Mathematical Modeling of Immunopathogenesis of Rheumatoid Arthritis

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Rheumatoid Arthritis

- Rheumatoid arthritis (RA) is a long-lasting immune mediated disorder
- RA may affect different joints
- Clinical signs of RA include redness, swelling and pain around the joint area
Rheumatoid Arthritis

- RA is an autoimmune disorder that involves the cartilage destruction, bone damage and the joint inflammation.
Immunopathogenesis of Rheumatoid Arthritis

- Complex process that involves: **B lymphocytes** and **T lymphocytes**
Immune response

Antigen (bacteria, virus, ...)

Antibodies

B Lymphocytes

Cytokines

T Lymphocytes
**Immune response**

*B lymphocytes* are a subset of white blood cells, which secrete antibodies. Antibodies specifically bind to the foreign antigen, allowing its removal.
**Immune response**

*B lymphocytes* are a subset of white blood cells, which secrete antibodies. Antibodies specifically bind to the foreign antigen, allowing its removal.

*T lymphocytes* are a subset of white blood cells, which secrete cytokines. Type and nature of cytokines guide the immune response by activating or suppressing other immune cells including *B* lymphocytes.
There are several different types of T lymphocytes, among them are:

- **Helper T cells (Th)**
  - Provide help to other cells in the immune response by activating T and B cells.
  - Th play a critical role in immune activation and prevention of immunodeficiency and cancer.

- **Regulatory T cells (Treg)**
  - Regulate the other immune cells by suppressing their activity.
  - Treg play a critical role in the prevention of inflammation and autoimmunity.
Immune balance

effectors

regulators
Immune balance

Inflammation

Immunodeficiencies
Autoimmunity occurs when the immune system fails to properly distinguish between “self” and “non-self”, and attacks part of the body inducing strong inflammatory response against self substances.
Immunopathogenesis of Rheumatoid Arthritis

- **Autoreactive B cells** that produce antibodies against the cartilage of the joint and destroy it.

- **Helper T cells** that stimulate the growth of autoreactive B cell clone.

- **Regulatory T cells** that are diminished and unable to regulate the growth of helper T cell and autoreactive B cell.
Treatment of Rheumatoid Arthritis

- Immunotherapy of Rheumatoid Arthritis aims to restore the dysregulated immune balance.
Tocilizumab
(Anti-interleukine-6-receptor antibodies)

A novel immunotherapeutic drug

Recent preclinical and clinical trials show that Tocilizumab specifically blocks Helper T cell growth and transforms them to regulatory T cells, e.i. restores Th / Treg balance

Therefore, this drug is the most prospective therapy in Rheumatoid Arthritis

Current medical problem is the optimization of treatment dose and duration for each individual patient
Mathematical Modeling of Immunopathogenesis of Rheumatoid Arthritis

- **The first objective:**
  To establish a mathematical model that describes the immunopathogenesis of RA using non-linear differential equations

- **The second objective:**
  Using our mathematical model, to provide a mechanistic interpretation of immunotherapeutic effects of Tocilizumab which deals with the dose efficacy of the treatment
The first objective:
To establish a mathematical model that describes the immunopathogenesis of RA using non-linear differential equations

The second objective:
Using our mathematical model, to provide a mechanistic interpretation of immunotherapeutic effects of Tocilizumab which deals with the dose efficacy of the treatment
Assumptions

- Autoreactive B cells grow logistically in response to the self-antigens of the cartilage
- Helper T cells grow logistically
- Helper T cells stimulate the growth of autoreactive B cells \(\Rightarrow\) disease progresses
- Source of regulatory T cells is considered outside of the system
- Regulatory T cells suppress the growth of B cells and helper T cells \(\Rightarrow\) disease regresses
Designations

\[ J(t) \] – Joint (cartilage) amount at time \( t \)

\[ B(t) \] – number of autoreactive B cells at time \( t \)

\[ T_{\text{h}}(t) \] – number of Helper T cells at time \( t \)

\[ T_{\text{reg}}(t) \] – number of regulatory T cells at time \( t \)
Logistic growth

\[ \frac{dN}{dt} = rN \left(1 - \frac{N}{K}\right) \]

\( r \) and \( K \) are positive numbers

If \( N(0) = N_0 \)

\[ N(t) = \frac{N_0 Ke^{rt}}{K + N_0(e^{rt} - 1)} \rightarrow K \]
Logistic growth
B cells equation

\[ r_1 B(t) \left( 1 - b_1 B(t) \right) \quad \text{Logistically growth} \]

\[ c_1 B(t) T_h(t) \quad \text{Stimulated growth} \]

\[ d_1 B(t) T_{reg}(t) \quad \text{Suppression} \]

\[ \frac{dB}{dt} = r_1 B(t) \left( 1 - b_1 B(t) \right) + c_1 B(t) T_h(t) - d_1 B(t) T_{reg}(t) \]
Helper T cells equation

\[ r_2 T_h(t) \left( 1 - b_2 T_h(t) \right) \]  
Logistically growth

\[ \frac{dT_h}{dt} = r_2 T_h(t) \left( 1 - b_2 T_h(t) \right) \]
Regulatory T cells equation

\[ s_2 - d_2 T_{reg}(t) \quad \text{Growth} \]

\[ \frac{dT_{reg}}{dt} = s_2 - d_2 T_{reg} \]
Joint (cartilage) equation

\[
\frac{dJ(t)}{dt} = -a_1 J(t) \left( B(t) - B^{norm} \right)
\]

\[a_1 > 0\]

\[B(t) \geq B^{norm}\]
Mathematical model

\[
\frac{dJ(t)}{dt} = -a_1 J(t) \left( B(t) - B^{\text{norm}} \right)
\]

\[
\frac{dB}{dt} = r_1 B(t) \left( 1 - b_1 B(t) \right) + c_1 B(t) T_h(t) - d_1 B(t) T_{\text{reg}}(t)
\]

\[
\frac{dT_h}{dt} = r_2 T_h(t) \left( 1 - b_2 T_h(t) \right)
\]

\[
\frac{dT_{\text{reg}}}{dt} = s_2 - d_2 T_{\text{reg}}
\]
Mathematical Modeling of Immunopathogenesis of Rheumatoid Arthritis

The first objective:
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The second objective:
Using our mathematical model, to provide a mechanistic interpretation of immunotherapeutic effects of Tocilizumab which deals with the dose efficacy of the treatment
Drug effects: assumptions

- The drug blocks helper T cells growth
- The drug transforms part of helper T cells into regulatory T cells
Drug effects: equation

\[ F(u) = a \left( 1 - e^{-mu} \right) \]

\( a > 0 \quad m > 0 \)

\( F(u) \) is fractional cell transformation or suppression for a given amount of drug \( u \), at the arthritis side

\[ \frac{du(t)}{dt} = v(t) - d_3 u(t) \]

\( v(t) \) Drug dose

\( d_3 \) Per capita decay rate of the drug once it is injected. It incorporates all pathways of elimination of the drug
Mathematical model with the drug

\[
\frac{dJ(t)}{dt} = -a_1 J(t) \left( B(t) - B^{\text{norm}} \right)
\]

\[
\frac{dB}{dt} = r_1 B(t) \left( 1 - b_1 B(t) \right) + c_1 B(t) T_h(t) - d_1 B(t) T_{\text{reg}}(t)
\]

\[
\frac{dT_h}{dt} = r_2 T_h(t) \left( 1 - b_2 T_h(t) \right) - k_1 \left( 1 - e^{-m_1 u} \right) T_h - k_2 \left( 1 - e^{-m_2 u} \right) T_h
\]

\[
\frac{dT_{\text{reg}}}{dt} = s_2 - d_2 T_{\text{reg}} + k_2 \left( 1 - e^{-m_2 u} \right) T_h
\]

\[
\frac{du(t)}{dt} = v(t) - d_3 u(t)
\]
Conclusions

This is a novel mathematical model that explores the functional dynamics of cartilage destruction during RA.

The model explains:

✓ Interactions between autoreactive B lymphocytes and T cell subsets

✓ Helper T lymphocyte and regulatory T lymphocyte interactions

✓ Fractional cell transformation from helper T cells to regulatory T cells for a given amount of drug

✓ Optimization of the injection frequencies
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