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Santa Cruz Institute for Particle Physics University of California, Santa Cruz

# An Introduction to Particle Dark Matter

Pre-SUSY Summer School Melbourne, June 29-July 1, 2016 ✓ PhD Theoretical Particle Physics (2004)

International School for Advanced Studies (SISSA-ISAS), Trieste, Italy

✓ Postdoc, FSU and California Institute of Technology (2005-2007)

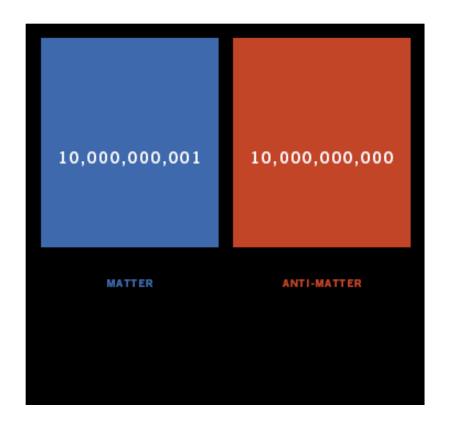
Theoretical Astrophysics and Particle Physics

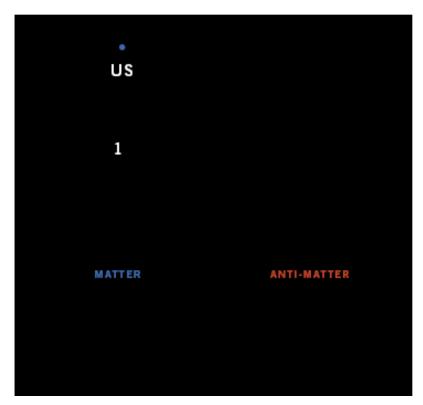
✓ Joined UCSC Physics Faculty (Assistant Professor, 2007-2011,

Associate Professor, July 2011-2015

Full Professor, July 2015-)

- ✓ Director of UCSC Physics **Graduate Studies** (2012-)
- ✓ SCIPP Deputy Director for Theory (July 2011-)

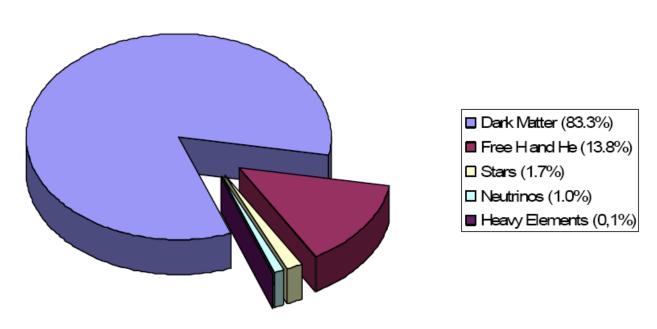




1. What is the origin of the tiny excess of matter over anti-matter?

# 2. What is the fundamental particle physics nature of Dark Matter?

The Matter Content of the Universe

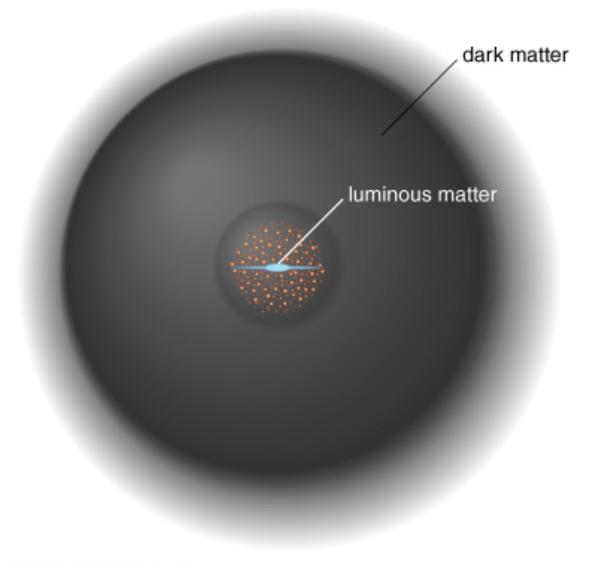


### Please come introduce yourselves!

[to myself, other Instructors, to each other...]

If you are ever on the **US West Coast** please let me know!

Never underestimate the importance of networking in science!



# 4/5

# a new elementary particle

# ...as such it is of interest to particle physicists!

#### What this mini-lecture series is not:

♦ Review of "evidences" for dark matter

♦ Review of "models" for dark matter

♦ Review of possible claimed "signals" from dark matter

#### What this mini-lecture series will be

- ✓ Gross features of dark matter as a particle (lecture 1)
- ✓ Paradigms for dark matter in the early universe (lecture 1/2)
- ✓ Schematics of dark matter searches (lecture 2/3)

✓ Selected lessons from old and new particle dark matter models (lecture 3)

One thing we do know well about dark matter

**Global amount** of dark matter in the **universe** 

Reason: very good handles on total energy density, total matter density, total baryonic matter

CMB data indicate the universe is nearly flat

→ energy density is close to **critical**...

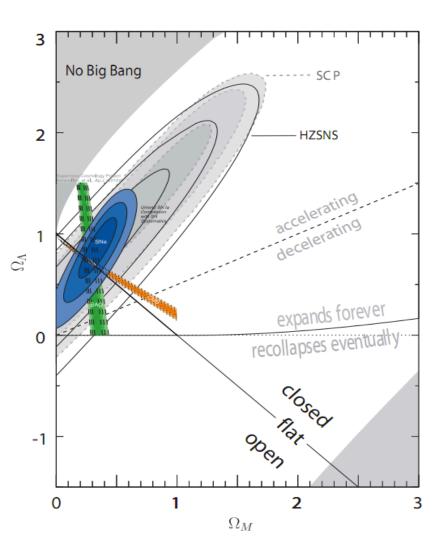
What is the critical density? (very good number to have in mind!)

$$ho_{
m crit} \equiv rac{3H_0^2}{8\pi G_N} \simeq 10^{-29} \ {
m g/cm}^3$$

...since 1 GeV ~10<sup>-24</sup> g, 10 protons per cubic meter (=tincy!)

Various ways to "weigh" matter versus dark energy (CMB+SN+BAO)

...and ordinary (baryonic) matter versus non-baryonic (BBN, CMB)



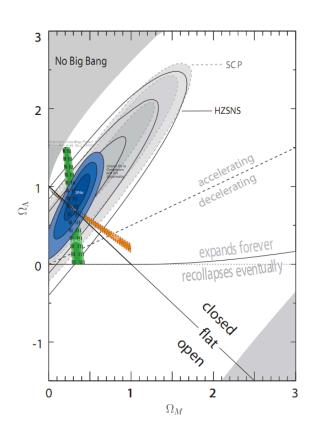
Global amount of dark matter in the universe from simple subtractions!

$$\bar{\rho}_{\rm DM} = \Omega_{\rm DM} \rho_{\rm crit} \simeq 0.3 \rho_{\rm crit}$$
.

in "astro" units...

$$\overline{\rho}_{\mathrm{DM}} \sim 10^{10} \; \frac{M_{\odot}}{\mathrm{Mpc}^3}$$

clusters... 10<sup>5</sup> denser!



in "particle physics" units...

$$\overline{\rho}_{\rm DM} \sim 10^{-6} \; \frac{{
m GeV}}{{
m cm}^3}$$

galaxies... 10<sup>6</sup> denser!

$$\delta \rho / \rho \gg 1$$

the Universe is highly non-linear!

...which is one of the reasons why modified gravity does not work!

### **CMB** sky is very **boring** – *T* fluctuations very **small**!

T fluctuations proportional to (baryonic) density fluctuations,

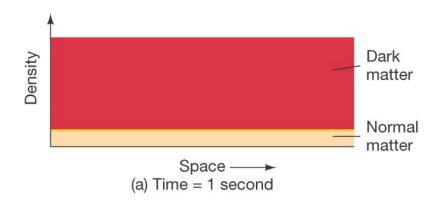
$$\delta \rho/\rho \lesssim 10^{-4}$$

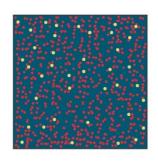
Good news! Matter **over-densities** in linear regime grow **linearly** with scale factor

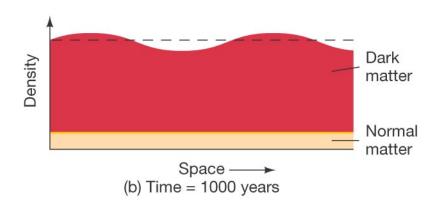
But the scale factor since CMB decoupling grew by  $z_{rec}$ ~1,100 Not enough time for structures to go non-linear! We need a **species** that has **decoupled** from photons much earlier (**Dark Matter**) so that its density perturbations are much larger at recombination!

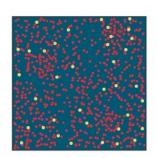
$$(\delta \rho/\rho)_{\rm DM} \gg 10^{-4}$$

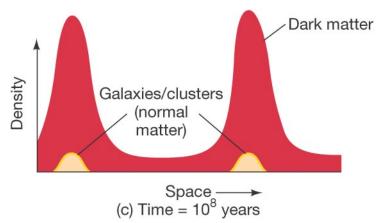
Dark matter seeds timely structure formation!

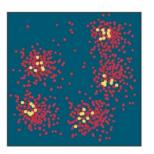


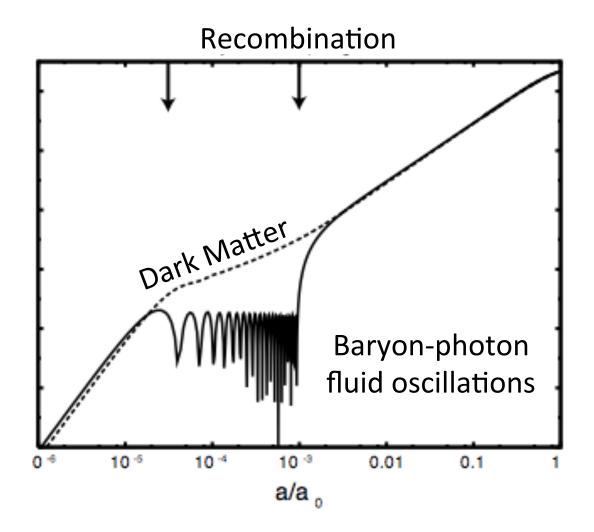




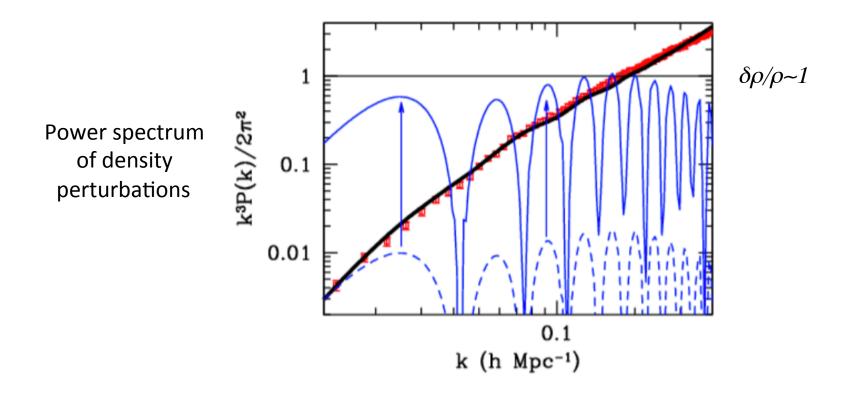




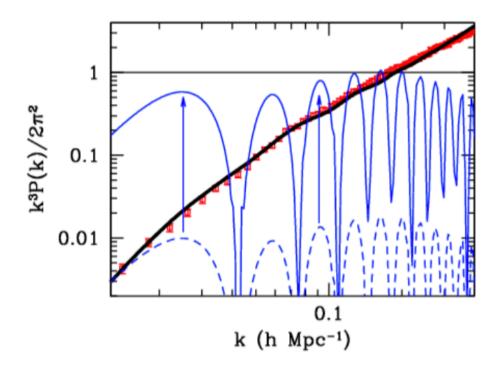




### Things go badly wrong without DM for structure formation!



Even with best (covariant) incarnation of modified gravity (TeVeS), structure goes non-linear, but the **power spectrum** of matter density fluctuation is **entirely wrong**...



Don't get fooled by the "Volcano" versus "Neptune" analogy

[Volcano: No new planet between Mercury and the Sun, but GR Neptune: New planet]

Modified Gravity [MOND, TeVeS] actually does not work at all!!

## Knowledge of the dark matter average **density** is a powerful **model-building** tool

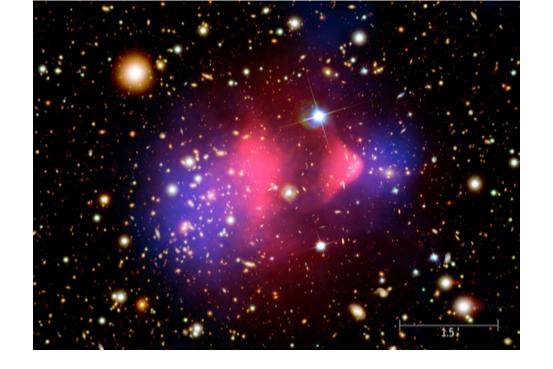
Models that **predict** the "right" **amount** of dark matter get kudos

Dark Matter "cosmogony" well-motivated guideline to model building

prototypical example: dark matter as a *thermal relic*... more on this shortly

What else do we know about the microscopic nature of dark matter from its macroscopic features?

- ➤ "Dark": ...for the reason above! But detailed constraints on electric charge of dark matter are model-dependent... Milli-charge allowed... Phenomenologically: DM is nearly dissipationless (maybe not entirely though, see dark photons, dark disks...)
- Collisionless... really? Let's calculate the relevant constraints!

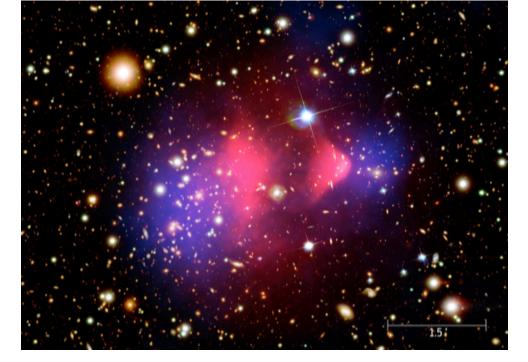


mean free path  $\lambda$  larger than cluster size,  $\sim$  1 Mpc

cluster **density**:  $\rho \sim 1 \text{ GeV/cm}^3$ , thus...

$$\lambda = 1/(\sigma(\rho/m)) > 1 \text{ Mpc} \rightarrow \sigma/m < 1 \text{ Mpc} / 1 \text{ GeV/cm}^3$$

 $\rightarrow \sigma/m < 1 \text{ cm}^2/g$ , or 1 barn/GeV



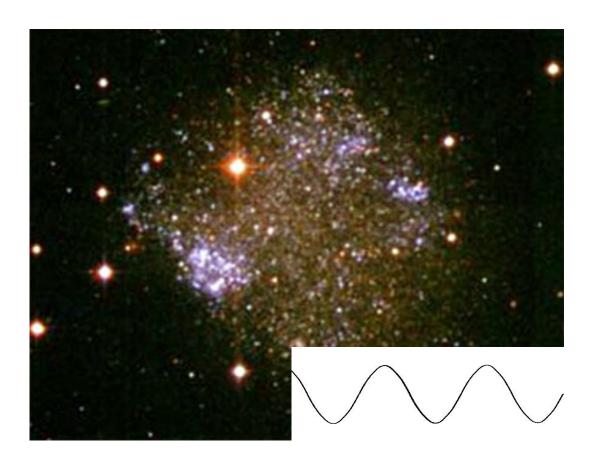
1 barn/GeV... which is strong interaction-size...

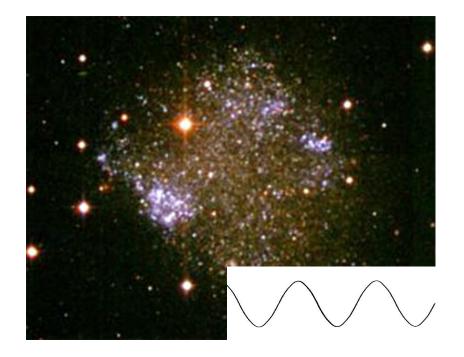
is this small?

Also, if cross section is **slightly smaller**, no **visible effect**... if cross section **slightly larger**, **disaster**...

Begs the question: is "collisional" **self-interacting** dark matter a "**natural**" possibility??

Classical: needs to be confined (gravitationally bound) on scales at least as large as dSph... if de Broglie wavelength is larger, disaster strikes!





little exercise: consider  $v \sim 100 \text{ km/s}$ , show that  $\lambda = h/p$  is

$$\lambda \sim 3 \; \mathrm{mm} \; \left( rac{1 \; \mathrm{eV}}{m} 
ight)$$

which means that to have  $\lambda << \text{kpc} \sim 3x10^{21} \text{ cm}$ , m>10<sup>-22</sup> eV

Much, much better constraints if the DM is a fermion – we know that the phase space density is bounded (Pauli blocking):  $f = gh^{-3}$ 

Using observed density and velocity dispersion of dSph,

Tremaine-Gunn limit (1979): observed phase space

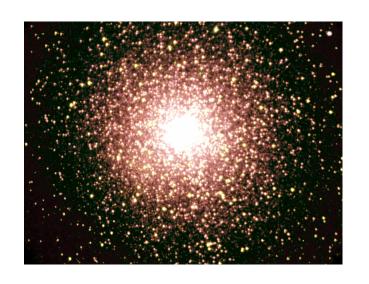
density cannot exceed upper bound!

(Liouville theorem?) Exercise!

$$\sigma \sim 150 \; \mathrm{km/s}$$
  $ho \gtrsim 1 \; \mathrm{GeV/cm^3}$ 

$$m^4 > \frac{\rho h^3}{[g(2\pi\sigma^2)^{3/2}]} \sim (25 \text{ eV})^4.$$

> Fluid: don't want to disrupt pretty (and old!) clusters of stars



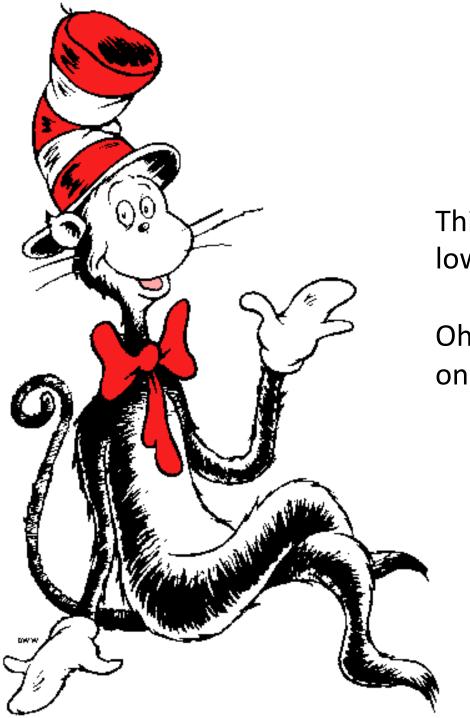
Neat exercise to estimate the energy exchanged by encounters of GC and BH, in the impulse approximation, demand that that energy be smaller than binding energy, get maximal mass for BH

Also constraints on disk disruption ("heating")

Bottom line:  $m > 10^3$  solar masses ~  $10^{70}$  eV

...here's the name of the game:

- (i) Mass: >90 orders of magnitude for bosons, 70 for fermions
- (ii) Interactions: ~dark, self-interacting at most ~ strong interactions
- (iii) Abundance

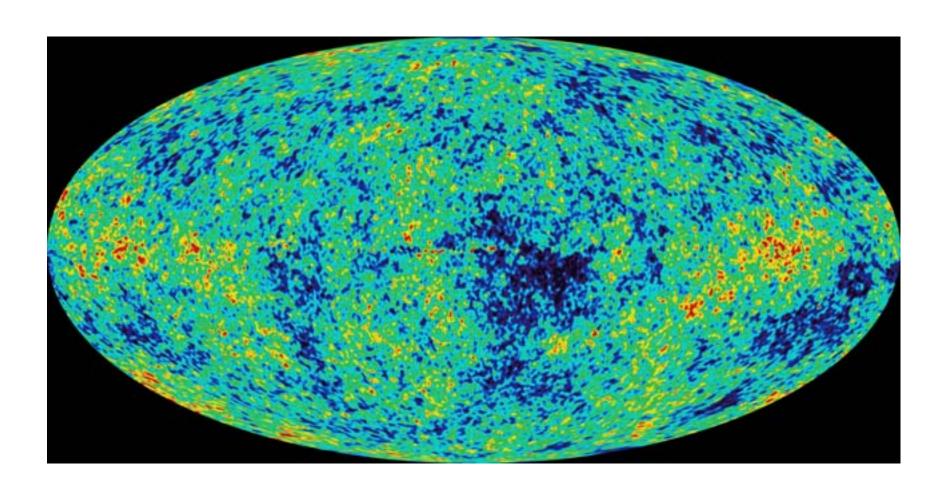


Think left and think right and think low and think high.

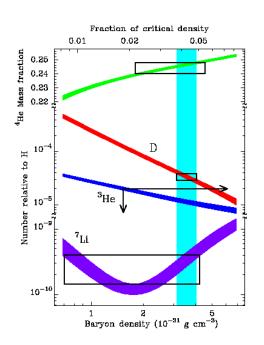
Oh the things you can think up, if only you try!

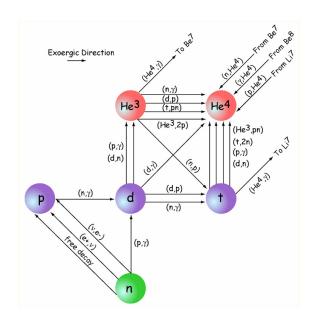
Dr. Seuss

## A successful framework for the **origin of species** in the early universe: **thermal decoupling**



## A successful framework for the **origin of species** in the early universe: **thermal decoupling**





A successful synergy of statistical mechanics, general relativity, and of nuclear and particle physics making predictions testable to exquisite accuracy with astronomical observations!

Key idea of thermal decoupling:

if the reaction keeping a species in equilibrium

is faster than the expansion rate of the universe,

the reaction is in statistical equilibrium;

if it's slower, the species decouples ("freeze-out")

$$\Gamma \ll H(T)$$
  $\Gamma(T_{\rm t.o.}) \sim H(T_{\rm t.o.})$ 

the reaction rate (from definition of cross section!)

$$\Gamma = n \cdot \sigma \cdot v$$

(1) borrow equilibrium number densities from stat mech

$$n_{\rm rel} \sim T^3 \quad \text{for } m \ll T,$$
  $n_{\rm non-rel} \sim (mT)^{3/2} \exp\left(-\frac{m}{T}\right) \quad \text{for } m \gg T.$ 

(2) borrow **Hubble rate** from general relativity (FRW **solution** to Einstein's eq.)

$$H^2=rac{8\pi G_N}{3}
ho.$$

$$H^2 = \frac{8\pi G_N}{3}\rho.$$

GR+SM: energy density in radiation

$$ho \simeq 
ho_{
m rad} = rac{\pi^2}{30} \cdot g \cdot T^4 \longrightarrow H \simeq T^2/M_P$$

### first application: hot thermal relic

language definition: hot = relativistic at  $T_{f,o}$  cold = v < c = 1. (actually not by much, typically!)

simple application: relic SM neutrinos (cosmo ν background)

$$\nu + \bar{\nu} \leftrightarrow f + \bar{f}$$

$$\nu + \bar{\nu} \leftrightarrow f + \bar{f}$$

$$n(T_{
u}) \cdot \sigma(T_{
u}) = H(T_{
u})$$
  $\sigma \sim G_F^2 T_{
u}^2$ 

suppose this is a hot relic...  $n^{\sim}T_{\nu}^{3}$ 

$$T_{
u}^3 G_F^2 T_{
u}^2 = T_{
u}^2 / M_P$$

$$T_{\nu} = (G_F^2 M_P)^{-1/3} \simeq (10^{-10} \times 10^{18})^{-1/3} \text{ GeV} \sim 1 \text{ MeV}$$

#### happy about two things in particular:

1. hot relic assumption works! 
$$T_{\nu} \gg m_{\nu}$$

2. Fermi effective theory OK! 
$$T_{\nu} \ll m_{W}$$

$$T_{\nu} = (G_F^2 M_P)^{-1/3} \simeq (10^{-10} \times 10^{18})^{-1/3} \text{ GeV} \sim 1 \text{ MeV}$$

# now, how do we calculate the **relic** thermal **abundance** of this prototypical hot relic?

Introduce Y=n/s (number and entropy density,  $V=a^3$ )

If universe is iso-entropic,  $s \times a^3 = S$  is conserved

Y ~ n a³ is thus ~ comoving number density, and (without entropy injection)

$$Y_{
m today} = Y_{
m freeze-out} = Y(T_
u)$$

$$Y_{ ext{freeze-out}} = rac{n(T_
u)}{s(T_
u)} = rac{
ho_
u(T_
u)}{m_
u \cdot s(T_
u)}$$

$$Y_{\mathrm{today}} = Y_{\mathrm{freeze-out}} = Y(T_{\nu})$$

$$Y_{ ext{freeze-out}} = rac{n(T_
u)}{s(T_
u)} = rac{
ho_
u(T_
u)}{m_
u \cdot s(T_
u)}$$

$$n_{\mathrm{today}} = s_{\mathrm{today}} imes Y_{\mathrm{today}} = s_{\mathrm{today}} imes Y_{\mathrm{freeze-out}}$$

$$\rho_{\nu, \text{today}} = m_{\nu} \times Y_{\text{freeze-out}} \times s_{\text{today}}$$

$$\Omega_{
u}h^2 = rac{
ho_{
u}}{
ho_{
m crit}}h^2 \simeq rac{m_{
u}}{91.5 {
m \ eV}}$$

**Cowsik-Mc-Clelland** limit

That was fun! Let's see if it works for something else...

Try **proton-antiproton** freeze-out: what's the **relic** matter **abundance** in a baryon-symmetric Universe?

$$\sigma \sim \Lambda_{\rm QCD}^{-2}$$

$$n \sigma = H \rightarrow T^3 \Lambda^{-2} = T^2/M_P \rightarrow T = \Lambda^2/M_P$$

doesn't quite work, we're way **outside** the regime of validity for **hot relics**, since T<<<<<m\_n ...

Need to work out the case of cold relics, which looks nastier by eye

$$n \sim (m_{\chi}T)^{3/2} \exp\left(-\frac{m_{\chi}}{T}\right)$$

#### Here's the trick: freeze-out condition gives

$$n_{
m f.o.} \sim rac{T_{
m f.o.}^2}{M_P \cdot \sigma}$$

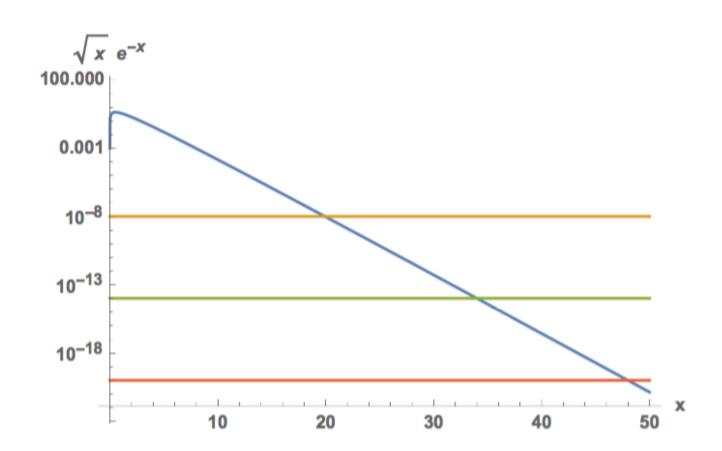
now define 
$$m_\chi/T \equiv x$$
 (cold relic: x>>1)

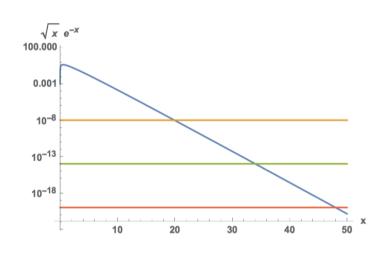
Freeze-out condition (x) now reads

$$rac{m_\chi^3}{x^{3/2}}e^{-x}=rac{m_\chi^2}{x^2\cdot M_P\cdot \sigma}.$$

...so we gotta solve 
$$\sqrt{x} \cdot e^{-x} = rac{1}{m_\chi \cdot M_P \cdot \sigma}$$

$$\sqrt{x} \cdot e^{-x} = \frac{1}{m_\chi \cdot M_P \cdot \sigma}$$





$$\sqrt{x} \cdot e^{-x} = rac{1}{m_\chi \cdot M_P \cdot \sigma}$$

$$\sigma \sim G_F^2 m_\chi^2$$

Take e.g. a "weakly interacting massive particle"

$$m_\chi \sim 10^2$$
 GeV.

$$\sqrt{x} \cdot e^{-x} = \frac{1}{m_\chi \cdot M_P \cdot \sigma} \sim \frac{1}{10^2 \cdot 10^{18} \cdot 10^{-6}} \sim 10^{-14}.$$

thus 
$$x = m_{\chi} / T \sim 35$$

### Off to calculating the thermal relic density

$$\Omega_{\chi} = rac{m_{\chi} \cdot n_{\chi} (T = T_0)}{
ho_c} = rac{m_{\chi} \ T_0^3}{
ho_c} rac{n_0}{T_0^3}$$

iso-entropic universe  $aT \sim const$ 

$$rac{n_0}{T_0^3} \simeq rac{n_{
m f.o.}}{T_{
m f.o.}^3}$$

$$\Omega_{\chi} = rac{m_{\chi} \ T_0^3}{
ho_c} rac{n_{
m f.o.}}{T_{
m f.o.}^3} = rac{T_0^3}{
ho_c} x_{
m f.o.} \left(rac{n_{
m f.o.}}{T_{
m f.o.}^2}
ight) = \left(rac{T_0^3}{
ho_c \ M_P}
ight) rac{x_{
m f.o.}}{\sigma}$$

$$\left(\frac{\Omega_{\chi}}{0.2}\right) \simeq \frac{x_{\mathrm{f.o.}}}{20} \left(\frac{10^{-8} \; \mathrm{GeV}^{-2}}{\sigma}\right)$$

## Notice we neglected relative **velocity**... What is the velocity of a cold relic at freeze-out?

$$\frac{3}{2}T = \frac{1}{2}mv^2$$

...just use **equipartition** theorem...

Now, back to relic density:

$$\left(\frac{\Omega_{\chi}}{0.2}\right) \simeq \frac{x_{\mathrm{f.o.}}}{20} \left(\frac{10^{-8} \; \mathrm{GeV}^{-2}}{\sigma}\right)$$

$$\sigma_{
m EW} \sim G_F^2 T_{
m f.o.}^2 \sim G_F^2 \left(rac{E_{
m EW}}{20}
ight)^2 \sim 10^{-8} \ {
m GeV^{-2}},$$

$$\left(\frac{\Omega_{\chi}}{0.2}\right) \simeq \frac{x_{\mathrm{f.o.}}}{20} \left(\frac{10^{-8} \ \mathrm{GeV}^{-2}}{\sigma}\right)$$
 Is this unique to WIMPs? No.

$$\sigma \sim rac{g^4}{m_\chi^2}$$

"WIMPless" miracle... what did we use?

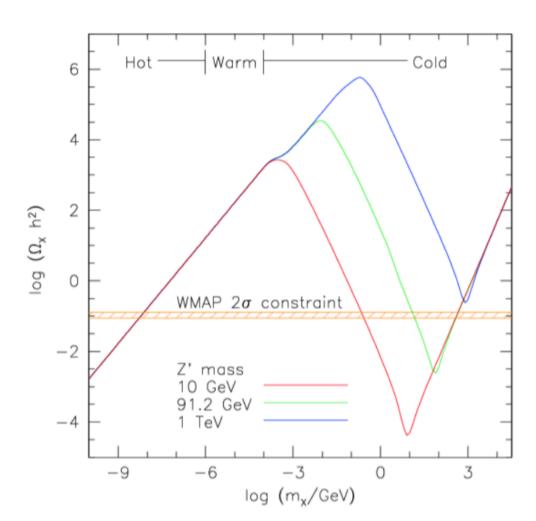
$$m_\chi \cdot \sigma \cdot M_P \gg 1$$
  $\sigma \sim 10^{-8} \; {
m GeV}^{-2}$ 

Substitute and find that  $m_{\gamma} >> 0.1 \text{ eV}$ !

In practice various constraints on light thermal relics from structure formation, relativistic degrees of freedom at BBN, CMB...  $m_{\gamma}$  > MeV

Put everything together: suppose you have a mediator Z', mass  $m_{Z'}$ 

$$\sigma \sim rac{m_{\chi}^2}{(s-m_{Z'}^2)^2 + m_{Z'}^4}$$



What is the range of masses expected for cold relics?

Cross section cannot be arbitrarily large: unitarity limit

$$\sigma \lesssim rac{4\pi}{m_\chi^2}$$

$$rac{\Omega_\chi}{0.2} \gtrsim 10^{-8}~\mathrm{GeV}^{-2} \cdot rac{m_\chi^2}{4\pi}$$

$$\left(\frac{m_\chi}{120~{\rm TeV}}\right)^2 \lesssim 1$$

What is the range of masses expected for cold relics?

If you have a WIMP, defined by a cross section  $\sigma \sim G_F^2 \; m_{_Y}^2$ 

$$\sigma \sim G_F^2 \; m_\chi^2$$

$$\Omega_{\chi} h^2 \sim 0.1 \frac{10^{-8} \text{ GeV}^{-2}}{G_F^2 m_{\chi}^2} \sim 0.1 \left(\frac{10 \text{ GeV}}{m_{\chi}}\right)^2$$

"Lee-Weinberg" limit

Discussion so far OK for a qualitative assessment of relic density

State of the art much more sophisticated: Solve Boltzmann equation

$$\hat{L}_{
m NR} = rac{{
m d}}{{
m d}t} + rac{{
m d}ec{x}}{{
m d}t}ec{
abla}_x + rac{{
m d}ec{v}}{{
m d}t}ec{
abla}_v 
onumber \ \hat{L}_{
m COV} = p^lpha rac{\partial}{\partial x^lpha} - \Gamma^lpha_{eta\gamma} \ p^eta \ p^\gamma rac{\partial}{\partial p^lpha} 
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onumber \ \hat{L}_{
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Looks ugly, but for the FRW metric phase-space density simplifies...

$$f(\vec{x}, \vec{p}, t) o f(|\vec{p}|, t) \qquad f(E, t)$$
 
$$\hat{L}[f] = E \frac{\partial f}{\partial t} - \frac{\dot{a}}{a} |\vec{p}|^2 \frac{\partial f}{\partial E}$$

Now, what we are interested in are **number** densities, which in terms of **phase-space** densities are simply...

$$n(t) = \sum_{\text{spin}} \int \frac{\mathrm{d}^3 p}{(2\pi)^3} f(E, t)$$

...integrate the Liouville operator over momentum space and get

$$\int L[f] \cdot g rac{\mathrm{d}^3 p}{(2\pi)^3} = rac{\mathrm{d} n}{\mathrm{d} t} + 3H \cdot n_{\mathrm{d}}$$

Back to Boltzmann equation, suppose a 2-to-2 reaction, with 3, 4 in eq.

$$1+2\leftrightarrow 3+4$$

Consider the collision factor, and again integrate over momenta...

$$g_1 \int \hat{C}[f_1] rac{\mathrm{d}^3 p}{(2\pi)^3} = -\langle \sigma \cdot v_{ ext{M}roket} 
angle \left( n_1 n_2 - n_1^{ ext{eq}} n_2^{ ext{eq}} 
ight)$$

...where the cross section

$$\sigma = \sum_f \sigma_{12 o f}$$

$$g_1 \int \hat{C}[f_1] rac{\mathrm{d}^3 p}{(2\pi)^3} = -\langle \sigma \cdot v_{ ext{M}lpha ext{l}} 
angle \left( n_1 n_2 - n_1^{ ext{eq}} n_2^{ ext{eq}} 
ight)$$

let's understand the rest of the equation:

$$v_{
m Mlpha l} \equiv rac{\sqrt{(p_1 \cdot p_2)^2 - m_1^2 m_2^2}}{E_1 \ E_2}$$

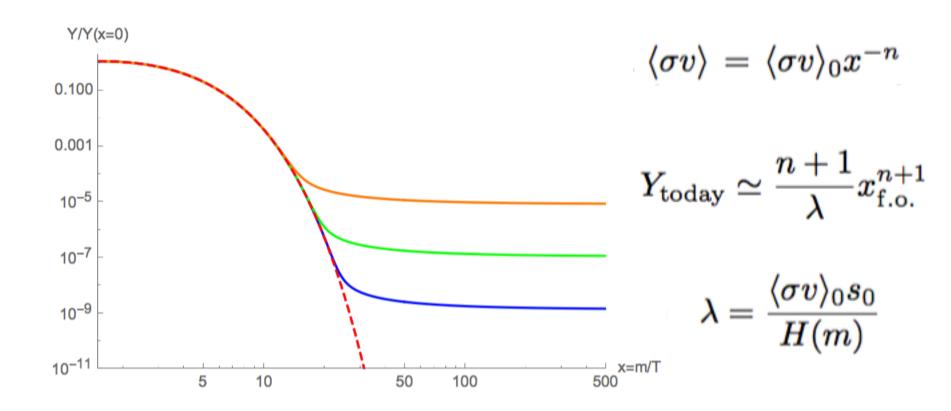
$$\langle \sigma \cdot v_{ ext{M}oldsymbol{arphi}} 
angle = rac{\int \sigma \cdot v_{ ext{M}oldsymbol{arphi}} \; e^{-E_1/T} \, e^{-E_2/T} \; \mathrm{d}^3 p_1 \; \mathrm{d}^3 p_2}{\int e^{-E_1/T} e^{-E_2/T} \; \mathrm{d}^3 p_1 \; \mathrm{d}^3 p_2}$$

Final version of **Boltzmann Eq.** 

$$\dot{n} + 3Hn = \langle \sigma v \rangle \left( n_{
m eq}^2 - n^2 \right)$$

$$\dot{n} + 3Hn = \langle \sigma v \rangle \left( n_{
m eq}^2 - n^2 \right)$$

$$rac{dY(x)}{dx} = -rac{xs\langle\sigma v
angle}{H(m)}\left(Y(x)^2 - Y_{
m eq}^2(x)
ight)$$



#### There exist important "exceptions" to this standard story:

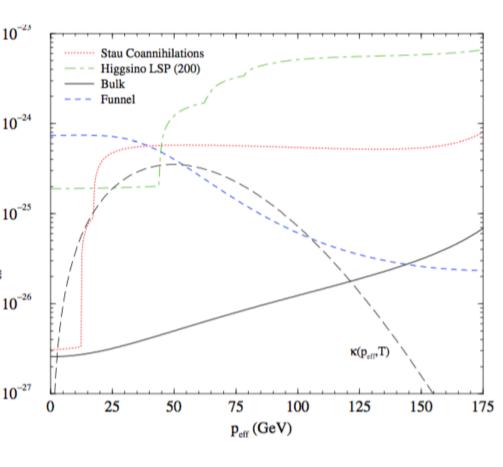
1. Resonances

$$\langle s \rangle \simeq 4m_\chi^2 + 6m_\chi T$$
.

- 2. Thresholds

3. Co-annihilation
$$\langle \sigma v \rangle \rightarrow \langle \sigma_{\text{eff}} v \rangle = \frac{\sum_{i < j = 1}^{N} \sigma_{ij} \exp\left(-\frac{\Delta m_i + \Delta m_j}{T}\right)}{\sum_{i = 1}^{N} g_i \exp\left(-\frac{\Delta m_i}{T}\right)}.$$

Affects what the pair-annihilation rate today is compared to what it was at freeze-out!



$$\langle \sigma_{
m eff} v 
angle = \int_0^\infty dp_{
m eff} rac{W_{
m eff}(p_{
m eff})}{4E_{
m eff}^2} \kappa(p_{
m eff},T) \qquad E_{
m eff}^2 = \sqrt{p_{
m eff}^2 + m^2}.$$