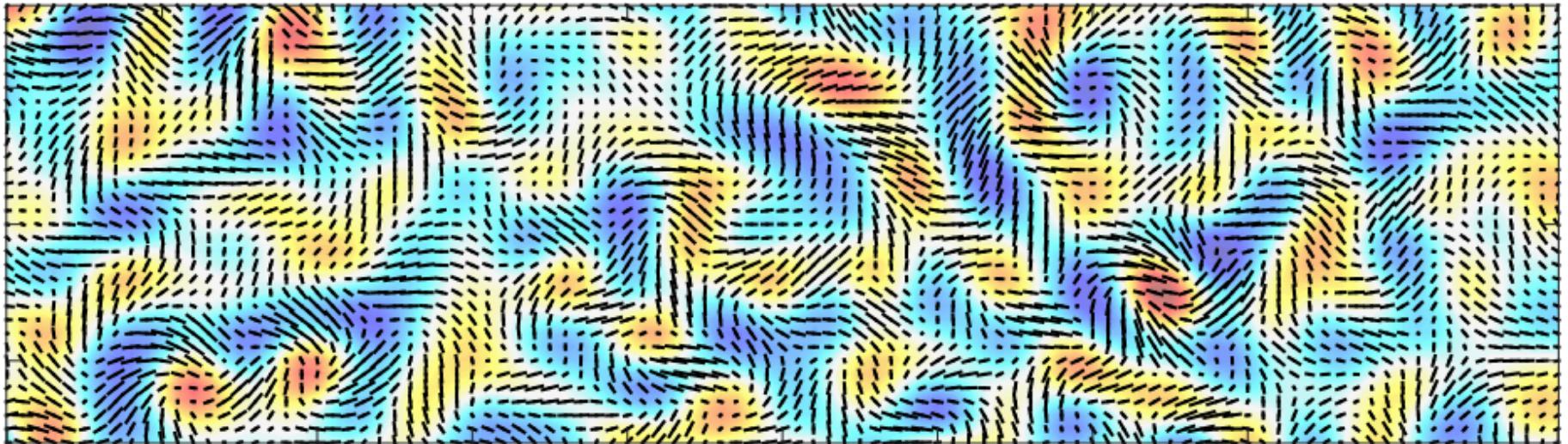


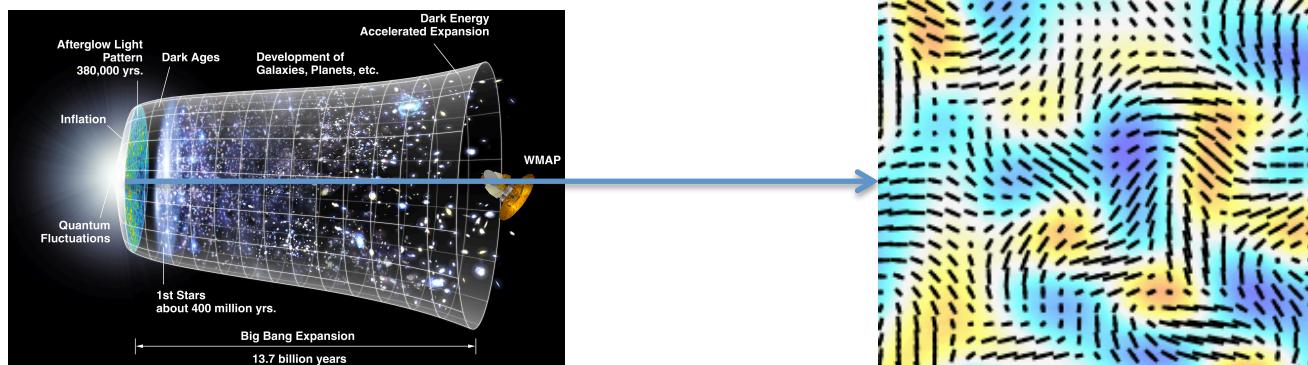
# CMB Polarization and Gravitational Waves



**Blake Sherwin**  
Miller Fellow, UC Berkeley

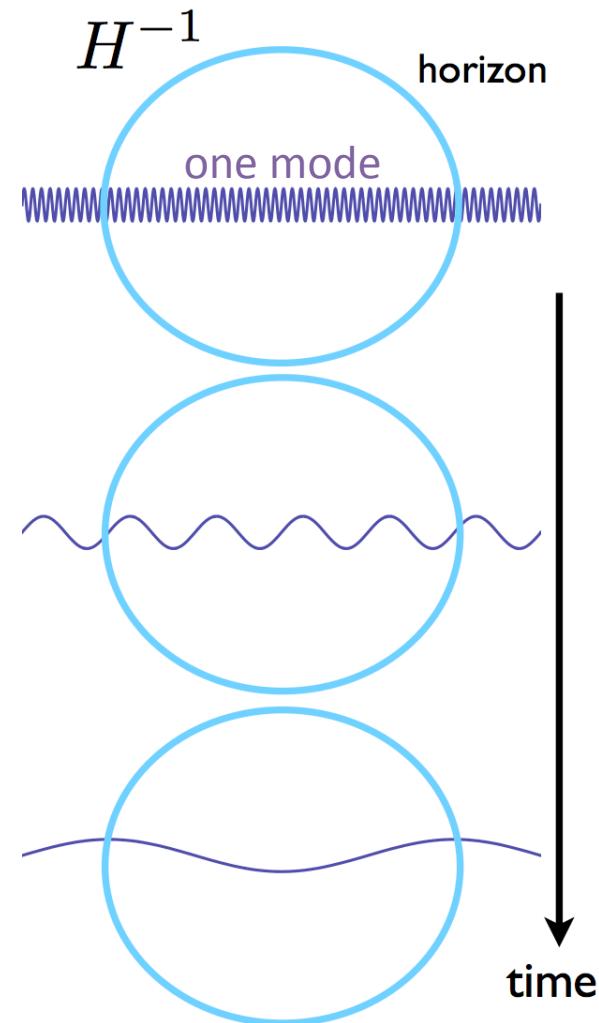
# Outline

- Inflation and gravitational waves
- CMB B-mode polarization: a powerful gravity wave probe
- Current status of the measurements
- Challenges and prospects for B-mode science in the next decade



# Inflation: Reminder

- Why is the universe smooth and flat on large scales, and yet has small initial density differences?
- Inflation: initial accelerated expansion of the universe, with shrinking comoving horizon
- Smooths universe and generates scalar density fluctuations from expanded quantum fluctuations (properties tested!)



# Inflation and Gravitational Waves

- Also grav. waves! Action for gravitational wave strain:

$$S_h = \frac{1}{4} \int dt \int d^3x a^3 M_{\text{Pl}}^{-2} \left[ (1/2) (\dot{h}_{ij})^2 - \frac{1}{2a^2} (\partial_k h_{ij})^2 \right]$$



quantize: stochastic GW background with scale invariant power  $\Delta_h^2(k)$

- Tensor-to-scalar ratio  $r$  tells us about energy of inflation!!!

$$r \equiv \frac{\Delta_h^2}{\Delta_{\mathcal{R}}^2} = 16\epsilon \simeq 0.1 \left( \frac{V}{[2 \times 10^{16} \text{ GeV}]^4} \right)$$

energy scale of inflation

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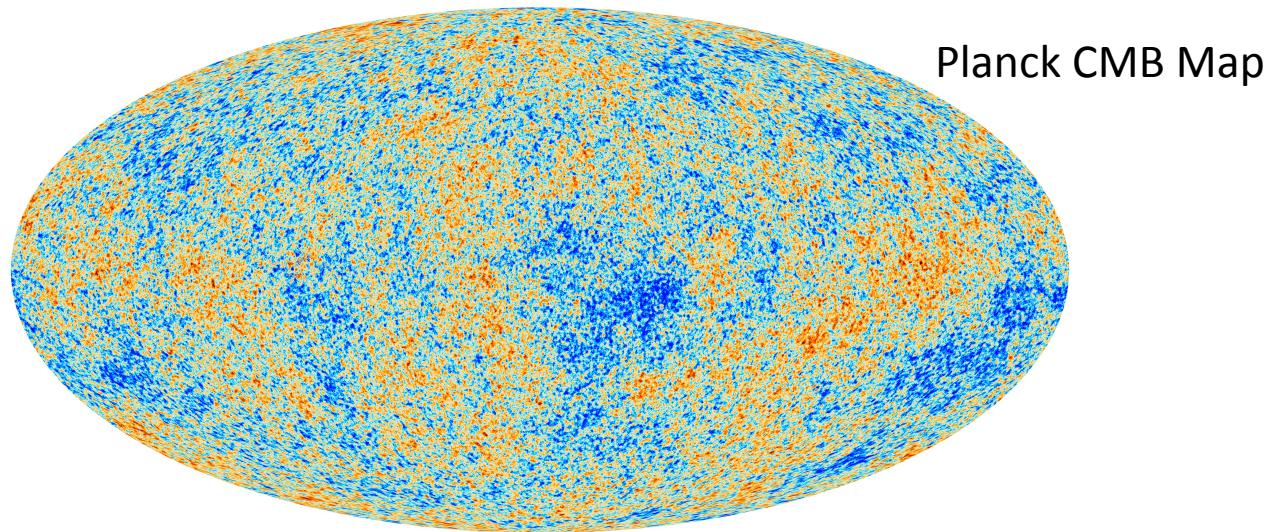
energy scale of inflation

- **Detect inflationary gravity waves to confirm inflation and measure its energy**

[NB:  $r > 0.001$  important threshold, ruling this out will exclude many models]

# The CMB

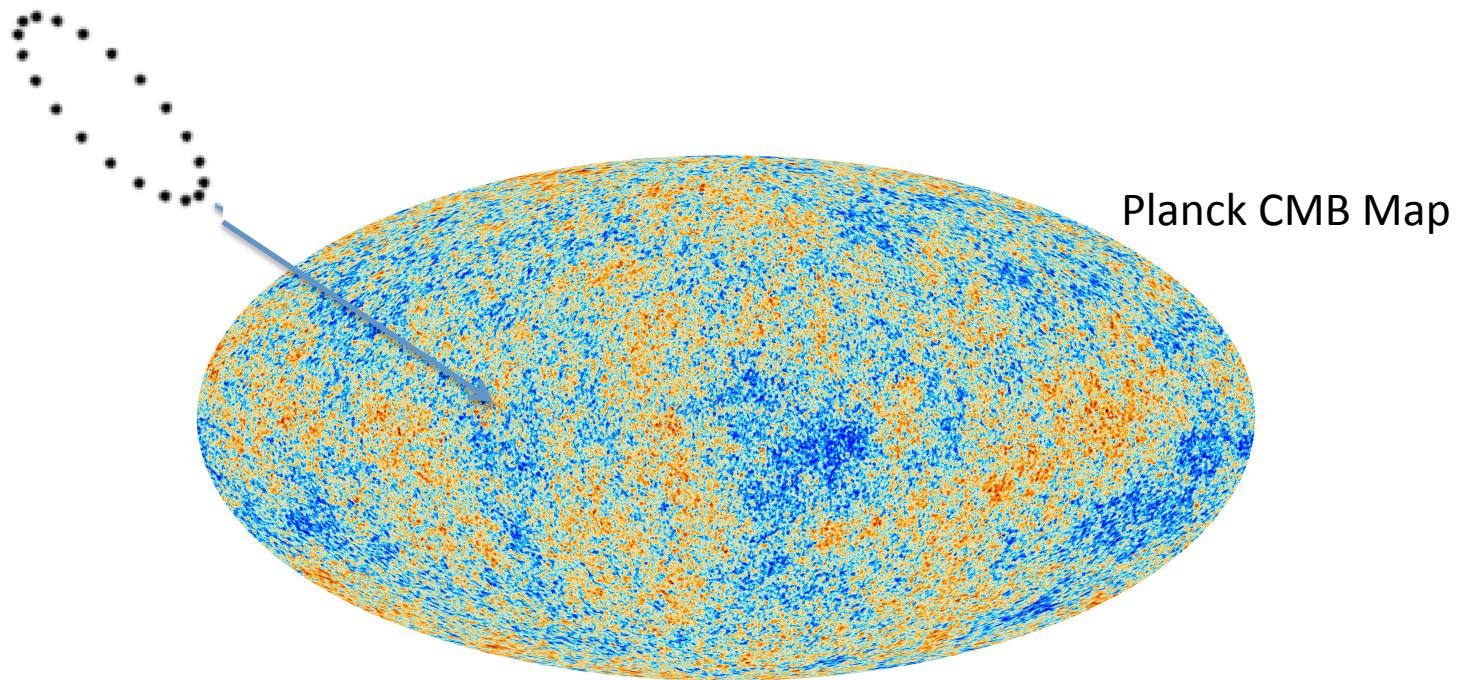
- Best current way to see these inflationary gravity waves: CMB
- Standard hot big bang picture: very early on, universe was permeated by hot and dense baryon/photon plasma
- CMB hot and cold spots arise from over- and underdensity in the photon/baryon plasma (+ potential etc.)



fluctuations in 2.73 K blackbody radiation

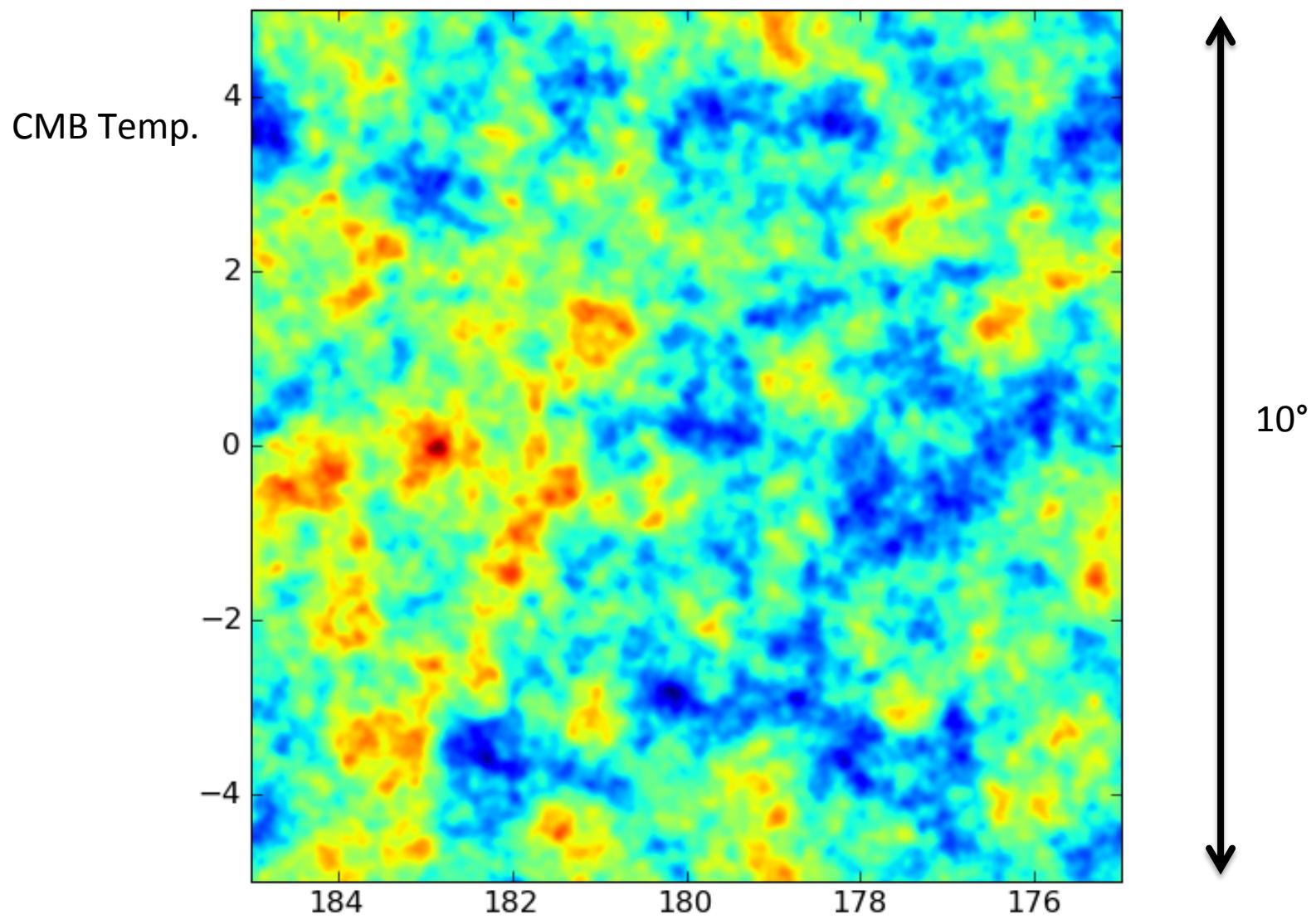
# The CMB and Gravitational Waves

- CMB hot and cold spots arise from over- and underdensity in the photon/baryon plasma (+ potential etc.)
- Gravitational waves also cause this and induce CMB patterns



fluctuations in 2.73 K blackbody radiation

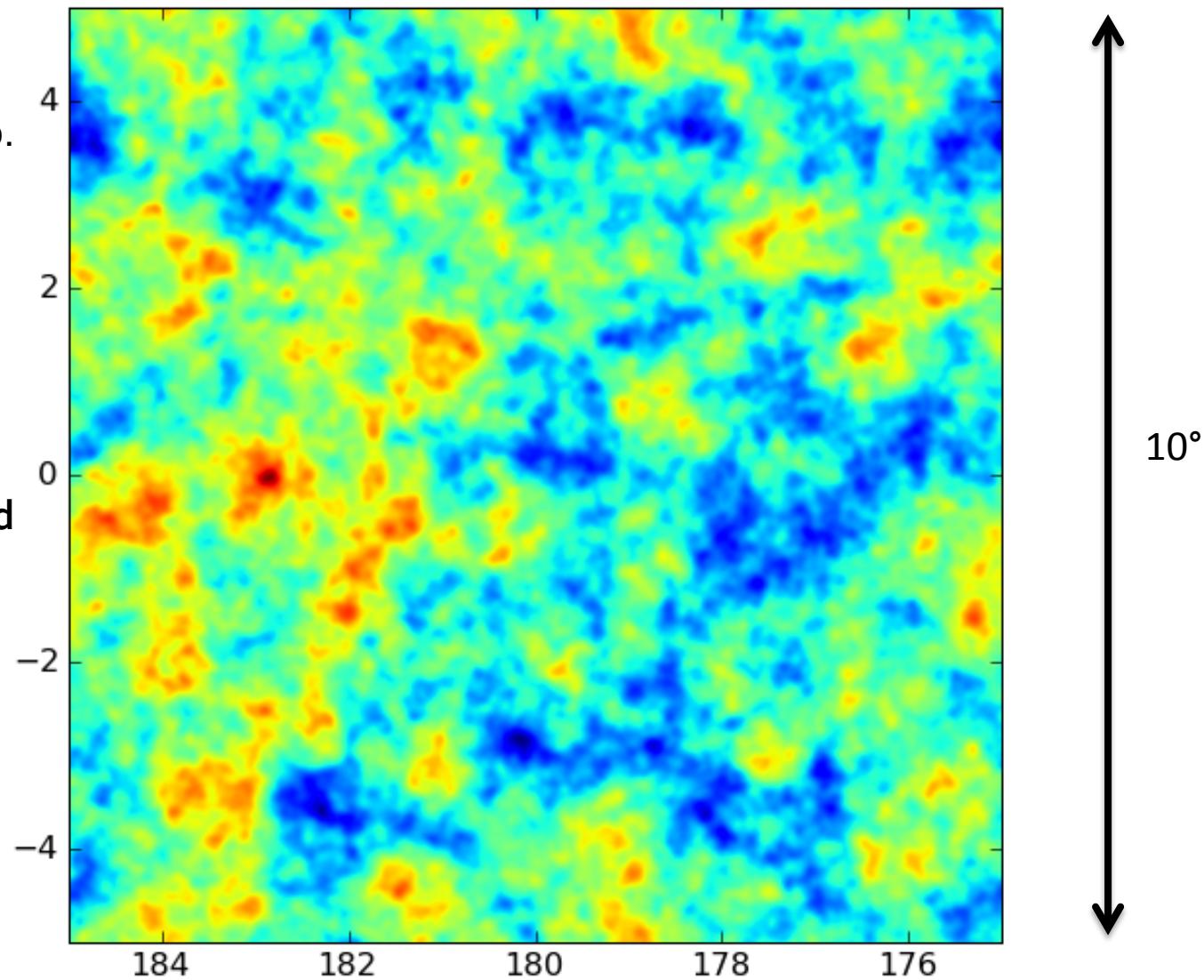
# CMB temperature with no $r$



# CMB temperature with very small $r$

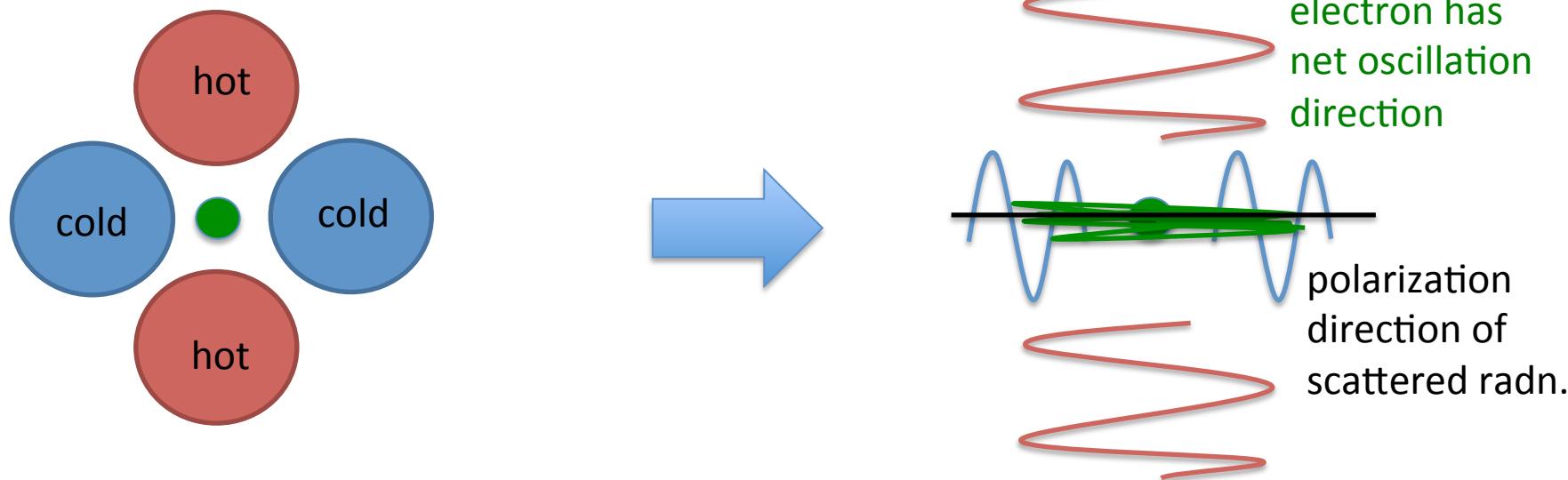
CMB Temp.  
(cartoon  
picture)

difficult to find  
 $r$  due to  
confusion  
and cosmic  
variance  
from scalar  
density  
perturbations



# The CMB Is Polarized by Anisotropic Scattering

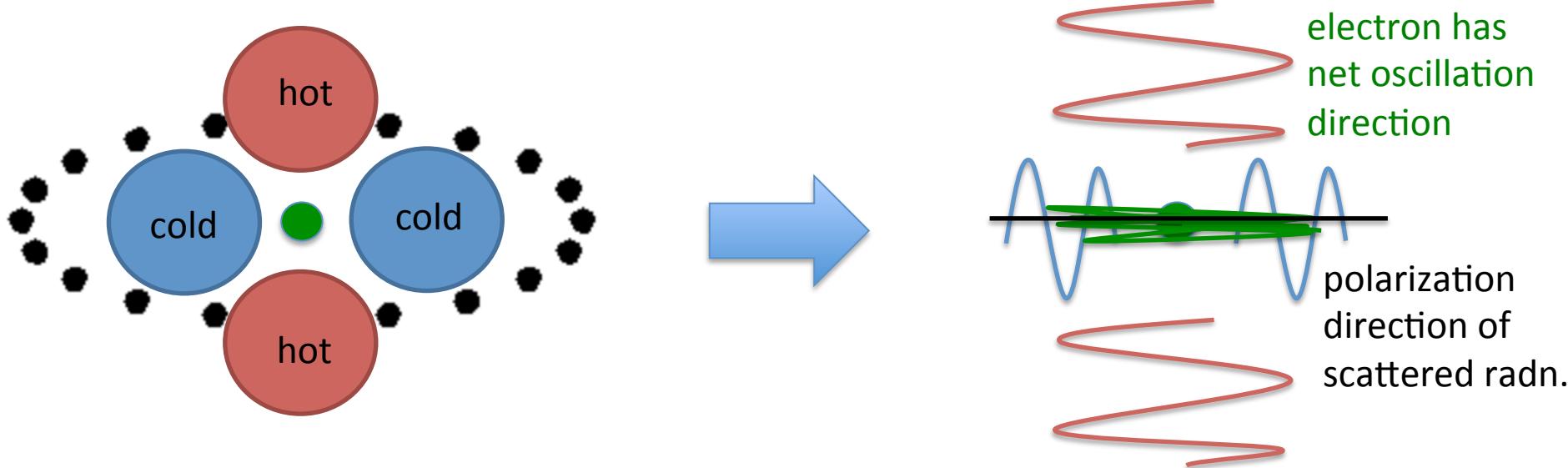
- Consider looking at an electron at the last scattering surface



- Direction in which electron is “seen” to oscillate gives direction of polarization of scattered radiation (perpendicular to hot direction)
- Hence, have net linear polarization if an electron sees a quadrupolar temperature variation

# The CMB Is Polarized by Anisotropic Scattering

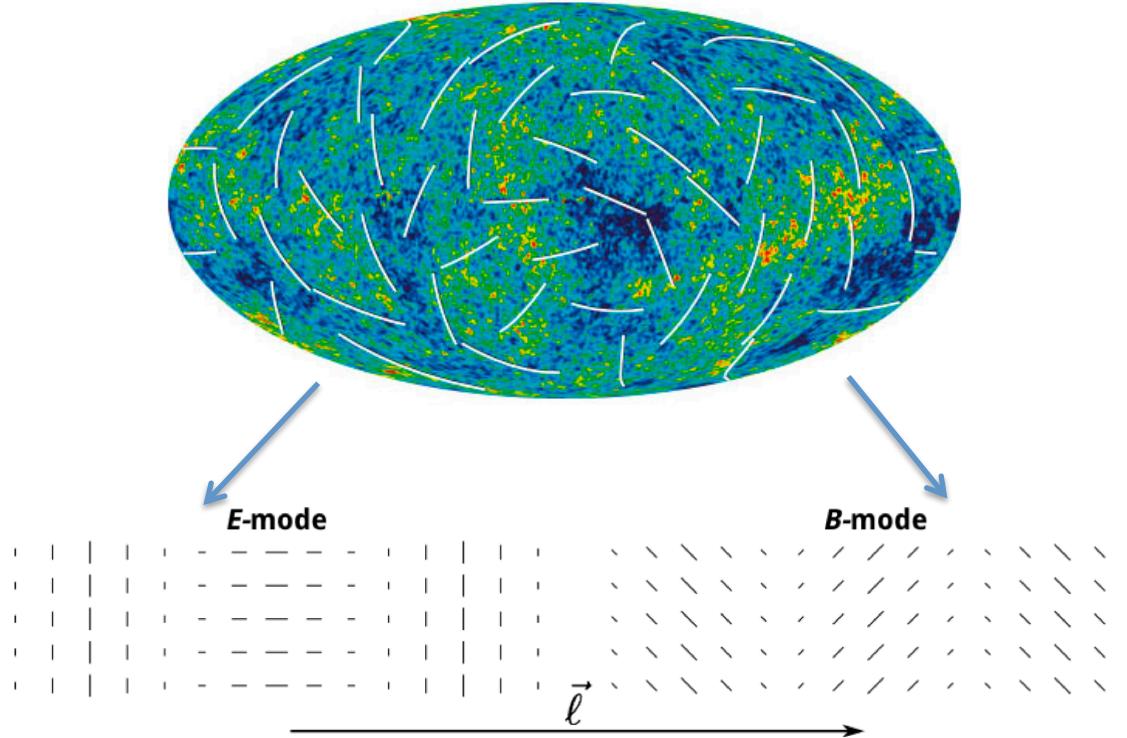
- Consider looking at an electron at the last scattering surface



- Direction in which electron is “seen” to oscillate gives direction of polarization of scattered radiation (perpendicular to hot direction)
- Hence, have net linear polarization if an electron sees a quadrupolar temperature variation e.g. from gravitational waves

# CMB Polarization Anisotropies

- The CMB radiation is partially linearly polarized at the 10% level

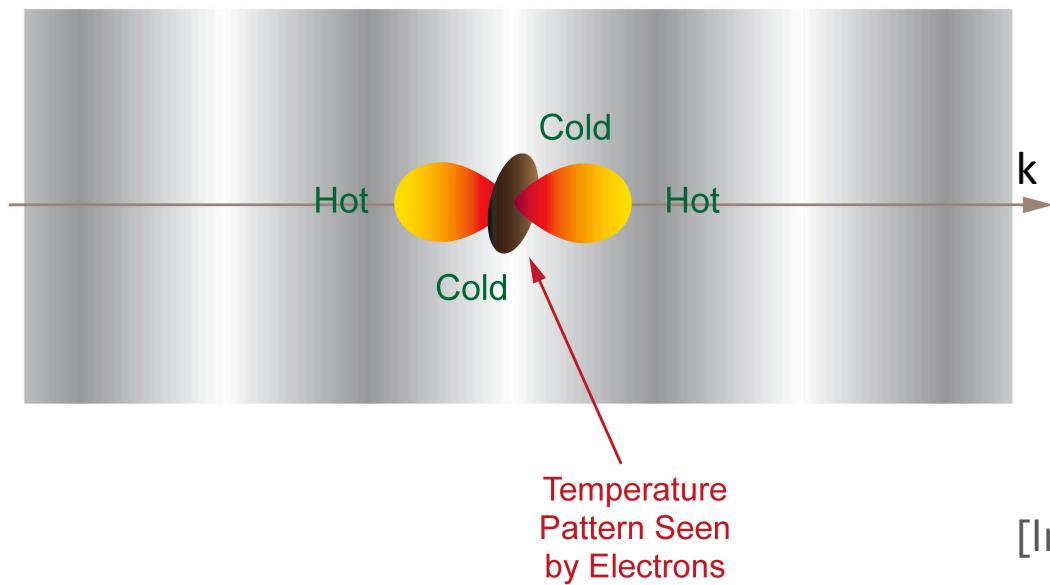


- Can decompose the polarization field into E (gradient-like) and B mode (curl-like) maps.
- Characteristic of E: polarization either parallel or perpendicular to the direction in which magnitude of polarization is changing. B: polarization at 45 degrees to this direction.

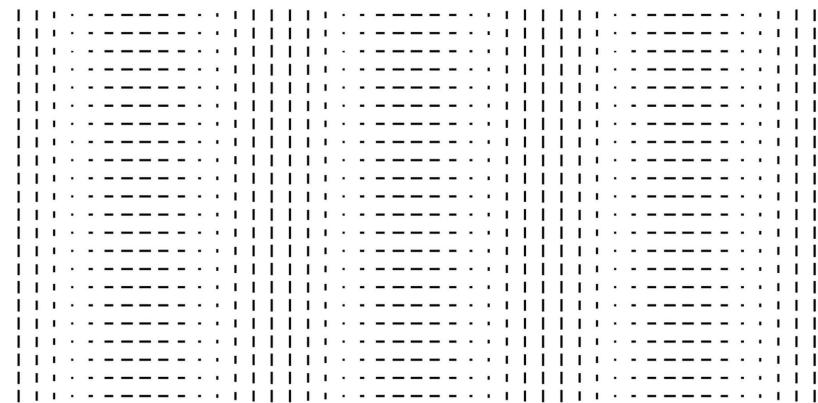
# Scalar Perturbations: Only E, no B!

- Scalar density fluctuations can cause quadrupolar brightness fluctuations at last scatter -> polarization
- But: only E modes generated! To see this, consider one density wave on the last scattering surface
- By symmetry, see polarization must be parallel or perpendicular to  $\mathbf{k}$  – characteristic of E

Density Wave



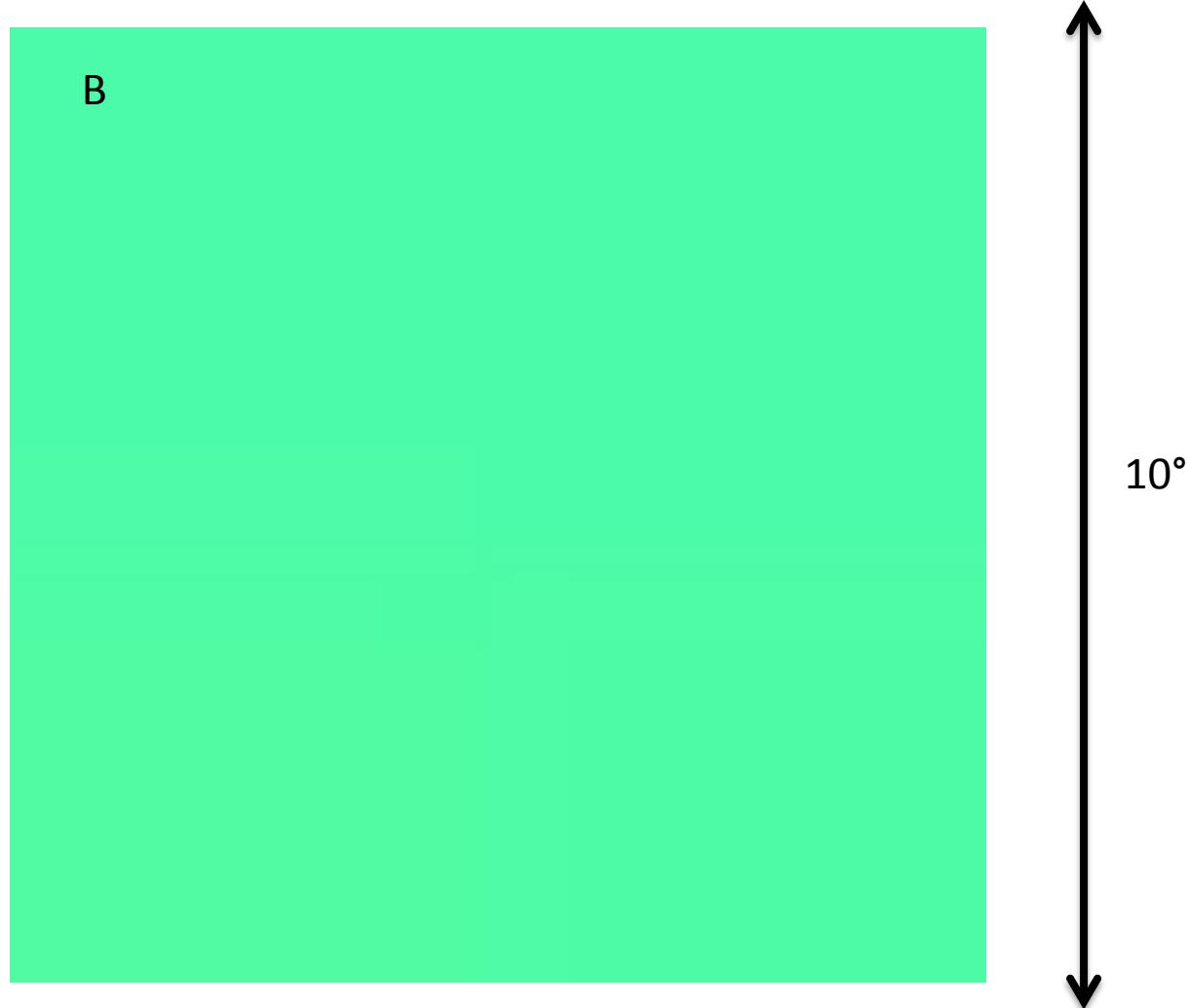
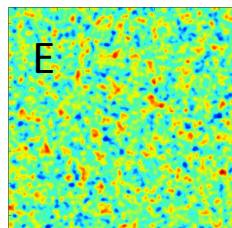
E-Mode Polarization Pattern



[Image credit: BICEP-2 collaboration] 13

# CMB B polarization\* with $r = 0$

Construct B-mode polarization:  
no leading order signal from scalar density perturbations!

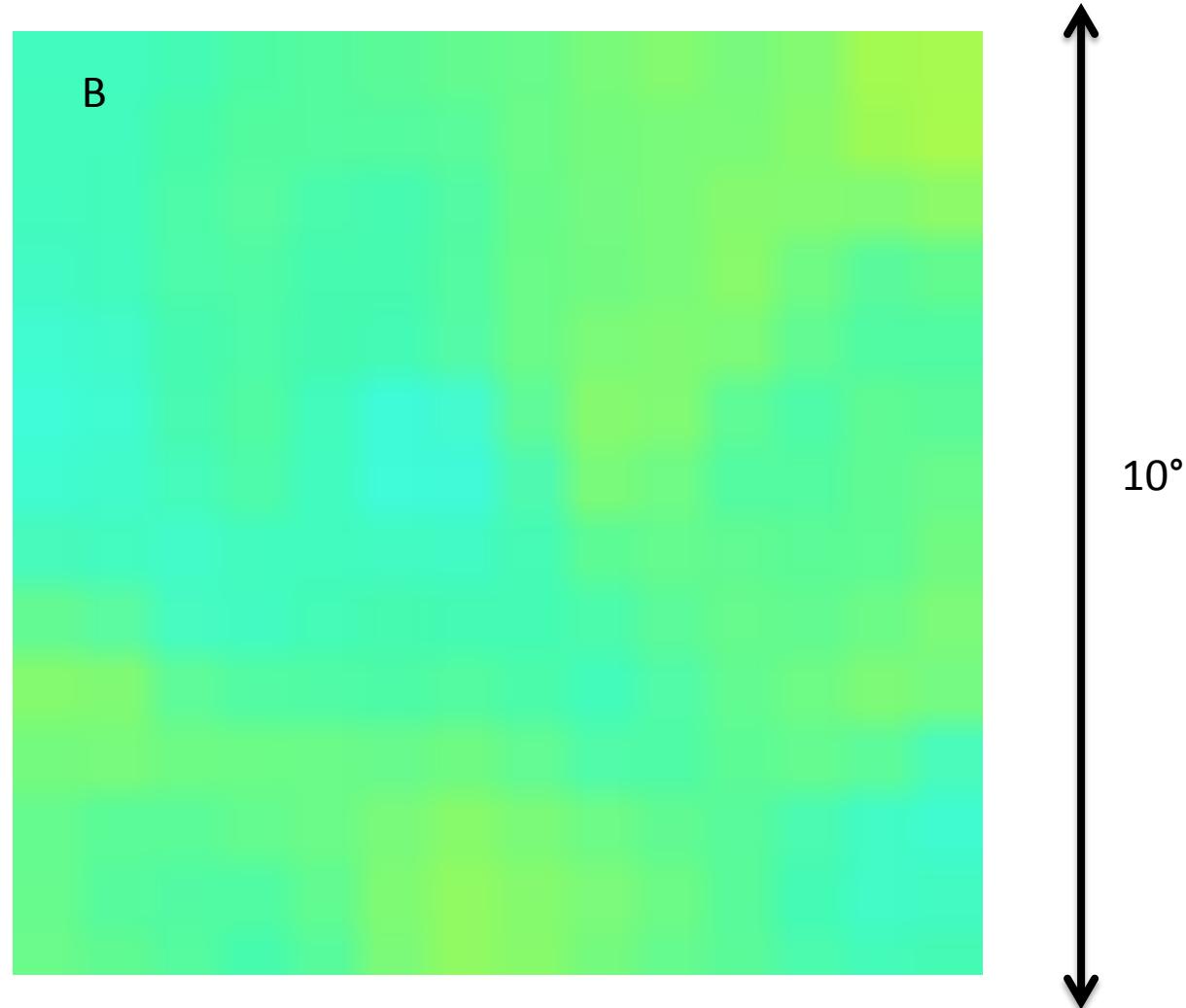
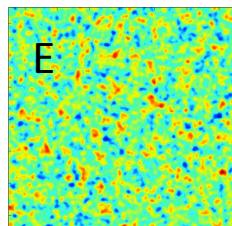


\*ignoring lensing for now

# CMB B polarization\* with $r>0$

See  $r$  clearly as there is no background variance from normal (scalar) density perturbations

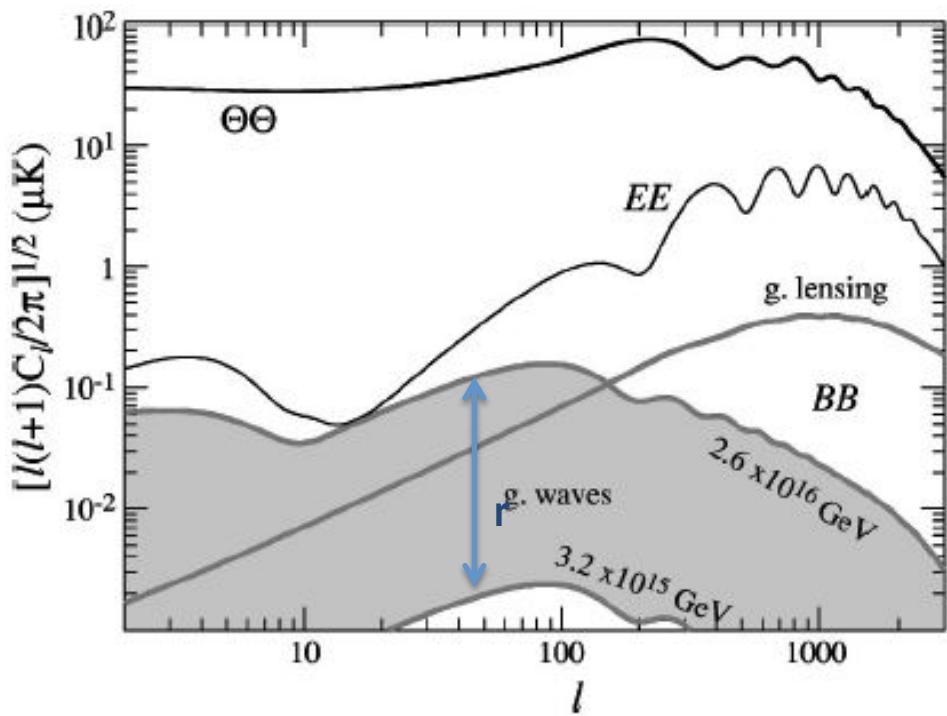
B-modes are a “null channel”



\*ignoring lensing for now

# The B-mode Power Spectrum

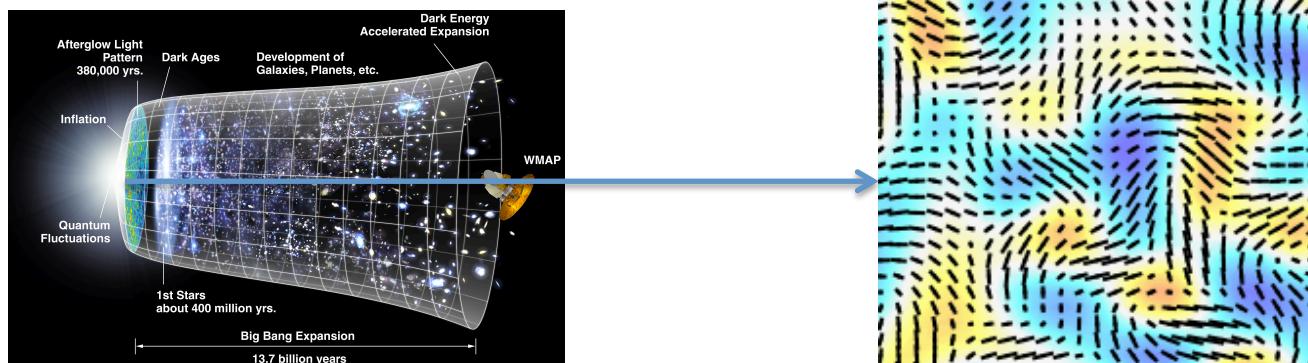
- Temperature and E-mode polarization are also sourced by large scalar density fluctuations – hard to disentangle  $r$
- B-mode polarization is a “null channel”: **only\* see inflationary gravitational waves with little confusion**



**Want to measure or constrain B-mode power and  $r$ !**

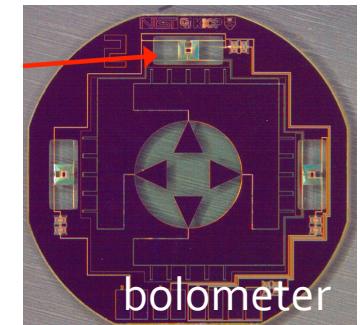
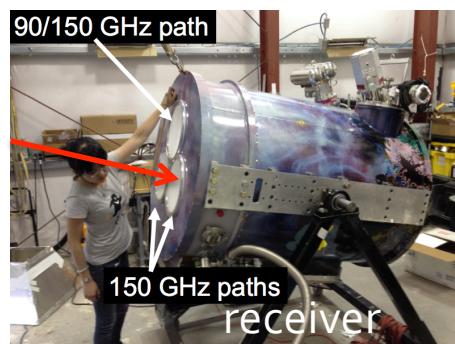
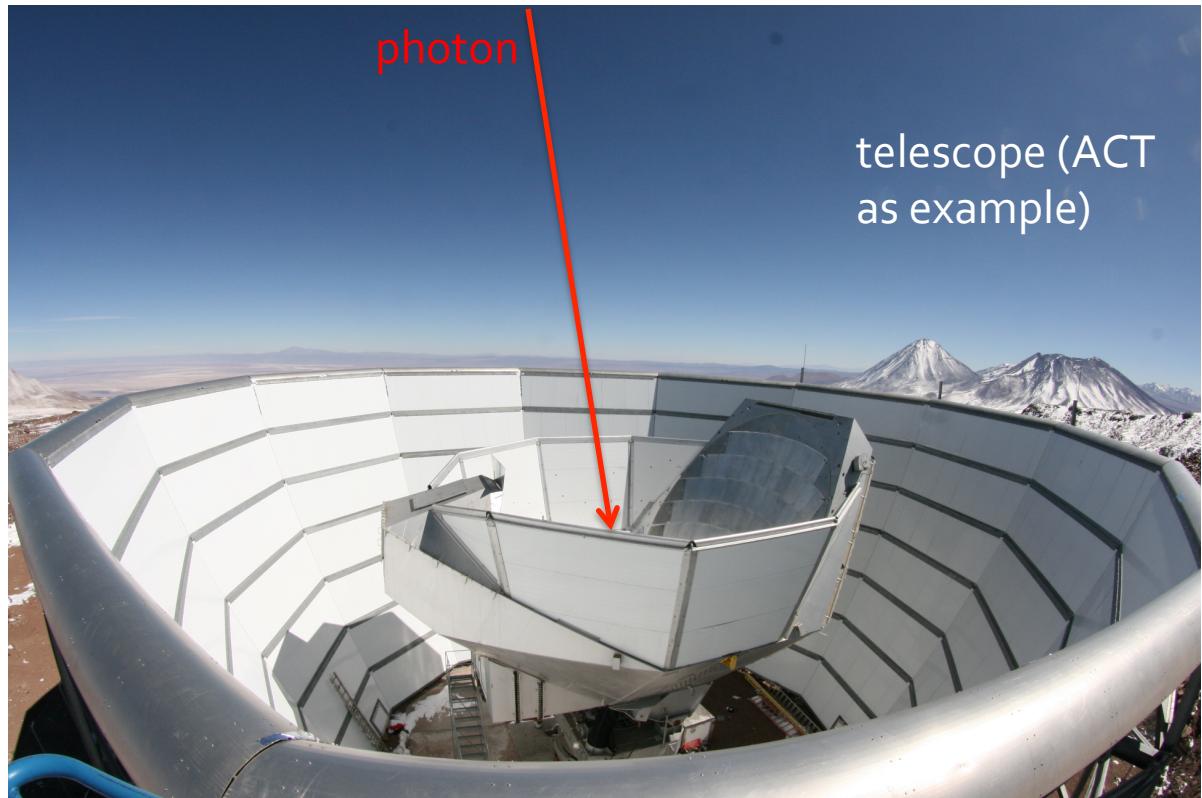
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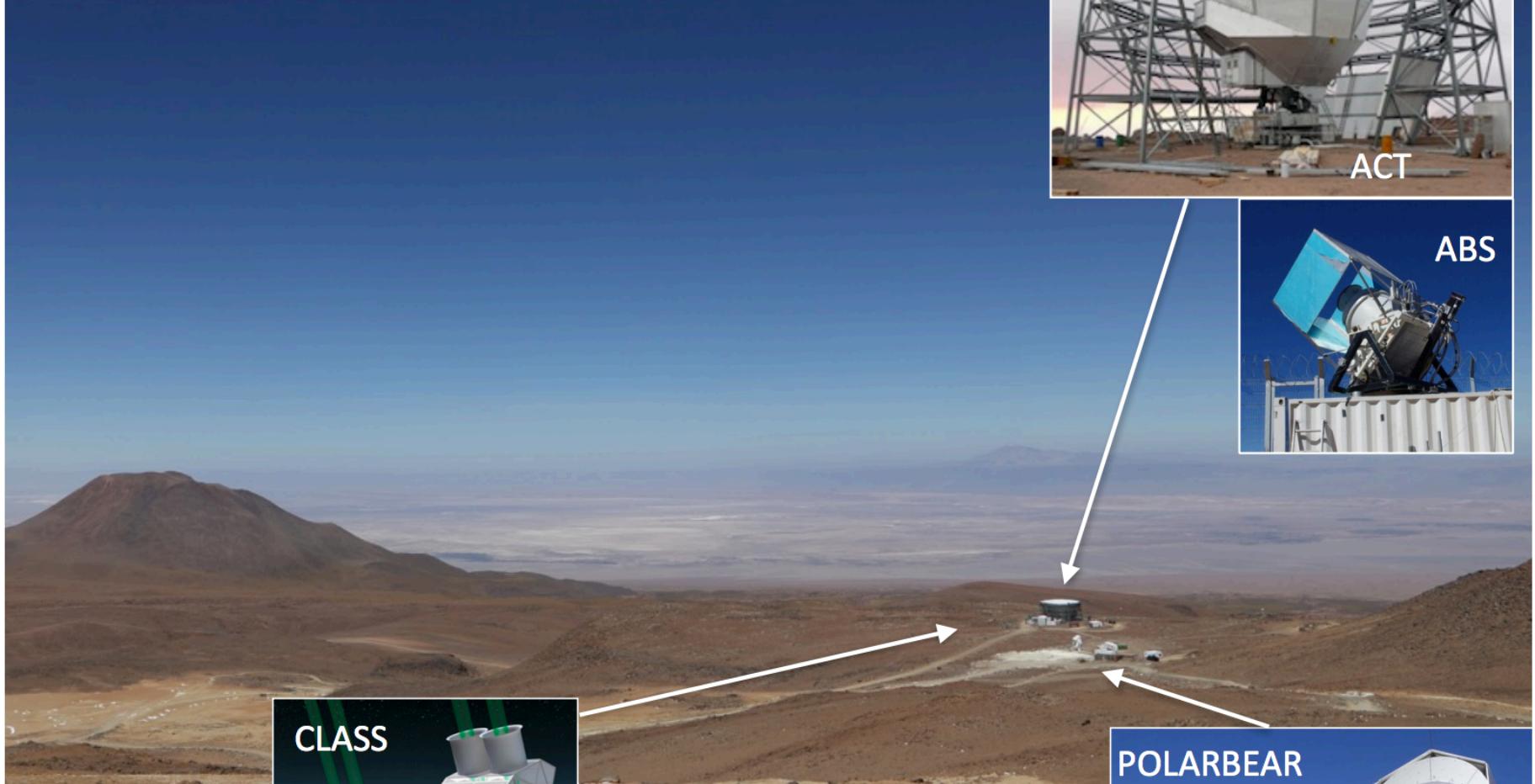


# Measuring Polarization: CMB Telescopes

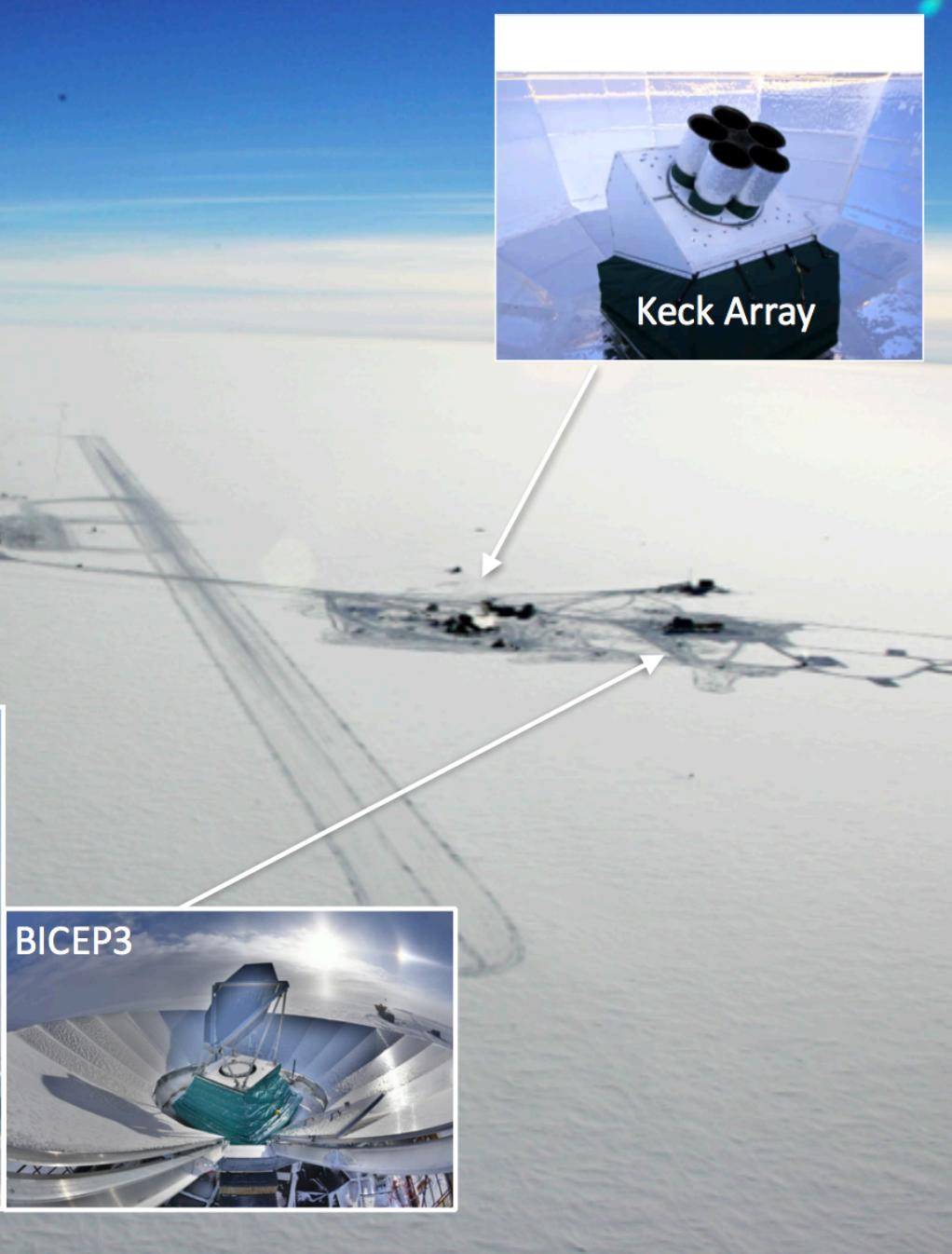
- Polarization-sensitive receivers containing large number of TES bolometers
- Located at high-and-dry sites



# Atacama



# South Pole

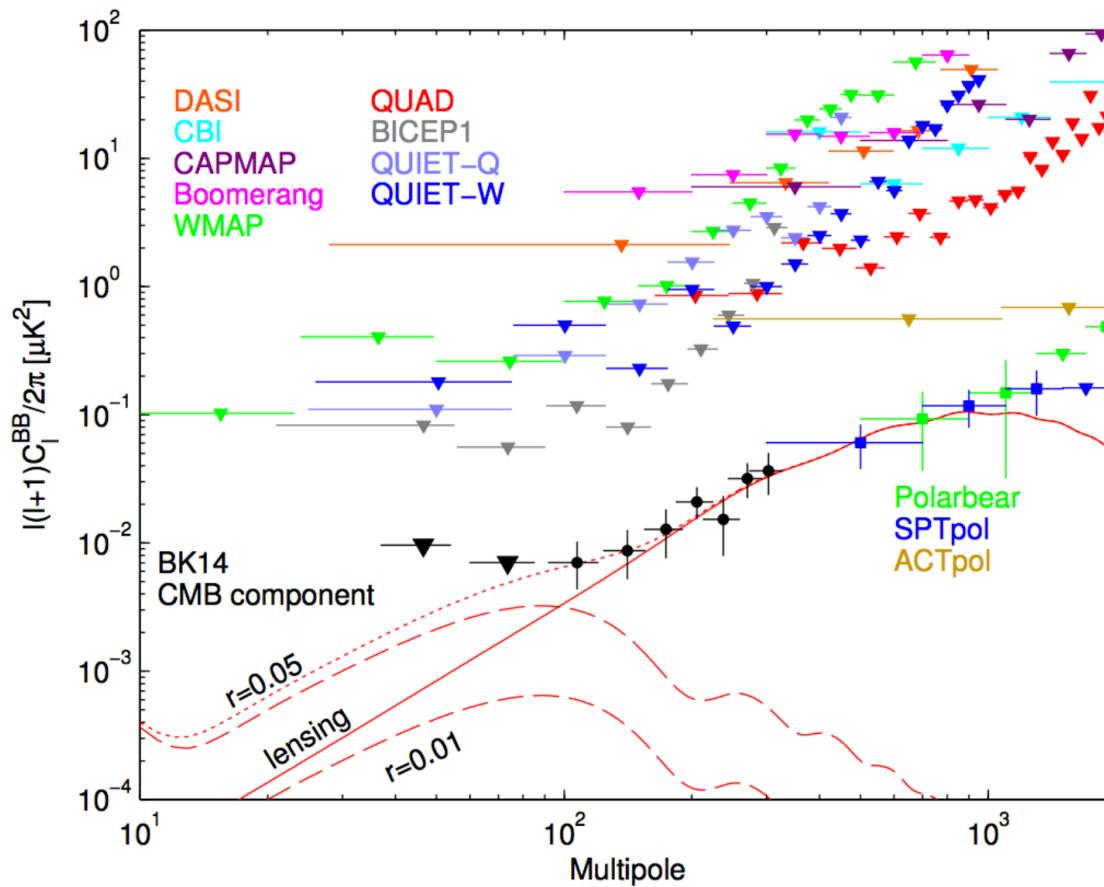


# Ongoing and Upcoming CMB Experiments

- High-resolution
  - ACTPol [[>AdvACT](#)]
  - Polarbear [[>SimonsArray](#)]
  - SPTPol [[>SPT3G](#)]
- Large-scale polarization (B-modes)
  - BICEP2/KeckArray [[>BICEP3](#)]
  - ABS, SPIDER, CLASS....
- All to merge to form **CMB Stage-IV**  
(also, satellites like LiteBIRD)



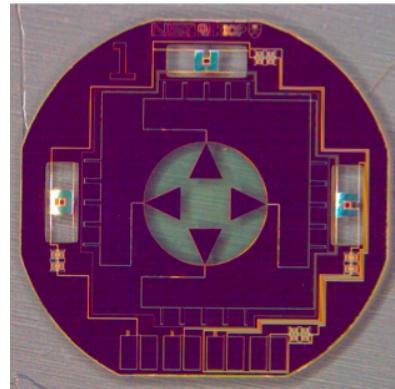
# Current State of the Field



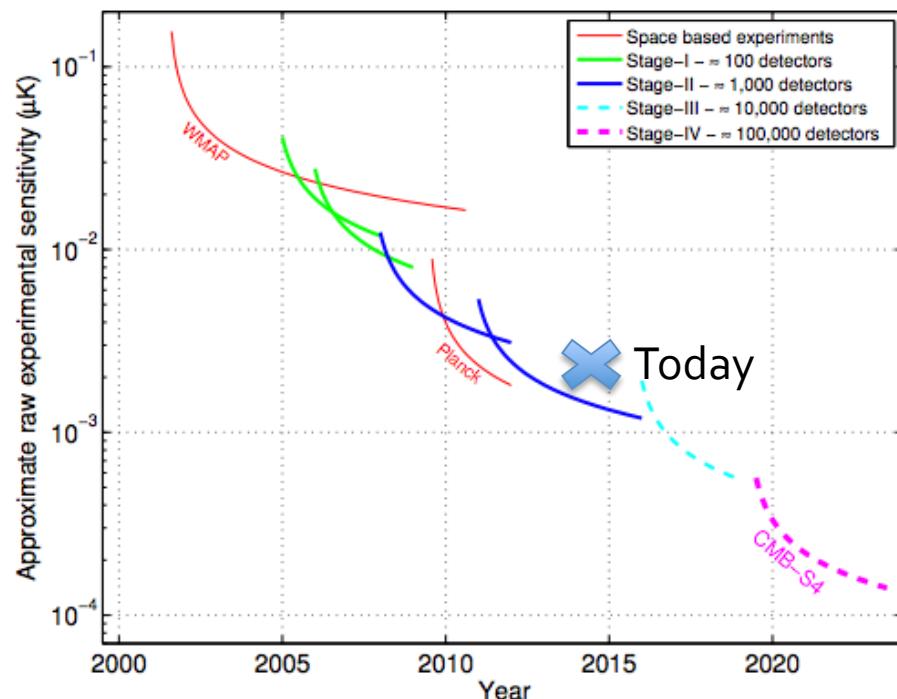
- Upper limit only:  $r < 0.09$  at 95% confidence – BICEP/Keck 2015
- Want to progress by at least 2 orders of magnitude to rule out  $r \sim 0.001$  – challenges?

# Challenge I – Experiment Sensitivity (+Systematics)

- Need lower noise to measure very small  $r$
- TES bolometers – detectors photon shot noise limited
- **Solution: increase numbers!**
- described in stages with more detectors/ lower noise

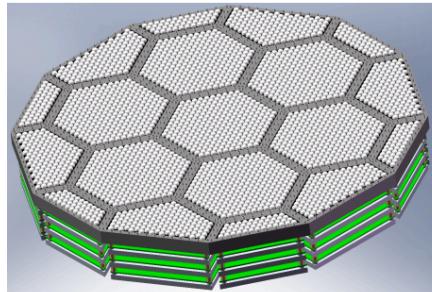


ACTPol/SPTpol  
detector

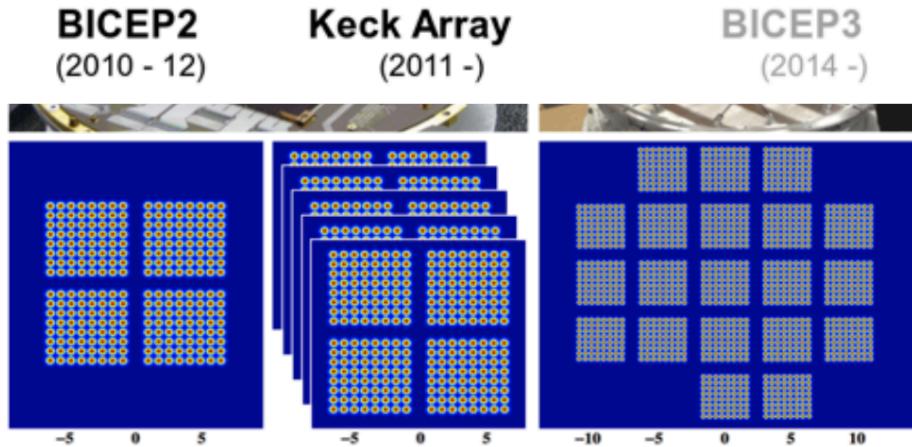
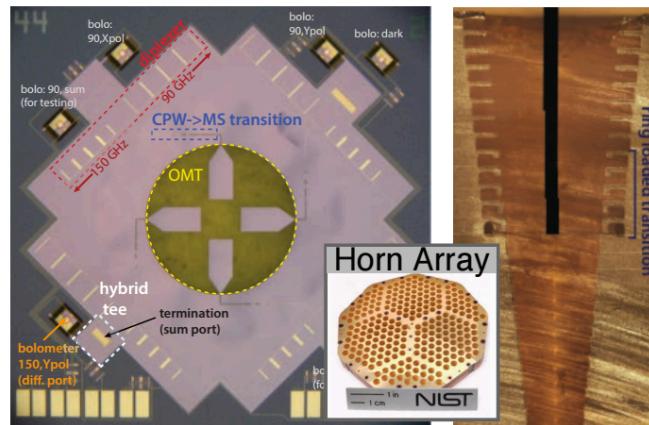


# Challenge I – Experiment Sensitivity

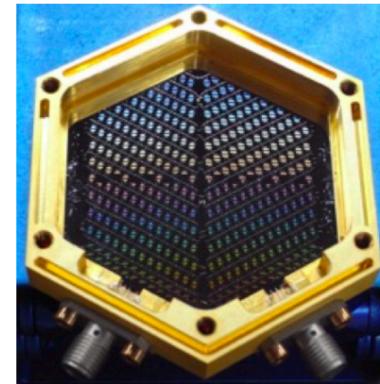
Technology development



SPT-3G focal plane design

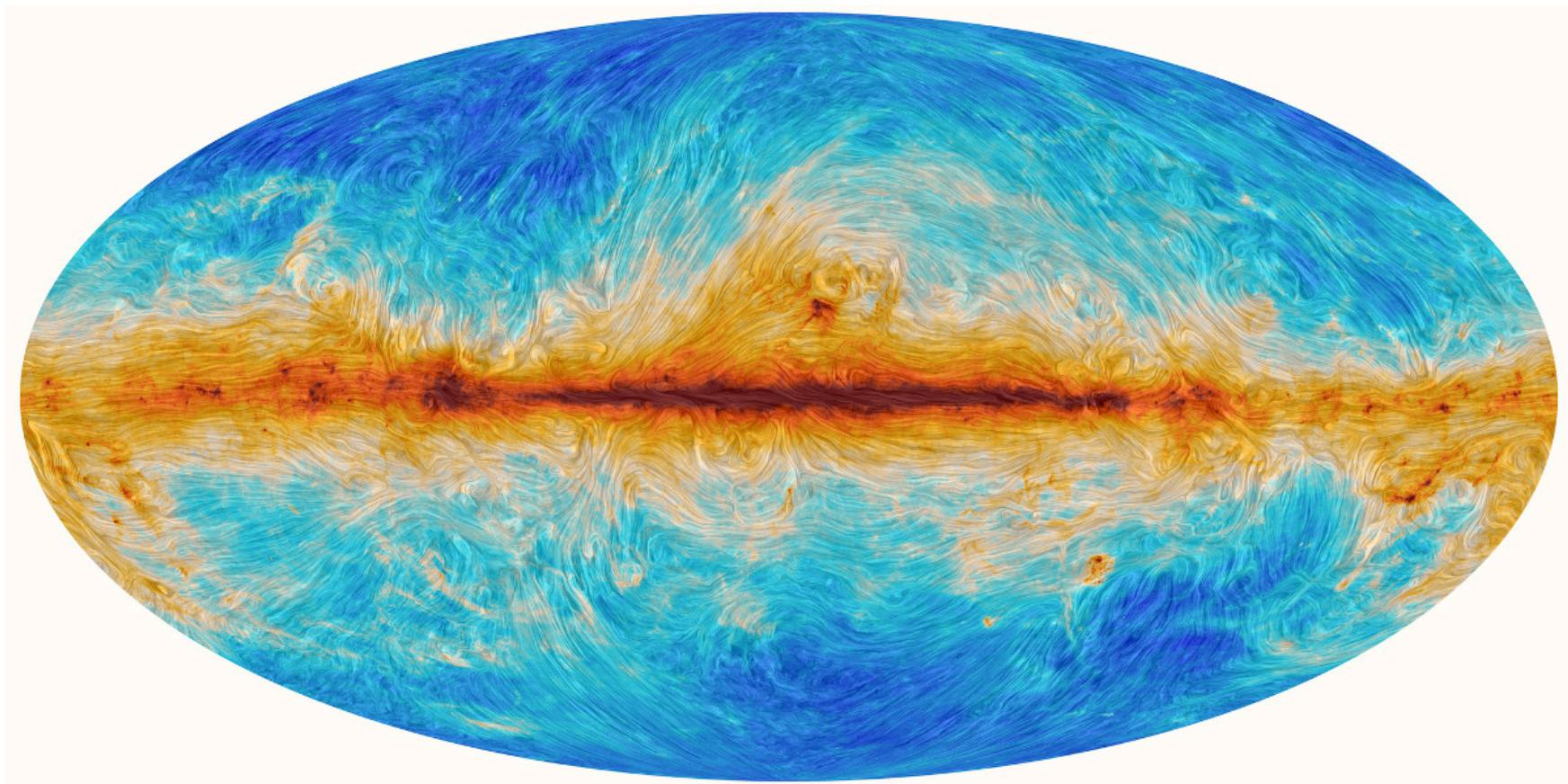


More detectors (+ more telescopes)  
Multichroic TES detectors, KIDS detectors  
Efficient throughput with broadband lens coatings



# Challenge II - Foregrounds

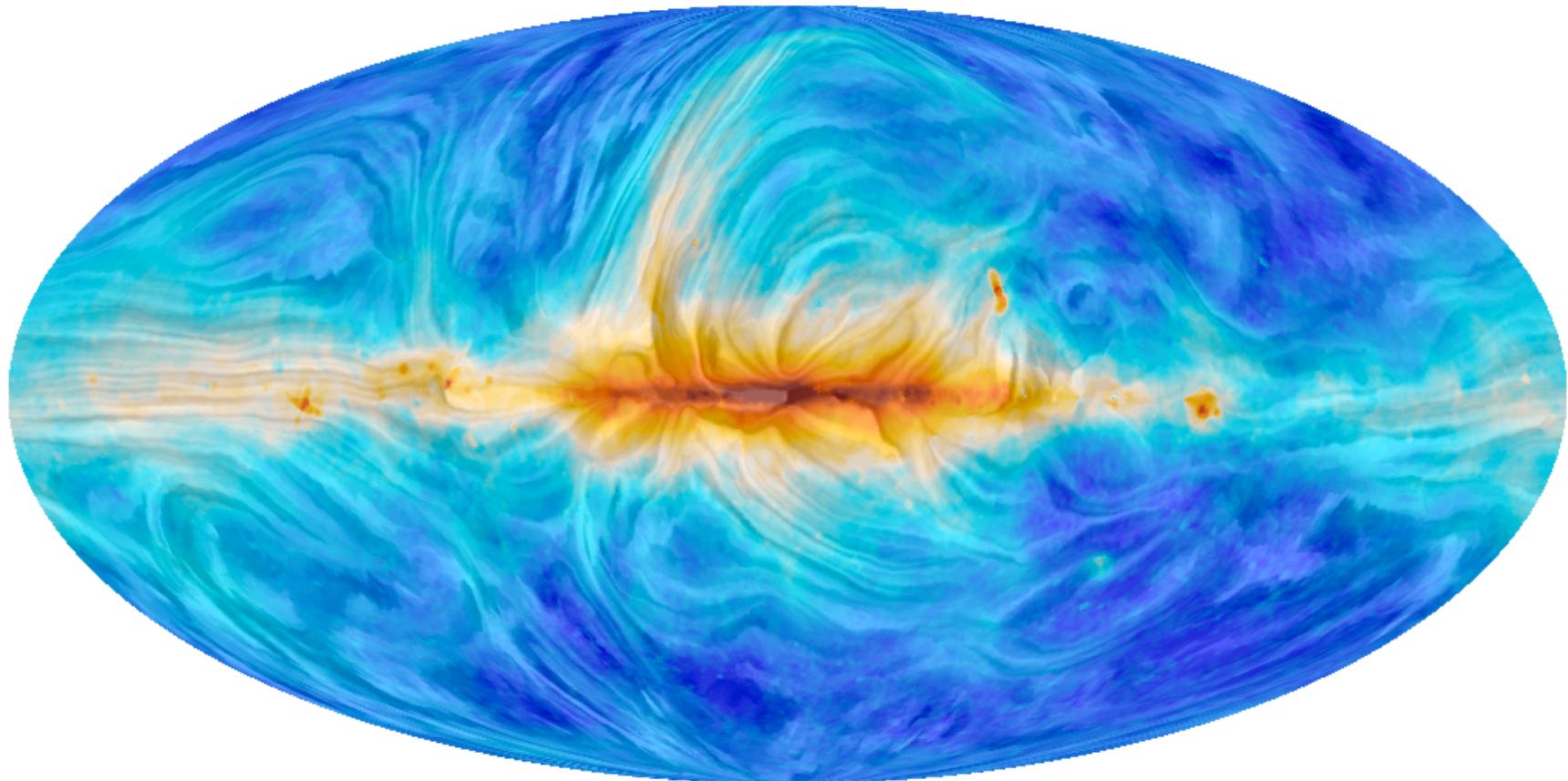
- Galactic emission also sources B-mode polarization.



Dust Polarization (Planck)

# Challenge II - Foregrounds

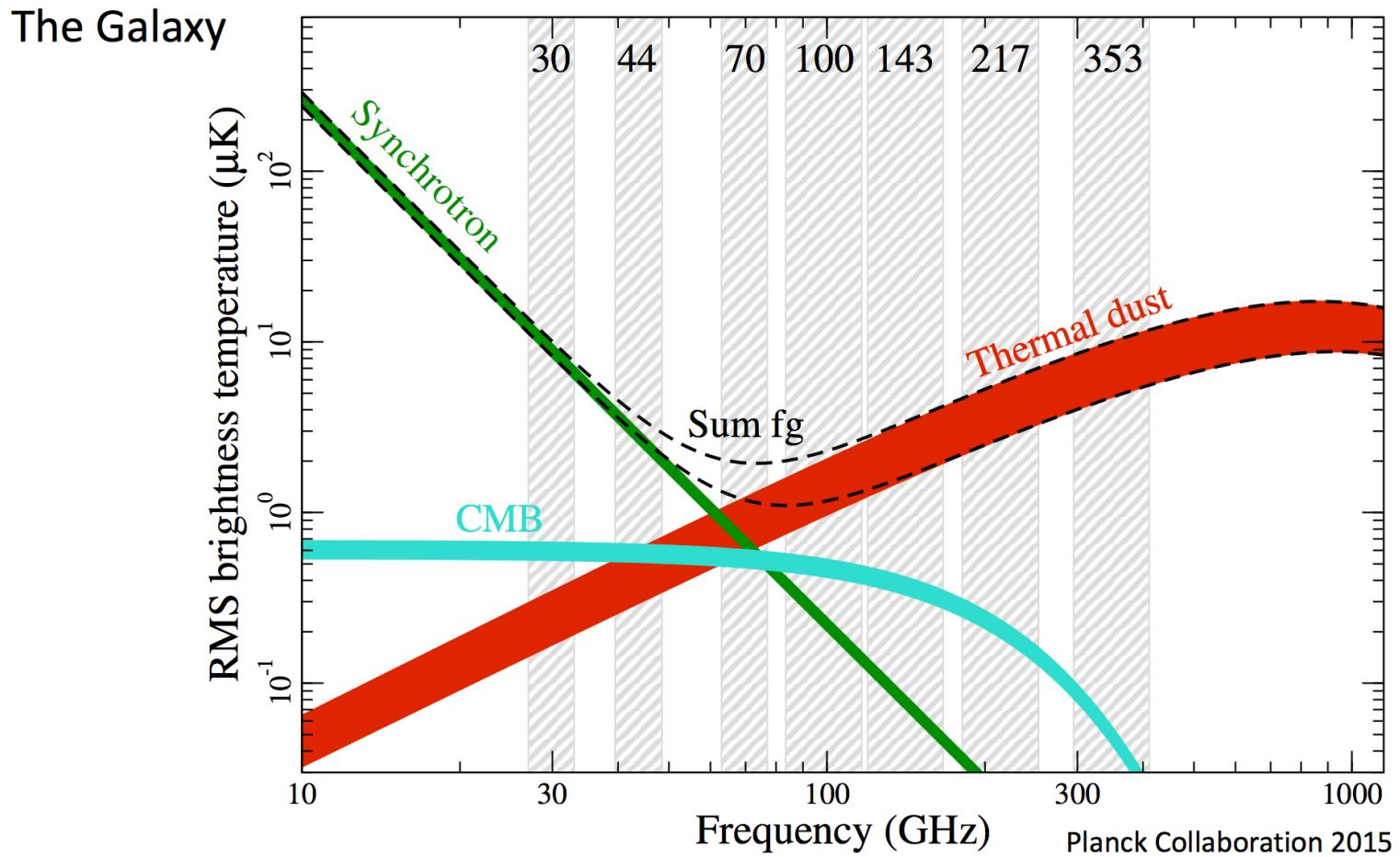
- Galactic emission also sources B-mode polarization.



Synchrotron Polarization

# Challenge II - Foregrounds

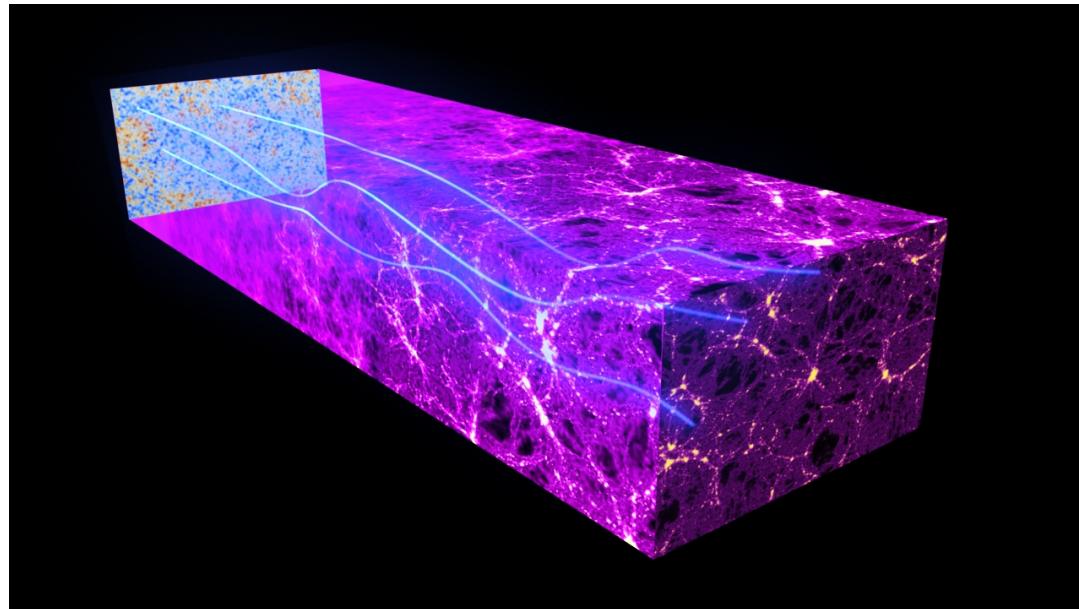
- Galactic emission also sources B-mode polarization.
- BICEP-2 lesson: need multifrequency data for any detection



# Foregrounds: Solution?

- True B-mode signal has a 2.73K blackbody spectrum.
- Foregrounds have different frequency dependence
- **Can use multifrequency observations** to separate signal from foregrounds (can also test for isotropy and Gaussianity)
- But: challenges in modeling foreground frequency scaling for high-precision subtraction (how complex are foregrounds?)

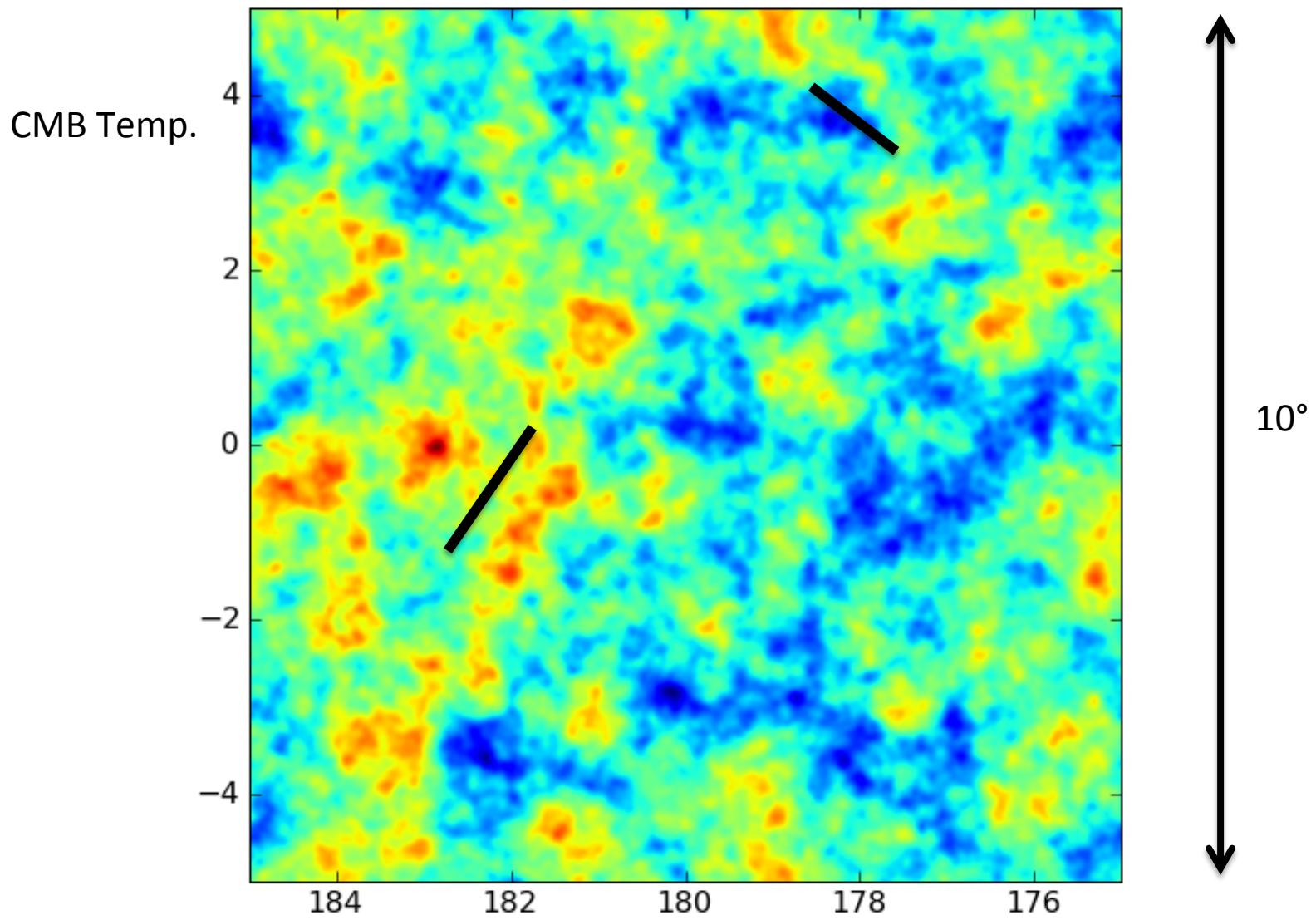
# Challenge II - CMB Lensing



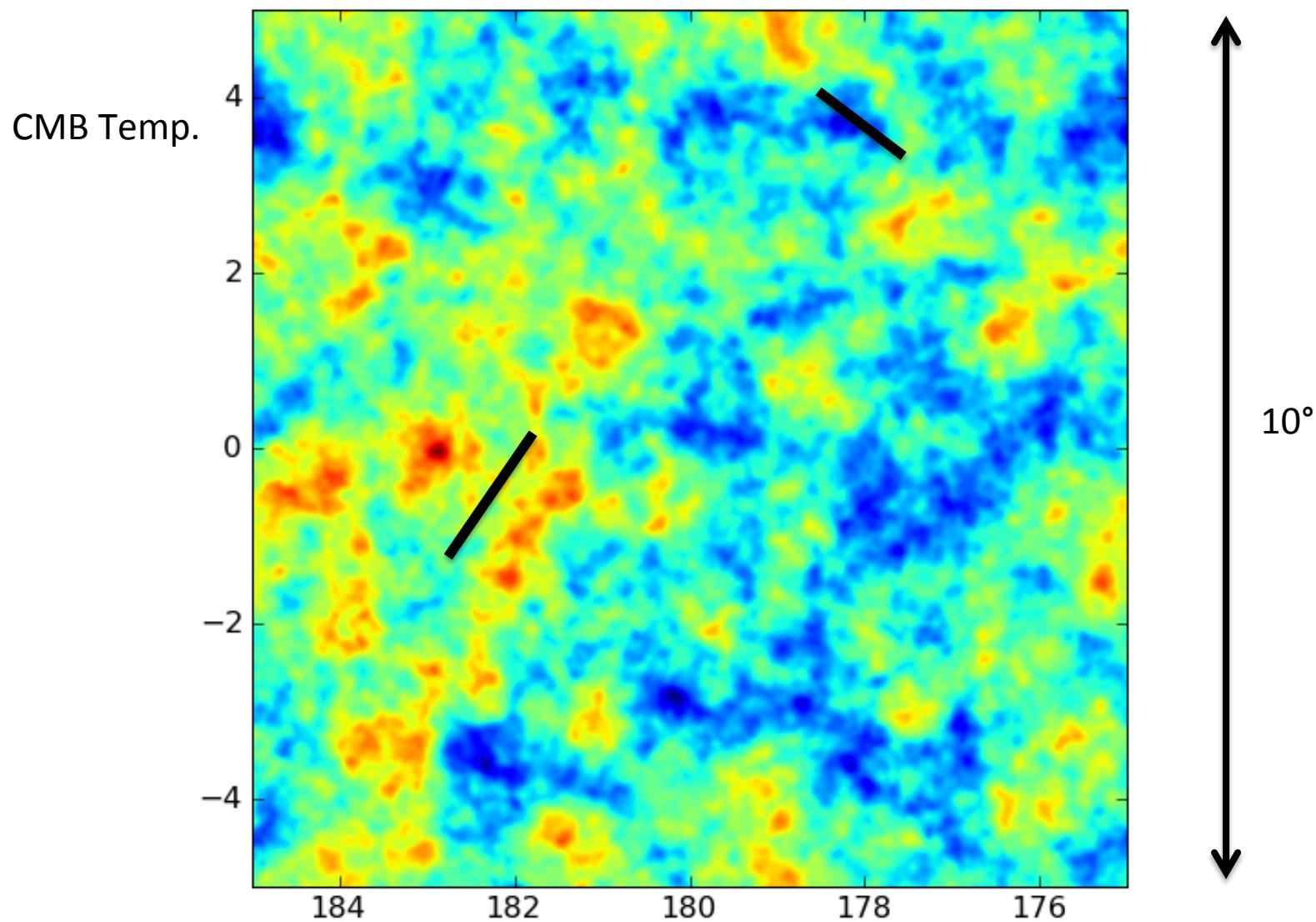
- Cosmic Microwave Background (CMB) photons are gravitationally lensed by large scale mass distribution
- Many small deflections remap the CMB, define deflection  $d$
- Converts some E-modes into small scale lensing B-modes!

$$B(\mathbf{l}) \sim \int d\mathbf{l}' f(\mathbf{l}') E(\mathbf{l}') \mathbf{d}(\mathbf{l} - \mathbf{l}')$$

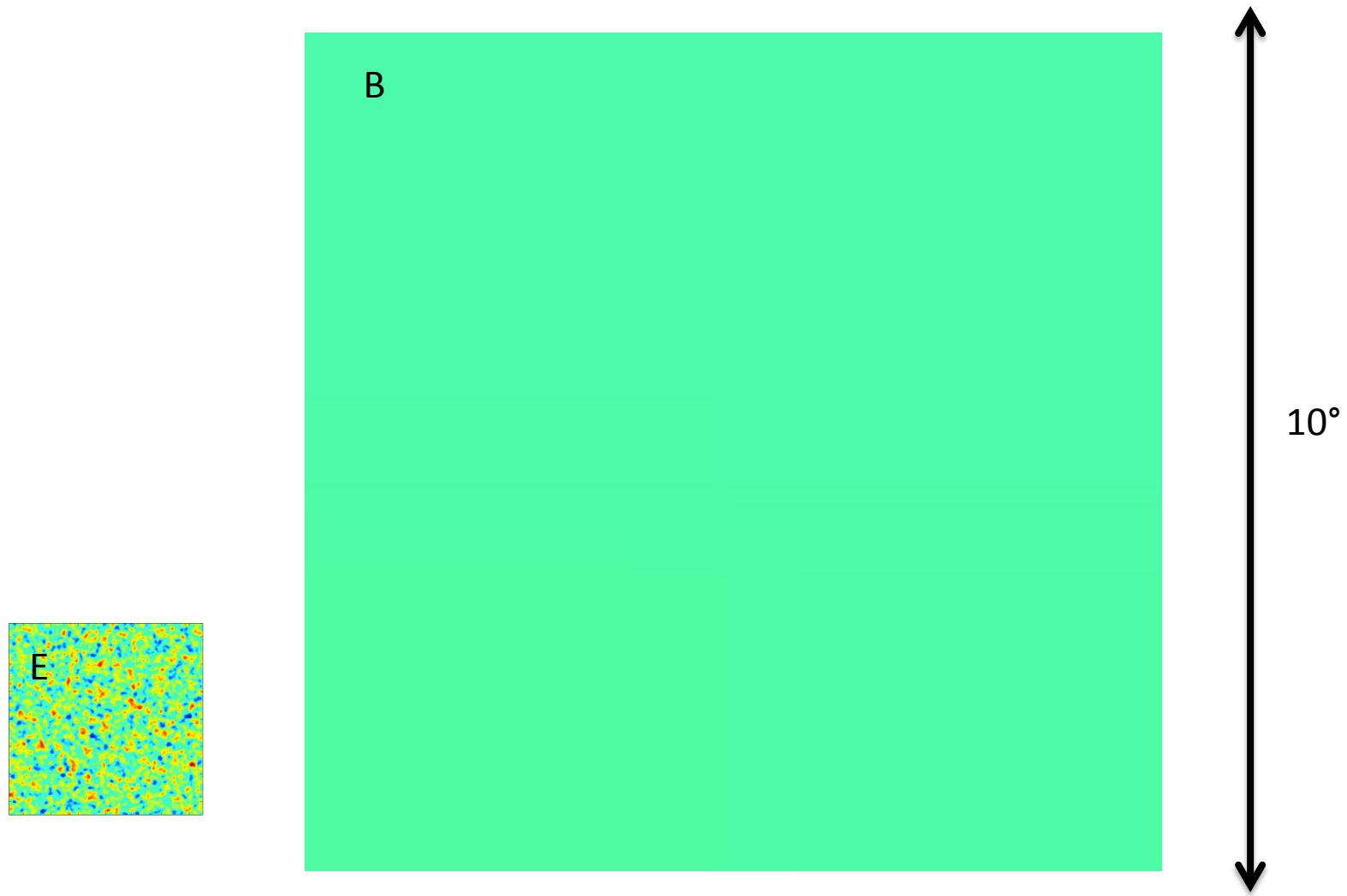
# Unlensed CMB



# Lensed CMB

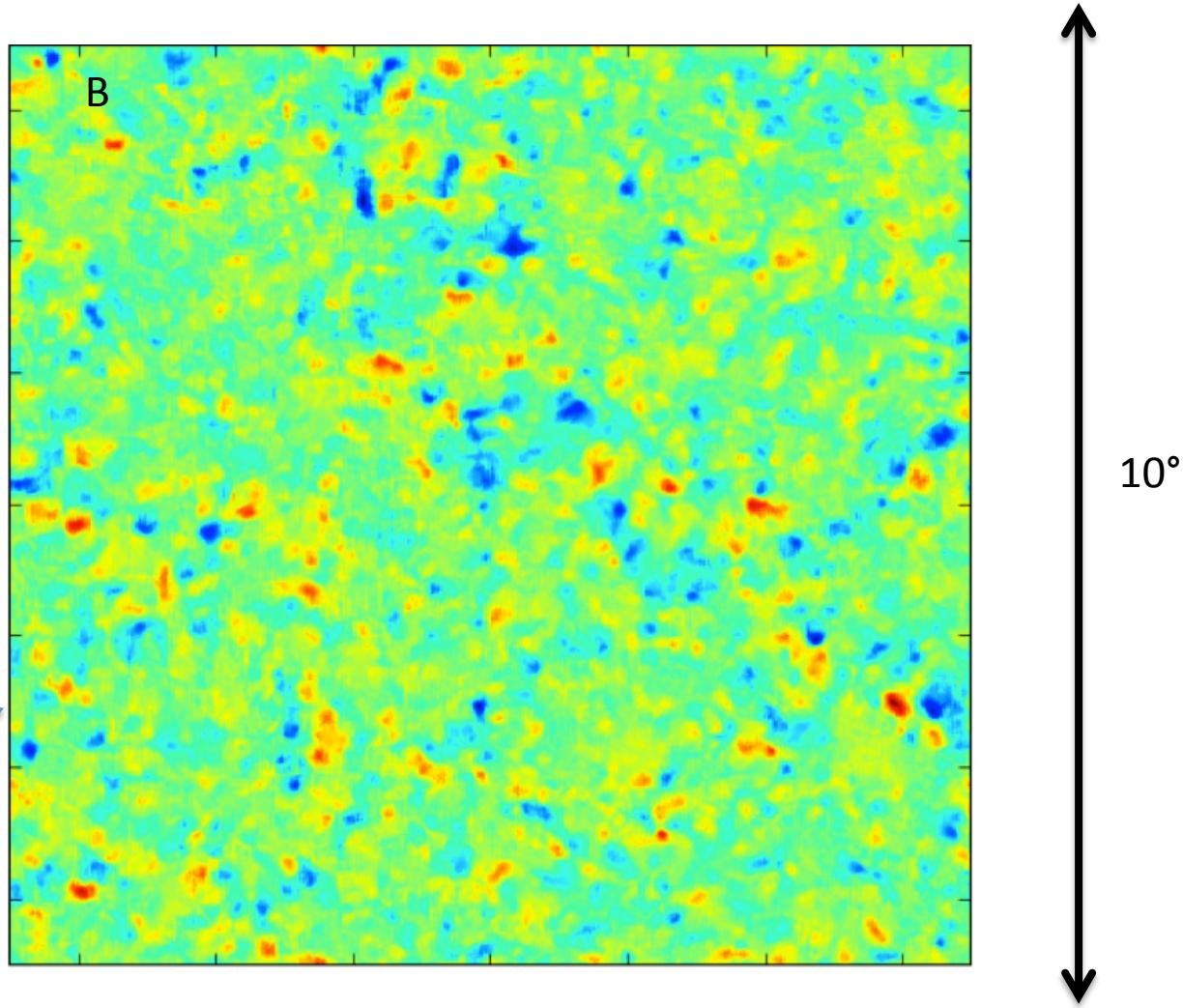
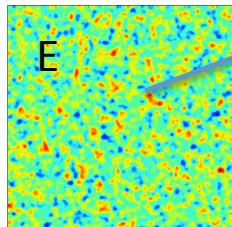


# Unlensed CMB B-Polarization



# Lensed CMB B-Polarization

Gravitational  
lensing  
converts E- to  
B-polarization

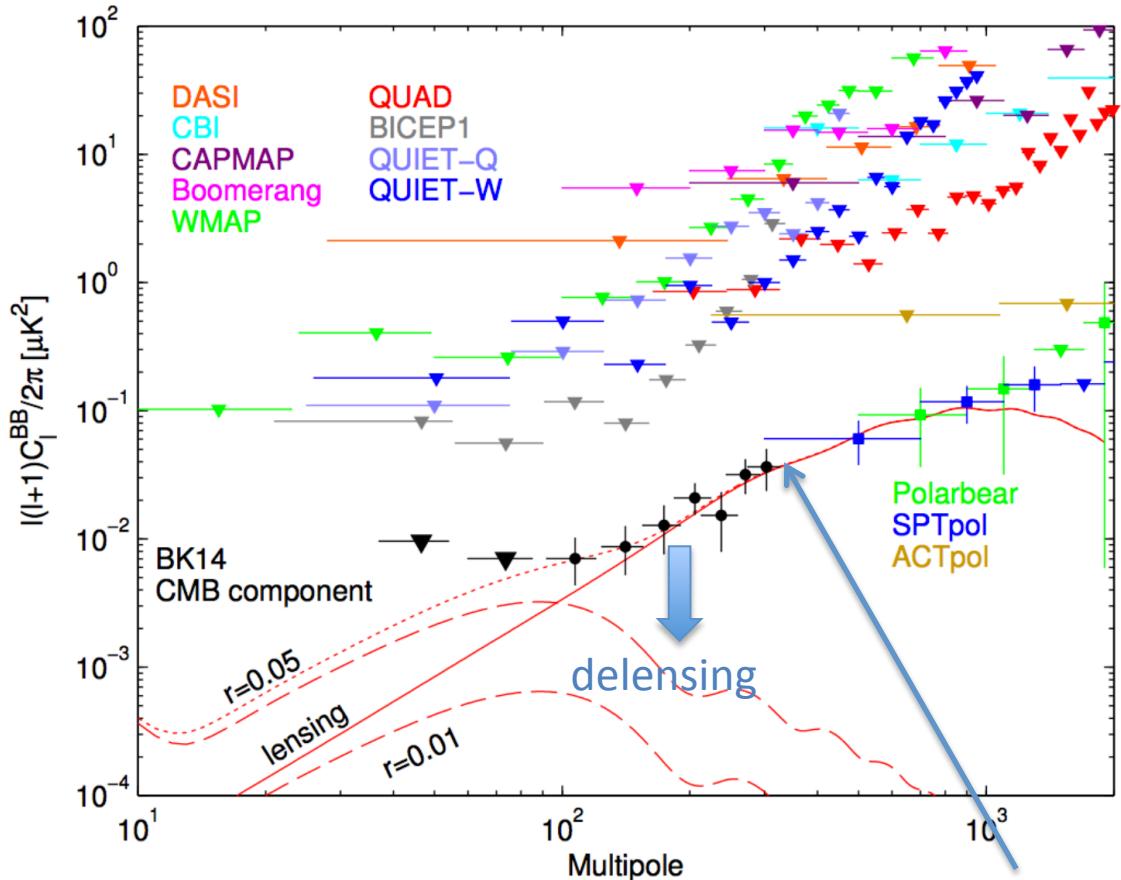


$$B \sim E * d$$

# The Need for Delensing

- Lensing B lies on top of any primordial signal  

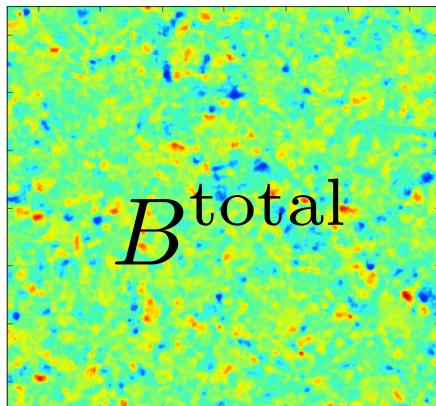
$$B = B_{\text{primordial}}(r) + B_{\text{lensing}}$$
- Hence lensing B-mode contribute noise
- Lensing noise is now limiting** – need to remove lensing B to find signal beneath!  
 (want to reach  $r \sim 0.001$ )



[POLARBEAR Collaboration 2014 incl. B.  
Sherwin, BICEP2 Collaboration 2014]

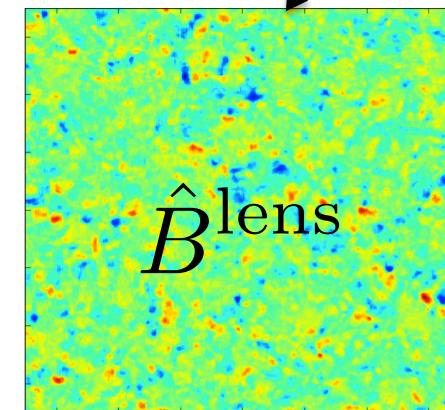
# Solution: Delensing The CMB

- How to reduce lensing noise?
- Delensing: construct  $B_{\text{lensing}}$  map from measured  $d$  and  $E$  and subtract:  $B - B_{\text{lensing}}$
- **Need high-res data** and good delensing algorithms!



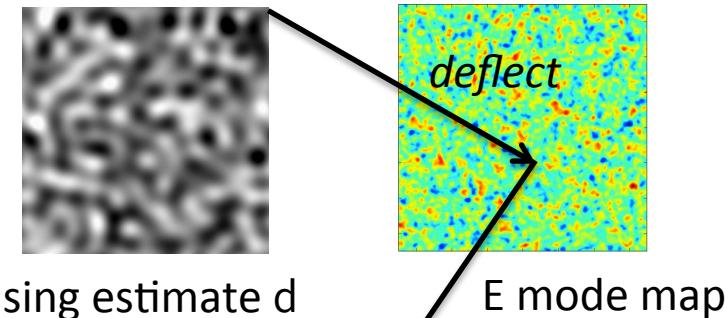
measured B map – tensors + lensing

subtract



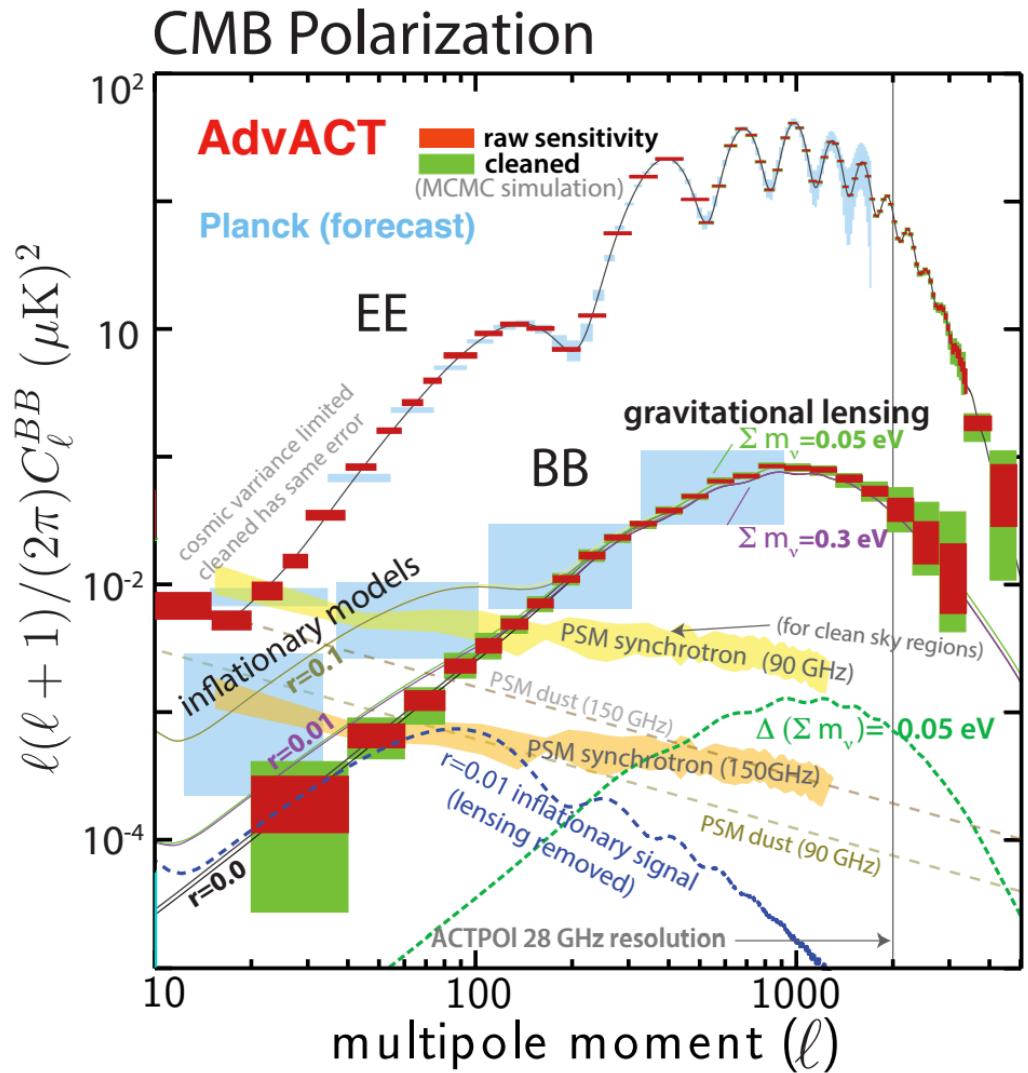
estimate of lensing B (from d+E)

$$B \sim E * d$$



# Upcoming Experiments – AdvACT / Simons Array / SPT-3G

- Challenges: sensitivity, foregrounds, lensing
- Stage-3 experiments will meet these challenges (2016-2019)
- Multi-freq. for foregrounds, high-res for delensing- will probe  $r \sim 0.004$  (by 2019)



# Upcoming Experiments – CMB Stage IV

- Ultra-low noise (all groups merge!)
- Multi-freq. for foregrounds, high-res. for delensing
- Stage-IV will probe  $r$  well **below  $r \sim 0.001$**  (by 2025)
- Either find inflationary gravity waves or rule out a broad class of (large field) inflation models!



# Summary

- Measuring the background of inflationary gravitational waves would confirm inflationary models, determine energy scale of inflation!!
- Best way to measure is with the CMB B-mode polarization
- Challenges: sensitivity, foregrounds, lensing
- Amazing improvements in ground based CMB data over next ~5 -10 years will allow us to determine if  $r>0.001$

