

Synchrotron Radiation for biomedical

imaging

Giuliana Tromba

SYnchrotron **R**adiation for **ME**dical **P**hysics (SYRMEP) beamline *Elettra - Sincrotrone Trieste*

XVI International Conference on Science, Arts and Culture International Conference ON SESAME In Honour of Paolo Budinich 29 August - 2 September 2016 Veli Lošinj, Croatia







- Advantages of using SR for medical applications
- SR phase contrast imaging
- Some applications at ESRF, Spring8, Elettra
 - Mammography Studies of bones, joints and cartilages Lungs imaging Brain studies Imaging of atherosclerotic plaques
- Final considerations



Monochromaticity allows for:

- optimization of X-ray energy according to the specific case under study (dose reduction)
- quantitative CT evaluations
- no beam hardening
- convenient use of contrast agent (K-edge and L-edge imaging)

Spatial coherence enables the applications of *phase sensitive imaging* techniques

- Phase contrast overcomes the limitation of conventional radiology
- It brings to a dose reduction
- Improved contrast resolution, edges enhancement
- Use of phase retrieval algorithms

High fluxes

- Short exposure time
- Dynamic studies....

Collimation

- parallel beams, scatter reduction
- beam shaping (micro-beams)



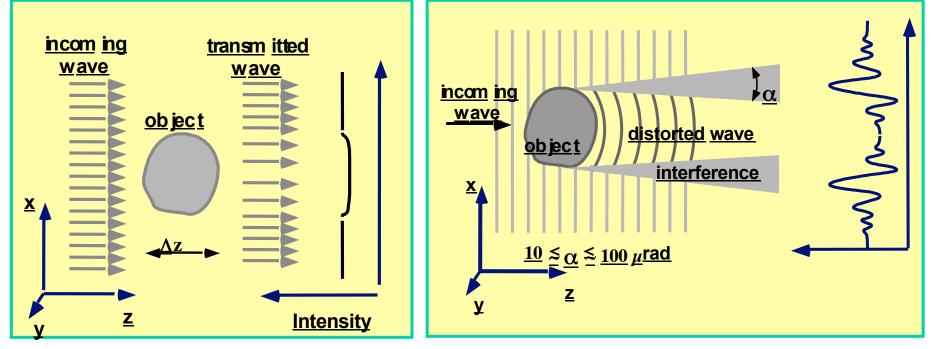


Imaging approaches

- Clinical: applications to patients (es. angiography, mammography, ecc.) Need to limit radiation dose. Find best compromise between dose and image quality
- Imaging of small animals: applied for different purposes in the development of *animal models* (es. Cell tracking, Osteoporosis, genetic diseases,..) *Research protocols, control of dose.*

"In vitro" imaging: it concerns the study of biological samples. (es. micro-tomography applied on bone samples, scaffolds, cartilages, etc.)
Requirements of high resolution and high sensitivity

PHase Contrast (PHC) vs. absorption contrast



Absorption radiology (conventional)

In conventional radiology image formation is based on differences in X-ray absorption properties of the samples. The image contrast is generated by density, composition or thickness variation of the sample. Main limitation: poor contrast in soft tissue differentiation. *Phase contrast* techniques are based on the observation of the *phase shifts* produced by the object on the incoming wave. Contrast arises from interference among parts of the wave front differently deviated (or phase shifted) by the sample. Edge enhancement effects.

PHC

Refraction index for hard X-rays : n = 1 - δ + i β , β = absorption term, δ = phase shift term for soft tissue@17 keV: $\beta \sim 10^{-10}$; $\delta \sim 10^{-6}$, $\delta \propto \lambda^2$, $\beta \propto \lambda^3$ Absorption radiology -> contrast is generated by differences in the x-ray absorption ($C_{abs} \sim X \ \Delta\beta$), Phase Radiology -> contrast is generated by phase shifts ($C_{\phi} \sim X \ \Delta\delta$) x = object size // to beam direction $\delta >> \beta \Rightarrow$ phase shifts effects >> absorption

Propagation based imaging (PBI)

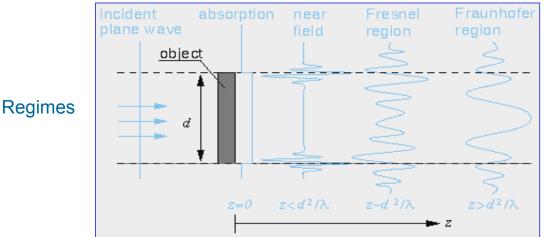
Synchrotron or x-ray tube	↓ ● Sample	z	Detector
R.Fitzgerard, Physics Today, July 2000			

- The technique exploits the high spatial coherence of the X-ray source.
- z =0 -> absorption image
- For $z > 0 \rightarrow$ interference between diffracted and un-diffracted wave produces edge and contrast enhancement. A variation of δ is detected
- Measure of $\nabla^2 \Phi(x,y)$

Elettra

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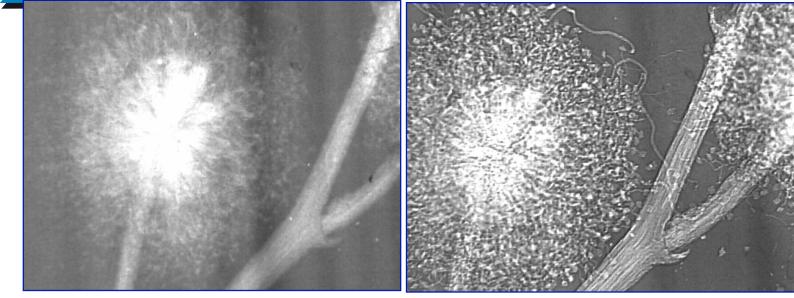
- The technique requires a high spatial coherence source and detectors with adequate spatial resolution. Monochromaticity is not needed
- Phase effects visible also at low dose (mammography trial @ SYRMEP)



Snigirev A. et al., Rev. Sci. Instrum. 66, 1995 Wilkins S. W. et al., Nature 384, 1996 Cloetens P. et al., J. Phys D: Appl. Phys. 29, 1996 Arfelli F et al., Phys. Med. Biol. 43,1998

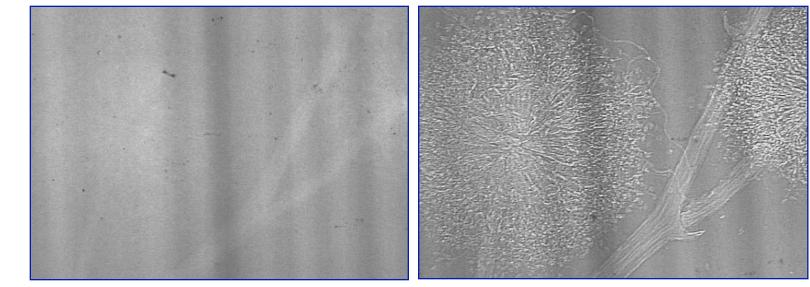


Imaging a Mimosa flower....



Absorption

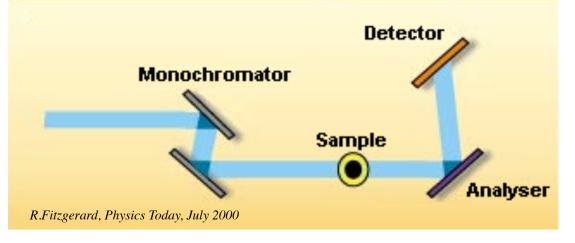




10 keV

25 keV

Analyzer Based Imaging (ABI)



- Sensitive to refraction of X-rays
- A perfect crystal is used as an angular filter to select angular emission of X-rays. The filtering function is the rocking curve (FWHM: 1-20 μrad)
- Image formation with ABI is sensitive to a variation of δ in the sample. Indeed, refraction angle is roughly proportional to the gradient of δ
- Analyzer and monochromator aligned -> X-ray scattered by more than some tens µrad are rejected
- Small misalignments -> investigation of phase shift effects
- With greater misalignments the primary beam is almost totally rejected and pure refraction images are obtained
- Sensitive to $\nabla \Phi(x,y)$

Elettra

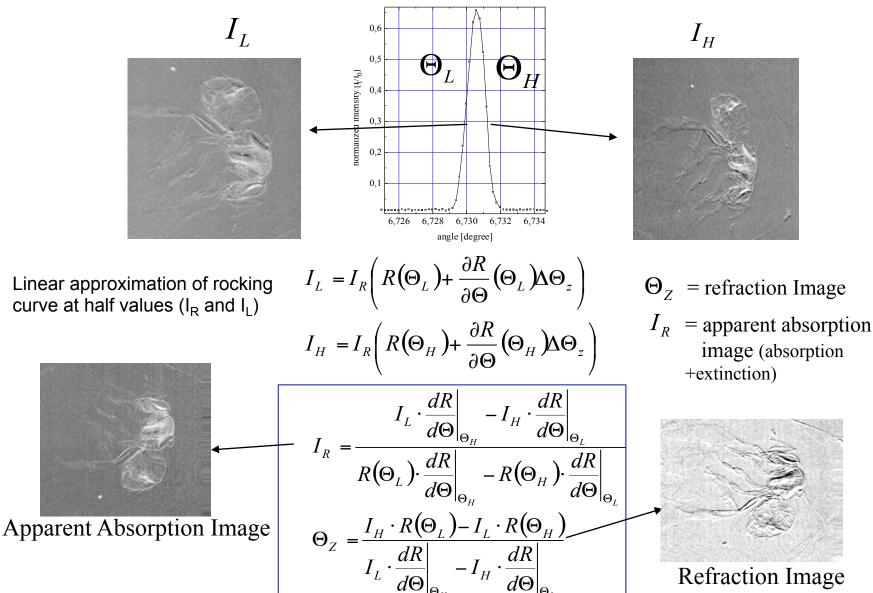
Sincrotrone Trieste

• The technique requires the beam monochromaticity, spatial coherence is less stringent.

Podurets K. M. et al., Sov. Phys. Tech. Phys. 34(6), 1989 V. N. Ingal and E. A. Beliaevskaya, J. Phys. D: Appl. Phys. 28, 1995 Chapman D et al., Phys. Med. Biol. 42, 1997 ECSAC Conference Losini, 2016 8

ABI image manipulation (original algorithm)





Ref: Chapman et al, Phys.Med.Biol, 42,1997

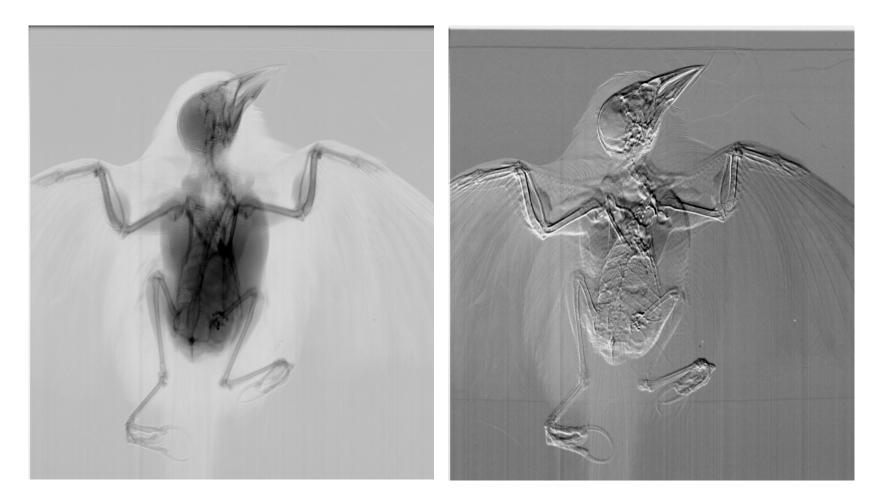






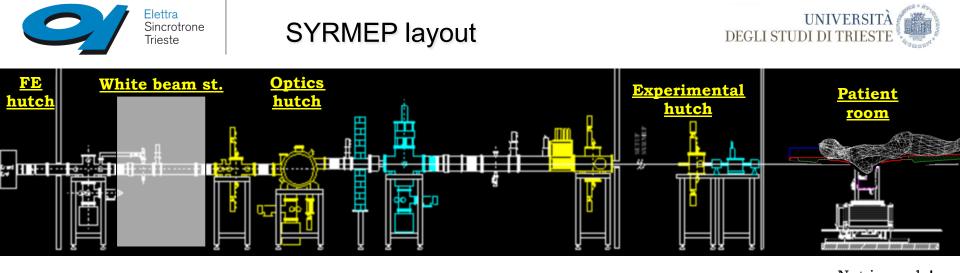


Apparent absorption and refraction images



Apparent absorption

Refraction image



- Front-end hor. acceptance: 7 mrad
- Source-to-detector distance \approx **15** m (white beam station), \approx **25** m (exp. hutch), \approx **32** m (patient room)
- Beam hor. size at sample ≅ 10 mm (white beam station), ≅ 160 mm (exp. hutch), ≅ 210 mm (patient room)
- Source size FWHM (h x v) \approx 240 µm x 90 µm
- Energy range: 8.5 40 keV, B.W. ∆E/E≅ 2 * 10⁻³

Techniques

- Absorption/Phase Contrast Imaging (free propagation)
- Dual energy imaging (K-edge subtraction)
- Analyzer Based Imaging (ABI)



Modes: • Planar • Micro-CT

Node for Phase contrast imaging

Not in scale!



Agreement among the Public Hospital of Trieste, the University of Trieste and Elettra

- **Aim:** Explore the potential of phase contrast imaging on selected cases
- Target:Patients whose conventional diagnosis gave uncertain results.
- Modality: I) PHC radiography with film systems II) PHC imaging with digital detectors III) Tomo-mammography (X-ray energy: 32-40 keV)

Projection imaging X-ray energy: 17– 22 keV

Outcomes from the first protocol (I, II)

SR exams have:

- higher specificity,
- better agreement with the golden standard (biopsy),
- improved image quality,
- strong reduction of delivered doses.



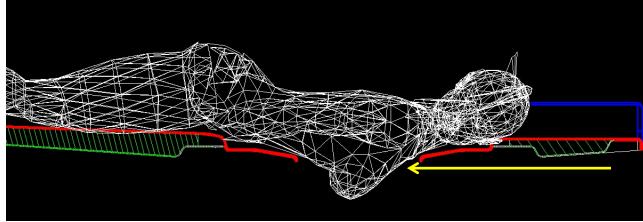
E.Castelli et al.: Radiology, vol 259 (2011), R.Longo et al., Phil. Trans. R. Soc. A 372 (2014)



Patient support





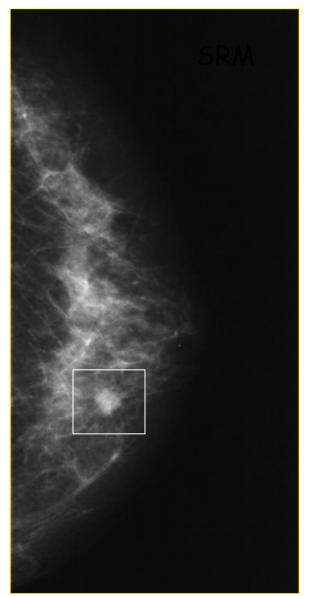






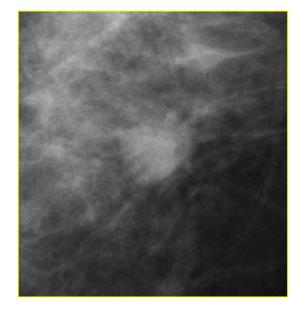
CONVENTIONAL unit

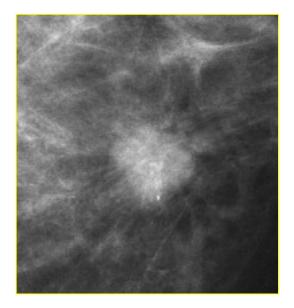




Synchrotron Radiation







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Next-step: Tomo-mammography project (SYRMA-CT)

Goal: Design a new clinical protocol combining **planar projection mammography** and a **CT scan** (inline PHC) on a limited breast portion

Diagnostic aim: contribute to solve the cases of lesions overlap, improve the lesions characterization and visualize better their infiltration in the healthy tissue

Key element: CdTe single photon counting detector, 60 μ m pixel size, 25×2.5 cm² active area by PiXirad

Project financed by **Istituto Nazionale di Fisica Nucleare** (INFN), Sections of: Trieste, Ferrara, Pisa, Napoli, Sassari





Approval by ethic committee is needed



Exam procedur



DEGLI STUDI Main issues to be addressed

- Identification of the region for the CT scan
- Choice of imaging parameters (X-ray energy, n. of projections, exp. time, etc.)
- Optimization of pre-processing and recon algorithms
- Post-processing
- *Dosimetry issues* and safety system upgrade •
- Protocol implementation in the exam supervisor
- CT scan (~600 projections) must be performend at the same dose of a • conventional examination (~5-10 mGy): feasibile?
- Is *phase contrast* effective at high X-ray energy and with such low dose/ projection?

Phase retrieval algorithm (*)

- Phase and amplitude extraction from a single distance image of a homogeneous object
- Refractive index: $n = 1 \delta + i\beta \delta$: phase shift term, β : absorption
- Transport of Intensity Equation (TIE) Hom. phase retrieval algorithm
- Hom. Approx. : tissue as an homogeneus medium (δ/β =cost)

^(*)Paganin, D., et al., "Simultaneous phase and amplitude extraction from a single defocused image of a homogeneous object. Journal of microscopy, 206(1), 33-40 (2002). G. Tromba

Volume for a CT scan



Low dose phase contrast breast tomography: optimization of reconstruction workflow

Combined experiments carried out at Elettra and at the Australian source with different detectors and energy ranges Geometrical test object and tissue specimens CT in PB mode @ diagnostic dose (2.5 mGy AGD) Reconstruction workflows Pre-processing, reconstruction, post-processing Definition of image quality indexes & functions for comparison 1 cm Radiological Assessment B A) Polycarbonate phantom where 1 = Glycerol (C3H8O3), 2 = Unknown tissue (Malignant), 3 = Water (H2O), 4 = Fibrous tissue, 5 = Calcium Chloride (CaCl2), 6 = Adipose tissue, 7 = Paraffin wax, 8 = Ethanol (EtOH). B) Reference image for the mastectomy sample reconstructed with FBP algorithm and considering 3600 high statistic projections. The red square indicates the region-of-interest used for the image quality assessment. UNIVER CSIRO DEGLI STUDI DI TR Lettra Sincrotrone Trie UNIVERSITÄTSMEDIZIN Australian MELBOURNE GÖTTINGEN Svnchrotro S. Pacilè, et al: Biomed. Opt. Express 6 (2015) 1 cm G. Tromba



Reconstruction workflows

Image quality indexes & functions

Full-reference indexes (require a ref. image)

MSE – Mean Squared Error SNR – Signal-to-Noise Ratio UQI – Universal Quality Index NQM – Noise Quality Measure SSIM – Structural Similarity Index

Abbreviation	Phase retrieval	Reconstruction	Post-proc.
FBP	no	FBP	
FBP-ITER	no	FBP-ITER	
SIRT	no	SIRT	
SART	no	SART	
CGLS	no	CGLS	
EST	no	EST	
phr FBP	yes	FBP	
phr FBP-ITER	yes	FBP-ITER	
phr FBP-ITER Epan17	yes	FBP-ITER	Epanechikov (w = 17)
phr FBP-ITER Susan5	yes	FBP-ITER	Susan $(w = 5)$
phr TV-MIN	yes	TV	
phr SIRT	yes	SIRT	
phr SART	yes	SART	
phr CGLS	yes	CGLS	
phr EST	yes	EST	

No-reference indexes

CNR – Contrast to Noise ratio FWHM – Full width half maximum Qs – Image quality characteristic(*)

$$Q_s = \frac{SNR_{out}}{F_{in}^{1/2}\Delta x}$$

 \mathbf{F}_{in} = incident photon fluence Δx = spatial resolution of the imaging system SNRout = output signal-to-noise ration

 $CNR = A_{feature}^{1/2} \frac{|\langle \beta_{lesion} \rangle - \langle \beta_{adipose} \rangle|}{[(\sigma_{e}^{2} + \sigma_{e}^{2})^{1/2}]^{1/2}}$

(*) T. Gureyev et al, Opt. Express 22, (2014)

Radiological Assessment

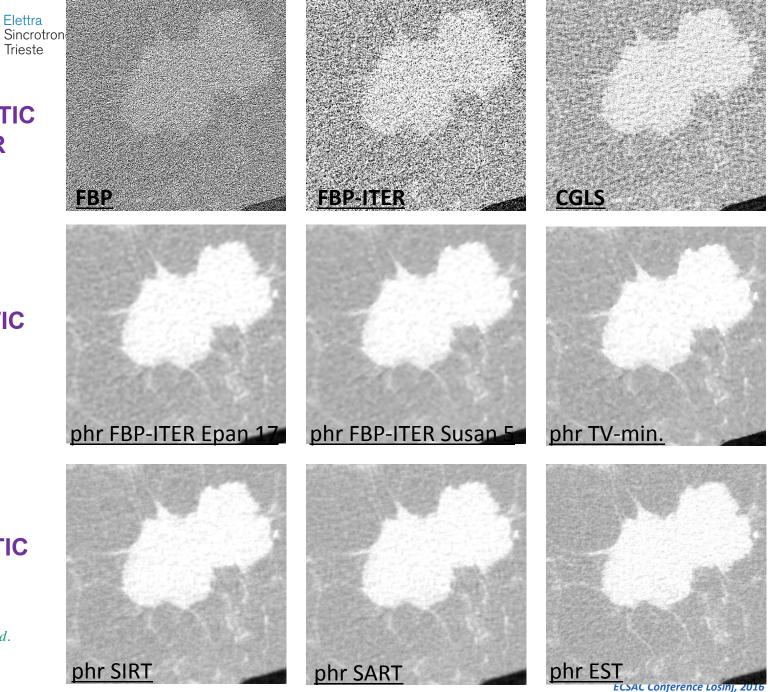
From 0 (worst case) to 4 (best image)

No-diagnostic power (0 - 2)Poor diagnostic power (2 - 3)Full diagnostic power (> 3)

S. Pacilè, et al: Biomed. Opt. Express 6 (2015)

Trieste NO-DIAGNOSTIC **POWER**

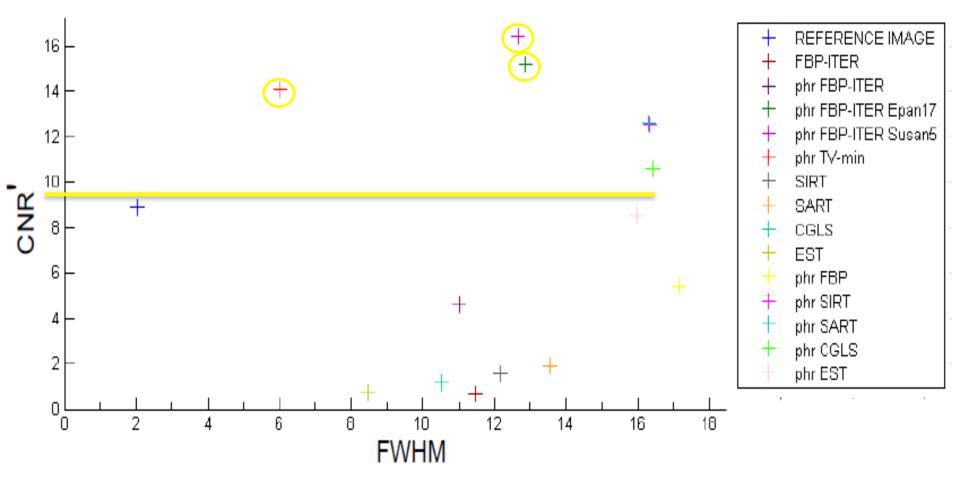
POOR-DIAGNOSTIC **POWER**



FULL-DIAGNOSTIC **POWER**

S. Pacilè, et al: Biomed. *Opt. Express* 6 (2015)

Contrast-to-noise ratio and image blurring



Full statistics ref image recontructed with phase retrieval and FBP: CNR' = 30.5, FWHM = 5.8

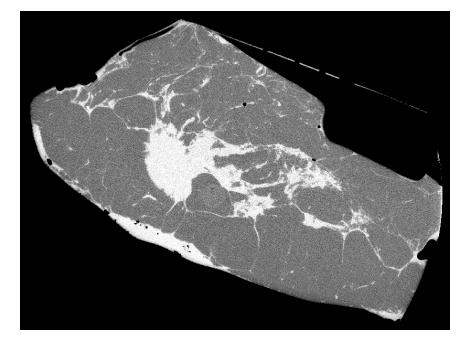
Elettra

Sincrotrone Trieste

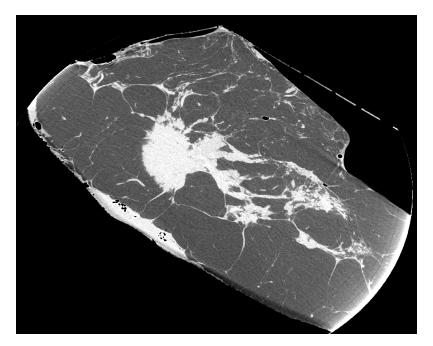
FWHM expressing image blurring is evaluated on the phantom images)



Experiment at SYRMEP, Nov. 2015 – large propagation distance (9m)



Slice reconstructed from high-dose CT (~20 mGy) scan at 0 m propagation distance Hamamatsu detector



Same slice reconstructed from low-dose (5 mGy mGD) PCT scan at 9 m propagation distance Hamamatsu detector

E = 38 keV Absorption and PB CT slice of a mastectomy sample with a tumour Detector: Hamamatzu Flat Panel, pixel size = $100 \mu m$



Potentials of ABI

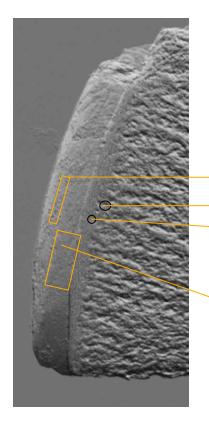
- Studies of cartilages and bones interfaces
- Imaging of finger joints

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ABI studies of Cartilage and bone interface

Osteoarthrosis (OA) is a disease characterized by the progressive degeneration of articular cartilage and the development of altered joint congruency. It has a high incidence in the adult population. Affecting mainly the elderly population, it is one of the main causes of disability worldwide. Conventional radiography detects only **important osseous changes**, at advanced OA stage, when therapeutic strategies are less effective. **Early changes** in the **cartilage** and other **articular tissues** are **not** directly visible. MRI imaging works better but the maximum achievable spatial resolution is not always adequate.



Need to study:

- cartilage
- cartilage-bone interfaces
- changes in the bone structure

Superficial Layer (Zone of horizontal collagen fibers with flat cells) Subchondral Bone Plate (Important for diagnostic purposes in OA)

Tidemark (Border between normal and mineralized cartilage)

Transitional and Deep Layer (round cells, collagen fiber switches from horizontal to vertical orientation, increasing stiffness and material density)

Aim: detect the architectural arrangement of collagen within cartilage and evaluate how the cartilage degeneration affects the underlying subchondral and trabecular bone.

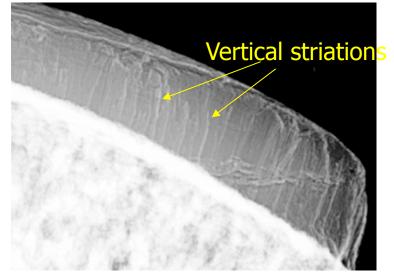
Femur head core cuts: collagen arcades structure Sincrotrone

The ABI technique allows to visualize the • discontinuities in the sample and the inner structures invisibles by means of conventional X-Ray imaging.

Elettra

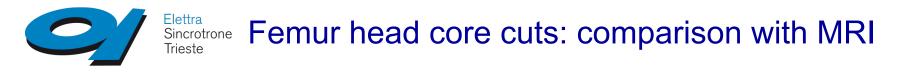
Trieste

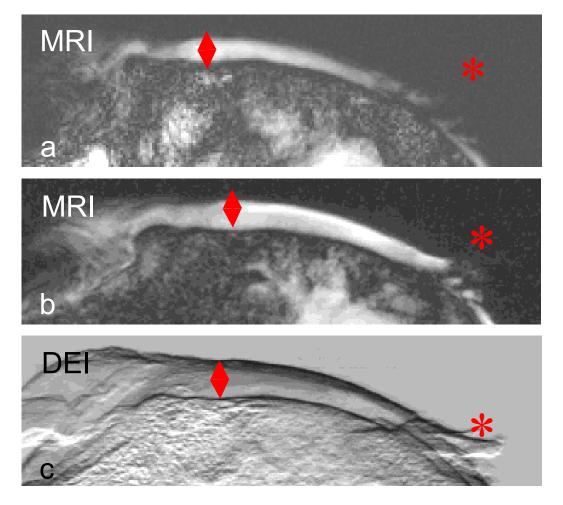
- The transition bone-cartilage is emphasized.
- The articular cartilage striations are well visible due to X-ray diffraction at edges of fibers



Refraction image Apparent absorption image Elettra Vertical striations 25 keV Subchondral bone Trabecular bone

Muehleman C, et el., Osteoarthritis and Cartilage 12 (2): 97-105 FEB 2004





5 sec

150 sec

A Wagner, et al., Nucl. Instr. and Meth. in Phys. Res. Section A, 548(1), 47-53 (2005).

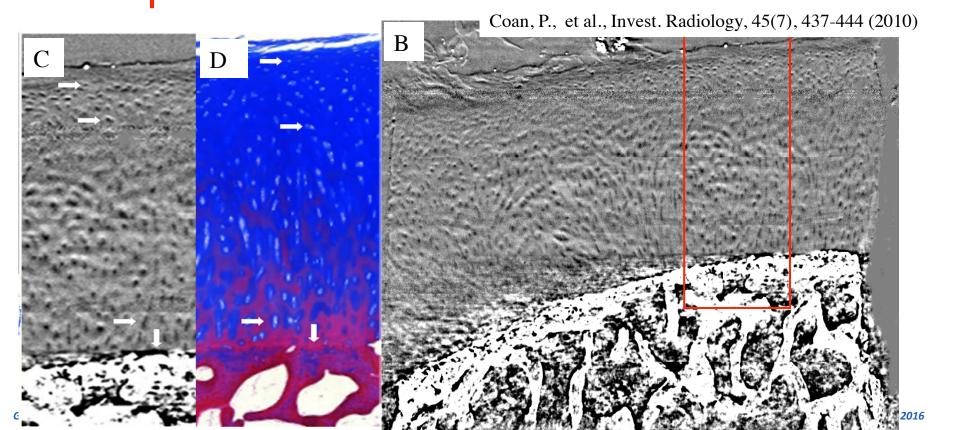


A

Specimen of normal cartilage (A), Coronal plane extracted from the reconstructed CT volume (B), Magnified portion identified by the ROI (C), Corresponding section from histologic preparation (D).

E = 26 keV, pixel size = 8 x 8 μ m².

ABI in planar and tomographic modes was performed *in vivo* on articular joints of guinea pigs. Images showed the potential of technique in revealing initial lesions. Images with high spatial resolution and with an acceptable radiation dose.





ABI studies of the finger joint



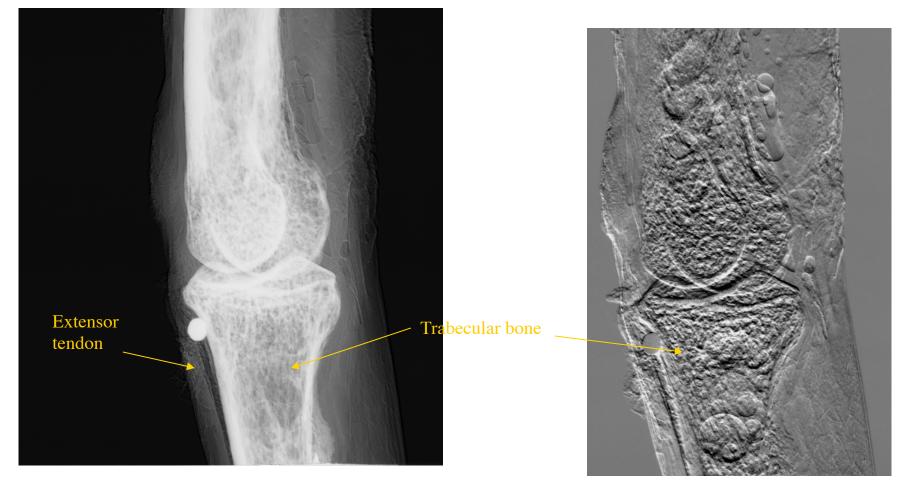
Conventional radiograph

Apparent absorption image @ 20 keV at ELETTRA

Lewis, R. A., et al., British J. Rad., 76(905), 301-308 (2003)



Index finger proximal interphalangeal joint



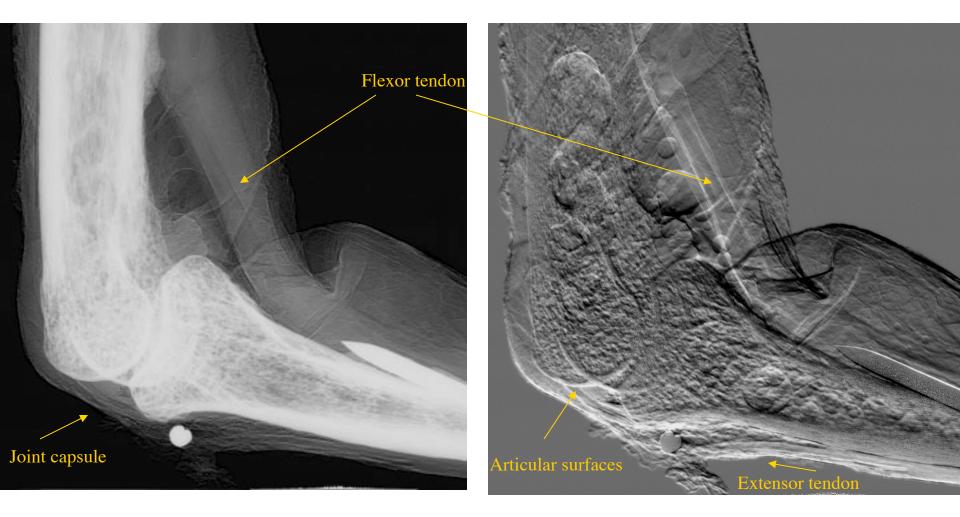
Apparent absorption Image

Refraction Image

Lewis, R. A., et al., British J. Rad., 76(905), 301-308 (2003)



Index finger proximal interphalangeal joint



Refraction Image

Apparent absorption Image

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Lewis, R. A., et al., British J. Rad., 76(905), 301-308 (2003)



Lungs imaging

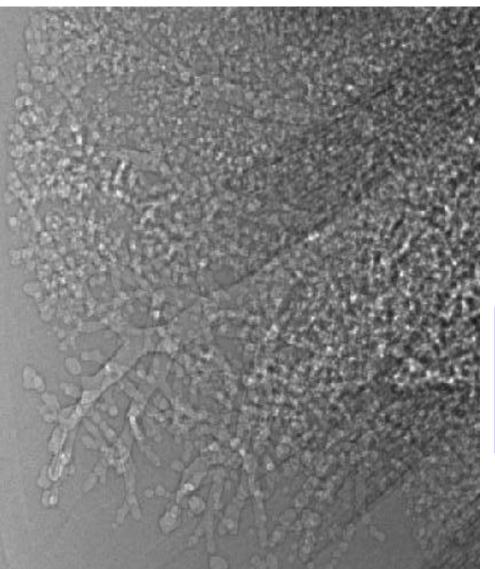
Techniques: Propagation based phase contrast

Modalities: planar for *in-vivo* images on rabbits ex-vivo micro-CT for a high resolution functional and morphological imaging of asthmatic mice



In vivo studies at Spring 8 (Japan) Triaster Effects of Ventilation on Lung Liquid Clearance at Birth

Aim: to observe lung aeration on a breath-by-breath basis.



Birth: a major physiological challenge

- ✓ Clear the airways of liquid
- ✓ Entry of air generates surface tension
- ✓ 10 fold increase in pulmonary blood flow
- ✓ Large increase in blood oxygenation
- ✓ Animal model used to study respiratory problems affecting pre-term borns.
- Animal model: rabbit pups
- Imaged pups with phase contrast imaging (FPI), either before the first breath (fetus) and at fixed intervals after birth (up to 2h)



Courtesy of M. Kitchen, School of Physics Conference Losinj, 2016

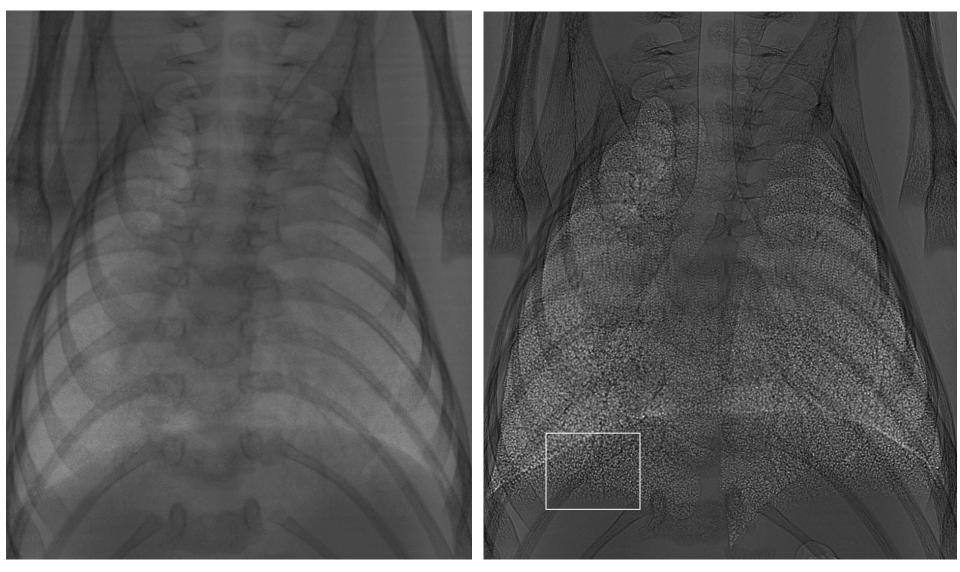


X-ray imaging of the lung



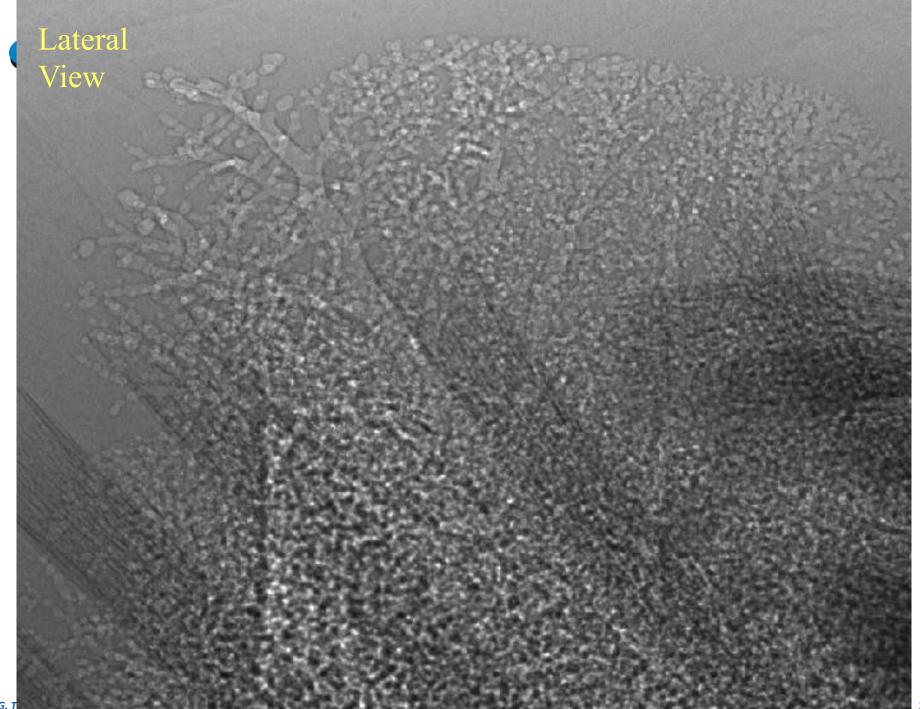
Phase Contrast, 25 keV, z=2 m

Absorption Contrast



Kitchen, M. J., et al., Phys. Med. Biol., 53(21), 6065-77 (2008).

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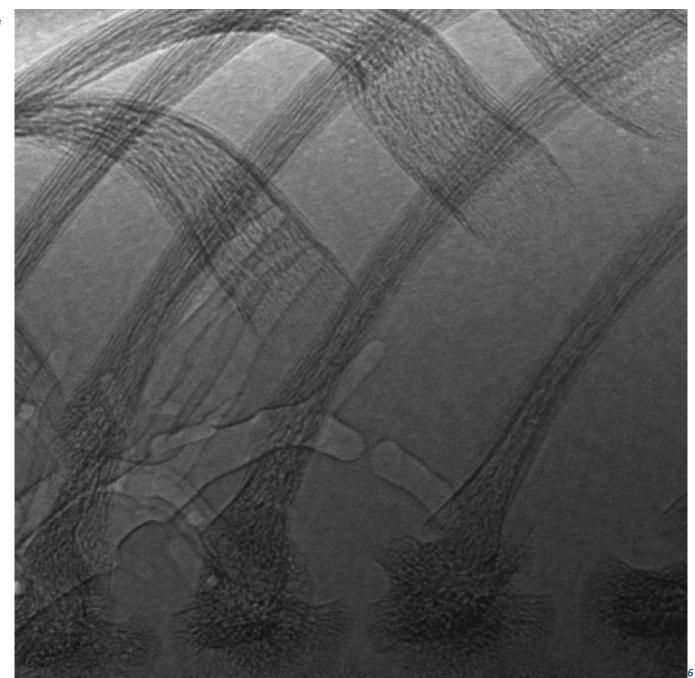














Sincrotrone Trieste Imaging of inflammation in asthmatic mice: combining functional and structural information

- Model of allergic asthma induced by ovalbumin based on balb/c mice developed by CBM in collaboration with the University of Wien.
- Aim: evaluate the potential of SR-based technique for **functional** and **morphologic** imaging of mice lungs
- Available techniques: optical imaging and PHC micro-CT
- Imaging protocol: tracking macrophages distribution
- Perspective for in-vivo studies (planar protocol within 2017 at SYRMEP (coll Goettingen – Incoming Talent3 project)



UNIVERSITÄTSMEDIZIN GÖTTINGEN



Public Private Partnership for Asthma Imaging and Genomics

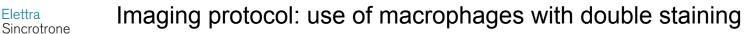




Linköping University

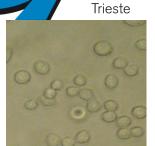


Programme on Scientific and Technological Cooperation between Italy and Sweden financed by Ministero degli Esteri

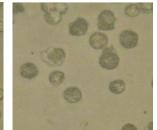


2.38e+003

1.62e+003



Elettra



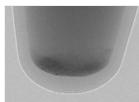
Use of immortalized Murine Alveolar Macrophage Cell line with double staining:

- Barium sulfate (clinical contrast agent Micropaque CT (Guerbet, F))

DiD fluorescent dye to be used for cells localization inside the lungs using fluorescence microscopy.

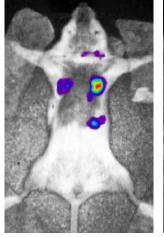
Macrophages were adminstered intra tracheally 48 hours after asthma induction

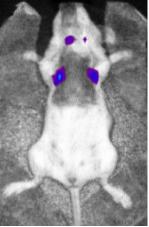




macrophages

Macrophages labeled with Ba





Asthmatic mouse treated with macrophages

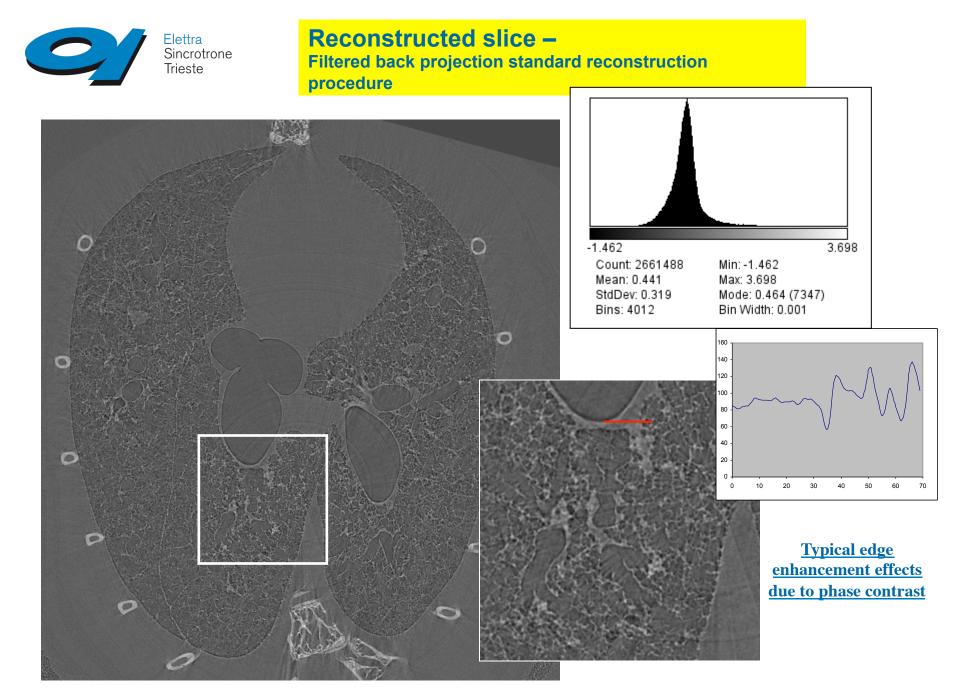
Normal mouse treated with macrophages



Native mouse untreated

In vivo validation of homing of the macrophages to the inflammation 3.13e+003 sites.

> Images performed 24 hours after macrophages administration.



Visualizing Barium brought by macrophages into the inflammation sites Sincrotrone

Trieste Sample: acute asthma mouse treated with macrophages labeled

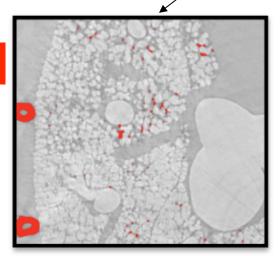
Elettra

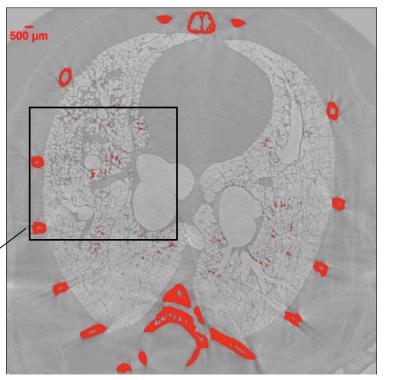
Phase Retrieval pre-processing algorithm is applied to CT projections, (prior to the reconstruction) to enable the decoupling of phase from absorption

Assumptions (Paganin et al., 2002): -near field phase contrast regime - materials with $\delta \beta$ = const

Bones Barium

with Barium





E=22 keV PHC dist=30 cm

Application of Phase Retrieval for:

- Reducing the artefacts due to PHC effects around the tissue edges
- Reducing the noise
- Enhancing the phases separation

Visualization of labeled macrophages Elettra Sincrotrone Trieste control blank AA 0.035 0.15 0.32 U 0.03 0.3 0.14 .85 0.28 0.025 0.025 0.02 0.015 ш ш и т о.12 о.12 о.11 V_V [unitless] 0.26 0.8 Barium content 0.24 Structure thickness Air 0.22 Soft tissue volume Air volume .75 0.01 0.2 0.18 0.7 0.005

0.16

<u>AA</u>

control

<u>blank</u>

ECSAC Conference Losinj, 2016

control

blank

AA

blank

Quantification performed by Larsson E, using pore3D

<u>blank</u>

0.1

<u>AA</u>

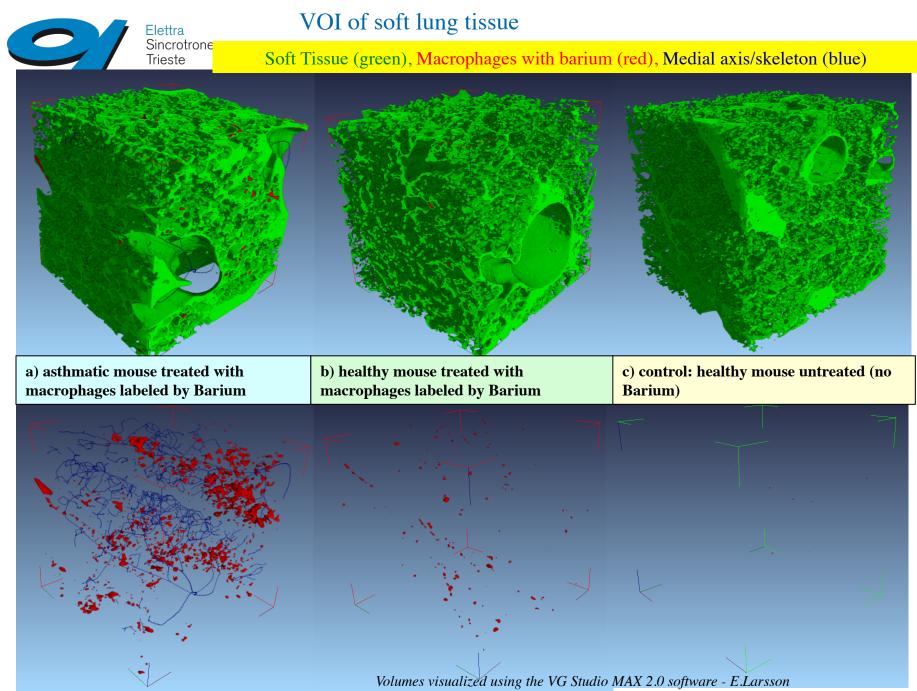
<u>control</u>

n ng

G. Tromba

AA

control





Glioblastoma multiforme (GBM) is the most common and most aggressive primary brain tumor in humans.

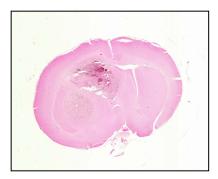
An animal model based on Wistar rats have been developed to study the behavior of the tumor and to monitor the effects of therapies.

Requirements for the <u>cell tracking technique</u>:

- to monitor the dynamic of tumour growth
- to follow the migration of tumour cells
- to understand the dynamic of metastasis spread



Section of healthy rat brain



Section of rat brain with C6 glioma 2 weeks after implantation







Sir Charles Gairdner Hospital

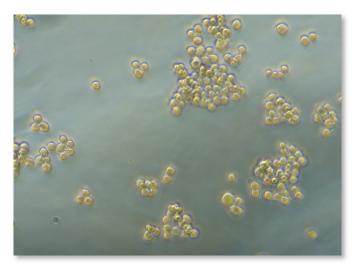




C6 glioma cells were cultured and some of the cultures were exposed to colloidal Gold Nano Particles (GNP) for 22 hrs before harvest.

C6 glioma cells were implanted into the brain of adult male Wistar rats. The implantation was performed with the animals under general anesthesia. The animals were allowed to recover after the end of the implantation and were sacrificed two weeks later.

The detection of labeled cells is enhanced by the higher absorption of gold with respect to tissue and by PHC effects.



Gold Nano particles (GNP)

Our biological approach: Label tumor cells with sufficient Au nano particles ($\emptyset \sim 50$ nm)

Inert GNP bond to serum proteins

GNP are taken up by phagocytosis stored in lysosomes and are not released by exocytosis

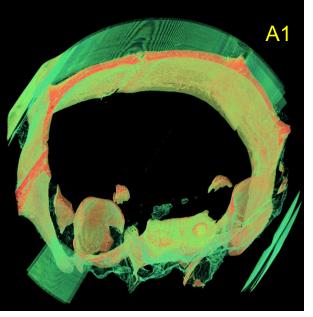
Courtesy of E. Schultke, R.H.Menk et al.

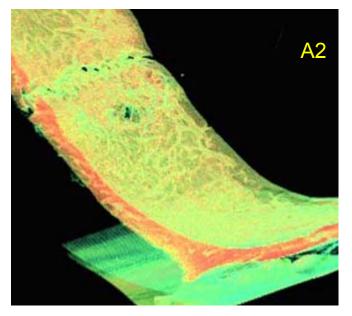


A 1 and A 2: Tumor without colloidal gold

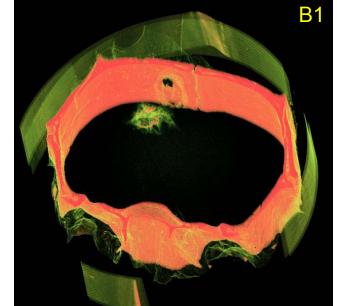
3D rendering of a 4 mm thick volume

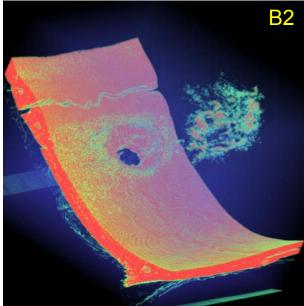
E = 24 keV Num. proj. = 720 Pixel size =14µm





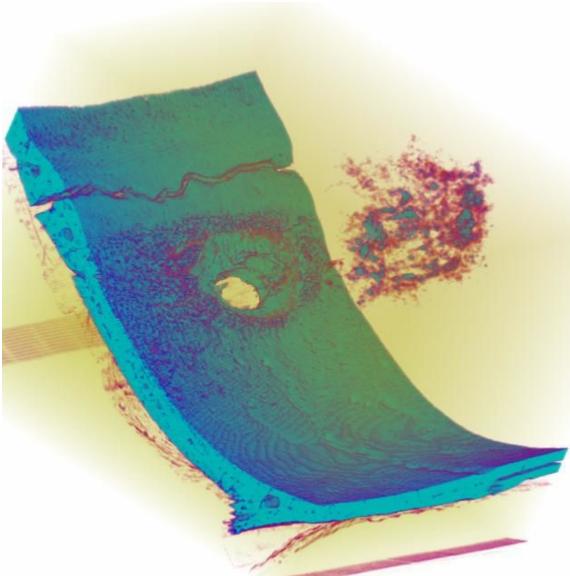
B 1 and B 2: Tumor with 300,000 colloidal gold-loaded cells



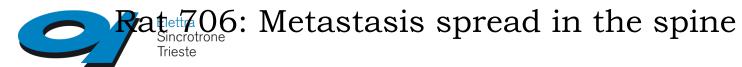


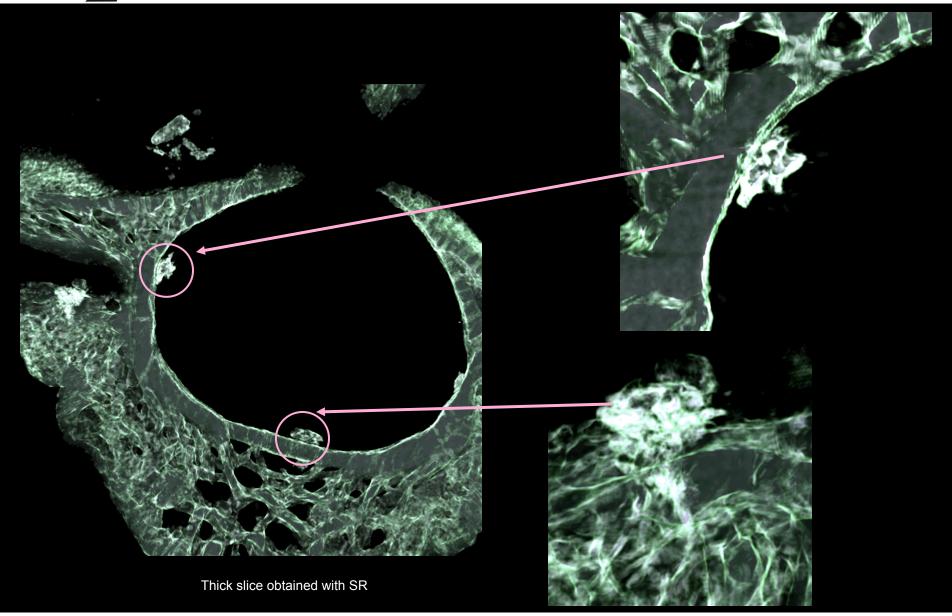
Courtesy of E. Schultke, R.H.Menk et al.





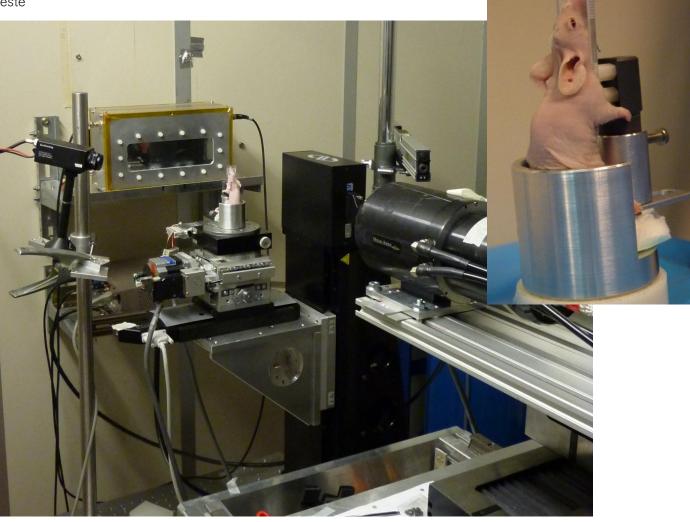
Rat 7, 100000 gold loaded C6 cells, 14 days incubation





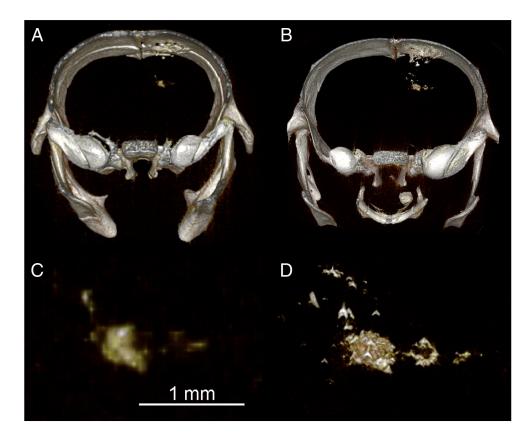


Elettra Sincrotrone Trieste



First experiment *in vivo* performed in Nov. 2010: lesions are visible also a low doses





 Comparison of two 3D renderings of a CT of a mouse injected with 100,000 GNP-loaded F98 cells depicts (A–C) the low x-ray dose in vivo data and (B–D) the high x-ray dose ex vivo data. The images in panels C and D are enlargements at full system resolution of the developed tumor depicted in panels A and B, respectively. Sincrotrone Bone turnover in mice exposed to micro-gravity conditions

- 3 wild type (WT) mice and 3 pleiotrophin-transgenic (PTN-Tg) mice in a special payload (MDS - Mice Drawer System). The transgenic mouse strain over-expressing pleiotrophin (PTN) in bone was selected because of the PTN positive effects on bone turnover.
- 91 days in the International Space Station (ISS) by NASA: Aug. Nov. 2009.
- Controls:
 - mice on Earth in the same special payload MDS (ground mice)
 - mice in common cages (vivarium mice)
- SR µ-CT experiments were performed on femurs and spines
- Being non-destructive, µ-CT is very attractive for these rare specimens



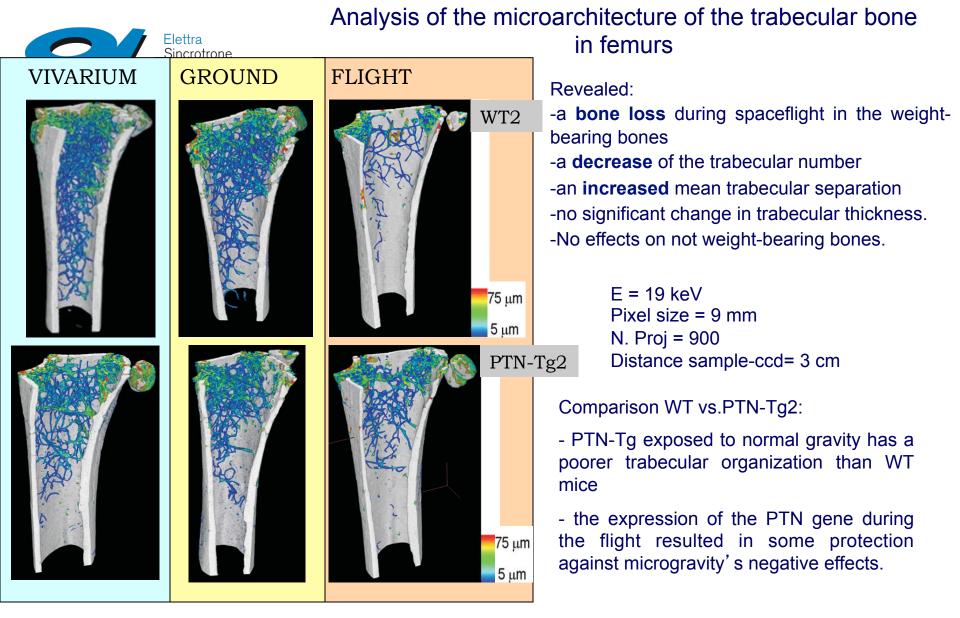
University of Genova



Università Politecnica delle Marche



University of Trieste – Dept. of Engineering



Color map represents bone trabecular thickness distribution in the femur (red = $75 \mu m$, blue = $5 \mu m$)

S. Tavella et al "Bone Turnover in Wild Type and Pleiotrophin-Transgenic Mice Housed for Three Months in the International Space Station (ISS)", PlosONE, March 2012.



It is worldwide recognized phase contrast imaging represents a revolutionary tool in bio-medical imaging

Besides PBI and ABI, in the last years, other phase sensitive techniques, like:

- Crystal and grating based Interferometry;
- Coded aperture methods,

have been developed, offering new opportunities for soft tissues imaging

Many efforts are directed to export these techniques to laboratory and clinic environment, either developing innovative experimental setup, and new generation sources (μ -focus, compact synchrotrons, etc)

Veli Rat (Dugj Otok), view from the lighthouse (August 2016)

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Thanks for your attention