



# Status of Carbon Therapy

**Roberto Orecchia**

*Chair of Radiation Oncology at the University of Milan,  
Scientific Director*

*at European Institute of Oncology in Milan, &  
at The National Centre of Oncological Hadrontherapy in Pavia*

**ENLIGHT Meeting  
Utrecht  
15th September 2016**



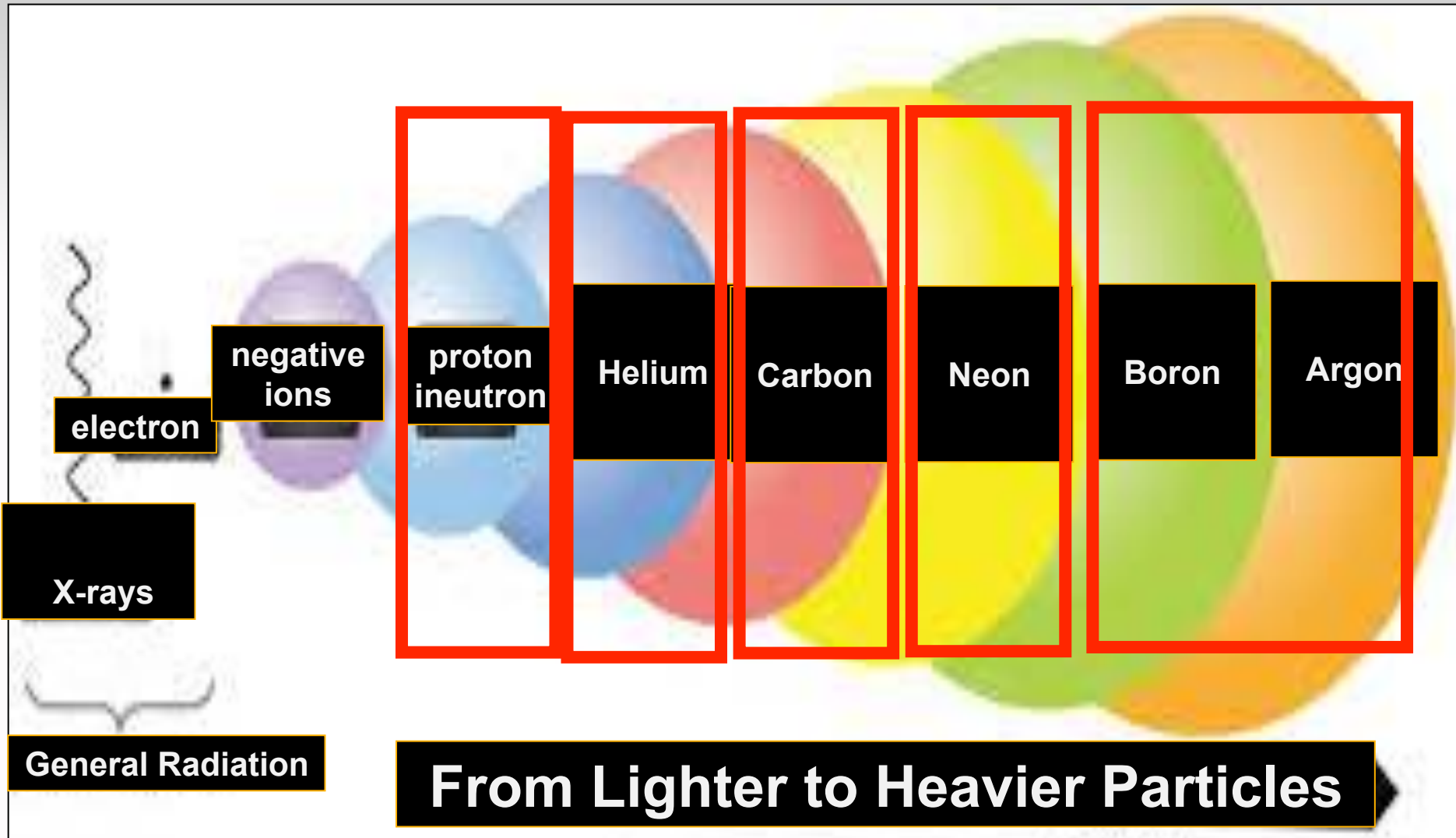
UNIVERSITÀ  
DEGLI STUDI  
DI MILANO



IEO  
European Institute of Oncology

fondazione **CNAO**  
Centro Nazionale di Adroterapia Oncologica

# Particle Therapy



# **Experience with light ions at LBL**

**1314 patients treated from 1975 to 1992**

**64% with He (low-LET), 32% with Ne**

**347 uveal melanoma (He only), 194 pancreas (55% He), 94 chordoma (85% He), esophagus, biliary tract, salivary glands, paranasal sinuses, lung, prostate, .....**

Clinical Investigation

## Long-term Results of the UCSF-LBNL Randomized Trial: Charged Particle With Helium Ion Versus Iodine-125 Plaque Therapy for Choroidal and Ciliary Body Melanoma

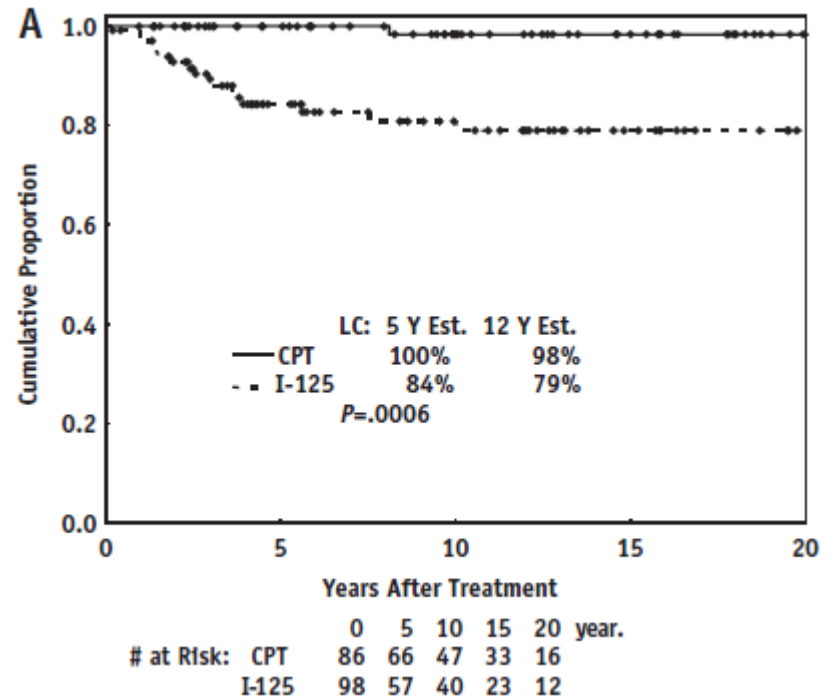
Kavita K. Mishra, MD, MPH,<sup>\*</sup> Jeanne M. Quivey, MD,<sup>\*,†</sup>  
Inder K. Daftari, PhD,<sup>\*,†</sup> Vivian Weinberg, PhD,<sup>\*</sup>  
Tia B. Cole, MSc, PhD,<sup>‡</sup> Kishan Patel, HSD,<sup>\*</sup> Joseph R. Castro, MD,<sup>\*,†</sup>  
Theodore L. Phillips, MD,<sup>\*,†</sup> and Devron H. Char, MD<sup>‡,§,||</sup>

<sup>\*</sup>Department of Radiation Oncology, University of California-San Francisco, San Francisco, California; <sup>†</sup>Lawrence Berkeley National Laboratory, Berkeley, California; <sup>‡</sup>The Tumori Foundation, San Francisco, California; <sup>§</sup>Department of Ophthalmology, University of California-San Francisco, San Francisco, California; and <sup>||</sup>Department of Ophthalmology, Stanford University, Palo Alto, California

Received Aug 4, 2014, and in revised form Dec 12, 2014. Accepted for publication Jan 20, 2015.



- Phase III RCT
- Helium ions vs iodine 125 plaque brachytherapy
- Significant improvement in LC
- Long term follow up
- No difference in OS

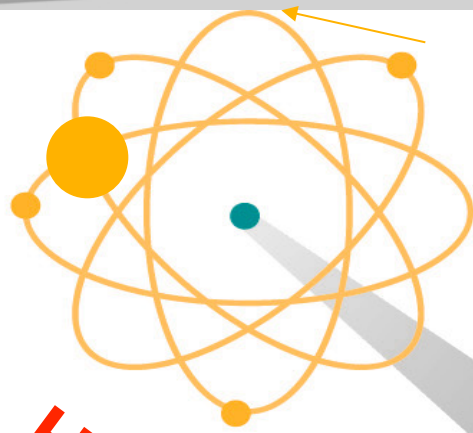


# Fast neutrons & Neon ions

Tumour site or type	Local control rates after treatment with <sup>a</sup>	
	Fast neutrons (pooled data)	Neon ions (Berkeley)
Salivary gland tumours	67%	80% (25-30%)
Paranasal sinuses	67%	63% (≈20%)
Fixed cervical lymph nodes	69% (55%)	
Sarcomas	53%	45% (30-40% <sup>b</sup> )
Prostatic adenocarcinoma	77%	100% (30-70% <sup>b</sup> )

## BEVALAC complex

(SuperHILac linear accelerator + Bevatron)



**Electrons  
(X-rays):**

**Carbon ion  
is 12×2000 times  
heavier than  
electron**

**Hadrontherapy**



**Nucleus of Carbon  
made of 6 protons (p)  
and 6 neutrons (n)**

p



n



**Simplest nucleus:  
the proton (p)**

**Proton is 2000 times heavier than electron**

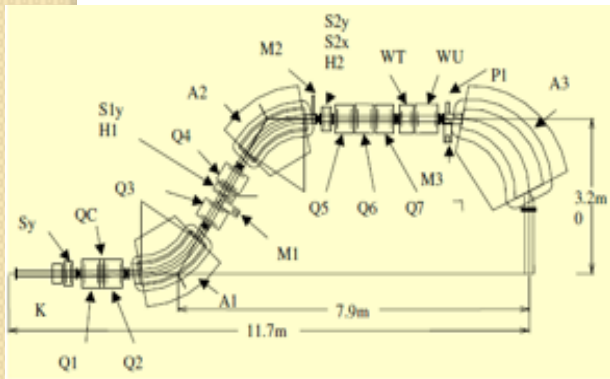
# CNAO - Pavia



**22 m**

# Gantry size

Conventional RT



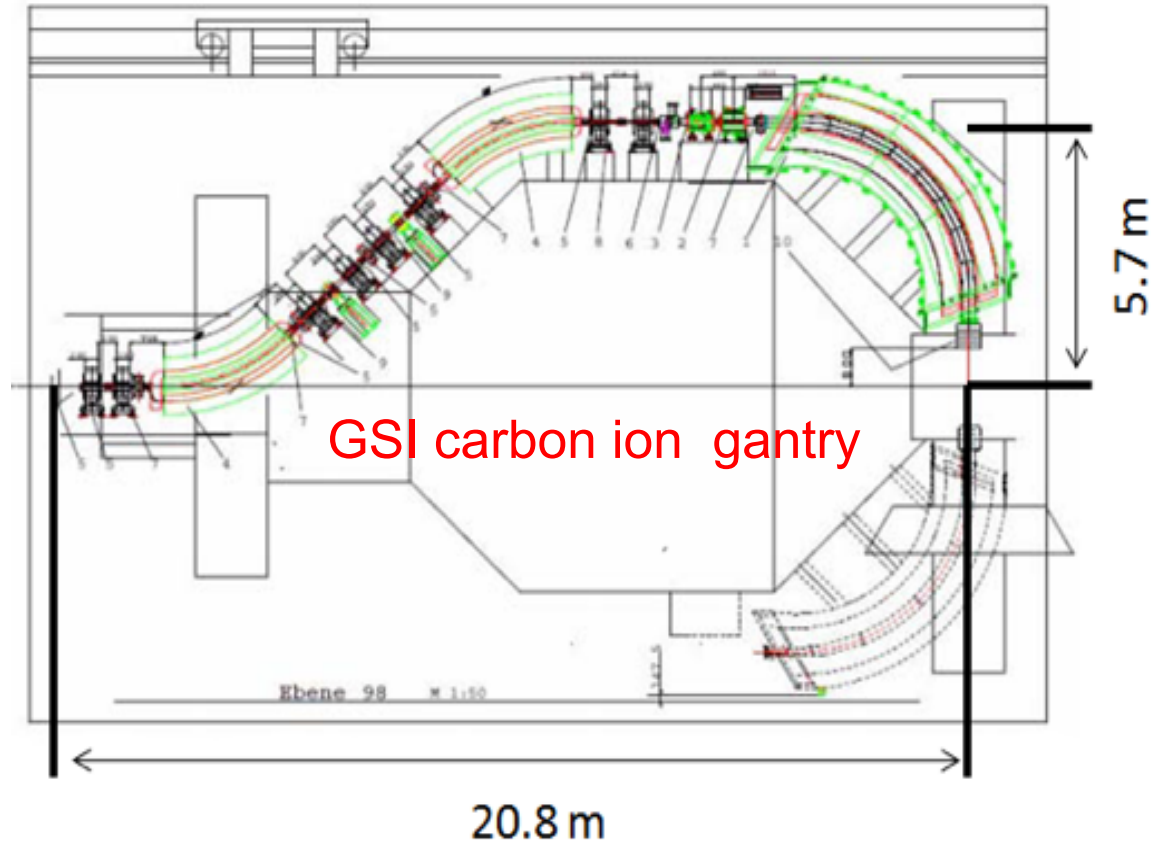
Proton Gantry

$B\rho < 2.4 \text{ Tm}$

PSI proton gantry

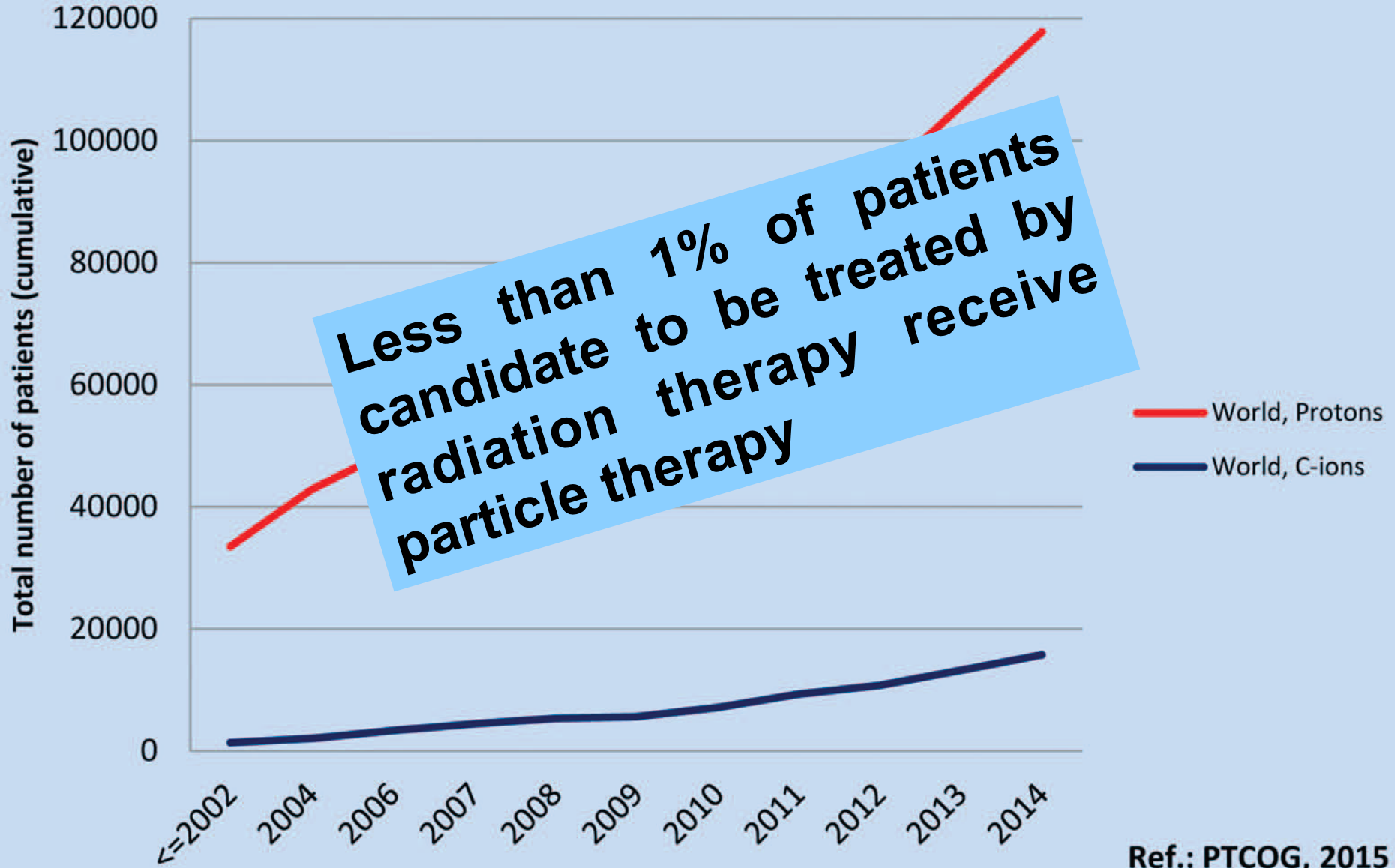
(Courtesy M. Pullia)

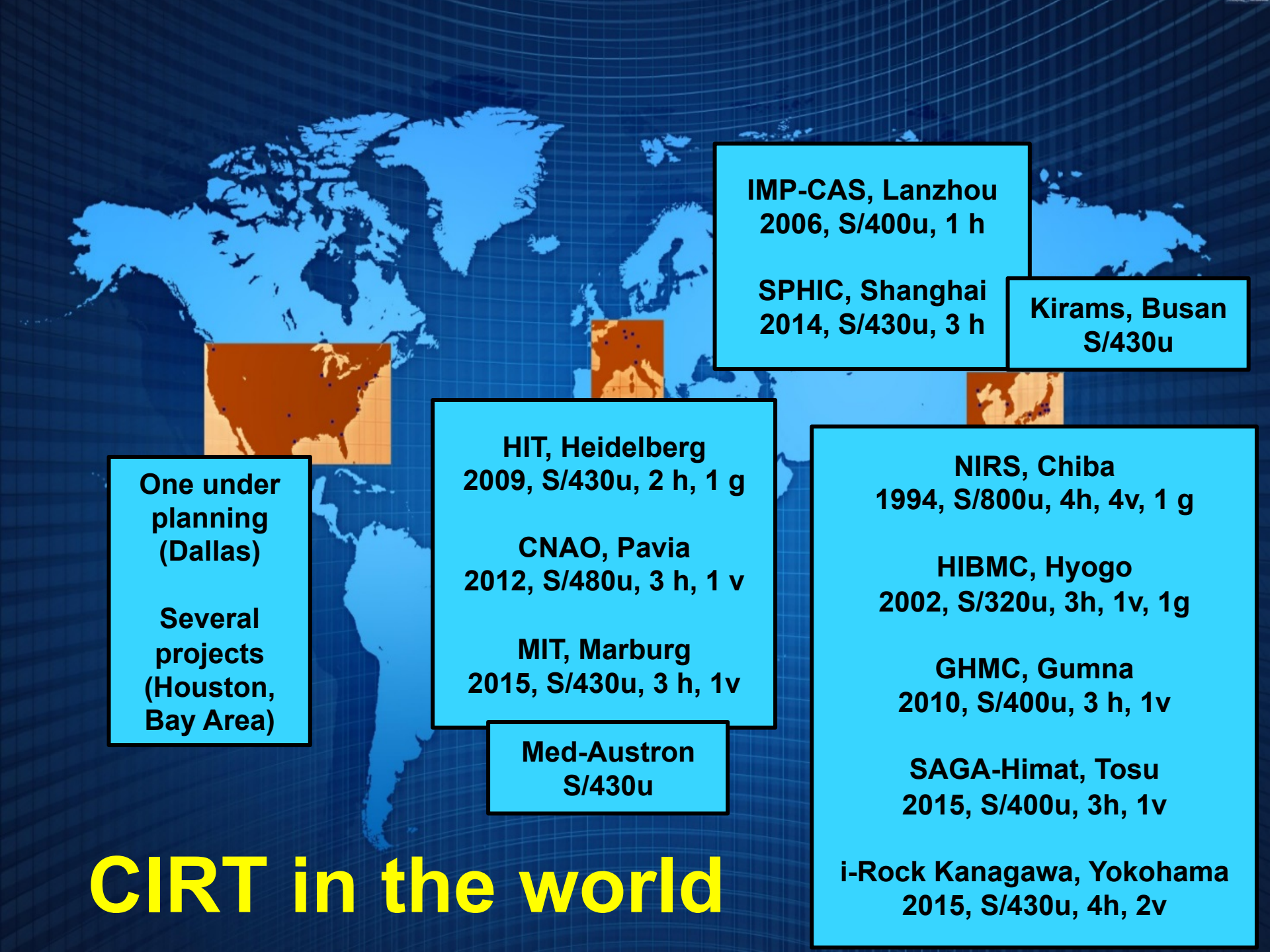
Carbon Ion Gantry  
 $B\rho < 6.4 \text{ Tm}$





# Patients Treated with Protons and C-ions Worldwide





**IMP-CAS, Lanzhou**  
2006, S/400u, 1 h

**SPHIC, Shanghai**  
2014, S/430u, 3 h

**Kirams, Busan**  
S/430u

**One under  
planning  
(Dallas)**

**Several  
projects  
(Houston,  
Bay Area)**

**HIT, Heidelberg**  
2009, S/430u, 2 h, 1 g

**CNAO, Pavia**  
2012, S/480u, 3 h, 1 v

**MIT, Marburg**  
2015, S/430u, 3 h, 1v

**Med-Austron**  
S/430u

**NIRS, Chiba**  
1994, S/800u, 4h, 4v, 1 g

**HIBMC, Hyogo**  
2002, S/320u, 3h, 1v, 1g

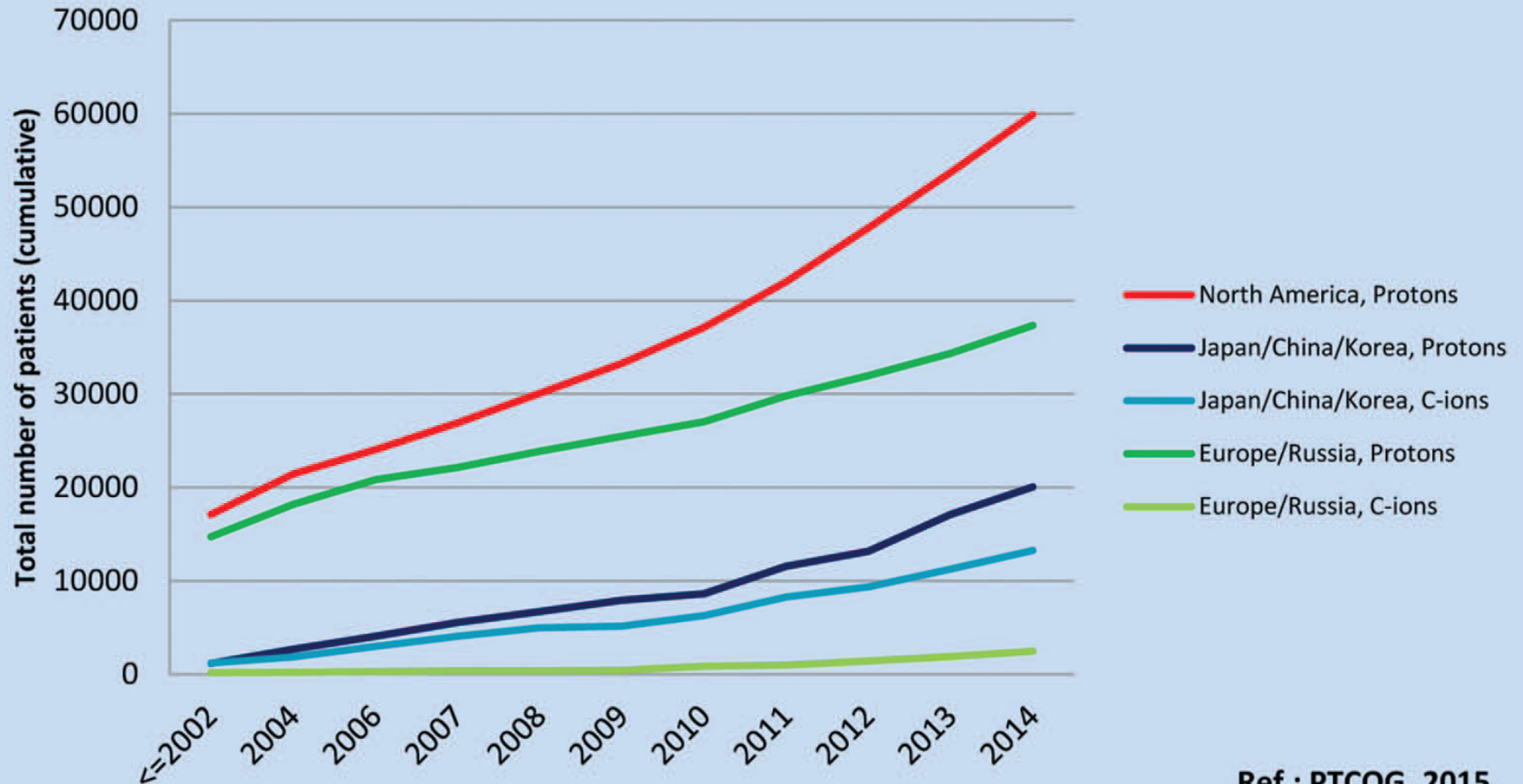
**GHMC, Gumna**  
2010, S/400u, 3 h, 1v

**SAGA-Himat, Tosu**  
2015, S/400u, 3h, 1v

**i-Rock Kanagawa, Yokohama**  
2015, S/430u, 4h, 2v

# **CIRT in the world**

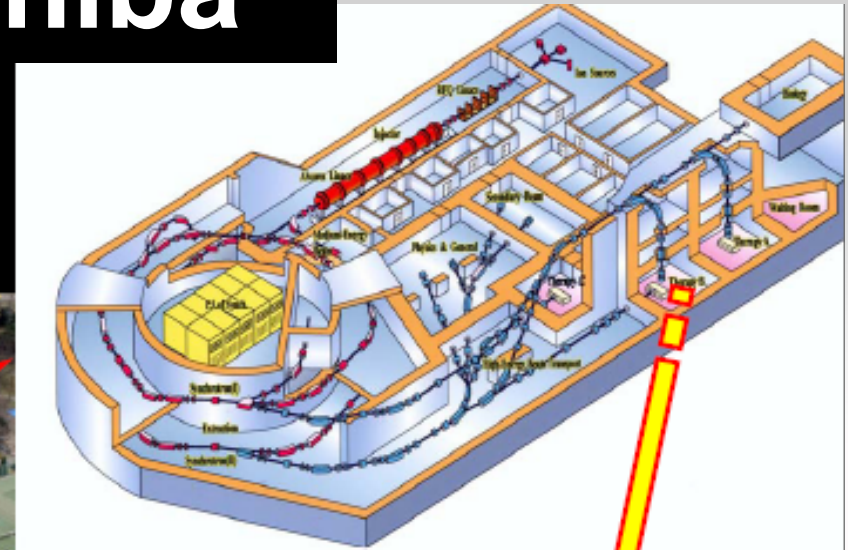
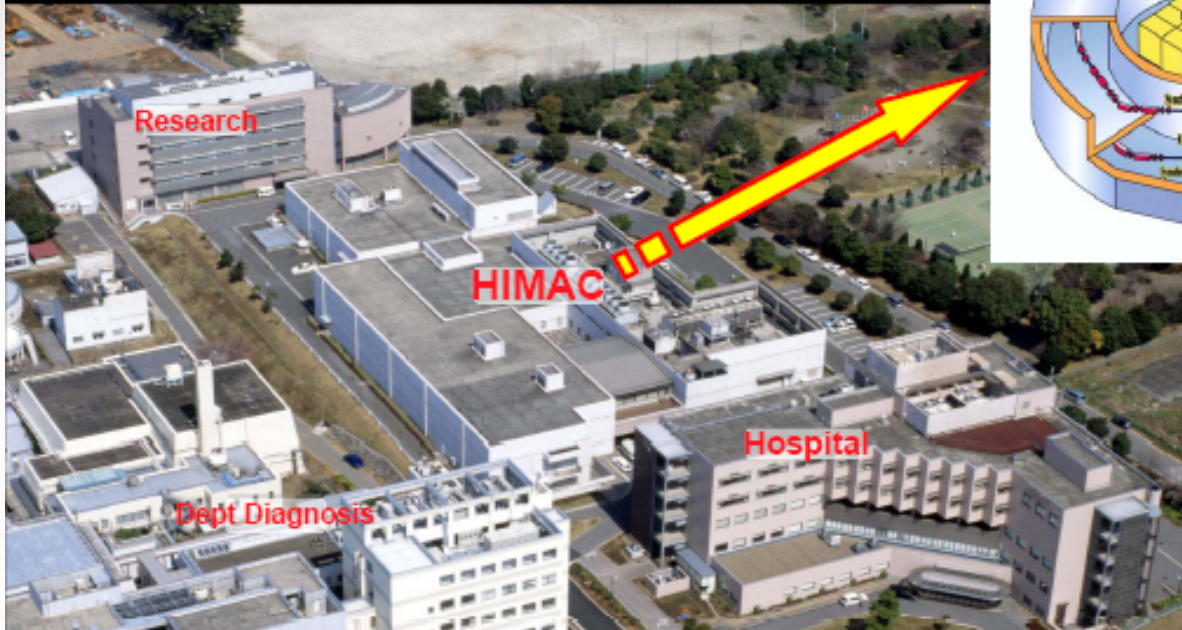
## Patients Treated with Protons and C-ions in North America, Asia, and Europe



Ref.: PTCOG, 2015

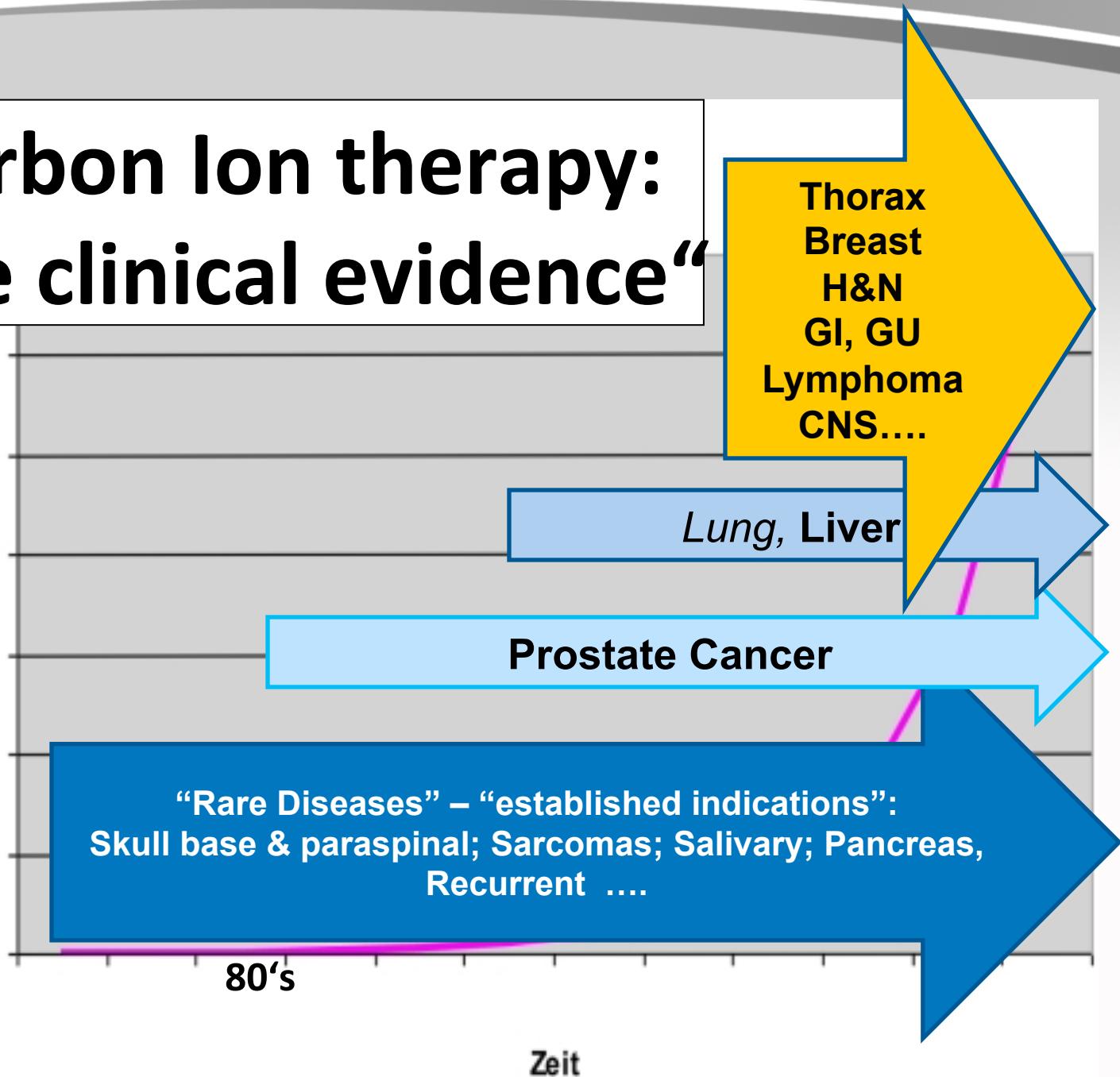
# Carbon ion at Chiba

**HIMAC**  
(Heavy Ion Medical Accelerator in Chiba)



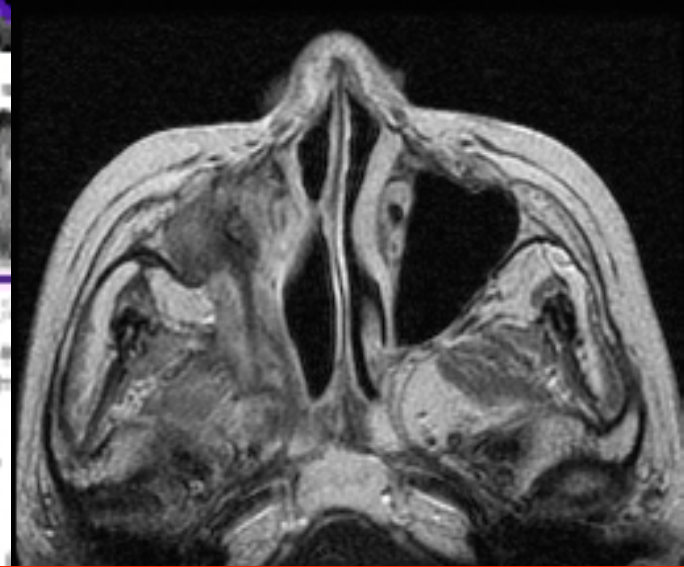
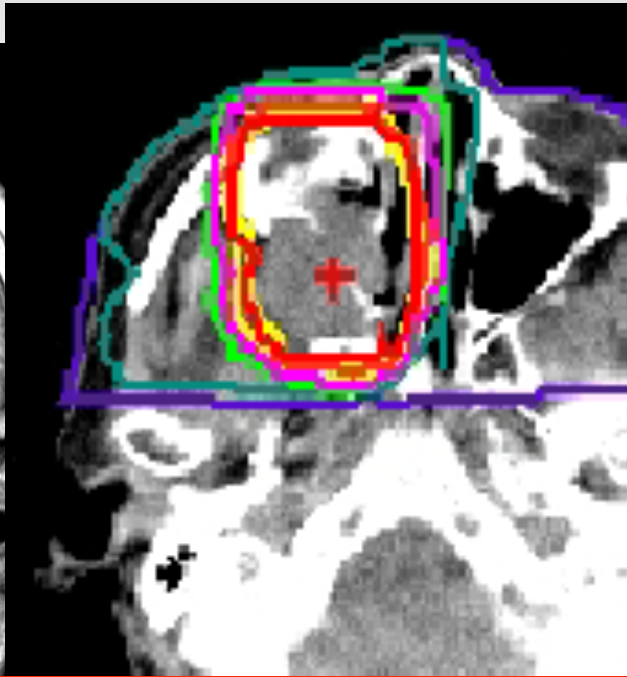
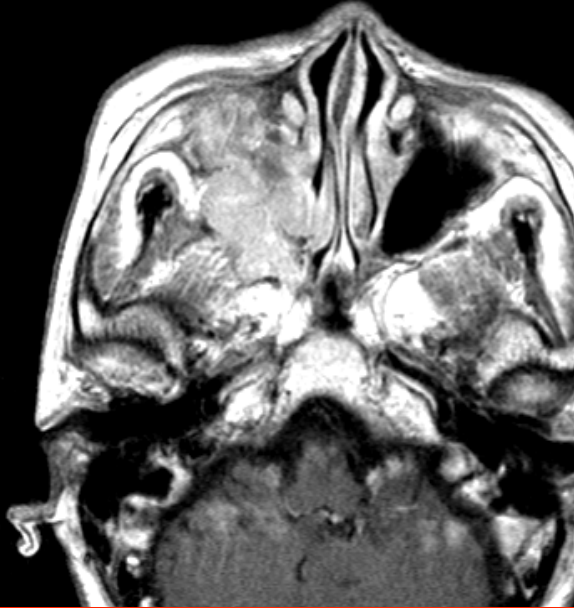
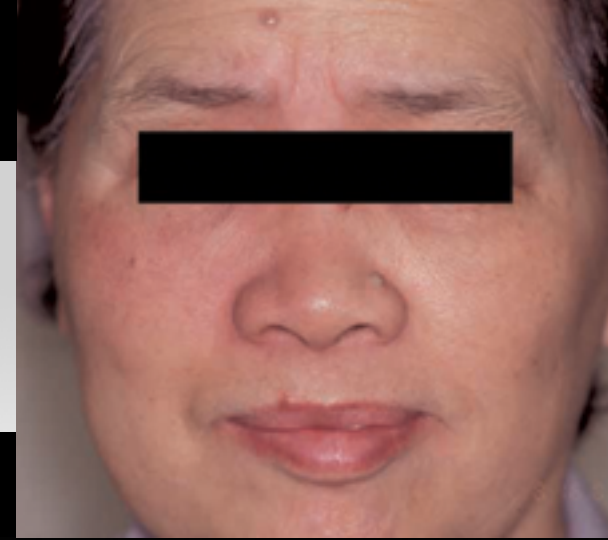
**Carbon ion radiotherapy in Japan:  
an assessment of 20 years of clinical  
experience: a review Panel report.  
Lancet Oncol 2015**

# Carbon Ion therapy: „the clinical evidence“



# Carbon ion at Chiba

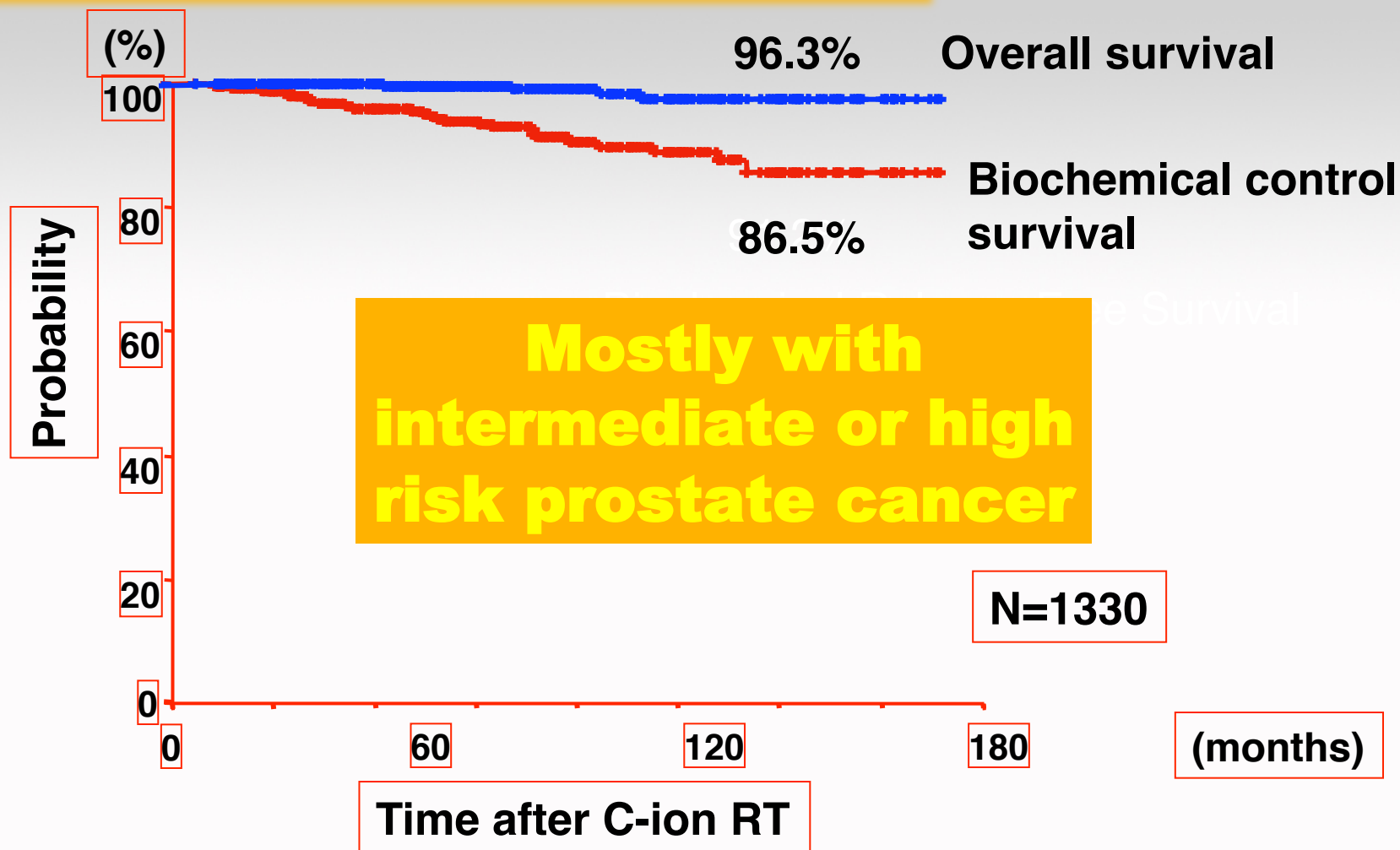
## Bone and Soft Tissue Sarcomas



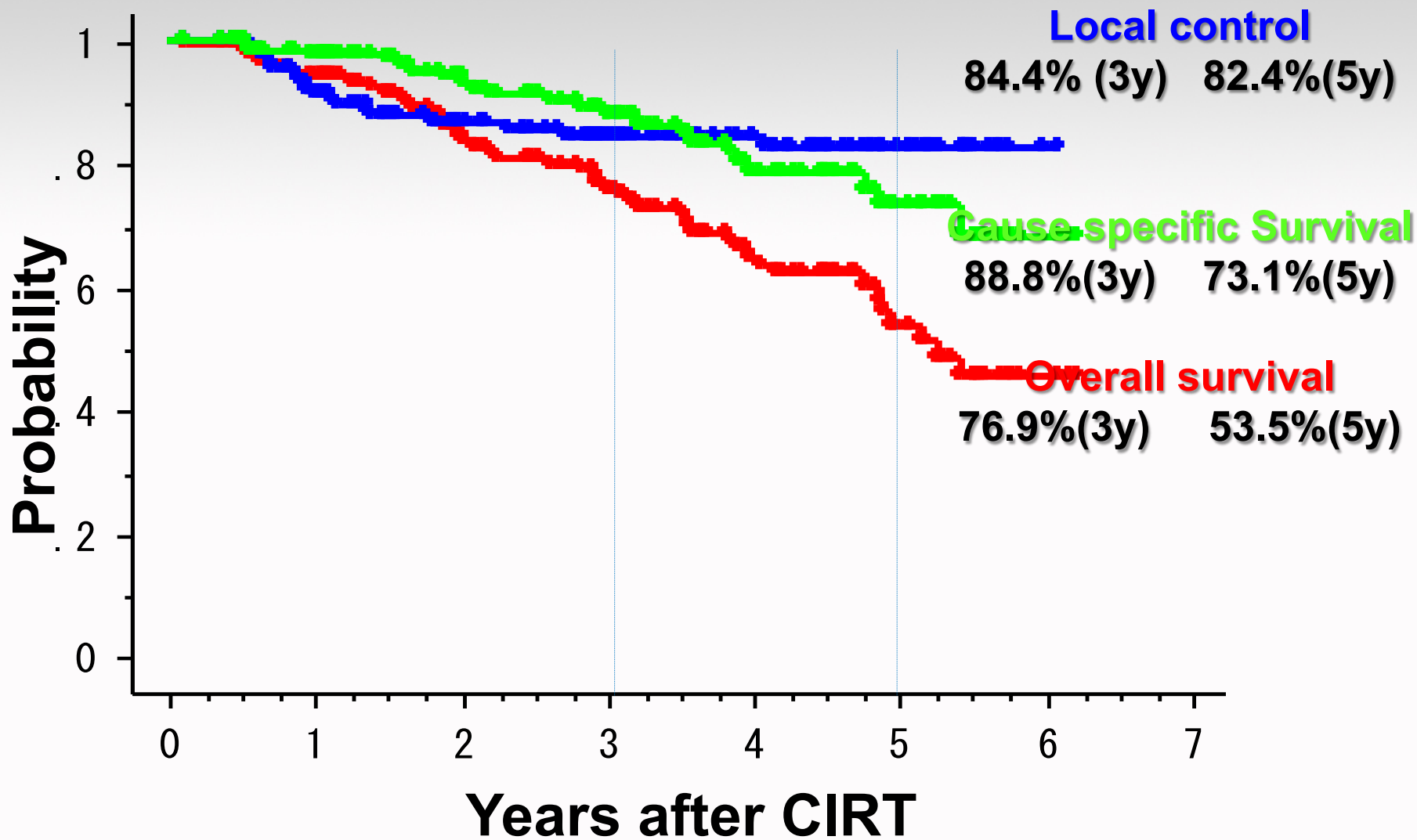
***Local Control a 5 years over 80%***  
***Overall Survival over il 60%***

***(Lancet Oncol, 2015)***

# Prostate cancer. OS and Biochemical Control

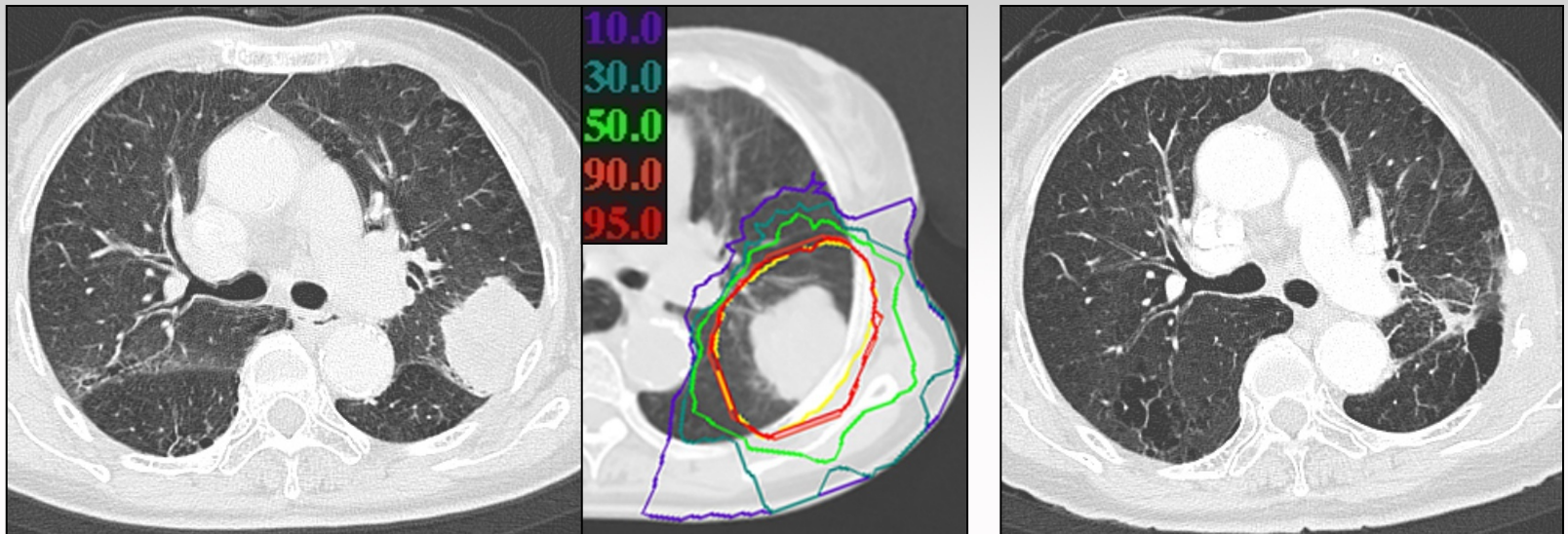


# Lung cancer, Local control and survivals in $\geq 36.0$ GyE (36.0 - 48.0GyE)





# cT2N0M0 Squamous cell carcinoma 40.0GyE/single fraction



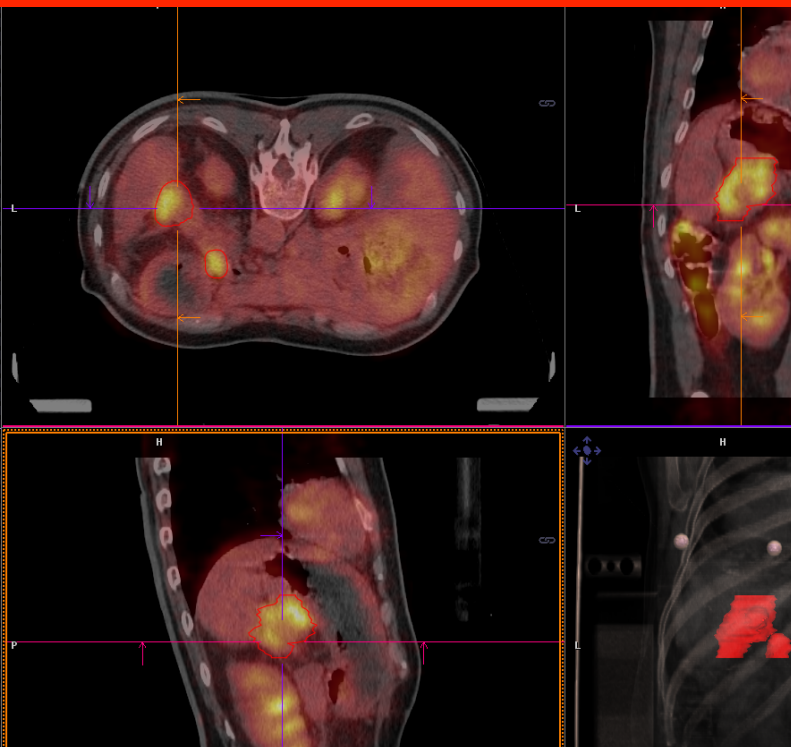
18 mo after CIRT

Grade 1  
adverse  
reaction

# Carbon ion at Chiba

***Pancreatic Cancer  
Median Survival  
About the double  
standard RTOG/U***

**CHIPER: a  
prospective multi-  
center randomised  
phase III trial of  
CIRT versus  
conventional RT for  
locally advanced  
unresectable  
pancreatic cancer**



***Lancet Oncol, 2015***

# The question is ...

- Is CIRT evidence based ?
- Sometimes stated as:  
«it costs more but  
is it worth more?»



ws and  
rol Trials



# Carbon and Standard of Care (SOC)

CD Schlaff et al, Radiat Oncol, 2014

<b>Tumor</b>	
ACC Head&Neck	
Pancreas	
Rectum (recurrent)	
Cervix (recurrent)	
Prostate	

**France-Hadron: a prospective multi-center randomised phase III trial of CIRT versus conventional RT for locally advanced H&N sarcoma and ACC**

**Some randomised trials will start soon.....**

# How to reproduce the Japanese results?

- All clinical results from Japan (NIRS, Hyogo and Gunma) are based on Kanai Model
- All clinical results from Europe (GSI, HIT and CNAO) are based on LEM I Model with an idealized chordoma cell line as reference

## **Dose prescription in carbon ion radiotherapy: a planning study to compare NIRS and LEM approaches with a clinically-oriented strategy**

**Piero Fossati<sup>1,2,4,5</sup>, Silvia Molinelli<sup>1</sup>, Naruhiru Matsufuji<sup>3</sup>,  
Mario Ciocca<sup>1</sup>, Alfredo Mirandola<sup>1</sup>, Andrea Mairani<sup>1</sup>,  
Junetsu Mizoe<sup>1,3</sup>, Azusa Hasegawa<sup>3</sup>, Reiko Imai<sup>3</sup>, Tadashi Kamada<sup>3</sup>,  
Roberto Orecchia<sup>1,2,4</sup> and Hirohiko Tsujii<sup>3</sup>**

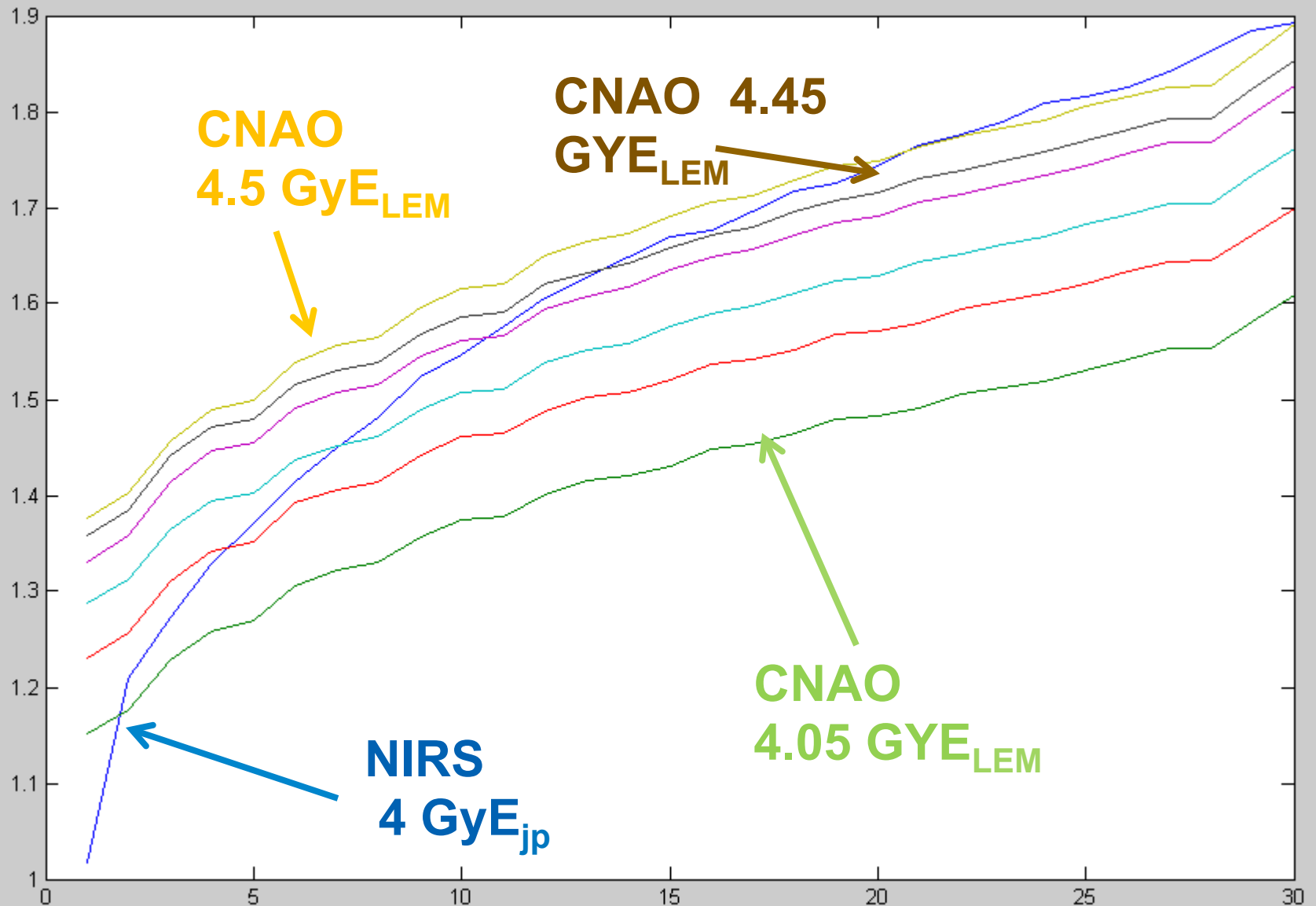
<sup>1</sup> Centro Nazionale di Adroterapia Oncologica (CNAO), Pavia, Italy

<sup>2</sup> Dipartimento di Scienze e Tecnologie Biomediche, Università di Milano, Milano, Italy

<sup>3</sup> Research Center for Charged Particle Therapy, National Institute of Radiological Sciences, Chiba, Japan

**Hiplan TPS (Chiba)**  
**Siemens Syngo-VA11 PT-Planning (CNAO)**  
**Fluka MC**

# Physical dose in SOBP





# Clinical results comparison

## **NIRS**

- **ACC 57.6 – 64 GyE**

**Adenoid cystic carcinoma**

- **MMM 57.6 – 64 GyE**

**Malignant mucosal  
melanoma**

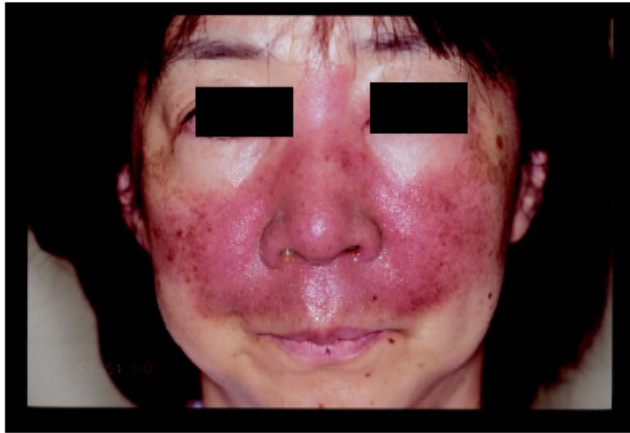
## **CNAO**

- **ACC 68.8 GyE**

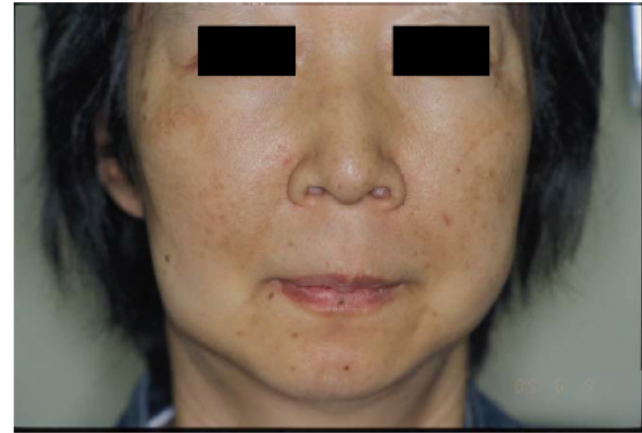
- **MMM 68.8 GyE**

# Skin toxicity at NIRS

## Radiation Dermatitis



Maximum



6 Months after



**G3**

**G0/1**

## Phase II (9602) for Malignant Head-and-Neck Tumors Acute Radiation Morbidities

Dose (n)	Acute Skin ( RTOG )			
	G0 (%)	G1 (%)	G2 (%)	G3 (%)
57.6 GyE (255)	19 (8)	136 (53)	85 (33)	15 (6)
64.0 GyE (134)	9 (7)	102 (76)	22 (16)	1 (1)
Total (389)	28 (7)	238 (61)	107 (28)	16 (4)

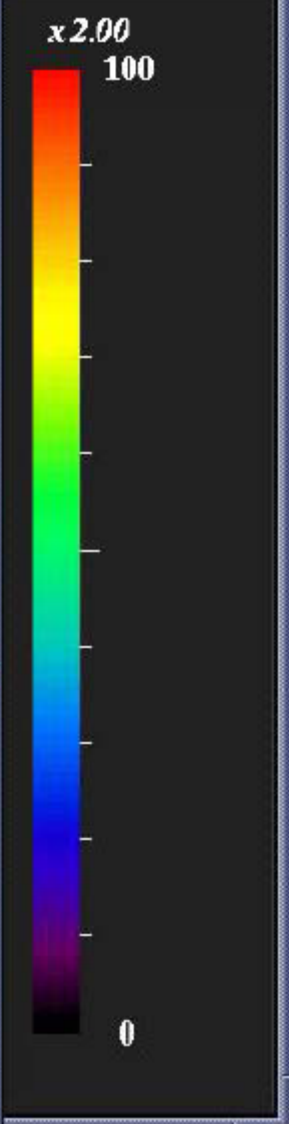
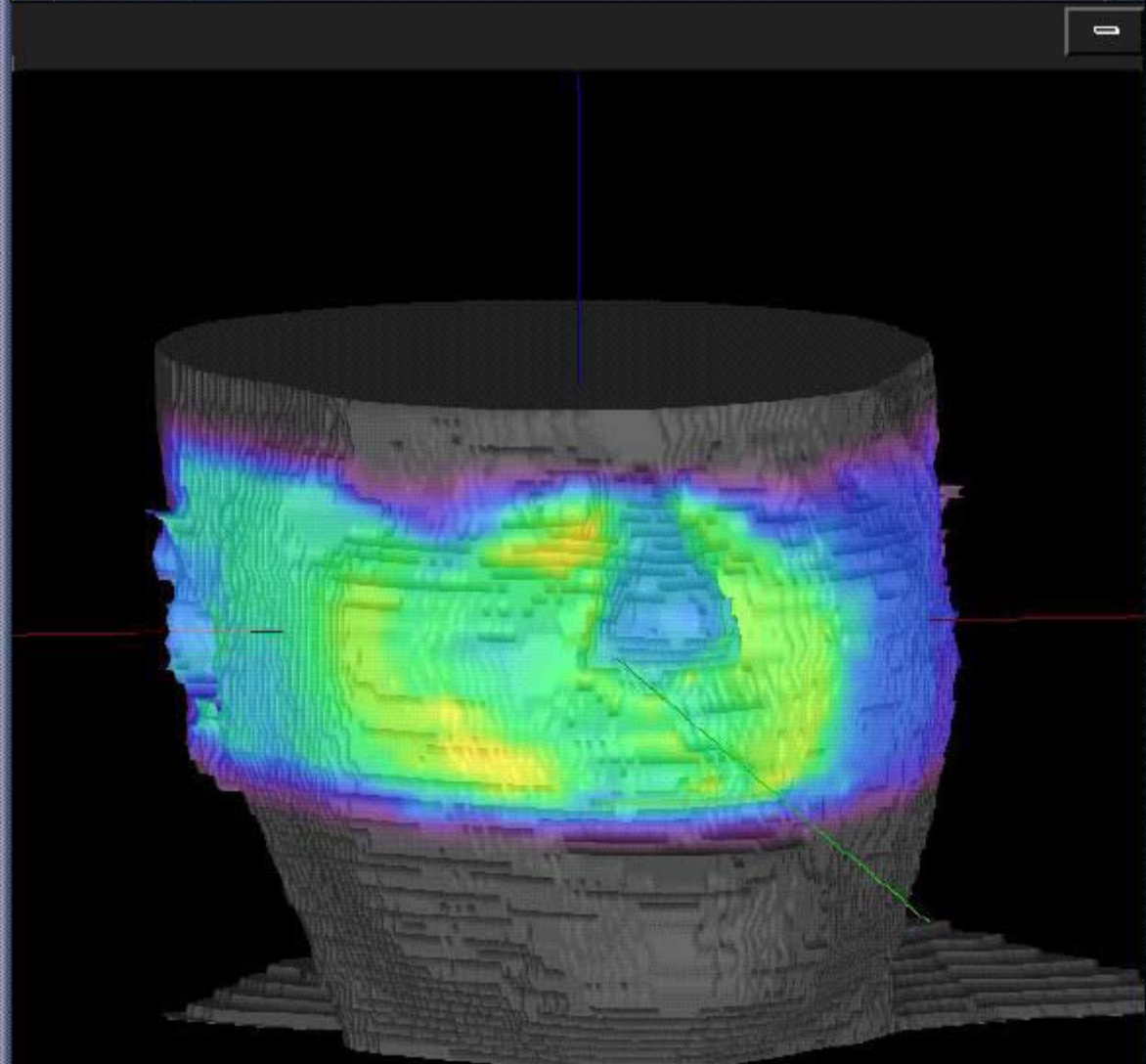
Dose (n)	Acute Mucosa ( RTOG )			
	G0 (%)	G1 (%)	G2 (%)	G3 (%)
57.6 GyE (246)	29 (11)	99 (41)	92 (38)	26 (10)
64.0 GyE (128)	12 (9)	44 (35)	37 (29)	35 (27)
Total (374)	41 (11)	143 (38)	129 (35)	61 (16)

# Acute Skin Toxicity at CNAO



**Grade 1: 90%**  
**Grade 2: 10%**  
**No Grade 3**



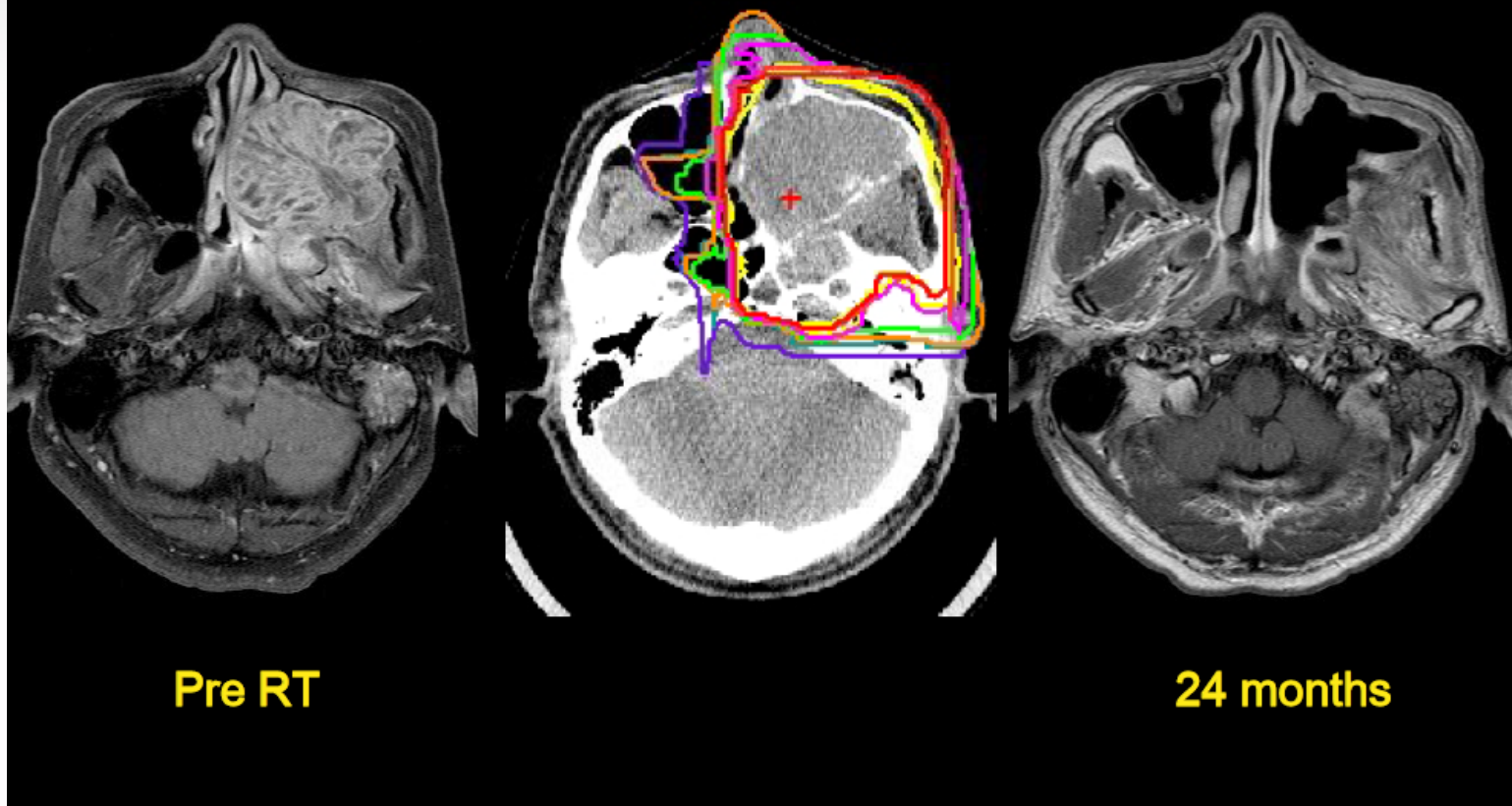


Polar ◀ 97.0 ▶  
Azimuth ◀ 98.0 ▶

Compressed: 21.1

# Local Control. ACC NIRS

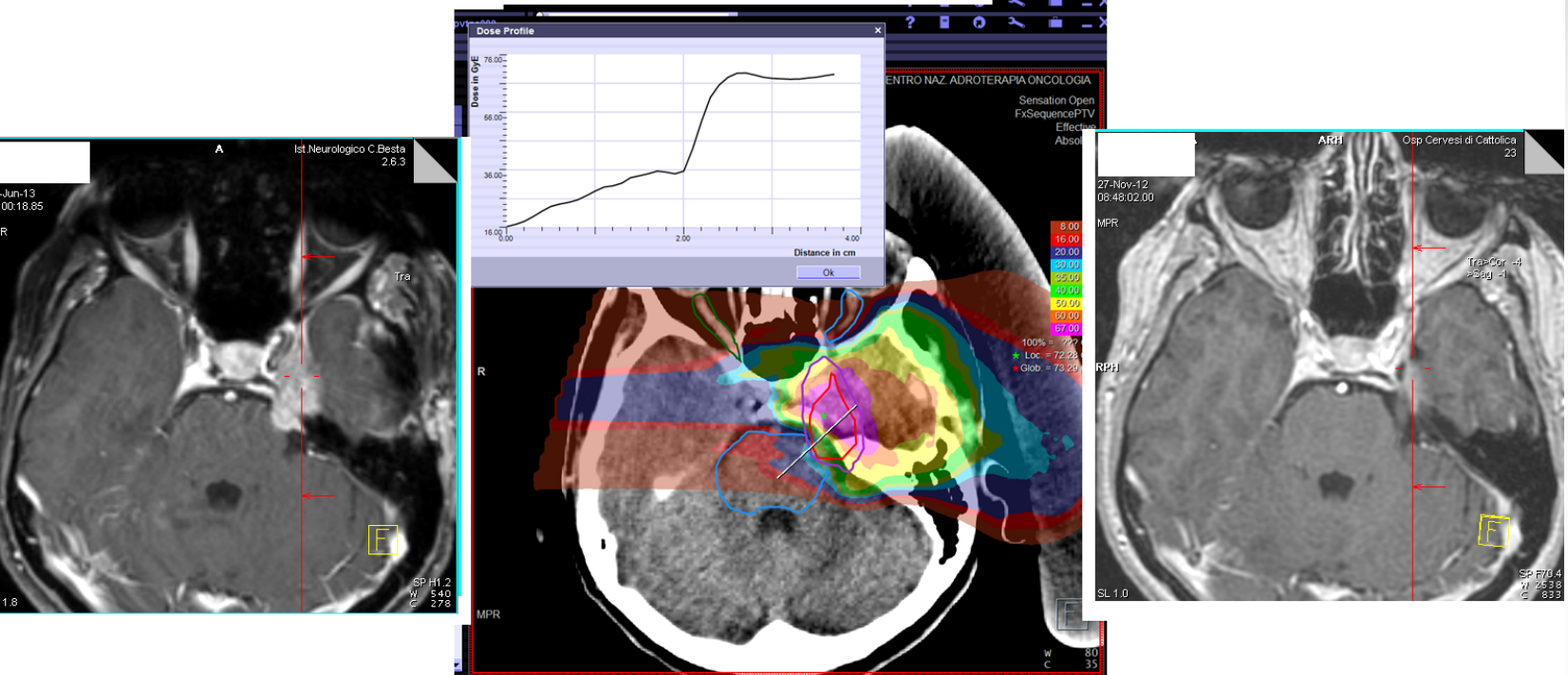
ACC 57.6GyE/16fr/ 4 wks



Pre RT

24 months

# Local Control. ACC CNAO



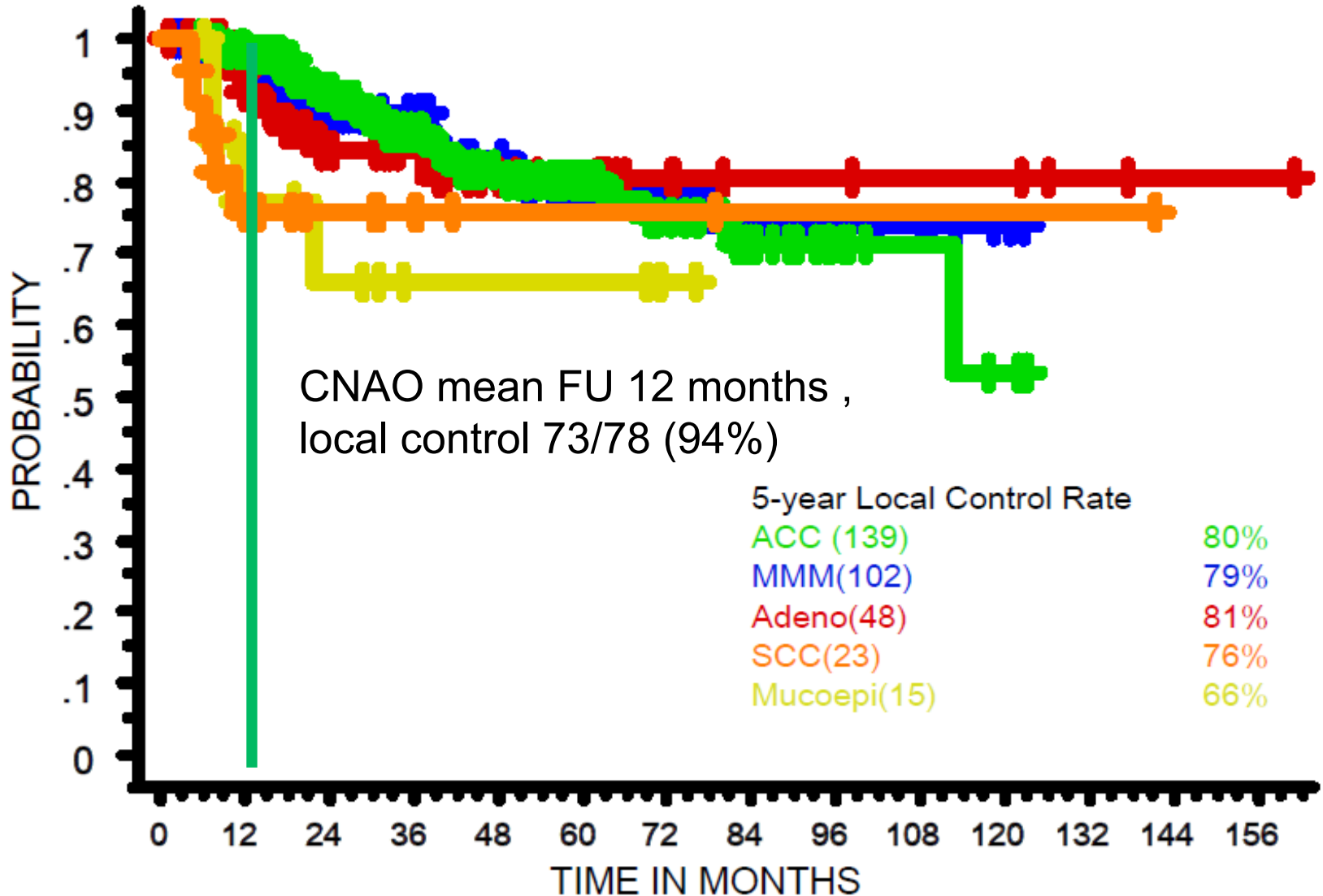
Before  
treatment

4.3 GyE  
x 16 fr=  
68.8  
GyE

After 9  
months

# Phase II (9602) for Malignant Head-and-Neck Tumors

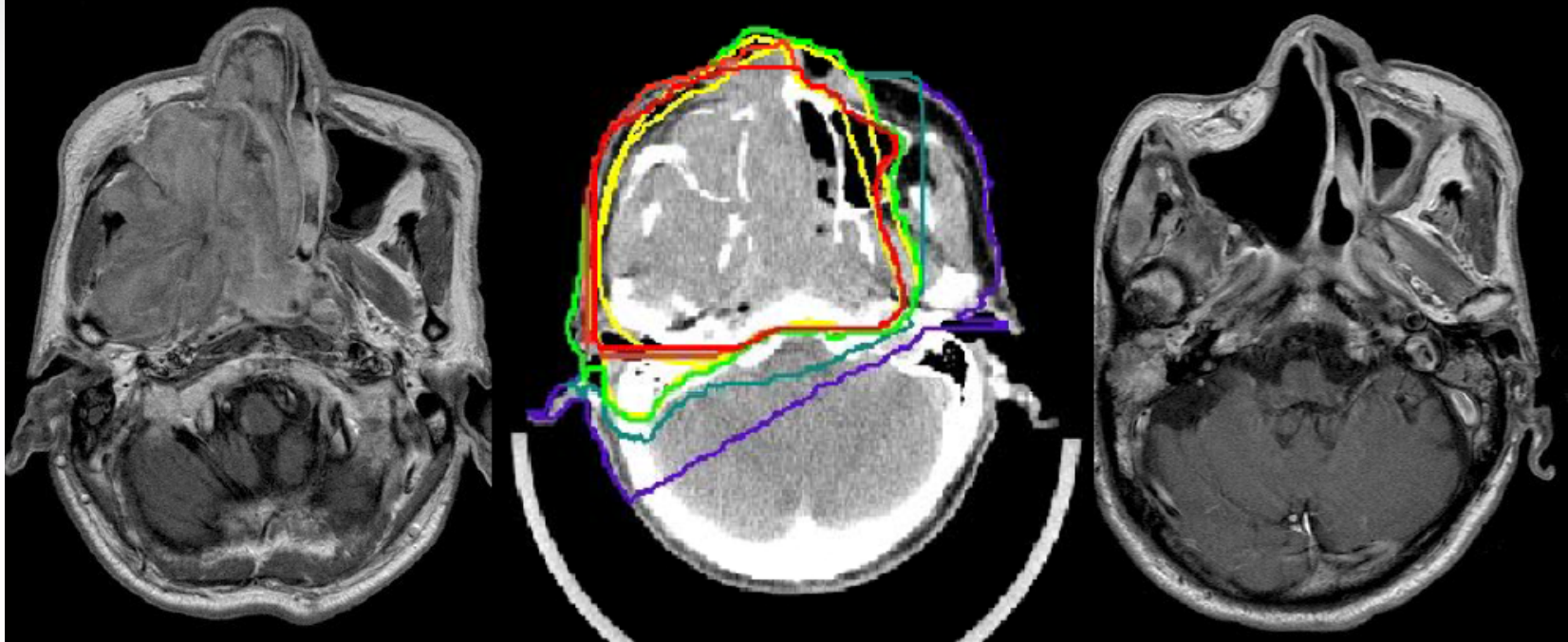
Local Control according to Histological Type (Apr 97~Aug 10)





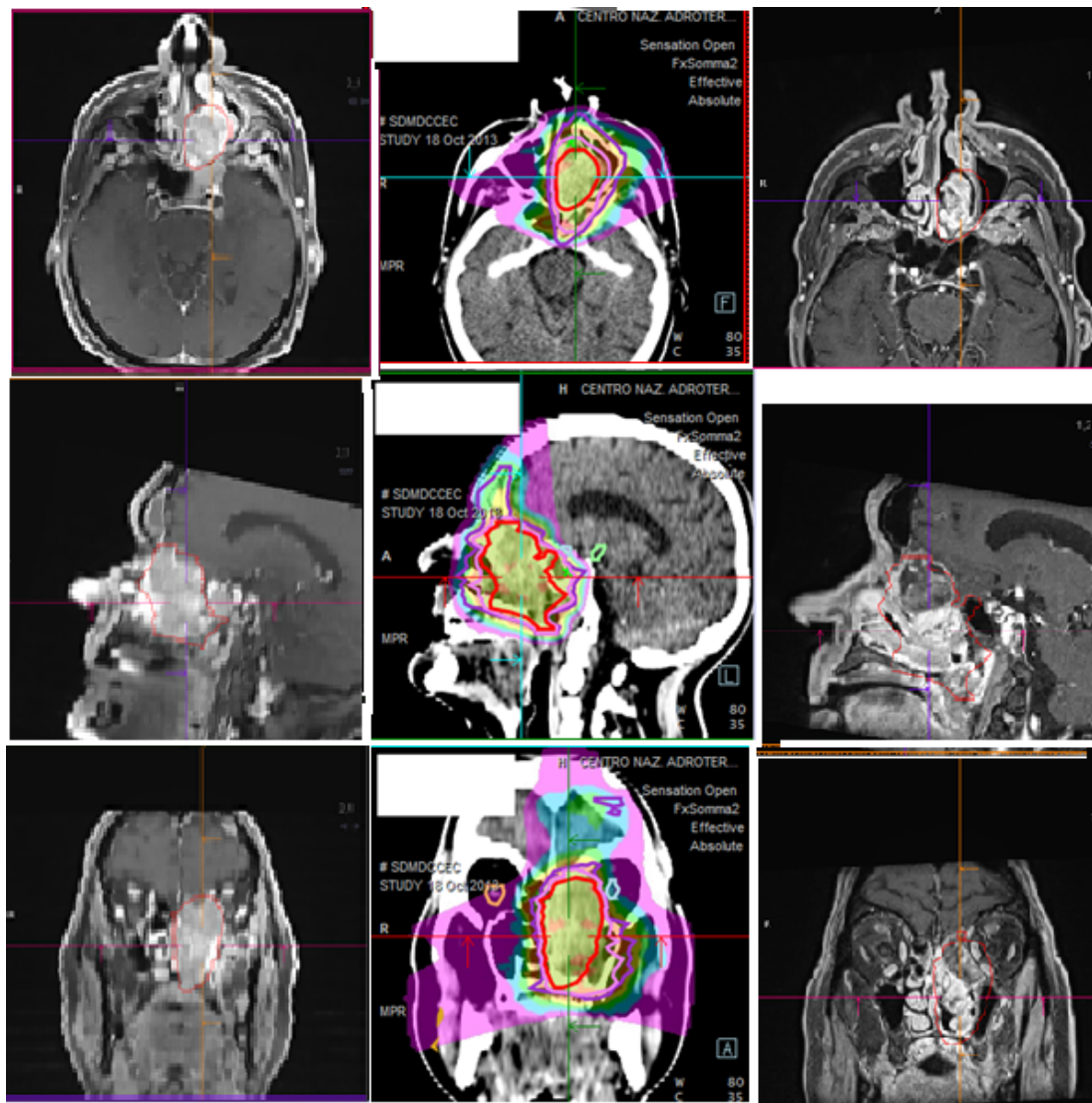
# Local Control. MMM NIRS

**MMM**  
**57.6GyE/16fr/ 4 wks**



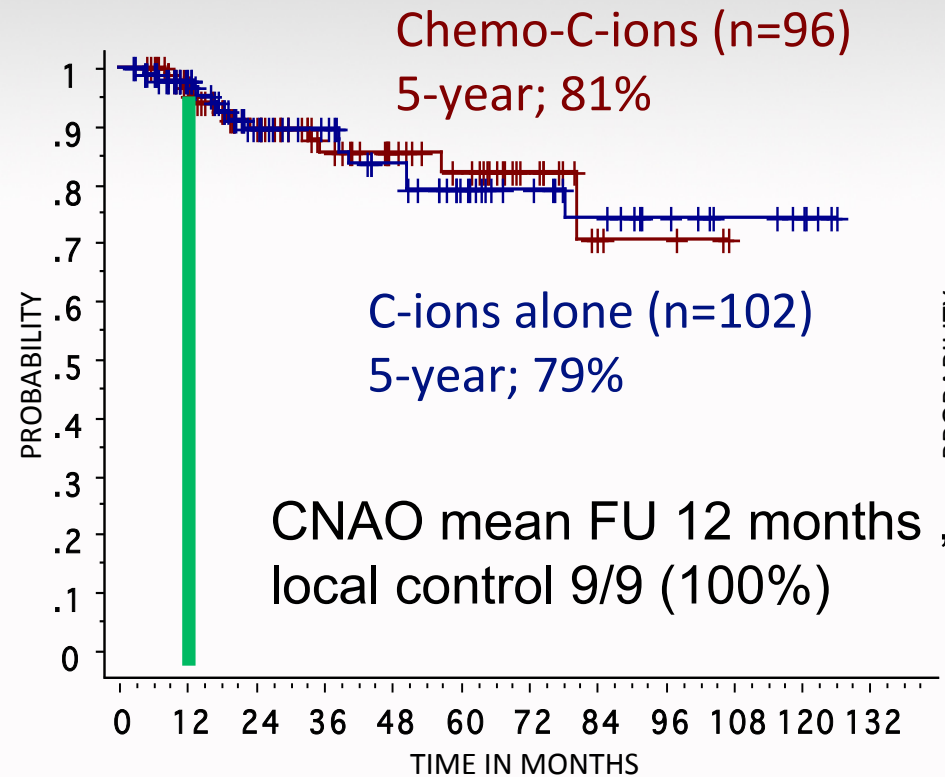
**53 months**

# Local Control. MMM CNAO

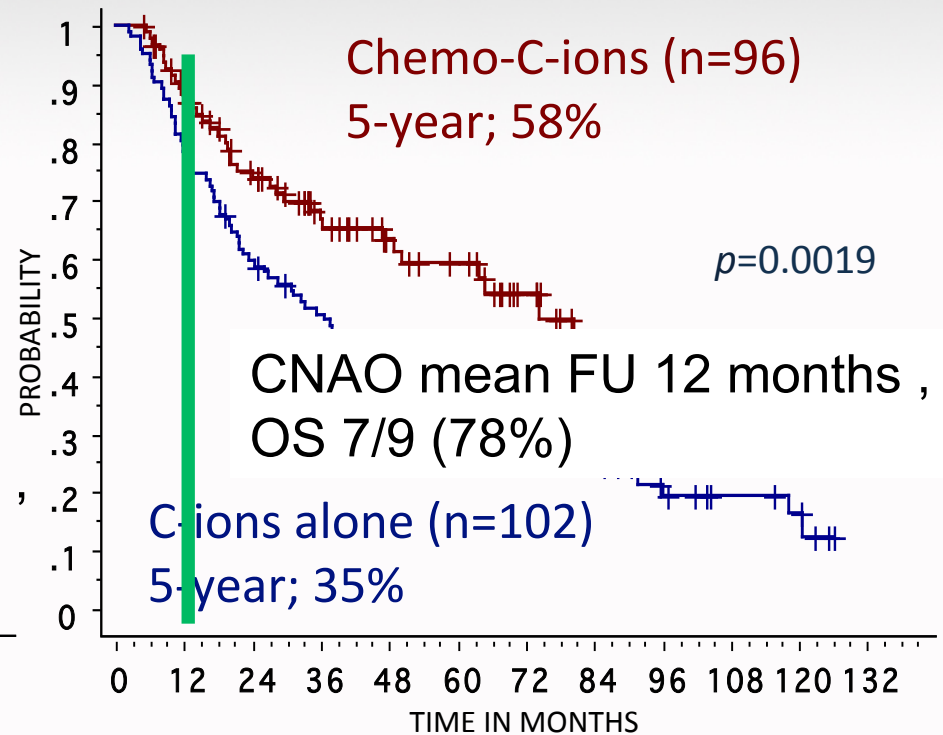


# Carbon Ion Radiotherapy for Mucosal Malignant Melanomas

## Local Control



## Overall Survival



**CNAO  
Pavia**

Experimental Phase  
179 patients up to  
December 2013

Clinical Phase  
(National Health System)  
Started since January 2014



# 2014 - 2015 Activity

Patients: **553** (732, including the experimental phase \*)

Proton

Conventional fractionation

Patients: **107** (84, \*)

Carbon ion

NIRS fractionation

Patients: **446** (95, \*)

Synchrotron Operation: H24, 7/7

Maintenance: 4/year - 5 days each  
(Thursday to Tuesday)

Treatments: Mon to Fri – 8:00 to 21:00

QA: Mon to Fri – 0:00 to 6:00

Beam time for research over week-ends

# 2014 - 2015 Protons

Patients: **107** (+ 84 \*, total 191)

Chordoma & Chondrosarcoma: **27** (+ 44 \*)

Meningiomas: **25**

Brain: **12**

Recurrent H&N: **19**

H&N Boost (mixed IMRT): **22**

Other: **4**

**\***  
Treated in the  
experimental phase

# 2014 - 2015 Carbon Ions

Patients: **446** (+ 95 \*, total 541)

Bone & Soft Tissue Sarcoma \*\*: **191** (+ 30\*)

Salivary Glands: **113** (+ 19 \*)

Mucosal Melanoma: **12**

Recurrent H&N: **80**

Primary H&N: **16**

Pancreas / Liver: **11 / 4**

Recurrent Rectum: **8**

Other: **4**

\* Experimental phase

\*\* Including chordoma &  
chondrosarcoma

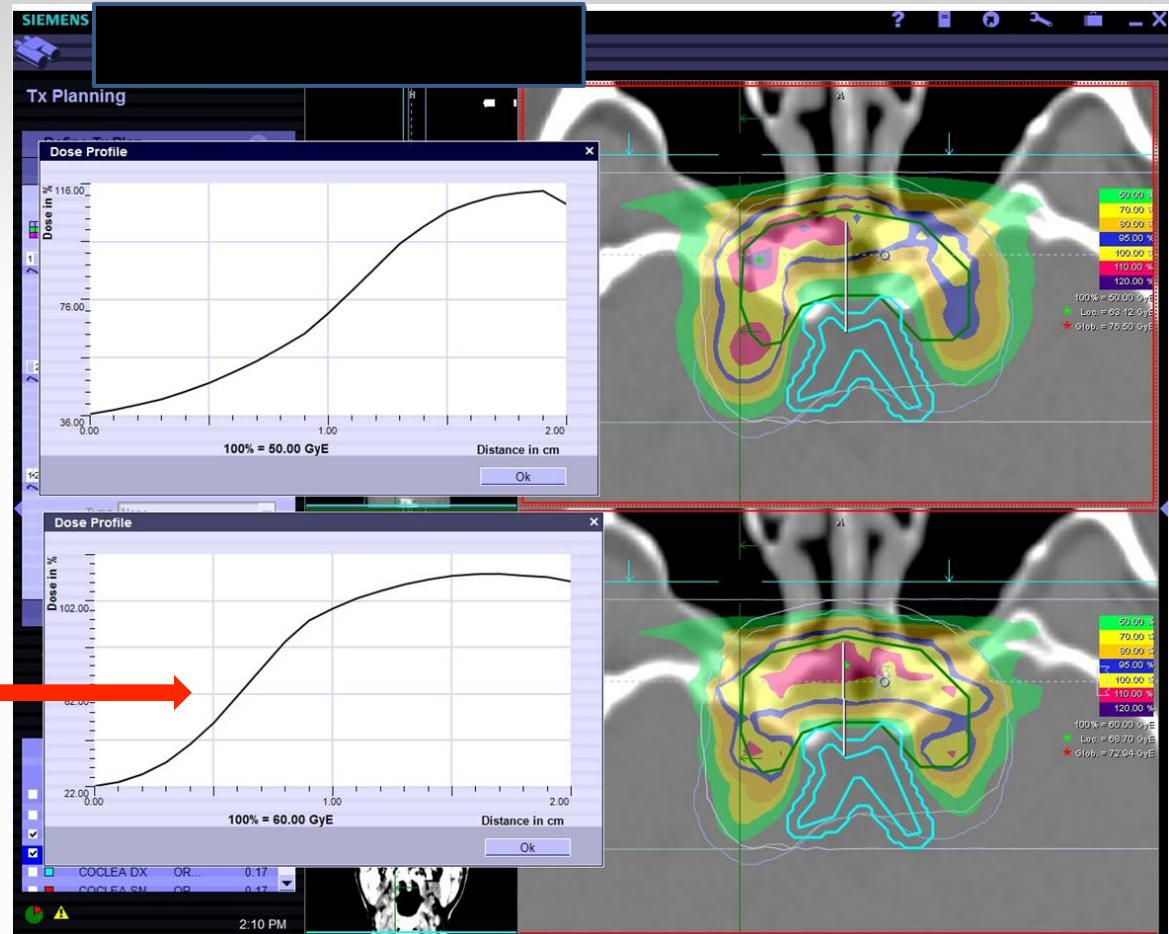
# Proton - Carbon ions plans: Steep dose gradient

## Proton plan

At 1 cm the dose falls down from 76% to 36%

## Carbon ions plan

At 1 cm the dose falls down from 102% to 22%



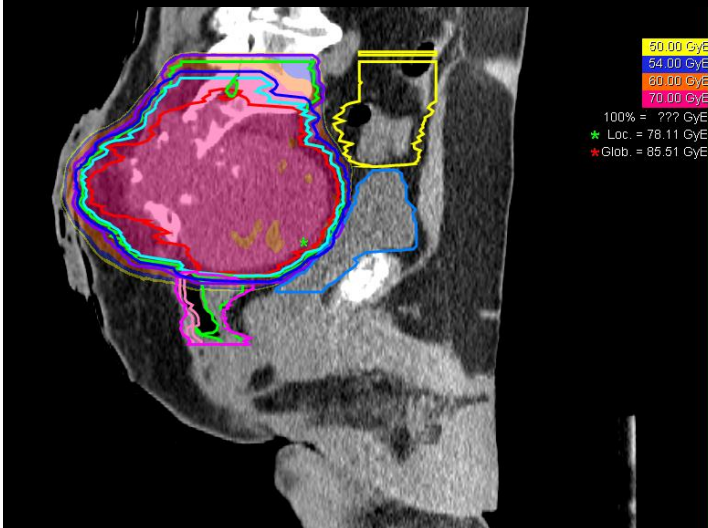
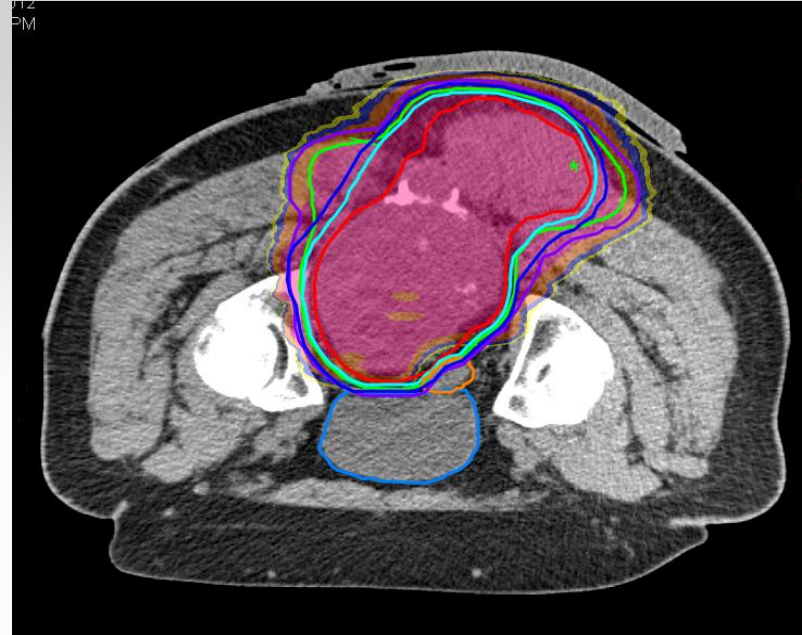
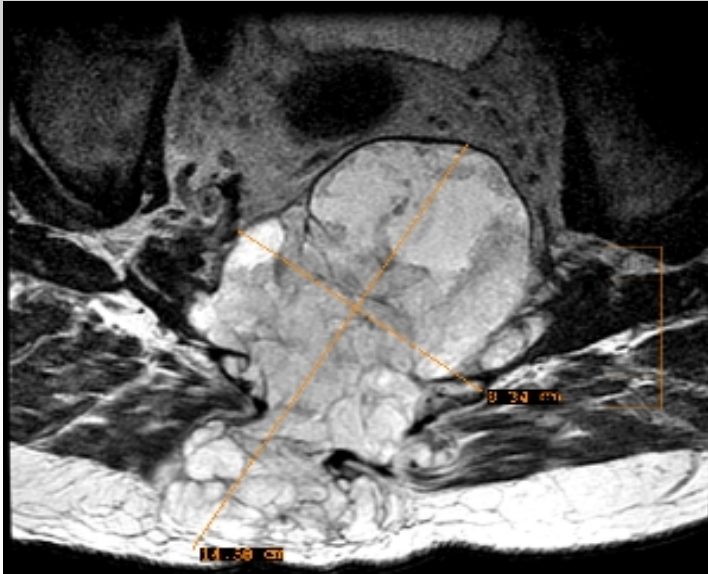


# Particle Radiation Therapy for Tumors of the Skull Base at CNAO 2011-2015

	Tot	PT	CIRT	Mean FU (months)	Local Failure	Local Control %
Chordoma	88	43	45	20	7	92
Chondrosarcoma	23	10	13	22	1	95.6

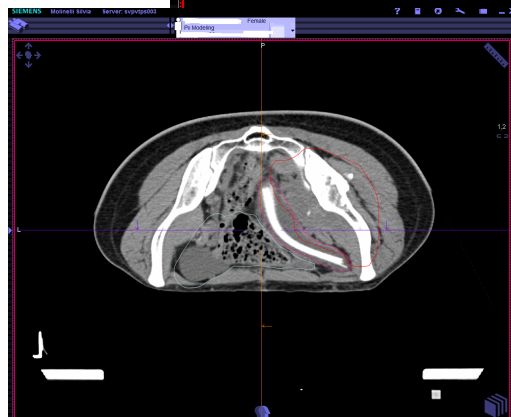
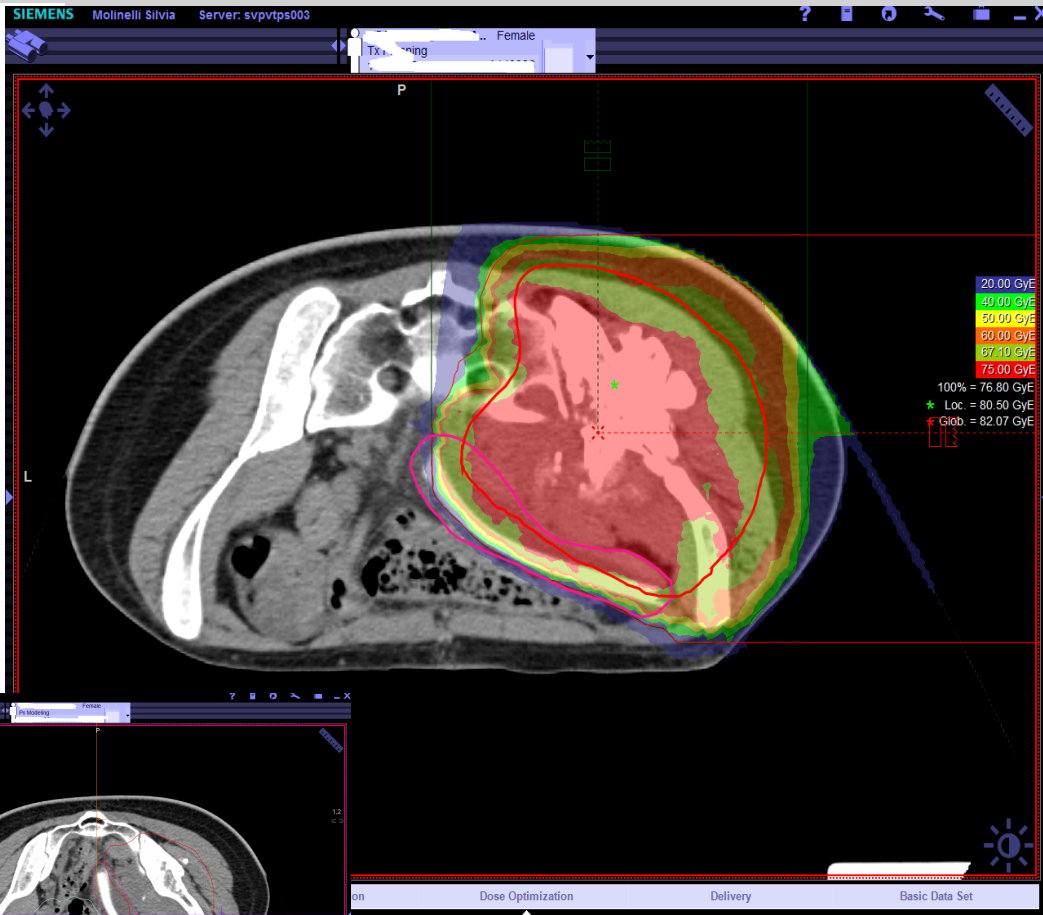
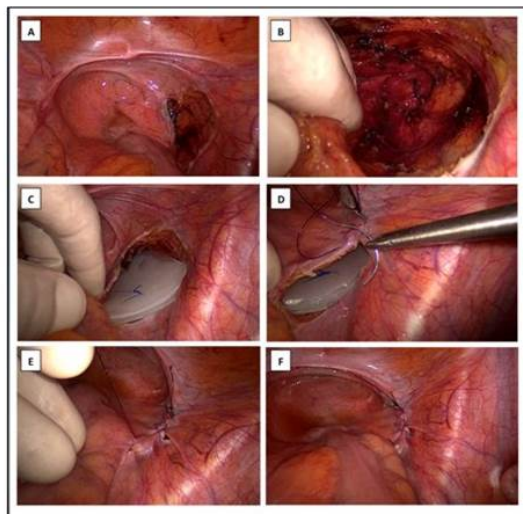
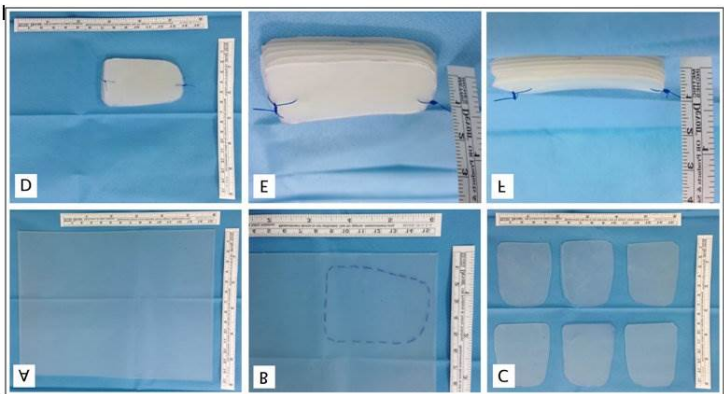
All local failures > brain stem compression / proximity

# CIRT for Sacral Chordoma



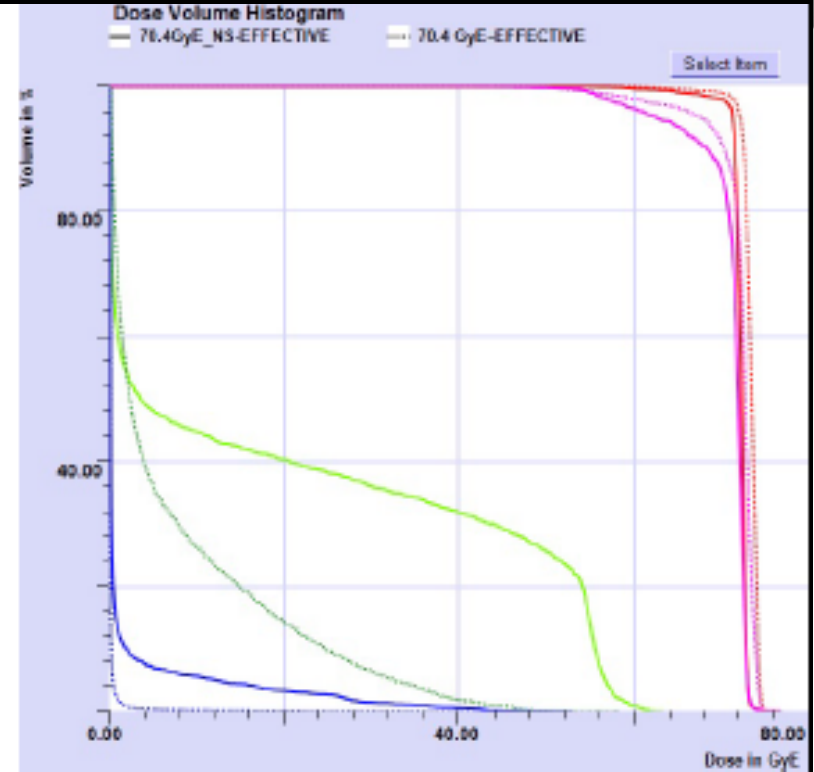
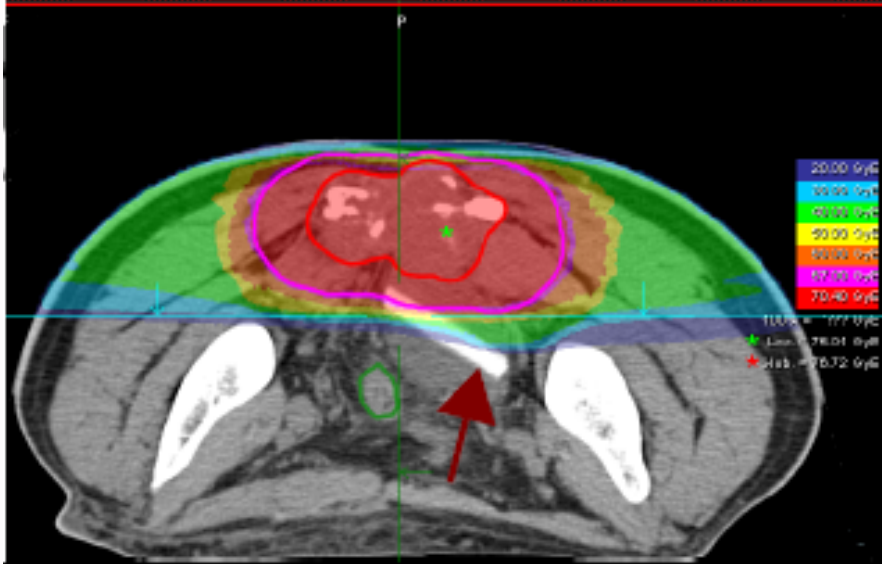
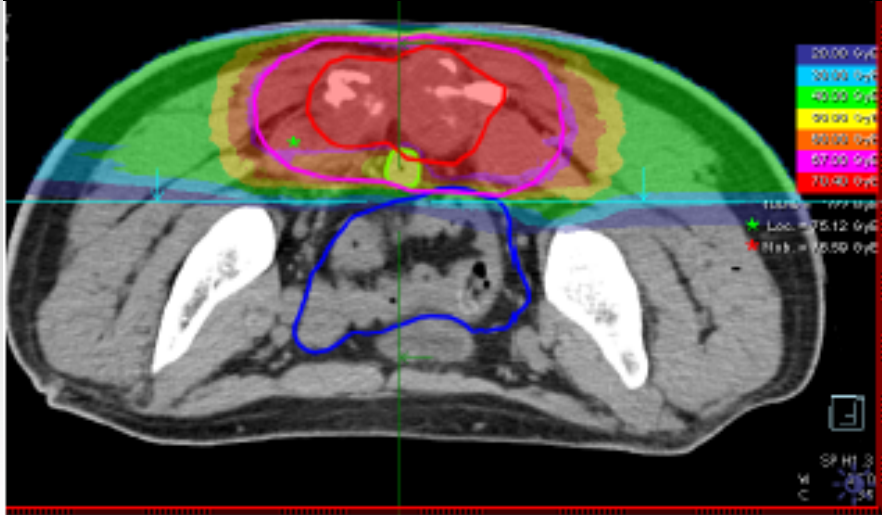
**G2 skin toxicity**

# Surgical spacer placement



**Silicon spacers  
Width 5-6 mm**

# Surgical spacer placement



With spacer: dotted lines  
W/out spacer: continous lines  
Green lines: digestive tract

Plan comparison study on different CT from the same patient selected for spacer positionnig

# Artifacts



Uncertainties in the definition of volumes and greater uncertainty in the dose distribution

SIEMENS Fiore Maria Rosaria Server: svpvtps002

CALABRESE, MAURIZIO... Male  
Tx Planning  
13 Aug 1964 A120055

### Tx Planning

**Define Tx Plan**

Type: [ ] [ ] [ ] [ ] [ ] [ ]

Positioning:  Relative  STN

Beam Setup: [ ] [ ] [ ] [ ] [ ] [ ]

Optimization [ ]  
Review Compare [ ]  
Fx Sequence [ ]

Archive results from current [ ] [ ]

RT Navigator			
Structures	Name	Type	P.O.I. Vol. [ccm]
<input checked="" type="checkbox"/>	L5	OR...	54.93
<input checked="" type="checkbox"/>	metal	OR...	30.13
<input checked="" type="checkbox"/>	nerve roots R	OR...	1.57
<input checked="" type="checkbox"/>	PTV54 4mm	PTV	2262.58
<input checked="" type="checkbox"/>	retto	OR...	36.60

5:35 PM

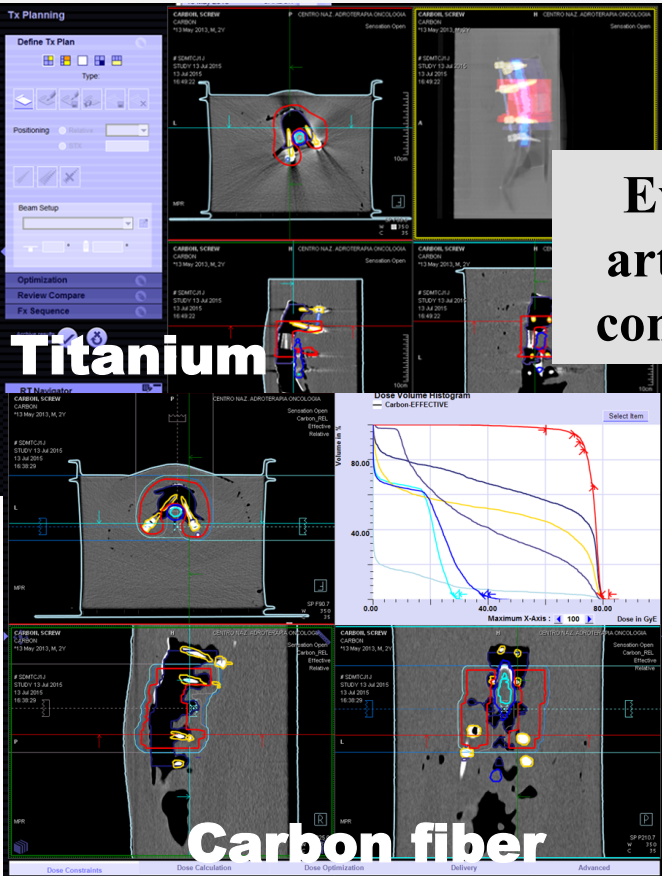
Prescription Beam Setup Pos. Verification Patch Plane

# New implants in titanium/ carbon fiber

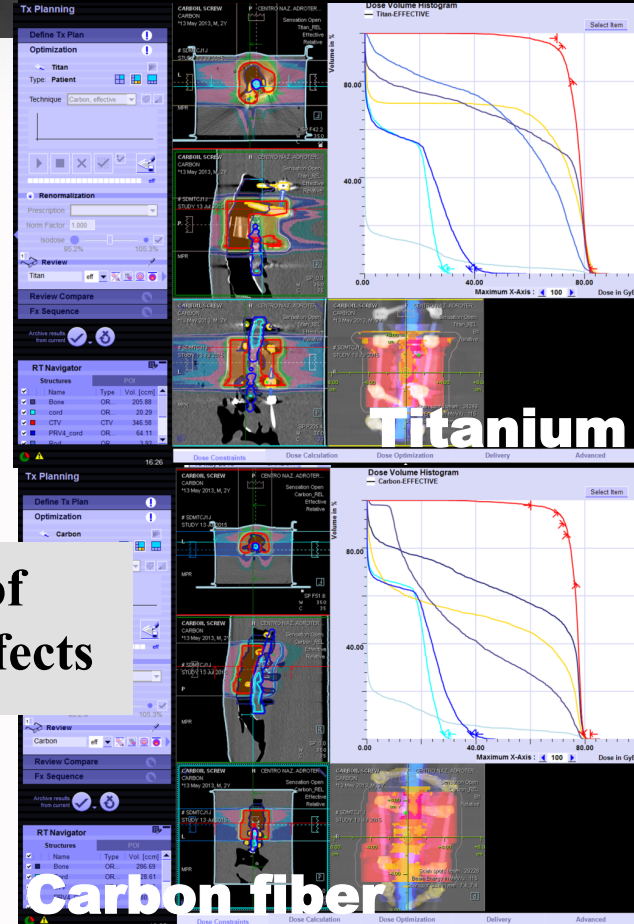
Carbon fiber

Titanium

Evaluation of imaging artefacts and impact on contouring uncertainties



Evaluation of interference effects



# Reirradiation: 80 patients

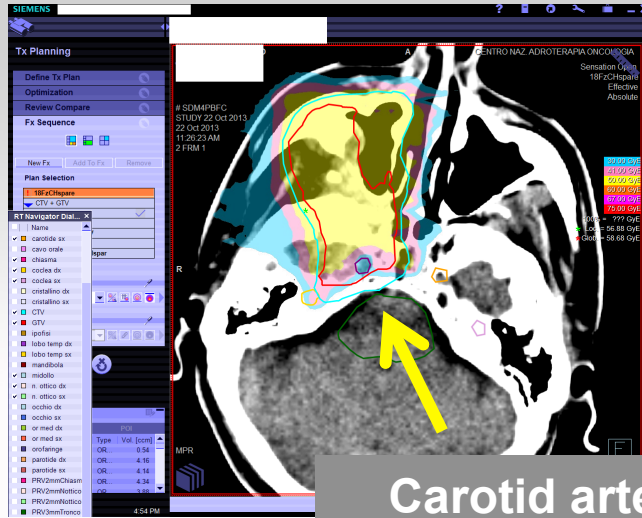
- 70 pts Conventional Fractionation: mean dose 61 Gy (45 – 76 Gy)
- 6 pts Hypo Fractionation (3 Gy x 10 fr or 12 Gy x 4 fr)
- 4 pts received two previous courses of radiotherapy (CF + HF)

Mean time to reirradiation: 56 months (range 7 – 216 months)

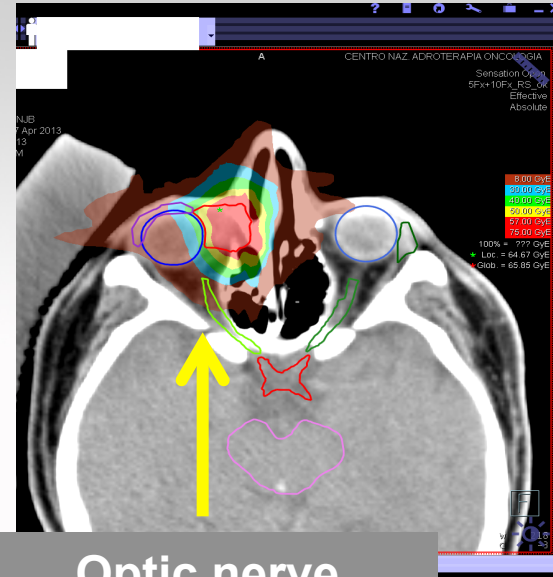
## Particle radiotherapy

	Carbon Ions ( 72 pts)	Protons ( 8 pts)
Total Dose	Mean 53 Gy RBE (range 12–74 Gyeq)	Mean 58 Gy RBE (range 50–70 Gyeq )
Dose per Fraction	2.5 – 4.8 Gy RBE	2 Gy RBE

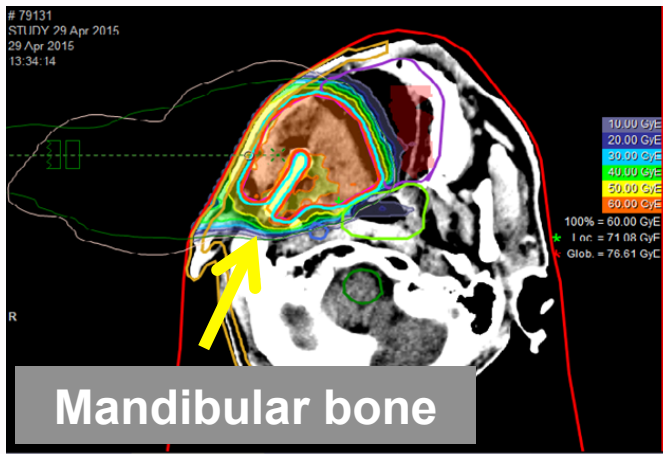
# Main Goal: OARs Sparing



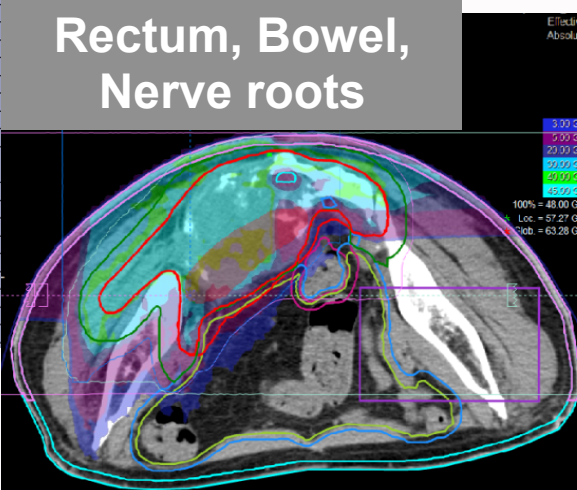
Carotid artery



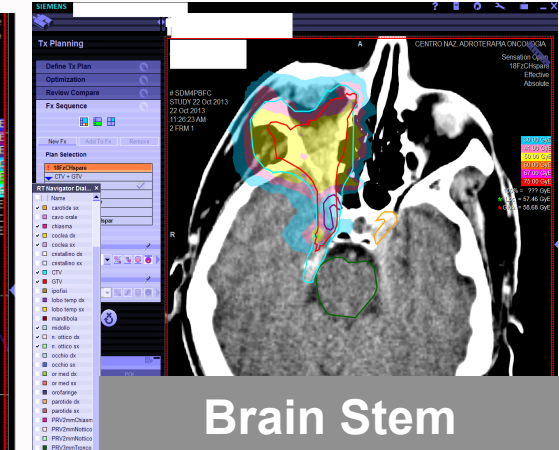
Optic nerve



Mandibular bone



Rectum, Bowel, Nerve roots



Brain Stem

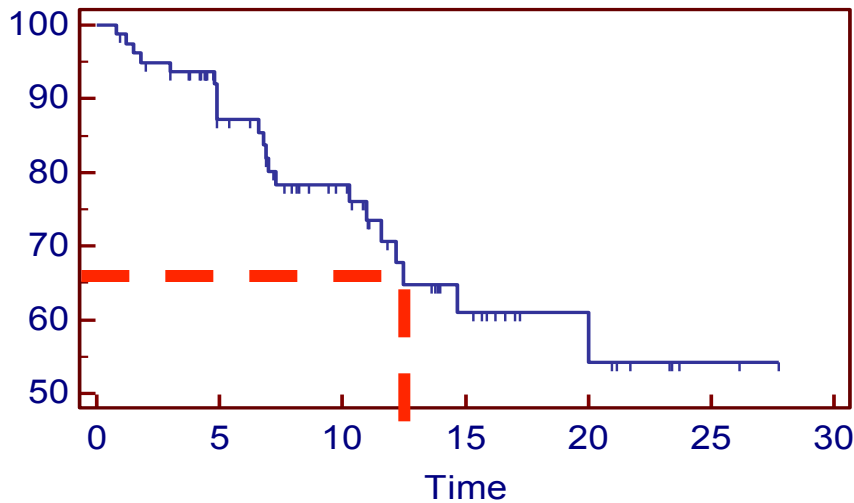


# Reirradiation. Results

**1y OS 65%**

**1y LC 50%**

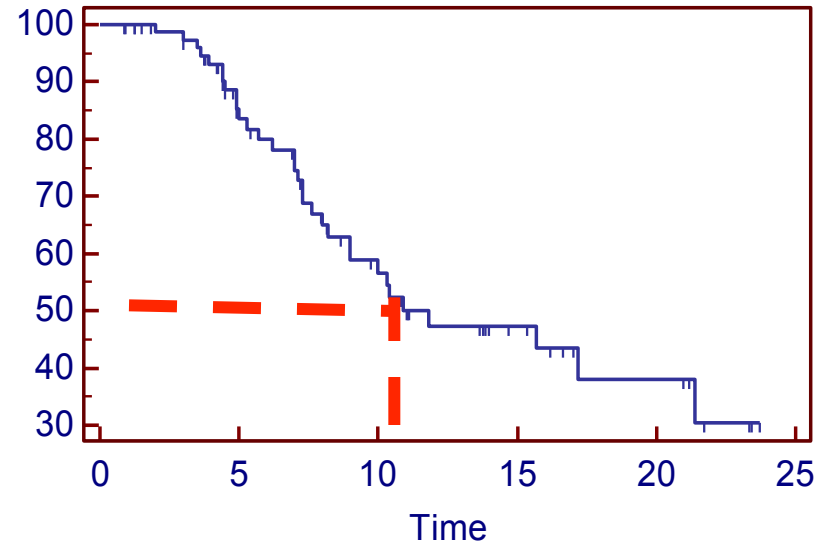
OS



Number at risk

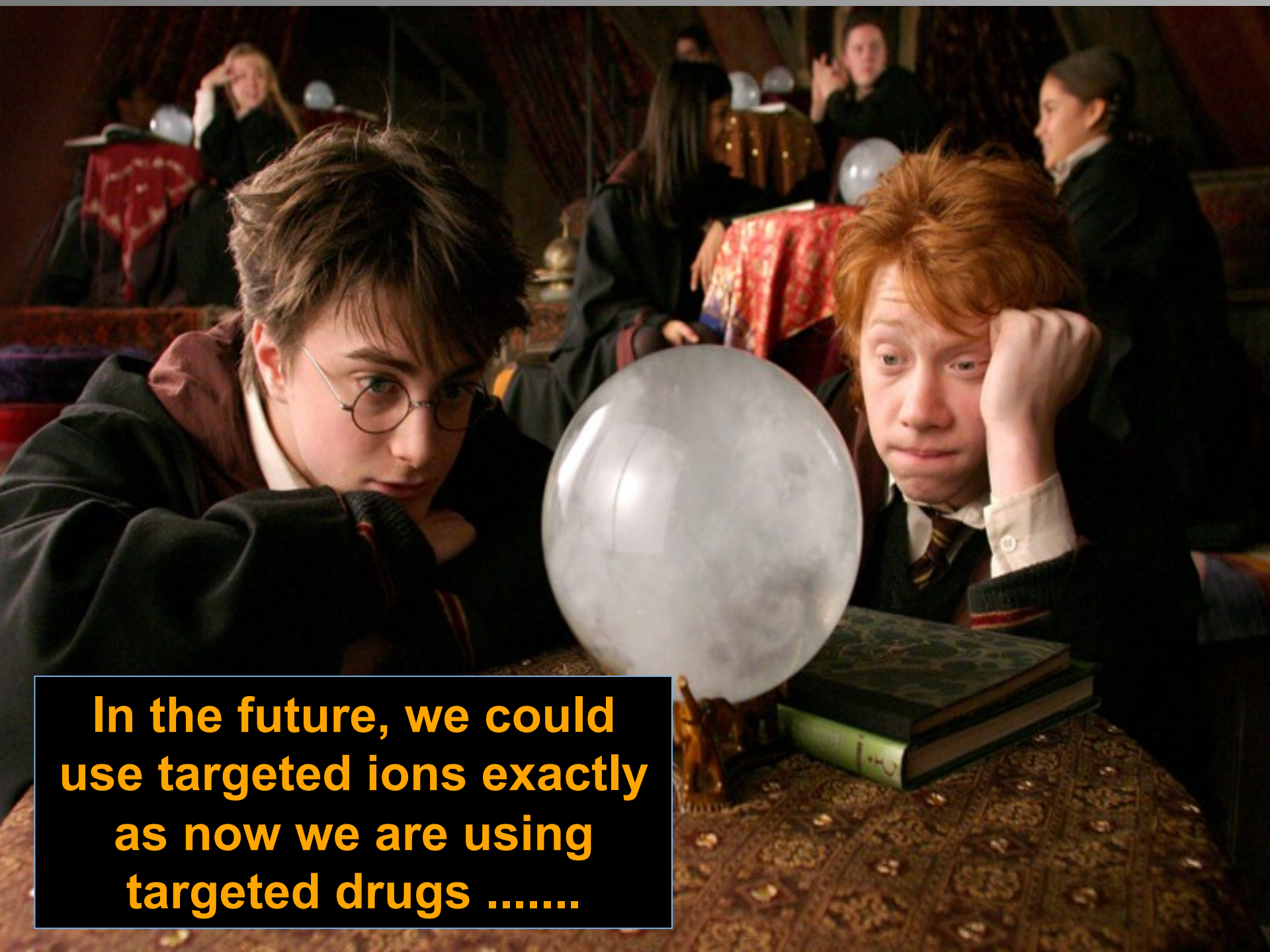
80 52 35 16 8 2 0

LC



Number at risk

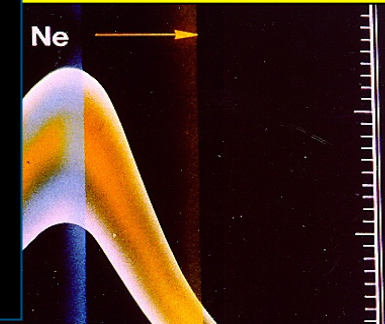
80 48 26 13 7 0



**In the future, we could use targeted ions exactly as now we are using targeted drugs .....**

# Personalised medicine

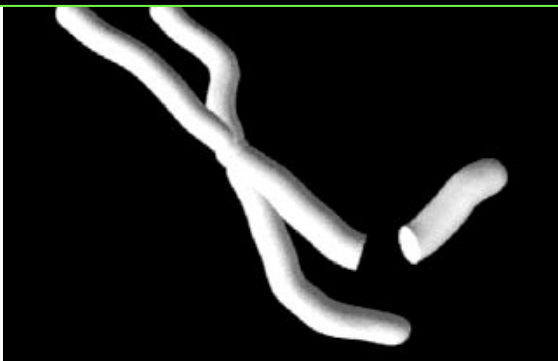
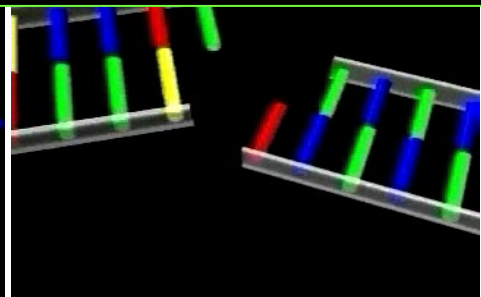
S (C<sub>12</sub>)



X-Ray  
Track

Heavy-Ion  
Track

The right treatment  
to the right person  
at the right time



**Which tumors might benefit of high LET particles?**

**Radioresistant for genetic alteration**

Up-regulated oncogenes

Mutated tumor suppressor genes

Dis-regulated apoptosis

**More radiogenomics**  
**More radiomics**  
**More predictive tests**  
**More radioimmunology**

high angiogenic potential

proliferation activity

**Thank you very much !!!!!**



**to All of You  
from the CNAO team**