

# The Hearty Shapes of Quark Stars

Jürgen Schaffner-Bielich

Institut für Theoretische Physik



TH Institute 'From quarks to gravitational waves:  
Neutron stars as a laboratory for fundamental physics'  
CERN, Geneva, December 5-9, 2016

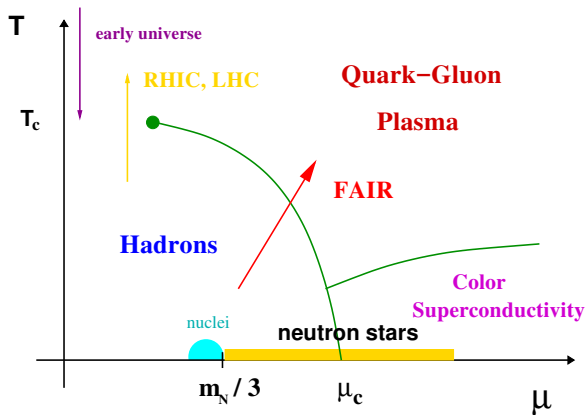


- 1 QCD Equation of State
- 2 Chiral Quark-Meson Model for Quark Matter
- 3 Twin Stars and Selfbound Stars
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- 5 Classifying Possible Twin Star Configurations

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# Phase Diagram of Quantum Chromodynamics QCD



- early universe at zero density and high temperature
- neutron star matter at small temperature and high density
- rapid crossover at zero density (lattice simulations)

# Task Force Meeting on Quark Matter in Compact Stars

Helmholtz Alliance  
Extremes of Density and Temperature: Cosmic Matter in the Laboratory

## ExtreMe Matter Institute EMMI

EMMI Rapid Reaction Task Force

### Quark Matter in Compact Stars


October 7-10, 2013, FIAS Frankfurt, Germany

**Key Topics**

- Exotic Matter and Neutron Stars
- Signals for Quark Matter in Compact Stars
- Recent Pulsar Mass Constraints
- Hybrid Stars
- Effective Models of QCD at High Baryon Density

**Organizers**

Michael Buballa, TU Darmstadt  
Eduardo Fraga, Federal U. Rio de Janeiro & Frankfurt U.  
Igor Mishustin, FIAS  
Dirk Rischke, Frankfurt U.  
Jürgen Schaffner-Bielich, Frankfurt U.  
Stefan Schramm, FIAS  
Armen Sedrakian, Frankfurt U.



**Information**  
<http://www.gsi.de/emmi/vrtf.html>

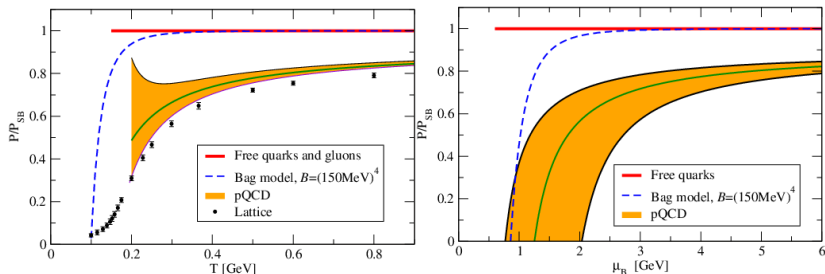
**More about EMMI**  
[www.gsi.de/emmi](http://www.gsi.de/emmi)



EMMI Rapid Reaction Task Force Meeting on 'Quark Matter in Compact Stars', FIAS, October 6-10, 2013

(Buballa, Dexheimer, Drago, Fraga, Haensel, Mishustin, Pagliara, JSB, Schramm, Sedrakian, Weber, arXiv:1402.6911, JPG 41 (2014) 12)

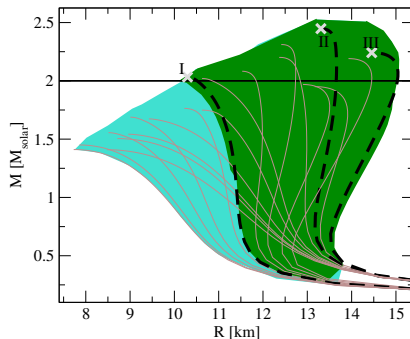
# High-Density Side: perturbative QCD



(Fraga, Kurkela, Vuorinen, 2013)

- asymptotic freedom of strong interactions (QCD): weakly interacting at large scales (temperature and/or chemical potential)
- perturbative calculations up to  $\mathcal{O}(\alpha_s^2)$ : follows lattice simulation at nonzero temperature
- band of uncertainty for the pQCD equation of state at nonzero  $\mu$  (from choice of renormalization scale)

# Interpolated Mass-Radius Relation



(Kurkela, Fraga, JSB, Vuorinen (2014))

- corresponding band of the interpolated EoS in mass-radius plot
- cyan band: excluded by  $2M_{\odot}$  mass constraint
- green band: masses of up to  $2.5M_{\odot}$  possible
- typical radii: 11-14.5km for  $1.4M_{\odot}$  and 10-15 km for  $2M_{\odot}$

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# Chiral Effective Lagrangian

Investigation of the chiral phase transition of QCD within a chiral effective Lagrangian (Pisarski and Wilczek 1984):

$$\mathcal{L}_{\text{SU}(3)} = \frac{1}{2} \text{Tr} \left[ \partial_\mu M \partial^\mu M^\dagger \right] + \frac{1}{2} \mu^2 \text{Tr} \left[ M M^\dagger \right] - \lambda \text{Tr} \left[ M M^\dagger M M^\dagger \right] - \lambda' \left( \text{Tr} \left[ M M^\dagger \right] \right)^2 + c \left[ \det M + \det M^\dagger \right]$$

equivalent to the linear  $\sigma$  model (for SU(3): Levy, 1967)

- $\text{Tr} M^\dagger M \longrightarrow O(18)$  (norm of a vector)
- $\text{Tr} M^\dagger M M^\dagger M \longrightarrow U(3) \times U(3)$  ( $M \rightarrow U M U^{-1}$ )
- $\det M + \det M^\dagger \longrightarrow SU(3) \times SU(3)$   
( $\det \exp i\lambda_0 = \exp \text{Tr} \lambda \neq 1$ ) breaks  $U_A(1)$  symmetry

# Breaking of Chiral Symmetry and Masses

- spontaneous breaking of chiral symmetry by two order parameters

$$\langle \bar{u}u + \bar{d}d \rangle \rightarrow \sigma_u + \sigma_d \quad \text{and} \quad \langle \bar{s}s \rangle \rightarrow \sigma_s$$

- explicit breaking of chiral symmetry:

$$\mathcal{L}_{\text{esb}} = \epsilon \cdot (\sigma_u + \sigma_d) + \epsilon' \cdot \sigma_s$$

- vacuum values fixed by PCAC relations:

$$\sigma_u^0 = \sigma_d^0 = f_\pi = 92.4 \text{ MeV}$$

$$\sigma_s^0 = \sqrt{2}f_K - f_\pi/\sqrt{2} = 94.5 \text{ MeV}$$

- coupling constants  $\mu^2$ ,  $\lambda$ ,  $\lambda'$ ,  $c$  fitted to meson masses:

$$m_\pi, m_K, m_\eta^2 + m_{\eta'}^2, m_\sigma.$$

## Quark contribution

Add quarks to the thermodynamic potential including the coupling to the Polyakov-loop and meson fields:

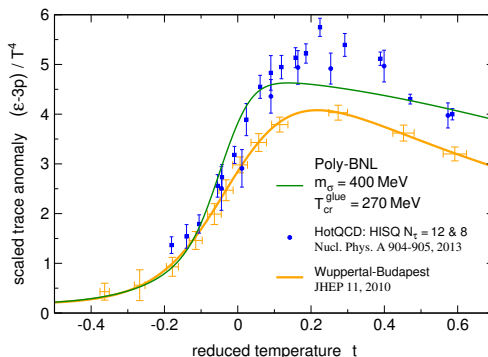
$$\Omega_q^{th} = -2T \sum_{f=u,d,s} \int \frac{d^3p}{(2\pi)^3} \times \\ \left\{ \ln \left[ 1 + 3 \left( \Phi + \bar{\Phi} e^{-(E_f - \mu_f)/T} \right) \times e^{-(E_f - \mu_f)/T} + e^{-3(E_f - \mu_f)/T} \right] \right. \\ \left. + \ln \left[ 1 + 3 \left( \bar{\Phi} + \Phi e^{-(E_f + \mu_f)/T} \right) \times e^{-(E_f + \mu_f)/T} + e^{-3(E_f + \mu_f)/T} \right] \right\}$$

Quark dispersion relation:  $E_f = \sqrt{k^2 + m_f^2}$  with

$$m_u = \frac{g}{2} \sigma_u \quad m_d = \frac{g}{2} \sigma_d \quad m_s = \frac{g}{\sqrt{2}} \sigma_s$$

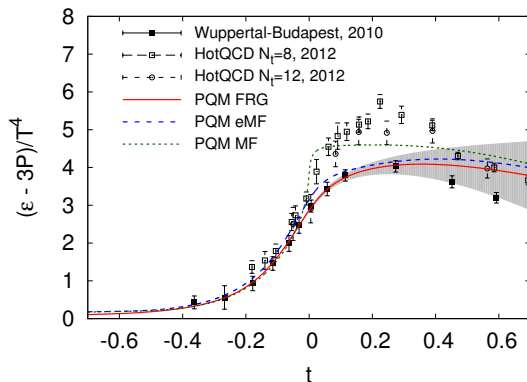
Fix Yukawa coupling  $g$  by setting  $m_q = 300$  MeV

# Comparison to lattice simulation



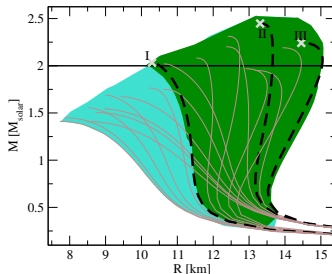
- check lattice simulation at zero chemical potentials
- reduced temperature  $t = (T - T_c) / T_c$
- use FRG-improved description of Polyakov loop potential (Haas, Stiele, Braun, Pawłowski, JSB 2013)
- reasonable description of scaled trace anomaly

# Comparison to lattice simulation II



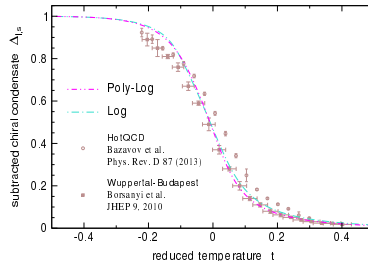
- comparison to functional renormalisation group (FRG) (Herbst, Mitter, Pawłowski, Schaefer, Stiele 2013)
- mean-field results are close to FRG results
- some difference without (MF) and with zero-point energy (eMF)

# Central Number and Energy Densities



EoS	$n/n_0$	$\epsilon$ [GeV/fm <sup>-3</sup> ]
I	7.5	1.54
II	4.5	0.87
III	3.9	0.72

(Stiele and JSB 2016)



energy density in the crossover region from lattice simulation ( $T = 145 - 163$  MeV):

$$\epsilon_c = (0.18 - 0.5) \text{ GeV/fm}^3$$

(Bazavov et al. 2014)

# Extrapolation to High Densities

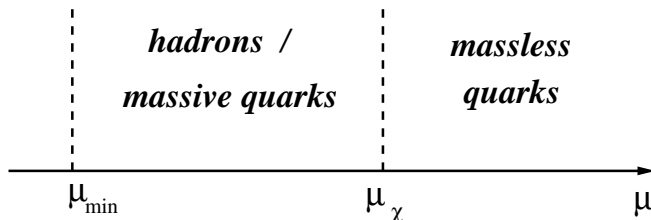
- lattice simulation: dominated by Polyakov-loop potential  
 $\implies$  vanishes for  $T = 0$
- lattice simulation: small vector interaction term from susceptibilities  
 $\implies$  need vector interactions (repulsion) to get massive compact stars
- lattice simulation: zero total energy in the vacuum  
 $\implies$  gravity couples to vacuum energy

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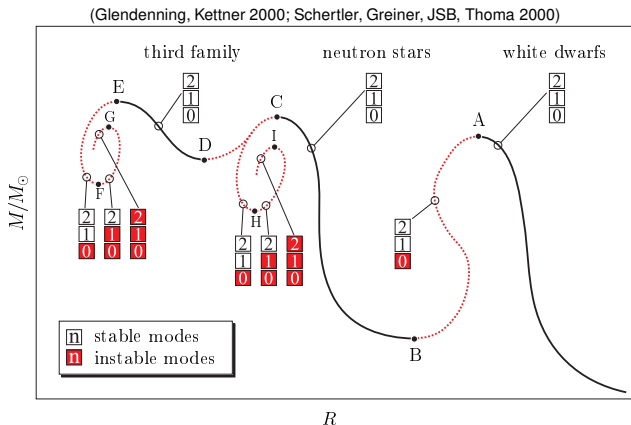
# Matching to low density EoS



Two possibilities for a first-order chiral phase transition:

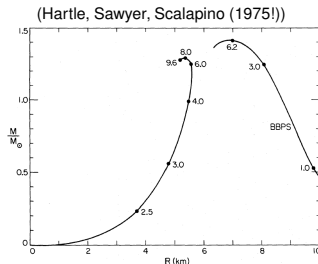
- A weakly first-order chiral transition (or no true phase transition),  
 $\Rightarrow$  one type of compact star:  
 hybrid stars masquerade as neutron stars
- A strongly first-order chiral transition  
 $\Rightarrow$  two types of compact stars:  
 a new stable solution with smaller masses and radii

# Third Family of Compact Stars (Gerlach 1968)



- third solution to the TOV equations besides white dwarfs and neutron stars, solution is stable!
- generates stars more compact than neutron stars
- possible for any first order phase transition!

# Selfbound Star versus Ordinary Neutron Star



## selfbound stars:

- vanishing pressure at a finite energy density
- mass-radius relation starts at the origin (ignoring a possible crust)
- arbitrarily small masses and radii possible

## neutron stars:

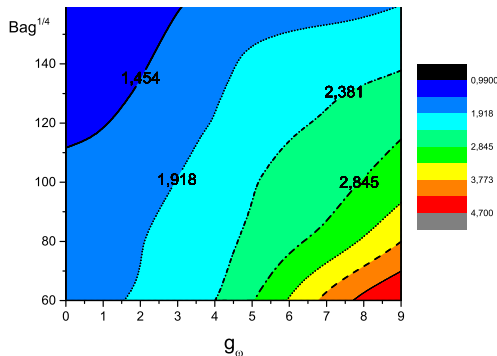
- bound by gravity, finite pressure for all energy density
- mass-radius relation starts at large radii
- minimum neutron star mass:  
 $M \sim 0.1 M_{\odot}$  with  $R \sim 200$  km

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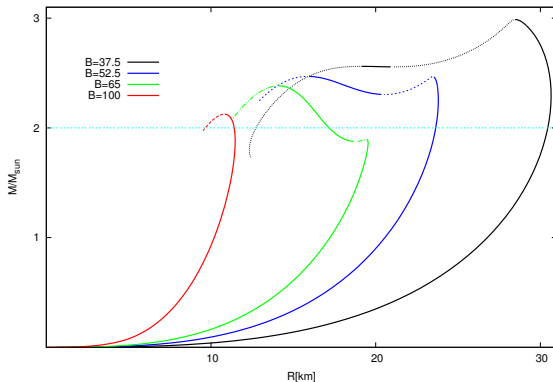
# Quark Star Masses in the Quark-Meson Model

(Zacchi, Stiele, JSB, 2015)



- chiral quark-meson model as an effective model
- maximum masses for different vacuum energy and vector coupling
- repulsive vector interaction needed to get massive compact stars

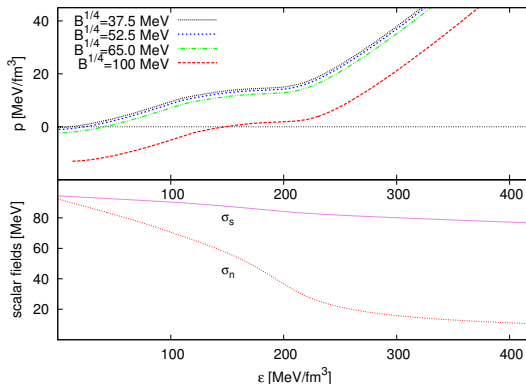
# Mass-Radius Relation for Quark Stars



(Zacchi, Tolos, JSB 2016)

- pure quark stars: curves start at origin
- nontrivial scaling with the vacuum energy  $B$  due to interactions
- twin star solution from chiral crossover transition

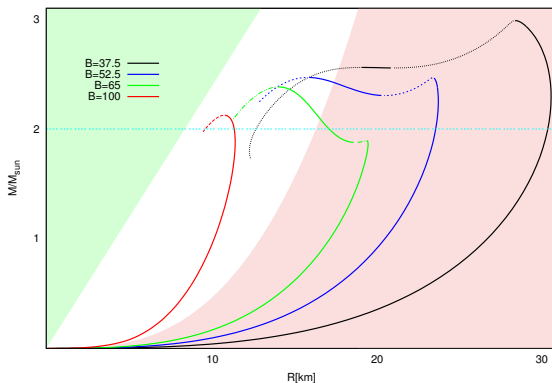
# Chiral Phase Transition for Compact Stars



(Zacchi, Tolos, JSB 2016)

- two chiral condensates:  $\sigma_n$  (nonstrange) and  $\sigma_s$  (strange)
- smooth dropping of  $\sigma_n$  and a corresponding plateau in the pressure
- appearance of chiral transition plateau for compact star matter hinges on vacuum pressure  $B$

# Constraints on Mass-Radius Relation

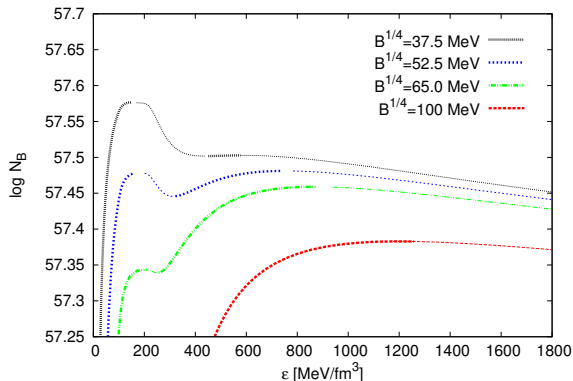


(Zacchi, Tolos, JSB 2016)

- constraints on mass-radius curves
- left side (green): causality limit on EoS (3GM)
- right side (red): mass-shedding rotation limit (for 716 Hz)



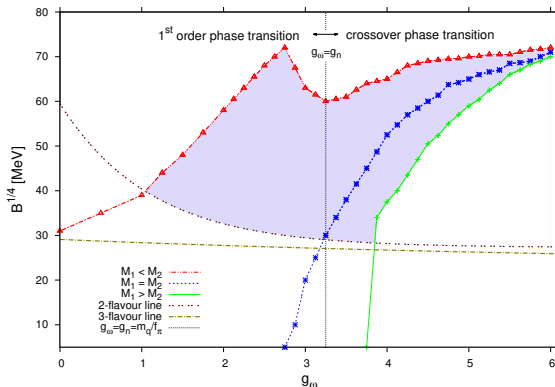
# Comparison of Twin Quark Star Solution



(Zacchi, Tolos, JSB 2016)

- baryon number  $N_B$  of the compact star versus central energy density
- look at constant  $N_B$  for a transition to the twin star (conserving baryon number)
- transition possible for an intermediate range of vacuum energy  $B$

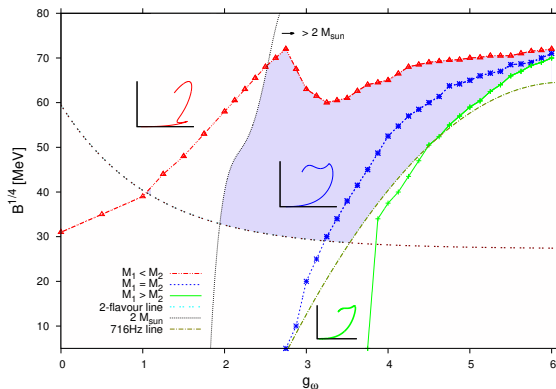
# Parameter Scan for Twin Quark Stars



(Zacchi, Tolos, JSB 2016)

- vacuum pressure  $B$  versus vector coupling constant  $g_{\omega}$  (repulsion)
- first order phase transition for  $g_{\omega} \lesssim g_n = m_q/f_{\pi}$  (scalar coupling constant)
- shaded region: parameter space for twin star solutions

# Parameter Scan for Twin Stars II



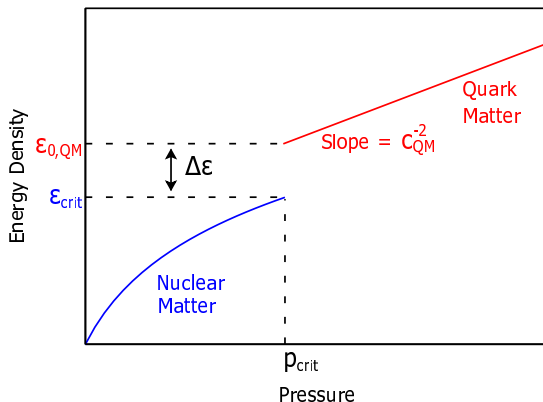
(Zacchi, Tolos, JSB 2016)

- more than  $2M_{\odot}$  maximum mass for  $g_{\omega} \gtrsim 2$
- below dotted curve: two-flavour quark matter more stable than  $^{56}\text{Fe}$
- shaded region: heart shaped mass radius curves

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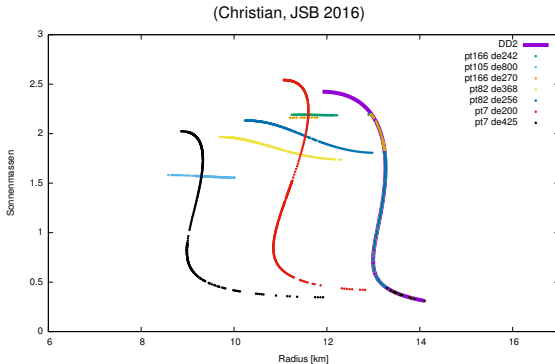
# Constant Speed of Sound Parameterization



(Alford, Han, Prakash 2013)

- use low density nuclear EoS (in the following DD2)
- explore possible twin star solutions for given jump in energy density at a given pressure (choose  $c_s^2 = 1$  for maximal effect)

# Possible Classes of Twin Star Configurations



- class I (low transition pressure): small radii down to around 9 km
- class II (higher transition pressure and moderate jump in energy density): flat mass-radius curves around  $1.8 - 2M_{\odot}$
- class III (phase transition at  $2M_{\odot}$  and large jump in energy density): true twin stars around  $1.6M_{\odot}$  with  $\Delta R \approx 4$  km
- class IV (phase transition above  $2M_{\odot}$ ): true twin stars around  $2M_{\odot}$

# Summary

- conventional range of possible masses and radii (from interpolation):  
 $R = 11 - 14.5 \text{ km}$  for  $1.4M_{\odot}$ ,  
 $R = 10 - 15 \text{ km}$  for  $2M_{\odot}$
- softening of EoS due to crossover transition:  
heart shaped mass-radius curves,  
twin stars around  $2M_{\odot}$  and above
- possible classes of twin stars from first order phase transition:
  - radii down to 9km
  - flat mass radius curves around  $2M_{\odot}$
  - twin stars around  $1.6M_{\odot}$  with large radius difference
  - twin stars around  $2.0M_{\odot}$  with moderate radius difference

warning: these are extreme cases!