



Career Development Plan

A key part of your training within the
MEDICIS-PROMED Network



MEDICIS-PROMED Career Development Plan

ESR			
ESR Number	Last Name	First Name	Title
Employer		Academic Institution (if different)	
Supervisor			
Main Institution	Last name	First name	Title
Academic Institution	Last name	First name	Title
Project Break Down [100%][180 ECTS]			
Thesis research	Secondment	Training & Conferences	
Project Title			Work Package
Milestones (e.g. simulations, experiments, publication, conferences, thesis defense, ...)			Expected delivery date
Secondment			
Institution	Supervisor	Start date	Duration
Project Title			Work Package
Milestones (e.g. simulations, experiments, publication, ...)			Expected delivery date

Training				
Objectives	Actions	Resources	Milestone	Timeline
Research skills				
Language, Writing & Communication				
Management & Funding				
Networking				

Date: / /

ESR: _____

Supervisor: _____

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Career Development Plan

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Training				
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Research skills				
Language, Writing & Communication				
Management & Funding				
Networking				

Basic information

For non-member of the network, enter ESR number = 0

For those working within an institution that does not deliver doctoral degrees, please specify where you are registered as a doctoral student. This is essential in guaranteeing that your institution's requirements are met.

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Secondment			
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Project Title		Work Package	

Expected breakdown of your credits

Description of your research project

Total = 180 ECTS
Research should be the largest
Secondment & Training may be comparable
Numbers will have to be validated and substantiated

Training				
Management & Funding				
Networking				

Ask your supervisor in which work package your project is included
Determine a set of milestones for your research project with the expected delivery date

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Project Break Down [100%][180 ECTS]			
Thesis research	Secondment	Training & Conferences	

Description of your secondment project

Milestones (e.g. simulations, experiments, publication, conferences, thesis defense, ...)		Expected delivery date	
Secondment			
Institution	Supervisor	Start date	Duration
Project Title			Work Package
Milestones (e.g. simulations, experiments, publication, ...)		Expected delivery date	

Similar questions as for the research project.

It is important to consider the benefits the secondment will bring

1. to your understanding of different types of institutions;
2. to your research project and the work package you are involved in.

Management & Funding				
Networking				

Date: / /

ESR: _____

Supervisor: _____

Research skills: learning about the science, technology, etc., towards the research goals of your project and work package.

Language, Writing & Communication: learning basic communication skills towards targeted audiences (e.g. outreach, scientific writing, policy making, ...).

Management & Funding: learning how to lead, fund, and manage research for academic & non-academic purpose.

Networking: attending conferences, exchanging ideas, making contact, getting yourself known, creating visibility.

Training				
Objectives	Actions	Resources	Milestone	Timeline
Research skills				
Language, Writing & Communication				
Management & Funding				
Networking				

Date: ... / ... / ...

Establish a set of skills you are aiming to acquire during your doctoral training within the MEDICIS-PROMED Network

Project Title	Work Package
Milestones (e.g. simulations, experiments, publication, ...)	Expected delivery date

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Training				
Objectives	Actions	Resources	Milestone	Timeline
Research skills				

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This Personal Development Plan is not a contract **BUT**

- It is a requirement of the European Commission
- It should be done seriously.
- It should be something to thrive towards.
- It is the basis upon which the Training Office will evaluate the credits and the compliance with the MEDICIS-PROMED programme.
- It is an agreement between you and your supervisor in front of the Training Office.

Main Institut
Academic I
Thesis rese
Project Titl
Milestones conference

Secondment			
Institution	Supervisor	Start date	Duration
Project Title			Work Package
Milestones (e.g. simulations, experiments, publication, ...)			Expected delivery date

Date: / /

ESR: _____ Supervisor: _____

To guide you in the process, you also have to answer the questions on the third page of the Career Development Plan.

- Identify your strengths
- Identify where you can improve yourself
- Identify your specific interests
- Identify your short-term (2 years) and long-term (5 years) goals.

To aid yourself in the preparation of this Personal Development Plan, we recommend you ask yourself the following questions and write down your answers to reflect on them:

- What are my strengths?
- What skills could improve myself on?
- What are my interests / needs towards achieving my goals?
- What are my mid-term (2 years) and long-term (5-year) goals?

Please discuss your Personal Development Plan with your supervisor, as well as with other members of the MEDICIS-PROMED network who can advise you on the different opportunities for secondment, and help you identify the best way to achieve your personal and professional growth.

How to implement this practically

- **Step 1: Pay attention in the sessions**
 - Most of the topics that can be of interest will be discussed during this kick-off week.
 - You have the whole week to think about how to fill the template.
- **Step 2: Discuss with other people**
 - **Mini-dates on Wednesday** morning to discuss with other supervisors, and finally yours, about your plans.
 - Exchange with the other Fellows and students.
 - Ask questions from any of us.
- **Step 3: Take the time you need**
 - You have the whole week.
 - You can delay the submission of the document (especially if your supervisor is not around!).

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The Career Development Plan is a deliverable upon which you are evaluated for the credits of this event!