#### Gravity and the Quantum

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# Outline

- I. Why Gravity and the Quantum?
- II. Holography for Non-Relativistic Systems
- III. Gravity and and Puzzles of Naturalness
- IV. Surprises with Non-Relativistic Naturalness

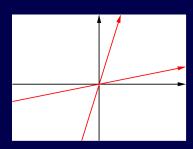
Later parts based on work with: Charles Melby-Thompson, Tom Griffin, Kevin Grosvenor, Ziqi Yan, Chris Mogni, . . .

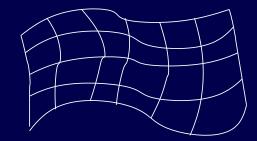
# I. Why Gravity and the Quantum?

# Fundamental physics in the 21st Century

Built on two paradigms of the 20th century:

Relativity – first special, unifying space and time via Lorentz symmetries, characterized by the speed of light *c*, ... – then general, unifying gravity and spacetime geometry:





describes the universe at large scales (black holes, big-bang, ...)

and then there is Quantum mechanics, characterized by the Planck constant  $\hbar$ , measuring the uncertainty between coordinates q and momenta p; describes our worlds well at microscopic scales (everything except gravity).

# **Reasons for unification of QM and GR**

Why to look for quantum gravity?

1. Conceptual unity of "fundamental" interactions.

There is also condensed matter (many-body physics in fixed spacetime), with fascinating "derived" or "emergent" collective phenomena.

2. History of unifications – as explanations of dimensionful constants of Nature – because Newton's constant remains unexplained, one more revolution is left! (also – new twist to this puzzle: the cosmological constant  $\Lambda$ )

**3.** Human curiosity: Which paradigm is more fundamental? Relativity, or "quantum"?

# Early attempts to find quantum gravity

Classical gravity is described by an action principle,

$$S_{EH} = \frac{1}{16\pi G_N} \int_M d^4x \sqrt{g} \left(R - 2\Lambda\right),$$

which enjoys a local "gauge invariance" – under spacetime diffeomorphisms Diff(M).

So, let's just apply techniques of relativistic quantum field theory, which worked so well for Yang-Mills and matter!

**Problems with gravity**: Non-renormalizable (= not "UV complete"), hence only an effective theory, **predicting its own limits and eventual demise**, around (or way before!) the characteristic scale, the Planck scale.

## First "Coincidences"

In the Einstein-Hilbert action in D spacetime dimensions,  $G_N$  is dimensionless in D = 2 (gravity wants to live in two dimensions?)

The Hamiltonian is a sum of constraints, associated with gauge symmetries:

$$H = \int_{\Sigma} d^{D-1} x \left( N^{\perp} \mathcal{H}_{\perp} + N^{i} \mathcal{H}_{i} \right)$$

with  $\overline{N}$ ,  $N_i$  the lapse and shift, and  $\mathcal{H}_{\perp}$ ,  $\overline{\mathcal{H}}_i$  the superhamiltonian and supermomentum. Their algebra is *not* a Lie algebra:

$$[\mathcal{H}_{\perp}(\mathbf{x}), \mathcal{H}_{\perp}(\mathbf{y})] \sim g^{ij} \partial_i \mathcal{H}_j$$

The RHS can only be made field-independent in D = 2.

String theory takes advantage of these coincidences.

# Puzzles of (quantum) gravity

The effective, semiclassical theory of gravity has raised lots of fascinating questions, some old and some new:

- is gravity really just the dynamics of spacetime geometry?
- why do we live in a huge universe?
- what becomes of spacetime at shortest distances?
- is there a statistical explanation of black-hole entropy?
- is spacetime physics holographic?
- what is the nature of dark matter and dark energy is it exotic matter, exotic gravity, or perhaps a mixture of both?
- in the end, do we modify gravity and relativity, or do we modify quantum mechanics, or perhaps both?

# So, why Gravity and the Quantum?

Besides the phenomenology and the fact that we live in a gravitating universe, there is a very compelling conceptual reason why to marry gravity and the quantum:

Structure of QFT at large N

Consider a theory of  $N \times N$  matrices M,

$$S = \frac{1}{g^2} \int \text{Tr} \left\{ (\dot{M})^2 + M^2 + M^3 + \dots \right\}.$$

Feynman diagrams: 
$$\sim g^2$$
,  $\sim g^{-2}$ , while a closed loop brings  $\sim N$ .

Define 't Hooft coupling  $\lambda \equiv g^2 N$ . Each diagram contributes

$$g^{2(\#P-\#V)}N^{\#L} = N^{\#V-\#P+\#L}\lambda^{\#P-\#V} = \left(\frac{1}{N}\right)^{2h-2}\lambda^{\#P-\#V}.$$

The sum over all Feynman diagrams organizes itself into a string theory expansion!

$$\mathcal{A} = \frac{1}{g_s^2} \bigcirc + \bigotimes + g_s^2 \bigotimes + \dots,$$

where the role of the string coupling constant is played by  $g_s = \frac{1}{N}$ ,

$$\mathcal{A} = \sum_{h=0}^{\infty} g_s^{2h-2} \mathcal{F}_h(\lambda, \ldots).$$

But: which string theory??

# Which string theory??

Only three short steps to see how gravity inevitably fits in!

**1:** recall that QFT is not about Lagrangians, it is all about symmetries and renormalization-group flows.

Wilsonian paradigm: Organize nature scale-by-scale. So, classify fixed points of RG first: CFTs? (=simplest QFTs)

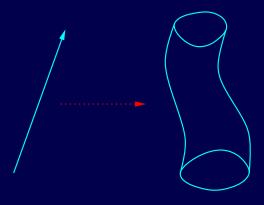
**2:** observe that symmetries (such as conformal SO(D, 2), superconformal, ... should be realized on the string side by isometries: The string-theory dual of a CFT lives on AdS space!

**3:** basics of AdS/CFT dictionary: Bulk-boundary correspondence. Local operators od conformal dimension  $\Delta$  vs. bulk fields of mass m.

Existence of conserved local  $T^{\mu\nu}$  in QFT implies existence of a massless spin-two field  $g_{MN}$  in the bulk: **GRAVITY!!** 

# **Superstring theory**

Basic idea almost embarrassingly simple: Replace point-like particles with extended objects, strings:



• For the first time, we have a mathematically consistent quantum theory which (automatically) includes gravity!

Answer to our basic question: It is *quantum mechanics* that wins, general relativity is modified.

Many successes and exciting results; for example, space(time?) might be an "emergent property" of matter.

# String theory: the successes

Simply too many to give an exhaustive list!

• Matter and spacetime geometry intimately tied to each other: stringy excitations create the background in which they propagate, giving new insights into the nature of spacetime.

- Besides conventional matter, new "stringy" defects: D-branes.
- The entropy of at least some black holes/branes explained microscopically!
- Spacetime, or at least space, can be "emergent"!

• A powerful tool for generating important "spin-off" ideas in physics and mathematics (SUSY, extra dimensions, braneworlds, gauge/gravity duality, etc)

# String theory: current limitations?

Very good at understanding supersymmetric vacua and supersymmetric states. This has lead to dualities, microscopic understanding of entropy for supersymmetric black holes, uniqueness of the theory (= M-theory) etc.

Not so good at describing time-dependent phenomena, such as cosmology, even the simplest cosmological spacetime – the de Sitter space (= vacuum solution with positive  $\Lambda$ ).

Very beautiful and rich, web of dualities, engineering of SUSY QFT's, AdS/CFT correspondence; landscape of vacua (populated by eternal inflation?), ...

perhaps too rich and too complex for addressing the most basic questions? Compare QCD: Embeddable into string theory, but independently UV complete. What about gravity?

# Is there a "smaller" quantum gravity?

String theory is a beautiful theory of quantum gravity, but it appears both "too large" and "too small."

Lessons from string theory:

Quantum mechanics is absolute, but GR undergoes corrections.

Lorentz symmetry unlikely to be fundamental, if space is emergent. (Once accepted, this scenario leads to systematic energy-dependent violations of Lorentz invariance.)

Motivation for string theory:

Reaching configurations far from equilibrium, far from static/stationary?

#### **Gravity without Relativity** (a.k.a. gravity with anisotropic scaling, or Hořava-Lifshitz gravity)

Gravity on spacetimes with a preferred time foliation (cf. FRW!)

Opens up the possibility of new RG fixed points, with improved UV behavior due to anisotropic scaling.

Field theories with anisotropic scaling:

 $x^i \to \lambda x^i, \quad t \to \lambda^z t.$ 

*z*: dynamical critical exponent – characteristic of RG fixed point. Many interesting examples in condensed matter, dynamical critical phenomena, quantum critical systems, ..., with z = 1, 2, ..., n, ..., or fractions (z = 3/2 for KPZ surface growth in D = 1), ..., continous families ...

... and now gravity as well, with propagating gravitons, formulated as a quantum field theory of the metric.

#### **Gravity with anisotropic scaling** (also known as Hořava-Lifshitz gravity)

#### Evgenii Mikhailovich Lifshitz (1915 - 1985)

# Why is this interesting?

(i) Phenomenology of gravity in our Universe, 3 + 1 dimensions. How close can this resemble GR in IR? The multicritical universe scenario;

(ii) Gravity duals of field theories in AdS/CFT; in particular, candidates for duals of nonrelativistic field theories;

(iii) Useful also in conventional Einstein gravity, in spacetimes which are asymptotically anisotropic!

(iv) Analytic tool for understanding numerical results of lattice quantum gravity;

(v) Gravity on worldvolumes of branes;

(vi) Mathematical applications (theory of the Ricci flow);

(vii) Emergent Gaussian IR fixed points in lattice systems of condensed matter.

# **Comparison to Asymptotic Safety**

Search for a UV fixed point in gravity:

Asymptotic safety: looking for relativistic, nontrivial RG fixed points. [Weinberg....]

Gravity with anisotropic scaling: looking for nonrelativistic, often Gaussian fixed points. (These can be UV, leading to improved short-distance behavior of gravity; or IR, emergent in condensed matter systems.)

Price paid for improved UV behavior: Anisotropy between space and time (or even spatial) and absence of Lorentz symmetry at short distances.

Flow between UV and IR: from z > 1 to z = 1. Lorentz symmetry must be emergent at low energies, with systematic energy-dependent Lorentz-violating corrections.