

Medical radioisotopes

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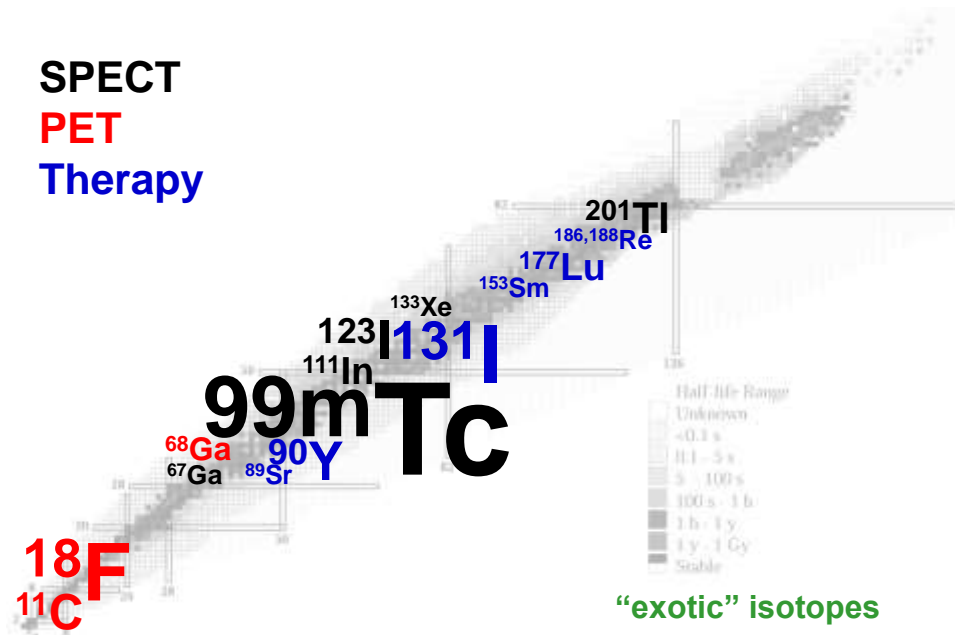
Don't forget the fuel!



Radioisotopes: the “fuel” for nuclear medicine

1. What is the optimum fuel for an application ?
2. Are we using the optimum fuel today ?
3. Where does this fuel come from ?

The chart of nuclides – nuclear medicine perspective



The Nuclear Medicine Alphabet

SPECT Camera
 γ (gamma rays) are detected by a SPECT camera, shown as a green square.

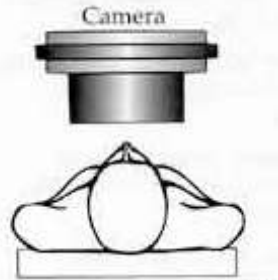
PET-Scanner
 β^+ (positrons) are detected by a PET scanner, shown as a yellow vertical bar.

β^-
 Beta minus radiation is shown as blue dots on a tissue sample.

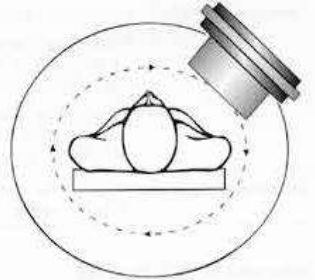
α
 Alpha radiation is shown as yellow dots on a microscopic tissue section.

Auger- e^-
 Auger electrons are shown as green lines radiating from a central point on a microscopic image.

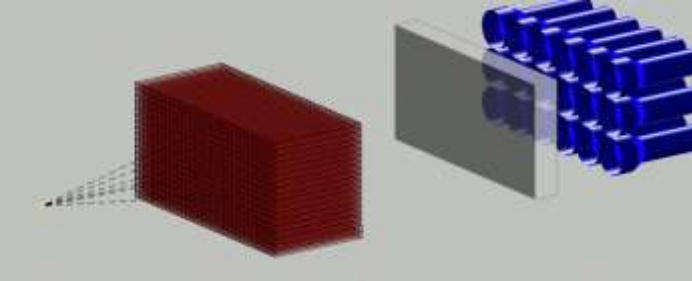
Scintigraphy and SPECT



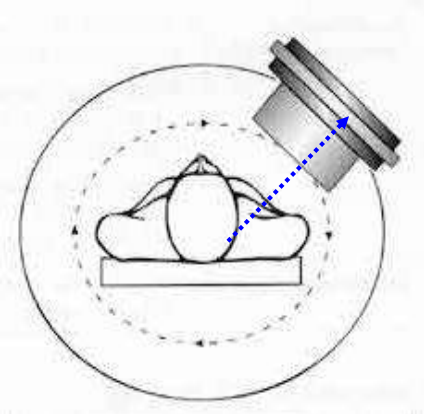
2D: planar scan (Gamma camera)



3D: SPECT: Single Photon Emission Computed Tomography



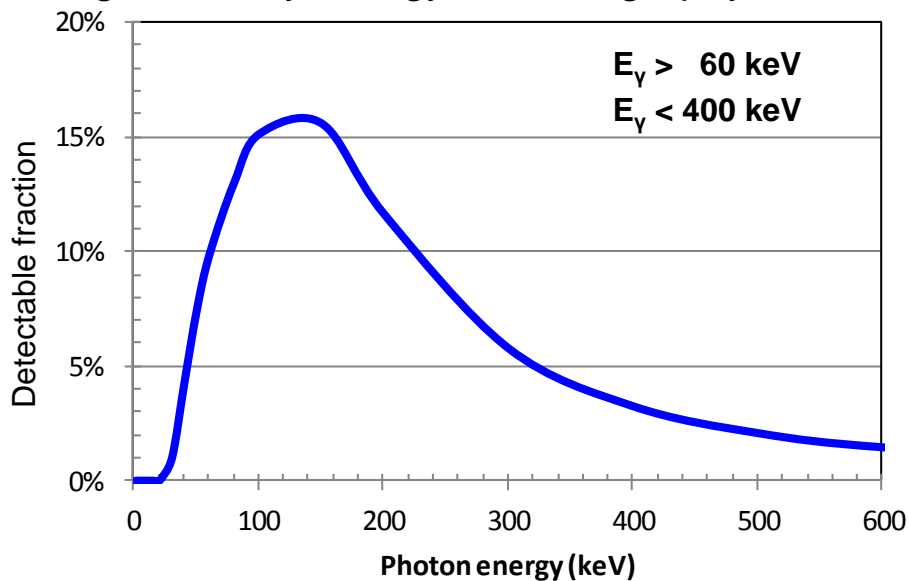
Ideal gamma ray energy for scintigraphy/SPECT?



$$N = N_0 e^{-\int_0^d \mu(x) dx}$$

- 10 cm soft tissue
- 0.2 cm aluminium (detector encapsulation)
- 1 cm NaI

Ideal gamma ray energy for scintigraphy/SPECT



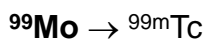
10 cm soft tissue, 0.2 cm aluminium (detector encapsulation), 1 cm NaI

^{99m}Tc: ideal for SPECT and gamma cameras

Ru 98 1.87 $\sigma < 8$	Ru 99 12.76 $\sigma 4$	Ru 100 12.60 $\sigma 5.8$	Ru 101 17.06 $\sigma 5$	Ru 102 31.55 $\sigma 1.2$
Tc 97 92.2 d $4.0 \cdot 10^8 \text{ a}$ $t_{1/2}(97)$ e^-	Tc 98 $4.2 \cdot 10^6 \text{ a}$ $\beta^- 0.4$ $\gamma 745; 652$ $\sigma 0.9 + ?$	Tc 99 6.0 h $21 \cdot 10^5 \text{ a}$ $t_{1/2}(99)$ e^- $\beta^- 0.3$ $\gamma 141; 113; 103; 93; 83; 73; 63; 53; 43; 33; 23; 13; 3; 2$	Tc 100 15.8 s $\beta^- 3.4$ ϵ $\gamma 540; 591$	Tc 101 14.2 m $\beta^- 1.3$ $\gamma 307; 545$
Mo 96 16.68 $\sigma 0.5$	Mo 97 9.56 $\sigma 2.5$ $\sigma_n, \alpha 4E-7$	Mo 98 24.19 $\sigma 0.14$	Mo 99 66.0 h $\beta^- 1.2$ $\gamma 740; 182; 778$ m, g	Mo 100 9.67 $1.15 \cdot 10^{19} \text{ a}$ $2\beta^-$ $\sigma 0.19$

- IT with 89% 140.5 keV gamma ray, $T_{1/2} = 6 \text{ h}$
- decays to quasi-stable daughter
- ^{99m}Tc fed in 88% of β^- decays of ⁹⁹Mo, $T_{1/2} = 66 \text{ h}$
- produces nearly carrier-free product

The Bateman equations



$$dN_{\text{Mo}}/dt = -\lambda_{\text{Mo}} N_{\text{Mo}}$$

$$N_{\text{Mo}}(t) = N_{\text{Mo}}(0) \exp(-\lambda_{\text{Mo}} t)$$

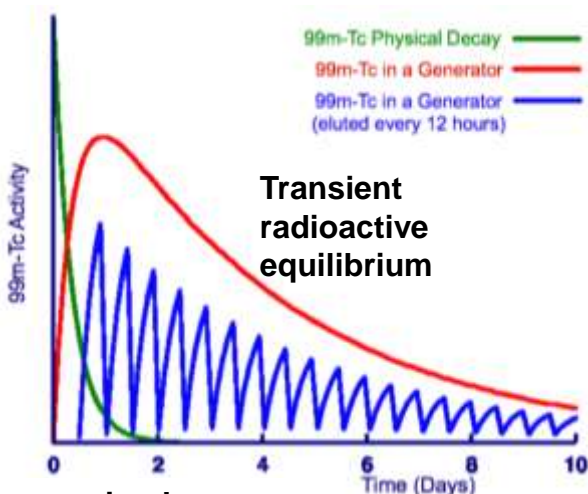


$$dN_{\text{Tc}}/dt = \lambda_{\text{Mo}} N_{\text{Mo}} - \lambda_{\text{Tc}} N_{\text{Tc}}$$

$$N_{\text{Tc}}(t) = N_{\text{Tc}}(0) \exp(-\lambda_{\text{Tc}} t)$$

$$+ \frac{\lambda_{\text{Mo}}}{\lambda_{\text{Tc}} - \lambda_{\text{Mo}}} N_{\text{Mo}} [\exp(-\lambda_{\text{Mo}} t) - \exp(-\lambda_{\text{Tc}} t)]$$

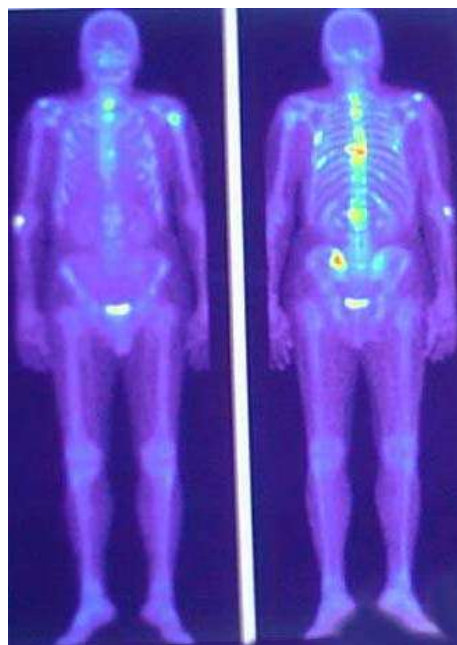
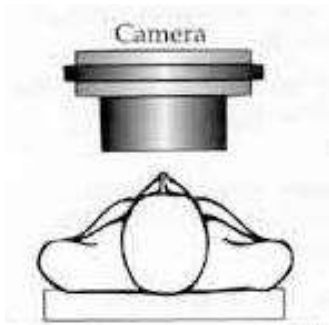
$^{99}\text{Mo}/^{99\text{m}}\text{Tc}$ generator



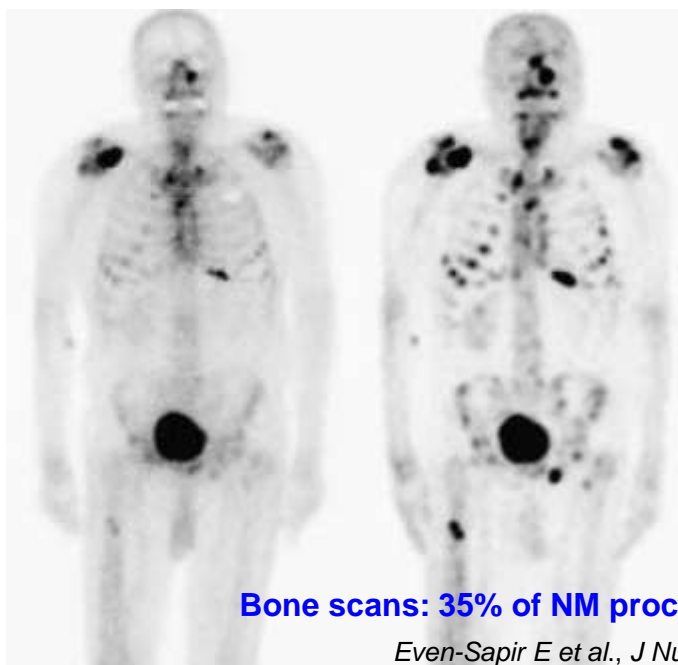
- simple
- reliable
- portable
- self-shielded



Bone metastases



- planar or SPECT scan for bone metastases
- differentiate between local and generalized disease
- decide on treatment options: surgery or radiation therapy versus systemic therapy



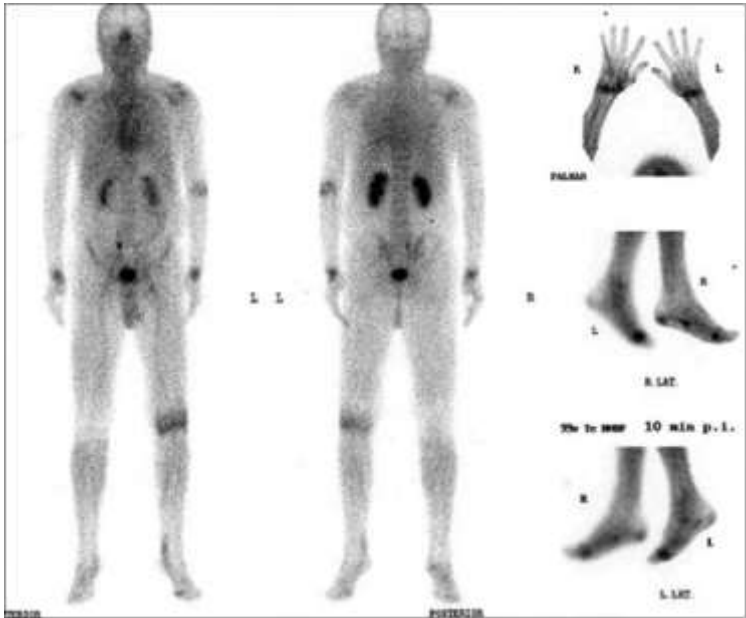
Bone scans: 35% of NM procedures in Europe

Even-Sapir E et al., J Nucl Med 2006; 47: 287.

^{99m}Tc-MDP planar

^{99m}Tc-MDP SPECT

Rheumatoid arthritis



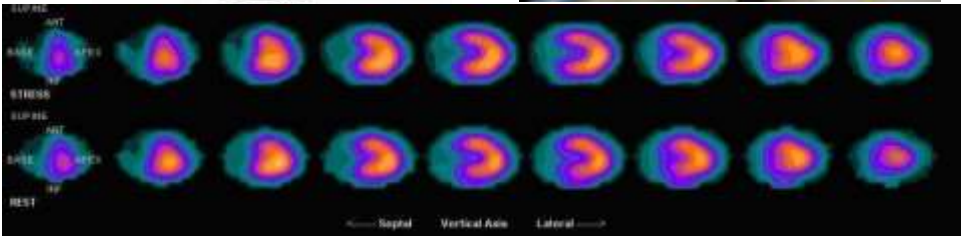
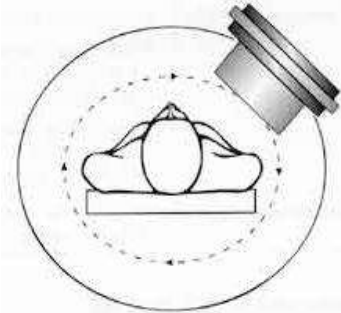
L. Knut, World J Nucl Med. 2015; 14:10.

Veterinary scintigraphy

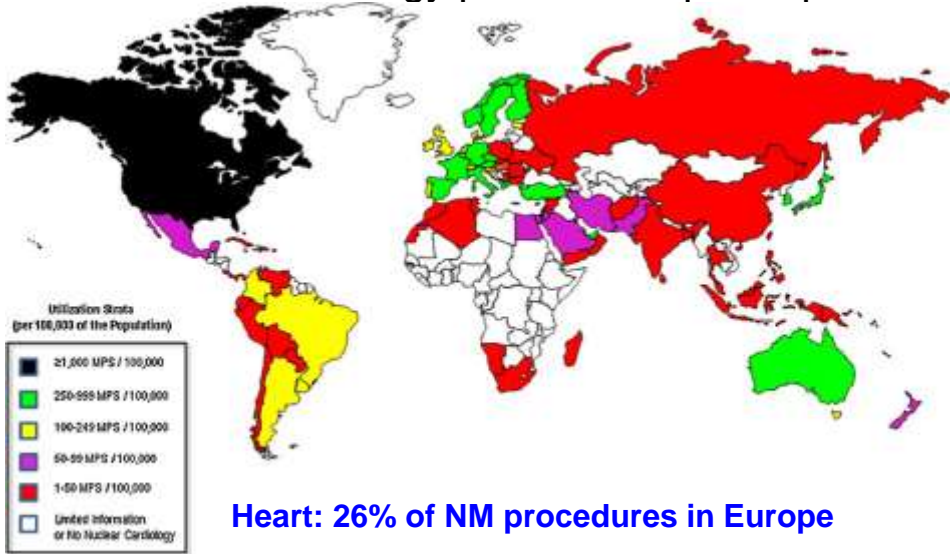


Ischemic heart disease

- diagnose by ECG and cardiac stress test with SPECT
- treatment by medication, angioplasty or bypass surgery



Nuclear cardiology procedures per capita



2007: 8.54M myocardial perfusion SPECT procedures reimbursed in the USA
J.V. Vitola et al., J Nucl Cardiol 2009;16:956.

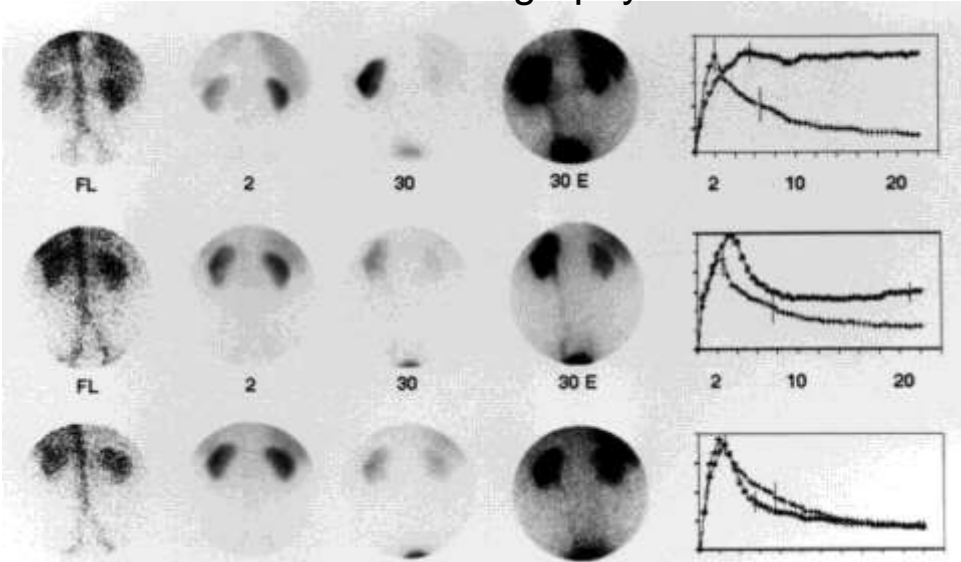
Ischemic heart disease

age-standardized death rates (per year):

US 1‰, UK/DE/DK/SE 0.9‰, CH/IT 0.6‰, **FR 0.38‰**



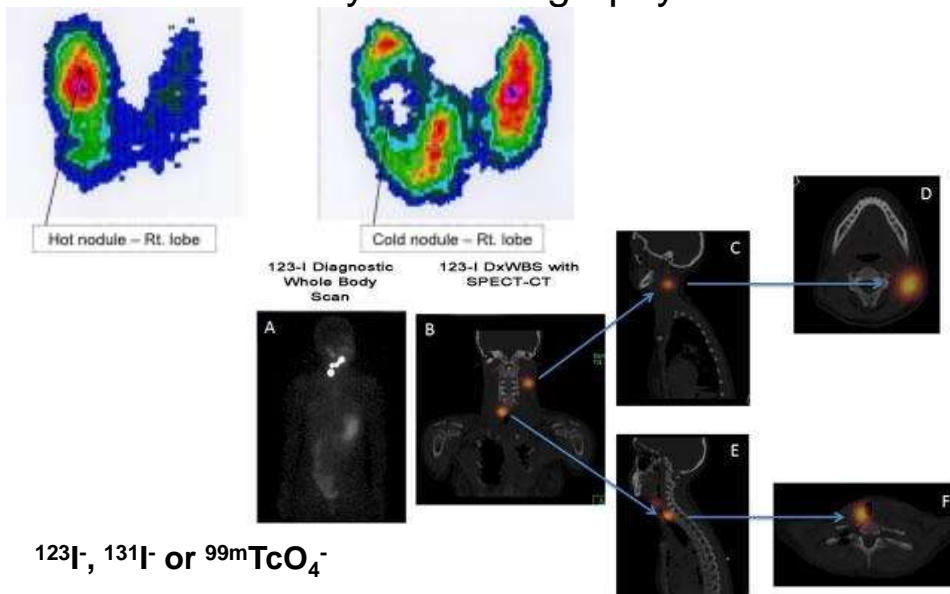
Scintigraphy



G.N. Sfakianakis et al. J Nucl Med 2000;41:1813.

Kidney: 13% of NM procedures in Europe

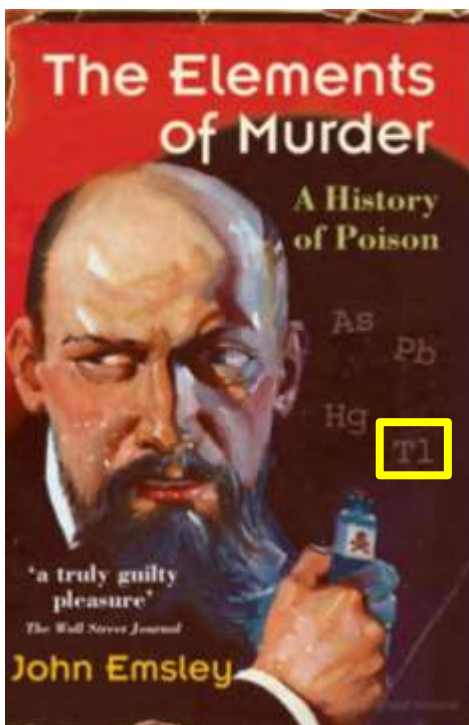
Thyroid scintigraphy



Thyroid: 12% of NM procedures in Europe

SPECT isotopes

Radio-nuclide	Half-life (h)	E_γ (keV)	I_γ (%)	Decay type
Ga-67	78	93 185	42 21	EC
Kr-81m	0.004	190	64	IT
Tc-99m	6	141	89	IT
In-111	67	171 245	91 94	EC
I-123	13	159	83	EC
Xe-133	126	81	38	β^-
TI-201	73	70 167	59 10	EC
I-131	192	364	82	β^-
Lu-177	161	113 208	6 10	β^-



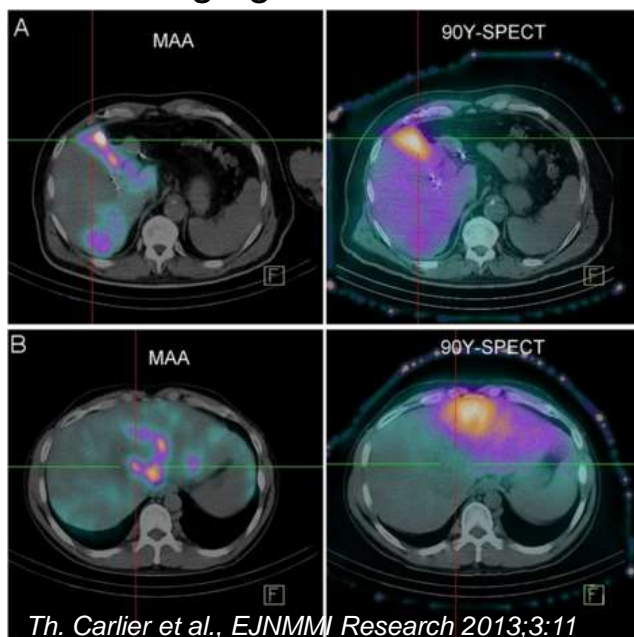
Thallium for patients ?

- MBq to GBq activities correspond to ng to μg
- no chemical toxicity at this level
- provided stable isotopes are absent (“carrier-free”) or relatively low abundant (“non-carrier-added”)
- **high specific activity** is frequently a decisive quality criterion for nuclear medicine applications!

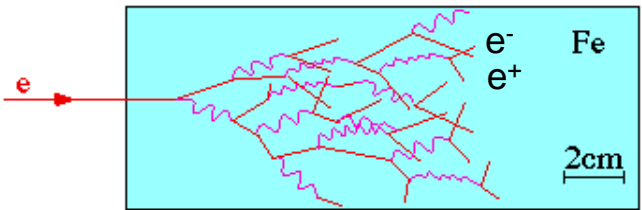
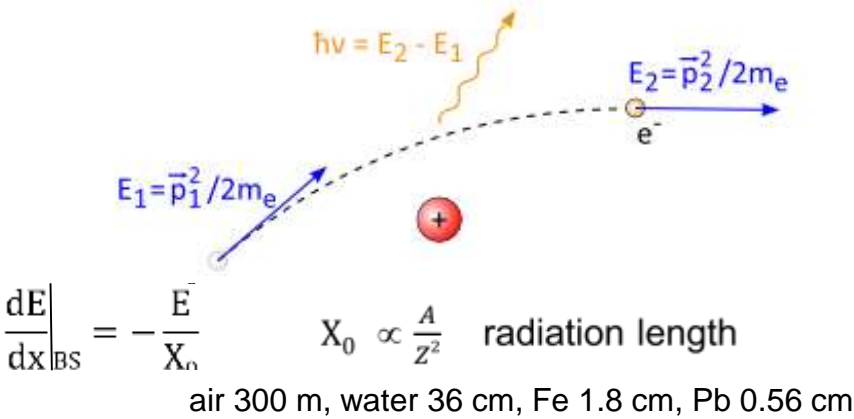
$$A/m = \lambda N_A/M = N_A \ln(2)/(M \cdot T_{1/2})$$

specific activity (Bq/g)

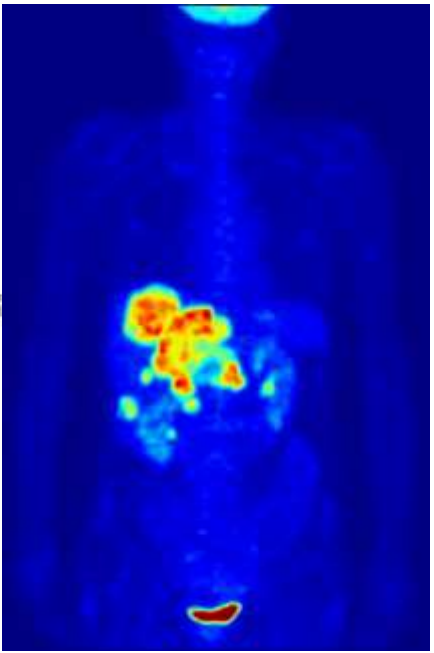
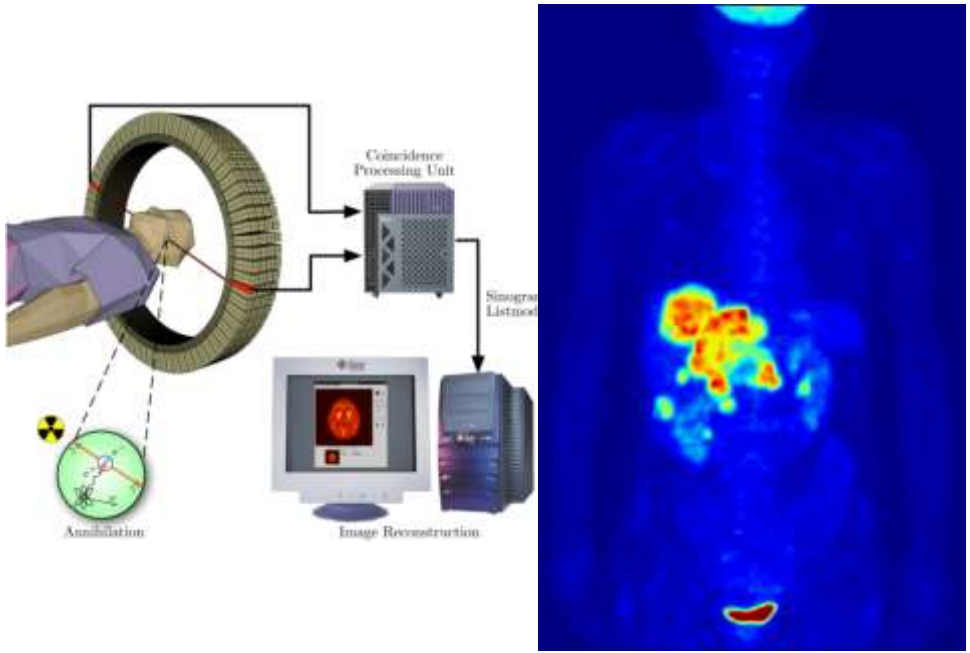
SPECT imaging with Bremsstrahlung



Bremsstrahlung



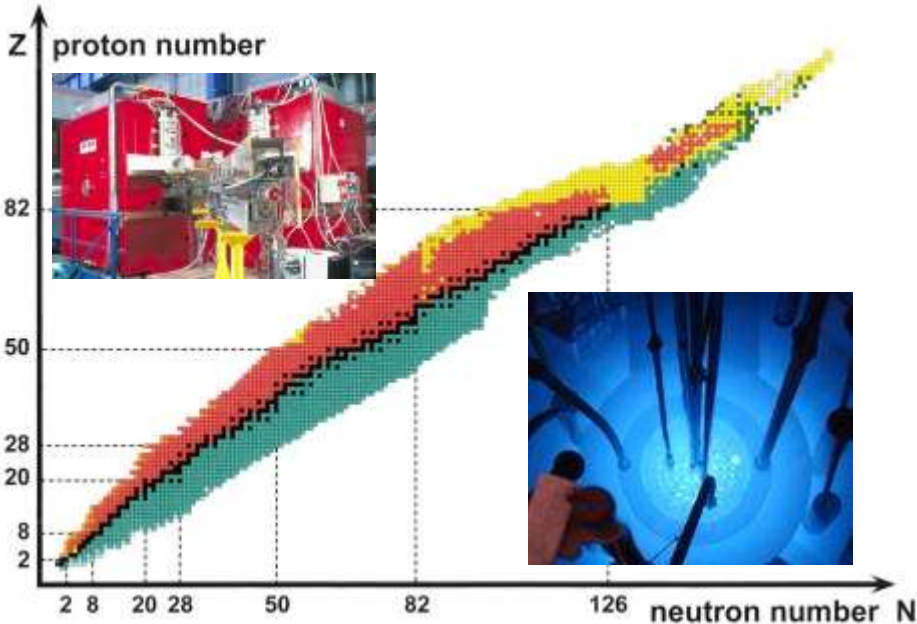
Positron Emission Tomography



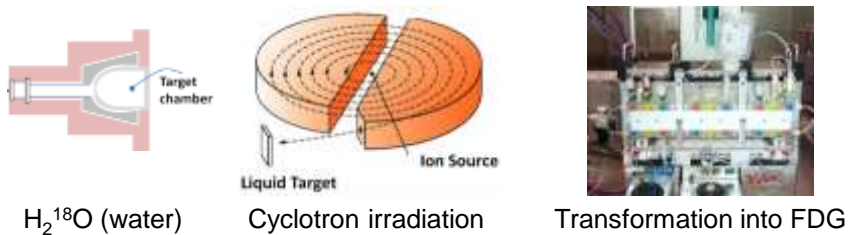
The Tordesillas meridian



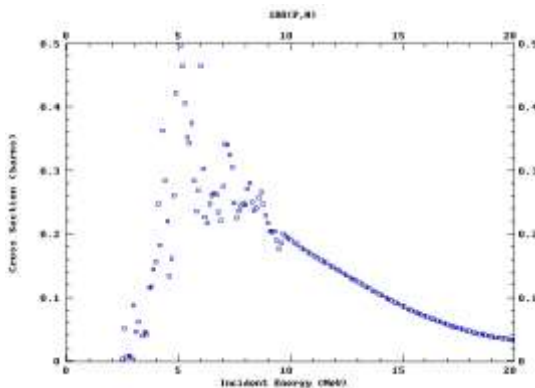
The Tordesillas meridian of radioisotope production



^{18}F production via $^{18}\text{O}(p,n)$



Ne 18 1.67 s β^+ 3.4 γ 1042	Ne 19 17.22 s β^+ 2.2 γ (110, 197, 1357)	Ne 20 90.48 α 0.039
F 17 64.8 s β^+ 1.7 no γ	F 18 109.728 m β^+ 0.633 no γ	F 19 100 α 0.0095
O 16 99.757 α 0.00019	O 17 0.038 α 0.00054 σ_{th} 0.257	O 18 0.205 α 0.00016



PET isotopes

Radio-nuclide	Half-life (h)	Intensity β^+ (%)	E mean (MeV)	Range (mm)
C-11	0.34	99.8	0.39	1.3
N-13	0.17	99.8	0.49	1.8
O-15	0.03	99.9	0.74	3.2
F-18	1.83	96.7	0.25	0.7
Ga-68	1.13	89.1	0.83	3.8
Rb-82	0.02	95.4	3.38	20

^{18}F -Fluorodeoxyglucose (FDG)

Bone scans for bone metastasis screening



Even-Sapir E et al., J Nucl Med 2006;47:287.

Fellner et al., EJNMMI 2010;37:834.

^{99m}Tc-MDP planar ^{99m}Tc-MDP SPECT ¹⁸F- PET ⁶⁸Ga-BPAMD PET

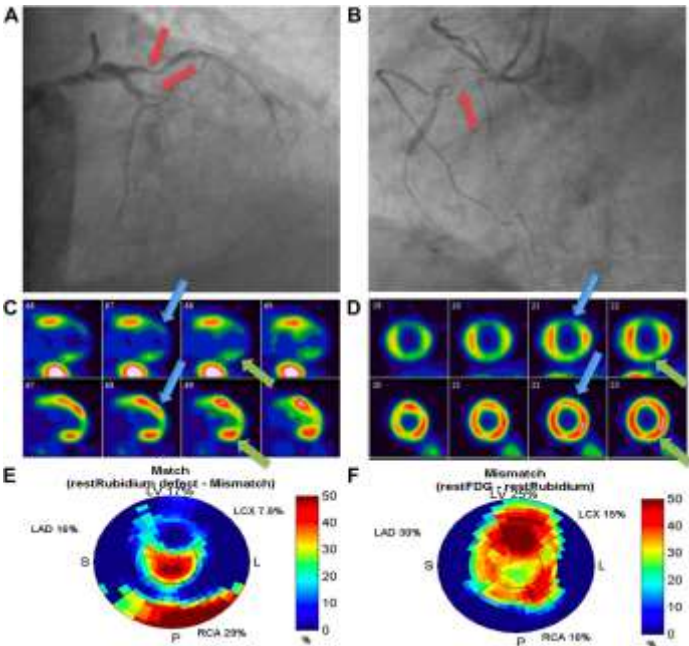
Transport of short-lived radioisotopes



PET isotopes

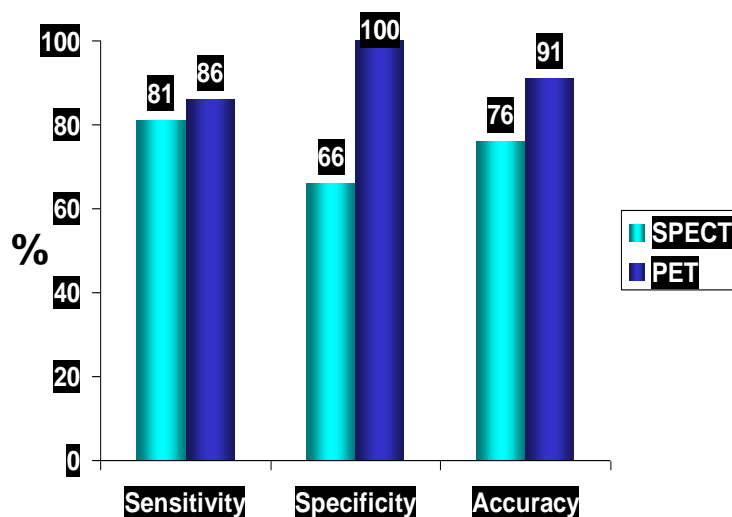
Radio-nuclide	Half-life (h)	Intensity β^+ (%)	E mean (MeV)	Range (mm)
C-11	0.34	99.8	0.39	1.3
N-13	0.17	99.8	0.49	1.8
O-15	0.03	Mother isotope: 271 d	0.74	3.2
F-18	1.83		0.25	0.7
Ga-68	1.13	25 d	0.83	3.8
Rb-82	0.02		3.38	20

Cardiology applications



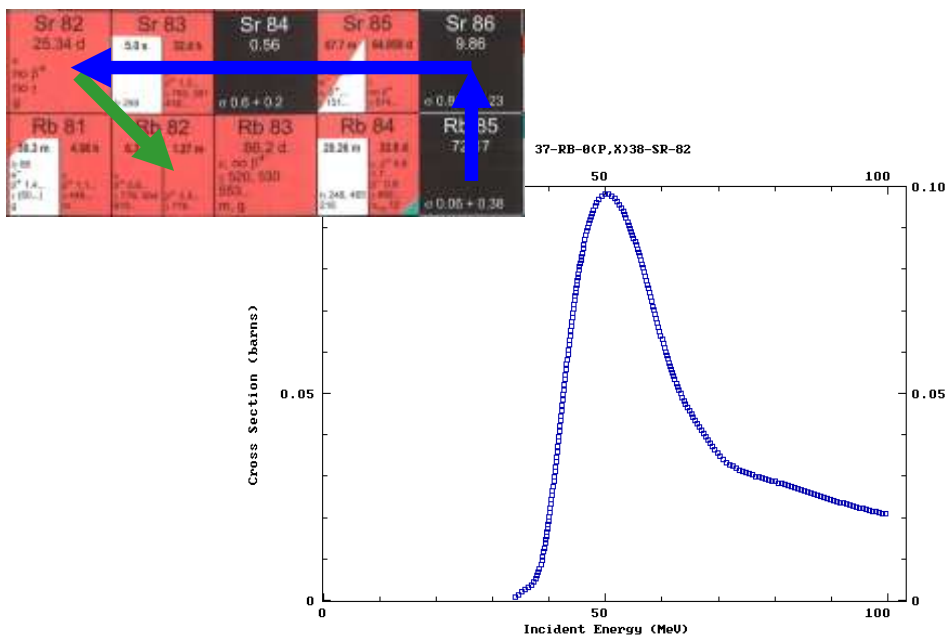
B.A. Mc Ardle, Can. J. Cardiology 29 (2013) 399.

Diagnostic Accuracy: ^{82}Rb PET vs $^{99\text{m}}\text{Tc}$ SPECT

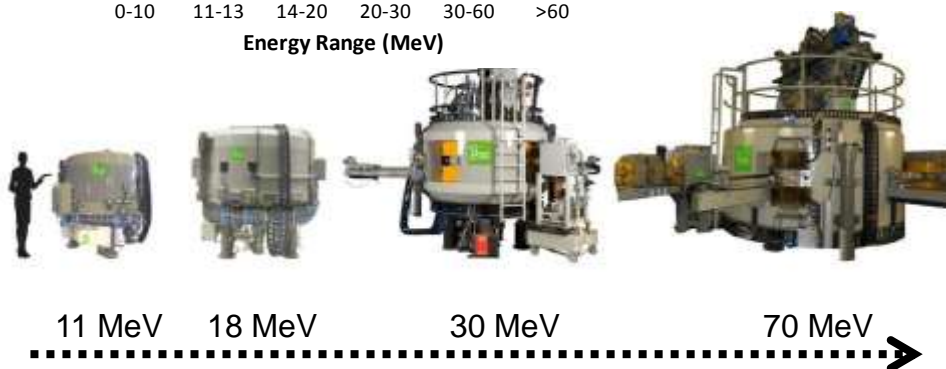
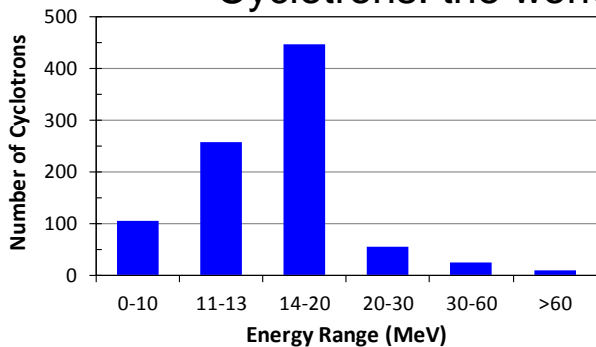


Bateman et al, J Nucl Cardiol 2006;13:24.

^{82}Sr production



Cyclotrons: the work horses



Facilities producing ⁸²Sr

BNL, USA – 200 MeV, 100 μA

LANL, USA – 100 MeV, 200 μA

INR, Russia – 160 MeV, 120 μA

TRIUMF, Canada – 110 MeV, 70 μA

iThemba, South Africa – 66 MeV, 250 μA

ARRONAX, France – 70 MeV, < 750 μA

SPES, Italy – 70 MeV, < 1000 μA

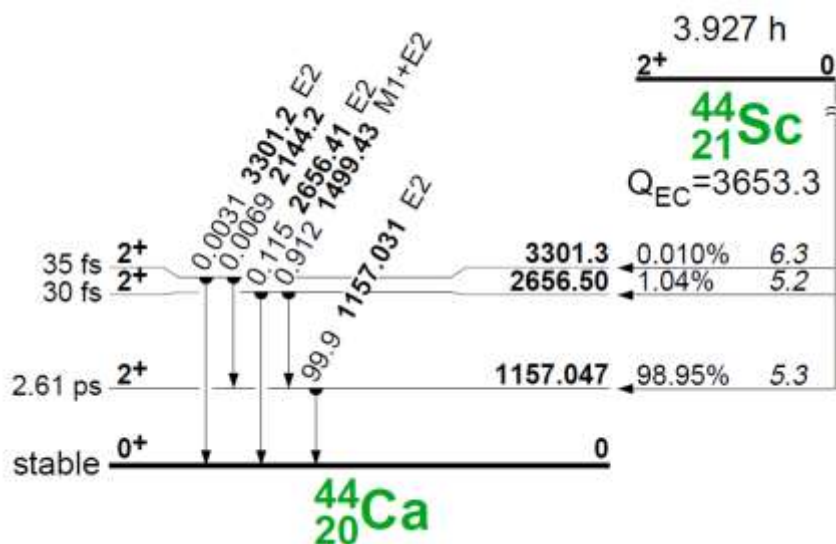
Zevacor, USA – 70 MeV, < 750 μA

ZDNM, Russia – 70 MeV, < 750 μA

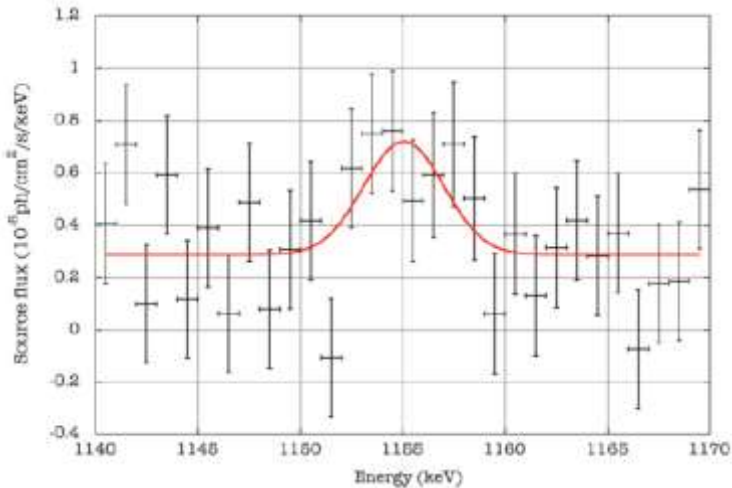


Longer-lived PET isotopes

Radio-nuclide	Half-life (h)	Branching ratio β^+ (%)	Branching ratio γ (%)	h_{10} (mSv/h/GBq)
Sc-44	3.97	94.3	101	0.324
Cu-64	12.7	17.6	0.5	0.03
Y-86	14.7	31.9	320	0.515
Zr-89	78.4	22.7	100	0.182
I-124	100.2	22.8	99	0.17
Tb-152	17.5	17	142	

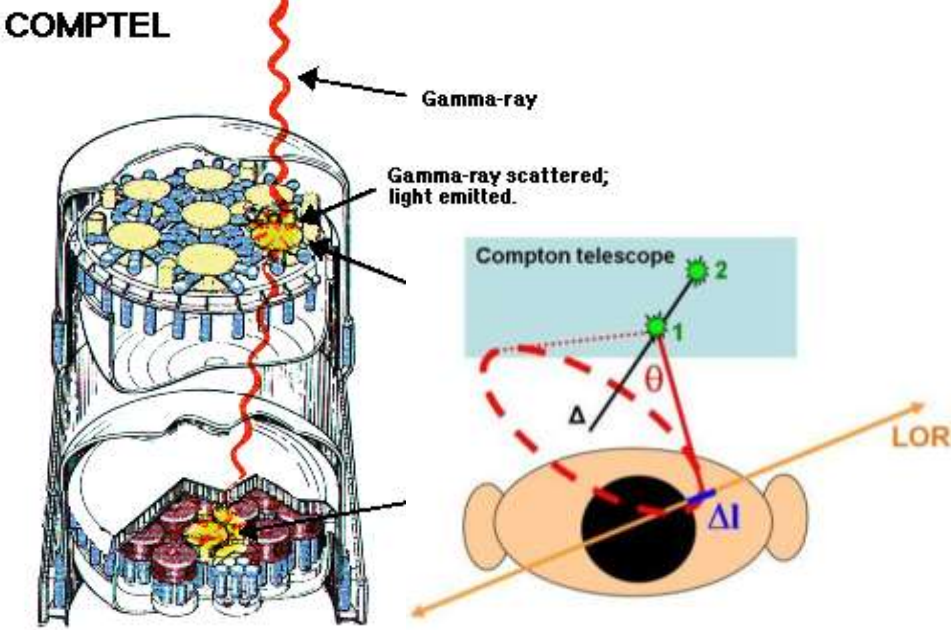


^{44}Sc in the universe

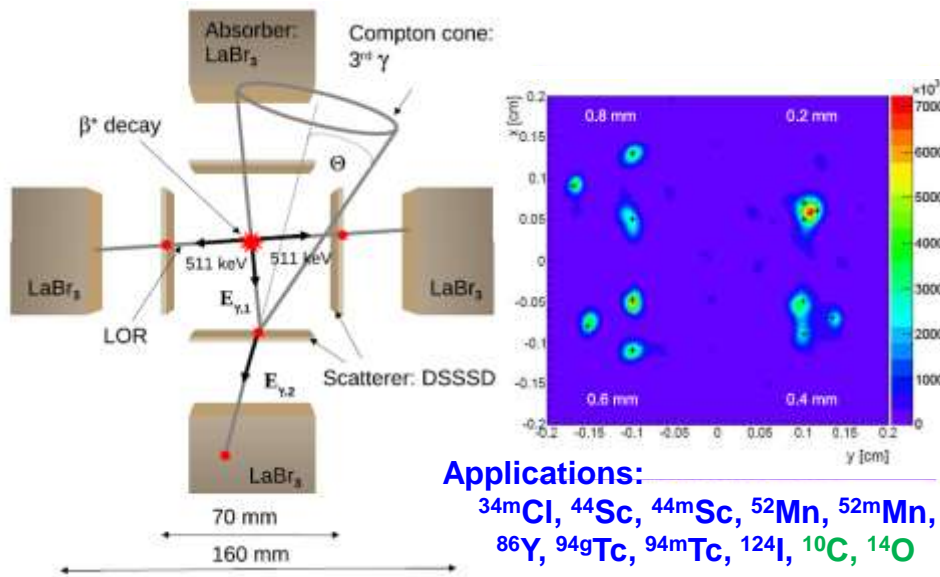


M. Leising, R. Diehl, PoS 2009.

Compton telescope



3-photon-camera: PET-SPECT

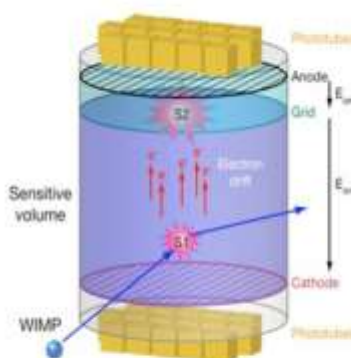


Alternative detector

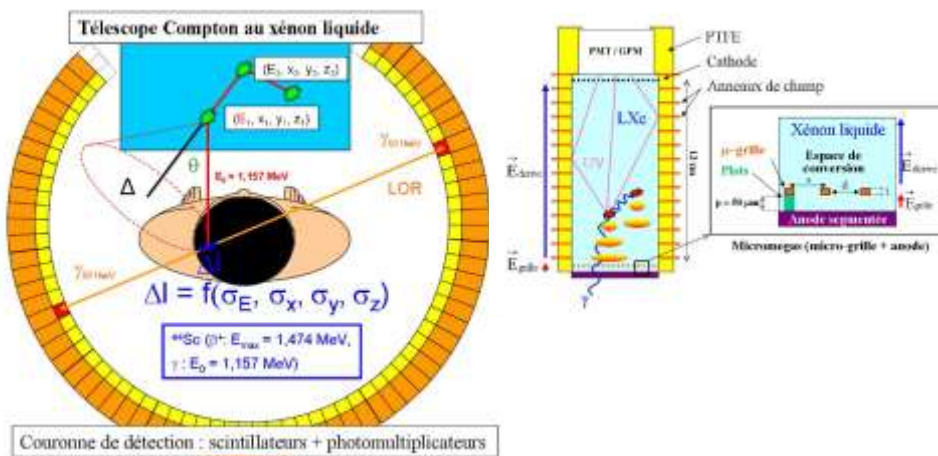
a more efficient Compton scatterer than Si ?

with large sensitive volume ?

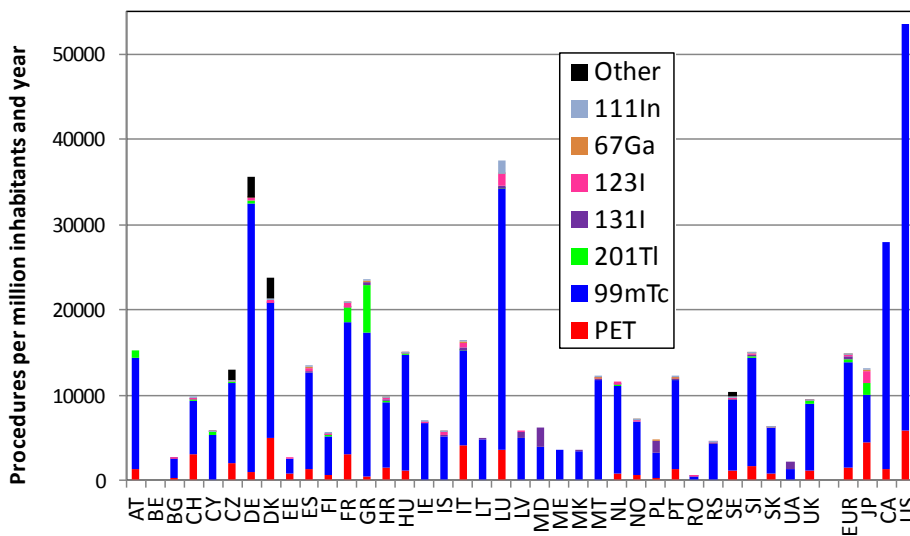
100 kg LXe dual-phase TPC



XEMIS2 Xenon-TPC

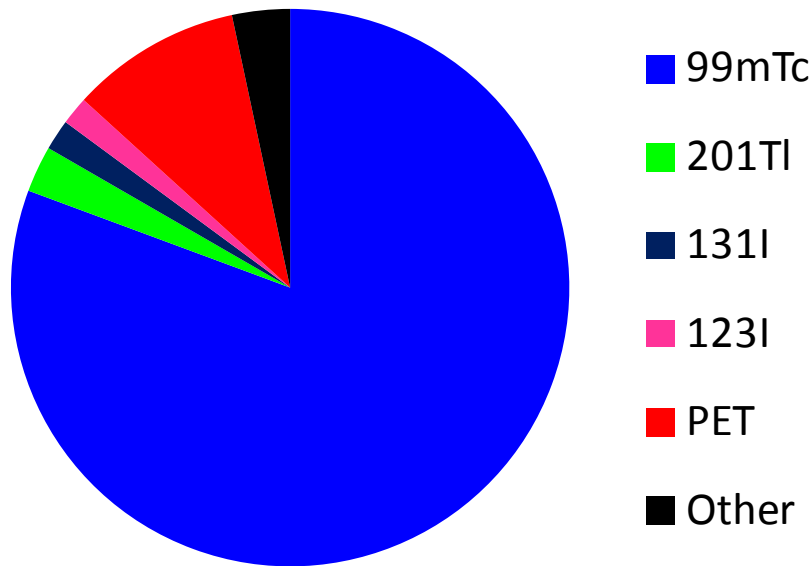


Statistics of radionuclide use in Europe



Use of diagnostic isotopes in Europe, USA, Canada and Japan

Cumulative use of diagnostic isotopes in Europe



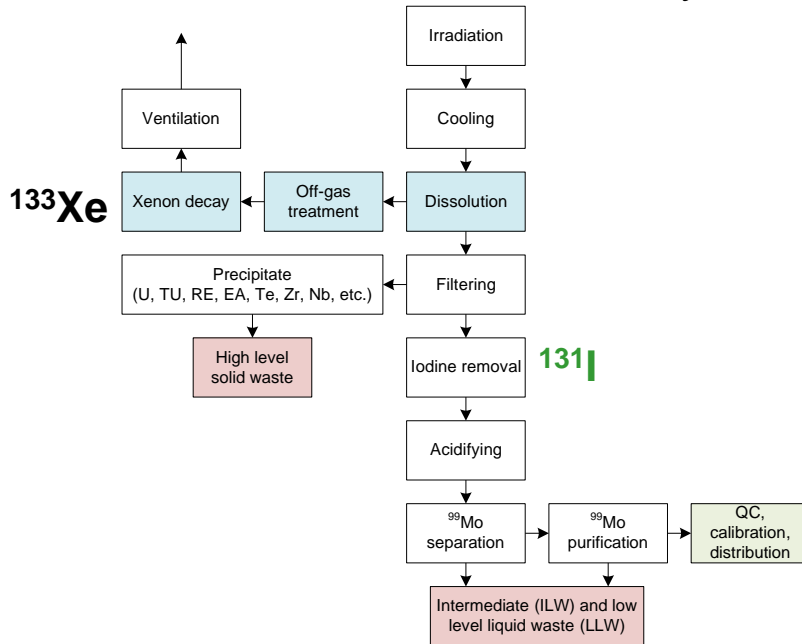
Fission production

Ru 94 51.8 m	Ru 95 1.65 h	Ru 96 5.54	Ru 97 2.9 d	Ru 98 1.87	Ru 99 12.76	Ru 100 12.60	Ru 101 17.06	Ru 102 31.55	Ru 103 39.35 d
Tc 93	Tc 94	Tc 95	Tc 96	Tc 97	Tc 98	Tc 99	Tc 100	Tc 101	Tc 102
Mo 92	Mo 93	Mo 94	Mo 95	Mo 96	Mo 97	Mo 98	Mo 99	Mo 100	Mo 101
Nb 91	Nb 92	Nb 93	Nb 94	Nb 95	Nb 96	Nb 97	Nb 98	Nb 99	Nb 100
Zr 90	Zr 91	Zr 92	Zr 93	Zr 94	Zr 95	Zr 96	Zr 97	Zr 98	Zr 99
Y 89	Y 90	Y 91	Y 92	Y 93	Y 94	Y 95	Y 96	Y 97	Y 98

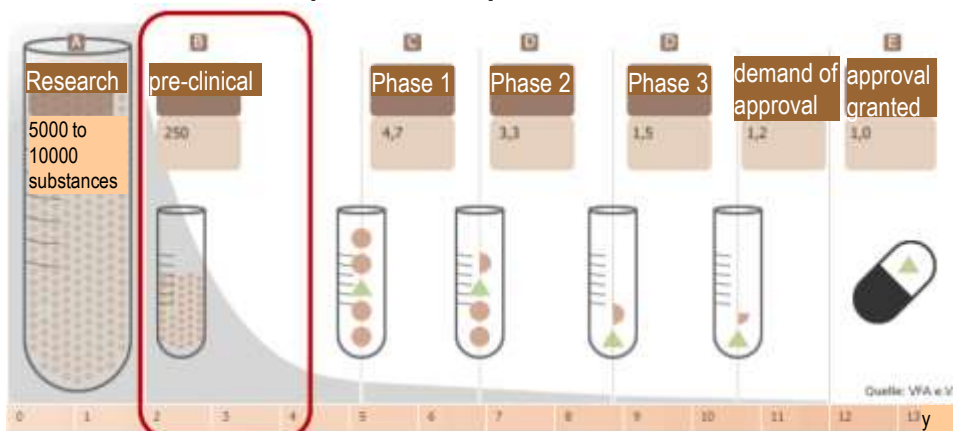
After irradiation, decay and chemical processing:

⁹⁹Mo/^{all}Mo ≈ 10%, i.e. 10% of theoretical specific activity 480 kCi/g

Extraction of fission-moly



Development of pharmaceuticals



Screening *in vitro* tests
animal exp.

tests with humans

toxicity wanted effect comparison
side effects with standard

20-80 healthy volunteers 100-300 patients x00-x000 patients

Pre-clinical studies (1)

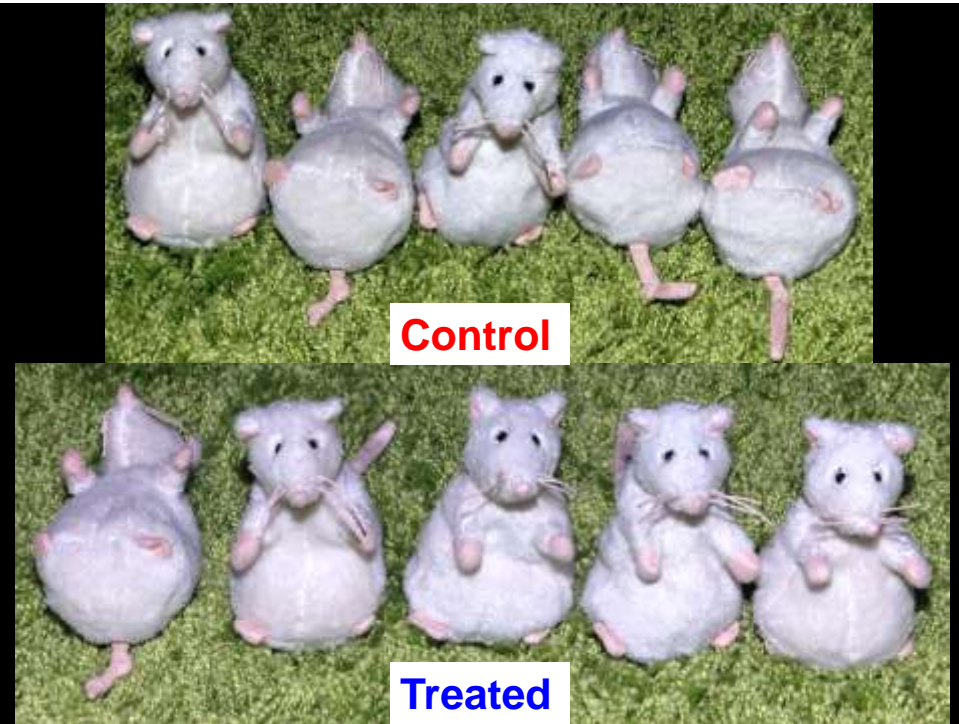


Pre-clinical studies (2)

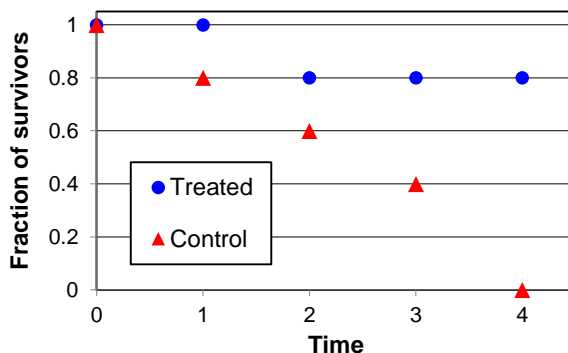








Survival curve



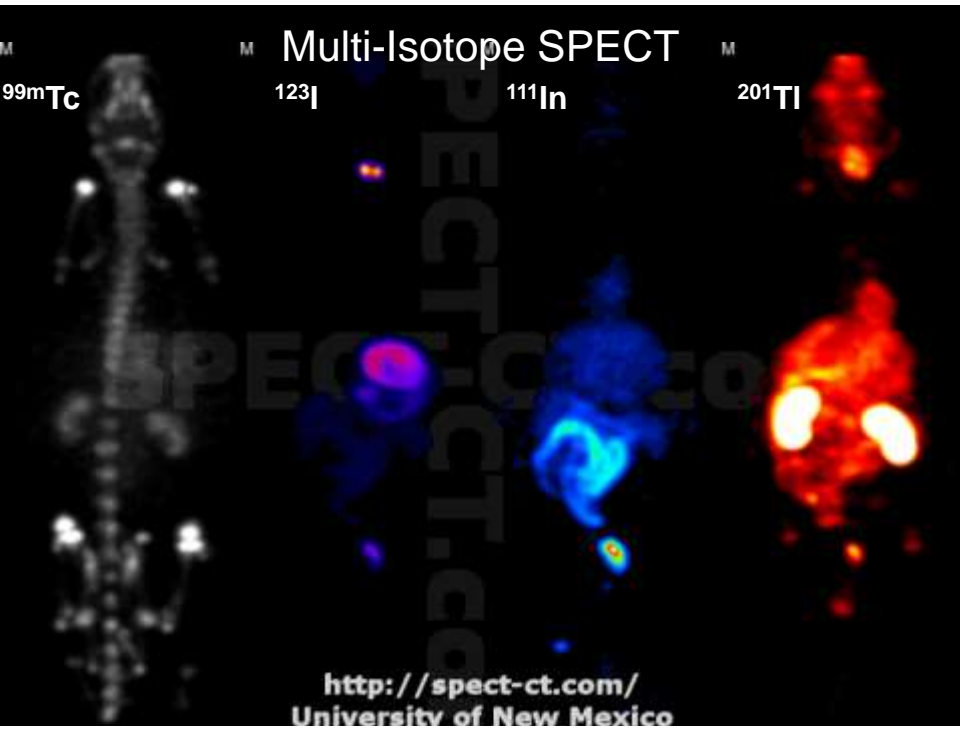
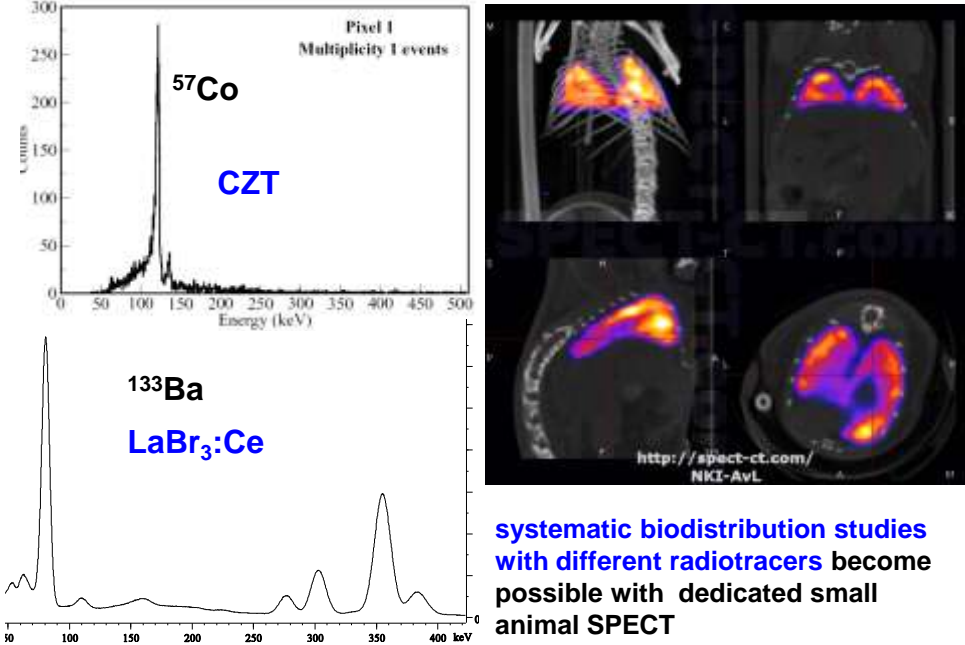
- medium survival time, median survival time, survival benefit
- shows final benefit but not detailed mechanism
- more information from **bio-distribution studies**
- preferentially **on-line with suitable radiotracers** and small animal SPECT or PET



Small animal imaging



New generation of small animal SPECT

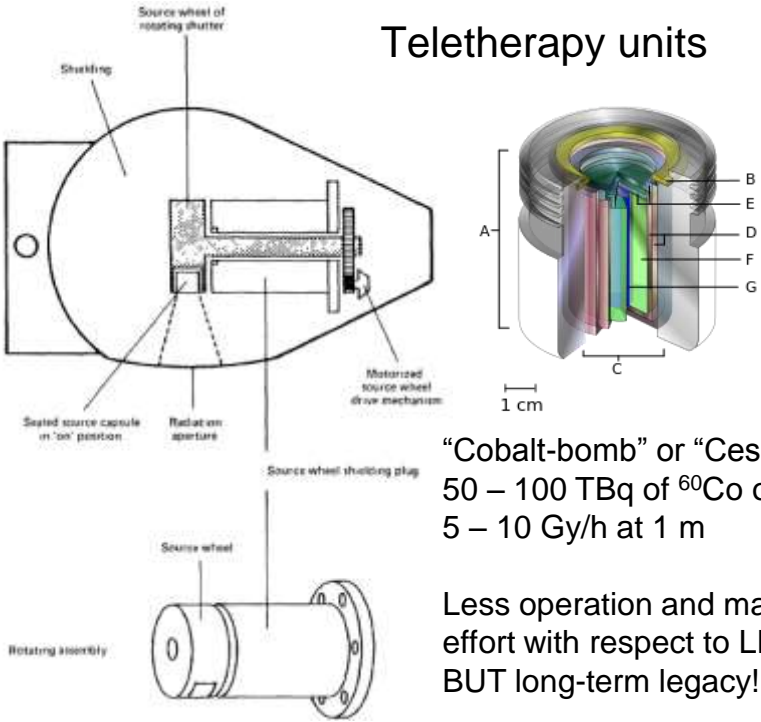


From diagnostics



to therapy

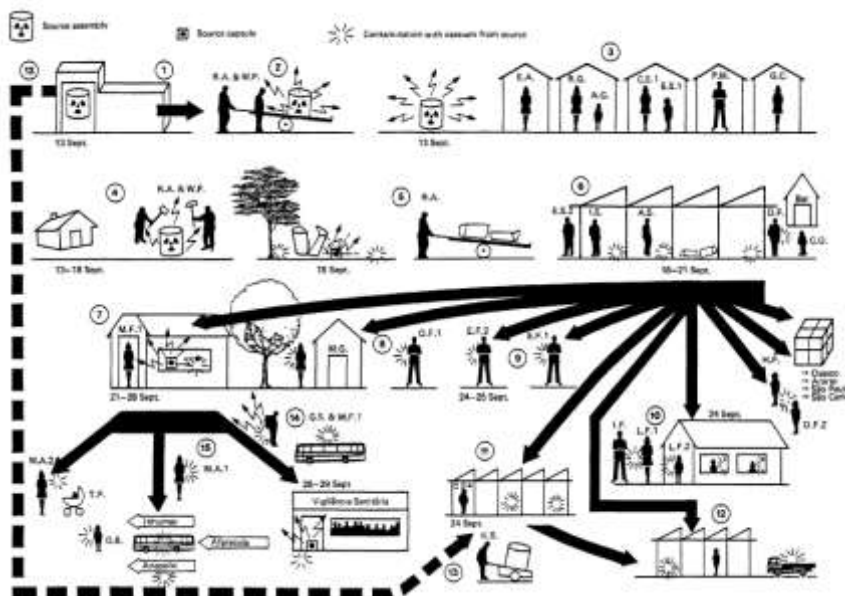
Teletherapy units



“Cobalt-bomb” or “Cesium-bomb”
 50 – 100 TBq of ^{60}Co or ^{137}Cs
 5 – 10 Gy/h at 1 m

Less operation and maintenance effort with respect to LINACs, BUT long-term legacy!

Civilian radiation accidents



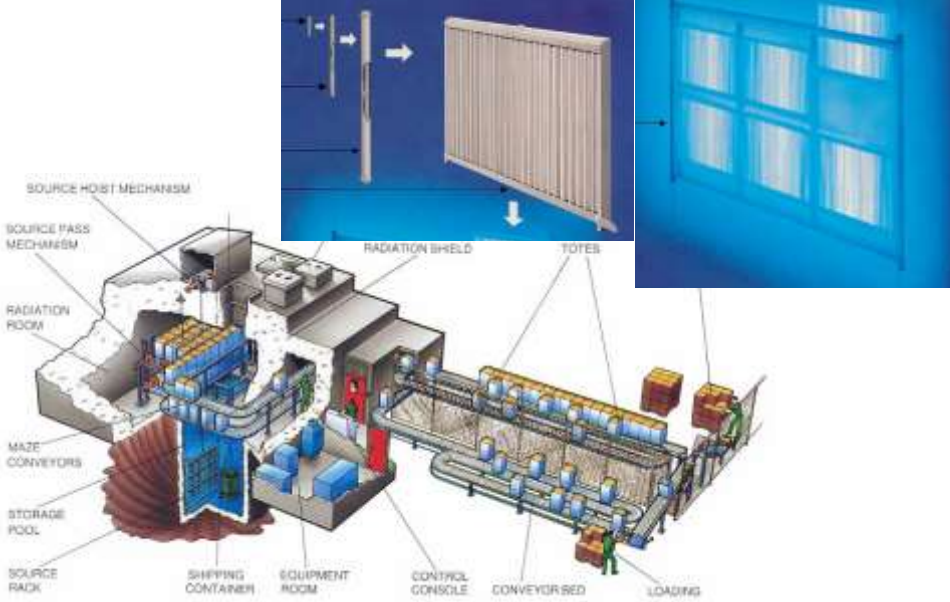
Goiania, Ciudad Juarez, Samut Prakan, etc.



10. A hole is made to remove a radiation hot spot giving a dose rate of $0.5 \text{ Sv}\cdot\text{h}^{-2}$.



Parenthesis: Radiation Sterilization of Medical Devices

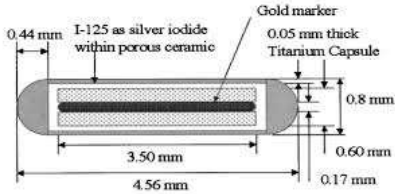


1 MCi = 37 PBq ⁶⁰Co sterilizes 650 kg/hour at 25 kGy

Brachytherapy

High Dose Rate (HDR) brachytherapy short-term insertion of ⁶⁰Co, ¹³⁷Cs, ¹⁶⁹Yb or ¹⁹²Ir sources

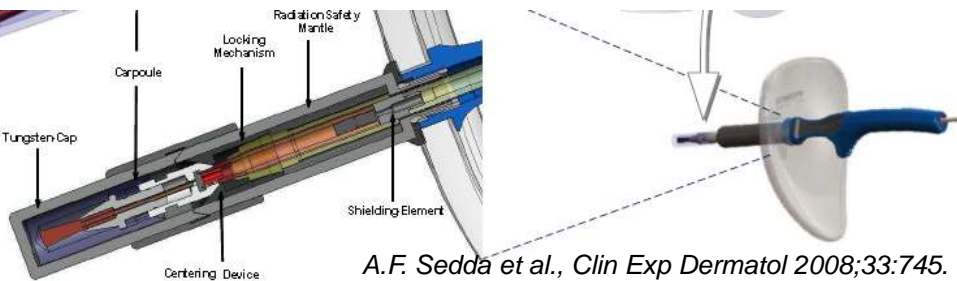
Low Dose Rate (LDR) brachytherapy long-term insertion of ³²P, ¹⁰³Pd, ¹²⁵I, ¹³¹Cs, etc. sources ("seeds")



Rhenium skin cancer therapy

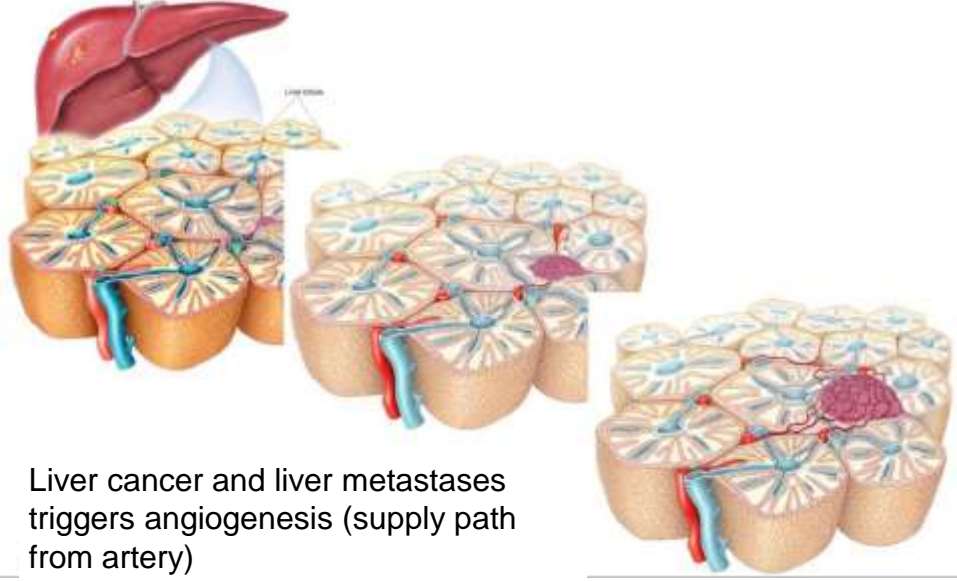
non-melanoma skin cancer:

- basal cell carcinoma and squamish cell carcinoma
- in the Alps 20-30% lifetime risk to develop skin cancer



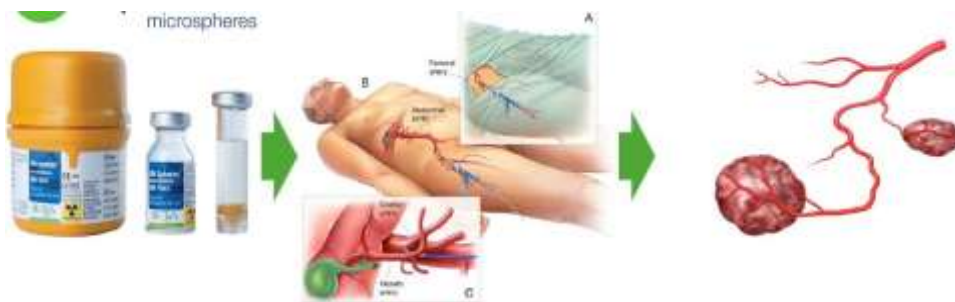
A.F. Sedda et al., Clin Exp Dermatol 2008;33:745.

Liver cancer and liver metastases



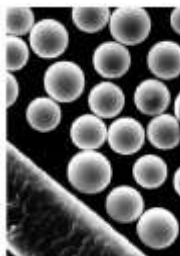
Liver cancer and liver metastases triggers angiogenesis (supply path from artery)

Selective Internal Radiation Therapy (SIRT)



Radioembolization cuts supply lines of cancer while healthy liver remains supplied by port vein

^{90}Y -polymer or ^{90}Y -glass microspheres or ^{188}Re -Lipiodol



Y-90 glass microspheres comparison to human hair (8 μm diameter)

Radiosynovectomy (radiosynoviorthesis)



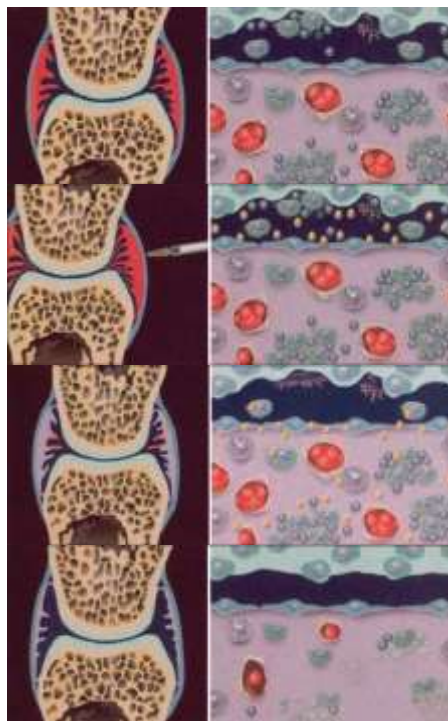
Injection of radionuclide colloids

Knee: ^{90}Y (185 MBq)

Ankle/elbow/shoulder/wrist/hip:

^{186}Re (74-111 MBq)

Finger: ^{169}Er (15-37 MBq)



L. Knut. World J Nucl Med 2015;14:10.

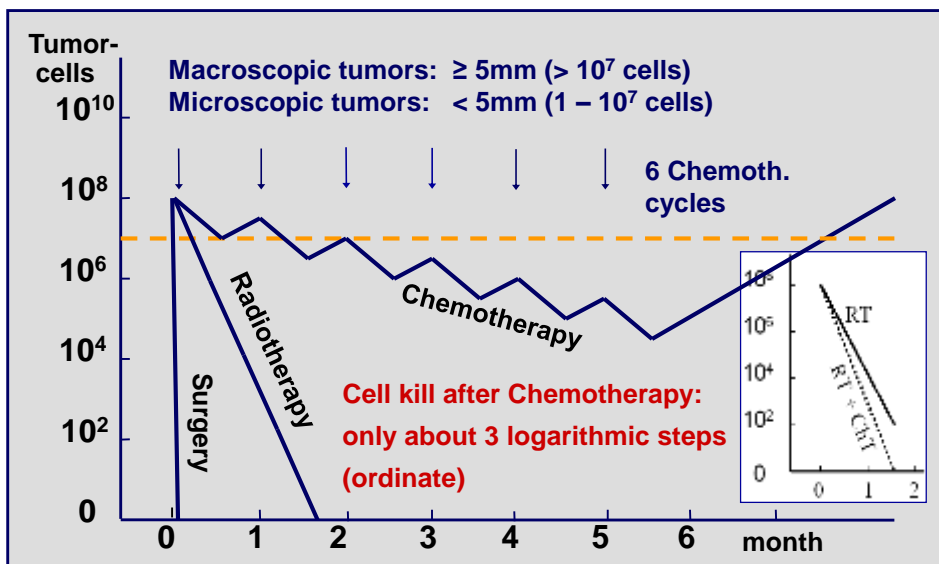
Cancer and efficiency of treatments

At time of diagnosis	Primary tumor	With metastases	Total
Diagnosed	58%	42%	100%
Cured by:			
Surgery	22%		
Radiation therapy	12%		
Surgery+radiation therapy	6%		
All other treatments and combinations incl. chemotherapy		5%	
Fraction cured	69%	12%	45%

Over **one million deaths per year** from cancer in EU.

- ⇒ improve early diagnosis
- ⇒ improve systemic treatments

Comparison of Therapies

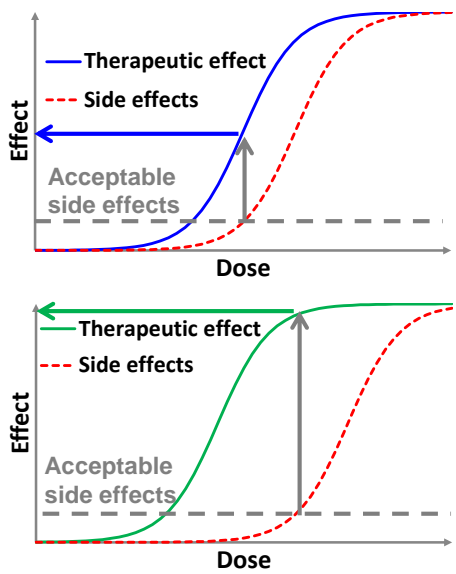


(Molls, TU München; according to Tannock: Lancet 1998, Nature 2006)

Targeted therapies



Paracelsus (1493-1541)
“All things are poison, and nothing is without poison; only the dose permits something not to be poisonous.”



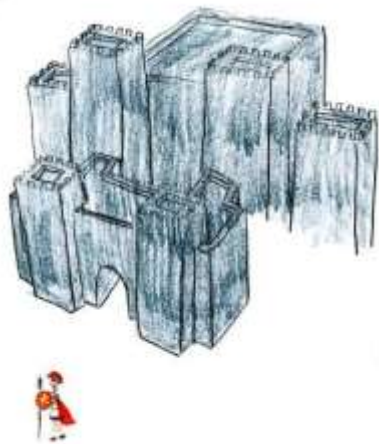
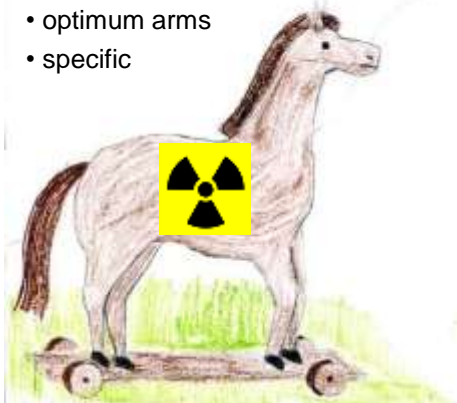
Selectivite targeting is essential to widen the therapeutic window!

Learning from history

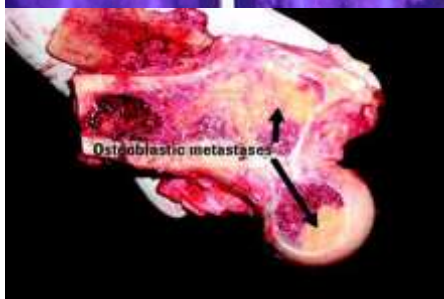
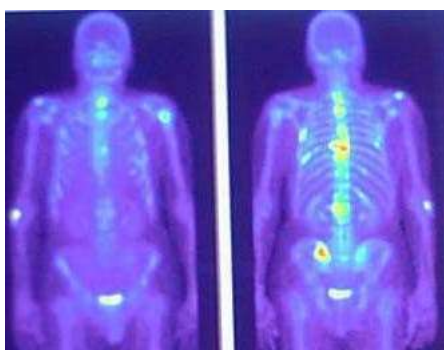


The principle of targeted therapies

- “attractive” vector > high uptake by the target
- transportable
- good in-vivo stability
- warriors “not visible”
- delayed uptake > suitable half-life
- limited space > high specific activity
- optimum arms
- specific



Metabolic targeting



Thyroid cancer

$^{123}\text{I}^-$ for imaging
 $^{131}\text{I}^-$ for therapy

Bone metastases

1.5 million patients world-wide

$^{99\text{m}}\text{Tc}$ -MDP for SPECT imaging

^{18}F for PET imaging

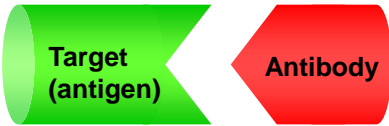
Therapy

^{153}Sm -EDTMP (Quadramet)

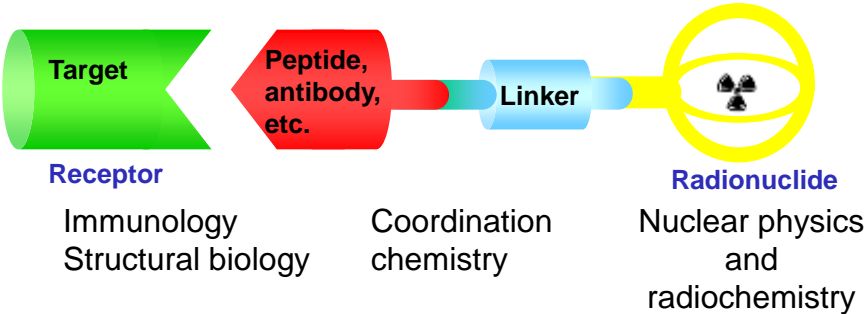
$^{89}\text{Sr}^{2+}$ (Metastron)

$^{223}\text{Ra}^{2+}$ (Xofigo/Alpharadin)

Immunology approach

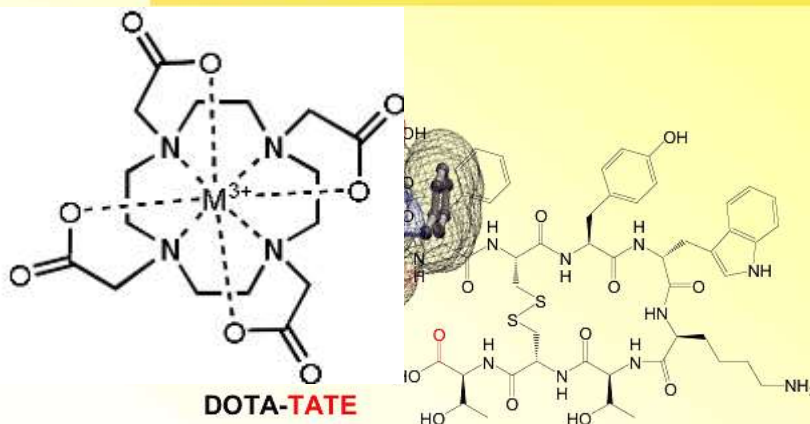


Multidisciplinary collaboration to fight cancer



Nuclear medicine and medical physics

Structural Formula of DOTA-TOC/TATE



DOTA-TATE

1,4,7,10-tetraazacyclododecantetraacetate

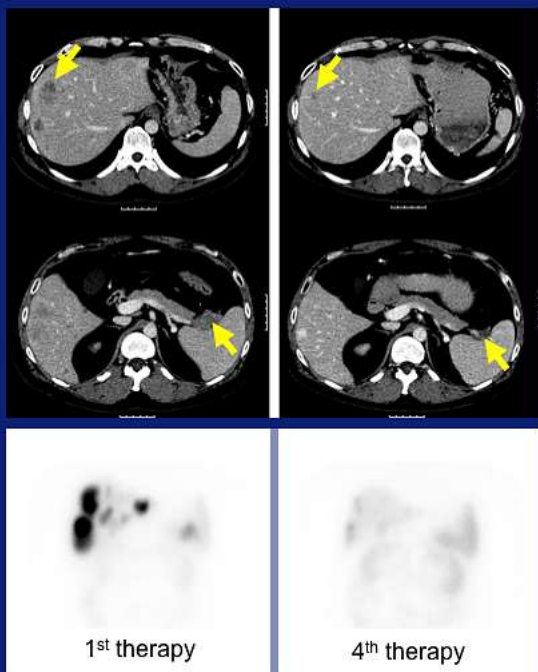
¹¹¹In ⁹⁰Y

⁶⁷Ga ¹⁷⁷Lu

⁶⁸Ga ²¹³Bi

IC₅₀ (Y^{III}) = 1.6 ± 0.4 nM

Helmut Maecke, EANM-2007.



Male

36 years of age

Small cell pancreatic neuroendocrine tumour

Liver metastases

Ki-67 index 10-15% (liver biopsy)

4 cycles with ¹⁷⁷Lu-octreotate and capecitabine

Partial remission

Roelf Valkema, EANM-2008.

What success does PRRT offer?

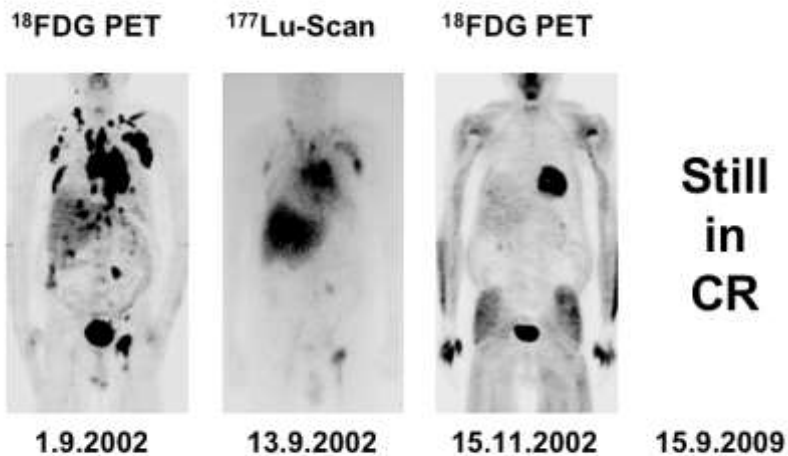
- ✓ CR+ PR + MR in about 50% of patients: **YES**
- ✓ Reduce symptoms and improve quality of life: **YES**
- ✓ Increase survival time: **YES**
- ✓ Safety and tolerability: **YES**

Erasmus MC
Erasmus

Roelf Valkema, EANM-2008.

Lymphoma therapy: RITUXIMAB+¹⁷⁷Lu

E.B., 1941 (m): UPN 6



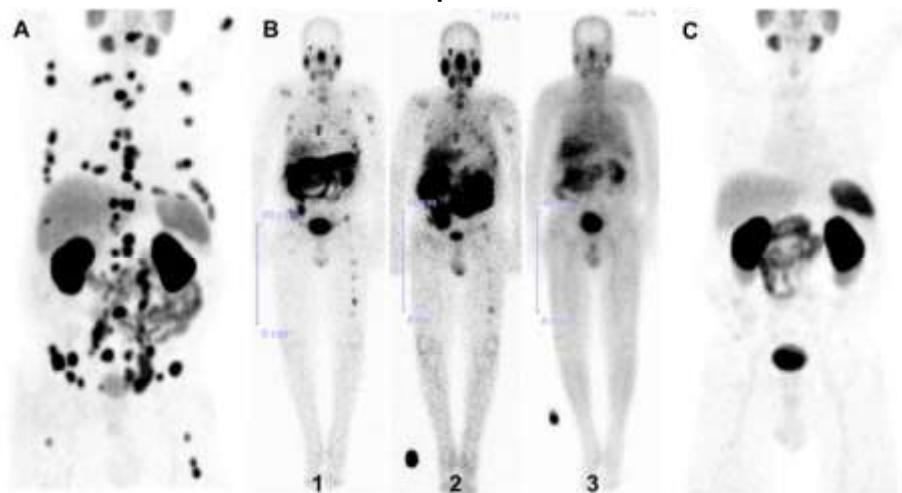
F. Forrer et al., J Nucl Med 2013;54:1045.



University Hospital Basel, CH



¹⁷⁷Lu-radioligand therapy of advanced prostate cancer



R.P. Baum et al., J Nucl Med 2016;57:1006.

C. Kratochwil et al., J Nucl Med 2016;57:1170.

K. Rahbar et al., J Nucl Med 2017;58:85.

Radionuclides for targeted radionuclide therapy

Radio-nuclide	Half-life (d)	E mean (keV)	E _γ (B.R.) (keV)	Range	
Y-90	2.7	934 β	-	12 mm	Established isotopes
I-131	8.0	182 β	364 (82%)	3 mm	
Lu-177	6.7	134 β	208 (10%) 113 (6%)	2 mm	Emerging isotope

^{131}I : radioprotection issues

364 keV gamma ray
emitted with 82% B.R.

3.7 GBq patient dose
⇒ 0.2 mSv/h at 1 m

“hot zone”
(IAEA/NRCP)

requires dedicated
shielded treatment
rooms



^{90}Y : collateral damage from long range betas ?

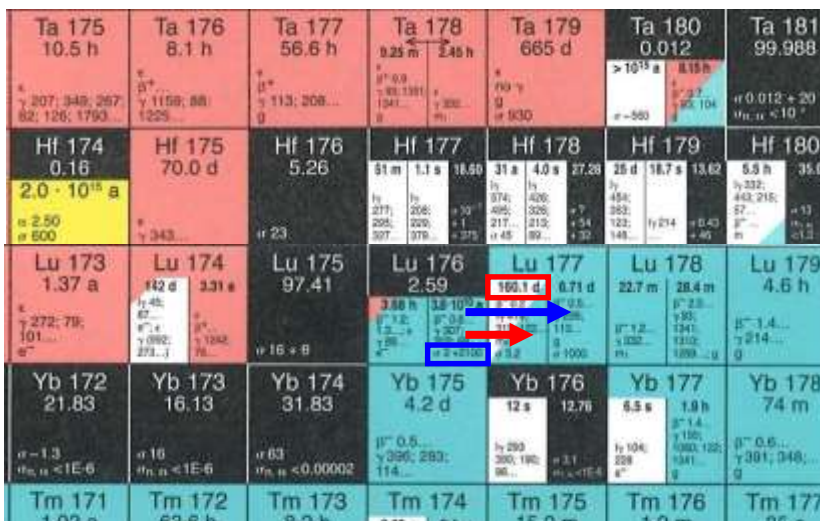
$Q_{\beta^-} = 2.28 \text{ MeV}$
up to 12 mm range



Radionuclides for targeted radionuclide therapy

Radio-nuclide	Half-life (d)	E mean (keV)	E _γ (B.R.) (keV)	Range	
Y-90	2.7	934 β	-	12 mm	Established isotopes
I-131	8.0	182 β	364 (82%)	3 mm	
Lu-177	6.7	134 β	208 (10%) 113 (6%)	2 mm	Emerging isotope

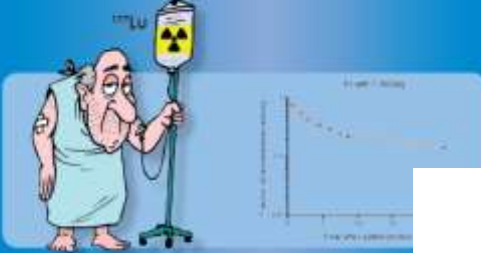
Production of ¹⁷⁷Lu



Waste problem for hospitals!

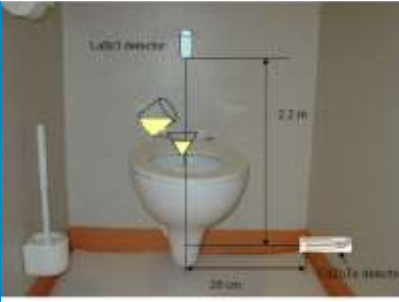
R. Henkelmann et al., Eur. J. Nucl. Med. Mol. Imag. 36 (2009) S260.

Whole Body Activity Retentions in the Peptide Receptor Radionuclide Therapy with ^{177}Lu




Boxue Liu
刘伯学

RADIATION SCIENCE AND TECHNOLOGY, TU DELFT



a. Toilet pot and experimental setup



b. Top view of the toilet pot

“Clean” production route to ^{177}Lu

Ta 175 10.5 h <small>α 207; 348; 267; 82; 126; 1793...</small>	Ta 176 8.1 h <small>β^+ 1159; 88; 1225</small>	Ta 177 56.6 h <small>β^+ 113; 208...</small>	Ta 178 0.25 m → 3.45 h <small>β^+ 0.9; -85; 1391; 1941...</small>	Ta 179 665 d <small>β^+ 790; -930</small>	Ta 180 0.012 <small>> 10¹⁵ a -2.7; 95; 104</small>	Ta 181 99.988 <small>α 0.012 + 20 β^+ α < 10⁻⁶</small>
Hf 174 0.16 <small>2.0 · 10¹⁵ a α 2.50 α 600</small>	Hf 175 70.0 d <small>β^+ 343...</small>	Hf 176 5.26 <small>α 23</small>	Hf 177 18.50 <small>β^+ 51 m; 1.1 s; 18.50 Hf 374; 406; 277; 205; +30; 205; 320; +1; 307; 379; -375</small>	Hf 178 27.28 <small>β^+ 31 a; 4.0 s Hf 374; 406; 277; 205; +30; 205; 320; +1; 307; 379; -375</small>	Hf 179 13.62 <small>β^+ 25 d; 18.7 s Hf 454; 382; +34 122; Hf 214 -5.43 +46 m</small>	Hf 180 35.06 <small>β^+ 5.5 h; 332; 443; 215; 57... β^+ +13 β^+ < 1.2</small>
Lu 173 1.37 a <small>α 272; 79; 101...</small>	Lu 174 142 d; 3.31 a <small>β^+ 44; 62... β^+ 0.982; 373.7</small>	Lu 175 97.41 <small>α 16 + 8</small>	Lu 176 2.59 <small>3.58 h; 1.2 · 10¹⁵ a β^+ 1.2; β^+ 0.5... Hf 280; 282; 283; 114...</small>	Lu 177 169.1 d; 0.71 d <small>β^+ 0.5; Hf 418; 229; 112; -1000</small>	Lu 178 28.4 m <small>β^+ 2.5; 93; 1341; 1310; 1393...g</small>	Lu 179 4.6 h <small>β^+ 1.4... β^+ 214...</small>
Yb 172 21.83 <small>α 1.3 β^+ α < 1E-6</small>	Yb 173 16.13 <small>α 16 β^+ α < 1E-6</small>	Yb 174 31.83 <small>α 63 β^+ α < 0.00002</small>	Yb 175 4.2 d <small>β^+ 0.5... Hf 280; 282; 283; 114...</small>	Yb 176 12 s; 12.76 <small>β^+ 1.1 Hf 280; 282; 283; 114...</small>	Yb 177 6.5 s; 1.9 h <small>β^+ 1.4... Hf 280; 282; 283; 114...</small>	Yb 178 74 m <small>β^+ 0.5... β^+ 391; 348...</small>

- Free of long-lived isomer
- Non-carrier-added quality
- Requires high-flux reactor and advanced radiochemistry



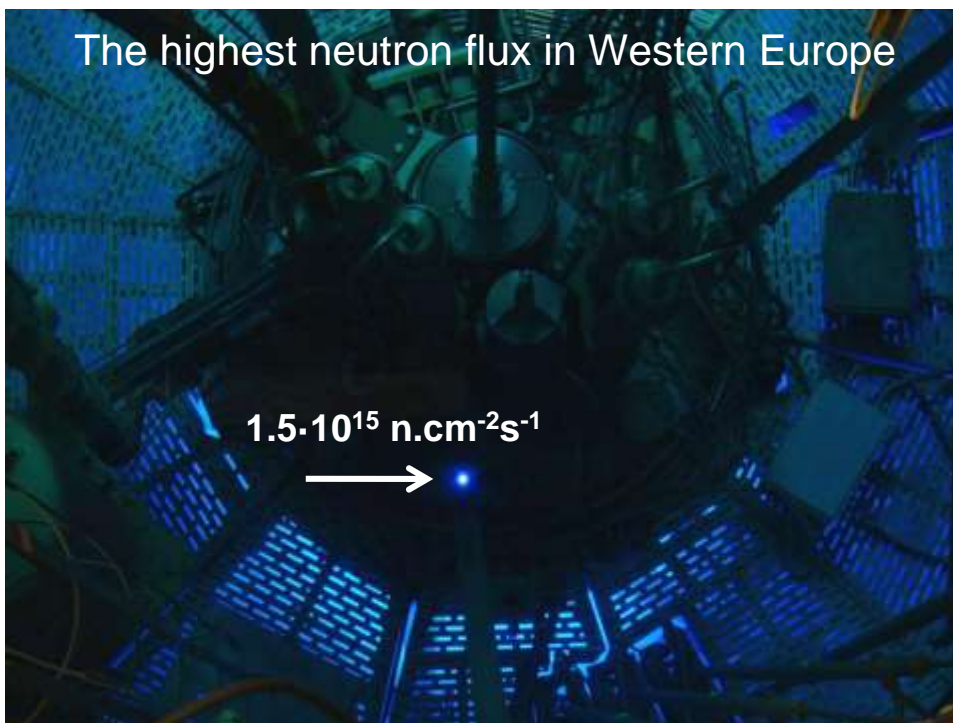
The history of lutetium separation

1878 Separation of Yb
by Jean-Charles Galissard de Marignac

1907 Separation of Lu from Yb
Georges Urbain
Carl Auer von Welsbach
Charles James

1995- Large-scale separation of Lu
for production of LSO and LYSO crystals
by Mark Andreaco (CTI) and
George Schweitzer (Univ. Tennessee)

2007 Rapid large-scale separation
of n.c.a. ^{177}Lu from irradiated Yb
by ITG Garching



The rising star
for therapy

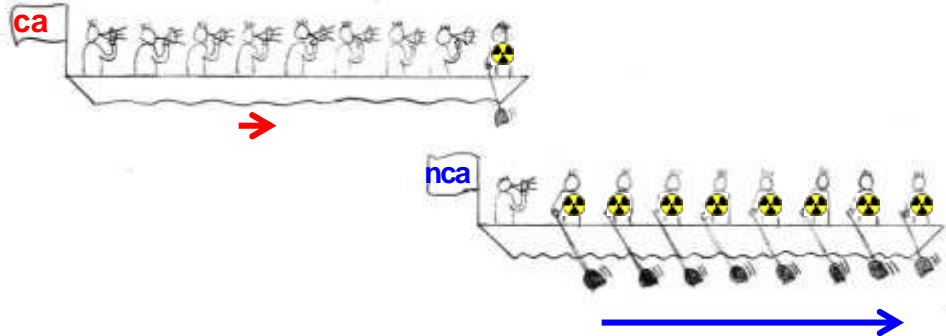


Specific activity

**Physical quantity describing
the activity per mass
(GBq/mg, Ci/mg),**

**For mixtures it quantifies the
ratio of radioactive atoms to
all atoms (including stable
ones).**

Carrier added vs. non-carrier added



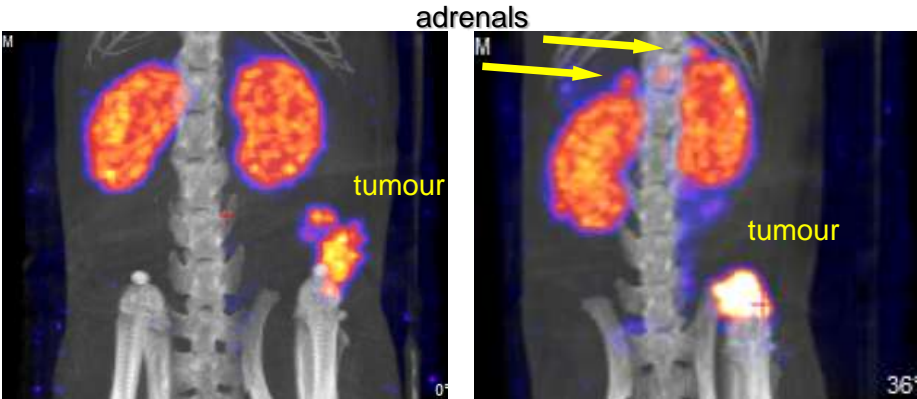
Saturation of selective receptors per cell



SPECT/CT day 1 p.t. Lu-octreotate

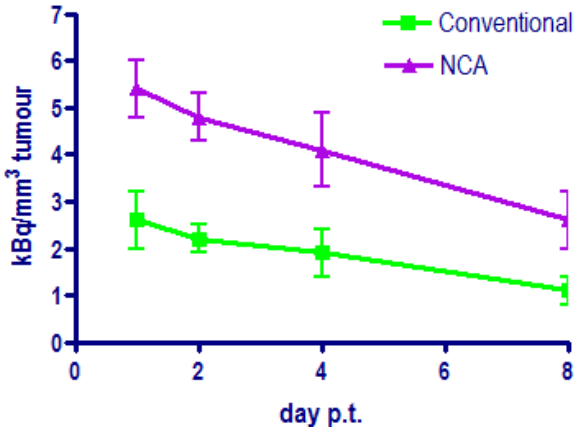
Conv. ¹⁷⁷Lu-octreotate, 11 µg

NCA ¹⁷⁷Lu-octreotate, 2 µg



M. de Jong

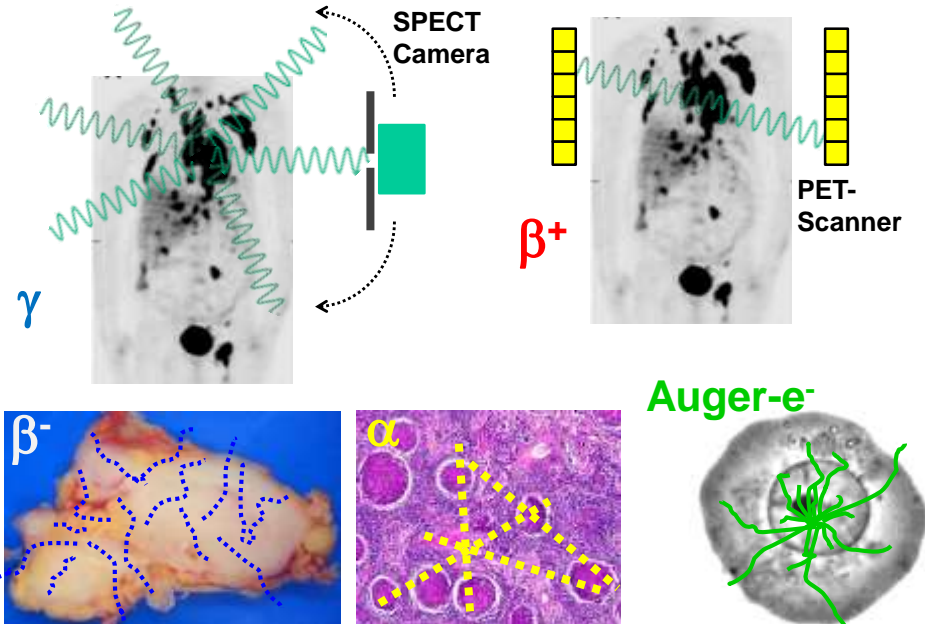
Tumour uptake, based on SPECT quantification



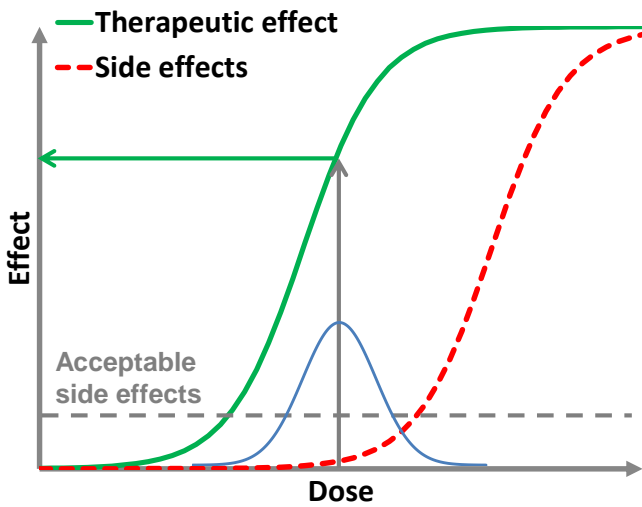
**NCA ¹⁷⁷Lu-octreotate: ~2x higher tumour uptake
→ 70 vs. 35 Gy tumour dose**

M. de Jong

The Nuclear Medicine Alphabet

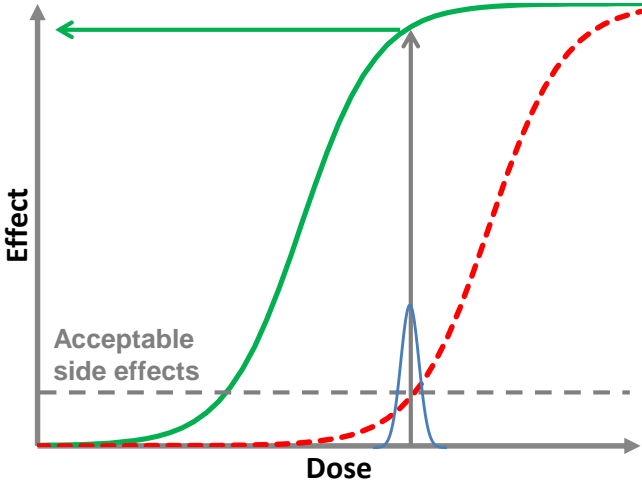


Theranostics



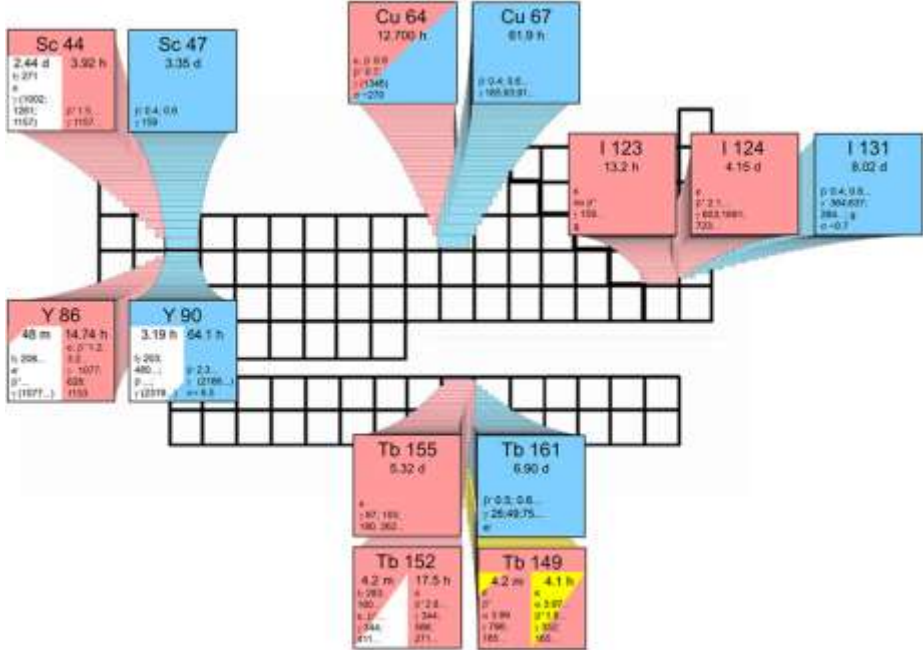
Accurate dosimetry is essential for optimum use of the therapeutic window.

Theranostics



Accurate dosimetry is essential for optimum use of the therapeutic window.

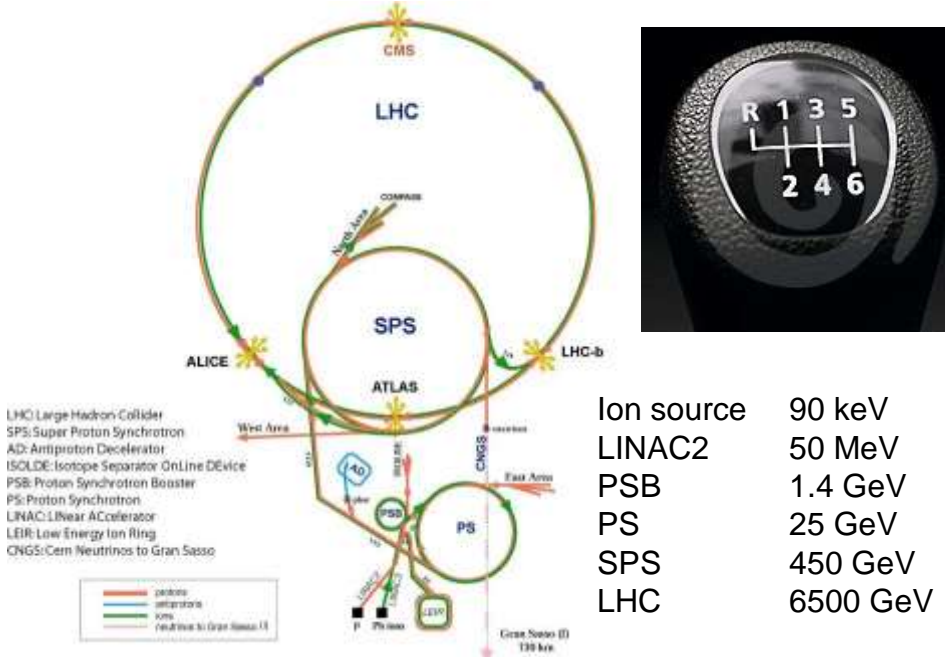
Matched pairs for theranostics



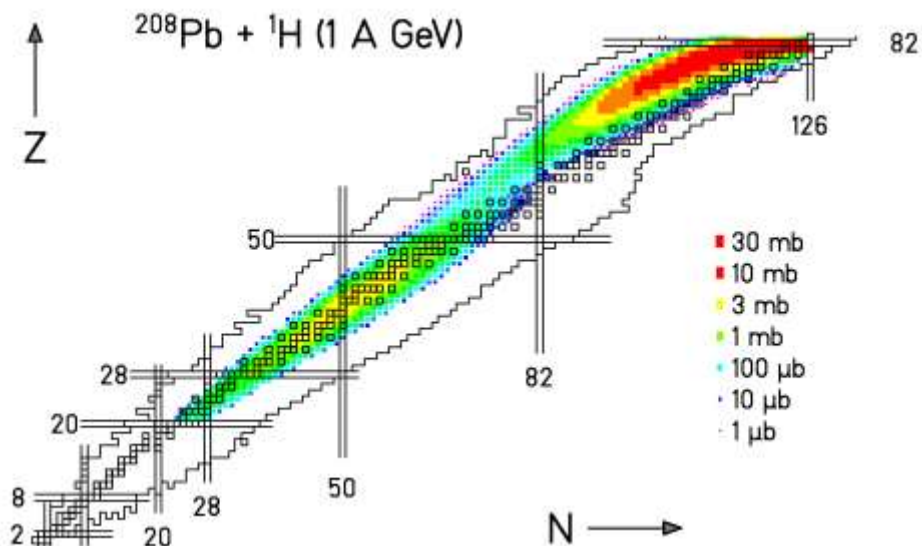
Terbium: a unique element for nuclear medicine



The accelerator complex of CERN



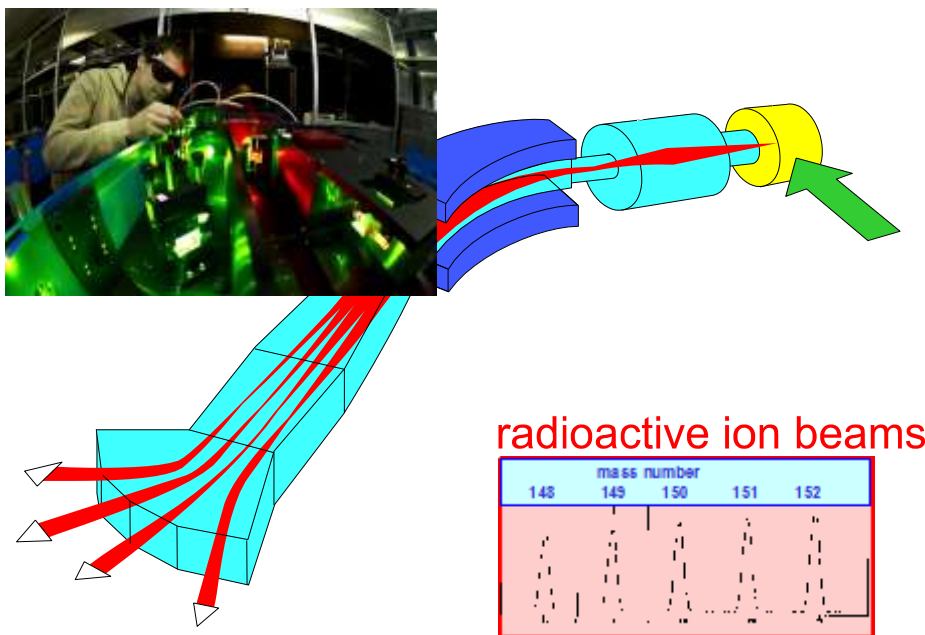
Spallation + Fragmentation + Fission



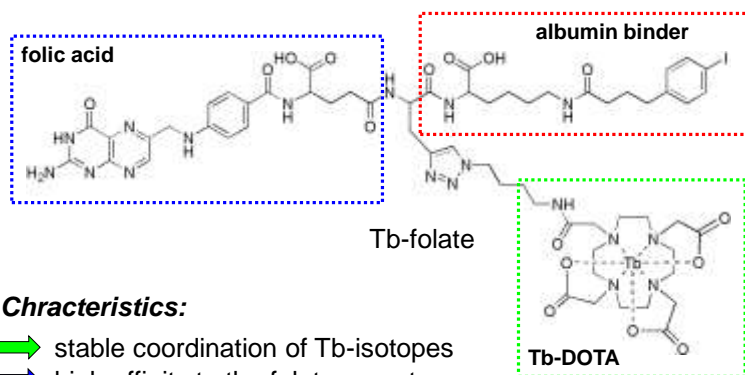
W. Wlazio et al., Phys. Rev. Lett. 84 (2000) 5736.

T. Enqvist et al., Nucl. Phys. A 686 (2001) 481.

Production of ^{149}Tb , ^{152}Tb and ^{155}Tb at ISOLDE



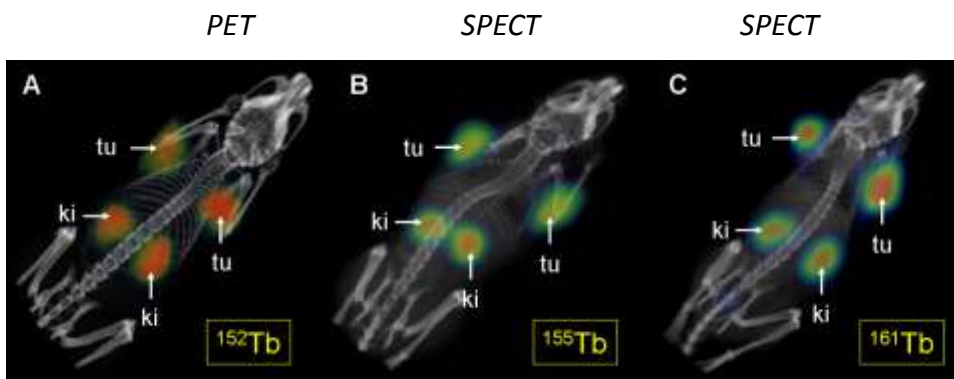
Tumor Targeting Agent for Tb-Coordination Chemical Structure with 3 Functionalities



Characteristics:

- ➔ stable coordination of Tb-isotopes
- ➔ high affinity to the folate receptor
- ➔ prolonged blood circulation time

Theranostics with terbium isotopes



ISOLDE

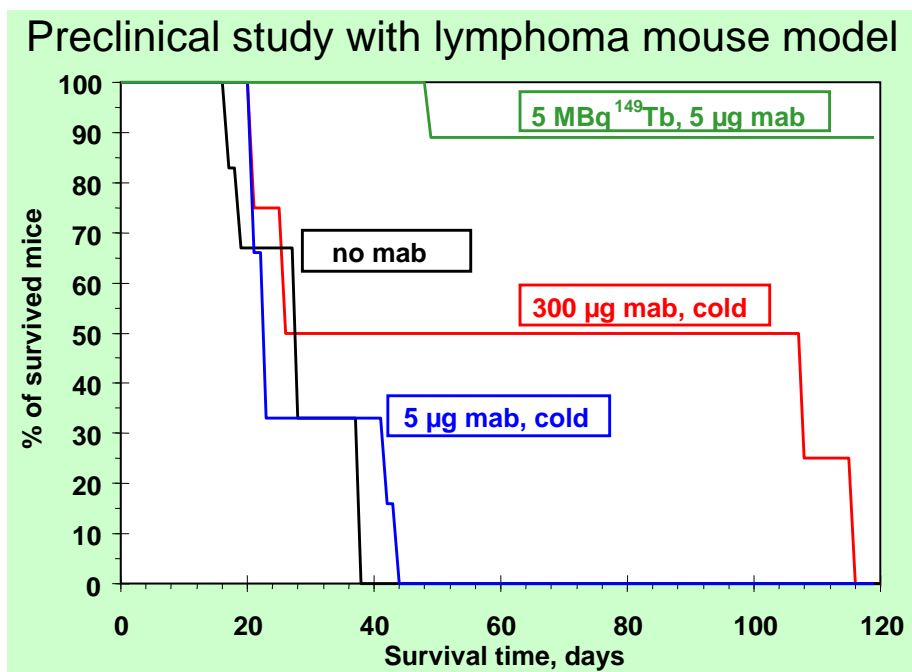


ISOLDE

PAUL SCHERRER INSTITUT
PSI

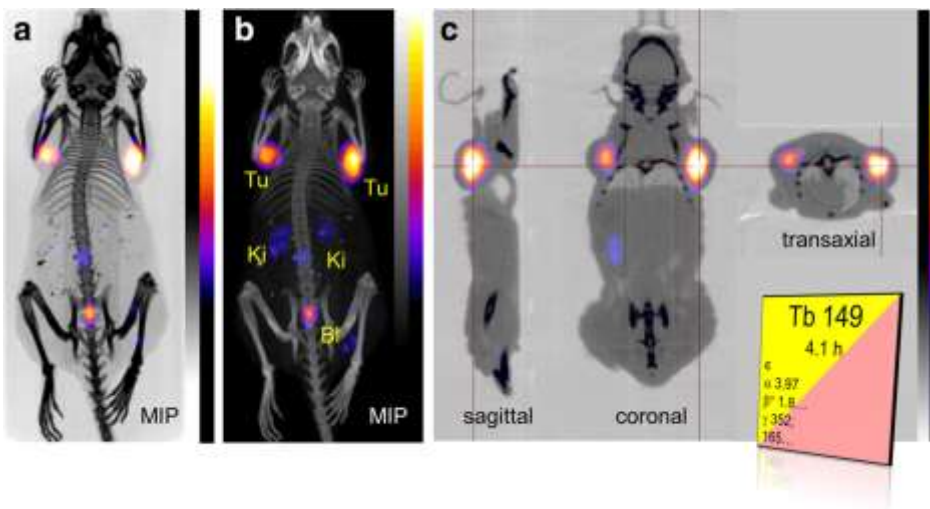
NEUTRONS
FOR SCIENCE

ISS28 Collaboration: C. Müller et al., *J. Nucl. Med.* 2012;53:1951.



G.J. Beyer et al., *Eur J Nucl Med Molec Imaging* 2004;31;547.

Alpha-PET with ¹⁴⁹Tb



C. Müller et al. *EJNMMI Radiopharm Chem* 2016;1:5.

Radionuclides for RIT and PRRT

Radio-nuclide	Half-life	E mean (keV)	E _γ (B.R.) (keV)	Range
Y-90	64 h	934 β	-	12 mm
I-131	8 days	182 β	364 (82%)	3 mm
Lu-177	7 days	134 β	208 (10%) 113 (6%)	2 mm
Tb-161	7 days	154 β 5, 17, 40 e ⁻	75 (10%)	2 mm 1-30 μm
Tb-149	4.1 h	3967 α	165,..	25 μm
Ge-71	11 days	8 e ⁻	-	1.7 μm
Er-165	10.3 h	5.3 e ⁻	-	0.6 μm

cross-fire

localized

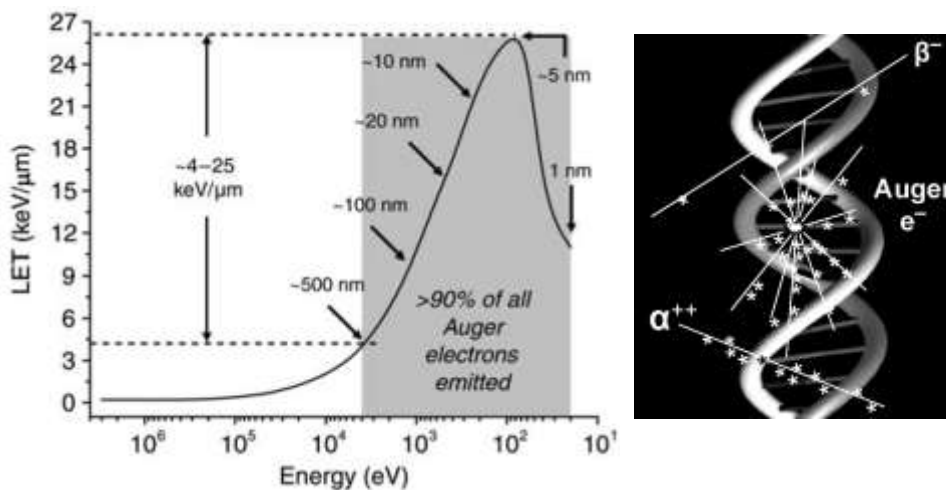
Established isotopes

Emerging isotopes

R&D isotopes: supply-limited!

Modern, better targeted bioconjugates require shorter-range radiation ⇒ need for **adequate (R&D) radioisotope supply**.

Radiobiological effectiveness of Auger electrons



A.I. Kassis, Rad. Prot. Dosimetry 2011;143:241.

Targeted radionuclide therapies in the clinic

Thyroid: $^{131}\text{I}^-$

Brain: $^{90}\text{Y-mab}$, $^{131}\text{I-mab}$ (I/II), $^{211}\text{At-mab}$ (I), $^{213}\text{Bi-pept.}$ (I)

Lymphoma:
Zevalin® ($^{90}\text{Y-mab}$)
Bexxar® ($^{131}\text{I-mab}$)
 $^{131}\text{I}/^{177}\text{Lu-mabs}$ (I/II)

Bone metastases:
Metastron® ($^{90}\text{SrCl}_2$)
Quadramet® ($^{153}\text{Sm-EDTMP}$)
Xofigo® ($^{223}\text{RaCl}_2$)

Neuroblastoma:
 $^{131}\text{I-MIBG}$

Neuroendocrine (GEP-NET):
 $^{177}\text{Lu-peptides}$ (III)

Liver (HCC):
Theraspheres® & SIRspheres® (^{90}Y)
 $^{188}\text{Re-Lipiodol}$ (II)
 $^{166}\text{Ho-microspheres}$

Colon & rectum:
 $^{131}\text{I-mab}$ (II)

Prostate:
 $^{177}\text{Lu-mab}$ (II)
 $^{177}\text{Lu-PSMA}$ (I)

Kidneys (RCC):
 $^{90}\text{Y}/^{177}\text{Lu-mab}$ (II)

Melanoma:
 $^{213}\text{Bi-mab}$ (I)

Leukemia, myeloma:
 $^{131}\text{I-mab}$ (III),
 $^{213}\text{Bi}/^{225}\text{Ac-mab}$ (II)

Medullary Thyroid:
 $^{131}\text{I-mab}$ (II)
 $^{90}\text{Y}/^{177}\text{Lu-pept.}$

Breast:
 $^{90}\text{Y-mab}$, $^{131}\text{I}^-$ (II),
 $^{212}\text{Pb-mab}$ (I)

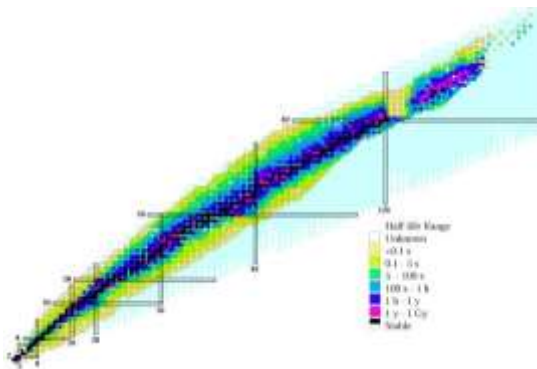
Lung (SCLC):
 $^{177}\text{Lu-mab}$ (II)

Pancreas:
 $^{90}\text{Y-mab}$ (III)

Ovary:
 $^{212}\text{Pb-mab}$ (I)
 $^{90}\text{Y}/^{177}\text{Lu-mab}$



Paracelsus (1493-1541)
 “Many have said of Alchemy, that it is for the making of gold and silver. For me such is not the aim, but to consider only what virtue and power may lie in medicines.”
 (Edwardes)



500 years later:
 “Many have said of nuclear physics, that it is for the making of gold and silver (and other elements’) isotopes. For us such is not the only aim, but also to consider what virtue and power may lie in it for medicine.”

Bibliography

- Nuclear Physics for Medicine, NuPECC 2014

<http://www.nupecc.org/npmed/npmed2014.pdf>

Many reports and guidelines from IAEA Vienna (free download):

- Nuclear Medicine Physics. A Handbook for Teachers and Students, IAEA Vienna 2014, STI/PUB/1617.
- Cyclotron Produced Radionuclides: Principles and Practice, IAEA Vienna 2008, Technical Report 465.
- Cyclotron Produced Radionuclides: Physical Characteristics and Production Methods, IAEA Vienna 2009, Technical Report 468.
- Lectures on Theranostics by Richard Baum:
<https://www.youtube.com/watch?v=Z0TIXH2dVi8>
<https://www.youtube.com/watch?v=S74LNxXOaSw>
- (Free) medical review papers from <http://pubmed.gov>
- Information on on-going clinical trials: <http://clinicaltrials.gov>