Varian BrachyTherapy

Dr. Armin Mader

Director, Sales Brachytherapy

IFMP MedPhys Workshop Elbasan, July 7, 2016



Varian Commitment to Brachytherapy

Teaching courses (Varian & with ASTRO/GEC-ESTRO)

Classroom Training Centers

Support Toll Free Number

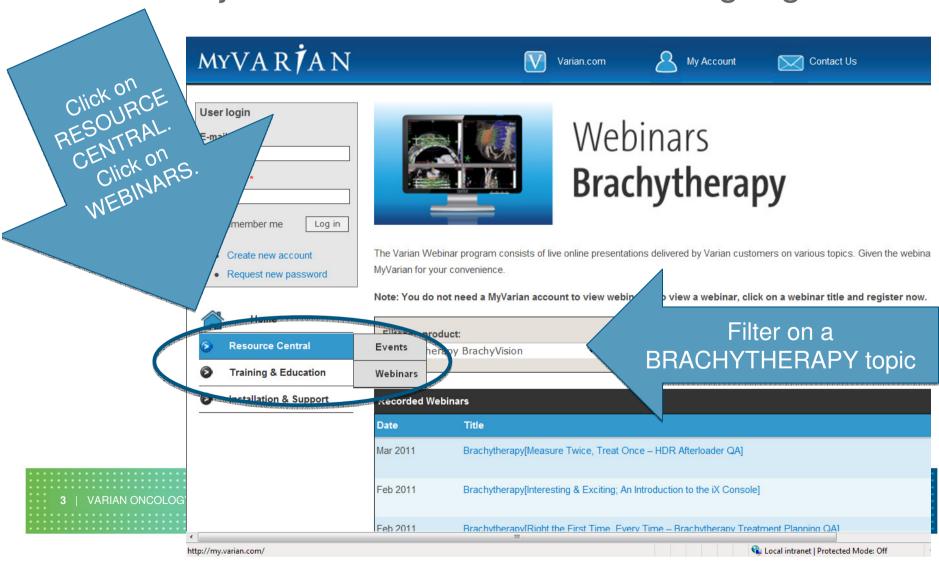
Support email: support@varian.com

Ongoing applicator & software development



Webinars on MyVarian

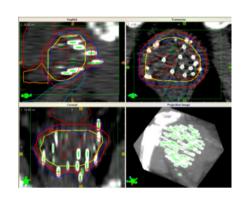
Over 130 webinar events available on a variety subjects & treatment sites in 6 languages



Varian BrachyTherapy Products

High Dose Rate Delivery Systems Treatment Planning

- ✓ BrachyVision
 HDR brachytherapy planning
- ✓ Acuros BV
 Advanced dose algorithm
- ✓ Vitesse
 - Real-time HDR prostate planning
- ✓ VariSeed
 LDR seed planning





GammaMed*plus*™ iX HDR/PDR afterloader



GammaMedPlus 3/24 iX

- 3 channels
- Easy & cost effective introduction to HDR
- Field upgradeable to 24 channel system

GammaMed*Plus* iX

- 24 channels
- Full functionality







GMPlus 3/24 iX



Features

- Source
 - 0.9 mm capsule diameter
 - 3.5 mm active length
 - Ir-192 (370 GBq)

GM iX





GMPlus 3/24 iX



Features

- Wire speed ~60 cm/second
- Distal to proximal movement
- 60 programmable dwell positions per channel
- Selectable step size (1-10mm in 1 mm increments)
- Adjustable height

GM iX





GMPlus 3/24 iX



Features

- Fixed-length treatment distance
- Applicator endtest
- Bases treatment times on nominal 10 Ci source activity
- Built-in Geiger-Muller radiation detector

GM iX





GammaMed Safety



- Source safe key-lock
- Dummy source positioning control
- Radiation warning light
- Emergency source-retract button
- Emergency source hand crank
- Backup UPS in case of power failure



Applicators



Intracavitary

For treatments in a natural body cavity



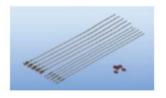
Intraluminal

For treatments in a body lumen



Interstitial

For treatments inside body tissue





Intraoperative & Surface

For treatment involving implantation of a flap or tubes during surgery



Brachytherapy Planning System

Treatment Planning

BrachyVision™

HDR brachytherapy planning

Acuros® BV

Advanced dose algorithm

Vitesse™

Real-time HDR solution

VariSeed™

LDR seed planning



CT Sliding Gantry (CTSG)

- 80 cm wide bore
- All functionality of RT Pro
- 2 m scan range
- Up to 10 m rail length
- User choice of fixed or mobile couch





MRI

- Excellent soft tissue definition
- Dockable couch

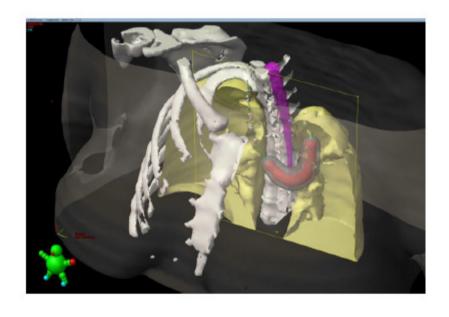




Siemens MAGNETOM® Aera (1.5T) Siemens MAGNETOM® Skyra (3T) Both available with dockable couches



BrachyVision 13.7

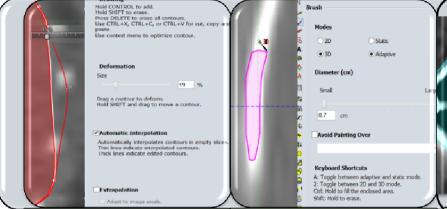


- Comprehensive brachytherapy planning system
- · HDR, PDR and LDR supported
- Plan summation for both brachytherapy and external beam plans
- · Film and 3-D image based planning
- Full 3D capability using Eclipse™ contouring, registration and plan evaluation
- Contour structures on any plane
- Fully integrated with ARIA[®] and Eclipse[™]



Eclipse™ Contouring - new

Freehand also available in Planning





Freehand

Draw, edit, move, adjust copy, interpolate without switching tools

Smartbrush

Contour on any view including rotated. Static and Adaptive.

Volume Contour

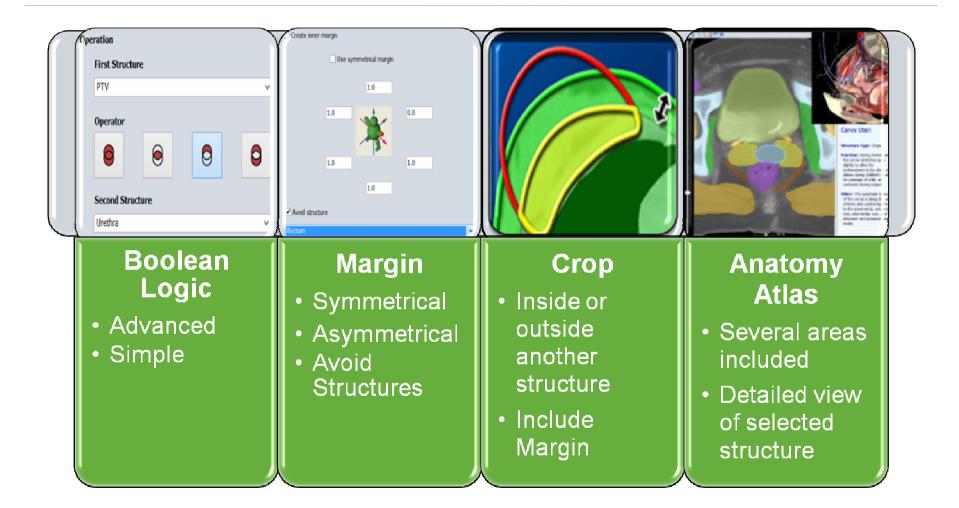
Draw a contour in each rotated view to create structure

Deform Structure

Selected structure. Set region of influence



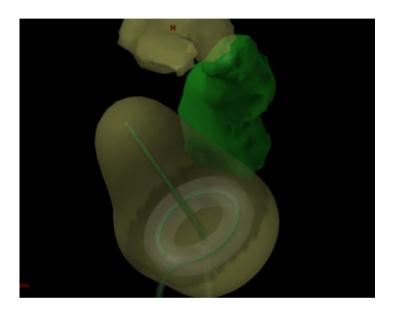
Eclipse™ Contouring - new



Applicator Placement

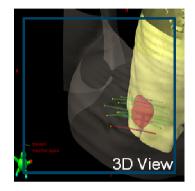
Various techniques

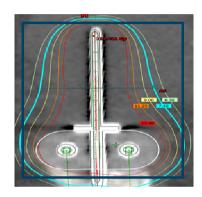
- Manually
- Automatic detect
- Solid applicators
- Template plans

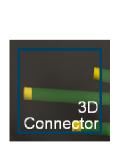


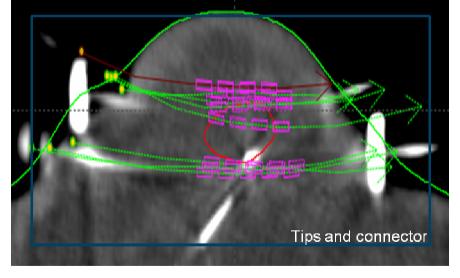
Applicator Visibility

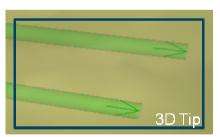
- Clear applicator direction
- Reverse applicator direction
- Applicator surface





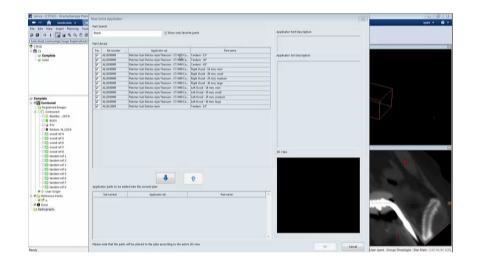








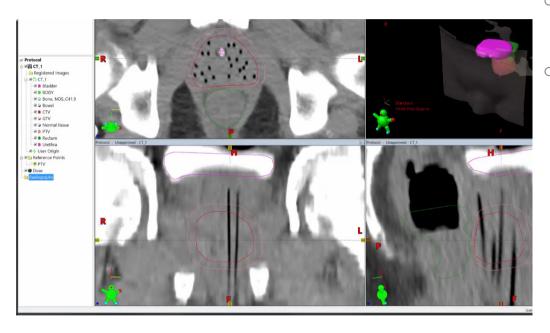
Automatic Applicator Placement



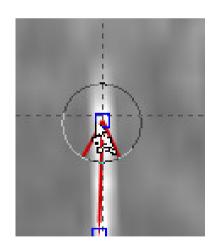
- Place rigid or library applicators with a click
 - High density applicators / solid markers
 - Move the applicator using arrow keys



Automatic Catheter detection



- Works with metal or plastic applicators.
- Review and refine tip location:
 - Move planes to tip tool
 - Circle Cursor





Dose Planning

AUTOMATED OPTIMIZATION

- Adaptive Volumetric
- Geometric

MANUAL OPTIMIZATION

- Dose shaper
- Dwell time control
- Point dose source contribution

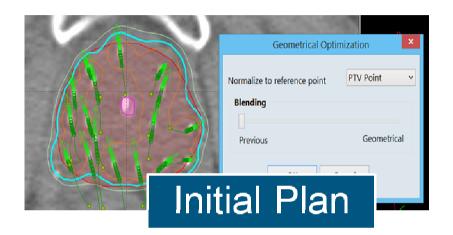


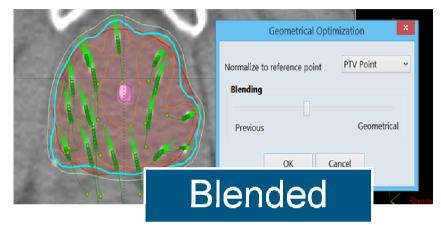


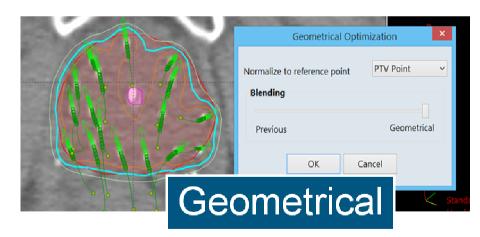
Adaptive Volumetric Optimization (AVOL)



Geometrical Optimization





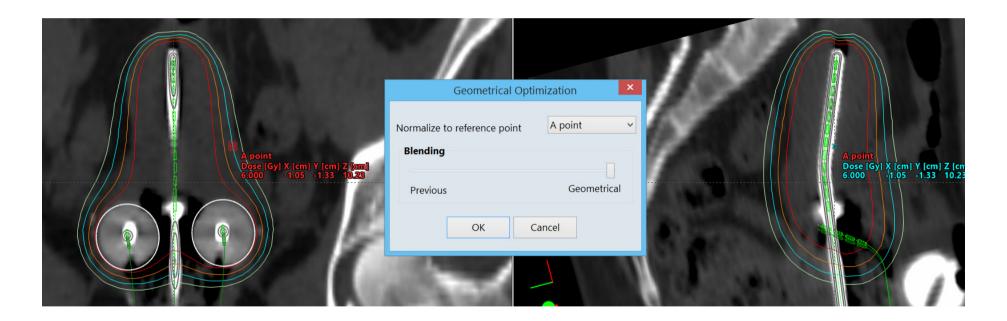




Geometrical Optimization

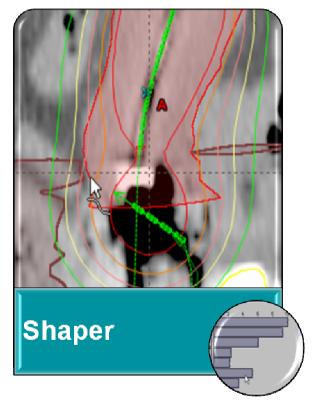
UNIFORM DOSE DISTRIBUTION

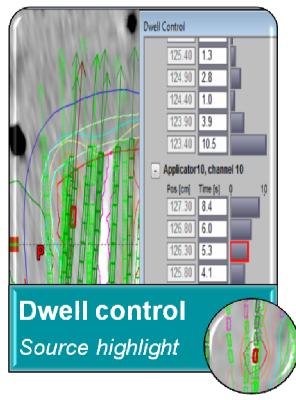
Good starting point

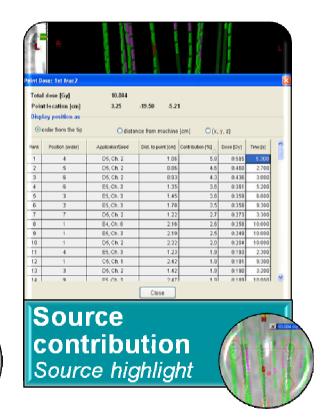




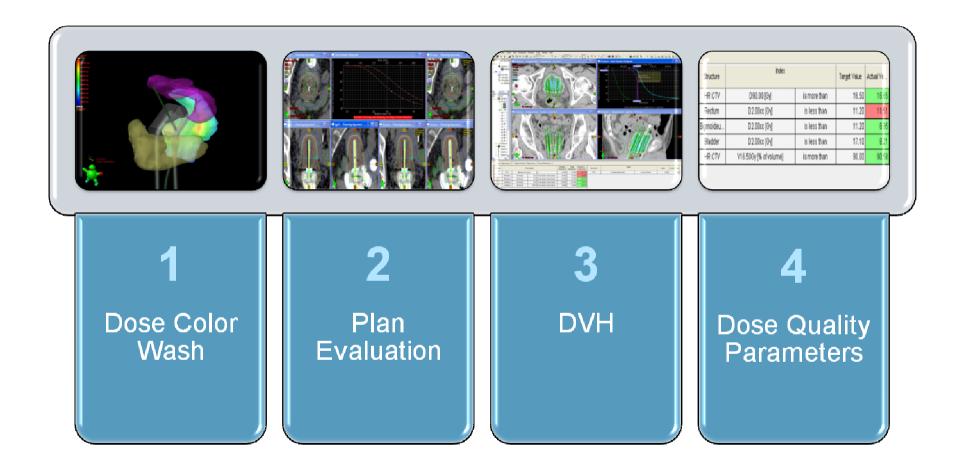
Tools You Need



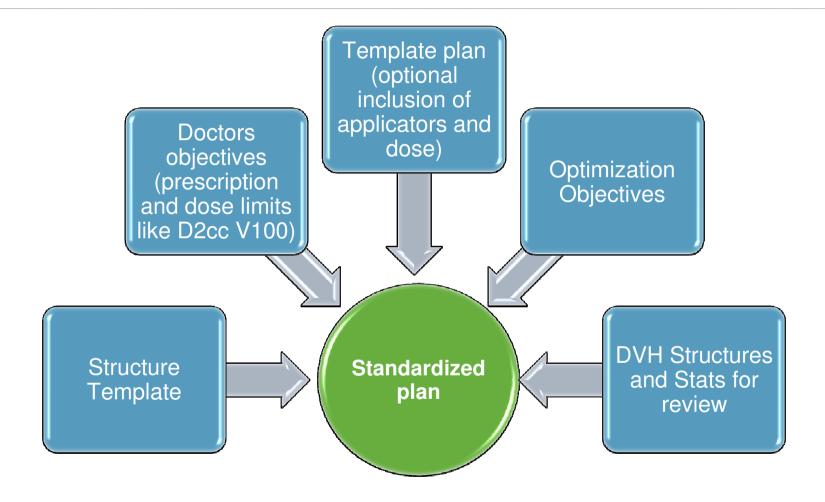




Plan Evaluation



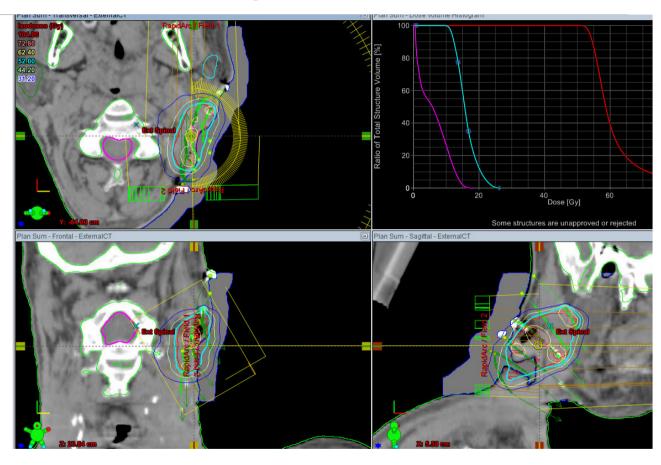
Clinical Protocols





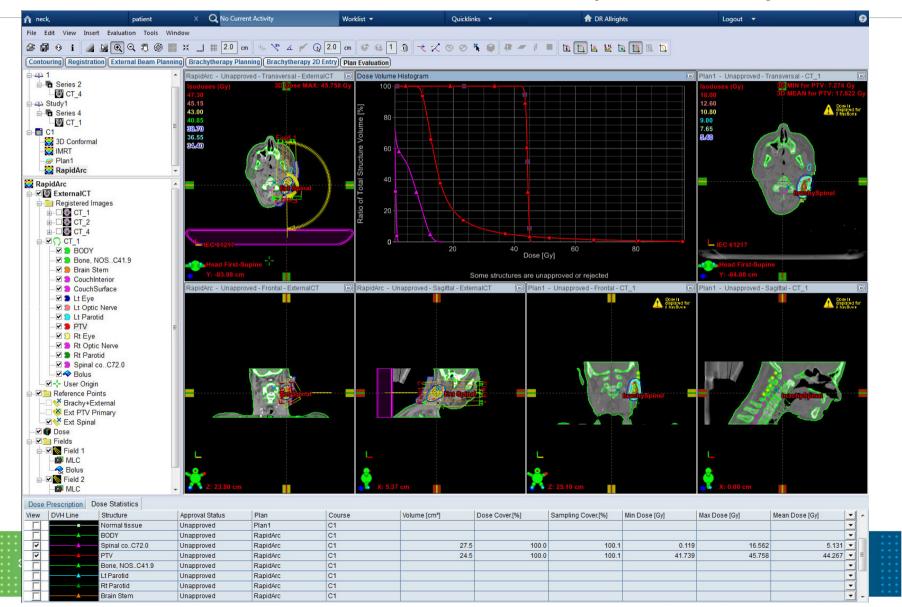
Plan Summation of Multiple Plans

- View dose distribution and DVH when images are registered
- Useful for
 - Multiple brachytherapy fractions
 - External beam with Brachytherapy boost
- Weighting factors available
- Possible to create
 Structures of isodose
 levels for optimization
 constraints



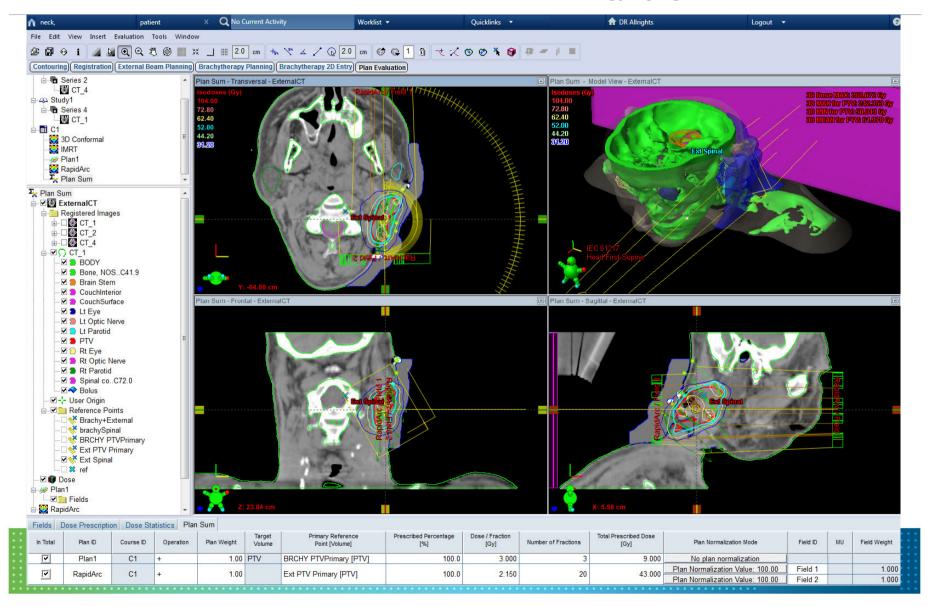


Plan Summation • View the plans side by side

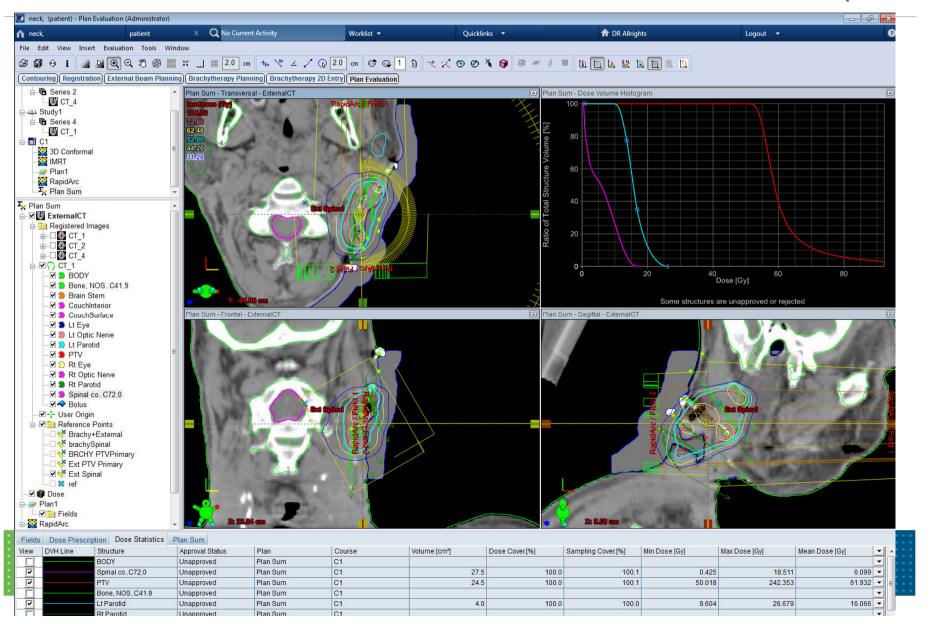


Plan Summation

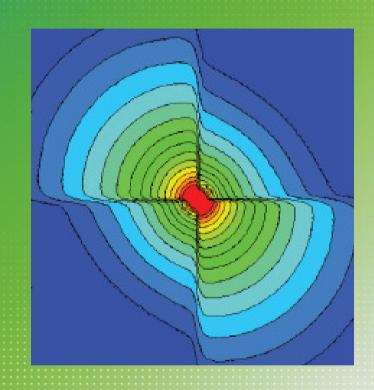
View the Summed doses in 2D and 3D



Plan Summation o View the DVH of the summed plans

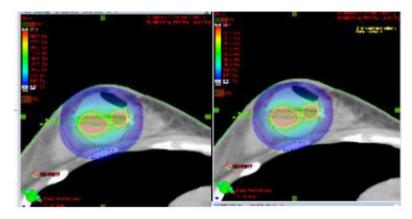


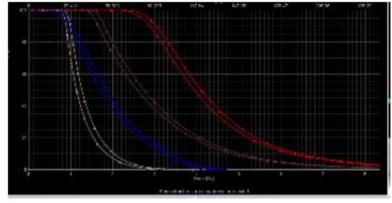
Acuros® BV advanced dose calculation for brachytherapy





ACUROS BT (for use with BrachyVision)





- Advanced dose calculation module of BrachyVision[™]
- · Exclusive to Varian
- Inhomogeneity correction accounts for effects of applicator material, air and patient
- Optimize with Acuros BV dose†
- View as dose to material or dose to water
- Provides Monte Carlo-like accuracy dose calculations with speed and ease
- TG186 compliant for Varian sources

† Minimum requirement version 13.7



Ideally a brachytherapy treatment planning system should...

- Account for the effect of applicators
- Account for different patient tissues
- Account for the effects of the patient boundaries
- Give superb dose accuracy
- All with speed and ease



In the real world, brachytherapy treatment planning systems...

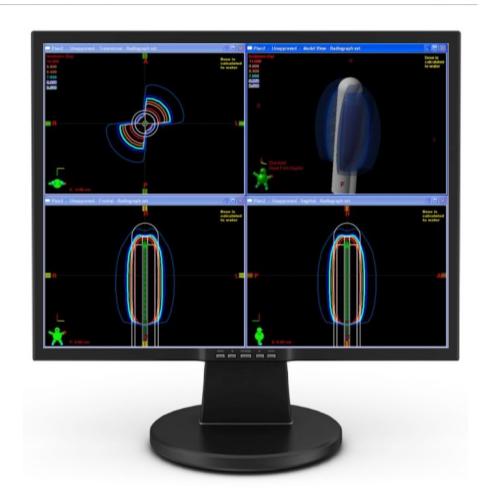
- Based on TG43
- Assume source in an infinite volume of water
- No inhomogeneity correction
- No applicator attenuation correction
- No allowance for tissue/air interface

Other techniques have been too slow or inaccurate.



Acuros BV accounts for...

- Effect of applicators
- Different patient tissues
- Effects of the patient boundaries
- Provides Monte Carlo-like accuracy dose calculations with speed and ease
- View inhomogeneity corrected dose for plan





Acuros BV

- Exclusive to Varian
- Developed by Transpire Inc, a well respected company in radiation transport methods & developer of Attila
- Licensable module*

*Minimum requirement version 8.9



How does Acuros BV work?

Acuros BV is a Grid-Based Boltzmann Solver (GBBS) code

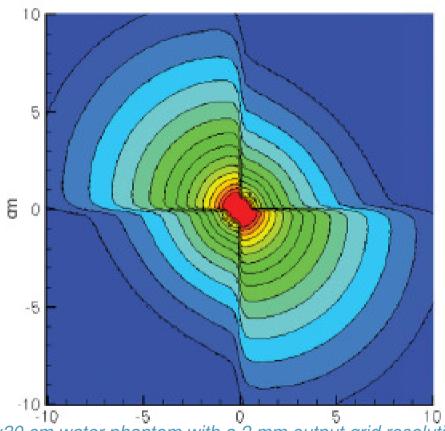
- GBBS codes solve the linear Boltzmann Transport Equation (LBTE) on a computational grid
- LBTE is the governing equation for radiation transport
- Solves the LBTE by discretizing in space, angle, and energy
- Built on a technology originally developed at Los Alamos

$$\hat{\Omega} \cdot \vec{\nabla} \, \psi + \sigma_t \psi = Q^{scat} + Q^{ext} \qquad \text{where,} \qquad Q^{scat} = \int\limits_0^\infty dE' \int\limits_{4\pi} d\hat{\Omega}' \sigma_s \left(\vec{r} \,, E' \to E \,, \hat{\Omega}' \cdot \hat{\Omega} \,\right) \psi$$
 streaming collision sources



How accurate is Acuros BV?

Comparison of the dose distribution generated with Acuros (solid line) vs. Monte Carlo MCNPX (dashed line)*



*using a shielded cylinder applicator in a 30x30x30 cm water phantom with a 2 mm output grid resolution.

The root mean square difference (0.5 to 10 cm) is 1.18%. 2%/2 mm Distance to Agreement (DTA) criteria (0.5 to 10 cm) passed for 100% of voxels.



How fast is Acuros BV?

- Calculation times are generally less than a minute*
- Comparatively, the same calculations in Monte Carlo could take hours or days

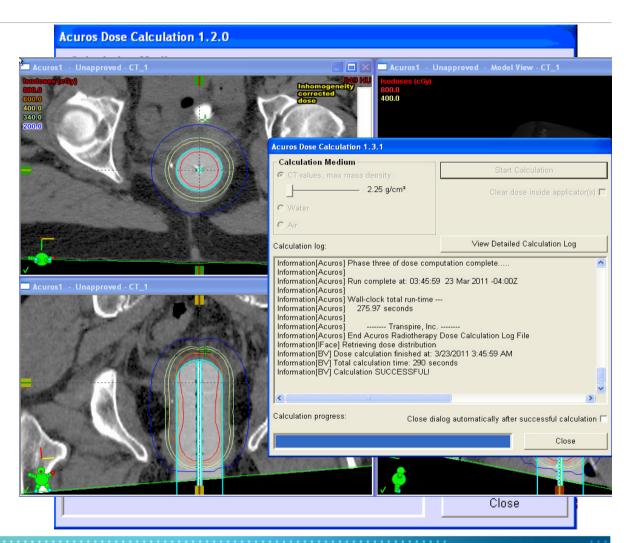


^{*} Time calculation based on using a DELL Precision T5500 with 24G RAM 10x10x10cm 3mm grid.



How To Use Acuros BV

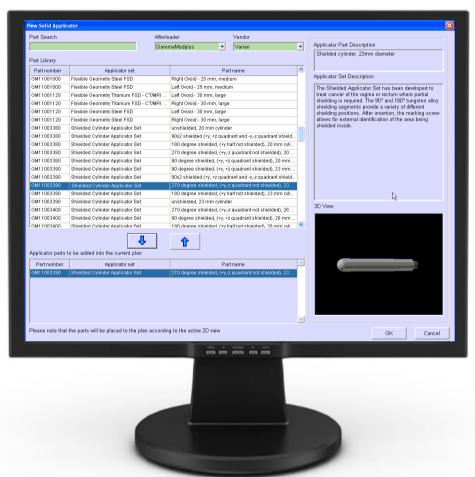
- Generate plan using TG43
- Select 'Calculate Inhomogeneity corrected dose'
- Select 'Use CT data, calculate in water, or calculate in air'
- Calculation performed and dose returned





Solid Applicator Library

Models most Varian applicators*



*Minimum requirement version 8.9



Clinical Use of Acuros BV for APBI

Influential factors

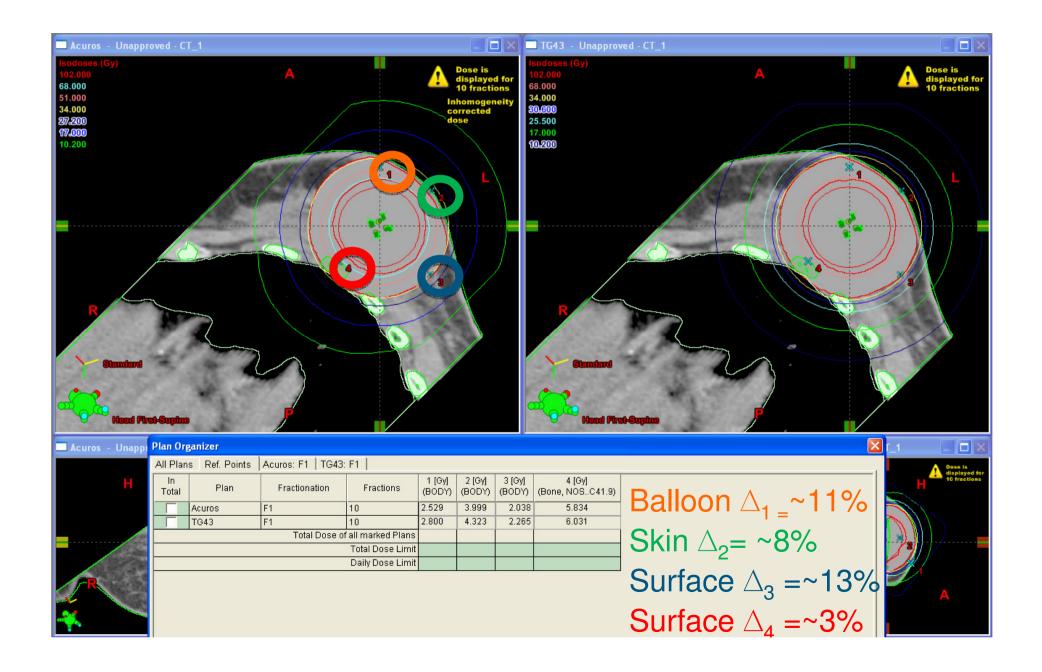
- Proximity to tissue air interface → lack of scatter
- Presence of contrast media

Consequences

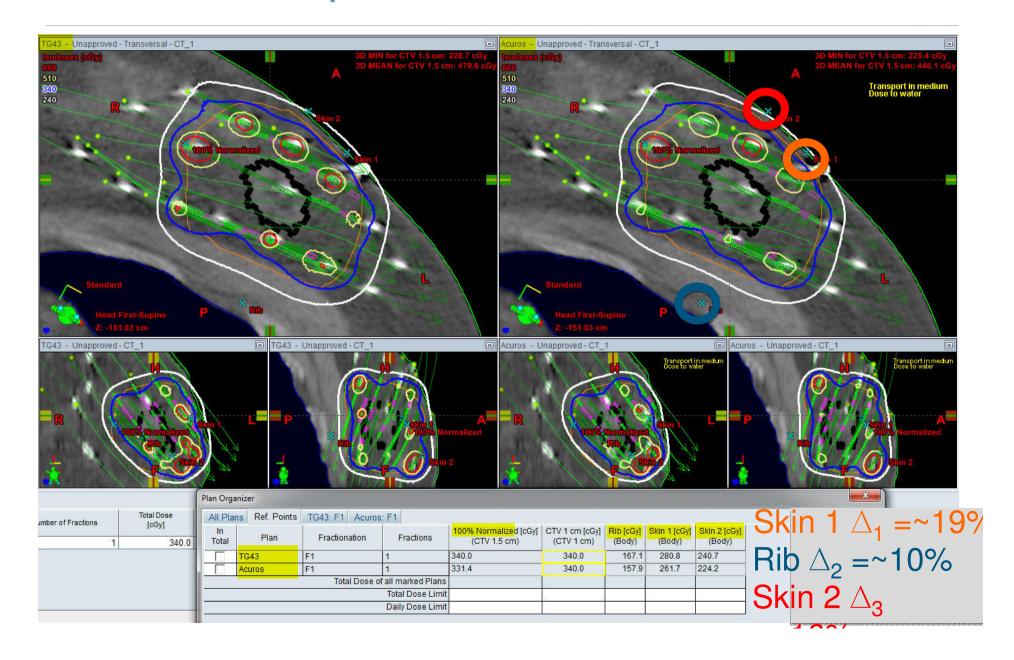
- Decreased skin dose
- Decreased dose to bone



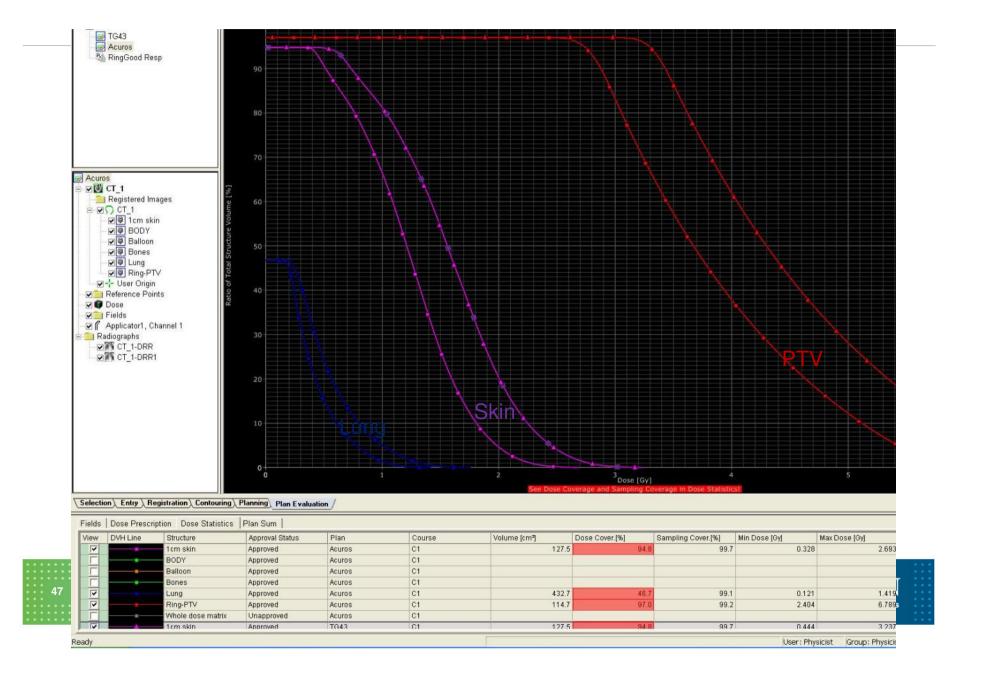
Contura: Acuros BV vs TG43



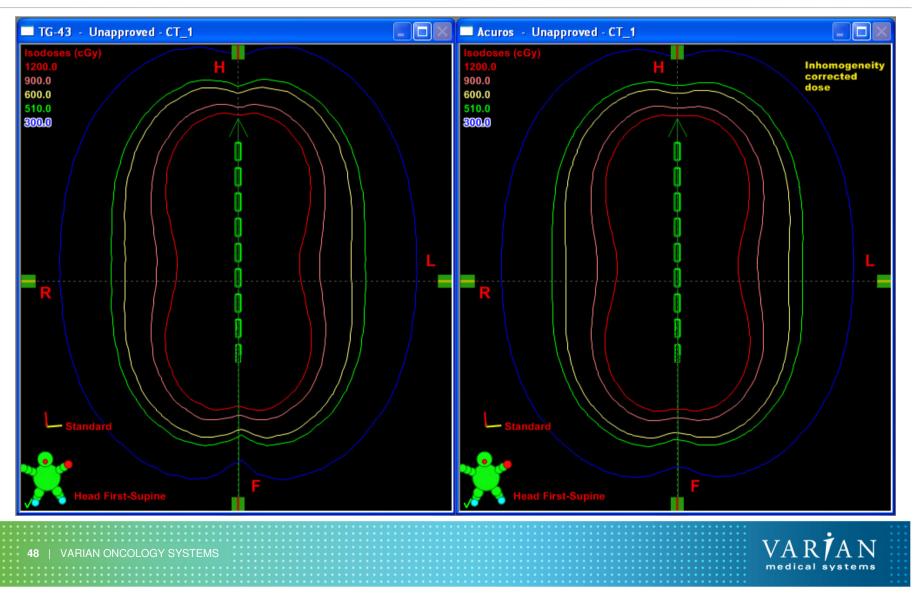
Free-Hand Implant: Acuros BV vs. TG43



MammoSite TG43 vs. Acuros DVH



Simple Cylinder: Acuros BV vs TG 43



Other Clinical Examples

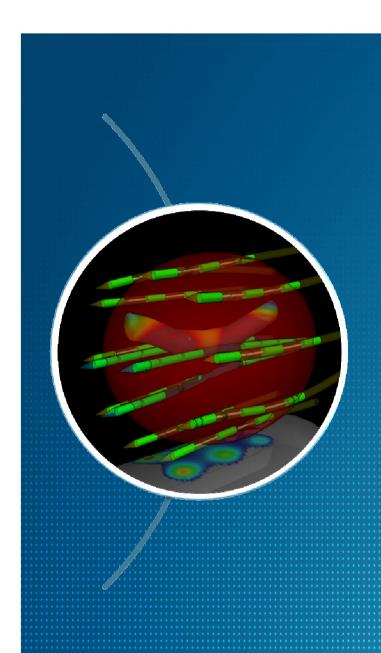
- Bronchus/esophagus
- Shielded applicators
- Skin applicators



Acuros BV does what you desire from a brachytherapy treatment planning system...

- Account for the effect of applicators
- Account for the different patient tissues
- Account for the effects of the patient boundaries
- Improve dose accuracy
- All with speed and ease
- 'Real' dose distribution for a better understanding of treatment





VariSeed 9.0

LDR Treatment Planning System



VariSeed 9.0 New Features

Varipath

• Prostate Transperineal Targeted Biopsies

Volume optimization

- · Supports varying packaging
- · Lock needles
- Re-optimize during implant

Image Reformatting

· Allows MR pre-planning

Image Fusion

- Fuse up to 7 images sets
- Copy primary Image
- · MR Pre-Plan transfer



VariSeed 9.0 New Features

General

- Alternative treatment sites
- 3D View with presets
- Dose color wash
- File Access Log accessible from the Help Menu
- Plan approval

Import

DICOM RT structure import

Contouring

Regions defined as list of structures to include (or exclude)



VariSeed 9.0 New Features

Source Placement

- Plan on orthogonal planes
- Angled and curved needles
- Needle placement
- 10 DQAs with new metrics
- View source data in planning (Study View source details)

Implant View[™] seed planning module

- · Strands and links supported
- Angled and curved needles

Post Planning

Seed orientation



VARIPATHTM BIOPSY MODULE

Purchasable Option Module in VariSeed 9.0

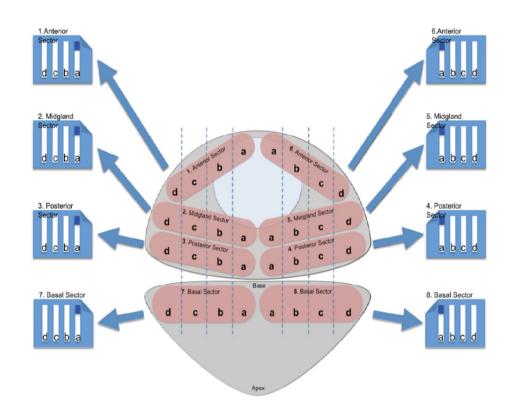
Separate VariPath presentation available for a more detailed understanding of the workflow.





VariPath Targeted Transperineal Biopsy

- Straight forward system that allows urologists to plan, track, and localise biopsies, then move that data on to the patients next treatment modality
- Guy's estimates that approx. 30% of their biopsies require some form of treatment
- Can be Sold as standalone system



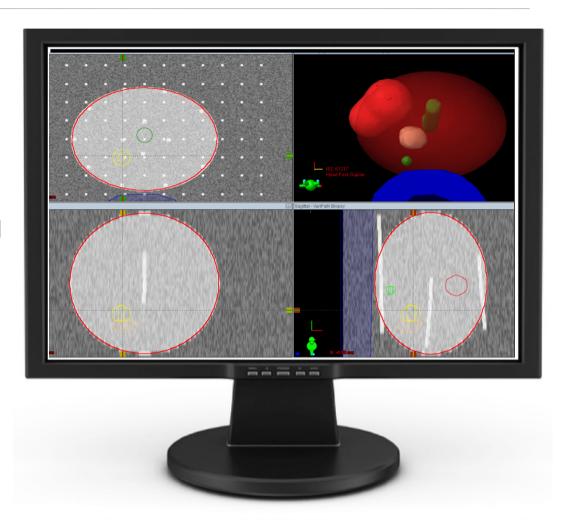






VariPath Clinical Impact

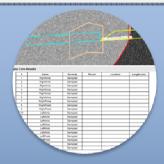
- Mapping the tumor in 3D helps clinicians' decision making for future treatment
 - Active surveillance
 - Surgery
 - HIFU (High Intensity Focused Ultrasound)
 - LDR brachytherapy
 - HDR brachytherapy
 - External beam radiotherapy
 - Protons
- Data can be used for dose escalation in planned treatments





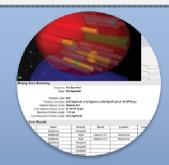
VariPath Workflow

Day 1: Biopsies Sampled



- Image Fusion* allows to access target region contours from MR images**
- Plan the biopsy cores if required:
 - Freehand
 - Template
- Track cores on real-time US
 - Tilt the planned needle to align with the biopsy needle
 - Mark as sampled
- Report available for results

Day 1 + : Biopsies Results



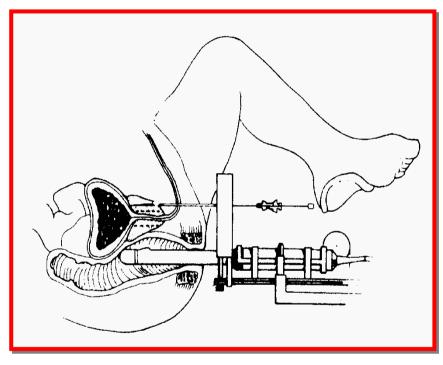
- Enter the results as:
- Sectors
- Percentages
- System can create tumour structures from abnormal results
- View results in 2D or 3D and Biopsy Report
- Export the tumour volumes and/or cores in DICOM RT as structures along with the image and patient structures to use for planning purposes



TREATMENT PLANNING VITESSETM 4.0



True Image Guided Brachytherapy

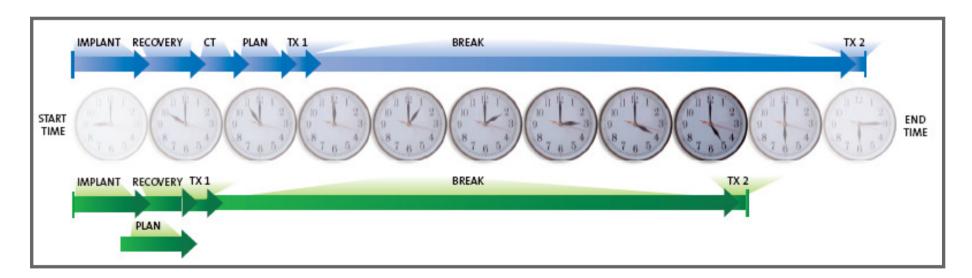




Intra-Operative HDR Planning

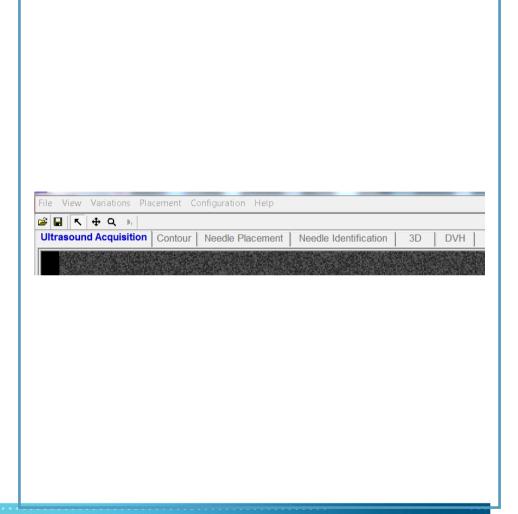
Simplifying process may save 1.5-2 hours to first treatment

- Eliminates the CT scanner step
- Generate the plan during the implant
- Fewer patient moves



WORKFLOW DRIVEN

Straight forward and structured workflow guides the user



IMPROVED WORKFLOW WITH BK SUPPORT

Network transfer of images, contours and calibration info from the ultrasound



*License required on the BK scanner Contact BK to obtain a license



CONTOURING

Shape stamper for fast outlining of the urethra

Regions allow Boolean logic for dose calculation

Sagittal & coronal contour review

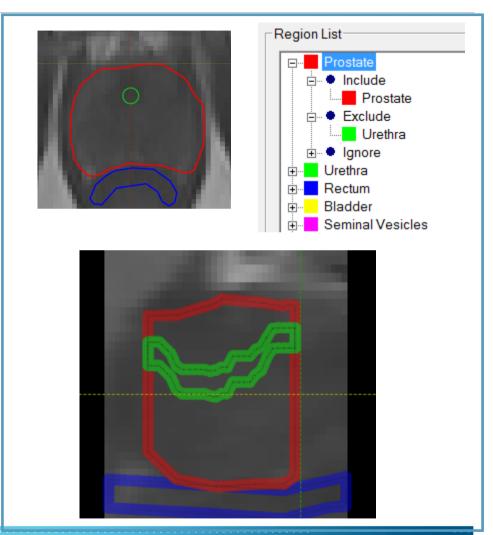




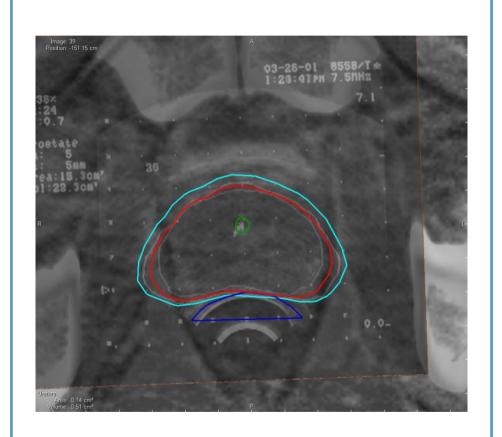
IMAGE FUSION*

Fuse up to 4 image sets

Point-based and manual match

Choose which image sets to display & interactively control blending

Available for CT, MR & US



*Requires Image Fusion option

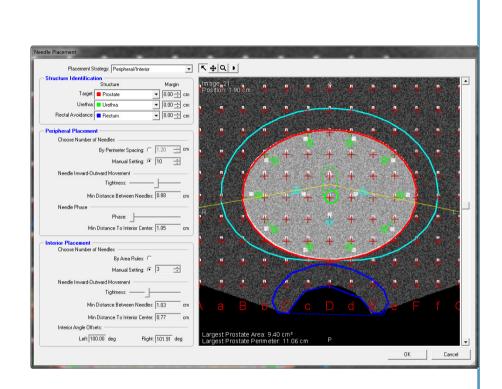


MULTIPLE NEEDLE PLACEMENT

Automatic placement based on volume

Needle position template

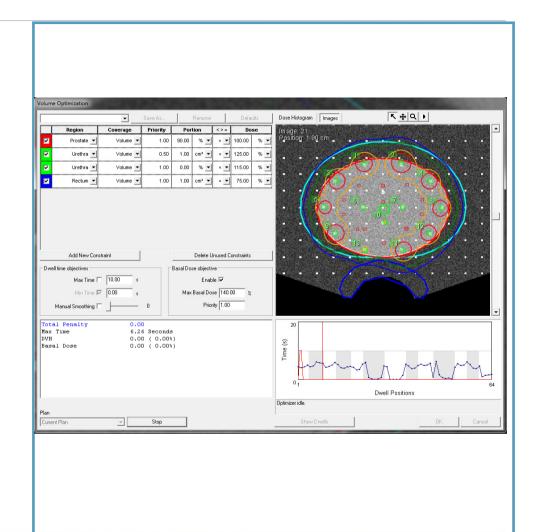
Manual placement with a single click



VOLUMETRIC OPTIMIZATION

Fast plan generation

View DVH and dose

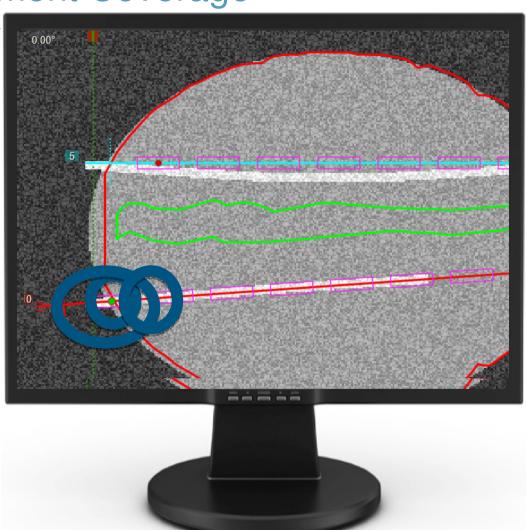




Improve Needle Placement Coverage

- Place or move needles from their planned positions to align with the implanted needles in the live ultrasound
- Move the tip of your planned needle to the tip of your implanted needle

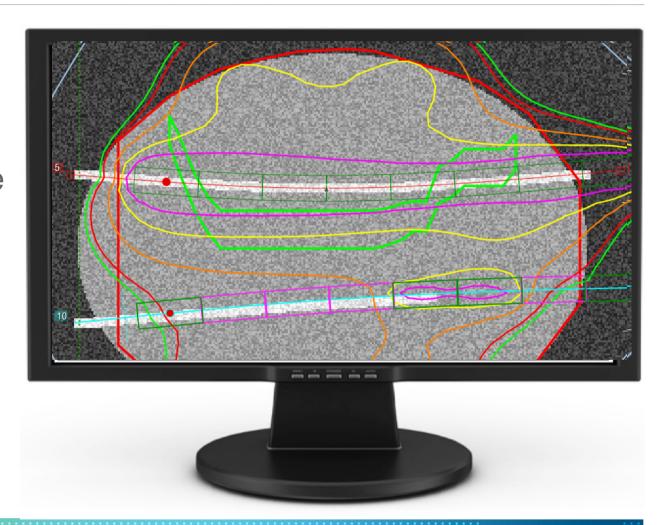
'Go'/'No go' indicator indicating the ability to achieve sufficient coverage based on the possible dwell positions





Needle Placement

Easily bend the needle paths to align with the real needle path in the live image.

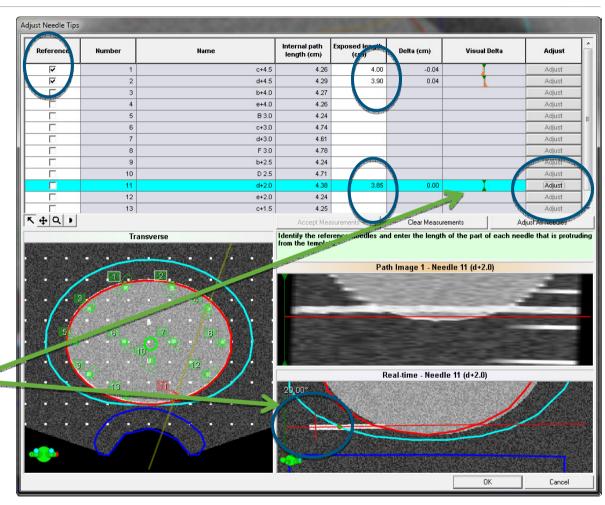




Needle Tip Adjustment Tool

Assists in correctly aligning needle tips

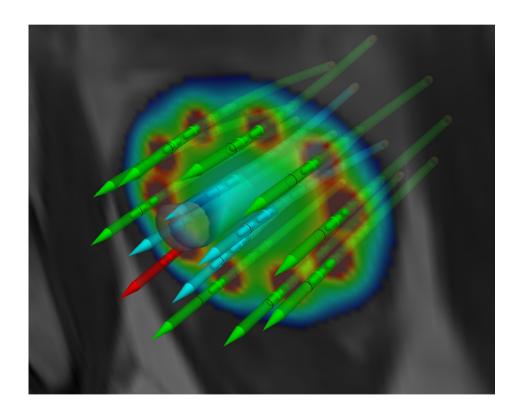
- Select reference needle(s)
 based on confidence of defined
 tip position
- Enter exposed length of the reference needle(s) from the template
- Select needle of concern
- Enter exposed length of selected needle
- Tool displays the determined offset of selected needle and allows adjustment
- Live image of the needle and offset applied can be viewed before accepting the change





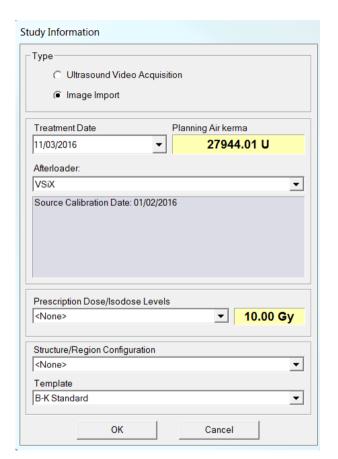
The main aims of this release are:

- olncrease support for focal therapy including support for VariPath and a pre-planning workflow.
- olmprove contouring tools and minimize the need to switch tools
- olmprove the Real time experience based on customer feedback focusing on needle position management and contour adjustment in the live view.
- olmproved planning tools





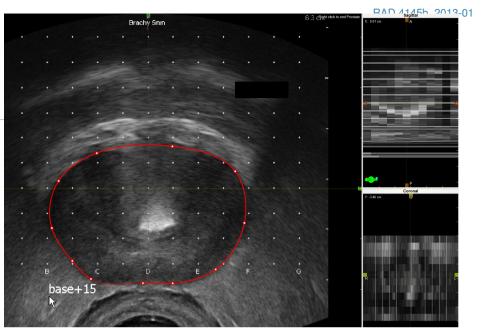
- DICOM RT Import
 - Contours from another system
 - VariPath Import
- Preplanning Capability
 - Ability to load a preplan, images and structures into the US study*
 - Support for reformatting images along a new axis.

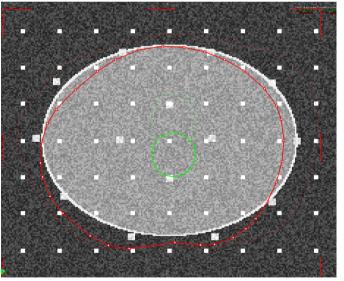


*Requires the fusion module



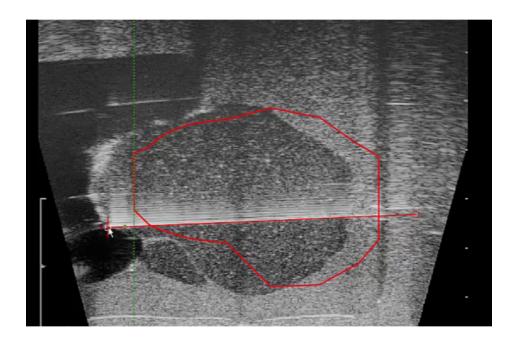
- Improved contouring tools
 - Define the default layout
 - Visualize regions
 - Sweep Structure
 - New Spline based contouring tool.
 - View Contour and needle path projections
 - The ability to adjust drawn contours in the transverse view on real-time images in the OR.





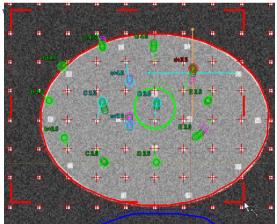


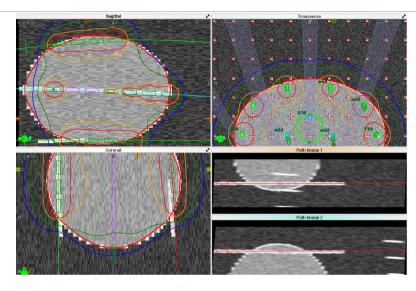
- Needle position management
 - Frustration with needle tip movement when aligning contours
 - Needle tip will now remain consistent with the image not the contour
 - During re-capture the system will be aware of and base plane shift and will align the tips with the old base plane

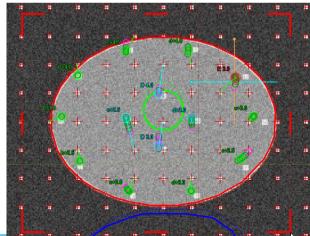




- Needle Identification view
 - Maximize image on Needle Identification View
 - Show needle tip dead-space in path images
 - Template move and hole assignment tool in Needle ID



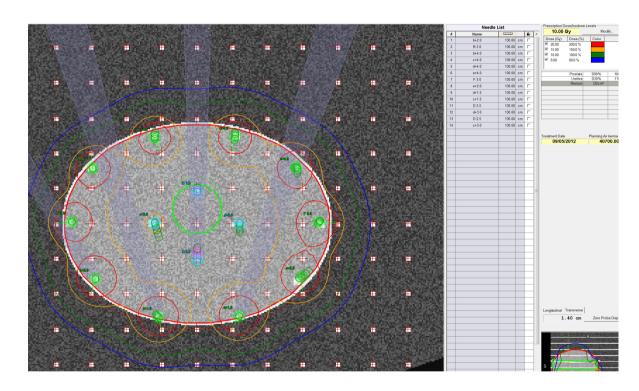






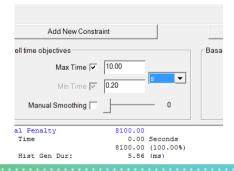
- Needle shadowing indicator
 - Allows the user to determine needles that cause issues with shadowing
- Needle Labels configurable
- New layout with Needle list

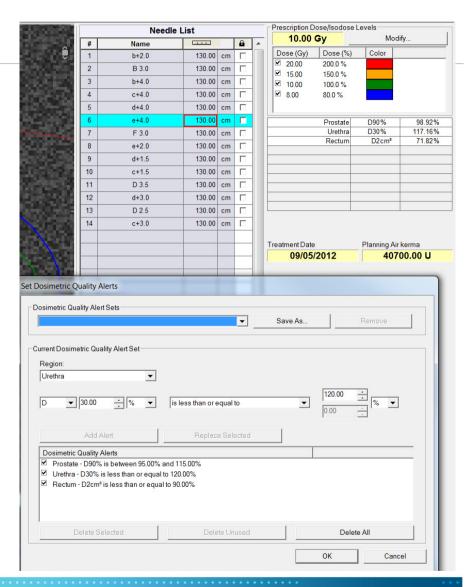






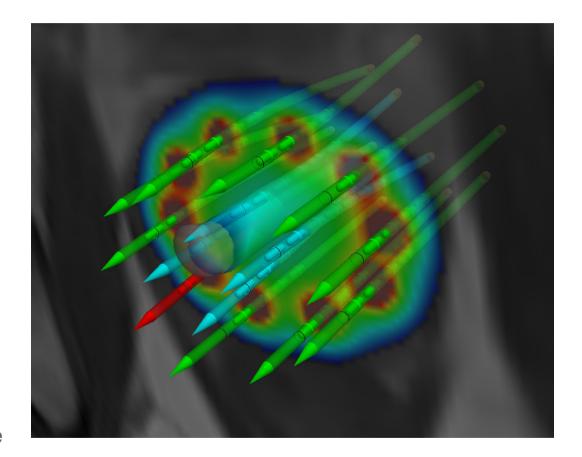
- Lots of other changes based on customer feedback
 - Needle placement with a <Ctrl> or <Shift> left click
 - 10 DQA's and new metrics
 - Ability to edit DQA's
 - Direct numeric entry of dose point positions
 - Volume Optimizer
 - Min/Max in Ci-s and s







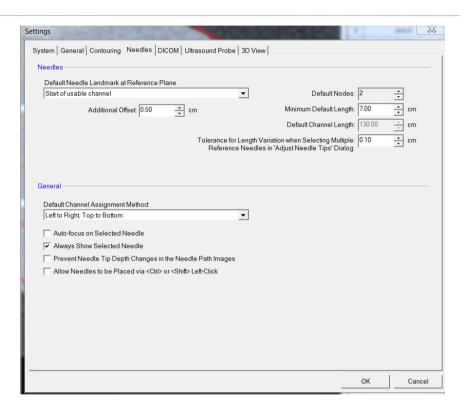
- Fusion*
- Fused image visible in 3D View
- Allow 6 Fused volumes



*Requires the fusion module



- Other changes:
 - Check during DICOM export as to whether the sort order is the default and notifying the user if not.
 - Structure is defined according to regions on the Summary Report
 - Updated source data (marked 2012)
- Integration with BrachyVision
 - Update dwell range limitations to match BrachyVision
 - Update calibration time to be midnight



Dose Information

Prostate: [Include: Prostate] [Exclude: Urethra]

Total Volume: 22.10 cm³

V200%: 0.00 cm³ [0.00 %] V150%: 0.00 cm³ [0.00 %]



