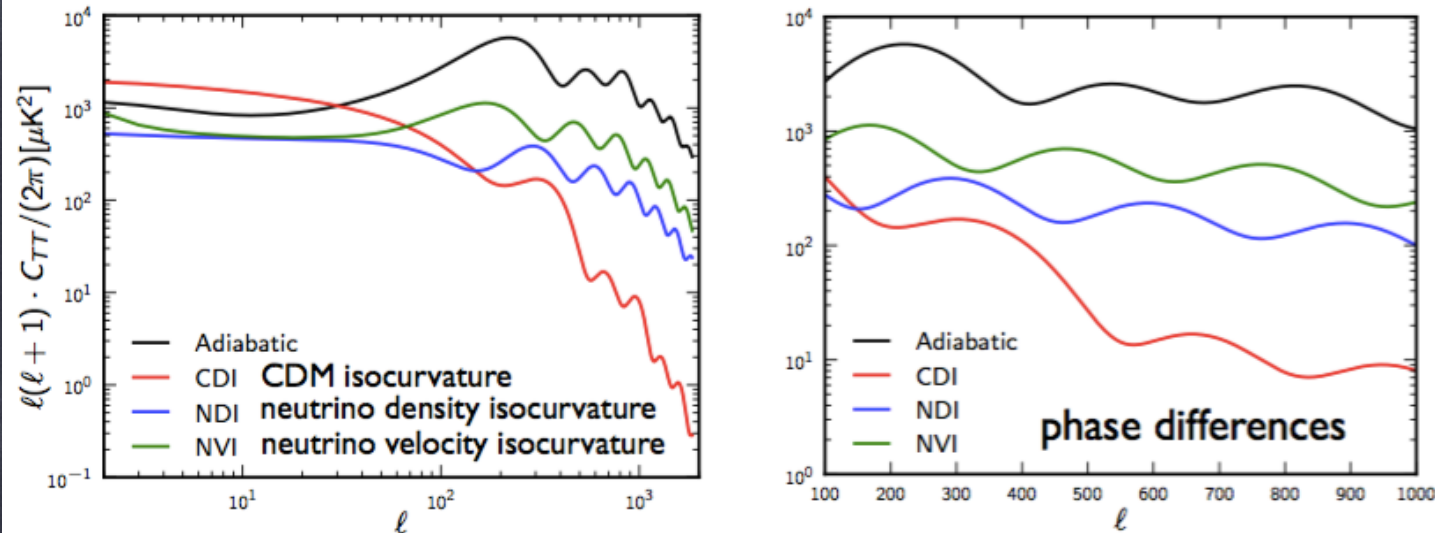
Planck:

- before correcting for ISW-lensing effect: $f_{NL} = 9.8 \pm 5.8$

- ISW-lensing subtracted: $f_{NL} = 2.7 \pm 5.8$

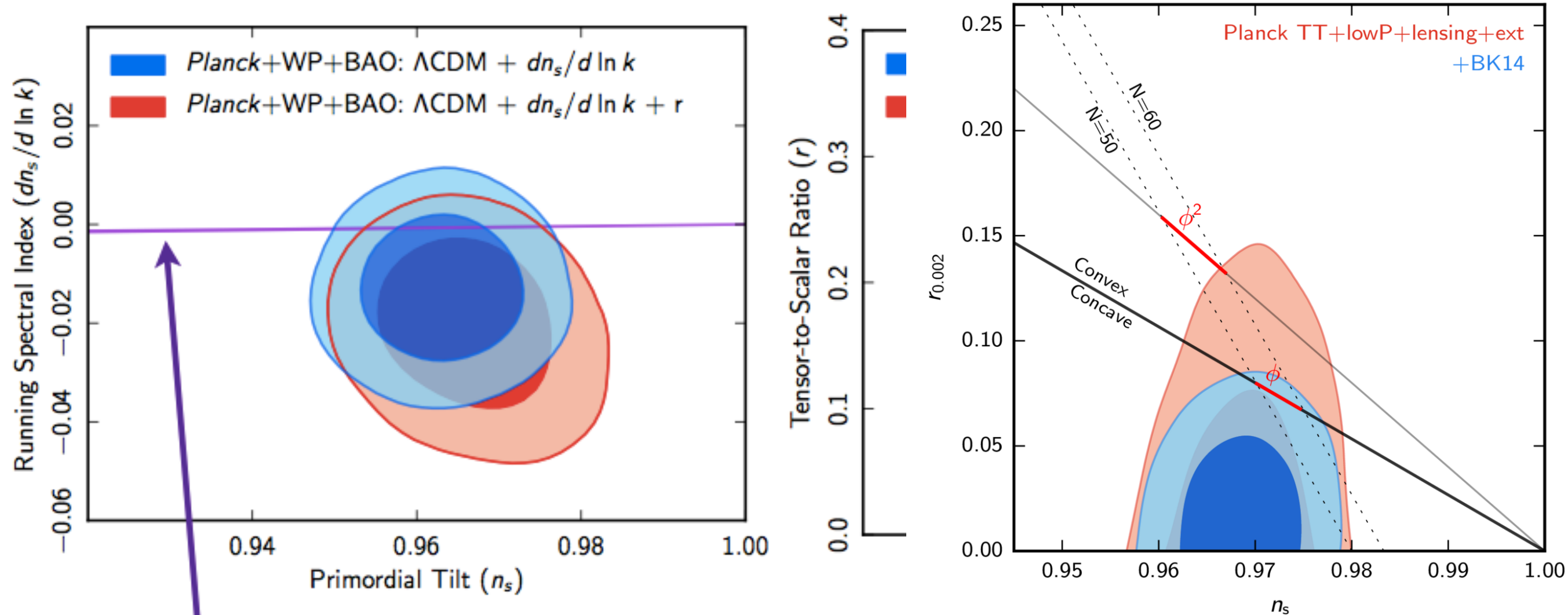
No Evidence for Iso-curvature Perturbations

Isocurvature: spectra



Inflationary perturbations are Adiabatic in nature

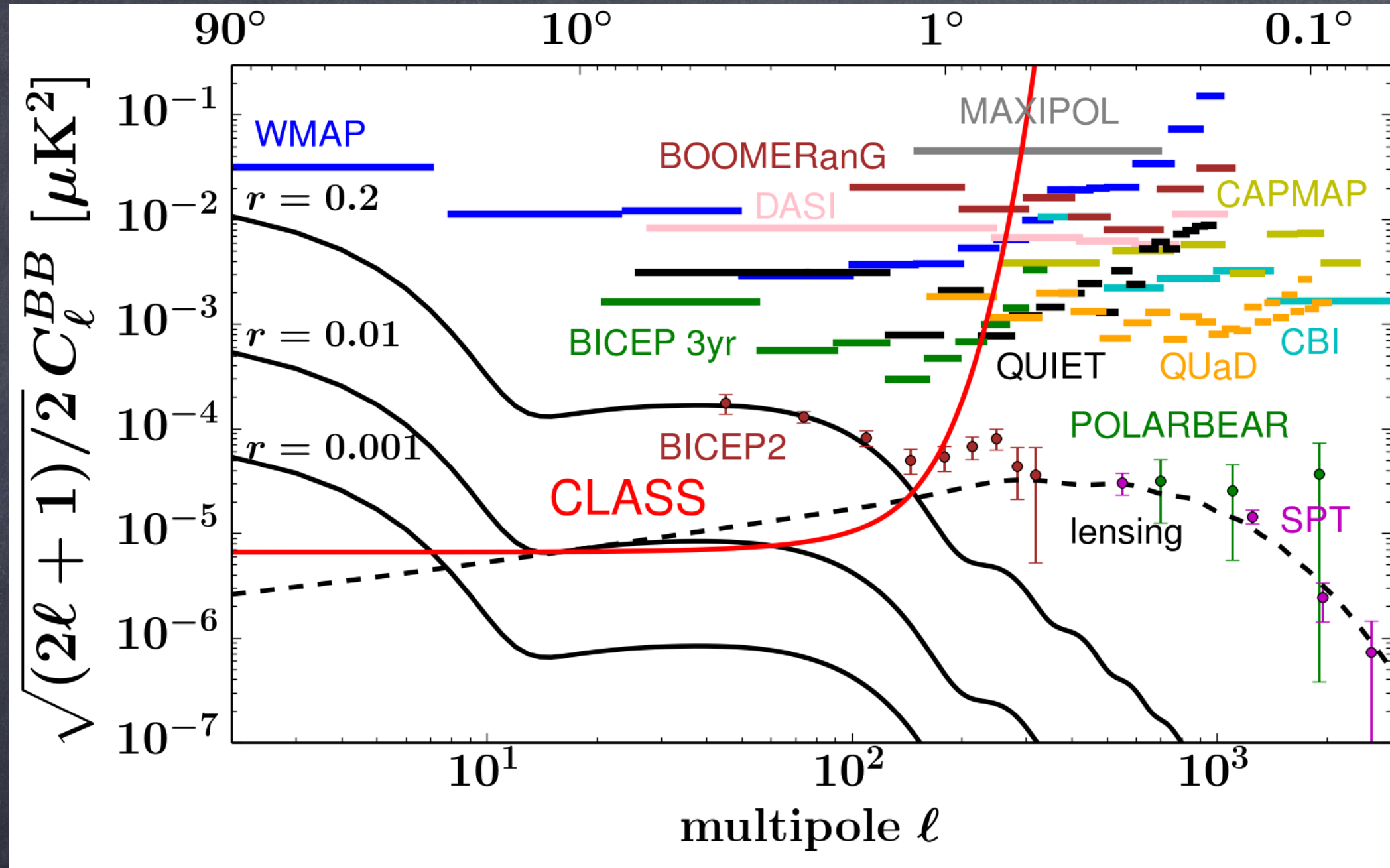
RUNNING OF THE SPECTRAL TILT



predictions of monomial chaotic models with $N_* \sim [50,60]$

$$\text{Planck+WP: } dn_s/d \ln k = -0.013 \pm 0.0009$$

Immediate Future for CMB: B modes



$$f_{\text{NL}}^{h\zeta\zeta} \equiv \langle h\zeta\zeta \rangle / (P_\zeta^{3/2} P_h^{1/2})$$

Tensor to scalar ratio: $r \equiv P_h(k_*)/P_\zeta(k_*)$

Non-Gaussianity: $f_{\text{NL}} \propto \langle \zeta\zeta\zeta \rangle / P_\zeta^2(k)$