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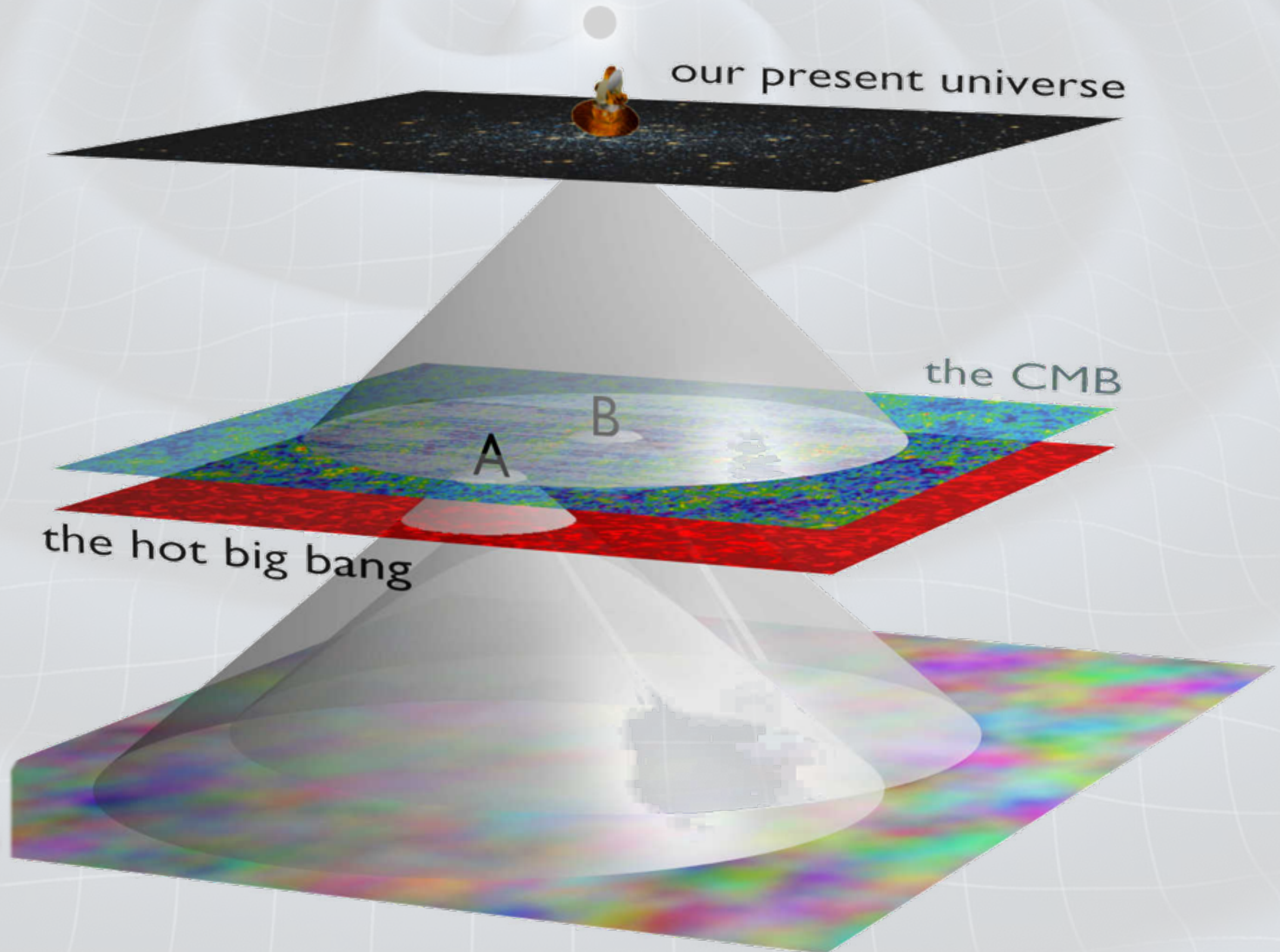
# HEATING UP THE BIG BANG

Paul Saffin

Ed Copeland, Richard Easther, Hal Finkel, Zong-Gang Mou, Arttu Rajantie,  
Paul Tognarelli, Anders Tranberg, Shuang-Yong Zhou



# Horizon Problem



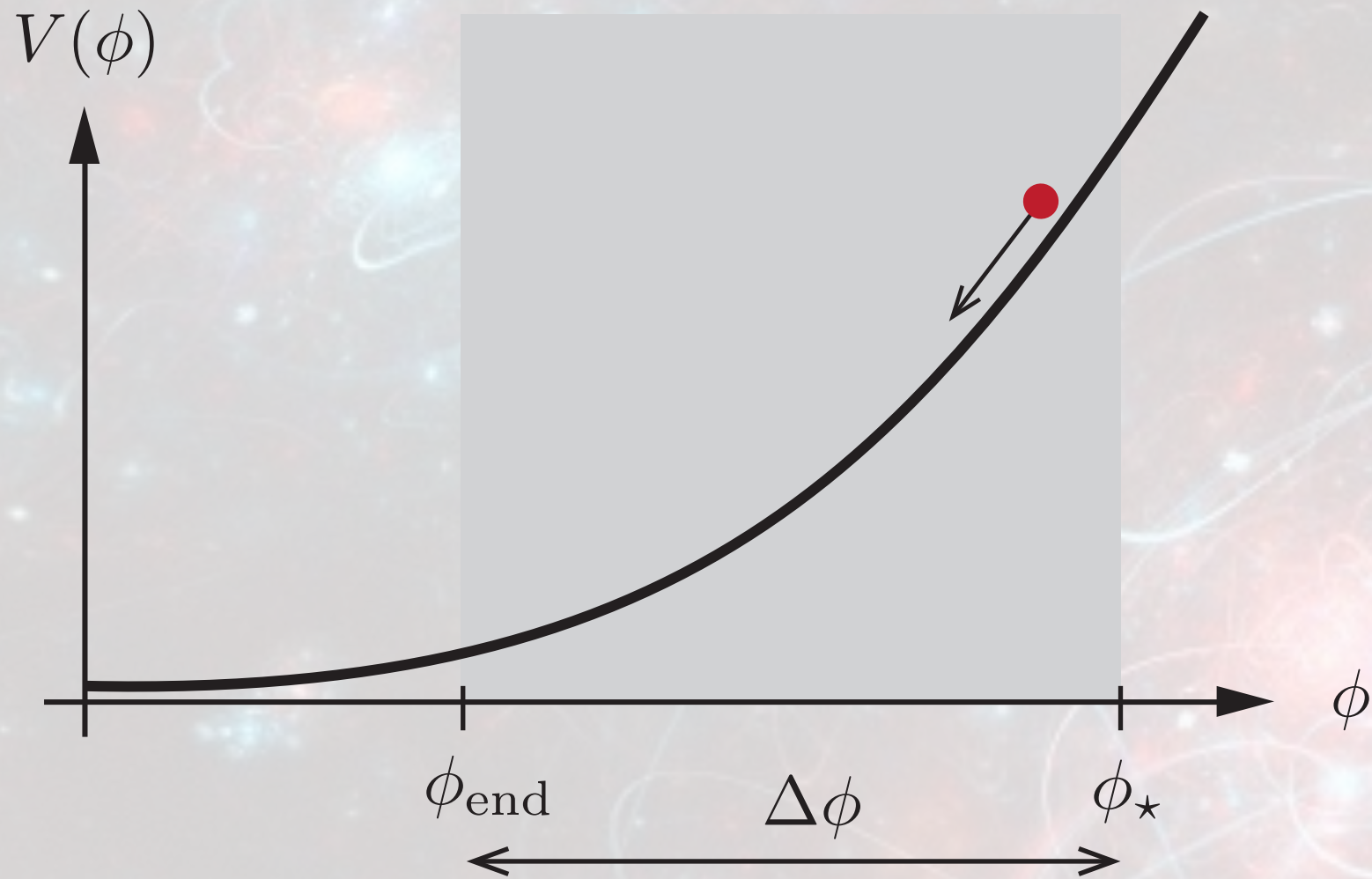


# Outline

- reheating
- preheating
  - various epochs
  - formation of defects
  - gravitational waves
  - baryogenesis - EWK and otherwise
- conclusions



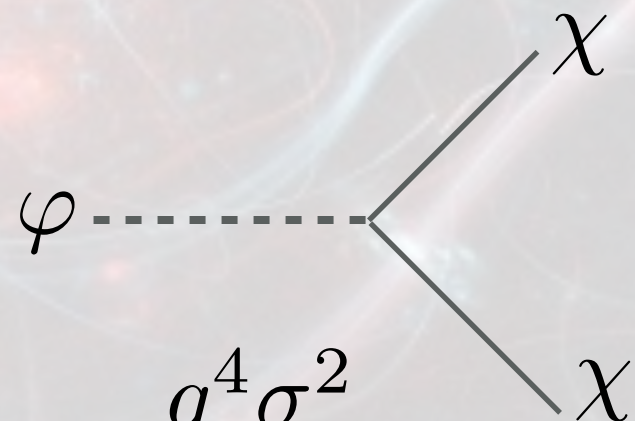
# reheating:



$$\epsilon = -\frac{\dot{H}}{H^2} = -\frac{d \ln H}{dN}$$

$$\epsilon \simeq \frac{M_p^2}{2} \left( \frac{V'}{V} \right)^2$$

$$\mathcal{L} = \dots - \frac{1}{2} m^2 \varphi^2 - 2g^2 \sigma \varphi \chi^2$$



$$\Gamma(\varphi \rightarrow \chi\chi) = \frac{g^4 \sigma^2}{8\pi m}$$



# missing physics: Bose enhancement





# missing physics: Bose enhancement



$$\varphi \rightarrow \chi\chi$$

$$\begin{aligned} & \langle n_\varphi - 1, n_k + 1, n_{-k} + 1 | a_k^\dagger a_{-k}^\dagger a_\varphi | n_\varphi, n_k, n_{-k} \rangle \\ &= \sqrt{(n_k + 1)(n_{-k} + 1)n_\varphi} \end{aligned}$$

$$\chi\chi \rightarrow \varphi$$

$$\begin{aligned} & \langle n_\varphi + 1, n_k - 1, n_{-k} - 1 | a_k a_{-k} a_\varphi^\dagger | n_\varphi, n_k, n_{-k} \rangle \\ &= \sqrt{n_k n_{-k} (n_\varphi + 1)} \end{aligned}$$



# missing physics: Bose enhancement



$$\varphi \rightarrow \chi\chi$$

$$\begin{aligned} & \langle n_\varphi - 1, n_k + 1, n_{-k} + 1 | a_k^\dagger a_{-k}^\dagger a_\varphi | n_\varphi, n_k, n_{-k} \rangle \\ &= \sqrt{(n_k + 1)(n_{-k} + 1)n_\varphi} \end{aligned}$$

$$\chi\chi \rightarrow \varphi$$

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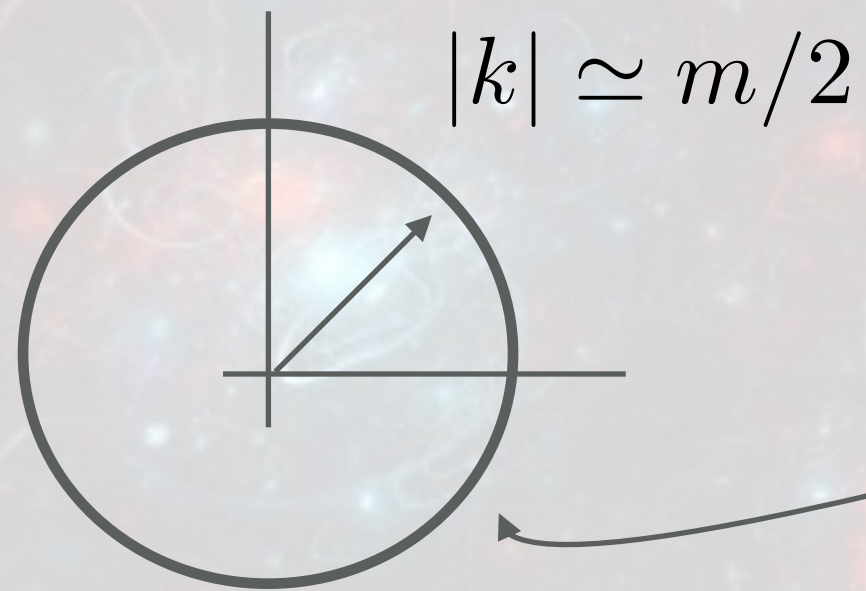
$$\begin{aligned} n_\varphi &\gg 1 \\ n_k &= n_{-k} \end{aligned}$$

$$(\varphi \rightarrow \chi\chi) - (\chi\chi \rightarrow \varphi) \sim n_\varphi (2n_k + 1)$$

$$\Gamma_{eff} = \Gamma_\chi (2n_k + 1)$$



# missing physics: Bose enhancement



$$\delta k \simeq \frac{8g^2\sigma\Phi}{m}$$

$$m_{\chi,eff}^2 = m_{\chi}^2 + 4g^2\sigma\Phi$$

$$\frac{1}{a^3} \frac{d}{dt} [a^3 n_{\chi}] = \frac{2g^4\sigma^2}{8\pi m} \left[ 1 + \frac{\pi^2\Phi}{g^2\sigma} \frac{n_{\chi}}{n_{\phi}} \right] n_{\phi}$$

$$n_{\chi} \sim \exp\left(\frac{2\pi^2 g^2 \sigma \Phi}{m^2} N\right)$$



# what works against you?

- expansion narrows the resonance band  $\delta k \sim \Phi \sim t^{-1}$
- inflaton amplitude decays and narrows resonance
- expansion redshifts modes out of resonance
- rescattering moves modes out of resonance



# parametric resonance

$$V(\varphi, \chi) = \frac{1}{2}m^2\varphi^2 + \frac{1}{2}g^2\varphi^2\chi^2$$

$\varphi(t) = \Phi(t) \sin(mt)$   
 $m_{\chi,eff}^2 = g^2\varphi^2$

$$\ddot{\chi}_k(t) + 3H\dot{\chi}_k(t) + \left(\frac{k^2}{a^2} + g^2\varphi^2\right)\chi_k(t) = 0$$

$$\Phi(t) \sim const \quad z = mt \quad A_k = \frac{k^2}{m^2} + 2q \quad q = \frac{g^2\Phi^2}{4m^2}$$



# parametric resonance

$$V(\varphi, \chi) = \frac{1}{2}m^2\varphi^2 + \frac{1}{2}g^2\varphi^2\chi^2$$

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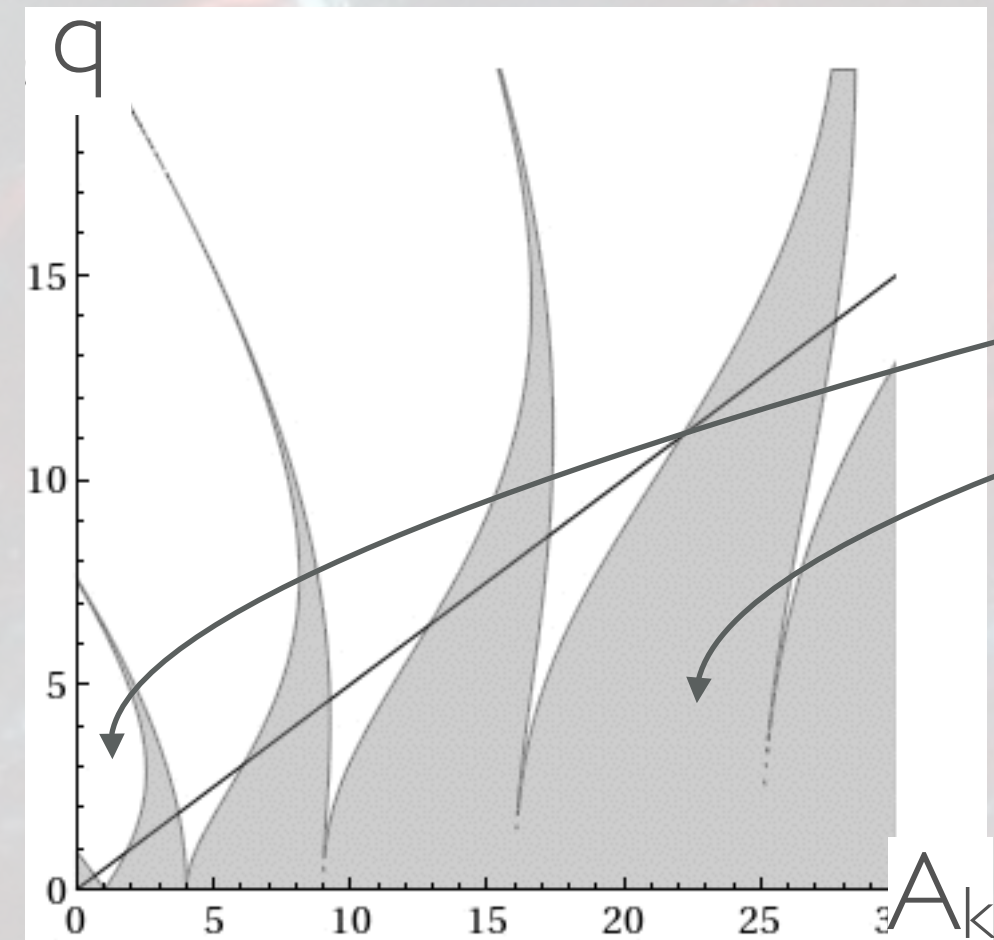
$$\Phi(t) \sim const \quad z = mt \quad A_k = \frac{k^2}{m^2} + 2q \quad q = \frac{g^2\Phi^2}{4m^2}$$

driven-oscillator Mathieu equation

$$\chi_k'' + [A_k - 2q \cos(2z)]\chi_k = 0$$



# parametric resonance



resonance

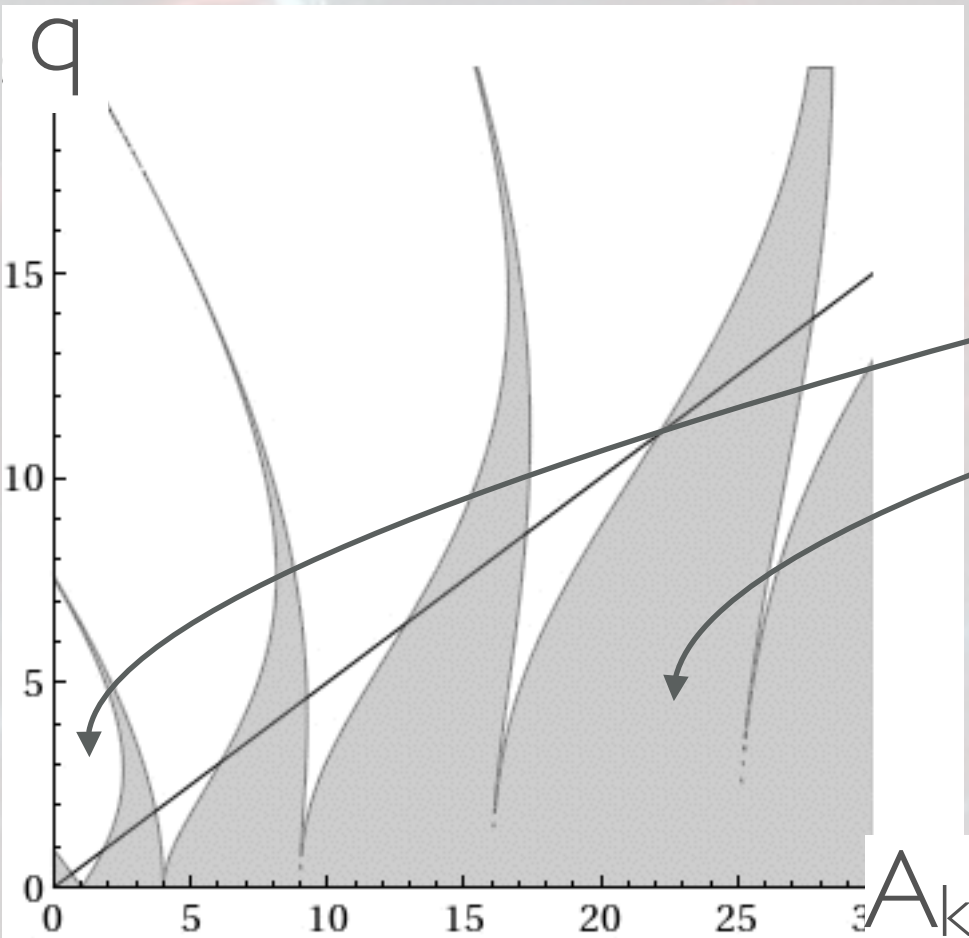
stable

Floquet/Hill/Bloch

$$\chi_k(t) = e^{\mu_k t} P(A_k, q, z)$$



# parametric resonance



resonance

stable

Floquet/Hill/Bloch

$$\chi_k(t) = e^{\mu_k t} P(A_k, q, z)$$

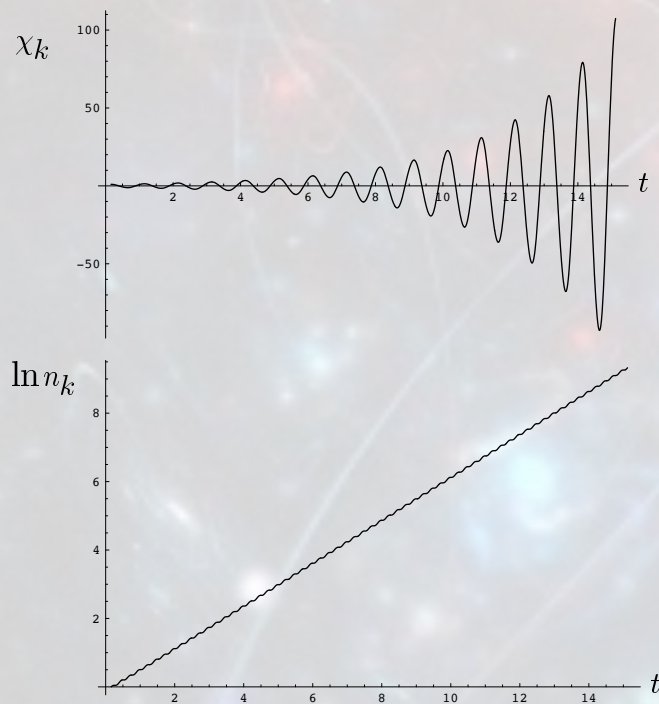
narrow resonance  $q \ll 1$

$$A_k^{(n)} \simeq n^2$$

$$\delta A_k^{(n)} \simeq q^n$$

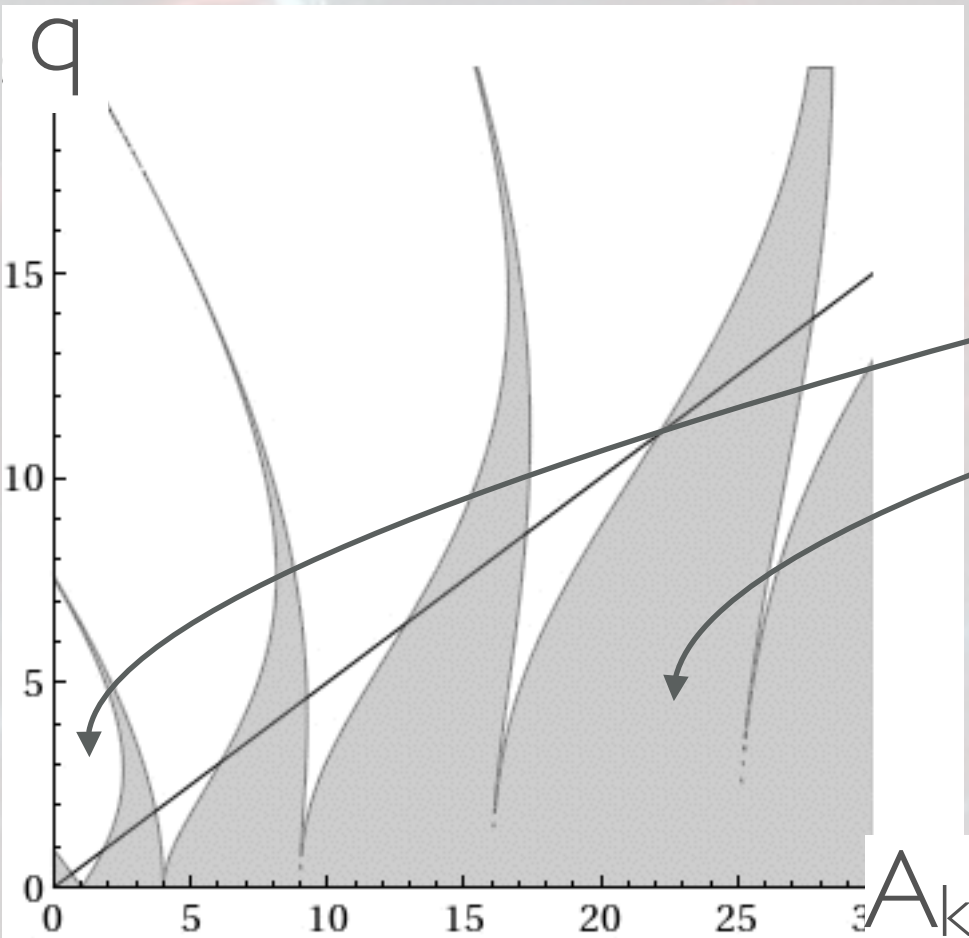
$$\Rightarrow \frac{k^2}{m^2} \simeq n^2 - 2q \pm q^n$$

first band:





# parametric resonance



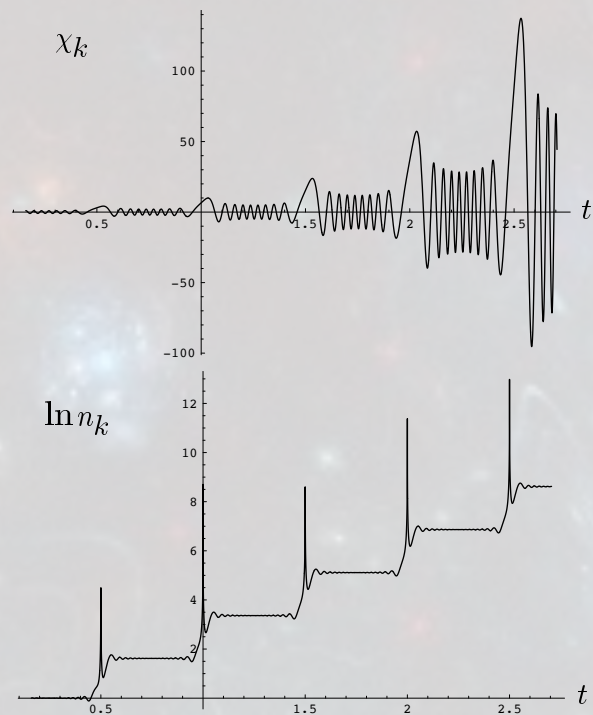
resonance

stable

Floquet/Hill/Bloch

$$\chi_k(t) = e^{\mu_k t} P(A_k, q, z)$$

broad resonance  $q \gg \gg 1$

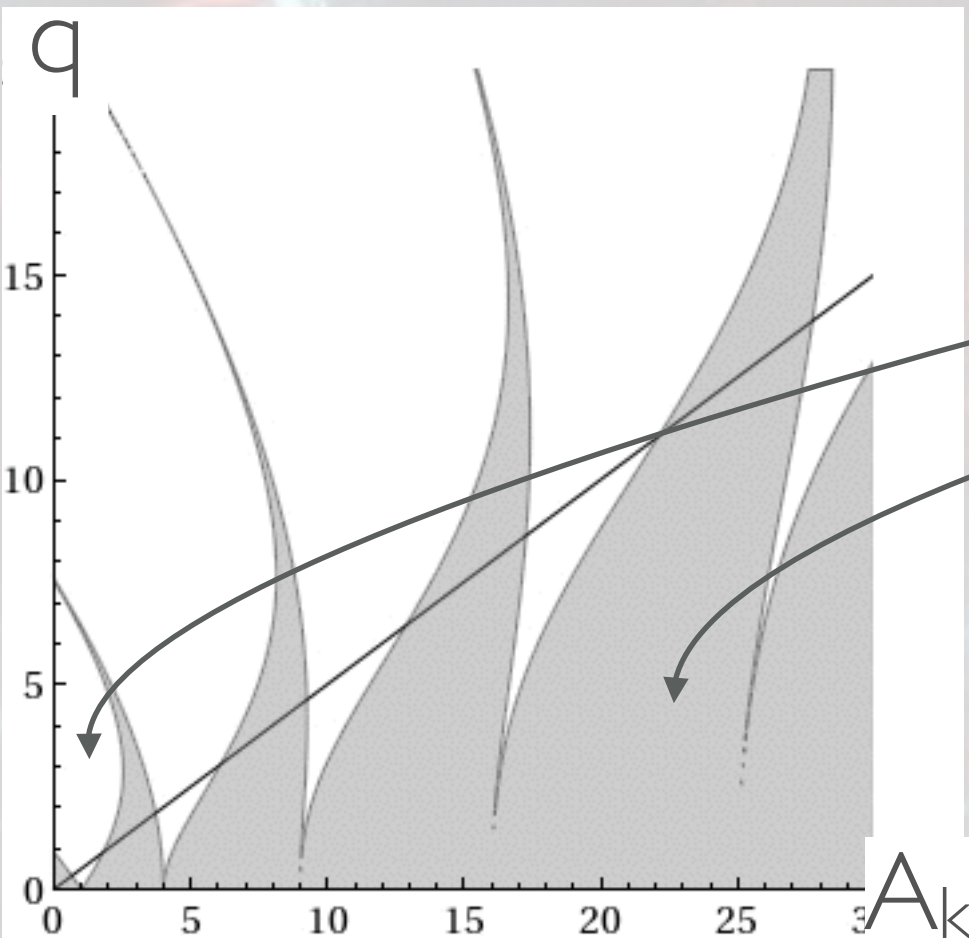


$$m_{\chi,eff} = g\Phi = m\sqrt{q}$$

$$k \lesssim k_{\star} = \sqrt{gm\Phi}$$



# parametric resonance



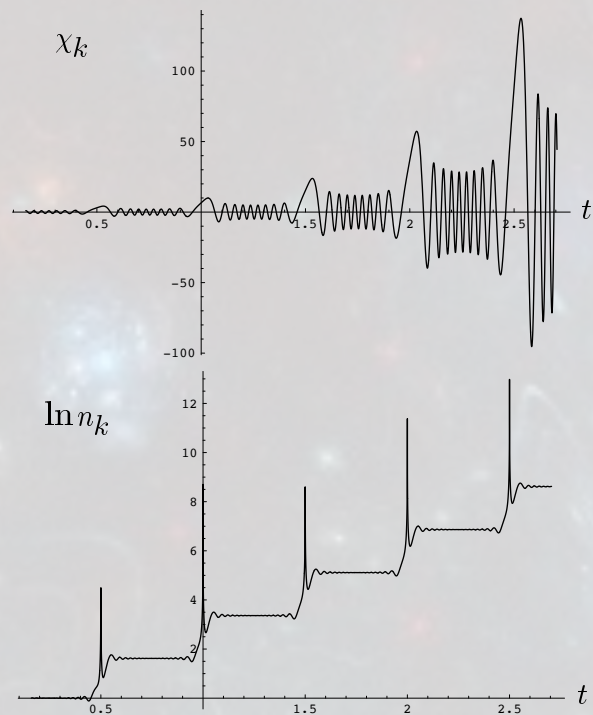
resonance

stable

Floquet/Hill/Bloch

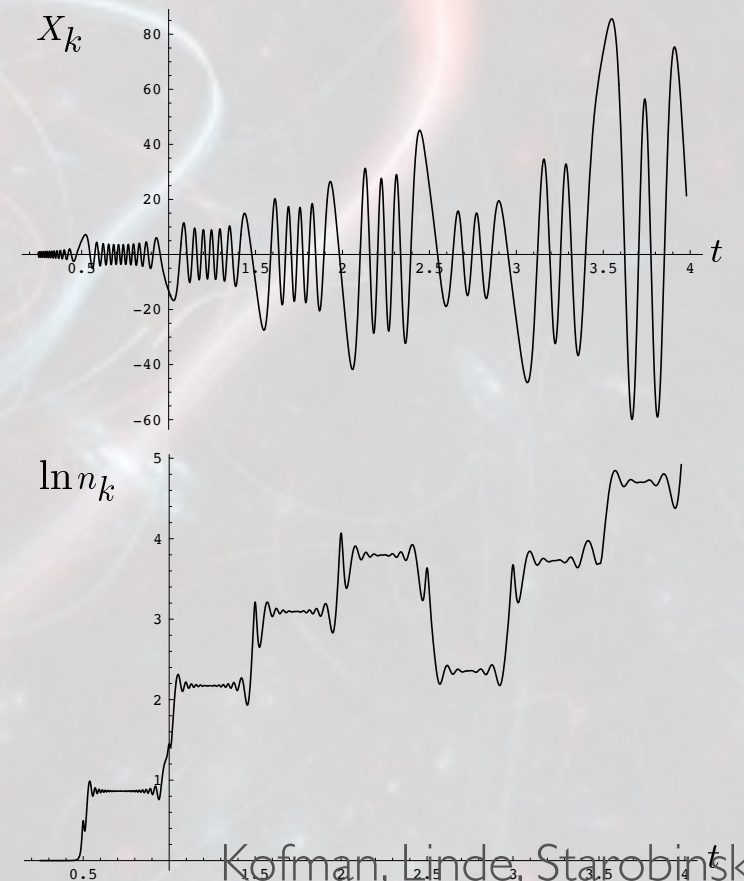
$$\chi_k(t) = e^{\mu_k t} P(A_k, q, z)$$

broad resonance  $q \gg 1$



$$m_{\chi,eff} = g\Phi = m\sqrt{q}$$

$$k \lesssim k_{\star} = \sqrt{gm\Phi}$$





# tachyonic preheating

$$V = -\frac{1}{2}m^2\sigma^2$$

$$\ddot{\sigma}_k = (m^2 - k^2)\sigma_k \quad k < m \quad \text{modes grow}$$

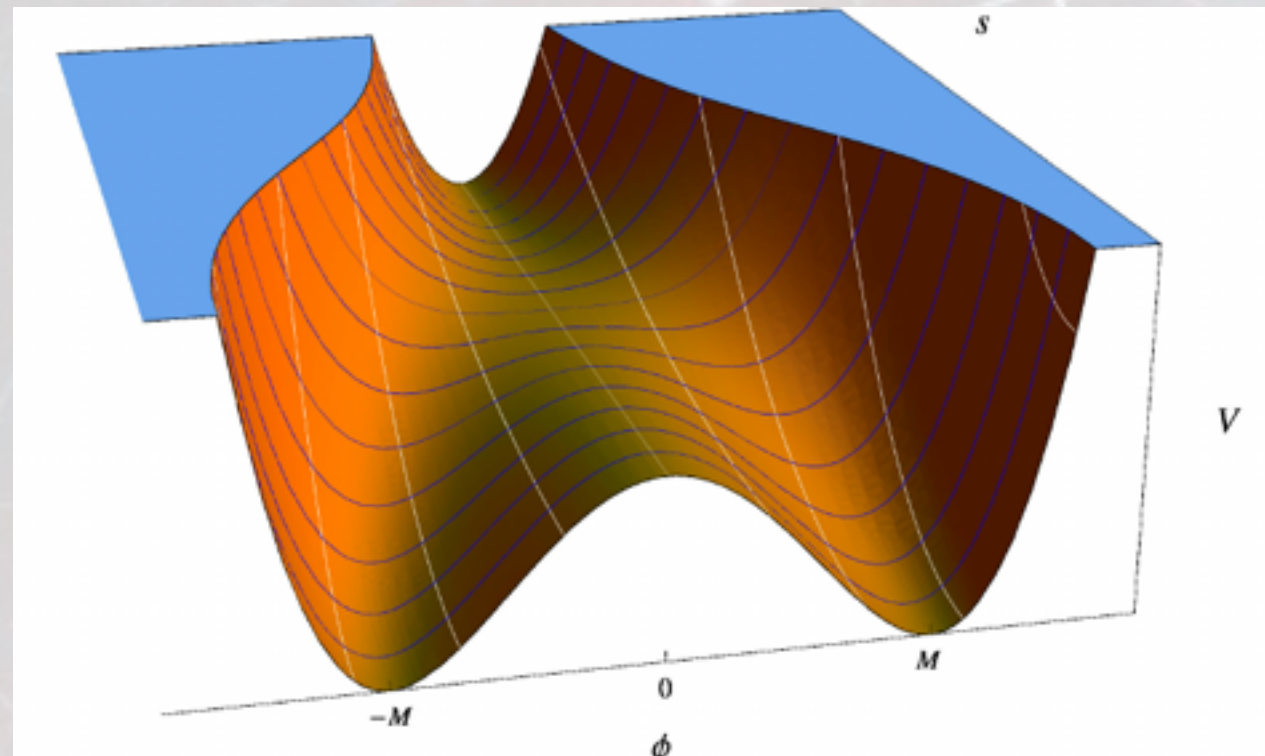


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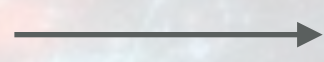
hybrid inflation



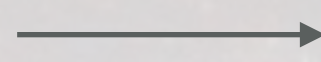


# what happens then?

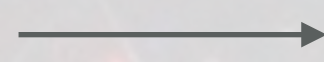
inflation



preheating



?

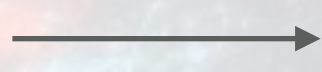


thermal state



# what happens then?

inflation



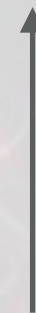
preheating



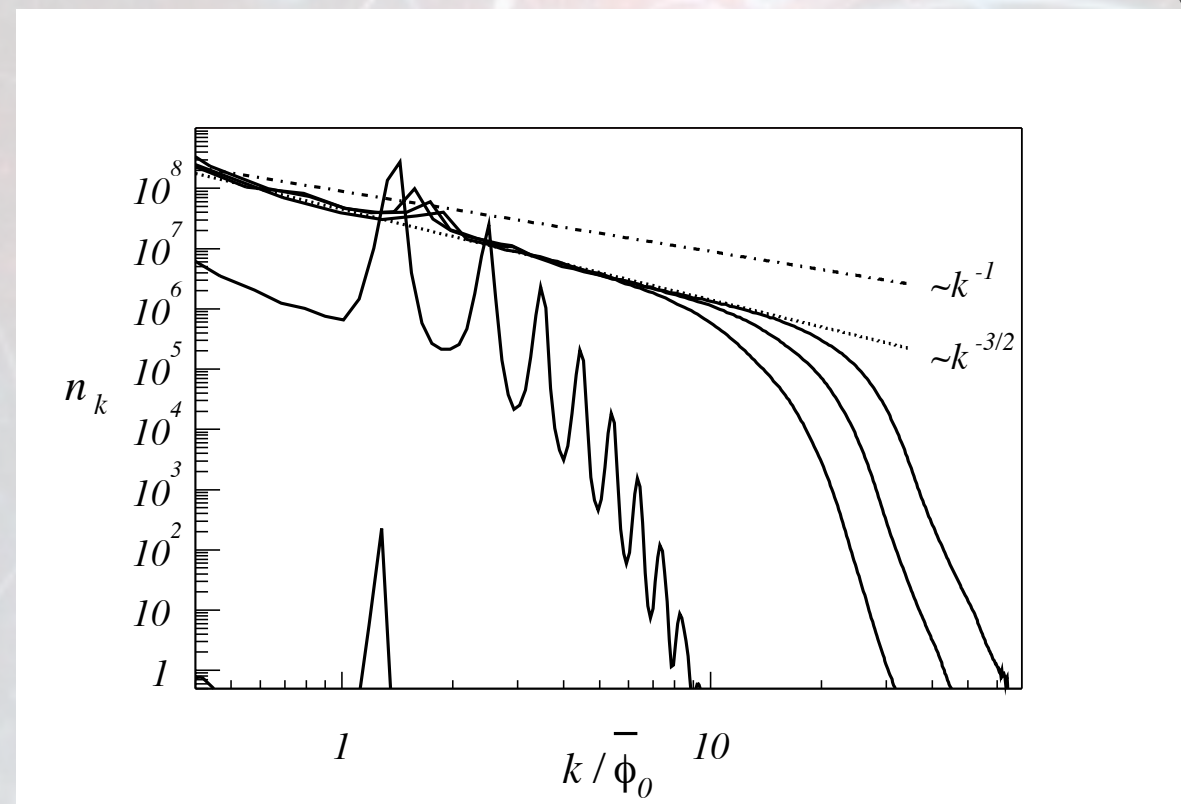
non-linear regime  
(classical)



turbulence  
(classical)



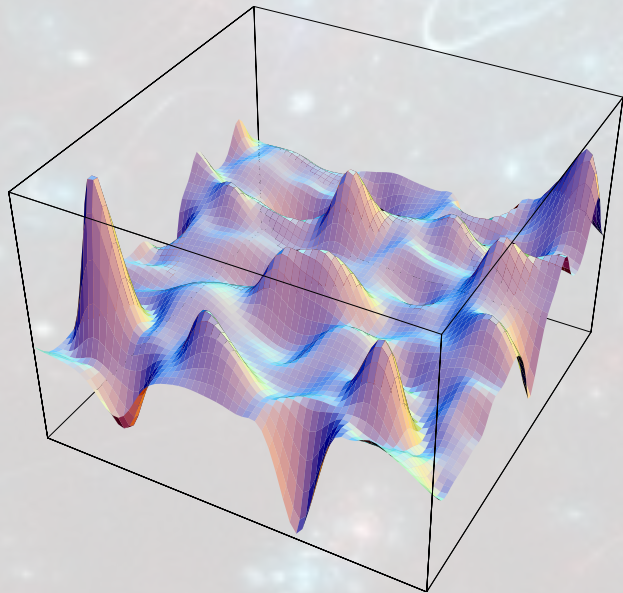
thermal state





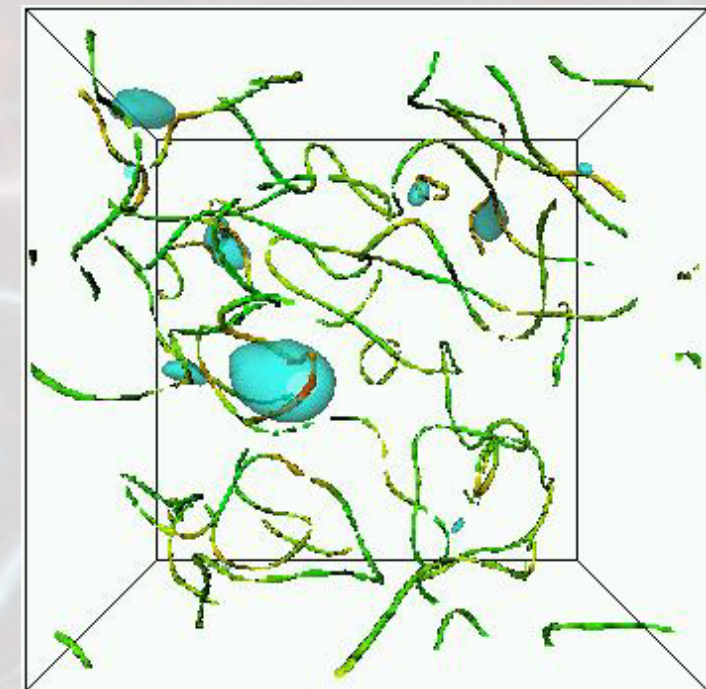
# what to do with it?

make things (or make sure that you don't):

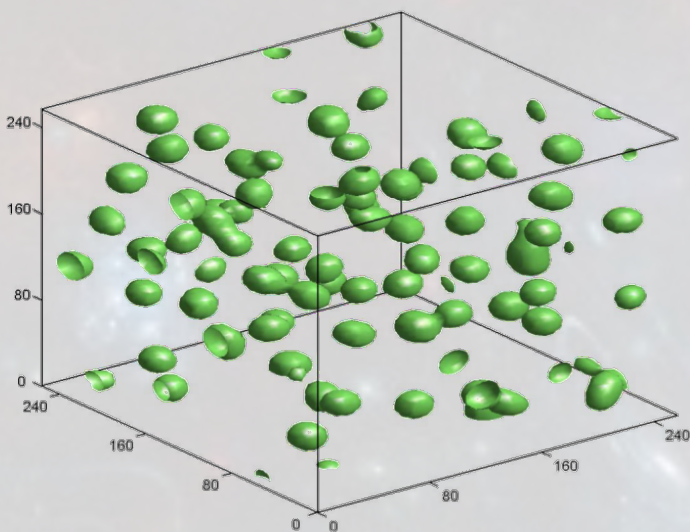


Dufaux, Bergman, Felder, Kofman, Uzan

- gravitational waves
- topological defects
- oscillons
- baryons
- . . .



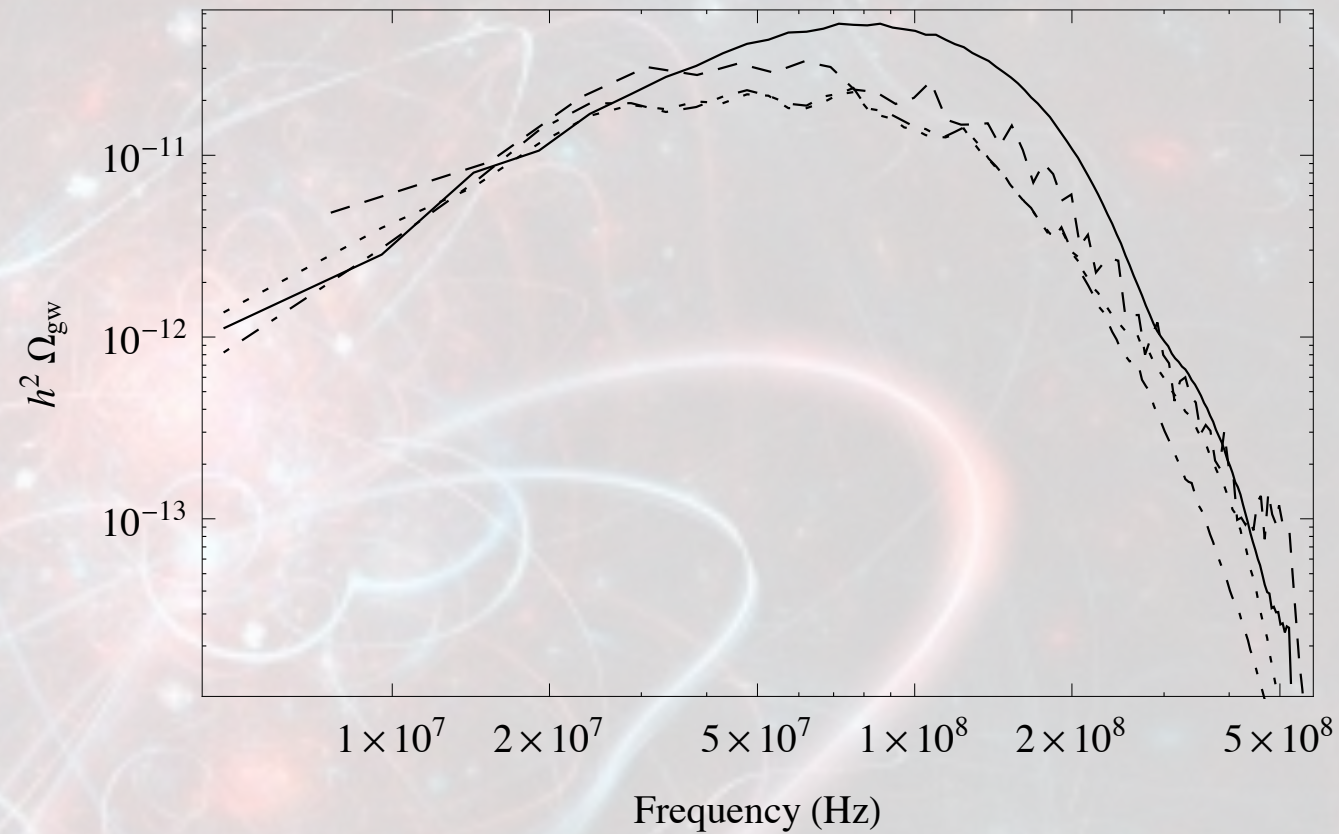
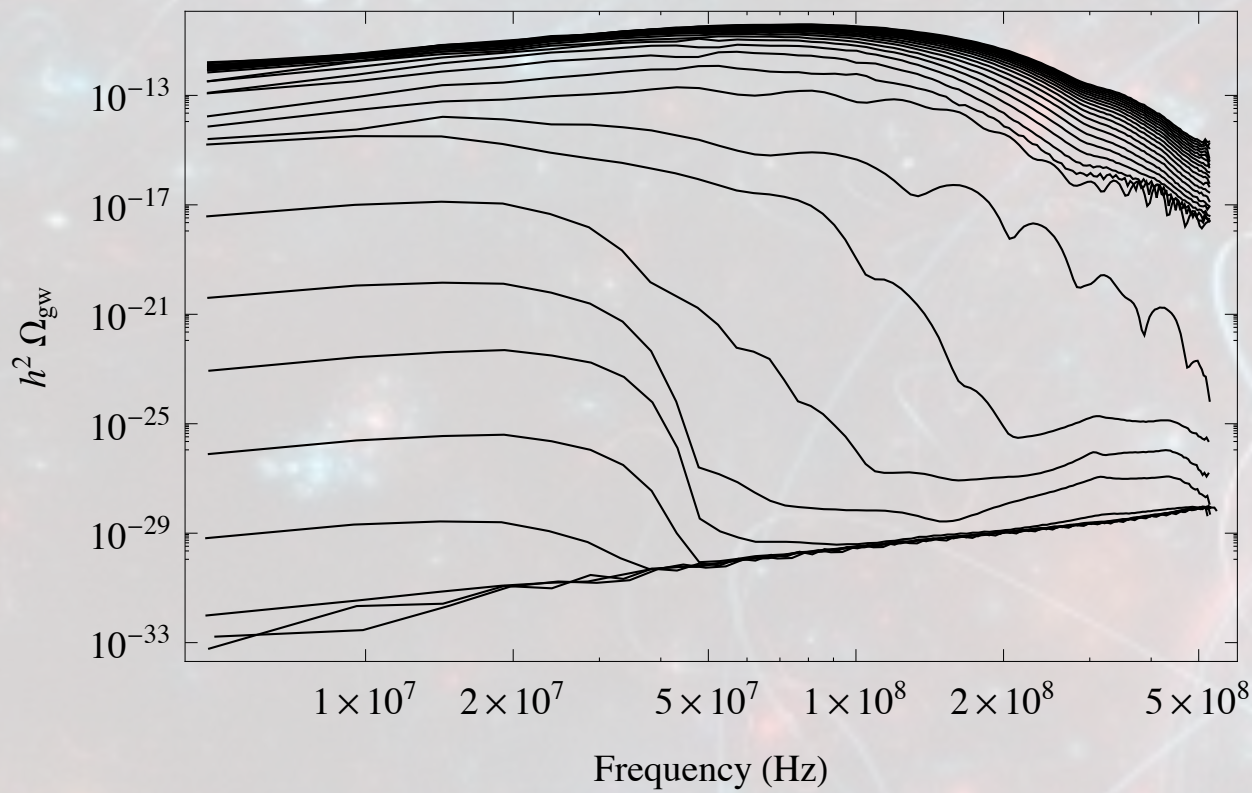
Copeland, Pascoli, Rajantie



Zhou, Copeland, Easter, Finkel, Mou, Saffin



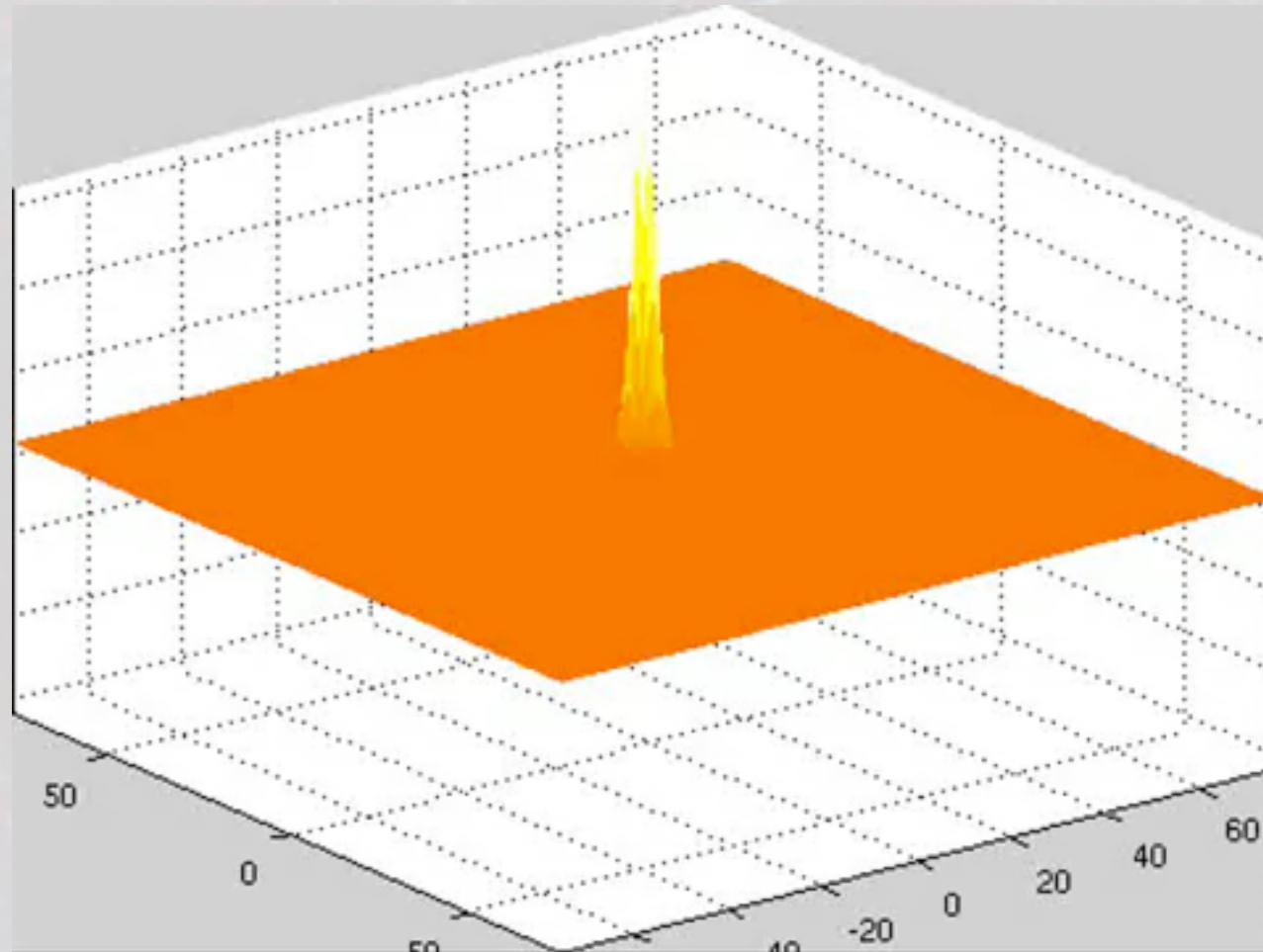
# gravitational waves



$$\lambda = 10^{-14}, \quad \phi_0 \sim 0.3 M_P, \quad q = \frac{g^2}{\lambda} = 120$$



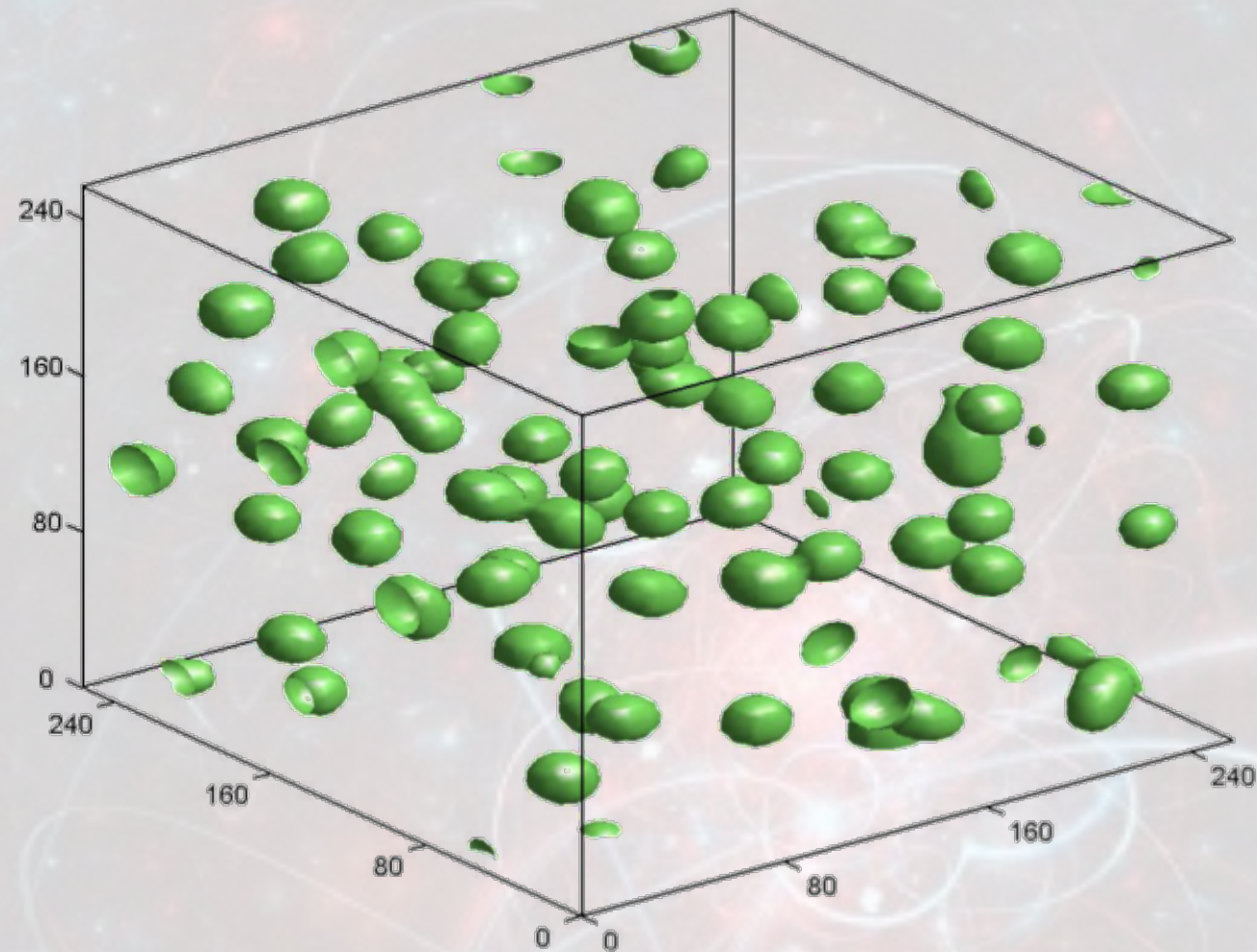
# oscillons



Bogolyubsky, Makhanov, Gleiser,, Copeland, Muller, Honda, Choptuik, Hindmarsh, Salmi, Saffin, Tranberg, Amin, Esther, Finkel, Flau, Hertzberg, Mazumdar, Farhi, Graham, Khemani, Markov, Rosales, Kawasaki, Takahashi, Takeda...



# gravitational waves from oscillons



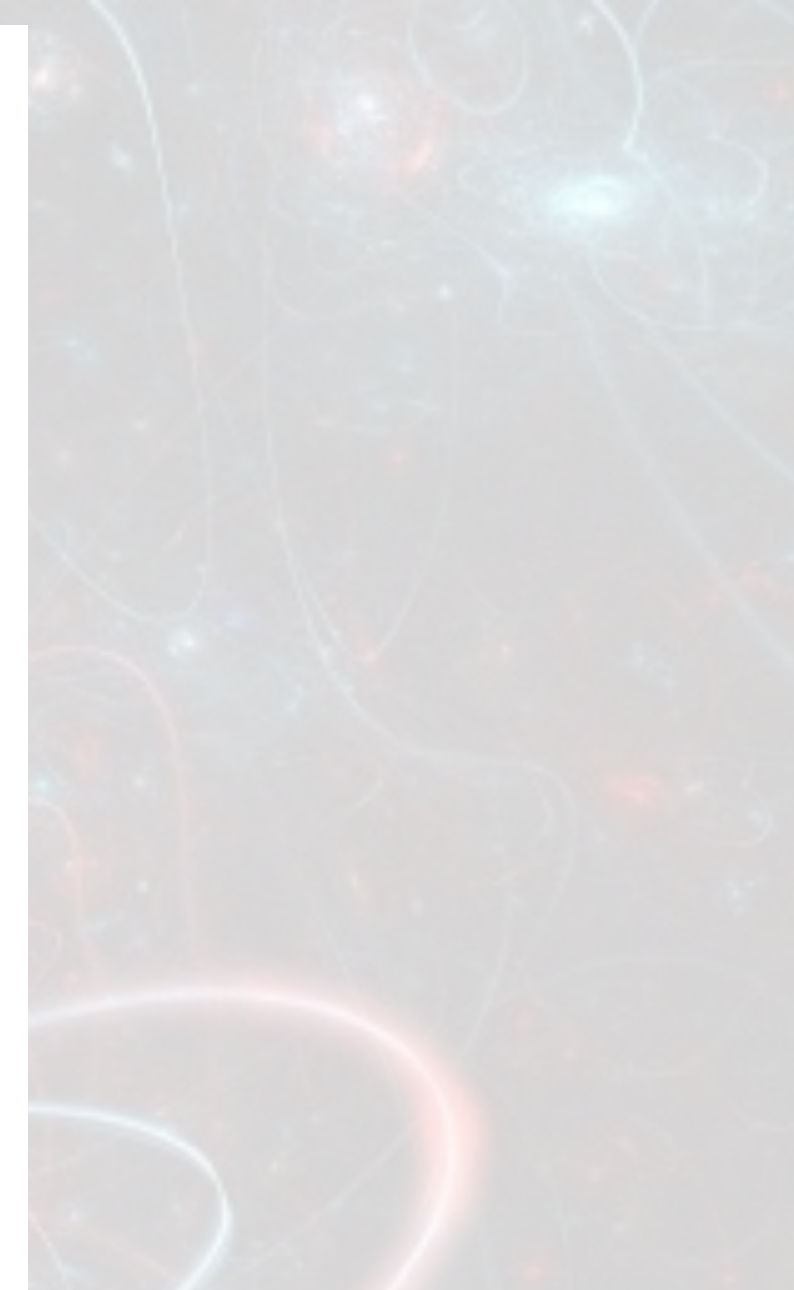
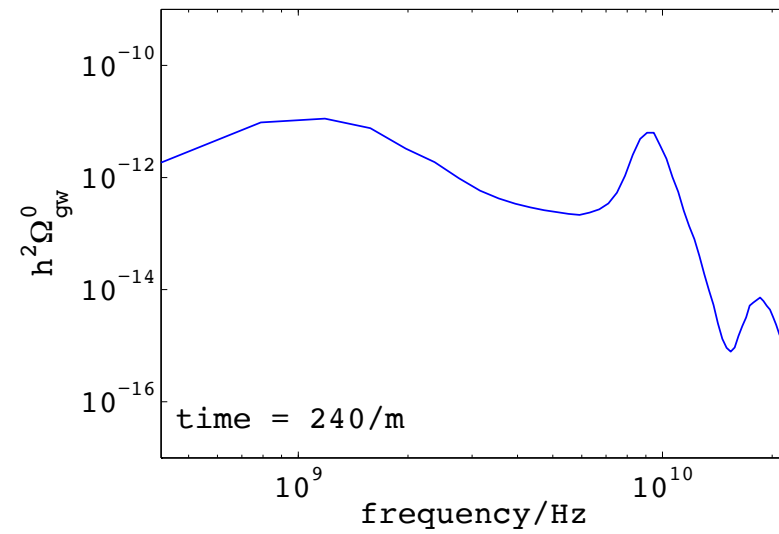
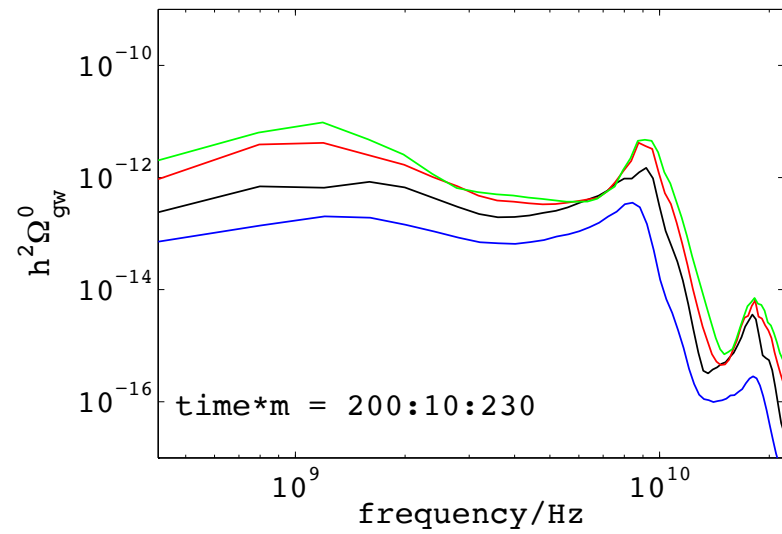
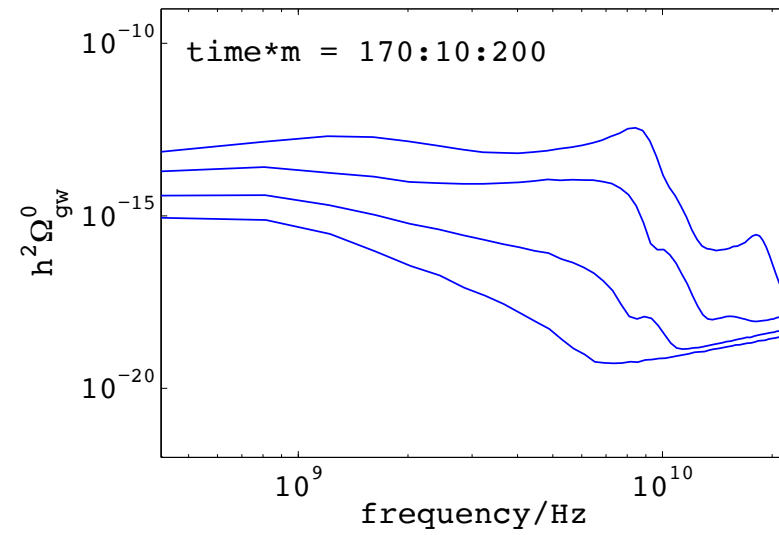
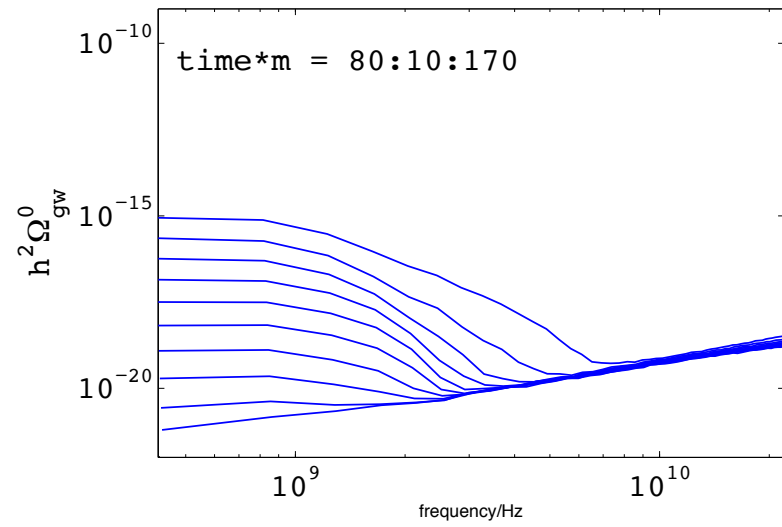
$$V(\phi) = m^2 M^2 \left[ \sqrt{1 + \phi^2/M^2} - 1 \right]$$

$$V(\phi) : \frac{1}{2} m^2 \phi^2 \rightarrow m^2 M \phi$$

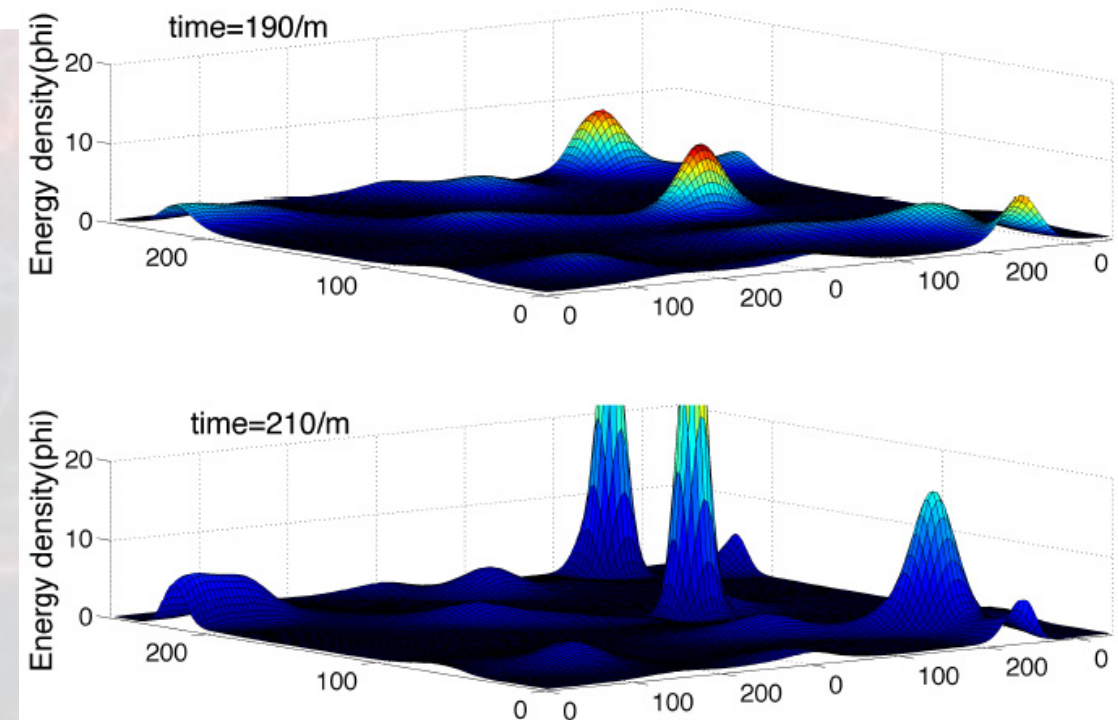
$$M = 10^{-2} M_P, \quad m = 10^{-5} M_P$$

• Zhou, Copeland, Easther, Finkel, Mou, Saffin



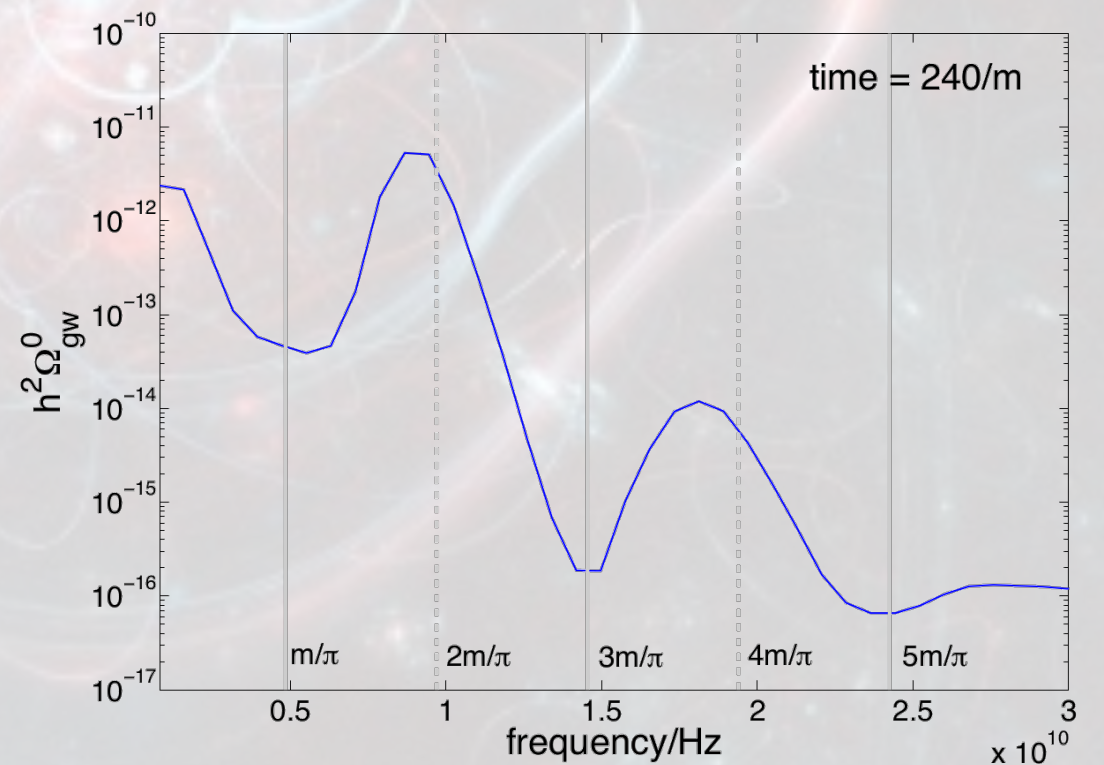
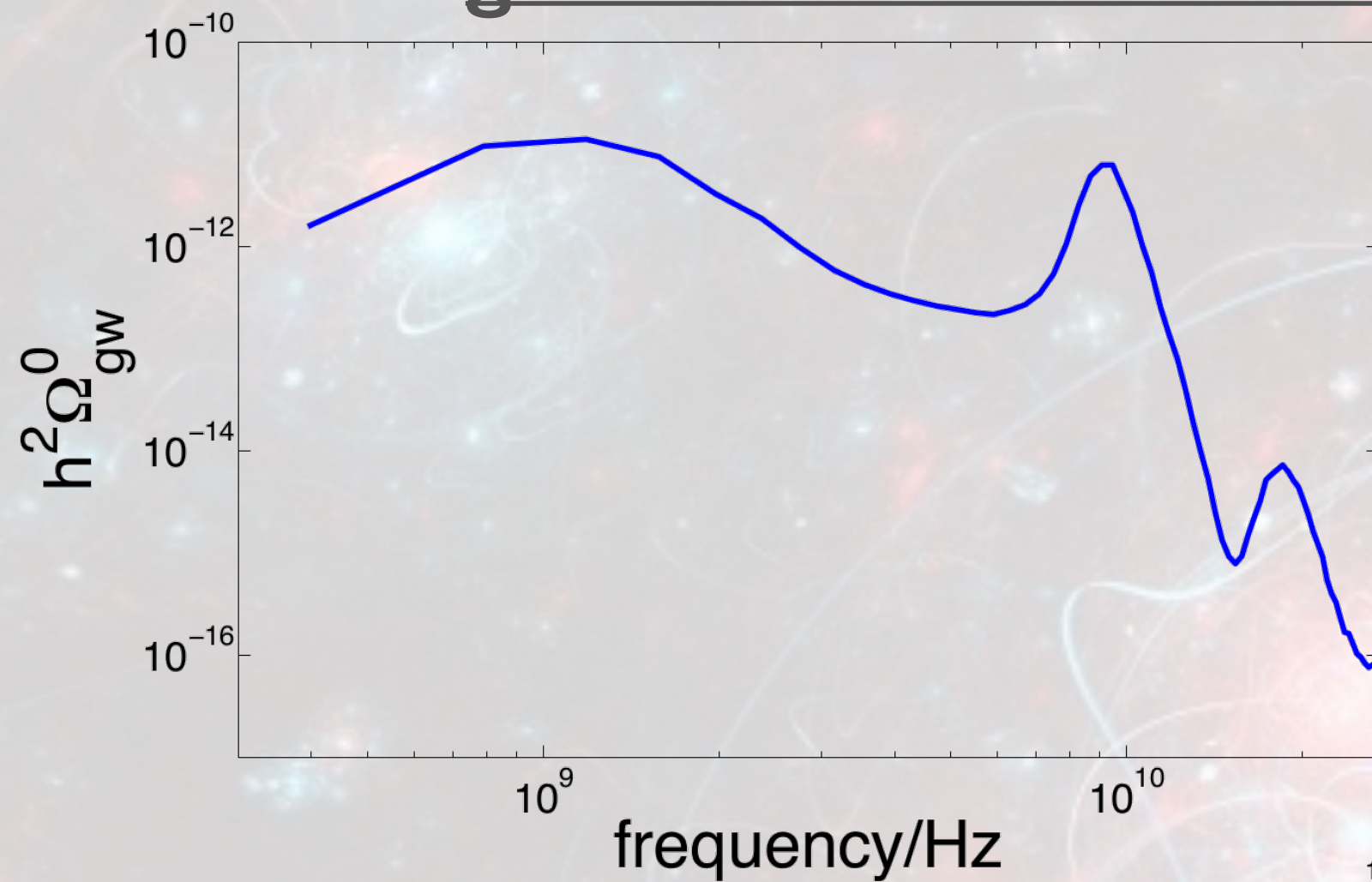


- parametric resonance
- non-linear, oscillons form
- oscillons stabilize
- long stable stage

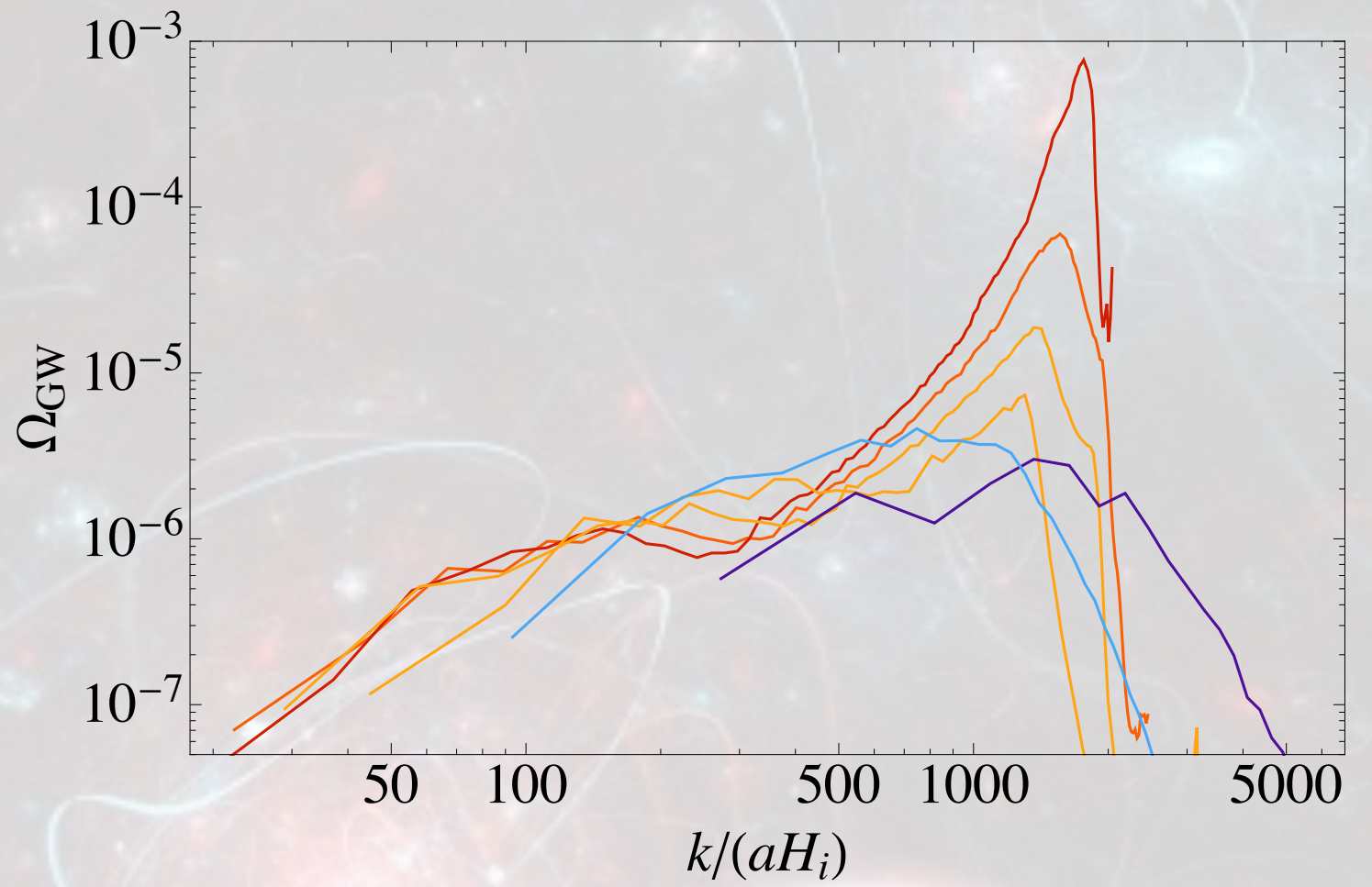
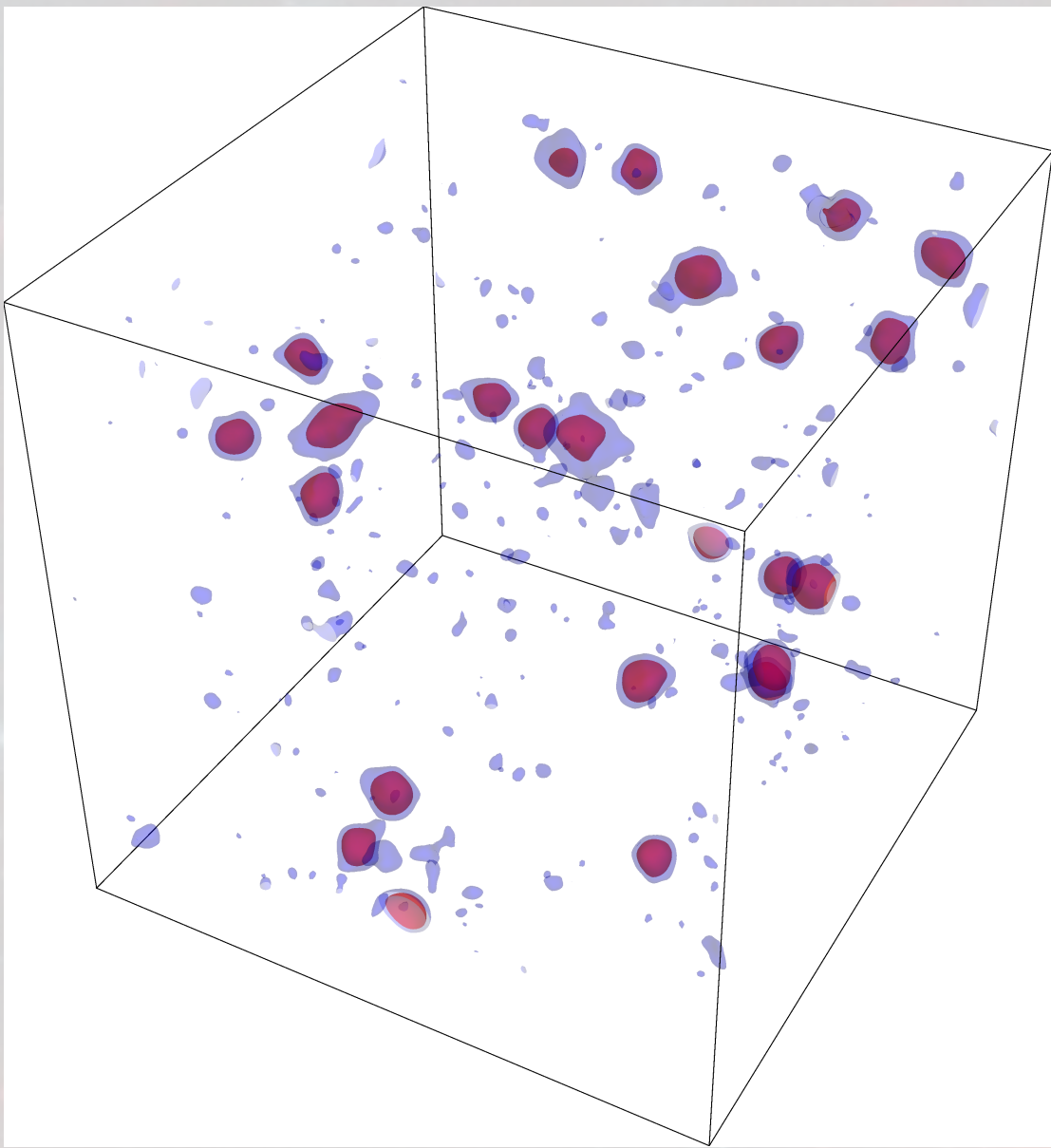




# gravitational waves from oscillons







$$V(\phi) = V_0 \left(1 - \phi^p / v^p\right)^2$$

$$p = 6$$

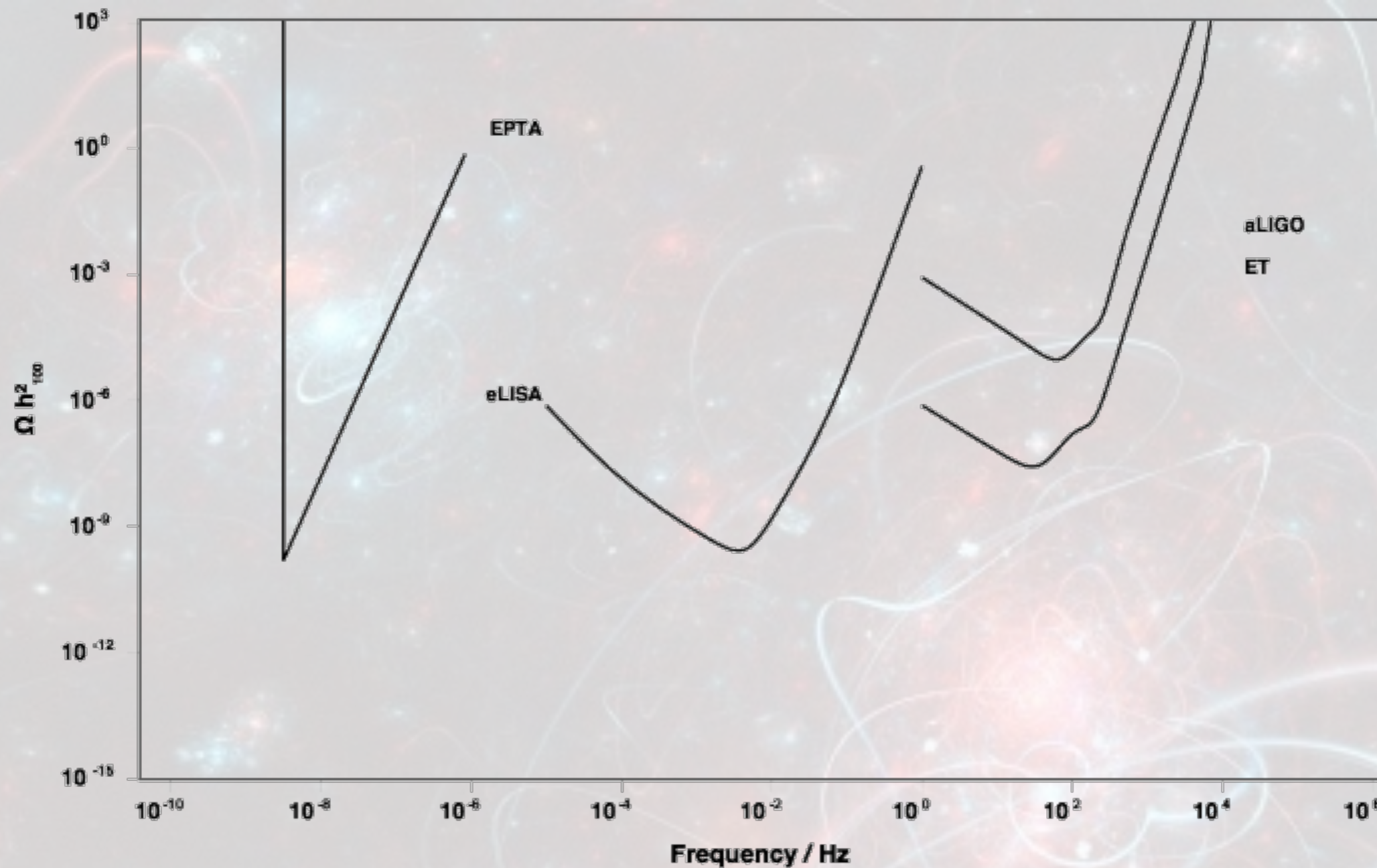
$$V_0 = \left(10^{-5} M_p\right)^4$$

$$v = 10^{-2} M_p$$

$$r = 10^{-12}$$

$$n_s = 0.96$$



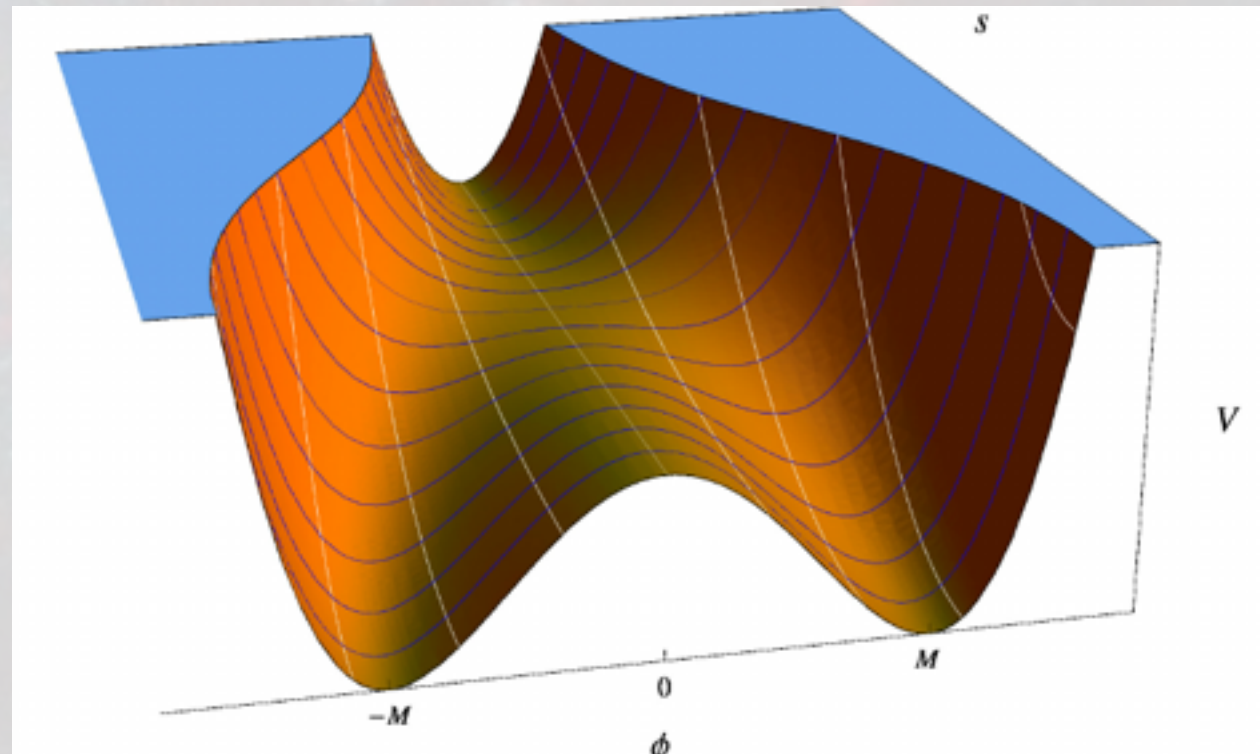


## high frequency detectors:

- Goryachev, Tobar - acoustic cavities, MHz-GHz, arXiv:1410.2334
- Arvanitaki, Geraci - optically levitated sensors, MHz, arXiv:1207.5320
- Cruise, Ingley - 100MHz, Class. Quant. Grav. 23
- INFN Genoa -
- Kawamura Japan - 100MHz
- [www.GravWave.com](http://www.GravWave.com)



# can also form stable topological defects



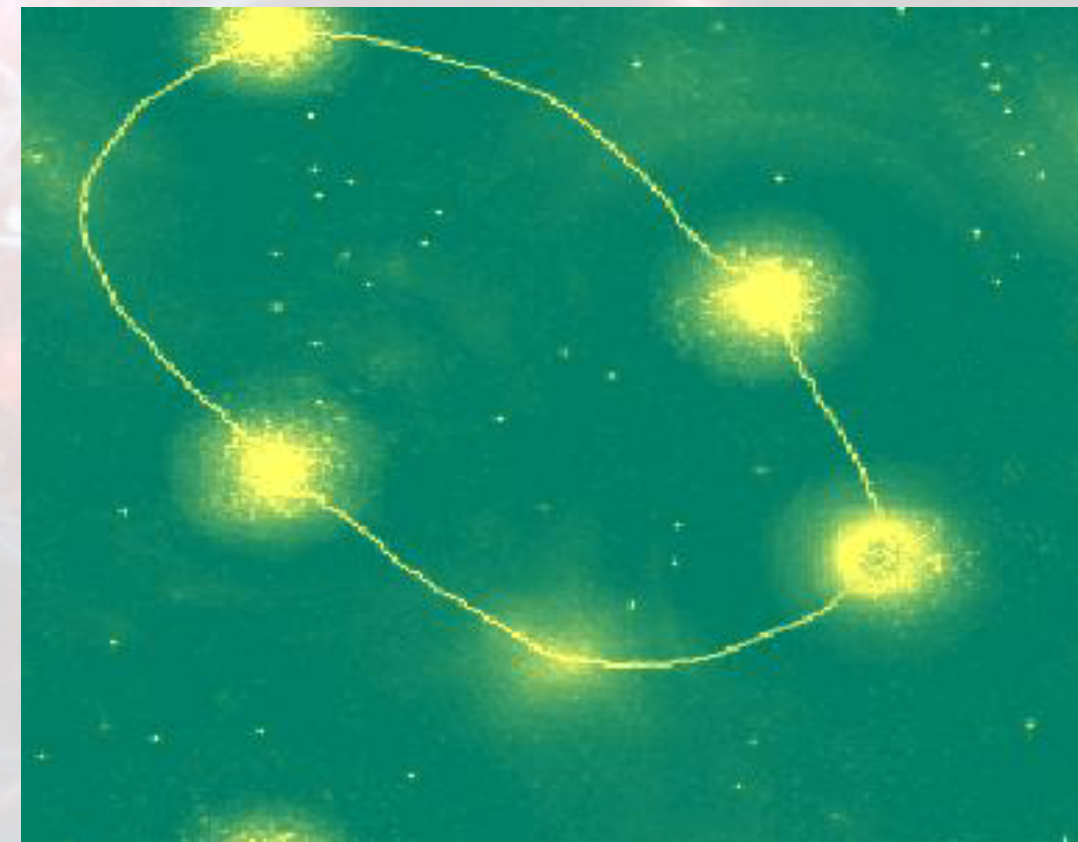
$$V(\varphi, \chi) = \frac{1}{2}m_{\varphi}^2\varphi^2 + \frac{1}{2}g^2\varphi^2\chi^2 + \frac{1}{4}\lambda(\chi^2 - \nu^2)^2$$

$$m = \sqrt{\lambda}\nu \quad \varphi_c = m/g$$

$$\chi^2(t) = [m^2 - g^2\varphi^2(t)]/\lambda$$

$$\omega_{\varphi}^2 \simeq V''_{eff}(0) = (g^2/\lambda)m^2$$

$$\omega_{\varphi}^2 \simeq V''_{eff}(\varphi = 0) = (g^2/\lambda)m^2$$





# electroweak baryogenesis and preheating

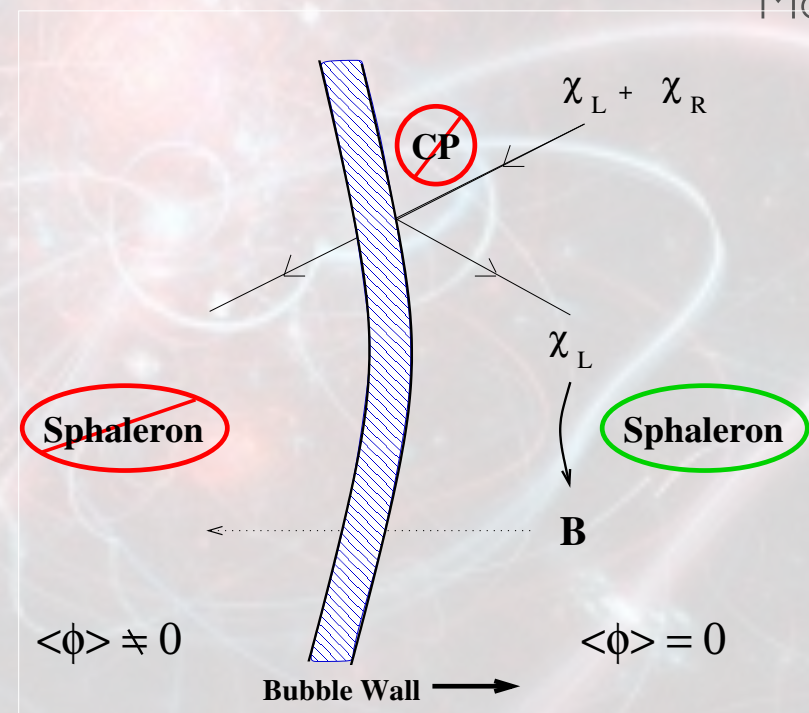
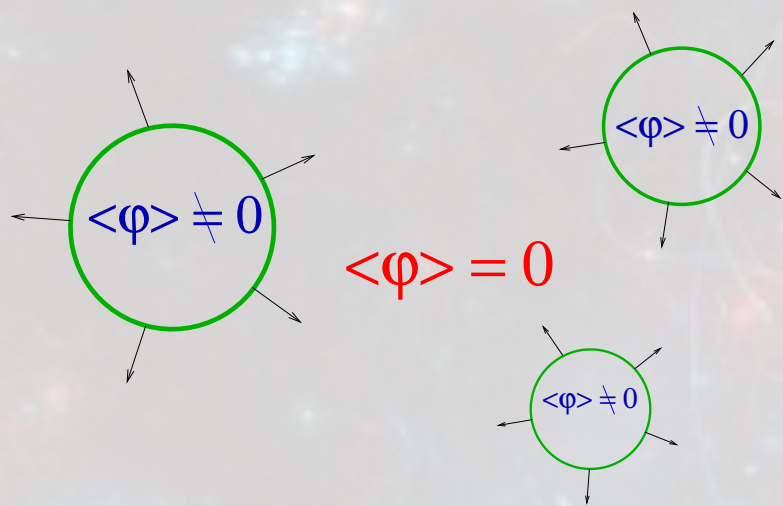
Krauss, Trodden, Garcia-Bellido, Grigoriev, Kusenko, Shaposhnikov, Copeland, Lyth, Rajantie, Saffin, Tranberg, Mou, Smit, Wu, Konstandin, Servant, Brauner, Enqvist, Stephens, Taanila, Hernandez, Hindmarsh



# electroweak baryogenesis

$$\eta = \frac{n_B - n_{\bar{B}}}{n_\gamma} \simeq 10^{-10}$$

- violate Baryon number conservation
- violate C, CP
- depart from thermal equilibrium



Morrissey, Ramsey-Musolf



# electroweak baryogenesis and preheating

$$S_H = - \int d^4x \left[ D_\mu \phi^\dagger D^\mu \phi + \lambda(\phi^\dagger \phi - \nu^2/2) \right]$$

$$S_W = - \int d^4x \frac{1}{4} W_{\mu\nu}^a W^{a,\mu\nu}$$

$$S_f = - \int d^4x \left[ \bar{q}_L \gamma^\mu D_\mu q_L + \bar{u}_R \gamma^\mu D_\mu u_R + \bar{d}_R \gamma^\mu D_\mu d_R \right. \\ \left. + \bar{l}_L \gamma^\mu D_\mu l_L + \bar{\nu}_R \gamma^\mu D_\mu \nu_R + \bar{e}_R \gamma^\mu D_\mu e_R \right]$$

$$S_Y = - \int d^4x \left[ G^u \bar{q}_L \phi u_R + G^d \bar{q}_L \phi d_R + G^e \bar{l}_L \phi e_R + G^\nu \bar{l}_L \phi \nu_R \right. \\ \left. + \hat{G}^u \bar{q}_L \tilde{\phi} u_R + \hat{G}^d \bar{q}_L \tilde{\phi} d_R + \hat{G}^e \bar{l}_L \tilde{\phi} e_R + \hat{G}^\nu \bar{l}_L \tilde{\phi} \nu_R + h.c. \right]$$

$$D_\mu \phi = \left( \partial_\mu - \frac{ig}{2} \sigma^a W_\mu^a \right) \phi \quad D_\mu q_L = \left( \partial_\mu - \frac{ig}{2} \sigma^a W_\mu^a \right) q_L \quad D_\mu l_L = \left( \partial_\mu - \frac{ig}{2} \sigma^a W_\mu^a \right) l_L$$

$$D_\mu u_R = \partial_\mu u_R, \dots \quad [D_\mu, D_\nu] \phi = -\frac{ig}{2} \sigma^a W_{\mu\nu}^a \phi$$



# electroweak baryogenesis and preheating

$$q \rightarrow e^{i\alpha\gamma^5} q, \quad l \rightarrow e^{i\alpha\gamma^5} l$$
$$j_{(b)}^\mu = i [\bar{q}_L \gamma^\mu q_L + \bar{u}_R \gamma^\mu u_R + \bar{d}_R \gamma^\mu d_R]$$
$$j_{(l)}^\mu = i [\bar{l}_L \gamma^\mu l_L + \bar{\nu}_R \gamma^\mu \nu_R + \bar{e}_R \gamma^\mu e_R]$$



# electroweak baryogenesis and preheating

$$q \rightarrow e^{i\alpha\gamma^5} q, \quad l \rightarrow e^{i\alpha\gamma^5} l$$
$$j_{(b)}^\mu = i \left[ \bar{q}_L \gamma^\mu q_L + \bar{u}_R \gamma^\mu u_R + \bar{d}_R \gamma^\mu d_R \right]$$
$$j_{(l)}^\mu = i \left[ \bar{l}_L \gamma^\mu l_L + \bar{\nu}_R \gamma^\mu \nu_R + \bar{e}_R \gamma^\mu e_R \right]$$

$$\partial_\mu j_{(b)}^\mu = \partial_\mu j_{(l)}^\mu = \frac{n_f}{32\pi^2} \left[ \frac{1}{2} \epsilon_{\mu\nu\rho\sigma} W^{a,\mu\nu} W^{a,\rho\sigma} \right] = \partial_\mu K^\mu$$

$$K^\mu = \frac{n_f}{16\pi^2} \epsilon^{\mu\nu\sigma\rho} \left[ W_{\nu\rho}^a W_\sigma^a - \frac{2}{3} \epsilon_{abc} W_\nu^a W_\rho^b W_\sigma^c \right]$$



# electroweak baryogenesis and preheating

$$N_B = \int d^3x j_B^0 = n_f \int d^3x K^0 = n_f N_{CS}$$

$$B(t) - B(0) = 3[N_{CS}(t) - N_{CS}(0)]$$



# electroweak baryogenesis and preheating

$$N_B = \int d^3x j_B^0 = n_f \int d^3x K^0 = n_f N_{CS}$$

$$B(t) - B(0) = 3[N_{CS}(t) - N_{CS}(0)]$$

why bother with fermions if  $N_f = N_{CS}$ ?

$$\frac{K_{CP}}{M_W^2} \phi^\dagger \phi \epsilon^{\mu\nu\sigma\rho} W_{\mu\nu}^a W_{\rho\sigma}^a$$

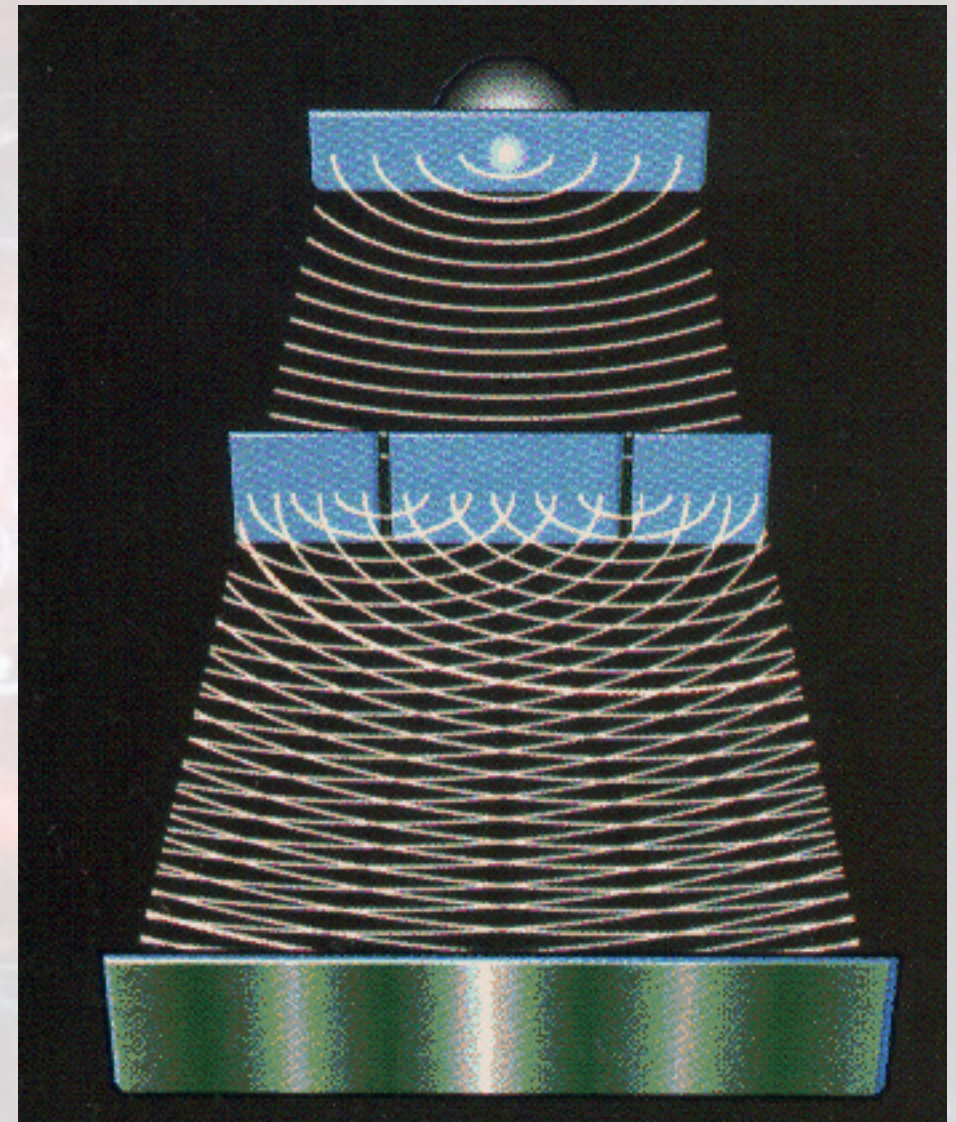
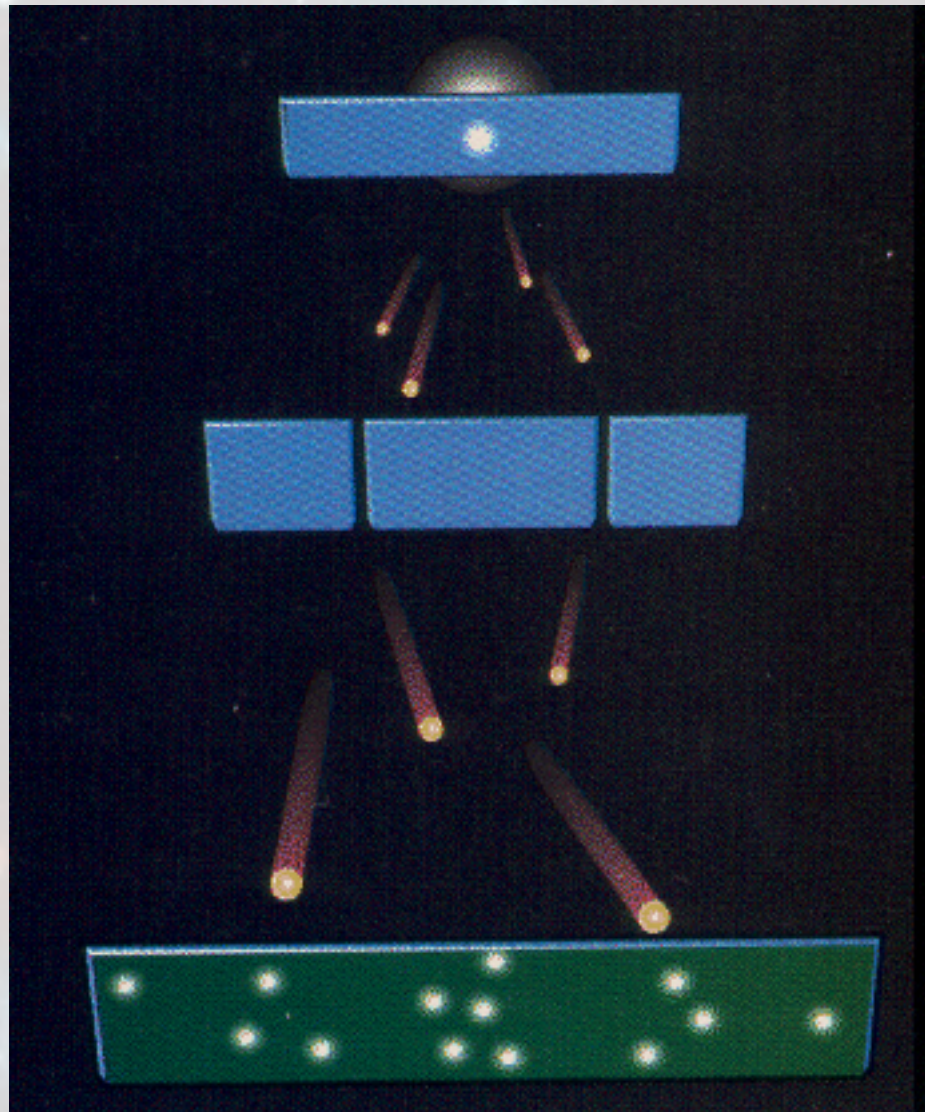
$$\frac{\delta_{CP}}{16\pi^2 m_W^2} i \left( \phi_1^\dagger \phi_2 - \phi_2^\dagger \phi_1 \right) \epsilon^{\mu\nu\sigma\rho} W_{\mu\nu}^a W_{\sigma\rho}^a$$



# classical bosons, quantum fermions

$$\square\phi - m^2\phi - \lambda\phi^3 = 0$$

$$\gamma^\mu\partial_\mu\psi + m\psi = 0$$





## fermion evolution

$$\hat{\psi}(t, \underline{x}) = \sum_s \int \frac{d^3 p}{(2\pi)^3} \frac{1}{2\omega_p} \left[ \hat{b}_s(\underline{p}) U_s(\underline{p}) e^{ip \cdot x} + \hat{d}_s(\underline{p}) V_s(\underline{p}) e^{-ip \cdot x} \right]$$

$$\left\{ \hat{b}_r^\dagger(\underline{p}), \hat{b}_s(\underline{p}') \right\} = 2\omega_p (2\pi)^3 \delta(\underline{p} - \underline{p}') \delta_{rs}$$

$$\left\{ \hat{d}_r^\dagger(\underline{p}), \hat{d}_s(\underline{p}') \right\} = 2\omega_p (2\pi)^3 \delta(\underline{p} - \underline{p}') \delta_{rs}$$



## ensemble fermion method

$$\hat{\psi}(t, \underline{x}) = \sum_s \int \frac{d^3 p}{(2\pi)^3} \frac{1}{2\omega_p} \left[ \hat{b}_s(\underline{p}) U_s(\underline{p}) e^{ip \cdot x} + \hat{d}_s(\underline{p}) V_s(\underline{p}) e^{-ip \cdot x} \right]$$

$$\left\{ \hat{b}_r^\dagger(\underline{p}), \hat{b}_s(\underline{p}') \right\} = 2\omega_p (2\pi)^3 \delta(\underline{p} - \underline{p}') \delta_{rs}$$

$$\left\{ \hat{d}_r^\dagger(\underline{p}), \hat{d}_s(\underline{p}') \right\} = 2\omega_p (2\pi)^3 \delta(\underline{p} - \underline{p}') \delta_{rs}$$



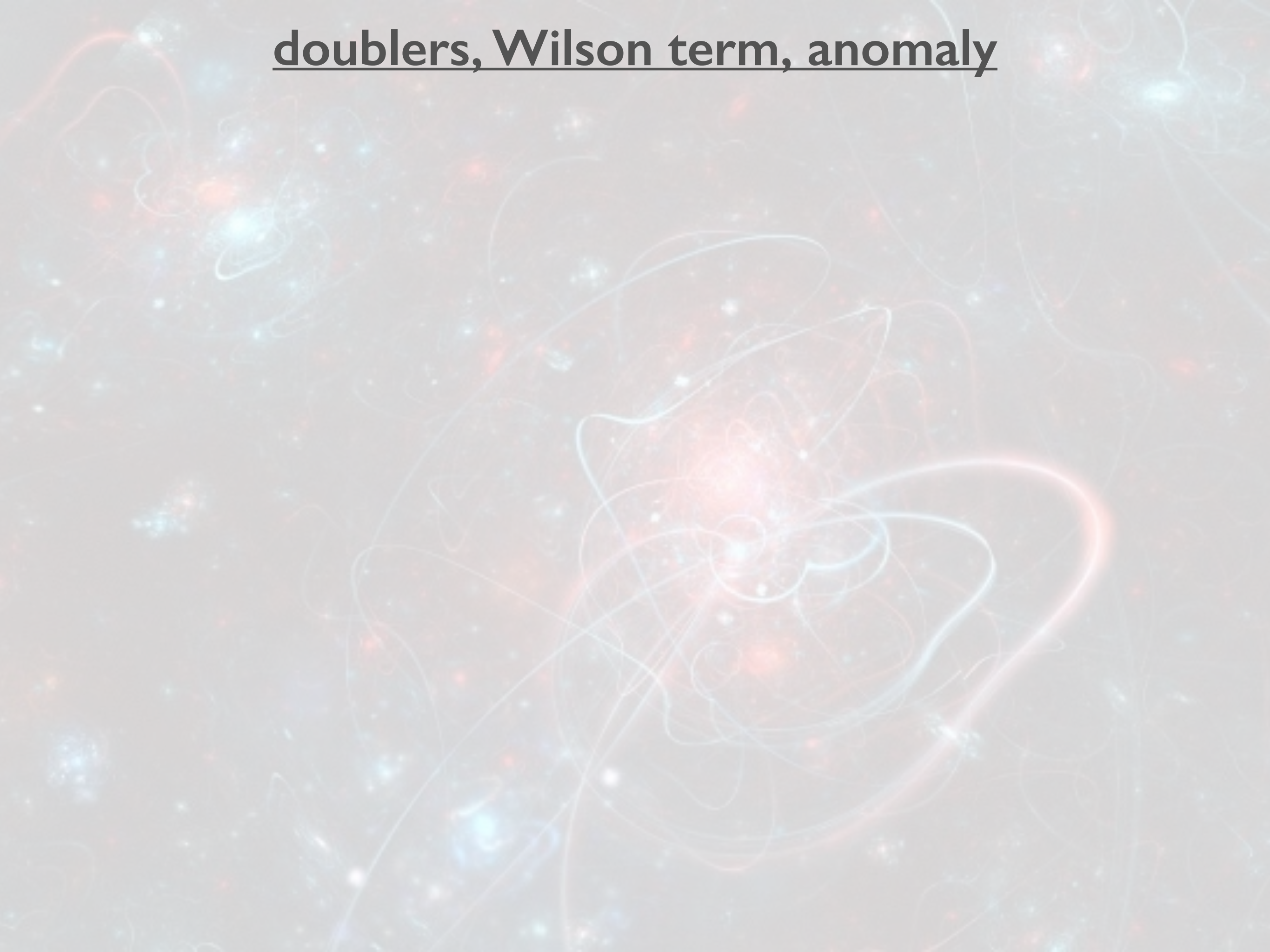
$$\psi_{M,F}(t, \underline{x}) = \frac{1}{\sqrt{2}} \sum_s \int \frac{d^3 p}{(2\pi)^3} \frac{1}{2\omega_p} \left[ \xi_s(\underline{p}) U_s(\underline{p}) e^{ip \cdot x} \pm \eta_s(\underline{p}) V_s(\underline{p}) e^{-ip \cdot x} \right]$$

$$\langle \xi_r(\underline{p}) \xi_s^*(\underline{p}') \rangle_e = 2\omega_p (2\pi)^3 \delta(\underline{p} - \underline{p}') \delta_{rs}$$

$$\langle \eta_r(\underline{p}) \eta_s^*(\underline{p}') \rangle_e = 2\omega_p (2\pi)^3 \delta(\underline{p} - \underline{p}') \delta_{rs}$$



# doublers, Wilson term, anomaly





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$$\frac{r_W}{2} \int dx \bar{\psi} D_i D_i \psi$$



# doublers, Wilson term, anomaly

$$\frac{r_W}{2} \int dx \bar{\psi} D_i D_i \psi$$

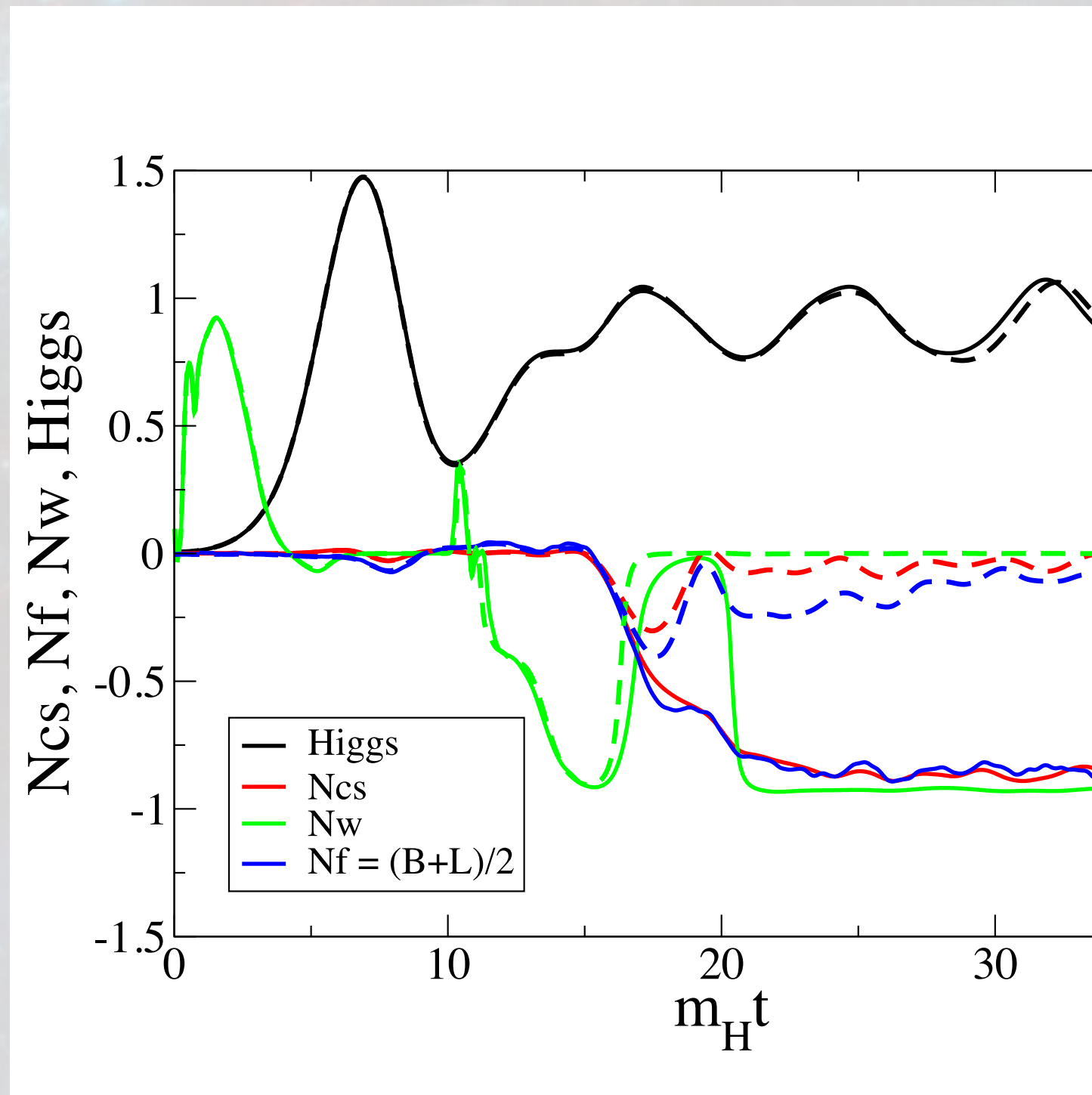
$$\partial_\mu j_5^\mu = r_w \frac{dt}{dx} \bar{\psi} \gamma^5 D_i D_i \psi$$



$$\partial_\mu j_5^\mu = \frac{1}{32\pi^2} W_{\mu\nu}^a \tilde{W}^{a\mu\nu}$$



# electroweak baryogenesis and preheating





# electroweak baryogenesis and preheating

we still need to generate the asymmetry: C, P, CP

standard model: left-handed fermions gauged - ~~C~~, ~~P~~, CP

CKM matrix - ~~C~~, P, ~~CP~~



# electroweak baryogenesis and preheating

$$V(\phi_1, \phi_2) = \dots - \frac{1}{2} \mu_{12}^2 (\phi_1^\dagger \phi_2) + \frac{1}{2} \lambda_5 (\phi_1^\dagger \phi_2)^2 + c.c$$

introduce another Higgs doublet



# electroweak baryogenesis and preheating

$$V(\phi_1, \phi_2) = \dots - \frac{1}{2} \mu_{12}^2 (\phi_1^\dagger \phi_2) + \frac{1}{2} \lambda_5 (\phi_1^\dagger \phi_2)^2 + c.c$$

$$m_1 = 125 \text{ GeV}, \quad m_2 = 300 \text{ GeV}, \quad m_3 = 350 \text{ GeV}$$

$$m_{\pm} = 400 \text{ GeV}$$

$$|\nu_1| = 110 \text{ GeV}, \quad |\nu_2| = 220 \text{ GeV}, \quad |\nu_1|/|\nu_2| = \tan \beta = 2$$

$$|\nu_1|^2 + |\nu_2|^2 = (246 \text{ GeV})^2 \quad \arg(\nu_2^\dagger \nu_1) = \pi/2$$

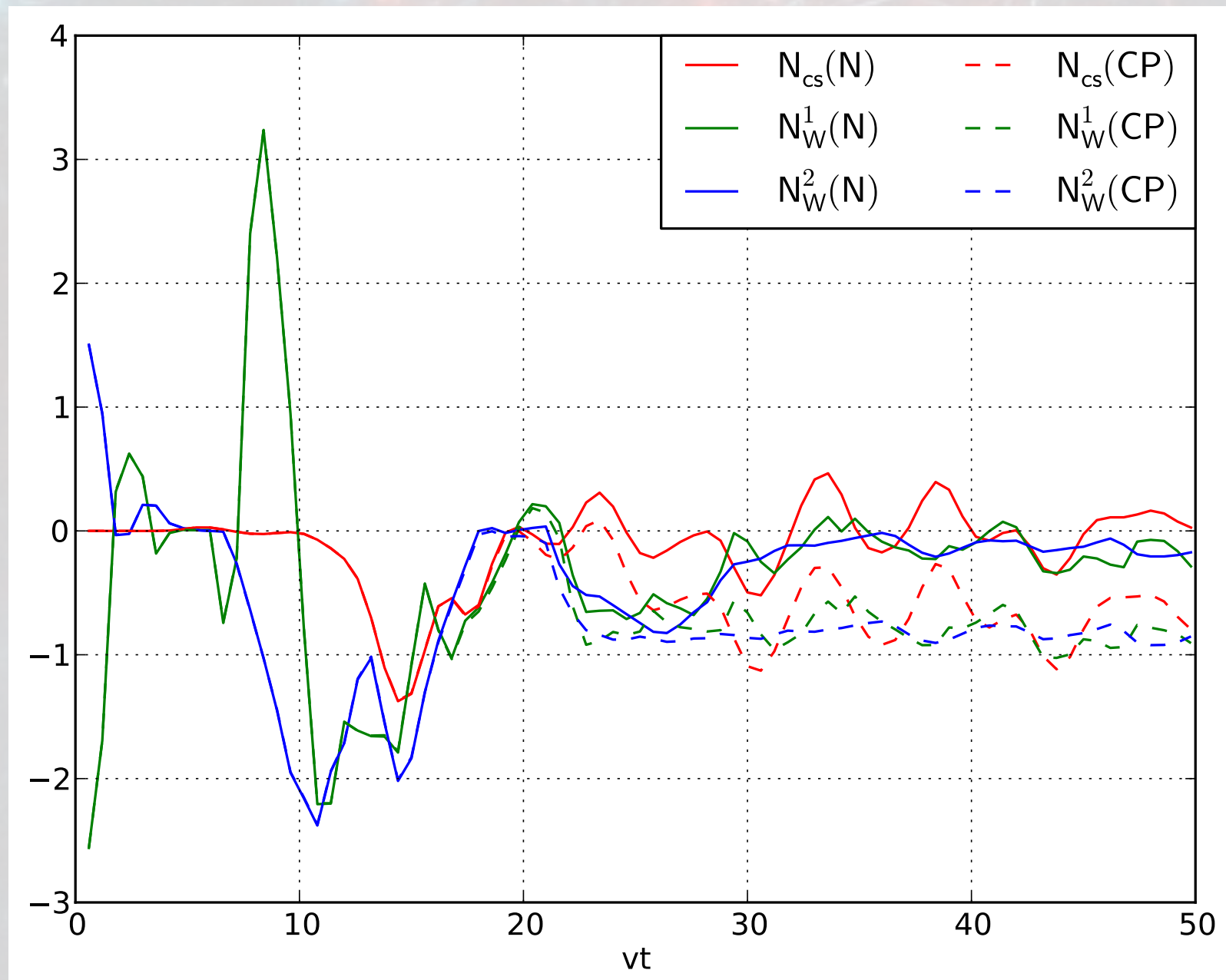


# simulate in CP pairs:

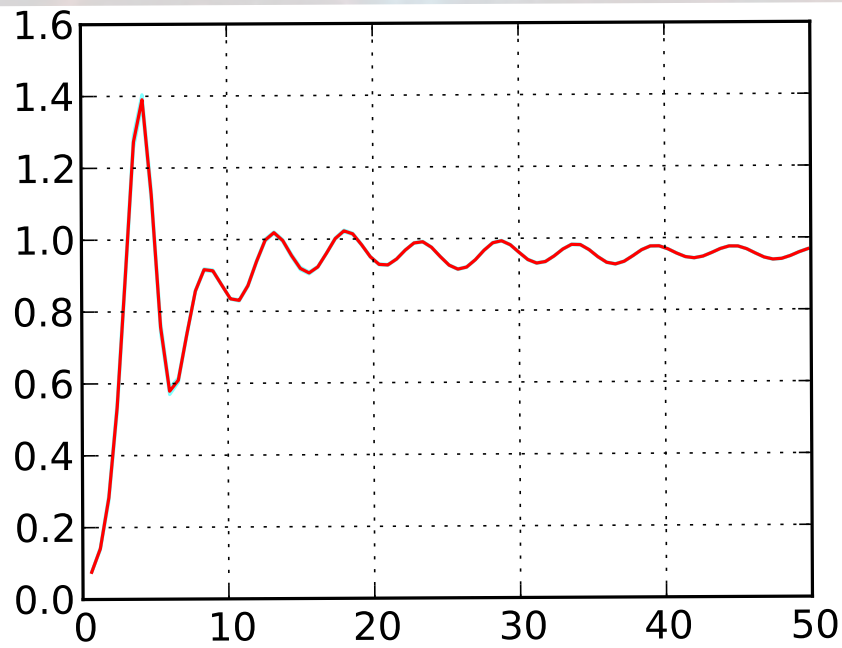
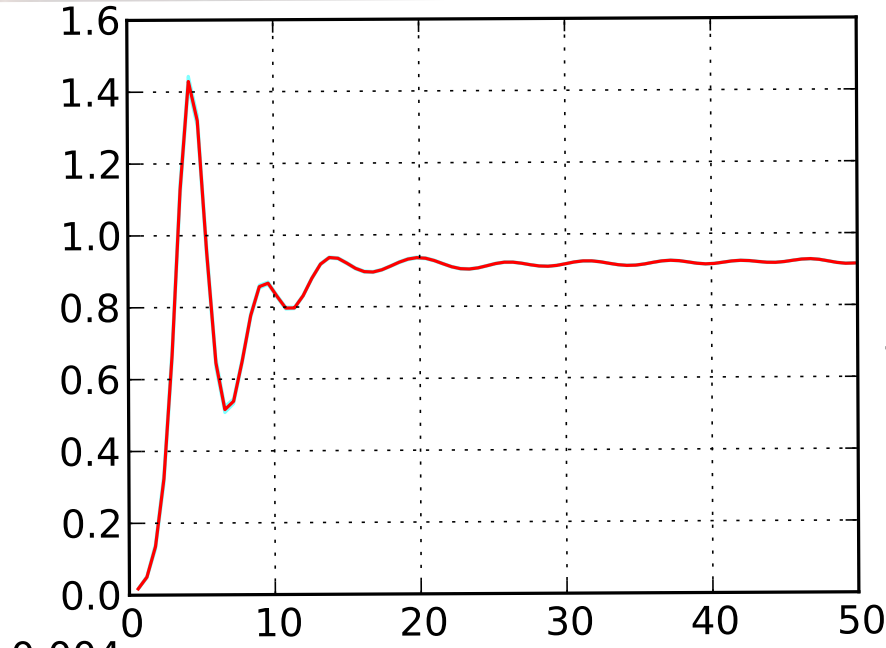
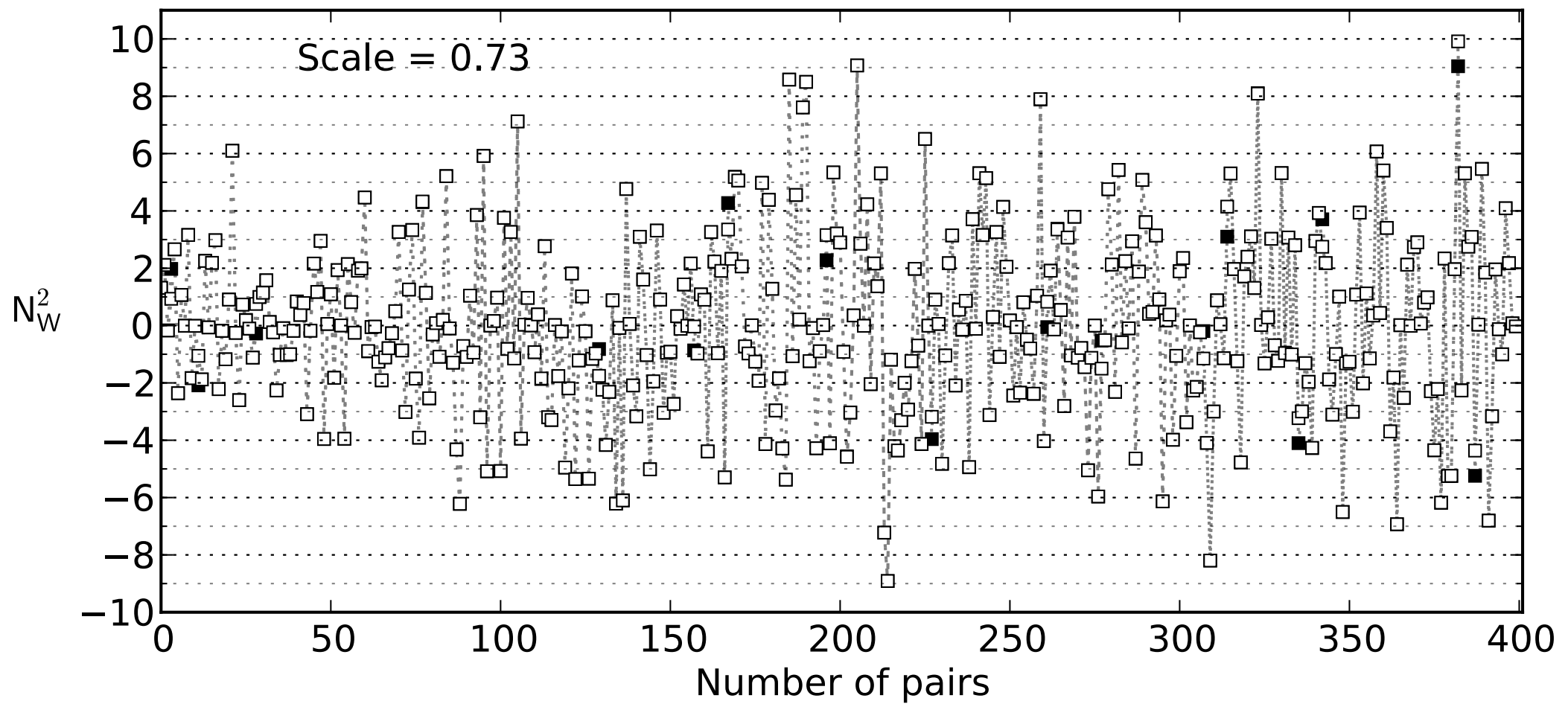
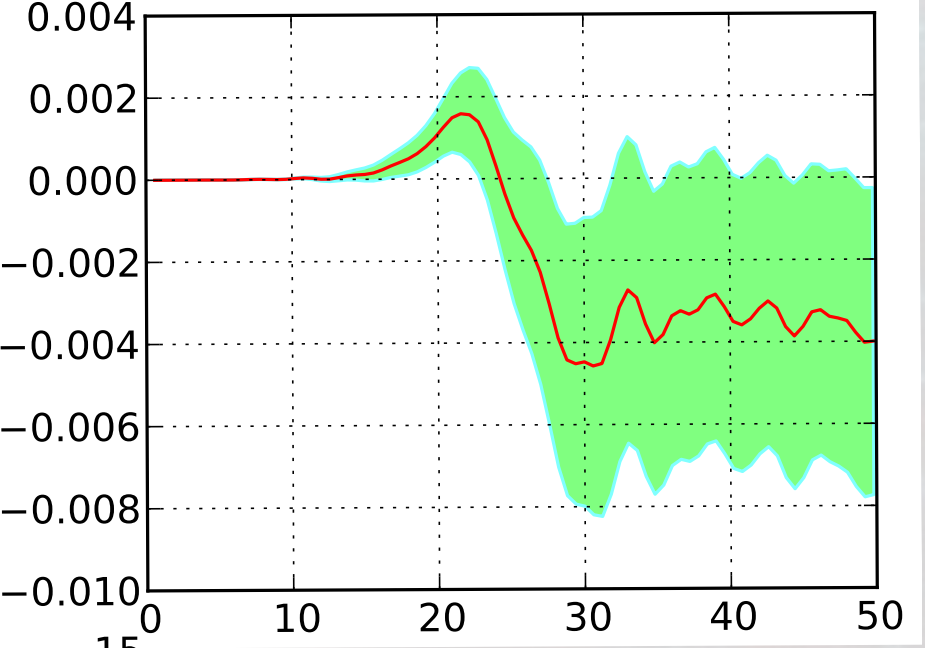
$$\psi_{CP}(t, \underline{x}) = i\gamma^0 \gamma^2 \psi^*(t, -\underline{x})$$

$$\phi_{CP}(t, \underline{x}) = \phi^*(t, -\underline{x})$$

$$W_{CP}(t, \underline{x}) = W^T(t, -\underline{x})$$





$|\phi_1|^2$  $|\phi_2|^2$  $N_{CS}$ 

$$N_+ = 6, \quad N_- = 10$$



# final baryon asymmetry

$$n_B = \frac{1}{Vol} \frac{N_+ - N_-}{2N_{pairs}}$$

$$7.04n_\gamma = s = \frac{2\pi^2}{45} g_\star T^3 \qquad \mathcal{V}_0 = \frac{\pi^2}{30} g_\star T^4$$

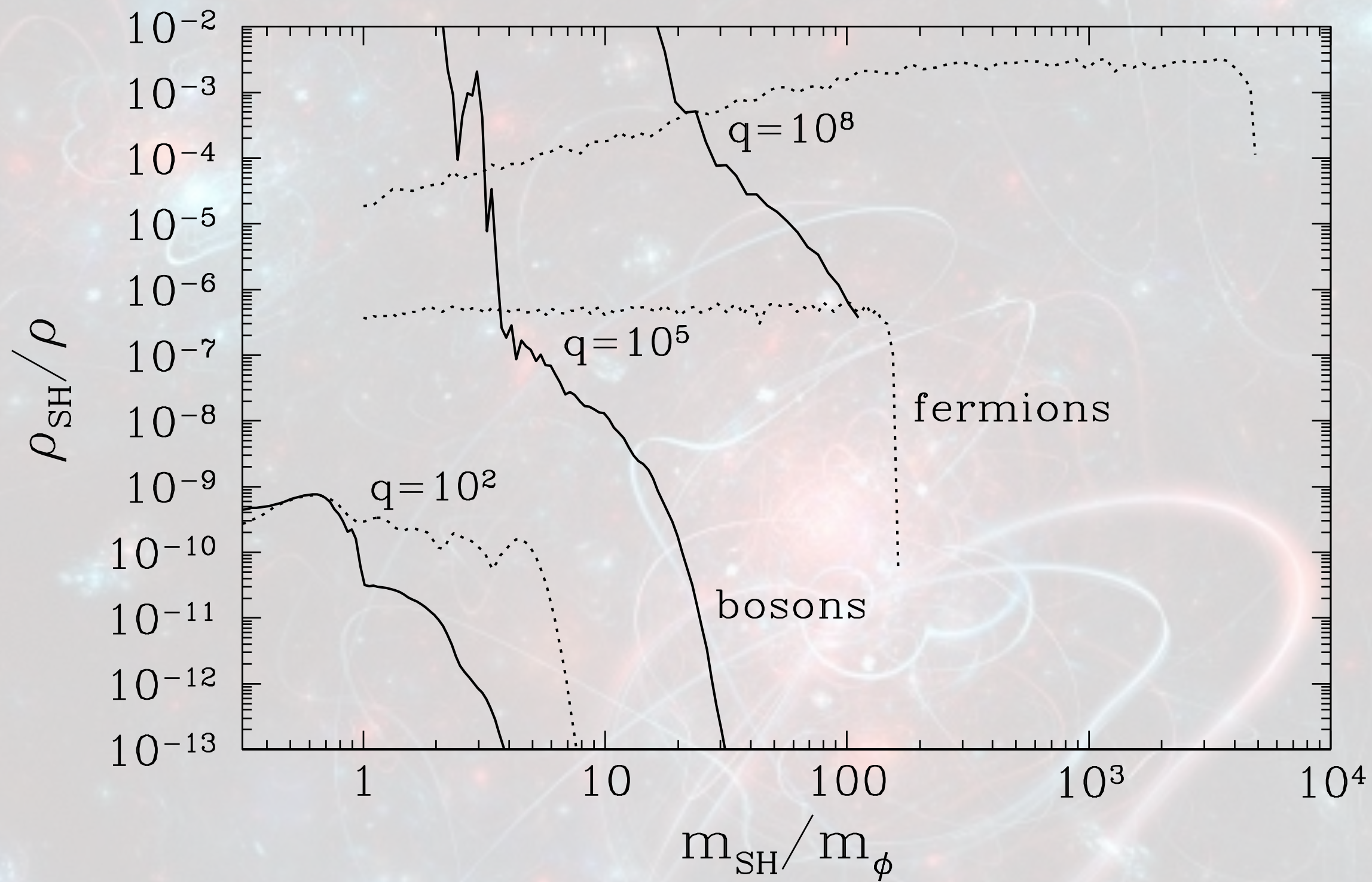
$$\eta = \frac{n_B}{n_\gamma} \simeq -3.5 \times 10^{-7} \times (1 \pm 1)$$



# conclusions

- end of inflation can be a busy period
  - defects - topological and nontopological
  - gravitational waves
  - baryogenesis - GUT and electroweak
- numerical methods are available
  - classical for highly populated bose fields
  - quantum for fermions

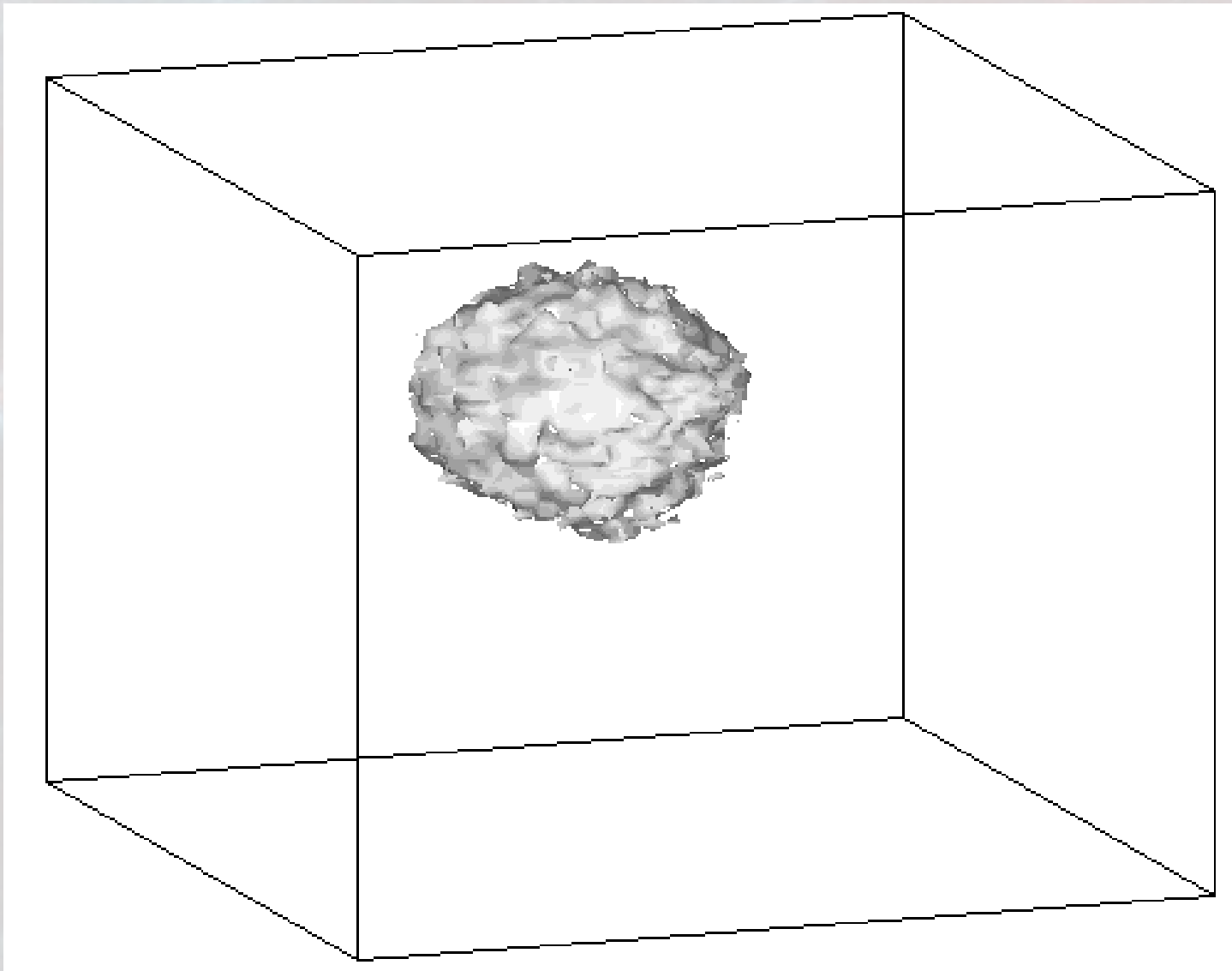






## first order phase transitions

$$\mathcal{L} = -\frac{1}{2}(\partial\varphi)^2 - \frac{1}{2}(\partial\chi)^2 - \frac{\lambda}{4}(\varphi^2 - \nu^2)^2 - \frac{g^2}{2}\varphi^2\chi^2$$



bubble of  
broken phase



the numbers

$$\mathcal{V}_0 = (226 \text{ GeV})^4$$

$$g_\star = 3 \times 3 + 5 + \frac{7}{8} \times 4 \times 4 = 28$$

$$\rho_f = \int \frac{d^3 p}{(2\pi)^3} \frac{p}{e^{p/T} + 1} = \frac{7 \pi^2}{8 \cdot 30} T^4$$

$$\rho_b = \int \frac{d^3 p}{(2\pi)^3} \frac{p}{e^{p/T} - 1} = \frac{\pi^2}{30} T^4$$

$$s = g_\star \frac{2\pi^3}{45} T^3$$

$$n_\gamma = 2 \int \frac{d^3 p}{(2\pi)^3} \frac{1}{e^{p/T} - 1} = \frac{2\zeta(3)}{\pi^2} T^3$$

$$s = 7.04 n_\gamma$$



comoving Hubble radius  $\frac{1}{\mathcal{H}} = \frac{1}{aH}$  increases for standard matter

$$p = w\rho$$

$$\frac{d}{dt} \left[ \frac{1}{aH} \right] = -\frac{\ddot{a}}{(aH)^2}$$

$$\frac{\ddot{a}}{a} = -\frac{1}{6}(1 + 3w)\rho$$

$$\frac{1}{aH} = \frac{1}{H_0} a^{(1+3w)/2}$$