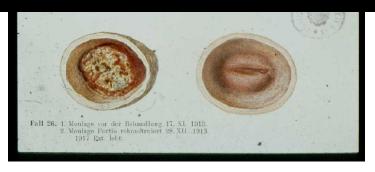
Image Guided Radiotherapy

Richard Pötter, MD,
supported through Markus Stock PhD, Med Austron
Wolfgang Marik MD, Department of Radiology,
Maximilian P Schmid MD, Department of Radiotherapy
Dietmar Georg, PhD, Medical Physicis,
Peter Kuess, PhD, Medical Physics
Medical University of Vienna

Image Guided RadioTherapy (IGRT): a comprehensive view (7Ds)

What is medical imaging?



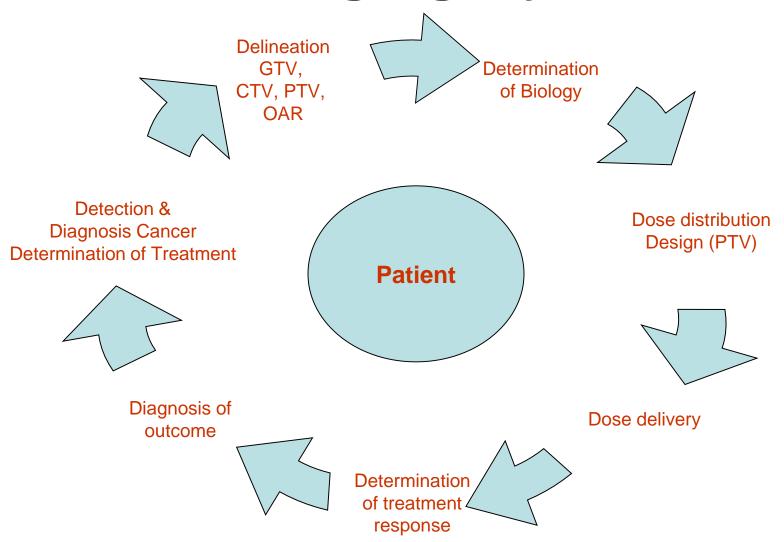






- Techniques and processes used to create images of the human body for clinical purposes
- Radiography, Fluroscopy, CT, Ultrasound, MRI, PET CT, Endoscopy, Cartoons...
- How is medical imaging used in Radiotherapy?

Imaging-Cycle

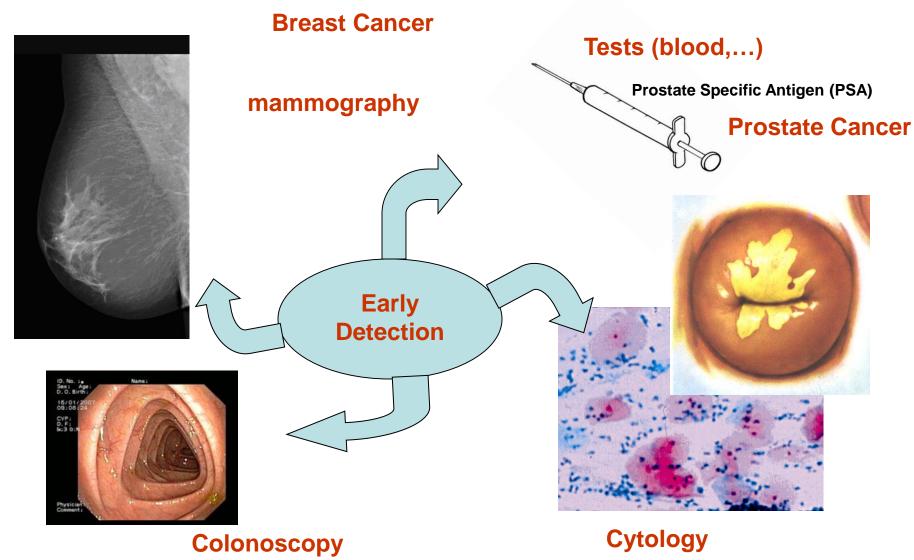


(D1) Detection, Diagnosis, Determination of treatment

- improvements in (cancer-specific) survival -
- Screening programs (Mammography, endoscopy, tests)
- Diagnosis at earlier stage → more effective treatment options (cervix, breast, colorectal, prostate, stomach, oesophagus...)
- More appropriate stage (risk) assessment (CT/MRI) more appropriate treatment strategy allocation
- More appropriate spread assessment (e.g. PET CT) Decision: local (where), regional, systemic approach (e.g. lung)



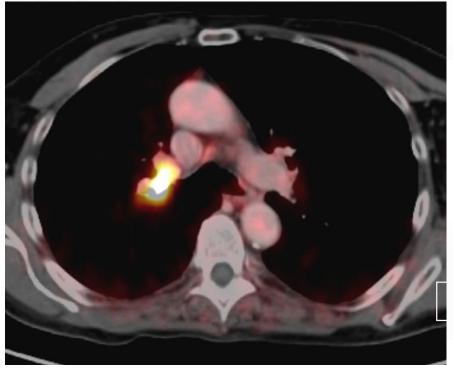
Common screening programms



Colorectal Cancer Cervix Cancer

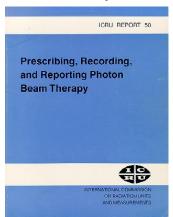
Lung Tumor CT, PET CT

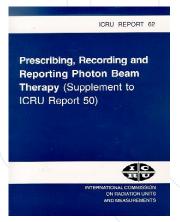




Tumor/Target volume and dose volume concepts in Radiation Oncology

- The International Commission on Radiation Units and Measurements (ICRU (since 1927)) has as its principal objective the development of internationally acceptable recommendations
 - Quantities and units of radiation and radioactivity
 - Procedures suitable for the measurement and application of these quantities in clinical radiation oncology and radiobiology











ICRU defines a common language for clinical practice and for medical and scientific communication in Radiation Oncololgy

Gross Tumor Volume (GTV)

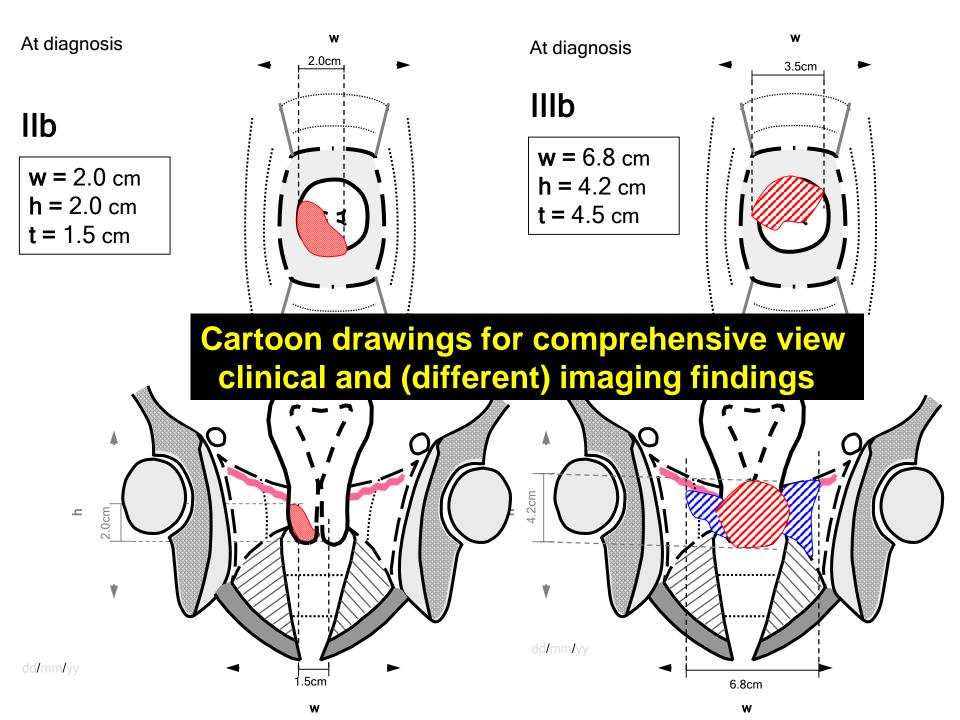




Laryngeal cancer view from a laryngoscope

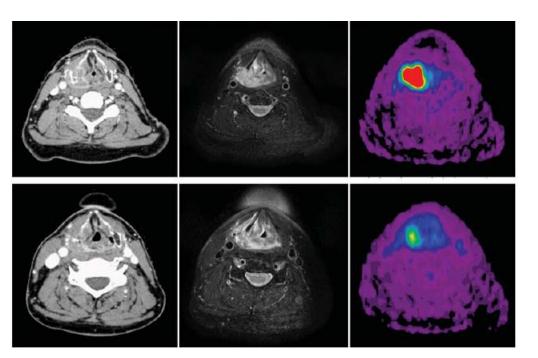
- the gross palpable or visible / demonstrable extent and location of malignant growth.
- based on information from a combination of diagnostic modalities
 - clinical examination, endoscopy (light imaging)
 - X-Ray, CT, MRI, ultrasound, PET CT, etc.,
 - Histology after biopsy
- TIME AND IMAGING MODALITY ARE IMPORTANT!!!





Gross Tumor Volume (GTV)

- Comparison among various modalities for the definition of the primary head-and-neck tumor GTV.
- Upper panel: GTV imaged prior to any treatment
 - contrast-enhanced CT: GTV-T: volume of 25.8 ml.
 - fat-saturated T2-weighted MRI: GTV-T: volume of 28.5 ml.
 - FDG-PET: GTV-T: volume of 22.2 ml.

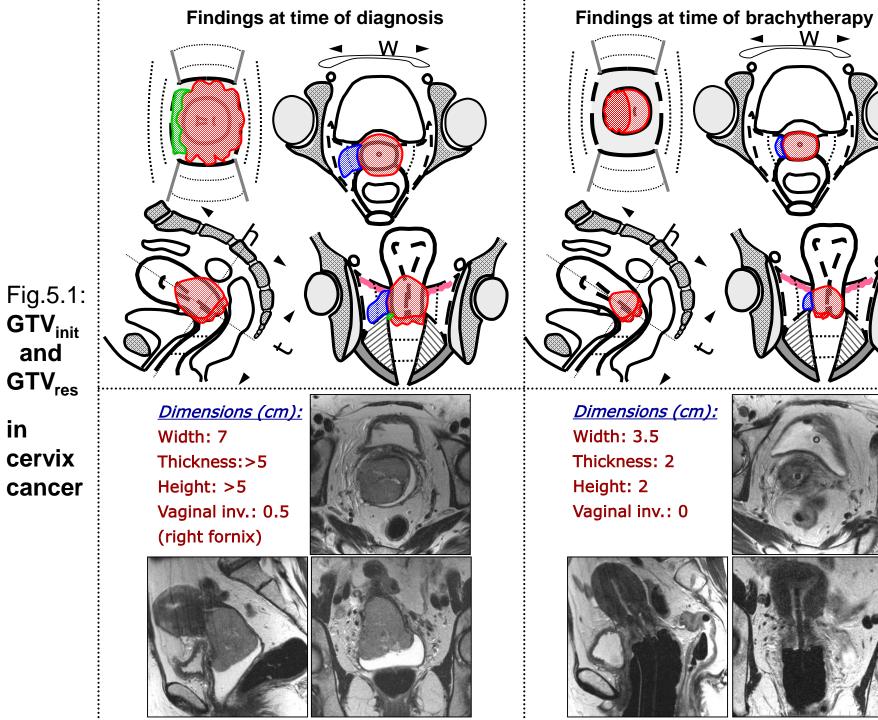




GTV during treatment

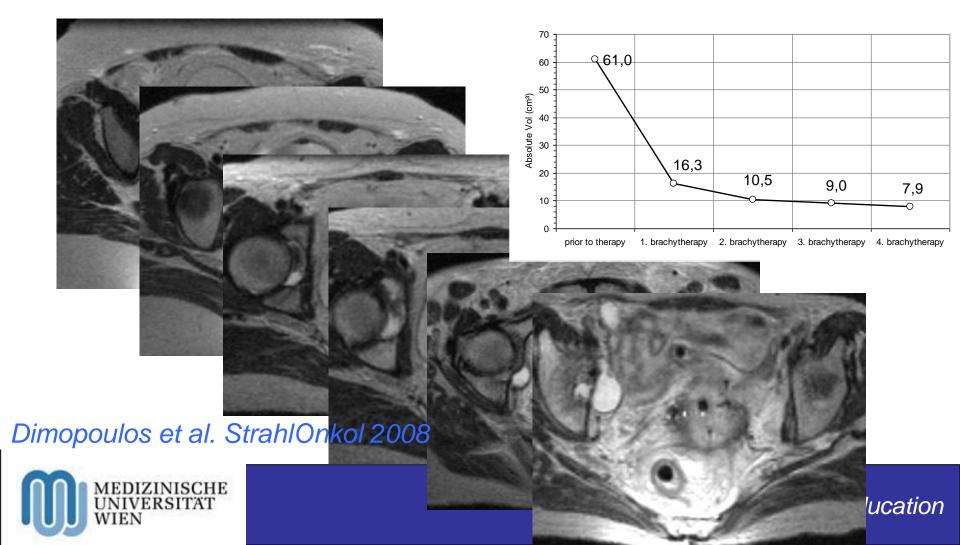
Lower panel: GTV imaged after an absorbed dose of 20 Gy.

- GTV-T (CT, 20 Gy): volume of 16.3 ml.
- GTV-T (MRI T2, fat sat, 20 Gy): volume of 19.8 ml.
- GTV-T (FDG-PET, 20 Gy): volume of 12.5 ml.



in

MRI: Initial tumour extension (3D RT) pattern of response (4D RT) for adaptive MRI based planning



The challenge of change in tumour volume and tumour configuration during treatment

Various patterns

GTV response

Initial Tumor Extention at Time of Diagnosis GTVinit= 90cm3 CTV-T= 300cm³ **TREATMENT**

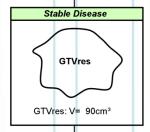
Journal of the ICRU

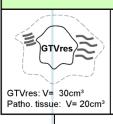
ICRU REPORT 89

Prescribing, Recording, and Reporting Brachytherapy for Cancer of the Cervix



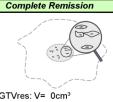
Patterns of GTV Response











GTVres: V= 0cm³ (microscopic residual tumor cells)

Corresponding adaptive CTVs

ICRU/GEC ESTRO Report 89 Fig 5.3

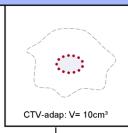
various patterns of

Adaptive CTV based on GTV response CTV-adap: V≥ 300cm³ CTV-adap: V= 60cm3









ADAPTIVE TREATMENT

GTVinit

CTV-T

GTVres

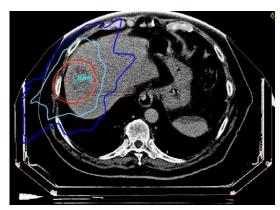
CTVadap

Pathologic tissue

(D2) Delineation of GTV, CTV, PTV

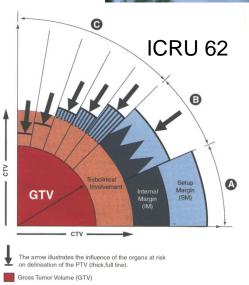
+ organs at risk

- from planar imaging ("2D")
 - skin cancer (basalcellepitheliom)
 - X-ray Sim, individual blocks
 - Hodgkin's Disease (2D-4D)
 - Boost Head and neck (clinical)(2D-4D)
- to volumetric imaging ("3D")
 - CT (MRI, US) based
 - GTV, CTV, PTV
 - ICRU 50&6273&78&83&89definitions



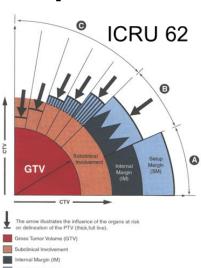






Volume definition (ICRU language)

- The process of determining the volume for the treatment of a malignant disease consists of several distinct steps.
- **Different volumes** may be defined, e.g. due to:
 - varying (assumed) concentrations of maligna
 - probable changes in the spatial relationship between volume and beam during the
 - movement of patient
 - possible inaccuracies in the treatment setup.
- ICRU Reports define and describe several volumes:
 - GTVs, targets and normal structures
 - to aid in the treatment planning process
 - to provide a basis for treatment comparisons



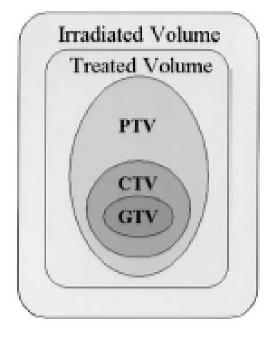
ICRU Report 50

1993 - 3D-CRT

```
GTV visible tumor
```

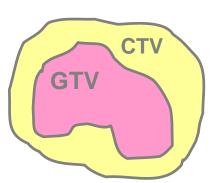
CTV = GTV + microscopic spread (lymph node, perivascular, perineural)

PTV = CTV + geometric uncertainties (organ motion, tumor & patient movement, inaccuracies of beam &patient setup)



- Appearance of new imaging modalities (MR, PET), technological progress (virtual simulation, MLC, IMRT), more information about target/organ movement lead to
 - Report 62 (Supplement to Report 50)

Clinical Target Volume (CTV)

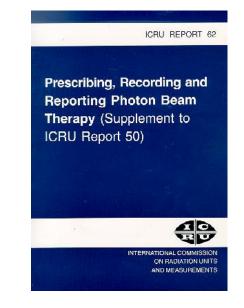


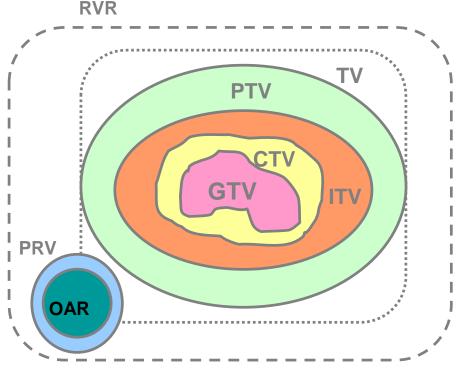
- the tissue volume that contains a demonstrable GTV and/or sub-clinical microscopic malignant disease, which has to be eliminated.
- often includes an area directly surrounding the GTV that may contain microscopic disease and other areas considered to be at risk and require treatment.
- is an anatomical-clinical volume:

CTV-T (Tumor),
CTV-N (involved lymph Node)
CTV-M (Metastasis)

ICRU Report 62

- Gross tumor volume: GTV
- Clinical target volume: CTV
- Organ at risk: OAR
- Planning target volume: PTV
- Internal target volume: ITV
- Treated volume or TV
 - Volume enclosed by specific isodose (D98%)
- Planning organ-at-risk volume:
- Remaining volume at risk: RVR
 - Remaining volume at risk
 - (Patient –(CTV+OARs))

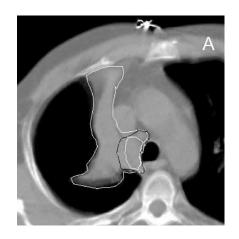




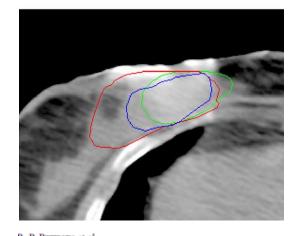
Volume definition

Target Volume definition

InTeroserver variability in delineation...



J. Van de Steene et al. / Radiotherapy and Oncology 62 (2002) 37-49



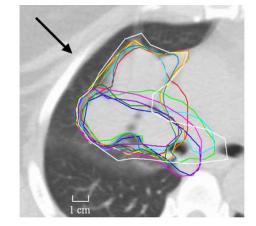
R, P, Petersen et al.





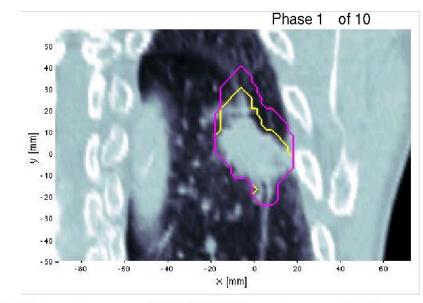


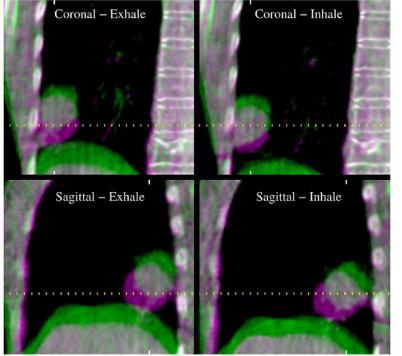
Rasch et al. Radiation Oncology 2010, 5:21



4D – Intrafraction motion (lung)

- 4D CT
 - feasibility of 4D CT
 - 4D also at treatmet machine (4D CBCT)





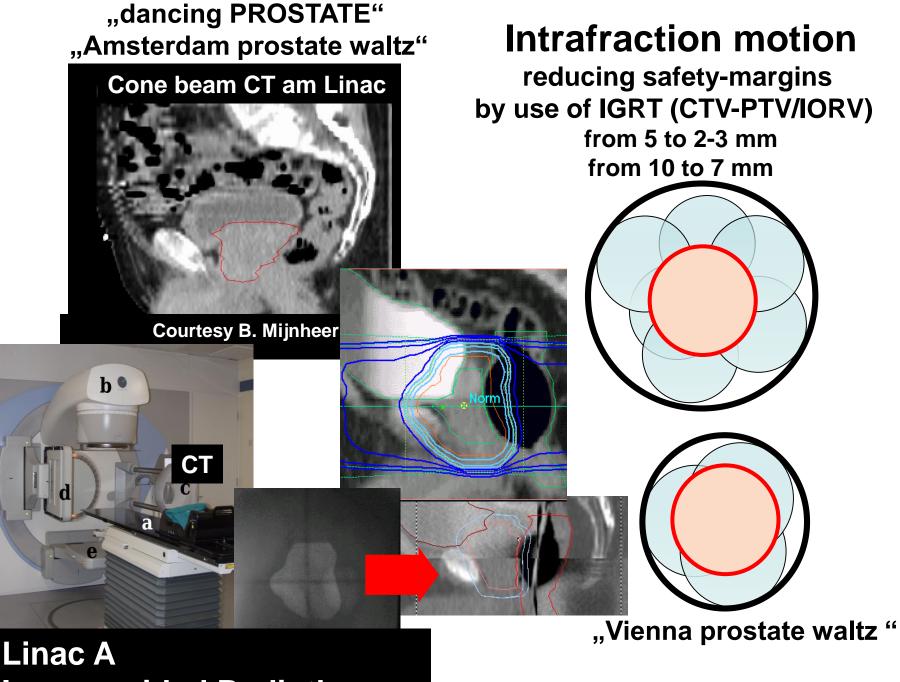
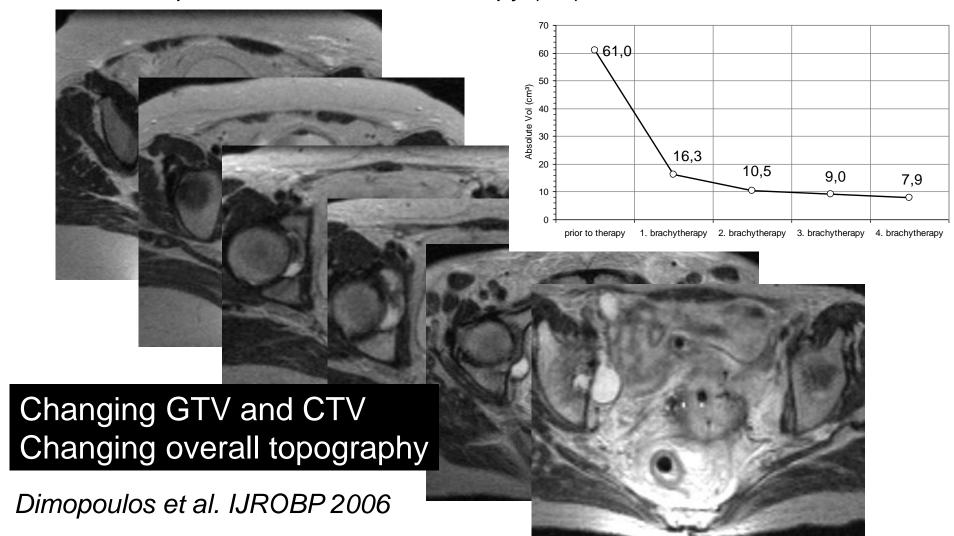


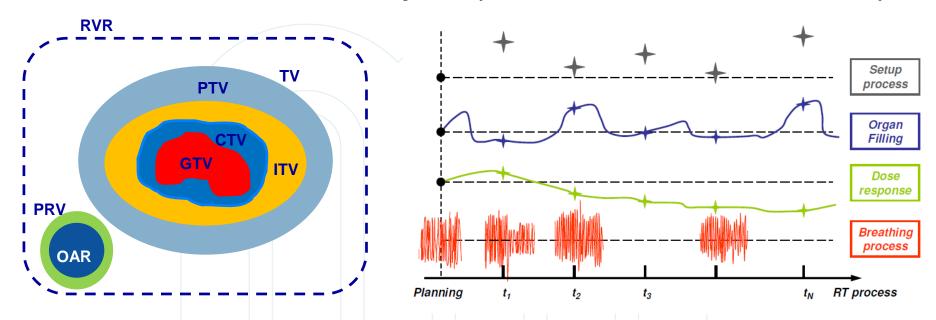
Image guided Radiotherapy

4D – Interfraction change (cervix)

- MRI: Initial tumour extension (3D RT)
- pattern of spread and response (4D RT)
- for adaptive MRI based radiotherapy (BT)

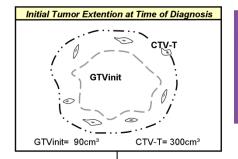


ICRU volume concepts (from 62 to 83 and 89)



- ICRU concepts have been traditionally based on morphology/anatomy
- Margins account for temporal effects
- Concepts are in transition with subvolumes for GTV defined based on functional imaging, and/or GTV response...

change in tumour volume and tumour configuration during treatment



Journal of the ICRU

ICRU REPORT 89

Prescribing, Recording, and Reporting Brachytherapy for Cancer of the Cervix



Various patterns

GTV response

TREATMENT

Patterns of GTV Response

Partial Remission

GTVres

GTVres: V= 30cm3

GTVres: V= 0cm3 Patho. tissue: 20cm3 Complete Remission

GTVres: V= 0cm³ (microscopic residual tumor cells)

Corresponding various patterns of adaptive CTVs

ICRU/GEC ESTRO Report 89 Fig 5.3

Stable Disease

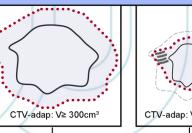
GTVres

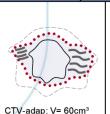
GTVres: V= 90cm3

Adaptive CTV based on GTV response

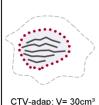
GTVres: V= 30cm³

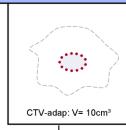
Patho, tissue: V= 20cm3











ADAPTIVE TREATMENT

CTV-T **GTVinit**

GTVres

CTVadap

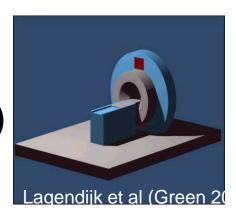
Pathologic tissue

Limitations of CT

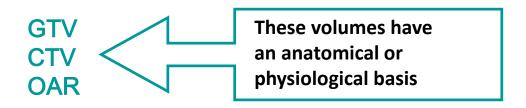
- CT in many anatomical sites:
 large inter- & intra-observer variability
- MRI provides improved soft tissue contrast with better visiblity and a large amount of sequences

Some remarks on MRI

- image distortion evaluation (MRI)
 image co-registration necessary (?)
- MRI+Linac

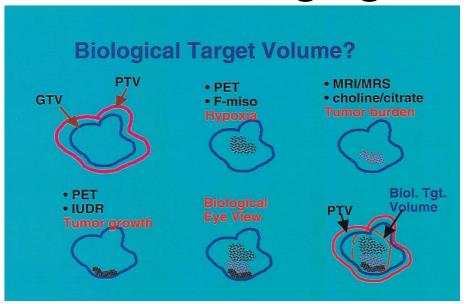


Volume definition



- Selection and delineation of the CTV and the OAR is a medical decision,
 - results from a clinical judgment involving many factors, e.g pathology and imaging findings, imaging.
- Delineation of the GTV and the CTV should be independent of the irradiation techniques, and influenced only by oncological considerations

(D3) Determine biological attributes "bio-imaging"- multimodal imaging



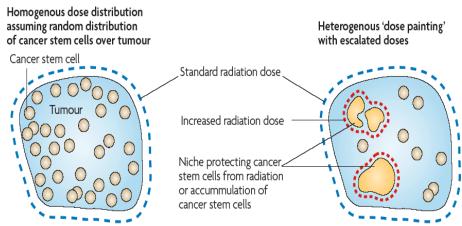
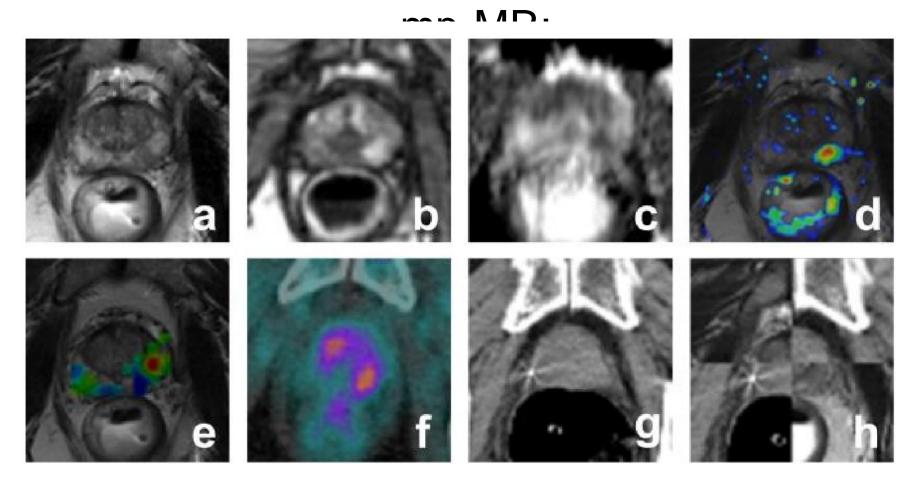


Figure 3 | The potential importance of stem cell niches for radiotherapy treatment planning. a | Standard treatment plans would deliver the irradiation dose with a safety margin homogeneously

Ling et al. 2000

Baumann et al. 2008

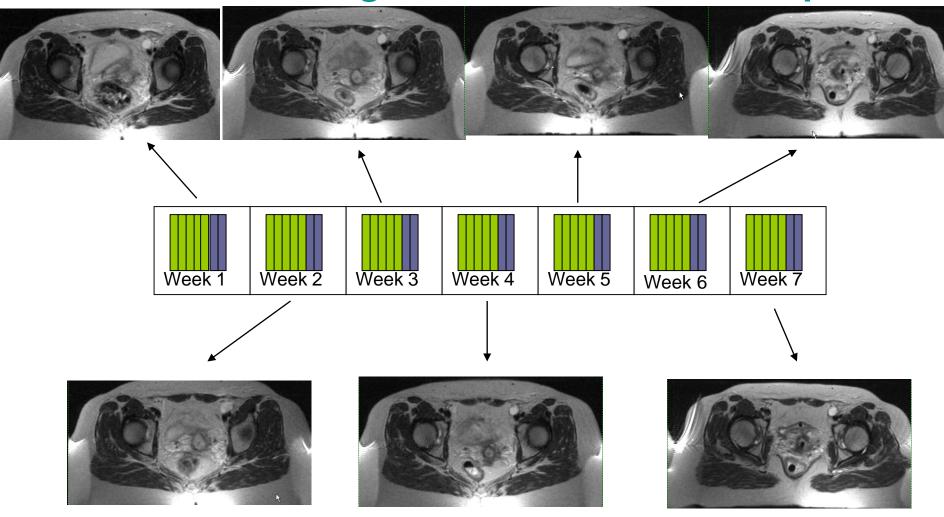
- Tumor hypoxia (H&N, Cervix...)
- Angiogenesis microvessel density and perfusion (MRI)
-Varia.....Lactate etc.....



Supplementary Figure S1: Example of mp-MRI and PET findings for one patient: T2w (a), DCE T1w (b), ADC map (c), K_{trans} map (d) and MRS (Cho+Ci)/Cr ratio map (e). The lesion is visible in the peripheral zone at the right posterior part of the gland. For comparison [11 C]Acetate PET-CT (f), planning CT (g) and planning CT fused with T2w MR image (h) are shown as well. [1]



Determine "biological" attributes from response...



(D4) Dose distribution design

- 2D radiotherapy
- 3D conformal radiotherapy
- Adaptive Radiotherapy ("shrinking field technique")
- **IMRT**
- VMAT/Tomotherapy

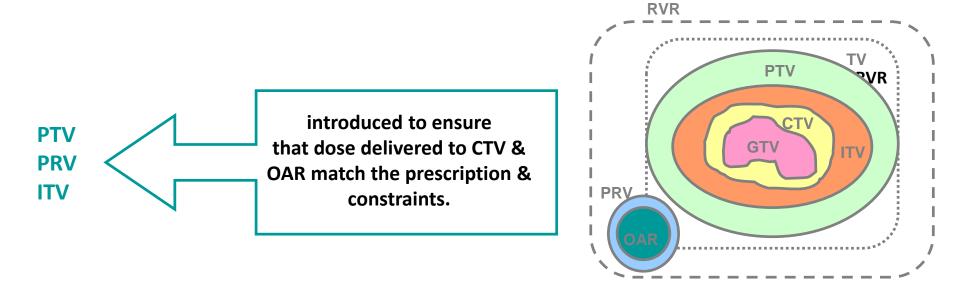


Image guided Brachytherapy

start of treatment - 3 weeks after start Barker et al 2006

X-rays 18 MeV Iridium

Geometric concepts

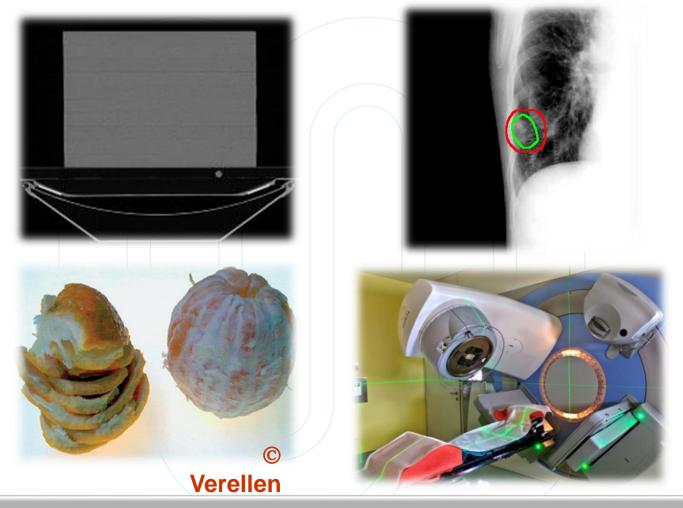


 These volumes may be constructed on TPS automatically with an appropriate margin

Margins

- Most important for clinical radiotherapy.
- Depend on
 - CTV/OAR motion internal margins (ICRU 62)
 - patient set-up and beam alignment margins
- Margins may be non-uniform but should be three dimensional.
- Joint assessment of radiation oncologist and medical physicist
- A reasonable way of thinking would be:
 - "Choose margins so that the target is in the treated field at least 95% of the time."

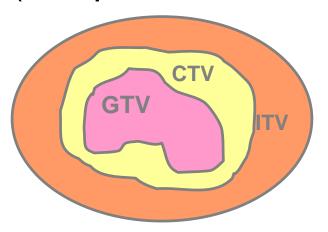
Margins in RO and Image Guidance



Geometric uncertainties are commonly accounted for by margins

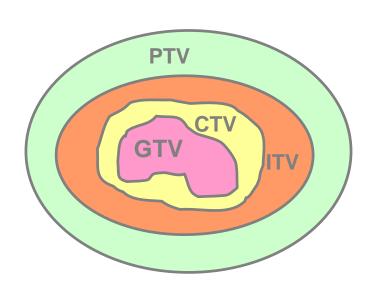
Internal Target Volume (ITV)

(complex R&D issues)



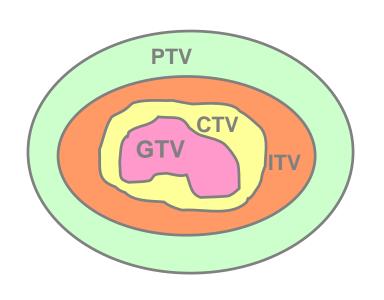
- ICRU Report 78: "In practice, it might not be necessary to explicitly delineate the ITV, but the IM (as well as the SM) must be taken into account when delineating the PTV."
- ICRU Report 83: "The ITV is considered an optional tool in helping to delineate the PTV."

Planning Target Volume (PTV)



- In contrast to the CTV a geometrical concept.
- It is defined to select appropriate beam arrangements, taking into consideration the net effect of all possible geometrical variations, in order to ensure that the prescribed dose is actually absorbed in the CTV.
- The PTV includes the internal target margin and an additional margin for set-up uncertainties, machine tolerances and intratreatment variations.

How to define PTV?



- Analyze ALL uncertainties and use appropriate margin recipe
- Systematic errors (Treatment preparation): setup error, organ motion during planning CT, delineation errors, equipment calibration errors
- Random errors (Treatment execution): inter- & intrafraction variation

Margins in photon and proton RT

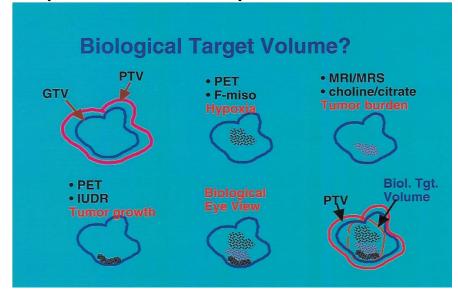
(complex R&D issues)

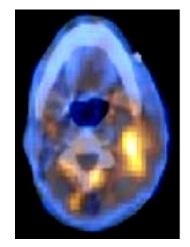
- Report 83 provides margin recipes for PTV and PRV in photon therapy (ref. van Herk, Ten Haken and McKenzie)
- Report 78 "PTV requires different margins lateral, distal and proximal to the CTV."
- "Daily practice" in PT: Beams can be designed directly for the CTV, taking into account the need for internal and external margins within the aperture design, without reference to a PTV beams.
 - Nevertheless, PTVs must be defined since they are required for reporting purposes.

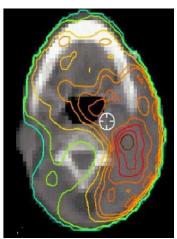
The delineation of the PTV is a required part of the treatment prescription

Dose Boosting and Painting

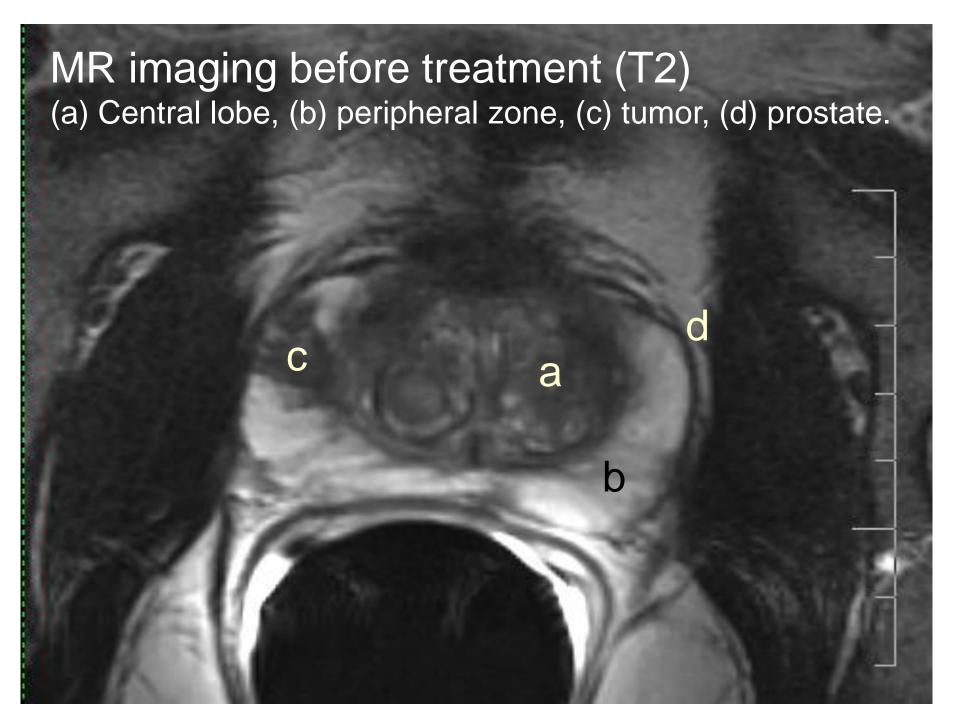
- coined by CC Ling et al (Red 2000)
- challenges dogma of homogeneity in target
- functional imaging for volumetric map of radiobiological factors
- lack of clinical trials "endpoints"

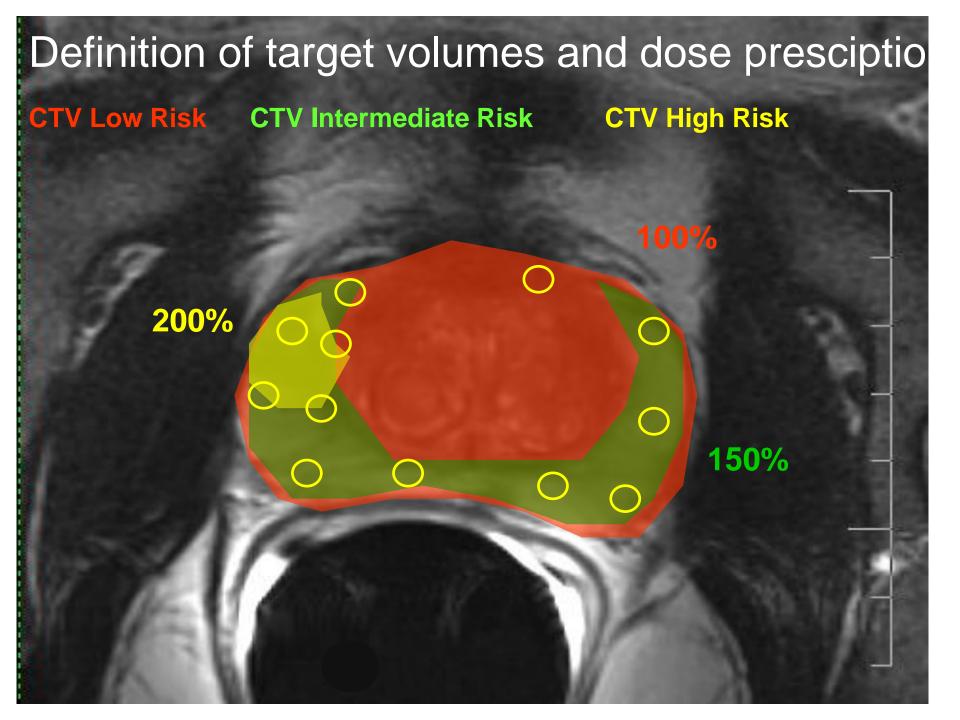






Alber et al (Tübingen)





Dose Painting: where?

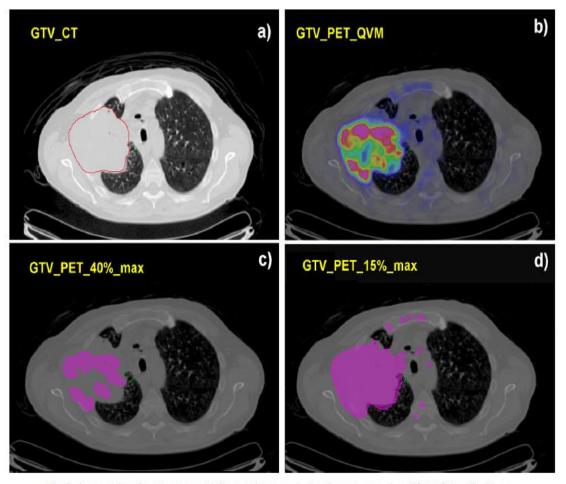


Fig. 2. Segmentation of target volumes. (a) Computed tomography-based gross tumor volume (GTV_CT) outlined by radiation oncologist. (b) Positron emission tomography-based gross tumor volume (GTV_PET) outlined by same radiation oncologist. QVM = qualitative visual method. (c) Positron emission tomography-based volume, outlined using gross tumor volume 40% maximal uptake method (single maximum) (GTV_PET_40%_max). (d) Positron emission tomography-based volume, outlined using gross tumor volume 15% maximal uptake method (single maximum) (GTV_PET_15%_max).

(D5) Dose delivery assurance ("IGRT")

- near real-time imaging during treatment delivery
- Ideally:
 - 3D volumetric study of soft tissue structures
 - efficient acquisition and comparison
 - process for clinically meaningful intervention
- commercial systems
 only partly achieve these needs





(Short) History of IGRT

1951: The very beginning ...

intended +/- 1cm

A (short) history of image-guided radiotherapy

Dirk Verellen*, Mark De Ridder, Guy Storme

UZ Brussel, Oncologisch Centrum, Radiotherapie, Belgium

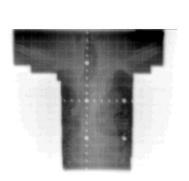
Radiotherapy and Oncology 86 (2008) 4-13

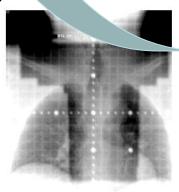
"State of the Art" in IGRT: <u>CBCT</u>

achieved +/- 1mm

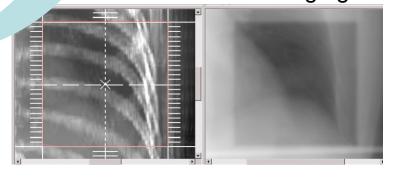


Since 1969: X-ray localisation film





Since ... Electronic Portal Imaging Device



Where do we need what (R&D)?

- Where there is little movement, e.g. brain, (H&N)
 - bony landmarks
 - 2D MV, kV imaging with "well-thought-out" correction protocol probably sufficient
- Where targets move relative to bony anatomy
 - 2D imaging with radio-opaque markers
 - no info on normal tissue or tumor conformation
- Where targets move relative to OAR:
 - 3D imaging for comparison (e.g. SRT lung, liver)
 - online imaging
 systematic and random errors corrected

",dancing PROSTATE" **Reducing safety-margins** "Amsterdam prostate waltz" by use of IGRT (CTV-PTV/IORV) **Cone beam CT am Linac** from 5 to 2-3 mm from 10 to 7 mm Courtesy B. Mijnheer b "Vienna prostate waltz " Linac A

Image guided Radiotherapy

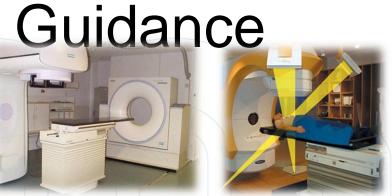
Today's Technology for Image

Beam quality

- MV (3 6 MV)
- kV (80 130 kV)
- Beam collimation
 - CBCT
 - FBCT
- Dimensions
 - 2D
 - 3D

 Rail-track-, ceiling/floor-, gantrymounted

Current IGRT technology on/in the linac is X-ray based









Maximal conformity at maximal costs?

Radio-Oncology

Out

come

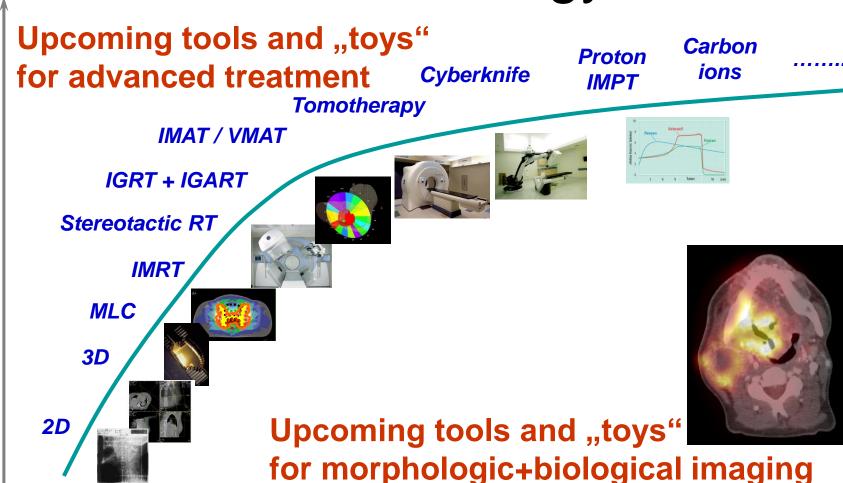


Image Guided Radiotherapy (IGRT)

- Reduction of setup and internal margins
- Reduction of side effects
- Enables dose escalation
- Room or rail-track mounted system
- Gantry or couch mounted system

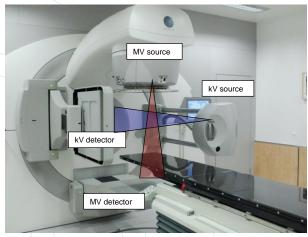
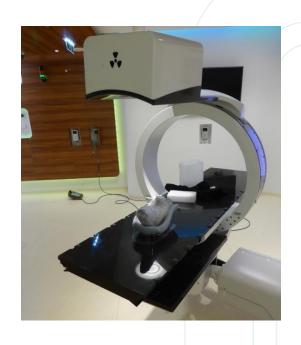
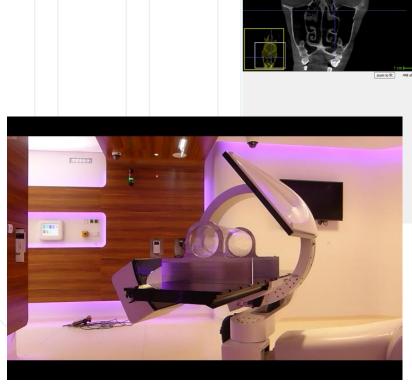


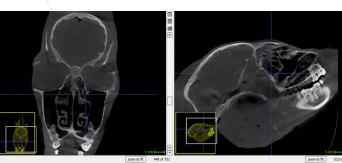


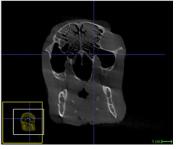
Image Guidance in proton therapy

Example MedAustron: Imaging Ring (MedPhoton)









(D6) Deciphering treatment response

(CR, PR, SD, PD/ time pattern)

Standard:

Morphological changes;
 clinical exam., light imaging (endoscopy),
 US/CT/MR

Upcoming:

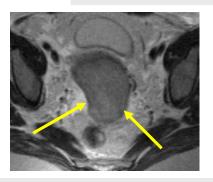
 Comparision pre- at and post treatment functional imaging (FDG)-PET CT, fMRI

Present Developments

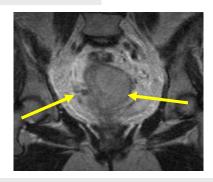
- Measurement of RT induced metabolic changes (cellular proliferation FLT, Apoptosis,...)
- ADC (apparent diffusion coefficent) DWI,, K trans, (DCE) etc.

STAGE IIB: 5 cm WIDE, SUFFICIENT RESPONSE (12/2002)

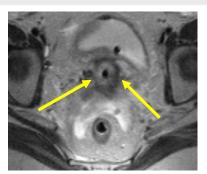
At diagnosis: 5 cm wide, 5 cm thick, 7cm high: 88 cm³







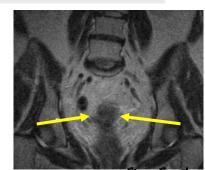
At first BT:2 cm x 3 cm x 3 cm, 9 cm³, good remission, sufficient for intracavitary BT





6 months after treatment: Continuous Complete Remission



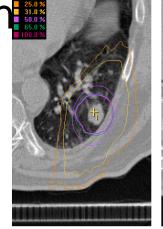


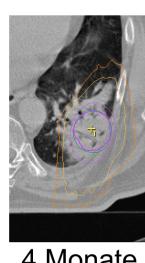
Radioth&Oncol 2005

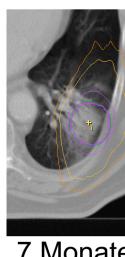
(D7) Diagnosis of outcome (after treatment)

Image assessment after certain time intervals

- Tumour remission (complete)
- Lung fibrosis (transient)



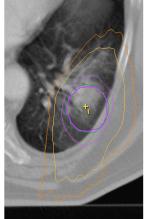


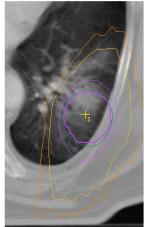


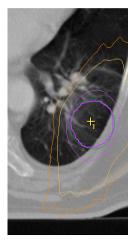
7 Monate 1 Monat 4 Monate Plan

after **Definitive** Stereotactic RT in T1 lung cancer





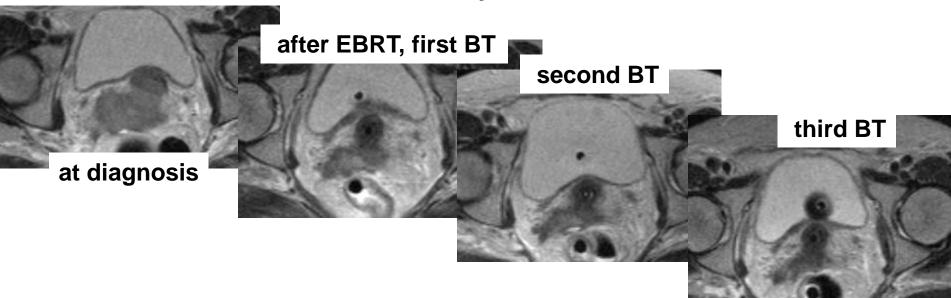




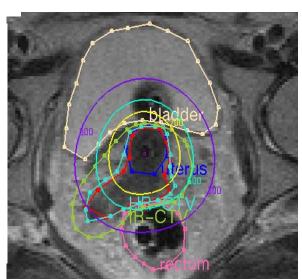
10 Monate 13 Monate

16 Monate 24 Monate

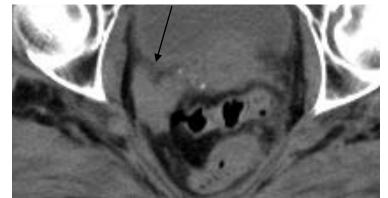
Stage IIIB, 6 cm, insufficient response (9/2000) no adapatation of application technique Intracavitary BT alone



Optimisation based on intracavitary BT alone HR CTV D90: 67 Gy



Parametrial/pelvic wall recurrence 8/2001

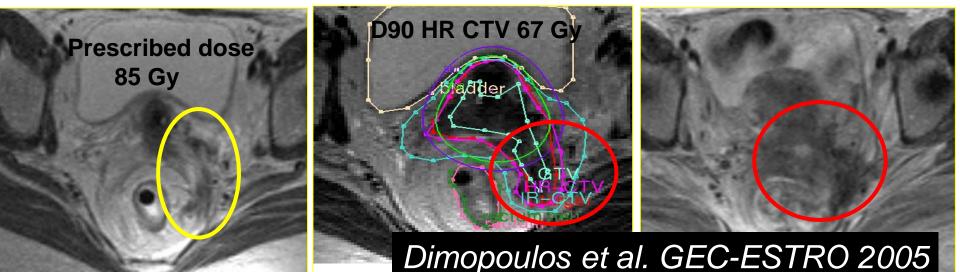


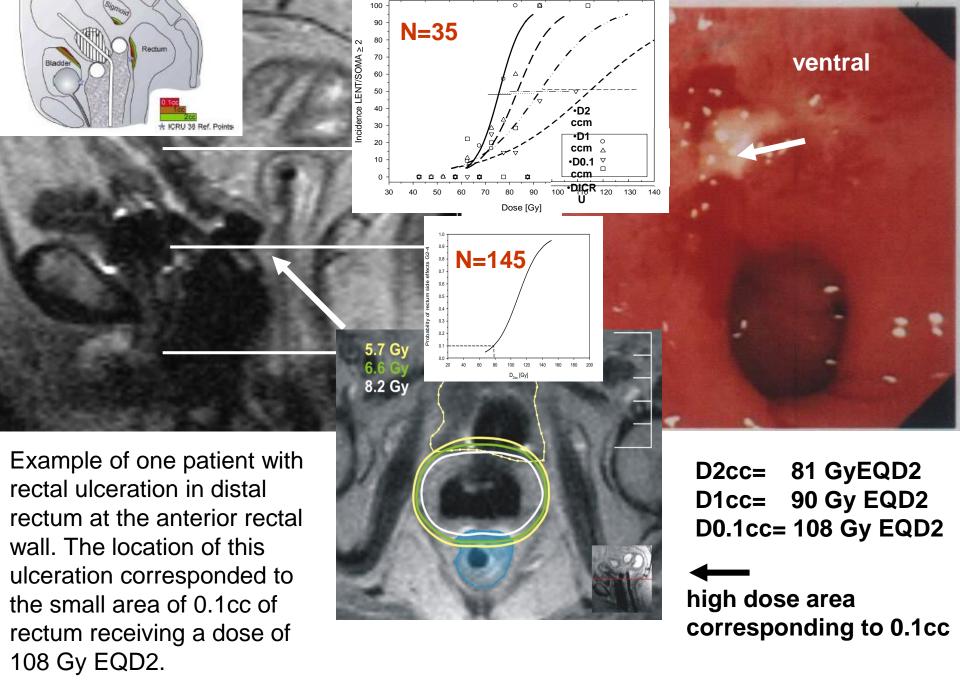
4D analysis of tumour spread, target coverage and recurrence Insufficient Tumour remission (cervix cancer stage IIIB): no adaptation of application technique topographical correlation to DVH parameters

Diagnosis

Dimopoulos et al. 2010

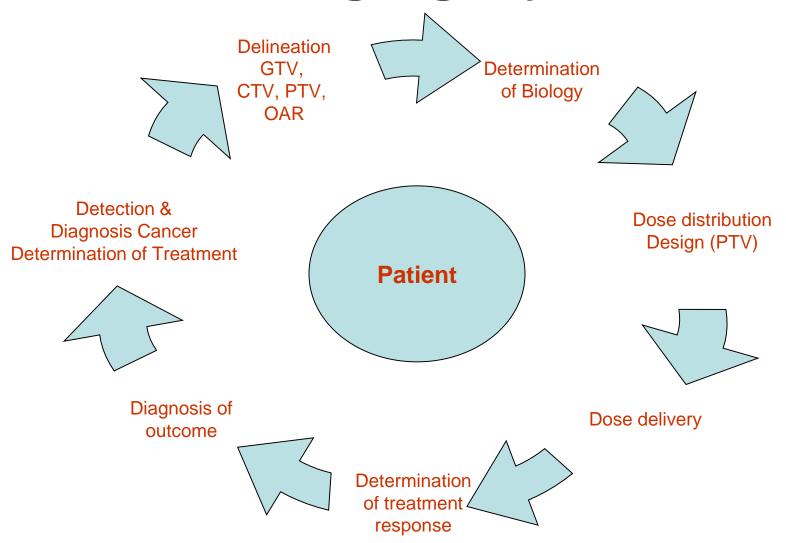
At Brachytherapy Brachytherapy (standard) 9 mths later: Recurrence





P. Georg et al. R&O/IJROBP 2009/2010

Imaging-Cycle



IGRT: a comprehensive view (7D): activities within this overall frame

- Detection/Diagnosis cancer, Determinat. treatment
- Delineation of target (CTV/PTV), Organs at Risk
- Determining biological attributes
- Dose distribution design (PTV)
- Dose delivery assurance
- Determining treatment response
- Diagnosis of outcome (recurrence/morbidity)

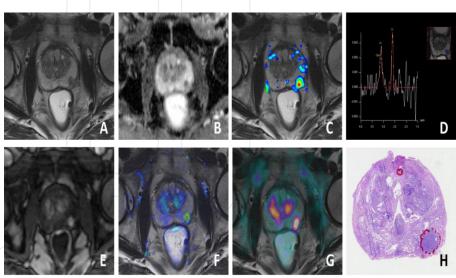
Major clinical relevance

Mulitmodal Imaging

Research
Work in progess

Multiparametric imaging

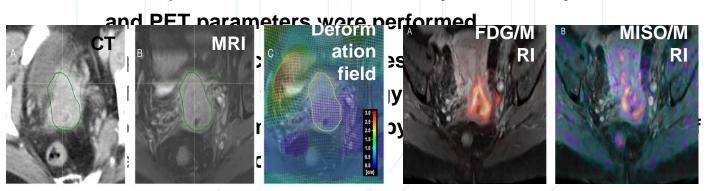
- Combining image-derived parameters to increase diagnostic accuracy
 - improved sensitivity and specificity due to complementary information
 - → reduced patients burden: cost- and time-effectives
 - suitable for diagnosis and treatment planning
- Multiparametric?
 - anatomy
 - → Vascularization
 - → Perfusion/permeability
 - → cellularity/proliferation
 - chemical composition



Polanec S. and Andrzejewski P. et al (submitted)
Andrzejewski P.

Cervix cancer (CCa) characterization with mpMRI and [18F]MISO and [18F]FDG

- Dataset: 11 CCa patients scanned with mpMRI, [¹8F]MISO and PET [¹8F]FDG in two separate scanners
 - demonstrated feasibility of multiparametric [18F]MISO/FDG PET-MRI
 - → assessed for tumor volume, enhancement kinetics, diffusivity, and [¹8F]FDG/ [¹8F]MISO-avidity
 - descriptive statistics and voxel-by-voxel analysis of MRI

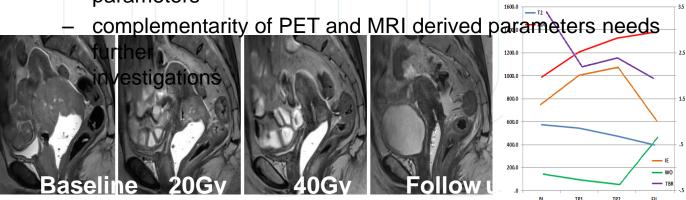


Pinker K. et al 2016

Early CCa treatment response with mpMRI and [18F]MISO

- Dataset: 6 CCa patients undergoing chemoradiotherapy, scanned with mpMRI and [¹⁸F]MISO PET in two separate scanners in 4 timepoints
 - demonstrated feasibility of multiparametric [¹⁸F]MISO PET-MRI EBRT response assessment
 - high patient drop-out rate study moved to PET/MR
 - spatio-temporal variation of hypoxia in between scanning timepoints

no voxel-wise correlation between hypoxia and mpMRI Dynamics of T2 mean ADC mean TBR peak, and DCE parameters changes - median over all patients

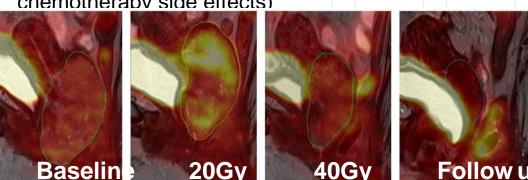


Georg P. et al – manuscript in preparation

Early CCa treatment response with hybrid PET/MR using [18F]MISO

- Recruitment ongoing: 2 patients underwent full protocol, 2 patients in progress, mpMRI and [18F]MISO PET scans performed on a hybrid PET/MR scanner in 4 timepoints
 - ethics committee amendment approved, new SOP and imaging sequences for the PET/MR, technical developments to adjust the scanner for RO needs
 - demonstrated feasibility of multiparametric [¹⁸F]MISO PET/MR for EBRT response assessment (patient position as at treatment)

 decreased patient drop-out rate (1 patient resign due to chemotherapy side effects)



Daniel M. et al - ÖGMP Jahrestagung 2016

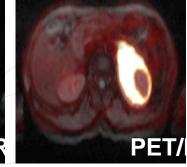
Implementation of new PET tracers (pilot study)

- Early cancer treatment response using ⁶⁸Gd-Pentixafor (hybrid MR-PET)
 - based on 85 studies and over 11000 patients data: "CXCR4 over-expression is associated With poet prognosis in cancer"
 - can be used as discriminator of necessity for more aggressive treatment
 - potential use in radiotherapy response assessment

 Cooperation with Division of Nuclear Medicine ethics committee application in revision for

patients with cancer

- lung
- pancreas
- head and neck

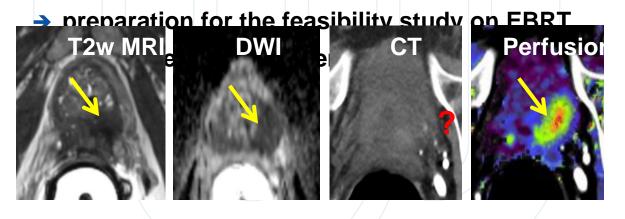


Courtesy A. Haug

65

PCa characterization with CT perfusion (pilot study)

- To implement CT perfusion imaging protocol in diagnosis and treatment assessment of PCa
 - ongoing recruitment for the pre-RT baseline CT perfusion
 - optimization of the CT perfusion protocols on two diagnostic CT scanners



66

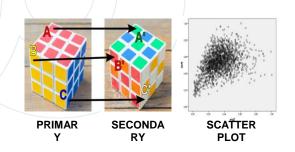
Imaging data analyses

- Based on descriptive statistics
 - → performed in predefined regions of interest (ROIs)
 - geometrical parameters (volume, distance etc.)
 - grey level or biologically modeled quantitative parameters statistics (mean, max, min etc.)



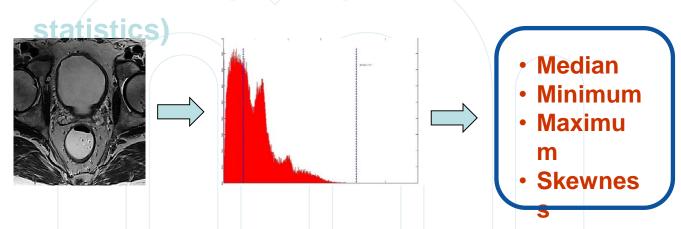
Prostate NM PETresampled (PET AC)							
Role	Dataset	Method	Min	Max	Mean	Volume	Units
Planning	CTresampled (CT REFORMATTED)	HU	-948.0	3065.0	36.8	16.1 cm³	HU
in w	PETresampled (PET AC)	SUV BW	1.0	3.2	1.8	<i>16. 1</i> cm³	g/m/

- Based on voxel by voxel analys
 - spatial correlation as additional degree of freedom
 - requires good spatial agreement between investigated modalities (fusion or hybrid imaging)
 - provides information on ROI's heterogeneity

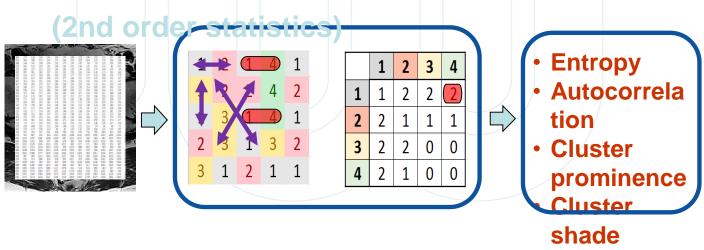


Imaging data analyses – textural features

Based on image histogram (1st order



Based on gray-level co-occurence matrices



Association between pathology and texture features of mpMRI of the

